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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K

Grand inauguration of IGM-2022, as Chief Minister opens Saras Mela amidst chanting of mantras

CHANDIGARH: The International Gita Mahotsav (IGM)-2022 took off to a grand start today after Haryana Chief Minister inaugurated Saras Mela in Kurukshetra.

Addressing devotees the chief minister said that it was a historic occasion for the entire Haryana and the people who have come here to attend this grand festival. Never before has such a wonderful and grand opening of the Saras Mela taken

The chief minister later also met the artists and craftsmen amidst a wonderful confluence of dhol-nagadas, craftsmen and artists. He congratulated and extended best wishes to the people involved in the organising of this event. Thereafter, the Chief Minister

offered flowers on the replica of the Shrimad Bhagavad Gita placed there and inaugurated the IGM-2022 by lighting the traditional lamp.

"Thousands of years ago, on the

land of Kurukshetra, Lord Shri Krishna delivered an immortal message for humanity which is enshrined the holy Bhagavad Gita. The message and teachings preached by Lord Krishna still hold the same relevance as they did then. The message of Gita will be remembered for ages," said Sh. Manohar Lal.

The Chief Minister said that celebrations of IGM-2022 are not limited to Kurukshetra only but this holy

grand festival of Gita has been successfully celebrated at the international level also. Today it again this holy festival has begun with the inauguration Saras Mela

Devotees from spheres to attend IGM-2022

Minister said that devotees from all over the country and abroad will attend IGM-2022. It is expected that in the post- COVID-19 pandemic times, devotees will be reaching in large numbers.

Along with this, artists, craftsmen, artisans and self-help groups different provinces have reached the IGM-2022 to display their skills and products. The Chief Minister said that this time a separate stall has been set up for the handicraft makers of Haryana, which has become a centre of attraction for foreign tourists. Such initiatives certainly provide employment to the local people along with giving a golden opportunity for the tourists to become familiar with Haryana's culture. Foreign tourists from 25 countries are expected to visit the IGM-2022. Passengers of Haryana Roadways to pay 50 percent fare

only The chief minister said that the passengers from 10 districts, travelling to IGM-2022 will get a 50 per cent concession in state transport buses from November 19 to December 6. People coming from Kurukshetra, Karnal, Panipat, Jind, Kaithal, Panchkula, Ambala, Yamunanagar, Sonipat and Rohtak districts have been provided concession in bus fare on reaching Kurukshetra,



Pb CM calls upon people to start a mass movement for writing all the sign boards in Punjabi



AMRITSAR: Reiterating the firm commitment of his government to promote Punjabi language and culture, the Punjab Chief Minister Bhagwant Mann on Saturday exhorted Punjabis to come forward for starting a mass movement for putting all the signboards on the private and public buildings across the state in Punjabi language.

The Chief Minister, while addressing a gathering during a state level function to mark Punjabi language month here at the Guru Nanak Dev University, cited the examples of states like Maharashtra, Tamil Nadu and others where people show lot of respect to their mother tongue by putting all such signboards on their shops and commercial establishments in their native language. He said that the time has come when Punjabis should also come forward for adopting this noble practice. Bhagwant Mann exhorted Punjabis to make sure that all the signboards are put prominently in Punjabi with other languages as a mark of respect to the mother tongue. The Chief Minister said that people should ensure that the signboards in Punjabi are put before International Language Day coming on February 21. He underscored the need for making this a mass movement as a mark of respect to mother tongue. Bhagwant Mann said that the wise Punjabis will adopt this before February 21 and remaining one will be made to toe the line of government after that.

Widening of roads, new roundabouts, beautification are among major projects for Model City Mohali



CHANDIGARH: In a bid to ensure the best civic amenities in SAS Nagar (Mohali), Punjab Housing and Urban Development Minister Mr Aman Arora on Saturday ordered slew of measures aiming at ramping up the road infrastructure and beautification of the model city of Punjab. Chairing a meeting convened on the demand of Local MLA Mr. Kulwant Singh to further improve the road infra and other facilities, Mr Aman Arora asked the GMADA officials to chalk out a plan to remove traffic bottle-necks at congested roads, besides, submitting a detailed survey report to widening/four laning of three roads where problem of traffic congestion is prevalent. The three roads includes Kumbra Chowk (Dividing road chowk of Sector-61/70 and Sector 62/69) to Bawa White House; village Mohali to YPS Chowk; and Sector 62/63/50-51 Chowk to sector 65/48 (Golf Range), he said. The Cabinet Minister also asked the concerned officials to explore the feasibility where new roundabouts can be constructed to smoothen the traffic movement in the city. Special focus should be laid on the beautification of



Haryana extends **Ayushman Bharat Pradhan Mantri** Jan Arogya Yojana to all Antyodaya* families

Chief Guest Sh. Manohar Lal Chief Minister, Haryana

Date: **November 21, 2022** Time: **11:00 am** Venue: Manesar, Gurugram

Expansion of Health Care to Achieve the Goal of Antyodaya

- Families having income up to Rs. 1.80 lakh per annum will be entitled for the benefits.
- About 29 lakh families and more than 1.24 crore individuals will be benefited.
- Claims of more than Rs. 580 Crore disbursed till now.
- Total 715 hospitals empaneled including 176 Government and 539 Private.

Scan QR code to join the programme



Programme will be organised at 29 locations in the State

This facility will start later in District Fatehabad, Palwal, Hisar & Faridabad

🂝 Information, Public Relations & Languages Department, Haryana



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Court Notice

YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

I, hitherto Known as SANDEEP KAUR KHANGURA W/O JASPREET SINGH R/o. Village Leehan, Lihan Bhundri Ludhiana Punjab. have changed my name and Shall hereafter be known as SANDEEP KAUR

I, hitherto Known as NAVJOT KAUR DHALIWAL W/O LAKHVIR SINGH HAYER R/o. Takhan Wadh District Moga Punjab. have changed my name and Shall hereafter be known as NAVJOT KAUR **HAYER**

72737 I, hitherto Known as HARVEER KAUR MAAN D/o PARAMJEET SINGH W/O **GURPREET SINGH GILL** R/o. Kokri Kalan District Moga Punjab. have changed my name and Shall hereafter be known as HARVEER KAUR

I, Hitherto Known As Satya W/O Bhupinder Singh R/o 885-c, Type-1, Hussainpur, Rail Coach Factory, Distt. Kapurthala -144602, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Satwinder

Amandeep Singh S/O Harphool Singh R/O Near Durga Shakti Mandir, Prem Nagar, Kotkapura, Distt. Faridkot -151204 (Pb.) Have Changed My Name From Amandeep Singh To Amandeep Singh Brar. 72778

I, Joginder Singh S/O Chanan Singh R/O Vpo Kakkon Hoshiarpur Have Changed My Name From Joginder Singh To Joginder Singh (Joginder Is My Given Name And Singh Is My Surname) 72778

Sukhpreet Singh Sandhu S/O Surjeet Singh R/O Vpo Kot Fatta Tehsill & District Bathinda, Punjab Have Changed My Name To Sukhpreet Singh I, Manpreet W/O Rajvir R/O Bhadon, Tehsil Shahkot, Distt. Jalandhar Have Changed My Name After Marriage Manpreet To Manpreet Kaur

I Gurlal Chattha son of Bachitar Singh, village Urlana Khurd, Tehsil Madlauda, Distt. Panipat have changed my name from Gurlal Singn to Guriai Chattha.

98732 Lovepreet Sandhu son of Satnam Singh, village Urlana Khurd, Tehsil Madlauda, Distt. Panipat have changed my name from Lovepreet Singh to Lovepreet Sandhu.

98732 I Ashwani Kumar s/o Sh. Chajju Ram R/O , House No.84, Jain Colony, Camp, Yamunanagar that I have changed My Name Ashwani kumar to Ashwani kumar kaushal

100060 I, Ved Prakash S/o Late Sh. Sher Singh R/o Village Unispur Post Office Bairsal, Tehsil Nilokheri, Distt. Karnal Have Changed My Name From Ved Prakash To Ved Parkash. All Concerned Please Note.

100046 I, Mahinder Pal S/o Hari Chand R/o Mandi Road Radaur Distt. Yamunanagar Declare That Mahinder Pal And Mahinder Singh Both Names Are One Person. All

Concerned Please Note. 100046 I, Satvir Singh Joshi S/o Ajit Singh R/o Vpo. Singhpura Teh-Kharar (SAS Nagar, Mohali) changed my name to Satvir

Singh. . Sukhpreet Kaur Mander W/o Navjot Singh R/o Vill: Aloona Miana Po. Aloona Pallah Teh-Payal (Ludhiana) changed my name to Sukhpreet Kaur. 63372

63372

Dhanial.

I, Tarndeep Singh S/o Rajbhinder Singh R/o Phaphre Bhaike (Mansa) changed my name to Tarndeep Singh Sidhu.

I, Ram Singh S/o Gurjant Singh R/o Allowal Teh-Nabha (Patiala) changed my name to Abhi.

I, Kashmir Singh S/o Tarlochan Singh R/o #C/542 Gurbakhash Colony Bela Road (Rupnagar) changed my name to Kashmir Singh Bhangu. 63372

I Ramandeep Kaur Brar W/O Bikram Singh Sidhu R/O Dayalpura Mirza Teh. Phul Distt. Bathinda Have The Changed Mv Name Ramandeep Kaur Brar To Ramandeep Kaur 63372

I, hitherto known as Paramjit S/o Charan Dass R/o Kot Ranjha Teh-Nawanshahr (SBS Nagar) changed my name to Paramjit Singh.

I Monu Singh S/o Suraj Pratap Singh R/o 176 Balli Ka Adda Mirjapur Post-Chet Ganj Mahuaria Mirzapur Uttar Pradesh-231001 have changed my name to Atharva Singh.

63372 I, Jasvir Kaur W/o Harpal Singh R/o Ransia Kalan (Moga) have known by both name Jasvir Kaur and Harjinder Kaur one and the same person.

63372 I, Sita Devi W/O 6346049 Late L NK Hans Raj R/O H No 526, Chugitti By Pass Jalandhar Distt- Jalandhar have changed my name from Sita Devi to Sita Kaushik. Please note.

63372 I, Harnek S/o Mangal Nath R/o Vill: Mahunwal Nakodar (Jalandhar) changed my name to Harnek Banger.

63372 I, Gulshan S/o Sham Lal R/o Moh. Kacha Pakka Vehra Nurmahal (Jalandhar) changed my name to Gulshan Aujla

I, Kirti D/o Ramesh Chander R/o H.No. EQ 221 Pacca Bagh (Jalandhar) changed my name to Kirti

63372 I, Jupinder Singh S/o Chhote Lal R/o # 10767 St No 6 Kartar Basti Bathinda have changed my name to Jupinderpal Singh.

63372 I, Santosh Kumari W/o Vijay Kumar Bansal R/o Daula Gate, Gidderbaha, Distt Sri Muktsar Sahib (Punjab), have changed

my name to Santosh Bansal. 63372 I, Sukhwinder Singh S/o Buta Singh R/o Vill: Sadarpur Po. Baja Chak Teh-Dasuya (Hoshiarpur) changed my name to Sukhwinder Pal Singh.

Manjit Kaur Duley W/O Jagdeep Singh R/O Village Boundal Po Ghungrali Sikhan Tehsil Samrala Distt Ludhiana Have Changed My Name To Me Manjit Kaur.

63372 I Gurjant Singh Deol S/o Jagjiwan Singh R/o VPO Sunet Bhai Randhir Singh Nagar Distt. Ludhiana have a change name to Gurjant Singh.

63372 I, Poonam @ Poonam Bala @ Poonam Rani W/o Jagsir Singh R/o Vpo. Hari Nau (Faridkot) has known by above three names. 63372

I, Manmohan Singh S/o Mohinder Singh R/o Ishwar Nagar Jagraon have changed my name to Manmohan Singh

63372

I. Manmohan Singh Dhanial S/o 63372

Singh Dhanjal

Mohinder Singh R/o Ishwar Nagar Jagraon my minor son Ismeet Singh have changed name to Ismeet Singh Dhanjal. 63372 I. Manjit Kaur W/o Manmohan

Manmohan Singh Dhanjal R/o

Ishwar Nagar Jagraon have

changed my name to Navkaran

63372

Singh Dhanjal R/o Ishwar Nagar Jagraon have changed my name to Manjit Kaur Dhanjal. 63372

I, Jaskaran S/o Rajinder Singh R/o Vill: Sakta Khera distt. Sirsa (Haryana) changed my name to Jaskaran Singh.

63372 I Chanpreet Singh S/O Bharpoor Singh R/O Kothe Lal Singh, Ablu, Distt. Bathinda Have Changed My Name To Chanpreet Singh Brar. 63372

I, Chhind Pal S/o Parkash Ram R/o Vpo. Bhagoran Teh-Nawanshahr (SBS Nagar) changed my name to Shind Pal. 63372

I, Deepak S/o Mahinder Pal R/o H.No.352, Bank Colony, Khanna (Ludhiana) have changed my name to Deepak Kumar.

I, Swaranjeet Kaur W/O Harwinder Singh Sekhon R/O Patti Hammu VPO. Dakha (Ludhiana) Have Changed My Name To Swarnjit Kaur Sekhon.

Ramandeep Kaur W/O Kuljit Singh Sidhu H.N 222 Pal Master Wali Gali Jamal Wala Baghapurana (Moga) Have Changed My Name To Ramandeep Kaur Sidhu.

63372 I Hitherto Known As Bayan Kaur W/O Gurmit Ram, R/O VPO Moron, Teh. Phillaur, Distt. Jalandhar, Punjab (India) Pin Code 144029 Have Changed My Name And Shall Hereafter Be Known As Bhajan Kaur.

63372 I Gurjot Singh S/O Parminder Singh R/O Amargarh (Bathinda) Have Changed His Name Gurjot Singh To Gurjot Singh Brar.

633/2 I Kulwant Singh Muhar S/O Mejor Singh R/O VPO Bajakhana (Faridkot) Have Changed His Name Kulwant Singh Muhar S/O Mejor Singh To Kulwant

Singh S/O Major Singh. 63372 I Kiranjit Kaur Muhar W/O Kulwant Singh R/O VPO Bajakhana (Faridkot) Have Changed His Name Kiranjit Kaur Muhar W/O Kulwant Singh Muhar To Kiranjit Kaur W/O Kulwant

I Kulwant Singh S/O Major Singh R/O VPO Bajakhana (Faridkot) Have Changed His Minor Boy Child Name Navkamal Singh Muhar S/O Kulwant Singh Muhar To Navkamal Singh S/O Kulwant Singh.

Sinah.

63372 I Pirthi Singh Ailas Prithi Singh S/O Jugraj Singh R/O Near Gurudawara Sahib, Maur, Teh. Kotkapura (Faridkot) Am Known By Two Names As Above.

63372 I, Gaurav Kumar S/O Krishan Lal R/O Ward No. 3, Mudki Tehsil And Distt. Ferozepur Have Changed My Name As Gaurv Kumar.

I, Anil Kumar S/o Dharmpal R/o Village Serhada Distt. Kaithal Have Changed My Name From Anil Kumar To Anil (Given Name) Kumar (surname). Concerned Please Note.

84451

I, Navkaran Singh S/o I, Bindu W/o Anil Kumar R/o Village Serhada Distt. Kaithal Have Changed My Name From Bindu To Bindu Rani. Concerned Please Note.

> I, Anil Kumar S/o Dharmpal R/o Village Serhada Distt. Kaithal Have Changed My Minor Son's Name From Garry To Garry Dhull. Concerned Please Note.

> I Lovepreet Suman s/o Hargopal VPO Padrana Tehsil Garhshankar Distt. Hoshiarpur declare that my name is Lovepreet and my surname is Suman.

I, Aanchal W/o Parvesh Puri R/o, H.No 1348/39, Street No 6, Haibowal Khurd Ludhiana have changed my name from Aanchal to Aanchal Puri.

I, Rajender Kumar s/o Sat Pal r/o Budhabar, hoshiarpur, punjab have changed my name from Rajender Kumar to Rajinder Kumar vide affidavit dt 20/01/2022 before EM Hoshiarpur and thereafter be called as Rajinder Kumar

900026 I, Jank Raj s/o Bihari Lal r/o Arthewal, hoshiarpur, punjab have changed my name from Jank Raj to Janak Raj vide affidavit dt 10/02/2022 before notary hoshiarpur and thereafter be called as Janak

900026 I, Vikram Singh S/o Om Prakash R/o VPO Raison, Sub Tehsil Nigdhu, District Karnal that I want to write Vikram in my passport given name and Singh surname.

100070 I, Mukesh s/o Sahab Singh r/o village Dhanaura Jatan, Tehsil Ladwa (Kurukshetra) have changed my name from Mukesh to Mukesh Kumar.

52724 I, Sanjeev Kumar s/o nand lal r/o 88- rose Avenue Kapurthala have changed name of my Minor son of jitesh Kumar to Kumar jitesh all concerned kindly note.

98706 I, Dipanshu S/o Kuldeep Singh R/o Village-Bhoot Majra, Tehsil-Ladwa, Distt.Kurukshetra (HR) have changed my name from Dipanshu to Dipanshu Sohi

I, Mukul Saini S/o Sh. Ramji Lal R/o Village Bari Rasaur, Tehsil Naraingarh, Distt Ambala have changed my name from Mukul to Mukul

78645 I, Harjaspreet Singh S/o Kupinder Singh R/o Khai (Moga) have changed my name Harjaspreet Singh to Harjaspreet Singh Sidhu.

63372 I. Deepika Joshi W/o Sandeep Kumar R/o B-4-252/2 Kayian Mohalla changed my name to Deepika.

I. Amandeep Dhaliwal W/o Gurjatinder Singh R/o Vill: Fatta Khera Po. Middu Khera Teh-Malout (Sri Muktsar Sahib) Punjab, changed my name to Amandeep Kaur. 63372

I, Amandeep Kaur D/o Baldev Singh R/o Gali Fakir Chand Wali Moh. Rodhopura Tarn Taran (Tarn Taran) changed my name from Amandeep Kaur Gill to Amandeep Kaur.

63372 I, Kulvir Kaur Swaich W/o Harinder Singh R/o Dhamot Kalan changed my name to Kulvir Kaur.

I, Kashmir Singh S/o Tarlochan Singh R/o #C/542 Gurbakhash Colony Bela Road (Rupnagar) changed my name to Kashmir Singh Bhangu.

I Ramandeep Kaur Brar W/O Bikram Singh Sidhu R/O Dayalpura Mirza Teh. Phul Distt. Bathinda Have The Changed My Name Ramandeep Kaur Brar To Ramandeep Kaur Sidhu.

63372 I, hitherto known as Paramjit S/o Charan Dass R/o Kot Ranjha Teh-Nawanshahr (SBS Nagar) changed my name to Paramjit Singh.

I Monu Singh S/o Suraj Pratap Singh R/o 176 Balli Ka Adda Mirjapur Post-Chet Ganj Mahuaria Mirzapur Uttar Pradesh-231001 have changed my name to Atharva Singh.

I, Jasvir Kaur W/o Harpal Singh R/o Ransia Kalan (Moga) have known by both name Jasvir Kaur and Harjinder Kaur one and the same person.

Sita Devi W/O 6346049 Late L NK Hans Raj R/O H No 526, Chugitti By Pass Jalandhar Distt-Jalandhar have changed my name from Sita Devi to Sita Kaushik. Please

I, Harnek S/o Mangal Nath R/o Vill: Mahunwal Nakodar (Jalandhar) changed my name to Harnek Banger.

I, Gulshan S/o Sham Lal R/o Moh. Kacha Pakka Vehra Nurmahal (Jalandhar) changed my name to Gulshan Aujla.

I, Kirti D/o Ramesh Chander R/o H.No. EQ 221 Pacca Bagh (Jalandhar) changed my name to Kirti Arora.

63372 I, Jupinder Singh S/o Chhote Lal R/o # 10767 St No 6 Kartar Basti Bathinda have changed my name to Jupinderpal Singh.

I, Jagan Nath S/o Bhagwant Rai R/o 2829 St. No. 1 Near Improvement Office Vishal Nagar Bathinda have changed my name to Jagan Nath Singla.

63372 I, Rajinder Kaur W/O Sukhjinder Singh Sandhu R/O Datta (Moga) Changed Name Rajinder Kaur Sandhu.

63372 I, Navdeep Kaur D/O Sikander Singh R/O Rattian (Moga) Changed Name Navdeep Kaur Khosa.

I Ramesh Rani W/O Sukhwinder Singh R/O Chak Dona Rahime Ke Distt. Ferozepur Have Changed My Name From Ramesh Rani To Ramesh

63372 I Sunita W/O Deepak Bholewasia R/O Near Durga Mandir Mamdot Uttar Distt. Ferozepur Have Changed My Name From Sunita To Radhika.

63372 I, Abdul Sittar S/o Roshan Mohammad R/o VPO Lasoi, Tehsil Amargarh (Malerkotla) have changed my name to Abdul Sitar. 63372 I, Rehana Begum W/o Abdul Sitar R/o VPO Lasoi, Tehsil Amargarh (Malerkotla) have changed my name to Rehana 63372

I Manpreet Kaur W/O Sukhiit Singh R/O Vpo Pandori Distt Ludhiana Have Changed My Name To Kaur Manpreet. I Harwinder Singh S/O Chamkour

Changed My Name To Harvinder I, Mandeep Kumari Sharma W/O Sh. Avtar Singh Patti Lashkari Vpo Bhunder Distt. Bathinda

Change Of Name Mandeep

Singh R/O Village Pona Tehsil

Jagraon Distt Ludhiana Have

63372 I, Inderjit S/o Rattan Singh R/o Vill: Chauhra Po. Dagham Teh-Garhshankar (Hoshiarpur) declare that Inderjit and Inderjit Singh is one and the same

63372 I Charnjeet Kaur W/O Harnek Singh R/O VPO Dod (Faridkot) have changed his Name Charnjeet Kaur to Mahinder

I Lakha Singh S/O Boga SIngh R/O

63372

VPO Gondara (Faridkot) have changed his Name Lakha Singh To Gurbax Singh. I Tejinder Singh S/o Mohinder Singh R/o 347/169-B4D, New Kartar Nagar, Salem Tabri, Ludhiana Declares That I Have Changed My Name From

Tajinder Singh To Tejinder Singh,

Concerned Be Noted

I, Gurpreet Kaur W/O Kulvir Singh Bhaika R/O Tharaj (Moga) Have Changed My Name Gurpreet Kaur Bhaika.

63372 I Nisha W/o Ashwani Kumar R/o H.No. 392 A, Gobind Colony, Sector-11, Kharar, SAS Nagar, Pin: 140301, (Punjab) have changed my name to Nisha Sharma.

100071 Sewa Singh S/o Karnail Singh R/o. AMO Nangal, Patti Sukha Chira, PO Chowdhri Wala, Tehsil Batala Distt Gurdaspur Punjab Have Changed my name to Singh is my Surname and Sewa is my Given Name

72737 I, Yuvraj Singh S/o Rashpal Singh R/o Village Khairdinke, PO. Bahoru, Tehsil & Distt Tarn Taran Have Changed my name Yuvraj as my given name and Singh as my Surname 72737

I Rai Kaur Alias Raibir Kaur Randhawa W/o Kawalbir Singh Randhawa R/o A/1240 ,gali Gagan Video Cinema Wali, Jandiala Road, Tarn Taran, Distt Tarn Taran Have Changed My Name To Rajbir Kaur Randhawa.

72737 I Amandeep Singh Sandhu S/o Bhagwan Singh R/o Vill. Asif Wala Tehsil Zira Distt Ferozepur Have Changed My Name To Amandeep Singh.

I Simratpal Kaur Sandhu W/o Amandeep Singh R/o Vill .asif Wala Tehsil Zira Distt Ferozepur Have Changed My Name To Simratpal Kaur. 72737

I Baljinder Kaur Ailas Lakhwinder Kaur W/o Nishan Singh R/o Vill. Ghasitpura,tehsil Khadur Sahib , Distt Tarn Taran Have Changed My Name To Baljinder Kaur. 72737

I, hitherto Known as KAWALJIT SINGH S/o KASHMIR SINGH R/o. Patti, VTC-Kairon, District Tarn Taran in state of Punjab. have changed my name and Shall hereafter be known as KAWALJIT SINGH DHILLON 72737

I, hitherto Known as KULDIP KAUR W/O BALWINDER SINGH R/o. Village Devidasspura Jandiala R.S Amritsar Punjab. have changed my name and Shall hereafter be known as **KULDEEP KAUR**

I. hitherto Known as AJAY DHAWAN S/o SURAJ NARAIN SINGH R/o.H.No.2257/E-13, Near Baba Karam Singh Gurudwara, Ghanupur, Khandwala Amritsar, Punjab-143105 have changed my name and Shall hereafter be known as AJAY KUMAR

I, hitherto Known as GURSANMAN SINGH S/o HARBHAJAN SINGH R/o. Vill. Nika Thetharke Tehsil Dera baba Nanak Distt Gurdaspur Punjab Punjab. have changed my name and Shall hereafter be known as **GURSANMAAN SINGH**

I Inderjit Kaur W/o Mr. Paramjit Singh R/o H.no. 2483, St.no-12-D Shaheed Karnail Singh Nagar, Gill Road GNE College Ludhiana have changed my name from Inderjeet Kaur to Inderjit Kaur.

Singh R/o H.no. 2483, St.no-12-D Shaheed Karnail Singh Nagar, Gill Road GNE College Ludhiana have changed my name from Parmjeet Singh To Paramjit Singh. 72737

I Paramjit Singh S/o Sh. Gopal

I, Sarbjit S/O Joginder Pal R/O Vill. Satial, P.o. Nara, Distt.hoshiarpur, Punjab Have Changed My Name from Sarbjit To Sarabjit

Hitherto Known As Baldev Ram S/O Balvir Ram At Village Hassan Munda, Po Kartarpur, Distt. Jalandhar - 144801, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Ram Baldev. 72778

I, Hitherto Known As: Gulshan Rani W/O: Nathu Ram Walia. R/O: H.no: 159-ahullwalia Mohalla, Khalwara Gate, Phagwara, Kapurthala -144401 (Punjab) Have Changed My Name And Shall Hereafter Be Known As:

I Manreet D/O Kulwinder Singh R/O Vill. Sherpur P.o. Nainowal Jattan District Hoshiarpur (Punjab) Have Changed My Name From Manreet To Manreet Kaur.

I. Gurmit Singh S/O Gurmail Singh R/O Vpo Talhan, Jalandhar Punjab-144101 Have Changed My Name From Gurmit Singh To Singh Gurmit.

I, Amardeep Kaur W/O Gurmit

Singh R/O Vpo Talhan, Jalandhar Punjab-144101 Have Changed My Name From Amardeep Kaur To Kaur Amardeep 72778 I, Gurmit Singh S/O Gurmail Singh R/O Vpo Talhan, Jalandhar Punjab-144101 Have

Changed The Name Of My Minor

Daughter Paramvir Kaur Aged 8

Years And He Shall Hereafter Be

Known As Kaur Paramvir 72778 I, Baldev Bhatt Alais Subash S/o Puran Chamd Bhatt R/o Ward No. 10, Pundri Tehsil Pundri Distt. Kaithal Declares That Baldev Bhatt & Subash Both Are My Names. I Known By Both Names. Concerned Please Note.

84451 I, Urvashi W/o Rakesh Kumar R/o House No - Dk 816, Near Shastri Market, Ward No 10, Santputra Mohalla Kaithal, Tehsil And District Kaithal, Have Changed My Name From Urvashi To Usha Rani. Concerned Please Note. 84451

I, Darya Singh S/o Jeet Ram R/o 371 , Village Budha Khera District Kaithal Have Changed My Name From Darya Singh To Dariya Singh. Concerned Please Note.

I Ghan Shyam Dass son of Diwan Chand, Ward 9, Sita Shyam Colony, Safidon, Tehsil Safidon, Distt. Jind have changed name of my daughter from Ruhani to Ruhani Bhatia. 98732 I, RANJANA W/o Ravi Singh,

84451

R/o Village Talwara Gujjran,PO Kaunterpur, Tehsil & Distt Pathankot, Punjab Declare that mine name has been wrongly written as RANJANA KATTAL in school record our minor Son ISHANT KATTAL. While both names RANJANA and RANJANA KATTAL pertains to one and the same person lady 400014

I. Shiksha Devi w/o Avtar Singh R/O Vill Tatka, PO Bodla, Teh Ladwa, Distt Kurukshetra. I declare that I have changed my name from Siksha Devi to Shiksha Devi. Also correct my name in my husband Passport. 100074

I Army No. 2478786 NK Sukhdev Singh S/o. Harbhajan Singh, V.P.O. Timmowal (Amritsar) declare that name of my Son is mentioned in my Service Documents as SURAJ, which is wrong, So Correct name is my Son is SURAJ SINGH.Concerned note.

I JC-333381L, Sub Maj/JE(Civil) Balraj Singh S/o Rajinder Singh R/o Garrison Engineer(Project) Bathinda declare that in my service record my mother name mentioned is Gurjit Kaur it is incorrect but my mother correct name is Surinder Kaur

100078 I. Gurbax Singh S/o Sh. Bikkar Singh R/o H.no-5781, Nicholson Road, Near Hotel Ashoka Regency, Ambala Cantt have changed my daughter,s name from Jasmeet Dhillon to Jasmeet Kaur.

78645 I, Malkiat Singh S/o Lal Ji Ram Residing at 743 Near Singh Sabha Gurudwara, Dakoha, Jalandhar Correct father name of my daughter Prabhjot Kaur is Malkiat Singh instead of Malkit Singh.

I, Balbir Singh S/o Bhagwan Dass R/o village Mohri-Jagir Tehsil Nilokheri (Karnal) that I have changed my name from Balveer to Balbir Singh. In future I may be known as Balbir Singh.

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CHANDIGARH : Zee TV's popular fiction offering, Pyaar Ka Pehla Naam Radha Mohan, is a mature romance based in modern-day Vrindavan. It captures the story of Mohan (Shabir Ahluwalia), who was once an effortless and easy-going charmer with women swooning around him. However, he has somehow lost that smile along the way and is, today, an intense, brooding man. On the other hand, Radha (Neeharika Roy) is a spiritual and optimistic girl on a mission to bring back Mohan's smile. The audiences who love Radha and Mohan's chemistry are in for some nail-biting action-packed drama in the upcoming episodes

In the recent episodes, viewers got to witness how smartly Mohan, Radha, and Kadambari (Swati Shah) saved all the kids from the bus with a bomb that Damini had planted. However, right after the rescue Mohan got injured and has been in an unconscious state in the hospital. Taking advantage of this situation Damini (Sambhabana Mohanty) is planning on marrying Mohan in the hospital itself. To stop the marriage, Radha will be seen entering the hospital with Gungun (Reeza Choudhary) just like Aamir Khan from the film '3 Idiots'. Neeharika Roy, mentioned, "This is the first time I rode a scooty in my life, I never thought I needed to learn one but because it was the scene's demand, I learnt it a little bit. I was extremely scared to shoot for the sequence not because I have never ridden one

NEWS

YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

Canara Robeco Mutual Fund launches Canara Robeco Mid Cap Fund NFO

JALANDHAR: Canara Robeco Mutual Fund, one of the leading asset management companies in India, today announced the launch of Canara Robeco Mid Cap Fund, an open-ended equity scheme which would predominantly invest in equity and equity-related instruments of mid cap companies, with the objective of generating capital appreciation over a longer term of five years and above. Canara Robeco Mid Cap Fund's New Fund Offer (NFO) opens today, November 11, 2022, and closes on Friday, November 25, 2022. As a fund house, while Canara Robeco Mutual Fund's ethos is to invest in robust growth-oriented businesses, with competent management and a reasonable valuation, Canara Robeco Mid Cap Fund aims to invest in mid cap companies that are at the confluence of industry growth, company growth and management pedigree.

Speaking on the occasion, Mr. Rajnish Narula, MD & CEO, said: "Canara Robeco Mid Cap Fund would offer an attractive opportu-

nity to create wealth over the long term through both the lumpsum and SIP mode of investment. Mutual Fund investors who are comfortable displaying patience to ride market volatility, keeping an investment horizon of over five years, may benefit from risk ad-

A saree affair: Kamna Pathak's love for the nine yards!

CHANDIGARH: Sarees are undoubtedly one of the most elegant and stylish traditional Indian attire that can be worn for any occasion. And that's precisely why classic and fusion drapes find a place in every woman's wardrobe. Speaking of which, actor Kamna Pathak, aka Rajesh Singh from the immensely popular &TV's gharelu comedy Happu Ki Ultan Paltan, is obsessed with the nine yards and has a huge collection of all types of sarees. The actor enjoys wearing them during the shoot and can be spotted in a saree when not shooting. Her love for sarees goes beyond daily wear, with her collection comprising all traditional and fusion sarees from different parts of the county. Shopping for a saree is a must-do on her domestic

Talking about her love for the nine yards, Kamna Pathak, essaying Rajesh's character in &TV's Happu Ki Ultan Paltan, says, "Rightly said that a saree can never go out of fashion and is a must-have clothing in one's wardrobe. It is one attire that makes every woman look elegant and attractive, regardless of size or shape. Whether get-togethers, parties, formal events, or traditional ceremonies, a saree can be the best choice to make a style statement. It



is one attire that has never become obsolete and has only evolved with time. Sarees have always been one of my favourite garments and first love! I fell in love with them at a very young age. My mom used to drape a dupatta as a saree, and I would keep admiring myself in the mirror all day long (laughs). My family made good fun of me back then. My love for the nine yards grew as I grew up, and I started wearing sarees more often. And

when I started earning, I started collecting sarees. Soon enough, as I began travelling, I started collecting authentic traditional drapes popular in the cities I was visiting. Over time, I have collected different types of sarees and have created a separate space to store them. Recently, I visited Gwalior for Navratri and then Varanasi for Dev Deep-

Apart from visiting various ghats, witnessing Dev Deepavali

celebrations and gorging on local street food, shopping for a saree was one of my top priorities. So I picked up not one but 5 Banarasi sarees! Collecting sarees from various cities has become a ritual now. If I don't get to do that, I feel my trip is incomplete (laughs).'

Elaborating on her favourite celebrities in sarees, Kamna shares, "Rekha Ji is hands-down India's style icon for sarees. Her sheer individualism and elegance in her style statement always attract attention whenever she makes an appearance. She has an impeccable sense of style that continues to inspire generation after generation. Interestingly, I recently picked up one red saree inspired by Rekha Ji's Kanjeevaram in Varanasi. The shopkeeper told me that many shoppers came asking for Rekha Ji's various saree looks and many women eyed the red saree I bought, but I was destined to buy it! My other favourite saree-style icon is Vidya Balan, who has a distinct fashion sense, both conventional and off-beat. I must add that I also adore my character, Rajjo's saree look in Happu Ki Ultan Paltan. Her wardrobe has sarees in vibrant hues with traditional work. While some may complain that daily saree wear can be daunting, especially on the

Trading Master Launches automated Al driven Bot for all trading needs

PAGE

CHANDIGARH: Trading Master has recently announced the launch of Master Bot, an AI-enabled Bot that can help traders solicit Buy & Sell signals across stock market automatically.

Master Bot is a prudent step towards democratizing financial services and bringing automation and artificial intelligence to help customers maximize their investments. It is designed to give traders an opportunity to gain market knowledge and learn steeply alongside containing the downside risk of price volatility.

The Trading Master platform is a tech-enabled financial service provider that offers numerous cutting- edge trading strategies through an intuitive user

interface. Through its proprietary Master Bot, it is set to give beginners get used to the laurels of automated trading. 'Our user-friendly bot allows users to trade stock auto-

matically. Market opportunities are often missed out by traders during rest periods which can result in suboptimal portfolio performance. The Master Bot will help to fill the gap and help users to grow their income," said Mr. Vinod Dhama, the founder of Master Bot. Master Bot software is based on proven strategies and al-

gorithms, encompassing moving averages and indices as well other actionable indicators and signals. The Bot automates the buying and selling of stocks when the price reaches a preset level. When the price passes the entry point it sells, while when it dips lower it buys.

Automatically buying low and selling higher enables users to leverage price volatility and reap higher benefits without actively managing their positions. In addition, Master Bot allows users to set parameters based on short, long and neutral posi-

"I would like to take care of your education going forward", says Neeti Mohan to contestant Harsh on Sa Re Ga Ma Pa Li'l Champs

CHANDIGARH : Zee TV's Sa Re Ga Ma Pa is the longest-running singing reality show format that has been ruling the hearts of audiences for almost 3 decades. After introducing the world to talented powerhouses like Shreya Ghoshal, Shekhar Ravijani, Kunal Ganjawala, Sugandha Mishra, Kamal Khan, Raja Hasan, and Vaishali Mhade who have carved a name for themselves in the industry, Zee TV is giving some exceptional young singing prodigies a chance to shine on the grandest stage once again with the 9th season of Sa Re Ga Ma Pa Li'l Champs. This season viewers are getting to watch a fresh panel of judges including Shankar Mahadevan, Anu Malik, and Neeti Mohan guide the young singing sensation with Bharti Singh entertaining one and all as the host.

With the top 13 contestants mesmerizing one and all with their fantastic performances, this weekend, viewers are in for a treat with legendary music composer – Pyarelal Sharma and his wife Sunila Sharma will be seen gracing the special episode - 'MD Rafi Night'. While all the contestants gave it their best, it was contestant Harsh Sikander's performance that won everyone's hearts. Right before Harsh's performance, contestant Harmeher's father shared how kind Harsh is. He revealed that whatever money he receives as blessings from the jury members after his performance, he requests him to send it all to his mother so that the money can help her with the household expenses. Listening to this, Neeti Mohan got emotional about how mature Harsh is for his age to take responsibility of his house and decide to do this for him!

Neeti Mohan said, "Since the day I



met you, you've made a special place for yourself in my heart. I want to be in touch with you all my life, no matter how old you are or how famous you become in the future. I would like to take care of your education going forward, your studies, your music, your clothes, and your toys. Everything will come to you from Neeti Didi."

She further added, "I have learnt from Harsh that even if you don't have anything in life, you should still have a big heart and give it to others. God will give it to me, and I will give it to him."

Well, isn't this one of the sweetest gestures by Neeti Mohan!

To witness more such special moments and all the wonderful performances by the young singing prodigies, stay tuned to Sa Re Ga Ma Pa Li'l Champs, every Saturday and Sunday at 9 pm, only



Punjab Government led by

Chief Minister

Bhagwant Mann

greets people of the State on the

Birth Anniversary

BHAI SAHIB SINGH

One of the 'Panj Piaras' (Beloved Ones) of

Dasmesh Pita

SRI GURU GOBIND SINGH JI

Department of Information & Public Relations, Punjab

Mayur Lad: "Bala's character is a shade of grey. He has a kind heart, but his ways and means are wrong. Playing that layered character is a challenge I love to face daily."

CHANDIGARH: Actor Mayur Lad, who essays Bala in &TV's popular show Ék Mahanayak – Dr B.R. Ambedkar, has come a long way in his acting career and is thoroughly enjoying this phase of his life. Mayur, who has been a part of films and television, talks about his journey in the entertainment industry and how his current show became a watershed moment in his career

1. How did you bag the role of Bala in Ek Mahanayak - Dr B.R. Ambedkar? Jagannath Nivangune Ji, who

plays Bhimrao's father, Ramji, in the show, introduced me to the makers of Ek Mahanayak - Dr B.R. Ambedkar. I have known him for many years, and we have worked on several assignments together. I am grateful to him to have guided me to this wonderful opportunity. One night, he told me that the makers were looking for an actor to essay Bala's character and that I must audition. Immediately, I sent my audition video, and the next day I received a call from the production team. Rest, as they say, is history. Bala's character is quite popular with the audience. So, I can say I ended up being at the right place at the right time with the right opportunity. It has been quite a learning

2. Tell us about Bala's character. I essay Bala Ram, the elder brother of Dr BR Ambedkar. Bala's character is a shade of grey. He has a kind heart, but his ways and means are wrong. Playing that layered character is a challenge I love to face daily. I had to do a lot of homework to prepare for the role. One had to

study the character in depth and its personality



lot to understand his character's nuances and work accordingly.

4. Apart from Atharva, who are you closest to on the sets?

Everyone on the set is like family to me. Be it our director, all my co-actors and the entire crew. Even though I am one of the last entrants in the show, the warmth and support have been very encouraging. As I mentioned before, I have known Jagannath Nivangune Ji for over a decade, and he has always supported me greatly. He has been a friend, mentor and guide. His advice and suggestions have greatly helped me, and I look up to him.

5. How did your acting journey start? Acting has always fascinated me. I used to actively participate in school plays. However, coming from a middle-class family with no connections in the entertainment industry, I had never imagined getting a breakthrough. It was always a dream to see myself on screen someday. Í came from a humble background and used to sell firecrackers during my college



YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

Editorial

Rajiv killers' release: Govt plea raises key questions

The Union government moving the Supreme Court seeking a review of its November 11 order releasing all six remaining convicts undergoing life imprisonment for the assassination of former Prime Minister Rajiv Gandhi is sure to spark serious discussions on certain constitutional and administrative topics.

The apex court has made use of two constitutional provisions while ordering the release of all the seven convicts. One is Article 161, which says the governor of a state shall have the power to grant pardons, reprieves, respites or remissions of punishment or to suspend, remit or commute the sentence of any person convicted of any offence against any law relating to a matter to which the executive power of the state extends. Since the governor acts on the aid and advice of the council of ministers, the court has cited the September 9, 2018, decision of the Tamil Nadu Cabinet to grant pardon to all the convicts who were serving their sentence then. The court also invoked its rarely used plenary power under Article 142 which empowers it to "pass such decree or make such order as is necessary for doing complete justice in any cause or matter pending before it".

The court also cited the good character of the convicts during their long duration of their sentence, the academic pursuits they made and the earlier decision of the apex court to release A.G. Perarivalan, the youth who had not participated directly in the assassination, under

similar provisions.

The Union government's primary contention that it was not heard before the court decided the case which is about the assassination of a former Prime Minister of the country. It has said the petitioners did not implead the Union of India as a party and it is a procedural lapse.

The most important of the contentions is that four of the six convicts who have been granted remission are Sri Lankan nationals. Granting remission to a terrorist of foreign nation, who was duly convicted in accordance with the law of the land for assassinating the former Prime Minister, is a matter which has international ram-

ifications and, therefore, falls squarely within the sovereign powers of the Union of India, it has said.

The Supreme Court had disapproved of the action of the Tamil Nadu governor forwarding to the President the recommendation of the state council of ministers to particle President don Perarivalan. It found no reason nor the source of the governor's power backed by the Constitution to refer a recommendation made by the state Cabinet to the President, and termed his action as "contrary to the constitu-

Climate change crisis is deepening inequalities

The climate change crisis is deepening inequalities, making the vulnerable more so, not only across countries but also within countries. This should be blindingly obvious to anyone who has been following discussions around climate change. But the fact that it needs to be spelt out explicitly, yet again, in mega meets such as COP 27 at Sharm el-Sheikh tells you a lot about the enormity of the challenges

As climate justice expert Yamide Dagnet pointed out in a recent interview to Inter-Press Service, a global news agency: "Unfortunately, inequalities in the world (and) within each country will be exacerbated because of climate change. The impact of climate change will affect the most vulnerable populations from class and gender, with inter-generational impact and from a race point of view. All aspects of inequality will be amplified."

We all know that deadly heatwaves, floods, storms, droughts, wildfires and so on, or what scientists call "ex-treme weather events" have become more erratic and more frequent globally. Their impact, however, has not been uniform. The worst-affected are the poor and those living on the margins. What does this mean for India, which has



a largely young population, a deeply iniquitous socio-economic fabric, and which is the seventh most vulnerable country with respect to climate extremes?

Take extreme heat, as an illustration. Globally, heat-waves kill nearly half a million people a year. The number by itself, however, tells you only a part of the story.

A new report by Unicef, the UN's children's agency, points out the danger that extreme heat poses to children. Children, the report points out, are affected by heat in two broad ways -- risks to health and well-being, and social and educational risks. Child exposure to extreme high temperatures was highest in Africa and Asia in 2020 and

will also be highest in these two regions by 2050. It says that by 2050, millions more children across every region in the world will have to face more extreme high temperatures and more frequent, longer lasting, and more severe heatwaves. it notes.

Currently, 23 countries fall into the highest category for child exposure to extreme high temperatures. This, says Unicef, will rise to 33 countries by 2050 under the low emissions scenario and 36 countries under the very high emissions scenario. India is among the countries which are expected to remain in the highest category in both scenarios. The others are Burkina Faso, Chad, Mali, Niger, Sudan, Iraq, Saudi Arabia and

Pakistan. Unsurprisingly, "the most

disadvantaged are the most at risk", as the report points out. "Children from the poorest communities from the poorest countries face the greatest risks from heatwaves and yet receive the least support. They often lack access to coping mechanisms that could offer protection such as air conditioning, shelter, water for hydration and healthcare for treatment." Clearly, in India's cities and villages, children who come from better-off families that can afford airconditioners or air coolers are better-insulated from heatwaves than those whose par-

ents eke out a living.
At Sharm el-Sheikh, a fact sheet released by Natural

Resources Defence Council (India) pointed out that during the summer of 2022, India experienced weeks of searing heat that "were made at least 30 times more likely because of planet-warming green-house gas pollution from burning fossil fuels".

Unpacked, this points to the dangers of more premature deaths and a dip in productivity. According to a 2019 study by the International Labour Organisation, heat stress is projected to reduce total working hours worldwide by 2.2 per cent and global GDP by \$2,400 billion in 2030. In absolute terms, India is expected to lose the equiva-lent of 34 million full-time jobs in 2030 as a result of heat stress.

Keep in mind that most Indians work in the informal sector, without social safety nets. The impact in India is likely to be felt mostly in the agricultural sector, also the construction sector, where heat stress affects both male and female workers.

What is being done? How seriously are we taking the looming challenges triggered by climate change?

We have begun thinking about these issues; work has begun. But a lot more needs to be done, given that millions in this country are severely exposed to heat and work in precarious conditions. In the Indian context, affordability must be key. And context mat-

Some experts are advo-cating a "heat vulnerability in-dex" which factors in landscape, demography, and socio-economic factors.

India's demand for air conditioning is expected to surge hugely to help counter worsening heat, but clearly everyone in this country will not be able to afford air-conditioners, nor live and work only in air-conditioned surroundings. If the rise in demand for cooling energy is met by electricity supplied mostly by burning fossil fuels, it can aggravate the climate change crisis. Ahmedabad, which developed the country's first Heat Action Plan (HAP) in 2013, offers insights into what can be done. A key into what can be done. A key component of the HAP is a Cool Roof programme using light-coloured roofing material which can reflect the sun's

Many Indian cities have followed the Ahmedabad example but the effectiveness of HAPs varies. Given the differential impacts of heatwaves and other climate change-fuelled extreme weather events, there can't be one uniform solution. Significantly, we do not yet have easily accessible hard data on how heatwaves are impacting different segments of the population.

Literature & Health

What is that awful smell?

us, the bad smell from their mouth is enough to wake the dead. Even a child can have terrible halitosis or mouth odour. Yet, paradoxically, it is the people he or she is speaking to — the ones who don't have halitosis — who feel self-conscious about averting their faces or stepping back. They have a fear of offending

Do you have bad breath? Check it breathe into it. Smell your breath. Lick the back of your hand, wait for the saliva to dry and smell the hand. Is it foul?

Mouthwashes, rinses and special toothpastes fly off grocery store shelves as people try to "cure" their mouth odour. This is a futile exercise as the odour returns within an hour or so unless the underlying, precipitating cause is removed. Alcohol-based mouthwashes dry the mouth and worsen the odour.

Halitosis can originate in the mouth itself. There may be poor dental hygiene and teeth with caries or cavities. Food particles get trapped in these and emit a foul odour as they degenerate and become infected. With increasing age, the teeth may splay out and gaps may form between them, trapping food particles. The teeth may become loose, leading to swollen, infected, painful, malodorous

Dental check-ups should be done twice a year to fix these minor problems. Scaling and cleaning should also be done if needed. Sinusitis, post-nasal drip, polyps in the nose, tonsillitis and infected adenoids can cause the mouth to smell. Sometimes the tonsils have crypts (little depressions) which get filled with food



spots, which do not disappear even after rinsing the mouth. The tongue can be coated and contribute towards the odour.

Avoid vapourising mosquito repellents, agarbattis and room fresheners. This will help prevent allergic polyps in the nose. Use saline or non-absorbable steroid like fluticasone nose drops. Inhale steam three times a day to clear the pas-

Tonsillectomy can be considered along with adenoidectomy in children, if, in addition to the bad breath, more than seven infections occur in a year, there is breathing difficulty or recurrent ear infections. In adults, uncontrollable halitosis is an indication for tonsillectomy.

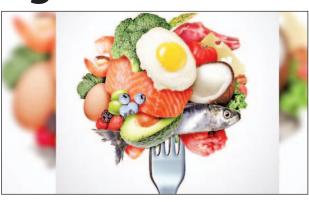
Children stuff all kinds of objects into their noses. It may be small stones, peas, peanuts, chalk pieces or erasers. The parents may not even notice it. This may lead to foul-smelling nasal discharge and halitosis. At any age, cancer of the nasopharynx or in the throat or oesophagus can cause a foul smell. There may be a bloodstained discharge as well. Lymph nodes may be enlarged, providing a clue to the

Choke the carbs: The ketogenic diet

The diet is hailed as a "weight-loss wonder" which apparently reduces hunger, controls diabetes, treats epilepsy, manages high blood pressure and in the body.

The ketogenic or keto diet — low on carbs with little protein but high on fat — is one of the fad diets in the West and many westernised youth in India swear by it. Although the exact ratio of its constituents is a debatable issue, in general the intake of 70-80 per cent fat, 5-10 per cent carbohydrate and 10-20 per cent protein is considered a keto diet.

Dr Asish Chaudhuri is an aging research scientist who works as a consultant for US pharmaceutical firms. Previously, he was a senior scientist at the Buck Institute for Research on Aging in California in the US, where he and his colleagues discovered a unique mechanism of the keto diet. He says, "Our findings indicate that one of the key components of the keto diet is beta hydroxybutyrate (BHB), which acts like a vacuum cleaner, removing soluble



toxic proteins (considered causative elements for neurodegeneration) that roam around your body as you get old." The diet resets how our body uses food. Usually carbs (such as staple starch food) provide most of the energy to keep us moving or working. But as we age, we move or work less and can't burn the carbs that eventually lead to obesity, diabetes, hypertension and several other disor-

The keto diet lowers the amount of carbs you eat and teaches the body to burn fat for its energy requirement. This process is called ketosis as the body makes things

called ketones, which it can use as fuel. According to Chaudhuri, BHB is the key fasting fuel as it provides a kev metabolite called Acetvl CoA — a versatile bio molecule involved in carbohydrate, protein and lipid metab-

This molecule finally gets converted to adenosine triphosphate or ATP, the source of energy for use and storage at the cellular level, through a metabolic cycle called tricarboxylic (TCA) cycle. "As BHB helps skip multiple steps of energy conversion in the body, it's called the fasting fuel," adds Chaudhuri.

POEMS

Chain Of Pearls

Mother, I shall weave a chain of pearls for thy neck with my tears of sorrow. The stars have wrought their anklets of light to deck thy feet, but mine will hang upon thy breast. Wealth and fame come from thee and it is for thee to give or to withhold them. But this my sorabsolutely is mine own.

Hedgie, Modi and FTA: Why desperate UK needs a deal...

"The autumnal breeze assails the trees Soon it will be winter which promises a freeze – The days make us older, this relentless time Oh Bachchoo don't suffer From the shortage of a rhyme!

From Dill lagi Ki Dillagi, by Bachchoo edgie Sunak talks to Narendraji at the G-20 summit in Bali. They discuss a possible trade agreement by first talking about visas allowing Indian citizens entry into the UK for work



and study. Hedgie is, as Liz Truss, BoJo and all other ing trade agreements in the Brexiteers, desperate to allevirest of the world. It's a mirage. ate the economic crisis that At G-20 Hedgie spoke to Joe

made of such a deal. President Biden and President Barack Obama before him were very clear that Britain outside the European Union will have to await its turn for a favourable trade agreement. In fact, phrases such as "back of the queue" were thrown about.

Biden and no mention was

The spanner in the works of Liz Truss' attempt to broker this deal was thrown by her home secretary, Suella "Čruella" Braverman. This nasty piece of work, pandering to the racist right of the Tories, had declared that Indians were not welcome here as they were notorious for overstaying their visas. The Indian government was not amused. Now, Hedgie is desperate not only for the trade deal but also to get over the labour shortages -- in the National Health Service, short by the tens of thousands of doctors, nurses and care workers; in scientific research; and in the hospitality, transport and building industries. His government desperately

boasts that the UK is experiencing the lowest number of people registered as unemployed.

And yet there are, paradoxically today, 5.3 million individuals claiming welfare benefits. These are people reluctant to work in the sectors short of labour on the wages that these sectors offer.

Statistics can be seen, as Cruella suggested in one of her outbursts, as proving that a chunk of the British workforce is lazy, exploitative and con-

tent to live on state handouts. This is right-wing Tory tosh, and a cover for the mess they have created of the British economy. It's the wounded cry of Brexiteers who have chased away the Europeans who filled the gaps we now experience in the British workforce, both professional and bluecollar.

Hedgie will, when he returns to the UK from G-20 in Bali, undoubtedly tell the nation that visas will be given to the skilled Indian doctors and

scientists who can fill the NHS vacancies. Will he mention nurses and unskilled labour -- the sort that goes to the Middle East to fill labour shortages for ambitious buildings in, say, Qatar? Hedgie reemployed Cruella as home secretary precisely six days after she had been forced to resign for a breach of the ministerial code when she leaked confidential documents to the wrong people from her private e-mail address and claimed it was a "mistake"

Mother flings 2 toddlers in reservoir, kills self in K'taka

money in thousands and afterwards

in lakhs promising that she would

give it back to him in one shot.

BELAGAVI (KARNATAKA): A woman killed her two children by throwing them into a reservoir before ending her life in the district, police said on Saturday. The deceased have been identified as 32-year-old Tanuja Parasappa Godi, her children four-year-old Sudeep and three-yearold Radhika. According to police, the bodies were fished out from the water on Friday midnight and sent to

NEWS

YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

Infiltration bid in LoC foiled, one terrorist killed

JAMMU: The army foiled an infiltration bid on the Line of Control (LoC) in Jammu and Kashmir's Rajouri district on Saturday in which one terrorist was killed, defence sources said. The sources said that terrorists attempted to infiltrate into the Indian side in Kalal area of Nowshera sector. "Alert troops of the army foiled the infiltration bid. One terrorist has been killed in this operation which is still going



PAGE

Govt not launching projects aiming polls, working 24 hrs for development: PM

ITANAGAR, NOV 19

Prime Minister Narendra Modi on Saturday said that his NDA government is not launching projects with an eye on the elections, but is working round the clock for the country's development. Lambasting critics and asking them to change their old mindset, Modi said without knowing the details, the "commentators" commented on the government's works and policies. While inaugurating the 'Donyi Polo' Greenfield airport in Itanagar and dedicating the 600 MW Kameng Hydro Power project to the nation, the Prime Minister said that since independence, the northeast has been the most backward region. The overall change of the area began when Atal Bihari Vajpayee became the Prime Minister and created a separate ministry (Development of North Eastern Region) for the region's all round development. "A fresh momentum started after 2014. The Northeast region is now not



far away from New Delhi. The remote or the last village of the region is considered as the first village of the country," he said.

Saying that "our dream is for the welfare of the mother India ", Modi said that his government has been working hard to take the country forward by laying equal emphasis on all the spheres. He said that the primary objective of the present government is for the all round development of the country. "Culture to agriculture, commerce to connectivity, trade and tourism, telecom to textiles, drone technology to agricultural technology, every aspect is being provided top priorities. For constructing the longest rail route or bridge and big highways, the northeast region has been accorded the highest priority

Since India's independence and till 2014, there were only nine airports in the northeastern region and the present

constructed seven more making easy air connectivity between the region and the rest of the world. In his around 24 minute speech in Hindi, Modi said that bamboo has always been part of the life, culture and economy of the people of the region and now many bamboo products have become very popular across the country. The central government has now made the easy use of the bamboo amending the British enacted bamboo act, the Prime Minister said. He said that Rs 50,000 crore would be invested for development of highways in Arunachal Pradesh.

Noting that the people of Arunachal Pradesh always remain cheerful without any depression, the Prime Minister said that while developing the border villages of the state under the "Vibrant Border Village Project", young people living in the villages along the border are being encouraged to join the NCC and then they would get a good scope to join the military to serve the "Mother India".

Gujarat Assembly polls: Drugs valued at over Rs 61 crore seized



GANDHINAGAR, NOV 19

The Election Commission's static surveillance teams and local police have seized 817 kilograms of drugs valued at over Rs 61 crore 57,05,184 and registered 29 cases in this connection since the notification for the Gujarat Assembly polls was issued on November 3.

State Chief Electoral Officer P Bharathi told mediapersons on Friday evening that under the Arms Act, 51 illegal weapons

Kamal Nath terms Hindu insult

allegations against him 'baseless'

and 274 illegal ammunition were also seized There are 55,640 weapon

license holders in the state, of which 54,373 have deposited their weapons with the local police station or headquarters. Police have filed 1,704 cases

under the Prohibition Act against 17,789 people and liquor worth Rs 9 lakh has been seized. Flying squads in different cases have seized Rs 2.02.42.490 cash and ornaments worth Rs 10

Rajasthan court sentences 30 convicts to life imprisonment in Phool Mohammad murder case

NEW DELHI, NOV 19

A Special CBI court in Rajasthan on Friday sentenced 30 convicts to life imprisonment with fine between Rs 2000 to Rs 50,000 in a case related to murder of Phool Mohammed Khan, then SHO of Mantown Police Station in Sawai Madhopur (Rajasthan) and other offences in 2011. The Additional Sessions Judge, Sawai Madhopur awarded life term to Mahendra Singh Tanwar alias Mahender Singh Kalbeliya, the then deputy SP Sawai Madhopur Radheshyam Mali Madhopur, Radheshyam Mali, Parmanand Meena, Ballo alias Bablu Mali, Prithviraj Meena, Ramcharan Meena, Chiranjilal Mali, Sher Singh Meena, Harji Mali, Ramesh Meena, Kalu, Bajranga Khatik, Murari Meena, Chaturbhuj Meena, Banwari Meena, Ramkaran Meena, Hansraj Mali,



Shankar Lal Mali, Banwari Meena, Dharmendra Meena, Guman Meena, Yogendra Nath, Brijesh Mali, Hanuman alias Daga, Ramjilal, Makhan Meena, Rambharosi Meena, Mohan, Mukesh and Shyamlal Mali.

The CBI had registered the instant case in 2011 on the request of Rajasthan government and taken over the investigation of the case earlier registered with the state police.

During communal riot in the area, the SHO Phool Mohammad got injured and thus took refuse in his official vehicle. However, this vehicle was burnt by the riotous mob, wherein Phool Mohammad got burnt alive.

After the incident, local police registered a case at Man Town Police Station, Sawai Madhopur in 2011 against 21 accused and unknown others under relevant sections of IPC and Prevention of Damage to public property act 1984 and immediately the case was transferred to CID Rajasthan.

After initial investigation, the CID Rajasthan filed a charge sheet against 19 accused. Later on the case was transferred to the CBI. After investigation, the CBI filed a supplementary chargesheet against 89 accused including two juveniles, police

BHOPAL, NOV 19

Former Chief Minister and Madhya Pradesh Congress (MPCC) Committee president Kamal Nath has said that he is not the kind of person "who wastes his countering on baseless allegations".

Nath, who on Friday completed 76 years of age, was responding to BJP's accusations against him of insulting Hindu religion. drew courted controversy after he cut a "temple-shaped cake with the portrait of Lord Hanuman on it" during a ceremony at his home town in Chhindwara on Thursday.



Born on November 18, 1946, Nath- the 'Doon school buddy' of Sanjay Gandhi, joined the Youth Congress in the 1970s and since then his political journey continues, and with his restless efforts at this age has once again energised the entire Madhya Pradesh Congress for a heated assembly elections in November 2023. A Commerce graduate

from the St. Xavier's College, Kolkata, in 2012 Nath had replaced Pranab Mukherjee to help the United Progressive Alliance (UPA) government win a crucial debate on foreign direct investment in India (FDI).

For Nath, former Prime Minister (late) Indira Gandhi had dropped sitting MP Gargi Shankar Mishra, who had survived the Janata wave. Since then, the Kanpur-born Nath made Chhindwara his home, won nine Lok Sabha elections and headed several ministries, besides serving as a key

functionary of All India Congress Committee Congress (AICC). If sources are to be believed, he was offered by Sonia Gandhi to become AICC president, however, Nath decided to focus on the responsibility he took over in 2018 and to bring the Congress back in power in 2023. At a crucial juncture when the Congress leadership is making all out Congress efforts to revive the grand old party with the 'Bharat Jodo Yatra' led by Rahul Gandhi, crisis broke out in Rajasthan, which led to twists and turns in the filing of nomination for the Congress presidential poll scheduled on October 17.

foodgrain 'smuggling' in Goa

PANAJI, NOV 19

In the backdrop of an alleged foodgrain smuggling racket busted by Goa Police, the Congress on Friday demanded a high-level inquiry into the matter headed by a retired high court judge. "The Congress Legislature Party (CLP) has decided to demand for a high-level inquiry under a retired high court judge of all procurements and distribution of foodgrains and commodities by the state government from 2020 onwards," Leader of Opposition Yuri Alemao said while addressing a press conference after the CLP meeting. MLAs Carlos Alvares Ferreira, Altone DaCosta and GPCC President Amit Patkar were present at the presser. "The insensitive and irresponsible BJP government headed by Chief Minister Pramod Sawant has failed in every sector, which has now resulted in the collapse of administration in Goa," Alemao said. He said that Congress will approach the Governor and seek his immediate intervention in this issue. The Crime Branch of Goa Police had on Tuesday arrested five persons for allegedly stealing rice and wheat from the civil supply department's godown for smuggling in Karnataka. The police seized 761 rice bags and 253 bags containing wheat in this connection. The police have said that the accused persons were smuggling rice bags and wheat bags stolen from the civil supply godowns from Goa. However, the civil supply department has clarified that there is no 'mismatch' in their storage and supply. Civil supply director Gopal Parsekar said that they had sought a report of stock from all the 11 godowns in the state, which suggested that there is no mismatch in the records of storage and supply.

Congress demands inquiry into TN farmers relieved as crop insurance deadline extended to Nov 21

CHENNAI, NOV 19

Farmers in the 27 districts of Tamil Nadu are a relieved lot as the Centre has agreed to extend the deadline for crop insurance till November 21.

Chief Minister M.K. Stalin had taken up the matter with the Union government with a plea to extend the November 15 deadline to November 30. Agricultural Primary

Cooperative Societies, Cooperative banks and Common service centres are witnessing a heavy rush of farmers paying the premium of insurance. The state government has also directed these institutions to function on November 19 and 20 to help farmers pay the premium amount.

R. Radhakrishnan, a farmer in Myladuthurai told IANS, "We were expecting



the central government to extend the deadline till November 30. However, we are satisfied that at least we got time till November 21. The farmers are really thankful to the Chief Minister M.K. Stalin for having taken up this matter before the government and getting the deadline extended."

It may be noted that with heavy rains, several crops have perished and this has

led to the farmers in a no man's land. With the crop insurance deadline fixed for November 15 and many of the farmers not having paid the premium amount, it was a tough situation for the agriculturalists in Tamil Nadu and the initiative of Chief Minister Stalin to take the matter up with the Central government has given breather of life for the beleaguered farmers of the

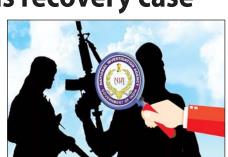
NIA files chargesheet against 5 in Chanapora arms recovery case

NEW DELHI, NOV 19

The National Investigation Agency (NIA) on Friday filed a chargehseet before a Special court in Jammu against five accused in a case relating to arms haul recovery from Chanapora in Srinagar.

The chargesheet was filed under section 120B, 204 of IPC, Section 17, 18, 20, 38 & 39A of the UA (P) Act, Section 25(1AA) of the Arms Act against accused -- Aamir Mushtaq Ganie, Adnan Ahsan Wani, Ashaiq Hussain Hajam alias Ashiq, Ghulam Mohideen Dar, and Faisal Munir.

The case was initially registered at Chanapora police station in Srinagar and later on the NIA re-registered the case and took over the probe. "Investigation has revealed that above said accused persons are cadres of 'The Resistance Front' (TRF), an offshoot of LeT, proscribed terrorist organisation who conspired to supply the consignments of arms, ammunitions and funds to the terrorists of TRF/LeT to carry out the target killings in Jammu & Kashmir thereby creating terror among the people. Investigation has also revealed that the above said accused persons used to receive these arms consignments from Pakistan," the NIA



said in a statement. The NIA has mentioned that during investigation, it has been found that the accused persons were associated with their Pakistan based handlers of LeT/TRF and radicalised, motivated and instigated vulnerable youth to join terrorist groups in Kashmir. "The recovery of lot of incriminating materials relating to arms, ammunitions, chats about terror funds besides others materials from the mobile phones of accused persons, has established the fact that these accused persons were engaged in terror activities for long time and thereby threatening the Security, Integrity and Sovereignty of India," the Central

K'taka: Wife refuses to let husband meet kids, he torches house

HASSAN KA), NOV 19

In a shocking incident, on Friday midnight, a man set ablaze the house after being disallowed by his wife to meet his children.

The incident is reported from Doddabeekanahalli village in Hassan district of Karnataka.

The wife Geetha, and his children seven-year-old Chirantan and five-year-old Nandan have sustained severe burn injuries in the incident and have been admit-

(KARNATA- ted to the hospital.

According to police Rangaswamy and Geetha, the married couple were fighting over property and even lodged complaints against each other in Goruru police station limits.

The couple were living separately for four months and Geetah had kept the two children with her. Husband Rangaswamy visited his children and used to spend time with them. However, on Friday, Geetha had refused to let him to meet his Despite repeated reuests, Geetha flatly refused to allow him to meet his sons. Enraged by this, Rangaswamy collected petrol and torched the house in the middle of the night when his wife was asleep

with the kids inside house. The neighbours, after seeing the house getting torched, came to help the mother and kids. They managed to get them out and saved their lives.

The house is gutted and the police have arrested

Meghalaya from Bengal: Abhishek Banerjee SHILLONG, NOV 19

Trinamool Congress' National General Secretary Abhishek Banerjee, who led a massive rally in western Meghalaya's Tura on Friday, announced that if his party comes to power in the next assembly elections, the new government would not be controlled from Bengal.

Saying that "sons of the Meghalaya's soil" would run the state government after the assembly polls, Banerjee announced that former Chief Minister Mukul Sangma



would be the party's chief ministerial face in the upcoming polls. He said that

people of Meghalaya can't bear MDA (Meghalaya Democratic Alliance)

If comes to power, Trinamool will not control

government led by National People's Party (NPP) rule anymore and the Trinamool as a party "wants to give them (the people) a platform to raise their concerns". "We are on a mission to ensure that welfare reaches to each and every person in our beautiful hill state," Banerjee said. "... we promise to continue serving the people with utmost dedication. We won't be cowed down before the autocratic forces," he said. "Why did the Centre fail to include Khasi and Garo languages in the

eighth Schedule of the Constitution," the Trinamool leader asked and termed the ruling NPP, which is a constituent of the BJP led NDA, as "National Puppet Party". "The double-engine government has everything at their disposal. Then, what's stopping them. Does MDA's internal conflicts supersede the interest of people," Banerjee asked. He said that the Trinamool Congress' symbol has two flowers and three petals in each





MP road accident turns out to be murder case

BHOPAL: An investigation into a road accident in Madhya Pradesh which killed a 50-year-old man revealed that it was a well-planned murder case and the perpetrator was the victim's son, police said on Saturday. The police received information on November 10 that the victim, Chhagan Pawar, was killed in the accident in Barwani district, some 350 km from the state capital Bhopal. As investigations continued, the police started to suspect that it wasn't just a road accident. After interrogating several people, including family members and relatives, for over a week after the incident, the police found evidence that it was in fact a murder. A CCTV footage also showed that the the victim's body was thrown on the roadside by his son Anil and three of his friends and trying to make it look like Pawar was killed in an accident, the police said. "During interrogation, Anil confessed that he along with his friends killed his father. He told that there was a dispute between them over money and properties. Three other accused who helped Anil to execute the crime were also arrested. They have been identified as Golu, Pintu and Karan," SP Barwani Deepak Shukla said on Saturday.

NEWS AT A **GLANCE**

Mediatory talks in TN Congress over action against party legislator Ruby R. Manoharan

CHENNAI: Senior leaders of the party have commenced mediatory talks on the disciplinary action against Ruby R Manoharan, Nanguneri MLA of the party over a scuffle in the party headquarters Sathyamoorthi Bhavan a couple of days ago.

Former Union Minister and senior leader of the Tamil Nadu Congress Dhanushkodi Adityan told media leaders of the party, including district presidents, passed a resolution for the disciplinary action against Ruby R. Manoharan, mediatory talks were on

On November 15, a few supporters of Ruby R. Manoharan entered into a scuffle with some party office bearers at Satyamoorthy Bhavan over some organisational apointments in Tirunelveli district when an organisational meeting of senior leaders presided over by TNCC president K. S. Alagiri to discuss the

preparedness for the 2024 loksabha elections was underway. The party leaders in the open stated that there was no move to remove Ruby R. Manoharan from the party and instead he was served a showcause notice to the incidents that took place in Satyamoorthy Bhavan. However, Ruby R. Manoharan had in a public statement clarified that he did

took place at party headquarters. The Nanguneri MLA also told media persons that the disciplinary proceedings against him were uncalled for and that he had applied to the party high command against this

Dhanushkodi Adityan told media persons that the MLA should not have brought people in seven buses while a meeting of party senior office bearers was taking place in the headquarters. The former union minister also said that the scuffle and fight for party positions was a clear indicator of the growing clout of the Congress party in

Three Bengaluru students booked for raising pro-Pakistan

BENGALURU: Three students of an engineering college in Bengaluru have been booked for raising pro-Pakistan slogans in a cultural programme, police said on Saturday. The students, including a girl, had shouted slogans of 'Pakistan

Zindabad' in a cultural fest organised on the premises of the college on Thursday. After the video of three students

raising pro-Pakistan slogans went viral on social media, the college management had taken action against them and lodged a complaint with the

A case has been lodged under IPC Sections 153 (whoever malignantly, or wantonly, by doing anything which is illegal, gives provocation to any person which will cause the offence of rioting and 505 (1) B (offending act induces or likely to induce to any person to commit offence against the State or against public tranquility). The police have started questioning the students in this regard and taken their mobiles into custody. The students have been asked to attend an inquiry on Saturday.

The police have stated that the students are claiming that they raised Pakistan Zindabad slogans for fun in the cultural fest. The two students raised the slogans and another had

made its video. The students were slammed and questioned by thir fellows and locals after the incident.

The students had apologised for their act and maintained that they did it

Mamata Banerjee to attend PM-convened meeting in New Delhi on December 5

KOLKATA, NOV 19

West Bengal Chief Minister Mamata Banerjee will attend a meeting convened by Prime Minister Narendra Modi on December 5 with chief ministers of all states to discuss the preparatory process for the country hosting the G20 Summit in 2023. According to state secretariat sources, the chief minister might use the opportunity of her visit to New Delhi to have a separate meeting with the Prime Minister on the occasion, where she can again raise the demands on the pending central dues to the West Bengal government. However, no confirmation has reached the state secretariat as yet on whether the separate meeting will happen or not. Few months back, Mamata

Banerjee went to New Delhi, had a separate meeting with her



counterpart Arvind Kejriwal and requested him to clear the pending central dues under two heads namely state' share in goods & services tax and pending funds under Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA).

Although in the meantime,

the Centre has released funds centrally-sponsored schemes, the state's dues on account of MGNREGA are still

pending. Recently, at a public meeting, the chief minister also aired his grievance in this matter and questioned whether she will now have to touch the feet of the Prime Minister for the pending

State secretariat sources said that the West Bengal government too had certain observations about the formula on state's share in GST, which it could not raise because of the long pending GST Council meeting. Former state finance minister and the current chief economic advisor to the state government, Amit Mitra had recently written a letter to the Union Finance Minister Nirmala Sitharaman on this count. If she gets an opportunity to meet the Prime Minister separately, the chief minister might also raise this matter in the meeting. She is also expected to appraise the Prime Minister on the erosion of River Ganges which is playing havoc in certain districts of West Bengal.

The chief minister has recently written a letter to the Prime Minister seeking his intervention for achieving a permanent solution in the matter.

Satyendar Jain undergoing physiotherapy for spinal injury: Sisodia on Tihar video

Soon after after CCTV footage of Delhi minister and AAP leader Satyendar Jain getting massage in Tihar Jail surfaced on social media on Saturday, Delhi Deputy Chief Minister Manish Sisodia said that Jain was undergoing physiotherapy for a spinal injury.

Addressing mediapersons, Sisodia said: "Jain had sustained injury to his spine and that led to pinched nerve. He was also admitted to hospital." "He (Jain) underwent two

surgeries. The doctor had advised physiotherapy upon discharge and those videos show him getting physiotherapy," he said.
Sisodia further said that

anyone can suffer injury and fall ill but only the BJP can make "cruel jokes" by leaking CCTV footage of an injured person's treatment.

Sisodia said, "The Prime Minister of a country may also fall sick. Even they may require



treatment.'

Lashing out at the BJP Sisodia claimed that his colleague had been lodged in a false case and that the BJP was making fun of Jain's illness.
"They (BJP) are losing the

MCD and Gujarat polls and that is why they are resorting to cheap theatrics. They should fight the MCD election in Delhi

Weather System over the Bay of Bengal to bring heavy rain in TN

CHENNAI, NOV 19

After a lull for a few days, Chennai and other districts are expected to receive heavy to very heavy rainfall in the coming days from Monday onwards.

The heavy rain, according to the Indian Meteorological Department (IMD) will be due to a slow-moving weather system over the Bay of Bengal.

Weather department in the statement said that on November 21 and November 22, rainfall could be extremely heavy and possibilities are there for 20 cm rainfall on these days in some districts.

Heavy rains are also expected at one or two places in Chengalpattu, Cuddalore, and Villupuram districts on Sunday. The IMD also said that heavy rains are expected in Chennai, Myladuthurai, Cuddalore, Perambalur, and Chengalpattu districts of Tamil Nadu on November 21. The weather department also predicted that the rainfall area may change after Tuesday based on the movement of the weather system over the Bay of Bengal. National



Disaster Response Force (NDRF) volunteers and State Disaster Response Force (SDRF) volunteers have sounded an alert on the heavy to extremely heavy rains expected on November 21 and November 22.

However, the IMD officials said that the low-intensity weather system may not reach the next stage of intensification like the deep depression.

Thevar initiative builds bridges between OPS, V.K. Sasikala

CHENNAI, NOV 19

The deposed leader of the AIADMK and former Chief Minister of Tamil Nadu, O. Panneerselvam (OPS) seems to be gradually aligning with V.K. Sasikala, former interim general secretary of the AIADMK and close aide of late Chief Minister J. Jayalalithaa. Both Panneerselvam and Sasikala

belong to the powerful Thevar community which has major inroads and political decision making powers in South Tamil Nadu. Thevars have been a mainstay for the AIADMK and the deposing of OPS by Edappadi K. Palaniswami and his associates from the party has not gone down well with the community. IANS had reported earlier that Sasikala and Panneerselvam were in the process of reaching an alignment at the behest of Thevar community.

In a recent interaction with the

media at his Theni residence, OPS has said that he would meet T.T.V.



Dhinakaran of Amma Makkal Munnetra Kazhagam (AMMK) if he gets an opportunity. Dhinakaran is the nephew of V.K. Sasikala has been calling the shots from behind for a long.

Meanwhile, Dhinakaran had also told mediapersons that there was nothing wrong in meeting OPS as he was a reformed man from his earlier stand of attacking Sasikala. He also said that he and his party would in no way align with the EPS faction in the AIADMK. With the AIADMK openly stating that some allies of the ruling DMK would cross over to the

announcements of OPS and Dhinakaran assume significance. OPS has also said that he would be appointing officebearers of his group in all districts of the state and tour the entire Tamil Nadu. Dr Kamalakannan, Professor of Political Science at a reputed university of Tamil Nadu while speaking to IANS, said "While EPS and his associates think that they have edged out OPS, the ground reality is something different which the Central BJP leadership knows for sure In South Tamil Nadu, the Thevar community is a powerful force and OPS and Sasikala are the best faces of the community in the state. Thevar are a powerful community with deep social connectivity across South Tamil Nadu and the community has not taken the snubbing of OPS lightly and hence the alliance with Sasikala and OPS at its behest. This can be a game changer in Tamil Nadu politics and both the AIADMK factions are aiming for 2026 Assembly elections."

Tihar's high-security walls offer gangsters safe havens to operate

NEW DELHI, NOV 19

One of the largest and highly secured prisons in South Asia, the Tihar Jail in Delhi has been in the news recently for all the wrong reasons. For years, criminals and gangs have operated from inside the secured walls, giving rise to questions on the involvement of jail officials and the security apparatus of the prison that houses some of the most dreaded criminals

Tihar houses many gangsters. Sources have said that high-profile criminals like Lawrence Bishnoi and Neeraj Bawana have also set up their small gangs within the prison and they operate through other inmates who are not under the radar of the jail officials. "The gangsters have a huge network and small petty criminals who are lodged in the jail would like to associate with them for protection both within and outside the jail. Such gangsters give them protection and,



in turn, the petty ones carry out their ob," the sources claimed. Famed Punjabi singer Sidhu Moosewala was gunned down on May 29 this year close to his native village near Mansa in Punjab. Ten days after the murder, Bishnoi's involvement in the crime was openly announced by the police. On June 8, the special cell made the startling revelation that "Lawrence Bishnoi was the mastermind behind the singer's killing". But at the time of the murder, Bishnoi was lodged in Tihar. The question arises how can an inmate who is lodged in South Asia's

largest prison complex, having a stringent security apparatus, carry out such meticulous planning from inside the prison? During the media briefing on June 8, Special Commissioner (special cell) H.S. Dhaliwal said that it was a brazen and well-planned murder having organised dimensions. Was Bishnoi getting any outside support inside the prison? Was he in contact with his gang members who are still out? And if yes, then how? These questions which remain unanswered, give rise to the suspicion that gangs can still operate

freely even from behind bars.

In March this year, Shekhar Rana alias Sannata (29), an associate of jailed gangster Sunil, a.k.a Tillu Tajpuriya, was shot dead inside a car in Rohini. Police probe has revealed that the conspiracy to murder Rana was hatched from inside Tihar allegedly by one Rohit Moi, an old associate of slain gangster Jitendra

Mehrauli murder: Delhi Police collect victim's clothes from Chattarpur house

NEW DELHI, NOV 19

A Delhi Police team has collected Shraddha Walkar's clothes from the rented house in Chattarpur she shared with her live-in partner Aftab Ameen Poonawalla, in an effort to find more clues to help in the ongoing probe into her brutal murder. The police claimed that the rented accommodation, the place of offence, is being closely inspected by the crime team and forensic experts. From the house where Aftab killed Shraddha on May 18 and the chopped up her body into 35 pieces, multiple items have been seized already. "Following up on the disclosures by Aftab, various combing operations have been carried out at various places, including some forest areas, from where bones were recovered," a senior police official said. To ascertain that the bones belong to Shraddha, the blood samples of her father and brother have been collected for a DNA analysis which will take 15 days.

'To find out if any incriminating evidence resides in the digital devices seized from the place of offence, the same have also been sent for forensic retrieval of data," said the official. He added that every word being uttered by



Aftab during interrogation is being assessed upon the crucible of admissible evidentiary value. "Police teams are also carrying out search operations to recover the missing skeletal parts. Several inter-disciplinary teams are working round the clock for documenting, finding discrepancies and further refining the versions and the motives being put forth by the accused," said the official.

It's 'neither publicity nor a stunt', says **IAS officer after EC move**

NEW DELHI, NOV 19

Abhishek Singh, the IAS officer who was barred from election duty for sharing his posting on Instagram, said that it was "neither publicity nor a stunt". Taking to Twitter on Friday night, he said: "I accept the Hon'ble ECI's decision with all humilit Though I believe there's nothing wrong in this post. A public servant, in a car bought by public's money, reporting for public duty, with public officials, communicating it to the public. It is neither publicity nor a stunt!" His remarks came hours after the Election Commission said that it removed Singh from election duty after he shared his posting as General Observer on the social media platform. "Now, it has come to the



notice of the Commission that Sh. Abhishek Singh, IAS (UP:2011) has used social media platform 'Instagram' for sharing his posting/joining as General Observer and used his official position as a publicity stunt," the EC said in its order. "Abhishek Singh is therefore order. "Abhishek Singh, is, therefore, directed to leave the constituency immediately, latest by today i.e. 18.11.2022 and report to his Nodal Officer in the parent cadre. Further, all government facilities provided to the officer to facilitate the discharge of his observer duties shall be withdrawn accordingly by the District administration." Singh was appointed as General Observer for Constituency Bapunagar and 56-Asarwa of Gujarat's Ahmedabad district

school sub-inspectors under CBI scanner **KOLKATA, NOV 19**

Role of certain sub-inspectors of school education in West Bengal are currently under the scanner of the Central Bureau of Investigation (CBI) sleuths probing the multi-crore teachers' recruitment scam in the state. As many as 15 such sub-inspectors of school education have been summoned at the office of CBI's anti-corruption wing of the agency at Nizam Palace in central Kolkata on November 21. CBI sources said that their sleuths are adopting a district-wise approach on this count and in the first stage all the 15 sub-inspectors who have been summoned are from Murshidabad district. Each sub-inspector was in charge of one block in that district. In due

course sub-inspectors who are in-charge



Teachers' recruitment scam: Role of some

of blocks in other districts will also be summoned periodically by the central agency sleuths. "Till now we had been focusing on the corruption on this count by the top rung in the state's school education system like ministers, politicians and top- officials of the different affiliate bodies of the state

of such magnitude could never have been possible unless there had been some involvement of the lower rung staff in the system. Now in order to crack the corruption in the lower we have started the process by summoning the sub-inspectors," said a CBI official. Recently, Justice Abhijit Gangopadhyay, who is virtually monitoring the scam investigation outcome almost on a daily basis, expressed displeasure over the slow pace of probe in the matter. However, at the same time, he said that he is still pinning hopes on a "CBImagic" on this count. Recently, Justice Gangopadhyay, also reconstituted and expanded the special investigation team (SIT) of CBI constituted for that purpose, by replacing two members with four.

education department. But surely a scam

4 teenage boys drown in Kail river in **Uttarakhand's Chamoli**



GOPESHWAR: Four teenage boys drowned in a tributary of the Pindar river in Dewal area of Uttarakhand's Chamoli district, a senior police official said on Saturday. The boys, aged 15-17, had been missing since Friday. Their families had searched for them the entire night but could not find the four

operation was launched in the Kail river, a tributary of the Pindar, and the four bodies were recovered, he said. The deceased have been identified as Priyanshu Bisht, Gaurav Singh, Anshul Bisht and Anil Mishra. They were residents of Dhara Gaon, Odar Gaon, Sodig Sarkot and Iccholi respectively, Dobhal said.

Man dies as part of under-construction bridge collapses in Bihar



another was injured after a portion of an under-construction bridge collapsed in Bihar's Nalanda district, police said. Chief Minister Nitish Kumar expressed grief over the loss of life in the incident that occurred in Bhagan Bigha area under the Wena police station limits on Friday, a senior officer said. Kumar instructed officials concerned to provide financial assistance from the Chief kin of the deceased and to ensure medical treatment to the injured. "Pained by the tragedy. My condolence to the bereaved family," Kumar said in Patna. Wena police station SHO Mukesh Kumar Srivastava said, "According to preliminary reports, the incident took place when materials of the underconstruction bridge were being shifted from one place to another During the process, a portion of the structure collapsed on the labourers working there. One died on the spot and another suffered injuries."

Chhattisgarh Govt objects to listing of NAN scam case before Justice MR Shah

NEW DELHI: The listing of the ED's petitions in the Nagrik Apurti Nigam (NAN) scam in Chhattisgarh has led to a controversy as the Chhattisgarh Government objected to the Bench led by Justice MR Shah hearing it. The case - which was earlier heard by a Bench of the then CJI UU Lalit, Justice Ajay Rastogi and Justice S Ravindra Bhat -was on on November 14 listed before a Bench of Justice MR Shah and Justice Hima Kohli which was objected to by senior counsel Kapil Sibal, representing the Chhattisgarh

NATION

YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

Zomato plans to lay off 3 pc of its workforce

BENGALURU: Online food delivery platform Zomato on Saturday said it is planning to lay off nearly 3 per cent of its workforce on account of cost-cutting efforts and to turn profitable. The decision comes after many tech giants and social media sites announced layoffs. Zomato stated that layoffs will be based on regular performance. "There has been a regular performance based churn of under 3 per cent of our workforce, there's nothing more to it," said a Zomato spokesperson.

The company currently has nearly 3,800 employees. In May 2020, Zomato laid off about 520 of its employees, or 13 per cent of its staff, in response to a slump in business following the Covid pandemic. Meanwhile, Zomato's co-founder Mohit Gupta quit the organisation on Friday. Moreover, the food delivery platform announced earlier this week that Rahul Ganjoo had ended his 5year tenure as Head of New Initiatives.



France voices support for India, Germany, Brazil, Japan as permanent UNSC members

UNITED NATIONS, NOV 19

France has reaffirmed its support for India, Germany, Brazil and Japan as permanent members in an expanded UN Security Council, underlining the need to take into account the emergence of new powers willing and able to assume the responsibility of a permanent presence in the powerful world body.

'France's position is constant and well known. We want the Council to be more representative of today's world, in a way that further strengthens its authority and effectiveness," Deputy Permanent Representative of France to the UN Nathalie Broadhurst said on Friday. She was addressing the UN

General Assembly plenary meeting on the 'Question of equitable representation on and increase in the membership of the Security Council and other matters related to the Security Council'.

'We must indeed take into account the emergence of new powers that are willing and able to assume the responsibility of a permanent presence in the Security Council," Broadhurst said. Broadhurst said that to preserve its executive and



operational nature, an enlarged Council could have up to 25 mem-

"France supports the candidacy of Germany, Brazil, India and Japan as permanent members. We would also like to see a stronger presence of African countries, including among the permanent

The remaining seats should be allocated in order to achieve equitable geographical representation,"

She said the question of the veto is "eminently sensitive", and it is up to the states requesting the granting of a permanent seat to determine themselves.

"In this reflection, the objective must remain twofold: on the one hand, to consolidate the legitimacy of the Security Council; on the other hand, to strengthen its capacity to fully assume its responsibilities in the maintenance of international peace and security," she said.

In a first, India uses 'she', 'her' to refer to all genders in draft law

NEW DELHI, NOV 19

In a first in the legislative history of India, pronouns such as 'her' and 'she' have been used to denote all genders in a

The draft Digital Personal Protection Bill, 2022, which has been put up for public consultation on Friday, finds mention of the two pronouns

"With the philosophy Prime Minister Narendra Modi's government works, we have attempted to use the word 'she' and 'her' in the entire Bill instead of 'him' and 'his'. This is an innovative thing attempted in the bill,' Union Minister for Railways, Communications, Electronics and Information Technology Ashwini Vaishnaw said on Friday. The focus of the Bill is to protect internet users from online harm and create a safe and trusted digital ecosystem as India is a digital economy powerhouse today. For the record, three months after the withdrawal of the Digital Personal Data Protection Bill from the lower house of the Parliament, the central government today came up with a new draft Bill seeking views from the public. The central government during the recent Monsoon session of Parliament withdrew the Bill from



after it was introduced.

Vaishnaw had earlier said that the Bill was withdrawn because the Joint Parliamentary Committee recommended 81 amendments in a bill of 99 sections. "Above that it made 12 major recommendations. Therefore, the bill has been withdrawn and a new bill will be presented for public consultation," he had said. The reintroduced draft Digital Personal Data Protection Bill, 2022, has proposed six types of penalties on non-companies to companies. To prevent a personal data breach, a penalty of up to Rs 250 core is being proposed in the draft bill which has been put out for public comments earlier today. Besides, failure to notify the Board and affected Data Principals in the event of a personal data breach and nonfulfilment of additional obligations in relation to Children may attract Rs penalty up to Rs 200 crore.

5 killed as car falls into gorge near Brahmakhal in Uttarakhand's Uttarkashi



UTTARKASHI, NOV 19

Five persons were killed and one was sethey were travelling fell into a deep gorge near Brahmakhal in Uttarkashi district here on Saturday.

The accident occurred around 11 am on the Dharasu-Yamumotri national highway when the vehicle going to Purola from Uttarkashi fell into a 400-metre deep gorge, killing five persons on the spot and leaving a woman grievously in-

jured, Dharasu SHO Rituraj said. The injured woman was first rushed to a hospital in Brahmakhal from where she was refirst aid, he said, adding that she contin-

ued to be in a critical state. Though the exact cause of the accident is yet to be known, it is being said the vehicle fell off the road after its driver dozed off.The accident comes just a day after 12 persons were killed when a pick-up vehicle fell into a deep gorge in the Chamoli district.

Counter case lodged against AMU student injured during cricket match violence

ALIGARH (UP), NOV 19

A counter case has been registered against an Aligarh Muslim University student who suffered serious injuries after allegedly being hit on the head earlier this week when a tiff during a cricket match turned violent, a police official said on Saturday.

Sajid Husain, the victim, and Shobhit Singh—who allegedly hit him on the head with a cricket bat-are second-year students of the varsity's Zakir Husain College of Engineering and Technology, spokesperson Omar Peerzada had earlier said.

mu and Kashmir, was rushed to Jawaharlal Nehru Medical College in an unconscious state, he said.

Doctors at Jawaharlal Nehru Medical College have described the condition of Husain, who suffered serious head injuries, as "stable". The



police action follows a report by Singh's father. Singh was arrested on Wednesday and is currently lodged in the district jail. Circle Officer (Civil Lines) Shwetab Pandey on Saturday said based on CCTV footage from the varsity hostel, a case was registered

against Husain under sections 323 (punishment for voluntarily causing hurt) and 506 (Punishment for criminal intimidation) of the Indian Penal Code (IPC) on Friday at Civil Lines police station. On Friday, BJP MLC Manvendra Pratap Singh, who had met

senior police officials, asserted that "one-sided action" in the case was not acceptable. Pushpendra Pachuri, regional oint convenor of the BJP's teachers' cell, demanded that both sides should be held accountable. The varsity authorities have also constituted a three-member factfinding committee to probe into the incident The committee had been asked to submit its report within five days. Peerzada said immediately after Wednesday's clash, Singh was escort-

handed over to the police. He has been suspended and barred from the varsity campus pending further inquiry, he said. A case has been registered against him under Section 307 (attempt to murder) of the IPC at Civil Lines police station, officials had said.

39 schools across country awarded Swachh Vidyalaya Puraskar for 2021-22

NEW DELHI, NOV 19

Thirty-nine schools from across the country have been awarded the Swachh Vidyalaya Puraskar for the 2021-22 academic session, the Ministry of Education announced on Saturday.

The schools selected from among the 8.23 lakh entries include 28 government and aided, while 11 are private schools. The awarded schools also include two Kasturba Gandhi Balika Vidyalayas, one Navodaya Vidyalaya and Kendriya Vidyalayas.

The Swachh Vidyalaya Puraskar not only honours the schools who have taken exemplary work in the field of water, sanitation and hygiene but also provides a benchmark and roadmap for schools to make further improvements.

For the award, schools are rated on six broad parameters of-water, toilets, handwashing with soap, operation and maintenance, behavioural change, capacity building and COVID-19 (Preparedness and Response). "Out of 39 schools, 17 are elementary and 22 are secondary/higher



prizes of Rs 60,000 to 34 schools (in overall category) and Rs 20,000 (in sub-categories) were given to the awardee schools today," a Ministry of Education Offi-

the award, saw participation from 9.59 lakh schools, around 1.5 times more than the number of schools (6.15 lakh schools) which participated in SVP 2017-18.

UGC chief's poser to teachers: **Are you ready for NEP reforms**

NEW DELHI, NOV 19

UGC chief M Jagadesh Kumar has said teachers in the Indian higher education system need to change their attitudes for National Education Policy 2020 reforms to be implemented.

"Gyanot-Addressing sav", an event on the challenges for NEP Implementation, being organised in the capital by RSS affiliate Shiksha Sanskriti Utthan Nyas, Kumar said most teachers came from a system that lacked flexibility and that was a challenge.

Noting that implementing the NEP 2020 was like scaling Mount Everest which required preparation and mental conditioning, Kumar said, "We need to bring about a change in our attitudes to implement the NEP. There are 15 lakh teachers in our higher education system. Are they prepared to implement the reforms we are suggesting in NEP 2020?"

Kumar went on to say that he saw a challenge on the front of teachers.

"Most of the teachers have come from a system where there is a lack of flexibility. They come from a system where working in teams is unheard of, commu-



nicating with each other is unheard of. We work as individuals in silos and that is what we need to break," the UGC chief said, urging teachers to prepare students to challenge authority, be it their own or of textbooks or established theorems.

That is the only way to create new knowledge, he said at the event which was also addressed by Education Minister Dharmendra Pradhan and MoS for Electronics Chandrashekhar, Kumar said there were 300 million students in the 15 to 25 year age group and 40 million were

enrolled in higher education-

al institutions. "Students want to be learners. How do we stand up to their aspirations? We need to look into ourselves. I urge teachers and academicians to look into our inner capabilities and where we lack to prepare ourselves to implement NEP 2020," he said. Kumar added that the UGC was working very seriously to create an Indian Digital University to reach students who cannot come to physical institutions to study. He further asked all institution heads to draw a roadmap for NEP implementation

rather than "await UGC

guidelines".

Retired Punjab cadre IAS officer Arun Goel appointed Election Commissioner

NEW DELHI: Retired IAS officer Arun Goel has been appointed as an Election Commissioner ahead of the crucial assembly election in Gujarat. The third post in the three-mem-

ber poll panel was vacant for nearly six months. In a communique issued by the Ministry of law & Justice it is said, "The President is pleased to appoint Shri Arun Goel, IAS (retd) (PB: 1985) as the Election Commissioner in the Election Commission with effect from the date he assumes the office." A Punjab cadre IAS officer of the 1985 batch, Goel will join Chief Election Commissioner Rajiv Kumar and Election Commissioner Anup Chandra Pandey in the poll panel.

Axis Bank Limited, SBB Loan Center,SCO 221, SECTOR 12, Paramjeet
Tower, Kamal 132001 REGISTERED OFFICE: "Trishul" – 3rd Floor Opp
Samartheswar Temple, Near Law Garden, Ellisbridge, Ahmedabad – 380006

SYMBOLIC POSSESSION NOTICE

Whereas, The undersigned being the Authorized officer of Axis Bank Limited under the Securitization Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and in exercise of the powers conferred under section 13 (12) read with Rule 3 of the Security Interest (Enforcement) rules 2002, issued a demand notice dated 30-Jun-2022 calling upon the borrower, Co Borrower/Mortgagor (1) Mr Vinod Kumar S/o Sh Som Parkash, H No. 860, Sector 16/17, Near Community Centre, Hissar, HARYANA 125001. Also At: Mr Vinod Kumar S/o Sh Som Parkash Directorate of Field Publicity Information and Broadcasting, 31, B & R Colony, Sector-51A, Near Guru Jambeshwar School, Hissar, HARYANA 125001. Also At: Mr Vinod Kumar S/o Sh Som Parkash, H No 589, Sector 30, Urban Estate, Kurukshetra, HARYANA 13518 (2) Mrs Durroch Shorman Wio Sh Vinod Kumar H No 860 Sector 16/17, Near Sin Painsair, in No 3es, Sector 36, Orload Kumar, H No. 860, Sector 16/17, Near Community Centre, Hissar, HARYANA 125001. Also At: Mrs Durgesh Sharma W/o Sh Vinod Kumar, H No 589, Sector 30, Urban Estate, Kurukshetra, HARYANA 136118 to repay the amount mentioned in the notice being Rs. 19,97,362/- (Rs. Nineteen Lakh Ninety Seven Thousand Three hundred Sixty Two Only) as outstanding on 30-Jun-2022 plus Interest, incidental Expenses and cost till actual payment within 60 days. from the date of the said notice. The borrower having failed to repay the amount, notice is hereby given to the borrower and the public in general that the undersigned has taken Symbolic Possession of the property described herein below in exercise of powers conferred on him/ her under Section 13(4) of the said Act read with Rule 8 of the said rules on this 18-Nov-2022. The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of AXIS Bank Limited for an amount being Rs. 19,97,362 /- (Rs. Nineteen Lakh Ninety Seven Thousand Three hundred Sixty Two Only) as outstanding on 30-Jun-2022 plus interest, incidental Expenses and cost thereon till actual payment.

Description of the immovable property

All Piece & Parcels of ResidentialPiot admeasuring 90 Sq. Yrd, Plot No. 589, Sector 30, Urban Estate, Kurukshetra, HARYANA 136118 owned by Mrs. Durgesh Sharma W/o Sh. Vinod Kumar S/o Sh. SomParkashvide Sale Deed bearing Registration No.600 Dated 22-04-2014. Boundaries:East: Plot No 590, West: Plot No 588, North: Plot No 630, South:

Date:18-Nov- 2022 Place: Kurukshetra, HARYANA

Authorized Officer.



I learned that we can do anything, but we can't do everything... at least not at the same time. So think of your priorities not in terms of what activities you do, but when you do them. Timing is everything.

Dan Millman

NBWS

YUGMARG, CHANDIGARH, SUNDAY, NOVEMBER 20, 2022

Vikas Lifecare Limited to issue Equity Shares to QIB's

Chandigarh: BSE & NSE listed Vikas Lifecare Ltd., engaged in the business of manufacturing Polymer and Rubber compounds and specialty additives for plastics, synthetic and natural rubbers has approved QIB placement of equity shares of face value of ₹ 1 to Qualified institutions at a floor price of ₹ 4.88 per Equity Share based on the pricing formula as prescribed under the SEBI ICDR Regulations. The approved size of present trench (being 3rd Tranche of QIBs Issue amounting upto ₹2000 Million as approved by the members though postal ballot earlier, of the QIBs Issue upto ₹500 million; (the remaining amount of ₹1000 million will be raised by the Company through subsequent tranches, if any). The Issue opened on 15 November 2022. Recently the company has announced collaboration with three world class institutions to share the research inputs and work on developing various viable materials like cellulose, lignin and silica from rice husk. In this agro-circle project, the New Delhi based company has joined hands with Indian Institute of Technology (BHU)-Varanasi and Sweden's

SHORT TALKS

Chandigarh beat Uttar Pradesh by five wickets on last ball thriller

Chandigarh Arsalan Khan and Bhagmender Lader stitched a record 233-run partnership for the third wicket to register a thrilling five-wicket win over Uttar Pradesh in a league match of the Vijay Hazare Trophy being played in New Delhi on Saturday. Chasing a target of 310, Arslan Khan (142) and Bhagmender (100) scored centuries to drive the match for a last ball thriller. The unbeaten Khan hit seven fours and four sixes in his 137-ball knock, while Bhagmender's 104-ball knock studded with nine fours and two sixes. Captain Manan Vohra contributed 36 runs while Shivam Bhambri (0) and Gaurav Puri (1) disappointed with the bat. Ankit was run out for three runs Earlier, Chandigarh won the toss and invited Utta Pradesh to bat. Centurion Madhav Kaushik (134) and half-centuries from Aryan Juyal (75) and Rinku Singh (73) helped UP to pile up a mammoth 309 runs for the loss of four wickets. Sandeep Sharma (3/66) was the pick of the bowlers from Chandigarh

Innovate, Develop New Technologies & set up companies for a strong self-reliant 'New India'

Chandigarh/Ludhiana: Manipal Academy of Higher Education (MAHE) saw an illustrious assembly of quests grace the opening day of the Institution of Eminence's 30th Convocation Day, Leading the high profile list was the chief guest-Minister of Defence, Government of India, Shri Rajnath Singh, who delivered the convocation address rallying students to empower the nation through their learnings and youthful enterprise. Youth Education and Nation Building' was the crux of the honourable minister's message to the graduating students. Raksha Mantri Shri Rajnath Singh has called upon the youth to innovate, develop new technologies, and set up companies, research establishments & start-ups in the vision of a strong and self-reliant 'New India'. Addressing the convocation ceremony of Manipal Academy of Higher Education (MAHE), Manipal Shri Rajnath Singh stated that "the world is acknowledging the power of the country's young, ignited minds, with major companies such as Google, Microsoft, Adobe, and IBM hiring Indians at respectable positions. The Raksha Mantri lauded the Manipal Group of education and research. He congratulated the graduating students, encouraging them to move forward despite hurdles to create a better future. He extended special congratulations to the girl students exuding confidence that they will be the pillars of a strong and prosperous 'New India'.

The True beauty of the Music is to Connect People

LUDHIANA: Maestro Kala Ramnath with he 'Singing Vilolin' will be performing a solo concert at Satguru Jagjit Singh Sangeet Sammelan Ludhiana on 26th November. This will be a rare opportunity to see one of the greatest violinists of our time in an intimate setting. One of the most popular and loved singers is all set to perform a live concert in Ludhiana. Yes, you heard that right! Don't miss this chance to experience one of the most virtuosic and emotionally engaging musicians up close and personal. On performing at the Satguru Jagjit Singh Sangeet Sammelan which happens every year Kala Ramnath says "I am honored to be part of this musical festiva it feels great and happy to perform in my country" Vidhusi Kala Ramnath was introduced to violin and vocal training by her grandfather Narayan Iver when she was two and a half years old. In her family, she represents the start of the seventh generation of violinists. She studied with Pandit Jasraj, a Mewati vocalist, for

41 examined in health camp

ZIRAKPUR: As many as 41 patients were examined during a free multi speciality health check up camp by Ivy Hospital, Mohali at Maxelth, VIP Road, Zirakpur today.



including Dr. Pardeep Sharma, Dr.

consulted patients for their various health related problems. During camp, doctors also advised to take care of health in winter. They said that it is important to dress warmly in cold weather. But too much warm clothing may cause blood vessels to dilate, which can dramatically lower blood pressure. The drop in blood pressure can reduce the heart's blood supply which could be fatal. One should dress in layers. If one starts to sweat remove a layer until you cool down, then replace

Take away the powers of deciding Anti Defection Law from the Speakers : Jain



CHANDIGARH: Sh. Satya Pal Jain, Additional Solicitor, General of India, Ex-MP and a Member of the Panjab University Syndicate has said that the time has come when the

10th scheduled of the Constitution of India (Anti Defection Law) should be amended and power to decide the disqualification petition should be taken away from the

and given to some independent and neutral agency like Election Commission of India etc etc.

He also said that the time has come when in addition to Parliament and State Vidhan Sabha this law should be made applicable to the Municipal Corporations, Municipal Committees, Zila Parishad, Panchayat Samiti etc etc.

Jain was speaking at a webinar organized by Bhartiya Vidyapeeth, New Delhi on the topic of Anti Defection Law. Jain said that the power of

deciding disqualification petitions were given to the Speaker with a view that he will quickly decide those petitions as per the constitutional mandate but experience shows that most of the Speakers, decide the petitions keeping in view the interest of their Political Party

India. He said that if it suits their Political Party, they decide such petitions within few days but if it does not suit their Political Party the Speaker keep the petition pending for years together. Sh. Jain said that it should also be decided by amending the Anti Defection Law that the Competent Authority will decide the petition

Jain said that now the Elections to the Municipal Corporations etc are also held on the symbol of the political parties and people change their party after the election for their personal games. Therefore, time has come when the Anti Defection Law should also made applicable to the Municipal Corporations, Municipal Committees etc etc.

within three to four months.

A large number of teachers, students of the Bhartiya Vidyapeeth as well as other institutions participated in the

National Silk Expo is back in Chandigarh and it is a must visit!

Chandigarh is known for its love for the finer things in life and City Beautiful is ready to welcome artisans and weavers for the National Silk Expo at Himachal Bhawan Sector – 28B, Madhya Marg, Chandigarh from 19th to 24th November. So get your shopping bags and pick up the creations of the best silk weavers in the country. The expo is open from 11am to 8.30 pm and entry is absolutely free.

This B2C 'business-tocustomer Expo is hosting more than 80 renowned designers and weavers from all over India with their 1,50,000 varieties of sarees and dress materials to browse through and choose from. It features a variety of styles such as the double weave Ikktas, Ghicha silks and cottons, jute silks available in earthy shades and vibrant colours. Specialties such as the famed Kantha work sarees from West Bengal, Pochampally, Muga Silk, Paithani, Baluchari with exclusive weaves, designs and traditional motifs. Saris with intricate Madhubani prints from Bihar are a highlight of the expo. The stalls also have Kosa and tussar silk sarees on display.



With the Winter and Wedding season just around the corner, it's a golden opportunity to refresh your wardrobe and avail the mind-boggling discounts. The exhibition also take visitors down a trip to weaving lane, where they will learn about some of the vintage techniques used in the process.

Speaking on the occasion, Organizer Jayesh Kumar of Gramin Haskala Vikas Samiti said that the uniqueness of the event lies in the fact that you will directly be purchasing from the weavers and artisans. They have traveled from different states of the country- Rajasthan, Uttar Pradesh, Madhya Pradesh in the North, and in the South.

Annual day celebrated at small wonders



MOHALI: The students of Small Wonders School, Mohali today on the occasion of their Annual Day presented the musical 'Retro to Metro' at their School premises. The students took the audience on a rollercoaster ride, with its theme Retro to Metro, charting an unforgettable journey where the past meets the present in a unique presentation of different worlds. The music, dance and creative acts by students aptly showcased the time travel from old to new era. On the occasion, Principal, Small Wonders, Herdip Nama stated, "We at Small Wonders have always tried to equip our students with life skills, with an emphasis on each child's participation. Such initiatives and opportunities widen each child's ideology, talent, raising their self-esteem, building confidence and shaping their overall personality. Tiny Tots of Small Wonders School . Mohali celebrating the Annual day with musical Retro to Metro 'at their school premises

Keep alive your sanskaars (values) in every situation: Dr. BK Sunita



CHANDIGARH, A person has to take responsibility to keep himself happy and positive only to bring a pleasant change in himself and his surroundings. These sentiments were expressed by Dr. Brahmakumari Sunita, Senior Rajayoga Faculty, Bahamkumaris Headquarters, Mount Abu, while addressing a session titled 'Being Positive, No Matter What' organized by Chandigarh Management Association (CMA) at PHD House, Sector 31. CMA's General Secretary Abhishek Gupta and President Gursimran Singh Oberoi said that the objective of organizing this special session was to disseminate the basic mantras of meditation and spirituality to the members by providing relief from their professional routine. Dr. BK Sunita,

in Rajayoga Meditation, while defining the principle of 'Be-to-Have', said that if we have to respond positively, we have to change our conditioning as well. She simplifies that we are diving in the 'Ocean of Situation' which is a blend of favourable and adverse situations. despite that, we have to keep alive your values, only then change is possible Negative thoughts generated in the mind never bore any good result rather invite stress, anxiety and diseases. Citing examples of many great experiences related to human life, she suggested that spirituality provides relief from stress, so allow a little time for meditation and spirituality in your daily routine.

Countryside Express expands its courier, cargo services in Bhatinda

BATHINDA: Innovation Mission Punjab-supported startup, CountrysideExpress, a courier and cargo company initiated from Mohali, Punjab is now expanding to Bhatinda. Countryside Express specializes in courier deliveries in rural areas of Punjab. The new Bathinda logistics centre is situated near the Chandigarh-Bathinda highway at Plot 261. Bibiwala road.

By partnering with e-commerce companies seeking access to a large rural Indian market, CountrysideExpress aims to build trust by providing its on-time deliveries and creating entrepreneurs to transport documents and parcels to rural customers through its various franchise schemes. Through its network, it offers quick, effective, and reliable courier and cargo services in the regions of Punjab. By enabling customers to ship, track and deliver the goods online through digital platforms. Lovesangeet Singh

Aulakh, Founder and CEO of Countryside Express said, "We are developing a connecting gateway for any startup or corporate that wants to sell its products directly to the massive population of rural India. We are planning to open a franchise network in several towns and cities of the region to ensure seamless delivery services. We are aiming to expand services in more than 6000 villages across Punjab by the end of next year." Currently, Countryside Express' customers are Polycab India, Hartek Group, Chandigarh University, Warsan Styles, and many more. By the end of this month, the company plans to open at least 100 Drop-off locations in the Bathinda region and 300+ franchises in the town, which will help village-level small shopkeepers generate additional income. Additionally, more than 300 micro-entrepreneurs will have the opportunity to launch a business in their towns.

Ambuja Cements empowers women in Darlaghat to become para-professional veterinaries DARLAGHAT: Ambuja Cements, the

cement and building materials company of Adani Cement and part of Adani Group, has been creating a positive impact in the lives of dairy farmers of Darlaghat village in Himachal Pradesh through its PashuSwasthyaSevika (PSS) programme Through the PSS programme, a cadre of women volunteers from the local community have been trained in animal husbandry that has enabled them to address basichealth, hygiene, feeding, and fodder management issues in the surrounding villages. This programme has positively impacted the lives of several women like Indra Devi, a resident of Koon village of Darlaghat who came under financial crisis when her cow didn't produce enough milk. The cow's milk was the chief source of income and with decreasing production, she was unable to afford fodder for that cow. To make ends meet, Indra Devi was contemplating to sell the cow for a meagre value than its actual worth. This is when PashuSwasthaSevika trained by Ambuja Cement Foundation, the CSR arm of Ambuja Cement, supported Indra Devi to overcome this situation. PSS of Koon village, Ms. Shanta Sharma, counseled her and treated the cow with deworming medication, feed supplements.

Natural water blended BrooknPines Micro MicroBrewery launched in Kasauli Hills



CHANDIGARH. Kausali hills has continued to be a popular tourist destination since the British Raj and even with the changing times the hospitality sector here has attracted people from across the country and overseas. Another new dimension has been added to this hosting with the advent of microbrewery, the first of its own kind in the region. This newly launched microbrewery at

Kharog on the Garhkhal-Kanda road near Kasauli is becoming the first choice for fresh beer enthusiasts. Varun, Managing Director, Kasauli Hills Resorts launched BrooknPines micro brewery in the presence of distinguished guests in the midst of a cultural event in the resort premises very recently. He informed that the water available in the natural sources has its own

probably one of the reasons that Britishers preferred to stay here for a longer time. He said that cashing on this natural water in mind, this micro-brewery was conceptualized here with a massive investment. The ingredients used in this microbrewery are imported from abroad while the base of beer is the natural water available here, which is further processed to serve in the form of beer on the guest's table. The beers served in the cafe are available in three variants -American Lager, Irish Ale and Belgian Wheat. Transparent glass décor allows guests seated inside the lounge to appreciate the picturesque serene valley and just



ATS Greens -1 Vice Captain Dinesh Kumar with other team members after winning the GVPL tournament

33 students selected in Shri Ram College of Commerce through CUET 2022

CHANDIGARH, : True to their basic DNA, where winning has become a habit; Pratham Test Prep is proud to announce the dominating Success of its Students in the recently declared CUET 2022 results. A total of 88 students from Pratham Test Prep got call for final selection in Shaheed Sukhdev College of Business Studies, SSCBS sets phenomenal standards for students and ensures that each alumnus has an undeniable edge when they enter the real world. As good as IIMs, it sets a new benchmark for placements every year with the idea of inverse correlation between satisfaction and progress

In addition to the ones with final selection in SSCBS, 33 students at PRATHAM TEST PREP got final admission in another sought after college



Ram College of Commerce. Further, 378 students scored 100 percentile and 390 scored 99 percentile in the CUET exam

and made their teachers and mentors proud. Pratham Test Prep congratulates all the successful students for their outstanding results and wishes them Success & Glory in their new

Trained and prepared for every challenge that comes their way, students at Pratham Test Prep give endless mock tests, domain tests, and practice topicwise question banks. There are video lectures available to every enrolled student which can be accessed at any point of time along with the live query handling. However, the journey doesn't end there. Exams like IPMAT require even steadfast preparations due to Group Discussions, Written Ability Tests and Personal Interviews being a part of the admission process.

eminent fashion designer Aman Sandhu, who runs fashion studio's in Mohali and

Amritsar organized an exclusive Fashion Walk 'Peedhi', or generation, and a live exhibition to showcase her exquisite collections at The Hyatt, Chandigarh. The Fashion fiesta was organised to mark the completion of a 20 year journey by the label Aman The main attraction of the

event was the Fashion Walk in which kids-young models, middle aged and senior womenwhich is three generations, showcased some of the exclusive designer suits from designer Aman Sandhu's



included traditional wear in myriad vibrant hues, Banarsi and tie & dye pieces.

by Amandeep Sandhu, Principal, Sherwood College, Nainital; Mandeep Singh

Fashion designer Aman Sandhu showcases collections in unique fashion show

Manna, Ex Congress leader and Social Activist; Suhinder Kaur wife of Punjab PWD Minister Harbhajan Singh and Satwinder Bitti, Punjabi Singer.

Speaking about the trends for the wedding season designer Aman Sandhu, said, "We've moved away from the era of playing safe to one of experimenting. This is the season of bright and popping colours; essentially shades of the rainbow. Hues of pink, blues, yellow, and orange would be the colours to look out for this season. Purple will also be a trending colour and could be seen possibly donned by kids

and women." It is imperative to mention that Sandhu feels an immense pride to be a Punjabi and finds a deep connection with her Punjabi traditions and culture, this can be seen having an influence on her designer collections. Her ensembles are a mix of different kinds of suits be it Salwar Kameezes, Sharara Suits, Gharara Suits, Lehengas and other designer wear.

Dwelling upon the modernization, Sandhu said, "Despite the fact that fashion is fast influencing everyone's lives, Indians have not forgotten their roots and respect for the traditional & ethnic wears, especially during the festivals. I ensure that all my creations are handmade with intricate and traditional Indian embroideries.'