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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K

CJI Lalit recommends Justice Chandrachud's name as next CJI

NEW DELHI: The Chief Justice of India UU Lalit on Tuesday recommended Justice DY Chandrachud's name as his successor to the Centre in accordance with the convention. Justice Chandrachud is to become the 50th CJI and will assume office on November 9. Once appointed he will have a tenure till November 10, 2024. The Union Law Ministry had last week initiated the process for the appointment of the next CJI, asking the outgoing CJI to recommend his successor. Today, CJI Lalit requested all judges to assemble in the judge's lounge at 10.15 AM.

Centre lauds steps taken by Haryana for stubble management

CHANDIGARH: The concrete steps taken by Manohar Lal led government to mitigate air pollution levels caused by stubble burning in Haryana have once again gained praise from the Environment Ministry. Union Minister for Environment, Forest and Climate Change, Sh. Bhupinder Yadav while chairing the meeting on crop residue management and air pollution control in the Delhi-NCR region today said that dedicated efforts of the state government to decrease the stubble burning graph have certainly yielded positive results.

BUREAU CHANDIGARH, OCT 11

Haryana Chief Minister, Sh. Manohar Lal will be holding an important meeting with the Punjab Chief Minister regarding the Sutlej-Yamuna Link (SYL) Canal on October 14 at 11.30 pm.

"We will try out best to amicably resolve the matter with Punjab Chief Minister. We have time and again raised the SYL issue before the Centre also. We're right over SYL waters and we are going to claim it at any cost," said Sh. Manohar Lal.

He further said that the SYL water is very important for Haryana. Now fixing a deadline to resolve this issue at the earliest has become very essential, said Sh. Manohar Lal while inaugurating the newly renovated media centre at Haryana Civil Secretariat, Chandigarh today.

During this, Transport Minister, Sh. Mool Chand Sharma, Cooperation Minister, Dr. Banwari Lal and Urban Local Bodies Minister, Dr. Kamal Gupta also remained present.

Notably, Chief Minister has been making concrete and conscious efforts to resolve the SYL Canal matter. Sh. Manohar Lal through a demi-official letter dated May 6, 2022 had requested the Union Minister of Jal Shakti to convene the second-round meeting of the Chief Ministers of both states at the earliest to discuss this issue. Besides this, he had

CM inaugurates renovated media centre at Haryana Civil Secretariat

CHANDIGARH: Haryana Chief Minister, Sh. Manohar Lal today inaugurated the newly renovated media centre at Haryana Civil Secretariat, Chandigarh. During this, Transport Minister, Sh. Mool Chand Sharma, Cooperation Minister, Dr. Banwari Lal and Urban Local Bodies Minister, Dr. Kamal Gupta also remained present.

Speaking on the occasion, he said that as media plays a pivotal role in ensuring quick dissemination of information to the masses and while acknowledging the same newly renovated media Centre has been equipped with hi-tech facilities.

"Director General, Information, Public Relations and Languages Department, Dr. Amit Agrawal had prepared the blueprint for the renovation of this centre after holding meetings with the media persons. As per the requirements shared by the media persons, hi-tech facilities have been ensured in this media Centre," said Sh. Manohar Lal. He said that technical and IT requirements related to print, electronic and social media have been made available in the media centre.



also written a demi-official letter to Home Minister, Sh. Amit Shah, requesting him to organize a meeting of the Chief Ministers of both states over the same issue.

Earlier also Sh. Manohar Lal had written three demi-official letters to the Punjab Chief Minister for the meeting. However, now another positive effort would be made from his side to meet his Punjab counterpart on October 14.

Additional Chief Secretary, Urban Local Bodies Department, Sh. Arun Kumar Gupta, Principal Secretary, Information, Public Relations and Languages Department, Sh. Anurag Agarwal, Director General, Information, Public Relations and Languages, Department, Dr. Amit Agrawal, Additional Director (Admn) Smt. Varsha Khangwal, Joint Director (Admn), Sh. Aman Kumar also remained present.

PM inaugurates phase I of 'Mahakal Lok' corridor in Ujjain

UJJAIN, OCT 11

Prime Minister Narendra Modi on Tuesday dedicated Shri Mahakal Lok in Madhya Pradesh's Ujjain to the nation.

The total cost of Phase I of the project is around Rs 850 crore.

Madhya Pradesh Chief Minister Shivraj Singh Chouhan was also present.

Before dedicating the project to the nation, the Prime Minister inspected the first phase of the 'Shri Mahakal Lok' corridor.

Earlier, PM Modi performed puja at Lord Mahakal



temple in Ujjain.

Prime Minister Modi wore a traditional South Indian 'Veshti' with dhoti for the prayers. Clad in a white 'dhoti' with different hues of gold and a traditional white 'veshti' that was beautifully bordered with shades of or-

ange and gold, Prime Minister Modi entered the Lord Mahakal temple's sanctum sanctorum earlier this evening. According to Prime Minister's Office (PMO), the Phase-I of the 'Mahakal Lok' project will help in enriching the experience of pilgrims visiting the temple by providing them with world-class modern amenities.

"Project aims to decongest the entire area and also put special emphasis on conservation and restoration of heritage structures. Under the project, the temple precinct will be expanded nearly seven times.

Himachal CM enhances the Nazarana of Deities of Kullu

SHIMLA, OCT 11

While presiding over the closing ceremony of the International Kullu Dussehra Festival-2022 in the auditorium of Atal Sadan Kullu today, Chief Minister Jai Ram Thakur announced 15 per cent enhancement in the Nazarana of deities of the Kullu valley and honorarium of Bajantries and 20 per cent increase in the 'Doori Bhatta' (Distance Allowance) of deities coming from far-away places for Kullu Dussehra.

Chief Minister also announced that as per



the demand of the Kardar Sangh, Rs. 1500 allowance would be provided for the deities visiting Kullu Dussehra and not getting Doori Bhatta (distance allowance).

He also announced increasing the grant for Haripur Dussehra from

Rs. 1 lakh to Rs. 1.25 lakh, for Manikaran Dussehra from Rs.1 lakh to Rs. 1.25 lakh, for Vishishath Dussehra from Rs 75,000 to Rs 1 lakh. He also announced that Rs. 50,000 would be provided for the celebration of Dussehra at Naggar.

CENTRE AND STATE EMPOWERING TOGETHER THE WOMEN IN HIMACHAL

"Our Double Engine government has taken Himachal's development to a new dimension."
Narendra Modi, Prime Minister



Energy

- Central Government's Ujjwala Yojana and State Government's Grahini Suvidha Yojana provided free gas connections to 1.4 lakh and 3.24 lakh families respectively, ensured smoke-free kitchens



Finance

- Central Government's MUDRA Yojana made 2.38 lakh women self-reliant; loans amounting to ₹ 1900 crores for self employment
- State Government's Swavalamban Yojana provided 35% subsidy to the women on the loans amounting to ₹ 40 lakh to ₹ 1 crore



Nutrition

- Central Government's Matru Vandana Yojana ensured nutrition to the mother and child; assistance of ₹ 105.2 crore to 2.38 lakh women
- State Government's Atal Ashirwad Yojana provides assistance of ₹ 1200 on child birth



Power of Double Engine
For Faster Growth of Himachal

PUBLIC NOTICE

BEFORE HARJET SINGH SANDHU, PCS ASSISTANT ESTATE OFFICER, EXERCISING THE POWERS OF THE ESTATE OFFICER, UT, CHANDIGARH

Subject: Transfer of ownership rights to the extent of 38.89% share in respect of House No.1263, Sector 15-B, Chandigarh (RP-121263) in the name of Smt. Sinder Kaur (RP-121263) in the name of Smt. Prntam Kaur (RP-121263) and her father Late S. Sardar Singh on the basis of Intestate Death of her father Late S. Sardar Singh who died on 24.01.1966 (i) 16.67% Share + 5.56% Share on the basis of registered Will-dated 15.06.2011 of her mother Late Smt. Prntam Kaur.

It is notified for the information of general public and all concerned that as per record of this office, the ownership of the property known as House No.1263, Sector 15-B, Chandigarh bearing file No. RP-121263 to the extent of 38.89% share stands in the name of Late Smt. Sinder Singh.

It has been intimated by Smt. Sinder Kaur Khara D/o Late Smt. Prntam Kaur who was the owner of the property/ house has expired/ passed on 24.01.1966. It has further been intimated that Late S. Sardar Singh has left behind the following legal heirs -

1. Prntam Kaur		(expired on 17.02.2002)	Wife
2. Sinder Kaur Khara		Daughter	
3. Daljit Singh Gill		Daughter	
4. Mohin Aulia		Daughter	
5. Parnit Harjot		Daughter	
6. Harmanjit Singh Sardi		Daughter	

Legal heirs of Harmanjit Singh Sardi Gill -


1) Ranjana Gill	Wife
2) Olinda Gill	Daughter

Now, Smt. Sinder Kaur Khara D/o Late Smt. Prntam Kaur has applied to this office for the transfer of ownership rights of 38.89% share of the above said Plot/House in her name on the basis of (i) 16.67% Share on the basis of Intestate Death of her father Late S. Sardar Singh who died on 24.01.1966. (ii) 16.67% Share + 5.56% Share on the basis of registered Will-dated 15.06.2011 of her mother Late Smt. Prntam Kaur.

If anybody has any information about any legal heirs of the deceased owner other than mentioned above, the same may be intimated in writing to the Estate Officer, Sector 17, Chandigarh immediately.

If anybody have any objection upon the mutation of the said property in favour of the above named applicants then he/she may furnish the same in writing alongwith supporting documents in the office of the undersigned within 30 days from the date of publication of this notice, being which this property shall be mutated accordingly and no further claim whatsoever shall be entertained later on.

**Harjett Singh Sandhu, PCS,
Assistant Estate Officer, Exercising the
Powers of the Estate Officer, UT, Chandigarh**



LOST & FOUND

Ramesh Kumar So S. Mahender Kumar R/o A-94, La Regencia, Ansal Sushant City, Panipat and I declare from my self that my Original Registryes are Vaska No. 1930 dated 12-01-1975 (which is in the name of Ramesh Kumar So S. Mahender Kumar) and Vaska No. 1931 dated 12-01-1975 (which is in the name of Smt. Omwail Wo S. Sukleth Chand), have gone missing somewhere in the local Hand Market Area, which was not found even after a lot of searching. If anyone finds the above Registryes, please send them to my above address or contact my mob. 74041-41895

899666

LOST & FOUND

ਹਰਜਮ ਅਤੇ ਖਾਸ ਨੂੰ ਸੂਚਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਮੈਂ ਸ਼ੁਸ਼ਮਾ ਰਾਣੀ ਪਤਨੀ ਹਰ ਕੁਮਾਰ ਖਾਸਾ ਚੰਡੀਗੜ੍ਹ ਅੰਮ੍ਰਿਤਸਰ ਨਗਰ ਸਿੰਘ ਚੌਥ ਬਠਿੰਡਾ ਦੀ ਗਰਿਫ਼ ਵਾਲੀ ਹਾਂ। ਇਹ ਕਿ ਹੋਰ ਵਜ਼ੀਕਾ ਨੰਬਰ 4169 ਦੀ ਗਰਿਫ਼ਕਾਰੀ ਪੁਰਮ ਹੋ ਰਹੇ ਹੈ, ਜਿਸ ਦੀ ਮੈਂ ਬਚਤ ਕਰ ਕਰ ਕੀਤੀ ਪੁਰਮ ਹੀ ਮਿਲੀ। ਇਹ ਕਿ ਇਸ ਰਜਿਸਟਰ ਤੋਂ ਕੋਈ ਕੋਸ਼ ਝਗੜਾ ਜਾਂ ਲੋਨ ਨਹੀਂ ਚੱਲਦਾ। ਇਹ ਕਿ ਇਸ ਰਜਿਸਟਰ ਪੁਰਮ ਸਬੰਧੀ ਮੈਂ ਸੂਚਿਤ ਬਾਰਾ ਕੋਵਾਲਾ ਇਸ ਭੀਮੀਕਾ ਦਸਤ ਕਰਵਾ ਦਿੱਤੀ ਹੈ। ਸਬੰਧਤ ਨੋਟ ਕਰਨ।

[illegible][illegible]

PUBLIC NOTICE

ਹਰ ਅਮਰ ਅਤੇ ਖਾਸ ਸ੍ਰੀ ਸੁਚਿੱਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਮਨਜੀਤ ਕੌਰ ਦੇ ਵਿਵਾਹਾ ਉੱਤੇ ਪੁੱਤਰੀ ਕਾਕਾ ਸਿੰਘ ਨਿੱਕਾ ਸਿੰਘ ਦਾਸੀ ਕਾਕਾ ਰੇਖੋਂ ਪੁੱਤਰੀ ਤਿਤਸੀਲਾ ਪਾਇਲਿ ਜ਼ਿਲ੍ਹਾ ਲੁਧਿਆਣਾ ਖੇਵਟਦਾਰ ਪਿੰਡ ਰੱਬੋਂ ਉਚੀ ਤਿਤਸੀਲਾ ਪਾਇਲਿ ਵੱਲੋਂ ਪੰਜਾਬ ਨਾਮਕ ਰਿਕਾਰਡ ਮੌਲੂਆਲ ਦੇ ਪੰਚਾ 7.28 ਅਨੁਸਾਰ ਮਾਲ ਤਬਦੀਲੀ ਕਰਨ ਲਈ ਦਰਖਾਸਤ ਪੇਸ਼ ਕੀਤਾ ਹੈ। ਉਸ ਵਲੋਂ ਮਾਲ ਰਿਕਾਰਡ ਪਿੰਡ ਰੱਬੋਂ ਉਚੀ ਵਿੱਚ ਆਪਣਾ ਮਾਲ ਚੜੀ ਕੋਰ ਪੁੱਤਰੀ ਕਾਕਾ ਸਿੰਘ ਪੁੱਤਰ ਗੁਰਗੁ ਸਿੰਘ ਤੇ ਦਫਤਰ ਕੋ ਮਨਜੀਤ ਕੌਰ ਦੇ ਵਿਵਾਹਾ ਪੁੱਤਰੀ ਕਾਕਾ ਸਿੰਘ ਪੁੱਤਰ ਗੁਰਗੁ ਸਿੰਘ ਵਿਚਕਾਰ ਤਬਦੀਲੀ ਕੀਤੀ ਹੈ। ਇਸ ਸਬੰਧੀ ਮਾਲ ਰਿਕਾਰਡ ਵਿੱਚ ਇਦਘਾਜ਼ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਜੇਕਰ ਕਿਸੇ ਵੀ ਵਿਅਕਤੀ ਨੂੰ ਮਿਲੇ ਕੋਈ ਤਰ੍ਹਾਂ ਦਾ ਇਤਘਾਜ਼ ਹੈ ਤਾਂ ਉਹ ਇਸਤਿਤਿਤਰਾਹ ਨਾਮਕ ਥਾਂ ਦੇ 15 (ਪੰਦਰਹ) ਦਿਨਾਂ ਦੇ ਅੰਦਰ ਅਦਰ ਨਿਜਨ ਹੱਥਤਰਾਹ ਪਾਸ ਪੇਸ਼ ਕਰ ਸਕਦਾ ਹੈ। ਮਨਮਾਦ ਤੋਂ ਬਾਅਦ ਵਿੱਚ ਕਿਸੇ ਤਰ੍ਹਾਂ ਦਾ ਕੋਈ ਇਤਘਾਜ਼ ਨਹੀਂ ਆਇਆ ਜਾਵੇਗਾ ਅਤੇ ਮਾਲ ਤਬਦੀਲੀ ਸਬੰਧੀ ਹੁਕਮ ਸ਼ਾਇਦਾ ਹੋਵੇਗਾ।

ਨਾਇਬ ਤਿਤਸੀਲਾ ਫਿਸ਼ਲਰ
ਮਲੋਲ।

Chief Editor, Dr. Chander Trikha, Manag

**THE CUSTOMERS AND CENTRAL EXCISE
EMPLOYEES COOPERATIVE HOUSE
BUILDING FIRST SOCIETY LTD.,
SECTOR 51-B, CHANDIGARH**

PUBLIC NOTICE

It is hereby notified for the information of general public as well as the members of the society (applicants) applied for transfer of share / flat of category A (NOC) Permission for acquisition / transfer of leasehold property of the said society to the members of the said society/ Registrar Cooperative Societies Ltd., Chandigarh as per notification issued by Finance Department, Chandigarh Administration dated 12.05.2010.

Name of Applicant **Smt. Anurag Goel** / **Transferor**
Name of the transferee **Sr. PARVEEN Kaur**
Name of Applicant **Flat No. 1113, First Floor**
Property **Right of the said flat of category B**

SECTOR 51-B, CHANDIGARH

If anybody has any objection upon any of the above said facts of the society in favour of the applicant, then, he/she/they may submit the objection in writing alongwith relevant documents to the undersigned for the immediate publication of this notice failing which the ownership of the above said flat shall be transferred in favour of the applicant.

Any objection in any manner whatsoever shall be entertained later.

President / Secretary

ਗੁਰਦੇਵ ਮੰਗਲੀ ਕੋਈਆਂ ਡਿਵੈਲਪਮੈਂਟ ਅਥਾਰਟੀ
ਪੁੱਤਾ ਭਵਨ, ਸੈਕਟਰ 62, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।
ਸਿੱਖਿਅਕ ਵਰਗ (ਹਾਊਸਿੰਗ)
(ਜਨਤਕ ਸੂਚਨਾ)

ਅਥਾਰਟੀ ਦੀ ਵੱਡੀ
ਲਾਇਸਾਂਸਾਂ ਦੀ ਵੱਡੀ

Plot No. 2130, Sector-64, Phase-10 SAS Nagar
ਦੇ ਅਥਾਰਟੀ Smt.Surjit Kaur, W/o. Avtar Singh
R/O 2468, Phase-10, Sector-64, SAS Nagar, ਦੀ
ਸੱਤ ਸਿਤੀ 10-12-2021 ਨੂੰ ਹੋ ਗਈ ਹੈ। ਮਿਤਕ
ਪਹਿਲਾਂ Smt.Surjit Kaur ਵੱਲੋਂ ਆਪਣੀ ਮੁੱਖਤਾ ਤੇ
ਪਹਿਲਾਂ ਡਿਵੈਲਪਮੈਂਟ ਵਸੀਲਤਾਂ ਰਾਹੀਂ ਉੱਕਤ ਮੁੱਖਤਾ
ਆਪਣੇ ਪੁੱਤਰ Sh. Jatinder Pal Singh S/o
Avtar Singh, R/O 2468, Sector-64, Phase-10
SAS Nagar ਦੇ ਨਾਮ ਅਧੀਨ ਹੋ ਗਈ ਸੀ।
Series No. 576, Book No.3, Volume No.323. Page No.
195 ਸਿਤੀ 11-07-2018 ਨੂੰ ਸਬ-ਰਜਿਸਟਰਾਰ
ਚੰਡੀਗੜ੍ਹ ਵਿੱਚ ਰਜਿਸਟਰੇਸ਼ਨ ਹੋਈ।
ਚੰਡੀਗੜ੍ਹ ਵਿੱਚ ਦੱਸਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਉੱਕਤ ਵਸੀਲਤ
ਵਿੱਚ ਮਿਤਕ ਅਥਾਰਟੀ ਵੱਲੋਂ ਸਬ-ਰਜਿਸਟਰਾਰ
ਚੰਡੀਗੜ੍ਹ ਵਰਤਣ ਵਿੱਚ ਰਜਿਸਟਰੇਸ਼ਨ ਕਰਵਾਈ 02
ਵਸੀਲਤਾਂ (No.3174, Book No.3, Volume 248
Page-159 dated 18-02-2000 ਅਤੇ No. 477, Book
No.3, Volume 312, Page-152, dated 06-08-
2014) ਨੂੰ Null/void/cancelled ਸਮਝਿਆ, ਦਰਬਰ
ਕੀਤਾ ਗਿਆ ਹੈ।

ਹੁਣ ਉੱਕਤ ਕੋਈ ਗੱਲ ਰਜਿਸਟਰੇਸ਼ਨ ਵਸੀਲਤਾਂ ਮਿਤੀ
11-07-2018 ਦੇ ਬਾਅਦ ਤੇ Sh. Jatinder Pal Singh
S/o. Avtar Singh, R/O 2468, Sector-64, Phase-10,
SAS Nagar ਵੱਲੋਂ Smt.Surjit Kaur R/O 2130
Sector-64, Phase-10, SAS Nagar ਦੀ ਮਲਕੀਅਤ
ਉਤਪਤੀ ਕਰਕੇ ਹਲੀ ਦਰਬਰਤੋਂ ਇਸ ਵਰਤਣ ਵਿੱਚ
ਪਲੀ ਕੀਤੇ ਗਏ ਹਨ ਜਾਂਦੇ ਹਨ ਜਿਸ ਵਿਚਕਾਰ
(ਹਾਊਸਿੰਗ), ਗੁਰਦੇਵ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ
ਨਗਰ ਦੇ ਵਰਤਣ ਵਿੱਚ ਰਜਿਸਟਰੇਸ਼ਨ ਹੋਈ ਹੈ। ਇਸ ਲਈ
ਮਲਕੀਅਤ ਉਤਪਤੀ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਸਬ ਅਮਰ
ਅਤੇ ਖਾਸ ਨੂੰ ਸੂਚਿਤ ਕਰਵਾਉਣਾ ਹੈ ਕਿ ਮਿਤਕ
ਅਥਾਰਟੀ ਵੱਲੋਂ ਕੋਈ ਗੱਲ ਰਜਿਸਟਰੇਸ਼ਨ ਵਸੀਲਤਾਂ
ਸਮੇਂ ਜਿਸ ਨੂੰ ਉਹੀ ਇਤਹਾਸ ਤੇਰਾ ਤੇ ਉਹ ਇਸ
ਵਿੱਚਕਾਰ ਦੀ ਮਿਤੀ ਤੋਂ 15 ਨਿਯਮ ਦੇ ਅਧੇਰ-
ਅਧੇਰ ਆਪਣਾ ਇਤਹਾਸ ਮਿਲਣ ਅਧੀਨ
(ਹਾਊਸਿੰਗ), ਗੁਰਦੇਵ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ
ਨਗਰ ਪਾਸ ਲਿਖਤੀ ਸੂਚੀ ਵਿੱਚ ਦਰਬਰ ਹੈ।
ਜਿਸਦੇ ਮਿਤੀ ਅਤੇ ਸਮਾਂ ਤੋਂ ਬਾਅਦ ਪਾਸ ਹੋਣ
ਵਿੱਚਕਾਰ ਕੋਈ ਵਿਚਾਰ ਨਹੀਂ ਕੀਤਾ ਜਾਂਦਾ ਅਤੇ
Smt. Surjit Kaur W/o Sh. Avtar Singh ਦੀ
ਮਲਕੀਅਤ ਰਜਿਸਟਰੇਸ਼ਨ ਵਸੀਲਤਾਂ ਦੇ ਬਾਅਦ ਤੇ ਉੱਕਤ
ਰਜਿਸਟਰੇਸ਼ਨ ਵਸੀਲਤਾਂ ਰੱਖਣ ਦੇ ਨਾਮ ਅਧੀਨ ਹੋਣ
ਵਿੱਚ ਨਹੀਂ ਜਾਂਦਾ।

ਮਿਲਣ ਅਥਾਰਟੀ (ਹਾਊਸਿੰਗ)
ਗੁਰਦੇਵ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।

PUBLIC NOTICES

ਮੈਂ ਸੁਰਿੰਦਰ ਸਿੰਘ ਪੁੱਤਰ ਸ਼੍ਰੀ ਰਾਮ ਸਿੰਘ
ਵਾਸੀ ਪਿੰਡ ਚੜਿਆਲਾ ਸੂਦਾ,
ਤਹਿਸੀਲ ਖਰੜ, ਜ਼ਿਲ੍ਹਾ ਮੋਹਾਲੀ
ਬਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰੇ ਲੜਕੇ
ਮਨਪ੍ਰੀਤ ਸਿੰਘ, ਗੁਰਜੀਤ ਸਿੰਘ ਦੋਨੋਂ
ਮੇਰੇ ਕਹਿਣੇ ਵਿੱਚ ਨਹੀਂ ਮੈਂ ਉਨ੍ਹਾਂ ਨੂੰ
ਆਪਣੀ ਚੱਲ-ਅੱਚਲ ਜਾਇਦਾਦ ਤੋਂ
ਬੇਦਖਲ ਕਰਵਾ ਹਾਂ। ਅੱਜ ਤੋਂ ਬਾਅਦ ਮੈਂ
ਅਤੇ ਮੇਰਾ ਪਰਿਵਾਰ ਉਨ੍ਹਾਂ ਦੇ ਕੋਈ
ਚੰਗੇ-ਮਾੜੇ, ਲੈਣ-ਦੇਣ/ਕਾਰਵਾਈ
ਦਾ ਜ਼ਿੰਮੇਵਾਰ ਨਹੀਂ ਹੋਵੇਗਾ ਅਤੇ ਉਹ
ਉਸ ਦੇ ਖੁੱਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਣਗੇ।

100071

ਮੈਂ ਗੌਰਵ ਬਾਂਸਲ Gourav Bansal
ਪੁੱਤਰ ਉਪੇਂਦਰ ਕੁਮਾਰ ਬਾਂਸਲ
Upender kumar Bansal, ਵਾਸੀ
ਮਕਾਨ ਨੰ.345, ਸੈਕਟਰ 25, ਬਲਾਕ
ਏ, ਗਲੀ ਨੰ-7, ਦਮਾਮਜ਼ ਕਲੋਨੀ, ਮੰਡੀ
ਗੋਬਿੰਦਗੜ੍ਹ ਇਹ ਬਿਆਨ ਕਰਦਾ ਹਾਂ
ਕਿ ਮੇਰੇ ਦਸਵੀਂ ਦੇ ਸਰਟੀਫਿਕੇਟ ਵਿਚ
ਮੇਰੇ ਪਿਤਾ ਦਾ ਨਾਮ ਉਪੇਂਦਰ ਬਾਂਸਲ
Upender Bansal ਤੇ ਮਾਤਾ ਦਾ ਨਾਮ
ਸ਼ਾਲੂ ਬਾਂਸਲ Shalu Bansal ਦਰਜ ਹੈ
ਜਦ ਕਿ ਆਧਾਰ ਕਾਰਡ ਵਿਚ ਪਿਤਾ ਤੇ
ਮਾਤਾ ਦਾ ਸਹੀ ਨਾਮ ਉਪੇਂਦਰ ਕੁਮਾਰ
ਬਾਂਸਲ Upender kumar Bansal ਤੇ
ਸ਼ਾਲੂ ਬਾਂਸਲ Shallu Bansal ਸਹੀ
ਦਰਜ ਹੈ। ਆਧਾਰ ਕਾਰਡ ਅਤੇ
ਸਰਟੀਫਿਕੇਟ 'ਚ ਦਰਜ ਦੋਹਾਂ ਨਾਮਾਂ
ਵਾਲੇ ਪਰਸਨ ਇੱਕੋ ਹਨ ਤੇ ਆਧਾਰ
ਕਾਰਡ ਵਾਲਾ ਨਾਮ ਹੀ ਦਰੁੱਸਤ ਹੈ।

63372

ਮੈਂ ਰਸਮੇਂ ਲਾਲ ਪੁੱਤਰ ਸ੍ਰੀ ਕਰਤਾਰ
ਚੰਦ ਵਾਸੀ ਪਿੰਡ ਬੱਸੀ ਬਹਲਾਦਪੁਰ
ਤਹਿਸੀਲ ਵਾ ਜਲ੍ਹਾ ਪਠਾਨਕੋਟ,
ਭਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰਾ ਲੜਕਾ
ਬਲਵਿੰਦਰ ਕੁਮਾਰ ਤੇ ਉਸ ਦੀ ਪਤਨੀ
ਵੈਦਨਾ ਕੁਮਾਰੀ, ਦੋਨੋਂ ਹੀ ਘਰ ਵਿੱਚ
ਲੜਾਈ ਝਗੜਾ ਕਰਦੇ ਹਨ ਤੇ ਮੇਰੇ
ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ। ਮੈਂ ਇਹਨਾਂ
ਦੋਨਾਂ ਨੂੰ ਆਪਣੀ ਚੱਲ-ਅਚੱਲ
ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ।
ਇਹਨਾਂ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ
ਪੁਰ ਜਿਸਵਦਾਰ ਹੋਵੇਗਾ।

114351

ਮੈਂ ਫ਼ੈਰਮਾ ਪੁਤ੍ਰ ਕਾਂਸ਼ੀਰਾਮ ਗਾਂਥ ਸ਼ਿਕਾਰਪੁਰ, ਜ਼ਿਲ੍ਹਾ
ਹਿਸਾਰ ਕਾ ਨਿਵਾਸੀ ਹੂੰ। ਮੈਂ ਕਥਾਨ ਦੇਨਾ ਕਿ ਮੇਰੇ
ਪੁਤ੍ਰ ਜਗਮੋਦਨ ਵ ਤਸਕੀ ਪਲੀ ਨਿਰਮਲਾ ਅਤੇ ਕਹਨੇ
ਸੁਚਨ ਤੇ ਬਾਹਰ ਹੈ। ਮੈਂ ਦੋਨਾਂ ਕੀ ਆਪਣੀ ਚਲ-
ਅਚਲ ਸੰਪਤਿ ਤੇ ਬੇਦਖਲ ਕਰਨਾ ਹੂੰ ਭਵਿਖਿ ਮੇਂ
ਤਕ ਦੋਨੋ ਕਿਸੀ ਤੇ ਲੇਨੇ ਦੇਨ ਕਰਨੇ ਹੈ। ਝਾੜਾੜਾ
ਕਰਨੇ ਹੈ ਤੇ ਤਕ ਦੋਨੋ ਪਤਿ ਪਨੀ ਕੀ ਜਿਥੇਵਾਰੀ
ਫ਼ੋਗੀ। ਮੇਰੇ ਵ ਮੇਰੇ ਪਰਿਵਾਰ ਕੀ ਕੋੜੈ ਜਿਥੇਵਾਰੀ
ਨਹੀ ਫ਼ੋਗੀ।

72783

ing Editor, Shashi Pal Jain, Printed and

[illegible]

PUBLIC NOTICE

Office Sh. Harjeet Singh Sandhu, PCS, Asstt. Estate Officer, U.T., Chandigarh.

Subject: Transfer of ownership in respect of RESIDENTIAL Site No. 1168, Sector 8-C, Chandigarh (RP 1015) to the extent of 33.33% share on the basis of Regd. Will of Late PARAMJIT SINGH.

It is notified for the information of general public and all concerned that as per record of this office **SH. PARAMJIT SINGH** is the owner/lessee of **RESIDENTIAL Site No. 1168, Sector 8-C, Chandigarh** to the extent of 33.33% share.

It has been informed by **BALJINDER KAUR** that **SH. PARAMJIT SINGH** expired on 16-04-2019 and she has also intimated the following legal heirs of the deceased owner/lessee:-

1. **SAHJEEET KAUR - DAUGHTER**
2. **KUSHVHAL KAUR - MOTHER (Deceased)**
3. **SIMRAN SINGH - SON**
4. **DEEPAK KAUR - WIFE**

Now, **BALJINDER KAUR** has applied for the transfer of ownership in respect of **RESIDENTIAL Site No. 1168, Sector 8-C, Chandigarh** to the extent of 33.33% share held by Late **SH. PARAMJIT SINGH** in her favour on the basis of **Registered Will** dated 10-01-2020. If anybody has any information about any other legal heir(s) of the deceased other than mentioned above, the same may be intimated to the Estate Officer, U.T., Chandigarh, immediately.

If anybody has any objection upon the mutation of the said share in the said property, in favour of the above named applicants, he/she/they may furnish the same in writing (supported by duly attested by Magistrate/Notary) in the office of the undersigned within 30 days from the date of publication of this notice, failing which the said share in the said property will be mutated/assigned in the name of above said beneficiary/ies and no further claim whatsoever shall be entertained at any later stage.

**Harjeet Singh Sandhu, PCS,
Assistant Estate Officer, Exercising the
powers of Estate Officer, U.T., Chandigarh**

ਪੰਜਾਬ ਸ਼ਹਿਰੀ ਯੋਜਨਾਬੰਦੀ ਅਤੇ ਵਿਕਾਸ ਅਥਾਰਿਟੀ, ਬਠਿੰਡਾ
ਬੀ ਟੀ ਏ ਕੰਪਲੈਕਸ, ਭਾਗੂ ਰੋਡ, ਬਠਿੰਡਾ (151001)


ਅਲਾਹ ਦੀ ਰੱਖੋ


ਵਾਰਾਜ ਦੀਆਂ ਫੈਟਾਆਂ

ਜਨਤਕ ਨੋਟਿਸ

ਗ਼ਰੀਬੀ ਵੀਡਲ ਇਨਕਲੋਚ, ਮਲੋਟ ਵਿਖੇ ਪਲਾਟ ਨੰ. 84, ਸਾਈਜ਼ 534144 ਵ.ਜਮ. ਦੀ ਅਲਾਟਮੈਂਟ ਲਈ ਵਰਤੋਂ ਦੇ ਪੱਤਰ ਨੰ. 2996 ਮਿਤੀ 30-09-2016 ਰਾਹੀਂ ਸੀ ਸਬਜ਼ਰੀਜ਼ ਸਿਧ ਪੱਤਰ ਗ਼ਮੀ ਵਿਚਰਦ ਲਿਖ ਦੇ ਨਾਮ ਤੇ ਤਬਦੀਲ ਕੀਤੀ ਗਈ ਸੀ, ਜਿਹਨਾਂ ਦੀ ਮੌਤ ਮਿਤੀ: 06-07-2021 ਨੂੰ ਹੋ ਗਈ ਸੀ। ਜਮਤ ਦੇ ਸਾਹੀਬਕੋਟ ਲਈ ਇਸ ਵਿਚਰਦਾਹਾ, ਜਮਤ ਦੇ ਮੌਤ ਐਮ ਟੀ ਲਲਟ, ਤਰਿਮੀਲੀ ਲਲਟ, ਲਿਲਾ ਸ਼ੀ ਮੁਕਤਤਰ ਸਾਹਿਬ ਸਿੰਘ ਨੰ. 6511, 11-08-2021 ਨੂੰ ਸਾਈਟ ਦੀ

1) ਸ਼੍ਰੀਮਤੀ ਵੀਰਪ੍ਰੀਤ ਕੌਰ ਸਿੰਘ (ਪਤਨੀ)
 2) ਸ਼੍ਰੀਮਤੀ ਗੁਰਪ੍ਰੀਤ ਕੌਰ ਸਿੰਘ (ਪਤਨੀ)
 3) ਸ਼੍ਰੀਮਤੀ ਅਨਾਮੀ ਤੇ ਬੁਢੀਤੀ ਵਾਰਾਂ ਨੂੰ ਸ਼੍ਰੀਮਤੀ ਵੀਰਪ੍ਰੀਤ ਕੌਰ ਸਿੰਘ (ਪਤਨੀ) ਅਤੇ ਸ਼੍ਰੀ ਗੁਰਪ੍ਰੀਤ ਕੌਰ ਸਿੰਘ (ਪਤਨੀ) ਵੱਲੋਂ ਉਕਤ ਸਾਇਟ 'ਤੇ ਨਿਰਮਾਣ ਅਤੇ ਤਬਦੀਲੀ ਲਈ ਇਹ ਇਦਰਜ਼ ਪੱਤਰ ਵਿਖੇ ਦਸਤਖਤ ਕਰ ਕੀਤੇ ਹਨ ਅਤੇ ਕੋਈ ਨਿਸ਼ਚਾਅ ਨਹੀਂ। ਗਰੀਨ ਫੀਲਡ ਇਨਵੇਸਟਰ, ਮੋਹਾਲਾ ਵਿਖੇ ਪਿਲਾਟ ਨੰ: 84, ਸਾਈਜ਼ 534.44 ਵਰਗ ਮੀਟਰ ਦੀ ਅਫਾਨੀ ਅਤੇ ਵਾਰਾਂ ਅਤੇ ਨਾਮ ਤਬਦੀਲੀ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਆਪ ਅਤੇ ਖਾਸ ਨੂੰ ਸੂਚਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਇਸ ਖਾਤੇ ਵਿਸ਼ੇ ਨੂੰ ਕੋਈ ਇਤਰਾਜ਼ ਪੱਤਰ ਤੋਂ ਅਸਲਤ ਨਹੀਂ ਵਜਾਵਾਨਤ ਇਸੇ ਵਿਭਾਗਿਕਾਪਨ ਦੀ ਮਿਤੀ ਤੋਂ 15 ਦਿਨਾਂ ਦੇ ਅੰਦਰ ਭੇਜਣਾ ਆਪ ਇਤਰਾਜ਼ ਪਿਲਾਟ ਇਸ ਵਿਖੇ ਜਦਕਿ ਇਹ ਇਤਰਾਜ਼ ਮਿਤੀ ਅਤੇ ਸਮੇਂ ਤੋਂ ਬਾਅਦ ਪ੍ਰਾਪਤ ਹੋਣ ਵਾਲੇ ਇਤਰਾਜ਼ ਤੇ ਕੋਈ ਨਿਸ਼ਚਾਅ ਨਹੀਂ ਕੀਤਾ ਜਾਂਦਾ ਅਤੇ ਸ਼ੁਰੂਤੀ ਅਨੁਸਾਰ ਪਤਨੀ ਪਤਨੀ ਦੀ ਮਰਦਾਨੀ ਉਕਤ ਵਾਰਾਂ ਦੇ ਨਾਮ ਤੇ ਤਬਦੀਲੀ ਅਤੇ ਸ਼ੁਰੂਤੀ ਜਾਰੀ ਹੈ।

ਨਿਮਨ ਅਖ਼ਬਾਰ,
 ਪੁੱਤਾ, ਥੀਓਡਾ

PUBLIC NOTICES

I, Rajinder Singh S/o Ajeet Singh R/o Bhamaal Teh-Jagraon (Ludhiana) declare that in my revenue record my name entered as Gurdeep Singh S/o Jeet Singh and my other documents my name entered as Rajinder Singh S/o Ajeet Singh. both names are mine Gurdeep Singh and Rajinder Singh one and the same person.

63372

I, Harjinder Singh S/o Mukand Singh R/o Raawal Teh-Jagraon (Ludhiana) declare that in my revenue record my name entered as Rajinder Singh S/o Mukand Singh and my other documents my name entered as Harjinder Singh S/o Mukand Singh. both names are mine Harjinder Singh and Rajinder Singh one and the same person. So amended my name Harjinder Singh in my revenue record.

63372

Published by Gaurav Goel for Yugmarg Pr

I, Surinder Kumar S/o Kedar Nath R/o.904, R B estate Loharka Road Lane No.6 Opp Awsum Saloon Right Side Amritsar have Changed my name to Surinder Kumar Rawley

72737

I, Amarjit Singh S/o Kesar Singh R/o.543- A-block New Amritsar have Changed my name to Amarjeet Singh

72737

I, Hitherto Known As KEERTPREET KAUR W/O GURMEET SINGH R/O.H.NO. W-172687, GALI MURRAE LALI, KRISHNA NAGAR, TARN-TARAN ROAD, AMRITSAR - 143001, PUNJAB, Have Changed My Name And Shall Hereafter Be Known As KIRAT KAUR

72737

PUBLIC NOTICE

BEFORE SH. HARJEET SING SANDHU, PCS., ASSISTANT ESTATE OFFICER, EXERCISING THE POWERS OF THE ESTATE OFFICER, U.T. CHANDIGARH.

SUBJECT:-Transfer of Ownership in respect of Residential Site No. 116, Sector 16-A, Chandigarh (NP/4407) to the extent of 7.37% share on the basis of Registered WILL of Late Manjit Kaur.

It is notified for the information of general public and all concerned that as per record of this office Smt. Manjit Kaur is the owner/lessor of RESIDENTIAL Site No. 116, Sector 16-A, Chandigarh to the extent of 7.37% Share. It has been informed by Harjit Singh Kalra that Smt. Manjit Kaur expired on 20/05/2022 and he has also intimated the following legal heirs of the deceased owner/lessor:- (1) Harjit Singh Kalra (2) Tejinder Singh Kalra (Husband) (3) Mantje Singh (Son). Now, Harjit Singh Kalra has applied for the Transfer of Ownership in respect of RESIDENTIAL Site No. 116, Sector 16-A, Chandigarh, to the extent of 7.37% Share held by the late Manjit Kaur, on the basis of the Registered WILL, dated 18/11/2021. If anybody has any information about any other legal heir(s) of the deceased other than mentioned above, the same may be intimated to the Estate Officer, U.T. Chandigarh, immediately. If anybody has any objection upon the mutation of the said share in the said property, in favour of the above named applicant, he/she/they may turn the same in writing (supported with affidavit duly attested by Magistrate/Notary) in the office of the undersigned within 30 days from the date of publication of this notice, failing which the said share in the said

property will be mutated accordingly in the name of above said beneficiaries and no further claim whatsoever shall be issued at any later stage.

SH. HARJEET SINGH SANDHU, PCS
ASSISTANT ESTATE OFFICER, EXERCISING THE
POWERS OF THE ESTATE OFFICER, U.T. CHANDIGARH

COURT NOTICE
(U/o 5 Rule 20 CPC)
(SUCCESSION CASE)

IN THE COURT OF Sh. Puneet Mohindra
Civil Judge Jr. Div., Chandigarh

LALITA SALUJA
Vs
GENERAL PUBLIC

CNR No. CHCH02-003287-2021
Next Date:- 17-12-2022

PUBLICATION IS ISSUED TO:
SHAM LAL DOGRA
Father:- **BRJ LAL DOGRA**
Through- **FAMILY HEIRS**
1) **SHARDA RANI D/O SHAM LAL DOGRA**

2/ KRISHNA KANI W/O SHAM LAL DUGRA
BOTH R/O H.NO.269, VPO BADHERI,
CHANDIGARH

In above titled case, the defendant(s)/
respondent(s) could not be served. It is
ordered that defendant(s)/ respondent(s)
should appear in person or through
counsel on 17-12-2022 at 10 a.m.

For details login to
[https://www.highcourtcdt.gov.in/?
ts=district_notice&district=](https://www.highcourtcdt.gov.in/?ts=district_notice&district=Chandigarh)
Chandigarh

Civil Judge Jr. Div.
Chandigarh

Dated, this day of
07-10-2022

**ਪੰਜਾਬ ਸ਼ਹਿਰੀ ਯੋਜਨਾਬੰਦੀ ਅਤੇ
ਵਿਕਾਸ ਅਥਾਰਿਟੀ, ਬਠਿੰਡਾ**
ਬੀ ਡੀ ਏ ਕੰਪਲੈਕਸ, ਭਾਗੂ ਰੋਡ, ਬਠਿੰਡਾ (151001)


ਅਲਾਨੀ ਈ ਭੱਟ


ਜੀ ਪੀ ਏ ਚਾਹਲ

ਜਨਤਕ ਨੋਟਿਸ
ਮਿਲਕ ਪਥਾਨ ਸਾਈਟ, ਬਠਿੰਡਾ ਜ਼ਿਲ੍ਹਾ ਪਥਾਨ ਨੇ
81 ਜੀ ਪੀ ਥਾਨ ਸਾਈਟ, Dinesh Kumar Doss

[illegible]

RNI NO. 61323/95 | Postal Code 500012
Kashan from 28/1, Industrial Area Phase 1

I Hardeep Singh Jhandi S/O
Balwinder Singh Residence Of
Village Prempur,Po Sidhpur
Distt Fatehgarh Sahib
Changed My Name To Hardeep
(Singh) As A Surname
72737

I Anita W/O Amarjeet Singh
R/O Village Sawara,Tehsil
Kharar,Distt SAS Nagar Mohali
Changed My Name To Anita
Rani
72737

I Kuldeep Singh Bhullar s/o
Darshan Singh R/o Ramgarh
Bhullar Teh jagraon distt
Jhadiana have changed my
name Kuldeep Singh.
72737

I narinderjeet singh gill S/o
kuldeep singh gill R/o near tobha
Village Rania, sangowal
Jhadiana Have changed my
name narinderjeet singh gill to

narinderjit singh gill 72737
i navneet kaur gill W/o
narinderjeet singh gill R/o near
tobha Village Rania
sangowal ludhiana have
changed my Husband name
narinderjeet singh gill to
narinderjit singh gill 72737
I Seema Yadav W/o Sanjay
Y a d a v R / o
H.no.B/31/46/1703-46/4,
St.no. 4, Sat Kartar Nagar
Tibba Road PO Basti
Jodhewal Ludhiana have
changed my name from
Seema Rani To Seema Yadav 72737
I Karamjeet Kaur W/o
Amandeep Singh R/o Village
Ghabdan District Sangrur
Punjab declares that Karmjit
Kaur & Karamjeet Kaur Both
are my name & one and same
person. 72737

I, Satish Alias Chaturbhuj S/O
Sat Pal R/o 965/20 Gali No 8
Amargarh Colony Kaithal,
District Kaithal (haryana),
Have Changed My Name
From Satish Alias Chaturbhuj
To Satish. Concerned Please
Note.

84451

I, Narinder Pal Singh S/O
Narinder Pal Residing
At: H.No.94/35 New Manoj
Colony Jassian Road
Ludhiana . 141008 Punjab,
India. Have Changed My
Name From Narinder Pal
Singh To Narinder Pal Is A

Given Name And Singh Is A
Surname.

72778

I Hitherto Known As, Ram
Tirth Kaur D/O Ajmer Singh
W/O Mangal Singh Saini
R/O H.no. 885 Jaja
Byepass Tanda Ward No.8
Urmar Distt Hoshiarpur
144204 Punjab, India. Have
Changed My Name And
Shall Hereafter Be Known
As Ram Tirath Kaur Saini

72778

I, Hitherto Known As
Simran Preet Kaur Sadiora
Alias Amandeep Kaur W/O
Inderjit Singh Sadiora
Residing At Ward No. 1,
Vpo Begowal, Tehsil
Bholath, Distt. Kapurthala
144621. Punjab, India Have

Changed My Name And Shall Hereafter Be Known As Simranpreet Kaur Sadiora. 72778

I, Reena Rani W/O Ajai Masih Residing At H.no. 989, Loadwali Road, Arjun Nagar, Distt. Jalandhar - 144001, Punjab, India Have Changed The Name Of My Minor Son Sapeepan Johan (Aged Approx 10 Years) And He Shall Hereafter Be Known As Stephen Masih. 72778

I, Hitherto Known As Gurbir Kaur W/O Malkit Singh Residing At Mohalla Kotla, Nurmahal, Distt. Jalandhar - 144039, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Gurpreet Kaur. 72778

File No. G/CHD/0186/2016-2018
Chandigarh and printed at Yugmarg Press

I Hardavinder Singh S/o Harmander Singh Village Khemuana Distt Bathinda have Changed my name Hardavinder Singh to Hardvinder Singh S/o Harmander Singh, All concerned note Please. 90004

I, Ram Singh S/O Sadha Singh R/O VPO Bhangwan, Distt. Amritsar, Punjab, India have Changed my Son's name from Jaskarnbir Singh to Jaskaranbir Singh. 900013

I, Anna W/o Abhishek Batra R/O House No 112 Sector 20 Kaithal, Have Changed My Name From Anna To Anna Batra. Concerned Please Note. 84451

I No. 3200215L Naik Sultan Singh (Rtd) R/o VPO Gagsina

100046
I Poonam Nehra wife Madan Singh resident of 179 Urban Estate Sector 14 Part-II Karnal solemnly declare that I have changed my name from Poonam Rani to Poonam Nehra. Both names are of the same woman. May I be known as Poonam Nehra in future.

100046
I Prem Kumar s/o Krishna Lal R/o Tarawari district Karnal state that I have changed my name from Prem Kumar Sharma to Prem Kumar and my correct date of birth is 01-04-1963 whereas in my passport my date of birth is written as 06-07-1956 which is That is wrong so I should be known by my correct name and the date should be corrected.

100046
I Rupam Upadhyay W/O Rajesh
upadhyay house no 558,near
shanuman Mandir village
gahmer Uttar Pradesh 232327
have changed my name
Roopam Upadhyay to Rupam
Upadhyay concerned note
846213
I No 14828154A Hav/MT
Jitendra Kumar R/o Vill
Patkaniya, Ghazipur, Uttar
Pradesh- 232332 Correct
name of my wife is Sandhya
Singh Instead of Sandhya
Singh.
778934

No. 15325748X Rank HAV
Killi Satya Rao of Unit 38 Aslt Engr
Regt, C/o 56 APO, R/o Vill-
Shivramnagar Colony, PO-
Balaga Rural, Teh Srikakulam,
Distt Srikakulam, State AP,
Pin-532001 have changed my
son name from K Vidya Charan
to Killi Vidya Charan vide
affidavit dt. 11.10.22 before
Notary Public Bathinda

100078

I K Bharati spouse of No. 15325748X Rank HAV Killi
Satya Rao of Unit 38 Aslt Engr
Regt, C/o 56 APO, R/o Vill-
Shivramnagar Colony, PO-
Balaga Rural, Teh Srikakulam,
Distt Srikakulam, State AP,
Pin-532001 have changed my
name from K Bharati to Killi

Bharathi vide affidavit dt.
11.10.22 before Notary Public
Bathinda

100078
I Ranjit Kaur W/o Sandeep
Singh R/o Ghaniekie Bangar,
Distt. Gurdaspur, Punjab-
143513 want to Change in my
Husband service records my
name from **RANJEET KAUR**
to **RANJIT KAUR**

100078
I Gurjit Singh Dhalla S/o
Balwinder Singh R/o Vpo
Pathrala, Distt Bathinda Have
Changed My Name To Gurjeet
Singh.

50008
I Kawaljit Kaur w/o Narinder
Singh r/o vill. Chak Baja
Marrar disst. Sri Muktsar Sahib
have changed my name to
Kanwaljit Kaur. All concerned
note it

50008

ications, Kurali Road, Khanpur, Kharar

I Vijay Panchal S/o Om Parkash
R/o House No 284, moti Nagar,
Meerut Road, Behind K.r
Cinema, Karnal (haryana)
Have Changed My Minor Son
Name From Saatvik To Saatvik
Panchal.

50008

I Amardeep Singh S/o Balvir
Singh R/o Siryewala Teh-
Rampura Phul Distt. Bathinda
have changed my name to
Amardeep Singh Bhari for all
future purposes.

63372

I, Nisha W/o Manish Kumar R/o
Jandila, Tehsil Banga Distt SBS
Nagar have changed my name
to Nisha Nisha. Please note.

63372

I, Jaskaran Singh Brar S/o
Baljinder Singh R/o Bhokhra
Bathinda changed my name to
Jaskaran Singh.

63372
I, Ashok Goyal R/o #92 Green
Avenue Opposite Rose Garden
Bathinda changed my minor
daughter's name Suchitra to
Suchitra Goyal.

63372
I, Surinder Kaur W/o Dalvir
Singh R/o Phulad, (Sangrur)
changed my name to Kitabo
Devi.

63372
I, Mohnu alias Mohnu Singh S/o
Karnail Singh R/o Sunam
(Sangrur) changed my name to
Mohnu Singh.

63372
I Dolly D/O Sanjay Garg
residence of Samrala
(Ludhiana) changed my name
Prachi Garg.

63372
I, Satnam Singh S/o Balveer
Singh Vpo Bassian (Ludhiana)
changed my name to Satnam
Singh Sidhu.

63372

1. Harwinder Kaur W/o Ranjit Singh Grewal R/o Vill: Malhipur Po. Doraha (Ludhiana) Punjab-141421 have changed my name to Harwinder Kaur Grewal.

63372

1. Jasveer Kaur W/o Harbhajan Singh R/o Vill: Katana Sahib Po. Kubba (Ludhiana) Punjab-141418 have changed my name to Jasvir Kaur.

63372

1. Rachna Rani W/o Rajiv Singla R/o Flat No 303, Tower No. 12, Royal Estate, Zirakpora Distt S.A.S. Nagar changed my

name from Rachna Rani to Rachna.

63372

I, Jagvir Singh Brar S/o Swaran Singh R/o Banga Road Gujjarpur Colony Nawanshahr (SBS Nagar) changed my (minor daughter) name from Komalpreet to Komalpreet Kaur.

63372

I, Phuman Singh S/o Kishan Singh R/o Vill: Dobholi Po. Mutton Teh-Balachaur (SBS Nagar) Punjab, changed my name from Phuman Singh to Fuman Singh.

63372

I, Mukesh Kumar S/o Darshan Kumar R/o Village Balluana District Bathinda have changed my name to Mukesh

63372
I Sharanjeet Kaur W/o
Laveeneet Singh Sandhu R/o
House No.82 St. No.13/9
Bank Colony Bathinda have
changed my name to
Sharanjeet Kaur Sandu after
marriage.

63372
I Gurcharan Singh S/o Fouja
Singh R/o H. No. 82 St. No.
13/9 Bank Colony Bathinda
have changed my name to
Gurcharan Singh Sandhu.

63372
I Kulwinder Jit Alias
Kulwinder Bachna Ramjit S/O
Bachna Ram R/O Gorakhpur
Tehsil Nawanshahr Distt. Sbs.
Nagar have changed my name
from Kulwinder Jit Alias
Kulwinder Bachna Ramjit to
Kulwinder Jit.

63372

stt. Mohali (PB), Ph.:(off) 0172-5002721

I, Punam W/o Parminder Singh R/o H.No.190, Guru Harkrishan Nagar, St.No.3, W.No.21, Khanna (Ludhiana) have changed my name to Poonam Kainth.	63372
I, Jasbir Kaur W/o Bachitar Singh R/o Village Baina Buland, Tehsil Armol (Fatehgarh Sahib) have changed my name to Jasvir Kaur.	63372
I, Achhara Singh Sandhu S/o Hakam Singh R/o Village Rurki Malan (Malerkotla) have changed my name to Achhara Singh.	63372
I, Malkit Singh S/o Jagtar Singh R/o VPO Goh, Tehsil Khanna (Ludhiana) have changed my name to Malkit Singh Barn.	63372
I, Baljeet Kaur W/o Malkit Singh Barn R/o VPO Goh, Tehsil Khanna (Ludhiana)	

have changed my name to
Baljeet Kaur Barn. 63372
I, Shubh Kumar S/o Jagdish
Chander R/o H.No.276,
Sector 10-A, Mandi
Gobindgarh (Fatehgarh
Sahib) have changed my
minor daughter's name from
Shaina to Shaina Srivastava.
63372
I, Shubh Kumar S/o Jagdish
Chander R/o H.No.276,
Sector 10-A, Mandi
Gobindgarh (Fatehgarh
Sahib) have changed my
minor daughter's name from
Navya to Navya Srivastava.
63372
I, Ranjit Kaur W/o Surjit
Padam R/o Vpo. Ladhraan Teh-
Nakodar (Jalandhar) changed
my name to Ranjit Kaur
Padam. 63372
I Sarabjit Singh S/o Amarjit
Singh R/o Vpo Pandori Distt

Ludhiana Have changed my name to Sarbjit Singh. 63372
I, Jaswinder Singh @ Jaspal Singh S/o Sawaran Singh R/o village Ahlupur Tehsil Sardulgarh Distt. Mansa is written & known to abovesaid both names. Jaswinder Singh @ Jaspal Singh both name are mine. 63372
I, Sukhjith Kaur Wo Jaswinder Singh R/o Vill: Manak Teh-Shahkot (Jalandhar) changed my minor son name from Lovejot Singh to Lovejot Singh

Dhillon.	63372
I, Surjit Kaur W/o Hardial (Singh R/o Bhagike (Moga)) have changed my name to Surjit Kaur Sidhu. My true and correct DOB is 15-01-1950.	63372
I, Sarabjeet Kaur W/o Udhham (Singh R/o Vill: Barauli Teh- Kharar (SAS Nagar)) changed my name to Sarbjit Kaur.	63372
I, Sarabjit Singh S/o Amarjit (Singh R/o Vill: Ranganian Po. Morinda (Ropar)) changed my name to Sarabjit Singh Rangi.	63372
i, karamjit singh s/o jatinder pal singh r/o vpo kotli gazran teh. shahkot distt. jalandhar have changed my name as	

900025
I Gagandeep Singh S/o
Gurchran Singh R/o H.no.526-
A,sec-124,sunny Enclave
Kharar (mohali) pb.have
Changed My Name As
Gagandeep Singh Gill To
Gagandeep Singh.
900019

972414. E-mail: yugmarg@gmail.com



केन्द्र व हिमाचल की डबल इंजन सरकार ला रही सुखद बदलाव

“ईमानदार नेतृत्व, शांतिप्रिय वातावरण, देवी-देवताओं का आशीर्वाद और परिश्रम की पराकाष्ठा करने वाले हिमाचल के लोग सभी अतुलनीय हैं। हिमाचल के पास तेज विकास के लिए जरूरी हर चीज मौजूद है। समृद्ध और सशक्त भारत के निर्माण में हिमाचल अपने योगदान का निरंतर विस्तार करता रहे यही मेरी शुभकामनाएं हैं।”
नरेन्द्र मोदी, प्रधानमंत्री

आयुष्मान भारत

- 4.33 लाख परिवारों के गोल्डन कार्ड बनाए गए
- 1.60 लाख लाभार्थियों का 201.54 करोड़ रुपये खर्च कर किया निःशुल्क इलाज

मुख्यमंत्री हिमाचल हेल्थकेयर योजना-हिमकेयर

- 6.43 लाख परिवार पंजीकृत
- 3.42 लाख लाभार्थियों के इलाज पर 325.58 करोड़ रुपये खर्च

मुख्यमंत्री गृहिणी सुविधा योजना

- 3.35 लाख परिवारों को निःशुल्क गैस कनेक्शन दिए गए
- 2.67 लाख लाभार्थियों को दिया एक अतिरिक्त गैस रिफिल

प्रधानमंत्री कृषि सिंचाई योजना

- 41.71 करोड़ रुपये खर्च
- 1563.40 हेक्टेयर भूमि सिंचित
- 7622 किसान लाभान्वित

प्रधानमंत्री गरीब कल्याण अन्न योजना

- कुल 1,26,825 मीट्रिक टन खाद्यान्न वितरित
- 841 करोड़ खर्च, 30,07,653 लोग लाभान्वित

प्रधानमंत्री आवास योजना (शहरी)

- 5,717 आवास निर्मित
- 133.07 करोड़ रुपये खर्च

जनमंच

- विभिन्न चरणों में 256 स्थानों पर जनमंच आयोजित
- 55,249 समस्याएं प्राप्त
- अधिकांश का किया समाधान

मुख्यमंत्री सेवा संकल्प हेल्पलाइन-1100

- 4.46 लाख से अधिक शिकायतें प्राप्त
- 97 प्रतिशत का किया निपटारा

जल जीवन मिशन

- 8.65 लाख घरों में नल से पहुंचाया जल
- वर्ष 2021-22 के लिए 4,111 करोड़ रुपये आवंटित

प्राकृतिक खेती-खुशहाल किसान योजना

- 1,71,063 किसानों ने अपनायी प्राकृतिक खेती, 58.46 करोड़ रुपये खर्च
- 9,464 हेक्टेयर क्षेत्र प्राकृतिक खेती के तहत लाया गया

सामाजिक सुरक्षा पेंशन

- 7.21 लाख लाभार्थियों को मिल रही पेंशन

प्रधानमंत्री आवास योजना (ग्रामीण)

- वर्ष 2018 से अब तक 58.09 करोड़ रुपये खर्च कर 7,893 लाभार्थियों को मकान स्वीकृत

प्रधानमंत्री स्वनिधि योजना

- 3426 लाभार्थियों को 3.64 करोड़ रुपये के ऋण दिए गए

प्रधानमंत्री किसान सम्मान निधि योजना

- राज्य के 9.83 लाख से अधिक किसानों को दिए गए लगभग 1931.63 करोड़ रुपये

प्रधानमंत्री उज्ज्वला योजना

- 1.38 लाख परिवारों को निःशुल्क गैस कनेक्शन दिए गए
- 28.15 करोड़ रुपये खर्च

NEWS AT A
GLANCEWorld Mental Health
Day organized at
SDAM College

JASPOONAM KOHLI
DINANAGAR: Under the aegis of 'Ek Bharat Shreshtha Bharat' mission and "Internal Quality Assurance Cell" on behalf of "Psychology Club" in the seminar room of Shanti Devi Arya Mahila Mahavidyalaya, Dinanagar, headed by Principal Dr. Reena Talwar and under the guidance of Dr. Sonam Gupta, Head of the Department. Psychological questionnaire was successfully organized under the extension activities. On this occasion, Dr. Sonam Gupta, while giving his speech on "World Mental Health Day", made the audience aware of mental health and also gave various tips to stay healthy. During this, 80 girl students were tested to know the focus of control. Dr. Sonam Gupta, while clarifying about the locus of control, said that human beings believe that to some extent he has control over the events that happen in his life. These are of two types, internal and external. At the end of the program, Dr. Sonam Gupta thanked everyone.

300 girls participate in
International Day of Girls
celebrated in Ferozepur

RAMESH KASHYAP
FEROZEPUR: To commemorate the 10th anniversary of the International Day of the Girl (IDG), the district level function was organised at Dev Samaj College of Education with more than 300 Girls participating in different events and expressing their thoughts District Administration organised a number of events like Slogan Writing, Poster Making, Speech competition, Rangoli and Mehndi Competition to mark the celebration of 10 years of International Day of Girls. It is an International Observance Day declared by the United Nations and also called the Day of Girls. Deputy Commissioner Ferozepur, Amrit Singh and Sagar Setia, A.D.C. (G) graced the occasion with their presence. International Day of the Girl Child is observed on October 11 to raise awareness about the importance and potential girls hold as the future of our society.

Two arrested for
illegal sand mining

ASHOK KAURA
PHAGWARA: The Bilga police have arrested Gupreet Singh a resident of Phul Pur colony, Jalandhar, and Balvir Singh a resident of Banking Enclave, Jalandhar on the charges of illegal sand mining. Mining Inspector Amarjit Singh complained to the police that the accused were carrying sand in three tractor trolleys but could not produce any documents. The investigating officer Rajinder Singh said a case under section 379 IPC and section 21 of the Punjab mining act has been registered against the accused and their three tractor trolleys loaded with sand have been impounded and there their accomplice managed to flee.

Big zolt to Congress, many youth leaders joins AAP

SHARMA
LUDHIANA, OCT 11

In view of the increasing popularity of the Aam Aadmi Party at the national level, many workers of different political parties are becoming the part of Aap.

Today workers of congress party from city, said goodbye to Congress and

joined Aam Aadmi Party under the guidance of MLA Gupreet Gogi's wife Dr. Sukhchan Gogi.

In which Rajeev Gagat, Ricky Mangal, Jogi, Rohit Jogi, Sonu, Sunny, Ashok Kumar, Vicky, Kulwinder Singh, Gurinder Singh, Rahul Sharma, Lalit Sharma. Congress workers were involved. On this occasion, Dr.

Sukhchan Gogi said that State's people have big faith in Punjab Government and is working.. The promises made to the people by the government led by Bhagwant Maan are being fulfilled one by one. On this occasion media advisor Naveen Gogna and AAP leader Satnam Singh, Sunny Master, Vipan Kumar were also present.

28000 contractual employees
to be regularized soon: CMSHASHI PAL JAIN
CHANDIGARH, OCT 11

Punjab Chief Minister Bhagwant Mann on Tuesday said that the state government will soon complete the process of regularising the remaining 28000 contractual employees in the state.

"The entire process is being carried out legally for safeguarding the interests of these employees and soon they will get the good news" asserted the Chief Minister while addressing the newly recruited of the PWD and PSPCL here at the Municipal Bhawan.

The Chief Minister said that the state government is committed to regularising the services of these employees. He said that services 8736 employees have already been regularised and the process of regularising that of others is in pipeline. Bhagwant Mann said that this will be completed every soon to secure the future of the remaining employees. The Chief Minister said that the



previous government had made various appointments to 'Group C' and 'Group D' level posts on contract/temporary basis. He said that some of such employees have now put in a period of more than 10 years and had given their prime years of life in service to the state. Bhagwant Mann said that his government had realized it well that now at this stage, to relieve these employees or to replace them in this

capacity in service with another set of people will be unjustified and improper, due to which this decision has been taken. The Chief Minister said that his government is totally against the contractual system of employment as it is highly exploitative. He said that these employees have to work at very meager rates due to which they have to suffer a lot. Bhagwant Mann said that this has pushed the future of youth to-

wards darkness adding that the need of hour is to channelize the unbounded energy of youth in a positive direction. The Chief Minister further said that his government will soon complete the process of recruiting 2100 Assistant Lineman in the PSPCL. He said that this will provide employment opportunities to youth on one hand and ensure best power services to people on the other. Bhagwant Mann unequivocally said that the state government is laying major thrust on filling all the vacant posts in several departments.

The Chief Minister said that ever since he assumed the charge of office on March 16th, major thrust has been laid on providing jobs to the youth. He said that till now 18543 youth had been given government jobs in the state. Bhagwant Mann said that this month 2500 cops are being recruited in the Police department too, adding that his government is committed to eradicating the menace of unemployment from the state.

Balkar Sidhu's birthday celebrates in Rampura Phul

RAMPURA PHUL (HEMANT KUMAR SHARMA): AAP party leaders and workers celebrated AAP MLA Balkar Singh Sidhu's birthday by cutting a cake from Rampura Phul Vidhan Sabha constituency AAP party leaders and workers congratulated MLA



Balkar Singh Sidhu on this occasion.

On this occasion Naresh Kumar Bittu Bawa Inderjit Singh President Property Association Rampura Phul Ravinder Singh Nikka Rajan Goyal Tony Garg Soni Aman Bahiya Bobby Gaurav Bhatia besides Aam Aadmi Party leaders and workers were present.

AAM aadmi clinic in
Ludhiana ranks first in
terms of patient arrivalsGAURAV GOEL
CHANDIGARH, OCT 11

Expressing satisfaction over the performance of 100 Aam Aadmi clinics, Punjab Health Minister Mr. Chetan Singh Jauramajra said that during the last two months, 35504 patients have benefited from free health facilities in Aam Aadmi Clinics of Ludhiana. He said that the Aam Aadmi Clinic near Chand Cinema in Ludhiana is leading in the state with the highest number of patients. From August 15 till now (October 11) 6505 patients have had their health checked here.

Sharing the information, the Cabinet Minister said that 35504 patients have been tested in Ludhiana so far. 6 out of 9 Aam Aadmi Clinics in Ludhiana are located in densely populated areas. He said that after Chand Cinema Clinic, Aam Aadmi Clinic Dhandari Kalan had the highest number of patients (6329), where 544 tests were also conducted. Similarly, 5102 patients were exam-



ined at the Aam Aadmi Clinic located on Lalheri Marg in Khanna, while 3676 patients were examined at the clinic in Raikot. Jauramajra said that according to the latest data, a total of 44026 patients have been treated and 5449 lab tests have been done in SAS Nagar, while district Ludhiana has led 23 districts with 35504 patients and 3853 clinical tests, got the second place. Similarly, district Amritsar has bagged the third position with 26377 patients and 3193 clinical tests. Further, the number of patients has reached 3,01,948 from August 15 to September 11, 2022 with a total of 39414 clinical tests across the state.

Rotary Club Ahmedgarh
celebrates International
Girl Child Day

AHMEDGARH (MAHVIR GOYAL): Rotary Club Ahmedgarh under the leadership of Chairman Mahesh Sharma, Patron Prof SP Sofat, Former Assistant Governor Dr. Ravi Sharma, President Dr. Puneet Dhawan, Secretary Bipan Sethi and Vice President Amrik Singh Farwaha on International Girl Child Day. It was celebrated at govt senior Secondary School Rachhin. Sardar Gurbir Singh Kohli SDM Raikot was the chief guest on this occasion. Chief guest Sardar Gurbir Singh Kohli while addressing said that it is very important to save and educate girls for establishing a good and civilized society. It is a happy thing that today people in India especially in Punjab are providing higher education to girls. Our daughters are also making remarkable achievements in every field. He said that the Rotary Club of Ahmedgarh deserves to be congratulated for making a commendable effort to encourage talented girls on the occasion of International Girl Child Day. Chairman Mahesh Sharma said that the International Day of the Girl Child is being celebrated worldwide on October 11.

Prakash Purb of Sri Guru Ramdas Ji celebrated with
devotion at Sachkhand Sri Harmandar SahibCHARNJIT SINGH ARORA
AMRITSAR, OCT 11

The Shiromani Gurdwara Parbandhak Committee (SGPC) with the support of Sabha Societies and Sangat today celebrated the Prakash Purb (birth anniversary) of Sri Guru Ramdas Ji, the fourth Sikh Guru, with devotion and reverence at Sachkhand Sri Harmandar Sahib. On this occasion, bhog (concluding ceremony) of Sri Akhand Path Sahib was held at Gurdwara Manji Sahib Diwan Hall, after which, prominent raagis, dhadis and kavishars connected the Sangat with the Guru's praise.

Lakhs of Sangat expressed their devotion after paying obeisance at Sachkhand Sri Harmandar Sahib. On this occasion, SGPC President Advocate Harjinder Singh Dhami and different prominent personalities attended the congregations and expressed their devotion. Dedicated to Prakash Purb, beautiful jalau (grandeur) were decorated at Sri Harmandar Sahib, Akal Takht



Sahib and Gurdwara Baba Atal Rai Sahib, which became the center of attraction for the Sangat. Different Sabha Societies and organised langars dedicated to Prakash Purb.

During the Prakash Purb, while doing katha (discourse) from Gurdwara Sri Manji Sahib, eminent Sikh preacher Bhai Pinderpal Singh shared the life and ideology of Sri Guru Ramdas Ji with the Sangat. He said that the life of Sri Guru Ramdas Ji is a guide for humanity and living as per his teachings, life can be made happy. Advocate Harjinder Singh Dhami also congratulated

the Sangat on Prakash Purb of Sri Guru Ramdas Ji.

During the Kavi Darbar, Panthic poets presented poems about the life of Sri Guru Ramdas Ji. Dedicated to Prakash Purb, the SGPC organised different religious competitions in different schools in the past days and the students who secured positions were honoured. Earlier, last night, Raag Darbar and Padal Shabd Gayan Kirtan Samagam was organised at Gurdwara Manji Sahib Diwan Hall, in which the raagis jathas sang verses from Gurbani of Sri Guru Ramdas Ji.

World Mental Health Day celebrated

DALJEET AJNOHA
HOSHIAHPUR, OCT 11

According to the orders of Director Health and Family Welfare Department Punjab Chandigarh and Shri Sandeep Hans IAS Deputy Commissioner Hoshiarpur. Dr. Harbans Kaur under the able leadership of Deputy Medical Commissioner cum Member Secretary. Raj Kumar Psychiatric Specialist Civil Hospital Hoshiarpur and Prof. Ashish Arora Director PTU. World Mental Health Day was celebrated at I.K. Gural Punjab Technical University Hoshiarpur Campus in the presence of, Dr. Devinder Pal Singh Medical Officer, District De-Addiction & Rehabilitation

Center Mohalla Fatehgarh Hoshiarpur, in which Dr. Harbans Kaur Deputy Medical Commissioner was as the Chief Guest. a poster making competition was held on this occasion in which Ishu Dhandha won the first place, Simranjit Kaur won the second place, and Daljit Singh won the third place. On this occasion Dr. Raj Kumar Psychiatric Specialist and Miss Sandeep Kumari Counselor gave detailed information about Child Mental Health Day. On this occasion, Dr. Harbans Kaur Deputy Medical Commissioner said that the Department of Health and Family Welfare, Punjab, at District Civil Hospital Hoshiarpur.

Dr Amarjit Rakhra promises
better health services

BEAS (GURDARSHAN SINGH PRINCE): Dr. Amarjit Singh Rakhra, who has retired from the post of Assistant Civil Surgeon from Health Department, has started Amarjit Multi Specialty Clinic in Beas. On the occasion of its inauguration, paath of Shri Sukhmani Sahib was organised. During the conversation on this occasion, Dr. Amarjit Singh Rakhra said that after serving the health department for a long time, he has opened Amarjit Multispecialty Clinic in Beas as his primary business, serving the people of the area, where he tries to provide better health services to the people. Soon, more efforts will be made regarding health facilities in the area, he said.

Among the dignitaries present on the occasion were Dr. Preet Kamal (Ex-PCMS-1), Kapur Singh Wazir Bullar, Tarlochan Singh, Manager Vipan Kumar Verma, Lecturer Madam Raj Rani, Chairman Gurinderjit Singh, Karamjit Singh, Paramjit Singh Rakhra, Narinder Singh, Gurpreet Kaur and Poonam.

World University organises quiz competition,
poster exhibition dedicated to Sri Guru Ramdas JiSURJEET SINGH SAHI
FATEHGARH SAHIB, OCT 11

Education Department, Sri Guru Granth Sahib organised a quiz contest which was held at World University in honour of Guru Ram Das Ji, the fourth Sikh Guru. In total, nine teams from the departments of social science and education took part in the competition.

Billing for Dr. Harneet, Department in-charge spoke to the students and discussed Guru Ram Das's teachings. She exhorted the pupils to live their life in accordance with the teachings of Guru Sahib. She emphasised that the only teachings of the Guru sahib could enable us to live happy lives. The quiz tournament had eight rounds in



total, according to Ms. Satwant Kaur, assistant professor of education and competition coordinator. Ten questions in each round included many facets of Sikh history, Amritsar Sahib facts, Guru Ram Das Ji's teachings, Sikh gurus' lives and teachings, historical sites of significance in Sikh history, and Gurbani. Dr. Amandeep Kaur, an assistant professor of educa-

tion, led the quiz. She stated that the competition was fierce and that everyone's expertise was amazing. The team of Jaspreet Kaur, Sonia Kumari, and Komal Preet Kaur lost to the team of Kamaljeet Kaur, Kamalpreet Kaur, and Khushpreet Kaur. According to the participants, the quiz helped the participants to brush up on their knowledge of Sikh history.

Chief Minister gifts
Rs 16 crores to
Gagret: Rajesh Thakur



Gagret, oct 11
MLA of Gagret assembly constituency of Una, Rajesh Thakur inaugurated the building of Sub Tehsil in Daulatpur and dedicated it to the public. I thank Chief Minister Jai Ram Thakur on behalf of myself and all the people of Gagret for the gift of about 15 crores given to Gagret assembly constituency through virtual, he said that today the Chief Minister of the state has a project to set up 12 tube wells in Dangoh, Bhadrakali, Nakdoh, Bawehar, Marwari and Rajpur under Gagret assembly at a cost of Rs 7.23 crore, improvement of eight tube wells in Jeetpur Behari, Kuneran, Gonpur Banhera, Kad and Badoh villages with Rs 5.29 crore. Works like strengthening of various water supply projects and creation of basic infrastructure are included in Gagret VS with Rs. 3.18 crore. The same Rajesh Thakur said that we have given the paper of development works done for the public with full sincerity. Now marks It is the work of the people, if we have worked and have made efforts in taking Gagrete forward, then the public will give us good numbers and once again the lotus will be fed from Gagret assembly constituency, he said that from today the sub-tehsil has been dedicated to the people. Now Daulatpur or its nearby village will not have to go to Ghanari, due to which the time of the public will be saved and the common man will also be able to get the work related to his sub-tehsil.

HIMACHAL/JK

YUGMARG, CHANDIGARH, WEDNESDAY, OCTOBER 12, 2022

CM inaugurates and lays foundation stones of 183 projects in Kullu

DINESH AGARWAL
SHIMLA, OCT 11

Chief Minister Jai Ram Thakur virtually inaugurated and laid foundation stones of 183 developmental projects worth Rs. 1008.42 crore from Kullu today for various assembly constituencies of the State. These include inauguration of developmental works worth Rs. 360.96 crore and foundation stones of developmental works worth Rs 647.46 crore. While addressing the event virtually, the Chief Minister said that the State Government during the last about five years had ensured balanced and equitable development of every region of the State. He said that today he has inaugurated and laid foundation stones of 183 developmental projects worth Rs 1008 crore. Chief Minister said that for Hamirpur district he has today inaugurated 4 developmental projects worth Rs 20.40 crore and laid foundation stones of 3 projects worth Rs. 33.82 crore.



Jai Ram Thakur said that for Kangra district he has today inaugurated 28 developmental projects worth Rs. 108.98 crore and laid foundation stones of 30 projects worth Rs. 225.35 crore. Chief Minister said that for three constituencies of Solan district, he has inaugurated one developmental project worth Rs 1.33 crore and laid foundation stones of 8 projects worth Rs. 18.45 crore. Jai Ram Thakur said that for Una district, he has today

inaugurated 8 developmental projects worth Rs. 39.69 crore and laid foundation stones of 5 projects worth Rs. 30.28 crore. Chief Minister said that for three constituencies of Shimla district, he has inaugurated 7 developmental projects worth Rs. 45.16 crore and laid foundation stones of 1 project worth Rs. 3.31 crore. He said that for Mandi district, he inaugurated 15 developmental projects worth Rs. 54.54 crore

and laid foundation stones of 14 projects worth Rs. 108.32 crore. Chief Minister said that for Bilaspur district he inaugurated 6 developmental projects worth Rs. 56.61 crore and laid foundation stones of 22 projects worth Rs. 101.88 crore. Chief Minister inaugurated 10 developmental projects worth Rs. 38.25 crore and laid foundation stones of 21 projects worth Rs. 126.05 crore for Kullu district. Chief Minister also virtually transferred Rs. 1 crore for various scholarship schemes of HP Board of School Education for the school students of the State and also 10,000 smartphones would be provided for school students. Education Minister Govind Singh Thakur, MLAs Surender Shourie, Chairman HP Board of School Education Dr. Suresh Soni, Deputy Commissioner Kullu Ashutosh Garg were present at Kullu with the Chief Minister whereas Ministers, MLAs joined the occasion virtually from their respective places.

Jai Ram Thakur
presides over cultural
night of Dussehra



DINESH AGARWAL
KULLU, OCT 11

Chief Minister Jai Ram Thakur presided over the cultural night of International Kullu Dussehra at Lal Chand Prarthi Kala Kendra Kullu yesterday evening. Famous folk singer Inderjeet regaled the jam packed Lal Chand Prarthi Kala Kendra with his soulful voice. Chief Minister also released a Song based on the developmental journey the State has witnessed during the last about five years sung by noted folk singer Inderjeet. Earlier,

civic reception and dinner was hosted by Kullu Nagar Parishad in honour of the Chief Minister. Education Minister Govind Singh Thakur honoured the Chief Minister by presenting Himachali cap and muffler on the occasion. Deputy Commissioner Kullu Ashutosh Garg honoured the Chairperson States Hospital Red Cross Welfare Society Dr. Sadhna Thakur. MLAs Jawahar Thakur, Surender Shourie and Kishori Lal Sagar, Vice Chairman HPMC Ram Singh, SP Gurdev Sharma were present on the occasion among others.

Kabaddi team winner honoured



JOGINDER DEV ARYA
BANGANA, OCT 11

In the District Level Open Kabaddi Championship tournament, the Kabaddi team of Atal Bihari Bajpai Government College, Bangana secured first position in the competition. The players of Kabaddi met the principal of college and on this occasion, principal of the college, Dr. Satinder Kumar Sharma wished good luck and bright future to these winning players. This team will participate in Himachal Pradesh University Inter College Championship, Rampur. Prof. Sikander Negi, in-charge of the college sports department said that Kabaddi is a sport which includes many sports like rugby, wrestling, wrestling etc. It is a mixture of sports. Kabaddi game originated in Tamil Nadu of ancient India and today Kabaddi, the game of the era, is a modified form of this. Kabaddi is the traditional game of India and it was also born in our own country and the champion is also India till date. Although it is not known when this game started because this game is centuries old and this game was played in many places, so there is no proven time of its beginning.

International threat to India's big
pharmaceutical industry: Shanta Kumar

SANJAY AGGARWAL
DHARAMSHALA, OCT 11

Former Union Minister Shanta Kumar said that a huge international threat is looming over India's large pharmaceutical industry. 66 children died in the country of Gambia in Africa due to medicine made in India. This medicine has been made by a firm from Haryana and Himachal Pradesh. The World Health Organization has talked about taking strict action in this regard. He said that India is called the pharmacy of the world in manufacturing generic medicines. Medicines worth crores of rupees are exported from India. 40 percent of the medicines manufactured in India are made in Himachal Pradesh. Crores of people of the country get employment in these industries and India benefits from exports of crores of rupees. Shanta Kumar said that India's pharmaceutical industry is being defamed all over the world by the World Health Organization saying that strict action will be taken. This is not the first time that samples of medicines made in India were found to be ineffective. Every year many drug samples fail. Unfortunately, the guilty companies are



not punished. I am very sad to know that in 2020 some people died in Jammu and Kashmir due to a medicine made in Himachal Pradesh. But till now no strict action has been taken against that company. The Government of Haryana and Himachal Pradesh has urged the Government of India to take strict action against the culprits at the earliest to save the country from this slander and to protect the growing and thriving industry of India.

HP has developed rapidly despite
the challenge: Anurag Thakur

SANJAY AGGARWAL
DHARAMSHALA, OCT 11

Himachal Pradesh has developed rapidly despite the challenge of corona pandemic due to double engine government. In the coming times also, institutions and activities related to sports will be developed at a fast pace in Himachal Pradesh. Union Information and Broadcasting, Youth Affairs and Sports Minister Anurag Thakur said this during the foundation stone laying program of Indoor Stadium in Jaswan Paragpur. He said that the Government of India would build centers and institutes of excellence related to sports in Himachal Pradesh so that in the coming years the sportspersons of Himachal would bring medals to the country. The Union Minister said that the Khelo India program is playing an important role in nurturing sports talent across the country. He said that 1000 Khelo India Centers are being constructed under Khelo India programme. Out of these, approval has been given to open 590 centers. By August 15, 2023, all the centers will be dedicated to sportspersons across the country. Earlier, after reaching Jaswan-Pragpur



assembly constituency, Union Sports Minister Anurag Thakur laid the foundation stone of an indoor stadium to be built at a cost of Rs 6.31 crore in Pragpur. On this occasion, he said that efforts are being made to provide necessary modern facilities to the players in this indoor sports stadium. He told that with the construction of this sports stadium, the players of the area will get services like training near home. With this the country will get players of national and international level.

Modi to lay foundation of Una-Hamirpur rail line
on Oct 13 and flag off Vande Bharat Express

UNA, OCT 11

Prime Minister Narendra Modi will address a public meeting at the historic Chamba Chaugan in Himachal Pradesh on October 13. The SPG has taken a lead in Chaugan regarding the preparations for the PM's visit. Before this rally, Prime Minister Narendra Modi will come to Una first on October 13 at 9:30 am. Sharing the information, State media in-charge Sumeet Sharma said in an informal conversation with the media. He told that on October 13, Vande Bharat Express from Una railway station. The train will be flagged off by Modi. He will also lay the foundation stone for the proposed Bulk Drug



Pharma Park and Una-Hamirpur new railway line at Haroli, Una. He will attend the public function at Indira Gandhi Stadium Una. before he leaves for Chamba. He will inaugurate the foundation stone of various projects in Chamba and

address a public meeting in Chaugan. Narendra Modi will be first Prime Minister to address a public meeting at Chamba Chaugan, located on the Dhauladhar hills. BJP's state media in-charge Sumeet Sharma gave this information in a press conference on Tuesday. The Bulk Drug Pharma Park has got approval from the Center by making a DPR in a record 15 days. 300 crore budget has been released in the first phase. The revised tentative tour program of Prime Minister Modi's Himachal tour has been released. Sumit said that due to efforts of Union Minister Anurag Thakur and CM inauguration of rail and foundation stone of Bulk Drug Park became possible.

International Certificate course on Sustainable,
Local Food Systems begins at Nauni

DINESH AGARWAL
SHIMLA, OCT 11

In a first of its kind, Dr YS Parmar University of Horticulture and Forestry(UHF), Nauni in association with UN's Food And Agriculture Organization (FAO) launched a four week International Certificate Course-'Sustainable and Local Food Systems'. Over 30 participants, mainly scientists and researchers from UHF and five countries including Tanzania, Uganda, Morocco and Malawi are attending this course. The course is based around the 'Enabling Sustainable Food Systems: Innovators Handbook' published by FAO and the French National Research Institute for Agriculture, Food and Environment (INRAE). The course is developed in collaboration with the Université Gustave Ei?el. The four week (38 hours) course is combining live online training workshops with self-paced study of online content and a series of assignments. The course has been started under World bank funded



ICAR's NAHEP IDP being implemented at the university. Vice-Chancellor Professor Rajeshwar Singh Chandel, said that the course aims to help current and future food systems innovators create or transform localized food systems based on farm landscape diversification through agroecology. It also aims to empower the participants to become a facilitator, capable of using this training template to work with others in their local area, leading to further innovative food systems transformations. He added that the course will increase the understanding of the concepts of localization and the circular economy and apply it to local food systems.

Live telecast of program
in Zilla Parishad Hall

UNA, OCT 11

Chief Minister Jai Ram Thakur gave a gift of Rs 69.96 crore to Una district through virtual mode on October 11, whose live broadcast was shown through LED in Zilla Parishad Hall Una. Deputy Commissioner Raghav Sharma said that during this time the Chief Minister inaugurated Rs.39.68 crore, including six type two quarters in Una campus, built with Rs.1.36 crore under Una assembly constituency, Chintpurni with Rs.16.15 crore. - Road from Talwara Road Bharwai to Pakka Tiala, Rs 16.93 crore to be lifted from Behad Jaswan, Dharamshala Mahantan, Bijapur and Talwal water supply project, Rs 1.46 crore to lift water supply scheme Saluri and Rs 3.77 crore to lift water supply scheme Gram Panchayat Nehri-Nauranga and Includes year-round.Apart from this, Chief Minister Jai Ram Takur also laid the foundation stone for various developmental works to be constructed with Rs.30.27 crore, including Staff Quartz Bhawan Chintpurni to be constructed with Rs.2.82 crore, for the missing villages in Beit area under Haroli assembly constituency with Rs.11.73 crore.



CM lays foundation stone
for 3 projects virtually

ANWAR HUSSAIN
NALAGARH, OCT 11

Chief Minister Jai Ram Thakur laid foundation stone of development works in various districts virtually from Kullu. Keeping in view the issue of Nalagarh drinking water, the Chief Minister got approval of Rs. 1.98 crore for Dabhota and adjoining villages and Rs. 3.62 crore for nearby villages including Jogho-Jagatpur for installation of new tubewells from NABARD. Under this, the work of new water tanks and new pipelines of drinking water schemes will be started at the earliest. Apart from this, CM will inaugurate Dhar Kotla swing bridge at a cost of Rs 1.33 crore. With construction of bridge, now people will not have to face difficulties in crossing river. Yogesh Kumar Bhartiya, Chairman, Jogindra Central Co-operative Bank said that foundation stone of three projects has been laid, which will benefit the residents of the areas.



Ensure proper maintenance of
roads ahead of Polls: CEO

DINESH AGARWAL
SHIMLA, OCT 11

While presiding over a meeting with the heads of the of various departments here today, Chief Electoral Officer, Maneesh Garg directed all concerned departments to ensure strict adherence to the guidelines of Model Code of Conduct (MCC) when it comes into force for ensuring free and fair elections to the State assembly. CEO said that the coordination of various departments was important for conducting smooth and inducement free Polls in the State. Directions were given to the Public Works Department to ensure proper maintenance of roads and provision of ramps and other facilities in polling stations, to facilitate the voters. He stressed the need to keep machinery and labour ready for clearance of roads in case of landslides or blockage of roads due to snowfall or heavy rains. He also stressed upon to ensure prompt medical assistance to the polling personnel and also provision of



COVID-19 safety material during the poll process. Specific directions were issued to the health department in this regard. The State Taxes and Excise department was also directed to monitor all bottling plants and warehouses through 24X7 CCTV surveillance and ensure inter-state coordination with Excise Commissioners of the bordering states to curb illegal movement of liquor. As the majority of polling stations were in government schools, therefore the Education department was asked to ensure proper maintenance of polling station buildings and other necessary facilities like ramps of proper specifications, separate toilets, drinking water facilities, electricity, cleanliness etc.

HPSEBL execute four projects
in Chamba District

DINESH AGARWAL
SHIMLA, OCT 11

To be implemented by Himachal Pradesh State Electricity Board Limited for the execution of four projects named sai kothi first stage 15 mw ,sai kothi second stage 18 MW, Devikothi 16 MW, and HEL 18 MW in Chamba district, project and separate agreements have been signed in between Himachal Pradesh Government and KFW Development Bank Germany in the presence of Chief Secretary Himachal Pradesh Shri RD Dhiman today here at Himachal Pradesh government secretariat Shimla. Special Secretary Energy Smt. Kiran Badana signed agreements on behalf of Himachal Pradesh Government, Shri Pankaj Dadwal, Managing Director,HPSEBL signed on behalf of Himachal Pradesh State Electricity Board Limited and from KFW Developed Bank Germany, Regional Security Adviser Tarun Dahiya signed the agreements . Financial assistance and grant agreements have already been signed between the Bank



and the Government of Himachal Pradesh for execution of these projects. These projects will be constructed by Himachal Pradesh State Electricity Board Ltd under for Hydropower program in the Himalayas with financial assistance from KFW development Bank Germany. For the construction of these projects. KFW Development Bank Germany will provide financial assistance 80 million Euros approx. Rs.654 crore in Indian currency as financial assistance and 1.5 Euros, approx 12 crore in Indian currency as grant for the purpose.

Fresher's party at Rama Chopra Sanatan Dharma Kanya Mahavidyalaya



SHARANJEET PATHANKOT: A fresher's party was organized at Smt. Rama Chopra Sanatan Dharma Kanya Mahavidyalaya Pathankot under the chairmanship of Principal Dr. Shobha Parashar. In which the new female students taking admission in the college were welcomed. Dr. Sonia Goyal, Sushila Sharma, Renu Mahindru, Anshu Dutta, Anita Chaudhary and Vishali Sharma participated in the program as chief guests. Cultural programs were presented by the students on this occasion. The students performed Giddha, a symbol of Punjabi culture, choreography on women empowerment, Bharat Natyam, folk songs, western dance. A modeling competition was also organized on this occasion, in which girls dressed in colorful dresses walked the catwalk on the ramp. Hoy made use of his talent. The judges asked the students questions about their talent and beauty, based on which the students were selected for the title. Meanwhile, Deepakshi won the title of Miss Fresher-2022, Daljit won Miss Radiant Smile, Prabhjot Miss Ravishing Hair, Simranjit Miss Magnificent Gate, Anjali Miss Brainy, Sonia Miss Glamorous Eyes, Rhea Miss Best Apparel, Anshu Miss Confident, Shrivangi Miss Innocent, Shivani was Miss Charming, Sheetal won the title of Miss Versatile.

Brigadier I. S. Bhalla meet Sant Seechewal



MK SHARMA SULTANPUR LODHI LODHI: Brigadier IS Bhalla today met Padmashree Sant Balbir Singh Seechewal Rajiya Sabha member on the banks of the Holy Kali Bein. During this time, he also got information about Sant Seechewal Water Sports Center. Bhalla gave information about the various works being done for the welfare of the country and society through NCC and appealed to advance the Punit Sagar Abhiyan at the national level. Col. Vishal Uppal, Commanding Officer, 21 Punjab Battalion NCC was also present on this occasion. Brigadier I.S. Bhalla said that there are 13 lakh NCC cadets. He said that the officers of the three armies for training P.I. Staff and NCC officials are working diligently day and night. Bhalla said that with the NCC training certificate, the child can get many facilities in the future. He expressed his desire to set up an NCC camp in Sultanpur Lodhi. In this context Rajya Sabha member Padmashri Sant Baba Balbir Singh Sicheval responded and assured to organise and complete the NCC camps. Brigadier I.S. Bhalla said that this shrine is a very good place for conducting NCC camps of Army and Navy. Manoj Sharma Sultanpur Lodhi

Safai Sevak union stages protest against authorities, raise demands



SUKH NAHAR JAGRAON: Safai Sevak union alongwith other unions launched a strike under the guidance of union president Arun Gill while putting forward their demands before the government and concerned authorities. Telling more about this, Arun Gill said that the unions have been repeatedly informing the authorities about the "fair" demands of the municipal council workers but they have been ignored number of times so, the workers were compelled to launch a strike against the government. "We had given a memorandum to EO informing him that the union shall launch a strike if their demands are not fulfilled until 8 August but EO asked for some more time to look into the matter so, the union decided to wait till 22 September but there was no visible progress so, we were compelled to launch a strike," he said. He further added that the protests shall continue unless the demands are fulfilled and the EO shall be responsible for this. At this occasion, Santar Gill, Rajinder Kumar, Govardhan Gabbi, Bhushan Gill, Pardeep Kumar, Ram Kumar, Krishan Gopal, Sunil Kumar, Shyam Lal Chandawalia, Lakhveer Singh, Raj Kumar, Balwinder Singh, Dimple, Bhagat Singh, balveer Singh Sujawal, Jagjeet Singh, Harpreet Singh, Guripal Singh, Satnam Singh criticized the authorities for ignoring the well being of sanitary workers.

YUGMARG, CHANDIGARH, WEDNESDAY, OCTOBER 12, 2022

Harjot Singh Bains confers Swachh Vidyalaya awards to distinguished schools

SHASHI PAL JAIN
SAS NAGAR, OCT 11

Punjab School Education Minister Harjot Singh Bains on Tuesday gave away Prizes and Certificates of Appreciation to those schools who topped in various categories of Swachh Vidyalaya Awards of session 2021-22 during a function organized at the head office.

Appreciating the work of principals and teachers of the concerned schools, the Education Minister said that these teachers and their teams brought laurels for the state with their constructive approach. He also urged these teachers of the winning schools to play vanguard role to improve the situation of sanitation in nearby schools so that more schools can get this national distinction next year. Notably, Government of India has selected these schools in



various categories on sanitation parameters under the Swachh Bharat Campaign. The selected schools included government and private ones. In the overall category of elementary schools in selected rural areas included Government Middle School Kingra (Faridkot), Government Primary School Inderpura (Patiala), Government Primary School Suhali (SAS Nagar), Government Primary School Fatehpur (SAS Nagar), Government

Primary School Mukandpur (SBS Nagar) and Government Primary School Katarian (SBS Nagar).

However, the overall category of elementary schools in urban areas included Government Primary School Sheikhupur (Kapurthala), Golden Era Millennium School Mandi Killianwali (Sri Muktsar Sahib), Government Primary School Chohak Kalan (Jalandhar) and Government Primary School Sensi Wehra

Amloh (Fatehgarh Sahib). Similarly, DAV International School Verka Chowk (Amritsar), Government Senior Secondary School Bhawanipur (Kapurthala), Government Senior Secondary School Pakki Tibbi (Sri Muktsar Sahib), Pioneer Convent School Gurmukh Nagar (Malerkotla), The Town School (Malerkotla) and K.V. Barnala was given the Swachh Vidyalaya were awarded in overall category of secondary schools of rural areas. While Government Senior Secondary School Model Town Patiala, SGRM Government Girls Senior Secondary School Zira (Ferozepur), B.V.M. Kichlu Nagar Ludhiana and Government Senior Secondary School Boys Amloh (Fatehgarh Sahib) were felicitated with the Swachh Vidyalaya award under overall category of secondary schools of urban areas.

Sunam's Dishita wins bronze medal in kickboxing in Italy



SUMER GARG
SUNAM, OCT 11

Sunam's 16-year-old daughter Dishita Gupta has brought laurels to the country by winning the Bronze Medal in the Waco World Kickboxing Championship (Junior), which was held in Italy. She won the bronze medal by defeating Turkey. There is an atmosphere of celebration in the family regarding this

achievement of Dishita. From Dishita's grandfather Chaturbhuj Aggarwal to father Parvind Gupta and mother Deepika Gupta all are full of happiness. The whole family is feeling proud on the birth of a daughter. Dishita's father told that in the same year, Dishita had won a gold medal in the national competition in Kolkata and last year had also won a gold medal in the national

match held in Pune. He further said, "In the international match, five players were selected from Punjab, out of which two players have been successful won the medals. He added that Dishita's coach Vishal Malhotra and Pirthipal have contributed significantly. Dishita Gupta will reach Delhi from Italy on Monday and preparations are on in full swing for her arrival at Sunam.

Aims to secure \$6 billion worth of business queries from ELECRAMA 2023



CHANDIGARH (RN KHERA): The Indian Electrical & Electronics Manufacturers' Association (IEEMA), the apex association of the Indian electrical equipment manufacturing industry today hosted an interactive session with members which also acted as a curtain raiser for the 15th edition of ELECRAMA. ELECRAMA, the largest stand-alone showcase of the Indian Electrical and Allied Electronics Industry by IEEMA is slated to commence from February 18th to 22nd, 2023 at India Expo Mart, Greater Noida. IEEMA and its members will work together with the Government of India to achieve a 100-year partnership of electrifying, digitalizing, and greening India. The theme of ELECRAMA 2023 is "ReImagine Energy - For Sustainable Future" and will be heavily based in showcasing innovation and future technologies in many areas including Storage, Green Hydrogen, Fuel Cells, AI, and IoT. This edition will also focus on sustainability through Energy Conservation, Carbon Net Zero, and Smart Consumption.

31 volunteered to donate blood at PGI Voluntary blood donation camp

RAJIV JAIN
CHANDIGARH, OCT 11

Thalassaemic Charitable Trust (Regd) PGI-GMCH in coordination with Department of Transfusion Medicine PGIMER organized its 261st Blood Donation Camp on 08.10.2022 in PGIMER, Chandigarh to commemorate National Air Force Day. Total 31 Hon'ble voluntary donors donated blood in this camp and 8 blood donors were rejected due to technical reasons.

Shri Rajinder Kalra Member Secretary Thalassaemic Charitable Trust, PGIMER-GMCH expressed deep gratitude to all voluntary blood donors and Head of Department and staff of Blood Transfusion Medicine, PGIMER for success of this Camp. This Trust has organised 77 Blood dona-



tion camps since 6th June 2020 during COVID19 lockdown period to help Blood Bank of PGIMER, Chandigarh to provide blood to Thalassaemics and other serious patients requiring blood support. More than 10031 units of blood has been collected in these camps till date. Thalassaemia is a genetic blood disorder which induces chronic anaemia. Regular Blood transfusion after 15-20 days is a

widely recommended treatment for maintaining optimal Hemoglobin level. Thalassaemic Charitable Trust has been organising blood donation camps and serving thalassaemics since 1985. Presently about 450 Thalassaemics are availing blood transfusion facilities in our two Day Care Centres in PGIMER & GMCH Chandigarh. Free medicines are also provided to poor patients by the Trust.

Dr. Priyanka Thakur honoured with an award for her excellent services



SHARANJEET
PATHANKOT, OCT11

The Chairman of Punjab Health System Corporation honored Mass Media Incharge Dr. Priyanka Thakur with an award for her outstanding services. Punjab Health System Corporation Chairman Raman Behal and Punjab Tourism Development Corporation Chairman

Vibhuti Sharma, Civil Surgeon Dr. Rubinder Kaur, ACS Dr. Aditi Salaria, District Family Welfare Officer Dr. Rajkumar, D.M.C. Dr. Vandana Kundal, Medical Officer Dr. Madhur Mattu, Executive SMO Dr. Sunil Chand, District Epidemiologist Dr. Sakshi, Dr. OP Vig was honored with an award. Chairman Raman Behal said that the main objec-

tive of the Mann government is to give more emphasis on education and health services.

So that people are educated and people can get better health facilities. For this, a new ultrasound machine and a new stabilizer for the new x-ray machine will also be installed in Civil Hospital Pathankot soon, so that people can get the benefit of it.

World Mental Health Day celebrated in Ved Kaur Arya Girls school



VERMA
QADIAN, OCT 11

World Mental Health Day was celebrated at the local Ved Kaur Arya Girls Senior Secondary School, qadian. On this occasion the students of the school enthusiastically participated in the activities. Students Mandeep Kaur and Harleen Kaur gave their views on this subject through speeches and gave detailed information.

Jagmeet Kaur Kirandeep Kaur Shweta Saloni made charts etc. in this regard. On this occasion, the Principal

of the school, Mrs. Mamta Dogra, motivated the children to participate in similar activities and informed about the Mental Health Day. He said that the children should be physically and mentally healthy.

He also said that to remove mental stress, one should present the hidden talent within oneself. On this occasion, the entire staff of the school including Mrs. Sunita Kapoor, Shaman Mahajan, Renuka Khosla, Anjali, Ranju Sharma, Neeti Bedi, Kanika, Raveena were present.

Home Science department of RR Bawa DAV College for Girls, Batalaorganized 'Fireless Cooking' competition



BATALA (VERMA): Under the patronage of Dr.Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala and with the support of Mrs. Sunaina Gupta (Home Science Department)a 'Fireless Cooking Competition' was organized in the college campus. The students participated in this event with full zeal and enthusiasmand prepared the recipes like Coconut Banana Laddu, and Oreocake, Bread Sandwiches, Bhelupuri, Coconut Laddu and ChaatPapdi. In this competition, KumariDeepika (B.A. Semester III) and Kumari Mansi (DCA Semester I), KumariArpandeep Kaur and KumariKomalpreet (BA Semester III) and KumariSargam and KumariNavneet Kaur (B.Sc. Semester III) bagged first, second and third positions respectively while KumariBhavya Mahajan (B.A. Semester III) got the consolation prize. On this occasion, Dr.Meenakshi Duggal and Dr. Lucky Sharma acted as judges. At this juncture, Principal Dr.Ekta Khosla congratulated the organizers and students and encouraged them to organize such events in future also as these competitions allow people to make healthier choices while providing them nutrition guidelines. Mrs. Kulwinder Kaur, Mrs. Rupali Aggarwal and Ms. Ridhima were also present on this occasion.

Mental Health Day celebrated by Rayat Bahra University



LK BANSAL
MOHALI, OCT 11

World Mental Health Day was celebrated at the Rayat Bahra University campus by Psychological Services of the Bahra Hospital and students of the University School of Social Sciences and the University School of Education.

Posters and banners were displayed to create awareness and green ribbons, a symbol of mental health, were distributed on the campus.

Dr Chand Trehan, Director Psychological Services, Bahra Hospital, addressed students of the Education De-

partment and Psychology Department on mental health issues. She inspired the students to take a pledge to create mental health awareness. Dr Inder Preet Kaur and Head of the Department of Psychology Mehar Manik along with the faculty members encouraged the students to participate in the awareness campaign.

Gurvinder Singh Bahra, Promoter of the Bahra Hospital and Chancellor of the Rayat Bahra University, lauded the initiative of the faculty members and students in organizing the awareness campaign.

Religious freedom of Hindus, Sikhs in peril in Pak: Prof. Sarchand Singh

RAKESH NAYYAR
TARN TARAN, OCT 11

Bharatiya Janata Party's Sikh leader Prof. Sarchand Singh Khayala while terming the the illegal occupation of Gurdwaras in Pakistan as a violation of the Nehru-Liaquat Pact (1950) and the Pant Mirza Pact (1955) has appealed to Prime Minister Narendra Modi, Foreign Minister S. Jai Shankar and Chairman of Indian Minority Commission Iqbal Singh Lalpura to put diplomatic pressure on Pakistan government to protect the rights of Hindus and Sikhs living there.

He said that revelations about the illegal occupation of historic Gurdwara, Bhai Mani Singh, Gurdwara Bhai Taru Singh and Gurdwara Khana in Lahore are being made by the former president



of Pakistan Sikh Gurdwara Management Committee, Bishan Singh and the media there. Expressing regret, he said that despite written complaints in this regard reaching various police stations and district administration, no action is being taken. Expressing his concern about the increasing attacks on the minority community in Pakistan, he said that the renovation work of an ancient Valmiki temple in the Ghaspidi area of Larkana in the

state of Sindh was stopped by the extremists and the Valmiki community was not even allowed to worship.

Against this discrimination, the community had to protest on the streets and raise their voice against the government of Pakistan. Prof Sarchand Singh Khayala said that atrocities on Hindu girls are continuing unabated in Pakistan. He said that in two weeks, the fourth Hindu girl was abducted and forcibly converted to Islam. After abducting a Hindu girl from Mirpurkhas, she was forced to marry a Muslim while converting her to Islam.

Earlier, a case of abducting a Sikh teacher Dina Kaur and forcefully converting her to Islam in Buner district of Khyber Pakhtunkhwa province and then marrying her off to a Muslim has come to light.

**Parkash Purab of Sri
Guru Ram Dass Ji
celebrated in Guru Amar
Dass Public School**



**HARPREET SINGH LEHAL
JALANDHAR:** Under the able guidance of S. Ajit Singh Sethi, President and all Committee members, Guru Amar Dass Public School (Senior and Junior wing) celebrated Parkash Purab of Sri Guru Ram Dass Ji. On this occasion special assembly was organised in which shabads and poems were recited by the students. A speech was also given by the student and Ms Jasjit Kaur, Divinity Teacher, preached the students about the life history of the Great Guru and motivated the students to follow the teachings of the Guru. Present on this occasion were S. Ajit Singh Sethi, President and all Committee members, Dr. Aparana Mehta, Principal and Dr. Sonika Singh, Vice Principal. They congratulated the students and motivated them to follow the path taught by the Great Guru.

**DAVIET reigns supreme
in IKG PTU Zonal Youth
Festival 2022**



JALANDHAR: Team DAVIET reigned supreme in the recently concluded IKG PTU Zonal Youth Festival, 2022. 498 contestants from institutions affiliated with the University participated in as many as 32 cultural events. Team DAVIET showed outstanding commitment to outperform the other contestants to win laurels for their alma mater. Dr. Sudhir Sharma, the Principal of the Institution, congratulated the winners. Ms. Jasdeep Johal, the Cultural Officer of the Institute, expressed her happiness at the win. Team DAVIET won the theatre Trophy, The Literary Trophy, The Music Trophy, and the Fine Arts Trophy. Meghna Sharma was declared the Best Actress, Aamek Sidhu was declared the Best Dancer (Gidha), and Divanshu was declared the second-best Dancer (Bhangra).

**Husband commit
suicide after being
upset with his wife**

**KULJEET SINGH
JANDIALA GURU:** In the complaint given to the police, Jasbir Kaur resident of Wadala clan told that her son Rachpal Singh, aged about 38 years, was married in the year 2008 with Kulwinder Kaur resident of village Bhinder. After 7 months of marriage, he lived separately with his wife. There was frequent fight and quarrel between those husband and wife. Kulwinder Kaur had gone to her maternal home a few days back after quarrelling with her husband. This morning the complainant's daughter Amandeep Kaur saw that her son Rachpal Singh had fallen. When Neighbor Gurpreet Singh saw that he had fallen unconscious and a suicide note was found from him. In which he had written that he committed suicide after being saddened by his wife Kulwinder Kaur. Apart from this, the family members told that the deceased had committed suicide about 2 years ago. Tried to commit suicide too. On the basis of the suicide note, the Khilchayan police registered a case against his wife and started the action.

**Union seeks job
letters for 646 PTI
teachers**

**RAKESH JINDAL
NABHA:** Unemployed PTI teachers have been urging the Punjab government to give appointment letters for a long time. During the previous Congress government, these unemployed teachers were protesting by climbing the water tank in village Sohana to get the appointment letter. At that time AAP leader Kejriwal had made Sippi Sharma to climb down and promised her that she would get an appointment letter immediately after the formation of the AAP government. It has been six months since the formation of the government, but the appointment letter has not been given yet and the date is being given. Now again these unemployed teachers are fighting a life and death battle to get the appointment letter by climbing on the same water tank. The Chief Advisor of Teachers Dal Punjab, Pishaura Singh Dhalwal, Senior Vice President Baljit Singh Dharonki and Vice President Jagdev Singh Baura said that in favour of these 646 unemployed female teachers, the High Court had also given a decision on 23 December 2021 that the appointment letter has been given on the basis of merit. On behalf of the leaders of Teachers Dal Punjab, a strong demand was made from the Bhagwant Singh Mann government of Punjab to give appointment letters to these unemployed PTI teachers as soon as possible.

**Union seeks job
letters for 646 PTI
teachers**



YUGMARG, CHANDIGARH, WEDNESDAY, OCTOBER 12, 2022

Top leaders attend last rites of Mulayam Singh Yadav

AGENCY
SAIFAI, OCT 11

The last rites of Samajwadi party supremo Mulayam Singh Yadav were performed at his ancestral village, Saifai in Uttar Pradesh today and were attended by senior leaders and top officials.

Mulayam Singh passed away on Monday morning at the age of 82 at Gurugram's Medanta Hospital due to age-related ailments. He was admitted to the intensive care unit (ICU) of the hospital last Sunday after his health deteriorated. He is survived by two sons, Akhilesh and Prateek.

Samajwadi Party chief Akhilesh Yadav, Defence Minister Rajnath Singh, Bihar Deputy CM Tejashwi Yadav and PSP chief Shivpal Yadav were present at the last rites ceremony of former CM of UP, Mulayam Singh Yadav.

Expressing his grief over the death of Mulayam Singh Yadav Defence Minister Rajnath Singh said, "We had a very strong relationship. Mulayam Singh Yadav was a big personality in Indian politics, it is a huge loss



for the country. We all have come here to pay our tribute to him. PM Modi could not come here but he asked me to pay tribute on his behalf".

Congress presidential candidate Mallikarjun Kharge, Congress MP Pramod Tiwari and other leaders of the party reached the ancestral village to attend the last rites of former CM of UP, Mulayam Singh Yadav.

Meanwhile, condolences poured in after the demise of the

veteran Samajwadi Party leader and former chief minister of Uttar Pradesh.

President Droupadi Murmu expressed condolences on the demise of veteran politician and Samajwadi Party patriarch Mulayam Singh Yadav on Monday, saying his death is an "irreparable loss" to the country.

"The death of Shri Mulayam Singh Yadav is an irreparable loss to the country. The achievements of Mulayam Singh Yadav ji, who came from an

Navya wins roller skating gold

**DALBIR MALIK
KURUKSHETRA:** The students of Kids Planet Prem Public School and Kidzi School, Kurukshetra did the school proud in the district level 36th roller skating championship. While Navya in the 3rd grade in 7-9 year old group won the gold medal, Ayan of junior KG and Amarendra in the 5-yr old category bagged the bronze medal and consolation prize, respectively, in the championship. These promising students have made the school as well as their parents proud by securing a place in the district level roller skating competition. In the early morning assembly, the school manager Parminder Singh honored the winners and wished them a bright future. All the teachers encouraged the students who performed well. On this occasion, HR Manpreet, Vice Principal Swati Tanwar, Co-Director Sunita Arora and Jyoti along with teachers Surbhi, Bhavna, Monika, Anu, Mamta, Priyanka, Manju and Pooja Sharma were present.



PAGE
7

International Day for Older Persons and World Palliative Care day celebrated



SD SHARMA
PANCHKULA, OCT 11

The Health Department and National Health Mission Panchkula, under the chairpersonship of Dr Mukta Kumar Civil Surgeon, Panchkula, co-chaired by Deputy Civil Surgeon, Dr Monika Kaura, observed International Day for Older Persons (IDOP) and World Palliative Care day at Red Cross Old Age Home, sector 15 Panchkula. The day started on a healthy note with yoga aassans being taught to the elderly by certified yoga instructor from Civil Hospital-6. After the yoga session, packets of milk and various types of assorted fruits were distributed. Later, a general physical check-up was conducted by two physicians

from Civil Hospital-6. Health related concerns and queries of elders were taken up by Dr Monika, who also visited the kitchen to take stock of the inventory and suggested methods for incorporating healthy cooking practices, tailor-made for people aged 60 years and older. Dr Monika Kaura also shared the vision and objectives behind NPHCE (National Program for Healthcare of Elderly) and NPPC (National Programme for Palliative Care). To raise spirit and boost morale of the elderly, painting, singing and dancing competition was also organised. At the end of the event, the elderly were provided with warm woollen blankets, hand towels and baskets for keeping medicines. Lunch was also served to everyone present.

Fish and vegetables will grow together on roof of Sultan's house



VIRENDRA JANGRA

TARAWADI: Sultan Singh, who has been continuously doing charisma in fish farming, has now invented a new technique. due to which not only income of farmers will be doubled, but common people will also be able to avoid many diseases by growing organic vegetables on roof of their homes. Even though it took five years for Padmashree awardee Sultan Singh to make this technique successful, but now this technique of Sultan will prove to be a boon for lakhs of fish farmers of the country. With this technology, farmers and common people will be able to produce tomato, red, yellow green capsicum, broccoli, strawberry, onion, zucchini, ghee and cucumber and green and red chillies. These vegetables will be completely organic. The special thing in this technique will be that crop of vegetables coming to farmers' fields after three months will be done in only 45 days.

Firecrackers can be bought, sold only at designated places: DC

KULDEEP SOOD
BARNALA, OCT 11

Deputy Commissioner Barnala Dr Harish Nair said that The Hon'ble Supreme Court issued Writ Petition No. 728 of 2015, the Hon'ble Punjab and Haryana High Court in Civil Writ Petition 23548 of 2017 and Explosives Rules 2008 issued necessary guidelines regarding the purchase/sale and operation of firecrackers. He said that under these instructions, only 'green firecrackers' are allowed on the occasion of Diwali and other festivals. Appropriate action will be taken against sellers who sell banned crackers in the name of green crackers. He appealed to the buyers to buy only environmentally friendly green crackers. He said that the temporary licenses related to green firecrackers will be issued on October 13 through a draw and the temporary license holders will be able to sell firecrackers only at the specified place. He appealed that firecrackers should not be fired in the silence zone. Firecrackers should not be fired near silence zones such as hospitals and other health institutions, educational institutions, courts, religious institutions and other gatherings. The Deputy Commissioner said that buying and selling firecrackers is strictly prohibited. These firecrackers create more noise pollution and air pollution, which is harmful to human health. He said that the use of barium, lithium, arsenic, antimony, lead, mercury etc. chemicals in firecrackers are prohibited.



Roots Foundation launches Project Sahyog

LUDHIANA, OCT 11

Roots Foundation, a non-profit organization that works with the agricultural communities at the grassroots PAN-India, has launched Project Sahyog – a unique initiative that focuses on advocacy and awareness amongst farmers on the benefits of proper application of agro-chemicals. The project also includes making available efficient spraying equipment to farmers (Boom Sprayers), training them in the appropriate use of such equipment and entrepreneurship development. This extensive 6-month project is launched in association with PI Foundation, the CSR wing of PI Industries, a responsible corporate in the agro-chemicals space. It has 100 direct beneficiaries in Punjab



and Haryana, to whom new Boom Sprayers have been distributed free of cost. Additionally, more than 5000 farmers and applicators in selected districts of Punjab and Haryana will be indirect beneficiaries who will be made aware of the benefits of this equipment. The Foundation, which has been working with more than two lakh farmers in the region on promoting various good agriculture practices since 2017, aims to encourage farmers to adopt these best practices and ensure long-lasting behavioural changes

with reinforcement by progressive farmers and the community. "Project Sahyog is about ensuring reduced agro-chemical related health hazards to farmers and to end consumers and reduced adverse impact to the soil and the environment", said Mr. Ritwik Bahuguna, founder of Roots Foundation. "The Project also aims at ensuring increased incomes with entrepreneurship opportunities among these select farmers as they lease out the equipment and transfer knowledge to other farmers," he further added.

Paddy will not be allowed to come from outside states in Pb: Lal Chand Kataruchak

KULDEEP SOOD
BARNALA, OCT 11

Food, Civil Supplies and Consumer Affairs Minister Mr Lal Chand Kataruchak said here today that paddy will not be allowed to come from outside states in Punjab. Interstate borders have been sealed to ensure this.

He said that the Punjab government is committed to ensuring that the sections related to the purchase of paddy like farmers, labourers, artisans, shellers owners etc. do not face any kind of problem.

He said that so far a total of 11.50 lakh metric tonnes of paddy has reached the markets across the state, out of which 11 lakh tonnes have been purchased and Rs 800 crore has been paid to the



farmers. He said that so far he has reviewed the purchase of paddy in 11 districts and in the coming 2-4 days he will inspect the arrangements in all the districts. He appealed to the farmer brothers not to set fire to paddy straw keeping in mind the health of themselves and their families. He said that 1.25 lakh new machines are being distributed by the government for stubble management, using which

the stubble should be maintained. On reaching Barnala today, Deputy Commissioner Barnala Dr Harish Nayar welcomed them and in the presence of the minister, the paddy auction was also conducted.

On this occasion, Deputy Commissioner Barnala said that a total of 2513 metric tons of goods have arrived in the Barnala district till October 10, in which 2133 metric tons of goods have been purchased.

Punjab Food and Civil Supplies Minister Lal Chand Kataruchak visits Barnala Grain Mandi

KARNPREET DHANDRAL
BARNALA, OCT 11

Food, Civil Supplies and Consumer Affairs Minister of Aam Aadmi Party of Punjab Mr. Lal Chand Kataruchak visited Barnala grain market on arrival at Barnala Deputy Commissioner Barnala Dr. Harish Nair and Aam Aadmi Party leaders welcomed him and paddy bidding was also held in the presence of the minister. The minister arrived 2 hours late than his appointed time! Speaking to the press on this occasion, he said that paddy will not be allowed to come from outside states in Punjab. Interstate borders are sealed to ensure this. He said that the Punjab government is committed



to ensure that the sections related to the purchase of paddy such as farmers, labourers, artisans, shellers etc. do not face any kind of problem.

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crore has been paid to the farmers. He said that so far he has reviewed the purchase of paddy in 11 districts and in the coming 2-4 days he will inspect the arrangements in all the districts. He appealed to the farmer brothers not to set fire to paddy straw keeping in mind the health of themselves and their families.

Science college Jagraon observes 'World Mental health day'



SUKH NAHAR
JAGRAON, OCT 11

In order to create awareness among the students for maintaining good mental health, the department of Zoology of Sanmati Government College of Science Education and Research, Jagraon organized a special program on 'World Mental Health Day'. The college director, Professor Kirpal Kaur accorded a warm welcome to the resource person, Dr. Dilpreet Singh (BAMS) who was accompanied by his team member, Mrs. Chander Prabha. The resource person enlightened the students about the various aspects of stress and it's management. He explained to the gathering that living in the present is the key to happiness. He taught the children the art of controlling one's breath and meditation. The students took keen interest and enjoyed the activities conducted. The program was organised by the faculty members of the Zoology department- Professor Radhika Dawar, Professor Sarabjot Bedi and Professor Amandeep Kaur.

Punjab Times team Barnala organizes first massive blood donation camp

KULDEEP SOOD
BARNALA, OCT 11

On the arrival of Punjab Times in its 11th year, the first massive blood donation camp was organized at the blood bank of Government Hospital Barnala by District Incharge Mahmood Mansuri and Deputy Incharge Rachna Joda from Barnala. On this occasion, SSP Barnala Sandeep Kumar Malik was the chief guest and Civil Surgeon Barnala Dr Jasbir Singh Aulakh and Inspector Baljit Singh in charge of CIA staff arrived as vice guests. They were welcomed by District Incharge Mahmood Mansoori, Deputy Incharge Rachna Joda and the entire team with bouquets. At the beginning of this camp, senior journalist Mr Gurdhian Singh donated blood and during the camp, a blood donor donated blood on the occasion of his birthday. SSP Sandeep Kumar Malik, who arrived as the chief guest on this occasion, appreciated the laudable



work done by the entire Punjab Times team and said that everyone should cooperate more in this kind of social service work so that the road Precious lives can be saved in an accident. On this occasion, journalist Amandeep Rathod, journalist Kapil Garg, office in-charge Pooja Singla, Arun Goyal, Sanjeev Kumar Maur, Jitinder Garg, Sukhwinder Palaha, Hardeep Gill, Gurpreet Singh Sahjada, Karan Sharma, etc., in addition to advocate Kulvijay Singh, advocate Gurwinder Singh Gindi, Harvinder Singh Romi, Manis Gupta, Hitesh Vatis, Pandit Harwinderji, MC Vicky, MC Vinay etc. were present.

EDITORIAL

Pause and reflect

Go with the flow’ are wise words. Nonetheless, sometimes you have a strong urge to try and stem the tide. You keep hearing statements, such as ‘The public wants it’, as the excuse for third-rate TV shows or ones like ‘students today are totally focussed on their careers — they won’t be interested in this kind of experiment’ causing anxiety in children and, finally, ‘adapt to changing times fast or we will be left behind’. Unthinkingly, we hasten to yield to the demands of the hour. But what do you do when you know that giving in is just not right? Can you go against the flow?

People are so drunk with the idea of success, companies are so focussed on profit-making, political leaders are so obsessed with winning elections and schools are so busy delivering what parents want and not what children need, that nobody realises that we are all on a roller-coaster ride to nowhere. We have no time to stop and reflect. This is why the popular poem, “Leisure”, by William Henry Davies, appears so meaningful today: “...A poor life this if, full of care, /We have no time to stand and stare.”

You can forget ‘leisure’: no such thing exists today. Our waking hours are filled with urgent tasks to be completed, important competitions to be won and dangerous foes to be beaten. Even our precious heritage is being force-fed to children through hastily compiled textbooks and commercialised festivals. The other day, I heard a proud mother announcing that her pre-school child was attending a Navratri workshop. Our children do not experience quiet times except for the monitored periods of stillness in their yoga classes. The luxury of just sitting down to reflect, even for a short while, is unheard of today.

Dwelling on the practice of reflection, I realise that reflective teaching and learning methods were at once widely adopted. Teachers were trained to reflect on the way they handled their classes and transacted their lessons. Thereafter, they addressed their own inadequacies. Students were encouraged to reflect on their learning in a systematic manner. They identified the areas which required improvement and then proceeded to work on them. A reflective approach facilitates learning from different experiences and is said to transform surface learning into deep learning.

One practice that helps to promote reflection on one’s actions, reactions, speech and true intentions is journal-writing. Although this sounds a little like Buddha’s noble eight-fold path, keeping a journal will not necessarily make a person spiritual. But if children are encouraged to write about what they have said and how they have behaved, they learn to understand the significance and consequences of their speech and actions.

Greater action is needed to avert the recurrence of disastrous heatwaves, which are being intensified by the climate crisis, a UN and Red Cross report warned.

The UN humanitarian affairs agency, OCHA, and the International Federation of the Red Cross (IFRC), warned in a report issued on Monday that record high temperatures this year - which are fueling catastrophes in countries such as Pakistan and Somalia - foreshadow a future with deadlier, more frequent, and more intense heat-related humanitarian emergencies.

It noted that the world’s lowest-income countries are already experiencing disproportionate increases in extreme heat. “Although they are the least to blame for climate change, these nations will see a significant increase in the number of at-risk people in the coming decades,” the report said.

Martin Griffiths, UN Humanitarian Affairs and Emergency Relief Coordinator said, “As the climate crisis goes unchecked, extreme weather events, such as heatwaves and floods, are hitting the most vulnerable people the hardest.”

“Nowhere is the impact more brutally felt than in countries already reeling from hunger, conflict and poverty,” he added.

The report, titled “Extreme Heat: Preparing for the heatwaves of the future”, has been released ahead of the COP27 UN climate change conference in Egypt next month. It is the first report published jointly by the partners and offers concrete steps to mitigate the worst effects of extreme heat.

This year, communities across various parts of the world - in North Africa, Australia, Europe, South Asia, the Middle East, the western United States and China - have experienced record-high temperatures.

In the coming decades, heatwaves are predicted to meet and exceed human physiological and social limits in regions such as the Sahel, the Horn of Africa, and southwest Asia, the report said.

“Humanitarian needs are already high in these regions, which could lead to large-scale suffering and death, population



movements and further entrenched inequality,” it highlighted.

Noting that the climate crisis is intensifying humanitarian emergencies worldwide, the International Federation of Red Cross (IFRC), Secretary General Jagan Chapagain called for investment in both adaptation and mitigation, particularly in countries most at risk.

“At COP27, we will urge world leaders to ensure that this investment reaches local communities that are on the frontline of the climate crisis. If communities are prepared to anticipate climate risks and equipped to take action, we will prevent extreme weather events from becoming humanitarian disasters,” he said. The report also reveals how heatwaves contribute to inequality, as iso-

lated and marginalized people suffer the greatest impacts. Therefore, investments that mitigate climate change and support long-term adaption for these populations must be a priority.

Furthermore, although the impacts of extreme heat are global, vulnerable communities - agricultural workers, for example - are being pushed to the frontlines of the crisis. Meanwhile, elderly people, children, and pregnant and breastfeeding women, face higher risk of illness and death. The report outlines five key steps so that humanitarians can support the most vulnerable people. It calls for providing early information on heatwaves to help people and authorities take timely action by making forecasts available to all.

Supporting preparedness and expanding anticipatory action, especially by local actors, is also needed as they are often the first responders in emergencies. At the same time, it pointed out that the authorities should find new and more sustainable ways of financing local action.

“The humanitarian response will also have to adapt to the “new normal”. Some organizations are already testing out measures such as “green roofs”, cooling centres and more thermally appropriate emergency housing,” the report added.

Finally, it stressed that addressing the impact of extreme heat also requires strengthening engagement across the humanitarian, development, and climate spheres.

Eating after bedtime increases hunger, decreases calories burned



About 42% of adult Americans in the United States are obese, which increases the risk of developing chronic diseases like diabetes, cancer, and other illnesses.

Few studies have thoroughly examined the simultaneous effects of late eating on the three main players in body weight regulation and thus obesity risk: regulation of calorie intake, the number of calories you burn, and molecular changes in fat tissue.

Popular healthy diet mantras discourage midnight snacking, but few studies have investigated the effects of late eating on all three players simultaneously. Researchers from Brigham and Women’s Hospital, a founding institu-

tion of the Mass General Brigham healthcare system, discovered in a recent study that the timing of meals has a big impact on our metabolism, hunger, and biochemical pathways in adipose tissue. Cell Metabolism has reported their findings.

According to senior author Frank A. J. L. Scheer, PhD, Director of the Medical Chronobiology Program in the Brigham’s Division of Sleep and Circadian Disorders, “We sought to test the processes that may explain why late eating raises obesity risk.” “Previous studies conducted by us and others have demonstrated that eating in the evening increases the risk of becoming obese, increases body fat.

Families who eat together are less stressed

Lifetime risk of heart disease and stroke can increase due to chronic and constant stress but a new survey from the American Heart Association has revealed that regular mealtime with others could be a simple solution to help manage stress.

Of the 1,000 U.S. adults nationwide surveyed in September 2022 for the American Heart Association’s Healthy for Good movement by Wakefield Research, the vast majority (84 per cent) say they wish they could share a meal more often with loved ones, and nearly all parents report lower levels of stress among their family when they regularly connect over a meal.

To make mealtime togetherness a little easier and help people claim the heart mind and body benefits that go with it, the American Heart Association will share practical and budget-friendly meal tips each Tuesday through December. People can follow #TogetherTuesday on social media or text 2gether to 51555 to get tips sent directly to their phone.

“Sharing meals with others is a great way to reduces stress, boost self-esteem and improve social connection, particularly for kids,” said Erin Michos, M.D, M.H.S, American Heart Association volunteer, associate director of preventive cardiology at Johns Hopkins and a co-author of the American Heart Association’s



statement on Psychological Health, Well-being, and the Mind-Heart-Body Connection. “Chronic, constant stress can also increase your lifetime risk of heart disease and stroke, so it is important for people to find ways to reduce and manage stress as much as possible, as soon as possible.”

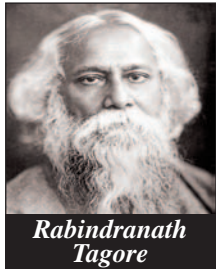
Connecting with friends, family, co-workers and neighbours benefits people beyond stress relief. In fact, the survey found 67 per cent of people say sharing a meal remind them of the importance of connecting with other people, and 54 per cent say it reminds them to slow down and take a break.

Those surveyed say they are more likely (59 per cent) to make healthier food choices when eating with other people but have difficulty aligning schedules with their friends or family to do so, according to the survey. Overall, respondents reported eating alone about half of the time.

POEM

She

She who ever had remained
in the depth of my being, in
the twilight of gleams and of
glimpses;
she who never
opened her
veils in the
morning light,
will be my last
gift to thee, my
God, folded in my final song.
Words have wooed yet failed
to win her; persuasion has
stretched to her its eager
arms in vain.



Rabindranath Tagore

Study reveals how unprecedented level of insects harming plants



With insect numbers declining, experts at the University of Wyoming found that insects are still causing unprecedented harm to plants.

The first-of-its-kind study compares insect herbivore damage of modern-era plants with that of fossilized leaves from as far back as the late Cretaceous period, nearly 67 million years ago. The research and the findings at the University were published in the journal: ‘Proceedings of the National Academy of Sciences’. “Our work bridges the gap between those who use fossils to study

plant-insect interactions over deep time and those who study such interactions in a modern context with fresh leaf material,” says lead researcher, UW PhD graduate Lauren Azevedo-Schmidt, now a postdoctoral research associate at the University of Maine. “The difference in insect damage between the modern era and the fossilized record is striking.” -Schmidt added. Azevedo-Schmidt conducted the research along with UW Department of Botany and Department of Geology and Geophysics Professor Ellen Currano, and Assistant Professor Emily Meineke

of the University of California-Davis.

The study examined fossilized leaves with insect feeding damage from the Late Cretaceous through the Pleistocene era, a little over 2 million years ago, and compared them with leaves collected by Azevedo-Schmidt from three modern forests. The detailed research looked at different types of damage caused by insects, finding marked increases in all recent damage compared to the fossil record. “Our results demonstrate that plants in the modern era are experiencing unprecedented levels of insect damage, de-

spite widespread insect declines,” wrote the scientists, who suggest that the disparity can be explained by human activity.

More research is necessary to determine the precise causes of increased insect damage to plants, but the scientists say a warming climate, urbanization and the introduction of invasive species likely have had a major impact.

“We hypothesize that humans have influenced (insect) damage frequencies and diversities within modern forests, with the most human impact occurring after the Industrial Revolution,” the re-

searchers wrote. “Consistent with this hypothesis, herbarium specimens from the early 2000s were 23 per cent more likely to have insect damage than specimens collected in the early 1900s, a pattern that has been linked to climate warming.” But climate change doesn’t fully explain the increase in insect damage, they say. “This research suggests that the strength of human influence on plant-insect interactions is not controlled by climate change alone but, rather, the way in which humans interact with the terrestrial landscape,” the researchers concluded.

Bhool Bhulaiyaa 2 to be telecast on sony max

Chandigarh : Sony MAX, the country's leading Bollywood movie channel has been entertaining audiences with the biggest blockbuster premieres across genres. Entering the season of festivities, the channel will be airing this year's biggest blockbuster and one of the most successful horror comedy films, Bhool Bhulaiyaa 2. The sequel of the highly acclaimed Bollywood franchise, Bhool Bhulaiyaa 2 stars Kartik Aaryan, Kiara Advani and Tabu in lead roles. Bhool Bhulaiyaa 2 was loved immensely by audiences during its theatrical release and is all set to captivate television audiences with the World Television Premiere on Sony MAX on 16th October 2022 at 8PM.

VMC launches VIQ (Vidyamandir Intellect Quest)

Chandigarh, : Vidyamandir Classes (VMC), India's premiere institute for the preparation of JEE Main & JEE Advanced, NEET, Olympiads, NTSE, & Inspire (erstwhile KVPY), launched its most awaited and biggest admission cum scholarship test of the year – Vidyamandir Intellect Quest (VIQ). Just like Lord Krishna took birth to spread light and dispel darkness, similarly VIQ will help students to disperse the darkness of ignorance and will firmly set them on course to have a bright & rewarding future. Launched on 19th of August 2022, VIQ is a national level online and offline test to be conducted on 15th and 16th October 2022 for students of Class V, VI, VII, VIII, IX, X, & XI. Students qualifying this test will stand the chance to secure scholarships (up to 100%) and get admission in their preferred VMC offline / online program. "Keeping in line with its one-of-a-kind teaching methodology, comprehensive study material and stellar results, VMC's eagerly anticipated test VIQ is packed with five-point advantage. Be it, from lowest academic fee of the year to highest scholarship on admission, from complimentary live online classes of up to 100 hours for the class student is currently studying in, to free practice tests and extensive e-material for current session, VMC continues to push boundaries in the pursuit of excellence," quoted Abhishek Sharma, Chief Business Officer, Vidyamandir Classes.

NSDC and IIT Mandi announce a strategic partnership

CHANDIGARH: National Skill Development Corporation (NSDC) and Indian Institute Of Technology (IIT) Mandi have announced a strategic partnership to initiate two certification programs including six-month certification and nine-month long advance certification program in modern technologies to make India's youth future ready. The students will be educated in two integral streams-data science and machine learning. The program will begin from 1st November 2022. Through these courses, learners will be enabled to pursue several careers in data analytics, data management, data science, business analytics and business intelligence. Appreciating the initiative, Shri Ved Mani Tiwari, COO, and Officiating CEO, NSDC said, at NSDC, we are taking a digital-first approach to ensure that our potential workforce is skilled to quickly get adapted to emerging technologies and to achieve this vision, IIT Mandi is the most suitable partner.

Amazon announces Prime Fridays for Prime members

SHIMLA : Amazon India today announced the launch of 'Prime Fridays' for Prime members throughout this Great Indian Festival. Starting October 7th, Prime members can enjoy amazing offers, epic savings, and shopping benefits across categories, entertainment on Prime Video and Prime Music, and much more throughout the month-long festive celebrations. Prime Fridays brings together the best of Prime on a single day when Prime members can look forward to a host of exciting offers and savings across categories, including Smartphones, Consumer Electronics, TVs, Appliances, Amazon Devices, Fashion & Beauty, Home & Kitchen, Furniture, Everyday Essentials, and more, along with additional value in the form of extended warranty and screen replacement. No cost EMI options, A pay rewards, new releases and trailers on Prime Video, Diwali special playlists on Prime Music, Prime exclusive cashbacks and free delivery from top restaurants on Amazon Food, and more.

Launch of Toyota's first of its kind pilot project on Flexi-Fuel Strong Hybrid Electric Vehicles

CHANDIGARH/LUDHIANA: We, at Toyota, are fully committed towards sustainability and protecting the environment in line with our principle of 'Respect for the Planet'. Towards this, in 2015, Toyota announced its global environmental challenge 2050, which seeks to contribute towards establishing a 'future-proofed' sustainable society that is in harmony with nature. Under this ambition, Toyota has set for itself six challenges, the first three of which includes goals towards achieving carbon neutrality by 2050 throughout the entire lifecycle of our products. Thereby, we not only aim to address the impact of the vehicles that we sell, but also to cover our entire value-chain including manufacturing activities. In that sense, we aspire to go beyond the tailpipe emissions, and take a more holistic and society focused approach in our sustainable interventions.

North India least prepared for retirement- Max Life study

CHANDIGARH: Max Life Insurance Company Ltd. in partnership with Kantar, the world's leading marketing data and analytics company, launched the second edition of the 'India Retirement Index Study' (IRIS). The study assesses urban India's readiness to live a healthy, content, and financially independent retired life. Through a self-administered digital study*, 3,220 respondents were surveyed across 28 cities comprising 6 metros, 12 Tier I and 10 Tier II cities. At 41, North India's Retirement Index (on a scale 0 to 100) reflects a severe lag when it comes to retirement planning, with East leading at 51, followed by West at 46 and South at 43. Health and financial preparedness stood at 36 and 47, while emotional preparedness stood at 58 indicating an increasing dependence on family, friends, and social support during retirement. V. Viswanand, Deputy Managing Director, Max Life Insurance said, "The second edition of our retirement study reveals that while a majority look forward to retiring, they are not adequately prepared for a strong financial, emotional and healthy retirement. Despite the ageing population in India set to reach over 200 million in 2050.

OPPO Introduces 'OPPO Festive offer' in Chandigarh

Chandigarh :This festive season will be even more exciting in Chandigarh as OPPO, the world's leading smart device brand, released special offers for gifting your beloved. As part of 'OPPO Festive Offer 2022, consumers can expect great deals on the Reno8 Pro, Enco X2, OPPO Pad Air, F21s Pro, A77, and A57 from the OPPOvogue across Flipkart, Amazon, the OPPO Store, and mainline retail outlets. Offers on Flipkart: - OPPO K10 (6GB variant) and OPPO K10 5G (8GB variant) will be available at a discount of INR 1500 - The OPPO F19 Pro+ will be available at a discount of INR 2000 - Customers purchasing the OPPO Reno and the F series smartphones can avail of a no-cost EMI for a tenure of up to three months, while customers purchasing OPPO's A series smartphones will get no-cost EMI for three months - Customers purchasing the Reno8 Pro and Reno8 on an exchange offer will get a benefit of INR 4000 and INR 3000, respectively, while customers purchasing the F21 Pro on an exchange will get a benefit of INR 2000.

NEWS/BUSINESS

YUGMARG, CHANDIGARH, WEDNESDAY, OCTOBER 12, 2022

World Sight Day: Can increased screen time cause sight related diseases?

CHANDIGARH: India is one of the top three countries with the highest number of smartphone users, and one where over 10 million people suffer from retinal diseases. The most important tip for good retinal health is getting regular eye check-ups from an optometrist or ophthalmologist, it can help prevent diseases or detect conditions at early stages to help manage the disease in time with the right treatment and prevent vision loss. Diseases such as age-related macular degeneration (AMD) and diabetic retinopathy (DR) can lead to significant vision loss or impairment if not managed accurately and at the right time. Dr. Vishali Gupta, Professor, Vitreoretinal and Uvea, Advanced Eye Centre, PGI Chandigarh said, "In India, there is significant burden of preventable blindness and visual impairment, owing to rising prevalence of eye diseases. Cataract – a common eye condition – is treated via surgery, which can prevent blindness. In fact, under the Ayushman Bharat scheme, this surgery can be performed without expense to patients at designated centres. There are also several initiatives by NGOs as well as the Government to drive early screening and detection of glaucoma, that requires a long-term management with drugs to keep the intraocular pressure under control. While Glaucoma may not produce any acute symptoms, the visual loss though gradual can be irreversible and thus requires adherence to therapy." This year, 13th October, marks World Sight Day, and is aimed to raise awareness and encourage individuals to focus attention on the importance of eye health. Taking proper preventive measures, regular eye

check-ups, and timely treatment can be helpful. Do not forget to keep a note of your screen time and moreover maintain a healthy and active lifestyle to keep your eyes and body healthy. Eye-related problems due to excessive screen time-Dry eyes -Staring at the screen for long hours prevents us from blinking as frequently as we should. This exposes the film of tears protecting the surface of the eyes and causes dryness and irritation. Eye Fatigue0-Astenopia, ocular fatigue or eye fatigue is a condition where the eyes are tired from intense use. It is a common effect of staring at a computer screen or smartphone for long periods and can go away with rest. Age-related macular degeneration (AMD)-AMD affects the central vision and is quite common in aged people. Since heavy exposure to blue light from the screen damages the retina, it triggers early onset of AMD and eventually loss of vision. However, by detecting AMD early on, you

can seek effective treatment for the condition and avoid the preventable consequence of vision loss. Near sightedness-Myopia or near sightedness is a condition where distant objects are difficult to see or appear blurry, while objects near you are clear. Staying indoors and staring at the screen for long periods make your eyes focus only on objects kept at less than an arm's length, thus making you vulnerable to near sightedness. Dry eyes, difficulty focusing and other eye-related problems due to excessive screen time is a result of the burden put on the eye muscles. Here are a few ways to keep your eyes in check: Blinking and using hydrating eye drops can prevent dry eyes. Adjust overhead lighting to minimise screen glare and maintain at least an arm's length from computer screens. Increase the size of screen content to reduce strain and emphasise on taking breaks every 30-40 minutes.

From inDriver to inDrive: The International service announces rebranding

CHANDIGARH / LUDHIANA : inDriver is rebranding to become inDrive, transforming into a group of companies and non-profit development programs with an overarching goal to offer comfort and convenience both in the area of passenger transportation and other markets where direct transactions at fair prices are attainable. The new brand retains continuity while reflecting the reimagined mission and values of the company. Launched in 2012 as the people's response to inequitable pricing of taxi services in Yakutsk, inDriver has become a service with over 4 million daily user transactions globally. The app is available in 707 cities in 47 countries on five continents and ranks second world-wide among ride-hailing services in terms of monthly installs on Play Market and AppStore, with a total of over 150 million downloads. Evolving over the years, inDriver has moved beyond ride-hailing to become an urban services marketplace, where users can look for jobs, request household services, book long-distance trips, deliveries and cargo services. Along with continued improvement of its existing offering, the company will enter new strategic segments - fintech, food delivery, e-commerce, as well as develop large-scale non-profit development programs.

Kia is the 'Official Automotive partner' for FIFA U-17 Women's World Cup India 2022™



Jalandhar,--: Kia India, one of the fastest growing car manufacturers in the country, supplied 68 vehicles across its product range to FIFA, to support the transportation needs at the U-17 Women's World Cup India 2022™. The vehicles, including 30 units of Kia Carens, 20 units of Kia Carnival and 18 units Kia Seltos were handed over to FIFA officials in a vehicle handover ceremony at the DY Patil Stadium, Navi Mumbai held on 7th October 2022. The ceremony was attended by Tae-Jin Park, Managing Director & CEO, Kia India and Jaime Yarza, Director of Tournaments, FIFA. Kia is the official automotive partner for FIFA U-17 Women's World Cup India 2022™. Kia vehicles will be used by FIFA to transport national football teams, referees, match officials, delegates, and other VIPs during the entire event. Kia will also provide 24-hour roadside assistance to FIFA, throughout the tournament. Tae-Jin Park, Managing Director & CEO, Kia India said, "We are extremely proud to be associated with FIFA U-17 Women's World Cup India 2022™ as the official automotive partner. With the rising popularity of football in India, this partnership made a natural fit here.

Hartek Solar to build 2 MW Floating solar plant, Foundation stone laid by President of India

Chandigarh : Hartek Solar, the rooftop solar division of Hartek group and India's top 10 rooftop solar company, has bagged an order for a 2000 KW Floating Solar Plant from Chandigarh Renewable Energy and Science & Technology Promotion Society (CREST). The Foundation stone for the Project was laid down by the Hon'able President of India Smt Droupadi Murmu ji on 9th October 2022 in Chandigarh. The 2 MW floating



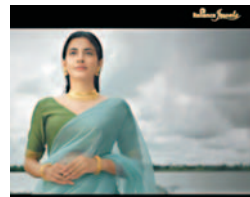
solar plant is claimed to be the largest floating solar power plant to set up in North India. The plant will be situated at Sector 39 Water Works, that supplies water to the entire Chandigarh city. This 2000 KW project will generate 28,00,000 units of electricity per year and will contribute in saving 80000 tonnes of CO2. On this occasion, Director and CEO of Hartek Solar, Mr. Simarpreet Singh said "It is a matter of honour and pride that the foundation stone has been laid by the Hon'able President of India. It is truly a historic moment for us. I would like to thank CREST and entire Chandigarh administration for showing their trust on us. We will continue to work for Nation Building and a Sustainable Future for the times to come"

OYO empowers hotel owners in Chandigarh to introduce their promotional offers

CHANDIGARH: Global hospitality technology company, OYO, today introduced an improved flagship patron-facing app - CO-OYO for hotels across the urban-city Chandigarh. The prominent additional capabilities possible through the relaunched app enable patrons to design and run their own promotional programs such as Discover Sale (to attract new customers to their hotels), Flash Sales (empowers independent local hotels to run their own offers), among others. Anuj Tejpal, Chief Business Development Officer, OYO said,[SD1] "In India, hoteliers usually depend on a combination of different platforms to boost revenues and manage daily operations, such as OTAs, online booking management systems, digital payment gateways, content management, price parity management, marketing, among others. This can significantly take up expenses on resources and time commitment by hotel owners, leaving many entrepreneurs with limited choice to run their hotels the old-fashioned way - manually. Consequently, this leads to lower customer satisfaction and retention. Hotels with OYO get benefits CO-OYO's cohesive full stack technology accessible on a single platform, ability to run promos at their own discretion, among other features, empowers hotel owners and their staff with necessary tools to boost revenues." Sharing his experience, Deepak Rana, an OYO patron from Noida said, "CO-OYO has brought a great sense of relief to our lives. Everything that we need to understand about our daily operations, and boosting occupancies across channels based on neighborhood insights. Over the past few months, travel has recovered to a great extent. With the new CO-OYO app, we don't need to fuss about using different applications to run our operations efficiently. My front desk staff and I have full visibility to every aspect of the business on our smartphone through the CO-OYO app. I find it extremely convenient and easy to browse through the various features, which is why I tend to spend a good amount of time on the app daily.

Reliance Jewels launches Mahalaya Collection this Festive Season

DELHI: Reliance Jewels, one of India's leading jewellery brands is known for its many collections inspired by the various art and culture, traditions and beliefs that personify India's rich and diverse heritage. From Utkala inspired by Odisha to Kaasyam inspired by Banaras and Rannkaar inspired by Kutch, Reliance Jewels continues to bring forth the rich and diverse heritage of India through its jewellery designs. This festive season, Reliance Jewels has launched an exquisite collection of Gold & Diamond jewellery, "Mahalaya", inspired by the glory & grace of Maharashtra to mark the upcoming auspicious & celebratory festive season. The name Mahalaya is a culmination of Greatness and Beauty, MAHA meaning Great and AALYA meaning beauty that is found in almost every aspect of life in Maharashtra. While Maharashtra has numerous aspects that encompasses the grace and glory of the region, which is found in almost every aspect of life and in their rich heritage. Reliance Jewels' new Mahalaya collection is an exquisite handcrafted collection of Gold & Diamond Jewellery designed taking inspiration from the lustrous weaves of Paithani silk saree to fascinating visuals of Warli tribal paintings, from scenic beauty of hills and valleys to the grandeur of Gads and Wadas and Royal Regalia, a jewellery worn by the royals. Customers get to choose magnificent designs in Gold and Diamond from a variety of intricately designed and artistically crafted jewellery pieces that encapsulate these inspirations.



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The Himalayan Foundation Chandigarh organised, successfully concluded another event 'Euphoria'



Chandigarh: The Himalayan Foundation Chandigarh organised and successfully concluded another event 'Euphoria: Let the good times roll' (The Orientation Ceremony) held at Tagore Theatre, Sector 18, Chandigarh. The event was graced by Mx. Dhananjay Chauhan and Mr. J S Jayara as the Chief guests. The event began with an auspicious lamp lighting ceremony and newly recruited Himalayans were familiarised with the organisation and it's working alongwith some amazing performances by the committees. The event turned out to be a huge success. The members were highly enthusiastic. The event ended with a dance performance that had everyone grooving. "The Himalayan Foundation Chandigarh" is a Non-Governmental Organisation, established as the youth wing under its proud mentor The Himalayan Club Trust which is a public charitable trust. Its desideratum is to extend a helping hand to the society and prompt its members to become the succeeding leaders of our nation. The organization sets out to work for a variety of social causes which includes upliftment of the underprivileged section of the society, welfare of stray animals, spreading awareness on menstrual hygiene, working on mental health, etc.

Anand Pandit pledges meals to 8000 children and 800 hearing aids to mark Big B's 80th birthday

CHANDIGARH Amitabh Bachchan will turn glorious 80. Producer Anand Pandit, a long-time friend, and associate of the icon says, "At a time when most people would be content to wind down and enjoy the fruits of their labour, Mr. Bachchan is at the peak of his powers as an actor and continues to strike awe in the hearts of his millions of fans. Completing eight 'parikramas' around the earth with such joy and magnificence is no small milestone and I wanted to make a special gesture to celebrate this momentous day." To mark Big B's birthday, Pandit has pledged to distribute 8000

meals in orphanages across Mumbai and



Gujarat. He will also be donating 800 hearing

aids to senior citizens and kids in Mumbai. Pandit explains the motive behind this extraordinary gesture thus, "As a fan, I watched every Bachchan film on the big screen and then had the privilege of working with him in a couple of films. What I have learned from observing him is that human beings have an immense power to not just achieve extraordinary success for themselves but to also inspire others to dream big and achieve unimaginable glory. The impact he has had on others through his life and work is immeasurable and I wanted to pay a tribute to the man and his legacy by making this gesture."

OPPO India welcomes all Airtel users for a seamless 5G experience on all OPPO 5G devices

October 11, 2022: OPPO India, the leading global smart device brand, today announced that all Airtel customers can experience a seamless 5G connectivity on all OPPO 5G devices. Customers can experience seamless video calling, lag free gaming on the cloud and blazing fast data upload and downloads across all its 5G models across categories. To enjoy the ultrafast Airtel 5G connectivity, customers just need to get on network settings and change their preferred network to Airtel 5G.

Commenting on the development, Tasleem Arif, VP and R&D Head, OPPO India, said, "OPPO has been driven by developing technologies which enhance the quality of life for users, as stated by our brand proposition – Inspiration Ahead. One such example is 5G, we have leveraged our strengths in innovation and collaboration across the tech ecosystem to advance the same in India. Our team has been working relentlessly over the year towards building 5G for all. We thank Airtel for being part of this journey and for helping us bring the

wholesome 5G experience to our users immediately after implementation. In the future, even as 5G evolves, we will continue to focus our energies on innovations to stay ahead in the 5G race." Commenting on the collaboration, Shashwat Sharma, Director - Consumer Business and CEO DTH, Bharti Airtel, said, "OPPO has been a longstanding partner to Airtel and we are thrilled to collaborate with them yet again in our 5G journey. Airtel 5G Plus is already live in 8 cities and we plan to ramp up our services soon across the country.

Katti To Acquire Stake in HKG Ltd through Open Offer

HISAR: Belgaum based Sugar Industrialist Mr Lava Ramesh Katti belonging to reputed Katti family, is acquiring 1,36,50,000 equity shares of HKG Ltd through open offer, after which Mr. Lava Ramesh Katti will take over control of HKG Ltd. (BSE 539097) The open offer opens on 23rd September 2022 and will close on 7 October 2022.

Recently Lava Ramesh Katti has been appointed as Managing Director of the company effective 9th September 2022. Sometime back the Company had successfully participated in the auction conducted towards Shri Shivsagar Sugar and Agro Products Limited, to acquire Sugar Mill, Co-Gen Plant, Ethanol Plant, Office Building, Go down and Guest House. Bank has awarded an in-principle letter for the same.

Get out and Socialize: Importance of Social Groups for Mental Well-being - Dr Ramesh Kumar

Chandigarh : We, humans are essentially social. Social isolation has detrimental effects on an individual's physical. Various studies have reported an increase in the risk of coronary heart disease, stroke and mortality with loneliness and social isolation. Social isolation has also been associated with numerous mental health disorders including depression. Studies have shown that people with depression symptoms tend to have fewer social interactions and prefer to have social interactions with other people with depression. This causes



their depressive symptoms to exacerbate and isolate themselves even more. This ensues a vicious cycle. To break free from this, one will need a strong social support system. A social support system essential includes people whom we can rely on for emotional and practical support. A support group provides an opportunity for people to share personal experiences and feelings and coping strategies. They can be family, friends, work colleagues etc. A systematic review published in the Journal of

Affective Disorders in 2021 reported that being a part of social groups is an effective way to manage mild to moderate depression. Social support systems help to: Feel less lonely Alleviate the effects of emotional distress Enhance self-esteem Promote healthy lifestyle behaviours Encourage adherence to treatment plans We can ensure good social relationships by staying in touch with people that matter to you the most. by preventing feelings of jealousy. by volunteering in groups that work towards the cause that matter to you the most. by developing new skills and building confidence.

Dabur Red Paste recreates iconic 'Eir Bir Phatte' song for its latest campaign "Desh Ka Lal"

World's No.1 Ayurvedic Oral Care brand Dabur Red Paste from India's leading Science-based Ayurveda expert Dabur India Ltd has unveiled a special musical Video "Desh Ka Lal x Eir Bir Phatte" to celebrate the 80th Birth Anniversary of legendary actor and Bollywood icon Mr. Amitabh Bachchan. Mr. Abhishek Jugran, Vice President-Marketing, Dabur India Ltd said: "The entire Dabur family joins me in wishing Mr Amitabh Bachchan a very Happy Birthday. We are all extremely thrilled to mark his 80th birthday with this special music video. It becomes even more special with Mr. Bachchan himself performing the popular song 'Eir Bir Phatte' in a brand new avatar. The new

campaign is a musical yet informative way of highlighting how Dabur Red Paste combines the best of Ayurveda and modern-day Science for complete oral care." Mr. Harikawal Singh, Marketing Head – Oral Care, Dabur India Ltd said "The Special Musical Video, conceptualised by Ogilvy starring the Superstar, has been released to highlight the superiority of Dabur Red Paste in maintaining problem-free healthy Oral Care, enabling everyone to enjoy the wide variety of Indian delicacies. Mr. Amitabh Bachchan has made the music video more interesting with his singing, style and appearance in a never seen before avatar explaining how Dabur Red Paste, the World's No.1 Ayurvedic Toothpaste.



GoMechanic Spares holds Mechanic Prize Distribution in Gurugram



Gurugram : GoMechanic Spares, India's No.1 car spare parts brand organized a Mechanic Prize Distribution Ceremony at Gurugram, Haryana on Saturday evening. The event was organized in association with GoMechanic's authorized spare parts distributor for Gurugram, Samrat Motors. Zeul Haq from General Car AutoMobsles, Gurugram, Haryana was rewarded with a Bajaj Platina motorcycle for his exceptional loyalty toward the GoMechanic Spares brand & being the top buyer of GoMechanic genuine spare parts. Several gifts including travel backpacks were also distributed to other loyal customers by Varun Nagpal & Tarun Nagpal, workshop owners & retailers around the city who came to witness the ceremony. In an exclusive interaction Nitin Rana, Co-founder, GoMechanic, said "We are extremely delighted to be able to honor & reward the efforts of our loyal customers. The event is focussed mainly to appreciate the best workshops, retailers & mechanics who have been continuously purchasing & distributing GoMechanic's genuine spare parts in their respective markets. With their support, we have already spread our network to 100+ distributors and 600+ retail counters & workshops across 65+ cities in two years & will continue to expand at this pace." He also said that more such felicitations ceremonies will be held in several other regions in the coming days.

This World Tourism Day, ride new Royal Enfield Hunter 350

Chandigarh, 11 Oct, 2022- World Tourism Day is an important event that aims to raise awareness about the significance of tourism around the world. Chandigarh, rightfully called the 'city of beauties' is the first ever planned city in India. Although it is one of the modern planned cities, it has ensured the preservation of its heritage complemented in its distinctive architectural design, urban style, and natural environment. This World Tourism Day is the best time to explore Chandigarh on the all-new Royal Enfield Hunter: a motorcycle that's refreshingly new but exudes old school cool and resonates with the old yet modern culture of this beautiful city. Here is a list of the five best destinations for a day trip from Chandigarh: Capitol Complex - The Capitol Complex, spread over more than 100 acres in Sector 1, is the prime manifestation of Chandigarh's architecture designed by Le Corbusier, with the Shivalk hills in the backdrop marking the sight more serene and grand. UNESCO has conferred the heritage status on the Capitol Complex making it more special. And there's no better way to reach this place than hitting the road with your all new and stylish Hunter 350 for company. The Corbusier Centre - Le Corbusier Centre is a popular heritage spot in the city, situated at Sector 19B. The modest structure of the building may well be considered as a seminal attempt at introducing concepts of sustainability and green Architecture in the architectural annals of Modern India. This place is a must-ride-to location near Chandigarh on your Hunter 350. Rock Garden - Chandigarh has the distinction of having a unique world-acclaimed Rock Garden. It consists of art objects, segmented from industrial and urban waste. This massive 40-acre garden of woods in the form of an open air exhibition hall, is a colorful mosaic of art pieces and sculptures. It is without doubt, a tourist spot that is a must on the itinerary of every visitor to Chandigarh and should be visited on your Hunter 350. Open Hand Monument - The Open Hand Monument is one of the most notable structures in the city. The monument is created out of metal sheets and is an excellent example of the avant-garde art of the period. Le Corbusier designed the open hand to convey the message of openness of ideas and of peace and unity.

Joyful Gifts from The Body Shop

Chandigarh: India's much-awaited festive season is just around the corner, and among all the festivals, Diwali is perhaps most people's favourite. The festival of lights brings joy, with people celebrating with their loved ones and exchanging gifts. Speaking of gifts, finding the perfect one can be tedious – to say the least. If you're wondering what to gift your friends and family, The Body Shop, a Britain-based international personal care brand, is here to end your hunt. Its extensive personal care product range makes for delightful festive gifts. Here are some possible combos out of their seemingly endless options.

1. The Body Shop Berry Duo Gift Set, INR 3195 Shower time is perhaps the only 'me time' most of us get in a day where we can relax and unwind. To make someone's time in the shower/tub more indulgent, The Body Shop's Soak and Slather Berry Bath Set is the perfect gift. But wait, there's more! This gift doesn't just give the user self-love; it also reflects the brand's love for the planet. The gift set supports The Body Shop's Community Fair Trade partners, who respect the environment and source ingredients sustainably. Besides, the packaging of the entire gift set, including each individual product, is FSC certified and can be widely recycled. What's in the box – A 200 ml Strawberry Body Yogurt, a 250 ml Berry Bath Blend, and a Bath accessory. 2. The Body Shop British Rose Beauty Bag, INR 1395 For someone who is seriously in need of a refreshing personal care treat, The Body Shop's British Rose Beauty Bag is the perfect gift. The Lather and Slather British Rose gift bag's contents are infused with the goodness of Britain's finest roses and are a head-to-toe-care package. The Body Butter tub is also made with 100% recycled plastic, including Community Fair Trade, recycled plastic collected off the streets of Bengaluru, India.

The dynamic instrument is the dhol: Bikramjeet Singh

Dhol is a fiery musical instrument that makes people dance in any function. Nothing will go wrong if it is said that every function is incomplete without Dhol, says Bikramjit Singh, a talented drummer who has been active in the world of music for the last four years. This young Dholi Bikramjeet Singh disclosed that he is a resident of Rampur village under Jalalabad post of District Tarn Taran. He had a passion for music since childhood and his fingers would move at the sight of the drum. Even in school, he used to enter the music room after getting a chance and keep looking at the musical instrument.

Born on August 1998 this young energetic drummer. The player got the plus two examination from the local government school. After that, on the encouragement of his parents, he entered the field of music. Quiet hardworking drummer Bikramjeet Singh has worked with many experienced music directors from Punjab. He says drum is a part of my life and it gives me thrill. As a Dholi, Bikramjeet Singh has performed with famous Punjab singers like Balraj, Gurbaksh Shonki, Jaspal Maan and Gurjan.



NEWS AT A GLANCE

Health check-up, legal awareness camps held



JASWINDER SHARMA
KARNAL: Under the guidance of District and Sessions Judge, Justice Chandra Shekhar and under the leadership of Chief Magistrate and Secretary, District Legal Services Authority, Karnal, Jasbir Kaur, PLV Himanshu Dingra and Panel Advocate Rishpal organised health check-up and legal awareness camps in village Prem Nagar of Gharaunda Khand on Tuesday. They informed the villagers in the camp about the public welfare schemes being run by the government and also made them aware of the laws and their rights. Addressing the villagers, they said that if anyone ever wanted to get free legal help and information, he could come to the nearest District Legal Services Authority and get free legal information and help. On this occasion, it was revealed that the National Lok Adalat would be held on 12 November 2022.

Accused in Asha worker murder case held

VINOD KUHAR
GANNAUR: Police have arrested an accused in the case of murder of Asha worker due to plot dispute in Lalhedi Khurd village. The accused, Ashwani, is a resident of Lalheri Khurd. On Tuesday, the police produced the accused in the court. Where the court has taken the accused on police remand for two days. It may be mentioned that on October 5, there was a dispute between the two parties regarding the plot between Ramesh and Rajesh in the same family in Lalhedi Khurd village. The plot dispute was going on for a long time. It is alleged that Rajesh's younger brother Krishna was attacked and injured by Ramesh and Ashwani with a sharp weapon. During this time, Asha Worker Geeta who tried to intervene was also injured. He was taken to a private hospital in Sonapat for treatment, where she died during treatment. During that time, the police took action under Section 174 in the case. When injuries were found in the post-mortem report, then Section 302 was added to the case. On the complaint of Rajesh, the husband of deceased Geeta, the police had registered a case of murder against the five. Investigating officer ASI Anil Kumar said that other accused involved in the case will be arrested soon.

Jind administration gears up for Panchayat Elections, preparations completed

PAWAN DAHOLA
JIND, OCT 11

The process of filing nominations for the sixth general election of Panchayati Raj Institutions in Jind district will start on October 14. In the district, polling will be held on October 30 for 187 members of Zilla Parishad, Jind, Julana, Safidon, Narwana, Uchana, Ujhana, Pillukheda and Alewa, and on November 2 for 300 posts in Sarpanch and 3455 posts in Panch. Giving information about the election of Panchayati Raj Institutions, District Election Officer (Panchayat) and DC Dr. Manoj Kumar said that preparations have been made by the district administration to conduct the elections in a peaceful and fair manner. 756830 voters registered in the electoral rolls of Panchayati Raj Institutions in the district will be able to exercise their franchise in the elections. For the voting process, 882 polling stations have been set up in the district.

After the withdrawal of nominations on October 21, the election symbols will be allotted to the candidates, the District



Election Officer (Panchayat), while giving information about the election program, said that the nomination process will start in the district from October 14. The time for this has been fixed from 10 a.m. to 3 p.m. Whereas, October 19 will be the last day for nominations. The scrutiny of nomination papers will take place on October 20. The withdrawal of nominations in the election process can be done till 3 pm on October 21. On the same day, after the deadline for withdrawal of nominations, the symbol will be allotted to the candidates, and

the final list of contesting candidates will be issued. For Zilla Parishad and Panchayat Samiti members on October 30, for Panch-Sarpanch will be held on November 2. On the other hand, November 2 was fixed for voting for the posts of Sarpanch and Panch. The polling time will be from 7 a.m. to 6 p.m. If there is a re-poll for any Zilla Parishad member or Panchayat Samiti member, then it will be conducted on November 2. Also, if there is a re-poll for the posts of Sarpanch and Panch, then it will be held on November 4. The

results of the post of Sarpanch and Panch will be declared after the elections on the same day, while the results of Zilla Parishad members and Panchayat Samiti members will be declared after the completion of all the phases of elections. Giving information about the representation of different classes in the wards of the 25-member Zilla Parishad, he said that the election will be held for 187 members of the eight Panchayat Samitis and 25 members of the Zilla Parishad. He said that six wards in the district are reserved for Scheduled Castes, out of which three are reserved for women. whereas three wards have been reserved for candidates in addition to women (male and transgender). At the same time, two wards are reserved for the backward class category. Of these, one ward has been reserved for women, and one ward has been reserved for candidates other than women. Out of 17 wards for the general category, 8 are reserved for women, and the remaining 9 wards are reserved for candidates other than women.

DC urges farmers to stop paddy straw burning for Public interest

SUMER GARG
SANGRUR, OCT 11

Taking another pro-people step to make the environment pollution free, the district administration has set up special control rooms to check the bad trend of paddy straw at the district level and various sub-divisions. While giving this information, Deputy Commissioner (DC), Sangrur, Jatindra Jorwal said, "Any citizen will be able to register his information immediately by contacting these control rooms when the case of paddy stubble burning comes to light in any village. He said that on receiving the information, the administrative teams will immediately reach the location of the incident and further action will be taken. He also appealed to the farmers to stop this bad trend by coming forward themselves for public interest". The DC said, "The WhatsApp number of the district level control room is 79732-06398, at Sangrur Sub Division 88376-98003; 01675-220561 at Dhuri sub division; 94170-04261 at Dirba; 98769-28609 at Sunam; 01676-272125 at Lehra; 01676-276977 at Moonak and 94638-75000 at Bhawanigarh, these numbers have been set up at various Sub Divisions of district". DC further said, "The BDPOs has already started to prevent stubble burning in the district. Vigilance teams of BDPO



Tehsildar, Agricultural Development Officer and Co-operative Officers are continuously active and now with the establishment of these special control rooms, the process can be further expedited". He added, "The experts of the agriculture department and the Cooperative department are creating awareness by going to the villages and contacting the farmers continuously. Apart from this, the campaign vans of the agriculture department are also engaged in continuous campaigning". The Deputy Commissioner also said, "Farmers of any sub-division can also inform about their requirements regarding agricultural machinery on these control room numbers, after which the employees posted at the control room will inform the officials of the agriculture and cooperative department about their requirements and then the availability of agricultural equipments & machinery, necessarily departmental action will be taken accordingly and in this regard, guidelines have already been issued to the higher officials of the agriculture and Cooperative department".

Ek Bharat, Shreshtha Bharat rally welcomed



DARSHAN SHARMA
NILOLHERI, OCT 11

Ek Bharat, Shreshtha Bharat rally is being taken out. The yatra was welcomed at Kurukshetra under the leadership of All India Grahak Panchayat, women's provincial head of Kashi Province Grahak Panchayat, under the leadership of Soni Chaurasia. Varanasi Roller Sports Association, Rajesh Dogra's roller skating school, took out a journey by Nari Shakti through Kurukshetra. The people were welcomed by Haryana State Mahila Morcha Vice President BJP Meena Chauhan, Municipal Chairman Representative Satnam Singh Ahuja, Women and Child Coordinator Bharat Vikas Parishad Padmesh Bhavaja and the visiting guests. Laxmichand Chauhan made all arrangements and the media coverage work was under the responsibility of Grahak Panchayat Nilokheri and District Coordinator Kurukshetra Anoop Sharma. Soni Chaurasia informed that the journey from Lal Chowk of Srinagar to Kanyakumari is about 3686 kms. There are 13 states and 100 cities on the way.

Guhla Cheeka players win 4 medals in state-level sports meet



KULBHUSHAN SHARMA
GUHLA CHEEKA, OCT 11

In the junior level Haryana state competition, the players of Guhla Cheeka have brought laurels to the area by winning 4 medals. Athletics coach Dr Satnam Singh said that Nidhi (Harigarh Kingan) won silver medal in shot-put, Nisha (Peedal) gold medal in heptathlon, Saloni (TheyNaval) silver medal in 400 meters and Mayank (Bhagal) won silver medal in triathlon. He informed that this competition was organized by the Athletics Association on October 7 to 9 in Rajiv Gandhi Sports Complex, Rohtak. Around 2500 players from all over Haryana participated in it, in which 4 players of Guhla Cheeka won medals while participating in different categories. He said that these four players are very hard-working and have been practicing in Guhla Cheeka's Khel Nursery for a long time. He said that this success of the players has given a new spirit to the youth of Guhla Cheeka. He said that around 350 players practice in the morning and evening in the sports nursery and who are preparing for many more competitions to come. He said that Guhla Cheeka's sports nursery is making an important contribution in making good players as well as making good citizens.

MC removes encroachment from agri land in Nissing

RINKU GONDAR
NISSING, OCT 11

The illegal encroachment of 8 acres 6 Marla agricultural land of the municipality located on Sambli Road in the city was removed by the MC team with the help of heavy police force on Tuesday. The municipal team under the leadership of Duty Magistrate Municipal Secretary Shailendra Sharma along with heavy police force removed the encroachment of many years on the agricultural land. On the spot, Kanungo Ramesh Kumar, Patwari Ravi Kumar and Village Secretary Vikram did the Nishadehi with DGPS machine. At the same time, RCC pillars were placed on the boundary of the land. Duty Magistrate Municipal Secretary Shailendra Sharma said that some farmers had occupied the agricultural land of the municipality for many years. On the order of the court, the administration came



to remove the possession on August 22, but the farmers opposed it and demanded that the land should be allowed to remain with the farmer till the crop ripens. After that, the farmers harvested crops from the ground. On October 11, 8 acres of 6 marla land was seized with the help of heavy police force. Municipal Chairman Romi Singla alias Bhim urged the people who have illegally occupied the municipal land in the municipal area to give up that land of their own free will. Otherwise, the occupied land

will be released through the court, because it is very important to have its own land with MC for development works in the city. For this, all the residents of the city should cooperate with the MC administration so that the development work in the city can be done without any hindrance. ME Satish Mittal, JE Rajkumar, Accountant Mahaveer Malik, Safai Daroga Geeta Rani, Rakesh Goyal, Subham Bhambri, Sandeep Kumar and others were present on this occasion.

Shandilya urges to remove naka near jail



SHIV KUMAR SHARMA
AMBALA, OCT 11

Viresh Shandilya, National President of Anti Terrorist Front India, today sent a complaint to the newly appointed Superintendent of Ambala Jail Sanjeev Pattar, saying that Ambala City Jail Land naka, which comes in Sector-1, has been on the side of Ambala Jail for a long time near Prithviraj Chowk. The road leading to the old sessions court, has been permanently closed for several months by putting up a closed blockade. Shandilya said that this road has been closed by jail superintendent Amit Bhadoo and the public is being harassed. The newly appointed jail superintendent should order the removal of the blockade. He said that this road connects the people coming from Chandigarh or Delhi to Jail Land, Session House, Prem Nagar, Model Town etc. But on this road a permanent naka has been put up by the officials of Ambala Central Jail for a long time.

Pilgrimage in Kartik month pleases God: Katha Vachak



SHIV KUMAR SHARMA
KARNAL, OCT 11

Pandit Chetan Dev and Shekhar Sharma in the katha of Kartik month running in the courtyard of Mata Rampyari temple of Uttam Abdhilaya said that in Kartik month, God is pleased with chanting, penance and pilgrimage. Keeping fast in this month also gives benefits. One who burns camphor in front of Brahmaji gets the fruits of big trees and gaudan and many of them get a whole Baikunth. He who offers camphor along with saffron and musk attains Brahmakalok. Pandit Chetan Dev said that the month of Kartik is fruitful. Man should wake up every morning and take bath and meditate on the Lord. A lamp should be lit in front of Tulsi, by which pious deeds are achieved. Hundreds of devotees performed Havan Yajna and offered sacrifices. Havan Kund was circumambulated by chanting Om Namo Bhagwate Vasudevay. The program was supervised by Bhandara President Bharat Bhushan Kaku.

900 schools participate in Sumit and Award 2022

VIRENDRA JANGRA
TARAWADI, OCT 11

Sumit and Award 2022 provided North Education. This programme was held near the Radisson Blu Plaza near Delhi Airport, where about 900 schools participated. Of those, St Paul's Divine School was included in the short list. Our school in Haryana stood first in this event. Everyone congratulated the principal of the school, Mrs. Preeti Gupta, and extended their best wishes. Giving further information, the principal of St. Paul's Divine School, Mrs. Preeti Gupta, said that she always provides her children with education along with curricular activities. He said that along with education, children should also come close to curricular education, which gives motivation to the children. He does all his work with great dedication. They are always ready to teach their children something new. Their efforts and attitudes are highly appreciated by North Education. All the dignitaries present there inspired them to keep moving forward in this way in their lives and gave guidance to keep doing something new for their children. Thus, the programme was very successful, and Mrs. Preeti Gupta congratulated everyone on her school's getting the award.



Rain plays havoc, four houses collapsed in Deha Basti of Chotabans

NIRMAL
RADAUR, OCT 11

The intermittent heavy rain since late last night has become a disaster for the people. The houses of four families have collapsed in Chhotabas, Radaur due to rain. Fortunately, during this time, the family members got out of their homes safely. But due to the collapse of the house, the goods kept inside got damaged. Kullaram, Jaimal, Lakha, and Mulukha of Chotabans Deha Basti said that their houses collapsed at around 5 am today. He said that he had already left with his family due to the possibility of the roof collapsing. But many things kept in their houses get damaged. The affected have demanded compensation from the government. At the same time, due to rain, water also accumulated on the SK Road, which had been dilapidated for a long time, and due to which a school bus was saved from overturning after getting stuck in a deep pothole on the road. According to the information received, at the time this bus got stuck in the pit, many children were also on board. Those were taken out safely. On the other hand, due to rain, rain water entered a house in the street adjacent to the municipality.



Sugarcane fair in Karnal today

JASWINDER SHARMA
KARNAL, OCT 11

Chief Scientist and President of ICAR-Ganna Prajangan Sansthan, Regional Center, Karnal, S.K. Pandey said that a sugarcane development fair will be organized on the premises of the institute on October 12. About 1500 progressive farmers and officials of sugar mills from Haryana, Punjab, Uttarakhand, Uttar Pradesh, Madhya Pradesh, Gujarat and Rajasthan will participate in this fair. He said that an exhibition based on agriculture will also be organized in the fair in which 40 stalls will be set up by various government institutions and private companies. He urged the farmers to visit the fair and get information based on agriculture.



Patiala MC's action against traders politically motivated: Preet

RAKESH JINDAL
PATIALA, OCT 11

Former Foreign Minister and Member of Parliament from Patiala Preet Kaur today launched a scathing attack on the Patiala administration, alleging that it is taking politically motivated coercive action against various members of the business community associated with opposition political parties. MP Preet Kaur along with the mayor and councilors of Patiala submitted a demand letter to Municipal Corporation Commissioner



Aditya Uppal, in which the vindictive action being taken by the corporation at the behest of the ruling party was highlighted, under which they sealed about 250 commercial shops. In a memorandum later shared with the media, the Patiala MP said, "It has been

brought to my notice that your office has taken many decisions against various members of the business community or persons associated with other political parties. I want to bring to your notice that for the last three months the ruling party has

been sealing the shops through your office. More than 250 commercial shops have been sealed by the corporation." Preet Kaur appealed to the commissioner to find an alternative solution, saying, "I condemn such strong actions against the business community and appeal to you to find an alternative solution to resolve the issues instead of sealing the business shops. A solution is needed. So that shopkeepers do not have to face unnecessary hassle during the upcoming festive season.

Paddy crops affected by the rain, farmers seek compensation from govt



NIRMAL
RADAUR, OCT 11

The unseasonal rains once turned into a disaster for the farmers. The highest rainfall of 78 per cent in the district was recorded in Radaur today. Due to heavy rains, the paddy crop standing in the fields has reached the verge of getting submerged and ruined. Due to which, the farmers are expected to suffer heavy losses. Regional farmers like Harnam Singh, Satnam, Pawan, Sunil, etc. said that this time their paddy crop has been affected by disease and now due to repeated unseasonal rains.

comfortable in the game. Their number seven Setungchim did the star turn striking in the seventh, 52nd and 58th minutes of the match. David did pull one back for the Manipur side in the 68th minute, but Nagaland were home and dry by then. The prestigious 61st Subroto Cup Boys U-17 final will kick-off at 3.30pm on Thursday and is set to be a blockbuster clash between two in-form teams.

Rapists and murderers should be given the immediate death penalty by running a fast track case : Randeep Surjewala



GHULA CHHULA (KULBHUSHAN SHARMA): Rajya Sabha MP and Congress National General Secretary Randeep Singh Surjewala appealed to the Khattar government regarding the rape and ruthless murder of a 7-year-old girl in village Kurad under the Kalayat police station area, saying that there is no place for such a person in society. He said that the daughter should get immediate justice. This ruthless and autocratic accused should be hanged with immediate effect by running the case in a fast track court.

Randeep Surjewala said that today the dirty game of crime, murder, theft, and rape is going on openly in Haryana. Criminals are fearless. The business of drug addiction among the youth has become so dominant that criminals are openly carrying out the crimes of theft and rape. Every day, such terrible and painful news makes the front pages of newspapers. But the BJP-JJP government has proved to be a failure in curbing all kinds of crime.

Randeep Surjewala, while seeking an answer from the BJP-JJP government, he asked, "What is the reason that today Haryana has become number one in terms of crime?" The Jungle Raj has prevailed in the state. The law and order system has gone bankrupt. Why is the drug not being curbed due to criminals continuously committing the crime? He alleged that the Khattar government has no policy nor any intention of ever adopting one. Due to which, criminals are committing crimes without any fear. Surjewala blamed Chief Minister Khattar and Deputy Chief Minister Dushyant Chautala and said that the culprit should be hanged at the earliest by running the case on a fast track so that in future the public's trust in the police, administration, and government can be built and criminals committing such crimes can avoid it. Surjewala also appealed to the Khattar government to give proper compensation to the family.

The strike of advocates at Kaithal will continue- Tanwar



RAMAN GUPTA KAITHAL: A meeting of the District Bar Association was held in the bar room today as a protest against the non-arrest of all the accused who had entered the chamber of a lawyer and attacked him.

The meeting was presided over by the Association's District Head Advocate, Ravindra Tanwar.

The forum was conducted by Bar Association Secretary Karna Kalda.

Many lawyers spoke at the meeting, including advocates Manoj Anand, Umesh Malik, Shamsher Kalaraman, Ramesh Sardana, Pradeep Harit, Jagdeep Tanwar, and Vikram Nain. Everyone insisted that the lawyers' strike would continue even further.

Principal Ravindra Tanwar said that all the lawyers of Kaithal are with lawyer Baljit Mor in this matter.

He also raised questions about the working style of the police, saying that the police were not working seriously on this matter.

Due to the failure of the police, the two accused managed to get bail.

Secretary Karna Kalda said that the attitude of the police is also not good. To take this matter forward, a committee of 10 members has also been constituted today, which will look into the whole matter.

The ten-member committee will meet with the police officer and place the entire case in front of them.

Hassle-free procurement of Bajra being done in state: CM

BUREAU CHANDIGARH, OCT 11

Haryana Chief Minister, Sh. Manohar Lal said that hassle-free procurement of Bajra is being done in the state. This year the State Government is procuring the Bajra at the Minimum Support Price of Rs 2350 per quintal, while in the State Mandis, the same is being procured at Rs. 1850-1900 per quintal.

Under the Bhavantar Bharpayee Yojana an amount of Rs 450 will be paid to the farmers so as to ensure that farmers do not face any loss, said Sh. Manohar Lal while inaugurating the newly renovated media centre at Haryana Civil Secretariat, Chandigarh today.

During this, Transport Minister, Sh. Mool Chand Sharma, Cooperation Minister, Dr. Banwari Lal and Urban Local Bodies Minister, Dr. Kamal Gupta also remained present.

The Chief Minister said that adequate arrangements have been made by the government for the smooth procurement of Kharif crops. The arrangement for crop lifting has been strengthened so that other farmers can timely bring their crops to the State Mandis.

Responding to the question, the Chief Minister said that HAFED is also procuring Bajra. The adverse weather conditions certainly caused some problem in the procurement of crops but now proper arrangements for smooth procurement has been ensured in every Mandi. Till October 10, 2022, 59,414 MT of Bajra has been procured in the state, informed Sh. Manohar Lal.

Notably, as per Chief Minister's directions, the Deputy Commissioners are making regular visits to the Mandis so as to ensure farmers do not face any problems. Notably, for the convenience of the farmers, the Chief Minister launched the e-kharid Haryana Mobile App. This bilingual app is available on the Google play store the farmers are

getting real-time data regarding the number of crops registered, gate pass issues, and the quantity they can bring for procurement. Any farmer can get these details by entering their mobile numbers registered on the Meri Fasal Mera Boyra portal. The farmers can also raise their grievances on this App. Furthermore, through this app, the farmers can immediately download J-form anytime anywhere. He can also check the status of the payment. A toll-free number has also been shared for the help of the farmers. The app also has a feature for sending district-specific notifications. Additional Chief Secretary, Urban Local Bodies Department, Sh. Arun Kumar Gupta, Principal Secretary, Information, Public Relations and Languages Department, Sh. Anurag Agarwal, Director General, Information, Public Relations and Languages, Department, Dr. Amit Agrawal, Additional Director (Admn) Smt. Varsha Khangwal.

Ladwa is encouraging to bring players forward: Sandeep Garg



LADWA (NARESH GARG) : Stalwart Foundation Chairman and eminent philanthropist Sandeep Garg said that Ladwa is making every effort to encourage sportspersons to take part in sports in order to encourage them to participate in sports.

Sportspersons of Haryana can also prove their talent by performing brilliantly in sports, just as the players of Haryana state are bringing laurels to the entire country by performing well in the 36th National Games being held in Gujarat. In the same way, the players of Ladwa Halke could also prove their talent.

Social worker Sandeep Garg was addressing the Kabaddi players at the Government Adarsh Primary School, Roorkee, village of Babain. He said that the way the archery team in Gujarat has won the title of champion by performing a tremendous performance. The team has made a historic performance by winning 5 gold medals, and even before that, Haryana had become the overall champion in the netball game. Congratulating the players for the excellent performance of the archery team, he said that by winning medals for boys as well as girls in the National Games, it is visible that in today's era, girls in Haryana are no less than boys in sports. He said that today, girls are also making waves in every field and are coming ahead in every field on the strength of their talent.

"Red Day" is celebrated with great pomp in DPS Kids School



LADWA (NARESH GARG): Red Day was celebrated with great pomp on Tuesday at DPS Kids School located on Ladwa-Pipli road. Young children studying in the school reached the school premises by putting on red clothes. School Principal Deepti Vadera said that the Red Day was celebrated with great pomp by the small children in the school in which the children were told in detail about eating red apples and what the benefits of eating apples were. He was also told about this thing in detail. He said that the children would have liked the red very much. All children like to wear red clothes. Earlier, various competitions were also organised by the school children. In which schoolchildren actively participated, school staff members were present on the occasion.

Karva Chauth is festival of devotion and faith



RUBY PRAJAPATI SHAHABAD MARKANDA: The festival of Karva Chauth is celebrated with great fervor in every corner of India, symbolising the long life of husband, faith and dedication. Former councillor Asha Chawla said that Hindu women observe this fast for their husbands. This fast is a symbol of the sacred bond of husband and wife. She said that the fast of Karva Chauth makes married life strong and shows the importance of husband for women. Councillor Nisha Thukral said that on the day of Karva Chauth fasting, married women show their affection for their husbands without food and water and protect their honor and prestige.

Former councillor Nisha Bhargava said that women take a vow on this day in front of God that she will be devoted to her husband. There are many legends about Karva Chauth fasting since ancient times in which a married woman pray to God for the longevity of husband. Rinki Ajrana said that the festival of Karva Chauth is very powerful. According to many stories, Sati and other goddesses who observed the fast of Karva Chauth had asked Yamraj to give back the life of their husbands. That is why the importance of this fast is special for married women.

Hard work of AAP workers will show its colour in the Adampur by-election: Praveen Choudhary



DALBIR MALIK KURUKSHETRA: The hard work of Aam Aadmi Party workers will show its colour in the Adampur by-election, says Praveen Chaudhary, president of the Aam Aadmi Party's Panchayati Raj North Zone, Haryana. He claimed that the Aam Aadmi Party's workers were working tirelessly to win the Adampur by-election, causing the BJP and Congress to lose their cool. Panchayati Raj North Zone President Praveen Chaudhary is busy with his entire team in the Adampur by-election, he says that every worker of the Aam Aadmi Party will not die until he ensures the victory of the Adampur by-election. . Praveen Choudhary is contacting people with his team for door to door Aam Aadmi Party candidate in Adampur. When talking to Praveen Choudhary, he said that the victory of Aam Aadmi Party in Adampur is certain because the candidates of BJP, Congress and other parties are at this time languishing in front of the promotion and propagation of Aam Aadmi Party. After that, he told that there is full enthusiasm among the people towards the Aam Aadmi Party. People in the village have put up Aam Aadmi Party flags on the roofs of their houses. Chaudhary said that from the child to the elderly, you do not get tired of describing the working style of the party's national president Arvind Kejriwal. On this occasion, along with Praveen Chaudhary, Secretary, North Zone Panchayati Raj, Sanjay Chaudhary, Karmaveer, Manoj, Dharamveer, Nishant, Sukhwinder and many other activists are campaigning in Adampur by-election.

Paddy crops affected by rain, Farmers demand compensation from the government

RADAUR, (NIRMAL) : The unseasonal rains once turned into a disaster for the farmers. The highest rainfall of 78 per cent in the district was recorded in Radaur today. Due to heavy rains, the paddy crop standing in the fields has reached the verge of getting submerged and ruined. Due to which, the farmers are expected to suffer heavy losses. Regional farmers like Hamam Singh, Satnam, Pawan, Sunil, etc. said that this time their paddy crop has been affected by disease and now due to repeated unseasonal rains. He said that this year the paddy crop had become a loss-making deal for him. In such a situation, the farmers have demanded proper compensation from the government.

Shantivan Gopal Gaushala tops with 2000 cows

VIRENDER JANGRA TARAORI, OCTOBER 11

Taraori's Shantivan Gopal Gaushala is at number one in Karnal with 2 thousand cows and this credit goes to Nathi Ram Gupta and brother Ramesh Chand Gupta, the current head of the Gaushala. Under the leadership of these two brothers, the owners of Bharat Group, the proper operation of the gaushala has been going on for years. About Rs 2 crore is spent per year in this gaushala including fodder and tudi of cows. However, there is always a big cooperation from Taraori Grain Market and Rice Millers in this Gaushala. Nathi Ram Gupta, head of the gaushala, said that although only 1500 cows can stay in the gaushala, when a person from Taraorii and the surrounding area comes to



the gaushala with a cow, it cannot be denied and this is the reason why today there are about 2000 cows in the Gaushala. He said that there is no shortage of any kind of fodder and straw in the gaushala, as we always take care of the health of the cow mothers and a whole team has been deployed in the gaushala to look after them.

Ramesh Gupta, owner of Shivshakti Interglobal said that 32 koti deities reside in

Gaumata. We have learned this from our ancestors and have always implemented it. This is the reason why his love and devotion have always been in Gaumata. He said that Gaumata takes care of every calamity that comes upon the person who serves the cow. He said that the Gaushala gets a lot of cooperation from Taraori and the people around and for this he is grateful.

Sultan Singh to grow fish, vegetable together



DARSHAN SHARMA NILOKHERI: Sultan Singh, who has been continuously doing experiments in fish farming, has now invented a new technique due to which not only the income of the farmers will be doubled, but the common people will also be able to avoid many diseases by growing organic vegetables on the roof of their homes. Even though it took five years for Padmashree awardee Sultan Singh to make this technique successful, now this technique of Sultan will prove to be a boon for lakhs of fish farmers of the country. With this technology, farmers and common people will be able to produce tomato, red, yellow green capsicum, broccoli, strawberry, onion, zucchini, ghee and cucumber and green and red chillies. These vegetables will be completely organic. The special thing in this technique will be that the crop of vegetables coming to the farmers' fields after three months will be done in only 45 days. Fish farming farmer will be able to produce 64 quintals of vegetables in 1 acre. The expenditure on growing vegetables will also have to be done only once. This will save expenditure and wages, fertilizers and medicines will not even have to be added.

Fenesta expands retail presence in Karnal

SHIV KUMAR SHARMA KARNAL, OCT 11

Fenesta, India's largest Windows and Doors Brand which is also the market leader in its segment, reinforced its retail expansion with the opening of another new showroom. The exclusive showroom is located at Singla Sales Corporation, Near Kajaria Tiles, Noor Mahal Road, Sector 32, Karnal - 132001 and brings the best in class uPVC Windows & Doors, Aluminium Windows & Doors and Internal & Designer Doors.

On the launch of the new showroom, Mr. Saket Jain, Business Head, Fenesta said, "Fenesta's business strategy consists of two major aspects i.e. explicit customer centric approach and reach out to more customers. These factors have propelled persistent launch of showrooms and expansion of impressive portfolio of diverse designs. Our showrooms are designed to



not only give you a touch and feel of our product portfolio but also allows us to reinforce the brand's essence, quality, and outstanding service, together with brand expertise. To be able to do so, we at Fenesta always keep bringing in changes to the showroom count along with product innovations."

With this launch, Fenesta marks another milestone to ensure an interactive and informative buying experience for our existing and potential customers. Fenesta

Showrooms have been successfully contributing to a significant customer reach and positioning as a market leader. With the rapid growth in uPVC & Aluminium Windows & Doors industry in India, the brand endeavours to further increase its market share and maintain its leadership position in future. He further added that "It has been a great journey so far & we are ready for an accelerated growth in the coming years.

Amarendra Arora carries everyone along



SHIV KUMAR SHARMA KARNAL, OCTOBER 11

A meeting was held in the office of Haryana Sikh Gurdwara Prabandhak Committee President Amarendra Singh Arora. Arora's old friend of the Haryana Committee's struggle, whose organisation Sant Sepoy Sewa Lehar honoured Amarendra Singh Arora by putting a sarapa on becoming the head of the Haryana Committee. On behalf of Sant Sepoy Sewa

Lehar, we request the Chief Minister of Haryana to get Amarendra Singh Arora to take over the service by supporting the truth. Arora is the only person who gets respect in every community. When the 41-member Gurdwara Management Committee was formed in 2014, 40 members supported the Congress but Amarendra Singh Arora supported the Bharatiya Janata Party.

On this occasion, the members of Sant Sipahi

Sewa Lehar jointly said that Arora is the only person who takes all the members along and gives respect to all and is capable of working for Sikh interests.

On this occasion, Gurdwara Committee President Amarendra Singh Arora said that anyone who has supported every district of Haryana in the time of struggle will be honoured. He also urged the youth to come forward. Everyone will be given full respect, he said.

Haryana sex ratio has improved: Garg

PREETI SAINI SADHAURA, OCTOBER 11

Beti Bachao Beti Padhao District Coordinator Alka Garg said that before 2014, the sex ratio of Haryana was 823. That is, 177 daughters used to be killed in the womb. The Narendra Modi government of BJP and the Manohar government of Haryana gave strength to the daughters in the governance and administration in a phased manner. A system of 33 per cent reservation has been made in politics. Steps should also be taken towards 50 percent participation in Panchayats. On the other hand, Prime Minister Narendra Modi has also opened the way for women to join the army, for which he has made a women's commission. In Haryana state, the BJP government while fixing the quota of women in PDS should take steps towards giving priority to giving them employment to increase their participation in household work. Alka Garg said that for more than 51 thousand women in Haryana state there are self-help groups, to which more than 5 lakh families are connected. Women are given loans up to Rs 5 lakhs. Women's Debt Revolving Fund has been increased from Rs 10,000 to Rs 20,000.

Loans worth Rs 796 crore have been given to Self Help Groups.

Through the fairs organised under Mukhyamantri Antyodaya Parivar Uththan Yojna, families with income up to Rs. one lakh have also been given employment. For this, women have been given priority. Every person should open Sukanya Samridhi accounts in banks. In order to improve the standard of Anganwadi centers, 4000 Anganwadi centres in the state have been converted into play-way schools.

Also 500 new creches have been opened to help working women. For poor families, an amount of Rs 21 thousand is given on the birth of a daughter, which becomes Rs 1 lakh on attaining the age of 18 years. Under Mukhyamantri Vivah Shagun Yojna, an assistance amount of Rs.51 thousand and Rs.71 thousand is given to scheduled caste families.

Alka Garg said that the Prime Minister of the country, Narendra Modi started the Beti Bachao Beti Padhao campaign in Panipat in the year 2015, which got successful results and improved the image. Now the sex ratio in the state has reached 930 per year.



Martyr's wife honoured by Ex-Servicemen Welfare Association



KULBHUSHAN SHARMA GUHLA CHEEKA/KAITHAL: In the Government Senior Secondary School, Harsola, in association with the Ex-Servicemen Welfare Association, a joint fair was organised in the memory of the martyr Ramchandra. On this occasion, ex-servicemen of district Kaithal and their family and dignitaries of the society were present. The Principal, teachers, students of the school participated in this programme and paid tribute to Martyr Ramchandra. The girl students felicitated the chief guest by singing the welcome song of Vaar widow Bharpayee Devi. Sisa Ram Ramana captivated everyone by singing the songs of education and patriotism . Ex-Serviceman Hawa Singh, Capt Nar Singh Dhull, Kitab Singh and Rajendra Dhull greeted the crowd present. While conducting the stage, lecturer Krishna Gopal Kaindral, Rajendra Sharma introduced the martyr family. Association President Jagjit Fauji thanked all the people and gave details about the military life and martyrdom of Ramchandra. On this occasion, he thanked the top officers of the district administration, the Deputy Commissioner Dr. Sangeeta Tatarwal, CTM Gulzar Ahmed, District Education Officer Shamsher Singh Sihori, the administrative officers who have supported us in honouring the martyrs. On behalf of the ex-servicemen, Captain Abhe Singh Banwala Risaldar, Major Khajan Singh Risaldar, Karmaveer Bhal etc.