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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K



CM inquires about condition of MLA Dharampal Gondar, wishes him a speedy recovery

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State and district level offices being opened across country: Nadda

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Democratisation of technology is important tool to bridge data divide: PM Modi

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Suhana Khan, Khushi Kapoor unveil 'The Archies' new poster



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NEWS BRIEFS

BSF recovers IED, averts a major tragedy in Handwara

SRINAGAR: Border Security Force (BSF) on Monday averted a major tragedy when they recovered an Improvised Explosive Device (IED) in Jammu Kashmir's Handwara village, officials said. They said a Road Opening Party (ROP) of BSF detected an IED early in the morning in the general area of Bhattapora village near a culvert on Handwara-Naogaon highway. Had the IED not been recovered it would have caused a major tragedy, they added.

IT engineer arrested for threatening Sharad Pawar

PUNE: A 34-year-old IT Engineer, who allegedly threatened NCP President Sharad Pawar on social media, has been arrested from Pune, police said on Monday.

The accused, identified as Sagar Barve, was nabbed by a team of Mumbai Crime Branch. Barve was produced in a local court, which remanded him to police custody till June 13.

The Mumbai Crime Branch had registered a case at Lokmanya Tilak Marg Police Station on Friday, hours after Pawar was given the death threat on Twitter and Facebook. Various teams had been formed to trace the culprit.

Now police are grilling the accused to ascertain why he issued the death threat to the veteran leader. The police claim that Barve had created the Facebook page in the name of 'Narmadabai Patwardhan', on which a post threatened Pawar that "You will soon become (Narendra) Dabholkar". Dabholkar, a rationalist, was shot dead on August 20, 2013, on the Omkareshwar bridge in Pune.

The Twitter handle from which offensive language was used against Pawar was registered in the name of one Saurabh Pimpalkar. The police suspect Barve created this account too. The threats given to Pawar had generated a huge outcry across Maharashtra. While NCP workers took to the streets, Pawar's daughter and party MP Supriya Sule met the Mumbai Police Commissioner Vivek Phansalkar.

Gold falls Rs 170; silver declines Rs 300

NEW DELHI: Gold prices eased Rs 170 to Rs 60,650 per 10 grams in the national capital on Monday amid its fall in overseas markets, according to HDFC Securities. The yellow metal had closed at Rs 60,820 per 10 grams in the previous trade.

Silver also went lower by Rs 300 to Rs 74,050 per kg.

Cyclone Biparjoy to make landfall on June 15 in Kutch, people being shifted

AGENCY
AHMEDABAD, JUNE 12

Cyclone 'Biparjoy' was likely to make landfall near Jakhau port in Gujarat's Kutch district on Thursday afternoon as a 'very severe cyclonic storm' with maximum wind speed reaching up to 150 kilometres per hour, the India Meteorological Department (IMD) said on Monday.

Officials said authorities in the coastal districts of Kutch, Porbandar, Devbhumi Dwarka, Jamnagar, Junagadh and Morbi began evacuating people residing near the sea and had suspended fishing activities as well as hoisted warning signals at ports.

"The cyclone is likely to make landfall near Jakhau port. It will hit Gujarat coast around noon on June 15. It will be preceded by winds with speeds of 135-145 kmph gusting to 150 kmph and extremely heavy rainfall," said IMD Ahmedabad centre director Manorama Mohanty.

A warning has been issued for heavy rainfall for Saurashtra-Kutch and Gujarat regions during June 15-16 and fishermen have been warned not to venture into the sea till June 16, she said.

Around 7,500 people have been shifted to safer places, and a proper evacuation operation will begin from Tuesday for people residing in villages located within a distance of 10 kilometres from the coast in Kutch-Saurashtra districts, officials said.

More than 3,000 people were evacuated from 31 villages in Porbandar, while in Devbhumi Dwarka, more than 1,500 people were shifted to safer places, they informed. "Some 3,000 people, especially fishermen and labourers working at a port, were shifted in Kandla. Residents of some slums near the



Ensure evacuation from vulnerable areas, directs PM

NEW DELHI: Prime Minister Narendra Modi on Monday directed officials to ensure safe evacuation of people living in vulnerable locations in the path of Cyclone Biparjoy, which is likely to make landfall in Gujarat's Kutch. The prime minister chaired a high-level meeting here to review the preparedness of the Centre as well as the Gujarat government to deal with the situation arising out of the impending cyclone.

sea have also been shifted in Mandvi. Around 23,000 people residing in villages within a

radius of 10 km from the coast will be moved to (makeshift) shelter homes from Tuesday," Kutch collector Amit Arora said. In a tweet, the IMD said, "Cyclone Alert for Saurashtra and Kutch Coast: Orange Message. ESCS BIPARJOY lay at 0830 IST today, about 320km SW of Porbandar, 360km SSW of Devbhumi Dwarka, 440 km South of Jakhau Port, 440 km SSW of Naliya. To cross near Jakhau Port (Gujarat) by noon of 15th June as VSCS." Authorities in Kutch district imposed section 144 in the coastal areas and all schools and colleges were shut down till June 15, officials said. Meanwhile, some parts of coastal districts in south and north Gujarat such as Valsad, Gir Somnath, Bhavnagar and Amreli received light rainfall on Monday morning.

SC stays operation of bike-taxi aggregators Rapido, Uber in Delhi

AGENCY
NEW DELHI, JUNE 12

The Supreme Court on Monday put on hold the Delhi High Court order staying a notice of city government to bike-taxi aggregators Rapido and Uber and allowing them to operate without aggregator licenses till the final policy has been notified.

A vacation bench of Justices Aniruddha Bose and Rajesh Bindal stayed the operations of such bike taxis until the Delhi government notifies guidelines governing them.

The bench said that given the fact that the Delhi government was in the process of formulating a policy for granting licenses to bike taxi aggregators, a complete stay by the High Court on the notification that prohibited their opera-

tion was unwarranted.

It asked the High Court to hear the pending case where bike-taxi aggregators have challenged the notification, expeditiously. It also gave parties the liberty to file early hearing applications before



the High Court.

"In these facts and circumstances, a wholesale stay of the notification was unwarranted. We stay both the impugned orders. High Court directed to hear the matter expeditiously, and parties were given the liberty to file an early hearing application. Present proceedings disposed of," the bench stated in its order.

Delhi Court refuses to grant transit remand of Amritpal, Amrik Singh to Punjab police

AGENCY
NEW DELHI, JUNE 12

Delhi's Patiala House Court on Monday refused to grant transit remand of two alleged operatives of Khalistan Tiger Force (KTF) Amritpal and Amrik Singh to Punjab police stating that the application is belated.

The two accused are currently in judicial custody in an NIA case.

The accused are allegedly associated with Canada-based terrorist Arsh-



deep Dhalla.

Duty Metropolitan Magistrate Isha

Singh noted that the accused persons were to be produced before the concerned Court today in Punjab on a production warrant issued.

Court said that the application has been filed today at 11:55 AM and it would take 5-6 hours to reach Ludhiana.

"Even if the application to carry the accused persons to Punjab is allowed it would be possible to produce the accused before the court before 5 PM. This

application is belated," the court noted. "If the above-mentioned had to be produced before the concerned court in Jagraon, Punjab, the IO should have filed the application in time," the judge said. Punjab police had sought their transit remand in a case of extortion registered at the police Jagraon Sadar, District Ludhiana, Punjab. Earlier Punjab police had registered a case under sections related to extortion, the Arms Act, and UAPA in January 2023.

Budh Ram appointed as new Punjab working president of AAP

AGENCY
NEW DELHI, JUNE 12

Aam Aadmi Party (AAP) announced the office bearers for the Punjab unit on Monday. In Punjab, the party appointed MLA Budh Ram as the state working president and Jagroop Singh Sekhwan as the state general secretary. The party in a notice duly signed by the National Secretary and MP Sandeep Pathak made the an-

nouncement. Further, AAP appointed Amansher Singh (Shery Kalsi), Jasvir Singh Raja Gillm, Jagdeep Singh Kaka Barar and Tarunpreet Singh Sond as State vice presidents. Devinderjeet Singh Laddi Dhose was appointed the Youth Wing State President by the party, whose announcements were made in a notice duly signed by the National Secretary of the party and MP Sandeep Pathak and State President and Punjab Chief Minister Bhagwant Mann.

Priyanka announces five guarantees for people of MP



AGENCY
JABALPUR, JUNE 12

Congress General Secretary Priyanka Gandhi Vadra on Monday launched the election campaign for the upcoming Madhya Pradesh assembly polls slated later this year and announced five guarantees for people of the state. She launched the campaign in Jabalpur district and also addressed a public gathering on the occasion. Talking about the five guarantees, Gandhi said, "A monthly aid of Rs 1500 will be given to every woman in the state, an LPG gas cylinder to each household at Rs 500, 100

units of electricity free and 200 units at half price, loans of farmers will be waived and will implement old pension scheme in the state." "We have come to the banks of Maa Narmada, we will not lie," she added. Targeting the Bharatiya Janata Party (BJP), the congress leader said, "They (BJP) come here and make announcements, but do not fulfil them. They talk about double engine and triple engine. They used to say the same in Himachal Pradesh and Karnataka but public has shown them that they should stop talking about the double engine and start working."

Hry CM announces bonanza for Padma Shri, Padma Bhushan awardees

SHIV KUMAR SHARMA
KARNAL, JUNE 12

While announcing bonanza for Padma Shri, Padma Bhushan and Padma Vibhushan awardees of the State, Haryana Chief Minister, Sh. Manohar Lal today announced a monthly pension of Rs. 10,000 for the awardees besides free travel facility in Volvo Buses of the State Government.

The Chief Minister made this announcement during his visit to Karnal on Monday.

Interacting with the media persons, the Chief Minister said that most of the colonies of Karnal have been developed on Shamlat land adding that this problem would be

Lyricist Manoj Muntashir meets CM Manohar Lal

CHANDIGARH: Renowned writer, and lyricist Sh. Manoj Muntashir today met Haryana Chief Minister, Sh. Manohar Lal during his Karnal visit. During this, he also showed some glimpses of the film Adipurush to the Chief Minister. The Chief Minister extended best wishes to Manoj Muntashir for the film. During the meeting, Sh. Manoj Muntashir also discussed other issues related to the film industry with the Chief Minister. The Chief Minister said that the state government is making constant efforts to provide facilities to films and artists. "The state government has identified about 60-70 acres of land in Pinjore for Film City for the facilities of filmmakers and artists. Film-makers will get a lot of facilities from this film city," said the Chief Minister, adding that the government stands with the artists and will continue to work for their welfare in future also.



resolved at the earliest. For this, "I will soon convene a meeting of concerned officers to resolve this problem and give ownership rights to the residents of Karnal", he asserted.

The Chief Minister said that during the two-day Jan Samvad Programme in Karnal, people put forth several issues before him and most of them were resolved on the spot. He informed that the state government had organized two-day camps to resolve complaints related to property ID. During the camp 1,988 complaints were received, out of which 50 per cent complaints have been resolved on the spot. Remaining complaints would be resolved within five days, said the Chief Minister.

| PUBLIC NOTICES | |
|---|--|
| I Mohd Shabir S/O Niyamat Ali R/O Village Matoi, Tehsil & Distt.Malerkotla declared that my Son Mohd. Sameer is out of my Control. So I disown him moveable and immovable Property & Bank Balance. Anybody deals with them at their own risk. | |
| 63372 I Dinesh Kumar Kakkar, S/O Late Shri Mathura Dass Kakkar, Resident Of House No. 247-A, Galli No. 8, Baba Budha Ji Enclave, Dakoha, Jalandhar (Pb), Do Hereby Solemnly Affirm And Declare That My Son Surrender Kakkar Is Indulged Into Bad Habits And Is Out Of My Control. As Such, I Disinherit My Son Surrender Kakkar From My All Movable And Immovable Properties With Immediate Effect. Any Person Dealing With My Son Surrender Kakkar And His Family , Shall Be Doing So At His Own Risk. | |
| 63372 I, Sonia Kakkar W/O Shri Dinesh Kumar Kakkar, Resident Of House No. 247-A, Galli No. 8, Baba Budha Ji Enclave, Dakoha, Jalandhar (Pb), Do Hereby Solemnly Affirm And Declare That My Son Surrender Kakkar Is Indulged Into Bad Habits And Is Out Of My Control. As Such, I Disinherit My Son Surrender Kakkar From My All Movable And Immovable Properties With Immediate Effect. Any Person Dealing With Surrender Kakkar And His Family Shall Be Doing So At His Own Risk. | |
| 63372 I, Smt. Darshan Kaur widow of No. 12211 Sqn Ldr RS Khangura R/o H.No. 332 Shivalik City Sector-127 Kharar Distt SAS Nagar (Punjab) declare that name of my daughter Sarab Simrit Kaur is recorded in service documents of my husband is wrong. the correct name is Sarab Simrat Kaur. kindly note. | |
| 63372 I, Manju W/o Amit Kumar R/o Flat No.A-77 Ground Floor, Suncity Kaithal Distt Kaithal (HR) do here by solemnly affirm and declare as under that deponent name Rajan Verma, Rajan Bala & Sajni I permanent name Manju W/o Amit Kumar fourth are correct and is same person. | |
| 63372 I, Meena W/o Om Parkash Sharma R/O Flat No. 17/A Second Floor Near LIC Colony Comfort Homes Mundi Kharar Teh-Kharar (SAS Nagar, Mohali) I, have added my surname to my first name, changing it to Meena Sharma. have known by both names Meena & Meena Sharma one and the same person. | |
| 63372 I Ghanshyam S/o Shiv Ratan Yadav residing at SMQ No.449/02 (OP AREA) Dilbagh Enclave AFS Halwara (Ludhiana) have changed my name from Ghanshyam to Ghanshyam Yadav vide Estamp No.IN-PB09275999695154V dated 12-06-2023 before Raikot. | |
| 63372 I Baljinder Singh S/o Bula Singh Village Dosanjh Distt Moga declare that my some documents my Late father name wrongly entered Boota Singh and Pritam Singh. But my father correct name is Boota Singh. so amended my father name from Boota Singh and Pritam Singh to Boota Singh in my some documents. | |
| 63372 I Hitherto Known As Ramanjeet Kaur W/O Manjit Singh, Residing At H.No. 30, Talhan, Distt. Jalandhar-144101, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Ramanjit Kaur. It Is Certified That I Have Complied With Other Legal Requirements In This Connection. | |
| 63372 I Hitherto Known As Dilbara Singh Alias Darbara Singh S/O Narain Singh, Residing At Vill. Hussainpur, Tehsil Nakodar, Distt. Jalandhar-144040, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Darbara Singh. It Is Certified That I Have Complied With Other Legal Requirements In This Connection. | |
| 63372 I Hitherto Known As Harwinder Kaur W/O Harbhajan Lal, Residing At V.P.O. Kotla, Distt. Jalandhar-144106, Punjab, India Have Changed My Name And Shall Hereafter Be Known As Santosh Kumari. It Is Certified That I Have Complied With Other Legal Requirements In This Connection. | |
| 63372 I, Sanju Kumari spouse of No. 4290804W Rank NK Prabhat Kumar unit 5 Bihar C/o 56 APO declared that my DOB 15-02-1994 is wrongly entered in my husband army service records. But my correct DOB is 15-02-1995. All pls note it. | |
| 63372 I Palwinder Singh S/O Sh. Harbansh Singh R/O Vill Tharva Mazra Tehsil Assandh Distt Karnal I Declare That I Have Changed My Grand Daughter(Minor) Name From Arzveer D/O Tajinder Singh Virk To Arzveer Kaur Virk. | |
| 63372 | |

| I, Surender Pal s/o Harjit Singh r/o House No. 364A/12, Ashoka Garden Colony, Opposite Jat School Ground, Ward No. 15, Kaithal, District Kaithal, have changed my name from Surrender Pal to Surinder Pal Singh. | |
|---|--|
| 84451 I, Harjeet Singh s/o Matu Ram R/o House No. 364A/12, Ashoka Garden Colony, Opposite Jat School Ground, Ward No. 15, Kaithal, District Kaithal, have changed my name from Harjeet Singh to Harjit Singh. Concerned please note. | |
| 84451 i,kamlaraniw/o sh. gulshan kumar r/o h. no 1427, sector 52 chandigarh have changed my name from kamla rani to kamla. all concerned please note. | |
| 100040 I TEJENDER KUMAR S/O SULTAN SINGH SAINI R/O 818/21, Sonipat, Haryana-131001 name of mine and my wife wrongly written as TEJENDER and INDU in my minor son aged 17 years in his educational documents. actual name of mine and my wife is TEJENDER KUMAR andINDERJEETSAINI. | |
| 1369985 I, am Kirandeep Singh Marahah S/o Harcharan Singh R/o VPO Bamal,Tehsil Dhuri-148024, Distt Sangrur, have changed my name to Kirandeep Singh. | |
| 98726 I, am Mandeep Singh Hunjan S/o Mohinder Singh R/o H.No. 126, Ward No.10A, Sangrur Road, Dhuri-148024, Distt Sangrur, have changed my name to Mandeep Singh. | |
| 98726 I, am Satinder Singh Madahar S/o Kirpal Singh R/o H.No. 291, W.No.-11B, Madhopuri Mohalla, Dhuri-148024, Distt Sangrur, have changed my name to Satinder Singh. | |
| 98726 I, am Sukhwinder Singh S/o Balvir Singh R/o VPO Bhojowali, Tehsil Dhuri-148024, Distt Sangrur, have changed my name to Sukhwinder Singh Sohi. | |
| 98726 | |
| PUBLIC NOTICES | |
| ਮੈਂ ਸੌਤੋਖ ਪੁੱਤਰ ਚਾਨਣ ਸਿੰਘ ਵਾਸੀ ਪਿੰਡ ਬਿ਼ਲਨ ਪੁਰ ਜੱਟਾਂ ਤਹਿਸੀਲ ਵਾ ਜਿਲਾ ਕਪੂਰਥਲਾ ਇਹ ਬਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰਾ ਲੜਕਾ ਚਰਮਨ ਅਤੇ ਉਸਦੀ ਪਤਨੀ ਪੁਨਮ ਮੇਰੇ ਕਹਿਣੇ ਤੇ ਬਾਹਰ ਹਨ ਤੇ ਮੇਰੇ ਤੇ ਮੇਰੇ ਪਰਿਵਾਰ ਨਾਲ ਲੜਦੇ ਝਗੜਦੇ ਰਹਿੰਦੇ ਹਨ ਇਸ ਲਈ ਮੈਂ ਇਹਨਾਂ ਦੋਨਾਂ ਨੂੰ ਅਪਨੀ ਤਮਾਮ ਚਲ-ਅਚਲ ਜਾਇਦਾਦ ਚੋ ਬੇਦਖਲ ਕਰਦੀ ਹਾਂ, ਅੱਜ ਤੋ ਬਾਦ ਕੋਈ ਵੀ ਇਹਨਾਂ ਨਾਲ ਕੋਈ ਲੇਣ-ਦੇਣ ਕਰੇਗਾ ਤਾਂ ਉਹ ਖੁਦ ਜਿੰਮੇਦਾਰ ਹੋਵੇਗਾ, ਮੇਰਾ ਜਾ ਮੇਰੇ ਪਰਿਵਾਰ ਦੇ ਕਿਸੇ ਮੈਂਬਰ ਦਾ ਇਸ ਲੇਣ-ਦੇਣ ਨਾਲ ਕੋਈ ਤਲਕ ਵਾਸਤਾ ਨਹੀ ਹੋਵੇਗਾ। | |
| 98706 | |
| ਮੈਂ ਬ੍ਰਿਜ ਭੂਸ਼ਣ ਵਾਲਿਆ ਪੁੱਤਰ ਅਨੰਦ ਲਾਲ ਵਾਲਿਆ ਵਾਸੀ ਮੰਨੋ. 216 ਸੁਖਨਾ ਕਲੋਨੀ ਬਿਜਨਪੁਰਾ ਜੀਰਕਪੁਰ ਸਬ ਤਹਿ: ਜੀਰਕਪੁਰ ਤਹਿ: ਡੇਰਾਬੱਸੀ (ਐਸ.ਏ.ਐਸ. ਨਗਰ, ਮੁਕਤਸਰ) ਬਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰੇ ਦੋ ਲੜਕੇ ਨਵੀਨ ਵਾਲਿਆ ਵਾ ਹਿਮਾਥੂ ਸਿੰਘ ਜੋ ਕਿ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ। ਮੈਂ ਇਨ੍ਹਾਂ ਨੂੰ ਅਪਣੀ ਚੱਲ-ਅਚੱਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਇਨ੍ਹਾਂ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਮੇਰਾ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦਾ ਕੋਈ ਵੀ ਤਾਲੁਕ ਵਾ ਵਾਸਤਾ ਨਹੀਂ ਹੋਵੇਗਾ। | |
| 63372 | |
| PUBLIC NOTICES | |
| I, Anju Bala W/o Anil Kumar Dadwal , R/o Near Nalwa Bridge, Dhira, Pathankot, Tehsil/ District Pathankot (Punjab) Declared that my date of birth is wrongly mentioned as 21- 04 -1969 in the service record of my Husband Anil Kumar Dadwal while my correct DOB is 01-01-1973. | |
| 400014 We Vinod Kumar Teji S/o Sh. Mela Ram Teji & Smt. Durgesh Kumari W/o Sh. Vinod Kumar, Phase 3, baltana ,SAS Nagar,Mohali declare that our Son Rohit Teji and his wife Pratibha Teji are out of our Control.So we Disown them from our all Movable Immovable Properties | |
| 100042 I, Krishan Lal S/o Sh. Dayalu Ram R/O Vill. Kaithal Khurd Teh. Thanesar Distt. Kurukshetra have declared that my son Mohit Kumar are out of my control. So I disown him from my all moveable and immovable properties. I am not responsible for any of those future work/actions. | |
| 100074 I, Ramdiya S/O Ram Savroop village Dandota Tehsil Guhla District Kaithal (Haryana) declare that my son Tinku is out of my control So i disown him from my all moveable/immovable properties, if anybody would deals with him then it will be on their own risk.attached | |
| 335454 | |

| | |
|--|--|
| I Davinder Kaur W/o Late No. 34061171 Ex-sep Ravinderpal Singh S/o Balkar Singh, R/o Vpo Dhardeo, Teh Baba Bakala, Amritsar, State Punjab 143205, Declare In My Husband's Army Record My And My Son Name Are Wrongly Recorded As Devinder Kaur And Ekamjeet Singh, But My Correct Name Is Davinder Kaur And My Son Correct Name Is Ekamjit Singh. Please Correct It. Concerned Note. | |
| 977756 I, Jatinder Singh s/o Gurdayal Singh r/o Ward No. 10, Gurdayal Singh Colony Indri, Tehsil Indri. Distt. Karnal have changed my name from Jatinder Singh to Jitender Singh Kathpal. | |
| 52724 I Mehak D/o Jagdev Kumar Jindal R/o #16925A, St No. 07, Aggarwal Colony, Bathinda, Pb have changed my name from Mehak Jindal to Mehak | |
| 100078 I, Vipin Kumar S/o Sh. Hari Chand R/o Village Tandwal, Tehsil Barara, Distt Ambala, Haryana have changed my name from Vipin Kumarto Vipan Kumar. | |
| 78645 I, Vipin Kumar S/o Sh. Hari Chand R/o Village Tandwal, Tehsil Barara, Distt Ambala, Haryana have changed my sor's name from Harshit to Harshit Chauhan. | |
| 78645 I Service no 15823620W Rank Naik David Pal Singh S/o Vikram Singh (23 Field Ammunition Depot c/o 56 APO), Village Pudli, PO Bhorag Bandedi, Tehsil Paonta Sahib, District Sirmar (H.P). Have changed my Name from Naik David Pal Singh to Naik David Thakur. Concerned Note. | |
| 90003 I Harinder Singh alias Harinder Singh Badal s/o Narinder Singh Badal r/o Garden colony Nakodar district Jalandhar declare that I am known by both names Harinder Singh alias Harinder Singh Badal. Both the names are one and the same person. All note please. | |
| 100066 I. Harprit Kaur W/O Baljinder Singh VPO Rurka Kalan Teh ∓ Distt Ludhiana Have Changed My Name Harpreet Kaur. All Note | |
| 98731 I hitherto known as JASKARAN KAUR SAHOTA W/O GURJINDER SINGH R/O Vill Jindowal, Tehsil Banga Distt. SBS Nagar Punjab have changed my name and shall hereafter be known as JASKARAN KAUR. | |
| 168095 I hitherto known as MANJINDER SINGH NANUAN S/O GURNAM SINGH NANUAN R/O VPO GOBINDPUR, SBS Nagar, Punjab-144510 have changed my name and shall here after be known as MANMINDER SINGH NANUAN. | |
| 168095 I JASVINDER KUMAR S/O BISHAMBER DASS R/O Near Power Grid Colony Sama, Pathankot, Punjab-145025 declare that name of mine has been wrongly written as JASVINDER KUMAR in my minor daughter AKSHITA aged 13 years in her educational documents. The actual name of mine is JASVINDER KUMAR. | |
| 168095 I SURINDER KAUR ALIAS GURWINDER KAUR W/O SH JASWANT SINGH. R/O H. NO. 64/7, NAKODAR ROAD, DEOL NAGAR, JALANDHAR, 144003 HAVE CHANGED MY NAME SURINDER KAUR ALIAS GURWINDER KAUR TO GURWINDER KAUR | |
| 168095 I Sourav Rana S/o Sh. Brij Singh R/o Village Sagga, Tehsil Niokehri, District Karnal have declared that in my all documents my name is Sanjeev But now I have changed my name Sourav Rana. In future I may be known as Sourav Rana. | |
| 100074 I Jagseer Singh s/o Sukhdev Singh r/o Pakka Kalan Tehsil Talwandi Sabo (Bathinda) declare on oath that I am known as Jagseer Singh s/o Sukhdev Dass alias (urfi) Sukhdev Singh. Please notes. | |
| 60018 I, Balwinder Kaur W/O Jagtar Ram S/o. Bharo Mazara, Teh. Banga, Distt. SBS Nagar, (144504), have Changed the name of my minor daughter from Samruti (17) to Samruti Kaur, please note. | |
| 900022 I, Army No. 3403091W Rank Hav Name Jagir Singh S/o Rulda Singh R/o Village Ramnagar Bhuna Teh. Guhla Distt. Kaithal , Haryana Declares That In My Army Service Documents My Wife's Name Was Declared As Manjit Kaur . But Her Actual Name Is Manjeet Kaur. Please Amend The Name Of My Wife As Manjeet Kaur In My Army Service Records Vide Affidavit NO. NOL2023F9. | |
| 84451 I, Kundan Lal Sehgal S/O Kanhya Lal Sehgal R/O H.No.1159/9, Katra Khazana, Amritsar have changed my name from Kundan Lal Sehgal to Kundan Sehgal. Concerned note. | |
| 785777 I Radhika (Holder of Passport No T9163776) D/o Gora R/o VPO Malri Tehsil Nakodar Distt Jalandhar, Punjab, India have changed my name from Radhika to Radhika Thaper. All concern please note. | |
| 100035 I, Sunder W/o Late Sh. Kehar Singh R/o VPO Balak, Distt. Hisar hereby changed imy name from Sunder to RAJO for all future purposes. Sunder and Rajo both the names pertain to me. Neither any court case nor any loan in any bank is pending against me. | |
| 40008 | |

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| I, Army Service No. 15814346H, Rank HAV Name Anil Kumar Unit 17 CORPS OMC S/o Ram Chander R/o VPO Shyamtsukh, PS Agroha, Distt. Hisar (Haryana) hereby changed the name of my Motherin army record from Kamla (DOB 02-06-1957) to KAMESH DEVI (DOB 01-01-1964. Kamla and Kamlesh Devi both the names pertain to one person i.e. my mother. | |
| 40008 I, Krishna Devi Wd/o No. 153555245F Late NK Ram Niwas R/o VPO Talwandi Rana, Tehsil & Distt. Hisar (Haryana) have changed the name of my son from Ankit Chopra to ANKIT for all future purposes. In future my son be called, known and written as Ankit. | |
| 40008 I Mohinder Singh s/o Sohan Singh r/o Village Sohal Khurd Po. Mohem tehsil Nakodar district Jalandhar have changed my name from Mohinder Singh to Mohinder Singh Jheeta. All note please. | |
| 100066 I, Smt Usha spouse of No 14538597-W Rank Ex Hav , Tirath Ram Resident of VPO - Kurali, Teh- Naraingarh, Distt – Ambala (Haryana) have changed my name from Usha to USHA MEHTA (Proposed/ adopted new name) Date of Birth 01-01-1964 vide Affidavit dated 12.06.2023 before Ambala | |
| 100042 I, Smt MANJEET KAUR spouse of 14387240A Ex Nk Dilbag Singh resident of Vill H-122, Sainik Vihar Jandi, Teh- Ambala City, Distt – Ambala (Haryana) have changed my name from MANJEET KAUR to MANJIT KAUR (Proposed/ adopted new name) DOB-15-12-1971 vide Affidavit dated 12.06.2023 before Ambala | |
| 100042 I, Smt Malkit Kaur wife of No 235903-B Ex WO Joginder Singh Resident of VPO : Bhatnura Lubana Tehsil & District Jalandhar (Pb) have changed my name from Smt Malkit Kaur to Smt Malkteet Kaur. All concerned notes it. | |
| 42778 I, Smt Baljinder Kaur wife of No 14606067H Ex NK (TS) Jagmohan Singh Resident of Vill: Ittanbadhi, P.O: Manakrai , Tehsil: Bhogpur and Distt: Jalandhar (Punjab) have changed my name from Baljinder Kaur to Baljinder Kaur Shahi and date of birth from 30.05.1975 to 02.05.1974. All Concerned notes it. | |
| 42778 I, Smt Dharshana Kumari wife of No 142178879H Ex Hav Chaman Lal Resident of Vill: Daudpur P.O: Sarobad, Tehsil and District: Jalandhar (Punjab) have changed Name from Smt Dharshana Kumari and date of birth shown in the PPO from 1957 to 01Jul 1957. All concerned notes it. | |
| 42778 I, Inderjit S/o Ghunger Ram R/o Block No 11/E New Beant Nagar Jalandhar changed my name Inderjit to Inderjit Singh . All Concerned please note. | |
| 42778 I, Vansh Kumar S/o Sh. Vipran Kumar R/o VPO . Pandori Bibi, Tehsil & District Hoshiarpur Punjab, India have changed my name from Vansh to Vansh Kumar . In future I will be known by my new name i.e. Vansh Kumar. All concerned please note. | |
| 42778 I Nishu Garg D/o Bhoj Raj Residence #9312/5581, Pujan wala Mohala Bathinda have changed my name after marriage Nishu Gupta W/o Pardeep Gupta Residence # 9D/B, Gobind Colony, Rajpura. | |
| 90004 I, Sidak Singh Ajmani S/o Ratan Deep Singh R/o A-421, Ranjit Avenue, Amritsar Punjab have changed my name to Sidak Singh. | |
| 72737 I, Charanjit Singh S/o Balwinder Singh R/o Vill. Rajian, Teh Ajnala Amritsar have changed my name to Charanjeet Singh. | |
| 72737 I Major Singh S/o Harbhinder Singh R/o Vpo Mallu Nangal Tehsil Ajnala Distt Amritsar Have Changed My Name To Singh Is My Surname And Mejoir Is My Given Name. | |
| 72737 I, Renu Bala W/O Sandeep Sodhi R/o House no 382, Ward No 16, Near Istri Sabha Mandir Hamayunpur, Sirhind District Fatehgarh Sahib have Change My Name from Renu Bala To Renu Sodhi. | |
| 50008 I, Naveen Kumar S/o late Shri Bhupinder Chand R/o Near Jain Motor, Town Road, Ward No. 23, Kharar, Tehsil Kharar, District Sahibzada Ajit singh Nagar have changed my name to Naveen Sood. | |
| 50008 I Manjeet Kaur Dhillion D/ O Surinder Singh R/o Singhwala (moga) Have Changed My Name To Manjeet Kaur | |
| 50008 I Harshit Singla Alias Happy Singla S/o Subhash Singla R/o Singla Niwas, Gali No.2, Near Kapoor Nursing Home, Defence Bandh Road, Sirhind, (r) Tehsil & District Fatehgarh Sahib Have Changed My Name To Harshit Singla. | |
| 50008 I Rajni Mittal W/o Deepak Gupta R/o #5012 Choudhary Colony Ward No.9, Bassi Pathana Distt Fatehgarh Sahib Have Changed My Name From Rajni Mittal To Rajni Gupta | |
| 50008 I Paramjit Kaur Mehre W/o Harbhajan Singh R/o Village Meherna Khurd Distt Maler Kotla Have Changed My Name To Paramjit Kaur. | |
| 50008 I Malkiat Singh Mann S/o Darbara Singh Vill, Kheri Naudh Singh ,teh Khamano District, Fatehgarh Sahib My Chagned Name From Malkit Singh Mann To Malkiat Singh | |
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| I Balwinder Kaur Mann W/o Malkiat Singh Vill, Kheri Naudh Singh Teh, Khamano Distt, Fatehgarh Sahib Have Changed My Name From Balwinder Kaur Mann To Balwinder Kaur | |
| 50008 I Leela Spouse of No. 14651783A, Hav Shyamakant Kumar of Unit 982 AD Regt (SM) Wksp, C/o 56 APO R/o Vill Sikariya, PO Maksudpur, Teh Tekari, Distt Gaya, State Bihar, Pin-824236 have changed my name from Leela to Leelawati Kumari vide affidavit dt. 13.06.23 before Notary Public Bathinda | |
| 100078 I, Reema Rani alias Ruby D/o Subhash Chander W/o Rakesh Kumar R/o # 1178 Gali Number 9, Rama Mandi, Jalandhar, Dakoha, Punjab-144023 have changed my name from Reema Rani alias Ruby to Ruby. All concerned please note. | |
| 42778 I, Yogesh S/o Ramji Paul R/o H.No. 440, Ward No.12, Moh. Arya Nagar, Kartarpur, Distt. Jalandhar have changed my name from Yogesh to Yogesh Paul. All please noted. | |
| 42778 I, Promila W/o Jagdish Pal R/o H.No. 292, Ward No.10, Moh. Arya Nagar, Kartarpur, Distt. Jalandhar have changed my name from Promila to Promila Paul. All please noted. | |
| 42778 I, Smt Malkit Kaur wife of No 235903-B Ex WO Joginder Singh Resident of VPO : Bhatnura Lubana Tehsil & District Jalandhar (Pb) have changed my name from Smt Malkit Kaur to Smt Malkteet Kaur. All concerned notes it. | |
| 42778 I, Smt Baljinder Kaur wife of No 14606067H Ex NK (TS) Jagmohan Singh Resident of Vill: Ittanbadhi, P.O: Manakrai , Tehsil: Bhogpur and Distt: Jalandhar (Punjab) have changed my name from Baljinder Kaur to Baljinder Kaur Shahi and date of birth from 30.05.1975 to 02.05.1974. All Concerned notes it. | |
| 42778 I, Smt Dharshana Kumari wife of No 142178879H Ex Hav Chaman Lal Resident of Vill: Daudpur P.O: Sarobad, Tehsil and District: Jalandhar (Punjab) have changed Name from Smt Dharshana Kumari to Smt Darshana Kumari and date of birth shown in the PPO from 1957 to 01Jul 1957. All concerned notes it. | |
| 42778 I, Inderjit S/o Ghunger Ram R/o Block No 11/E New Beant Nagar Jalandhar changed my name Inderjit to Inderjit Singh . All Concerned please note. | |
| 42778 I, Vansh Kumar S/o Sh. Vipran Kumar R/o VPO . Pandori Bibi, Tehsil & District Hoshiarpur Punjab, India have changed my name from Vansh to Vansh Kumar . In future I will be known by my new name i.e. Vansh Kumar. All concerned please note. | |
| 42778 I Nishu Garg D/o Bhoj Raj Residence #9312/5581, Pujan wala Mohala Bathinda have changed my name after marriage Nishu Gupta W/o Pardeep Gupta Residence # 9D/B, Gobind Colony, Rajpura. | |
| 90004 I, Sidak Singh Ajmani S/o Ratan Deep Singh R/o A-421, Ranjit Avenue, Amritsar Punjab have changed my name to Sidak Singh. | |
| 72737 I, Charanjit Singh S/o Balwinder Singh R/o Vill. Rajian, Teh Ajnala Amritsar have changed my name to Charanjeet Singh. | |
| 72737 I Major Singh S/o Harbhinder Singh R/o Vpo Mallu Nangal Tehsil Ajnala Distt Amritsar Have Changed My Name To Singh Is My Surname And Mejoir Is My Given Name. | |
| 72737 I, Renu Bala W/O Sandeep Sodhi R/o House no 382, Ward No 16, Near Istri Sabha Mandir Hamayunpur, Sirhind District Fatehgarh Sahib have Change My Name from Renu Bala To Renu Sodhi. | |
| 50008 I, Naveen Kumar S/o late Shri Bhupinder Chand R/o Near Jain Motor, Town Road, Ward No. 23, Kharar, Tehsil Kharar, District Sahibzada Ajit singh Nagar have changed my name to Naveen Sood. | |
| 50008 I Manjeet Kaur Dhillion D/ O Surinder Singh R/o Singhwala (moga) Have Changed My Name To Manjeet Kaur | |
| 50008 I Harshit Singla Alias Happy Singla S/o Subhash Singla R/o Singla Niwas, Gali No.2, Near Kapoor Nursing Home, Defence Bandh Road, Sirhind, (r) Tehsil & District Fatehgarh Sahib Have Changed My Name To Harshit Singla. | |
| 50008 I Rajni Mittal W/o Deepak Gupta R/o #5012 Choudhary Colony Ward No.9, Bassi Pathana Distt Fatehgarh Sahib Have Changed My Name From Rajni Mittal To Rajni Gupta | |
| 50008 I Paramjit Kaur Mehre W/o Harbhajan Singh R/o Village Meherna Khurd Distt Maler Kotla Have Changed My Name To Paramjit Kaur. | |
| 50008 I Malkiat Singh Mann S/o Darbara Singh Vill, Kheri Naudh Singh ,teh Khamano District, Fatehgarh Sahib My Chagned Name From Malkit Singh Mann To Malkiat Singh | |
| 50008 | |

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| I, hitherto Known as DILBAGH SINGH S/O SULAKHAN R/O VPO GHANIE KE BANGER, DISTT GURDASPUR-143513, PUNJAB, HAVE CHANGED MY name and Shall hereafter be known as DILBAGH SINGH. | |
| 72737 I Megha Sachdeva W/o Mukul Shingari R/o 124-a Green Avenue Near Verka Booth Amritsar Have Changed My Name From Megha Sachdeva To Megha Shingari After My Marriage All Concerned May Please Note. | |
| 72737 I, Ainderpal Singh Mann S/o Surjeet Singh R/o Village Khurmanian, Khasa, Amritsar have changed my name Ainderpal Singh Mann to Ainderpal Singh Maan. All Concerned Note. | |
| 72737 I Sukhwinder Singh S/o Surinder Singh R/o Vpo Munak Kalan Tehsil Dasuya Hoshiarpur, punjab, have Declare That Singh Is Surname And Sukhwinder Is Given Name. | |
| 72737 I, Yogedner Kumar S/o Sh. Dharam Singh R/o H.no 414 Sector-14 U.e. Karnal I Have Declared My Name Is Yogender And Surname Is Kumar. | |
| 98765 I Mahinder Kumar Alias Mahinder Pal S/O Krishan Kumar Kohli, R/O House Number 41, Mohalla Jattan Wala, Zira., Tehsil Zira, (Ferozepur), Have Changed My Name Mahinder Kumar Kohli. | |
| 50008 I, ASHA is legally wedded Spouse No. 17005474K Rank NK, Name VARUN KUMAR GUPTA Unit 507 ASC BN C/O 56 APO Residing at House no 37-122/2, Flat no 51, Second Floor, Esha Residence, Neredmet, Shree Colony, N e r e d m e t , M e d c h a l Malkajgiri, (Telangana) Pin-500056 have change my name from ASHA to ASHA GUPTA vide affidavit dated 12-06-2023 before Notary Public at Ferozepur. | |
| 900023 I, Deepanshu Chaudhary D/O Hawa Singh R/O Village Kalron Tehsil Gharunda Distt Karnal Haryana I Have Changed My Name From Deepanshu To Deepanshu Chaudhary. All Concerned Please Note. | |
| 100046 I, Baljinder Kaur W/o Mukhtiar Singh Sidhu R/o Vill: Khosa Kotla (Moga) I have changed my name Baljinder Kaur to Baljinder Kaur Sidhu. | |
| 63372 I, Lakhbir S/o Jit Singh R/o Vill: Jagatpur Teh-Banga (SBS Nagar) have changed my name from Lakhbir to Lakhbir Singh. | |
| 63372 I Jashandeep Kaur W/O Shaminder Deep Singh R/O Khai, Teh. Lehra Distt. Sangrur Declare That I Jashandeep Kaur And Jashandeep Kaur Gill Are One And Same Person. | |
| 63372 I, Harkaran Singh Sandhu S/o Lakhwinder Singh R/o Vpo Dhulkot Distt. Ludhiana Have Changed My Name To Harkaran Singh. | |
| 63372 I, Lakhwinder Singh Sandhu S/o Darshan Singh R/o Vpo Dhulkot Distt. Ludhiana Have Changed My Name To Lakhwinder Singh. | |
| 63372 I, Gurmeet Kaur Sandhu W/o Lakhwinder Singh R/o Vpo Dhulkot Distt. Ludhiana Have Changed My Name To Lakhwinder Singh. | |
| 63372 I, Sarvar Simran Mitha D/o Pritam Singh Mitha #109, St.No. 3/2, Green Avenue have changed my name Sarvar Simran. | |
| 63372 I KM. Seema W/o Parminder Kumar R/o Vill. New Abadi Akalgarh Tehsil Raikot Distt Ludhiana Pin 141104 Changed My Name To Seema Rani. | |
| 63372 I Jaswinder Kumar S/o Parkash Ram R/o Village Gosal Tehsil Banga, Distt. S.B.S. Nagar, Punjab, India, 144505 want to change name of my Minor Daughter From Anita to Anita Rani. | |
| 63372 I, Ajit Singh S/o Kartar Singh R/o Vill: Sakho Majra Teh-Morinda (Ropar) I have known by both names Ajit Singh alias Surjit Singh one and the same person. | |
| 63372 I, Sarwan Singh S/O Jarnail Singh R/O Ward No.11 Vasti Amar Singh Wali Po.Mallan Wala Khas Teh Zira Distt Ferozepur Have Changed My Name Sarwan Singh Khinda. | |
| 63372 I, Nasreen W/o Sharif Mohammad R/o Krishna Nagar, Gali No.10, Near GND School, Khanna (Ludhiana) have changed my name to Nargis. | |
| 63372 I, Lovish S/o Gurpreet Kumar R/o Rahon Road, Model Town, Machhiwara (Ludhiana) have changed my name to Lovish Jangra. | |
| 63372 I, Sukhjinder Singh S/o Gurdial Singh R/o Vill: Fatehpur Kalan Po. & Teh- Garhshankar (Hoshiarpur) Punjab, have changed my name to Singh Sukhjinder. | |
| 63372 I, Jasvir Singh Sadioura S/o Harbhajanjit Singh R/o Vill: Bhalor (Moga) Pb, India, have changed my name to Jasvir Singh. | |
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| I, Sukhinder Singh S/o Mohan Singh R/o Ghaloti have changed my name to Narinder Singh alias Sukhnhinder Singh. Both names are mine. | |
| 63372 I, Lakhwinder Singh S/o Piara Singh R/o Nihal Singh Wala (Moga) have changed my name to Lakhwinder Singh Sheen. | |
| 63372 I, Jasvir Dhillon W/o Surjit Singh R/o Vpo. Mehrampur, Distt. S.B.S Nagar, (Punjab), 144518, India, have changed my name from Jasvir Dhillon to Jasvir Kaur. | |
| 63372 I, Harpreet Singh Sidhu S/o Binder Singh R/o Vpo. Chak Ruldu Singh Wala (Bathinda) have changed my name to Harpreet Singh. | |
| 63372 I, Gunjan R/o H.No. 212027 St.No. 32 Near Sukhmani Diary Ajit Road (Bathinda) have changed my name to Gunjan Bala. | |
| 63372 I, Avtar Singh Dhaliwal S/o Darshan Singh R/o Burj Dalla (Bathinda) have changed my name to Avtar Singh. | |
| 63372 I, Bharpur Singh Jattana S/o Jaswant Singh R/o Vpo. Chauke Teh-Phul (Bathinda) have changed my name to Bharpur Singh. | |
| 63372 I, Balvir Kaur Jattana W/o Bharpur Singh R/o Vpo. Chauke Teh-Phul (Bathinda) have changed my name to Balbir Kaur. | |
| 63372 I, Archana Rani W/o Pardeep Kumar R/o H.No. 20-C Ranjit Avenue Phase-1 Near Prolife Hospital Bulara (Ludhiana) have changed my name to Archana. | |
| 63372 I, Inderdeep Singh S/o Kulvir Singh R/o Vill: Gulpur Teh-Balachaur (SBS Nagar) have changed my given name to Inderdeep and surname to Singh. | |
| 63372 I, Shri Ram Khullar S/O Japdinag Rai Khullar R/O Samrala (Ludhiana) Change My Name Shiram Khullar. | |
| 63372 I, Karandeep Singh S/o Kulvir Singh R/o Vill: Gulpur Teh-Balachaur (SBS Nagar) have changed my given name to Karandeep and surname to Singh. | |
| 63372 I, Damanpreet S/o Mahinder Singh R/o Vpo Dhada Kalan, Teh-Garhshankar, Distt. Hoshiarpur, Punjab, have changed my name Damanpreet to Damanpreet Singh. | |
| 63372 I, Suman D/O Sucha Singh W/O Sarabjit Singh R/O-Kartar Colony, Kahnurda Road, V.P.O. Dhupsari, Gurdaspur, Punjab,143506 Changed My Name To Suman Bala. | |
| 63372 I, Jagi Ram S/O Makhi Ram R/O-V.P.O. Uggi, Patti Nano Ki, Tehsil Nakodar, Jalandhar, Punjab,144623 Changed My Name Spelling To Jaggi Ram. | |
| 63372 I, Reena Alias Reena Bhgianan D/O Sudagar Masih W/O Jaggi Ram R/O-V.P.O. Upreti, Patti Nano Ki, Tehsil Nakodar, Jalandhar, Punjab,144623 Changed My Name To Reena Rani. | |
| 63372 I Amritpal Singh S/O Jarnail Singh R/O Vpo Kalyanpur, Distt Jalandhar 144026 Punjab, India Have Changed My Name From Amritpal Singh To Amrit Pal Singh. | |
| 63372 I Krishna W/O Late Soni Lal, R/O H.No. 140, Sidharth Nagar, Near Boota Mandi, New Model House, Jalandhar Do Hereby Solemnly. Affirm And Declare That I Have Chnged My Name From Krishna To Krishna Devi. | |
| 63372 I Pardeep S/O Shri Pal, R/O H.No. 1195/16, Boota Pind, Jalandhar Do Hereby Solemnly Affirm And Declare That I Have Changed My Name From Pardeep To Pardeep Pal. | |
| 63372 I Virpal Kaur W/O Mandeep Singh R/O Lehra Mohabat Distt Bathinda Have Changed My Name To Veerpal Kaur. | |
| 63372 I Shyam Singh Sidhu S/O Gurbhagat Singh R/O Lehra Mohabat Distt Bathinda Have Changed My Name To Shyam Singh. | |
| 63372 I Harminder Singh Sekhon S/O Budh Singh R/O Rampura Phul Distt Bathinda Has Changed My Name To Harminder Singh. | |
| 63372 I Jaspreet Singh Sappal S/O Gurjant Singh R/O Dyalpura Bhaika Distt Bathinda Have Changed My Name To Jaspreet Singh. | |
| 63372 I, Kuljit Kaur W/O Jagtar Singh R/O Vill- Bhaini Rora, Tehsil-Raikot Distt Ludhiana Have Changed My Name Is Kuljit Kaur Grewal. | |
| 63372 I Jyoti C/O Som Nath VPO Kotla Tehsil Bhogpur Distt Jalandhar Have Changed My Name To Jyoti Bagga. | |
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| I Hitherto Known As Surjit Lal S/O Piara Lal R/O Vpo Nagar, Teh. Phillaur, Distt. Jalandhar, Pin Code-144410 (Punjab) Have Changed My Name And Shall Hereafter Be Known As Surjit Lal Chumber. | |
| 63372 I Hitherto Known As Manjit Kaur W/O Kashmiri Lal R/O Patti Nimma Wala Chowk, Vpo Samrai, Teh. Phillaur, Distt. Jalandhar Pin Code-144418 (Punjab) Have Changed My Name And Shall Hereafter Be Known As Kaur Manjit. | |
| 63372 I Hitherto Known As Savita Rani Sharma W/O Pawan Sharma R/O Vill. Ladhewali, Po Madhopur Jallowal, Teh. Nakodar, Distt. Jalandhar, Pin Code-144623 (Punjab) Have Changed My Name And Shall Hereafter Be Known As Savita Rani. | |
| 63372 I, Veer Singh S/o Phuman Singh R/o Vpo. Sandhawal Teh-Shahkot (Jalandhar) have changed my name to Vir Singh. | |
| 63372 I, Parveen Kumar S/o Surjit Ram R/o Vpo. Tehang Teh-Phillaur (Jalandhar) have changed my minor son name from Sahib to Sahib Kumar. | |
| 63372 I, Balbir Singh S/o Pritam Singh R/o Vpo. Bilga Patti Nilowal Teh-Phillaur (Jalandhar) have changed my name to Balvir Singh. | |
| 63372 I, Rita W/o Ashwani Kumar Vadhera R/o W.No. 6 Moh. Sheikhhan Phillaur (Jalandhar) have changed my name to Rita Vedhara. | |
| 63372 I Charanjit Kaur W/o Paramjit Singh Dhami R/o Village Swaddi Khurd, Post office Bodawalwa Tehsil Jagraon Distt Ludhiana have changed my name to Charanjit Kaur Dhami. | |
| 63372 I Paramjit Singh Dhami S/o Jaswant Singh R/o Village Swaddi Khurd Post office Bodawalwa Tehsil Jagraon Distt Ludhiana Have Changed name My Minor son Chanpreet Singh to Chanpreet Singh Dhami. | |
| 63372 I, Parmjit Kaur Grewal W/o Baljit Singh R/o H.No 18 Baddowal Distt Ludhiana have changed my name to Parmjit Kaur. | |
| 63372 I, Baljinder Singh Gill S/o Nachhattar Singh R/o H.No 154, Kothe Rahlan Jagraon Distt Ludhiana have changed my name to Baljinder Singh. | |
| 63372 I, Bhinderpal Kaur W/o Baljinder Singh R/o H.No 154, Kothe Rahlan Jagraon Distt Ludhiana have changed my name to Sinderpal Kaur. | |
| 63372 I, Parmjeet Kaur W/O Parminder Singh R/o Mari Distt Bathinda Have Changed My Name To Parmjit Kaur. | |
| 63372 I, Kuldeep Kaur W/o Jagroop Singh R/o H. Jatana Teh-Khanna (Ludhiana) Punjab-141421 have changed my name to Kuldeep Kaur. | |
| 63372 I, Kulwinder Kaur W/o Jaspal Singh R/o H. Dhalwal Darwaja Vill: Arraichan (Ludhiana) Punjab-141421 have changed my name to Kulwinder Kaur. | |
| 63372 I, Harwinder Singh S/o Jit Singh R/o H.No.B-2-513 Chawni Mohalla Ludhiana Changed My Minor daughter's Name Khushi Kaira To Khatika. | |
| 63372 I, Hari Ram S/O Bindu Ram R/O H.No 4, Kacha Killa, Agwar Gujranwara Distt Ludhiana Declare That Hari Ram And Hari Ram Choudhary are One And The Same Person. | |
| 63372 I, Gurwinder Singh S/o Gurdeep Singh R/o #110 W.No. 1 Bhuchio Mandi (Ludhiana) have changed my name to Gurwinder Singh Matharu. | |
| 63372 I, Charanjit Kaur W/O Jaspal Singh R/O H.No 343, Anderli Gali, Vill Mado Ke, Distt.Moga, Punjab Pin-142053 Have Changed My Name To Charanjit Kaur. | |
| 63372 I, Avtar Singh Arora S/O Gurcharan Singh R/O H.No 531, Ward No. 21, Arjun Dev Nagar, Moga, Punjab Pin-142001 Have Swapped My Name To Avtar Singh. | |
| 63372 I, Sunita Rani D/O Om Parkash W/O Arjun Singh R/O H.No 531, Ward No. 21, Arjun Dev Nagar, Moga, Punjab Pin-142001 Have Changed My Name To Sunita Arora. | |
| 63372 I, Randhir Singh Mehmi S/o Mohinder Singh R/O Rohla (Ludhiana) have changed my name into Randhir Singh. | |

Case should be registered against slogan writers: Shandilya

SHIV KUMAR SHARMA
AMBALA: National President of Anti-Terrorist Front India Viresh Shandilya said that police should file a case and investigate who put up a banner demanding the release of terrorists on the wall of Gurudwara with masons in Baldev Nagar Ambala city. Vishwa Hindu Takht chief Viresh Shandilya, while talking to reporters at his residence said that on the banner on the wall of the Gurdwara, the killers of former Punjab CM and Babbar Khalsa terrorists Jagtar Singh Hawara, Paramjit Singh Bhayora. Photos of many terrorists including Balwant Singh Rajoana, Jagtar Singh Tara and Delhi bomb blast terrorist Devendra Singh Bhullar were on the posters. Shandilya sent a complaint to SP Jashandeep Singh Randhawa and Station House Officer of Baldev Nagar Ram Kumar that who put up this banner of release of terrorists, on whose press it was published in Ambala and who put this banner of terrorists on the wall of Gurdwara, not only sanctity of Gurudwara Rather than talking about the release of terrorists in Ambala, conspired to spoil the atmosphere and disturb peace, and since when has this banner been put up and why did the Gurdwara Management Committee not take action against those who put up this banner.

People will get benefit from Global City Hospital: Khurana



NARESH GARG
LADWA: Ladwa Municipality Head Sakshi Khurana said that the kind of hospital that has been started Ladwa was in dire need of it. On Monday, the Global City Hospital was inaugurated by Ladwa Municipality head Sakshi Khurana by cutting the ribbon. He said that Ladwa was in dire need of such hospital, where patients could get all the facilities. He said that this one would prove to be a boon for the people of Ladwa and the people around it. On the other hand, the director of the hospital, Rajeev Chopra said that 7 doctors have been deployed inside this hospital, who will be available to treat people for 24 hours. All other facilities have been provided inside the same hospital and patients will be treated in the hospital on all panels. He said that till now there is no such hospital in Ladwa, in which people are treated through Ayushman card. He said that soon patients on Ayushman card will also be given the facility to get treatment in this hospital. The same cards of all insurance companies will also be valid. On this occasion, dignitaries of the city including Dr. Shunal Nagpal, Dr. Satyadeep Vasu and Akhilesh were present at the inauguration of the hospital.

SC Commission officers bearers met the Chief Secretary Sanjeev Kaushal
CHANDIGARH: Haryana Chief Secretary, Sh. Sanjeev Kaushal said that the state government is working with the spirit of Antyodaya. He said that the Government is strenuously working hard to connect the deprived with mainstream. Various policies like self-help groups and entrepreneurship schemes are implemented in order to make them self-reliant, he added.

International Child Labor Prohibition Day observed

PARI BAJAJ
KARNAL: International Child Labor Prohibition Day was observed by the District Child Protection Unit Women and Child Development Office on Monday at Kalda Market Sector 13, Karnal to make the general public aware, which is celebrated every year on 12th June. This year the theme of the day is Social Justice for All. End child labour. During this programme, the children of MDD Bal Bhawan Phusgarh and Shradhanand were made aware of the general public by chanting slogans on child labor and through a short drama by the children of MDD Bal Bhawan, crimes against children such as child labour. The public was sensitized on the issues of sexual exploitation and child marriage. Giving information during the programme, Chairman Child Welfare Committee Umesh Chandna said that despite very strict laws made to get rid of children from child labor and exploitation, the nature of taking work from minors and their exploitation continues which is a matter of concern. Elements involved in the serious crime of child trafficking bring children from other states and then push them into the quagmire of bonded labour. That's why all the departments related to children like Women and Child Development Department, Police Department, Labor Department, Child Helpline and all the NGOs working in the field of children working together gave us the message to free our district from child labour.

HARYANA

YUGMARG, CHANDIGARH, TUESDAY, JUNE 13, 2023

Govt formulated various policies for ease of living of people: CM

BUREAU
CHANDIGARH, JUNE 12

Haryana Chief Minister, Sh. Manohar Lal said that the government has formulated various welfare policies to make life easier for the people of the state. He said that the government is determined to eradicate corruption. "People are getting direct benefits of the schemes in our government. Now the assistance amount goes directly to the beneficiary's account whereas earlier the amount used to disappear on the way to reach the beneficiary," he added. The Chief Minister was addressing the people during the Jan Samvad programme organized at Karnal's Ward No. 16 today. On a demand related to a school, the Chief Minister announced to open a primary school in Karnal's Kodi colony, work on which will start soon. Meanwhile, on a complaint of a local regarding the cancellation of ration card, it was found that the ration card

was cancelled because the person had filed income tax return for taking a loan. On this, the Chief Minister said that in case someone has not filed the return in the last two years, then the income shown in the return for the ration card will not be considered. "Those who have filed income tax return, it has affected their ration cards," he added. The Chief Minister said that every grievance related to property ID will be resolved for which special camps are being organized. The Chief Minister said that the state government is giving the benefit of health insurance up to Rs 5 lakh to the families with an annual income of Rs 1.80 lakh. "The government is also considering to include the families in this scheme whose annual income is between Rs 1.80 lakh and Rs 3 lakh; by taking some premium amount to give them a benefit of up to Rs 5 lakh," he added. He said that after the implementation of Parivar Pehchan Patra (PPP),

12.5 lakh new BPL ration cards have been made in the state. Meanwhile, the people appreciated the merit based job system started by the present government, stating that it has brought transparency against the earlier 'parchi-kharchi' system. Sh. Manohar Lal said that action will be taken on all the complaints received during the Jan Samvad programmes. All the complaints will be sent online to the concerned departments, which will have to be resolved by the concerned officer within the prescribed time period, he said. The Chief Minister said that the people of the state are getting benefits due to the implementation of the Right to Service Act. He said that if the work is not done within the prescribed time period, the related complaint goes to auto appeal. In case of no response within the stipulated time period, the matter goes to the Commission and action is taken against the negligent officer.

Govt should build memorial in memory of martyred Punjabis: Mehta

RAJNI SONI
YAMUNANAGAR: National President Ashok Mehta arrived as the chief guest on Monday at the inauguration programme of National Punjabi Mahasabha District Office Yamunanagar. National Advisor Ramesh Madan, National Member Devendra Chawla and National Treasurer Amanpreet Singh were specially involved. District President Amarjit Singh Jaggi and District Women's President Mrs. Vijay Babbar warmly welcomed the guest and presided over. During the ceremony, National Presi-



dent Ashok Mehta while addressing the journalists in the press conference said that the Punjabi community is a martial community. Thousands of people of Punjabi families who were migrating during the partition of Pakistan had given their martyrdom. At that time our families had to leave all their land and property and live here in tents and start their life afresh. He said that on the basis of his hard work, he has advanced his family and his society as well. He said that with the passage of time, the political participation of Punjabis has not been done as much as it should have been.

CM thanked for providing grant of Rs 11 lakh for construction of Punjabi Bhawan

DARSHAN SHARMA
NILOKHERI: On the request of Nilokheri, Punjabi Sabha, Chief Minister Manohar Lal Khattar was expressed gratitude



for sending Rs 11 lakh grant for the beautification of the building. Shiv Nath Kapoor, General Secretary of Punjabi Sabha said Chief Minister Manohar Lal today gave a cheque of Rs 11 lakhs and assured the assembly members to provide more grants if needed. Kapoor told that even though the construction of Punjabi Bhawan has been done with the help of Punjabi community. But this building is available for people of every community. Punjabi Sabha always plays an active and constructive role in religious and social work. Senior BJP leader and Punjabi Sabha general secretary Shiv Nath Kapoor said that Chief Minister Manohar Lal Haryana is doing equal development work for the entire state and every section on a Haryanvi basis and everyone's support, everyone's development and everyone's trust.

CM inquires about condition of MLA Dharampal Gondar, wishes him a speedy recovery



SHIV KUMAR SHARMA
KARNAL, JUNE 12

Chief Minister Manohar Lal reached the residence of Nilokhedhi MLA Dharampal Gondar on Monday to inquire about his health and wished him a speedy recovery. MLA Gharanda Harvinder Kalyan, Mayor Renu Bala Gupta were present. Nilokhedhi MLA Dharampal Gondar's health suddenly deteriorated due to which he had to undergo stunts and now his health is fine and he is resting at home.

AAP holds rally in Yamunanagar

RAJNI SONI
YAMUNANAGAR: Aam Aadmi Party Haryana President MP Sushil Gupta was invited to visit Yamunanagar today. After the rally at Ramila Maidan, Aam Aadmi Party Ambala Lok Sabha Joint Secretary Lalit Tyagi along with his colleagues went to meet party president MP Sushil Gupta at his residence and invited him to visit Yamunanagar district. Tyagi said that the Aam Aadmi Party has raised the bugle for the upcoming elections in Haryana through the Jind Tiranga Yatra. Seeing the success of the Tiranga Yatra, there is panic in the BJP, Congress and other parties. Invited to visit Yamuna Nagar.

CM hands over Rs 31 lakhs to Brahmin sabhas

SHIV KUMAR SHARMA
KARNAL: Keeping his promise, Haryana Chief Minister Manohar Lal on Monday handed over a cheque worth Rs. 31 lakh to the Brahmin Sabhas of Karnal. He made this announcement during Lord Parshuram Mahakumbh organized in Karnal. After the Cheque was handed over by the Chief Minister, all the Brahmin Sabhas of Karnal thanked him a lot. During his stay in Karnal, Chief Minister Manohar Lal met the representatives of Brahmin Sabhas at PWD Rest House on Monday morning. During this, he handed over Rs. 21 lakh to the Brahmin Sabha of district Karnal, Rs. 5 lakh to District Mohyal Brahmin Sabha and Rs. 5 lakh to Model Town Brahmin Sabha. This cheque was taken by Pradhan Surendra Sharma Barauta on behalf of District Karnal Brahmin Sabha, former Pradhan Vinod Mehta on behalf of District Mohyal Brahmin Sabha and Advocate Rahul Bali on behalf of Model Town Brahmin Sab-



ha. Chief Minister Manohar Lal said that he has fulfilled his promise made in Parshuram Mahakumbh. In future also, the demands made by the Brahmin society will be considered and fulfilled. He said that a postage stamp has been issued on Lord Parshuram and Parshuram Jayanti has been declared a gazetted holiday by the Haryana government. In addition, the Medical College at Kaithal has been named after Lord Parshuram. Manohar Lal said that he had announced to hand over the land papers of Pahrawar village to Gaur

Brahmin Sabha, which has been completed. Apart from this, the road in front of Kalpana Chawla Medical College in Karnal has been named Bhagwan Parshuram Marg. The name of Karnal Hospital Chowk has been changed to Bhagwan Parshuram Chowk and the budget for its beautification has also been passed. The Chief Minister said that the budget has been passed to rename Fountain Chowk in Karnal as Bhai Mati Das and Bhai Sati Das Chowk and to install their statues. He said that continuous development works are being done in the Haryana government.

ASHA workers submit memo to SMO regarding demands

MAINPAL KASHYAP
INDRI, JUNE 12

Asha workers, Haryana Block Indri held protest.

Block Pradhan Roshni presided over the demonstration, and Kamlesh, Joint Secretary, gave a memorandum to Dr. Anju, SMO of CSC Indri, showing great anger. Government should fulfill our demands quickly, otherwise, in 2024, the government will have to bear the brunt, they said in memo.

They demanded hike in salary. Solve our demands as soon as possible, otherwise on coming 10th July, our ASHA workers will protest strongly in all the districts of the entire state and the Haryana government will have to bear the brunt of this. Block Joint Secretaries Kashmiri Lal, Naresh, Husnlal, Roshni, Geeta while addressing the meeting said that Asha workers should be given permanent employee status till then minimum salary of ₹ 26000



should be given. ESI and PF should be given, all kinds of security benefits should be given. Salary of Asha workers should be linked with dearness allowance, 50% deducted in 2018 should be given back, retirement age should be 65 years during Covid, Asha's uniform money should be given Rs.2000. Geeta, Kamlesh, Roshni, Sunita, Aguri, Naresh, Kiran Devi, Mamta Rani, Veena, Satpal Saini, Kashmiri Lal, Husanlal, etc. all Asha workers were present.

Yoga protocol training camp to be organized

RANVIR PARASHAR
KAITHAL, JUNE 12

DC Jagdish Sharma informed that district level yoga protocol training camp will be organized from June 14 to June 16. This yoga protocol training camp will be organized in the auditorium of Government Senior Secondary School located at Jakholi Adda. Officers and employees of all departments will participate in this camp. He informed that the 9th International Yoga Day will be organized at each block and district level in Kaithal district, for which preparations have been finalized by the AYUSH department and the district administration. City Magistrate Kaithal will be the overall in-charge of the district level programme. Overall in-charge at the block level will be Block Development and Panchayat Officer. With the cooperation of all departments, duties of administrative officers and employees have been imposed for the program of International Yoga Day at the district and block level. He told that on June 19, pilot rehearsal of the program will be organized at Kaithal Maharaja Surajmal Jat Stadium, along with a yoga marathon on June 19. At the block level, in the courtyard of grain market in block Kalayat, under the shed of new grain market in Rajound, at Government Girls Culture Model Senior Secondary School in Pundri, Government Senior Secondary School in block Dhand, premises of Government Senior Secondary School in block Siwan. District

Ayurvedic Officer Dr. Shakuntala Dahiya said that for organizing the 9th International Yoga Day, training of PTIs, DPs, students, panch, sarpanch, elected members and dignitaries at district level and block level through 3-day yoga protocol camp in a time bound manner. But it has been done. Now from June 14 to June 16, district level training is being organized for officers and employees of all departments. He said that



according to the direction of the Ministry of AYUSH, Government of India, Government of Haryana and the cooperation of Registrar Haryana Yoga Commission, under the direction of district administration, practices have been conducted at district level and block level as per yoga protocol.

He informed that yoga protocol training at the district level is being conducted by yoga expert Hoshier Singh Hooda and Ayush Yoga assistants working in the AYUSH department as per the instructions of the district administration.

People appreciating CM's Jan samvad: Anand

SHIV KUMAR SHARMA
KARNAL: Chief Minister's Media Coordinator Jagmohan Anand said that the public dialogue programme of Haryana Chief Minister Manohar Lal has become the voice of the people. During the public dialogue programme organised in Karnal on 11th and 12th

June, a large number of people of Karnal gathered and presented their views before their popular Chief Minister Manohar Lal. This public dialogue program of the Chief Minister is being appreciated all-round. Chief Minister's media coordinator Jagmohan Anand said that Chief Minister Manohar Lal is

organising public dialogue programmes in the entire state and as Karnal is his assembly, therefore public dialogue is being organised in every ward here. In this episode, programmes were organised on Sunday and Monday. Various demands were placed before the Chief Minister in these programmes, which he redressed on the spot. In these public dialogue programmes, the Chief Minister has received immense affection and love from the public. People of Karnal praised government jobs, Ayushman card, development works in the district without any cost.

CM making police officers scapegoats to please workers: Tarlochan

SHIV KUMAR SHARMA
KARNAL: Reacting to the CM's two-day stay in Karnal, Congress Karnal District Convener Tarlochan Singh said that the Chief Minister has remembered the workers after nine years. Police officers are being made scapegoats to appease the workers. Elections are near, so the CM has set out to please the workers. In the last nine years, police and BJP workers came face to face several times, but the CM never intervened. Now police officers are being targeted. Even though it is a matter of jurisdiction of the CM, the Congress strongly condemns this style of functioning of the CM. The CM issued orders to transfer one SHO and suspend one SHO, there should be an impartial inquiry into the matter concerned. Tarlochan Singh said that instead of working for the welfare of the people, the head of the state is working to please the workers. CM City has lagged behind in the name of development and law and order. It has gone ahead in corruption. Big scams were exposed in Karnal, but the CM did not suspend any officer.



CM condoles demise of former RSS city director Padma Prakash Jain

SHIV KUMAR SHARMA
KARNAL: During his stay in Karnal, Chief Minister Manohar Lal condoled the sudden demise of former RSS city director Padma Prakash Jain at his residence on Monday. He condoled the family members. While consoling the family members, the Chief Minister said that Padma Prakash Jain was rich in soft-spoken and simple



personality and actively participated in social service works. He held the post of city director of RSS in Karnal for 40 years. The Chief Minister said that his sudden demise has caused great loss to the family as well as the society. May the Supreme Father give the departed soul a place at His feet. Padma Prakash Jain was born on 20 July 1931. He died suddenly on 12 June morning. Late Padma Prakash Jain had joined the RSS at the age of 12. The first branch of the Sangh in Karnal district was established by him in Tikri Kalan village. He held the post of city director in RSS for 40 years. He left this post at the age of 90. Apart from this, he was also associated with social works and social organizations. He is survived by wife Jeevan Lata Jain, son Arvind, daughter-in-law Shaleen Jain and entire family. BJP District President Yogendra Rana, Mayor Renu Bala Gupta and other dignitaries were present on this occasion.

"Parivartan Padyatra Aapke Dwar" reaches Raniya on 102nd day

RANVIR PARASHAR
RANIA: INLD's Parivartan Padyatra is setting a new record every day. Led by INLD's Principal General Secretary Abhay Singh Chautala, the yatra entered Raniya assembly constituency after its constituency. When these yatris reached village Bani in Vidhan Sabha constituency, a huge crowd of people welcomed them enthusiastically regardless of the heat. Abhay Singh Chautala said that our fight is not limited to the MLA but the fight of the Chief Minister. Today the wind of change is blowing in the state. The state has the highest unemployment rate and lakhs of youth are unemployed. The central government has ruined the market by imposing new laws. Today the business class is facing the brunt of recession. The condition of the roads in the entire state has become deplorable. Instead of doubling the income of the farmer, this government has done the work of breaking the back of the farmer. During this yatra Abhay Singh Chautala not only listens to the problems of the people but also solves them. During the yatra in village Mauju ki Dhani of Ellenabad, the villagers raised the problem of drinking water arrangement in the village. On this, Abhay Singh Chautala said, if you form the INLD government, you will get water houses built in the village. Abhay Chautala immediately called the SE of Public Health and informed him about the drinking water problem in Mauju's Dhani.



Online classes for students conducts by Blossoms

JAGRAON (SUKH NAHAR): Blossoms convent school has taken an initiative aimed at seeking improvement in each student. For this purpose, teachers of the school are providing online classes to the students during the summer break to ensure that they do not lose the touch with study.

School principal Dr. Amarjeet kaur Naaz highly appreciated the efforts of teaching staff and applauded them for their dedication towards their work as they happily agreed to provide lectures to the students even during break. She said that the more we get familiar with students' strengths and weaknesses, the more we can conclude and help them. She advised students to take maximum benefit of this initiative as it can prove very helpful to them.

NEWS AT A GLANCE

Summer camp organized at St. Soldier School



KULJEET SINGH JANDIALA GURU: Summer camp concluded today at St. Soldier's School. This camp was organized from 02/06/23 to 11/06/23. In which children took part in kabaddi, hockey, football, volleyball, kho-kho, yoga, art, competition, besides athletics, gymnastics, skating, karate and music program. The timing of the camp was kept from 7 to 10 pm. The children participated enthusiastically in this camp and in their respective events Sukhjinder Singh DP, Jatinder Singh DP, Navdeep Singh DP, Yadwinder Singh DP, Rupinder attended this camp to train their game with their respective coaches. Took part in Kaur DP, Manpreet Kaur DP, Jasbir Singh, Ajay Kumar, Jagroop Kaur, Ramandeep Kaur, Sukhdev Singh, Kajal, Sonia performed their duty well and taught the children the tricks of their respective sports.

Farmer training camp by department of agriculture and farmers welfare



ISHWAR GARG TALWANDI SABO: According to the directions of Chief Agriculture Officer Bathinda Dr. Dilbagh Singh Heer and Block Agriculture Officer Talwandi Sabo A farmer training camp was organized under the able leadership of Baljit Singh Brar. On this occasion Dr Gurkanwal Singh Agricultural Development Officer Talwandi Sabo gave technical information to the farmers about saffron crops, especially soft crop and direct sowing of paddy, the life cycle of pink fly and whitefly and its prevention, soft crop and proper use of fertilizers, paddy. Seed treatment on direct sowing, correct seeding information was given regarding the amount, land cover and sowing, proper use of herbicides for weed control, and use of insecticides. In the camp, Harjit Singh, Gurjit Singh, sub-inspector of agriculture farm and Ramandeep Kaur, cotton supervisor, Jagtar Singh, field worker etc. were present.

Applied materials India collaborates with IIT Ropar to establish centre of excellence in Thermal Spray Coatings



BAHADURJEET SINGH RUPNAGAR: Applied Materials India Private Limited, an Indian subsidiary of materials engineering leader Applied Materials, Inc. announced collaboration with the Indian Institute of Technology (IIT) Ropar for establishing a Center of Excellence (CoE) in Thermal Spray Coatings. With support from the Advanced Manufacturing Technologies (AMT) program of the Department of Science and Technology (DST), Applied Materials India has signed a three-year agreement with IIT Ropar to engage in research and development of degradation-resistant coatings for the semiconductor industry. The research engagement will provide a platform for IIT Ropar faculty and students to work on cutting-edge applications and solve real-world challenges with regards to materials of importance for the semiconductor industry. Additionally, IIT Ropar students' will get an opportunity to work closely with materials engineering experts of Applied Materials in India and the United States. Industry-academia collaboration of this nature will help bring together the creative minds of IIT Ropar and Applied Materials and better prepare students for their careers with exposure to materials engineering solutions for disruptive technology infections. "We are delighted to collaborate with IIT Ropar for the research and development program on special coatings.

Efforts being made for comprehensive dev of poor people: Dr. Baljit Kaur

SHASHI PAL JAIN CHANDIGARH, JUNE 12

During the meeting, Cabinet Minister Dr. Baljit Kaur raised the issue of the non-release of Rs 360 crore by the Government of India for the years 2020-2021 and 2021-2022 under the Pradhan Mantri Adarsh Gram Yojana in Punjab. She appealed to the Union Minister for the immediate release of this amount. Additionally, Dr. Baljit Kaur informed the Union Minister that the state government has demanded Rs. 260 crore from the Government of India for the financial year 2022-23.

Cabinet Minister Dr. Baljit Kaur also emphasized the need for increased funding for the successful implementation of the Prevention of Atrocities Act.

She proposed an increase in the amount from Rs. 50 thousand to Rs. 2.50 lakh per beneficiary for the promotion of the inter-caste marriage scheme. Furthermore, Dr. Baljit Kaur highlighted the issue that many schemes run by the Gov-



ernment of India directly benefit applicants who apply through the portal, without the state government having access to the information about the beneficiaries. Therefore, a proposal was put forward to route these schemes through the state government instead of directly

through the applicants. During the meeting, G. Ramesh Kumar, the Additional Chief Secretary of the Social Justice and Minorities Department, assured that the National Helpline No. 1989 would be made available to the general public soon to facilitate the smooth implementa-

tion of the Prevention of Atrocities Act. The meeting was attended by Mr. Jaspreet Singh, the Director of the Social Empowerment and Minorities Department, and Mr. Raj Bahadur, the Director-cum-Joint Secretary, along with various senior officials of the department.

Bhagwant Mann govt emptying pockets of people of Punjab, by increasing rates of Diesel, Petrol : Bhutta

AJAY MALHOTRA FATEHGARH SAHIB, JUNE 12

Condemning the increase in the prices of diesel and petrol by the Punjab government, former chairman of Zilla Parishad Fatehgarh Sahib, Baljit Singh Bhutta, said that the pockets of the people of Punjab are being emptied due to false promises made by the Bhagwant Mann government during the elections. In the presence of Former Manager Nirbhai Singh, Kirandeep Singh Chunnai, Manpreet Singh Sahpur, Kabal Singh Jhampur, Gurpreet Singh Rampur, Najer Singh Baladi, Palwinder Singh Nabipur, Hardev Singh Former Sarpanch Bhairapar, Master



Narinder Singh Makaropur, Nirmal Singh Mathi, Gurwant Singh Sirhind, Amaninder Singh In the presence of farmers of Damheri, Surinder Singh Sodhi Lohar Majra, Harmeet Singh Mata Gujri Colony, Balraj Singh Sirhind, Manjit Singh Khanpur, Prabhjot Singh Kotla Bajwara, Amanpreet Singh Bhairapur, etc. Bhutta said that during the 15 months of the Bhagwant Mann government, the prices of diesel petrol have been increased twice, due to which a financial burden of crores of rupees

has been placed on the residents of Punjab. Bhutta said that the anti-farmer face of the Aam Aadmi Party has been exposed by increasing the prices of diesel and petrol on the occasion of paddy season.

He said that in the neighboring states of Himachal Pradesh and Chandigarh, diesel, and petrol are available at cheaper rates than in Punjab. Bhutta appealed to the Punjab government to withdraw the increase in diesel petrol rates immediately so that the people of Punjab can avoid inflation.

Environmental protection is our responsibility: Davinderjit Kaur



FATEHGARH SAHIB (AJAY MALHOTRA): On the instructions of the Minister of Health and Family Welfare, Dr. Balbir Singh and under the leadership of Civil Surgeon Dr. of Davinderjit Kaur, an awareness week was celebrated from June 5 to June 10 under the theme "Remove Plastic, Save Earth" at various health centers in the district. Giving information in this regard, the Civil Surgeon Dr. Davinderjit Kaur said that a pledge was taken to protect the environment, about 500 saplings were planted in various health centers during the week, awareness was raised through bicycle rally, poster competitions of nursing students were conducted and the need was raised in villages and cities.

She said that awareness was raised for the protection of the environment by setting up a camp because people are falling prey to many diseases due to the polluted environment. Therefore, the preservation of the environment is the responsibility of all of us.

Aam Aadmi Party Punjab gets new office bearers, state leadership strengthened

GAURAV GOEL CHANDIGARH, JUNE 12

The Punjab unit of Aam Aadmi Party got stronger today when the party appointed young and honest leaders of the state on various posts. AAP Punjab President and Chief Minister Bhagwant Mann congratulated all the office bearers who are going to take up new responsibilities and also advised them to fulfill their responsibilities towards the party and Punjab diligently.

By expanding the organizational structure of the Punjab unit, AAP has appointed new leaders on various posts to convey the people-friendly policies and works of the party and the Mann government to every house in Punjab. Principal Budh Ram is the new working president of the state. Amansher Singh Shery Kalsi, Jasvir Singh Raja Gill, Jagdeep Singh Kaka Brar and Tarunpreet Singh Sond are the state vice presidents. Whereas, Jagroop Singh



Sekhwan is appointed as the state general secretary and Devinderjit Singh Laddi Dhos as the president of the youth wing of the state.

It may be mentioned that the above appointed office bearers have worked hard for the party and Punjab. Rewarding them for their good work, the party has assigned new responsibility to them today. On the other hand, on this occasion, the newly appointed leaders thanked the party for the trust and confidence shown in them and said that they will fulfill every responsibility given by the party with full sincerity and will work honestly for the betterment of Punjab.

Important issues discussed in meeting of senior citizens



SRI CHAMKAUR SAHIB (KULWINDER RASULPUR): Monthly Meeting of Senior Citizen Counsel Sri Chamkaur Sahib was held under the presidency of Captain Harpal Singh Rtd. In the Building of Counsel. The day was celebrated as Abused Day and the speakers discuss the matter with the senior citizens that any kind of misbehave towards the Senior Citizens in their Homes by their own members of family in most shameful. On this occasion Sr. Raj Singh & Harman Singh from Helpage India delivered lecture on Cyber Crime under which unknown persons withdraw the money from their Bank Accounts if bank information / Aadhar Card Number is given to them. The Senior Citizens were told that in case of any problem they should take the help of Mobile Number 14567, Sr. Ajaib Singh Mangat Rtd. Principal, Sr. Lachman Singh, (Rtd. Principal) discussed their own experiences and informed about the eye Camp to be organised for them in near future. Prof. R.C. Dhand Chairman of Mata Satya Devi Memorial Senior Citizen Home Sri Chamkaur sahib Requested the members of the counsel if they find any senior citizen uncared by the family.

One person arrested with 20 packs of illegal liquor



AJAY MALHOTRA FATEHGARH SAHIB, JUNE 12

With the help of the Excise Department Police station, Fatehgarh Sahib has arrested a person with 20 packs of illegal liquor and registered a case. Giving information in this regard D. S. P. Sukhbir Singh and Police Station Fatehgarh Sahib S. H. O. Arshdeep Sharma said that Inspector of the Excise Department Daljinder Singh and Assistant Sub-Inspector Pawan Kumar arrested Rajesh Kumar son of Kasturi Lal resident of Sirhind city along with 20 packs of illegal liquor and registered a case under the Excise Act at Fatehgarh Sahib police station. Rajesh Kumar was sent to jail after being produced in the honorable court at Fatehgarh Sahib.

International Edupreneurs Summit and Awards-2023, Dubai organized by Apna Punjab Foundation



BHAGTA BHAI (PARVEEN): The summit organized by Dr Jagjit Singh Dhuri, Founder of Apna Punjab Foundation was a success. The foundation is working in the health, education and environmental sector. Giving more information, Foundation's Director Mr. Anil Mittal, Mr. Sanjay Gupta, S. Bhupinder Singh, Mr. Yohan Mathew and Sh. Sanjeev Saini said that apart from India, delegates from Canada, Australia, USA, Dubai and other countries participated in this conference.

Federation of Private Schools and Associations of Punjab supported this conference. Eminent speakers spoke in the summit on the theme Edupreneurial Vision in 21st century. On this occasion, Sheikh Sultan bin Nasir bin Humaid Rashid Alnuami, Investment, LLC. Dubai, Mr. Jatinder Vaidya, President, Indian People's Forum, UAE, Mr. Surinder Singh Kandhari, Chairman, Guru Nanak Darbar, Gurdwara and Chairman Aldobovi Group attended the summit as special guests. Dr Jagjit Singh Dhuri played the role of the keynote speaker of the conference and outlined an educational road map for the future that inspired institutions to move towards out-come-based education. On this occasion the Chief Patron of the NID Foundation S Satnam Singh Sandhu especially went to Dubai, to join the Summit.

MRSPTU organises session on skill development and fraud prevention for International Migrants

ANIL VERMA BATHINDA, JUNE 12

Maharaja Ranjit Singh Punjab Technical University (MRSPTU), Bathinda in collaboration with National Skill Development Corporation (NSDC), Delhi organised a session on Skill Development and Fraud Prevention for International Migration at university auditorium. Chief Guest, Sh. Sandeep Singh Kaura Advisor, NSDC shared various programmes and initiatives of the NSDC with the students. An expert talk was delivered by IRCC, Canada Team, which throws light on the various aspects of safe immigration to Canada and other foreign countries.

Naresh Sharma Migration Program Manager, IRCC, Chandigarh shared his valuable views on the fraud



prevention for International migrants. A detailed presentation on fraud prevention was presented by Ms. Amrinder Chhabra, Outreach Analyst - IRCC, Chandigarh on the occasion.

Rajat Bhatnagar from NSDC also spoke on various initiatives and opportunities under NSDC schemes. MRSPTU, Vice Chancellor Prof. Buta Singh Sidhu welcomed the guests and appreciated the organising team for arranging such a relevant

knowledgeable programme. Registrar Dr. Gurinder Pal Singh Brar presented a vote of thanks. MRSPTU Coordinator Skill Development, Er. Yadwinder Pal Sharma led team worked very hard for the success of the programme. Assistant Professor Dr. Shweta Rani anchored the stage very well. The event was attended by more than 300 students, faculty and staff members of the university.

TLF school encourages teachers by giving mementos, certificates on success of summer camp



SANJEEV KUMAR ARORA MOGA, JUNE 12

On the last day of the summer camp in the city's premier educational institution, The Learning Field A Global School (TLF) school chairman Eng. Janesh Garg and chairperson Dr. Muskan Garg.

was organized under the leadership. During this ceremony, the teachers were encouraged by Chairman Eng. Janesh Garg, Chairperson Dr. Muskan Garg, Principal Binny Kaur Ahluwalia and group staff by giving mementos, cash and certificates for the success of the summer camp. On this occasion, Chair-

man Eng. Janesh Garg appreciated the role played by the teachers in the summer camp in harnessing the talent of the students.

He said that the school organizes such seminars, technical sessions, teacher training camps, awareness camps will be organized by the school from time to time.

SC, BC community of Jagraon demands action against people misusing reservation policy



JAGRAON (SUKH NAHAR): SC/BC community and social welfare organizations of the area called for "Punjab Bandh" expressed their dissatisfaction regarding reservation policy of the government through "reservation chor farho" morcha. Addressing the problems of community, Punjab government invited the members of morcha for a meeting with minister Harpal Singh Cheema. On the assurance of the minister, members of morcha declared suspension of the call of bandh. Looking at the rage of people belonging to SC/BC categories, the government has promised to take strict actions against people making fake caste certificates to gain benefits. Social welfare organizations and SC/BC community conducted a meeting at municipal council Jagraon to finalize further strategy and asserted that people from Jagraon shall extended full support to the communities in case need arises to re-launch the call for 'bandh' to make sure that SC/BC community does not face any injustice. At this occasion, central Valmiki Sabha All India members including Arun Gill, Prem Singh Lohat, Major Singh, Mehnga Singh, Jagseer Singh, Madan Singh, Sukhdev Singh Manuke, Vikramjeet Singh and others were present.

458 persons benefited during "Abad" camp at Sri Hargobindpur Sahib



SRI HARGOBINDPUR SAHIB (REKHA VERMA): Under the instructions of the Punjab Government, Under the leadership of Deputy Commissioner Dr. Himanshu Aggarwal, the district administration organized a special public hearing camp today at Government Senior Secondary School (Boys) Sri Hargobindpur Sahib under Mission 'Abad'. MLA Advocate Amarpal Singh, Deputy Commissioner Dr. Himanshu Aggarwal, Chairman of District Planning Committee Gurdaspur, Jagroop Singh Sekhwan and SDM Batala Mrs. Shairi Bhandari and other officials were also present.

In today's Abad camp, 458 persons benefited from various welfare schemes of the government. On this occasion, various departments set up stalls and provided services related to their departments to the eligible beneficiaries. Meanwhile, the health department also organized a free medical camp during which 156 people were given free medicine after preliminary examination.

ABVP stages a sit-in demonstration for not restoring student elections

JOGINDER DEV ARYA
BANGANA: Akhil Bharatiya Vidyarthi Parishad staged a sit-in protest against the non-reinstatement of student union elections. In this demonstration, Akhil Bharatiya Vidyarthi Parishad activists also burnt the effigy of the present Chief Minister of Himachal, Sukhwinder Singh Sukhu. Akhil Bharatiya Vidyarthi Parishad has been demanding since the year 2013 that the democratic rights of the students to hold student union elections should be restored. Akhil Bharatiya Vidyarthi Parishad talked to the government several times by giving memorandum but the government did not take any step in this direction. In the year 2013, the student union elections were stopped in Himachal Pradesh. The Congress in power at that time had done the work of snatching away the democratic democratic rights of the students. State secretary Akash Negi has said that when the student union elections were held, the representatives elected by the students used to present the views of the students before the administration and the government. Vidyarthi Parishad held dharna demonstrations today in various educational institutions across Himachal Pradesh to protest against non-resumption of student union elections.

Car driver booked for rash driving

LOHIAN KHAS: The Lohian Khas police have booked a car driver on the charges of rash driving, endangering life, and mischief. The Investigating Officer (IO) Manoj Kumar said that the accused has been identified as Gurmukh Singh a resident of Mianni village. Pawan Kumar a resident of Rupe Wal village complained to the police that the accused was driving his vehicle (PB-09-R-0227) very fast on May 6 and hit his brother-in-law Sushil Kumar Bind's motorcycle vend (without registration number) from behind on Lohian-Malsian road near Seche Wal village and seriously injured him.

NEWS

YUGMARG, CHANDIGARH, TUESDAY, JUNE 13, 2023

State and district level offices being opened across country: Nadda

SANJAY / SANJEEV MAHAJAN
DHARAMSHALA, JUNE 12

BJP National President Jagat Prakash Nadda on Monday said Akali Dal, Samajwadi Party, RJD, TMC, KCR, DMK, Shiv Sena, NCP have all become family parties and Congress has become a party of mother, son and daughter. Addressing a rally, he said Prime Minister Narendra Modi had discussed in 2014 that BJP should have its own office and immediately the then National President Amit Shah started planning for it. As of now, state and district level offices are opening across the country. 887 offices have been created in the country. 502 offices have been completed, including Noorpur and Palampur offices and work is underway on 166 offices. In Himachal Pradesh too, eight offices have been completed. BJP's offices are centers of rituals and they are never locked, they remain open 24 hours. Nadda is on a three day tour of Himachal Pradesh to give a fillip to the Lok sabha election campaign of the



party. BJP National President Jagat Prakash Nadda said today a BJP worker's chest expands when it is discussed that BJP is the largest political party in the world with 18 crore members. Our party is an ideology based party, today it is seen that Congress and CPIM contest elections by joining hands, where have their political principles gone. Nadda said the BJP had passed a resolution to build a grand Ram temple at Palampur in Kangra

and it is the strong will of Prime Minister Narendra Modi that he laid the foundation stone of the Ram temple and very soon it will be ready and dedicated to the nation. The BJP had said in the 60s that we would become a nuclear power, but the Gandhi family then made fun of the BJP. In 1998, nuclear training was conducted in Pokhran under the leadership of the then Prime Minister Atal Bihari Vajpayee. "Today the economy of our

country has surged from the tenth position to the fifth position," he added. Nadda said the Bharatiya Janata Party has booth presidents and booth committees at 6.80 lakh booths across the country. We have 303 Lok Sabha MPs, 1385 MLAs and governments in 15 states in the country. BJP is definitely a strong organization. Nadda said that BJP is a party working with the aim of service, good governance and welfare of the poor and the rest of the parties of the country have remained just a party of families. In our party even an ordinary worker can become the National President, Chief Minister and Prime Minister. Comparing the Congress period and the BJP period, he said scandals used to happen during the Congress period and schemes were made during the BJP period, policies were made during the Congress period, a strong, decisive government runs during the BJP period and the Congress period was the black spot of the BJP. Time is the bright spot.

Hamirpur district will get sufficient water in coming years: DC

AGENCY
HAMIRPUR, JUNE 12

There will be no shortage of drinking water for the people of the district in the coming few years thanks to a proposal for creating ten new shelves costing about 390 crore rupees to end the water shortage. Deputy Commissioner, Hem Raj Bairwa said today that under the Jal Jeevan Mission, 10 new drinking water schemes worth about Rs 390 crore have been sent for shelf approval in the plan for the year 2023-24. He said that under the Jal Jeevan Mission, almost 100 percent of the target of installing taps in every house in the district has been achieved. The sources of drinking water schemes have also been strengthened in many areas, but the need for strengthening of water sources is still being felt in many areas. In view of this, the Jal Shakti Department has proposed a shelf of 10 schemes worth about Rs 390 crore for the strengthening of water sources. The Deputy Commissioner said that as per the instructions of the



Chief Minister, various strengthening schemes for the district were now being proposed from Beas River or Sutlej River. Due to this, the residents of the district will continue to get sufficient drinking water for 12 months. The Deputy Commissioner, however, said that drinking water schemes running from various pits, drains or other natural water sources of the district will also be kept running and protection and augmentation of these water sources will be ensured. The Deputy Commissioner has directed the officials of Jal Shakti Department that no house in the district should remain without drinking water connection.

School children aware about the ill-effects of child labor



KISHORI LAL BAINS
UNA: An awareness camp was organized by the District Child Protection Unit, Una at Rawmapa Daulatpur Chowk and Government Senior Secondary Girls School, Chalet with the aim of curbing the impact of drugs and sexual crimes on the youth. In this awareness camp, children were made aware of the Protection of Children from Drugs, Sexual Offenses Act 2012 and Narcotic Drugs and Psychotropic Substances Act 1985, cybercrime, child marriage and child labour. District Child Protection Officer Kamaldeep Singh appealed to the children and teachers to convey this awareness message to every person of the society so that the society can be saved from these ills. Apart from this, World Day against child labor was also celebrated and children were made aware of the bad effects of child labor and a pledge was also taken to end child labor all over India. Sanam, Principal of Ravmapa Daulatpur Chowk, Raj Kumar, Principal of Ravma Kanya Vidyalaya Sanghnai, Legal Probation Officer Arun Kumar Sharm were present on the occasion.

Ritu of Uttarakhand and Vernika of Rajasthan winner in cultural dance

SANJAY AGGARWAL
DHARAMSHALA, JUN 11

On the seventh day of All India NCC Snow Track, an Inter Directorate Cultural Competition was organized for the cadets. In which cadets participated enthusiastically, and the culture and folk dances of their states were displayed. In which the first position in the junior wing went to Vernika Singh of Rajasthan Directorate and second position to Archita Rajput of Jammu Directorate. Apart from this, Ritu Gupta of Uttarakhand Directorate and Muskan Thakur of Jammu Directorate have secured the first position in the senior wing. The winners of the inter-directorate competition were also honored with prizes. Apart from this, anchors were also honored.



Cadet Nishita Sharma from Punjab, Haryana, Himachal Pradesh and Chandigarh Directorate and Cadet from Rajasthan Directorate were awarded. With this the seventh day of the camp has been completed. Earlier, a lecture on health and hygiene was given to the cadets at AIGTE by Senior Gynecologist Divya Verma. He answered all the questions of the cadets and cleared all the doubts. On the last day, on the seventh day of snow track, the first batch of cadets was taken to Indrunag temple and

the second batch was taken to Panchrukhi railway station. Where the cadets learned about and appreciated the culture of Himachal. In the program, Shimla Group's Deputy Group Commander and Director Track Colonel AS Bains, Camp Commandant Colonel BS Khandka (Sena Medal), Deputy Group Commandant Lt. Col. Anand Shah, Camp Adjutant and Media Coordinator Lt. Dr. Monika Sharma, Secy Officer Varas Kumar and others. ANOs from the states were present.

Sukhu became popular as 'Lockpriya': Jairam

SANJAY AGGARWAL
DHARAMSHALA, JUN 12

Leader of Opposition Jairam Thakur said that historic works were done in Himachal Pradesh during the tenure of Prime Minister Narendra Modi. The cooperation of the Central Government in the development of industries and infrastructure in Himachal Pradesh by the Narendra Modi government has never happened before. A medical college like AIIMS can also be opened in Himachal, no one could have thought even in their dreams. Today Bilaspur AIIMS has all world class facilities. Be it important trains like Vande Bharat or ambitious projects like Medical Device and Bulk Drug Park, Himachal has got it. Today, a network of highways, tunnels and bridges is being laid in Himachal. Leader of the Opposition expressed gratitude to Prime Minister Narendra Modi, National President Jagat Prakash Nadda and Union Minister Anurag Thakur for writing a historical saga of development in Himachal. Leader of Opposition Jairam Thakur was addressing the public meeting on the occasion of inauguration of district offices of BJP's organizational district Noorpur and Palampur. District offices of organizational district Noorpur and Palampur were inaugurated by BJP National President Jagat Prakash Nadda.



On this occasion, Union Minister Anurag Thakur, Himachal BJP Organization Minister Siddharthan, Himachal BJP President Rajiv Bindal, former Himachal Legislative Assembly Speaker Vipin Parmar, along with hundreds of office bearers, workers and thousands of people were present. The Leader of Opposition criticized the policies of the present government on this occasion and said that this government is working with a sense of revenge due to which the people of Himachal Pradesh are suffering. Governments are for the welfare of the people and not for vendetta politics. The Leader of the Opposition demanded from the Sukhu government that instead of liquor contracts, protect the interests of innocent Anganwadis.

Library to be built soon in Bangana, youth will be able to take advantage: Bhutto

JOGINDER DEV ARYA
BANGANA, JUNE 12

There is no dearth of talent among promising students from middle class families. All it takes is a ray of hope to make their dreams come true. "Udaan" has come as such a ray of hope for the youth who are unable to fulfill their dreams due to not being able to afford the expensive education. Devendra Kumar Bhutto, MLA from Kutlehar, was speaking while attending the annual function organized by "Udaan Sanstha" as the chief guest at Ashirwad Hotel, Bangana. While giving information about the Udaan organization, Ramamurthy Sharma said that Udaan neither has any book nor any account. The financial cooperation is done secretly. The members of the organization directly put the money in the account of the needy and in return. Yograj Bhardwaj, the chief patron of the organization said that many organizations are doing commendable work in the field of social service, but Udaan organization has its own style of service. During the program, the students who secured a place in the first ten places in the merit list of class X and class X examination results announced by the Himachal



School Education Board, Dharamshala. Ojaswi Upamanyu, who secured the first position in the State in Plus Two Science Faculty, Arshdeep Chowdhary, who secured the third position, Rajneesh Kumar, who secured the sixth position in Plus Two Arts, Valu Tania Sharma, who secured the seventh position, secured the tenth position in matriculation. Wali Vaishnavi Sharma and Samiksha were honored with the award. Jatin Chaudhary, Anish Kumar, Rishabh Kumar, Satyam Sharma, Anchal, Shahzad Begum, Suraj Chandel, Sania, Shubham Kang, Shushen, Chahat Chaudh, Ravi Kumar, Arshdeep, Sania, Lakshmi Abhinav, who were excellent in the competitions taken by the same flight.

Take special care of cleanliness to prevent water borne diseases: ADC

KISHORI LAL BAINS
UNA, JUNE 12

Intensified Diarrhea Control Fortnight (IDCF) is being organized from June 15 to 30 to prevent the death of children due to diarrhoea. This information was given by Executive Deputy Commissioner and ADC Mahendra Pal Gurjar while presiding over the review meeting of the campaign. He said that the main objective of this campaign is to reduce the death rate of children in the age group of 0-5 years due to diarrhea to zero in the district. He told that in this fortnight, ORS packets would be distributed to the children of the age group of 0 to 5 years in the entire district through ASHA workers. Apart from this, ORS distribution corners will also be set up in all government health institutions and Anganwadis of the district, where complete information regarding the quantity and maintenance of ORS will be given. While the Anganwadi worker will also distribute ORS solution and zinc tablets to the children suffering from diarrhea and during this time they will create awareness about balanced



diet necessary for mother and children. Expressing satisfaction, Mahendra Pal Gurjar said that so far no case of death due to diarrhea has been reported in the district. But still it is necessary to be cautious. He instructed the Jal Shakti Department to ensure maintenance and regular chlorination of drinking water sources. Apart from this, teachers in schools should also make children aware about the right way of handwashing and keeping the environment around them clean and pure. Calling upon the residents of the district, he said that there is a danger of water-borne diseases during the rainy season. That's why take special care of cleanliness in your surrounding environment and residential areas.

Mamta Banerjee is role model of deteriorating law and order situation: Anurag Thakur

SANJAY AGGARWAL
DHARAMSHALA, JUN 12

Union Minister Anurag Thakur accused Bengal Chief Minister Mamta of inciting violence during Kangra tour. Anurag Thakur said that in Bengal Ram devotees are attacked with sticks, stones are pelted, bombs are hurled, arson, violence takes place, Shobha Yatra is stopped during Ram Navami. Anurag Thakur said, Mamta Banerjee is the role model of deteriorating law and order in the state. Mamta has turned a blind eye to all the violence and confined herself to just one section. It can also be seen in her speeches that how she stands with a section and incites violence against the people of Hindu community. Earlier in the day, Union Minister Anurag Thakur attacked the Bengal government over the communal clashes in the state. Attacking Mamta Banerjee government, Anurag Thakur said, Mamta Didi is sleeping. She is giving protection to a section. During the Shobha Yatra, she continued to take a stand on the incidents of stone pelting, arson and violence of the Hindu community. She has called it a selective stand. Said, Hindus are being attacked under the patronage of a Chief Minister and she is only playing the role of a spectator.



PWD Minister assures better roads during the Apple season

DINESH AGARWAL
SHIMLA, JUNE 12

Public Works Minister, Vikramaditya Singh, chaired a review meeting of officers of the PWD and other departments here today to discuss the maintenance of roads for the upcoming apple season so that the orchardists may not face any hardships while transporting their produce. He said that the department will ensure smooth transportation and will also make earnest efforts to address various concerns pertaining to roads and transportation.



He said that as of now, 14 roads under Shimla Circle require special attention to facilitate seamless operations with an expenditure of about Rs. 3.50 crore immediately. He said that if additional funds would be required for the purpose the issue will be taken up with the Chief Minister as well. Directions were issued to work in unison by the officers of all circles and complete all the patchwork, wherever

necessary within the stipulated time.

During the meeting, urgent requirements for the entire apple season were also addressed, including the procurement of JCB machines at the division level. The roads in Kotkhai, Chopal, Kotgarh, Kumarsain and other apple belts were highlighted as needing

immediate attention for repairs. It was informed in the meeting that funds amounting to Rs. 3.48 crore were released by the APMC for doubling the road leading to Parala Market Yard and 80% of the work has already been completed. The Minister also emphasized the importance of widening of roads to create sufficient parking space. The checkpoint at Bhatakuffar, near the marketing yard, was also discussed, and officials assured suitable assistance to address the concerns of the horticulturalists. The Minister directed for erecting signage in accident-prone areas and black spots. Deliberations were also held on the existing status of the Chaila road

widening project. Apart from this, an establishment of a control room in Theog was also proposed to ensure the smooth functioning of vehicles during the apple season besides setting up sub-control rooms and checkpoints at several locations. The responsibility for maintaining Panchayat and village-level link roads will be refurbished in collaboration with the Rural Development department through Block Development Officers. The Executive Engineer, Chopal was directed to lay special focus on the rural roads under his jurisdiction during the apple season and deploy adequate men and machinery.

Public help must to make child labour free zone: Jain

ASHOK GUPTA
PANIPAT, JUNE 12

On the occasion of International Child Labor Prohibition Day, Human People to People India (Action Against Child Labour Project) and Child Rights Protection Committee organised an awareness programme at the community hall of Wadhavaram Colony. The chief guest in the programme was Prateek Jain (Chief Judicial Magistrate), District Legal Services Authority. Partnership Director Hailey, Surya Verma from Humana Sanstha Delhi, Pooja Malik from Childline, Ward Councilor Anjali Sharma, Principal Rajesh Pal, Ramgopal, Raj Singh, representatives of social organisations and Anganwadi workers were present as guests. All the guests were welcomed by the programme director Sandeep Kumar and given detailed information about Child Labor



Prohibition Day. A street play was organised by the children on the topic of child labour prohibition, through which the children told about child labor related to child trafficking, beggary, child labour happening in shops, factories and homes. Children, organisations and people of the community took an oath for the prohibition of child labour. Chief Guest Prateek Jain (Chief Judicial Magistrate), told about child labour prohibition law and informed about free legal facilities provided through DLSA!

Ten Aam Aadmi Clinic doctors gets Empanelment Letters



PAWAN KALIA KAPURTHALA: Department of Health & Family Welfare on today issued Empanelment Letters to ten doctors appointed for Aam Aadmi Clinics with utter motive to provide better health services to peoples at their door steps Deputy Medical Commissioner Dr. Sandeep Bhola and District Health Officer Rajeev Prasher apprised that as per directions of CMO Dr.Rajwinder Kaur ten Aam Aadmi Clinic Doctors already appointed on Aam Aadmi Clinics including PHC Atholi, PHC Plahi, PHC Paramjitpur, PHC Suprode, PHC Surkpur, PHC Raika Mohalla, PHC Dhilwan, PHC Hadiabad will provide services to the peoples of these areas. District Vaccination Officer Dr. Randeep Singh , District Program Officer Dr. Sukhwinder Kaur, District Family Welfare Officer Dr. Ashok Kumar were also present there.

DPRO Karan Mehta's father Chaman Lal Mehta passed away

KULWINDER RASULPUR SRI CHAMKAUR SAHIB: Chaman Lal Mehta (72), father of DPRO Rupnagar Karan Mehta, was cremated today at the crematorium of Haveli village here. He passed away early today after a brief illness. He was a retired officer of the Food Corporation of India.On the occasion of his last rites, apart from the local prominent personalities, among the administrative officers Assistant Commissioner cum Field Officer, Chief Minister Mrs. Anamjit Kaur, SDM, Rupnagar Harbans Singh, Tehsildar Rupnagar. Jaspreet Singh, DSP S. Tarlochan Singh and a large number of officials of the Information and Public Relations Department were present. On this occasion, Joint Director Randeep Singh Ahluwalia on behalf of Information and Public Relations Minister Punjab, Chetan Singh Jodamajra, Joint Director Preet Kanwal Singh on behalf of Secretary Malwinder Singh Jaggi, Deputy Director Ishwinder Singh on behalf of Director Bhupinder Singh, Deputy Director Shikha Nehra and Deputy Director Manwinder Singh.

Balkar Sidhu meet with journalist community regarding dev works



KULJIT SINGH DHINGRA RAMPURA PHUL: Rampura Phul Constituency MLA Balkar Sidhu shared a conversation with Bhai Rupa, Mehraj and Rampura Phul journalist community at the local Canal Club. On this occasion, Balkar Sidhu asked for suggestions from the journalists to speed up the development work of the area so that the assembly constituency Rampura Phul can be developed in a better way. Reiterating his commitment not to spare the drug dealers at any cost, he appealed to the people to resist drug traffickers and inform the police. If still the drug dealers do not stop their activities, they will be thrown in jails by taking strict action as per the law. He said that the children of many parents fall into the mire of drugs after seeing drug addicts. They will be recruited there and made drug free. He said that for the convenience of the people of the city, two parks will be built soon and the bypass and the needle track will be developed as a tourist spot, apart from this, in view of the shortage of drinking water, the construction of a water tank will be started soon.

Doctors support Farmers, Wreslers: Dr Randhawa

RAWEL BHINDER PATIALA: 'Global Healers Punjab', an umbrella body of Punjab Doctors, joined Farmers' Protest Dharna, at the site of indefinite fast of Kisan Union leader Jagjit Singh Dallewal, on Mall Road, in front of head office of Punjab State Electricity Board near historic Sheranwala Gate, here today, at Patiala. Specialist doctor, retired Civil Surgeon, and a farmer, Dr Manjit Singh Randhawa, Convenor of doctors' organisation, who also is, President of 'Uttam-Khet' Kirsan Union, condemned, what he



described as, "unjust, autocratic and inhuman behaviour" of AAP government, for "precipitating an avoidable crisis," by refusing to listen to genuine grievance of farmers, to compel them to retort to extreme step of fast unto death, "just to make themselves heard", that too, by an elected government. Dr Randhawa, in public appeal, urged the people to hoist "Black Flags" on vehicles, houses, shops, public and private buildings to express solidarity with protesting farmers and wreslers.



Banwarilal Purohit, Administrator, UT Chandigarh meeting Municipal Corporation Councilors at UT Secretariat.

Mock Drill on Disaster Management Training held

ASHWANI VERMA BATALA, JUNE 12

National Disaster Management Training and Mock Drill was conducted at The Salvation Army Batala, in which delegates from various states of India like Punjab, Chandigarh, West Bengal, Uttar Pradesh, Jharkhand and Odisha participated.

According to the instructions of Surinder Singh Dhillon, in-charge fire station, along with Fire Officer Unkar Singh and Neeraj Sharma, Post Warden of Civil Defense Harbakhsh Singh informed about fire in natural and non-natural calamities through 3 phased sessions. On the occasion of the commencement, the chief guests was welcomed by the team by presenting flower bouquets, shawls.



On this occasion, Post Warden Harbakhsh Singh gave detailed information about disasters and participation of ordinary citizens to deal with them" that Prime Minister-10-point agenda no. Under 8, every citizen should be able to lead competently to deal with disasters. He said that calamities never come without warning, due to environmental change, their form is getting worse, he explained in detail. So, whatever development takes place, safety should always be kept as a priority. After that Fire Officer onkar Singh in the second

session "Causes of fire and rescue equipment" on causes of fire in houses, of-fices and vehicles and different types of fire and signs of fire extinguishers and their use. Information about. They demonstrated how fire fighters wear oxygen masks to get people out of a burning building and save many precious lives. The last third session "Fire Safety Practice" was conducted in which how to control the incident of fire. The delegates were told about the use of fire extinguishers and precautions to be taken by fire fighters in an emergency situation.

Dr. Ravikant Bamotra of Jalal Vivek Mission Charitable Eye Hospital honoured with FAICO Award



BHAGTA BHAI (PARVEEN): Eye specialist Dr. Ravikant Bamotra, who has been serving in Vivek Mission Charitable Eye Hospital Jalal for a long time, has received the FAICO award. Head of dera Swami Brahm Muni and Baba Gangan Ram Ji Acharya, chief attendant of the institution, while giving information, said that recently in the 81st International Eye Conference in Kochi (South India), Vivek Mission Charitable Eye Hospital Dr. Ravikant Bamotra, Jalal's expert, was honored with the Phycro Award by the All India Collegium of Ophthalmologists Society (AIOS) for his outstanding knowledge of eye diseases. On this occasion, he congratulated Dr. Ravikant Bamotra, feeling honored on this achievement.

He said that with this honour, where the name of Dr. Ravi Kant Bamotra has come in the list of doctors of expert doctors, the name of Vivek Charitable Hospital Jalal has also been spread in the whole of India. He said that doctors are always ready for the health and service of humanity. Sant Ganga Ram ji said that Vivek Ashram Jalal and the people of the area will also organize a ceremony to honor Dr. Ravikant in view of his service towards the patients.

Union Minister of State participates in youth festival as chief guest

DALJEET AJNOHA HOSHIARPUR, JUNE 12

Union Minister of State for Commerce and Industry Som Prakash said that the fate of the country is in the hands of the youth of the country. He said that the country will become what the youth of this country will make it. That's why our youth have an important role in the development of the country and the responsibility of making India a world leader again rests on the shoulders of our youth.

He was addressing the youth as chief guest at the district level youth festival organized by Nehru Yuva Kendra at Rayat-Bahra Group of Institute, Hoshiarpur on Monday. Earlier, he started the program by lighting the lamp. During this, former Cabinet Minister Punjab Tikshan Sood, State Director of Nehru Yuva Kendra Paramjit Singh,



Campus Director Rayat-Bahra Institute Dr. Chandra Mohan, District Youth Officer Rakesh Kumar and other dignitaries were also present with him. The Union Minister of State said that the aim of the district level youth festival dedicated to the Amrit Mahotsav of Independence by the Nehru Yuva Kendra is to bring India to the number one position in the world by 2047. He said that 100 years of India's independence would be completed in 2047, so every citizen, especially the youth, should move forward in this direction by tak-

Rinka newly appoints Chairman of Market Committee Dhariwal honours by Prajapat Fraternity Qadian



GURDASPUR (VERMA): Rising above party politics, the newly appointed Chairman of Market Committee Dhariwal, Rinka, was given a warm welcome by Prajapat fraternity Qadian today. Congratulations and best wishes were presented to Bhupinder Singh Rinka on being appointed as the Chairman of Market Committee Dhariwal. Giving information on this occasion, President of Prajapat Youth Wing, Dixit Laddha and Vinod Kumar Toni said that Bhupinder Rinka is from Parjapat fraternity, his father Rajkumar Ji Khanda's fraternity.

Punjab Raj Bhavan staff organises chabeel

SHASHI PAL JAIN CHANDIGARH, JUNE 12

In dedication to the martyrdom of Sri Guru Arjun Dev Ji, who sacrificed his life for safeguarding the values of humanism and secularism, the employees of Punjab Raj Bhavan organized a Chabeel of sweetened milk and Karah Prasad outside the Raj Bhavan Complex, here today.

The Governor of Punjab and Administrator of the Union Territory, Chandigarh, Sh. Banwari Lal Purohit, actively participated and served at the Chabeel. The Governor's gesture of distributing Chabeel served as a powerful reminder of the importance of inclusivity, mutual respect, and communal harmony. The event saw the enthusiastic



participation of officials and employees, who worked diligently to ensure the smooth service at the chabeel. This collective effort exemplifies the spirit of unity and service ingrained in the ethos of Raj Bhavan. Chabeel holds great significance in representing

the ethos of selfless service, equality, and communal harmony. The practice of distributing sweet water/milk, particularly during the scorching summer season, exemplifies the spirit of sharing and compassion towards fellow human beings.

Chandigarh residents facing problems with smart electric meters; receiving double amount bills

AVTAR SINGH BHANWARA CHANDIGARH, JUNE 12

Everyone is aware that Electric Smart Meters have been installed in Sector 48 Chandigarh apart from other sectors replacing the old meters. These meters give distorted readings as observed and smart meters can give readings almost seven times higher than the actual electricity consumed – particularly in homes when energy-saving bulbs are used, a study found.

Modern devices including dimmer switches and LED bulbs can confuse some smart meters, leading to massively inflated readings and higher bills. Benefits to the suppliers by using smart meters are an average increase of 15-20% in monthly revenue per consumer as per the Energy Efficiency Services Ltd (EESL) statement. Smart meters come with

an In-Home Display (IHD) to facilitate consumers to manage their energy use but these have not been installed. NOW the problem being faced by the consumers in Sector 48 is that after December '22, inflated bills on AVERAGE BASIS are being received for the last three cycles. Though in few cases bills are revised on approaching the authorities but the basis of revisions is not transparent. Bills are as high as Rs 50-60 thousand. Residents are quite agitated finding no permanent solution to the problem. J J SINGH, President, RWA 48 has taken serious note on the issue with the expectations that authorities will attend to this issue with all seriousness to relieve the consumers from this ongoing problem area.



Health department makes people aware to prevent malaria fever



RAMPURA PHUL (KULJIT SINGH DHINGRA): Civil Surgeon Bathinda Dr. Tejwant Singh Dhillon District Epidemiologist Dr. According to the directions of Rupali and Senior Medical Officer Bhagta Bhai Ka Dr. Seema Gupta, the health department team visited village Buggar and made people aware to prevent the breeding of mosquitoes. On this occasion, Multipurpose Health Supervisor Balveer Singh Sandhu Kalan said that malaria fever is spread by the bite of female Anopheles mosquito.

These mosquitoes breed in clean water. This water in our homes is in coolers, pots, animal watering troughs, uncovered tanks, bird drinking bowls, pots, old tires, trays attached to the motor at the back of the refrigerator, etc. So keep all water containers covered. It should be emptied and dried before a week, only then we can stop the breeding of mosquitoes. Only then can we protect the society from malaria, dengue etc. Fever On this occasion, Multipurpose Health Workers Malkit Singh, Ranjit Kaur collected blood samples of fever patients and suspected patients and sent them for testing through proper system.

Unique walk for peace successfully organized in Mohali



MOHALI (TILAK RAJ): For the first time, a Walk for Peace was organized by the local Raja Yoga Center of International Organization of Brahma Kumaris in Phase 7 and Sector 70 Neighborhood Park of Mohali. It was organized from Brahma Kumaris Sukh Shanti Bhawan, Phase 7 from 7 am. Deputy Supdt. Of Police Special Cell Mohali Mr. Narendra Chaudhary PPS, Deputy Director of Youth and Sports Department of Punjab Mr. Kamaljit Singh Sidhu and In-charge of Raj Yoga Centers of Mohali Circle, Brahma Kumari Prem-lata flagged off the Walk for Peace. It was organized to pay homage to those who lost their lives in the Balasore train accident and to reduce the growing unrest, tension, violence and terror in the world. In the Walk for Peace, a Brahma Kumari sister was walking in front carrying the flag of God Shiva and after that about 250 Brahma Kumars and Kumaris were silently walking in two rows wearing slogans of peace, spreading the rays of peace, affection and goodwill for the world. In such an environment, the public also got inspired to create rays of peace and experienced a deep peaceful atmosphere. Brahma Kumaris Sukh Shanti Bhawan, Phase 7 was beautifully decorated with flags, banners.

Annual cricket tournament in memory of Baba Samada



PATHANKOT (SHARANJEET): An annual cricket tournament was organized by the Youth Club Fatehgarh in memory of Baba Samada. In which senior Congress leader Ashish Vij joined as the chief guest and started the cricket tournament by cutting the ribbon. On the last day of the 2-day tournament organized under the chairmanship of Youth Club Rishi and Shelley, the final match was played between Pathankot team and village Mirzapur team, in which the Pathankot team was bowled out for just 54 runs while the Mirzapur team scored 55 runs. Captured the trophy by scoring runs. He said that the club awarded the Mirzapur team with a cash prize of 21 thousand rupees and a trophy, while the runner-up team was awarded with 10,000 rupees and a trophy. Apart from this, Dimple, who scored a record 130 runs in the entire match, was declared Man of the Series. The chief guest senior Congress leader Ashish Vij honored the winning team. Meanwhile, Ashish Vij praised the tournament being organized by the youth club and encouraged the youth to stay away from drugs. On this occasion Sri Guru Ravidas Sabha District Pathankot President Kewal Krishna, General Secretary Prem Singh, Subhash Chander Kala, Gagandeep, Rakesh Kumar, Gulab Singh, Dalbir Sarangal, Jeevan Kumar, Pramod Chander, Ravi Kant, Deshranj Bagga, Anil Kumar, Mangal Singh etc.



Dharam Pal, Advisor to Administrator, UT Chandigarh, distributing prizes to winners during closing ceremony of Badminton Tournament Boys and Girls (U - 15) at Sports Complex Sector 7.

Amit Vij reviews ongoing construction work in Dhaki

PATHANKOT (SHARANJEET): Congress Punjab treasurer and former Pathankot MLA Amit Vij reviewed the construction work of the ongoing railway over bridge at Dhaki Pathankot, especially the ROV construction work. Former MLA Amit Vij along with councilors and other Congress leaders reached the spot and interacted with the project officials and also interacted with the people working on the main roundabout of the station. On this occasion, the hawkers alleged that their hawkers are outside the market committee, despite this they are being charged 100 rupees per day. On this occasion, Amit Vij said that it is surprising that after the work he had done, nothing special was done.



Sports Trials in Khalsa
College begins from
today

HARPREET SINGH LEHAL
JALANDHAR: Trials for sportsperson admissions in Lyallpur Khalsa College for the session 2023-24 will be conducted during 13 - 15 June in the playgrounds of the college. This information was given by the college Principal Prof. Jasreen Kaur. Giving details the College Dean Sports Dr SS Bains said that the trials for Athletics, Basketball, Boxing, Badminton, Cricket, Swimming, Water Polo, Gymnastics and Archery would be held on June 13 whereas on 14 June, trials would be

conducted for Hockey, Kho-Kho, Wrestling, Weight Lifting, Pencak Silat, Wushu, Fencing, Judo, Taekwondo, Rowing, Kayaking, Canoeing, Dragon Boat. On 15 June, trials for events of Football, Karate, Cycling, Baseball, Kabaddi (NS), Tennis, Rugby, Volleyball, Shooting (Rifle & Pistol) and Handball trials would be held. He informed that interested players were to report in the college playground in sports kit at 9:00 a.m. on respective dates with their original Academic and Sports achievement certificates, and added that special facilities (like Hostel facility, Mess facility, Fee Concession and Scholarship) would be provided to selected players on the basis of their merit.

Havan Yajna held at
HMV



JALANDHAR: Hans Raj Mahila Maha Vidyalaya organized Havan on the occasion of starting of renovation work of Ragini Auditorium. The Chief Guest of the occasion is Philanthropist Mr. Sudhir Sharma. Principal Prof. Dr. (Mrs.) Ajay Sareen along with Mr. Sudhir Sharma, teaching and non-teaching members of the college performed Havan Yajna to seek the blessings of Almighty. Principal Dr. Ajay Sareen addressed the staff members and said that HMV is such a institution which turns the dreams into reality. It is our tradition to turn dreams into reality by doing consistent and joint efforts. HMV family has the passion to achieve their dreams. Mr. Sudhir Sharma said that he hard work done with loyalty and dedication always bring positive desired results. Mr. Sudhir Sharma inaugurated the renovation work of Auditorium and congratulated all the staff members. The staff members presented their thoughts on this occasion. Prasad was distributed among the staff members. The Havan Yajna was coordinated by Dr. Meenu Talwar, Head of Sanskrit Department. The stage was conducted by Dr. Anjana Bhatia.

Rally organized by
Lions Club Nabha on
Eye Donation Day



RAKESH JINDAL
NABHA: Religious and social works are done by Lions Club Nabha from time to time. Free eye examination and operation camp and many medical camps have been organized by the club. People were made aware about donating eyes, on this occasion the president of the club Subhash Sehgal informed the people that by donating your eyes even after you die you can see this world as someone else's eyes, on this occasion President Subhash Sehgal, Treasurer Rakesh Singla, Surinder Bir Singh Sethi, Rajesh Bansal Babbu, Sunny Singla, Surinder Singla, Som Nath Dhali, Rishabh Sehgal, Charandeep Singh and Sanjeev Singla were present.

Chabeel organised on
Moosewala's birth anniversary



PRITI SAINI
SADHAURA: On the occasion of the birth anniversary of famous Punjabi singer late Sidhu Moosewala, a chabeel was organised at Nowshera Road. This image was put up by the youth fans club of Sidhu Moosewala of Sikh society. Passers-by coming on this occasion were stopped and offered sweet water. Through Chhabil, the youth of the Sikh community have also demanded justice for Sidhu Moosewala. Pritpal Singh, Hardeep Singh etc. said that on the occasion of the birth anniversary of Sidhu Moosewala, this Chabeel has been organised by the youth of Sikh society and they will continue to organise such social and religious works in the coming future. Narendra Singh, Jaswant Singh, Prince, Lovely, Raman, Jagtar Singh, Dr. Manmeet etc. were also present on this occasion.



YUGMARG, CHANDIGARH, TUESDAY, JUNE 13, 2023

Democratisation of technology is important
tool to bridge data divide: PM Modi

AGENCY
NEW DELHI, JUNE 12

Prime Minister Narendra Modi on Monday said democratisation of technology is an important tool to help bridge the data divide. Addressing the G20 Development Ministers' meeting which is being held in Varanasi through video conferencing, Prime Minister Modi said, "In India, digitalization has brought about a revolutionary change and India is willing to share its experience with partner countries". The Prime Minister said technology is being used as a tool to empower people, make data accessible, and ensure inclusivity. Raising concerns over the growing data divide, Modi said, "high-quality data is critical for meaningful policymaking, efficient resource allocation, and effective public service delivery". Modi said,



"Development is a core issue for the Global South and these countries were severely impacted by the disruptions created by the global Covid pandemic". "I strongly believe that it is our collective responsibility not to let the Sustainable Development Goals fall behind...adding that our efforts must be comprehensive, inclusive, fair, and sustainable. we should increase investment in fulfilling the SDGs and find solutions to address the debt risks faced by many countries". The Prime Minister said, "Multilateral financial institutions should be reformed to expand the eligibility criteria, ensuring that finance is

Punjab Govt should register
Sikh Marriages under Anand
Marriage Act: Devinder Singh

CHANDIGARH: As Punjab's Capital, Chandigarh has started register all Sikh Marriages performed accordingly Sikh Rituals under Anand Marriage Act 1909, from now onwards, Punjab Govt also do the same to facilitate Sikh Community. It is a long pending demand of Sikh People Devinder Singh, State Social Media Co-Incharge, Punjab State BJP Kisan Morcha.



Governor of Haryana celebrates
birthday with children, emphasizes
importance of child welfare



SD SHARMA
PANCHKULA, JUNE 12

The Governor of Haryana and President of the Haryana State Child Welfare Council, Sh. Bandaru Dattatraya, celebrated his birthday today in a very simple manner among children. As the chief guest at the state-level Children's Day competition prize distribution ceremony held at the Indradhanush Auditorium, Sh Dattatraya not only awarded 335 winners of state-level competitions but also shared the joy of his birthday by cutting a cake with them. The event was graced by the presence of Haryana Vidhan Sabha Speaker, Gian Chand Gupta and Honorary General Secretary of the Haryana State Child Welfare Council, Smt. Ranjita Mehta.

During the ceremony, Dattatraya extended his warmest congratulations to all the children present and emphasized the pivotal role they play as the future of our country. He highlighted that the upbringing, protection, and well-being of children are the collective responsibility of society. While acknowledging that every parent cares for their children to the best of their ability, he commended the Haryana State Child Welfare Council for its significant efforts in the all-round development of children from disadvantaged backgrounds. He expressed his admiration for the Council's invaluable work and called upon its officers to not only provide moral and self-reliance education to the children but also empower them to become self-reliant individuals.

Strict notice to those who
threaten struggling wrestlers

Indian classical dancer Shruti
Gupta meets writer Ruskin Bond



MUSSOORIE: Indian classical dancer Shruti Gupta with her husband visited world famous writer Ruskin Bond at his residence in Mussoorie and discussed all her future plan with him. Ruskin Bond became very happy to meet very famous world record holder Shruti Gupta. Shruti Gupta had chosen Mussoorie to visit for two reasons. First one is to visit great Indian author of British origin Ruskin Bond, Second one is to know more about Sir George Everest, a British surveyor and geographer who served as Surveyor General of India from 1830 to 1843 and even world's highest peak XV was renamed to Mount Everest in his honor. Shruti's dream project is greatly associated with Mount Everest that is why she has planned a visit to Mussoorie to get inspired by the work of George Everest. "It had been a very great experience to discuss and share my plan with Ruskin Bond over a cup of evening tea on this Saturday", said Shruti Gupta.

KULDEEP SOOD
BARNALA: The revolutionary center Punjab has taken strict notice of the entire process of government in the case of the women wrestlers' long-standing struggle against physical abuse by the government, firing them, submitting false FIRs, making insulting remarks, threats, character assassination done by the accused Brij Bhushan. While stating to the press here today, Revolutionary Center Punjab President Narayan Dutt and General Secretary Kanwaljit Khanna said that despite the huge support and demands of the justice-loving people across the country, the BJP government is making all efforts to save the accused of sexual exploitation. Women wrestlers are now being ordered to present evidence, although in law the statements of the victim are enough to charge-sheet the accused. Three dozen cases are registered against Brij Bhushan Sharan Singh accused of physical abuse of female wrestlers. Dawood has also been punished in a case like 'TADA' in return for helping Daoud Ibrahim's goons. BJP claims to be morally high, but the truth is that targeting women, minorities, and intellectuals is the dirty morality of the BJP. He said that the famous players of the country coming to the streets for justice is a slap on the face of the Modi government. During the opening drama of the new parliament from above, the dominance of the capitalist on democracy has been witnessed by the people of the world by making the wrestlers procession on the streets. He said that the determination, courage, and faith with which women wrestlers have fought the struggle, has raised the head of women across the world. This struggle against the concept of staying silent out of fear will be victorious in all circumstances.

Drug smuggler hits SI by scooty

NIRMAL SAINI
RADAUR, JUNE 12

An employee of the police team standing to catch the drug smuggler was hit hard by him by his scooty due to which the sub-inspector was badly injured. However, despite that, the police team nabbed the drug peddler Anil Kumar. Intoxicants have also been recovered from his possession. The arrested Anil Kumar is a resident of Chhotabans, on whom a case has been registered earlier for selling drugs. On the other hand, injured sub-inspector Narsingh was taken to Yamuna Nagar for treatment but he was referred to PGI when his condition became serious. Police have registered a case against the accused and started further action.

The injured sub-inspector Narsingh told the police in his complaint that at around



2.30 pm on Monday, he had received information from the informer that Anil Kumar of Deha Basti was going to supply smack. After which he left with a team of 4-5 police personnel to nab him. They planned to nab Anil near Valmiki Basti. After some time, he saw that Anil Kumar was coming towards the market on a scooty. He was signalled to stop. He himself tried to stop his scooty, then he hit him hard. The SI was badly injured in a collision with Scooty. Station House

Officer, Radaur, Kamaljit Singh said that on the complaint of the injured police personnel, a case has been registered against a person. While the injured employee has been referred to PGI Chandigarh for treatment. Chhota Bank of Radaur is famous for smack business. To curb this, a checkpoint has also been set up here by the police administration. But even after that the business of smack is going on continuously.

Conference organized in preparation for Lord
Jagannath Rath Yatra festival by ISKCON

RAMAN GUPTA
KAITHAL: Sakshi Gopal Das Prabhu ji (President ISKCON Kurukshetra) was present and informed us about the preparations for the celebration of Lord Jagannath Rath Yatra Kaithal. He told that the Rath Yatra route - starting at 05:00 pm from Shri Khatu Shyam Mandir, Ambala Road, going through Sir Chhotu Ram Chowk, Kurukshetra Road, Rishi Nagar, Karnal Road, Pehowa Chowk to Committee Chowk and ending at Geeta Bhawan Temple. Will end with Vishal Bhandare. He told that Lord Jagannath will sit on the chariot at 5:00 pm from Ambala Road - Khatu Shyam Temple, then thousands of balloons will be released in the sky for a grand welcome to the Lord. On the way, fifty-six bhogs will be offered to Lord Jagannath at five to six different places from the sky. And 40 to 50 Bhandaras will be set up on the way. Lord Jagannath ji, Balram ji, Subhadra Maharani and along with their ardent devotee A.C. Bhaktivedanta Swami Srila Prabhupadaji will give darshan to the devotees of Kaithal by riding on the chariot and many devotees are coming not only from the country but also from abroad to see the Rath Yatra of



Lord Jagannath, in which devotees from England, Australia and America visit the holy land of Kaithal. Like every year, this year also the Rath Yatra will be led by Mahavir Hanuman ji. Lord Jagannath ji leaves the temple in these days and comes out to give darshan to the people. It is written in Brahmapuram that when Lord Jagannath, Baladev, Subhadra sit in the chariot and give darshan to the devotees, He told that this time our chief guest in Rath Yatra is Chaudhary Dushyant Chautala ji (Deputy Chief Minister, Government of Haryana) and Kailash Bhagat ji, Surabhi Garg ji, Mandeep Singh Advocate, Ravi Bhushan Will remain present among us.

Abundance of robberies in city, let's go back
and forth from terror of Phillaur police

AMRITPAL SINGH
PHILLAUR: Nowadays parents prevent their daughters from wearing gold ornaments. The reason for which is considered to be the changed conditions of time and era. The increase in drug addiction among the youth and the desire for money has made luxury a part of life. Labor is no longer within the power of these young people. It is enough for the pockets with the connivance of these drug addicts and especially drug dealers. Today, a poor girl was walking on the old GT road. The girl had an envelope full of papers in her hand and a mobile phone in it. After that, a robber youth came on a motorcycle who took away his envelope and escaped with the motorcycle. That girl made a lot of noise but nobody heard her because it was late afternoon. The motorcyclist who robbed went a little further and threw the envelope on the road and ran away with the mobile phone. The poor girl entered a pant shop in front of which many other men were sitting there and started begging. That give my mobile medicine but everyone was helpless from this incident, asked her to go to the police but she looked helpless. She telephoned her brother, who worked nearby, but it seemed that instead of taking the police as her protector, she left crying, fearing the terror and expense.



Rajinder Kumar finds solution to
save the turbine components

KULDEEP SOOD
BARNALA, JUNE 12

A research scholar of Punjabi University Patiala, Rajinder Kumar has found the solution to save the turbine components used in hydro electric power plants from erosion. The research scholar successfully completed this research work under Dr. Deepak Bhandari, Assistant Professor Yadavindra Department of Engineering and Dr. Khushdeep Goyal, Associate Professor Mechanical Engineering Department of Punjabi University. Dr. Deepak Bhandari told that hydraulic turbines of hydro power plants face the severe problem of slurry erosion. The amount of silt in water increases in the rainy season that become the reason of damage of hydro turbines parts. Particularly the vanes/blades are badly affected. Due to this damage run time of the power plant, decreases and it suffers power production loss which further leads to economy loss. Dr. Khushdeep Goyal said that the researcher Rajinder Kumar has successfully used thermal spray coatings on turbine steel and has successfully reduced the problem of erosion of turbine steel in hydropower electric stations. The technique developed by Rajinder Kumar is able to increase the life span of working of turbines in hydro electric power plants, which in turn will increase the output of electricity and will reduce the cost of per unit of electric power. He also told that their research papers written on this new developed technique have been published in various reputed international journals.



Adolescent health clinic 'Umang'
is being run in Barnala district

KULDEEP SOOD
BARNALA: Under the guidance of Dr. Jasbir Singh Aulakh, Civil Surgeon and under the leadership of Dr. Gurbinder Kaur, District Immunization Officer, Umang Clinic has been started by the Department of Health Barnala for 10 to 19 year old teenagers in Barnala district. Giving information in this regard, Dr. Aulakh said that adolescents are treated through counseling and medicines by trained doctors, counselors and ANMs to solve problems related to physical, mental and social changes. Civil Surgeon Barnala said that this is an important program of the Health Department under which school leavers, married and unmarried teenagers aged 10 to 19 years who are facing many challenges at the initial stage of physical development are guided. Also, these Umang clinics are proving to be very helpful in making the best use of the opportunities available to these youngsters. Madam Sukhpal Kaur District School Health Coordinator said that a total of 12 Umang Clinics are being run by the Health Department Barnala so far at Barnala, Tapa, Dhanula, Mahal Kalan, Bhador, Channanwal, Gahal, Chapa, Roodeke Kalan, Hamidi, Talewal, Sehana.



1 accused arrested for murderous
attack due to electoral enmity

RAMAN GUPTA
KAITHAL: An accused Pawan Kumar, a resident of Songal, was arrested by the team of ASI Virendra Singh of Rajound police station while investigating a case of murderous attack due to election enmity. Police spokesperson said that according to the complaint of Sheeshpal, a resident of Songal village, He is engaged in agriculture. His daughter-in-law contested the election of Sarpanch this time. In which he lost the election. Due to the defeat in the election, Sunil alias Seena and his family started enmity with the family of the other defeated candidate. Making the issue of the election defeat, Pauni alias Bakra abused and threatened Seena and his family members to kill him and his family. On June 6, around eight to nine o'clock, he was walking at the village bus stand in front of his house. Meanwhile, Sunil alias Seena and Pauni alias Bakra, Baga, Rahul and Joni along with three to four others attacked him with swords and gandasis in their hands. When he raised an alarm, the accused fled threatening him. Regarding which a case was registered in the police station Rajound under various sections. The accused will be produced in the court today, due to which the investigation is going on by the police.



State govt will take a strict stand in the case
of fake SC certificate: Dr. Daljit Chauhan

KULJIT SINGH DHINGRA
RAMPURA PHUL, JUNE 12

Reservation Bachao Morcha Mohali withdrew the call for Punjab bandh after talks with the Punjab government. Due to which the SC organization and Kisan organization held a meeting at Rambagh, Gandhi Nagar Rampura Phul. Punjab President of Guru Gyan Nath Valmik Dharm Samaj Dr. Daljit Singh Chauhan said that the list of 10,000 fake SC certificates has been reached under the Mohali front. Many people have made alleged fake certificates not only to get government jobs, they have also used these certificates for dummy bids to get contracts for gas agencies, petrol pumps, bus permits,



Panchayat Samlat land. But the Punjab government is not doing anything. The Chief Minister is repeatedly refusing to schedule meetings. Dr. Chauhan said that if the government does not take any solution on June 13, SC Samaj of Punjab will come to the streets with farmers' organizations and labor organizations and shut down the entire Punjab. On this

occasion, Jagjit Mehraj, Pritpal Singh, Makhan Singh Bhairupa, Gursewak Phul, Buta Rampura, Tirlochan Mehraj, Sukhdev Lecturer, Nathu Ram, Chanan Singh, Beant Singh Member Jeond, Manoj Kumar, Binder Phul, Surinder Safri, of Rural Revolutionary Labour Union. Sukhdev Singh Member Bhairupa, Najar Singh Fauji etc. were present.

Editorial
Battle diary

On a June afternoon, I saw 50 women protesting outside the community health centre. It all started with Somali losing her twins. “Didi, kuch karvo pade,” the women responded firmly when they learnt about Somali. Losing infants is not uncommon in tribal villages that often lack clean water, electricity, and healthcare facilities. But women staging a protest was new. “How will you work in the villages?” I remember my mother asking me when I started working in Udaipur’s tribal area after graduating from social work school. I was determined to make a difference. My role was to strengthen women’s groups in the villages. I remember how men paid little attention while I addressed meetings. Their eyes revealed a lack of trust. After witnessing gender inequality first-hand, I felt grateful for a more gender-equal upbringing.

The journey was difficult and rewarding. It taught me to never take my freedom for granted. I also met wonderful people to whom I owe a better understanding of life. It was exciting to be with sharp and hardworking women. Their situation, however, was difficult. The Adivasi women walk for hours to gather firewood, water, and food. Many parents lose their young children. During the meetings, we discussed everything under the sun. There was laughter and fun as well as discussions about livelihood, reproductive health and violence. Some conversations, however, were heartbreaking.

Somali told me during a meeting that she lost her twins because a doctor denied her healthcare. When I enquired, many other instances came to light. The women staged a protest after a week. Later, they reported the cases of neglect to the State Women’s Commission. Somali Bai told her story to a crowd of a hundred at a jan-sunvai. The NGO’s efforts had paid off.

It was, however, a never-ending struggle. We worked on witch-hunting and domestic violence. I saw women grow into powerful leaders. Some took part in panchayat elections and became active decision-makers. When I was leaving to begin a new chapter in my life, the women members bid me farewell with tears in their eyes. I pursued my higher education in public health to learn about the community’s traditional health practices. It was illuminating to understand the miseries through the lens of public health. During my PhD research, I came across many instances of the lack of access to healthcare. One day, during a visit to a remote tribal hamlet, a harried young mother approached me and said, “My son cannot see at night.” After investigations, we discovered that Ramlu suffered from an acute deficiency of Vitamin A.

Why are Singapore manufacturers moving to India?



Singapore is well-known for being an easy place to do business. Among the factors that play to the city-state’s advantage is an attractive tax system, an extensive network of tax treaties, ready availability of quality human capital, geopolitical stability, accessibility to financing, connectivity to the rest of the world, and good infrastructure.

Singapore also has a significant Indian diaspora, and it is therefore no surprise many Indian businesses have established bases in Singapore. According to the Indian High Commission in Singapore, about 9,000 Indian companies are registered in Singapore.

Notable Indian firms such as Tata Group, Mahindra & Mahindra, Reliance Industries, Adani Group, Infosys and Wipro all have bases in Singapore. India and Singapore have enjoyed a robust trade relation for many years.

For the fiscal year 2021-22, bilateral trade stood at USD 30.11 billion. Singapore is India’s 6th largest trade partner with a share of 2.9 percent of India’s overall trade. Whereas India is Singapore’s 12th largest trade partner with a share of 2.3 percent in Singapore’s overall trade. India FDI (foreign direct investment) inflows for

2021 to Singapore stood at USD 18.41 billion while FDI equity inflows to India from Singapore reached USD 15.87 billion during FY2021-22. Cumulatively, Singapore is the 2nd largest investor in India with USD 140.99 billion invested in India from April 2000 to September 2022.

The top sectors attracting FDI Equity inflows from Singapore are the services sector, computer software & hardware, trading, telecommunications, and drugs & pharmaceuticals. Another sector that is set to attract more investments from Singapore is manufacturing.

India has been attracting more manufacturers to its

shores since 2014 when Prime Minister Narendra Modi launched the “Make in India” campaign to put India prominently on the global manufacturing map and, in turn, facilitate the inflow of new technology and capital, while creating millions of jobs.

To this end, the government has made it easier for foreign companies to operate in the country. Between 2016 to 2019, India vaulted from 130th place to 63rd place out of 190 countries in the World Bank’s Ease of Doing Business Index. India aims to further raise the manufacturing sector’s share of gross domestic product to 25 per cent by 2025, from 16 per cent now.

Of late, India has been attracting such companies as Apple, Samsung, Kia, Boeing, Siemens, and Toshiba to shift a significant amount of their manufacturing activity to India. Some of these relocations have been prompted by COVID-era supply chain disruptions and geopolitical tensions.

Singapore companies which used to mostly manufacture their products in neighbouring Southeast Asian countries and China appear to be doing the same.

Among Singapore firms that have shifted their operations to India are contract manufacturers who support and supply larger large multinational corporations

(MNCs), some of whom have re-located to India.

Enterprise Singapore (EnterpriseSG) has been playing a part in helping Singapore firms establish themselves in India to benefit from the opportunities available to them in India due to policies favourable to manufacturers as well as its general economic outlook.

Enterprise Singapore is a statutory board under the Ministry of Trade and Industry of the Government of Singapore. Its aim is to support the development of Singapore’s small and medium enterprises, upgrade capabilities, and help them innovate, transform, and internationalise.

In 2022, the number of Singaporean firms that worked with EnterpriseSG to enter India increased by more than 40 per cent compared to pre-pandemic 2019. Manufacturing was among the top three sectors represented in these companies, alongside information and communications and professional services.

Among the beneficiaries of the influx of MNCs to India is Singapore’s The Hub Engineering which has a subsidiary Reliable Hub’s Engineering India.

Reliable Hub’s Engineering makes and distributes

equipment for retail and food services - such as shelves and billing counters and supplies many big brands, including foreign entrants such as Mr DIY, Skechers and Miniso.

Turnover increased almost five-fold from 148 million rupees (USD1.8 million) in 2018 to 723 million rupees (USD8.8 million) in 2022.

Its managing director Ranjit Yadav told Singapore’s Business Times that in the past many foreign companies needed a local partner to enter India and there was a cap on foreign ownership. However, today, 100 per cent FDI is allowed for firms in most types of manufacturing.

Though Reliable Hub’s Engineering is an end-manufacturer, Ranjit said suppliers can also gain from the expansion of manufacturing MNCs in India.

As part of efforts to keep manufacturing in India, the government imposes high customs duties on imported components. This means manufacturers based in India have an incentive to find local suppliers and thus lower their costs, he said.

EnterpriseSG has been working with Indian agencies, for example, the Confederation of Indian Industry (CII) to help Singapore firms capture opportunities to expand in India.

Literature & Health

Study finds diet tracking essential element for effective weight loss

It is hard and difficult to maintain over time to keep track of everything you consume in a day. Sadly, a recent study shows that diligent tracking is an essential element for effective weight loss.

The findings of the study were published in Obesity finds that perfect tracking is not needed to achieve significant weight loss.

Users of a commercial digital weight loss programme who self-reported their food intake were followed for six months by researchers from UConn, the University of Florida, and the University of Pennsylvania. The goal of the study was to determine the ideal diet tracking levels for predicting 3%, 5%, and 10% weight reduction after six months.

“We partnered with WeightWatchers, who was planning on releasing a new Personal Points program, and they wanted to get empirical data via our clinical trial,” says co-author and Department of Allied Health Sciences Professor Sherry Pagoto. Pagoto explains that the



new program takes a personalized approach to assigning points including a list of zero-point foods to eliminate the need for calculating calories for everything,

“Dietary tracking is a cornerstone of all weight loss interventions, and it tends to be the biggest predictor of outcomes. This program lowers the burden of that task by allowing zero-point foods, which do not need to be tracked.” Researchers and developers are seeking ways to make the tracking process less burdensome, because as Pagoto says, for a lot of programs, users may feel like they need to count calories for the rest of their lives: “That’s just not sustainable. Do users

need to track everything every single day or not necessarily?”

With six months of data, Assistant Professor in the Department of Allied Health Sciences Ran Xu was interested to see if there was a way to predict outcomes based on how much diet tracking participants did. Ran Xu and Allied Health Sciences Ph.D. student Richard Bannor analyzed the data to see if there were patterns associated with weight loss success from a data science perspective. Using a method called receiver operating characteristics (ROC) curve analysis they found how many days people need to track their food to reach clinically significant weight loss.

China ignores climate while "developing" African oil pipeline

The USD 1 trillion ‘Belt and Road Initiative’ (BRI) has been so poorly executed and with such a lack of transparency that it is difficult to estimate the amount of harm done by providing enormous sums of money to developing countries given the African continent’s abundant energy resources, according to NTV Kenya.

With Western financiers withdrawing from the USD 5 billion East African Crude Oil Pipeline (EACOP), the Export-Import Bank of China (EXIM) and other state-owned companies have stepped in to fund the remaining USD 3 billion.

When completed, the 1445 km long project from the Ugandan oilfields of Lake Albert is expected to deliver 216,000 barrels. It will be sent to worldwide markets after arriving at the port of Tanga in Tanzania’s Indian Ocean.

The Industrial and Commercial Bank of China (ICBC) owns a 20 per cent shareholding in Standard Bank of South Africa and is collaborating with it to act as EACOP’s financial advisor and debt arranger, according to NTV Kenya.

Although Total Energies owns 62 per cent of the pipeline, Uganda National Oil Company and Tanzania Petroleum Development Corporation each own 15 per cent, with the remaining 8 per cent owned by China National Offshore Oil Corporation (CNOOC), which has already begun drilling at the Kingfisher Oilfield in Lake Albert, while Total Energies operates the other oilfield in western Uganda.

It has signed deals with the China Petroleum Engineering and Construction Company to construct the Tilanga drilling facilities.



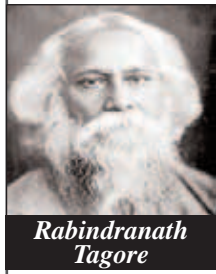
The pipeline itself is being supplied by China Petroleum Pipeline Engineering, NTV Kenya reported. Chinese infrastructure projects have not typically had a happy outcome in the recent past. After heavily indebted countries feared their international credit rating would be damaged, China lent to African countries through shell companies, such as a USD 1.5 billion loan to Zambia from Chinese banks that did not appear on the accounts of the public for years.

As questions arise as to how exactly these massive loans will be repaid in the future, one can take a look at existing actions taken to assess China’s future tactics. In a series of years-long digital intrusions, Kenya has faced cyber-attacks from Chinese hackers attempting to infiltrate key ministries and State institutions to keep abreast of its lending status and debt repayment intentions, NTV Kenya reported. Several reports show that 35 per cent of BRI infrastructure projects are plagued by corruption scandals, labour violations, environmental hazards, and public protests. Over the past few years, China has cooperated with training police institutions across the African continent and spreading its message of security.

POEM

Vocation

When the gong sounds ten in the morning and I walk to school by our lane. Every day I meet the hawker crying, "Bangles, crystal bangles!" There is nothing to hurry him on, there is no road he must take, no place he must go to, no time when he must come home.



I wish I were a hawker, spending my day in the road, crying, "Bangles, crystal bangles!" When at four in the afternoon I come back from the school, I can see through the gate of that house the gardener digging the ground. He does what he likes with his spade, he soils his clothes with dust, nobody takes him to task if he gets baked in the sun or gets wet.

Rabindranath Tagore

Researchers find taurine a key to longer, healthier life

Taurine is a vitamin produced by the body and found in many foods. According to a new study led by Columbia academics and including hundreds of ageing specialists from across the world, taurine insufficiency is a factor in animal ageing.

The same research revealed that taurine supplementation can delay the onset of ageing in worms, mice, and monkeys and can even boost the healthy lifespans of middle-aged mice by up to 12 per cent. The findings of the study were published June 8 in Science. “For the last 25 years, scientists have been trying to find factors that not only let us live longer, but also increase healthspan,



the time we remain healthy in our old age,” says the study’s leader, Vijay Yadav, PhD, assistant professor of genetics & development at Columbia University Vagelos College of

Physicians and Surgeons. “This study suggests that taurine could be an elixir of life within us that helps us live longer and healthier lives.” Over the past two decades,

efforts to identify interventions that improve health in old age have intensified as people are living longer and scientists have learned that the aging process can be manipulated. Many studies have found that various molecules carried through the bloodstream are associated with aging. Less certain is whether these molecules actively direct the aging process or are just passengers going along for the ride. If a molecule is a driver of aging, then restoring its youthful levels would delay aging and increase healthspan, the years we spend in good health. Taurine first came into Yadav’s view during his previous research into osteoporosis that uncov-

ered taurine’s role in building bone. Around the same time, other researchers were finding that taurine levels correlated with immune function, obesity, and nervous system functions. “We realized that if taurine is regulating all these processes that decline with age, maybe taurine levels in the bloodstream affect overall health and lifespan,” Yadav said.

First, Yadav’s team looked at levels of taurine in the bloodstream of mice, monkeys, and people and found that the taurine abundance decreases substantially with age. In people, taurine levels in 60-year-old individuals were only about one-third of those found in 5-year-olds. “That’s when we started

to ask if taurine deficiency is a driver of the aging process, and we set up a large experiment with mice,” Yadav says.

The researchers started with close to 250 14-month-old female and male mice (about 45 years old in people terms). Every day, the researcher fed half of them a bolus of taurine or a control solution. At the end of the experiment, Yadav and his team found that taurine increased average lifespan by 12% in female mice and 10% in males. For the mice, that meant three to four extra months, equivalent to about seven or eight human years. To learn how taurine impacted health, Yadav brought in other aging researchers who investi-

gated the effect of taurine supplementation on the health and lifespan in several species. These experts measured various health parameters in mice and found that at age 2 (60 in human years), animals supplemented with taurine for one year were healthier in almost every way than their untreated counterparts.

The researchers found that taurine suppressed age-associated weight gain in female mice (even in “menopausal” mice), increased energy expenditure, increased bone mass, improved muscle endurance and strength, reduced depression-like and anxious behaviors, reduced insulin resistance, and promoted a younger-looking

immune system, among other benefits. “Not only did we find that the animals lived longer, we also found that they’re living healthier lives,” Yadav said. At a cellular level, taurine improved many functions that usually decline with age: The supplement decreased the number of “zombie cells” (old cells that should die but instead linger and release harmful substances), increased survival after telomerase deficiency, increased the number of stem cells present in some tissues (which can help tissues heal after injury), improved the performance of mitochondria, reduced DNA damage, and improved the cells’ ability to sense nutrients.

AUTHORISED OFFICER, HDB FINANCIAL SERVICES LIMITED

NEWS AT A GLANCE

Increase in purchase price of paddy crop is a commendable decision of the central govt: Ramandeep

RAKESH JINDAL NABHA: Modi-led government at the center of the country It is making great efforts to double the income of the farmers, under which the increase in the purchase price of the main crop of paddy, including other crops, is a commendable step. These views were expressed by senior BJP leader and former district vice president South Ramandeep Singh Bhillowal. While addressing the journalists, he said that on the other hand, the state government of Aam Aadmi Party is putting a burden on the people of Punjab by increasing the price of oil every day by imposing taxes, while the farmers need diesel oil on a large scale during the paddy season. Due to which the farmers have to bear the financial burden on a large scale.

Children share old memories with their grandparents



NIRMAL RADAUR: Children shared their old memories with their grandparents as part of the campaign being run by Janta Public School, Alahar to make children cultured. The children talked freely and had a lot of fun with them. Grandparents informed the children about their customs, traditions and culture. Principal Kuljindra Sharma told that children get to learn a lot from grandparents in their life, which is useful in future. Children understand their relationships.

Villager arrested for selling illicit liquor

NAKODAR: The Mehat Pur police have arrested a villager on the charge of selling illicit liquor. The Investigating Officer Jaswinder Singh said 9 bottles of hooch were seized from the possession of the accused, Satnam Singh a resident of Beetlan village. A case under section 61/1/14 of the Punjab Excise Act has been registered against the accused that was released on bail.

Thousands of devotees thronged to seek blessings of Lord Krishna

PAWAN KALIA KAPURTHALA, JUNE 12

Thousands of devotees in heritage city found flocking the route to catch glimpses of Lord Krishna and witness the religious extravaganza after Rath Yatra of Lord Krishan-Balram commenced on today evening which started from Maharani Sahiba Temples and passed through dirrent corners, chowks of the heritage city before it culminated on its starting point. The city was echoed with Mantras Hare Rama- Hare Krishan & Jai Jagannath. Kapurthala MLA Rana Gurjit Singh , Mayor, Kapurthala Kulwant Kaur Chairman Improvement Trust Guralp Indian performed the Pahind Vidhi a symbolic ritual of cleaning the way for the chariots, using a golden broom before the start of the Rath Yatra.Besides Neeraj Agarwal, Vineeta Aggarwal, Nakul Aggarwal, Richa Aggarwal, Reva Salhotra, Dr. Sushil Salhotra, Rinka Khillan, Advocate Pawan Kalia, Ghunnu Khillan, Nishkam Prabhu, Swaha Sharma, Veenu Salwan and thousands of devotees were present there. Before the commencement of the Rath Yatra, Industrialist Neeraj Prabhu & Vanita Mata & many others performed mangla aarti' (auspicious ritual to pay obeisance to Lord) of the deities in the temple in the early hours. There is a great amount of enthusiasm among the people of heritage city despite heavy rain during the Rath Yatra.

Two parks will be built soon for convenience of people of Rampura Phul: Balkar Sidhu

KULJIT SINGH DHINGRA RAMPURA PHUL, JUNE 12

Two parks will be constructed soon for the convenience of the local people and the bypass and needle track will be developed as a resort. The construction of the water tank will be started. MLA Balkar Singh Sidhu expressed these things while addressing the gathering held at Panchayati Dharamshala of the city. He said that he is committed to the development of the city and will make Rampura Phul a model city. On this occasion, he listened to the problems and difficulties of the local Aartis and city dwellers and solved them on the spot. Similarly, he assured to solve the issue of



a shop in Patiala Mandi which has been pending for a long time. On this occasion, besides others, Naresh Kumar Seopal, President of Aarthia Association Patiala, Lekh raj President of Aarthia

Association Nabha Mandi, Amarnath Bansal, President of Business Board and senior AAP leaders Naresh Kumar Bittu, Seera Maluana, Sukhi Sidhu Maluana etc. were present.

Punjab drafting vision document to achieve 10 pc per annum growth rate by 2047: Cheema

BUREAU CHANDIGARH, JUNE 12

Punjab Finance and Planning Minister Advocate Harpal Singh Cheema on Monday said that the Chief Minister Bhagwant Mann led Punjab Government has been drafting a vision document to achieve a rate of growth of the economy at 7.5 percent per annum by the year 2030 and 10 percent by the year 2047. He said that this document would act as a guiding document for successive governments to focus their efforts and policies in the right direction.

Disclosing this while addressing a press conference here at Punjab Bhawan, Finance Minister Harpal Singh Cheema said that the comprehensive vision document being drafted by the Planning Department would highlight the current status, sector-wise challenges, short-term (2030) and long-term (2047) targets, and strategies to achieve the identified targets. "It aims at converging efforts of different administrative departments and agencies to meet the challenges and achieve identified sectoral goals", he added.



Divulging further, the Finance Minister said that this document would also highlight the grey areas which require serious and rigorous efforts to rejuvenate the State's economy while giving impetus to employment, industry, agriculture and rural development, infrastructure development, sustainable cities, and communities. "Efforts are being made to focus on ensuring inclusive and equitable quality education, health infrastructure and provisioning, achieving gender equality, affordable and clean energy, climate

action and natural resource conservation", said Cheema. The Finance Minister said that the Chief Minister Bhagwant Mann led government is committed to regaining the old glory of the state by making of 'Rangla Punjab' through effective economic policies and people-oriented programs like 'Sarkar Tuhade Dwar'. He said that so far three cabinet meetings have been held at Ludhiana, Jalandhar, and Mansa under the 'Sarkar Tuhade Dwar' programme. "For the first time in the state, a revolution has been brought in the entire

governance system by making the bureaucracy directly accountable to the people", he added. Highlighting the importance of the 'Sarkar Tuhade Dwar', Mr. Cheema said that during these program common people, organisations, and NGOs can raise their issues directly before the Cabinet Minister of the concerned department which has increased the pressure to provide timely services to the people and completing the pending works at the district level administration. "I along with my cabinet colleague Kuldeep Singh Dhaliwal held meetings with 23 different unions and associations during this program recently at Mansa", said Harpal Singh Cheema while adding that this program also helps the government in getting direct feedback from the people. Emphasizing that Chief Minister Bhagwant Mann led Punjab Government's topmost accountability is towards the people of the state, Finance Minister Harpal Singh Cheema said that during the recent cabinet meeting held at Mansa, a decision was taken to regularise the services of 14239 teachers.

Health department celebrates the month of June as anti-malaria: Dr. Gurmail Singh

KULJIT SINGH DHINGRA

RAMPURA PHUL: Civil Surgeon Bathinda Dr. Tejwant Singh Dhillion's guidelines and Dr. Under the leadership of Gurmail Singh Senior Medical Officer Balianwali, the month of June is being celebrated as anti-malaria month. On this occasion Dr. Gurmail Singh said that the most effective weapon to avoid malaria is awareness about it. He shed light on the identification signs of malarial fever and the methods used for its treatment.

Regarding the symptoms of malarial fever, he said that with malarial fever, the muscles of the body hurt and stomach ache can also occur. Do get your malaria test done at a government hospital and start treatment with medical advice. S.A.D. During the awareness program conducted at Dispensary Rampura Town, Health Supervisor Gurchet Singh informed the people present on the spot about various methods of protection from mosquito and along with this told about the methods of food and water hygiene.



Academic Achievers Award-2023' function held successfully at BFGI



ANIL VERMA BATHINDA, JUNE 12

North India's famous educational institute BFGI has always taken initiative for education and all-round development of youth and has made unique efforts. Keeping up the tradition of honoring academically talented students, in a series of such initiatives, The 'Academic Achievers Award-2023' was successfully organized at the institution in which the meritorious students of the Punjab who obtained excellent marks in the results of 10th and 12th were awarded. In this event, S. Jagroop Singh Gill, MLA (Bathinda Urban) attended as the chief guest. It is worth mentioning that more than 2500 talented students from more than 150 schools of different districts of Punjab

were honored in this award ceremony. Apart from this, during the year 2022-23, the principals of various schools who showed excellent performance in the results of 10th and 12th were also specially honored. Dr. Pardeep Kaura, Deputy Director (Academics), BFGI extended a warm welcome to the chief guest, meritorious students, their parents and principals and teachers from various schools and congratulated the students for achieving such excellent results. Dr. Gurmeet Singh Dhaliwal, Chairman, BFGI warm welcomed the guests & meritorious students by sharing his valuable views. He enlightened the students about the importance of career guidance and counseling. He inspired them to work hard by sharing his personal experiences.

Yoga protocol programme held



PRITI SAINI

SADHAURA: Under the joint auspices of Yoga Club and Important Day Celebration Committee, Yoga Protocol Training Programme and two-day seminar was inaugurated in Government College under the guidance of Principal Sarvjeet Kaur under International Yoga Day 2023. The first day's programme was presided over by Dr. Ramesh kumar. Giving information about yoga to the students, he said that there are 8 types of yoga, Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi, along with this he also taught various yoga asanas to all the students. He made the students do Surya Namaskar, Tadasan, Vrikshasan, Ardhatatikachakrasana, Ardha Chakrasana, Trikonasana, Uttanasan. Along with this, he made the students do sandhi yoga and talked about the postures, he told that by doing yoga we can stay away from all diseases and yoga is also in our ancient tradition, only then our ancestors used to live very long. After this, Dr. Manisha More also told the importance of yoga to the children that yoga plays a very important role in our health, we all should do yoga.

World Day against Child Labour

DALJEET AJNOHA HOSHARPUR, JUNE 12

As per the directions of Learned Member Secretary, Punjab State Legal Services Authority, SAS Nagar, Mohali and under the able guidance of Hon'ble Sh. Dilbagh Singh Johal, District and Sessions Judge-cum-Chairman, District Legal Services Authority, Hoshiarpur, Ms. Aprajita Joshi, CJM-cum-Secretary, District Legal Services Authority, Hoshiarpur on 12.06.2023 on World Day Against Child Labour organized an Awareness cum sensitization programme for workers, staff and office bearers of Vardhaman Spinning Mill, Hoshiarpur. Child Labour Laws in India, offences against children under chapter IX of the Juvenile Justice Act, free



legal aid etc discussed. Also, an awareness programme organized in the slum area Balbir colony, Hoshiarpur. Child Labour laws, Provisions of Right to education act, POCSO Act, Juvenile Justice Act talked about.

This years theme for World Day Child Against Child Labour is Social Justice for all End Child

Labour. On this occasion, Mr. Indermohan Jeet Singh Sidhu, Director of Vardhaman Spinning Mill, Purhiraan Hoshiarpur, Officers Mr. J.P. Singh, Mr. Rishi Sharma, Mr. Pradeep Dadwal and Panel Advocate of District Legal Services Authority Mr. Malkit Singh Sikri and Para Legal Volunteer Mr. Pawan Kumar were present.

Simpolo Vitrified, strengthens its presence in Haryana opens its 121st Showroom in Dabwali

BUREAU DABWALI, JUNE 12

Simpolo Vitrified, one of the leading players in the Indian ceramic industry recognized as most innovative player and pioneers of large format Sintered compact surfaces and 16/20mm thickness outdoor tiles, Kitchen platform, Double charge vitrified tiles and many other categories. Simpolo Vitrified inaugurated its first exclusive tiles and sanitaryware showroom in Franchisee Model with Kesar Trading Company, Bikaner Hospital, Plot No 550, Chautala Road, Mandi, Dabwali, Haryana spreads in an area of over 1500 sq. ft. The show-



room has on display Simpolo's best selling products like 1200x2400 Dry Granula first in class along with 1200x1800 Posh Surface adding style statement and enriching indoor space with 16mm Rock-deck series for outdoor appli-

cations, Kitchen top, Double Charge & Glazed Vitrified tiles, wall tiles etc. This showroom meets all the tiling needs of every Classy House Builder and Architect. The showroom exhibits one of the most exquisite collections

through state-of-the-art mock-up displays in appropriate ambience. These mock-ups are designed to give customers a feel of how each tile will look in its actual use and inspire designers to go further from there. On the grand opening of showroom Mr. Bharat Aghara (CMO) "This showroom promises to take tile shopping to a different level of richness in design and visual experience that will make some of the premium Brands rethink their strategies competing in Dabwali" Speaking on the occasion, Mr. Ashwani Asija (Sr. GM - Sales, North-1) said "Dabwali is well known for its elite taste and sense of aesthetics.

Officers/employees felicitated by DC for timely disposal of e-service applications



KARANPREET DHANDRAL

BARNALA: Under the leadership of Deputy Commissioner Barnala Poonamdeep Kaur, constant efforts are being made to provide good administration to the people in Barnala district. Accordingly, the Deputy Commissioner is encouraging the officers and employees who dispose of the applications under e-service in a timely manner, so that people can get the benefit of timely services in the service centers. Under this campaign of Administrative Reforms Branch, Deputy Commissioner Poonamdeep Kaur, District Social Security Officer Dr. Teasapreet Kaur, Naib Tehsildar Mahil Kalan Gurbans Singh Kainth, Clerk Gaganjeet Singh from Municipal Council Barnala Office, Clerk Gurmeet Singh from Municipal Council Office, Superintendent Ajaib Singh from Civil Surgeon Office and Inderjit Singh from Civil Surgeon Office were felicitated.

DLSA, Kapurthala organizes World Day against Child Labour

PAWAN KALIA

KAPURTHALA: Under the guidelines of State Legal Services Authority, Punjab, District Legal Services Authority (DLSA), Kapurthala organized a seminar cum awareness camp at Jallowkhana Chowk, Kapurthala to observe World Day Against Child Labour on today under the leadership of its Chairman cum District & Session Judge, Kapurthala Mr. Amrender Singh Grewal and Secretary cum Chief Judicial Magistrate Mrs. Aman Deep Kaur Chahal. While addressing the gathering, Advocate Pawan Kalia stated that this day is celebrated on 12th of June every year since 2002 & this day is observed to encourage the individual organization and



governmentsto take action against child labour with an aim to end forever. Advocate Kalia also apprised about the different schemes being provided by the District Legal Services Authority especially NALSA (Child Friendly Legal Services and their Protection) Scheme, 2015 and also threw light victim Compensation Schemes being provided by the NALSA Mr. Kalia also provided detailed information about the criteria for availing legal advise and free legal aid

from Kapurthala Front Office and other subdivisional front offices at Phagwara, Sultanpur Lodhi and Bholath besides threw light on the victim compendation scheme. He also some of the victims to step in at Front Offices to avail the benefits of different schemes being provided by the DLSA, Kapurthala. He applauded the efforts of DLSA, Kapurthala for providing Free Legal Services of providing Free Legal Services to nearly 1.65 lakh beneficiaries.

Riddhi of Khalsa College wins silver medal in Asia Cup Stage 3 team event archery competition



DR ASHOK KUMAR

KARNAL: Riddhi a student of Guru Nanak Khalsa College, has once again brought laurels to the college, Karnal and the entire state. College Principal Dr. Gurinder Singh said that college student Riddhi Four has won silver medal in Asia Cup Stage 3 team event archery competition. In-charge of the sports department of the college, Lieutenant Dr. Devi Bhushan said that the competition was held in Singapore from June 5 to 10 in which the best archers from all over Asia participated. In tha, Riddhi also performed brilliantly, bringing laurels to her country. He said that Riddhi is also a cadet of NCC. College Governing Body President Sardar Kanwarjit Singh Prince congratulated Riddhi a lot and said that every possible facility will be provided to Riddhi from the college side. College Governing Body General Secretary Sardarni Jaspreet Kaur Virk said that Riddhi has brought laurels not only to the college but also to Karnal, Haryana and the whole of India. It is a matter of pride for us.

Suhana Khan, Khushi Kapoor unveil 'The Archies' new poster



Actor Shah Rukh Khan's daughter Suhana Khan and producer Boney Kapoor's daughter Khushi Kapoor on Monday unveiled the new poster of their debut film 'The Archies'. Taking to Instagram, Suhana shared the poster which she captioned, "Meet the @archiesnetflix gang! Coming soon, only on @netflix_in!" The new poster features Suhana, Khushi Kapoor and Agastya Nanda among others who'll be seen in the official Indian adaptation of Archie Comics.

Helmed by Zoya Akhtar, the film will stream on the OTT platform Netflix. The official release date of the film is still awaited. Zoya took to her Instagram and shared the poster which she captioned, "Take a trip to Riverdale. We have saved you a seat Meet the Archies gang. Coming soon only on @netflix_in!" Soon after Suhana dropped the new poster, her fans swamped the comment section with red hearts and fire emoticons. Maheep Kapoor commented, "Sue this is FABbbbb!"

A user wrote, "all the best" "All the very best," a user commented. Apart from Suhana and Khushi 'The Archies' also marks the acting debut of legendary actor Amitabh Bachchan's grandson Agastya Nanda. 'The Archies' is a coming-of-age story that will introduce the teenagers of Riverdale to a new generation in India. Mihir Ahuja, Vedang Raina and Yuvraj Menda will also be seen in the film. Meanwhile, Zoya Akhtar is known for her films like 'Dil Dhadakane Do', 'Gully Boy' and 'Zindagi Na Milegi Dobara'.



MADHU MANTENA TIES THE KNOT WITH IRA TRIVEDI

Producer Madhu Mantena tied the knot with writer and Yoga teacher Ira Trivedi in Mumbai on Sunday. Taking to Instagram, Ira Trivedi shared a series of beautiful pictures from her special day. For the ceremony, Madhu opted for an off-white kurta teamed up with a dhoti while Ira looked gorgeous in a pink kanjeevaram saree and accessorized her look with white flowers wrapped around her bun and statement jewellery. From Madhu kissing her wife's hand to the couple posing for cameras, pictures scream love. Sharing the pictures, Ira wrote, "I'm complete now." The couple exchanged vows in Mumbai. Hours after becoming husband and wife, Madhu and Ira hosted a wedding reception for their friends and members of the film industry. Producer Madhu Mantena and Ira Trivedi were seen posing in front of the shutters. For the ceremony, Mantena wore an all-blue traditional outfit while Ira looked gorgeous in a white-toned sequenced worked lehenga. She kept her tresses open and wore a green emerald diamond set to complete her look. Several Bollywood celebs marked their presence after the wedding ceremony. Actor Aamir Khan was seen striking a pose in front of the paps stationed outside the venue in a white kurta pyjama.

RANBIR KAPOOR, RASHMIKA MANDANNA'S 'ANIMAL' PRE-TEASER OUT NOW

Actors Bobby Deol and Rashmika Mandanna of the upcoming action-thriller film 'Animal' on Sunday, unveiled the official teaser. Taking to Instagram, Actor Bobby Deol shared the pre-teaser which he captioned, "2 months until the beast is unleashed #2MonthsToAnimal Pre-teaser out now: <https://bit.ly/ANIMALPre-Teaser> #Animal in cinemas on 11th August!" <https://www.instagram.com/iambobbydeol/> The video begins with several people can be seen wearing skull masks, white shirts, black waistcoats, and ties. They wielded axes as well. Ranbir Kapoor, the lead actor in the movie, walks in with an axe in his hand to fight with the group. Ranbir swung his axe as he slaughtered several people, many of whom managed to flee. Ranbir can be seen wearing white dhoti and kurta. He kept her beard and hair long. The teaser only showed a portion of the actor's face but some scars on his face were visible. Actor Rashmika Mandanna also shared the pre-teaser on her Instagram handle and wrote, "Are you ready? We are just getting started!" #2MonthsToAnimal #Animal in cinemas on 11th August!"



<https://www.instagram.com/p/CtVscloVCH/> Actor Alia Bhatt also reshared the pre-teaser in her Instagram stories. Soon after the actor unveiled the official teaser, fans flooded the comment section with red hearts and fire emoticons. "Mind-blowing," a fan commented. Another fan wrote, "Damn Damn 'Violent Kapoor'." Helmed by Sandeep Reddy Vanga, the film stars Ranbir Kapoor, Anil Kapoor, Bobby Deol and Rashmika Mandanna in the lead roles and is all set to hit the theatres on August 11. 'Animal' will face a big box office clash with Sunny Deol's upcoming film 'Gadar 2' and Akshay Kumar's next 'OMG-2'. Earlier the makers unveiled the first look poster of the film of the 'Sanju' actor in which he was seen holding an axe under his arm, with blood stains on his shoulder, and lighting a cigarette. Ranbir was recently seen in the romantic film 'Tu Jhoothi Main Makkaar' opposite actor Shradha Kapoor. Helmed by Luv Ranjan, the film received a good response from the audience. On the other hand, Rashmika Mandanna will be seen in 'Pushpa: Part 2', 'Animal' and another untitled Telugu film.



Sonam Kapoor shares glimpses of her birthday party

Actor Sonam Kapoor turned a year older on Friday. Sonam shared glimpses from her birthday party at her London home. Sonam on Sunday, took to social media to share photos from her birthday party in a red gown. Along with the photos, the actor wrote, "My two beautiful boys, friends, cake, champagne, oysters, caviar and the perfect summer day! What more can a girl in a red dress ask for her birthday? Thank you to everyone who wished me and to the universe for giving so bountifully. #everydayphenomenal #vayusparents #9thjune #gemini #birthdaygirl." Sonam can be seen wearing a red gown for her day. She accessorized the look

with floral earrings and matching hair accessories. In the first and second photos, the 'Neerja' actor can be seen posing on the balcony and posing for the camera. The third photo featured Sonam, her husband Anand Ahuja, and her son Vayu in a candid moment. She can be seen planting a sweet kiss on Anand's cheek in the fourth picture. Other pictures showcased her friends enjoying the birthday party. In the last picture, a cake with the words 'Happy Birthday Sonam' written on it was placed on a table. Soon after she shared the pictures fans were all hearts for her. Actor Aditi Rao Hydari dropped a red

heart emoji. A fan wrote, "Vayu's mom the prettiest." "So gorgeous," another fan wrote. This was Sonam's first birthday since the birth of her son Vayu in August of last year. Sonam and Anand tied the knot on May 8, 2018, in a traditional Anand Karaj ceremony. In March 2022, the couple announced they were expecting their first child together. The proud parents announced the news through a cute message template that read, "On 20.08.2022, we welcomed our beautiful baby boy with bowed heads and open hearts. Thank you to all of the doctors, nurses, friends and family who have supported us on this journey."

I learnt to combat depression by smiling: Anu Malik

Music composer and singer Anu Malik has opened up about his struggle with depression and how he overcame it. Speaking exclusively to ANI, Anu reminisced about his childhood, sharing that he was just 10 years old when he started "seeing the pain", adding that he learned to combat depression by smiling. "My father was one of the most uniquely talented man. 'Saamga Teri Yaad Men Nain Hue Bechain', 'Haan Deewana Hoon Main' were composed by my father. Being the eldest, I remember seeing tears in his eyes and I went up to him and said 'everyone gets work, why are you so alone?' He said, no one was giving work. I started seeing pain at the age of 10. And depression hit me at that time. I realised I am in a world where my father is financially insecure, mummy is stressed out and I have to work." The singer underlined the impact of changing family dynamics on mental health. He said, "I tried to combat the de-

pression. I realised that if I start crying like anybody else, who will take care of the family? I didn't have the luxury to sit in a corner and cry. I didn't have time for that. I just lifted my Harmonica (Baja) and used to knock on the door asking for work. I remember during that time I wrote few lines, one of which was, 'main galiyo ka raaja mere daulat mere dil hai aur yah mere baja.' Many people use to laugh at me but they never had a clue about the depression I was going through. So I learnt to combat the depression by smiling. If someone use to say something to me, I would just smile at them. I never let anything affect me. You don't have the luxury to even cry. You just move on." Revealing what kept him going during tough times, the singer-composer said, "One song motivates me. It is written by a poet, Shailendra-ji, whom I respect and draw a lot of inspiration from. His song 'Chalane Hee Hai Zindagane Rukana Maut Kee Nishaanee Sar Pe Laal Topi Rusi Phir Bhi Dil Hai Hindustani' moti-

vates me to this day. I am an Indian, I am a fighter. I believe every Indian is a fighter. I believe we all learn to survive." On how he motivated Alka Yagnik, who also went through a phase in her career when she battled depression and was unable to sing, he said, "When Alka-ji lost her father, she was combating lot of pain. I lost my father and mother as well and know how it feels. JP Dutta saheb gave us a film, 'Refugee' Abhishek Bachchan and Kareena Kapoor, it was their debut film. I am really grateful to Dutta sahab. He gave me Border, he gave me Refugee, LOC Kargil. When these songs were written, I thought only person that could do justice to them is Alka. When we use to call her, she was not in that zone to sing. She was completely depressed. And I convinced her and asked her to listen to these songs. And when I sang that portion, 'Aisa Lagta Hai...', I remember how she reacted the moment I sang it.

