

Friday
June 9, 2023

YUGMARG

LEADING ENGLISH DAILY

VOL. XXVIII, NO. 130, PAGES 12, RS. 2

CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K



Kanwar Pal Gurjar lists achievements of 9 years of Modi govt



Punjab govt working on development agenda: Bram Shankar Jimpa



New regulations for use of diesel generator sets in Delhi, NCR

Shraddha shares morning routine with fans to stay fit



PAGE 3

PAGE 6

PAGE 7

PAGE 12



NEWS BRIEFS

India to host 71st Miss World 2023

NEW DELHI: The Miss World Organization on Thursday announced that India has been chosen as the host country for the highly anticipated 71st Miss World 2023 pageant. The decision to award India with this prestigious honor recognizes the nation's rich cultural heritage, its commitment to promoting diversity, and its passion for empowering women. India's vibrant traditions, culture, and history make it a global beauty and fashion powerhouse, with captivating landscapes, iconic landmarks, and warm hospitality. 71st Miss World 2023 in India will promote charitable causes through philanthropic activities, inspiring contestants to make a positive impact in their communities and contribute to society. Renowned Bollywood names from Aishwarya Rai Bachchan to Priyanka Chopra to Yukta Mukhey, India has many beautiful women who have won world-level pageants.

Hry CM to launch the Water Resources Action Plan today

CHANDIGARH: In the series of strenuous efforts being made by the Haryana government towards conserving water resources, Chief Minister, Sh. Manohar Lal, will launch integrated Water Resources Action Plan-2023-25 under Amrit Jal Kranti which will be a bold step towards conserving water resources. An official spokesperson said that the programme will be organized at Chandigarh on June 9, 2023. It is notable that on the initiative of the Chief Minister, a two-day water conservation seminar was organized in Panchkula on April 26-27, 2023, under Amrit Jal Kranti, in which many departments of Haryana, including experts from India and abroad doing research on water conservation participated in the seminar.

India embraces future where healthcare no longer a privilege: Amit Shah

NEW DELHI: Union Home Minister Amit Shah on Thursday said India presently embraced a future under the leadership of Prime Minister Narendra Modi where healthcare is no longer a privilege. In 9 Years Of Health For All India overhauled its health infrastructure from primary to tertiary level.

No more waiting: Monsoon arrives in Kerala

**AGENCY
NEW DELHI, JUNE 8**

Southwest Monsoon hit India on Thursday with its onset over Kerala, a week after the normal date of June 1, said India Meteorological Department (IMD). "It has advanced into the remaining parts of the South Arabian Sea and some parts of the Central Arabian Sea, the entire Lakshadweep area, most parts of Kerala, most parts of South Tamil Nadu, the remaining parts of the Comorin area, Gulf of Mannar, some more parts of Southwest, and Central and North-

east Bay of Bengal from today onwards," the IMD said in a statement. There has been widespread rainfall over Kerala during the past 24 hours. IMD predicted in a statement yesterday that meteorological conditions were becoming favourable for the onset of monsoon over Kerala during the next 48 hours. "Furthermore, conditions are favourable for further advance of the monsoon">Southwest monsoon into some more parts of the Central Arabian Sea, the remaining parts of Kerala, some more parts of Tamil Nadu, some

parts of Karnataka and some more parts of Southwest, Central and northeast Bay of Bengal and some parts of Northeastern states during next 48 hours," added the weather department statement. IMD had in May predicted the arrival of monsoon on June 4. monsoon">Southwest monsoon normally sets in over Kerala on June 1 with a standard deviation of about seven days. Monsoon is crucial, especially for kharif crops dependent on rains. India has three cropping seasons -- summer, kharif and rabi.



RBI keeps repo rate unchanged, retains GDP growth estimate at 6.5 pc

**AGENCY
MUMBAI, JUNE 8**

Amid downward trend in retail inflation and staying in its target range, the Monetary Policy Committee (MPC) of the Reserve Bank of India (RBI) on Thursday kept the repo rate unchanged at 6.50%.

Consequently, the standing deposit facility (SDF) rate remains at 6.25% and the marginal standing facility (MSF) rate and the Bank Rate at 6.75%.

Repo rate refers to the interest rate at which the RBI lends to commercial banks. A high repo rate means cost of borrowing for commercial banks going up and as a result leads to rise in loan EMIs.

The six-member rate-setting panel led by RBI Governor Shaktikanta Das took the decision on repo rate unanimously based on the prevailing economic situation and outlook.

"The MPC also decided by a majority of 5 out of 6 members to remain focussed on withdrawal of accommodation to ensure that inflation progressively aligns with the target while supporting growth," said RBI Governor Das.

After raising the repo rate cumulatively by 250 basis points (one basis point is equal to 0.01%) to 6.5% between May 2022 and February this year to



tame rising inflation, the MPC had hit the pause button on the benchmark lending rate in April. Showing signs of moderation, the Consumer price index (CPI) based inflation came in at an 18 month low of 4.7% in April, 2023. It is currently in the RBI's target range of 2-6%.

The MPC is tasked to keep inflation in check and maintain price stability.

Commenting on the MPC decision, Suvodeep Rakshit, Senior Economist at Kotak Institutional Equities said that RBI staying on a pause and maintaining its stance was in line with expectations.

"The RBI remains cautious on the inflation trajectory especially as inflation will remain above the 4% target for the fore-

seeable future," he said.

It may be noted that the consistent increase in the policy rate has not translated into lower credit offtake which continues to grow at a robust pace driven by steady demand.

Aditi Gupta, Economist at Bank of Baroda, in a report last week said that overall credit demand in the economy would remain robust at 12-14% in FY24 following a growth of 15% in FY23. "The moderation can be attributed to a high base as well as a slowdown in GDP growth from 7.2% in FY23 to 6-6.5% in FY24," she said.

Beating market expectations, the Indian economy grew at a healthy 7.2% in FY23 with a major push coming from the January-March quarter (Q4) when the

GDP accelerated to 6.1% year-on-year. In his monetary policy statement today, the RBI retained the real GDP estimate for FY24 at 6.5% with Q1:2023-24 growth at 8%; Q2 at 6.5%; Q3 at 6%; and Q4 at 5.7% with risks evenly balanced. Das said that going forward with the recent rabi harvest remaining largely immune to the adverse weather events, the near-term inflation outlook looks more favourable than at the time of the April MPC meeting. He, however, said that uncertainties remain on the spatial and temporal distribution of monsoon and on the interplay between El Nino and the Indian Ocean Dipole (IOD). "Geopolitical tensions; uncertainties around the monsoon and international commodity prices, especially sugar, rice and crude oil; and volatility in global financial markets pose upside risks to inflation," he said. Taking into account these factors and assuming a normal monsoon, the RBI has projected CPI inflation at 5.1% for 2023-24, with Q1 at 4.6%, Q2 at 5.2%, Q3 at 5.4% and Q4 at 5.2%. Referring to global headwinds and prevailing economic situation in advanced economies, Das noted that RBI has continued to focus on preserving price and financial stability, while ensuring adequate flow of financial resources to all productive sectors of the economy.

**AGENCY
BHUBANESHWAR, JUNE 8**

The first pre-induction night launch of new generation ballistic missile, Agni Prime, was successfully flight-tested by Defence Research and Development Organisation (DRDO) from Dr APJ Abdul Kalam Island off the coast of Odisha on Wednesday at around 7:30 pm, a DRDO statement said on Thursday.

As per the official statement, during the flight test, all objectives were successfully demonstrated.

This was the first pre-induction night launch conducted by the users after three successful developmental trials of the missile, validating the accuracy and reliability of the system. "First Pre Induction night launch of New Generation Ballistic Missile Agni Prime was successfully conducted off the coast of Odisha on 07 June 2023," tweeted DRDO.

Range instrumentation like Radar, Telemetry and Electro-Optical Tracking Systems were deployed at different locations, including two down-range ships, at the terminal point to capture flight data covering the entire trajectory of the vehicle, the statement said.

Senior officials from DRDO and Strategic Forces Command witnessed the successful flight test, which paved

the way for the induction of the system into the Armed Forces.

Defence Minister Rajnath Singh congratulated DRDO and the Armed Forces for the success as well as the copy-book performance of the New Generation Ballistic Missile Agni



Prime.

Secretary Department of Defence R&D & Chairman DRDO Dr Samir V Kamat appreciated the efforts put in by the teams of DRDO laboratories and the users involved in the test launch.

Senior officials from DRDO and Strategic Forces Command witnessed the successful flight test, which has paved the way for induction of the system into the Indian Armed Forces, it said. (

Women are safe under Modi-led govt: Smriti Irani

NEW DELHI: Union Minister of Women and Child Development Smriti Irani on Thursday said that the women are safe under the Modi-led government, and they are leading India's growth and development story. Enumerating the achievements of BJP-led government in the last 9 years, the Union Minister said, "There was a time when the government used to say that women should be uplifted, now the time has come when India says that if the nation is to be uplifted, women's development is essential." Criticizing the Congress party, Smriti Irani said that "The Congress government, which confined itself to announcements, did not undertake a single operational project for women's safety".

Punjab to provide legal assistance to students facing deportation from Canada: Dhaliwal

**SHASHI PAL JAIN
CHANDIGARH, JUNE 8:**

Punjab NRI affairs Minister Kuldeep Singh Dhaliwal has said that the government led by Chief Minister Bhagwant Mann will provide free legal assistance to around 700 students facing deportation from Canada. Most of these students belong to Punjab and they will be assisted by lawyers who are experts in immigration laws in Canada. Along with this, Dhaliwal has also written a letter to all MPs of Punjab origin in Canada to solve the issue of these students so that the fu-

ture of the children can be secured.

Presiding over a high-level meeting with civil and police officers associated with NRI department at Punjab Bhawan, Kuldeep Singh Dhaliwal issued instructions to all Deputy Commissioners and SSPs to scrutinize the documents of travel agents and immigration agencies and send a report by July 10. He expressed concern that many travel agents are running



Low-intensity explosion near Ludhiana court complex, probe launched

**AGENCY
LUDHIANA, JUNE 8**

A low-intensity explosion took place at a godown located near the district court complex of Ludhiana in Punjab, reportedly after a heap of garbage was put on fire on Thursday, the police said.

The blast triggered panic among people who were present inside the court premises and also

left the glass window damaged, they said. According to the SHO, Neeraj Chaudhary, the incident took place around 9.00 am after a sweeper set a pile of garbage on fire at the godown. "While cleaning, a sweeper put a pile of garbage on fire. It seems that glass bottles in the garbage exploded because of the rise in temperature which led to a minor explosion. The sweeper sustained minor injuries on his leg in the incident, and was taken to the hospital," he said.

Dhaliwal said that Chief Minister Bhagwant Mann has already given clear instructions to improve the system. He said that if the system would be transparent and clean, then there will be less scope for human trafficking by illegal travel/immigration agencies. He said that a special campaign against fake travel agents/immigration agencies would soon be launched in Punjab so that no one could be involved in human trafficking.

Pandering to Khalistani extremists not good for India, nor for Canada: EAM

**AGENCY
NEW DELHI, JUNE 8**

External Affairs Minister S Jaishankar on Thursday warned Canada over the "space" given to Khalistani separatists, extremists and supporters in that country and said it is "not good" for the bilateral relationship and "not good for Canada".

The EAM was responding to a question regarding a tableau taken out by Khalistani elements at a parade in Brampton, depicting former prime minister Indira Gandhi's assassination.

Speaking at a press conference, EAM Jaishankar also slammed the Canadian NSA Jody Thomas for claiming that India was among the top foreign forces interfering in Canada.

On the issue of the tableau taken out by Khalistanis on June 4, depicting the assassination of Indira Gandhi, he said: "On the Indira Gandhi float issue... the bigger issue is the space that Canada has continuously given, and



frankly, to us we are at a loss to understand, unless that's the requirement for vote bank politics; if you look at their history, you'd think they should learn from history and not repeat it; It isn't only one issue, there is a larger underlying issue, about the space given to separatists, to extremists and to people who advocate it; and I think it is not good for the relationship and not good for Canada." On the Canadian NSA's comments on India, the EAM said, citing a Hindi idiom: "This is the case of ultra chor kotwal ko dante (a case of the pot calling the kettle black).

Ten sewing training centers will be opened in villages of Ladwa constituency in coming days: Sandeep



NARESH GARG
LADWA: Stalwart Foundation Chairman and social worker Sandeep Garg said that his dream is that every woman of Ladwa constituency should stand on her own feet and become self-reliant. He said that 16 sewing training centers are currently being run by the Foundation in Ladwa district where many women are making themselves self-sufficient by learning to sew clothes and standing on their own feet. He said that ten more sewing centers would be opened soon in the villages of Ladwa constituency so that almost all the needy women of Ladwa Halka can make themselves self-reliant.

Havan Yagya held on death anniversary of Swami Atmabodh Nand



LADWA(NARESH GARG): On the 28th death anniversary of Swami Atmabodh Nand Ji Maharaj, on behalf of Swami Giriraj Seva Ashram Committee of Ladwa, Havan Yagya was organized at his samadhi in front of Kali Mata Temple in the city today.Sandeep Kumar, the head of the committee, told that on the death anniversary of Maharaj, a havan yagya was performed on behalf of the committee at his mausoleum and prayers were offered on behalf of the committee for the peace of his soul. At the end of the havan, prasad was distributed to the devotees.

Finance committee of Sadhaura Municipality constitutes

PREETI RANI SADHAURA : The finance committee was constituted for municipality Sadora, in which Daisy Sharma from ward number 1 and Gopal Singh from ward number 12 were elected unopposed as members of the finance committee. There were applications of three councilors for the Finance Committee, in which Naib Saini from Ward No. 6 also applied who has withdrawn his application. After which Daisy Sharma and Gopal Singh were elected unopposed members of the Finance Committee. It is pertinent to mention that was no consensus in the meeting of April 19 and April 26 to elect the members of the Finance Committee. And due to non-consensus, Naib Singh, Daisy Sharma and Gopal Singh filed their nomination papers. After which all the councilors gathered in the rest house of Kasba Sadora and all the councilors expressed their consent in the name of Daisy Sharma and Gopal Singh and persuaded Naib Singh to withdraw his nomination. Giving information, Surendra Malik, Secretary of Nagar Palika Sadhaura said that the committee has the right to give administrative and technical approval for development works up to one crore. Municipality's chairman Shalini Sharma told that a resolution will be passed in the municipality's meeting regarding where and how many budget development works were to be done.

Anti Corruption Foundation gives Leadership Achievement Awards

SHIV KUMAR SHARMA
KARNAL: The Leadership Achievement Award ceremony was organized grandly by the Anti Corruption Foundation of India in Karnal. National President Ranjodh Singh, National Chairman Vijay Gupta and International President Mohammad Iqbal Mansoori, State Chief Director Naseem Khan participated as chief guests. On this occasion, the top leaders who have done excellent work for the eradication of corruption awareness in the month of May of Anti Corruption Foundation of India were honoured with the Leadership Achievement Award. Top leader Ranjodh Singh, who has been ranked number one continuously for the last five months, was felicitated on the occasion. Ajit Rahi, Krishna Gupta, Soni Sandhu, Pawan Sharma, Dr. Surendra Nagia, Rakesh Sachdeva, Bhim Singh, Kaptan Singh, Riti Taneja, Sheenu Goyal and Arjun Rana from Karnal team were awarded with Leadership Achievement. Vijay Gupta and Mohammad Iqbal Mansoori were also honoured with the Leadership Achievement Award. National Chief Narendra Arora welcomed all the guests. Narendra Arora said that every month top leaders are honoured by the Anti Corruption Foundation of India. They were also given gifts along with award certificates. Ranjodh Singh, Praveen Kumar Bansal, Kamini Kaushal, Satish Garg were among the top 20 leaders of the month of May. Names of Meet Bhatt, Ajit Rahi, Dr. Barnali Sharma, Krishna Gupta, Rajib Debnath, Abdul Razzak, Atikul Islam, Soni Sandhu, Anbuselvam, Puneet Goyal, Simi Sood, Pawan Sharma, Mohd. Iqbal Mansoori, Suman Sood, Gori Shambhulal, Raees Ahmed were included.



HARYANA

YUGMARG, CHANDIGARH, FRIDAY, JUNE 9, 2023

CM holds interaction with people of the Hisar constituency

BUREAU
CHANDIGARH, JUNE 8

Giving transparent and accountable governance to its citizens has always remained the utmost priority of the Manohar Lal-led government. For the past eight and half years, Chief Minister, Sh. Manohar Lal has launched several IT initiatives like CM Window, Jan Samvad, Nagar and Gram Darshan portals so as to ensure the voices of the people do not go unheard. In fact, the grievance redress mechanism launched by the state government is the gauge to measure its efficiency and effectiveness.

Taking this mechanism a step further, Sh. Manohar Lal along with his Administrative wing, MPs, MLAs and eminent persons have started holding direct interaction with the common man at his residence Sant Kabir Kutir, Chandigarh so as to ensure prompt and effective redress to their grievances. Continuing the series of these direct public interactions, the Chief Minister today interacted with the eminent people of the Hisar Lok Sabha constituency and officials of various departments. During this, he stated that the government holds such interactions with the public for four to five hours and ensures that during this time, they can freely express their concerns before him and the officers concerned.

“The government’s goal is to make people’s lives happier by resolving their grievances. Officers have also been directed to address concerns and ideas from eminent citizens on a priority basis. The suggestions shared by the eminent people in such meetings are also taken into consideration on a priority basis,” said Sh. Manohar Lal. The Chief Minister said that as such interaction programmes raise public expectations. Therefore the officers must make this redressal mechanism more user-friendly. During the interaction, Sh. Manohar

Lal also directed that the mapping of schools and sports stadiums should be done on the same lines as mapping was done to open a college in a 20 km radius. He said that education and sports are a vital part of the overall development of any child. The government aims to open a primary school within a radius of one kilometre, a middle school within a three-kilometre area and a senior secondary school within five kilometres, added Sh. Manohar Lal. He said that an initiative has been taken to open libraries in villages with a population size of 5000. Meanwhile, in today’s interaction detailed discussion was held between the officers of the major department including Education, Health, Food and Supplies, Irrigation and Water Resources, Public Works, Electricity, Development and Panchayat, Haryana State Agricultural Marketing Board, Social Justice and Empowerment, Scheduled Castes and Backward Classes Welfare, Antyodaya, and Public Health Engineering and the officers etc.

Discussions held on Ambala parliamentary by-poll

PRITI SAINI
SADHAURA: A meeting of Block Sadhaura was organised under the leadership of Renu Bala, MLA Sadhaura, at PWD Rest House Sadhaura in which discussions were held regarding the possible parliamentary by-election in Ambala. On this occasion Sadhaura MLA Renu Bala said that Ambala MP Rattanlal Kataria is no longer with us, for which we are sorry. But whatever is the rule of the Election Commission, there is every hope of holding the Ambala parliamentary by-election in the future.



That’s why it is our duty to maintain our preparation regarding it. She said that we all should unite and work in favour of the Congress party so that we can achieve success in this election and strengthen the party. She said that people are unhappy with the present government of the country and the state, because this government forcefully imposes its decrees on the public. This government is not concerned about the interests of the people. Renu Bala said that all the promises made by the government turned out to be hollow, be it the matter of providing employment to the youth, the matter of safety of the daughters, whether it is the matter of reducing inflation, whether it is the issue of doubling the income of the farmers by 2022.

MLA Ghanshyamdas Arora makes surprise inspection of Civil Hospital

SHIV KUMAR SHARMA
CHANDIGARH: Expressing displeasure over the poor cleaning system in Mukand Lal Civil Hospital Yamunanagar, CMO Manjit Singh and PMO were given strict instructions to improve the cleaning system in the hospital. City MLA Ghanshyamdas Arora said that just a few days back Chief Minister Manohar Lal had inaugurated the new building of Civil Hospital, this complex has been built at a cost of about Rs 100 crore. Thousands of people come here daily for treatment but here the cleanliness is so bad that it is as if no one comes here, it is a big negligence in such a new building, it



will not be tolerated at all. The toilets are in very bad condition, there is no pipe and there is no water, construction materials are also lying here and there, the seating area of the patients should be proper and there should be proper arrangement of fans and water in the hospital premises, all these Deficiencies must be corrected. Many officers and employees working in Mukand Lal Civil Hospital Yamunanagar do not come to hospital on time. Strict action will be taken against such employees and officers.

Government providing basic facilities to villages: Sandeep

SANJAY VERMA
PEHOWA: Minister of State Sandeep Singh said that soon a borewell for drinking water and recharging bore for drainage would be installed at Dera Thandapura in village Bakhli. On the demand of the dera residents, he instructed the officers of the Public Health Department to complete all the formalities soon. He was speaking at the programmes organised in the deras of Ishaq and Bakhli Kalan. Instructing the officials of the Public



Health Department, the Minister of State said that the work of laying the pipeline should be done before the construction of streets so that the streets would not have to be uprooted later while giving domestic tap connections. He said that the government is making efforts to provide electricity 24 hours a day under pucca roads and Jagmag Yojana in the camps coming within one kilometre radius of the villages. Minister of State Sandeep informed that the work of new borewell and pipeline for drinking water has been completed in village Gangheri at a cost of about Rs 42 lakh. Its demand was placed on behalf of the villagers in the past. After completing all the formalities, the scheme has been implemented. Instructing the officials of the Electricity Department, he said that the loose wires of electricity from the village Ishaq Arya Plot should be repaired immediately.

Devendra Babli to participate in Gondar village programme

DR ASHOK KUMAR
KARNAL : Haryana’s Development and Panchayat Minister Devendra Babli will attend programmes organised at village Gondar of Nissing block, village Kamalpur Rodan of Indri block and village Shamgarh of Nilokheri block on June 9 and address the gathering. This information was given by the official spokesperson. He said that Devendra Babli will attend the programme organised at Azad Public School in village Gondar of Nissing block on Friday, June 9 at 11 am and will address the gathering. After this, he will attend the program organised at the Government Middle School of village Kamalpur Rodan of Indri block at 2 pm and address the people at Shamgarh village of Nilokheri block at 6 pm.

Yoga makes patient healthy, says Amit Punj

SHIV KUMAR SHARMA
KARNAL, JUNE 8

On the occasion of International Yoga Day, on the instructions of the Haryana Yoga Commission, a yoga seminar was organized under the auspices of the Director of Student Welfare in Horticulture College.District Nodal Yoga Officer Amit Punj said that yoga not only gives good exercise to the muscles of our body, but it also helps in keeping our mind calm. Medical research has shown that yoga helps maintain good health, both physically and mentally. Yoga relieves stress and induces better sleep, increases appetite and digestion. It always keeps the mind calm. It strengthens our muscles and reduces excess fat from the body. It also strengthens our digestive system.



Yoga is a great way to stay fit. Present in the program, Atul Jain while explaining about meditation and yoga said that meditation removes unnecessary thoughts from the mind and gives place to pure and necessary thoughts in the mind. Development of spiritual power: Meditation creates and strengthens the

rhythmic connection between the body, mind and soul. Regular practice of meditation increases spiritual power and gives a feeling of mental peace. He said that Yoga is an important philosophical ideology of Indian culture. College Dean Prof. Ranjan Gupta called upon the students to compulsorily adopt yoga in life.

Shree Ram Katha Shravan has reverence in Ramlila Maidan of Kunjpura village

PARI BAJAJ
KARNAL.: On behalf of Divya Jyoti Jagrati Sansthan, there was reverence on Wednesday evening at the inauguration of the five-day musical Shri Ram Katha at Ramlila Maidan in Kunjpura village. Sadhvi Praveena Bharti, the disciple of Shri Guru Ashutosh Maharaj ji, while remembering the Guru first said that it is the Guru who gives direction to a man in his life and takes him across. That’s why it is necessary to be devoted to the Guru where story of Lord Shri Ram is organized, that place becomes like a pilgrimage. On the first day, he presented the birth context of Lord Shriram in a very interesting way. He said that when Maharaj Dashrath goes to his Gurudev Vashishtha with the desire of a son, then Gurudev Vashishtha gives him the boon of having four sons. By the grace of Lord Yagya Narayan, Shri Hari Narayan comes to his house after taking birth from the lap of Maa Kaushalya. This appearance of Lord Shriram in the outer city of Ayodhya indicates to us that we should reveal Lord Shriram within us. In fact, this body of ours has been addressed by calling it Ayodhya in the scriptures. This human body equipped with eight chakras and nine doors, in which the Supreme Soul Shri Ram is present in the form of light. There is a need for such a Satguru through whom we can interview the light form of that Lord Shri Ram within us. Lord Shri Ram not only blessed Maharaj Dashrath and Queen Kaushalya by taking birth.

Meeting with farmers for awareness of provision of legal services under Pradhan Mantri Fasal Bima Yojana

PARI BAJAJ
KARNAL: Under Pradhan Mantri Fasal Bima Yojana, a seminar was organized today in Auditorium of District Agriculture Department regarding pending cases of farmers under Banks, District Consumer Forum, Permanent Lok Adalat organized. It was presided over by Jasbir, Chief Magistrate and Secretary, District Legal Services Authority, Karnal. AP Dabas, Deputy Director, Agriculture Department Karnal and SK Hinduja, Lead Bank Manager, Karnal and managers of other banks were present in the meeting. The purpose of this meeting was to give free legal aid which is a fundamental right, to give maximum publicity to this legal aid by all the Bank Managers and Agriculture Department. The purpose of this meeting was to give maximum publicity to the awareness camps being set up by Karnal for 1 month from June 1, 2023 in district Karnal so that the farmers can get maximum benefits. In this meeting, cases can be reduced by providing free legal aid to farmers whose claim cases are pending in banks, courts, consumer forums or permanent Lok Adalats as per their eligibility.



Premium show of first Multani film She Mast Mast Multani in Karnal today

SHIV KUMAR SHARMA
KARNAL, JUNE 8

Multani feature film She Mast Mast Multani made in the world’s first Seraiki Multani language will be releasing simultaneously across the country on Friday. In Karnal, film will be the first premium show released in the movie time of Super Mall. Ramesh Malhotra told that the premium show of this film will start on Friday, June 9 at 6 pm. But MP Sanjay Bhatia, National President of Multani Circle Prof. Joginder Madan, industrialist Raj Bajaj will be prominently present.

The film is produced by Caravan Productions. The film is directed by Ramesh Malhotra Multani and Harmesh Honey Malhotra. In this film, Prem Sethi, a well-known comedy poet of the state, who has received the May Award from the Haryana Hindi and Punjabi Sahitya Akademi, has played an important role. Apart from this, many local artistes of Karnal and Panipat have played roles in this film. This information was given by filmmaker-producer Ramesh Malhotra Multani. He told reporters that the film was an entertaining comedy film based on social concerns. It is a complete family film. Ramesh Malhotra told that it was a family film in which children and adults have done a wonderful



job. All the actors from Haryana, Mumbai, Delhi and Punjab have acted in this film. He told that the entire shooting of this film has been done in Haryana. The purpose behind making the film has been told that our Siraiki Multani language, which was on the brink of extinct can be promoted. The editor of this film is Harmesh Honey Malhotra and the music director of the songs is Lovely Sharma. Along with being a box of laughter in the film, its songs are very melodious which will rule the hearts of the audience. The film stars Lokesh Mohan Khattar, Tilak Raj Chutani, Kamal Nayan Verma, Harish Verma, Mukesh Behar, Gulshan Thareja, Prem Sethi, Balbir Bali, Sham Anand, Ramesh Katheria, Khushi Aroora, Harsh Bala, Preet Marwah, Kiran Chowdhary, Kamla Bali, Harminder Pal, Anju Kharbanda, Kapil Sukhija, Sham Lal Malhotra, Raman Nasa etc.

Nritya Gopal Das inaugurates Vishwa Hindu Takht formed by Shandilya

SHIV KUMAR SHARMA
AMBALA: The Vishwa Hindu Takht, formed by Viresh Shandilya to strengthen the Sanatan Dharma on the call of the saints of the world, was inaugurated today by Mahant Swami Nritya Gopal Das Ji Maharaj, President of Shri Ram Janmabhoomi Trust, from the holy land of Ayodhya. It was done at Maniram Das Cantonment in the presence of Vishwa Hindu Takht chief Viresh Shandilya. Saint society was present in Ayodhya on this occasion and blessed Veeresh



Shandilya on the formation of Vishwa Hindu Takht and the saints said in one voice that the beginning of Vishwa Hindu Takht by Shandilya is a commendable work and the need of the hour. Viresh Shandilya said that the inauguration of the Vishwa Hindu Takht by Nritya Gopal Das, who has a significant contribution in the fight to build the Shri Ram temple, is a proud moment and certainly to strengthen Sanatan Dharma at the international level by taking along the Sant Samaj and Adi Guru. Vishwa Hindu Takht will do the work of taking Shankaracharya’s thoughts to every household. Swami Kamal Nayan Das Ji Maharaj, the successor of Shri Ram Janmabhoomi Trust in Ayodhya, to the people of Vishwa Hindu Takht, Saint Shiromani Mahant Raj Kumar Das, Maharaj Sanjay Das of Hanuman Gadi, and Swami Suresh Das, the successor of Mahant Paramhans Maharaj of Digambar Akhara, who fought the legal battle of Ram Mandir till the Supreme Court, Hemant Das, senior priest of Hanuman Garhi, Balam Das Maharaj and MP Brij Bhushan Sharan Singh launched and Veeresh Shandilya was nominated for this bid.

Farmers block Sadhaura road to protest against lathicharge

PRITI SAINI
SADHAURA: To condemn the lathi charge on the farmers in Shahabad, the farmers blocked the Sadhaura Dosadka road. Farmer leader Sanjeev Saini, who is presiding over the jam, said that the government and the administration lathicharged the farmers which is wrong and condemnable. The Bhartiya Kisan Union strongly opposes it. He said that in Shahabad, farmers were protesting for the purchase of sunflower, on which the police lathicharged. Farmer leader Sanjeev Saini said that sunflower has been harvested in the fields and farmers are getting worried about selling it. But the government is not procuring sunflower. Farmers were protesting in Shahabad regarding this issue. Under the chairmanship of Sanjeev Saini, farmers blocked the way by obstructing large vehicles, tractor trolleys etc. on Sadora Dosadka road and raised anti-government slogans. Farmer leaders calmed down on the persuasion of police officers late night and the jam was opened late night. Due to this, the situation of jams remained for a long time and long queues of both vehicles started on the road. Sanjeev Saini said that the protest will continue till his demands are met.



NEWS AT A
GLANCEChildren performed in
grand finale of TLF school's
summer camp

SANJEEV KUMAR ARORA MOGA: The Grand Finale was organized during the ongoing summer camp at The Learning Field A Global School (TLF). This grand finale summer camp was inaugurated by the chairman of the school, Eng. Janesh Garg, Chairperson Dr. Muskan Garg, Principal Binny Kaur Ahluwalia and group staff blessed the students. Principal Binny Kaur Ahluwalia said that the students have learned Art and Craft, Puppet Making, Story Telling, Modelling, Dance, Song-Music, Personality Development, Ramp-Walk, Hip-Hop in a practical manner during the ongoing summer camp in the school. Apart from Art of Living, Yoga Meditation and Aerobics, students showcased their talents in fun activities like Rain Dance, Pool Party and Upteen. The grand finale organized in the school started with welcome dance, yoga and aerobics session. This was followed by ramp-walk, cultural events, puppet show, Punjabi folk dance. Apart from this, the kids' art and craft exhibition was the main attraction of the show. The show was motivational for the kids as it gave them an opportunity to explore their individuality.

Naib Tehsildar
Amarpreet Singh
honours

CHET RAM RATTAN NAWANSHAHR: A special meeting of Revenue Service Free Patwari and Kanungo Welfare Association was held under the chairmanship of District President Harbhajan Singh Jadh. Demands of Patwaris and Kanungo were discussed. Chairman Jadh assured the colleagues that everyone's demands would be resolved on priority basis. In the meeting, Jarnail Singh Dhillon, Vice President, Gurdeep Singh Kuka, Former President, Kanungo Association Punjab, Ravinder Singh Ghumman, General Secretary, jointly said that whoever's birthday comes in the meeting, the union will celebrate his birthday by cutting a cake. with his family. Naib Tehsildar Amarpreet Singh, who was promoted from Kanungo, was honored by giving gifts and presents on behalf of the Sangh. Naib Tehsildar also assured the colleagues that whatever your work is, it will be done on priority basis. Colleagues also congratulated him on this occasion.

Police of Sadar Rampura
police station arrest four
youths with fake currency

KULJIT SINGH DHINGRA RAMPURA PHUL: The desire to become rich overnight has led many astray. In this race, four youths who were roaming within the limits of police station Sadar Rampura along with fake Indian currency have been caught. Investigating officer Harbans Singh said that the informer informed the police during the patrol that some youths were roaming around with fake currency inside the car. Regarding the suspicious men and vehicles, Bathinda-Barnala Main Road Drain Bridge, Karanwala village was present, then an Alto car in which Gurbaj Singh son of Nirmal Singh resident of Jodhpur Pakhar, Ranjit Singh son of Mishra Singh resident of Handiaya, Jagbir Singh son of Mahinder Singh resident of Kattu, Salim Khan son of Ramjan Khan was a resident of Kattu. Uktan kept fake notes of Indian currency in his car and in his possession and wanted to drive a person to villages Pittho, Badiala and village Jaid etc.

ACS asks officers to gear up for expediting
construction of medical instituteSHASHI PAL JAIN
CHANDIGARH, JUNE 8

Additional Chief Secretary to Chief Minister, Punjab Mr. A Venuprasad today asked the officers to gear up for expediting the construction work on the prestigious Dr BR Ambedkar State Institute of Medical Sciences, SAS Nagar Mohali in a time bound manner.

Chairing a review meeting here at his office on Thursday, the Additional Chief Secretary to CM said that this premier institute is coming up in consonance with the vision of the Punjab Chief Minister Mr. Bhagwant Mann to emerge state as a hub of medical education. He said that this apex institute will be instrumental in imparting quality medical education to the students on one hand and delivering world class medical facilities to students on the other. Mr. Venuprasad said that regular classes at Dr BR Ambedkar State Institute of Medical Sciences, which is affiliated under Baba Farid University of Health Sciences Faridkot,



have to be started very soon. The Additional Chief Principal Secretary to CM said that this state of the art institute will come over 28 acres of land and will be equipped with ultra modern equipment and technology. He said that the location of this college and all the designs have already been finalized adding that work on this ambitious project will start soon. Mr. A Venuprasad envisioned that the new Medical college will give a boost to treatment and diag-

nostic facilities. The Additional Chief Secretary to CM said that since a large number of students from other states will also come to this college, a state of the art hostel facility will also be constructed along with the college. He envisioned that the students aspiring to pursue medical education will no longer have to go abroad as they will be provided quality medical education in these medical colleges. Mr. A Venuprasad asked the officers to en-

SAD held an important meeting regarding strength of
party organization, Lok Sabha elections

GURDASPUR (VERMA): Party President S. Shiromani Akali Dal at party office Chandigarh to discuss the strength of the party organization and the Lok Sabha elections. Sukhbir Singh Badal, former cabinet minister Anil Joshi, various halka in-charges of Punjab discussed the upcoming Lok Sabha elections and party activities. On this occasion Raj Kumar Gupta, Circle Incharge Sujampur and District Observer said that special efforts are being made to strengthen the party in District Pathankot. He said that the workers are fully



prepared for the upcoming Lok Sabha elections and this time the party will perform very well in district Pathankot. On this occasion, Manohar Lal Singh Parbhari, RD Sharma Ludhiana, Mohit Gupta Bathinda, Harjit Singh Bhullar Mohali, Harish Handa Ludhiana, Surindra Kumar Chindi Fategarh Bangles, Raj Kumar Raju Aggarwal Batala, Sushil Kumar Pinky Halka Incharge Dasua etc.

Punjab registers record
utilization of Rs. 800 cr under
NABARD assisted projectsGAURAV GOEL
CHANDIGARH, JUNE 8

Punjab Finance, Planning, Excise and Taxation Minister Advocate harpal Singh Cheema on Thursday said that the state has drastically improved its performance registering a record utilization of funds of Rs. 800 crore in the fiscal year 2022-23 for the on-going Rural Infrastructure Development Projects assisted by National Bank for Agriculture and Rural Development (NABARD). Chairing a high powered committee meeting here at Punjab Bhawan to review the NABARD assisted projects, the Finance Minis-

ter Harpal Singh Cheema lauded the role of the Finance Department and NABARD in smooth implementation enabling high utilization for the on-going projects during the fiscal year 2022-23. Thanking NABARD for sanctioning new projects worth Rs.919 crore highest so far for the state of Punjab, the Finance Minister urged NABARD team to enhance the allocation of the state for new projects for FY 2023-24 (RIDF-XXIX) to Rs. 1500 crore in view of the good performance of the state and also the keenness of the State to have maximum utilization for improving the rural infrastructure.

World Food Safety Day celebrated at
District Hospital Fatehgarh SahibAJAY MALHOTRA
FATEHGARH SAHIB, JUNE 8

As per the directions of Health and Family Welfare Minister Dr. Balveer Singh 'World Food Safety Day' was celebrated today at District Civil Hospital Fatehgarh Sahib under the leadership of Civil Surgeon Dr. Devinderjit Kaur.

On this occasion, Dr. Davinderjit Kaur said that every year common people should be made aware of eating clean food, staying away from fast food, avoiding bad eating habits, treating diseases caused by wrong eating, and improving human health. She said that the cases of diseases caused by eating unhealthy food are increasing day by day in society. Young children, pregnant women,



the elderly, and working people are the most victims of diseases caused by eating unhealthy food. Eating unhealthy food and unhygienic food leads to the risk of getting serious diseases ranging from diarrhea to cancer. Eating good food is very important for good human health. We should eat green vegetables, and seasonal fruits to stay healthy. On this occasion, the district health officer Dr. Navjot Kaur, and Food Safety Officer Mahek Saini in-

formed that the health department periodically conducts sampling for checking the quality of fertilizers, and action is taken against the seller of adulterated products. On this occasion, the district health officer District Group Education and Information Officer Karnail Singh, Gurdeep Singh, Jaswinder Kaur, District B.C.C. Coordinator Amarjit Singh, Jagjit Singh, Balwinder Singh, Sunil Kumar, and common people were present.

State govt to made policy against
exploitation of women in abroad: C.D.P.O

MANSRA (RAM SINGH DHALIWAL): Send the women of Punjab to foreign countries that the exploitation of them is being taken seriously by the state Government. In this regard, the state Government is holding a discussion with the victims under the chairmanship of Social Security, Women and Child Development Minister Dr. Baljit Kaur on June 11 in Jalandhar to draw up a state-level policy to prevent the exploitation of women. Giving more information, CDPO Harjinder Kaur said that the leadership of Chief Minister Bhagwant Mann to protect the rights of women of Punjab who are willing to go abroad, have settled there or have returned. Special attention is being given by the Punjab Government. She said that some agents are giving fake jobs and falsely sending the women of the state to foreign countries illegally. By making statements, they are exploited in various ways. Efforts are being made by the Punjab Government to prepare a state level policy to overcome this situation. She said that to listen to the tragedies of women who have suffered all kinds of exploitation in this policy and to include their suggestions in the policy, a discussion is being organized on June 11 at the office of the Deputy Commissioner, Jalandhar from 11 AM to 1 PM. She explained that incidents of exploitation of women are reported especially from America, Canada, Australia, New Zealand, Middle Eastern countries like Kuwait, Dubai, Oman etc. She said that such bad behavior has been taken seriously by the state Government. C.D.P.O Harjinder Kaur said that women who have been duped by NRI persons/agents/relatives have been given an open invitation to join this discussion.

VB nabs Sanitary Inspector
for taking Rs 4,000 bribe

CHANDIGARH (SUMER GARG): The Punjab Vigilance Bureau (VB) during its ongoing campaign against corruption in the state, on Thursday arrested a Sanitary Inspectors Jatinder Vij, posted at Zone-D, Municipal Corporation, Ludhiana for accepting a bribe of Rs 4,000. Disclosing this here today, a spokesperson of the VB said the above said official has been arrested on the complaint of Mahi Ram, resident of Tower Colony, near Grain Market, Ludhiana, a permanent resident of village Hindbathi, district Damo, Madhya Pradesh. Giving details he added that the said complainant has approached the VB and informed that he used to collect waste items like glass bottles, plastic and iron materials from the garbage dump near Bus Stand Ludhiana but the Sanitary Inspector was demanding Rs 15,000 monthly as bribe from him to pick waste materials. The complainant further informed that the above said accused had already taken Rs 8,000 from him as a first instalment of bribe and demanding more money. The spokesperson informed that after preliminary investigation into the allegations, a VB team from Ludhiana range laid a trap and the accused Inspector was arrested on the spot while taking Rs 4,000 as a second instalment of bribe from the complainant in the presence of two official witnesses. In this regard a case under prevention of corruption act has been registered against the said accused at VB police station, Ludhiana range. He would be produced in the local court tomorrow. Further investigation in this case was under progress, he added.

Amrik Singh unanimously elected
President, District unit of Giani Ditt
Singh Foundation PunjabAJAY MALHOTRA
FATEHGARH SAHIB, JUNE 8

Amrik Singh was unanimously elected as President of, the District unit of the Giani Ditt Singh Foundation Punjab. In the presence of State General Secretary Navtej Singh, Senior Vice President Satwant Singh, Vice President Gurmeet Singh, Finance Secretary Sukhdev Singh Thabalan, Advocate Dhaminder Singh Lamba, Harpal Singh Chahal, Swaran Singh Preet Nagar, Sohan Singh Kang Ram Das Nagar, Randhir Singh, Panch Gurmeet Singh, Contractor Ranjit Singh and Advocate Harpreet Singh an election meeting was organized today under the supervision of state president Eng. Surinder Singh Kalaur.

During the district-level election of the Giani Ditt Singh Foundation, all the present members unanimously elected Malkit Singh Ralon as patron, Amrik Singh as president, Kulwant Singh as general secretary, Ajaib Singh as senior vice president, Gurmeet Singh Lahore as junior vice president, Jaspal Singh as organizing secretary.

BBS Bhucho Mandi gets
Canada visa for Harsimranjot

BHAGTA BHAI (PARVEEN): The students of BBS IELTS Institute Bhucho Mandi, a renowned educational institution of the area, are shining the name of the institution by achieving IELTS results. Sukhmandar Singh Sidhu, administrator of BBS Branch Bhucho Mandi, said that the organization has made the dream of a talented student Harsimranjot Kaur, daughter of Gurtej Singh Sidhu, a resident of Pohli, come true by getting a Canada study visa to go abroad for higher studies. At present, the branch manager Sukhmandar Singh Sidhu said that BBS IELTS Institute has about half a dozen other branches in other cities of the state as well, which are succeeding in living up to the expectations of the youth.

He claimed that BBS prepares students for IELTS and PTE by expert staff. He also congratulated the staff of the institute for the good results. At this time, BBS Group MD Yadwinder Singh Mann congratulated the student Harsimranjot Kaur and wished her a good future. On this occasion, Gurtej Singh Sidhu, Secretary Bathinda Press Club, Sukhpal Singh Soni etc. were present.

Majithia appeals to Banwarilal Purohit to direct Chd police
to register case against food, civil supplies KataruchakRAWEL BHINDER
PATIALA, JUNE 8

Former minister and Shiromani Akali Dal (SAD) senior leader Bikram Singh Majithia today appealed to Punjab Governor and Chandigarh Administrator Banwarilal Purohit to direct the Chandigarh Police to register a case against food and civil supplies minister Lalchand Kataruchak to ensure justice to the victim in the sexual misconduct complaint filed against the minister.

Talking to newsmen here, the SAD leader said he was making a request to the Chandigarh Administrator to act in the matter as the Aam Aadmi Party (AAP) government in Punjab was shielding the accused minister. "This is even more important as the Governor has raised this issue with the Punjab government repeatedly and called for action against Kataruchak". Bikram



Majithia said the Administrator's action would be entirely justified as the complainant had submitted videographic evidence of the wrongdoing done unto him to the Administrator. "Moreover the Administrator had forwarded the videographic evidence to the Chandigarh Police which had conducted a forensic analysis on the same and found it to be genuine. In such circumstances, seeing the Punjab government's insistence on not proceeding against Kataruchak, it would be in the fitness

of things to register a case against the minister in Chandigarh". Majithia also castigated SC representatives in the AAP government for remaining silent on the victimization of a scheduled caste by the minister. He said it was shocking that the finance minister Harpal Cheema and other SC leaders of AAP remained quiet about the injustice done by Kataruchak but had got together to do a press conference against leader of opposition Partap Singh Bajwa for passing alleged anti-SC remarks.

Placement of M.Pharm students
of ISF College of PharmacySANJEEV KUMAR ARORA
MOGA, JUNE 8

Six students of M.Pharm final year of ISF College of Pharmacy have been selected for job placement in Paraxal International India Pvt. Ltd., Mohali. Giving information about this, Placement Officer Dr. Amandeep Singh said that

students Manisha Vohra, Mohammad Amir, Piyush Anand, Lakshmi Kumari, Maitri Ghosh and Gurkaran Singh were selected during research in Drug Safety Associate Grade-1 in Paraxal Company. Students were selected after two rounds of interview by Paraxal. The placement team here is

continuously practicing personality development, skill development as well as yoga and medicine for mental health for the all-round development of the students.

As a result, along with education and research, the students develop the qualities of becoming responsible citizens.

Jagraon based aides of gangster Goldy Brar
arrested by Moga police, arms recovered

JAGRAON (SUKH NAHAR): Moga police had a tremendous success in its campaign against gangsters being carried under the guidance of SSP J. Elanchezhian. The police team successfully arrested 2 accomplices of notorious gangster Goldy Brar and recovered arms from them. Giving more information about this, SSP J. Elanchezhian said that under the supervision of SP Ajay Raj and DSP Harinder Singh police team led by CIA staff incharge Kikkar Singh and Varinder Singh arrested Gulshan Kumar alias Sheru son of Des Raj resident of Jagraon and Dilpreet Singh alias Golu son of Bohar Singh resident of Kaunka Kalan and recovered illegal weapons from them. Both the accused allegedly supply illegal weapons to gangsters. "Police team was present at Bypass Kotkapura GT road under Moga-Ludhiana bridge when they received information about absconders Gulshan Kumar and Dilpreet Singh as they were heading towards Jagraon via Talwandi Bhangeria on their car. As the information was trustworthy, police arrested both the accused near T-point Kutcha Dusajh road Moga and recovered 1 revolver 32 bore, 1 pistol 32 bore and 4 live cartridges," he said.

Dr. KS Paras honored with Bharat
Gaurav Ratna Shri Award

AMRITSAR (GURDARSHAN SINGH): Dr. KS Paras, who has earned a big name in the world of astrology, has been awarded the Bharat Gaurav Ratna Shri Award by the World Human Rights Protection Commission. In view of his achievements in the field of astrology, Dr. Paras has been honored with this award in a program organized on the occasion of Environment Day in New Delhi.

After receiving this award, Paras while talking to the journalists said that this award is a biggest honor.

He said that when a person sets his heart to achieve any destination, no difficulty can stop his way. Paras said that it is the result of the love of his family, friends and well-wishers that he has been able to achieve such a position today.

Dr. KS Paras has been serving the people for the last three decades and till now he has got 18 gold medals in the field of astrology. KS Paras has also been awarded an honorary doctorate for his expertise.



Mock drill organized
in Baddi



SHANTI GAUTAM
BADDI: Mock drill was organized at Baddi Tehsil office on fire prevention under disaster management. Tehsildar Baddi Rajesh Sharma had also constituted an incident response team for the mock drill. Rajesh Sharma said that a mock drill was organized on fire prevention under disaster management. He said that taking this mock drill seriously, their tasks were carried out as per the prescribed protocol. It is said that Baddi falls in a very sensitive zone from the point of view of disaster. He said that no natural disaster can be avoided, but due to better management, complete preparedness and inter-departmental coordination and awareness, the damage caused by it can be reduced to a great extent. He stressed on the need of making people aware about disaster management from officers and employees. Mock drill will be organized in the sub-division this month to deal with disasters like landslides, floods and earthquakes. A power point presentation on disaster management was also given.

Federation submits memo
on demands of panchayat
animal assistants

JOGINDER DEV ARYA
BANGANA: Himachal Pradesh Animal Husbandry Department Veterinary Pharmacist Employees Federation sent a memorandum to the Panchayat regarding the demand of making a permanent policy for the regularization of animal assistants. Federation's District President Manoj Kumar, District General Secretary Vishal Singh, District Senior Vice President Balveer Singh said Panchayat Animal Assistant has been working in Animal Husbandry Department for the last almost ten years. His honorarium is only Rs.7000 per month. Till now there is no permanent policy for their regularization.

The girl found dead turned out
to be a resident of Ludhiana

SANJAY AGGARWAL
DHARAMSHALA, JUN 8

Police have identified the girl found dead on the banks of Baner Khad near Chamunda temple in district Kangra. The girl was a resident of Ludhiana, Punjab. The relatives of the girl reached Dharamshala and identified the dead body. Girl's identity Khushpreet Singh age; 22. Daughter Jagtar Singh Housing Board Colony Guru Tegh Bahadur Gurudwara Ferozepur Road Ludhiana Bharat Nagar Chowk Ludhiana Punjab. Wednesday the local people saw the dead body of a girl lying on the banks of the Baner river in the Maa Chamunda temple. On receiving the information about the case, the police team reached the spot and started the investigation and recovered the dead body. No such document etc. was found from the girl who was taken into custody, so that the girl could be identified, the police had found only some bus tickets with the girl, on the basis of which the police, while investigating, identified the girl. District Kangra SP Shalini Agnihotri while giving information to the journalists said that the bus tickets found by the Yol police station team from near the dead body regarding an unknown body recovered by the police yesterday, suggested that this young woman Started his journey from Ludhiana. SP Shalini Agnihotri told that the police has identified it this morning. The relatives of the girl have reached Dharamshala and the post-mortem of the dead body of the girl is going on in the hospital of Dharamshala. She told that the cause of death would be known only after the post mortem report comes. The girl had left her family's house saying that she was going to give an interview in some lowform. Since then there was no contact with his family members.

Puneet Malhi honored by New
Pension Employees Union

SANJAY AGGARWAL
DHARAMSHALA, JUN 8

State Senior Vice President of New Pension Employees Union Sourav Baidya, District Kangra President Rajindra Manhas, Pooja Savrapal Mahila Sangathan Secretary New Pension Employees Union, Munish Panjlu Deputy President Kangra felicitated Pradesh Congress Party Secretary and Media Coordinator Puneet Malhi on Thursday. All the office bearers of the Sangh thanked Puneet Malli for the cooperation given by the Sangh and for the successful organization of the rally during the rally held at Police Ground, Dharamshala. He said that



Chief Minister Sukhwinder Singh Sukhu of the Congress government has benefited the employees by fulfilling the promises made by the New Pension Employees Union in the Vidhan Sabha elections. Meanwhile, Puneet Malhi thanked the

New Pension Employees Union and said that Chief Minister Sukhwinder Singh is fulfilling the promises made to the public by Sukhu and working on how to strengthen the state's economy under the system change.

National Federation of Journalists (NMC) demands
the CM to take action against the MD of a Baddi-
based company who misbehaved with journalists

SHANTI GAUTAM
BADDI: With the change of government in the state, some industrialists are also busy in misbehaving and using abusive language with the journalists and Himachalis. It was happened a private company of Baddi, where the present MD pushed and abused the journalists. He has made some indecent remarks, which has been strongly condemned by the National Federation of Journalists, NMC, Himachal Pradesh unit. Its President Shanti Gautam, Senior Vice President Vikas Sharma, Mandi District Magistrate Ajay Surya Yadwinder Singh, Jyoti Kumari, Neelam, Shiv Kumar, Pradeep Kumar, Rahul Sharma, Chamru Ram have demanded strict action from the Chief Minister against such industrialists and said that this was a reflection of their narrow mindedness. It is worth mentioning that this is the same industrialist whose industry has fired about 450 employees for a week and they were put to struggle. Industrialists are getting the work done by bringing laborers from outside. On Tuesday, CPS Ram Kumar had also gone to the company owner to get the workers' settlement done, but the company owner has remained a dictator. The company owner also pushed and misbehaved with the journalists who went to cover the striking employees on Wednesday.

HIMACHAL

YUGMARG, CHANDIGARH, FRIDAY, JUNE 9, 2023

Financial and Social Security of Para worker's
utmost priority of the state Govt: CM

DINESH AGARWAL
SHIMLA, JUNE 8

The Chief Minister, Thakur Sukhvinder Singh Sukhu was hailed as a beacon of hope. His commitment to the welfare of the state's employees and para workers was evident in the transformative measures undertaken by his government.

The State Government had taken a historic decision, bringing all the employees under the Old Pension Scheme. This move ensured financial security for the hardworking employees who dedicated their lives to public service. But the government's vision of welfare extended beyond pensions. Recognizing the pivotal role played by para workers, the State Government decided to bestow them with the respect they deserve. Daily wagers, who toiled relentlessly to make both ends meet, were given an increase in their daily wages from Rs. 350 to Rs. 375. This



seemingly modest increment provided them with an additional Rs 750 per month, easing their financial burdens. The para workers, including the valiant Anganwari workers, who played an indispensable role during the challenging times of the Covid-19 pandemic, were not forgotten. The State Government raised their honorarium from Rs 9000 to Rs 9500 per month, acknowledging their dedication and selflessness. The Mini Anganwari Workers

also witnessed an increase, from Rs 6100 to Rs 6600, while the honorarium of Anganwari Helpers grew from Rs 4700 to Rs 5200. The pandemic had taught the world the importance of community healthcare workers, wherein the ASHA workers stood at the forefront of this battle. The State Government recognized their contributions and elevated their honorarium by Rs 500 per month. Now, the ASHA Workers received a monthly honorarium

of Rs 5200, fostering their sense of value and motivation. Silai teachers, play a crucial role in providing training to the new learners. The State Government increased their honorarium by Rs 500 per month, appreciating their dedication to shaping the future generations. In the realm of education, the Mid-day meal workers provided nourishment to countless children in government schools. Acknowledging their tireless efforts, the State Government augmented their honorarium from Rs 3500 to Rs 4000 per month, further ensuring that their valuable service did not go unnoticed. Meanwhile, Jal Rakshaks were also given an increase of Rs. 500 in their honorarium from Rs. 3900 to Rs. 4400 per month in the education department. This decision not only benefited these dedicated para workers but also had a ripple effect, positively impacting the lives of thousands across the state.

Mock drill completed safely at
IOCL Terminal Pekhubela

KISHORI LAL BAINS
UNA, JUNE 8

Mock drill exercise was conducted in all the five sub-divisions of district Una as part of the mock drill exercise organized at the state level. Executive Deputy Commissioner Mahendra Pal Gurjar said that the rescue and relief work in case of fire due to oil leakage at IOCL Pekhubela in subdivision Una, Baba Garib Das temple in Andrauli village of subdivision Bangana and Di Hatti built under subdivision Gagret and subdivision Amb. To deal with the situation of flash flood in Lower Andaura and under the sub-division Haroli, relief and rescue work was practiced due to the blockage of the road in the event of flash flood. After the mock exercise, the Executive Deputy



Commissioner told that after mock drill, there is security and awareness among the employees and the employees start discharging their responsibilities properly. He told that through mock drill, in case of emergency, necessary systems such as ambulance, rescue team, fire brigade can reach the spot on time and carry out rescue and relief operations. He told that the awareness mock drill also

boosts the morale of the employees and workers engaged in other rescue and relief operations. He told that by organizing such symbolic training programs, officers, employees and other rescue team members get information about who should be informed first in case of an accident. He informed that the mock drill was conducted safely in all the sub-divisions of the district in a phased manner.

Mega mock drill organized to
deal with natural disaster



DAULAT CHAUHAN
JAWALI: In order to deal with natural calamities, a mega mock drill was conducted today by the administration at ITI Jawali. As soon as administration got the information about the earthquake in ITI, the employees of Fire, Electricity, Public Works, Water Power, Health, Animal Husbandry Departments including SDM Mahendra Pratap Singh reached the spot. The fire brigade rescued seven children trapped inside the ITI building, out of which three were sent by ambulance to the civil hospital due to critical condition, while four others were given first aid by doctors on the spot. The Electricity Department reached the spot and disconnected the electricity connection and the Jal Shakti Department made provision of water by installing temporary taps. SDM Jawali Mahendra Pratap Singh said that a mock drill has been conducted to deal with the disaster, in which the children were told the methods of rescue from earthquake, flood, landslide and fire.



Chief Minister, Thakur Sukhvinder Singh Sukhu welcomes Union Power Minister R.K. Singh at Jubbarhatti Airport Shimla on 8th June 2023. MLA Chander Shekhar, Principal Advisor to Chief Minister, Ram Subhag Singh and Political Advisor to Chief Minister Sunil Sharma were also present.

Man dies in suspicious condition in Baddi, case
registered against 2 policemen

ANWAR HUSSAIN

NALAGARH: Roop Ram s/o Jagdish, 49, of Jaswan village in Kangra district has died under suspicious circumstances. The person was brought to Baddi Hospital in an unconscious state where doctors declared him brought dead. The companion of the deceased accused the police personnel posted in the PCR of the police, saying that he slapped and fell down from the scooter. A case has been registered against two police personnel on the basis of complaint under police station Baddi. In the complaint given to the police, Vipin Kumar s/o Roshan Lal Village Jol Post Office Jandor Police Station Dehra Tehsil Janswa District Kangra told that he and Roop Ram used to work together in the same company. In the past, both were going towards the room on scooter, then the scooter broke down on the way and then they were taking the scooter on foot. During this, when the PCR vehicle came, they stopped it for checking and the policeman asked the reason for driving the scooter in this way and did not even give him a chance to speak and slapped him due to which he fell down from the scooter.

Campaign launched to make
schools, villages tobacco free



AGENCY
DHARAMSHALA, JUNE 8

Amassive campaign has been launched in Himachal Pradesh's Kangra district to make schools and villages tobacco free. In this campaign, which runs till July 30, integrated efforts are being made to create awareness about the harmful effects of tobacco consumption among people, especially the youth, and to free people from tobacco addiction and stop tobacco consumption through mass campaigns. Additional Deputy Commissioner Saurabh Jassal gave the information after the meeting of the District Level Coordination Committee

constituted under the National Tobacco Control Programme. On May 31, on World No Tobacco Day, a nationwide tobacco-free youth campaign has been started by the Government of India. Jassal said the 60-day campaign is focused on four main points - public awareness, tobacco free educational institute certification, tobacco free village and challan with effective implementation of (COTPA) 2003 Act. He said the states and districts doing better work in these categories would be rewarded at the national level. He urged all departments to work together to make the campaign a success in order to make Kangra district a leader in the country in tobacco eradication.

Govt should start student union elections
in educational institutions: Akash



SANJAY AGGARWAL
DHARAMSHALA, JUNE 8

State Minister of Akhil Bharatiya Vidyarthi Parishad, Himachal Pradesh, Akash Negi, during a press conference in Dharamshala, has demanded the state government to start student union elections in all educational institutions, so that students get the opportunity of proper representation and develop leadership qualities in them. Are. He has demanded work in all state universities and colleges as per the present requirements and improvement in various aspects. Special steps have also been demanded to improve the condition of all the universities and colleges

across the country. He informed that a resolution was passed on the title of university administration to pay attention to the quality of education sector. ABVP has demanded immediate steps from the government and the administration of educational institutions to make educational campuses stress-free. Akhil Bharatiya Vidyarthi Parishad will start 'Anandamaya Sarthak Chhatra Jeevan Abhiyan' in educational institutions across the country this year. Various creative activities, programs, mental health management programs etc. will be organized under this campaign. Akash Negi said that ABVP is entering the 75th year of its historic

organizational journey on 9th July 2023. For this important upcoming year of Akhil Bharatiya Vidyarthi Parishad, in this National Executive Council meeting, an action plan has been set to address the issues related to students and youth on a large scale by ABVP through various campaigns. He said that to celebrate the glorious occasion of the 350th anniversary of the coronation of Chhatrapati Shivaji Maharaj, various programs will be organized in educational campuses across the country. In this meeting, participation of students in the implementation of National Education Policy, self-reliant India etc. will be meaningful. is discussed.

CHANDIGARH ADMINISTRATION
DEPARTMENT OF EXCISE & TAXATION
PUBLIC NOTICE

Notice for inviting e-tenders for allotment of remaining 18 licensees for Retailsale vends (L-2/L-14A) from the general public for Excise Policy 2023-24 in U.T., Chandigarh.

- It is hereby notified the information of general public that e-tenders are invited for the grant of retailsale i.e. L-2/L-14A licences in the form of licensing units for the Excise Policy, 2023-24. Each Licensing Unit will comprise L-2/L-14A (Indian Made Foreign Liquor, Imported Foreign Liquor and Country Liquor) under one roof. There will be remaining 18 licensing units across the entire city with a reduced reserve price as approved by the Competent Authority and e-tenders shall be invited individually for all the licensing units.
- The Retail-sale vends shall be allotted to the highest eligible bidder, quoting equal to or above the reserve price of the licensing unit. In case of more than one bid quoting the same highest price is received, the allotment shall be determined by draw of lots among the bidders quoting the same highest price.
- All willing participants may visit the official website of the department i.e. www.etdutt.gov.in/exciseonline for information to know the procedure. The detailed procedure for e-tenders and submission of participation fee and earnest money, in accordance with the Excise Policy 2023-24, is available on the official website of the department i.e. www.etdutt.gov.in/exciseonline as well as in the Excise office of the Department.
- In order to submit e-bids, every prospective bidder is required to get himself registered at <https://etenders/chd.nic.in>
- The terms & conditions and the detailed list mentioning localities/sectors of Licensing units, Vend Code, permissible no. of vends, quota and reserve price can be downloaded from the official website of the Excise & Taxation Department i.e. www.etdutt.gov.in/exciseonline from 'Public Notices' Section.
- All licenses shall be granted subject to the Punjab Excise Act, 1914 (as applicable to U.T. Chandigarh) and the Rules framed there-under and the Excise Policy 2023-24. The Excise Policy 2023-24 is available on the official website of the Department www.etdutt.gov.in/exciseonline.
- E-tenders will be available at <https://etender.chd.nic.in> on 08.06.2023 at 12:00 Noon and the bidders may start to submit their bids from 08.06.2023 (12:00 Noon).

Schedule of dates for allotment of liquor vends:-		
1.	Starting date and time for bid submission	From 8th June, 2023 (12:00 Noon)
2.	Closing date and time for bid submission	14th June, 2023 (upto 03:00 PM)
3.	Opening of Technical e-bids	14th June, 2023 (03:30 pm onwards)
4.	Opening of Financial e-bids	14th June, 2023 (04:30 pm onward) at Conference Hall, Excise & Taxation Department, Sector 17, Chandigarh

Excise & Taxation Commissioner, Union Territory, Chandigarh

An Incredible Indo-Nepal Cyclothon by Bhavanites



AVTAR SINGH BHANWARA
CHANDIGARH: Bhavan Vidyalyaya, Chandigarh had organised a first of its kind Cyclothon- 'Maitree 2023' from Chandigarh to Kathmandu, themed 'Vasudhaiva Kutumbakam'. This unique endeavour began on 27th May, 2023, when the cycling contingent comprising seventeen dauntless students and five teachers was flagged off by Shri R.K. Saboo, Chairman of Bharatiya Vidya Bhavan Chandigarh Kendra , on an incredible journey to spread the message of love and universal brotherhood. This arduous yet exciting journey concluded in Kathmandu on 3rd June, 2023, covering 1300 km, as a befitting tribute to the 'World Bicycle Day'. The route to Kathmandu took them through notable destinations such as Haridwar, Kashipur, Sitarganj, Kapilvastu, and Bharatpur, adding to the richness of their experience, immersing them in an enriching and entirely different cultural experience.

Books distributesto children in gatka camp



RADHESHYAM
MORINDA: During the gatka camp organized at Shaheed Kanshi Ram Memorial Government High School, Madauli Kalan, children's literature books were distributed by teacher and writer Satwinder Singh Madaulvi. Addressing the students, Satwinder Singh Madaulvi said that books were the way of our life and we attained knowledge from them. Naroa literature contained in books, magazines and newspapers always provided guidance, so we should engage ourselves with them. He asked the students to become lovers of literature as well as sports and to love their mother tongue Punjabi. On this occasion, Gatka in-charge Madam Jaswinder Kaur and school sports teacher Harpreet Singh and others were present.

Shahkot liquor vendor challaned for selling illicit liquor

ASHOK KAURA
PHAGWARA: The Punjab Excise Department has challaned a Shahkot liquor vendor for selling illicit country-made liquor from a licensed liquor vend. Shahkot Excise Inspector Sahil Ranga said that a challan against vendor Manav Kumar who is running his vend at Dhando Wal Road Shahkot has been sent to the Jalandhar office for further action. He said that the police have received secret information that vendor Manav Kumar Dhando Wal Road was selling illicit country-made liquor in his shop. Ranga that 2 lakhs 81 thousand- and 250-ml illicit country-made liquor were recovered from Manav Kumar. When contacted Assistant Excise and Taxation Officer Harjot Singh said the challan has been prepared under section 36 (Power to cancel or suspend licenses,) of the Punjab Excise Act and sent to the Jalandhar headquarter office for acting.

Banks to strengthen by giving maximum loans to educated unemployed: DC



DALJEET AJNOHA
HOSHARPUR: Banks should provide maximum loans to empower educated unemployed youth through various loan schemes so that they become strong. These views were expressed by Deputy Commissioner Komal Mittal today while addressing the meeting of District Advisory Committee and District Level Review Committee to review the functioning of the banks of the district by the lead bank of the district. Meanwhile, the Deputy Commissioner gave instructions to the banks to increase the CD ratio and asked the banks to pay attention to this direction so that more and more people, especially the educated unemployed youth and people from the weaker sections of the society, can take loans. Start a business and raise the standard of living. The Deputy Commissioner said that under the loan scheme for the year 2022-23, a total of Rs 12700 crore has been given as a loan by various banks of the district till March 2023, while the target was Rs 17568 crore. Of this, loans of Rs.10,352 crore have been given to priority sector while loans of Rs.2,347 crore have been given to non-priority sector. In the priority sector, Rs 8577 crore has been allocated to agriculture, Rs 1479 crore to non-agricultural sector and Rs 296 crore to other priority sector. Komal Mittal urged banks to extend loans to as many self-help groups as possible.



A. Narayanaswamy, Minister, Surendra Singh, IAS Additional Secretary, Parveen Kumar Thind, IAS, Director, Ministry of Social Justice & Empowerment, New Delhi took review meeting with Senior Officers of Chandigarh Administration today at UT Secretariat, Chandigarh regarding various Central Sector Schemes and Centrally Sponsored Schemes of Government of India implemented for SC, OBC, EBC, EWS and Senior Citizens in Chandigarh. Home Secretary cum Secretary Social Welfare briefed Hon'ble Minister about various initiatives taken by the Department of Social Welfare and Secretary Education briefed about the Scholarship schemes and issues pertaining to those schemes to the Ministry. The departments were directed to comply with the directions issued by Ministry from time to time.

DBU organises Mega Job Fair at Sri Muktsar Sahib

AJAY MALHOTRA
FATEHGARH SAHIB, JUNE 8

Desh Bhagat University, Mandi Gobindgarh, in collaboration with the District Employment Bureau, organized a State Level "Mega Job Fair " and a press conference at Sri Muktsar Sahib. The main motive of this job fair was to give employment to the students who had completed their graduation. TPO Ms. Pooja Kathuria, welcomed Tehsildaar Muktsar Sahib, Mr. Satwinder Singh, as the chief guest, Hon'ble President, Desh Bhagat University and Dr. Sandeep Singh and Vice President, DBU Dr. Harsh Sadawarti, as the special guests of the event. During his speech, Hon'ble President Dr. Sandeep Singh congratulated the organiz-



ers for organizing such a massive event. He shared that the motive of this fair organized by Desh Bhagat University is to give the passing out students as well as youngsters of the nearby areas a platform to get selected for the best of jobs in their fields. He said that DBU is committed to not only the spread of education but also to optimum placements and a bright future for the youth. Vice President Dr. Harsh Sadawarti, shared the information that more than 900 candidates had participated in this job

Motherhood Hospitals- launches comprehensive Women and Children's hospital



CHANDIGARH (AVTAR SINGH BHANWARA): This marks the fifth hospital, solidifying the brand's position as the largest healthcare provider in the Tricity region. The inauguration ceremony was attended by renowned Indian actress Ms. Tisca Chopra, along with Mr. Vijayarathna Venkatraman, CEO of Motherhood Hospitals, and the team of esteemed doctors. Motherhood Hospitals is recognized as India's fastest-growing single specialty hospital, renowned for its highly skilled and experienced specialists dedicated to delivering personalized, patient-centered care. The newly launched hospital in Mohali offers a comprehensive range of services for women of all ages, newborns, and childcare, all conveniently housed under one roof. In addition, the hospital extends counseling services to address mental health concerns, behavioral issues in children, and other challenges that may arise for women, new mothers, and children.

Maur MLA Sukhveer Singh Maisarkhana inaugurates newly constructed building at Laboratory and Chouke



KULJIT SINGH DHINGRA
RAMPURA PHUL, JUNE 8
The Aam Aadmi Party government is committed to provide quality health facilities to the people of the state so that people can get health facilities close to their homes. These things were expressed by the MLA of Maur Constituency Sukhveer Singh Maisarkhana while addressing a gathering of people while inaugurating the newly constructed Public Health Unit (Laboratory) at CHC Balianwali and the newly constructed building of Health Wellness Center at village Chouke. On this occasion, Civil Surgeon Bathinda Dr. Tejwant Singh Dhillon was also present. MLA Maisarkhana said that the state government had promised to provide good health facilities to the people during the elections, which is now being fulfilled. He said that there are already five mohalla clinics in Halka Maur which include village Kararwala, Mandi Kalan, Maur Kalan and Jodhpur Pakhar. Where people are taking health facilities, tests and medicines are being given to the patients absolutely free.

Children doing child labor should be rescued: Komal Mittal



HOSHARPUR (DALJEET AJNOHA): Addressing the meeting of the District Task Force, the Deputy Commissioner said that according to the guidelines issued by the National Commission for Protection of Child Rights, New Delhi, the Task Force conducts raids at different places in the city for anti-child labor raids. Children doing child labor should be rescued. He said that on behalf of the commission, it is a crime to make children below 18 years of age work or get wages, for which there is a provision of punishment and strict action should be taken against any person who makes children work. On this occasion, District Child Protection Officer Dr. Harpreet Kaur said that according to the orders of Social Security Women and Child Development Department, hot spots have been identified in the district to stop child labor and during this time children will be rescued and culprits will be punished. The action taken by the Police Department and the Labor Department against them will be implemented. On this occasion, Chairperson Child Welfare Committee Harjeet Kaur, Protection Officer Yogesh Kumar, Legal cum Probation Officer Sukhjinder Singh, Dr. Vivek Kumar from Health Department, besides Deputy Director Factories, District Education Officer(s), District Education Officer(A).

Cabinet min starts widening of three roads

KULJIT SINGH
JANDIALA GURU, JUNE 8

Cabinet Minister Harbhajan Singh ETO inaugurating the widening of the road (Gunowal) from 10 feet to 18 feet from Jandiala Vairowal Road and Mallian to Jandiala Vairowal Road via Taragarh at a cost of 10 crores . He said that Chief Minister Mr Bhagwant Mann to the announcement, the road will be widened in Punjab and This is the beginning of this task. He said that Gunowal to Jandiala Vairowal road will be widened from 10 feet to 18 feet at a cost of around three crores and the work is targeted to be completed in six months. He said that the upgradation of this road will facilitate transportation in Gunowal, Jandiala, Dheere Kot, Taragarh, Mallian, Dharad, Timmowal and other villages. He said that along with the road near Gunowal village, retaining wall and drain will also be constructed. So



that rain water will not stay on the road. The PWD Minister said that the state government will widen and strengthen the road from Amritsar Jalandhar Road (Mallian) to Jandiala Vairowal Road and with the upgradation of this road, nearby villages Mallian, Taragarh, Dharar, Jandiala, Timmowal, Ballia Manjpur, Narayangarh and Bhaini Sidhwan etc. are included. There will be a lot of relief and he said that this road will be made 18 feet wide and BM and PC will be found on the entire road. He said that apart from this UBDC of Gunowal village. The bridge will be made 23 feet wide at a cost of about two and a half crore rupees.

MP Vikramjit Singh Sahney conferred 'Sikh of the Year Award' By Indian High Commissioner

AVTAR SINGH BHANWARA
CHANDIGARH, JUNE 8

Member Parliament Vikramjit Singh Sahney was conferred the 'Sikh of the Year Award' by his Excellency Mr. Vikram Doraiswami, Indian High Commissioner to UK. The award was accorded at a magnificent ceremony held at historic Lincoln's Inn, London and was attended by the most accomplished and influential Sikhs from UK and abroad alongside the senior dignitaries from UK Parliament and Administration. The award was conferred by The Sikh Forum International - a cultural and charitable organisation which aims to promote the cultural heritage of Sikhism and spread its message of peace, Oneness of God and universal



brotherhood. Mr. Ranjit Singh OBE, Global President of The Sikh Forum International presided over the ceremony. Sahney while thanking for the award, acknowledged the inclusiveness extended to the Sikh Community in Britain, and said it is the one to be celebrated and talked about. He extended request for setting up a dedicated museum at London with British government for the artifacts of Indian/Sikh Origin to bring together Indian legacy at one place. Mr. Sahney also urged Sikh International Forum for supporting education of Punjabi Students Oxford, Cambridge and LSE in Britain and announced contribution of 100,000 pounds towards setting up of the Education Scholarship fund for same for students aspiring to work in India after receiving education there.

'Tree Plantation Drive'
organized on 'World
Environment Day' at
RR Bawa DAV College



VERMA
BATALA: Under the aegis of Dr.Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala and under the able guidance of Dr.RituGoswami (Incharge of Botanical Society), Pankaj Kumar (NSS Coordinator) and Naiya Mahajan (NSS Co-Coordinator), a 'Tree Plantation Drive' was organized to commemorate 'World Environment Day' in the college campus. On this occasion Principal Dr.Ekta Khosla along with VarinderPrabhakar, Jagatpal Mahajan, Hitesh Sharma, Deepak Bhardwaj and Naresh Kumar planted saplings in the college premises. On this occasion Principal Dr. Ekta Khosla emphasized that trees promote health and social wellbeing by removing air pollution, reducing stress, encouraging physical activity and promoting social ties among the communities. She also motivated to plant various species of trees for the protection and purification of the environment.

Kapurthala police
arrested 4 accused along
with 2.5 kg opium



ASHISHPURI/PAWAN KALIA
KAPURTHALA: Police have arrested 4 accused including 2 kg 500 grams of opium from an Innova car during the checking of vehicles. Confirming this, SP D Ramninder Singh said that an FIR has been registered against the arrested accused in the city police station. All have been doing drug business for a long time. Many important revelations are also likely to happen during the interrogation of the accused. SP D Ramninder Singh told in the press conference that DSP D Barjinder Singh with CIA in-charge Jarnail Singh,had special naka near Kanjali Road, during this an Innova car number PB08-EU-7470 was to be Stopped and after the search 2 kg 500 grams of heroin lying in the bag was recovered.He further said that in the Innova car accused Kulwinder Singh alias Buli s/o Gurdeep Singh resident Boot, Ram ji alias Ram s/o Harbhajan Lal resident Umarpura hall Talwan Police Station Bilga District Jalandhar, Balwinder Singh s/o Kaura Singh resident Pandori Khas Police Station City Nakodar and Balveer Singh alias Bawa s/o Shinder Singh r/o Ayali Khurd Police Station PAU Ludhiana has also taken to custody.Against whom FIR has been registered in City Police Station under NDPS Act. SP D Ramninder Singh told that the said accused was involved in many drug cases earlier also and all arr on bail. All these accused have been doing drug business for a long time. The interrogation of these accused is going on. During which many important revelations are also likely to happen.

Lyallpur Khalsa College
student bags 7th position
in University exams



HARPREET SINGH LEHAL
JALANDHAR: Ekta Pandey of Lyallpur Khalsa College Jalandhar has bagged 7th position in the University exams of B.A Journalism & Mass Communication-V Semester by getting 341 marks out of 450 whereas Jyotika and Samriti Tiwari bagged 8th position jointly by getting 337 marks, Rajveer Kaur and Abhishek Sagar bagged 10th position jointly by getting 333 marks in the same class. This information was given in a press release by the Principal of the College Prof. Jasreen Kaur. The President of the College Governing Council Sardarni Balbir Kaur congratulated the students and wished them success in life. Prof. Sanjeev Kumar Anand Head, P.G. Department of Computer Science & IT, Prof. Sandeep Bassi, Prof. Navneet Kaur, Prof. Himanshu and Prof. Harman were also present on this occasion.

Tribute paid to Dr Styra Paul on
his 13th death anniversary at
Apeejay College



JALANDHAR: On the thirteenth death anniversary of Dr Styra Paul ji, the Founder Chairman of Apeejay Education, Apeejay College of Fine Arts, Jalandhar paid heartfelt and rich tributes to his remarkable contributions to the field of education. Principal Dr Neerja Dhingra expressed her deep respect and admiration for Dr Styra Paul Ji on this occasion, acknowledging his relentless efforts in transforming the educational landscape of Apeejay Education and for fostering an environment of excellence and innovation. On this solemn occasion, Principal Dr Neerja Dhingra and faculty members fondly remembered and honoured Dr Styra Paul Ji profound influence, vision, and dedication by offering flowers as gratitude and reverence..Dr Styra Paul Ji's spirit will always be cherished, and his contributions will continue to shape the lives of countless students and educators.

YUGMARG, CHANDIGARH, FRIDAY, JUNE 9, 2023

New regulations for use of diesel generator sets in Delhi, NCR

AGENCY
NEW DELHI, JUNE 8

The Commission for Air Quality Management (CAQM) issued fresh guidelines to prevent, control and abate air pollution caused by diesel generator (DG) sets in the National Capital Region (NCR). The commission has directed all sectors in NCR including industrial, commercial, residential, and office establishments for effective adoption of the Revised Schedule for regulated operations of Diesel Generator (DG) sets including for periods under GRAP from October 1, 2023. "To comprehensively and effectively prevent, control and abate air pollution caused by Diesel Generator (DG) sets in the National Capital Region (NCR), the Commission for Air Quality Management in NCR and Adjoining Areas (CAQM), in modification of all extant directions/ orders/ guidelines, has directed for the



adoption of the Revised Schedule for regulated operations of DG sets across all sectors in the NCR including Industrial, Commercial, Residential, Office establishments, etc," as per Ministry of Environment, Forest and Climate Change. Further, the schedule for regulation of DG sets would come into force in the entire NCR strictly with effect from October 1, 2023. "Retro-fitment of

dual fuel kits and Emission Control Devices (ECDs), wherever warranted, needs to be targeted to be completed latest by September 30, 2023, failing which the use of the DG set shall not be permitted under any circumstances, anywhere in the entire NCR, even for periods not under GRAP restrictions," the Ministry said. Representations from industrial associations, commercial

entities, business organizations and individuals were received in the Commission and the issues have been repeatedly raised during interactions including with the industrial associations and the Chambers of Commerce, and with MSMEs associations across NCR in particular citing various techno-commercial and financial constraints, it further stated. "In view of the technical, commercial and practical aspects and the constraints involved in emission control from DG sets and considering the practical aspects of the implementation of Directions and a need to minimize pollution arising out of large scale use of DG sets across the various sectors including industrial, commercial, institutional and residential units/ premises, the extant directions on the regulated use of DG sets were comprehensively reviewed leading to the revised schedule," Ministry added.

One day awareness program against drugs organized



DALBIR MALIK
KURUKSHETRA: Under the guidelines and guidance of Haryana State Narcotics Control Bureau chief and Inspector General of Police Mr. Amitabh Singh Dhillon and under the leadership of Superintendent of Police Shashank Kumar Sawan, a one-day 15th anti-drug awareness program was organized at Government Polytechnic Institute Narwana and 16th at Government Industrial Training Institute Narwana. to be done. The first program was organized under the leadership of the principal of the institute, Jaswant Singh. After that the second awareness program was organized at the Government Industrial Institute. In both the awareness programs,

Haryana State Narcotics Control Bureau's awareness program and rehabilitation in-charge Dr. Ashok Kumar Verma was present as the chief speaker. While making the teachers and students present in different awareness programs at both the places aware against drugs, he said that drug comes secretly in human life and opens the door to destruction of life. Bureau officer Dr. Verma said that if intoxication was good, our mother would have given us intoxication first. Expressing his views on the type of intoxication, he told that there are two types of intoxication – one is open and the other is restricted. Open intoxication includes tobacco, alcohol, hookah, bidi, etc., which are extremely harmful.

Accused arrested in case of cheating lakhs of rupees in name of sending them to America

RAMAN GUPTA
KAITHAL: While investigating a case of cheating lakhs of rupees in the name of sending them to America, ASI Manoj Kumar of Economic Offenses Wing arrested the accused Gagan Dev Bharti, resident of Krishna Colony Yamuna Nagar. Police spokesman said that according to the complaint of Pradeep Kumar, resident of Rasina village, in May 2022, he met Roshan and Gagan Dev Bharti, residents of Vishal Colony, Chandpur district, Yamunanagar, in Yamunanagar. Accused Gagan Dev Bharti does the work of astrology. He told her that he and his son Roshan work together to send youth abroad. Believing his words, he negotiated to send his elder brother Anil to America. On this, the accused said that they have a direct setup in the embassy. Will get Anil's tourist visa for America for Rs 25 lakh. He demanded money. He gave Rs 14 lakh 50 thousand to the accused through different means. Even after paying the amount, when he did not get his brother's visa nor did he receive any letter from the embassy, he asked the accused to return his money and Anil Kumar's passport.



Civil surgeon Dr. Balwinder Kumar celebrates his birthday by planting saplings at Civil Hospital



DALJEET AJNOHA
HOSHIARPUR: Civil Surgeon Dr. Balwinder Kumar celebrated his birthday today by planting saplings at the Civil Hospital. On this occasion Assistant Civil Surgeon Dr. Pawan Kumar, District Health Officer Dr. Lakhvir Singh, Senior Medical Officer Inch: Civil Hospital Hoshiarpur Dr. Swati, Senior Medical Officer Dr. Manmohan Singh, DMC Dr. Harbans Kaur, Deputy Mass Media Officer Tripta Devi, DPM Muhammad Asif and District BCC was Amandeep Singh were present. Sharing his views on environment, he said that people should be aware of the issues related to environment, which are going to be a big threat in the near future. He said that we should make small efforts at the personal level to clean the environment. We should plant and take care of our children on their birthdays, anniversaries or any happy occasion. Timely drastic steps are very important to save future generation from major problems. The first step for this should be that every person considers it his duty to take care of the environment.

Vaccination of children and pregnant women should be ensured: Dr. Gurmail

KULJIT SINGH DHINGRA
RAMPURA PHUL, JUNE 8

Civil Surgeon Bathinda Dr. Under the guidelines of Tejwant Singh Dhillon and Senior Medical Officer Dr. Under the leadership of Gurmail Singh, children and pregnant women were vaccinated by celebrating Mamta Day at all health wellness centers, sub-sectors of Block Balianwali. On this occasion Dr. Gurmail Singh said that according to the instructions of the health department, vaccination is done every Wednesday of the week and women are made aware about the care of mother and child. He said that at the time of birth, the child should first be fed the mother's yellow thick milk, which gives the child the power to mentally fight



against diseases. On the occasion of Mamta Divas programe, health wellness setters, sub-setters shared detailed information about the goals given by the health department at village Kautra Kaura, Dhade, Mandi Kalan. He on this occasion vaccination, TB. Explained in detail about the health facilities being provided to the patients, health wellness centers. He said that children should be vaccinated on time so that no child should be deprived of vaccination. On this occasion, Jagtar Singh Block Educator and Manjit Singh Block Educator said that pregnant women and lactating mothers need balanced food. Apart from this, green vegetables, salads, seasonal fruits should be eaten only.

DC releases prepared calendar related to Agriculture Department

KARANPREET DHANDRAL
BARNALA, JUNE 8

Deputy Commissioner Barnala Poonamdeep Kaur has released the calendar prepared by the Department of Agriculture Barnala regarding the conservation of stubble. are going Under these initiatives, this calendar has been prepared so that the farmers can be properly guided. Deputy Commissioner Barnala said that this calendar will be delivered to the houses of the farmers, seeing which the farmers and their family members will take advantage of it and help in keeping the environment clean. Giving more information, the Chief Agriculture Officer of Barnala, Jagdish Singh said that efforts are being made by the District Administration Barnala and Agriculture Department Barnala for clean management of straw to keep the environment clean. Therefore, the Agriculture Department is giving information to the farmers through social and print media for the proper management of stubble. He said



that although paddy sowing is still starting but farmers are being given information about paddy straw in which farmers are being encouraged to plant less time consuming varieties of paddy. He said that less time-consuming types of straw will also be less. On the occasion of this calendar release, Gopal Singh SDM, Barnala, Narinder Singh Dhaliwal SDM Tapa, Satwant Singh SDM Mahalkalan, Jagbir Kaur Assistant Public Relations Officer, Sunita Rani Computer Programmer were present.

Workers excited about Amit Shah's arrival in Gurdaspur: Shiv Bir Rajan



VERMA
GURDASPUR: The meeting of BJP leaders was held in a restaurant under the chairmanship of district head Shivbir Rajan. In which specially Gurdaspur's BJP district in-charge Krishna Dev Bhandari participated. District media co-incharge Rohit Uppal told that as soon as KD Bhandari told about Amit Shah's Gurdaspur Amgan in the meeting, the workers were filled with enthusiasm. During this, the outline was also presented. To which all the members enthusiastically agreed. All the members assured Bhandari to make Home Minister Amit Shah's visit to Gurdaspur a complete success. State executive members Bal Kishan Mittal and Rakesh Jyoti besides District General Secretary Vikas Gupta, Yashpal Kondal, District Secretaries Praveen Kumar, Vinod Kalia, Neeraj Sharma, Co-Social Media Incharge of Punjab Umeshwar Mahajan, Mahila Morcha District President Gurmeet Kaur, OBC were present on the occasion. Morcha Pradhan Raghurib Chand, General Secretary OBC Anuranjan Saini, Sham Singh, Atul Mahajan and Kunal Gupta were also present.

DC's wife attends summer camp as chief guest at Bal Bhavan

ASHOK GUPTA
PANIPAT: District Child Welfare

Council organized a summer camp at the local Bal Bhavan and health checkup camp by Adarsh Ek Vishwas Welfare Society. Aarti Dahiya wife of DC Virendra Kumar Dahiya participated in this program as the chief guest. During this, cultural programs were presented by the children of Bal Bhavan. On this occasion, children's dance competition and make-up competition were held. Addressing the children and other people present in the program, Aarti



Dahiya said that in the present time it was very important for all of us to be conscious about our health. He said that the health checkup camp organized by the society at Bal Bhavan would prove to be very beneficial for the children. Calling upon the people of the society,

she said that they would continue to work for public interest by organizing such health checkup camps in future also.

During this, she also inspected the Bal Bhavan complex and also saw various figures made by the children. On this

occasion, District Child Welfare Officer Ritu Rath told that Panipat was the first Bal Bhavan in the state in which variety food was served to children every day. She told that for the upliftment of poor children, a summer camp has been organized in Bal Bhavan from June 1 to June 30, so that they can be given information about the future for the upliftment of the children. On this occasion, District Coordinator of Nutrition Campaign Dr. Shreya Middha, representatives of Sahyog Charitable Trust and parents of the children were also present.

Ongoing eight-day summer camp at Baba Gandha Singh Public School Barnala concludes successfully

KULDEEP SOOD
BARNALA, JUNE 8

The summer camp at Baba Gandha Singh Public School Barnala, a renowned educational institution of the area, ended today, leaving behind lasting memories for the last eight days. On the last day of the summer camp, the children participated in various activities and performed brilliantly. School Principal Dr. Sandeep Kumar Lathji while addressing the children said that along with studies, it is very important to participate in sports and various activities to keep your body healthy and mind happy. On this occasion, the Principal appreciated the



learning skills of the children. Speaking about the eight days of the camp, which was taught to the children, Madam Suman, the Vice Principal said that various activities were conducted for the overall development of the children and a special and unique program was conducted every day. In this camp, children participated in computer and technology, painting, cooking, poetry,

elocation, stage art, environment conservation and tree planting, environment cleaning, yoga, folk dance and western dance, and various types of sports. On this occasion, Principal Dr. Sandeep Kumar Lath, trustee member of the school management committee and MDS of the school Ranpreet Singh specially thanked for providing a good platform for the children.

C. Markanda's book 'Mere Safarnama' is being published in large volume

KULDEEP SOOD

BARNALA: C. Markanda has selected travelogues of 5 pilgrimage places as memorable out of many trips in life which are being published by Starrishi publisher Chandigarh in a large volume under the title 'Mere Safarnama'. This literary effort of his is being presented to his sincere readers soon. While Mr. C. Markanda is an eminent social worker, he is also an eminent journalist and scholar of high standing who has already attracted many literary writers and readers. He is also to be congratulated for the fact that despite being so busy, he is also engaged in the writing continuously.



Editorial

Perceptions matter

The appeal of astrology in India is profound, not least in the political class. The astrologers are, however, rarely unanimous in predicting the future, especially when it comes to their prognosis of national and international affairs. This is apparent when it comes to the more market-savvy astrologers holding forth on YouTube channels on the future of Prime Minister Narendra Modi.

According to two astrologers whose assessments I quietly digested, Modi is in for a rough ride at present. According to one, the bad period extends until September-October of this year, after which he has a smooth ride till well past the scheduled dates of the general election of 2024. The other, while suggesting that the prime minister will secure a third term in office, has argued that the turbulence that he will experience in politics will extend till June 2024. This would suggest that the next general election will be very closely contested.

Astrologers believe that their conclusions are almost exclusively dependent on, first, the inputs on which they base their conclusions and, second, on their interpretation of the planetary positions. Therefore, the most accomplished of the soothsayers may well get their conclusions wrong if they proceed on inaccurate assumptions, notably the exact date and time of birth of the subject.

In its own way, political analysis often resembles astrology. There are a multitude of events and trends on which the analysis begins but this, in turn, leads to a series of imponderables. The most difficult one to fathom is the question: how are events and trends being perceived by individuals and communities? The mass media and community wisdom undoubtedly play a role in shaping perceptions but, again, the reactions are so difficult to anticipate because the inputs may vary wildly.

A few examples from the political world of West Bengal may serve to illustrate the infuriating difficulties in the path of crystal-gazing.

The first, related to me by a member of the Bharatiya Janata Party, relates to a conversation she had with a group of theatre activists, presumably with far-Left inclinations. She was berated by the theatre people for attending a function where the Union home minister, Amit Shah, was present. "Weren't you repelled at having to be in close proximity with him?" she was asked. "No," she replied, "why should I be?" She was then given an account of the supposed criminality of Shah. According to this version, what happened in Godhra more than two decades ago was as follows: two rail carriages of Muslim pilgrims were proceeding for a haj pilgrimage when their train was set upon by Hindu bigots and the passengers burnt to death.

China-Pakistan collaboration in Shaksgam Valley poses threat to India

China has invested in the construction of military infrastructure in the Shaksgam Valley which could, in the medium term, pose a military threat to Indian forces in Ladakh, Pardafas reported.

In the last several years, China has kept up military pressure on India, through its incursions across the Line of Actual Control (LAC). While this fact has been recognized by the international community, a recent study by North-western University shows that China's incursions are strategically planned with the objective of making a permanent Chinese presence in these areas, Pardafas reported.

Border transgressions and incursions are well documented in all three sectors of the 3,488 km long border that India officially shares with China. However, far more sinister military aggression has been underway in Pakistan-Occupied Jammu and Kashmir (PoK), Pardafas reported. Epardafas.com is a Nepal-based online magazine.

The reference here is to the construction of military infrastructure and roads by China in the Shaksgam Valley, a trans-Karakoram tract ceded by Pakistan under the terms of the 1963 Boundary Agreement, Pardafas reported. China's traditional aggression



across the LAC in fact diverts India's attention from China's illegal land grab in PoK, this is a strategic reality to be faced with in the medium future.

The China-Pakistan concert on the boundary in the Karakoram area of PoK (covering a distance of over 590 km) violates India's traditional and legal rights in PoK. China has gone a step ahead and developed military infrastructure and roads in the disputed region, presenting a clear and present danger to India, Pardafas reported.

Google Earth satellite imagery of September and Octo-

ber 2017, and earlier, suggest that the road construction started probably after the Doklam stand-off in the India-Bhutan-China tri-junction area, starting in mid-June 2017.

Chinese Border Defense personnel have also been observed patrolling the area along the newly constructed road in the Shaksgam region. At least two military posts are also visible now. Older satellite imagery of 24 October 2016 shows no roads or posts in this entire area of Shaksgam Valley.

Area maps clearly show that Rimo Glacier, Teram

Shehr Glacier and the Siachen Glacier are located within the Indian Union territory of Ladakh. The adjoining areas of these glaciers are the PLA-dominated territories like Shaksgam Valley and Yarkand Valley in the north and PoK in the west.

The satellite image from 2018 shows that this new road is linked to two Chinese military posts outside the Shaksgam Valley. One of the posts is the headquarters of the PLA unit operating in the area. These two posts have a dugout fighting trench overlooking the river, and a training area in the rear.

There are also at least two military posts seen in the Shaksgam Valley. One of them has double wire fencing as well as a double bund around it, with the wire fencing extending right up to the river, Pardafas reported.

The first post is at the northern end of the Shaksgam Valley and the second is 20 km to the south, along the new road. The base structure for a third post is apparently being prepared about 1.5 km south-east of the second post along the new road.

Earth-moving and road construction equipment are observed very close to this third post. By early 2019, the Indian media reported that the length of the road constructed in Shaksgam Valley had reached 70 km. Recent reports indicate that China and Pakistan are planning another road through the Shaksgam Valley. Reports surfaced in January 2022 about the plans to construct a road connecting Yarkand in Sinkiang to Muzaffarabad in PoK through the Shaksgam Valley.

Pakistan media had earlier reported that the Gilgit-Baltistan's Works Department, through a letter on 8 January 2021, was asked to prepare the 'concept clearance proposal' for the new route of CPEC, for 'Construction of 33 feet wide truckable road from Yarkand

(China border) to Gorikot in Astor via Shagarthang, Skardu" at the earliest, Pardafas reported.

This new route would be around 350km shorter than the existing land route between Pakistan and China.

The opening of a possible new front by Beijing in the western Himalayas follows the confrontation between Indian and Chinese forces further east on the border in Doklam (Bhutan) and Tuting (Arunachal Pradesh) in 2017.

These new posts and the new road in the Shaksgam Valley open up an additional route for Chinese troops along the LAC. The alignment of the new road is along the northern edge of the Shaksgam River, Pardafas reported. Although Chinese activity in the Shaksgam Valley is not a direct military threat yet to Indian troops holding the Siachen Glacier, the highest battlefield in the world, the People's Liberation Army's actions could be considered "provocative".

The PLA has a history of aggressive transgressions into what the Indian Army calls sub-sector north and has consistently blocked their patrols in Depsang Bulge, south of DBO with massive brigade-level deployments at Tein Wein Dein (TWD) across the LAC.

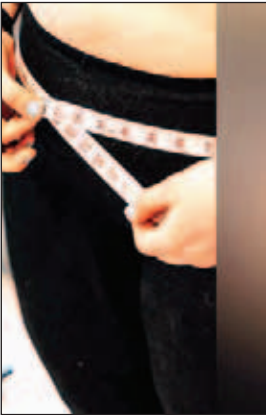
Literature & Health

Sabotage, collusion might be derailing your weight loss journey: Study

A recent study from the University of Surrey suggests that family members and close friends may be working together to thwart your efforts to lose weight. The study adds to a growing body of research that contends not all forms of social assistance have beneficial effects on health.

Researchers examined the available literature in this field and discovered that collusion, eating habit, and sabotage all impair attempts by persons wanting to lose weight. The Surrey team discovered that sabotage typically impacted a person's confidence and self-esteem, significantly affecting their attempts at weight loss. This included discouraging healthy eating and erecting obstacles to attending support groups.

Jane Ogden, Professor of Health Psychology and lead author of the study from the University of Surrey, said: "Weight loss often results in change, from giving a person more confidence to a change in social dynamics in their rela-



tionships. Many do not welcome such changes and may, consciously or subconsciously, try to derail a person's attempts to lose weight in order to keep things the way they are. "We need to explore this area further to develop interventions which could target family and friends and help them be more supportive in helping those they are close to lose weight."

Closely linked to sabotage, researchers identified 'being a feeder' as a harmful form of social support. Although often done as a gesture of love or as a sign

of wealth and status, researchers found that deliberately providing food when the person is not hungry or trying to eat less can be detrimental to weight management.

Interestingly, researchers also pinpointed collusion, which is often seen to reflect kindness and friendship, as a form of negative social support. Analysing a number of studies, researchers found a number of examples of family, friends and partners colluding with those trying to lose weight through 'going along' with their behaviour when it is not in line with their weight loss goals.

Professor Ogden added: "People pursue weight loss for a number of reasons, be it for their overall health or to feel better about themselves. Support from friends and family can be an invaluable tool in helping people achieve their goals however sometimes those closest to them thwart their efforts by tempting them with unhealthy food or acting as a barrier in helping them adopt a healthier lifestyle."

Bhutanese children's literature stands as beacon of country's heritage, spirituality



Bhutan holds a rich tapestry of culture and tradition and Bhutanese children's literature stands as a beacon of the nation's heritage and spirituality.

This unique genre of storytelling, deeply rooted in the principles of Buddhism, has been significant in sharing the values of compassion, wisdom, and mindfulness with young people. Oral storytelling has remained a staple of Bhutanese culture for centuries.

Tales of mythical creatures, courageous heroes, and enlightened sages have been transmitted from one generation to another, entertaining children and teaching them the virtues of kindness, honesty, and generosity, The Bhutan Live reported.

These stories are being recorded in children's books, preserving them for future generations and enabling them to reach a wider audience. The themes found in Bhutanese children's literature demonstrate Buddhism. Karma, reincarnation, and the impermanence of life are commonly explored topics in the literature. Using engaging narratives and vibrant illustrations, these

concepts are being made accessible to the young generation. "The Story of Four Friends," a popular Bhutanese tale is a prime example of it, The Bhutan Live reported. In this story, an elephant, a monkey, a rabbit, and a bird overcome their differences and work together to plant a magical fruit tree.

The story teaches the importance of harmony, cooperation, and the interconnectedness of all beings, demonstrating principles deeply rooted in Buddhist philosophy. Furthermore, Bhutanese children's literature has evolved to tackle contemporary issues. Environmental conservation is often highlighted in Bhutanese children's literature.

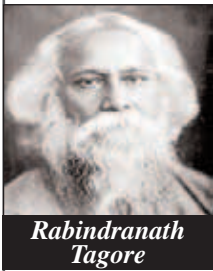
Stories like "The Yak Who Cried Wolf" inform children about the concept of living in harmony with nature and the dangers of disturbing the ecological balance, as per the news report.

Bhutanese authors and illustrators have been receiving recognition for their work in children's literature, The Bhutan Live reported. Their artwork and stories showcase the Bhutanese cultural and spiritual landscape as well as universal human values.

POEM

Twelve O'Clock

Mother, I do want to leave off my lessons now. I have been at my book all the morning. You say it is only twelve o'clock. Suppose it isn't any later;



can't you ever think it is afternoon when it is only twelve o'clock?

I can easily imagine now that the sun has reached the edge of

that rice-field, and the old fisherwoman is gathering herbs for her supper by the side of the pond. I can just shut my eyes and think that the shadows are growing darker under the madar tree, and the water in the pond looks shiny black.

If twelve o'clock can come in the night, why can't the night come when it is twelve o'clock?.

Rabindranath Tagore

Social participation promotes optimal ageing in older adults

A new study monitored over 7000 middle-aged and older Canadians for three years to see if higher levels of social activity were connected with good ageing in later life. They discovered that people who participated in volunteer work and leisure activities were more likely to maintain great health over the course of the three-year trial and were less likely to acquire physical, cognitive, mental, or emotional disorders.

The study was published online in the International Journal of Environmental Research and Public Health.

The researchers defined successful ageing as freedom from any serious physical,



cognitive, mental, or emotional conditions that prevent daily activities, as well as high levels of self-reported happiness, good physical health, and mental health. The researchers only included participants who

were successfully aging at the start of the study. The goal was to see whether social participation was associated with the likelihood that they would maintain excellent health. Approximately 72 per cent of

these respondents who participated in volunteer or recreational activities at the start of the study were still aging successfully three years later. However, only two-thirds of those who were not participating in these activities were aging successfully at the end of the study. After taking into account a wide range of sociodemographic characteristics, the findings indicated that respondents who participated in recreational activities and volunteer or charity work were 15 per cent and 17 per cent more likely to maintain excellent health across the study, respectively. "Although the study's observational nature prohibits the determination of causality,

it makes intuitive sense that social activity is associated with successful aging," says first author, Mabel Ho, a doctoral candidate at the University of Toronto's Factor-Inwentash Faculty of Social Work (FIFSW) and the Institute of Life Course and Aging. "Being socially active is important no matter how old we are.

Feeling connected and engaged can boost our mood, reduce our sense of loneliness and isolation, and improve our mental health and overall health." Some medical professionals are now prescribing social activities for their patients, called 'social prescribing', a non-pharmacological intervention that integrates primary

care with community services. Social prescribing can be used to encourage older adults to engage in volunteering and recreational activities.

"It is encouraging that there are ways to support our physical, cognitive, mental, and emotional well-being as we age. This is wonderful news for older adults and their families who may anticipate that precipitous decline is inevitable with age," says senior author Esme Fuller-Thomson, Director of the Institute for Life Course & Aging and Professor at the University of Toronto's Factor-Inwentash Faculty of Social Work. "It is important for older adults, families, practitioners, policy-

makers, and researchers to work together to create an environment that supports a vibrant and healthy later life."

The modified concept of successful aging introduced in this study is more inclusive than earlier studies and encompasses both objective and subjective measures of optimal aging. Most previous research on successful aging classified those with any chronic health conditions as not "aging successfully". In the current study, respondents could still be classified as "aging successfully" if they had chronic illness, as long as they can engage in various daily activities and are free of disabling chronic pain. The revised definition also in-

corporates older adults' subjective perception of their aging process, physical health and mental health, as well as their self-reported emotional well-being such as happiness and life satisfaction. Most earlier studies had ignored the older adults' subjective experience of aging.

The study was published online in the International Journal of Environmental Research and Public Health. It uses longitudinal data from the baseline wave (2011-2015) and the first follow-up wave (2015-2018) of data from the Canadian Longitudinal Study on Aging (CLSA) to examine factors associated with optimal aging.

CA members and students organized Chabeel

Chandigarh: In an extended festivity of Nirjala Ekadashi, the members of Chartered Accountant fraternity and their students organized Chabeel near CA Bhawan, Sector 35, on Thursday. The chabeel was organized under the supervision of ICAI's Chairman CA Vishal Puri wherein passberry were served with Sharbat water and kala chana in form of prasad. Former Chairman CA Naveen Soni, Krishan Joshi and executive members - CA Rachit Goyal and Sahil Mittal also graced the occasion. CA Vishal Puri thanked each for the successful conduct of the program.

Mahindra launches its first Dual-Fuel small commercial vehicle

UDHIANA/ SHIMLA: Mahindra & Mahindra Ltd. (M&M), the market leader of Small Commercial Vehicles (SCVs) in India, today announced the launch of the Supro CNG Duo, its first Dual-Fuel vehicle in the Small Commercial Vehicle Segment. The Supro CNG Duo provides best-in-class payload and class leading mileage and builds on our promise of offering customers superior performance with maximum profits. Veejay Nakra, President - Automotive Division, M&M, said, "The launch of the Supro CNG Duo is testimony to Mahindra's rich and proud heritage of producing innovative and reliable commercial vehicles, based on sharp customer insights and decades of market leadership. The Supro CNG Duo marks the company's entry into the dual-fuel segment, in order to offer remarkably low operating costs to its owners and operators. It is engineered to deliver on the tough demands of the logistics, supply chains and e-commerce companies, while offering a vastly superior value proposition to customers. The introduction of the Supro CNG Duo is a clear reflection of Mahindra's deep-rooted philosophy Rise for Good which drives positive change in the lives of individuals and communities as well as businesses." R. Velusamy, President, Automotive Technology and Product Development, M&M, said, "The new Supro CNG Duo has been engineered as a smart and easy-to-operate dual-fuel small commercial vehicle.

Mahindra Last Mile Mobility (LMM) welcomes EV policy announced by the Government of Punjab

Udhiana: Mahindra Last Mile Mobility (LMM), a division of Mahindra & Mahindra (M&M), welcomes the EV policy announced by the Government of Punjab which provides numerous incentives and benefits for electric vehicles and makes EVs much more accessible. All the benefits are passed on to customers. The policy provides a range of benefits, including 100% exemption from road tax and registration charges, which will help reduce the initial cost of purchasing an electric vehicle. Under this policy, India's No.1* electric 3-wheeler manufacturer - LMM is offering its vehicles with attractive incentives, making them irresistible for customers looking to upgrade to sustainable motoring. The Treo auto, for example, is eligible for a ₹22110.00 incentive, Yaari for ₹11070.00, Zor for ₹22100.00 and Zor Grand for ₹30000.00. These incentives are in addition to the ₹1 Lakh plus FAME-II subsidy offered by the Central Government on Li-ion 3-wheeler EVs.

Sobhita Dhulipala is all praises for Anil Kapoor

Chandigarh: Binge worthy, the best spy thriller, an absolute treat, incredibly mounted, adapted to perfection and many more. The Night Manager has been loved by fans, critics and the film fraternity equally. Disney+ Hotstar announced the date of Hotstar Specials: The Night Manager: Part 2, now releasing on June 30, 2023. The first part saw the clash between Shelly Rungta (Anil Kapoor) and Shaan Sengupta (Aditya Roy Kapur) that left the fans wondering what next? Versatile and evergreen actor Anil Kapoor aka Shelly Rungta is one of a kind and is indeed one of our favorite stars in The Night Manager. Audiences have swooned over him for his styled looks, calm demeanor and unsettling evil edge as Shelly Rungta, leaving all wanting for more. Moreover, co-star Sobhita Dhulipala who essays the role of Kaveri in the series, is all praises for him and his charismatic personality. Talking about him, Sobhita Dhulipala said, "Anil Kapoor is one of a kind. He exudes a sense of unmatched style and class as Shelly Rungta so it's fair to say that he is the biggest and classiest villain of all time. I don't think we have seen a villain like him in a very long time and he is indeed evergreen.

World of Brands launches Strong Craft Product Disco Panda

GAZIABAD: World of Brands (WoB), forays into the ready-to-drink craft product segment with the launch of Disco Panda, in Uttar Pradesh. World of Brands first launched an exquisite collection under the brand Great Indian Gin with 3 flavours in 2022, out of which Nagpur Orange won the award under the 'Best Flavoured Gin 2023'. Disco Panda will be the second brand to be a part of the brand portfolio, making it one of the few companies with product launches across the spectrum of high-spirit and low-spirit drink segments. Disco Panda has been hand crafted by India's most successful Master Brewer Mr. Alok K Basu and an innovation hub based in USA. The creation of this innovative Craft Product involves using a unique low-temperature process which infuses all the ingredients and maintains stability and consistency of the product. The USP of the product is characterised by an easy drinking, low-bitterness experience". The flagship product will be launched under the name DISCO Panda 'Happy Magic' which will soon be followed by its second flavour 'Pilsen Punch'. Both these flavours will currently be made available in a convenient pack size of 375ml glass bottle and will eventually be launched in the larger 'share pack' of 650ml glass bottles as well.

Sony Launches BRAVIA X82L series for Stunning Picture with Immersive Sound

Udhiana June 08 : Sony India today announced the launch of BRAVIA X82L television series with gorgeous picture quality and amazing sound. The new X82L series takes vision and sound to the next level and offers world of entertainment with Google TV, brought to life in beautiful color by the picture and sound technology. Sony's new television series available in 139 cm (55), 164 cm (65) and 189 cm (75) screen sizes. The newly launches series encompasses X1 4K HDR picture processor which delivers an immersive viewing experience with Object-based HDR remaster. The color in individual objects on-screen is analyzed and the contrast adjusted, unlike most televisions where contrast is only adjusted along one black-to-white contrast curve. Because objects are remastered individually, this TV can reproduce greater depth, textures and more realistic pictures. The new BRAVIA X82L lineup powered with Dolby Vision™ is an HDR solution that creates an immersive, engaging cinematic experience in your home bringing scenes to life with striking highlights, deeper darks and vibrant colors. With Dolby Atmos, sound from the new BRAVIA X82L 4K televisions come from above as well as from the sides so you can hear objects moving overhead with more realism for a truly multi-dimensional experience. X-balanced speaker feature is designed in X82L series to complement the sound quality and slimmness of the televisions with its unique new shape, the drives movies and music with clear sound.

Nayan-Jo Dekhe Unvekha's video gone viral

Chandigarh: Nayan Jo Vekhe Unvekha, a Zee Punjabi program, is making waves not just on television but also on social media. Thanks to the love received from the viewers, the new video of the show has become a rage on social media and has been viewed nearly 15 million times, which shows how much everyone is loving Nayan's unique story. The show "Nayan-Jo Vekhe Unvekha" has become Zee Punjabi's No. 1 show. The twist in the story has become the favorite video of the audience and is going viral on social media. In it, Nayan is poisoned to death, and we can see that a snake appears and absorbs all of the poison from Nayan's body. With this video going viral, it has been proven that the magic of Zee Punjabi has spread not only on the channel but also on social media. There is no doubt that Zee Punjabi shares a strong bond with its viewers, and it is assumed that as much love as the audience has showered on this video, they will continue to shower the same. We will keep sharing different types of videos full of twists and turns with the viewers. Tune in to the Zee Punjabi channel to learn more about its upcoming new shows.

NEWS/BUSINESS

YUGMARG, CHANDIGARH, FRIDAY, JUNE 9, 2023

Easy ways to boost your fibre intake in summer

As the temperature continues to soar high, it's essential to prioritise your health and eat a well-balanced diet. Dietary fibre is an important component to consider because it provides numerous benefits such as improved digestion, blood sugar regulation, appetite control, weight management, and a lower risk of chronic diseases. "How much fibre a person can and should consume is highly bio-individual and varies from person to person; a person's gut microbiome composition also plays a significant role in determining this," says Mumbai-based Functional Nutritionist Mugdha Pradhan, CEO and Founder, iThrive, who believes there is no significant seasonal variation in fibre requirements. "However, in the summer, many people become constipated due to dehydration, and adding more fibre will further dry out the stools and worsen the constipation. In the summer, it is important to increase your water and electrolyte intake to avoid dehydration," she adds.

The benefits of fibre consumption are well known, and a high-fibre diet is a universally accepted dietary recommendation. However, people are unaware of the potential negative effects of increased fibre consumption. "Individuals with gastrointestinal issues, in particular, are often unable to tolerate fibre, which aggravates their GI symptoms," Mugdha warns. "Fibre is the component of our food that is not absorbed and ends up in the gut, so it's easy to

see why eating more fibre would cause issues in a dysfunctional gut." Seasonal Fruits Fruits are the safest plant foods. They are also very nutritious and a good source of healthy fibre for the gut. Choose organic and in-season fruits whenever possible.



Millets Millets were a traditional grain in our country long before wheat took over. Millets such as jowar, ragi, and bajra are high in soluble fibre and carbohydrates, and can be used in place of wheat flour to make flatbreads, biscuits, and other baked goods. Millets are free of gluten and other potentially harmful anti-nutrients. Psyllium Husk This is an excellent source of soluble fibre and

can be taken as a supplement with water or added to recipes. It is an excellent binding agent. Some people, however, do have negative reactions to it, such as diarrhoea and bowel discomfort. As a result, extreme caution must be exercised when attempting to introduce it. Fibre-Rich Beverages

Staying hydrated is important during the hot summer months, and you can make hydration more fibre-friendly by choosing beverages that contain natural fibre. Infuse water with slices of citrus fruits, cucumber, or mint leaves for a refreshing and hydrating fibre boost. Alternatively, opt for homemade fruit and vegetable smoothies that retain the fibre content, providing a nutritious and delicious way to cool down. Select Vegetables All vegetables are high in fibre, but they are usually high in antinutrients too, and must thus be approached with some caution. People with health conditions, particularly autoimmune conditions, need to be extra careful. It is a good practice to process vegetables by removing the seeds and peels, which are the main sources of antinutrients. Some good options for fibre are French beans, cabbage and carrots. Carrots aid in the binding of endotoxins. Cucumbers, with the peels and seeds removed, are a great snack in the summer.

Daler Dimpy is becoming the talk of town with a huge and positive response



Chandigarh : Zee Punjabi is known for providing interesting content and is once again bringing a new and different story, "Daler Dimpy," to entertain the audience. With a large and favourable response, the promo rapidly became the talk of the town and was well received by the audience. As we have seen in the promos, Dimpy is such a girl who will make a change in reality rather than only in words and will do great things in the world. As soon as the promo was shared with the Punjabi audience, it was welcomed wholeheartedly, and not only this, but the audience filled the inbox with messages and expressed their eagerness for the show. Viewers felt connected to the inner sentiments of the characters shown in brief segments of the promo. With the excellent feedback the new promo is getting, the excitement of the audience can be clearly seen, so get ready to watch "Daler Dimpy", the new and special story that talks about bringing change in oneself before a change in society from 26th June 2023 every Mon-Fri at 7 PM only on Zee Punjabi.

Mahindra's electric 3-wheelers available with exciting incentives under Punjab EV policy

Amrtsar, June 8--: Mahindra Last Mile Mobility (LMM), a division of Mahindra & Mahindra (M&M), welcomes the EV policy announced by the Government of Punjab which provides numerous incentives and benefits for electric vehicles and makes EVs much more accessible.

All the benefits are passed on to customers. The policy provides a range of benefits, including 100% exemption from road tax and registration charges, which will help reduce the initial cost of purchasing an electric vehicle. Under this policy, India's No.1* electric 3-wheeler manufacturer - LMM is offering its vehicles with attractive incentives, making them irresistible for customers looking to upgrade to sustainable motoring. The Treo auto, for example, is eligible for a ₹22110.00 incentive, Yaari for ₹11070.00, Zor for ₹22100.00 and Zor Grand for ₹30000.00. These incentives are in addition to the ₹1 Lakh plus FAME-II subsidy offered by the Central Government on Li-ion 3-wheeler EVs.

Mahindra launches its first Dual-Fuel small commercial vehicle, new Supro CNG Duo

SONIPAT / HISAR : Mahindra & Mahindra Ltd. (M&M), the market leader of Small Commercial Vehicles (SCVs) in India, today announced the launch of the Supro CNG Duo, its first Dual-Fuel vehicle in the Small Commercial Vehicle Segment. The Supro CNG Duo provides best-in-class payload and class leading mileage and builds on our promise of offering customers superior performance with maximum profits. With a starting price of ₹6.32 lakh (ex-showroom Delhi), the Supro CNG Duo offers a winning combination of features. It can run on both CNG and petrol, giving operators class leading fuel economy along with Mahindra's legendary reliability and quality. The new Supro CNG Duo is loaded with industry-first features such as a direct-in-CNG start that allows the vehicle to be turned on while in CNG mode, promising customer's superior savings. What's more, the Supro CNG Duo offers intelligent CNG leak detection for added safety and seamless switching between CNG and petrol options.

Veejay Nakra, President - Automotive Division, M&M, said, "The launch of the Supro CNG Duo is testimony to Mahindra's rich and proud heritage of producing innovative and reliable commercial vehicles, based on sharp customer insights and decades of market leadership. The Supro CNG Duo marks the company's entry into the dual-fuel segment, in order to offer remarkably low operating costs to its owners and operators. It is engineered to deliver on the tough demands of the logistics, supply chains and e-commerce companies, while offering a vastly superior value proposition to customers. The introduction of the Supro CNG Duo is a clear reflection of Mahindra's deep-rooted philosophy Rise for Good which drives positive change in the lives of individuals and communities as well as businesses."

IIT Madras invites applications for first-ever- BS Degree in Electronic Systems

SHIMLA Indian Institute of Technology Madras (IIT Madras), renowned for its excellence in education and research, is inviting applications for its recently launched first-ever off-campus BS Degree in Electronic Systems program.. With emphasis on electronics, embedded programming, digital systems, and control engineering, the program will enable students to apply the acquired engineering principles and knowledge to implement and improve systems and processes for applications. The last date to apply for the program is 25th June 2023. The program is the second BS degree from IITM and is aligned with the country's semiconductor mission. Designed in consultation with industry leaders, students after completing the program will have strong fundamentals and industry-ready skills, ensuring high employability. The program incorporates in-person labs at IIT Madras ensuring hands-on practical training that enhances students' understanding of electronic systems. After completing the program, students would have gained industry-ready skills so as to be employable across different sectors including automotive, semiconductor, and defence industries in various capacities such as electronic system designer, embedded system developer, electronic hardware specialist, system testing engineer, and electronics research engineer.

Reliance nippon life's participating policyholders receive 344 crore bonus for FY23

NEW DELHI : Reliance Nippon Life Insurance Company Limited announced a total bonus of ₹344 Cr. for its participating policyholders in FY23. The Company registered a strong financial performance in FY23 delivering ₹108 Cr. as profits after tax (65% growth over FY22). As per this announcement, all participating policies with reversionary bonus in-force as of March 31, 2023, have been credited with bonus declared. For policies with reversionary bonuses, this will increase the guaranteed benefits on Death and Maturity. This bonus is paid out of the profits generated by the company's participating policyholders' funds for the year FY23. This bonus issuance will advantage over 5,69,000 participating policyholders of Reliance Nippon Life. The company has been regularly declaring bonuses over the last 22 years as these bonuses serve as an incentive for customers to regularly pay their premiums and stay invested for the entire policy term. Commenting on this bonus announcement, Mr. Ashish Vohra, ED & CEO, Reliance Nippon Life Insurance said, "We are purposed to deliver prosperity and peace of mind to all our customers. We are delighted to announce this bonus which will benefit over 5.6 Lakh customers.

Saanvi Choudhury bags twin medals

Gurugram : In a remarkable display of talent and dedication, 10-year-old Saanvi Choudhury emerged victorious in the 3rd North India Open Karate Championship 2023, organized by the prestigious Karate India Organization (KIO). Saanvi clinched silver in Kata and a Gold medal in Kumite, triumphing over her opponents from Delhi and Uttar Pradesh. Saanvi's journey started when her working parents noticed her passion for karate at the age of eight. In 2022, she clinched the gold medal in the Delhi Open and India Open International Jiu Jitsu Tournament. Later, she also won the gold medal in Kata and bronze in Kumite in the 1st Republic Club Open Karate Championship



Mr Abheek Barua, Chief Economist, HDFC Bank, commented on RBI monetary policy

CHANDIGARH/LUDHIANA/SHIMLA: A status quo policy delivered by the central bank today, keeping both the policy rate and stance unchanged. The RBI continued to be rather upbeat on growth, revising up its Q1 growth forecast to 8%, while retaining its annual forecast at 6.5% -- which is higher than our estimate of 6-6.2%. On inflation the central bank recognised the near-term easing in inflationary pressures while being cautious on the future trajectory. The central bank lowered its inflation forecast only marginally to 5.1% and seems to be building in a buffer for any food prices spikes due to weather related disturbances during the monsoon season. If indeed these risks do not pan out, inflation could be lower than the RBI's projections leading to subsequent communications becoming more dovish. Today's policy decision does little to move the needle in the bond market as it was broadly in line with expectations. Any rate cut expectations in 2023 that were being built up in the market are likely to be pushed forward for now.

Max Life launches Smart Wealth Advantage Growth Par Plan

CHANDIGARH: Max Life Insurance Company Ltd. has launched Smart Wealth Advantage Growth Par Plan - A Non-Linked Participating Individual Life Insurance Savings Plan. The plan combines the power of Protection, Liquidity, and Flexibility into a simple solution and offers comprehensive financial protection for the family for key milestones in life, including retirement. With its six big benefits, the Smart Wealth Advantage Growth Par Plan enables customers to fulfill their retirement goals while assuring comprehensive protection for themselves and their loved ones. Liquidity: Insta Income with enhanced early-liquidity benefits, enabling access to funds from the first policy year. Guaranteed component: Guaranteed Income based benefits to ensure predictability of returns for the customer. Cash Bonus: A percentage of annualized premium shall be payable to the policyholder as a Cash Bonus (if declared). Retirement income: Assists in planning for retirement by offering an enhanced income

with minimum guarantee during life's golden years (after the life insured attains the age of 65 years). Flexibility: Offers flexibility to opt from 4 income designs with the option to receive income on special days e.g. birthdays, anniversaries, etc., or to accumulate for future needs and withdraw basis requirement. Enhanced protection benefits: Offered through Policy continuance benefit, inbuilt additional accidental benefit and optional riders. Prashant Tripathy, Managing Director & CEO, Max Life said that customer obsession is in Max Life's DNA, and developing flexible products that respond to evolving consumer needs is our core competency. We recognized the emerging need for a well-designed income plan emphasizing the value of a regular additional income for long-term financial stability. With Smart Wealth Advantage Growth Par Plan, our primary objective is to offer a comprehensive savings plan, which provides lasting income assurance during the years when one needs it the most.

Meesho Unveils New Brand Identity to Reflect Aspiration & Inclusivity

CHANDIGARH: Meesho, India's only true e-commerce marketplace, has revealed a new brand identity to reinforce how the e-commerce platform helps every Indian derive absolute joy by making a value-first purchase decision. The company aims to strengthen its positioning as a value-first horizontal platform that meets the everyday needs of millions of Indian shoppers. The brand revamp also aims to showcase the e-commerce platform's inclusivity with a vast collection of value-first products, and how it's helping consumers across income segments, geographies, languages, genders and age groups realize their shopping aspirations. "We are thrilled to introduce our revamped brand identity, which symbolizes our transformation into a genuinely inclusive and egalitarian e-commerce platform. The new color palette and sonic

identity will add a powerful new dimension to our brand identity, a critical component of how people recognise Meesho today and in the future. We believe there is enormous opportunity for mass adoption of e-commerce in India, and the next wave of growth will come from making it pertinent for all shoppers. With this brand revamp, Meesho will progress further on its journey to become the go-to e-commerce platform for the next billion consumers in India," said Vidit Aatrey, Founder & CEO, Meesho. The new color palette features hues of 'Jamuni' and 'Aam', which encapsulate the vibrancy and grandeur of India's diversity. According to color theory, Jamuni has an association with aspiration while Aam is seen as inviting and welcoming. The refreshed color palette aims to evoke personality traits of confidence and approachability among Meesho consumers and sellers.

Tata Motors introduces 'EVOLVE'

CHANDIGARH/LUDHIANA: Continuing the celebration of the World Environment Day, Tata Motors, India's leading automobile manufacturer and the pioneer of the EV evolution in India, today announced the introduction of 'EVOLVE' – a programme that brings together the Tata EV owners for a shared journey towards the growth of EV acceptance in the country. 'EVOLVE' will consist of various customer focussed activities including experiential drives, activities to benefit the larger community, exchange and upgrade programmes coupled with exclusive referral benefits. Commenting on the launch of 'EVOLVE', Mr. Shailesh Chandra, MD, Tata Motors Passenger Vehicles Ltd., and Tata Passenger Electric Mobility Ltd., said, "The EV revolution in India has been pioneered by Tata Motors but the actual impetus to this movement is driven by our customers. Our customers are passionate not only when it comes to their cars but are also focussed to do their bit for the environment and enhance the community at all times. 'EVOLVE' is our extended effort to further boost this engagement and reward our brand ambassadors for helping us become India's no. 1 EV manufacturer. It is a customer friendly and engaging programme that aims to become the nucleus of our EV community by hosting a gamut of experiences, discussion forums, loyalty points, benefits etc. It gives me immense pleasure to announce the launch of the first leg of 'EVOLVE' on an occasion that is synonymous with our intentions. This limited period referral programme combines a host of exclusive 'money can't buy' encouragements and we are excited for each one of you to experience the same. Through this initiative, we are working towards exploring unparalleled escapades for our EV believers and hope that these efforts motivate more and more people to #EvoVeToElectric, creating a greener and cleaner future."



Samsung sees 3X growth in demand for WiFi enabled premium ACs in Punjab in Q1; Expects

Udhiana, June 8 - Samsung India has registered 3X growth in demand for its WiFi enabled premium air conditioners in Punjab during the first quarter of 2023, on the back of growing demand for premium products. The company also expects to continue the growth momentum in the second half of the year with it 2023 range of premium WindFree™ and 5-star air conditioners. Samsung's 5-star rating air conditioners are energy efficient and offer a higher range of maximum cooling capacity with bigger and sturdier outdoor unit, which enables not only powerful cooling but also perfect comfort. With an enhanced focus on energy saving, the 2023 air conditioner range offers 26 models with 5-star rating. "Our 2023 range of air conditioners consists of a wide array of 5-star rating, WiFi-enabled, and premium WindFree™ models to provide powerful cooling and perfect comfort. These air conditioners are not only powerful cooling machines but also come with various features such as multi-stage filtration, low energy consumption and intelligent AI-enabled controls that adjust the cooling based on the room temperature to take consumers' experience a notch higher," said Ankur Kapoor, Director, RAC Business, Consumer Electronics Business, Samsung India. "Samsung's premium air conditioners, including the 2023 WindFree™ AC range, along with 5-star rating and WiFi connectivity, are the top choice among consumers due to their best-in-industry innovation and eco-conscious technology. Beyond their impressive cooling performance, Samsung air conditioners also exhibit a captivating design that complements modern households. We are certain that the rise in demand for Samsung's premium air conditioners will grow further through this year," said.

NEXA launches the true blue off-roader Jimny



Amrtsar/Jalandhar/Ludhiana, June 8--: Unleashing a new era of thrill and adventure, Maruti Suzuki India Limited (MSIL) announces the launch of its highly anticipated off-roader Jimny at a starting price of INR 1,274,000. The Jimny will be available for deliveries starting today across all NEXA showrooms in the country. Engineered with an unyielding commitment to conquer uncharted territories, and inculcating the #NeverTurnBack spirit, this exceptional SUV represents the epitome of adventure, ruggedness and versatility in one irresistible package. The Jimny (5-door) will be available in Zeta and Alpha variants with Automatic and Manual transmission choices targeted to excite passionate and professional SUV enthusiasts. Taking forward NEXA's design philosophy of 'Crafted Futurism', the Jimny further accentuates a new design character in NEXA's SUV portfolio. It also bolsters the three key pillars of NEXpression, NEXtech and NEXperience. Announcing the prices of the Jimny, Mr. Hisashi Takeuchi, Managing Director & CEO, Maruti Suzuki India Limited, said, "We are privileged to introduce the legendary Jimny, a symbol of adventure, into the Indian market. With its timeless design and exceptional off-road capabilities powered by Suzuki's ALLGRIP PRO (4WD) technology, the Jimny has been breaking stereotypes for over 5 decades since its global debut in 1970.

Vi Enables its International Travelers Build Unlimited Memories with Only Unlimited IR Packs in Industry

GURUGRAM / HISAR : The big Indian Summer Holiday season is here and travelers are packing to head to their favourite global destinations. Vi insights indicate that 90% of the tourists from India opt for popular destinations such as US, European countries (incl UK, France, Italy, Germany, Greece etc.), Turkey, UAE, Singapore, Thailand, Australia, New Zealand and others. Indians travelling to these destinations are seeking for a truly seamless experience while streaming, video calling or sending photos and videos to their loved ones. For all such travelers, Vi is offering 'Truly Unlimited Data and Calls' on its International Roaming (IR) packs that provide the best connectivity no matter where you are. Vi is the only operator to offer UL benefits on international roaming with truly unlimited data & calls, free incoming calls, and exclusive customer service. In addition, it also ensures 'no speed throttling' thereby providing superior streaming experience. Vi has partnered with the best global service providers across destinations to ensure that Vi users get seamless connectivity wherever they travel. The 'Always On' feature on all Vi Postpaid International Packs ensures that customers do not get charged exorbitant rates while on international roaming even after the expiry of the subscribed pack.



NEWS AT A GLANCE

Dr. Ankeshwar Prakash appointed Finance Officer of KU

DALBIR MALIK KURUKSHETRA: As per the instructions of Professor Somnath Sachdeva, Vice-Chancellor of Kurukshetra University, Controller of Examination Branch II, Dr. Ankeshwar Prakash has been appointed as Finance Officer of the University with immediate effect till further orders. Deputy Director of Public Relations Department Dr. Deepak Rai Babbar said that Dr.

Ankeshwar Prakash thanked KU Vice-Chancellor Professor Somnath Sachdeva for his appointment and said that he will discharge this important responsibility with true loyalty and honesty.

Railings of drain and Bhakra bridges near Kachhwa are broken, there is danger of accidents all the time



MEGHRAJ LUTHRA KACHHWA: The railings of the drain and Bhakra Canal bridges around Kachhwa have been broken for years, due to which there is a danger of accidents every day. Many accidents have happened on these bridges but no action is being taken. The rally of Bhakra Canal bridge on the route going from Kachhwa to Via Jatpura Tarawadi was broken for a long time.

Two drugs peddlers arrested with 20 gms heroin



ASHOK KAURA PHAGWARA: The Goraya Police have arrested two drugs peddlers and recovered 20 Gms of heroin (10 Gms from each) from their possession last night. The arrested accused were identified as Sunny and Sukhpreet Kaur, both residents of Village Gohawar near Goraya. Both accused were nabbed at a check point. The Police have registered cases under NDPS act against both accused.

IG School felicitates Divyanshi Singla and family members for passing UPSC exam



RAMAN GUPTA KAITHAL: In the UPSC examination of 2022, Divyanshi Singla, an alumnus of IG Senior Secondary School, brought laurels to her school along with her parents by securing 95th rank. Due to this success of Divyanshi, a wave of happiness ran in the entire school campus. A felicitation ceremony was organized for Divyanshi Singla on thursday on the advice of Mr. J.B. Khurania, Principal, Mrs. Veena Agarwal, Vice Principal, Mrs. Ranju Gupta, Head of the Management Committee of the school, in which all the members of the Management Committee of the school were present. Eminent Members Ram Bahadur Khurania, Subhash Sharma, Lala Narsi Malji, Suresh Gupta, Satish Chawla, Indrajit Sardana, Puneet Gupta, Subhash Goyal, Balraj Mittal, Baburam Mangla, Naresh Bardana. All the teachers of the school and some students also participated along with Aarti Garg, Surbhi Sharma. Promising Divyanshi was awarded a cash amount of Rs. 51000.

Pond is our ancient heritage and it is our moral responsibility to preserve it: Tejinder Singh Teji



MAINPAL KASHYAP INDRI: Renovation of ponds under Farm Pond, Amrit Sarovar and MNREGA is going on on at war footing in the district to store rain water even before the onset of rainy season. Regarding this, Tejinder Singh Teji, a member of the Pond and Waste Water Management Authority, visited the villages of Butankhedhi, Saravan Majra, Bhadoso and Janesar in block Indri on Thursday and closely inspected the works of the ponds and asked the officials to complete the work as soon as possible. He instructed the Panchayati Raj officials present on the spot that before the onset of the rainy season, they should take care of the farm pond, Amrit Sarovar and ponds under MNREGA being built in their respective villages. Get the renovation works completed as soon as possible so that rain water can be stored in the ponds and it can be used for agricultural purposes at the time of need. He said that full care should also be taken of the facilities provided to laborers under MNREGA, especially during the summer season.

Himachal CM announces bus service from Chitkul to Mandi

DINESH AGARWAL SHIMLA, JUNE 8

Union Power Minister, R.K. Singh and Chief Minister, Thakur Sukhvinder Singh Sukhu today participated in an interaction programme organised under Vibrant Village Programme at Chitkul in District Kinnaur.

During the interaction programme organised under the Vibrant Village programme, the Union Power Minister and Chief Minister interacted and listened to the grievances of the local villagers. The people were also assured that all their genuine demands would be considered on priority. Union Power Minister while addressing the gathering said that the Vibrant Village programme is an initiative of the Union Government to strengthen the infrastructure facilities in Northern border and to provide all facilities at par with cities. He said that Chitkul, Pooh, Nako, Leo and Chango villages of district Kinnaur will be developed under the Vibrant Village Programme.



Union Minister said that a Central Public Sector Undertaking (CPSU) will adopt Chitkul Village and assist the State government in development of the this Vibrant Village. He said that one mega watt power plant would be established in Chitkul and possibility of setting up of micro hydel projects on rivulets of the area would also be explored. He said that to promote the rich cultural heritage of the area and tourism activities, a cultural and tourist centre would

also be established at Chitkul. While interacting with the local villagers, the Chief Minister said that the State government was determined towards upliftment of the rural populace, especially that of tribal areas and was according top priority for it. He said that the entire Himachal Pradesh has rich cultural heritage but the cultural heritage of tribal areas has its own distinct identity, which attracts people from all over the world. He also thanked the Union Power Minister for his

visit to Himachal Pradesh. While announcing to start bus service from Chitkul to Mandi the Chief Minister also assured to consider the demand of providing community hall, bus stand along-with parking facilities and construction of mini stadium at Chitkul sympathetically. Later, the duo also visited the 2nd Indo Tibetan Border Police (ITBP) Battalion post at Nagasti and interacted with ITBP officers and Jawans. Earlier, the Union Power Minister and Chief Minister were also accorded a warm welcome by district administration on their arrival at Kuppia. Revenue Minister, Jagat Singh Negi welcomed the Union Power Minister and Chief Minister on this occasion. Principal Advisor to Chief Minister, Ram Subhag Singh, District Congress Committee President Umesh Negi, Deputy Commissioner, Torul Raveesh, Superintendent of Police, Vivek Chahal, representatives of panchayati raj institutions and other prominent dignitaries of the district were also present on the occasion.

Eight days summer camp going on at Baba Gandha Singh Public School concludes with leaving indelible memories



KARANPREET DHANDRAL BARNALA: The summer camp, which was going on for the last eight days at educational institution Baba Gandhi Singh Public School Barnala, ended today leaving indelible memories. Children participated in various activities and gave a wonderful performance. School Principal Dr. Sandeep Kumar Lath while addressing the children said that along with studies, it is very important to participate in sports and various activities to keep our body healthy and our mind happy. On this occasion, the principal appreciated the art of learning of the children. Telling about what the children were taught in this eight-day camp, Vice Principal Madam Suman said that various activities were organized for the all-round development of the children. In this camp, children participated in computer and technology, painting, cooking, poetry, elocution, stage art, environment conservation and tree planting, surrounding cleanliness, yoga, folk dance and western dance, and various sports.

MC chairperson Shivani thanks people at last house meeting



MAINPAL KASHYAP INDRI: Municipal Chairperson Shivani Goyal thanked all the officers and employees while taking the last house meeting of her current tenure in the municipal auditorium. Significantly, the term of the existing councillors is ending on June 10. On this occasion, all the councillors, officers and employees were present in the municipal auditorium. Addressing all the officers and employees on this occasion, Chairperson Shivani Goyal said that my tenure has been very good with the cooperation of all of you. I have been getting cooperation from all of you throughout and together we have done many welfare development works for Indri municipality and city dwellers. He said that it was my best effort to carry out the work of cleanliness and development of the city with full sincerity during my tenure and I have been successful in this. She said that the people of the city gave me full cooperation and I hope that in future also I will continue to get your cooperation and together we will continue to do the development work of our city.

DC chairs NCORD committee meeting to tackle drug abuse

SD SHARMA PANCHKULA: The Deputy Commissioner Dr. Priyanka Soni today chairs district-level committee meeting under the Narco Coordination Centre (NCORD) to address the growing concerns of drug abuse and the illicit narcotic trade within the district. The meeting was attended by officials from the Police, Education, Health, and other relevant departments. Dr. Priyanka Soni emphasized the importance of sustained awareness campaigns and outreach programs to combat drug abuse. She instructed all stakeholders to organize more drives in educational institutions, such as schools and colleges. Dr. Priyanka Soni



specifically highlighted the significance of targeting schools and the younger population through awareness programs. She also reviewed reports from the concerned departments regarding the measures undertaken to control the drug menace in the district. During the meeting, various issues related to drug addiction, areas of concern, and hotspots of drug use within the district were discussed. The committee also reviewed the progress

made on the directives issued during the previous NCORD meeting. It was informed during the meeting that the Police department has taken action by attaching the properties of individuals involved in drug trafficking. Similar drives will continue in the future to address this issue effectively. The district administration remains committed to working collaboratively with all stakeholders to ensure a drug-free and safe environment for its residents.

Cabinet Minister starts widening of three roads



AMRIK SINGH AMRITSAR: Cabinet Minister Harbhajan Singh ETO inaugurating the widening of the road (Gunowal) from 10 feet to 18 feet from Jandiala Vairawal Road and Malhian to Jandiala Vairawal Road via Taragarh at a cost of 10 crores. He said that Chief Minister Bhagwant Mann to the announcement, the road will be widened in Punjab and This is the beginning of this task. He said that Gunowal to Jandiala Vairawal road will be widened from 10 feet to 18 feet at a cost of around three crores and the work is targeted to be completed in six months. He said that the upgradation of this road will facilitate transportation in Gunowal, Jandiala, Dheere Kot, Taragarh, Mallian, Dharad, Timmowal and other villages.

BKU Dakoanda rejects marginal increase in support price of paddy: Balwinder Jethuke

KULJIT SINGH DHINGRA RAMPURA PHUL: Bathinda District President of Bharatiya Kisan Union Ekta Dakonda, Balwinder Singh Jethuke, while giving information to the press, said that the central government's support price of paddy is Rs 143 per quintal. Rejecting the slight increase, he said that the Modi government had promised before coming to power that we would give the farmers MSP on all crops according to Dr. Swaminathan's reports, but except the Ambani, Andani, while enjoying 9 years of power. And did not do anything other than licking the soles of the corporate houses, but on the contrary passed three black laws to take away the lands instead of paying the prices of the goods to the farmers. According to Dr. Swami Nathan's report, 50 percent of the profit should be given to the farmer by adding the cost per quintal of the commodity, but instead of implementing this report, the Modi government has been suppressed for the last nine years. He said that Bku Dakoanda demands Rs.3500 per quintal of paddy so that agriculture can be made a profitable business. The central government has played an unpleasant joke on the farmers of the country by increasing the price of paddy by Rs 143/ per quintal.



Raahgiri program will be held in Karnal city on July 2, CM will be the chief guest: DC



SHIV KUMAR SHARMA KARNAL: Deputy Commissioner Anish Yadav a joint meeting of district administration officials and the team members of Raahgiri on Thursday in the auditorium of the Small Secretariat regarding the successful organization of Raahgiri program to be held on July 2 in Karnal city and gave them necessary direction and also asked for suggestions. He assigned the duty of nodal officer of the programme to SDM Kamal Anubhav Mehta. Superintendent of Police Shashank Kumar Sawan was present on this occasion. In the meeting, the Deputy Commissioner informed that a Raahgiri program will be organized in Karnal city on July 2 from 7 am to 9 am. In which Haryana Chief Minister Manohar Lal will be the chief guest. He said that Raahgiri program was a good programme, in which thousands of youth and common people used to participate. He told that this time also the Raahgiri program will be celebrated in a grand manner. In which cultural programs, various activities related to sports, such as kabaddi, wrestling, race, tug-of-war, yoga, cycling, art and craft, rangoli and for the entertainment of children, there will also be a chance to ride a swing, camel and elephant will be organized.

Union Bank of India organises Mega Loan outreach camp



CHANDIGARH: Union Bank of India organized Mega Loan Outreach Camp at Community Center, Sector 22, Chandigarh. The program was organized under the guidance of Amarendra Kumar, Mentor and Corporate General Manager, Arun Kumar Field General Manager, Sanjeev Kumar, Regional Head, Regional Office Chandigarh. Councillor Damanpreet Singh Nagpal and President of Vendor Association Sector 22 Roshan were present as special guests. The program was inaugurated by lighting the lamp by the dignitaries present on the occasion. In his inaugural speech, Regional Head Sanjeev Kumar highlighted the contribution made by Union Bank of India through various loan schemes to small, big and small traders and workers, and participation of micro, small and medium industries in the development of the country. Field General Manager Arun Kumar in his address explained in detail the resolution of Union Bank of India to implement various social schemes of the Government and various collateral free loan facilities and guarantee schemes easily available for common man.

Kanwar Pal addresses press conference at Kapil Kamal BJP party office



RANVIR PARASHAR KAITHAL: Haryana Education, Forest and Environment Minister Kanwar Pal said that India's glory has increased at the international level under the able leadership of Prime Minister Narendra Modi. The government has implemented many schemes for the welfare of each class, the benefits of which have been received by the common man. Highways and other infrastructure have been strengthened throughout the country. Basic facilities were being continuously increased in all the government schools in the state, and the children studying in the schools were progressing. He highlighted the achievements of the central government in the last nine year in a press conference at the BJP party office on Thursday. Under the leadership of Prime Minister Narendra Modi, India has set a new benchmark, new dimensions and the country was respected in the whole world. He said that the last nine years have been devoted to service, good governance and poor welfare. He said that the government has opened 48.27 crore bank accounts in the country under Jan Dhan Yojana, in which Rs 2 lakh crore has been deposited.

Yonex Sunrise II Ashwani Gupta Memorial Sub-Junior Badminton Tournament from June 11



RAJENDER KHATRY CHANDIGARH: The 'Yonex Sunrise II Ashwani Gupta Memorial All India Sub-Junior Ranking Badminton Tournament-2023' to be organised by Haryana Badminton Association and Sports Promotion Society of Panchkula will be inaugurated by Punjab Governor Banwari Lal Purohit on June 11. The closing ceremony will be held on June 18. Haryana Governor Bandaru Dattatreya will be the chief guest on the occasion. Speaker of Haryana Legislative Assembly and Chairman of Sports Promotion Society Gyan Chand Gupta gave detailed information about this in the press conference held at the Press Club on Thursday. Chairman Gian Chand Gupta said that about 2800 entries have been received from all over the country for this. The matches will be held in two categories, Under-15 and Under-17. There will be 10 matches for Under-15 Girls Single, Under-15 Boys Single, Under-15 Girls Doubles, Under-15 Boys Double and Under-15 Boys and Girls. Similarly, 5 matches will be played in the under-17 age group. The tournament is divided into 2 parts, with qualifying round matches followed by main draw matches. The qualifying matches will be played from June 11 to 14 and the main draw matches will be held from June 15 to 18.

GLAMOUR

YUGMARG, CHANDIGARH, FRIDAY, JUNE 9, 2023

AAMNA SHARIF TO FEATURE IN AMAAL MALLIK'S MUSIC VIDEO 'MOHABBAT'

Shraddha shares morning routine with fans to stay fit

Actor Shraddha Kapoor, who is basking in the success of her film 'Tu Jhoothi Main Makkaar' which became the top-grossing rom-coms of all time, on Thursday shared her healthy morning routine with fans. Taking to Instagram story, Shraddha shared a picture of juice along with a

caption, "Health apne hi haath mein hoti hai. Good morning!!!" Recently, a cute avatar of Shraddha left her fans wondering if it is the new look for her next film. No matter if the guess is right or not, the cute looks of the actor are always well received on the internet as the audience love to see the pretty side of the actor. Shraddha dropped a picture flaunted

her new hair cute while dressed in a pink t-shirt and denim. She opted for a no-makeup selfie and poses towards the camera. Meanwhile, talking about Shraddha's work front, she was recently seen in the romantic film 'Tu Jhoothi Main Makkaar' opposite actor Ranbir Kapoor. She will be next seen in the horror

comedy film 'Stree 2' opposite actor Rajkummar Rao. Rajkummar Rao, Shraddha Kapoor, Pankaj Tripathi, Aparshakti Khurana and Abhishek Banerjee marked their presence at the event to make an official announcement of the film. The film is all set to hit the theatres in August 2024.



Kaahiin to Hoga' fame Aamna Sharif will be seen in a romantic music video of composer Amaal Mallik's 'Mohabbat'. On Wednesday, Amaal unveiled the song's motion poster. Sharing the link, Amaal said, "Miliye meri Mohabbat se @aamnasharifofficial. Out on 16th June." The poster not only showcases stunning visuals but also gives a glimpse of the chemistry between Amaal Mallik and Aamna, who plays the female lead in the song. The poster has left fans excited. "Beautiful," a social media user commented. "Can't wait for the song," another one wrote. "How beautiful," a netizen commented. Sharing his experience working with Aamna, Amaal said, "Aamna is an incredibly talented artist, and her charisma on-screen is undeniable. Our chemistry in the song is something special, and we wanted to recreate that timeless magic that audiences adore. This motion poster sets the stage for a romantic journey that we hope will tug at the heartstrings of listeners." The song will be out on June 16.

Sonali Bendre, Jaideep Ahlawat's 'The Broken News' season 2 teaser out now

Makers of the upcoming thriller series 'The Broken News' season 2, on Wednesday, unveiled the official teaser. Taking to Instagram, OTT platform Zee5 shared the teaser which captioned, "Prime time par sach aur sansani ke beech ki bahas phir hone wali hai! #TheBrokenNews Season 2 on #ZEE5, coming soon!" Directed by Vinay Waikul, 'Broken News' is based on the world of news reporting and also stars Shriya Pilgaonkar and Akshay Oberoi in pivotal roles. The official release date of the new season is still awaited. Soon after the makers unveiled the official teaser, fans flooded the comment section with red hearts and fire emoticons. "Wooooowww," a fan commented. Another fan wrote, "THIS IS LITTT."

Talking about the show, Shriya earlier said "I'm so happy and grateful with the love we got for the season 1 of 'The Broken News' which is a layered, humane exploration of how different News channels capture the daily discourse in the country. In Season 2, the story gets more exciting and gripping where you can expect a whole lot of twists. Our writing team has done an incredible job with the different themes and stories that the series explores in season 2." Shriya garnered several nominations and accolades for her portrayal of the feisty journalist Radha. About her character's journey, Shriya shared, "My character Radha is back with a bang and is on a mission to fight the system that wrongly accused her. She is very unpredictable this season with what she is going to do next which makes it all the more interesting for me to play as an actor. Jaideep and Sonali are dear friends and I'm

