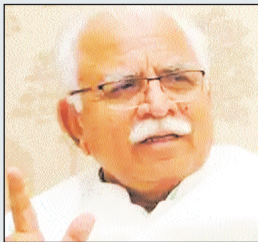


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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K



Migratory Birds started arriving in Chhilchhila Wildlife Sanctuary

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Will provide corruption free & easy accessible governance at Tehsil level, says JIMPA

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MLA urges officers to resolve people's issues, treat them fairly without any political pressure

PAGE 6

Women's WC: South Africa qualify for WC semis



PAGE 11



SC says no to urgent hearing on hijab

NEW DELHI: The Supreme Court on Thursday refused to give an urgent hearing to a plea by a lawyer challenging the Karnataka High Court move to uphold the ban on the hijab in educational institutions of Karnataka. Chief Justice N V Ramana did not say to list the matter urgently. "We will see it," he said. Senior lawyer Devdutt Kamat told the Supreme Court that examinations were approaching and so this matter needed to be listed urgently. The Chief Justice said this had nothing to do with the examinations. "Don't sensationalise the issue," he said, and refused to give an urgent hearing.

76 women won recently-held polls in 5 states: Govt in RS

NEW DELHI: As many as 760 women contested the recently-held assembly polls in five states and 76 of them were victorious, Rajya Sabha was informed on Thursday. Voters in Uttar Pradesh sent 47 women to the newly-formed legislative assembly. A total of 561 women had contested the polls there. In a written reply on women reservation in Parliament and legislative assemblies, Law Minister Kiren Rijji also shared data on the total number of candidates who contested polls in Uttar Pradesh, Goa, Manipur, Punjab and Uttarakhand, number of women contestants and the number of women who won.

BSF seizes 2,940 kg of heroin from Amritsar sector

JALANDHAR: Border Security Force (BSF) seized a packet of contraband suspected to be heroin from the area of responsibility in Amritsar sector. A spokesperson of the Punjab Frontier Headquarter of the BSF here said on Thursday that during checking at the Border Fence gate, the BSF troops recovered one packet of heroin weighing 2,940 kg concealed in a white sack from a farmer and his labourer who were returning from their fields ahead of Border Security Fence and were intercepted at the Border Fence gate. Value of the heroin seized is said to be more than Rs 14. 50 crore in the international market.

Amit Shah to visit Chd on Sunday

CHANDIGARH: Union Home Minister Amit Shah will visit Chandigarh on 27 March and UT Administration has completed all the necessary arrangements for the visit of Home Minister. As per information he is likely to inaugurate projects worth nearly Rs500 crore, including the Rs199-crore ICCG in Sector 17, a new building of the Chandigarh Housing Board constructed at a cost of Rs60 crore, 336 houses constructed for police personnel at a cost of nearly Rs70 crore.

India joins West in abstaining widely criticized Russian resolution at UNSC

AGENCY
NEW YORK, MAR 24

India abstained from voting on a Russian-drafted resolution in the UN Security Council over a Ukraine humanitarian situation, which has been widely criticized for not referring to Russia's invasion of Ukraine.

India and UAE joined the West in abstaining from the resolution that failed at the UNSC meeting with only Russia and China voting in favour and the remaining 13 members abstaining.

"Russia is the aggressor, the attacker the invader, the sole party in Ukraine, engaged in a campaign of brutality against the people of Ukraine. And they want us to pass a resolution that does not acknowledge their culpability," US Ambassador to the United Nations, Linda Thomas-Greenfield, told the UNSC.

"It really is unconscionable that Russia would have the audacity to put forward a resolution asking the international community to solve a humanitarian crisis that Russia alone created," Greenfield noted.

"If Russia cared about the humanitarian situation, it would stop bombing children and end their siege tactics. But they haven't," Britain's UN Ambassador Barbara Woodward told the council after the vote.

China, the only country to sup-



port Russia by voting in favour of the resolution, stated UNSC should play its role in the humanitarian situation in Ukraine. Zhang Jun, Permanent Representative of the People's Republic of China to the United Nations pointed to Beijing's six-point initiative and told the Security Council members that the vote in favour was a call to the international community

to prioritize the humanitarian situation in Ukraine. The Russian Resolution, which made no reference to Moscow's role in the crisis of Ukraine, called upon all parties concerned to allow safe and unhindered passage to destinations outside of Ukraine, including to foreign nationals without discrimination, and facilitate safe and unhindered access of

humanitarian assistance to those in need in and around Ukraine, taking into account the particular needs of women, girls, men and boys, older persons and persons with disabilities. A Security Council resolution needs at least nine votes in favour and no vetoes by Russia, China, Britain, France or the United States to be adopted.

Yogi Adityanath to be sworn in as UP CM today

AGENCY
LUCKNOW, MAR 24

Yogi Adityanath was on Thursday elected as the Leader of the BJP Legislative Party in Uttar Pradesh, ahead of him taking oath as the chief minister of the state for a second consecutive term. Addressing BJP MLAs in Lucknow, an emotional Yogi Adityanath said: "For the first time, a Chief Minister completed his five-year tenure and the party came to power once again for the second time (in Uttar Pradesh). This has happened for the first time. It has happened under the guidance and leadership of PM Modi."

Adityanath was elected as leader of the BJP legislature party in UP in the presence of Union Home Minister Amit Shah. In the recent Assembly polls, the BJP retained power in Uttar Pradesh by winning 255 out of 403 constituencies. "There were several development projects successfully carried out in Uttar Pradesh in last 5 years with the support of PM Modi. For the first time, people realised that homes for poor could be built, for the first time

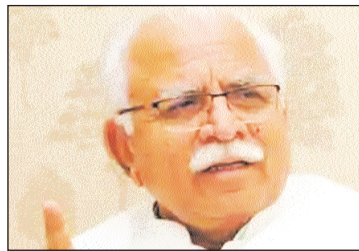


people realised that UP can be riot free," Adityanath said. The chief minister who is also a five-time MP from Gorakhpur highlighted that people of Uttar Pradesh were firm in the belief that "Modi hai toh mumkin hai." "We have to work together again for the betterment of the state. Uttar Pradesh is the most populated state in the country, there is a lot of work I have to do in the coming years," Adityanath said. Adityanath will take oath as UP chief minister at Ekana Stadium in Lucknow tomorrow where Prime Minister Narendra Modi, Union Home Minister Amit Shah, chief ministers of BJP-ruled states and BJP senior leadership is expected to attend the oath-taking ceremony.

Hry CM announces formation of High Powered Committee against corruption

BUREAU
CHANDIGARH, MARCH 24

Haryana Chief Minister, Sh. Manohar Lal while quoting an example from the story of "Lamp National Treasury", said that like Chanakya used his private property for his official work, we should also ensure that there is no misuse of the Government resources and focus should be made on Character building. Apart from this, the Chief Minister also announced the formation of a new High



Powered Committee against corruption and expansion of vigilance at the division level. The Chief Minister was addressing the press after a meet-

ing of Deputy Commissioners and Superintendents of Police across the State at Haryana Niwas on Thursday.

Haryana Chief Minister, Sh. Manohar Lal said that due to Covid-19, no personal meeting could be held with the District Deputy Commissioners and Superintendents of Police across the State. This meeting has been organized after two years. This is the 16th meeting in this episode. It mainly discussed the focus points of the recently presented budget. Along with this, monitoring of corruption

was also discussed. The Chief Minister said that to check corruption, while decentralizing the Haryana State Vigilance Bureau, it has been decided to set up six independent units at the divisional level. Prosecution sanction of these units at the divisional level will be with the Divisional Commissioner. The main task of these units will be the responsibility of investigating complaints received against Group B, C and D category Government Employees up to an amount of Rs. One crore.

Anurag Thakur in Shoolini University today

SOLAN, MAR 24

Students of the Faculty of Management Sciences and Liberal Arts and Faculty of Engineering and Technology of Shoolini University will be awarded degrees on 25th March 2022.

As per information, Anurag Thakur, Union Minister for Sports, Youth Affairs and Information & Broadcasting, will be the chief guest at the ceremony. Mr Thakur will award degrees to the students and also will have interaction with students.



All five Rajya Sabha candidates from Punjab declared winners unopposed



BUREAU
CHANDIGARH, MAR 24:

On the last day of withdrawing nomination papers for Rajya Sabha Election Punjab 2022, today, no candidate withdrew nominations. Thus, all the five candidates, who had filed nominations for Biennial Election have been declared the winners unopposed.

Giving further details, Returning Officer-cum-Secretary, Punjab Vidhan Sabha Mr. Surinder Pal said that the biennial election process for the Rajya Sabha Punjab 2022 was being carried out under the supervision of Punjab Chief Electoral Officer Dr. S. Karuna Raju, who had been appointed Observer by the

Election Commission of India.

He further divulged that as no candidate withdrew his nomination paper up till the last day of withdrawal till 3:00 PM on March 24, 2022,



Sandeep Kumar Pathak and Raghav Chadha (first cycle), Harbhajan Singh, Ashok Mittal and Sanjeev Arora (second cycle) were declared winner unopposed. A report in this regard has been sent to the Election Commission of India, he added.

Centre issues fresh guidelines for pensioners to avail OPD facility

AGENCY
NEW DELHI, MAR 24

The Centre on Thursday issued instructions to lay down procedure and timeline for change of option by pensioners for availing OPD facility under CGHS.

As per the existing instructions, pensioners or family pensioners residing in an area not covered by CGHS have the option to avail of fixed medical allowance (FMA) of Rs 1,000 per month in lieu of OPD facility under



CGHS.

The pensioners or family pensioners can change the option from FMA to

OPD facility under CGHS or vice versa once during their lifetime.

Department of Pension and Pensioners' Welfare, under the Ministry of Personnel, Public Grievances and Pensions, on Thursday issued instructions for laying down the procedure and time-line for change of option by the pensioners for availing OPD facility under Central Government Health Scheme (CGHS) or Fixed Medical Allowance (FMA). As per these instructions, if a pensioner or family pensioner in receipt of FMA, intends to avail

the 'Out Patient Department (OPD)' facility under CGHS, he or she may apply to the concerned pension disbursing bank for discontinuation of FMA. "The pension disbursing bank shall discontinue the payment of FMA and issue a certificate to this effect within three working days from the date of receipt of the application," said the Ministry of Personnel. Thereafter, the Ministry said, the pensioner can apply to the concerned CGHS authorities for issue of CGHS card after paying requisite CGHS contributions.

Full meal in just Rs 5 From April 1

NARESH GARG
LADWA: Social worker Sandeep Garg is selflessly engaged for the welfare of the society and social service. People say that if anyone went to Sandeep Garg's door for help, he never returned empty handed. Many people also used to say that Sandeep Garg is doing social service to contest the 2019 elections. But 2019 has also gone and Sandeep Garg did not contest the elections, yet he is still engaged in social service in the same way. If seen, in the last four years in Ladwa he opened sewing centers in many villages, by giving sewing machines to many women, getting daughters of needy families married, contributing to Ladwa's children's ashram and old age home, thousands of poor in lockdown and Sandeep Garg, who has supported almost every social organisation of Ladwa by giving ration to the needy people, by giving cycles and financial assistance to the disabled, by giving shoes and jerseys to schools in winter, by giving ambulances in Ladwa and Babain. He is now going to help the needy people whose income is less. Social worker Sandeep Garg is now going to arrange a full meal for just Rs 5 so that no such person remains hungry.



Youth booked for molesting neighbour
PREETI RANI
SADHORA: The police have registered a case in the incident of molestation of a woman at home by a neighboring youth. In a complaint lodged with the Sadhora police, a woman said that on March 22, she was alone at her home. She went to the roof to dry clothes where Monty, a young man from the neighborhood, was sitting on his roof and when he saw her he started staring at her. After putting the clothes to dry, she came back to her room under the ceiling. After a while the same young man came to their house and started talking to him. The young man asked where his mother-in-law had gone and she said that she had gone to the market. The young man asked, "If you have any work, tell me, I have come here for fear of my father." After a while, the young man took off his clothes and stood in front of her and after the woman kicked him out of there, he left threatening to kill her. The woman told the whole thing to the relatives and lodged a complaint with the police. Based on the complaint, the police have registered a case under Sections 354A and 506 IPC and initiated action.

Youth booked for molesting neighbour

BEO holds meeting of Model Sanskriti Vidyalayas' principals
MAIN PAL KASHYAP
INDRI: In compliance with the orders of the Director, Education Department, Haryana, a meeting of the Heads of Model Sanskriti Vidyalayas of Block Indri was held at the BRC office under the chairmanship of Dr. Rammurti Sharma, Block Education Officer (BEO). The meeting was moderated by BRP Dharmendra Chaudhary. Addressing the school heads in the meeting, Rammurti Sharma said that the schools of Nanheda, Raikhan, Indri-1, Indri-2, Gadhibirbal, Biana, Janesaro, Bhadosh and Hinauri of Indri block have been given the status of Model Sanskriti Vidyalayas. He informed that information is being collected from the concerned schools by the education department to provide basic facilities in the model culture schools. He informed that information regarding toilets, walls, number of children, sanctioned posts of teachers, non-teaching staff, minor grant, face lifting work, two batteries and WiFi in the school was taken. Nodal Officer of Model Culture Schools, Dharmendra Chaudhary informed that Mahindra Kumar, Devendra Singh Deva, Neelam Saini, Snehalta Kamboj, Baljinder Saini, Assistant Karmabir Kashyap and Clerk Sunil Kamboj were present in the meeting.

BEO holds meeting of Model Sanskriti

Vidyalayas' principals
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Sanitary worker fails to get salary for one year

MAINPAL KASHYAP
INDRI: State Secretary of Unorganised Workers Congress and State Spokesperson of Haryana Kashyap Sabha, Praveen Kashyap Dayalpur said today that the pace of development has slowed down in the village. The state government had set a budget of Rs 5257 crore in the 2021-22 budget but released only Rs 3966 crore and was able to spend only 1590 crores on the development of the village, in which the pace of development is not very high. The state is number one in inflation, where the price of an LPG cylinder has reached Rs



1000. And on the other hand, Kamlesh, a sanitation worker working in the village, narrated his grief saying that he did not get a salary for a year, due to which it has become difficult to run his household. Praveen Kashyap said that the government has also stopped the salary of the sanitation workers working day and night in the village for at least one year. It also became very difficult to maintain their own house and the government's cleanliness campaign is also clearly visible. Today, heaps of dirt are seen everywhere in the village. In the Congress government, there was a check on inflation and corruption in the state and again, the Congress government will be formed in the state, again it will become number one in the state. He appealed to the government to release their salary.

HARYANA

YUGMARG, CHANDIGARH, FRIDAY, MARCH 25, 2022

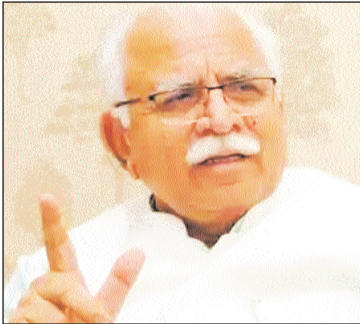
Migratory Birds started arriving in Chhilchhila Wildlife Sanctuary

BUREAU CHANDIGARH, MARCH 24

In order to realize the vision of 'Mera Pani Meri Virasat' as envisioned by the Chief Minister, Sh. Manohar Lal under the concept of community participation of the Haryana Government with the mutual coordination of Public and the Forest Department, the chirping of migratory birds can be witnessed after 25 years in Chhilchhila Wildlife Sanctuary based at Sarsa village of Haryana.

While giving this information here today, a spokesperson of the Forest Department said that these migratory birds mainly include Painted Stork, Red-Naped Ibis, Little Cormorant, Great Heron, Little and Cattle Egrets, Comb Duck and Little Grebe which have started arriving in Haryana.

He informed that in view of the success of Chhilchhila Wildlife Sanctuary, the Chief Minister, Sh. Manohar



Lal has said that all this has been possible with the mutual cooperation of the people of Sarasa village and the Forest Department, who have created suitable food and water sources and environment for the migratory birds. He said that the arrival of these rare birds after 25 years implies that the ecosystem of the state is improving.

Responding to the success of Chhilchhila Wildlife Sanctuary, Forest Minister, Sh. Kanwar Pal said that

it is the commendable work of the Forest Department, which has created shelter for wildlife while simultaneously addressing the problems of the villagers. He said that in the coming time, more wildlife shelters will be set up with the joint participation of the citizens and the Department.

Additional Chief Secretary, Forest Department, Sh. A.K. Singh said that all the officers, officials of the Forest Department and citizens deserve appreciation and congratulations for making constructive efforts for Chhilchhila Wildlife Sanctuary. He said that Chhilchhila Wildlife Sanctuary is situated in village Sarsa, district Kurukshetra and at a distance of 4 km from Sayeda on Pehowa-Kurukshetra road and its total area is 28.92 hectares. On the request of Gram Panchayat, Sarsa, after they passed a resolution on February 28, 1986 to declare this area as a wildlife sanctuary, the Government issued a notification on November 28, 1986.

Win prizes by participating in voter awareness competition: DC

RANVIR PARASHAR
KAITHAL: Based on the 'My Vote is My Future-Power of One Vote' theme', with the aim of ensuring active participation of common citizens in democracy and to enhance their skills and creativity, under the Sweep programme by the Election Commission of India in the series of Amrit Mahotsav of Azadi National Voter Awareness Competition is being organised. People of all ages can apply till 31 March 2022 to participate in the competition. Giving information, District Election Officer Pradeep Dahiya said that the National Voter Awareness Competition was started by the Election Commission on the occasion of 12th National Voters' Day. Under this, Quiz Competition, Slogan Competition, Song Competition, Video Making Competition and Poster Design Competition will be organized. Participants can send their applications to the email id voter-contest@eci.gov.in. The DC informed that the first National Voter Awareness Competition being organized by the Election Commission of India is divided into five categories, which include Quiz Competition, Slogan Competition, Song Competition, Video Making Competition and Poster Design Competition. He said that before participating, the participants can get detailed information about the terms and conditions at https://ecisveep-nic-in/contest/. District Election Officer Pradeep Dahiya informed that the State Election Commission, Haryana, to encourage the participants of educational institutions to participate in the National Voter Awareness Competition based on the theme 'My Vote is My Future-Power of One Vote', will separate the participants from Haryana.



Slogan Competition, Song Competition, Video Making Competition and Poster Design Competition will be organized. Participants can send their applications to the email id voter-contest@eci.gov.in. The DC informed that the first National Voter Awareness Competition being organized by the Election Commission of India is divided into five categories, which include Quiz Competition, Slogan Competition, Song Competition, Video Making Competition and Poster Design Competition. He said that before participating, the participants can get detailed information about the terms and conditions at https://ecisveep-nic-in/contest/. District Election Officer Pradeep Dahiya informed that the State Election Commission, Haryana, to encourage the participants of educational institutions to participate in the National Voter Awareness Competition based on the theme 'My Vote is My Future-Power of One Vote', will separate the participants from Haryana.

Riddhi wins 2 silver medals in Asian Cup Archery

SHIV KUMAR SHARMA KARNAL, MARCH 24

Riddhi Fore, a student of Guru Nanak Khalsa College, has once again raised the name of the college, Karnal and the entire state. College Principal Dr. Major Singh informed that college student Riddhi has won two silver medals in the Asian Cup Archery competition. The competition was held in Phuket, Thailand from 12 to 19 March 2022, in which the best archers from all over Asia participated. Riddhi won two gold medals in the Senior National Archery Competition. Giving information about this, Lt. Dr. Devi Bhushan, Incharge of College Sports Department said that this competition was held in Jammu from March 21 to March 23. Riddhi also became the overall champion of this competition. On the achievement of Riddhi, the head of the college governing body, Sardar Kanwarjit Singh Prince congratulated her and said that all possible facilities would be provided to her by the college.

Jaspreet Kaur Virk, General Secre-



tary, College Governing Body said that Riddhi has brought laurels not only to the college but also to Karnal, Haryana and entire India. It is a matter of pride for us. Riddhi is also an NCC cadet and aims to become an officer in the Indian Army. On this achievement of Riddhi, Colonel Naresh Arya, Commanding Officer of 7 Haryana NCC Battalion has also congratulated her and said that all possible help will be given to Riddhi in achieving her goal. On the achievement of Riddhi, Dr. Gurinder Singh, DP Wazir Singh and Subhash Koch have also wished Riddhi a bright future. In Riddhi's achievements, her father Manoj Fore's contribution is incomparable.

Student stabs colleague to death

SHIV KUMAR SHARMA KARNAL, MARCH 24

In the class room of Sanskar Bharti Senior Secondary School, Harisinghpura, a student stabbed another student to death. Parts of the incident were recorded in the CCTV cameras installed in the school premises. It is being said that due to old enmity, the student carried out the incident. The student, who was injured in the knife attack, was taken to the CSC centre for treatment, where doctors declared him brought dead. There is tension in the village after the murder in the school. Police reached the spot and started investigation into the incident. At the same time, security forces have been deployed in the village as a precaution. Police have registered a case against ten including the main accused. In Harisinghpura's Sanskar Bharti Private School. There was a practical exam for class 12th on Thursday morning. This examination was to start at around nine o'clock. During the examination itself, there was a dispute in the classroom between class XII student Shubham and Viren. The dispute between the two increased so much that Shubham stabbed Viren to death.

Other students of the school were also present when the incident happened in the classroom. Shubham fled from the spot after committing the crime. Virendra, a seriously injured student, was admitted to the Community Health Centre in Gharanda for treatment, from where doctors referred him to Karnal. Later doctors declared Viren brought dead. The murder of the student that took place today is being linked to an old enmity.

AAP welcomes new members who quit Congress

PRITI SAINI
SADHAURA: On behalf of the Aam Aadmi Party, dozens of people from Sadhaura area left the Congress party and joined the AAP. On this occasion, Chaudhary Raja Ram of Haryana Zone said that like Punjab, the next government to come in Haryana will be of AAP and the party's clan is increasing day by day. Manjit Singh Salimpur, Goldie Attari, Jarnel Singh Sarawa, Naib Singh Kurali, Kapil Sadhora, Ikram etc. joined the party. Meher Chand Nagra, Dr. Lajjaram, Arun Jain, Geeta, Sahil, Dharam Veer etc. were present on this occasion.



Government should recognise RMP doctors: Dr Rishipal

NIRMAL SAINI RADAUR, MARCH 24

A meeting of RMP and Experienced Doctors Association was organised at Shaheed Udham Singh Kamboj Dharamshala in which Dhumman Singh Kirmich, Vice-Chairman of Saraswati Heritage Board participated as the chief guest. The meeting was presided over by Dr. Rishipal Saini, former Chairman of the Health Care Workers Board and President of the Association. Through the meeting, the association demanded the government to recognise RMP doctors as health care workers on which Dhumman Singh Kirmich assured him that he would firmly place this demand of the association before the Chief Minister. Dhumman Singh Kirmich said that the RMP doctors in the rural areas do the work of providing first aid in the true sense. Dr. Ri-



shipal Saini said that the Government had constituted the Health Care Workers Board on their demand. But the work of recognizing doctors as health care workers is incomplete. If the government fulfills this demand then he will once again work for the formation of the BJP government in the state. RMP Association has 4 to 8 workers at every booth, who can reverse any election result.

He said that the government should fulfill their demand at the earliest. The gov-

ernment should also do the work of developing RMP doctors and give them recognition. For this, if the government wants to get any course etc. done by these doctors, then it is ready for it. On this occasion Deshraj Kamboj, Mayaram, Tilakraj, Kuldeep Singh, Jarnail Singh, Sanjeev Kumar, Surjan Saini, Gopal Fatehgarh, Mahindra Singh, Mohan Prajapat, Rajesh Kumar, Trivendra Chauhan, Sameer Saini, Virendra Choukhar, Mahendra Verma, Gyan Saini etc. were present.

INLD Student Organisation is the strongest: Chahal



NARESH GARG
LADWA: On the occasion of the meeting of the State Executive to be held in Sirsa on the coming Saturday, a meeting of INLD student organisation was held in Ladwa on Thursday which was presided over by Paras Beniwal, former president of Halka. Senior Vice President Pradman Singh Chahal attended the meeting as the chief guest. Pradman Singh Chahal discussed with everyone about the expansion of the organization and also gave guidelines for the upcoming programs of the organisation. Senior Vice President Pradman Singh Chahal said that the present BJP government is a failed government till date. Every section is unhappy and desperate in this government. Scams worth crores of rupees were caught in the name of giving jobs. But till date no proper action has been taken against him. Chaudhary Devi Lal started an old age pension and did the work of giving respect to the elderly. But the intention of the present government is to end that too which INLD will not tolerate. Chahal said that INLD student organization is the strongest student organization which believes in solving the problems of students by not doing politics in the name of students. Soon new students will be given responsibility by connecting them with the organisation. Former area chief Paras Beniwal, Paras Rampura, Vishal Sisodia, Amit, Saurabh, Sachin, Rahul, Sunil, Vansh etc. were present on the occasion.

One more held in Haryana police constable recruitment scam

RAMAN GUPTA
KAITHAL: Another accused in the case of Haryana police constable recruitment forgery case was apprehended by Special Detective Unit, Kaithal Police, under the guidance of SP Maqsood Ahmed. The accused was produced in the court on Thursday, from where he was remanded in police custody for seven days for further questioning.

Giving information, SP Maqsood Ahmed said that the team of ASI Pradeep Kumar, led by Special Detective Unit Kaithal in-charge Inspector Sombir Singh, has arrested the person who had used a dummy candidate instead of himself in the Haryana Police Recruitment Examination. The man held is 30-year-old Praveesh Kumar, a resident of Alipura district Jind. The accused confessed during the preliminary interrogation that he had got the examination through Praveen, resident of Alipura, by colluding with Sanjay, a resident of Chhatar, and making them sit in place of two real candidates. It may be mentioned that in the said case, the accused including Praveen alias Billa, a resident of Alipura district, Jind, Sanjay, a resident of Chhatar district, Jind, Hal Bhaini Majra Kaithal, Sandeep, a resident of Chhatar district, Jind, Ashok, a resident of Jamnani district, Jind, Rahul alias Sumit Gautam and Ashwani Pratap Singh, a resident of Sarai Prayag, Uttar Pradesh, Ravindra alias Rabbi, a resident of Belarkha district Jind, Gopal, a resident of Dhamtan Sahib district Jind, Manisha, a resident of Sedha Majra district Jind, and Shubham, Gurmeet and Jitendra, all three residents of Jakholi, have already been arrested.



Animesh Debroy to be the new national head of NIFAA

SHIV KUMAR SHARMA
KARNAL: Preetpal Singh Pannu, the National President of NIFAA, who started a small organisation from Karnal and got it recognized not only at the national level but also at the international level, has taken himself out of the executive body of the organisation, implementing his announcement of a few months ago. When Preetpal Singh Pannu announced his resignation in the two-day national executive meeting held in Karnal, the state head and secretaries of NIFA, who came from different states, rejected it with one vote and said that NIFAA needs his leadership. Explaining his sentiment behind the resignation, Pannu said that he does not want this institution to become so dependent on him that after his departure, there will be circumlocution. NIFAA's National Convener Advocate Naresh Barana, General Secretary Praveesh Gaba, Co-Secretary Jaswinder Bedi, Social Cell, present in the meeting of the National Executive.

President and Delhi President Brahma Sarup, Andhra Pradesh President Ram Babu, Telangana President K Yadav Raju, Himachal NIFA representative Pratibha Thakur, Haryana General Secretary Dalbir Singh Gotar, Assam Secretary Portha Hazarika, Jharkhand President Kundan Tiwari, Karnataka Principal Dr. Ashwini Shetty, Rajasthan President Dharmendra Prajapati, Secretary Bhuvnesh Vyas, Sikkim President Parveen Pradhan, Secretary Krishna Kshetri, Uttar Pradesh President Sanjay Pandey, West Bengal President Animesh Debroy, Secretary Anupam Bhattacharya, Puducherry Principal S Adhavan and others were present.



Youth quit Congress, INLD to join BJP

NIRMAL SAINI RADAUR, MARCH 24

A programme was organised by the BJP Yuva Morcha at the office of Satish Khurdan. It was presided over by Mukesh Arora Makki and Satish Saini. Municipal Corporation Mayor Madan Chauhan participated in the program as the chief guest. While BJYM district vice-president Vikas Kamboj and divisional in-charge Jagdish Babbar were present as special guests. Floral tributes were paid to the portrait of Shaheed Bhagat Singh, Rajguru and Sukhdev. Under the leadership of Mukesh Arora and Sunil Antawa, Mohit Antawa, Karan Sikandra, Sagar, Rahul, Ravi, Vinu, Nitin, Tanuj, Akash, Nitin etc., influenced by the policies of BJP, left Congress and INLD and joined BJP and Yuva Morcha. Mayor Madan Chauhan honoured him by offering a BJP flag and assured him that he would be given full respect in the party. On this occasion Vikas Kamboj, Circle President Happy Khedi, General Minister Dhanpat Saini, Sushil Batra, Mahindra Chana, Satish Khurdan, Rajkumar Sharma, Sandeep Saini, Balram Sangipur, Satish Dhaura, Vikram Valmiki, Deepak Kamboj, Sushil Batra, Bhagwat Dayal, Omprakash Sehgal, Yogadhyan, Dev, Nishant, Darshan Singh, Dimple etc. were present.



NEWS AT A
GLANCECM urges to
implement Advocates
Welfare Fund Act

BAHADURJEET SINGH RUPNAGAR: Bar Council of Punjab and Haryana Disciplinary and Vigilance committee member and senior advocate Charanjit Singh Ghai, while congratulating chief



minister Bhagwant Singh Mann on the victory of Aam Aadmi Party (AAP) in the assembly elections in Punjab, demanded immediate implementation of Advocates Welfare Fund Act. In a statement issued here on Thursday Ghai has also demanded that the rent of lawyers chambers of the last two years should be waived off as the courts could not function properly due to Covid-19 pandemic during this period. He also demanded that the grants must be released, for the libraries of all the Bar Associations of the state and judicial court complexes must be constructed at all the remaining places in the state. He said that the work for the construction of proposed new judicial courts complex at Rupnagar should be started at the earliest and all the required facilities including lawyers chambers, washrooms and parking facility must be provided in the complex.

6 air conditioners installed
in Gopal Mandir

RAJ SADOSEH ABOHAR: To make Shri Gopal Mandir and Satsang Hall more comfortable for the devotees, 6 air-conditioners of 2-ton capacity each have been installed in the Gaushala premises by Mathura Dass Lajwanti Subhash Hiteshi Foundation. The Gaushala management has thanked Bharat Hiteshi, chairman of the Foundation for this cooperation. On the occasion of the inauguration of Shri Gopal Mandir developed with the in v a l u a b l e cooperation of the Foundation a few months back,



Bharat Hiteshi had resolved that as soon as summer starts, he will arrange air conditioners for the Satsang Hall. He and his spouse Sushma had also announced an annual donation of Rs one lakh to provide green fodder to cows. Bharat said that the entire team of Gaushala Committee is running the Gaushala in a very commendable manner. Due to which devotees who donate money and material feel that the donation given by them has been used honestly.

Thieves' gang
member arrested

ASHOK KAURA PHAGWARA: The Lohian Khas police have arrested another member of the thieves' gang which was busted in the month of January. The investigation officer (IO) Balwinder Singh said that the accused has been identified as Sarabjit a resident of Yako Pur village. IO said that a case under sections 379 (theft) 411(dishonestly receiving stolen property) of the IPC and section 3 of Prevention of Damage to Public Property was registered against the accused and three accused were arrested earlier.

Will provide corruption free & easy accessible
governance at Tehsil level, says JIMPA

CHANDIGARH, MARCH 24

Bram Shanker Jimpa, on Thursday, assumed the charge as Minister of Revenue, Rehabilitation and Disaster Management, Water Resources and Water Supply & Sanitation here at Punjab Civil Secretariat-1.

After taking the charge of the allocated portfolio, Mr. Jimpa said that Aam Aadmi Party (AAP) led Punjab Government is committed for the welfare of all sections of the society and now a new era of development would be started in the state. He said that corruption will be rooted out to provide corruption-free, transparent, responsible, accountable and easy accessible governance at Tehsil level to the common people.

Giving details about future plans, the cabinet minister said that his primary objective is to increase the efficiency of government offices so that the common citizens could have easy access to the desired services. "Good governance will be ensured at tehsil level of offices of the Revenue department and the revenue record will also be translated for convenience of people", he added.

Expressing gratitude towards AAP high command and the Chief Minister of Punjab S. Bhagwant Mann for giving him the opportunity to serve the people as a Cabinet Minister, Mr. Jimpa assured that he would try his best to fulfill aspirations of the people and no stone



will be left unturned for the holistic development. The functioning and efficiency of all the departments with me would be improved so that common man does not face any problem in government offices.

The Minister said that prime focus of the state government would be laid out to save the

natural resources of the state.

He added, the concerted efforts will be made for the conservation of ground water and the government would push for rain water harvesting projects on larger level, saying that Punjab Government will also look into the possibilities of converting ordinary power pumps into solar powered pumps of water supply schemes to reduce the burden of power bills. He also urged the people of Punjab to keep faith in their government as these ambitious projects could take some time for proper implementation and positive results.

Notably, Mr. Jimpa, who became an MLA from Hoshiarpur by defeating former Industry Minister Sunder Sham Arora, was Vice Chairman of PSIDC and he also remained four-time councillor from 2003 to 2022 consecutively in municipal committee, Hoshiarpur. Family members of the cabinet minister, Additional Chief Secretary-cum-FCR Mr. Vijay Kumar Janjua, Secretary Revenue Mr. Manvesh Singh Sidhu and other officials of the government were also present on the occasion.

IVF will honour Agrawal
Samaj's Rajya Sabha MP and
five elected MLAs: SinglaSUMER GARG
CHANDIGARH, MAR 24

International Vaish federation (IVF) will honour Punjab State President of IVF(women's wing), Nina Mittal, who has been also recently elected as Vidhan Sabha member from Rajpura assembly segment; Ajay Gupta, who has been elected as Vidhan Sabha member from Amritsar Central assembly segment; Virendra Goyal, who has been elected as Vidhan Sabha member from Lehra assembly segment; Jangi Lal Mahajan, who has been elected as Vidhan Sabha member from Mukeriyaa assembly segment; Dr. Vijay Singla, who has been elected as Vidhan Sabha member from Mansa assembly segment.

Surinder Singla, Punjab state President of IVF while expressing happiness over the winning of five Aggarwal Samaj MLAs in Punjab Vidhan Sabha from various constituencies said here today that all the elected persons would work hard in their respective political fields as well as also work for the development of

Agrawal community. IVF, Punjab State President, Surendra Singla; General Secretary Sarjiwan Jindal and Disciplinary Committee Chairman, Dr. Sanjeev Goyal have expressed their gratitude to the Chief Minister of Punjab, Bhagwant Mann and Delhi Chief Minister, Arvind Kejriwal for making Dr. Vijay Singla as health Minister in the GoP and Ashok Mittal, Chairman of Lovely Professional University from Jalandhar as member of Rajya Sabha. The working president of the organization Saurabh Garg said that the elected Rajya Sabha MP, Ashok Mittal and the five elected MLAs of Aggarwal Samaj would be honoured under the chairmanship of IVF's National President, Ashok Agrawal in a grand felicitation function to be organized at Ludhiana in April.

Welcoming Speaker Kultar Singh
Sandhwan on his arrival at KotkapuraSURINDER DAMDAMI
KOTKAPURA, MAR 24

The newly appointed Speaker of Punjab Vidhan Sabha Kultar Singh Sandhwan on his arrival at his constituency Kotkapura, Chandbaja was warmly welcomed by a large number of locals and party workers and was congratulated on becoming Speaker.

On this occasion Speaker Punjab Vidhan Sabha Kultar Singh Sandhwan said that he will always be indebted to the voters of his constituency Kotkapura who sent him to the Punjab Vidhan Sabha for the second time by a landslide. He also thanked the National Convener of

the party Arvind Kejriwal and Punjab Chief Minister Bhagwant Mann for their appointment as Speaker. Mr. Sandhwan said that Punjab Government under the leadership of Chief Minister Mr. Bhagwant Mann was committed to the progress of the state and the welfare of all sections of the people and to provide corruption free administration to the people of the state. He said that the helpline number

9501200200 was issued by the Chief Minister yesterday on the occasion of Martyr Day to eradicate corruption and provide information about it. He said that in six months synthetic drugs (Chitta) would be eradicated from Punjab in any case. The first objective of the government is to eradicate drugs, expand health and education facilities so that better facilities can be provided to every citizen.

World TB Day observed at CHC Manawala

KULJIT SINGH
JANDIALA GURU, MAR 24

An Awareness Seminar was organized at CHC on the occasion of World Tuberculosis Day under the guidance of Dr. Sumeet Singh, Senior Medical Officer, Community Health Center, Manawala under the guidance of Dr. Charanjit Singh, Civil Surgeon.

Sharing information on the occasion, Dr. Harmeet Singh said that TB is not a treatable disease and its treatment is provided free of cost by the government in every health center of the district. To eradicate tuberculosis, the

government has set a target of making the country TB free by 2025 and to achieve this, a mass movement is needed in which the cooperation of the government as well as the general public is essential.

Each TB patient who is registered at a government institution is given Rs. Disclosing this here today Mr. Badal said that for proper and early detection of tuberculosis in all the district hospitals of Punjab, toast and treatment of tuberculosis through free examination of sputum, chest X-ray, CB note machine and Trunot machine is absolutely free.

District level neighborhood youth Parliament
program conducts by Nehru Youth CenterYADWINDER KADGILL
TARN TARAN, MAR 24

Nehru Yuva Kendra Tarn Taran in association with the district administration today at the Sri Guru Arjan Dev College organized a district level neighborhood youth on Save the Daughter, Educate the Daughter, New Education Policy, De-Drug, Self Reliant India, Employment and Jal Jagran Abhiyan, Parliamentary program was conducted.

On this occasion various subject matter experts presented their views to create awareness among the large number of

youth present. Deputy Commissioner Tarn Taran Kulwant Singh was the Chief Guest at the District Level Neighborhood Youth Parliament Program. District Public Relations Officer Avtar Singh Dhaliwal and District Education Officer Harbhagwant Singh were also present on the occasion. District Youth Officer Jasleen Kaur, Accounts and Program Assistant Rohil Kumar Katta, College Principal Harwinder Singh Bhalla, Resource Speaker Aanchal Arora, Preeti Nagi, Hardeep Kaur, Subhash Maini, Gurinder Jeet Kaur, Bharti Sharma lit the candles.

SGPC takes strict notice of
distortion of holy Gurbani by US residentCHARNJIT SINGH ARORA
AMRITSAR, MAR 24

Shiromani Gurdwara Parbandhak Committee (SGPC) President Advocate Harjinder Singh Dhami has taken a strict notice against Sikh Book Club, a United States of America (USA) based organisation, for distorting the holy Gurbani of Sri Guru Granth Sahib and printing the holy saroop (scripture) and uploading its PDF (portable document file) on the website.

Taking action on the complaints received in this regard, SGPC President has appealed to Jathedar of Sri Akal Takht Sahib to take strict action against the person who distorted the Gurbani. As per the information,

this act has been committed by Thiminder Singh Anand, associated with USA-based organisation Sikh Book Club, who has uploaded the concerned objectionable saroop on sikhbook-club.com website. This person has committed an unacceptable act by adding extra lagan-matrayan (punctuations of Gurmukhi) and bindis (dots) by changing the original verses of Gurbani and the SGPC has immediately forwarded the case to Sri Akal Takht Sahib by taking the issue seriously.

SGPC President Advocate Harjinder Singh Dhami has termed it as gross beadi (disrespect) of Gurbani and demanded strict action against the accused persons. He appealed to

the Jathedar of Sri Akal Takht Sahib to discuss the issue immediately and issue an order. "No one has the right to distort or tamper with the holy Gurbani and nobody can print the holy saroops of Sri Guru Granth Sahib by themselves. The sentiments of Sikhs have been hurt by USA resident, and Sri Akal Takht Sahib should take exemplary action", said SGPC President Advocate Dhami. He further added that the same person Thiminder Singh Anand had been earlier booked under Section 295-A (deliberate and malicious acts, intended to outrage religious feelings) of the Indian Penal Code (IPC) on the complaint of SGPC in 2014, for printing and distributing by post the holy saroops of Sri Guru Granth Sahib from China.

Graduation ceremony held at
SRM Convent School, PohirMAHAVIR GOYAL
AHMEDGARH, MAR 24

A grand degree conferring ceremony was organized for the children at SRM Convent School, Pohir. The function was inaugurated by Mrs. Sheenam Samuel, Principal of the school. School teacher Prabhneet Kaur welcomed the school dignitaries, children and their parents.

At the function, all the dignitaries and UKG class teacher Nitu Sharma handed over congratulatory letters to all the students as well as their parents. The teachers of the school also organized some games for the entertainment of the parents of the students. The parents of the students enjoyed these games very much. All the children were swaying in excitement and excitement, wearing gowns. The parents of the students also expressed their views towards the school and appreciated the function of the school. The event was concluded by Mrs. Sheenam Samuel, Principal of the school, while thanking all those present, we will also uphold the trust placed in us by the parents of the students over the last one year.

DC hands over appreciation certificates, lauds
them for ensuring free, fair and peaceful pollsCHETRAM RATTAN
NAWANSHAHR, MAR 24

The district administration on Thursday awarded 63 officers/employees for ensuring smooth and hassle-free assembly elections in the Shaheed Bhagat Singh Nagar.

Handing over appreciation certificates to them in the administrative complex, Deputy Commissioner-cum-District Election Officer Vishesh Sarangal said that it was a great responsibility on their shoulders to hold peaceful assembly elections and each of them had delivered their duties meticulously. He said that district administration could never have been successful in holding smooth elections without their active support and commitment towards the duties. Sarangal told they had played a vanguard role during the polls thereby ensuring that the elections were held



in free and fair manner in three of the assembly segments including Nawanshahr, Banga and Balachaur. Officers included ADCs Jasbir Singh, Amit Sareen, Amardeep Singh Bains, Assistant Commissioner Deepankar Bal, SDMs Navneet Kaur Garl, Deepak Rohilla, Dr Baljinder Singh Dhillon, Tehsildars Lakshya Kumar, Kulwant Singh, Kuldeep Singh, Naib Tehsildar Gurpreet Singh, Pawan Sharma, Ravinder Singh, DPPO Ravi Indar Singh Makkar, District Social Justice Empowerment and Minorities Officer Ashish Kathuria, GM DIC Arshjit Singh, Liaison officers Raksh Kumar, Gurdass Singh, Rajeev Sareen, Shammi Thakur,

BDPO Harbilas Singh, Election Kanugo Daljit Singh, District Science Supervisor Satnam Singh, Programmers Amit Saini, Naresh Kumar Principal Surinder Pal Agnihotri, Superintendents Jaswinder Singh, Jivan Kumar, Senior Assistants Harpal Singh, Sham Lal, Daljit Singh, Computer Faculties Amandeep Singh, Yunus Khokhar, Vasudev, Lakhwinder Singh, Sachin Sharma, Gurjit Singh, Lakhwinder Kumar, Mandeep Singh, Raj Kumar, Sukhwinder Kumar, clerks Maninder Singh, Ranjit Singh, Baltejvir Singh, Kulbir Singh, Data Entry Operator Jatinder Kumar, Vocational teacher Diwanushu Sohail, Hindi teacher Deepak Joshi etc.

DAV seniors secondary school get 2nd
position and declamation competitionVERMA
QADIAN, MAR 24

Today, Bharat Vikas Parishad Kadian organized a Declaration Competition on Anti Drugs Awareness in local and senior secondary school in which Nami Vanshita and Smriti of DAV Senior Secondary School participated and secured second position in the competition.

The said girl students were honored by the SP Gaurav Tura of Police District Batala by presenting mementoes and certificates of honor for standing second. On

reaching the school, the students were encouraged by the school principal Satish Gupta and offered best wishes for the future.

With him on this occasion, President of India Development Council Mukesh Verma, Secretary Pawan Kumar General Secretary Jasbir Singh Samra Dr Bikramjit Singh Bajwa, Kashmir Singh Rajput Vishwa Gaurav Vipan Kumar Principal Mamta Dogra, Jyoti Gupta, State Awardee Surendra Mohan, Pushpa Devi Tears Manoj Kumar Baljeet Singh Balli, etc. were present.

People of village Dehriwal
accused depot holder of
giving less wheatSURESH KUMAR
BHOA, MAR 24

On the complaint of the people in Dehriwal village under the Corporation, ASSO Ajay Prinja, Inspector Vishal, Inspector Nirmal Singh, Inspector Parminder Singh, Inspector Ravinder Kumar arrived to investigate and they recorded the statements of the people. According to the villagers, the matter is that the depot holder of the village, Neerja Mahajan, wife Ajay Mahajan, is with the MC, a few days ago people complained that our depot holder is giving us less wheat.

Hitachi company
opens multi ATM



UNA: Multi Purpose ATM was inaugurated by MLA of Chintpurni, Balveer Choudhary in Baruhi under the Chintpurni assembly constituency of district Una. Due to the modern era, it has been raised by a very good multinational Hitachi company, through this ATM you can use the card of any bank and they will not have to go to different ATM, they said that this is a good initiative which will benefit general public. Representative of the company, Akhilesh Kumar told that our company does some justice efforts every time and keeping in mind the facilities of the people, we have prepared this type of ATM in which the ATM card of every bank will be accepted.

Operator couple of
Divyang Ashram
adopts poor family



DAULAT CHAUHAN
JAWALI: Angel Divyang Ashram Chattar Raihan's operator couple Neeraj Sharma and Alka Sharma have set an example of humanity by adopting a poor family of Boh village near Shahpur today. Jaikaran, a resident of village Boh in Shahpur tehsil, is suffering from a serious illness for a long time and the condition of his family is very pathetic. He has two children who are forced to leave their studies due to poverty, on which Alka Sharma along with her husband suffered today.

Una gets silver medal
for eradication of
tuberculosis: CMO

UNA: Chief Medical Officer, Una, Dr. Manju Behl said that this year the district has been awarded silver medal for better implementation of TB eradication programme. He said that community survey was conducted from February 20 to March 13 to check the current status of spread and incidence rate of tuberculosis in district Una under the sub-national tuberculosis free certification. 12,387 people were included in the survey and 677 people were tested for tuberculosis, in which 5 new tuberculosis cases were found in district Una. In the year 2021, there has been a decrease in the cases of tuberculosis by 40 percent as compared to 2015. Dr. Manju Behl informed that World Tuberculosis Day in Una district, door-to-door information will be given through Ayushman Bharat-Health and Wellness Center from March 24 to April 13, and screening of potential tuberculosis patients. This will be ensured so that the target of eradication of tuberculosis can be achieved by 2023. CMO has appealed to the general public of Una district to achieve the target of TB-free Himachal, that if any person has cough, evening fever, loss of appetite, shortness of breath, loss of weight, blood in the sputum, chest if there is any problem like pain, then get the sputum tested at your nearest health center as soon as possible.

HIMACHAL/JK

YUGMARG, CHANDIGARH, FRIDAY, MARCH 25, 2022

HP CM appreciates Health Deptt
for implementation of NTEP

AGENCY
HAMIRPUR, MAR 24

Himachal Pradesh Chief Minister Jai Ram Thakur appreciated the State Health Department for implementation of the National Tuberculosis Elimination Programme (NTEP) due to which the state was ranked as first state in the country amongst the big States category in the year 2021. The Chief Minister said that this survey was conducted by the Central Tuberculosis (TB) Division of Ministry of Health and Family Welfare, Government of India. He further said that the state government has been effectively implementing various programs for the elimination of Tuberculosis from the state. Thakur urged the people of the state for their cooperation so that Himachal Pradesh could become TB free state of the country. He stressed the need for active involvement of elected representatives, medical practitioners, NGOs, and the general public for



wiping out this disease from the state. It's notable here that Himachal Pradesh has secured first place in TB eradication, leaving behind big states of the

Andhra Pradesh ranks second. The Union Health Ministry has released these figures after assessing the states with a population of more than 50 lakhs. At present, Himachal

Pradesh has 14,495 TB patients. Free medicines were given to them by the health department at home, a spokesperson of the Health Department said.

Drone survey
completed in 365
villages of Hamirpur

HAMIRPUR, MAR 24

The survey by drones for the demarcation of the land has been completed in 365 out of 1482 Awadi Deh villages in Himachal Pradesh's Hamirpur district, Deputy Commissioner Debasweta Banik said. While reviewing a meeting held on Wednesday to implement the 'Pradhan Mantri Swamitva Yojana' launched by the Central Government for digitization of land records and to provide ownership rights of residential properties to the people living in rural areas in Hamirpur, Deputy Commissioner said that the work for identification of the land by drones was in full swing across the district. Banik said that under the scheme, marking has been done in all the 1482 deh villages. After this, a drone survey is being done with the help of the Chandigarh office of Survey of India in the villages of Abadi Deh to prepare the revenue records of the district. She said that so far, a drone survey has been done in 365 villages of the district. A drone survey has been done in

Hamirpur and Kangu sub-tehsil. It will also be started in Barsar, Bhota, Nadaun, and Galod very soon. The Deputy Commissioner said that three teams were working for the drone survey and now two other drone teams were also being deployed for the survey. After the drone survey, draft maps of 137 villages have been received from the Survey of India. The officials of the Revenue Department are doing the work of land verification of these formats. The Deputy Commissioner directed the officers of the Revenue Department to complete this work expeditiously. The Deputy Commissioner said that after the preparation of the revenue records, the ownership rights of their residential properties would be given to the people. This will reduce the disputes related to properties in rural areas and after getting ownership, people will be able to take loans from financial institutions easily. This will also go a long way in making development plans in gram panchayats.

All-time blood
donation record in
Una broken



BUREAU
MEHATPUR, MAR 24

7th blood donation camp was organized at Shiv Mandir Basdehra on occasion of Martyrdom Day by Blood Lines and Welfare Committee Una Himachal Pradesh. Health checkup was also done in the camp. 220 units of blood collected till date, women also participated enthusiastically. Sandeep Sharma, Mohit Vashisht, Harsh Sharma, Aman Lambad, Ankit Bhardwaj, Raman Rana, Raj Sharma, Vinay Rana, Mahindra, Rajesh, Pradeep Bharadwaj, Nitish Bhardwaj, Rajat, Anmol, Rithik, Adarsh, Divesh, Meena Sharma, Poonam, Kamal, Muskaan, Uday Rajput. As the chief guest, Sadar MLA Satpal Singh Raizada, Shiv Sena National President Shivdutt Vashist, City Council Basdehra Chairman Anju Bala were present.

Satti inspects primary school



BUREAU
UNA, MAR 24

Sixth State Finance Commission Satpal Singh Satti listened to the public problems in Lower Lal Singi and gave necessary directions to the officials under the One Day One Village campaign. Addressing a gathering on the occasion, Satti said that Chief Minister Jai Ram Thakur has started many welfare schemes for every section of the society. He said that free cooking gas connections have been provided to 5500 families in Una assembly constituency, on which an amount of Rs 2.50 crore was spent. He informed that drinking water scheme has been dedicated to the public in Paniala of Lal Singi with a cost of Rs 42 lakh. Rs 16 lakh have been spent on

construction of the road from the main road to the primary school. He informed that Old Hoshiarpur Road would be improved with Rs 36 lakh. During this, Satpal Singh Satti made all possible efforts in these matters on the demand of the local people to pave the road from Sampark Road to Baba Beli Ram Ashram and to replace the electricity wires going near the houses. He informed that in the budget of the financial year 2022-23, the State Government has announced to provide three gas cylinders to such families free of cost. Apart from this, reducing the age of social security pension without income limit to 60 years also testifies to the vision and sensitivity of Chief Minister Jai Ram Thakur. He exhorted eligible people of this age group to apply for pension sanction at earliest.

Outcry over shortage
of water in villages

JOGINDER DEV ARYA
BANGANA, MAR 24

In village Charada Harijan Basti under District Una Sub-Division Bangana Gram Panchayat Sukdiyal, there has been an outcry for water even before the summer. Under the Mini Jal Yojana, a plan was prepared for two villages in 2013, under which water was given to the village Charada and Chhatehad, due to which the water system was run smoothly in our two villages. This water was forcibly given to other panchayats by government representatives and administration. The villagers had also expressed their anger on the spot, but the government representatives would not even listen to their ears. Today it is because of this that the people of Harijan Basti of our Charada village are forced to drink dirty water from wells and drains. Villagers say that the department and the government have been made aware of the problem many times but till now no solution has been found. Rajendra Kumar Neetu, the former head of Gram Panchayat Sukdiyal, says that before 2017, this scheme of ours used to work perfectly, but these representatives together set the kiln of this scheme. The water of this scheme has been given to other villages, due to which the problem of water has increased in both the villages. If we do not solve this problem, then there will be a sit-in demonstration in the office of IPH department. Former BCC chairman Devendra Kumar Bhutto including former head Rajendra Kumar Neetu, former Panch Sudarshan Singh, Karnail Singh, Karna Mankotia, Karm Chand, Birbal Singh, Manish Kumar, Abhishek Kumar, Rajesh Kumar, Beasan Devi, Leela Devi, Ratna Chand, Balkrishna, Karm Chand have demanded that water from the Mini Jal Yojana should be given to both the villages on priority basis so that the villagers do not face difficulties.

Aid groups producing products of
international quality: Pathania

SANJAY AGGARWAL
DHARAMSHALA, MAR 24

Forest, Youth Services and Sports Minister Rakesh Pathania said that events like Saras Mela are helpful in promoting and encouraging activities related to rural economy. He said that the main objective of organizing the Saras Mela is to provide an opportunity to the SHGs to sell their products directly to the buyers without any middlemen. He said that the goods prepared by the Self Help Groups were of international market level in quality and the Himachal Government would leave no stone unturned to further encourage and assist the groups. Forest Minister Rakesh Pathania was speaking after attending the 10-day long national level Saras fair at Police



Ground in Dharamshala on Thursday. He said that due to the better quality of the products being prepared by the Self Help Groups, their demand is increasing in the society and this is also strengthening the economy of the women associated with the Self Help Groups. He said that

self-help groups are also getting better marketing facilities through these fairs. Rakesh Pathania visited each of the stalls put up in the fair to know about the products kept there and encouraged the members. Self-help groups from nine states are participating in the fair.

Shakuntala appointed as
Rural Education head

MEHATPUR, MAR 24

In Vidya Bharati Himachal Education Committee, Una Toli, two women of district have been given responsibility. Former head of Dulaihad, Shakuntala Kanwar has been given responsibility of head of rural education, while Meena Sharma, former head of Chatada, has been given the responsibility of head of environment in district Toli. Earlier in the district team of Himachal Education Committee, only one woman had got the responsibility. Now participation of women has been increased further by including these two women in the district team. District Minister of Vidya Bharati Himachal Education Committee, Sukhdev Sharma said that Vidya Bharati is striving to emphasize the education of girl child especially through the inclusion of women in the field of education at the village level. In view of Meena Sharma's work towards the environment, she has been included in the district team, so that her services in the field of environment can be taken advantage of. On being included in the district team, Rural Education Head Shakuntala Kanwar and Environment Chief Meena Sharma said that they would try their best to fulfill responsibility entrusted to them.



4 outlets of Sombhadra
products set up

BUREAU
UNA, MAR 24

After the International Mandi Shivratri fair, taste of Sombhadra products of district Una has made a splash in Saras fair which started in Dharamshala from March 21. Four stalls of Sombhadra products have been set up in Saras Mela, which will run in Dharamshala till March 30, in which other products listed along with Sombhadra have been put up for sale. There is a lot of tendency among people to buy Sombhadra products. Along with this, bamboo products made in Una district are also being sold hand in hand in Dharamshala. Deputy Commissioner Raghav Sharma said, "Buyers are enthusiastic about Sombhadra products in Dharamshala Saras fair. In the first three days only, product worth more than Rs 36,000 have been sold. This figure will increase in coming days because on Sunday. More people are expected to visit fair on holiday. Sombhadra products became main attraction in the International Mandi Shivratri



fair as well." Sports Minister Rakesh Pathania, who came to the Dharamshala Saras Mela, also inspected the Sombhadra products stall and praised Sombhadra products. At the same time, MLA Vishal Naihariya also took stock of Sombhadra products stall and showed special interest in products kept here. DC said that in order to bring uniformity in the products of women self-help groups in district Una, the district administration has taken an initiative to market them under name Sombhadra.

It is important to preserve valuable
heritage: Sarveen Chaudhary

SANJAY AGGARWAL
DHARAMSHALA, MAR 24

The state government has given special emphasis on the development of culture, literature and languages of the state. Continuous efforts are being made to preserve the cultural heritage of the state and encourage creative activities. Social Justice and Empowerment Minister, Sarveen Chaudhary was speaking at the closing ceremony of Chhinj Mela at Rakkar Ka Bagh late last evening. He said that fairs and festivals strengthen social harmony and brotherhood. He said that fairs help in increasing the spirit of mutual brotherhood



where everyone forgets their differences and participates in the fairs. He said that fairs promote old customs and cultural values. He said that we have inherited the fairs and festivals from our ancestors, which are organized from generation to generation. He said that it is necessary for us to preserve these valuable heritages of ours.

Eco park will be built in Dhaveda at Rs 1 cr: Kanwar

BUREAU
UNA, MAR 24

Rural Development and Panchayati Raj, Agriculture, Fisheries and Animal Husbandry Minister Virendra Kanwar today inspected development works in Budhan, Kugal, Turkal, Dhabela, Dhiungli, Pansai Wards 4 and 5 under Kutlehad Assembly Constituency under Sampark Se Support Yatra. He listened to problems of the people. Kanwar said that in last four and a half years, under the



leadership of Chief Minister Jai Ram Thakur, many public welfare policies and schemes have been implemented to empower common citizens. He said that programmes and schemes like Pradhan Mantri Gram Sadak Yojana, Right to Education, MNREGA, Ek Saal Five Kaam have empowered common citizen, which accelerated pace of development. He said that for convenience of people, a telemedicine center has been opened in Thanakalan for follow-up checkup of patients. This will eliminate

need for patients to go to PGI. He approved an amount of Rs.5 lakh for the construction of road from Shyam Lal's house to Baba Bharthari temple in Kugal village. In Turkal village, Rs 5 lakh each was sanctioned for cremation ground from temple to dam and for Mahila Mandal building. Kanwar said that Rs 20 crore would be spent to develop Kutlehar assembly from point of view of tourism. He said that eco park would be constructed in Dhaveda village at a cost of about one crore.

NEWS AT A
GLANCEMentally disturbed 34
year old man commits
suicide by hanging

VICKY VERMA
ZIRAKPUR: A person committed suicide by hanging himself in Shanti Kunj apartment falling in Swastik Vihar Colony on Zirakpur-Patiala-Zirakpur main road. The deceased has been identified as 34-year-old Sahil Arora. Police have started investigation by taking possession of the body. SHO Onkar Singh Brar said that the body has been kept in the mortuary of Civil Hospital Derabassi for post-mortem. At present, action has been taken under 174 in the case. SHO Onkar Brar said that he had received information about suicide at the control room at around 2.30 pm on Thursday. After which the police team reached the spot. Sahil had committed suicide by hanging a chunni. No suicide note has been recovered from the deceased. The family members told during interrogation that the deceased Sahil was mentally disturbed. His father had died three years ago. Because of which he could not control himself. In the investigation so far, it has come to the fore that Sahil has hanged himself due to lack of mental balance. The body will be handed over to the family members after conducting his post-mortem on Friday.

District Legal Services
Authority conducts seminar

DALJEET AJNOHA
HOSHIARPUR: On the instructions of Punjab Legal Services Authority a seminar was organized by Traveler Van at village Raipur under the leadership of CJM cum-Secretary District Legal Authority Mrs. Aparajita Joshi to promote free legal aid in the district. Gone. The seminar was presided over by Panel Advocate Mr. Manoj Kumar. Advocate Manoj briefed the villagers in detail about the schemes being run by NALSA in the seminar. And the National Lok Adalat to be set up in the District Court at the sub-divisional level. He said that the decision of the Lok Adalat was recognized as a civil decree and its decision was final. There is no appeal against this decision and all court fees involved in the case are refunded. At the end of the seminar, besides the Sarpanch of the village and the villagers, PLV Balvir Kumar was present. In the end, PLV Also distributed free legal aid materials to the villagers.

RK school holds covid-
19 vaccination camp

SUKH NAHAR
JAGRAON: RK High school organized a COVID-19 vaccination camp with the help of a team from civil hospital in the school premises for students in age groups 12-14 and 15-18 years. School principal Captain Naresh Verma giving details about the camp, said that as per the instructions of the government, 40 students in 12-14 age group and 30 students in 15-18 years of age have been vaccinated against coronavirus. He stated that students completely cooperated with the school and vaccination team looking at the necessity of getting vaccinated.

"It is the duty of education institutions to look after the health of students as it is the most essential thing," he said. He also mentioned that students are more like a family to the school and they look after students just like their families. School president Adv Naveen Gupta thanked SMO Dr. Pardeep Mahindra, Jaspreet Singh, Chirag, Kamaljeet Kaur, Hardeep Kaur for their support.

Justice Sandhawalia inspects Amritsar District Courts

GURDARSHAN SINGH PRINCE
BEAS, MAR 24

Justice Gurmeet Singh Sandhawalia of Punjab and Haryana High Court today arrived to inspect the functioning of Amritsar District Courts. Earlier, when Justice-Sandhawalia reached the Sessions Court, District and Sessions Judge Harpreet Kaur Randhawa and Bar Association President Vipan Dhand welcomed him by presenting a bouquet of flowers. While inspecting the Amritsar District Courts, Justice Shri Sandhawalia said that justice is a fundamental



right of everyone and the Constitution of India has given the right to justice to everyone. During this time Justice Sandhawalia inspect-

ed 33 District Courts. On March 25, Justice Sandhawalia will inspect 2 courts in Baba Bakala Sahib and 4 courts in Ajnala.

MLA urges officers to resolve people's issues,
treat them fairly without any political pressure

SHASHI PAL JAIN
KHARAR, MAR 24

Kharar MLA Anmol Gagan Mann today asked all officers of police and civil departments to resolve various issues of common man fairly and without any political pressure so that the people should feel the change of the Govt. in Punjab.

She was addressing all officers of Kharar Vidhan Sabha constituency connected with civil and police departments at the Civil Rest House Kharar today. She asked them to accelerate various development works so that in a short time people start realizing that real change has taken place in Punjab. In the meet-

ing Kharar SDM Abhikesh Gupta, DSP's, EO's, BDPO's, health officers, development officers were present.

She said that she wanted that justice to be done to the poor people. She asked the officials of the Municipal Council to work for making Kharar the No. 1 city of Punjab. She said that she did not want to shift any officer from here but if any complaint was lodged by a poor person then action would be taken against the officer. She said that corruption would not be tolerated at any cost. She asked the police officers to take action to eradicate drugs and not to spare drug dealers. She said that there would be no pressure on the officials and She would not harass any officer as was in

the case in previous governments. She wants them all to work as a team and have high level development work where people's problems are solved. "People want change and the government system which was completely dead needs to be activated," She said.

She said that she wanted to make Kharar constituency a garbage free constituency and everywhere there should be cleanliness and greenery. She wants this constituency to be the No. 1 constituency in Punjab which is exemplified by people all over Punjab. All the officers of the sub division, Political Secretary to the MLA Gurpartap Sandhu, Jaspal Singh and several leaders of AAP were present on the occasion.

7 day night NSS special
camp begins at MCM

CHANDIGARH, MAR 24

The NSS units of Mehr Chand Mahajan DAV College for Women, Chandigarh kickstarted 7 Day and Night NSS Special Camp on the theme Swachh Bharat Abhiyan and Jal Shakti Abhiyan. The Chief Guest for the inaugural session was Prof. Ashwani Koul, NSS Programme Coordinator, Panjab University, Chandigarh and Mr. Sandeep, Founder of Open Eyes Foundation, Manimajra, was the Special Guest. NSS Programme Officers Dr. Pallvi Rani and Dr. Purnima Bhandari were also present on this occasion. Inaugurating the camp, Principal Dr. Nisha Bhargava apprised the participants of the distinguished achievements of the college and expressed deep appreciation for the NSS units' service to humanity, society and nation. Dr. Bhargava enlightened the NSS volunteers about various issues prevalent in the society and also urged them to work dedicatedly.

Speeding Etios car first hit
auto and then crushed cyclist

VICKY BHABAT
ZIRAKPUR, MAR 24

In the accident on Zirakpur-Patiala road, a speeding Etios car first hit the auto and then crushed the cyclist. The accident took place at 9 am on Thursday in front of a Nuker Dhaba. A 26-year-old man named Sarvesh, who was working as a pantry worker in SBP company, died in the accident. Sarvesh, originally from Haridwar district of Uttar Pradesh, lived in a rented house in Dhakauli and his wife is six months pregnant. Malkit Singh, who is probing the case, said the



Etios driver, identified as Kanwar, had been arrested. The driver Kanwar is a resident of Ludhiana. A case under Sections 304A, 279 and 427 of IPC has been registered against the accused at Zirakpur police station. Investigating officer Malkit Singh said that Sarvesh was going to work on his bicycle at 9 am. Meanwhile, a speeding Etios vehicle coming from behind first hit the auto driver and then an uncontrollable vehicle coming from the front of the cyclist climbed on the entrance. The injured Parvesh was rushed to a hospital in Dhakauli where doctors declared him dead. Parvesh's body has been kept in the mortuary of Dera Bassi Civil Hospital for post-mortem.

MCC seizes 660 kg of banned plastic
bags; get registered FIR against violator

RAJIV JAIN
CHANDIGARH, MAR 24

The Municipal Corporation Chandigarh conducted raid at industrial area Phase-2, Chandigarh last night and confiscated banned plastic carry bags weighing around 660 Kg from plot no. 650, industrial area Phase-2, Chandigarh and registered FIR under Environment Protection Act. 1986 against the violator Sohan Lal resident of Lalru Mandi, SAS Nagar, Punjab.

Following the directions of Ms. Anindita Mitra, IAS, Commissioner, Municipal Corporation, Chandigarh, the MCC team led by SDM (East) Sh. Rohit Gupta, who is also Joint Commissioner in



MCC assisted by sanitary inspectors and representatives from Chandigarh Pollution Control Committee conducted raid last night and seized material consisting of prohibited aluminum foil pouches and unstamped packing material on the spot and registered FIR against the violator.

Dream Buds Foundation Mohali donates
books etc to needy students of Gharuan

SHASHI PAL JAIN
KHARAR, MAR 24

The team of Dream Buds Foundation (Regd) Mohali reached MSP School Gharuan today and donated Books, Stationery and accessories for the new session 2022 - 2023 to 19 needy students.

As per press note issued by the foundation these students are either orphans, have single parent, are adopted or are from a poor background. The students and the

school staff was very happy. The team of Dream Buds Foundation feels blessed and humbled to serve the needy students to pursue their dream of education.

Diljot an actress and a philanthropist is the founder of Dream Buds Foundation and has the vision to serve the society so that people can live a meaningful life and turn their dreams into reality.

The team of volunteers always put in their best efforts to take this vision forward.

TBCON 2022 to start today

CHANDIGARH: A two-day CME cum workshop on Tuberculosis will be held tomorrow on 25th and 26th March 2022 on world Tb week in the department of Medical Microbiology, PGI Chandigarh. Dr. Sunil Sethi Professor and organizing secretary of TB con 2022 said that over 300 delegates from all over India will be attending this event, The objective of CME and workshop on World TB week is to educate and train doctors regarding the development in new diagnostics and treatment of TB. This is very important as all doctors and Private Practitioners need to update their knowledge regarding diagnosis and Management to achieve the target of ending TB by 2025 as this is ever changing field. Dr. Rajinder P Joshi Deputy Director General, Central TB division will inaugurate the TBCON 2022 and will deliver Keynote on the National TB elimination Programme in India. The CME will focus on New diagnostic techniques like CBNAAT, Line probe assay, LAMP, NGS, MALDI TOF which can detect TB in 2 hrs to 72 hrs otherwise which used to take 4 to 6 weeks to detect. Newer tests which have come up recently will be discussed Moreover, Newer Treatment regimens will also be discussed All the doctors working on Tb will be trained regarding the latest techniques.

Punjab govt should implement RTE
Act in Private Un-aided Schools:
Dr. Ambedkar Bhalai Manch

SHASHI PAL JAIN
KHARAR, MAR 24

The president of Dr. Ambedkar Bhalai Manch, Kirpal Singh has alleged that the Punjab Govt. has miserably failed to implement the Fundamental Right of Children to Free and Compulsory Education Act 2009 (effective from 1-4-2010) which provides at least 25% free admissions to children belonging to Weaker Sections and Disadvantage groups in private unaided schools and quality education has been denied to Lakhs of poor children during the last 12 academic years due to unconstitutional Punjab Govt. notification dated 10-10-2011 issued by then Akali-B.J.P. Badal Govt. and not corrected by Congress Govt.

As per press note issued today the defect in Punjab Govt notification dated 10-10-2011 is that a child should first go to Govt. school for admission. If not admitted due to availability of seat in Govt. school a child should get N.O.C. that seat is not available in govt. school then and only then a child can be admit-

ted in private unaided school. As there are no fixed seats in Govt. school like M.B.B.S in Govt. Medical Colleges no. N.O.C. was issued by Punjab Govt. Education Deptt. throughout Punjab and no child was admitted in any private unaided school since 1-4-2010. CAG of India highlighted this issue in its report as on 31.3.2016 submitted in Punjab Vidhan Sabha in 2017.

National Commission for Scheduled castes also advised Punjab Govt. on 16-2-2018 and 10-8-2018 to admit poor children in compliance with R.T.E Act 2009.

He has alleged that the Chairman Protection of Child Rights, Punjab also failed in its duty to protect fundamental right of poor children in compliance with the R.T.E Act 2009.

This most important issue played very active roll in recent Punjab Vidhan Sabha elections defeating both Akali and Congress parties and elected Aam Aadmi Party to form Govt. of Punjab headed by S. Bhagwant Singh Mann with thumping majority.

Inauguration of diploma in agriculture
extension services for input dealers by ADC

KULJEET SINGH HONEY
TARN TARAN, MAR 24

Additional Deputy Commissioner (General) Tarn Taran Jagwinderjit Singh Grewal inaugurated the Diploma in Agriculture Extension Services for Input Dealer at the office of Chief Agriculture Office Tarn Taran today. On the occasion Jagwinderjit Singh Grewal said that Diploma in Agriculture Extension Services for Input Dealers (DACI) program is being launched by Manage Hyderabad through Pamei Ludhiana in collaboration

with the Ministry of Agriculture, Government of India. It is a matter of great pleasure that this diploma is being conducted in Majha area.



only in Tarn Taran district. In which 40 candidates of one batch can take diploma training. It will have 40 classes and 8 visits a year. These classes will be mandatory for every candidate.

Quiz competition organised at RR
Bawa DAV College for Girls, Batala on
martyrdom day of S. Bhagat Singh

RUBY VERMA
BATALA, MAR 24

Under the patronage of Dr. Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala, Coordinator of Social Sciences, Dr. Meenakshi Duggal and under the Convenership and Co-convenership of Mandeep Kaur and Rupali Aggarwal respectively, a quiz competition was organized dedicated to the martyrdom day of S. Bhagat Singh in association with ABVP, Batala.

In this competition the students enthusiastically participated and were asked various questions related to the

life of S. Bhagat Singh, who is considered one of the foremost revolutionaries of Indian freedom struggle. ABVP activist Mr. Paras Mahajan and his team provided the core information about the phenomenal freedom fighter S. Bhagat Singh, who gave a direction and impetus to our freedom struggle through supreme self-sacrifice and strategic planning that eventually made him one of the greatest hero amongst the millions of Indians. On this occasion, Dean Academics Mrs. Shabnam Prabha extended her best wishes to the students and organizers of this event.

Youth arrested
with 11 gms
of heroin

VICKY VERMA
ZIRAKPUR, MAR 24

On the basis of secret information, the Zirakpur police arrested a youth with 11 grams of heroin. Investigating officer Sub Inspector Kamal Taneja said that the arrested accused has been identified as Saurav Sharma resident of Purana Bazar Sunder Nagar, Himachal Pradesh. A case has been registered against Saurav under the sections of NDPS Act at police station Zirakpur.

The investigating officer said that he was present with the police party at Gurdwara Sahib village Bishanpura during patrolling. At the same time, he got a secret information that a young man, who is addicted to selling and selling drugs, is coming to Zirakpur area to give drugs to his staunch customer.

Health dept officials hold meeting
with Karyana merchant association

SUKH NAHAR
JAGRAON, MAR 24

Health department officials held a meeting with the retail Karyana merchant association at Jagraon under mission tandarust Punjab and "Surakshit Bhojan Sehatmand Punjab" in the guidance of district health officer Dr. Gurpreet Singh and food safety officer Yogesh Goyal. In the meeting, district health officer Dr. Gurpreet Singh gave detailed information about the food act to everybody present in the meeting. He stated that it is highly essential for businessmen involved in business of food trading to

have food license. " The process of applying for the license is quiet simple and the businessmen



can apply for the license on <http://www.foscos.fssai.gov.in/>. Food safety officer Yogesh Goyal talked about requirements to apply for the form, informed about the toll free number available on site, further processes involved and stated that they can get help from the department in case they feel any difficulty in filing the documents.

Anti drugs awareness seminar
organised by Bharat Vikas Parishad

VERMA
QADIAN, MAR 24

Under the leadership of Mukesh Verma, President of Bharat Vikas Parishad, an Anti Drugs Awareness Seminar and Declaration Competition was organized in the local AVM Senior Secondary School today. In which students of different schools of the area expressed their views through their speech to curb drug addiction.

Tricycles were also distributed by the Bharat Vikas Parishad to 4 Handicapped



on this occasion. On this occasion, SSP Gourav Toora IPS of Batala, specially present to honor the students, along with him Amolak Singh, in-charge of the police station was also present. The campaign to distribute cycles to the differently-abled was started by SSP Gourav Toora.

The seminar was inaugurated by SSP Gaurav Toora. On this occasion, the President of Bharat Vikas Parishad, Mukesh Verma, while addressing the students said that it is very important to end the link between demand and supply to eradicate drug addiction.

Punjab win netball
tournament trophy



SANJAY AGGARWAL
DHARAMSHALA: The team of Panjab University captured the trophy of All India level Inter University Women's Netball tournament being organized by the University Association at the Central University. While the second place was won by the team of Kurukshetra University and the third place was won by the team of Calicut (Kerala). Sports, Youth Services and Forest Minister Shri Rakesh Pathania ji attended the closing ceremony as the chief guest. On this occasion, he said that an international sports stadium would be established in Himachal Pradesh Central University and there would be no shortage of funds for this, along with education, sports is very important for the development of youth and Central University is playing both these roles well. . With such an event, the youth of the state will also get inspiration towards sports. Along with this, while addressing the players from all over the country, he talked about keeping the spirit of sports alive. He said that the state government was ready to send the youth forward in sports. He congratulated the university for successfully organizing this competition. On this occasion, local MLA Vishal Naihari said that along with Dharamshala Smart City, soon it will also be known as Sports City of the State. He also congratulated all the players who participated in this competition.

KMV Principal bestowed
with Outstanding
Educationist Award by St.
Claire's Institute



HARPREET SINGH LEHAL
JALANDHAR: Kanya Maha Vidyalaya (Autonomous) Principal Prof. Dr. Atima Sharma Dwivedi was bestowed with 'Outstanding Educationist Award' by St. Claire's Institute for adding immeasurable value to the education sector. Prof. Atima Sharma Dwivedi is a dynamic academician with a wide, progressive vision and extensive experience of 44 years in teaching and administration in India and abroad. She has empowered more than 4000 women of underprivileged sections of society in the past few years by skilling and mentoring them under Women Empowerment Cell of KMV. Her awards and honours make a tally, both at national and international levels, including Best Researcher Award in an International Conference at Harvard University, USA. KMV management, faculty and students congratulated Prof Atima Sharma Dwivedi on this remarkable achievement.

Martyrs' Day
commemorated at HMV



JALANDHAR: Student Council of Hans Raj Mahila Maha Vidyalaya, Jalandhar under the inspiration of Principal Prof. Dr. (Mrs.) Ajay Sareen commemorated the Martyrs' Day by performing a Nukkad Natak on the life of the great martyrs and earned great appreciation from the spectators. Principal Dr. Ajay Sareen, Dr. Seema Marwaha, Dr. Ashmeen Kaur, Mrs. Navroop, Superintendents Mr. Pankaj Jyoti, Mr. Lakhwinder Singh, Mr. Ravi Maini along with all the faculty members lighted candles to pay respect and tribute to the worthy sons of the soil. The event was organized under the guidance of Mrs. Urvasi Mishra, Dean Student Council and Mr. Ashish Chadha, Head of Multimedia Department.

LPU's fashion design
students get
internationally placed

JALANDHAR: Two of the Fashion Design students at Lovely Professional University (LPU) have got international employment with top brands of the world in Canada and Jordan on rewarding packages. Vice President at the University, Mr Aman Mittal, who also governs students' international affairs, congratulated the hard working and achieving students. The School of Fashion Design at LPU has been functioning by keeping the students' aspirations and industrial requirements in mind. The infrastructure, curriculum, pedagogy and faculty work in synchronization to fulfil the motto and goal of the innovative creation at the school.



YUGMARG, CHANDIGARH, FRIDAY, MARCH 25, 2022

Nepal PM Deuba to visit India on April 1

AGENCY
KATHMANDU/NEW DELHI,
MAR 24

Nepalese Prime Minister Sher Bahadur Deuba is to embark on a three-day visit to India from April 1, on the invitation of Prime Minister Narendra Modi, a media report said. Deuba's India visit would take place immediately after Chinese Foreign Minister Wang Yi concludes his three-day visit to Nepal, from March 25-27. The Kathmandu Post, quoting diplomatic sources, said that PM Deuba has already received and accepted the invitation extended by PM Modi to visit India. PM Deuba will virtually participate in the BIMSTEC (Bay of Bengal Initiative for Multi-Sectoral Technical and Economic Cooperation) summit on March 30. Foreign Minister Narayan Khadka will travel to Colombo instead to participate in the summit, the daily said. Deuba will travel to Delhi on April 1, hold talks with Modi and other



Indian politicians on April 2 and return home on April 3. This will be Deuba's first official outing since his appointment as prime minister in July last year. He was scheduled to travel to India in January to participate in the Vibrant Gujarat summit in Gandhinagar, but the trip was cancelled due to rising Covid-19 cases. Deuba and Modi had met in Glasgow, Scotland in November last year on the

sidelines of the UN climate conference. Sewa Lamsal, spokesperson for the Foreign Ministry, said that high-level visits from both sides (Nepal and India) are on the cards. Officials said some agreements between Nepal and India, including on cross-border railway, which have been on the table for a while, are likely. The Kurtha-Jayanagar railway is on a dry run since the second week of February for the

Result of BCA 3rd Semester of Arya Mahila College Pathankot 100%

R. SINGH
PATHANKOT: The result of BCA 3rd semester of RRMK Arya Mahila College Pathankot was 100%. BCA student Paridhi secured first position in the district with 274 out of 300 marks, Tanaya Mahajan and Sonali Salaria secured second position in the district with 271 marks out of 300 and Priyanka Andotra secured the third position in the district with 268 marks out of 300. Principal Dr. Gurmeet Kaur extended her best wishes to all the girl students, their professors and parents and wished them to be on the path of progress in life.



PAGE
7

Gangster Lucky Patiala's associate arrested



RAKESH JINDAL
NABHA, MAR 24

The Mohali police today arrested gangster Lucky Patiala's accomplice Gurge Yodha. Illegal weapons were recovered from the gangster. This was confirmed by Mohali SSP by Harjit Singh (SSP Harjit Singh). Speaking on the occasion, the SSP Mohali said that a confidant of Lakhi Patiala belonging to Bambiha Group who is lodged in Armenia Jail has been arrested. Live ammunition of illegal weapons has been recovered from him. He said that now

many Punjabi singers are being targeted by gangsters and they have been tracked. The interrogation of gangsters who were arrested by the police or brought on production warrants in the Kabaddi player murder case has led to several major revelations. According to sources, the interrogation revealed several details of how the jailed gangsters were planning to intimidate them. According to sources, Punjabi singer Mankirat Aulakh had received threats in recent days. Three to four Punjabi singers including singer Mankirat Aulakh are being targeted by gangsters.

13th Tribal Youth Exchange Program starts in Ludhiana

SACHIN MOUDGILL
LUDDHIANA, MAR 24

13th Tribal Youth Exchange Program is being organized by Nehru Yuva Kendra, Ludhiana, Min of Youth Affairs & Sports, Govt of India in collaboration with Min of Home Affairs, Govt Of India from 24th March to 30th March 2022 at Punjab Agricultural University, Ludhiana in which 200 tribal youth from the state of Chattisgarh along with 20 CRPF Jawans are participating. The basic aim of 13th TYEP is to expose the tribal youth from the worst affected districts of the country to the cultural ethos, language and lifestyles of the people in Punjab, to the technological and industrial advancement that have taken place in Punjab with focus on various developmental activities, skill development, educational and employment opportunities available here, to sensitize the tribal youth about the rich traditional and cultural heritage and enable them to preserve it for the future generation, to help the tribal youth to develop emotional linkages with their peer groups in other part of



the country and enhance their self esteem. The opening ceremony was held on 24th March 2022 and the program was inaugurated by Rahul Chaba, Additional Deputy Commissioner (gen), Ludhiana. The chief guest welcomed the youth of chattisgarh and mentioned that the District administration will provide full support and cooperation to the program. During the 7- day program, the participants will be involved in various activities such as cleanliness drive, tree plantation, yoga/meditation sessions, visit to industrial units, Declamation & Cultural contests, interaction with local students, prabhat pheri, visit to Amritsar etc.

Education Minister Meet Hair warns of zero tolerance to corruption

KARANPREET DHANDRAL
KULDEEP SOOD
BARNALA, MAR 24

Chief Minister Bhagwant Mann-led government has pledged to eradicate bribery. Therefore, corruption will not be tolerated in any department. This instruction was given by Punjab Minister for School Education, Higher Education, Sports and Youth Services Gurmeet Singh Meet Hair during his inaugural meeting with the officers of various departments at the District Administrative Complex here. The Cabinet Minister said that the people had high expectations from the present Punjab government and these expectations could be met only with the cooperation of all the officers and employees. He said that the work of common man in government offices should be done on priority basis. On this occasion, while reviewing the ongoing



Delegation of Computer Teachers Union Punjab calls Punjab Education Minister

BARNALA: A joint press note issued by Sikander Singh, District President, Computer Teachers Union, Punjab, Barnala, informed that a delegation of Computer Teachers today met the Education Minister, Gurmeet Singh Mit Haier and met him. Congratulations. On this occasion Mr. Sikandar Singh informed that he informed Mr. Gurmeet Singh Meet Hair about the legitimate and rightful demands of the computer teachers and informed that all the employees except the computer teachers have been given the benefit of pay commission by the previous government. That is a shock to the computer teachers. Apart from this he informed that computer teachers are not provided medical re-enrollment facility whereas all other cadres are provided this facility.

development works of various departments, Meet Hair also sought a report on the additional charges of other districts given to the district officers. He said that an exercise would be carried out for the posting of officers of all the departments at the Barnala offices so that the people of Barnala would not face any difficulty in getting their work done. He said that the government had a "zero tolerance" policy towards corruption and therefore corruption would not be tolerated under any circumstances. On this occasion, he also reviewed the outstanding works of various departments and said that all the works should be completed in a timely manner. He directed to make arrangements for smooth procurement of wheat and said that farmers should not be allowed to face any difficulty in selling their produce.

Barricades on road outside Hotel Park Plaza are becoming traffic problem



VICKY VERMA
ZIRAKPUR, MAR 24

The barricades set up by the hotel management outside Hotel Park Plaza on Ambala Chandigarh Marg are causing traffic problems. Alleging this, Harbinder Singh, Gurmeet Singh, Jasveer Singh, etc. said that outside Hotel Park Plaza at Zirakpur, around ten to twelve barriers have been set up by the management on the slip road of National Highway due to which local noise has to face a lot of difficulties. And this place is always jammed. It may be mentioned here that some time ago there were barricades outside Cosmo Plaza which were removed by the traffic police Zirakpur but the barricades have not been removed by the management of the adjoining Hotel Park Plaza.

Farmers should be aware of possible attacks of pink locust and white mosquitoes: Harbir Singh

SURINDER DAMDAMI
FARIDKOT, MAR 24

Deputy Commissioner Faridkot Harbir Singh urged the farmers to be vigilant about the possible infestation of pink locust and white mosquitoes for the success of cotton crop. Deputy Commissioner Harbir Singh directed the various departments (especially the Panchayat Department) to organize farmer training camps for the farmers at village level, hold nook meetings, liaise with the panchayats and raise awareness by making announcements in Gurudwara Sahib, distributing literature and creating groups on social media apps like WhatsApp to protect the cotton crop from possible infestation of pink



locust and white mosquitoes and make the upcoming crop a success. He said that in the coming days a meeting would also be held with the sarpanchs of the cotton growing villages to motivate the farmers at village level. On this occasion the Department of Agriculture and Farmers Welfare informed that this is a good time to get rid of locusts. He asked the

farmers to come together at the village level and start work for the management of the Chhattian so that the work could be completed by the month of March. It is very important to break the life cycle of pink locust by shaking the unripe stalks well in these non-seasonal wastage or by using the Chhattian before sowing cotton. Pink locust infestation can be prevented. On this occasion the farmers were given detailed information about the life cycle of pink locust. He also directed the farmers to eradicate the white mosquito from the open space around their fields, roads etc. before sowing the cotton so that its life cycle could not be extended.

Being made to run around for crop compensation, rue angry farmers



PRINCE GARG
TALWANDI SABO, MAR 24

The new government in Punjab has issued a toll free number to curb corruption, after which people are hoping to get rid of the hassle of visiting offices. The farmers who reached the SDM office at Talwandi Sabo said that although they had high hopes from the new government, but they are being made to do the rounds of offices even now. The farmers said that the government had announced crop damage compensation to the farmers a few months back but the money has not reached their accounts yet. Farmers of Sekhu, Lalayana and other villages said that they were being told that their accounts were not correct. The farmers said that they have been visiting the Tehsildar's office for several days but without any result. Exasperated farmers said that either their compensation should be paid soon or they should be denied compensation so that they would not have to make repeated rounds of the offices.

Sukhmani Sahib recited in Sobha Singh School for the betterment of children

HARPREET SINGH GILL
RAIKOT, MAR 24

The renowned educational institution of Raikot city, Sardar Sobha Singh Public Senior Secondary School, Raikot, is leading in every field and at the inauguration of the new session today school, Sri Sukhmani Sahib Ji was recited and kirtan was also performed. Prayers were made to God for a better future for the children and better results.

The principal of this school, Kavita Sharma Raikot informed that in the new academic session, +1 science and commerce classes have started and admission in science and nursery classes is being made absolutely free. He said that the future of their children should be made better by taking maximum advantage of this opportunity.

The organization provides all kinds of facilities for the betterment of the future of the children such as generator,



clean drinking water, full AC, magnificent building, special arrangement of buses for pollution free transportation, open green ground for sports and experienced hard working teachers. The group management is always on the lookout for staff and necessary arrangements. He said that this institution has been recognized as +2 by the CBSE Board and the students of the area can take advantage of it and build a better future.

IDP's Motorcycle Awareness March reaches Barnala from Dhussainiwala

KULDEEP SOOD/
GULSHAN KUMAR
BARNALA, MAR 24

A motorcycle awareness march dedicated to the memory of the martyrs of the March by the Internationalist Democratic Platform (IDP) reached Barnala today from Dhussainiwala. Awareness pamphlets have been also distributed from the bus stand to Shaheed Bhagat Singh Chowk, Railway Station to Kachheri Chowk on the creation of the society of dreams of Shaheed Bhagat Singh, Rajguru, and Sukhdev. Addressing a gathering at the local Kapil Palace, Karnail Singh Jadhpal, state leader of the IDP, stated that the



purpose of the march, which started in 2004, is to create awareness among the people about the real issues of the people. Because the establishment of a good state is not possible without the participation of the people. Expressed concern over the political mentality of the riots on the communal division of the society. Aware of the dwindling capital and human

resources of the state as well as the biological crisis. He emphasized the need to be independent of the established "mindset", citing the prevailing common denominator of occupation of power. He also emphasized the need for decentralization of powers, high character, and good governance of society. While reviewing the new decisions

of the new AAP government in the state, he also pointed out the non-compliance. The forum was moderated by author Teja Singh Tilak. Bikkar Singh Aulakh thanked the visitors. Former Manager Sukhwinder Singh Gill, Darshan Singh Dhanetha, President Gurmeet Singh Thuhi, Gurmeet Singh Akkawali, Shamsher Singh Giddarbaha, Pritam Singh Fazilka, Kiranjit Kaur Jhuni, and General Secretary Tarlochan Singh Sullar Gharat besides Gurbakhsh Singh Kattu and Sukhdev Singh Kisan Agu. Sukhwinder Singh Gill and the late leader MagharSingh Kularian's wife Gamdur Kaur specially participated.

EDITORIAL

Here's to health

Just after Narendra Modi became prime minister in 2014, he placed great emphasis on yoga being an essential means of staying healthy. During a meeting with the king of Bhutan on a visit, the West Bengal chief minister, Mamata Banerjee, lobbied for medical tourism, as the cost of care in Calcutta is affordable and of high quality. Banerjee was seeking to emulate the southern Indian states as well as New Delhi that are centres of medical tourism, especially for people from neighbouring South Asian countries. Iranians and Afghans seek medical treatment in Delhi; tourists from the French colony of Réunion and Mauritius flock to Chennai and Pudu cherry, combining health and social care with tourism. West Bengal is particularly popular with medical tourists from Bangladesh whose growing middle-class represents an excellent market for Bengal.

Yoga tourism is popular with international tourists from Japan, the United Kingdom, Latin America and Europe. It may be an optimal bridge between conventional medical tourism and cultural tourism. Banerjee's vision would thus come up against the reality of competition from other aspiring centres of medical tourism, especially Thailand and Malaysia, which are commonly associated with Buddhism and traditional East Asian forms of healing similar to ayurveda.

Calcutta, however, may be an ideal tourist entrepôt for visitors from Latin America, Spain and West Asia. Following the example set by Simla, Rishikesh or Lansdowne in the mountains, Calcutta could combine the appeal of yoga tourism with a celebration of its European historical heritage. Puducherry's unique ability to combine yoga tourism — the popular appeal of the ashram in Auroville — with its French colonial heritage would be an excellent example for West Bengal to emulate. Bengal's rich cultural heritage and its sophisticated people would make it ideal for a synthesis of yoga tourism, conventional medical tourism as well as eco-tourism, associated with the biodiversity of the state's wetlands.

Of course, Shah Rukh Khan's beaming visage, the poster-child of West Bengal tourism's marketing strategy, may not be enough to attract those in need of medical attention. Bengal may have some of the best healthcare professionals in India but it suffers from reputation issues. Its association with decades of communism, deteriorating infrastructure, and lack of investment in basic education may deter medical tourism. Mamata Banerjee's government would have to convince industry experts along with investors that not only Bengal's infrastructure but also its quality of healthcare are sound enough for tourists from the Global North. First impressions are essential.

Clouds over Imran Khan's political fate

As Pakistan Prime Minister Imran Khan is set to face a no-confidence motion in the National Assembly on Friday, several reports say that this motion is expected to be proven as the 'last ball' to decide former cricketer turned politician's fate.

The Opposition parties in Pakistan are jettisoning mutual hatred to oust Imran Khan as they submitted the no-trust motion in the National Assembly secretariat on March 8. About two dozen members of his own Pakistan Tehreek-e-Insaf (PTI) party have closed ranks with the Opposition parties and said they will vote for the motion against him. The trust vote indicates very clearly that Khan does not have the majority support in the 342-member Parliament.

That seems unlikely, given his wide unpopularity amongst the lawmakers, and the country as a whole. And to his dismay, the all-powerful Army, the final arbiter of many things in Pakistan, has decided to stay "neutral" in the tussle between cricketer turned politician, Imran Khan and his detractors.

All the escape routes for Pakistan PM are closing as the voting date or the no-confidence motion inches closer and if Imran Khan denies to put in his papers and "fight it out" then the situation in Islamabad could turn ugly, forcing General Bajwa to stomp hard on his protege.

The Pakistan Army's top brass has reportedly asked Imran Khan to resign after the conference of the Organization of the Islamic Cooperation (OIC).

Pakistan media reports stated that the decision to oust Imran Khan was taken by General Bajwa and three other senior Lt. Generals. It was reported that all four military leaders decided not to give any escape route to Imran Khan. Meanwhile, the Prime Minister apologised to the Pakistan army as he praised India for its independent foreign policy. He will have to face a crucial no-confidence motion in the National Assembly of Pakistan where his ouster seems all but certain.

Imran Khan was referring to the Indian decision to buy oil from Russia despite the sanction and de-



spite India being a member of the Quadrilateral Alliance. "Their policy is for the betterment of people," he said while addressing a public rally at Khyber Pakhtunkhwa on March 20. He seems to have realized his own folly of trying to preside over the government of a failed state.

The possible ouster of Imran Khan would once again establish that democracy cannot survive in Pakistan, a country where the army and its powerful wing the Inter-Service Intelligence control every-

thing. Imran Khan has committed the cardinal sin of offending the army. In Pakistan, the support of the politically powerful military is critical for any political party to retain power.

He has used the ISI to stay in power, and now the same ISI is trying to remove him from power. Imran Khan had stood in the way of what was being seen as a routine transfer in the army, with Pak army chief General Qamar Javed Bajwa planning to shift Director General of ISI Lt Gen Faiz Hamid as the commander of Peshawar-based XI Corps and replacing him with Lt Gen Nadeem Anjum as the DG ISI. The Prime Minister had refused to issue the formal notification.

The fact, possibly, is that Imran Khan himself had become too dependent on Lt Gen Faiz Hamid and was using the ISI for his political survival. Finally, Imran Khan had to eat the humble pie in

October 2021 and accept the face-saver of choosing the same Lt Gen Nadeem Anjum as the DG ISI from a panel of three names presented to him by Gen Bajwa. It is reported that Imran Khan had been warned against any attempt by him to replace the army chief.

While domestic issues like rapid inflation have been highlighted by opposition parties in seeking Imran Khan's ouster, the former cricket captain of Pakistan must also share a part of the blame himself for having made a mess of Pakistan's foreign relations.

Literature & Health

Researchers find people can switch social identities seamlessly

Each person has multiple social identities, such as employee, parent, young person, friend, or even fan of a particular sports team.

Researchers have found that people can switch seamlessly between different social identities.

The findings of the study were published in 'Journal of Experimental Social Psychology'.

Previous research has shown that frequently switching task tends to result in lower performance: longer completion times and reduced accuracy. The new study by the University of Exeter finds that identity switching may pose less difficulty.

"Our lives have sped up a lot in recent years and decades, so we have to switch more often between different identities. Due to the pandemic, many more people now work from home -- so they no longer have the slow switch of a commute separating home from work," said Anna Zinn, of the University of Exeter.

"Our research aimed to find whether rapidly activating different identities comes with a cost. We were surprised to find that these switches are extremely effective -- people can



switch quite rapidly with no apparent difficulty," Zinn added. The researchers noted, however, that this ability might come with a downside. "We might have little control over these switches. For someone working from home, it may be important to stay in a professional identity -- but our findings suggest you could easily be drawn away from it," Zinn explained. "The next stage of our research is to examine these possible drawbacks, and whether steps such as having a dedicated workspace at home can limit them," Zinn added.

The researchers conducted several studies using the "Implicit Association Test," in which participants have to quickly sort words.

Indian embassy in Argentina launches Yoga project for local police

The Indian embassy on Thursday launched a collaborative project with the Argentine Federal Police to promote Yoga for the physical and mental well-being of the forces.

The project was inaugurated by the Indian Ambassador to Argentina Dinesh Bhatia, jointly with Juan C Hernandez, Chief of Argentine Federal Police and the dean of the Institute of the Argentine Federal Police, the Indian embassy informed in a tweet.

"Amb @dineshbhatia jointly with Juan C Hernandez, Chief of @PFAOfficial & Dean of @iupfanoticias inaugurated Yoga Capacitation Project for physical & mental well-being of officials of Argentine Federal Police," the Indian embassy said in a tweet. Notably, the Indian government has been popularizing Yoga at several international forums highlighting the associated health benefits of the activity. On Tuesday, the



second inter-ministerial meeting to discuss the celebration of International Day of Yoga (IDY)- 2022 was held in New Delhi. Several Union Ministers attended the meeting and gave information about the activities being carried out by their ministries to create

awareness about IDY-2022 and also gave suggestions to enhance the outreach.

The International Day of Yoga is celebrated on 21st June every year since 2015, following the adoption of a United Nations (UN) resolution on the same.

POEMS

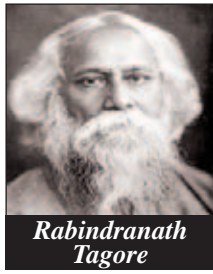
Farewell

I have got my leave. Bid me farewell, my brothers!

I bow to you all and take my departure. Here I give back the keys of my door ---and I give up all

claims to my house. I only ask for last kind words from you. We were neighbors for long, but I received more than I could give. Now the day has dawned and the lamp that lit my dark corner is out.

Rabindranath Tagore



Beat the heat n keep your cool

Climate change has upset the cycle of seasons. Summer now arrives much earlier than it used to, hitting us harder than it used to. Suddenly we are drained of energy, appetite is sluggish and the throat parched. The Flames of Forest and Laburnum are yet to bloom that used to signal that the sun would soon be scorching, giving us little time to prepare to cope with soaring temperatures.

Ayurveda divides the year into two parts labelled 'grahan' and 'aadana' loosely translated as receiving and gifting. Summers are grahan kaal when nature claims its due causing the jathargni (digestive fire) to weaken. To beat the heat we must stoke the dying embers by adjusting our diet. The body must be nourished and hydrated properly. Small appetizing meals and beverages that reinvigorate the body can help us keep our cool. This is the time to whip up salads and chaats, airy mousses and refreshing



cold drinks, shikanji and seasonal fruit-based sherbet. Playing around with colours soothing to the eye--green, pink and light

yellow-- enlivens these preparations. In the western world, salads can substitute for a meal and in recent years some chefs and restaurants have tried to popularize this trend in urban India. Salad Bars have proliferated and 'chaat counters' at buffets and banquets remind us to keep away from unhealthy temptations. Access to exotic produce from foreign lands has contributed to the 'push and pull' of light meals.

Avocado, a native of Mexican highlands, pear only in name a berry with large pit has suddenly become popular as some kind of superfood. It has even acquired an Indian name--Makhhan Phal. Rich in monounsaturated fats, minerals and fibre it is being promoted as an ideal ingredient for dips, salads and smoothies.

Avocados are expensive and continue to be an acquired taste but the good thing is that a small quantity goes a long way. (What is intriguing is that while the Por-

tuguese brought a hamper full of fruits, vegetables, corn and chillies with them to India, Avocado somehow got left behind.) There is no cause for despair if Avocados aren't in sight lotus puffs (phool makhana) can be substituted in mousses and dips. In salads, raw papaya and tender bottle gourd or small melon taste as good.

Late Hakim Safdar Nawab of Lucknow used to prescribe sherbet e gul gural to fortify the body against the onslaught of the heatwave. He pointed out that the gural (hibiscus flower) like the rose has thandi taseer - inherent property to cool the body. In texts of Yunani tib (literally Greek but in fact Indo-Arab traditional system of medicine), there are references to chutney rahat jaan. The recipe for this sweet n sour tangy chutney reads like Oral Rehydration Therapy. Sugar, salt and lemon juice combined in a 'lick' that can act as an aperitif as well as digestive. This is what shikanji (origi-

nally sherbet e shikanjavin) aka Indian lemonade sought to do.

The concept of taseer is closely related to the theory and practice of guna-dosha in Ayurveda. Ingredients of food are believed to have inherent properties to heat and cool our bodies. Seasons tend to aggravate these. We are advised therefore to include/exclude these from our daily diet. Interestingly, these properties could be changed with appropriate treatment/processing.

For instance, black peppercorns in pulav, gorma accentuate the heat whereas in thandai they are indisputably coolants. Traditional time tested wisdom had filtered down to grassroots and menus at home changed accordingly. Things changed with the advent of modernity, industrialization and urbanization. Convenience and costs overshadowed all else. Aspirational foods provided a dangerous distraction.

HP introduces industry-first Laser Tank portfolio

CHANDIGARH: HP India announced its industry First LaserJet Tank Printer portfolio to allow high-quality, low-cost printing for improved business efficiency. In view of the significant growth of small and medium-sized businesses in recent years, HP's latest innovations and intuitive features in the new LaserJet portfolio will better support the next generation of entrepreneurs and business owners by streamlining their print management. The compact LaserJet Tank printers are easy to manage and operate. They have the capacity to print up to 5,000 pages straight out of the box and offer 5X more toner page yield compared to standard cartridges. Ideal for high-volume printing needs, the new LaserJet Tank comes with a 40-sheet auto document feed support and a 50,000-page long-life imaging drum to ensure consistent, exceptional printing, even with daily use. Sunish Raghavan, Senior Director, Printing Systems, HP India said that at HP we are committed to assisting the small and medium-sized companies in unlocking innovation and overcoming challenges.

JK Tyre Introduces Puncture Guard Tyre

CHANDIGARH: The pioneer of Radial technology and leading tyre manufacturer, JK Tyre & Industries Ltd., has launched India's first Puncture Guard Tyres for four-wheelers. Driven by the technological expertise of producing high performance tyres suited for Indian conditions, JK Tyre, aims to revolutionize the industry with Puncture Guard Tyres for new generation cars available in market. The Puncture Guard tyre technology, with specially engineered self-healing elastomer inner coat, applied inside the tyres through an automated process, heals the punctures. Tyres with this technology can self-repair the multiple punctures in the tread area, due to nails or other sharp objects up to 6.0 mm diameter instantly. Puncture Guard tyre offers hassle free ride throughout the life of the tyre without air loss. Commenting on the occasion, Dr. Raghupathi Singhania, Chairman & Managing Director said that JK Tyre has always been a front-runner when it comes to innovation-led technological development.

YXXX establishes a strong pan-India presence

CHANDIGARH : YXXX, a premium men's innerwear and loungewear label, is set to establish a thriving pan-India presence through robust expansion plans within North India. Born in 2016, YXXX has become synonymous with revolutionizing the men's basics segment in the country with innovative fabrics, contemporary designs, and a something-for-everything approach to fashion.Disrupting the premium men's innerwear and loungewear segments in India, YXXX is stepping up to establish a stronger presence in the flourishing northern states of the country. The brand forays into Chandigarh, amplifies its presence in neighbouring states and territories, and is set to showcase its diverse offering in varied categories of innerwear, loungewear, athleisure and elevated basics.With a strategic D2C model and a holistic omnichannel approach, the brand will mark its presence in upto 2500 general trade outlets across Punjab, Uttarakhand, Haryana, Himachal Pradesh and Jammu & Kashmir by Sep 2022. Present in 500 multi-brand outlets in the area as of March 2022, YXXX aims to scale up this number to 5X within the next four to six months.

Veranda Learning Solutions Limited Initial Public Offer to open on March 29, 2022

GURUGRAM : Veranda Learning Solutions Limited ("Company" or the "Issuer"), plans to open its Initial Public Offering (the "Offer") on March 29, 2022. The Anchor Investor Bidding Date shall be March 28, 2022. The Price Band of the Offer has been fixed at ₹130 to ₹137 per Equity Share of face value of ₹10 each. Bids can be made for a minimum of 100 Equity Shares and in multiples of 100 Equity Shares thereafter. The Offer consists equity shares of face value of ₹10 each ("Equity Shares") of the Issuer aggregating up to ₹2,000 million. The Offer is being made in terms of Rule 19(2)(b) of the Securities Contracts (Regulation) Rules, 1957, as amended, read with Regulation 31 of the Securities Exchange Board of India (Issue of Capital and Disclosure Requirements) Regulations, 2018 ("SEBI ICDR Regulations"), as amended. The Offer is being made through the Book Building Process, in compliance with Regulation 62) of the SEBI ICDR Regulations, where not less than 75% of the Net Offer shall be available for allocation on a proportionate basis to Qualified Institutional Buyers ("QIBs") (the "QIB Portion"), provided that the Company.

Vikram Solar Limited files DRHP with SEBI

GURUGRAM : Vikram Solar Limited ("VSL" or the "Company"), one of India's largest module manufacturers, in terms of operational capacity, producing solar photo-voltaic (PV") modules (Source: CRISIL), and also an integrated solar energy solutions provider offering engineering, procurement and construction ("EPC") services, and operations and maintenance ("O&M") services as of December 31, 2021, filed its DRHP with SEBI. The Initial Public Offer (IPO) consists Fresh Issue of up to Rs 1,500 crore and Offer for Sale (OFS) of up to 5,000,000 Equity Shares by the Selling Shareholders. VSL has a global footprint through a sales office in the United States of America and a procurement office in China and has supplied solar PV modules to customers in 32 countries, as of December 31, 2021. In India, VSL's customers include National Thermal Power Corporation Limited ("NTPC"), Rays Power Infra Private Limited, Amp Energy India Private Limited, Azure Power India Private Limited, West Bengal State Electricity Distribution Company Limited, Solar Energy Corporation of India, West Bengal Power Development Corporation Limited, Hindustan Petroleum Corporation Limited, Kaveri Agro Limited while the international customers include Amp Solar Development Inc (customer since 2019), Safari Energy LLC, Standard Solar Inc and Southern Current.

Fix My Curls introduces singer Palak Muchhal as its brand ambassador

CHANDIGARH: Fix My Curls, an Indian wavy and curly hair care brand dedicated to helping people embrace their natural hair texture, has recently signed playback singer Palak Muchhal as its brand ambassador. The move comes as Fix My Curls looks to strengthen its connection with the youth and shift the narrative towards embracing curly hair instead of using chemical-laden alternatives. The talented singer will be promoting various products under the Fix My Curls umbrella. Known for her melodious voice and lustrous curly mane, Palak Muchhal has carved a niche for herself in the Indian music industry. Commenting on the association, Anshita Mehrotra, Founder, of Fix My Curls said: "I am extremely delighted to have Palak on board as the face of the brand. I love her authenticity and keenness to embrace her curls. While I was growing up, there was an absolute lack of representation in the media for people with curly hair, more so in India. Despite over 60% of the world population donating wavy or curly hair, there has always been a genuine lack of products tailored to cater to this segment. With Fix My Curls I wanted to create an inclusive brand and thereby foster a supportive community of women and men who embrace.

NEWS/BUSINESS

YUGMARG, CHANDIGARH, FRIDAY, MARCH 25, 2022

Bid goodbye to back pain with these yoga asanas!

The resilience of our society is marvelous. When the pandemic rose, we adapted to working from home to carry on with our careers or we found new careers online. Working at our homes felt breezy and laid back until it gave rise to other problems such as demotivation, body stiffness and the most common of all, back pain. Back pains are experienced today by both young and old, both. So, let's become resilient again and strive to eradicate back pains at the comfort of our homes. Yoga asanas are some of the most effective and time-efficient exercises that will help not just your body but your mind too. Let's look at a few yoga asanas that will make you forget that you ever dealt with back pain. As mentioned earlier, backaches have gotten worse since the pandemic. The most common causes are bad posture and sitting in one position for hours. Other causes are muscle strain, bulging disk, arthritis. Lack of exercise, mental health problems and smoking increase back aches too. Back pains can range from slight muscle aches to brutally painful with stabbing and burning sensations. But it can be prevented if you maintain a good posture, rest enough and exercise well. If your back pain persists even after taking all the precautions, you must consult your doctor. To eradicate back pain at home yoga asanas can be of great help. Let us have a look at some of the easiest and beginner-friendly yoga asanas that you can perform at home without straining too much on your back. Makarasana is called the crocodile pose because

it resembles a crocodile resting in the water. It is usually performed after a rigorous yoga practice. However, if your back starts giving you too much trouble, you can perform it at home in the middle of the day. It is the easiest and the most relaxing asana. How To Perform: First, lie straight on your



stomach. You can do it on a yoga mat or on the ground. Fold your hands and keep them in front of you. For the next step, rest your head on your arms. The last step is to completely let your body loose. Be in a deeply relaxed state. Maintain this position for 2-8 minutes. Benefits: Makarasana elevates back pain because it helps in relaxing the shoulders and spine. It allows the spine to be in its normal shape. Due to this, the tension is released from its

nerves. Apart from back pain, this asana helps in controlling blood pressure, stress and insomnia. Shalabhasana is known as locust or grasshopper pose. Of all the poses, this is the most helpful for back pain.

How To Perform: To perform this asana, lie down on your stomach. Place your hands underneath or on your thighs. Keep your chin lying on the ground. Next, lift your right leg up. Keep the leg up for 20 seconds before bringing it down. Repeat the same with your left leg. Finally, bring both your legs up. Be in this position for 20 to 30 seconds. Then, slowly bring your legs down. Repeat the same 10 times for quick and effective results. Bhujangasana is also called the cobra pose. It provides a great stretch to your back, relaxing it quickly which leads to the pain being eased soon. How To Perform - Lie on your stomach and make sure that your toes are flat on the floor. Rest your head on the floor. For the next step, lift your head, chest, abdomen and keep your navel

on the floor. Pull your torso back and away from the floor with the help of your hands. Straighten your arm and curve your spine as much as possible. As you curve your spine, tilt your head backward and look upwards. Be in this position for 20 -25 seconds and keep breathing deeply. The last step is to slowly bring your back, chest and abdomen back on the ground. You can repeat this asana for 4-5 times.

Preparations for Snow Marathon in full swing, DC and SDM reviewed arrangements

MANALI, The preparations are in full swing and almost on the verge of completion for the country's first snow marathon to be held on March 26 at Lahaul Valley. Lahaul and Spiti Deputy Commissioner Neeraj Kumar, SDM Priya Nagta along with representatives of Reach India, Goldrope Adventure, Sissu Ski and SnowBoard Club and other organizing groups reviewed arrangements. Organizer Rajesh Chand informed that the marathon is being organized in five categories - Full Marathon - 42 Km, Half Marathon - 21 Km, 10 Km, 5 Km and 1 Km, which has a complete snow-covered track. The starting and end point of the marathon is the Sissu helipad.



He said that apart from the government arrangements, volunteers of the marathon are also giving their services. According to him, 150 participants are participating from all over the country till Thursday, while there is widespread enthusiasm among the women participants. Over the past one month, the organizers have been gearing up for the preparation of the marathon in practice, route mapping, medical and other forms arrangements. He said that it is a matter of pride not only for the district of Lahaul, Spiti and Himachal Pradesh but for the entire country that for the first time such an event is being organized at a height of 1000 feet above the sea level. Organiser's effort is to make it an annual event and to make the young generation aware of the Fit India Movement, as well as to remove the drug addiction that is taking a formidable form in the society.

Kia India introduces multiple sales and aftersales initiatives for Carens' customers CHANDIGARH : Kia India, the fastest-growing carmaker in the country, has announced multiple sales and aftersales initiatives, exclusive to Kia Carens customers. The company has introduced a 'My Convenience Plus' programme, offering comprehensive coverage and peace of mind to customers. Adding to this, the company has also launched attractive India and industry first value added products, exclusive to Carens' customers, giving various convenience benefits. This, coupled with multiple finance schemes, will make the Kia Carens further more accessible to customers. Hardeep Singh Brar, Vice President and Head of Sales & Marketing, Kia India said, "Kia India has always strived to offer great products and services to our customers by providing them a differentiated experience in everything we do. With unique sales and aftersales initiatives like My Convenience Plus and multiple new value propositions, we want to take the Kia brand experience closer to our customers.

IIE signs MoU with MoRD



CHANDIGARH/LUDHIANA: In line with the Hon'ble Prime Minister Shri Narendra Modi's vision of Almanirbhar Bharat, the Indian Institute of Entrepreneurship (IIE) under the aegis of Ministry of Skill Development and Entrepreneurship (MSDE) today signed a Memorandum of Understanding (MoU) with the Ministry of Rural Development (MoRD), to promote entrepreneurship at a local level amongst the rural youth. Under the agreement, the Start-up Village Entrepreneurship Programme (SVEP), the sub scheme of the National Rural Livelihoods Mission (NRLM), with the core objective of promoting employment opportunities in rural India, particularly developing self-employment avenues for unemployed rural people. Commenting on the MoU, Mr. Rajesh

Aggarwal, Secretary, Ministry of Skill Development and Entrepreneurship, said, "The Start-up Village Entrepreneurship Programme (SVEP) being implemented by the IIE is a great way to empower the youth of rural India with the relevant skill sets and promote entrepreneurship at local level. With the experience that IIE has, we will ensure strong implementation mechanism and handholding support to State Rural Livelihoods Missions (SRLMs) implementing Start-up Village Entrepreneurship Programme (SVEP). We are certain that this will further boost the employment opportunities in rural India with a step in the direction of Almanirbhar Bharat and as our Hon'ble Prime Minister states, Start-ups will be the backbone of the New India of our dreams."

Amazon Pay enables Automobile Insurance Easy

CHANDIGARH: Amazon Pay is here to make the process of identifying and availing the most appropriate vehicle insurance policy, instantly for customers. The platform in partnership with Acko General Insurance Ltd. offers two and four-wheeler insurance policies that can now be purchased in less than two minutes with zero paperwork. Amazon Pay enables a simple and easy to understand purchase journey that facilitates customers to buy insurance effortlessly in just a few simple steps with some special offers for customers. Additionally, customers can select from a list of add-ons like zero-depreciation, engine protection, and more. They can conveniently pay using Amazon Pay balance, UPI, or any saved card and the policy will be in their email inbox in less than 2-minutes. A copy of the policy can also be easily downloaded from Your Orders page. The entire process is online- from purchasing the insurance policy to the settlement of claims.

&TV's BhabijiGhar Par Hai's team welcomes Vidisha Srivastava

CHANDIGARH : With Vidisha Srivastava taking the reins of essaying the pivotal and iconic role of Anita Bhabhi in &TV's BhabijiGhar Par Hai, the entire cast and crew welcomed her over a cake cutting ceremony. Commemorating her new beginning as Anita Bhabhi and a scrumptious cake to set the celebratory tone, the entire crew gathered around her, radiating love and support as she cut the cake. Vidisha, sharing her excitement about the warm welcome on sets, said, "I was so overwhelmed with so much warmth, love, and affection with which I was welcomed on the sets. It truly made my day. I am grateful to Sanjay and Binaifer Ji for believing in my abilities to take over such a big responsibility of fitting into the iconic character of Anita Bhabhi. It is a dream team and a wonderful opportunity to work with seasoned and experienced actors like Vibhuti Narayan Mishra (Asif Sheikh), Manmohan Tiwari (Rohitashv Gour) and AngooriBhabhi (ShubhangiAtre) and the other talented cast and crew.



OPPO unveils its K-series product K10 at just INR 14,990

CHANDIGARH : OPPO, the leading global smart-device brand, today introduced the K series smartphone, K10. Priced at INR 14990 for the 6+128GB variant and INR 16990 for the 8+128GB variant, the device will be available on e-commerce platform Flipkart, the OPPO online store and select retail outlets. The all-rounder smartphone boasts a 50MP AI Triple rear camera with flagship grade AI-enhanced features. It comes with RAM expansion technology, a 5000mAh battery with lightning-fast 33W SUPERVOOC charging, a 16.73cm (6.59") punch-hole display, and a premium two-toned scratch-resistant back with OPPO's proprietary Glow design. The device runs on ColorOS 11.1 with support for 11 Indian languages. With the 50MP AI Triple Camera system, the smartphone captures blur-free moments in vibrant colour. When the rear camera Nightscape mode is selected, it adjusts the exposure in dim environments and uses a multi-frame composite technique to capture more details.



itel unveils vision 3, india's first smartphone with 18 watt fast charging under 8,000

ITEL, India's most trusted brand and a dominant leader in the sub 7K segment has upped the ante with the launch of a game-changer smartphone itel Vision 3 under its flagship Vision series. Equipped with 18W fast charging, Vision 3 becomes India's first Smartphone with this technology at a disruptive price of INR 7999. The Smartphone houses yet to be seen features in the segment like 3GB RAM + 64GB ROM configuration, massive 5000 mAh AI battery with reverse charging, fingerprint sensor and bigger display addressing the need of new-age consumers to enjoy uninterrupted non-stop entertainment matching the pace with their hyperactive lifestyle. itel Vision 3 is exclusively available on Amazon and Flipkart starting today and will be available for purchase via offline retail outlets starting next week. Commenting on the launch, Mr Arijet Talapatra, CEO, TRANSSION India said, "Being a brand catering to the masses, we strive to bring 'segment first devices' to empower our audience with best in the class technology and experience at a highly affordable quotient. The continuous zest to democratise technology for the masses has helped itel to build a strong affinity for the brand. Continuing with the success of the premium affordable Vision series, itel Vision 3 is a game-changer Smartphone that is going to deliver unparalleled performance, design and experience with its disruptive features.



Singh Styled launches new Turban Shades for Style Conscious Sikh Gentlemen

AMRITSAR,--If you think La Crème, Citron, Coffee and Ice are just some items out of your summer drinks menu; think again. Singh Styled, a brand that caters to the grooming and styling needs of 30 million Sikhs across the globe has launched nine new summer turban shades to bring out the cool quotient of every Singh this sunny season. The new turban shades include an array of pastel colours such as Flamingo, Coral Blue, Supreme Green, La Crème, Citron Green, Summer Yellow, Powdered Coffee, Grass is Greener and Ice Grey. Additionally, the brand has also launched beard freshener 'Attraction', an aqua-based unique product specifically curated for beardsmen to ensure they smell fresh and fragrant throughout the day. "Keeping the brand's core objective at heart, we understand the changing needs of Sikh gentlemen. Heavy dark colours such as black and red are prone to attract more light thus, lending more heat and sweat in sweltering summers." Said, Charanjey Singh, Founder of Singh Styled. "The fresh new range of soothing shades will allow turbaned men to look as well as feel cool this season."

TTK Prestige launches versatile, performance-packed Superb 500W mixer grinder

GURUGRAM : A mixer grinder plays an integral part in every Indian kitchen. As one of the most versatile kitchen gadgets, a mixer grinder is vital for the preparation of culinary delights as diverse as masalas, chutneys, dosas and idli batters, soups, smoothies, milkshakes, curries and others. TTK Prestige's newly launched Superb 500W mixer grinder is built on the four pillars of durability, aesthetics, convenience and space-saving features. The elegantly designed model, comes with an attractive dual tone finish. The ergonomic and stylish jar handles offer a convenient and comfortable grip. The overload protection feature takes care of any overloading of the mixer grinder, whilst the robust and sturdy couplers are durable and long-lasting for life. The Superb offers 3 Stainless Steel multi-purpose blades & 3 High Quality Stainless Steel Mirror finish Jars – Dry Grinding, wet grinding and chutney. TTK Prestige's Superb is ISI certified and comes with a two year warranty. Over the last 66 years, TTK Prestige has emerged into the go-to innovative kitchen appliances brand for home-cooks across the country. In fact, it is estimated that there exists a TTK Prestige product in nearly every Indian kitchen. The brand operates on the pillars of trust, safety and health, which forms the basis of every TTK Prestige product. Right from inception, the brand has addressed the pain points of home-cooks across the country. With the launch of the Superb 500W, TTK Prestige offers home-cooks a powerful mixer grinder that can take care of all their grinding requirements. The Superb retails for INR 3745 and is available for purchase at Prestige Xclusive stores, select dealer outlets, the exclusive e-store www.prestigexclusive.in and other leading ecommerce sites.



Will Desho and Ajooni be able To save their marriages?

Ahead of the coming week, Zee Punjabi is about to deliver some interesting twists and turns in the lives of beloved 'Nuhs' from audiences' favourite ongoing shows 'Choti Jathani' & 'Khasma Nu Khani'.

The fans will see their favourite Desho come back from coma and plead with Karam to let her go back to her home. Whereas Karam's brother and Sister-in-law prepare for his wedding and find



Desho as his perfect match. However, Karam makes them understand that it's not possible and tries to convince them to not bother Desho anymore. He then, on Desho's request, takes her back to her home where she is left in shock when she sees Minnie and her husband Ranveer together sitting in the 'Pooja' organised for their newborn child and are married. On the other hand, in Choti Jathani, Ajooni comes to know about Ashnoor's plans and Zoravar

refuses to believe Ajooni and denies accepting her as her wife. She then decides to make Zoravar remember his past. To achieve this, she kidnaps Zoravar and takes him to a jungle but things don't go as planned. Now it will be interesting to see how these two will tackle the challenges life has brought upon them. Also, it will be exciting to watch what Desho and Ajooni's next step would be. Will Desho distance herself from Ranveer? _On the other side, what will Ajooni do next to make her husband Zoravar remember everything? To know more about what happens next, keep watching 'Choti Jathani' at 7:30 pm and 'Khasma Nu Khani' at 7:00 pm only on the Zee Punjabi channel every Monday to Friday and watch anytime anywhere on the Zee5 app.

Trends, India's largest fashion destination now opens in Ratia

FATEHABAD, 2022: India's largest and fastest growing apparel and accessories specialty chain of Reliance Retail, TRENDS, announced the launch of its new Store in RATIA town of Fatehabad district in the state of Haryana. Trends is truly democratizing fashion in India, by strengthening its reach & connect with consumers in India – right from Metros, mini metros, to Tier 1, 2 towns and beyond & is India's favorite fashion shopping destination. The Trends store at RATIA boasts of modern looks and ambience featuring an exciting range of good quality and fashion merchandise that is relevant to the consumers of the region and at prices that are affordable and seen as high value for money. Customers of this town can look forward to a uniquely special and superlative experience of shopping for trendy Women's Wear, Men's Wear, Kids Wear & Fashion Accessories, at delightful prices. This 6512 sq. ft. store, which is the first store in the RATIA town has a special inaugural offer for its customers, besides great relevant fashion and amazing prices: - Shop for Rs.3499 and get and exciting gift at Rs.199 not only that the customers will also get coupon worth Rs.3000 absolutely free.

SUD Life ties up with Vakrangee to target unbanked and underbanked Bharat

LUDHIANA : Star Union Dai-ichi Life Insurance (SUD Life), a joint venture between two of India's leading public sector banks, Bank of India and Union Bank of India, and Dai-ichi Life Japan has partnered with Vakrangee, a fintech player at the forefront driving financial inclusion and social inclusion initiatives through its network of Kendras to increase the organizations' footprints and provide insurance services till last mile across Bharat. New association will help SUD Lifeto support especially in unserved and underserved areas through its strong and unique product portfolio with adequate and flexible products where customer will benefit from guaranteed maturity benefit, tax benefit, loan facility, life cover as well as guaranteed Income. "We are committed to providing insurance products that serve customers' unique need across various strata of the society and geography," said Abhay Tewari, MD and CEO -Star Union Dai-ichi Life Insurance. Commenting on the Partnership Binu Gopal Krishna, SVP and Head RRB and Broking of Star Union Dai-ichi Life Insurance Company Limited said, "this strategic alliance will help Star Union Dai-ichi life to increase their distribution capability through increased Point of Sale and such POS will create add huge advantage in our portfolio." Commenting on this partnership, Dinesh Nandwana, Managing Director and Group CEO, Vakrangee Ltd. said.



FinMapp acquires PFRDA & IRDAI licenses to boost its financial growth

NATIONAL: Financial services providing company, FinMapp, announced that the company has received a POP-SE license from Pension Fund Regulatory and Development Authority (PFRDA) under the National Pension Scheme (NPS). FinMapp has also acquired a registration certificate, recognizing it as a Corporate Agent from the Insurance Regulatory and Development Authority of India (IRDAI). The licenses will aid the company in selling insurance and NPS products to its customers as a verified seller and help expand its customer base. FinMapp will also be launching the NPS product as an investment tool on the app in the coming future. Mr. Kumar Binit, Founder and CEO, FinMapp, "The IRDAI & PFRDA certificate is a significant turning point in our journey. It will help us strengthen our financial services and validate our existence as a genuine seller of NPS and insurance products. We aim to build a diverse, robust, and full-service platform for all digital financial products. This certificate will get us closer to our vision of becoming the next-generation financial advisor and a one-stop marketplace for all financial products."

NEWS AT A GLANCE

No positive patients of Covid-19 in the district

DALJEET AJNOHA HOSHIARPUR: Giving information about the condition of COVID-19, Civil Surgeon Dr. Parminder Kaur said that today with the receipt of 1384 new samplings with suspicious symptoms like flu and 1310 samplings were reported any positive patient of COVID-19. Has not come She said that so far the total number of positive patients in the district has been 37966 from samplings and with the receipt of 2862 positive cases from outlying districts the total number of positive cases of Covid-19 has increased to 40828. The total number of samplings of Covid-19 taken so far in the district is 1142850 and according to lab reports, 1102858 samplings are negative. While 3834 samplings are awaiting report and the death toll so far is 1096. The number of active cases is 9, while the number of cured patients is 39723.

7 days camp launches under National Service Scheme

RINKU GONDAR NISSING: A seven-day camp was started under the National Service Scheme at the Government Senior Secondary School in village Gondar. Principal Satish Sharma said that the seven-day camp has special significance for the students of National Service Scheme. Girl students will get an opportunity for personal development in the camp. Along with this, they will get experience of working here on various points including social work, sanitation, water conservation, which will be helpful in their life and development.

District Drug Controller Officer for performing good duty in elections



R. SINGH PATHANKOT: District Drug Controller Officer Madam Bableen Kaur was honored with a letter of appreciation on behalf of Deputy Commissioner Sanyam Aggarwal for performing excellent duties in the district during the peacefully concluded elections in Punjab as well as district Pathankot. During this, SDM Gursimran Singh Dhillon and other district officers were also present on the spot. On receiving the letter of appreciation, District Drug Controller Madam Bableen Kaur expressed happiness that during the elections, inter-state nakas were put up under the instructions of the Deputy Commissioner cum District Election Officer and during this period checking campaigns were carried out along with the Anti Narcotics Team. She said that it is a matter of happiness that during the elections, he was supported by the common people as well as the chemists of the district. Pathankot Wholesale Chemist Asst. Ajay Sood, General Secretary, Dapinder Arora, Cashier Rajneesh Mahajan and Chairman Govardhan Gopal congratulated District Drug Controller Officer Madam Bableen Kaur on receiving the letter of appreciation and said that Madame's attitude has always been of cooperation with the chemists of the district. It is a matter of great pleasure.

International Human Rights Commission organized meeting



R. SINGH PATHANKOT: Under the guidelines of International Human Rights Commission North Zone director Amandeep Mittal, Legal Advisor State Punjab and Haryana High Court Bharat Julka reached District Pathankot today, State President Raja Julka and his team honored by giving a bouquet of flowers regarding pending case. I discussed and discussed the cases pending with the Human Rights Commission, about 90% of all the cases were resolved, 10% of the cases which are pending Legal Advisor Bharat Julka has assured the rights of the people. They will be solved soon. The only goal is to eliminate the corrupt and drugs in the state. On this occasion, Raja Julka, on reaching Pathankot district, thanked General Sector Ashwani Mahajan, PRO Vijay Saini, District Advisor Manish Singla, Aba Singla, Kiran Mahajan, Manta Julka, Nandini Julka, Preeti Mahajan etc. were all present.

Mohali achieves 100% COVID-19 vaccination target

SHASHI PAL JAIN SAS NAGAR, MAR 24

Leading the State in COVID Vaccination, Mohali district becomes first in the State to inoculate its entire population above 18 years of age.

Isha Kalra, DC Mohali informed that district was able to achieve this milestone in the battle against the Covid-19 pandemic because of the multipronged strategy that is being used by the district administration in corroboration with health department to motivate people to come forward for vaccination. *The Deputy Commissioner thanked all doctors/officials of department of health for this remarkable achievement*.

She said that apart from the regular (Permanent) Camps at all the Government health centres between 9 am and 3 pm, special provision of vaccination facility between 9 am to 7 pm was provided at the District Hospital Mohali. Vaccination facility was



made available at all the government health facilities and some of the special centres during weekends as well.

Special initiative of Home vaccination named as Surakhya Di Home Delivery was extended to anybody who for any reason could not go to the health facilities. Temporary Camps were organised at public places like Radha Swami Satsang Bhawan, wards were covered through ward wise camp, mobile camps were organised in villages, RWAs, and all the

Government departments.

Kalia informed that rigorous monitoring of the vaccination coverage was done on daily basis by the district administration and health department.

Regular appeals were made to call people to come forward and get vaccinated through social media and other channels, daily schedules were also shared on the social media platforms and official website of the district administration Mohali. Daily calls were made to the people whose second dose was due

Fraud of Rs 15 lakh in name of sending abroad, case registered against woman

VICKY BHABAT ZIRAKPUR, MAR 24

Zirakpur police have registered a case of fraud against a woman for allegedly defrauding her of millions of rupees in the name of sending her abroad. Investigating officer Sub-Inspector Kamal Taneja said that the accused woman has been identified as Davinder Kaur Walia, a resident of Vijay Nagar, Amritsar, who has been named in the case. The accused woman is said to be absconding and a search is on. Mohinder Kumar, a resident of Victoria Enclave, Chandigarh Sector-50, had lodged a complaint on October 25, 2019 with SSP Mohali. The victim stated in her complaint that the immigration office

was opened by the woman, who was advertised to be sent abroad. Seeing the advertisement, he contacted Davinder Kaur Walia, the manager of the company. He assured her and took Rs 15 lakh from her in the name of sending her abroad. 4 lakh 50 thousand per person from other people including K. After receiving the money, he neither sent them abroad nor refunded their money. The case is being investigated by SP Rural S. The DDA sought legal opinion after being found guilty in the investigation. A case has been registered against the woman under sections 406, 420 of the IPC and section 13 of the Punjab Travel Professional Regulation Act on the instructions of the SSP.

Vocalist Shounak Abhisheki and Kuchipudi Dance Doyenne Vyjanthi Kashi Spell Magic at PKK Sangeet Sammelan



SD SHARMA CHANDIGARH, MAR 24

Melodious Vocal recital by eminent classical vocalist Pt. Shounak Abhisheki and superb Kuchipudi dance by Vyjanthi Kashi troupe marked Day 4 of 51st All India Bhaskar Rao Nritya and Sangeet Sammelanat the Tagore theatre here today. The programme commenced with the welcome of Chief Guest Sh. Nilkanth S. Avadh, IAS who later honored the artists. A worthy son and disciple of the celestial maestro Pt. Jitendra Abhisheki, Shounak's presentation of Khayal was and aesthetic blend of many gharanas. He opt popular raga "Saraswati" and unfolded the mysteries of raga through rupak taal bandish "Raeni ki baat". The audience was delighted to relish his next rendering set to teen taal with crisp bols " sajan bin kaise" .

Lal Chand Kataruchak welcomed on arrival in Pathankot

R. SINGH PATHANKOT, MAR 24

AAP convener Arvind Kejriwal always thought for the good of Punjab, Punjab as well as Delhi is our own. Even today the government which has come into existence from Punjab will also work for the good of Punjab. March 23 is the day of martyrdom of Shaheed Bhagat Singh as well as Rajguru and Sukhdev. This was stated by Lal Chand Kataruchak, Minister for Food, Civil Supplies and Consumer Affairs and Forest and Wildlife Protection, Punjab while addressing a thanksgiving rally in Pathankot district for the first time since he became the Cabinet Minister. It may be recalled that Lal Chand Kataruchak Cabinet Minister Punjab reached Dera Swami Jagat Giri Ji Maharaj at Chakki, Pathankot at 10.30 am today and paid obeisance to the enthroned



Shri Gurdeep Giri Ji Maharaj. After this the Cabinet Minister Punjab accompanied by a huge influx of people reached Dhangu Chowk during a road show and paid homage to the statue of Shaheed Bhagat Singh ji by placing garlands of flowers and offering flowers of devotion. The Cabinet Minister also attended the Thanksgiving Rally held at Pooja Resort at Barath Sahib near Dhangu Road, Peer Baba Chowk, Gandhi Chowk, Balmiki Chowk, Bus Stand,

Railway Road, Gurdaspur Road in Pathankot. After the rally Punjab Cabinet Minister Lal Chand Kataruchak reached District Administrative Complex Malikpur Pathankot where Sanyam Aggarwal Deputy Commissioner Pathankot, Surinder Lamba SSP Pathankot, Gursimran Singh Dhillon SDM Pathankot, Jagrup Singh Grewal SDM He was welcomed by Dhar Kalhan and other district high officials and given a guard of honor.

NHRC takes suo motu cognizance of media reports on burning of 8 persons in Birbhum district

KULJIT SINGH

JANDIALA GURU: The National Human Rights Commission, NHRC, India has taken suo motu cognizance of media reports that 8 persons, including women and children were allegedly burnt to death in Bogtui village in Rampurhat area of Birbhum district, West Bengal on 22nd March, 2022, after TMC leader was killed in a bomb attack. The Commission has issued notices to the Chief Secretary and the Director General of Police, West Bengal calling for a detailed report in the matter within four weeks including the status for the FIRs registered in the matter, steps taken to ensure safety of the people in the village and any relief or rehabilitation provided by the State Government. Issuing the notices, the Commission has also observed that going by the contents of the media reports, the incident of hate violence indicates that the law and order is not appropriate in the area. According to the media reports, the doctors at Rampurhat Government Hospital, where the bodies were taken for post-mortem, stated that the condition of the bodies made their work very difficult. It is further stated that the presence of blood suggests that the victims were first physically attacked and then the houses were put on fire.

Process to obtain marriage certificate gets easy, says Karnal MC Chief

SHIV KUMAR SHARMA KARNAL, MAR 24



Municipal Commissioner Naresh Narwal said that the process for a person who wants to get a marriage certificate is very simple. For this, a person can apply on Saral Kendra, Antyodaya Saral Kendra, your nearest C.S.C or online on Haryana Marriage Registration Portal or on Shaadi.gov.in. The person has to pay the fee fixed by the government. He informed that a marriage clerk is working in the corporation office for this work. Within 1 to 90 days of marriage, the corporation can issue the said certificate at its level. A fee of only Rs. 100 is to be paid. You can put all the documents of online application in one file. After the online application, there will be verification by the corporation and after the verification, the message will be sent to the applicant to appear in person. In order to appear, one of the relatives of the husband and wife, both of them and two witnesses have to appear with Aadhaar card. The file of the document must also be shown, in

which there should be a joint photo of the boy and the girl, also a joint photo of the parents of both the boy and the girl (if alive). After this process, with the approval of the corporation, the marriage certificate is issued. The Corporation Commissioner informed that after the expiry of the period of 90 days, the file of the marriage certificate has to be submitted to the concerned SDM upto 1 year. After getting the approval from there, the file will come online in the Municipal Corporation office and again after going through the above mentioned method, the marriage certificate will be obtained from the Corporation office itself. He informed that similarly, after the period of more than one year, the file of marriage certificate will go to the office of the Deputy Commissioner.

Wrestling Dangal organised in Chhchhrauli to mark Martyrs' Day

R. K. KASHYAP CHHCHHRAULI, MAR 24

A Wrestling Dangal was organized on the occasion of the martyrdom day of Shaheed Bhagat Singh, Rajguru and Sukhdev. Like every year, this year also Ekta Virat Wrestling Dangal was organized on behalf of Hanuman Akhara Chhchhrauli in which Shyam Sundar Batra, former Chairman Zila Parishad and Coordinator, District Congress Committee, District Yamunanagar, arrived as the chief guest. Tinku Pehlwan and Ravi Chowdhury, Dilshad etc. from the Dangal Committee honored the chief guest by wearing garlands and turbans. Speaking on the



occasion, Batra said that wrestling leads to physical and mental development and seeing the enthusiasm of the people in such a grand circle, the courage of the wrestlers taking part in the circle also increases. He said that wrestling has been attracting people with its strength and power since ancient times. A very commendable work has been done by

the committee by organizing a Dangal in the name of martyrs who sacrificed their lives for the country. The country of immortal martyrs Bhagat Singh, Rajguru, Sukhdev and other freedom fighters will always be indebted. Many dignitaries were present on the occasion as distinguished guests including Rajesh Seth, former Sarpanch Jagmohan Jaggi, Zakir Hussain, Aakash Batra, Amit Sharma, Monu, Rajkumar, Rimpi Mann, Kala Pehlwan, Sandeep Chaudhary and hundreds of other spectators. . In this competition, three wrestling matches were the center of attraction in which a wrestler, Balwan from Punjab wrestled with Sunny from Uttar Pradesh who remained on par.

Social worker Vinod Verma donates to Gau Seva Samiti



R. SINGH PATHANKOT, MAR 24

A program was organized under the chairmanship of Chairman Vijay Passi on behalf of the Gau Seva Samiti at Gopal dham Gausala, Circular Road Pathankot, in which social worker Vinod Verma was present . Vinod Verma gave the amount as a day's fodder to the Samiti for the maintenance of the cows. While giving the message of environmental protection, along with the committee members, saplings were planted in the Gausala premises. During this, Vinod Verma said that every person should contribute in the work of taking care of cows by coming to Gausala on the occasion of birthday or any happy occasion in his family. On this occasion Committee President Vijay Passi said that with the cooperation of the residents of the city, the work of serving the cows is being carried forward continuously and today he also expresses his gratitude to Vinod Verma, who has come to the Gausala, through whom the Gausala is being supported from time to time. On this occasion Mannohan Kala, Dr. ML Attari, Om Prakash Sharma, Inderjit etc. were present .

Light and sound drama on Guru Tegh Bahadur to be staged in Karnal

SHIV KUMAR SHARMA KARNAL, MAR 24

A light and sound drama "Hind Di Chadar" on the life of the ninth Sikh Guru, Guru Tegh Bahadur Ji who was martyred in Chandni Chowk, Delhi will be staged on Sunday 27th March at Doctor Mangal Sen auditorium.

In this light and sound show being organized by Haryana Punjabi Sahitya Akademi in association with social organization Nifa, the team of famous Rangkarmi Joga Singh Khivra from Punjab shared the great life and life ideas of Guru Tegh Bahadur ji in Karnal through their best artists.

In this regard, in a press conference held at Gurudwara Model Town today, Gurwinder Singh Dhamija, Vice Chairman, Haryana Punjabi Sahitya Akademi, said that the state level

gathering dedicated to the 400th Prakash Parva of Guru Tegh Bahadur ji was organized by the Haryana government in collaboration with all religious institutions and saints. It is being done on April 24 in Panipat.

Prior to this, work is being done in the entire state through light and sound show to convey the great sacrifice of Guru ji and great ideas to the masses. In this connection, this world famous play will be staged in Karnal next Sunday 27th March and an anchor will be arranged for the company on behalf of Gurdwara Model Town Management Committee.

On this occasion, NIFA President Pritpal Singh Pannu said that the great sacrifice of Guru Tegh Bahadur Ji was for humanity. In front of his eyes, his disciple Bhai Dayala ji was martyred by putting him in a

boiling cauldron, Bhai Mati Das was cut with a saw, Bhai Sati Das was tied alive in cotton and burned alive and fear and greed were given in every way so that they should change their religion and become Muslims, but Guru Ji accepted to be a martyr instead of bowing down to oppression.

"Guru Tegh Bahadur was not only the "Hind di Chadar" but the "Shrishti di Chadar" too. Pannu appealed to the people of Karnal to come with their children to see this play so that the children too can know the great history full of their sacrifices. Surinder Pal Singh Pasricha and Harpreet Singh Narula from Gurdwara Model Town Committee also shared their views on the life of Guru Tegh Bahadur Saheb and invited a large number of people to attend the staging of this play.



Chitrangda Singh features in singer Asees Kaur's music video 'Saiyaan'

Actor Chitrangda Singh has made a stunning appearance in singer Asees Kaur's new music video titled 'Saiyaan'. The intriguing music video features Chitrangda in a never-seen-before avatar, set against a dark and gothic backdrop.

Composed by Raees, Zain-Sam with lyrics by Raees and Vikki Nagar, 'Saiyaan' is currently streaming on Vinod Bhanushali's Hitz Music YouTube channel.

Talking about the song, Chitrangda said, "When I heard 'Saiyaan' it just stuck in my head the beats were so catchy and Asees's voice lent it so much intrigue. It's got a great vibe. It's a track that definitely has massive potential to trend and we've attempted to do something unique with the music video."

Asees, too, shared her views about the track.

"Saiyaan is something very fresh for non-film music content. No one has tried it before, I had so much fun singing it. We have monitored every aspect from the lyrics, music and the video to make sure it's complying with all standards. Super proud with the final product," she said. The music video of 'Saiyaan' is directed by Sam Khan.



Radhika Madan starts shooting for 'Sanaa'

Actor Radhika Madan has commenced shooting for 'Sanaa'. On Wednesday, Radhika took to Instagram and shared the update with her fans and followers.

"Ladies & gents, Ye khaas unn logon ke liye hain jinka Women's Day kabhi khatam nahi hota! Now filming #Sanaa," she wrote. She also posted a clip that shows spectators passing judgemental remarks about the female-fronted film's theme on set.

Produced by Four Line Entertainment, directed and written by Sudhanshu Saria, 'Sanaa' also features Shikha Talsania and Sohum Shah.

Talking about the project, Sudhanshu said, "Silence can be such a powerful tool and I couldn't have thought of a better way to kick off our shoot of Sanaa. Ever since we announced this film, I've been asked about its theme and who this character is but I'd rather the film answer for itself. We've managed to secure a brilliant cast along with the best technicians in the Industry - I can't wait to share what we accomplish together."

The upcoming film revolves around a headstrong and ambitious girl who is raging against an internal battle that is rooted in unhealed trauma.

Disha Patani, Tara Sutaria turn up heat at 'Ek Villain Returns' wrap-up party

Celebrating the wrap-up of the upcoming action-thriller franchise 'Ek Villain Returns', the team united for a party on Wednesday night. Pictures of lead actors Disha Patani and Tara Sutaria from the party have been doing rounds on social media, looking glamorous posing together. Disha wore a black, cold-shoulder dress with puff sleeves. Tara opted for a brown-fitted dress with a matching micro bag and heels. Lead actor Arjun Kapoor went for a casual black-on-black outfit. 'Ek Villain Returns' is the sequel of the 2014 Bollywood film 'Ek Villain' which featured Sidharth Malhotra, Shraddha Kapoor, and Riteish Deshmukh in the lead roles.

Releasing eight years after the first installment of the franchise, the multi-starrer film has some high octane action pieces along with major twists in its plot, and much like its predecessor, the music of the film is also one of the most anticipated albums of the year. Starring a powerful ensemble cast including John Abraham, Arjun Kapoor, Disha Patani, and Tara Sutaria, 'Ek Villain Returns' will release on July 8, 2022. The movie is directed by Mohit Suri and jointly produced by T-Series and Balaji Telefilms.



Alia Bhatt pens 'appreciation post' for sister Shaheen Bhatt



Bollywood actor Alia Bhatt, who is very close with her sister Shaheen Bhatt and often spends quality time with her, shared an appreciation post for her sibling on Thursday. The '2 States' actor took to her Instagram handle and posted a photo featuring the adorable sibling duo from their recent Maldives trip. Captioning the image, Alia wrote, "sister appreciation post I love you @shaheenb you make everything better." In the picture, Alia could be seen donning a floral printed dress, while Shaheen wore a magenta coloured outfit. For the uninitiated, Alia had flown to the tropical paradise for her 29th birthday celebration. She was accompanied by Shaheen and their mother Soni Razdan.

On her birthday, Alia had introduced fans to Isha, her character from the upcoming Ayan Mukherjee directorial 'Brahmastra', co-starring her beau Ranbir Kapoor. Apart from that, her future projects include 'RRR', 'Rocky aur Rani ki Prem Kahani' and 'Darlings'.



Oscars 2022: Jason Momoa, Serena, Venus Williams join presenter lineup

Jason Momoa, Serena Williams, and Venus Williams are among the latest stars added to the presenter lineup for the 2022 Oscars. According to The Hollywood Reporter, the final slate of presenters for the upcoming ceremony also includes Josh Brolin, Jacob Elordi, Jake Gyllenhaal, Jill Scott, and J.K. Simmons. Rachel Zegler will also present, following the viral controversial revelation that the star of best picture nominee 'West Side Story' had not been invited to attend the awards ceremony.

Serena and Venus Williams, along with their sister Isha Price, are executive producers of 'King Richard', nominated for best picture

and centered on their story and father Richard Williams. Simmons is nominated for best supporting actor for his role in 'Being the Ricardos'. The latest batch of presenters join previously announced presenters Ruth E. Carter, Kevin Costner, Anthony Hopkins, Daniel Kaluuya, Rami Malek, Lupita Nyong'o, Yuh-Jung Youn, Halle Bailey, Sean "Diddy" Combs, Jamie Lee Curtis, Woody Harrelson, Samuel L. Jackson, Lily James, Zoe Kravitz, Mila Kunis, Lady Gaga, John Leguizamo, Simu Liu, Shawn Mendes, Rosie Perez, Tyler Perry, Chris Rock, Tracee Ellis Ross, Naomi Scott, Wesley Snipes, Uma Thurman, and John Travolta.

Deepika reacts to Abhishek Bachchan's comment 'everyone loves Deepika' in Dasvi trailer

Apart from an amazing storyline, the trailer of Abhishek Bachchan, Yami Gautam and Nimrat Kaur's 'Dasvi' is also trending for one more reason and that is Bollywood diva Deepika Padukone. For the unversed, the trailer of Dasvi features a dialogue where Abhishek is asked to convert a sentence into a passive voice. The sentence is: "Ranveer loves Deepika," to which Abhishek hilariously replies, "Everybody loves Deepika." With everyone, Deepika also found the teaser and her reference humorous. Reacting to it, she took to Instagram Story and wrote, "Thankyou team Dasvi for the love. Wishing you guys the best." Produced by Dinesh Vijan under his banner Maddock Films, Jio Studios, and Bake My Cake Films, 'Dasvi', which is helmed by Tushar Jalota, will release on Netflix India and Jio Cinema on April 7.