

VOL. XXVII, NO. 281, PAGES 12+4+4, RS. 2

CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K



Punjab Land of Unlimited Opportunities



7 D years

Months VS



DIWALI GIFT FOR CONSTRUCTION WORKERS

MINIMUM WAGES INCREASED

CATEGORY	BEFORE	AFTER
Un-Skilled	₹9192	▲ ₹9907
Semi-Skilled	₹9972	▲ ₹10687
Skilled	₹10869	▲ ₹11584
Highly Skilled	₹11901	▲ ₹12616

GOOD GOVERNANCE, GOOD INTENTIONS

Department of Information & Public Relations, Punjab







VOL. XXVII, NO. 281, PAGES 12+4+4, RS. 2

CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K

Modi kicks off 'Rozgar Mela' India making every effort to deal with global economic challenges: PM



AGENCY NEW DELHI, OCT 22

Highlighting the reforms undertaken by the Centre for the development of the country, Prime Minister Narendra Modi on Saturday said that India is trying its best to save itself from the global crisis and economic slowdown.

Prime Minister Modi launched the 'Rojgar Mela', a recruitment drive for 10 lakh personnel, through

Addressing the event, PM Modi said, "For fulfillment of the resolve of a developed India, we are marching ahead on the path of self-reliant India.

The efficiency of government departments has increased due to the efforts of our Karmayogis. 7-8 years of hard work is behind it.'

He said the reforms undertaken in the last eight years have steered India to

AAP won't win a single seat in Himachal : Anurag Thakur



ers to emphasise that de-velopment will be expedited if the same party is at the helm in states and the Centre.

Voting for the Himachal Pradesh Assembly elections will take place on November 12 and the ounting will be held

become the fifth-largest economy in the world. "India is today 5th largest economy in the world. In the last eight years, we have jumped to the 5th position from the 10th position. It is true that many big economies of the world are struggling with inflation and unemployment...The

side effects of the biggest crisis in 100 years can-not just go away in 100 days," PM said. "Despite this, India, with full force, new initiatives and some risks, has been trying to save itself from the global crisis. We have been able to save ourselves till now with your cooperation.

Hry to give 50 percent VAT rebate to industrial units using natural gas

BUREAU CHANDIGARH, OCT 22

Haryana Government has decided to give a 50 percent re-bate in Value Addition Tax (VAT) to industrial units in the state that will replace diesel generator sets required to meet their energy requirement with natural gas. This scheme will be applicable to entire industries including MSMEs and will be effective for 2 years from the date of its notification.

A decision in this regard was taken in the meeting of the Standing Finance Com-

mittee held here today under the Chairmanship of Chief Minister, Sh. Manohar Lal. Deputy Chief Minister, Sh. Dushyant Chautala was also present in the meeting.

Notably, the use of dieselpowered generator sets is banned in the National Capital Region. Now the industries that will meet their energy requirement from CNG, PNG will get a 50 percent exemption in VAT.

Similarly, the Committee also approved giving a subsidy of Rs.164.66 crore per year to electric vehicle manufacturing companies under

various heads, under Haryana Electric Vehicle (EV) Policy 2022. The Chief Minister was apprised that the EV Policy aims to protect the environment, reduce carbon footprint, make Haryana an EV manufacturing hub, ensure skill development in EV field, encourage uptake of EV vehicles, provide EV charging infrastructure and encourage R&D in EV technology. The policy encourages new manu-facturing in EV technology and also encourages existing automobile manufacturers to diversify in EV manufacturing domain.



SHASHI PAL JAIN **CHANDIGARH, OCT 22**

Union Minister Anurag Thakur reiterated that BJP would retain power in Himachal Pradesh in the assembly elections. While speaking to media on Saturday the BJP leader said that Himachal had witnessed an unprecedented development in last five years and double engine government would further accelerate the pace of development in state in the coming future.

December 8. Asserting to form a government in Himachal, Anurag Thakur claimed that the AAP would not be able to win a single seat in the assembly election of Gujarat and Himachal

Pradesh. "In the Gujarat

assembly elections, the BJP will register a landslide victory. I can give it in writing as I am confi-dent about it," Thakur af-firmed. "Prem Kumar Dhumal has long been working for the state, and every BJP worker admires him. BJP will win the Himachal Pradesh assembly election with collaborative efforts," remarked Thakur. "On the occasion of Dhanteras, 75,000 youth were given jobs - it's a big

The "double-engine" phrase is used by BJP lead-

15 die, dozens hurt in bus-truck collision

gift.

REWA (MP), OCT 22

Fifteen male passengers died and more than 40 sustained injuries when a bus - mostly carrying labourers heading towards Prayagraj for celebrating Diwali with their families – plowed about three to four feet into the rear of a truck during the intervening night on this district's Sohagi hill in Sohagi Police Station limits, law-enforcement authorities said on Saturday.

Thus far, only a couple of the deceased have been identified as Raju Ansari (31) and Kaleem Khan aka Lallu (35) both of whom hailed from Kutraila in Uttar Pradesh's Balrampur district. The lorry itself rammed another one that was ahead of it. Fourteen individuals perished on the spot whereas one succumbed while being rushed to this divisional headquarters' Sanjay Gandhi Memorial Hospital where the other injured have been admitted.

Senior administrative and police officers reached the scene and supervised extrication of victims from the mangled vehicle. Traffic movement was affected during the rescue operation but restored by morning. Those aboard the ill-fated bus were natives of different places in Uttar Pradesh. They had travelled by another bus from Hyderabad to Jabalpur.

Sparsha- 4:25 pm | Moksha - 5:39 pm

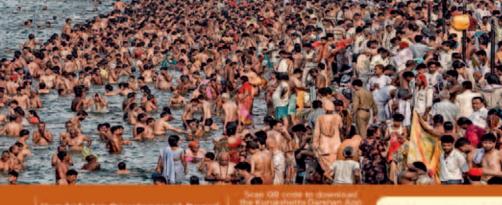
Don'ts

Use a small pinhole on a wall or white paper to see the image of the Sun.

Do's

- To view the partial phase of the eclipse directly, use only well-tested, safe solar filters or welders' darkened number 14 glasses.
- Never look at the Sun directly with the help of a telescope or binoculars.
 - Never use blurry glasses, colour film, sunglasses and neutral density photo filters. This is completely unsafe.

August 2, 2027	5:55 pm to 5:00 pm
June 1, 2030	10:15 am to 12:56 pm
May 21, 2031	11:42 am to 2:34 pm
November 3, 2032	9:32 am to 10:54 am
March 20, 2034	4:20 pm to 6:23 pm
September 2, 2035	4:49 am to 6:36 am
March 20, 2042	6:30 am to 7:12 am
June 11, 2048	7:01 pm to 7:24 pm
November 25, 2049	8:56 am to 11:04 am
A	E. 10





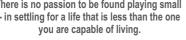
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There is no passion to be found playing small - in settling for a life that is less than the one you are capable of living.



Nelson Mandela



Chandigarh ends its SMA campaign with a win against Bengal Chandigarh: A splendid unbeaten half-century by Ankit Kaushik helped Chandigarh to register an impressive eight-

wicket win over Bengal in the final league match of the Syed Mushtaq Ali T20 tournament held in Lucknow. Chandigarh won the toss and invited Bengal to bat first. Bengal scored 135 runs in the stipulated twenty overs for the loss of eight wickets with AR Easwaran (46) as top scorer. Sandeep Sharma (3/28) took three wickets. In reply, Chandigarh also gave a sensible start with 49 for two wherein openers - Manan Vohra and Harnoor Singh contributed 12 and 27 runs respectively. Thereafter, Ankit Kaushik (57) and Bhagmender Lader (32) formed a partnership of 89 runs for the third wicket and chased the given target in the 18th over.

SHORT TALKS

Diwali gift: 31 junior assistant promoted as senior assistant

Chandigarh: The Punjab government led by Chief Minister Bhagwant Mann is committed to the welfare of the employees of the state. Today, 31 junior assistants of Social Security Women and Child Development Department have been promoted as senior assistants.

This was stated by Minister for Social Security, Women and Child Development Dr. Baljit Kaur here today. She said that the Punjab government led by Bhagwant Mann has fulfilled the long pending demands regarding promotion.

Dr. Baljit Kaur conveyed the best wishes to all senior assistants to fulfill the job responsibility with dedication and honesty.

Dr. Baljit Kaur said that this government has been formed on the basis of honesty, so all employees should also adopt the path of honesty. Today, 31 senior assistants have been promoted including two handicapped and 3 SC category

ellementry is now in the city of Ludhiana

LUDHIANA : To give the finest of home essentials to you, the ellementry store is now open in Ludhiana. ellementry presents handcrafted products that are loved by all. Every piece is made by skilled artisans using materials including sustainable ones, embellishing the charm of uniqueness in your spaces. There is immense satisfaction in gaining first-hand experience with your options. The brand new store is in Sarabha Nagar, Ludhiana, There are excellent collections of home essentials in various categories like ceramics, glassware, woodenware, metal, marble, terracotta, linen, etc. The kitchenware section includes bakeware, cookware, utilities, organiser, accessories. The tableware section includes cutlery, dinnerware, drinkware, table linen, and accessories. The serveware section includes barware, desserts and appetisers, coffee/tea, and accessories. The decor section includes dining decor, table decor, kitchen decor, and home accents.

Breast Cancer Awareness Initiative

LUDHIANA: October, being International Breast Cancer Awareness month, SBI Life launches 'Thanks-a-Dot' initiative to spread awareness about the need for self-breast examination to fight breast cancer. There is no doubt that breast cancer is the most common malignancy among women around the world. It has now become one of the most common cancers in India. As per industry reports, every 4 minutes one woman gets diagnosed with breast cancer in India. More importantly, about 50% of the women are already at stage three when they consult a doctor, and 15-20% at stage four leading to extremely low survival rates. Speaking about the campaign, Mr. Ravindra Sharma, Chief of Brand, Corporate Communication & CSR, SBI Life Insurance said "Women in India, most of the times, deprioritize their health over other

Sahayta Charitable Welfare Society organizes 'Breast Cancer Walkathon' at Sukhna Lake



RAJIV JAIN CHANDIGARH: As a part of celebrating 'Pink October' as the Breast and Cervix Cancer Awareness' month, Sahayta Charitable Welfare Society on Saturday organized 'Breast Cancer Walkathon' at Sukhna Lake in which Honour.

over 350 women and men from tricity took part. Prof Vivek Lal, Director, PGIMER, Chandigarh, was the

Chief Guest of the event, while renowned surgical oncologist Dr Arvind Guru was the Guest of

The theme for the breast cancer awareness month is 'Hope for Cure: Breast Self Examination and Early Detection,' said Renu Saigal, president, Sahayta Charitable Welfare Society. "Together, we can fight cancer," she said.

Ajay Tulli from Sahayta Welfare

Charitable Society informed that the walkathon, saw participation of cancer survivors, senior doctors from PGIMER, Chandigarh, and Government Hospital, Sector 32, students and teachers of schools like St Kabir, St Stephen's, St Joseph's Senior Secondary School, Carmel Convent, Vivek High, Bhavan Vidyalaya and Shivalik Public.

NCC cadets from Army, Air Force and Navy, Rotaract Club Chandigarh (Himalayan), Army Generals, veterans and Army personnel's wives, members of Rotary Club, Inner Wheel Club, SBI Ladies Club, Chandigarh Senior Citizens Association, volunteers of Karuna Sparsh, CESA - Carmel Ex Students Association and other citizens of the tricity participated in the walkathon.

queries from the public on the occasion! A 'Nukkad Natak' was performed on the occasion by the students from Panchkula, which was hugely appreciated by the audience.

Dr Arvind Guru answered

Celebrating Diwali for the cause of speechless



CHANDIGARH: The Society for Prevention of Cruelty to Animals (SPCA) Sector-38, Chandigarh which is functioning under the Presidentship of Deputy Commissioner, UT Chandigarh celebrated Diwali for the cause of speechless today in its premises.

The main objective of society is to prevent cruelty to animals, provide veterinary assistance to homeless/injured/stray animals, and impart humane education to the general public against the implication of pain or suffering to the ownerless animals. The 'Home for Homeless' campaign was organized at SPCA by encouraging the adoption of stray/abandoned animals on the eve of Diwali.

launched for this Diwali week to make the public more aware of how fire work/crackers harm the voiceless creatures living on the roadside and affect their physical and mental health.

The continuous loud bursts are literally nerve-wracking to them. The pollution of crackers not only kills the environment but tortures animals to the point where they end up suffering from anxiety, fear, and sometimes death. In their message, the SPCA requested to the public to be more compassionate towards these voiceless creatures and leave their ignorance at the door and show some empathy towards them. They added that Diwali would have been so much pretty if the frightening sounds of crackers would not twinge the stray animals.

The awareness drive has been

Punjab registers 18.50 percent **Income increase from stamp sale** And registration: Jimpa

CHANDIGARH : Punjab Revenue Minister Bram Shanker Jimpa has informed that 18.50 percent more income has been deposited to the state treasury from the sale of stamp papers and registration of land/properties in September 2022 as compare to September 2021. He said that

providing transparent, hassle-free and corruption-free services to the people of Punjab is the main goal of the government led by Chief Minister Bhagwant Mann and due to this, the revenue of the state is continuously increasing. Divulging the

details, Revenue Minister said that from September 1 to September 30 2022, an income of Rs. 301.65 crore has been

deposited to the treasury under the head "stamp and registration". He said that this is 18.50 percent more than last year's September month. In the year 2021, this income was Rs. 254.54 crores.

Jimpa said that in the month of August 2022 we've also registered 21.87 percent revenue increase from the sale of stamp papers and registration as compare to August 2021. He said that keeping in mind the instructions issued by the Chief Minister, all the work in the revenue department is being

done according to rules and regulations. The Revenue Minister further said that in the past months, common people were very unhappy with the working of the revenue department but since last 7 months people are getting smooth and hassle free services

He appealed that people should support the government to

strengthen the financial position of state and no bribe should be given to any officer/employee for any work in revenue department. If any officer/employee of the department asks for money, then feel free to register complaint about it.

Himalayan Foundation's most beloved program Roshni Season 9 concludes

CHANDIGARH: The Himalayan Foundation's most lovable event Roshni Season 9 turned out to be the great success. The event was held at Sukhna Lake, Sector-1, Chandigarh from 5PM onwards. "The Himalayan Foundation Chandigarh" is a Non-Governmental Organisation, established as the youth wing under its proud mentor The

Himalayan Club Trust which is a

public charitable trust. Its desideratum is to extend a helping hand to the society and prompt its members to become the succeeding leaders of our nation. The organization sets out to work for a variety of social causes which includes upliftment of the underprivileged section of the society, welfare of stray animals, spreading awareness on menstrual hygiene, working on mental health, etc.

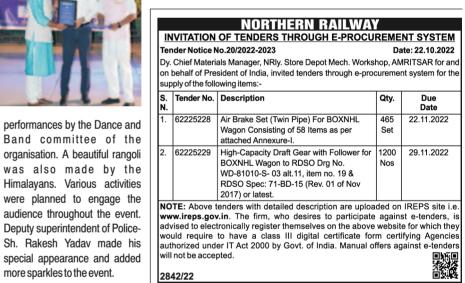
There were special more sparkles to the event.

Cultural fiesta at RBIS Diwali celebrations

MOHALI(L K BANSAL): A live performance by Veenu Kouitsh, professional singer and performing artist, was the highlight of Diwali celebrations at the Rayat Bahra International School.

Students celebrated Diwali on the school campus here today with their parents and staff. Traditional fervour and gaiety.marked the

celebrations. Fun games and food stalls were added attractions which added to the festive spirit. DSP Kharar Rupinder kaur Sohi was the chief guest. She along with Dr Parvinder Singh, Vice-Chancellor of the Rayat Bahra University and school principal Mrs Abhilasha offered prayers to Lord Ganesha and goddess Lakshmi and lighted candles.



CLASSIDID

I, Chahat Walia D/O Manmohan I, hitherto Known as I, AMAN KUMAR I Neeraj S/o Kimti Lal R/o. 50008 I, hitherto Known as BALRAJ S/o CONTACT I Abdul Majid S/o Singh R/O H.no. 18, Bank Village Rokhey Distt Amritsar SINGH S/o JOGA SINGH NAVPREET KAUR PATWALIA ANURAG KUMAR R/o 146, Enclave, Tehsil & District Shehzada R/o 84 Usman declare that in my Maniar R/o.Vill Balewal Tehsil D/O KULWANT SINGH Kabir Park Opp Guru Nanak Matriculation Certificate in Year Batala Distt Gurdaspur PATWALIA R/O WARD NO. 2, Jalandhar Punjab India Declare Dev University Amritsar do Khan Wala Jamalpura For any That My Father 'S Name Is 2021 Passed from All Saints Punjab. have changed BACKSIDE KAPIL PALACE, hereby solemnly affirm and Malerkotla Have Changed Mentioned In My Matriculation Convent School Ainala Distt my name and Shall VILLAGE/TOWN/CITY declare that I have embraced My Name To Abdul Majeed **Advertisement** Amritsar Issued by ICSE Board Certificate As Manmohan Instead hereafter be known as **BEGOWAL SARUPWAL**, SIKHISM and Renouced 50008 Of Manmohan Singh , ID7480238 TTNo.80205560 DISTT. KAPURTHALA-144621, HINDUSM with effect from 29 -I Laiva D/o Mohd Idrees BALRAJ SINGH query PUNJAB have changed my Manmohan Singh Is True And and 1213063/111 My Date of DHALIWAL 09-2022 R/o Mohalla Niaee Birth is Written wrong and my Malerkotla Have Changed name and Shall hereafter be CorrectName. 72737 72737 ISTANT ESTATE OFFICER, EXERCISING THE F THE ESTATE OFFICER, U.T., CHAND known as NAVPREET KAUR 0172-5002721 72778 Correct Date of birth is 12 I, hitherto Known as I Ashok Kumar son of Pawan My Name To Laiba GURBAKSH KAUR W/o August 2002 72737 Kumar #868 Burail sector 45 50008 PUBLIC NOTICE EFORE SH. 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Kastoni Lat has left beh ng legat Reinc. - (1) Hasinh Khurana (5 Sapra (Daughter) (3) Madan Mohan Ki Ispied on 25 22 2020) Legat hear af I Khurana (ji) Shashi Khurana (Daugh II Sumy Khurana (Grand Son) (ili) 3 U Sumy Khurana (Grand Son) (ili) 4 u (Grand Son) (4) Natender Khuran 5 on 22 05 1950. duerv ind the **GURDEV SINGH GURBEENA CHAWLA** KARANPREET PANDOTRA Devi Both names are mine. In nated the following legal hers of the dece ne: - (1) Han inder Pal Kaur (Daug) 72737 future I will be given both the 72737 72737 ed) (2) Rupinder Pal Singh (Son) (3) Bh and Son) (iii) Ma I, hitherto Known as I, hitherto Known as names of Sunita and Anita Caur (Wile) (4) Jatinder Singh (Son in Law) (5) Satinde Nal Singh (Son) (6) Mirdul Deep Singh (Grand Son PAWANJOT D/o DEEPAK KUMAR S/o BUTA Devi. Only one woman 1999) Legal heirs of Mu w. Bhuginder Kaur has applied for the Transfer of vnership in respect of RESIDENTIAL Site No. 321. ctor 9-D. Chandigarh, to the extent of 33.33% Share Summon by publication RAM R/O HOUSE NO.110, KULWANT SINGH should be known. Simla Chandigarh eld ty Late Sh. Manchar Singh in her favour, on th sasis of Lin-Registered WILL dated 18/06/2018 mybody has any information about any other legi W/O HARBHAJAN WARD NO. 1, ARYA NAGAR, 100070 DISCLAIMER Marriage Tribunal of 1/3 ed sh SINGH R/0.2265, JAIL ROAD, POST OFFICE I Amandeep Kaur D/o Jarnail e on the b r(s) of the deceased other than mentio In annulment case hed above, th YUGMARG PUBLICATIONS does dated 16.08.2000 executed by Late Smt in Wanti Wio Late Sh. Kasturi Lal. If anybody ne may be intimated to the Estate Officer U.1 Singh R/o Akku Maste Ke Ahata Rai, Sahib Wala, GURDASPUR, TEHSIL & between igant, enmediately IF anybody has an on upon the mutation of the said share in the said mation about any legal h ser other than mentioned a intimated in writing to r 17. Chardinach aron not take responsibility for the Chheharta Amritsar DISTT GURDASPUR-Tehsil Distt Ferozepur, Punjab **Sanjeev Smith** perty, in favour of the above named application contents (Display/classified) carried Punjab. have changed 143521, PUNJAB have India Declared That I Know ey may furnish the same in writing (s avit duly attested by Magistrate/Not VS in this newspaper. The paper does my name and Shall changed my name and Shall With Both Names I.e. **Neelam Smith** ice of the undersigned within 30 days fro blication of this notice, failing which the said share not endorse the same readers are hereafter be known as hereafter be known as Amandeep Kaur & **Respondent Neelam** the said property will be mutated accordingly in the name of above said beneficiaries and no further claim requested to verify the contents on **PAWANJOT KAUR KUMAR DEEPAK** Ramandeep Kaur. summoned their own before acting upon" HARJEET SINGH SANDHU, PCS 72737 72737 Concerned Note Please SH. 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NEWS AT A **GLANCE**

KV Saloh's Arshita wins gold medal in judo competition



UNA: 51st National Sports Competition of Kendriva Vidyalaya Sangathan was held in Bhopal from October 15 to 19. Principal Yudhveer Singh said that Arshita Bharti of KV Saloh has brought laurels to the district Una by winning gold medal in the 44 kg category of Judo. He informed that Harshita will now represent Kendriya Vidyalaya Sangathan in SGFI. He wished Arshita as well as her parents all the best for winning the gold medal.

Cong announces four more candidates

NEW DELHI: The Congress on Saturday released its third list of four candidates for the Himachal Pradesh assembly polls. The Congress renominated sitting MLA Jagat Singh Negi from the Kinnaur-ST seat and fielded Yadwinder Goma from the Jaisinghour-SC constituency. Himachal Youth Congress chief Nigam Bhandari had bid for the party's nomination from Kinnaur.

NEWS

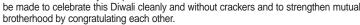
YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022

Mercury slides to minus 1.5

degrees at Keylong

DC urges residents to celebrate green Diwali SUMER GARG

SANGRUR: Deputy Commissioner(DC), Sangrur, Mr. Jatindra Jorwal has urged the district residents to celebrate green Diwali to contribute meaningfully in the campaign to make the environment pollution free. The DC while congratulating the residents of the district on Diwali, the festival of lights and Bandi Chod Diwas said that the festival of Diwali should bring happiness in everyone's life. He said, "The toxic smoke emitted from firecrackers is a source of deadly diseases for human life and the use of large firecrackers is fatal for children, elderly and patients". He added that efforts should





Record development done in Chintpurni district in 5ys: Balbir



BUREAU GAGRET, OCT 22

The street meetings were organized by BJP Chintpurni Mandal in villages Tayai, Rapoh Misra, Rapoh Muchalia, Polia Parohta Jamed Manjar, Jabed, Suri Paloh, and Provad under the Chintpurni Vidhansabha of District Una. Balbir Chaudhary interacted with the villagers and kept the achievements made by him in 5 years among the public. Balbir Chaudhary said that whatever work we have done, we have done it with your cooperation and the central and state government together. Addressing the public

meeting, Balbir Chaudhary said tha whatever work you said, I did all the work day and night one by one. People raised slogans of BJP and Balbir Choudhary Jindabad, after that on reaching the temple, people welcomed him with great gusto. Balbir Chaudhary said that we have developed Gagret assembly. We distributed free gas connections to women under Grihani Yojana. Under the Jal Mission, water was supplied to every household. He said that just as the people sent me to the assembly last time by making me an MLA from here, similarly this time also I would like to ge your support and blessings.

SSRVM School students mesmerize everyone with attractive Rangoli

48 hrs.

AGENCY

SHIMLA, OCT 22

Keylong,

Mercury plummeted under subzero in Lahaul-Spiti district

of Himachal Pradesh in

Saturday as Minimum temperature of Keylong recorded minus 1.5 degrees, the

department said.

headquarter of Lahaul-Spiti

district received one centimetres

snowfall in last 24 hrs and light

to moderate snowfall on the high

reaches.Minimum temperature

in others parts of state was one

to two degrees below normal

after two spell of snowfall in last

Palampur of Kangra district had

Downstream area including

district



BUREAU **UNA. OCT 22**

Various competitions were organized in the premises of S.S.R.V.M.Senior Secondary School, Una on the occasion of Diwali, in which Diya Decoration Competition from Nursery Class to Class III, Candle and Thali Competition Decoration from Class IV to Class IX, Rangoli competition was

organized in class 10th to 12th. Children of Durga Sadan, Krishna Sadan, Laxmi Sadan and Shiva Sadan participated enthusiastically in this competition. Students made rangolis with different colors and threw light on the importance of Diwali. Children told through Rangoli that the festival of Diwali is a festival of happiness and it should be

made together with the whole family. Girl students made one rangoli after another, seeing which the present were mesmerized. School Manager Sumesh Sharma, Executive Principal Yashpal Rana, Vice-Principal Brij Wala Sharma, after observing competition, encouraged students who made best Rangoli and gave them best wishes of Diwali in advance.

Six candidates file **Diwali celebrated with pomp** nomination papers in Vashist Public School

BUREAU UNA, OCT 22

For the General Assembly Elections-2022, six candidates from district Una on Friday filed their nomination papers. Giving this information, District Officer and Election Commissioner Deputy Raghav Sharma said that a candidate from 43-Haroli constituency, Naresh Kumar, son of Ram Das, village and post office, Sansowal Tehsil Haroli, has filed his nomination papers from Bahujan Samaj Party. A candidate from 42-Gagret, Chaitanya Sharma, son of Rakesh Sharma, Village Abhaypur, Post Office Bhadrakali Tehsil Ghanari has filed his nomination papers from the Indian National Congress. 41- A candidate from Chintpurni, Virendra Chintpurni, Virendra Kumar, son of Chhotu Ram, village and post office Khad Haroli has filed his

nomination papers from Bahujan Samaj Party. Satpal Singh Raizada's son late from 44-Una constituency. Prem Pal Singh, Village Lal Singhi and Post Office Ransari Tehsil Una have filed their nomination papers from the Indian National Congress.

45- Virendra Kanwar son Jagdish Singh village Gaihra, post office Thanakalan Tehsil Bangana filed his nomination from Bharatiya Janata Party while Davinder Kumar son Pyaar Singh, village and post office Charara Tehsli Bangana filed his nomination papers from Indian National Congress from Kutlahar constituency. The District Election Officer said that the last

date for filing nominations would be on October 25 and October 27 for scrutiny of nomination papers. Apart from this, nominations can be withdrawn till October 29. be

BUREAU UNA,OCT 22

12 mm rain and Kukumseri (Lahaul-Spiti)5.5 mm.

(Lahaul-Spiti)5.5 mm. Minimum temperature at

Kukumseri was also minus 1.4

degrees.Kalpa and Reckongpeo was 1.6 and 5.3 degrees, Tourist

resort, Manali and Narkanda 4

&5.9 degrees about one dgree

Shimla ten degrees.Met.Office

forecast mainly dry weather in

next 24 hrs however coldwave

likely to intensify in the state

goes to Assembly poll on

India has already issued

directive to tribal districts

administration to make alternat

arrangements of polling in wake

of closing down roads due to

Election Commission of

Dalhousie and State capital

below normal.

November 12 next.

early snowfall.

Various competitions were organized to mark Diwali in which children enthusiastically participated. participated in 'Diya 'Flower Children of classes I to IV Arrangement' by children of classes V and VI and children from classes VII to X participated in 'Rangoli Children Competition'. displayed their art by making different types of Rangoli. In 'Diya the Making Competition' out of Group, Strawberry Tannishtha stood first, Aarav, Viraj Kanwar second, Atharva, Gitesh stood third in class I. Out of class II, Prakshi, Ayush stood first, Gunjan Kanishka stood second, Shrestha, Aadhya Sharma stood third. In Apple Group, Arika, Kavya Thakur stood first, Tanisha II, Ishita stood third in class 3. In class IV. Isha Sharma stood first.



Anshika, Parineeti Thakur second and Bhavna third. In the Orange group in 'Flower Arrangement', Tanisha stood first, Anshika second, Ridhi and Jiya stood third in class V. Out of class VI, Gurleen stood first, Amodita, Pragun second, Anika, Navdeep stood third. In 'Rangoli third. In 'Rangoli Competition', Group 'A' stood first in Mango Group, in which Anjali, Harshdeep, Anika and Diya stood first. Group 'E' finished second, with Akanksha, Ishika,

Sakshi and Sunetra. Group 'D' and Group 'F' finished third, in which Maninder, Trisha, Mannat, Riddhi were. Group 'D' finished third, with Bharti, Dhruv, Isha and Anshika. Group 'A' and Group 'E' stood first out of the Malon group, in which Ritika, Aanchal, Tamanna, Kiran, Ashish, Ayushi Raizada, Anshika Puri and Niharika stood second. Group 'D' stood second, in which Shreya, Mehak There were Nandini and Sanchita.

Excise Department seizes

7-day NSS camp concludes Rajesh Thakur promises

more development

106000 liters of illegal liquor at Govt Sr Sec School, Bal

DINESH AGARWAL SHIMLA, OCT 22

Task force constituted by the State Taxes and Excise Department carried out a major action on the basis of secret information in the forests of Toka Nagla and Khara of Paonta Sahib Tehsil of district Sirmaur. The team headed by Deputy Commissioner State Taxes and Excise Himanshu Panwar raided two places in the Khara forests of Paonta Sahib tehsil and where about 98000 litres of illegal liquor in Toka Nagla was seized under the Excise Act while was destroyed as per rules. While searching in the Khara forest, 8000 liters of illegal liquor was destroyed. Following the legal process on the spot by the team, the drums, tarpaulins and other materials used were video graphed. State Taxes and Excise Commissioner Yunus informed that strict action is being taken against illicit liquor in the state by the task force during the Model Code of Conduct. Every vehicle is being searched intensively in the border areas and suspicious places are



being inspected. He said surprise inspection is being done under the Excise Act in different parts of the state. Every effort is being made to stop any activity related to illicit/ illegal liquor. Instructions have been issued to the officials that strict action should be taken against the culprits. He said that for any kind of illegal activities of alcohol, anyone can complain on toll free number 1800-180-8062 or can send it on E-mailvselection2022@mailhptax or WhatsApp number-9418611339.

UNA, OCT 22

At the conclusion of 7-day General NSS camp, Manager Pravesh Sharma specially attended as per the instructions of MRC Group MD Mukesh Ranjan. Apart from being the MD of MRC Group, Mukesh Ranjan also works a lot as a social worker. Mukesh Ranjan has also constructed Una, and Chintpurni Dharamshala bus stands. In his address at the NSS Camp, he told the students about the National Service Scheme. He motivated the

information students to work in groups, and taught the students things like working in a nation, collective, team spirit. The operator of MRC Group also gave many important



about cleanliness campaign, his contribution towards the environment protection. He spoke about Yuva NSS Scheme and encouraged the student

volunteers to develop their personality through service. He community inspired the NSS volunteers to continue their selfless service towards community work.

GAGRET, OCT 22

Under Gagret Legislative Assembly of District Una. Nukkad Sabha was organized by MLA BJP Gagret Mandal in village the of Gram Marwadi,



Panchayat. It includes Marwari, Raipur, Babehad, Daulatpur, Chalet, Dangoh and Prithipur Upper villages. Rajesh Thakur interacted with villagers and kept achievements made by him in 5 years in midst of public meeting. Rajesh Thakur said that whatever work we have done, we have done it with your blessings. Rajesh Thakur while addressing the street corner said that whatever work you asked, I did all the work day and night one by one. People raised slogans of BJP and Rajesh Thakur Zindabad, after which people welcomed him with great enthusiasm on reaching Pir Mandir in Raipur. Rajesh Thakur said that we have developed Gagret assembly. We distributed free gas connections to women under Grihani Yojana. Under the Jal Mission, water was supplied to every household. He said that just as the people had sent me to the assembly last time by making me an MLA from here, similarly this time also I would like to have the support and blessings of all of you.

CM to celebrate Diwali with Vivek Bikku may contest elections **BJP workers in Karnal** as Independent

JOGINDER DEV ARYA BANGANA, OCT 22

The meeting of the Block Congress Committee Kutlahar was held on Saturday at the Fun and Food Hotel. Supporters of Congress leaders created a lot of ruckus and forced their own leader to contest the elections. Workers expressed their anger over allotment of tickets. Meanwhile, as soon as Devendra Bhutto, the candidate from Kutlahar, reached the meeting, slogans of Vivek Bikku started being raised and people in one voice called Vivek Sharma as their leader. People allege that the candidate given by the high command to Kutlehar has come by parachute and is a relative of the leader of the opposition party. BJP's Virendra Kanwar is his maternal uncle and Bhutto is his nephew. People alleged that both of them are one, whether Congress loses or wins, it does not matter to them. Congress workers opposed this decision of the high command.

SHIV KUMAR SHARMA KARNAL, OCT 22

On the holy occasion of Diwali, Chief Minister Manohar Lal will be visiting Karnal on Sunday. The Chief Minister will will participate in the Diwali meeting organized by the party workers of Karnal assembly constituency at Rutaba Palace located near Jhanjadi village at 4 pm. In view of the Chief Minister's coming visit, Deputy Commissioner Anish Yadav and Superintendent of Police Gangaram Punia visited the venue of the event Rutaba Palace and



took stock of arrangements.

On this occasion, MP Sanjay Bhatia, BJP District President Yogendra Rana, Minister's Chief Representative Sanjay

Bathla, BJP District General the Secretary Rajbir Sharma and Sunil Goyal, District Vice President, Praveen Lathar along with Director of Rutaba Palace Mahesh Bhatia were also present.

KULWINDER KARWAL SARDULGARH, OCT 22

The Zone Level Primary School Sports Competition of Punjab State Sports Department was organized at Government Sardulgarh Senior Secondary School. In these games, junior players of the primary branch of Dasmesh Convent Sen Secondary School, Sardulgarh performed During the brilliantly. tournament, the girls' team of U-11 Kho-Kho won the final match and won the gold medal. Similarly, the boys' tug-of-war team also won the final match and won the gold medal. The school's



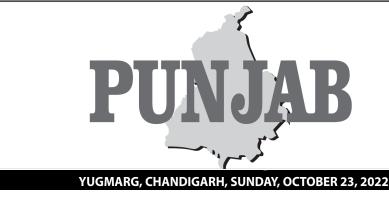
badminton boys team also secured the first position. Similarly, Jasnoor Singh won gold medal by securing first position in 400 meters race and Sandeep Kaur won silver medal in 100 meters race. School Principal Bhupinder

Excellent performance of Dasmesh

Convent School in primary school sports

Singh Sandhu congratulated the players and DPE Mandeep Singh, Satpal Singh, Tirlochan Singh, Harjinder Kaur and Ramandeep Kaur for winning 4 gold and 1 silver medal in the zone level primary games.





Vigilance registers bribery case on online complainant against head constable for demanding bribe Rs one lakh

PATIALA (RAKESH JINDAL): The Punjab Vigilance Bureau during its ongoing campaign against corruption on Saturday registered a bribery case against Head Constable (HC) Harmanjeet Singh (No. 1310/Sangrur) posted at Police Post, Kalajhar, under police station Bhwanigarh, Sangrur district for demanding bribe Rs 1,00,000. Disclosing this here today, an official spokesperson of the Vigilance Bureau (VB) said HC Harmanjeet Singh was booked on the basis of an online complaint lodged by complainant Pappu Singh resident of Bagrian, Malerkotla district. He has complained to the VB that the above said police official was demanded bribe to help him in a police case. The spokesperson further informed that after verification of the facts and the material evidence a bribery case under section 7 of prevention of corruption act has been registered against the accused police cop at VB police station, Patiala and further investigation is under progress.

NEWS AT A **GLANCE**

Diwali celebrations lights up Vasant Valley Public School, Sangrur



VIKAS VERMA

DHURI: Diwali is the festival of lights which is celebrated in various regions across India. The name 'Deepavali' literally means an 'array of lights'. Like every year, to make the students understand the importance of Diwali. Vasant Vallev Public School had a celebration in school on 22nd October, 2022 for students from Nurserv to Grade XII Teachers explained the importance of Diwali in the morning praver. students recited beautiful poems on this festival of lights and sung melodious songs. The School Principal, Mrs. Anitha R. lauded the students for all their efforts and motivated them to stav Safe and Healthy at home during this festive season. Celebrate Diwali in its true sense by cleaning and decorating homes, making rangolis, donating clothes, providing help to poor and needy, bringing back smile in someone's life. Contribute in the best possible ways to make this world a better place to live in.

Zone and district level sports trial from Oct 26



DALJEET AJNOHA HOSHIARPUR: A meeting of the tournament committee was held under the chairmanship of Gursharan Singh District Education Officer (SE) Hoshiarpur and President District Tournament Committee, in which, according to the orders of the Education Department, it was considered to conduct zone, district athletics games trials, according to which it has been decided to organize district level sports trials by October 26 to 27 in the district. . zonal athletics meet from October 28 to 31 and kick boxing trials from November 1 to 2. The letter has been issued for these trials. In this meeting, Dhiraj Vashisht Deputy District Education Officer (SE) besides Principal Satinder Deep Kaur, Headmistress Deepti Dhillon, Prabhjot Singh, Hans Raj, Davinder

G-20 summit will promote Punjab as a preferred destination for business: CM

CHARNJIT SINGH ARORA AMRITSAR, OCT 22

Punjab Chief Minister Bhagwant Mann on Saturday said that the prestigious G-20 summit, scheduled to be held in the holy city of Amritsar in March-2023, will promote Punjab as a preferred destination for business on the international level and it will also provide a stage to the government to showcase its achievements and facilities for setting up new businesses.

Announcing that he will leave no stone unturned to make the event a success, the Chief Minister said that this is a golden opportunity when Punjab can be presented as a land of best opportunities and by bringing maximum investment they can create new employment opportunities for

Budha Dal Public School,

Patiala celebrated 'Eco

Friendly Green Diwali'

PATIALA: The festival of Diwali was celebrated with

gaiety and enthusiasm in the school campus. On this

occasion, a rally was taken out by the students of the

school to spread awareness in the society about cele-

ious slogans to celebrate Diwali without crackers and

lighting earthen lamps. Everyone appreciated this

move of the school and promised to celebrate Diwali

without crackers. A special assembly started with the

blessings from the Almighty followed by speech on

Bandi Chhor Divas and Diwali. The message of cel-

ebrating pollution-free Diwali was also given through

street play. The School Principal, Mrs. Harpreet Kaur

addressed the students propounding the theme, "Joy of Giving" and encouraged the students to celebrate

Jathedar Baba Balbir Singh Ji (Akali) 96 Crori, School

President Mrs. Sukhvinderjit Kaur and Director of

Education and Advisor Advocate Karan Rajbir Singh

ji sent their wishes to the students and staff

Our Honourable Chief Patron Singh Sahib

Students tried to make people aware through var-



the youth. During a meeting at the Civil Secretariat here to review the preparations for the summit, the Chief Minister said that leading countries of the world are participating in this summit to be held in the month of March. He said that the state considers itself

fortunate to have the opportunity to host this event, in which leading countries from around the world will discuss education and labour and other crucial issues. The Chief Minister said that extensive arrangements will be made for the success of this global

event. On this occasion, the Chief Minister was told that to ensure the success of the event, the holy city will be divided into five major sectors on administrative basis. Senior officers of the civil and police administration of the state will be posted in these

sectors for proper management. During the convention, these officers will be responsible for smoothing the entire work in their respective jurisdictions.

On this occasion, the Chief Minister took the stock of the works to be done to further embellish the structure of the city and said that whatever work is being carried out, it should be of best quality, which will benefit the residents of the city for a long time. On this occasion, the Minister of Local Government, member of the cabinet sub-committee appointed for the success of the program, Inderbir Singh Nijjar and Public Works Minister Harbhajan Singh ETO along with Cabinet Minister Kuldeep Singh Dhaliwal were also present

1006 food samples found sub-standard while 74 samples unsafe: Jauramajra

GAURAV GOEL CHANDIGARH, OCT 22

The Food Safety Wing of the Punjab Health and Family Welfare Department has taken 5297 samples of food items during the last seven months, out of which 1006 were found to be substandard and 74 unsafe/failed the food standards. Health Minister of Punjab Chetan Singh Jauramajra informed that strict action will be taken against the samples found unsafe/failed as Punjab Government was working on zero tolerance policy.

While giving information, Mr. Jauramajra said that out of 820 samples taken during the month of April during the year 2022, 241 were found substandard and 18 were unsafe/failed. Similarly, out of 570 samples in the month of May, 91 were found substandard and 5 were unsafe/failed. During June, 582 samples were taken, out of which 111 substandard and 17 samples



were found unsafe/failed. He said that out of 525 samples taken during the month of July, 111 and 3 samples were found unsafe/failed. Similarly, during the month of August, out of 1016 samples, 332 were found to be substandard while 22 samples were found to be unsafe/failed. He said that during the month of September, out of 800 samples, 120 were found to be substandard and 9 samples were found un-safe/failed. He said that 984 samples have been taken so far during the month of October, which have been sent to the laboratory for testing and reports were awaited.

Diwali gift: 31 Junior assistant promoted as senior assistant

CHANDIGARH: The Punjab government led by Chief Minister Bhagwant Mann is committed to the welfare of the employees of the state. Today, 31 junior assistants of Social Se-curity, Women and Child Development Department have been



This was stated by Minister for Social Security, Women and Child Development Dr. Baljit Kaur here today. She said that the Punjab government led by Bhagwant Mann has fulfilled the long pending demands regarding promotion. Dr. Baljit Kaur conveyed the best wishes to all senior assistants to fulfill the job respon-

sibility with dedication and honesty. Dr. Baljit Kaur said that this government has been formed on the basis of honesty, so all employees should also adopt the path of honesty. Today, 31 senior assistants have been promoted including two handicapped and 3 SC category.

Farmers of district who do not burn stubble will be honoured with cash prizes: Dr. Ruhi Dug



It's time to dispel darkness of ignorance within, replace it with light of hope and knowledge

ANIL VERMA BATHINDA, OCT 22

Diwali, the festival of lights. was celebrated with great enthusiasm in St. Kabir Convent Senior Secondary School. A special assembly was organized on this occasion.

The program was Commenced by lighting a lamp at the feet of Goddess Lakshmi. The students expressed their views on the importance of Diwali festival through speech and choreography.Sh Amrit Pal Aggrawal (Chair-man District Planning Board Bathinda) graced the occasion as the chief guest. Various competitions were organized on this occasion. These competitions were judged by Dr Kapil Singla and Dr Parvinder Kumar (Adesh institute ,Bathinda). In Rangoli Agni House got first position, in Desert Without Fire Aryabhatta house got first position, Apple House got first position in Board Decoration and Prithvi House got first



position in Clay Modelling. Apart from this, an exhibition of activity was organized in the classroom, this exhibition was highly appreciated by all. Madam Mamta told the students about the chemistry of fire works and the pollution caused by firecrackers

SAD's Bansal duo meets Majithia

lution

promoted as senior assistants.



Singh, Thakur Karan Mehta, Jagdish Bahadur Singh, Hardeep Singh were present. This information was given by Daljit Singh DM Sports.

Chinar Baghla cracks HJS exam in first attempt with Rank 6 RAJ SADOSH

ABOHAR: Chinar, an alumnus of LRS DAV Sr Sec Model School and granddaughter of former Congress councilor Surinder Baghla has cracked Haryana Judicial Services Exam in first attempt, she got 6th Rank. Her parents in Jain Nagari here, Sanjeev Baghla and Rishu Baghla, said Chinar has given a Diwali gift to the family. Chinar studied till class XII here and after clearing the Punjab University's entrance test, did a 5-year course in B. Com LLB from 2012 to 2017 at Chandigarh and emerged as gold medalist in Panjab University. She has been giving coaching at Chandigarh Judicial Academy and many of her students were serving as judicial magistrates.

holders victims of fraud of millions of rupees

Post office officer surrounded by account

JASPOONAM KOHLI DINANAGAR, OCT 22

Green Diwali this year.

RAWEL BHINDER

brating "Eco friendly Diwali".

An alleged agent cheated lakhs of rupees by affixing the stamp of the post office on the pass book of the account holders of Post Office Dinanagar. When the matter came to light, the post office Dinanagar along with its officials are harassing the victims of fraud instead of investigating the matter.

Today, the matter got heated at that time. When the victims of fraud surrounded the senior officer of the department near the post office. On this occasion, when the journalists talked to the said senior officer in the case of cheating of lakhs of rupees from the post office of Dinanagar,he escaped by saying that the in-



vestigation is going on. he took his vehicle and left the

When I spoke to the postmaster of the post office Dinanagar about this matter, he tried to escape because he was not aware of the matter. and said that he had no knowledge of the matter, that his money was deposited in the post office. or not. We will see if he brings his agent along.Manoj Singla,

the victim of fraud on this occasion, said that on the one hand, we have been cheated of lakhs of rupees and on the other hand, the department is not supporting them. From this it appears that there was collusion between an employee of the post office and the alleged agent. He said that finally where should they go, and to whom should they plead for justice.

RAKESH JINDAL NABHA, OCT 22

Shiromani Akali Dal National Vice President Ashok Bansal and Ratinesh Bansal, Joint Secretary, Youth Akali Dal

Punjab, held a special meeting with senior leader of Shiromani Akali Dal, Bikramjit Singh Majithia at his residence In this special meet-

ing, where there was an open discussion about the politics of Punjab,

Bikram Singh Majithia was informed about the problems of the princely city of Nabha by both the leaders. Ashok Bansal said that in this meeting, the senior leaders have been informed about the problems of Nabha and that the state government has completely failed in Punjab. The senior Akali leaders were apprised of the fact that the

MLAs of the Punjab government only talk and do not act and people still remember the rule of Akali Dal. They said that Arvind Kejriwal, the national convenor of the AAP, is dream-

The School MD Profes-

sor ML Arora and Principal

Mrs Kanchan wished every-

one good luck and motivated

the students to celebrate safe

and Eco-friendly Diwali in

order to prevent our environ-

ment from sound and air pol-



ing of becoming the Prime Minister. They said that while the government is failing on every front, AAP's national convener Arvind Kejriwal is making ridiculous statements. Kejriwal's comparison of Delhi Education Minister Manish Sisodia with Shaheed-e-Ajam Sardar Bhagat Singh is an insult to the martyr, the leaders fumed.

SURINDER DAMDAMI

KOTAKPURA: Environmental and social service organizations organized a special program today at the nearby village of Sandhwan, in which the farmers who did not burn environmentally friendly stubble from different districts of Punjab were specially honored. Speaker of Punjab Vidhan Sabha Kultar Singh was the chief guest in the event. Apart from Sandhavan, Padma Bhushan Dr. Inderjit Kaur Pingalwara and Vice Chancellor of Punjab Agriculture University Dr. Satbir Singh Gosal also specially participated. Speaking on the occasion, Speaker Sandhavan said, environmental conservation organizations Guru Sahib Charitable Society Khosa, Bhai Ghanaiya Cancer Roko Seva Society and Agri Heritage Mission, working according to the spiritual philosophy of 'Pavanu Guru Pani Pita Mata Dhart Mahatu', have been continuously improving the environment for a long time. are making efforts, of which today's program is also one of them. Our government should not set the straw on fire. It is committed to encourage farmers for this noble work and will make every possible effort. Dr. Inderjit Kaur Pingalwara said, Punjab is in great need of such meaningful works of environmental protection because the negative effects of pollution on the health of Punjabis are increasing rapidly and giving a good environment to the coming generations is the primary responsibility of everyone. Dr. Ruhi Dug Deputy Commissioner Faridkot announced that any farmer of the district who does not burn stubble or waste this time, will be given a cash reward and special honour. Dr. Satbir Singh Ghosal said that the University of Agriculture is thankful to the farmers who handle the stubble, who are doing a great responsibility towards the society and will provide all technical assistance to them in the coming time.

Roadies fame Rannvijay Singh announces opening of Roadies Koffeehouz

SHARMA LUDHIANA, OCT 22

After becoming a craze among food lovers of Chandigarh, Mohali and Patiala, Roadies Koffeehouz (RKH) has now expanded its footprint in Punjab, with an expansive outlet of the brand in Ludhiana, also Manchester of India.

Famous for speciality coffee, sumptuous cuisine and a stupendous variety of entertainment, the diner was unveiled in style by Roadies fame actor Rannvijay Singh. After inaugurating Roadies Koffeehouz(RKH) in Ludhiana, Rannvijay Singh said, "Me and my friends used to frequent this area in my childhood days. I have very fond



Baweja, Director, RKH, said: memories of Sarabha Nagar and Malhar Road. Rannvijay "Located on Malhar Road, took part in a motorcycle ride Sarabha Nagar, one of the which started from the outlet and went through some parts of Ludhiana and ended at the outlet. A press meet was also held by those behind RKH to

prime locations of the city, RKH-Ludhiana offers a wholesome lunch and dinner menu with Indian and Asian platters. It is the first 24 x 7 eatery in Ludhiana!" on this talk about the unique aspects of RKH Ludhiana. Sahil occassion Mandeep Singh, Ankit Gupta, were present.

Inter house rangoli competition organized at Bal Vatika School



KULWINDER KARWAL SARDULGARH, OCT 22

An inter-house rangoli competition was organized at Bal Vatika Public School Tibbi Hari Singh. In which the entire school students participated with full interest. Under the guidance of the teachers, the students presented various Rangoli art paintings, which were very attractive and mesmerizing. In which "Nilgiri House" and "Himalaya House" secured first, "Shivalik House" second and "Vindhyachal House" secured third position. On this occasion, school management and principal AK Tiwari highly appreciated the skills of the students. On this occasion, the school management congratulated the school staff and encouraged them to conduct such competitions for the betterment of the students.On this occasion, the entire Bal Vatika family and the school management congratulated all the countrymen on "Diwali" and "Bandi Chhor Divas"

Sanjeev Khanna congratulates people on Diwali, Bandi Chhor Day

VICKY BHABAT ZIRAKPUR, OCT 22

Leader of Derabassi Constituency Sanjeev Khanna has congratulated the people on Diwali and Bandi Chod Day. He has also appealed to the people to celebrate this festival without pollution, with the spirit of community and harmony.

In his message, Khanna appealed to people to stay away from firecrackers, so that increasing pollution can be prevented. He asked people to light up their homes with happiness. He said that it is the responsibility of the future generations to save the environment. is on our shoulders. He urged them to worship Goddess Lakshmi in



the traditional way and bring clay lamps to their homes. Khanna invited the people to celebrate this festival with the spirit of mutuality, brotherhood and mutual cooperation. Meanwhile, he congrat-

ulated the devotees, especially the Sikh Panth, on the occasion of the historic Bandi Chhor Day. On the occasion of Di-wali in 1612 AD, the sixth Guru Sri Hargobind Sahib ji released 52 Hindu kings from the fort of Gwalior. In this connection, 'Bandi Chod Diwas' is celebrated. Sanjeev Khanna also extended his best wishes to the people on the occasion of Vishwakarma Day and hoped

that Lord Vishwakarma's craftsmanship will continue to inspire everyone and maintain the sense of pride in the work. He said that this festival should bring peace and prosperity to the people of Punjab and India.



NEWS AT A **GLANCE**

Karnal DC alerts residents against cyber crime

JÁSWINDER SHARMA

KARNAL: Deputy Commissioner Anish Yadav today cautioned the public against cyber crime and said that online shopping should be done wisely during the festive season as huge discounts are being offered at this time, which cyber fraudsters can take advantage of. The Deputy Commissioner said that the month of



celebrated as Cyber Security Awareness Month, the theme of which is See You in Cyber'. He said that cyber fraudsters are trying to cheat

October is being

people by creating fake websites. In such a case, one needs to be more careful while booking goods online. He said that while shopping, choose the right company and authorized website and avoid giving your personal information. He said that after doing online transactions, always remember to log off from your online system. Always use the virtual keyboard while logging in to online banking services, he advised. Never use net banking facilities or conduct financial transactions from public computers, cyber cafes or shared computers. Always delete the browsing data of your web browser (Internet Explorer, Chrome and Firefox etc.) after completing your online banking activities. The DC said that many activities are being organized to make the public aware in the area of cyber security. He said that during the awareness month, the public is being made aware about multi-factor authentication, using strong passwords, not falling into the trap of financial fraud, updating software and cyber security on social media.

NATION

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022

House burgled

BUREAU PHAGWARA: The Valuable household goods worth Rs Two Lac were reportedly burgled from the kothi of a UK based NRI in nearby Village Palahai last night. The Care Taker Harbans Lal told the police that the burglars entered in the kothi after breaking the locks of the doors of the kothi. The Burglars badly ransacked the kothi and took away the valuables. The Police have registered a case.



Blanket of smog covers Delhi as air pollution worsens before Diwali

NEW DELHI, OCT 22

A blanket of smog engulfed the national capital on Saturday morning as the pollution level deteriorated to the "poor" category ahead of Diwali.

The air quality in the national capital remained in the 'poor' category on Saturday with an overall Air Quality Index (AQI) at 262, as per the System of Air Quality and Weather Forecasting And Research (SAFAR).

In the morning, the India Gate and Rashtrapati Bhavan were not visible clearly as smog covered the Kartavya Path

A cyclist, Shastik Tripathi, who was at the Kartavya Path this morning, said, "I have been cycling for the last six years here. Whenever I am cycling I feel suffocated. So many other people also feel the same and many of them are my friends. I came across the news that a resident of Noida, who ran a gym, died due to suffocation. In Delhi, I am a victim of pollution.

Another cyclist, Ningu said



he cycles to remain fit and healthy but pollution is making it very difficult to do so.

"I am cycling to remain fit and healthy. We are from Pedal Cycle Group. I cycle 4 km every day but today the weather is foggy, and pollution is increasing. Facing difficulty in cycling today and it is happening before Diwali. The pollution might have deteriorated because of the surrounding areas. We are really afraid that the pollution level is increasing before Diwali," said Ningu.

Nikhil, who came for a morning walk, urged people not to burst crackers on Diwali.

has "The pollution deteriorated before Diwali, don't know what will happen after Diwali this year. We have to work on it together. People should use public transport. Yesterday, was a heavy traffic day. We should promote cycling and people should not burst firecrackers on Diwali. On this occasion, we all should celebrate home with family and at friends," said Nikhil.

Another resident of Delhi. Nitmala Deshmukh said that the pollution in the national capital is in poor category before Diwali because of global warming. "Diwali should be celebrated with Green firecrackers. It's a culture of Diya not to spread

pollution," Deshmukh added. Punam Mehta said that the India Gate and Rashtrapati Bhavan were not not clearly visble which indicated the level of pollution. "Weather was humid a few days ago, now the pollution is increasing on a daily basis. It is because of the stubble burning in surrounding states. If today is a polluted day, then what will happen after Diwali? We are senior citizens. We came to India Gate to walk and the weather changes affect our health. We could not see India Gate and Rashtrapati Bhavan clearly. It shows it is a polluted day," said Mehta. Speaking about bursting firecrackers on Diwali Mehta said "Firecrackers have been banned by the government people should follow it. I have relatives who are facing difficulty in breathing. People avoid walking nowadays."

Advocate Dhami reacts strongly to Ram Rahim's announcement of opening Dera in Mansa

CHARANJIT SINGH ARORA AMRITSAR, OCT 22

Shiromani Gurdwara Parbandhak Committee (SGPC) President Advocate Harjinder Singh Dhami, reacting to the announcement of Dera Sirsa head of opening a Dera in Mansa, has demanded from the government to immediately stop his activities. Advocate Dhami said that the character of Dera Sirsa head Gurmeet Ram Rahim is anti-social and the charges leveled against him are heinous. Convicted in rape and murder cases, Ram Rahim is also the main accused in sacrilege cases. Advocate Dhami said that

the announcement by this controversial person to open a dera in Punjab has hurt the Sikh sentiments and this may spoil the peaceful atmosphere of Punjab. He said that the Punjab government should play its role responsibly on this very serious matter and resolve that no branch of Dera Sirsa is established in Punjab. The SGPC President said

that the Sikh mentality is being

hurt by repeatedly granting

parole to Ram Rahim, who is

imprisoned due to his bad

character and crimes and it is a



conspiracy to now announce the opening of his Dera in Mansa.

He said that the Sikh community will never tolerate this act of his. The government should not allow the convict of heinous acts to play with the religious sentiments of the people.

Advocate Dhami clarified once again that any activity of Dera Sirsa head Ram Rahim in Punjab will not be accepted. Advocate Dhami demanded from the Centre and state governments to stop Ram Rahim's online speeches while he is out on parole and facing serious charges.

Cong leader who walked with Rahul during Yatra dies

SHIV KUMAR SHARMA KARNAL, OCT 22

Karnal's Congress leader Singh, who with Congress Paramjit travelled national leader Rahul Gandhi in Bharat Jodo Yatra, passed away today. Congress State Executive President Suresh Gupta and Congress Congress All India Committee Secretary Vineet Poonia reached the residence of Paramjit Singh and offered floral tributes as special envoys of Rahul Gandhi. He gave Rahul Gandhi's message to his family. Suresh Gupta said that the whole family of Congress along with Rahul Gandhi is with him all the time. Rahul Gandhi offered a floral wreath on the body of Paramjit Singh. Paramjit going on Rharat



Gandhi. He had returned to Karnal. Gupta said that Karnal after a long journey. Paramjit Singh was a senior Here he got sick. Later, he and combative leader of the passed away. As soon as this Congress. He was walking in Bharat Jodo Yatra in Karnataka with Rahul news reached Rahul Gandhi, he conveyed a message to Gandhi to save the country. Congress state working president Suresh Gupta His sacrifice will always be during the trip. remembered, he said. On this occasion. Vineet Poonia said that Rahul Gandhi's feelings

That he along with Secretary of All India Congress Committee Vineet Poonia should reach Paramji Sinoh's r



KULDEEP SOOD BARNALA, OCT 22

Barnala Municipal Council with the support of initiative NGO Harpic World Toilet College Patiala and Green Touch Foundation together with the sanitation workers made aware of health safety, waste management, and safety at the workplace. Training provided by Harpic World Toilet College through digital videos. On this occasion, it was told that all the videos seen in the training can be viewed by downloading the World Toilet College mobile app on your mobile phone.

Apart from this, information was given about the Swachh Survey 2023 under the Swachh Bharat Mission. Working Officer Barnala Sunil Dutt Verma, Sanitary Inspector Ankush Singla, Parul Garg CF, Harkesh Kumar CF, Gulshan Kumar Shifa Sevak Union Jaskaran Singh Groun President Motivators and Group Sanitation Sevak were present on this occasion.

Khedan Vatan Punjab Diyan: State-level competition of netball (boys) in SD College concludes

KULDEEP SOOD BARNALA, OCT 22

Under the 'Khedan Watan Punjabi' organized by the sports department at SD College, the state-level netball competition for boys was completed. Singh DSP Satveer Barnala performed the prize distribution Congratulating conducting successfully

Finance Secretary of Punjab Netball Association Dr Mukand Lal Bansal said that with the successful of these completion competitions, the trend of youth in sports will increase. The competition was cond ted the



Co-Convenor Suband Inspector Avtar. In the Under 14 competition, Barnala won first place, the Mansa team won second place and the Bathinda team won third place. In the Under 21 category, Barnala got first, Patiala second and Ludhiana third. In the 21 to 40 age group competitions, teams from Barnala, Bathinda and Tarn Taran won first, second and third positions this respe

Officer Jaspreet Sports Singh, DEO Sarabjit Singh Toor, Principal Darshan Singh, Head Teacher Pradeep Kumar, Gagandeep Singla Principals of all institutions and a large number of staff and students were present. In the end, the convener prof Balwinder Kumar Sharma thanked everyone and said that the competitions of different categories of girls were conducted from

Photo by: Kuma

ceremony. those winning players, he said that this effort of the government is hoping for a bright future. He congratulated SD College and Sports Department for

these competitions. Welcoming the guests,

Jodo Yatra with Congress national leader

Rahul

and console his family. On this, both big leaders reached

Paramiit Singh's last as he was taken to the cremation ground.

are with this family. Senior

Congress leaders took part in

supervision of Convenor Prof Balwinder Kumar Sharma

tively. occasion, apart from a large number of players, District

18 October. Prof. Seema Sharma conducted the stage.

Ludhiana's first 24 x 7 eatery Roadies Koffeehouz at Malhar Road

RAJ KUMAR SHARMA LUDHIANA, OCT 22

After becoming a craze among food lovers of Chandigarh, Mohali and Patiala, Roadies Koffeehouz (RKH) has now expanded its footprint in Punjab, with an expansive outlet of the brand in Ludhiana, also Manchester of India Famous for its world class specialty coffee, sumptuous cuisine and a stupendous variety of entertainment, the diner was unveiled in style by Roadies fame actor Rannvijay Singh. Rannvijay took part in a motorcycle ride which started from the outlet and went through some parts of Ludhiana and ended at the outlet. A press meet was also held by those behind RKH to talk about the unique aspects of RKH Ludhiana. Sahil Baweja, Director, RKH, said: "Located on Malhar Road, Sarabha Nagar, one of the prime locations of the city, RKH-Ludhiana offers a wholesome lunch and dinner menu with Indian and Asian platters. It is the first 24 x 7 eatery in Ludhiana!" Mandeep Singh,



RKH Ludhiana franchisee, said: "RKH-Ludhiana's beautiful terrace open air dining in addition to the main floor makes the outlet a must visit for city foodies." Ankit Gupta, Director at Leapster Restaurants Pvt Ltd, the parent company that owns the RKH brand, said: "Food aficionados will have a lot to relish. Along with a unique combination of specialty coffee, they will enjoy modern comfort food and loads of entertainment."

Shree Krishan, Territory Partner with RKH, said: "We have received immense love from our patrons in Chandigarh, Patiala and Mohali.

Speaker distributed checks to destitute students studying in govt schools to celebrate Diwali

Photo by: Kumar

SURINDER DAMDAMI **KOTAKPURA, OCT 22**

As a humble effort on the occasion of the holy festival of Diwali for the destitute students studying government schools from sixth to twelfth standard, Ram Muhammad Singh Azad Welfare Society distributed cash to 38 students of different government schools of district Faridkot. A check of one lakh rupees was distributed, whose parents are no more. During this aid distribution ceremony held at the office of the local Punjab Pensioners Union (ATK) today, Kultar Singh Sandhwan Speaker Punjab Vidhan Sabha performed the check distribution ceremony. In his address, he appreciated the efforts made by the society,



emphasized the need of not polluting the environment by bursting firecrackers to all the students and their parents. He announced another one lakh rupees assistance to the society. He assured that the Punjab government will not allow shortage of funds for such good works. On this occasion, President of the society Ashok Kaushal, Vice President Prem Chawla,

Finance Secretary Somnath Arora, Mandeep Singh Mintu Gill and Principal Darshan Singh Bajakhana addressed the audience and gave a message to the society that Diwali will be considered as 'festival of lights' in the true sense only if those citizens of the society should also be included in the happiness of Diwali, whose life has been filled with darkness by nature.

Woman files nomination for sarpanch's post in Gondar village



RINKU GONDAR NISSING, OCT 22

The candidates have stepped up their election campaign for the panchayat election in Nissing division. Candidates have started filling their nominations for the elections to be held on November 12. On Saturday, on the second day of the nomination process, woman candidate Anita Rani and two panches filed their nominations for the post of sarpanch in village Gondar. Anita Rani reached the Government Girls Senior Secondary School in village Gondar and filed her nomination. The officer appointed by Election Commission RO Brahmadutta Sharma and ARO Deepak Kumar said that so far, one woman has filed nomination for the post of sarpanch. The last date for registration is 28th October at 3 O'Clock. After this, the nomination papers will be scrutinized on October 29.

Huge response to public rally leaves **Congress will register a huge win in Cong's Ajay Mahajan in tears** Adampur by-poll: Rajesh Vaidya

SANJEEV MAHAJAN NURPUR, OCT 22

Congress candidate Ajay Mahajan during his public meeting in Oudh and Kopda gave special emphasis on 10 guarantees of Congress in which five lakh jobs, 300 units of free electricity, incentive amount of 1500 to empower women and other guarantees were also discussed. Aund Jan Ashirwad Sammelan got huge support in Nurpur and Ajay Mahajan discussed prioritizing



development works in both panchayats with special attention on road construction work. Ajay Mahajan was also emotional after seeing the huge support he got during the public meeting. Similarly, he was warmly welcomed in the Kopra



Panchayat. After filing the nomination papers, Ajay Mahajan held his first public meeting as a Congress candidate in Aund and Kopra and he targeted the opposition for lowering the level of politics in the "Veer Bhoomi" of

Nurpur. Dozens of BJP workers joined hands with Congress candidate Ajay Mahajan in Nurpur. After jumping the ship, they held the hand of Congress and promised to give their full support to Ajay Mahajan. Significantly, among this, BJPbacked councilors Gulshan Chaudhary, Yari Pradhan, Vinod Mehra District President Shiv Sena, Vijay Mahajan, Rajinder Prasad Timber, Sonu, Ishaan, Suraj and Tushar Chaudhary gave their full support to Ajay Mahajan.

DARSHAN SHARMA NILOKHERI, OCT 22

Congress candidate Jai Prakash will win the JP Adampur by-election with a huge margin and with this the countdown for exit of the BJP government from the state will start. This was stated by Congress leader Prof. Rajesh Vaidya during a door to door campaign for the party in village Jhiri, Chandan Nagar, Beed Babaran of Beed Hisar. Prof Vaidya said that today the entire state is in need of former chief minister Bhupendra Singh Hooda and the people of the state have accepted him as their future chief minister. In such a



situation, the Adampur election will work to free the people from the "oppressive" BJP-JJP government. Prof Vaidya said that this time the people of Adampur have

made up their mind to make Jai Prakash their MLA and this time the sun of Kuldeep Bishnoi's politics from Adampur will set forever. Prof Vaidya said that this time the Dalit community has returned to the Congress fold as it has understood that the constitution of Baba Saheb Bhim Rao Ambedkar is safe only under the Congress From this by-election, it is certain that Congress will form the government in Haryana under the leadership of Hooda. Hundreds of people including MLA Varun Mulana, Ranpal Sandhu, Sajjan Dhul, Mohan Lal, Ramesh Napa, Joginder, Polly Ram Valmiki and Ratan Lal Valmiki participated in public relations.

THERE IS NOTHING PERMANENT EXCEPT CHANGE. HERACLITUS

OF ALL HUMAN ACTIVITIES, MAN'S LISTENING TO GOD IS THE SUPREME ACT OF HIS REASON-ING AND WILL.

POPE PAUL VI

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022

OPINION

EDITORIAL Pioneering thoughts

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n 1922, a professor at Lucknow University named Radhakamal Mukerjee published a book called Principles of Comparative Economics. Reading the book one hundred years later, I was struck by the attention it paid to the impact of the natural environment on the social and economic life of Indian villages. Mukerjee was perhaps the first Indian scholar to recognise the vital importance of common property resources to the sustenance of peasant agriculture. While cultivated land was owned by individuals or families, canals were traditionally held and managed by the village, as were woods and grasslands. Thus, as Mukerjee wrote, "where private ownership might confer a privilege against the rest of the community, their use has never been allowed to be exclusive.

In the precolonial Indian village, it was the collective ownership and use of irrigation channels that was most significant. The management of irrigation, observed Mukerjee, "compels men to give up an antisocial individualism, or suffer in consequence... it forces men to enter into closer economic relations with other men...". Thus, "in the Indian village communities there are minute communal relations of the supply of water to prevent the mutual rights of the cultivators. To prevent a tyrannical use of property, India has sought to establish a kind of communal ownership of tanks and the distributory channels of irrigation the most important instruments of agricultural production.

Mukerjee argued that these indigenous systems of common property management had been undermined by British colonial rule. A State forest department had taken over the wooded areas, working them for commercial purposes and criminalising villagers who sought to use them for subsistence. The tanks and canals had also been placed under a government department, with officials appointed by the State put in charge of their upkeep. This change, wrote Mukerjee, "has brought about a complete loss of initiative of the people as regards... public works, which were formerly maintained by the indigenous machinery, but which have fallen into desuetude and disrepair in the absence of all responsibility and all authority, customary or positive"

Radhakamal Mukerjee is a largely forgotten figure today. Yet his writings speak directly to the environmental crisis that India and the world now confront. Consider an essay of 1930, published in the Sociological Review and titled "An Ecological Approach to Sociology".

Kuwait saves itself from falling into Guanxi trap

uwaiti government seems to have understood the Chinese Guanxi trap which is synonymous with bribery and corruption in China.

But its latest move of excluding Chinese-sponsored Beijing Enterprises Water Group (BEWG) from Al-Mutla's waste water purification plant shows that the country is rectifying its past mistakes.

According to Financial Post, Guanxi is a system of mutually beneficial relationships that works as a lubricant for the wheels of the business transaction and often synonymous with bribery and corruption in China.

Recently, Kuwait's Ministry of Public Works disqualified the BEWG's tender for setting up a wastewater treatment plant for Al-Mutla's sewage station. Kuwaiti Public Works administration said that the reason behind the disqualification of BEWG's bid was based on the ground that it was earlier involved in bribing the officials to secure the Umm Al Hayman project.

After this revelation, Kuwait's crown prince Sheikh Al-Ahmed has directed investigative agencies to nab those involved in maladministration and misdeeds, reported Financial Post.

Financial Post reported citing the ministry of Public Works' report that the Chinese companies are indulging in malpractices for gaining an advantage to win contracts in Kuwait. China-sponsored companies participating in Belt and Road Initiative (BRI) projects are another manifestation of Beijing's malafide intentions. There are widespread instances of bribery with a reported 60-85 per cent of Chinese firms paying bribes to secure projects under BRI. Chinese firms are known offenders of peddling influence.

Apart from payments to lower-level bureaucrats, there have also been several notable scandals involving senior political figures receiving illegal gratification from Chinese companies, reported Financial



Post. Chinese companies are the least transparent as per Financial Post citing Transparency International's study in 2019 based on 100 firms in 15 emerging markets. Poor business practices including delays in the completion of projects are endemic to BRI projects. Numerous Chinese firms have been debarred from World Bank and multilateral development banks for fraud and corruption including inflating costs to give bribes. Kuwait is not the line example. In Malaysia and Kenya also the Chinese government used its Guanxi trap to gain ad-vantages in the contracts. Former

Malaysian Prime Minister Najib Razak's ouster in May 2018 was linked to Chinese projects under BRI. China poured out the money into Malaysia's state development fund 1 Malaysia Berhad, known as 1MDB, by inflating the cost of infrastructure proj-ects, Financial Post reported citing Wall Street Journal. In exchange, China received the freedom of access to major national rail and port projects in Malaysia. Whereas in Kenya, the prosecution of Chinese officials on corruption charges showed that to bypass the systemic procedure, China employed illegitimate tactics. Kenya is facing unimaginable debt resulting from a railway project that has exceeded its budget and yielded unexpectedly low results.

These case studies corroborate the widely held beliefs that China exploits countries to provide impetus to its BRI projects. To build infrastructure projects in other countries, the interested party naturally needs to go through sets of official procedures of the recipient country. However, to bypass these procedures, China indulges in corrupt practices and executes projects abroad through unsavoury means, according to Financial Post

New insights into genetic causes of high cholesterol

ccording to new research led by geneticists at the Universi-ty of Pittsburgh School of Public Health in collaboration with several other organisations, including the University of Otago and the Samoan health research community, the discovery of a genetic variant that is relatively common among people of Polynesian ancestry, but incredibly rare in most other populations, is pronings of high cholesterol in all people.



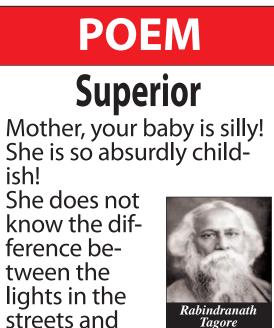
Positive lifestyle changes can be promoted by food choice, self-monitoring

ccording to Rutgers researchers, teaching patients to observe and docu-A ment how they feel after eating certain foods can be a highly effective way to encourage positive lifestyle changes.

To measure the effectiveness of behavioural change programs on patient well-being, students from the Ernest Mario School of Pharmacy at Rutgers partnered with Eating for Your Health, a New Jersey organization that promotes healthy eating to conduct a 10-

day healthy eating challenge. the Eating fo o wit





The unexpected result underscores the value of ensuring diversity in genetic databases and was just published this week in the journal Human Genetics and Genomics Advances.

"If we had only been looking in populations with European ancestry, we might have missed this finding entirely," said lead author Jenna Carlson, PhD, assistant professor of human genetics and biostatistics at Pitt Public Health. "It was through the generosity of thousands of Polynesian people that we were able to find this variant, which is a smoking gun that will spark new research into the biology underlying cholesterol." According to the World Health

Organization, high cholesterol is a leading contributor to disease burden risk factor for heart disease and stroke, and is thought to be responsible for 2.6 million deaths annually globally.

In order to investigate a signal that surfaced in a comprehensive genome-wide search for genes linked to lipids or fats, in the body, Carlson and her team built their study. It was suggested that a chromosome 5 gene variant might be connected to cholesterol. Using genetic information from 2,851 Samoan adults from the Obesity, Lifestyle, and Genetic Adaptations (OLAGA) Study Group who had also provided health information, including lipid panels, the team set out to "fine map" the area. The association between the variant and cholesterol was found in 3,276 additional Polynesian individuals from Samoa, American Samoa.

team not only impacted my personal idea of food and lifestyle but transformed my vision for pharmacy and showed me the multidimensional role we play in health care," said Marta Galagoza, a Rutgers doctoral student in pharmacy and a co-researcher on the project.

Fifty-eight Rutgers healthcare professionals, staff and students enrolled in the study, representing a variety of healthcare fields, including medicine, dentistry, nursing, physical therapy, social work, nutrition and pharmacy. Participants were shown how to prepare healthy breakfast recipes and asked to observe, document and reflect on how they felt after eating.

These observations, called How You Feel is Data®, are a pillar of Eating for Your Health's educational approach, representing the connection between how food affects both the body and brain as an important step toward living a healthier life. In addition to meal preparation instructions, participants were given nutritional resources, encouragement and a platform to communicate with each other.

After the 10-day challenge, 37 participants completed a survey detailing their experiences and whether their eating habits had changed as a result.

- 86 per cent of participants said they were confident that they would change their eating habits moving forward.

- 84 per cent said they would eat a wider variety of foods and 46 per cent said that they would eat more fiber.

- 62 per cent said they planned to prepare food in larger batches and the night before to improve their eating habits.

ference between the lights in the streets and

the stars. When we play at eating with pebbles, she thinks they are real food, and tries to put them into her mouth.

Rabindranath Tagore

New guidelines for weight loss surgery

wo of the top experts in the world on bariatric and metabolic surgery have released new evidence-based clinical guidelines that, among a slew of other recommendations, expand patient eligibility for weight-loss surgery and support metabolic surgery for people with type 2 diabetes starting at a body mass index (BMI) of 30, which is one of several crucial screening criteria for surgery.

The National Institutes of Health (NIH) developed a consensus statement more than 30 years ago that most insurers and physicians still rely on to determine who should have weightloss surgery, what kind of surgery they should have, and when they should have it. The ASMBS/IFSO Guidelines on Indications for Metabolic and Bariatric Surgery - 2022 are intended to replace this consensus statement.

The International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) represents 72 national associations and societies worldwide, and the American Society for Metabolic and Bariatric Surgery (ASMBS) is the largest organisation of bariatric surgeons and integrated health professionals in the United States. "The 1991 NIH Consensus Statement on



Bariatric Surgery served a valuable purpose for a time, but after more than three decades and hundreds of high-quality studies, including randomized clinical trials, it no longer reflects best practices and lacks relevance to today's modernday procedures and population of patients," said Teresa LaMasters, MD, President, ASMBS. "It's time for a change in thinking and in practice for the sake of patients. It is long overdue."

According to the 1991 consensus statement, only people with a BMI of at least 40 or a BMI

of 35 or more and at least one obesity-related condition, such as hypertension or heart disease, were eligible for bariatric surgery. The emerging laparoscopic techniques and procedures that would become standard and make weight-loss surgery as safe as or safer than common operations like gallbladder surgery, appendectomy, and knee replacement were not mentioned, nor were there any references to metabolic surgery for diabetes. Even for those with BMIs over 40, surgery was advised against in the statement be-

cause it had not been thoroughly studied. New Patient Selection Standards -- Times Have Changed The ASMBS/IFSO Guidelines now recommend metabolic and bariatric surgery for individuals with a BMI of 35 or more "regardless of the presence, absence, or severity of obesity-related conditions" and that it be considered for people with a BMI of 30-34.9 and metabolic disease and in "appropriately selected children and adolescents.

But even without metabolic disease, the guidelines say weight-loss surgery should be considered starting at BMI 30 for people who do not achieve substantial or durable weight loss or obesity disease-related improvement using nonsurgical methods. It was also recommended that obesity definitions using standard BMI thresholds be adjusted by population and that Asian individuals consider weight-loss surgery beginning at a BMI of 27.5.

Higher Levels of Safety and Effectiveness for Modern-Day Weight-Loss Surgery

The new guidelines further state that "metabolic and bariatric surgery is currently the most effective evidence-based treatment for obesity across all BMI classes" and that "studies with long-term follow-up, published in the decades following the 1991 NIH Consensus Statement, have consistently demonstrated that metabolic and bariatric surgery produces superior weight loss outcomes compared with non-operative treatments.

It is also noted that multiple studies have shown significant improvement in metabolic disease and a decrease in overall mortality after surgery and that "older surgical operations have been replaced with safer and more effective operations." Two laparoscopic procedures, sleeve gastrectomy and Roux-en-Y Gastric Bypass (RYGB), now account for about 90% of all operations performed worldwide.

Roughly 1 to 2% of the world's eligible patient population get weight-loss surgery in any given year. Experts say the overly restrictive consensus statement from 1991 has contributed to the limited use of such a proven safe and effective treatment.

Globally, more than 650 million adults had obesity in 2016, which is about 13% of the world's adult population. CDC reports over 42% of Americans to have obesity, the highest rate ever in the U.S.





YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022

Rangoli competition organized for Diwali NARESH GARG

LADWA: Rangoli competition was organized in the Government Model Culture Primary School located in Ward Char Dera of Ladwa on the occasion of Diwali festival. Small children of the school from class 1st to class 5th made beautiful rangoli. Stalwart Foundation Chairman Sandeep Garg honored winning children with prizes. He said that it is a matter of great fortune that the future of our country is showing their art at such a young age. He said that it is not necessary that children can become big by studying in private schools only, children can also get education in



government schools and go to higher level and bring laurels to their parents, school and their area.

NEWS AT A **GLANCE**

Diwali festival celebrated with pomp at Star Way Sr Sec School



RADAUR: The Diwali festival was celebrated with great pomp at Star Way Senior Secondary School, Fatehgarh. On this occasion, a Rangoli competition was organised for the students of the school. In which students participated enthusiastically and prepared beautiful rangoli. Everyone appreciated the Rangoli prepared by the students. School Managers Narendra Saini and Sanjay Saini also honoured the winning students with prizes. On this occasion, colourful cultural programmes by the school were also organized. in which the students participated and displayed their talent. Manager Narendra Saini and Sanjay Saini, while congratulating the students on Diwali, said that this festival of lights is celebrated in the joy of the return of Lord Shri Ram Chandra from exile. Shriram's life inspires all of us in every relationship related to us.

Brahmakumari celebrate Diwali with great enthusiasm



RADAUR: The festival of Diwali was celebrated with great enthusiasm and pomp in Prajapita, Brahmakumari, Ishwariya Vishwavidyalaya, Sukh Shanti Bhavan, and Shastri Colony. On this occasion, the people who attended the programme lit the lamp and wished them well for society. Brahma Kumari Kiran Behen, the chief operator of Karnal sub-zone, attended the programme as the keynote speaker. The keynote speaker, Kiran Behen, while explaining the spiritual secret of the 5 days of Diwali (Dhanteras, Roop Chaudas, Deepawali Govardhan Puja, Bhai Dooj), said that health is the greatest wealth. If the body is healthy, then only one has the desire to make up and celebrate happiness. Giving inspiration to live in the company of nature and enhance the beauty of nature, he said that we have to light an earthen lamp only.

Green Diwali-Clean Diwali campaign held

SHASHI PAL JAIN CHANDIGARH, OCT 22

The Department of Environmental Studies, Post Graduate Government College, Sector 46, Chandigarh, in collaboration with Dharini Environmental Awareness Society, organized a Green Diwali campaign in the college campus. Diwali, the festival of lights, is becoming synonymous with the extravagance of firecrackers. These crackers have a harmful effect on all living beings and also on environment.It is the responsibility of the educational fraternity to awaken the youth on the ill effects of firecrackers. The objective of Green Diwali campaign is to sensitize the students about the importance of celebrating Diwali in an eco-

Civic reception programme

organised at Hari Om

Shivom Public School

RADAUR: A civic reception programme was

organised at Hari Om Shivom Public School. In which

Prerna Arya of village Alahar, who passed the judicial

service examination, participated as the chief guest.

During this, he was honoured by the school

management with a bouquet of flowers and a memento.

Principal Sumita Shukla presided over the program.

During this, the students of the school also asked him

many questions about his life and education and got

inspiration to move forward in life. Prerna Arya said in

her address that hard work and determination are very

necessary to achieve success. We should strive to

achieve continuous success with determination. The

effort we put in is what leads us to success. Principal

Sumita Shukla said that students should learn from the

life of Prerna Arya. Prerna Arya has also made her

name meaningful with her hard work. Today, she has

become a true inspiration for children, especially girls.

Inspired by his life, other female students will also be

able to move ahead in life. All the staff members of the

school were present on this occasion.



friendly manner and avoiding the use of firecrackers. In campaign slogan writing competition, lamp decoration competition followed by anti-cracker pledge and rally was taken out. College Principal Dr. Abha Sudarshan administered Anti Cracker Pledge to students and flagged off the rally. He

addressed students and exhorted them to take up eco-friendly practices while enjoying festival. Students of various subjects actively participated in slogan writing and diya decoration program. Winner of Slogan Writing Competition; 1st Prize: Muskaan, BA 2nd, 2nd Prize:

BA 3rd, 3rd Prize: Sapna, Bhowmik, BA 3rd. The winners of Diya Decoration were - First Prize: Khushi, BA First, Second Prize: Saloni, BA First, Third Prize: Sunidhi, BA II. Consolation Prize: Srianshika, BA 1st; Anurag BA II; Seema, BA II.

Physics student from Kurukshetra selected for NASA's prestigious **Visiting Scholar Program**

DALBIR MALIK KURUKSHETRA, OCT 22

Pooja, a research student of physics at Kumaun University, has been selected under NASA's prestigious Visiting Scholar Program. Under this, Pooja will stay in America for three months and research the important event happening in the corona of

the Sun. Pooja Devi is currently doing research work under the direction of Professor Ramesh Chandra in the Department of at Physics Kurukshetra University. Professor Ramesh Chandra, research director of Puja, a physics research student, stated that he is a renowned scientist in NASA America. Prof.

Swami and Professor Yasiro to investigate the origin of coronal mass ejections (CME).CMEs are highly energetic events originating from the Sun which have a direct effect on the Earth's

Gopala will collaborate with

atmosphere. Under this program, all the facilities for worship will be provided by NASA America. These research results will prove to be very useful in understanding CME. Pooja is originally from Sector-4 Kurukshetra, Haryana. Vice Chancellor Prof. All the professors, including NK Joshi have congratulated and congratulated the student Pooja

and her father, Mahabir Singh

Setia, on this achievement.

Diwali celebrated in St. Lawrence School



RAJNI SONI YAMUNANAGAR, OCT 22

Under the joint aegis of St. Lawrence International School and Shree Siddhivinayak Group, 'Deepawali' celebrations were held at St. Lawrence International School, Shahpur, Bilaspur. Chairperson Dr. Rajni Sehgal, eminent educationist Dr. M.K. Sehgal, Swaranjali and Naman Sehgal lit the flame and worshiped Lord Ganesha, Maa Saraswati and Siddhipradini Mata Lakshmi ji duly and the ceremony was inaugurated. All the teachers and non-teaching members took part in the eulogies that were concluded in the puja. About 40 presentations were given. Through which very beautiful messages were conveyed. Dr. M.K. Sehgal, Principal, Yamunanagar Jagadhri Chamber of Commerce and Industry, said in his address that Diwali is the festival of victory of truth over falsehood, light over darkness and good over evil. Chairperson Dr. Rajni Sehgal said that the teachers and non-teaching members who have expressed their utterances on the occasion of Deepawali, have expressed the gaiety of Deepotsav in their expression through dance and song, which is commendable.

Chant Om Namo Bhagwate Vasudevay to attain God: Chetan

SHIV KUMAR SHARMA KARNAL, OCT 22

On Sunday, Pandit Chetan Dev told the devotees about the devotion of God in the Kartik Katha going on in the memory of Late Vaidya Uttamchand and Mata Mata Uttam Rampyari in Uttam Dispensary Sadar Bazar. He said that if you want to attain God, then chant Om Namo Bhagavate Vasudevaya. When God himself was trapped in Kansa's palace in his childhood, he himself had chanted this mantra. Saint Mahatma also chant this mantra. The power of this mantra cannot be estimated. Therefore, whenever the hour of crisis comes, then chant this mantra. There will be freedom from every crisis. Work done with the spirit of service not only gives satisfaction but also enhances the karma. Pandit



Shekhar Sharma and Pandit Satchidanand, who came from Mata Mandir situated at Kalvehad hut, sang the aarti of Lord Vishnu.

Bharat Bhushan Kaku, head of the Bhandara committee, gave detailed information about the rules and rules of the story to be followed. Earlier in the morning a Havan Yagya was

performed in which Vaidya Devendra Batra, his wife Darshan Batra along with the devotees made a sacrifice. Dholki master Ashok Popli gave a musical performance, Sachin Kwatra broadcast the story live and Sagar Kumar, who came from Ramnagar, forced the devotees to dance on the

Continuing popularity of Congress-backed candidate Bhanu Batra: Akram Khan

NIRMAL

RK KASHYAP CHHACHHRAULI, OCT 22

Zilla Parishad Ward No. 7 Congress supported andidate



Fertility of soil increases, and farmers will not need to add more urea and DAP to crops: Dr. Aditya

MAINPAL KASHYAP INDRI, OCT 22

Awareness on crop residue



On Diwali eve World's largest Diya lit at Hero Homes Mohali

bhajans.



daughter-in-law Shri Shyam Sunder Batra, former minister Akram Khan. District Coordinator Congress Committee and former chairman, Zilla Parishad, Shyam Sunder Batra campaigned in the villages of Mundakheda, Panjton, and Chhachhrauli. Villagers offered their full support and promised blessings.Due to Bhanu Batra's getting huge public support, a large number of villagers were present on this occasion. Speaking on the occasion, former minister Akram Khan said that under the rule of this government, the livelihood of the common man has become difficult, everyone's budget

been spoiled. He has elderly are getting pushed for pensions; and the bureaucracy is dominating. appealed to the people of the ward, and Congress supported candidate Bhanu He said, "You all give us a chance to serve once." You Batra was successful by giving maximum votes. Only have always supported all of the Congress party can do you in the past and will take good to all of you. Speaking everyone along with you in on the occasion, former the future also. It is an Chairman Mr. Batra stated appeal to all the residents of Ward No. 7 to make Congress-backed candidate that the price of a gas cylinder has risen to Rs. 1100, which is out of reach Mrs. Bhanu Batra's wife, the average Mrs. Akash successful by pressing the person.People are troubled button with the kite mark by the huge increase in prices; people are facing and voting the maximum trouble for small jobs; the number of votes.



were organized. In the awareness camps, Block Agriculture Officer Dr. Ashwani Kumar appealed to the farmers not to set the crop residues on fire in their fields. By making a bundle of these crop residues or mixing the crop residue in the soil of the field, the fertility of the soil increases and farmers will not need to add more urea and DAP to the crops.

In the awareness camps, Dr. Ranbir Singh Tya, former agricultural scientist of Agricultural University, Hisar, while calling on the farmers, said that burning of crop residue not only reduces the fertility of our fertile land but also affects our yield. He told the farmers that they should sow wheat with a happy seeder and a super seeder. Agriculture Development Officer Dr. Arvind Kumar, Sunita

Kamboj, Vinod Kumar, and Supervisor Mohit also asked farmers not to burn crop residue on this occasion. Farmers doing crop residue management must get their registration done on the portal. The farmers who are mixing the crop residue into the soil of the field must take a photo of the location of their field. All the numberdars, watchmen, and farmers of the village were also present on this occasion. **MOHALI, OCT 22**

Ringing in a unique and momentous celebration for Diwali, Hero Homes in Mohali today witnessed a world record activity - lighting of the world's largest Diya installed at the premises. Manufactured with approximately 1000 KG steel, the world's largest Diya measuring 3.37-meter in diameter has been lit to spread the message of world peace, secularism and humanism. Participating in a clarion call for unity and peace, over 10,000 citizens including 4000 residents of Hero Homes, representing the diverse fabric and diversity of Indian society, pooled in approximately 3129 litres of organic and Diya appropriate oils to create this unique symbol of peace. Themed around the festival of peace, the huge stainless-Steel Diya, was lit in the presence of official adjudicators of the Guinness Books of World Record who were present at the society of Hero Homes at Mohali to record this feat.

Diwali Mela festival celebrated at DAV Public School

for



NIRMAL

RADAUR: The Diwali Mela festival was celebrated at DAV Public School. In which children from classes VI to VIII participated and put up different types of stalls. During this, children displayed their hand-made items in this festival. In which hand-made jhalers, ladiyas, chandeliers, earthen lamps, Diwali thalia, golgappas, chana-masala, fruitchat, bhelpuri stalls were also included. Dadi's recipe stall remained the fair's main attraction.Children and visiting parents learned a variety of recipes at this stall. Various cultural and colourful programmes were presented by the children during the programme. which was appreciated by all. Principal Raman Sharma said that Diwali is the festival of bringing light by lighting small diyas to eradicate darkness. This festival is celebrated all over India. Not only the Hindu society, but many other communities, including Jain Sikhs, also celebrate this festival with great enthusiasm. The main objective of the fair was to make the children aware of Indian culture and explain the importance of the Diwali festival. All the staff members of the school were present on the occasion.

Diwali brings happiness, good fortune, prosperity: Pawan

Batra,



NARESH GARG LADWA. OCT 22

Rangoli, Mehndi, card making and candle decorating competitions were organized in classes 1 to 12 on occasion of Diwali at Sanjay Gandhi Memorial Senior Secondary Public School. Students told importance of Deepawali by praising Shri Ramcharitmanas through their songs.School Management Committee President Pawan Garg and Secretary Ravindra Bansal said that the festival of Diwali, which illuminates the mind, brings happiness, good fortune, prosperity to all and illuminate everyone with new energy, light, health and prosperity. May this festival be auspicious and a factor of happiness for the entire creation. School Principal Dharmendra Kheda said that by cleaning on Diwali, we get rid of many types of harmful bacteria and by purifying the environment, positive energy is transmitted.

Ratnawali Haryana Day State Level celebrations from October 28 to 31



DALBIR MALIK

KURUKSHETRA: In auditorium hall of Kurukshetra University, Youth Cultural Program Department is organizing Ratnawali Haryana Day state level function from 28 October to 31 October in which more than 3000 artists from all universities of Haryana will give their cultural performances in 32 disciplines.

Revolutionary Asfaq Ulla Khan's birth anniversary celebrated NIRMAL SAINI

RADAUR: The birth anniversary of revolutionary Asfaq Ulla Khan was celebrated at Inquilab Temple Gumthala Rao. Temple founder Advocate Waryam Singh laid flowers on the statue of Asfaq Ulla Khan and said that Asfaq Ulla Khan, who belongs to the Pathan family, was born on 22 October 1900 in Shahjahanpur, Uttar Pradesh. Asfaq Ullah Khan was a fearless and prominent freedom fighter as well as the best poet of Urdu language. To liberate the country, he fought fiercely with the British rule and became a martyr for the country.

Neelam Saini unanimously elected Sarpanch



NIRMAL SAINI RADAUR, OCT 22

Reena Rani, wife of Vikram Saini withdrew her nomination, saying that she would promote brotherhood and development of the village in Fatehgarh, Block Radaur. Due to this candidate Neelam Saini, wife of Ravi Saini was unanimously appointed as Sarpanch. Apart from this, the whole panchayat was unanimously appointed by unanimously electing Ankit Saini, Reena Devi, Harsh, Rajpal, Mamta Rani and Sunil Kumar in the village. Sarpanch Neelam Saini said that promoting brotherhood and development of the village would be her first priority. The people of the village have unanimously entrusted them with the responsibility of the village, with the hope that they will fulfill it with full devotion. He will try his best to give a new direction to the development of the village.

DIWALI SUPPLEMENT

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022

HAPPY

DINe







हादिक

शुभकामनाए

हिमाचल ड्रग मैन्यूफेंक्चर ऐसोशिएशन बद्दी, हिमाचलप्रदेश



HAPPY

DIMARA

हों, राजेश गुप्ता प्रदेश अध्यक्ष



सतीण सिघल मुख्य सलाहकार



प्रदेश महामंत्री

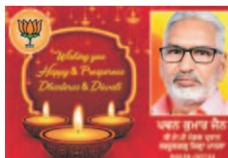


संजय शम प्रदेश कोषाध्यक्ष



Email. : manager.hdma@gmail.com himachaldrugs@gmail.com Mob.: 82196 17038

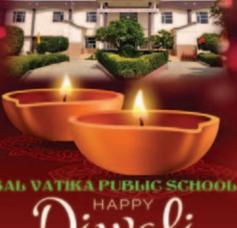
HAPPY HAPPY **DIWALI SUPPLEMENT SARDULGARH** DIMMAL DIM YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 23, 2022 11 Wishing you **Happy & Prosperous** iwali anks To All Political Partie ess Community of Sardulgarh Who Have ed Us To Achieve Our Goal For Bringing Supllement On The Eve Of The Festival Of Harvinder Maninderpal Dr Sohan Lal Dr Ved Parkash Dr. PC Beniwal Surjeet Yogesh kumar Aman Kumar Sandhu SMO **Delhi nursing** Singh Patwari Mehla Arora Singh virk Singh DER SINGH KARWAI Sardulgarh Sardulgarh Home Sardulgarh JOURNALIST YUGMARG SARDUL Wishing you lappy & Prosperous Wishing you **Happy & Prosperous** Inayat (ISHI) Manjot Karwal iwal Miss Poonam Singh Mr. Gobinder Singh SDM Sardulgarh **DSP** Sardulgarh Gurjit Bhinh Revinder Anne Mushelle Social Activisat Serdulgerh Diwali Elahi (Australia) Kunwarjot Karwal Halwai Union Sardulgarh Wishing you **Happy & Prosperous** Wishing you Happy & Prosperous iwa Jagjeet Singh Milkha Vidhan Sabha convener Sardulgarh Punjab Satish Khunger Rakesh Kumar Mohan Lai Sunny Jewellers Dhobi wali Gali Sardulgarh 9878900171 HEERA GROUP OF INSTITUTIONS R SIRSA MANSA ROAD, SARDULEWALA (DISTT-MANSA) MEERA PUBLIC SCHOOL A CBSE SENIOR SECONDARY SCHOOL MEERA COLLEGE OF EDUCATION/BLEDO **Rajesh Garg**











Newly appointed chairman of Haj **Committee Mohsin thanks CM**

SHIV KUMAR SHARMA CHANDIGARH, OCTOBER 22

Mohsin Chaudhary, the newly appointed chairman of Haryana Haj Committee and JJP leader, met the Chief Minister of the state, Manohar Lal and expressed his gratitude. At the CM residence, Mohsin Choudhary thanked the Chief Minister for giving him a new responsibility by presenting a bouquet and said that he would discharge this responsibility with full dedication and devotion. On this occasion, JJP State President Sardar Nishan Singh, Mohsin Choudhary and Party State Office Secretary Randhir Singh extended Diwali greetings to the Chief Minister.



ical examination camp conducted under the

guidance of District Education Officer Rajpal

Choudhary and District Elementary Educa-

tion Officer Rohtas Verma was successful.

ported the disabled children and praised

District Elementary Education Officer Rohtas Verma encouraged the teachers who sup-

them. Media in-charge Mahindra Kheda said

that it was only because of the hard work of

the special teachers that it was possible for

the differently-abled children to reach the

47 Divyang children attend medical camp

KARNAL: APC Chandramohan said that in the medical examination camp which ran from October 17 to October 22, disabled children of all the 6 blocks of the district participated and got the disability certificates made. He said that Dr. Saurabh Gupta Orthopedist, Dr. Nitika Bhatnagar, Ophthalmologist, Dr. Hawa Singh Psychologist, Dr. Kuljeet Singh ENT Specialist, Dr. Saurabh Gupta, Orthopedic Specialist, Dr. Kuljeet Singh ENT Special-ist did medical examination of the children



and the type of handicap. Calculated percentage. Chandra Mohan said that the med-

Diwali celebrated by District Bar Association

RAMAN GUPTA

KAITHAL: Diwali festival was celebrated in the bar room by the District Bar Association. District and Sessions Judge Naresh Katyal was present as the chief guest. He was accompanied by Special Family Judge Dr. Gagandeep Kaur Singh, ADJ Poonam Suneja and Sangeeta Rai, Civil Judge Senior Di-

vision Pravesh Singla and Manvika Yadav, Civil Judge Anita Rani, Rekha Chaudhary, Consumer Forum President Dr. Neelima Sangla, Member Rajveer were also pres-



ent.Bar Association President Ravindra Tanwar, Secretary Karan Kalda Deputy President Sanjeev Batan, Co-Secretary Sunita Malik and Treasurer Sanjeev Saini welcomed all the judges. In their address, President Ravindra Tanwar and Secretary Karna Kalda wished everyone a very Happy Diwali.

Ravindra Tanwar said that we should celebrate this festival with joy. In view of the increasing danger of pollution, we should not burst crackers. Sessions Judge Naresh Katyal said in his address that everyone should worship in their homes on Diwali and get the blessings of Goddess Lakshmi. He wished everyone happiness and prosperity. On this occasion Media Coordinator Pradeep Harit, Advocates Sanjeev Moudgil, Prachi Sharma, Rajendra Chahal, Asim Sharma entertained everyone by reciting Ghazals, Geet and Jokes.Justice Gagandeep Kaur Singh, Poonam Suneja, Neelima Sangla and Pravesh Singla also enter-

tained the lawyers in their own way. All the judges extended Diwali wishes to the lawyers. A Rangoli competition was also organised for women lawyers on this occasion. The participants made beautiful Rangali.

CM to celebrate Diwali with **BJP workers in Karnal**

camp.



SHIV KUMAR SHARMA

KARNAL: On the holy occasion of Diwali, Chief Minister Manohar Lal will be visiting Karnal on Sunday. The Chief Minister will participate in the Diwali meeting organized by the party workers of Karnal assembly constituency at Rutaba Palace located near Jhanjadi village at 4 pm.

In view of the Chief Minister's coming visit, Deputy Commissioner An-ish Yadav and Superintendent of Police Gangaram Punia visited the venue of the event Rutaba Palace and took stock of the arrangements.

On this occasion, MP Sanjay Bhatia, BJP District President Yogendra Rana, Chief Minister's Representative Sanjay Bathla, BJP District General Secretary Raibir Sharma and Sunil Goval. District Vice President, Praveen Lathar along with Director of Rutaba Palace Mahesh Bhatia were also present

क्रपा

CELEBRATE Green Diwali

Bhagwant Mann **Punjab Chief Minister**

In the State of Punjab, only green crackers would be allowed and strictly on the following days and time:

FESTIVAL	DAY	TIME FOR BURSTING OF THE CRACKERS
DIWALI	24 October, 2022	From 8:00 pm to 10:00 pm
GURPURAB	8 November, 2022	From 4:00 am to 05:00 am From 9:00 pm to 10:00 pm
CHRISTMAS EVE	25-26, December, 2022	From 11:55 pm till 12:30 am
NEW YEAR EVE	31 December of 2022- 01 January 2023	From 11:55 pm till 12:30 am

Advise: Only the green crackers (those free from barium salts or compounds of antimony, lithium, mercury, arsenic, lead or strontium, chromate) are allowed for sale and use in the State. The manufacture, stock, distribution, sale and use of joined fire crackers (series crackers or laries) is not allowed.

HARMFUL EFFECTS OF CRACKERS

- Release of toxic and dangerous Gases: Carbon Monoxide, Oxides of Sulphur Nitrogen and Metals such as Aluminium, Barium, Iron into environment.
- Toxic gases and metals causes cancer, kidney damage, heart attack, genetic mutation and various other diseases.
- Accidents such as damage to eyes, burns to skin etc.
- Fire hazards like burning of property.
- Disturbance to Humans and Animals.
- Noise Pollution.

Regulations for sale and use of fire crackers are placed on Board's Website under following link:

https://ppcb.punjab.gov.in/en/regulations-for-sale-and-use-of-fire-crackers-by-punjab-govt





যুহ্চ जननायक जनता पार्टी की ओर से नजदीक लक्ष्मी क्लॉथ हाउस, नया बाजार, इन्द्री सभी हल्का वासियो 6 ४भा प्रदेश बारिया दीपावली, विश्वकमा दिवस भईयादन की हार्दिक शुभकासन निवेदक : मेहम सिंह राजेपुर (हल्का प्रधान जनपा पार्टी) Shri Prabhu Bikaner **Mishthan Bhandar** Main Bajar Near Devi Mandir Indri सभी प्रदेश वासियों को दीपावली, विश्वकर्मा दिवस व भईयादूज की हार्दिक शुभकामनाएं " ET BIRT

सभी प्रदेश वासियों को दीपावली विश्वकर्मा दिवस व भईयादूज की हार्दिक शुभकामनाएं THE INDRI RICE MILLERS & DEALERS ASSOCIATION INDRI DISTE KARNAL सभी प्रदेश वासियों को दीपावली, विश्वकर्मा दिवस व भईयादूज की हार्दिक शुभकामनाएं राजेश चहल, प्रधान • 98135-65542 अमित गोयल, सुशील गोयल, राजेन्द्र काम्बोज, पवन गोयल नसीब चौधरी, ओमपाल शर्मा, धीरज गोयल, सचिन गोयल र्सतिन्द्र चहल, युगल गोयल, संजीव गोयल, सतीश सरोहा

नई अनाज मंडी, इंद्री (करनाल) ज्वलस सभी प्रदेश वासियों को दीपावली, विश्वकर्मा दिवस व भईयादूज की हार्दिक शुभकामनाएं

रामपाल चहल, हरपाल मढान, बाल कृष्ण लाम्या,जय नारायण शर्मा सुरेश कुमार, निपुण कुमार (हैप्पी),बलविन्द्र शिंह रजकुमार, देवी दत्त कांबोज, कुलदीप सिंह,रतनलाल बंसल गिरधारी लाला भाटिया, जयसिंह कांबोज, सुमेर चन्द कांबोज, नरेन्द्र कुमार

शम सिंह कांबोज

मंडी प्रधान

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मनोज कुन्द्रा, मो. 80536-71519



नगरपालिका इन्द्री द्वारा सभी शहरवासियों से निम्नलिखित अपील की जाती है:- सभी शहरवासी अपने घरों के बाहर गन्दगी न फैलायें, केवल नगरपालिका की घर-१ से कुड़ा लेने वाली गाड़ी में ही कुड़ा डालें। 2- पोलीथीन का प्रयोग ना करें। 3- स्वच्छ सर्वे क्षण-2023 में अपना पूर्ण सहयोग करें। 4- शहर में किसी भी प्रकार के भवन/दुकान का निर्माण करते समय मैटिरियल को सड़क पर न फैलने दें। 5-त्यौहारों के सीजन को मध्यनजर रखते हुए बाजार व भीड़-भाड़ वाले इलाके में वाहन ले जाने से बचें ताकि शहर में जाम की रिथति उत्पन्न ना हो। 6- कोई भी दुकानदार सड़क पर अतिक्रमण ना करें, ताकि जाम की रिथति से बचा जा सके। 7- सभी शहरवासी प्रोप्टी टैक्स समय पर कार्यालय नगरपालिका इन्द्री में जमा करवाएं।

