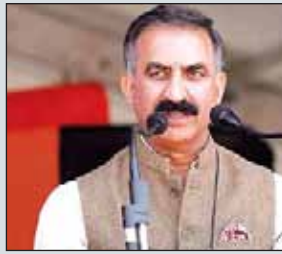


Bhupinder Singh Hooda will hold public dialogue program on August 6



Govt introduces Biofloc Technology as new 'blue revolution'



Baramulla Police launches major crackdown on Narco terror, 318 held

Pregnant flood victim lady ferried to hospital safely: DC



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Efforts on to restore basic amenities as floodwater recedes in Pb, Hry

BUREAU CHANDIGARH, JUL 16

With floodwaters receding in many areas of Punjab and Haryana, authorities have started working on resumption of electricity, delivering regular drinking water supply, and repair the damaged infrastructure in flood-hit areas, officials said on Sunday.

Authorities were still engaged in relief work in several places including Sangrur and Patiala districts of Punjab, and plugging breaches in 'dhussi bundhs' (earthen embankments) that have come up along the Ghaggar river.

Punjab Education Minister Harjot Singh Bains on Sunday said schools, which were ordered closed till Sunday, will reopen from July 17.

At least 55 people have died in rain-related incidents in the states, with 29 people dying in Punjab, and the rest in Haryana.

Over 25,000 people have so far been evacuated to safer places from waterlogged areas in various flood-hit districts of Punjab and more than 5,300 in Haryana.

The floods caused by rain have affected 14 districts in Punjab and 13 in Haryana.

The health department has been asked to take steps to prevent the outbreak of any disease in the flood-affected areas, officials on Sunday said.

Medical camps have been set up at these areas with a stock of medicines to distribute to the people.

The water level in the Hathnikund bar-



rage in Haryana's Yamunanagar was 54,282 cusecs at 8 am.

Meanwhile, efforts were underway to plug the 40-ft breach that came up along the Ghaggar River in Punjab's Mansa, officials said.

The breach was formed on Saturday in an embankment near Chandpura bundh in Budhlada sub-division of Mansa.

The breach has caused water from the river to enter the fields in the district's Gorkhath village and it has been feared that it may enter other villages as well.

IMD issues orange alert for rain in Himachal, Uttarakhand

NEW DELHI: India Meteorological Department (IMD) on Sunday issued an orange alert for rain in four states including Himachal Pradesh and Uttarakhand. IMD informed that Jharkhand, Odisha are likely to receive heavy to very heavy rainfall on July 16. "#OrangeAlert: #Jharkhand & #Odisha likely to get heavy to very heavy rainfall (115.6 to 204.4 mm) on 16th July", IMD shared in a tweet. Further, IMD tweeted that Himachal Pradesh and Uttarakhand are likely to receive heavy to very heavy showers from July 16 to 17. "#OrangeAlert: #HimachalPradesh & #Uttarakhand likely to get heavy to very heavy rainfall (115.6 to 204.4 mm) during 16th to 17th July", it said. Meanwhile, talking to ANI, Vikram Singh, Director, Meteorological Department, Dehradun said, "There is a possibility of more rainfall in Uttarakhand on July 16 and 17. For today, a red alert has been issued in Dehradun, Tehri, Pauri and Haridwar districts and an orange alert has been issued for the remaining districts. There will be a slight reduction in rainfall on July 18."

OBC leader Om Prakash Rajbhar joins NDA

AGENCY NEW DELHI, JULY 16

In a boost to the BJP in Uttar Pradesh, OBC leader Om Prakash Rajbhar has decided to ally with the party and join the ruling National Democratic Alliance following a meeting with Home Minister Amit Shah.

Mr. Shah on Sunday (July 16) tweeted a picture of their meeting and welcomed the Suheldev Bharatiya Samaj Party (SBSP) leader to the NDA.

His entry will strengthen the NDA in Uttar Pradesh and further boost its efforts under Prime Minister Narendra Modi for the welfare of the poor and deprived, the senior BJP leader said.

In a tweet, Mr. Rajbhar said, "The BJP and the SBSP have come together. They will fight together for social justice, national security, good governance, the deprived, exploited, farmers, poor, Dalits, youth and women, and to empower every poor section".

Mr. Rajbhar, who enjoys influence especially among

his Rajbhar community which is present in sizeable numbers in eastern Uttar Pradesh, is now expected to attend the NDA meeting on July 18 here in what is being seen as a show of strength by the ruling alliance in the run up to the 2024 Lok Sabha polls.

Mr. Rajbhar's alliance with the Samajwadi Party



was considered an important reason for the BJP's relatively average performance in parts of poorvanchal during the 2022 Assembly polls.

He was a BJP ally earlier as well but had parted ways with the party ahead of the Assembly polls.

The BJP's decision to woo him back into the NDA highlights its micro efforts to strengthen its presence all-round the State which sends 80 MPs to Lok Sabha.

Hry CM unveils statue of Padma Shri awardee Seth Kishandas in Rohtak

BUREAU CHANDIGARH, JULY 16

Haryana Chief Minister, Sh. Manohar Lal said that the work done by Padma Shri awardee Seth Shri Kishandas for social service in his life is an inspiration for other politicians as well by doing good to the poor and needy, Seth Shri Kishandas Ji has shown that social service can also be a part of politics.

The Chief Minister was addressing the gathering after unveiling the statue of Padma Shri awardee Seth Shri Kishandas ji in Rohtak today.

Sh. Manohar Lal said that he

feels lucky to unveil the statue of Padma Shri awardee Seth Shri Kishandas ji. He said Seth Shri Kishandas Ji began his political career in Rohtak in 1961. After his death, the demand for his statue was presented before then chief minister, Sh. Bhupinder Singh Hooda in 2010 during the Congress tenure. However, he did not complete this work in four years, which could have been completed easily. But when the demand was placed before us, it was fulfilled.

The Chief Minister added that when we came to power in 2014, we adopted the slogan: Haryana



Ek-Haryanvi Ek and ensured holistic development of Haryana while

pledge to make the lotus blooms again," he said.

Woman pilgrim dies from shooting stones on Amarnath route

AGENCY SRINAGAR, JULY 16

A woman pilgrim died and two Mountain Rescue Team (MRT) members of Jammu and Kashmir Police were injured in an incident of shooting stones at Sangam top on Amarnath route, officials said on Sunday.

The deceased pilgrim identified as a 53-year-old Urmilaben, daughter of Laxmi Naryan, received serious injuries in a shooting

stones incident that took place between Sangam Top and Lower Cave on the Amarnath route.

A two member Mountain Rescue Team (MRT) of Jammu and Kashmir Police consisting of senior grade Constables Mohammed Salem and Mohammed Yaseen who were trying to rescue the Lady yatri were also seriously injured during the operation. The woman pilgrim later succumbed to her injuries, they said.

South superstar Pawan Kalyan to attend NDA meet on July 18

AGENCY AMARAVATI, JULY 16

South superstar and Jana Sena Party (JSP) president, Pawan Kalyan, will attend the BJP-led National Democratic Alliance (NDA) meeting, which scheduled to be held in New Delhi on July 18.

The actor-turned-politician, who received an invitation from the BJP to attend the July 18 meeting, has consented to be a part of it, his party informed through a statement on Sunday.

Further, according to the statement, the JSP chief will leave for the national capital, New Delhi, on July 17.

The party's Political Affairs Committee chairman, Nadendra Manohar, will be accompanying the South superstar to the meeting, the release stated further.

On the second meeting of the Opposition parties, which is scheduled to be held in Bengaluru, JSP general secretary Siva Sankar said he has "no



idea about the meeting".

Meanwhile, ahead of the NDA meeting, founder leader of Suheldev Bharatiya Samaj Party, Om Prakash Rajbhar, on Sunday formally joined the BJP-led National Democratic Alliance (NDA) government after calling on Union Home Minister Amit Shah in the national capital on July 14.

HP CM launches website of Aapda Rahat Kosh-2023

BUREAU SHIMLA, JULY 16

Chief Minister Thakur Sukhvinder Singh Sukhu launched the Aapda Rahat Kosh-2023 website today, initiating a digital platform aimed at aiding the disaster-affected people of Himachal Pradesh. Individuals can donate money in Aapda Rahat Kosh-2023 from anywhere using various payment methods such as Debit Card, Credit Card, Net Banking, QR code and UPI.

During the launch, the Chief Minister said that the magnitude of the tragedy was vast and people from across the country and abroad are expressing their desire to assist. He said that to facilitate this support, the De-



partment of Digital Technology and Governance developed a transparent web link where anyone can donate online and receive a receipt on their mobile device. The system has been

integrated with multiple payment gateways to ensure seamless transactions.

The Chief Minister said that preparations were underway to enable

online donations from overseas donors within the next few days. Sh. Sukhu expressed gratitude towards employee organizations and individuals nationwide who have already contributed to the Aapda Rahat Kosh-2023. He said that he himself and his cabinet colleagues, all Congress MLAs, have decided to donate their one month's salary towards the cause.

Highlighting the severity of the situation, the Chief Minister said that Himachal Pradesh had faced immense losses due to the unprecedented rainfall, marking the worst calamity the state has experienced in 50 years. He exhorted everyone to extend maximum financial support to help the state to recover from the devastation.

Criminal shot dead near police station in UP

BAREILLY : A history sheeter was shot dead by three miscreants a few metres away from a police station in Bareilly district here in Uttar Pradesh, a police officer said here on Sunday.

Superintendent of Police (City) Rahul Bhati said the history sheeter Ajay Valmiki (26), a resident of Jatavpura locality, had gone to meet his friend Lucky late on Saturday evening. "According to family members when Ajay, along with Lucky, was going to meet a common friend in DD Puram, their motorcycle was intercepted by Vinay, Rahuol and Nitin near Premnagar police station," he said. He said before Ajay could understand anything, the miscreants fired eight rounds on him.

"Lucky rushed towards the police station and after his cries the policemen came to help.

Six Kanwariyas die due to electrocution in Meerut

MEERUT: Six Kanwariyas died due to electrocution on Saturday after the vehicle they were travelling in came in contact with an electric wire in the Rali Chauhan village under the Bhavanpur police station limits in Meerut, according to the police. "Yesterday, during Kanwar Yatra, a DJ vehicle came in contact with an electric wire, in which 6 people died and 6 are undergoing treatment. Efforts are being made to provide financial assistance to their families," said Kamlesh Bahadur, Assistant Superintendent of Police, Bhavanpur. Earlier, in another incident, five Kanwariyas were electrocuted to death while five others were injured after the vehicle they were travelling in came in contact with an 11kv power live near a village in Uttar Pradesh's Meerut district on Saturday evening, officials said. Notably, the Kanwar Yatra commenced on July 4.

Kashmir: Rains bring respite from hot and humid weather

SRINAGAR: Rains lashed Kashmir valley bringing respite from hot and humid weather even as the Meteorological department predicted more showers in the valley and Jammu on Sunday. The Met Office said currently it was raining at Srinagar, Bandipore, Ganderbal, Phalgam-HolyCave, and Banihal and the sky was overcast to cloudy in other places. The weather generally will remain cloudy with 1-2 spells of rain at most places of Kashmir and at scattered places of the Jammu region in the forenoon. It said rain or thundershower at scattered places of Jammu and Kashmir likely towards early morning or late afternoon and evening from July 17-20, while intermittent Light to moderate rain or thundershower will occur at scattered places of Jammu and Kashmir from July 21-22.

Matrimonial
Situation Vacant
Property

CLASSIFIED

Public Notice
Disown Notice
Court Notice

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

I, Koduru Kalyani spouse of No. 16115093P Rank Hav Koduru Muralidhar Reddy of Unit 38 Aslt Engr Regt permanent residing at Village, PO, Tehsil Banaganapalli Distt Kurnool, State Andhra Pradesh, Pin-518124 have changed my Name from Koduru Kalyani to Tumukalyani vide affidavit dt. 15.07.2023 before Notary Public Bathinda

I, JC-314760M Rank Nb/Sub VVS Narayana Siddi Reddy of Unit 38 Aslt Engr Regt, 493 CAS, C/o 56 APO have changed my son Name from Siddireddy Somu Venkata Dheekshith to Siddireddy Somu Venkata Deekshith vide affidavit dt. 15.07.2023 before Notary Public Bathinda

I Girjesh Kumar Aggarwal S/o Krishan Kumar, House no 63-c, Street No. 1, Ferozepur Cantt, ferozepur 152001 have changed my name I have changed my name to Girjesh Kumar to Girjesh K u m a r A g g a r w a l concerned note

I hitherto known as SONAL MALHOTRA D/o SWEETY Residing at House No. 219, New Model Town, Ludhiana, District Ludhiana, Punjab-141002, India, have changed my name and shall hereafter be known as SONAL. It is certified that I have complied with other legal requirements in this connection

I, Rajveer W/o Amninder Singh R/o Powadra (Jalandhar) have changed my name to Rajveer Kaur.

I, Paramjit Kaur W/O Ravinder Singh R/O W.No.13 Street No.06 Parwana Nagar Moga Changed Name Paramjit Kaur Alias Mahant Prema Nand Sarsvati.

I, Davinder Paul Kaur W/o Dalip Singh R/o H.No. 136, Ward No. 10, Near Primary School, Lakkhar Mandi, Doraha, Ludhiana have changed my name to Davinder Kaur.

PUBLIC NOTICES

I, Surjit Singh Mann S/o Joginder Singh Mann R/o Snehankit CHS C Wing Flat No 05 Opp Telephone Exchange, Aundh Pune City Ganeshkhind, Pune, Maharashtra, 411007, declare that my son Jagtar Singh (Unmarried) is out of my control. So I disown with him from my moveable/immoveable property. If anybody dealing with him at his/her own risk.

I, Jai Shankar Preatheast S/o Jag Naryan Preatheast R/o H.No. 3164 St.No. 1 Kuliewal Jamalpur Awana (Ludhiana) have changed my name from Jai Shankar to Jai Shankar Preatheast. But my ESI/PF/Bank Account records my father name wrongly entered Jag Naryan. But my father correct name is Jag Naryan Preatheast. So amended my father name from Jag Naryan to Jag Naryan Preatheast in my ESI/PF/Bank Account records.

I, Kuldeep Singh R/o W.No.16, St.No.6, Krishna Nagar, Khanna (Ludhiana) declare that my father's correct name is Gurcharan Singh instead of Charan Singh which mentioned on my Aadhaar card/ Voter card but in my Passport No. F0076226 my father's name mentioned as Charan Singh. That my father was known by these two names, one & same person.

I, Balraj Singh alias Baz Singh S/o Thana Singh R/o Village Narang Singh Wala , PO Valtoha , Teh Zira, Ferozepur declare that My name is Balraj Singh and I also known as Baz Singh. But Both Name are related to me and I also known as Balraj Singh alias Baz Singh and Balraj Singh and Baz Singh is one and same person.

It Is For General Information That I Adalti Prasad, S/O Bhagan Prasad, R/O – Imli Gaon, Tilphar, Kaushambi, Uttar Pradesh – 212218 Declare That Name Of Mine Has Been Wrongly Written As Adulti Prasad In My 10th Class Educational Documents. The Actual Name Of Mine Is Adalti Prasad Which May Be Amended Accordingly.

I, Tarsem Singh S/o Bakshshish Singh R/o H.No. 52-C W.No. 1 A.S. Atwal Police Colony Phillaur, Jalandhar, Punjab-144410, declare that name of mine has been wrongly written as Tearsam Singh in my Passport No. M455018. The correct name of mine is Tarsem Singh respectively, which may be amended accordingly. It is certified that I have complied with other legal requirements in this connection.

I, Sulinder Singh D.O.B. 06/02/1975 S/o Joginder Singh R/o Village & Post Office Bham, Tehsil Garhshankar, Distt Hoshiarpur, Punjab India inform that my name in my Passport is written as Salinder Singh which is wrong, my correct name is Sulinder Singh. Meanwhile my wife's name is written as Parmjit Kaur which is wrong her correct name is Paramjit Kaur.

PUBLIC NOTICES

I Ranjeet Singh S/o Sh. Harbhajan Singh R/o H.No. 373, Bhagwan Nagar Colony Pipli, P.S. Thanesar Sadar, Tehsil Thanesar, District Kurukshetra have declared that my sale deed no. 7233 has been lost in the area of Ladwa Road Pipli, Kurukshetra dated 15/06/2022. If any person found it please return the above address.

I, Seema Rani, W/o Sh. Vikram, R/o H.No. 63, Near Gori Shankar Mandir Colony, New Enclave Colony, Tehsil Toghana, District Fatehabad declare that original allotment letter plot no. 184B in favour of Seema Rani has been lost at Kaithal Road, Toghana. Anybody found, please contact the above address.

PUBLIC NOTICE

It is brought to your notice that the Original Sale Deed No. 12949 dated 19.03.2004, executed in favour of Gurmeet Singh S/o Mahinder Singh, regarding Plot measuring 150 Sq. Yards i.e. 00 Bigha 03 Biswas, which 3/66 share of land measuring 18 Bigha 01 Biswas, comprised in Kharsa No. 2165 min (18-1), Khata No. 1960/10114 to 10117, within the revenue limits of Patti Mehna, Bathinda, as per Jamabandi for the year 2012-2013, situated at Street No. 131/22, Guru Gobind Singh Nagar, Bathinda and having boundaries (As per Title Deed) as under:- East: 36 Street 20' Wide, West: 36' Vacant Plot of Gurdinjit Singh, North: 37' 6" Vacant Plot of Roop Singh, South: 37' 6" Vacant Plot of Vijay Kumar and Rajpesh Kumar, currently owned by Mrs. Sheetu W/o Sh. Ranjit Bhatia S/o Sh. Basant Bhatia, is lost and not mortgaged with any Bank or Financial Institution, in that regard DDR bearing No. 352107 dated 15.06.2023 has been got registered. Anybody having objection regarding mortgage of property with LIC Housing Finance Ltd., Bathinda, may respond or raise objection within 15 Days, to R.P. Singh, Advocate, 75080-11581.

PUBLIC NOTICES

I, Lieutenant Colonel P RAJAMANI VINAYAK S/o late P R RAJAMANI with permanent residential address 604, KANCHANJUNGA, VIJAYA HERITAGE, ANIL SURPATH, ULIYAN, KADMA, EAST SINGHBHUM, JHARKHAND-831005, and present residential address 15/1, HAYDE ENCLAVE, NEW AMRITSAR MILITARY STATION, KHASA, AMRITSAR RURAL, AMRITSAR, PUNJAB-143107, have changed the name of my minor son PALLIPURAM VINAYAK VARDAAN age about 17 years and he shall hereafter be known as PV VARDAAN.

I Navdeep Singh S/O Surinderpal Singh R/O Near Ravidas Mandir Village Sangowal District Ludhiana Declare That My Father's Name Is Surinderpal Singh In Some Of My Documents And Surinder Pal Singh In My Passport No. L3736702. Both Surinder Pal Singh And Surinderpal Singh Are The Same Person. They Are Known By Both Names.

I, Ranjit Singh S/o Jasvir Singh R/o H.No. 9973 St.No. 6 Bhagwan Chowk Janta Nagar (Ludhiana) declare that my other documents my father name wrongly entered Jagmer Singh. But my father correct name is Jasvir Singh. So amended my father name from Jagmer Singh to Jasvir Singh in my other documents.

I Narinder Jeerh s/o Darshan Lal residence of Ward No 2, Mohalla Joodiana Garhshankar District Hoshiarpur Punjab presently living at 257, Curamen Subd, Sibut San Jose City Nueva Ecija, Philippines declare that my wife Poonam and my daughter Sania Jeerh (15 years) are not in my order. So, I disown them from my all movable and in movable properties. Anybody deals with them at their own risk. I or my family members are not responsible for their any act.

I, Bala Devi W/o Joginder Singh R/o # 792/3 , Khurana Road , Near Bapu Gandhi School , Nanak Puri Colony , Kaithal (haryana) Have Changed My Name From Bala Devi To Bala Rani. Concerned Please Note.

I, Balvinder S/o Gulab Singh R/o H No 286/21 Gali No 11 Amargarh Gamri Kaithal Declares That In My Passport , My Wife Name Is Wrongly Written As Mukesh Devi . But My Wife Real Name Is Mukesh . Concerned Please Note.

COURT NOTICE

IN THE COURT OF
Ms. Jasleen Narang
Judicial Magistrate-1st Class,
Ludhiana

AXIS BANK LTD
Vs.
SEWA SINGH
CNR No. PBLD03-073868-2018
Next Date:- 11-08-2023

PUBLICATION ISSUED TO:
SEWA SINGH
:-
H.NO. 570/2, VILL. PAI TEH
PUNDRI DISTT. KATHAL
HARYANA

In above titled case, the accused could not be served. It is ordered that accused should appear in person or through counsel on 11-08-2023 at 10 a.m.
For details login to
https://www.highcourtchd.gov.in/?trs=di strict_notice&district=Ludhiana

Judicial Magistrate
-1st Class
Ludhiana
Dated, this day of
30-05-2023

COURT NOTICE

IN THE COURT OF Ms. Jasleen Narang
Judicial Magistrate-1st Class, Ludhiana

M/S HDFC Bank Limited
Vs.
M/S AVLEEN MOTORS
CNR No. PBLD03-032332-2019
Next Date:- 11-08-2023

PUBLICATION ISSUED TO:
1. M/S AVLEEN MOTORS
:-
THROUGH ITS PARTNERS HARMEET SINGH S/O IQBAL SINGH AND MUKESH KUMAR S/O MOHAN LAL KATARIA ALL C/O KOTKAPURA ROAD, MUKTSAR SAHIB FAZILKA 2ND ADDRESS HARMEET SINGH GREEN AVENUE COLONY ST NO3 3 KKP ROAD SHRI MUKTSAR SAHIB DISTT FAZILKA 2ND ADDRESS MUKESH KUMAR

In above titled case, the accused could not be served. It is ordered that accused should appear in person or through counsel on 11-08-2023 at 10 a.m.
For details login to
https://www.highcourtchd.gov.in/?trs=di strict_notice&district=Ludhiana

Judicial Magistrate
-1st Class
Ludhiana
Dated, this day of
12-07-2023

Criminal Courts, Ludhiana
(U/o 5 Rule 20 CPC)
IN THE COURT OF
Ms. Harmeet Kaur Puri
Civil Judge (Junior Division), Ludhiana

PSPCL
Vs.
ASHWANI KUMAR
CNR No: PBLD02-004568-2020
Peshi: 16.08.2023

PUBLICATION ISSUED TO:
ASHWANI KUMAR
:-
ST.NO 2 PANSHEEL COLONY, DASHMESH PURI LUDHIANA

In above titled case, the defendant(s)/ respondent(s) could not be served. It is ordered that defendant(s)/ respondent(s) should appear in person or through counsel on 16-08-2023 at 10 a.m.
For details login to
https://www.highcourtchd.gov.in/?trs=di strict_notice&district=Ludhiana

Civil Judge
(Junior Division)
Ludhiana
Dated, this day of
12-07-2023

PUBLIC NOTICE

BEFORE SH. SANJAM GARG, HCSASST. ESTATE OFFICER, U.T. CHANDIGARH.

Subject: Transfer of Ownership in respect of RESIDENTIAL Site No. 455, SECTOR 20-A Chandigarh (RP 9728) to the extent of 100.00% share on the basis of Registered Will of Late MADAN PAL.

It is notified for the information of general public and all concerned that as per record of this office Sh./Smt. MADAN PAL is the owner/lessee of RESIDENTIAL Site No. 455, SECTOR 20-A, Chandigarh to the extent of 100.00% Share. It has been informed by PUSHPA that Sh./Smt. MADAN PAL expired on 05/12/2012 and he/she/they has/have also intimated the following legal heirs of the deceased owner/ lessee:-

Name of the Legal Heir: Relation with deceased
ANITA CHABBRA DAUGHTER
ANIL MALHOTRA SON
SANDEEP MALHOTRA SON
RITU ARORA DAUGHTER
PUSHPA WIFE

Now PUSHPA has/have applied for the Transfer of Ownership in respect of RESIDENTIAL Site No. 455 SECTOR 20-A, Chandigarh, to the extent of 100.00% Share held by Late MADAN PAL in his/her/their favour, on the basis of Registered Will dated 25/04/2008. If anybody has any information about any other legal heir(s) of the deceased other than mentioned above, the same may be intimated to the Estate Officer, U.T., Chandigarh, immediately.

If anybody has any objection upon the mutation of the said share in the said property, in favour of the above named applicants, he/she/they may furnish the same in writing (supported with affidavit duly attested by Magistrate/Notary) in the office of the undersigned within 30 days from the date of publication of this notice, failing which the said share in the said property will be mutated accordingly in the name of above said beneficiary/ies and no further claim whatsoever shall be entertained at any later stage.

* You are entitled for lifetime interest only.

Sanyam Garg, HCS,
Assistant Estate Officer,
Exercising the powers of
Estate Officer U.T., Chandigarh

PUBLIC NOTICES

ਮੈਂ ਗਿਆਨ ਚੰਦ ਪੁੱਤਰ ਦੇਸ ਰਾਜ ਵਾਸੀ ਹੱਲਾ (ਪਟਿਆਲਾ) ਬਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰਾ ਪੁੱਤਰ ਰਾਜ ਕੁਮਾਰ ਜੋ ਕਿ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹੈ। ਮੈਂ ਇਸ ਨੂੰ ਆਪਣੀ ਚੱਲ-ਅੱਚਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਇਸ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਮੇਰਾ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦਾ ਕੋਈ ਵੀ ਤਾਲੁਕ ਵਾ ਵਾਸਤਾ ਨਹੀਂ ਹੋਵੇਗਾ।

ਮੈਂ ਕਮਲਜੀਤ ਪੁੱਤਰ ਸ੍ਰੀ ਕਿਸ਼ੋਰੀ ਲਾਲ ਵਾਸੀ ਮਕਾਨ ਨੰ 1277/7, ਗਲੀ ਨੰ 3, ਵਾਲਮੀਕੀ ਨਗਰ, ਨੇੜੇ ਜੋਹੰਦਾਲ ਬਸਤੀ, ਲੁਧਿਆਣਾ ਦਾ ਚਾਕ ਵਸਨੀਕ ਹਾਂ। ਮੇਰਾ ਲੜਕਾ ਵਿਜਾਲ ਅਤੇ ਉਸਦੀ ਘਰਵਾਲੀ ਮੌਨਿਕਾ ਅਤੇ ਇਨ੍ਹਾਂ ਦੀ ਲੜਕੀ ਮਾਨਵੀ ਜੋ ਕਿ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ ਅਤੇ ਮੇਰੇ ਨਾਲ ਲੜਾਈ ਬਗ਼ਾਵਤ ਕਰਦੇ ਹਨ। ਮੈਂ ਇਸ ਲੜਾਈ ਬਗ਼ਾਵਤ ਤੋਂ ਤੰਗ ਆ ਚੁੱਕਾ ਹਾਂ। ਮੈਂ ਆਪਣੇ ਲੜਕੇ ਵਿਜਾਲ ਅਤੇ ਨੂੰ ਮੌਨਿਕਾ ਅਤੇ ਪੌਤੀ ਮਾਨਵੀ ਨੂੰ ਆਪਣੀ ਚੱਲ ਅੱਚਲ ਜਾਇਦਾਦ ਵਿੱਚੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਇਨ੍ਹਾਂ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਵਿਅਕਤੀ ਖੁੱਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ।

ਮੈਂ ਤਾਰਾ ਸਿੰਘ ਪੁੱਤਰ ਈਸਰ ਸਿੰਘ ਪੁੱਤਰ ਅੰਬ ਸਿੰਘ ਕੌਮ ਹਮਦਾਸੀਆ ਸਿੱਖ ਵਾਸੀ ਵਿੱਲੋਂ-ਪੱਤੀ ਧਨੋਲਾ ਜਿਲ੍ਹਾ ਬਰਨਾਲਾ ਸਵੇਂ ਘੋਸ਼ਣਾ ਕਰਦਾ ਹਾਂ ਕਿ ਮੈਂ ਆਪਣੇ ਲੜਕੇ ਹਰਬੰਸ ਸਿੰਘ ਜੋ ਕਿ ਪਹਿਲਾਂ ਬੁਰੀ ਸੋਗਤ ਤੇ ਪੈਣ ਕਾਰਣ 18 ਜੁਲਾਈ 2015 ਵਿੱਚ ਬੇਦਖਲ ਕਰ ਦਿੱਤਾ ਸੀ ਪਰ ਹੁਣ ਉਹ ਪੂਰਾ ਮੇਰੇ ਕਹਿਣੇ ਵਿੱਚ ਹੈ ਇਸ ਲਈ ਮੈਂ ਉਹ ਬੇਦਖਲੀ ਰੱਦ ਕਰਦਿਆਂ ਵਾਪਸ ਲੈ ਰਿਹਾ ਹਾਂ ਮੈਂ ਬਿਲਕੁਲ ਸਹੀ ਵ ਦਰੁਸਤ ਲਿਖਵਾਇਆ ਕੋਈ ਵੀ ਗੱਲ ਗਲਤ ਨਹੀਂ ਲਿਖਦੀ।

I, Vinod S/o Sh. Ram Kumar R/o Village Tandwal, Tehsil Barara, Distt Ambala have changed my name from Vinod to Vinod Kumar.

I Rama W/o Sh. Rajesh Kumar R/o Village Ladwa, Tehsil Ladwa, District Kurukshetra have changed my name from Rama Rani to Rama. In future I may be known as Rama.

I Prince Bhalla S/o Sh. Subhash Singh, R/o House No. 1130, Azad Nagar, Choudhary Colony yamunanagar that I have Changed my name Prince Bhalla to Prince Bhola.

I Swati Gulati W/o Lovely Gulati, R/o 1065, Sondhi Street, Near Old Sabzi Mandi, Yamunanagar that I have Changed my name Satvinder Pahuja to Swati Gulati.

I, hitherto Known as BHAJAN SINGH S/O PAL SINGH R/O.VPO GHANIE KE BANGER, TEHSIL BATALA, DISTT GURDASPUR, PUNJAB., have changed my name and Shall hereafter be known as HARBHAJAN SINGH.

I, hitherto Known as VARINDER S/O YASHPAL R/O HNO.5130/39, GALI NO. 2, H A B I B P U R A , SULTANWIND ROAD, AMRITSAR-143001, PUNJAB., have changed my name and Shall hereafter be known as VARINDER KUMAR VERMA

I, Shinderpal Singh S/o Gurdial Singh R/o Village Muradpura PO Bal khurd FGC road Amritsar have change my name to Singh as Sur name and Shinderpal as given name.

I, hitherto Known as PALWINDER KAUR HUNDAL W/O SARDUL SINGH R/O 33, I, WARD NO. 31, BHAI LALO JI NAGAR, G.T. ROAD, DISTT AMRITSAR, PUNJAB have changed my name and Shall hereafter be known as PALWINDER KAUR

I, hitherto Known as TIWARI LAL S/O MAM RAJ R/O VILLAGE GHALLU, TEHSIL & DISTT. FAZILKA, PUNJAB., have changed my name and Shall hereafter be known as VISHAL CHAITANYA.

I, Vijayta Kumari D/o Raghurib Chand R/o.751, Gali No.1, Jawahar Nagar Tehsil and Distt Amritsar declare that my daughter PRIYA Study in Army public school 8th Section E Khasa Cantt Amritsar in her school record my name is wrongly written as Vijeta Kumari but my correct name is Vijayta Kumari

I, Suman Rani W/O Varinder Agnihotri R/O Diwala (Ludhiana) Have Changed My Name Into Suman.

I Mandip Kaur W/o Sarabjit Singh R/o Vpo Sarobad, Distt. Jalandhar have changed my name to Mandeep Kaur.

I, Gurdeep Singh Randhawa S/o Major Singh R/o Tallewal (Barnala) have changed my name to Gurdeep Singh.

I, Davinder Singh S/o Bahadur Singh R/o Vill: Raipur Rajputtan Teh-Khanna (Ludhiana) have changed my minor daughter name from Avnoor Kaur Suniyar to Avnoor Kaur.

I, Davinder Singh S/o Bahadur Singh R/o Vill: Raipur Rajputtan Teh-Khanna (Ludhiana) have changed my name to Davinder Singh.

I, Harmanpreet Karda S/o Balvir Kumar R/o Vill: Soeta Po. Usmanpur Teh-Nawansahr (SBS Nagar) Pb, India, have changed my name from Harmanpreet to Harmanpreet Karrda.

I, Sachin Kumar Singla S/o Vijay Kumar R/o #74B Back Side Grain Market Opp. HDFC Bank (Bathinda) have changed my name to Sachin Kumar.

I, Rajni D/o Kuldeep Singh R/o 26807 Gali No. 5 Amarpura Basti (Bathinda) have changed my name to Rajni Kaur.

I, Kiranjit Kaur W/o Gurnaib Singh R/o 27907 St.No. 4 Preet Nagar Lal Singh Basti (Bathinda) have changed my name to Kiranjeet Kaur.

I Sarabjeet Singh S/O Sikander Singh R/O Saido Patti, Handiaya Distt Barnala Have Changed My Name To Sarabjit Singh.

I Hitherto Known As Jasbir Kaur W/O Gurpreet Singh Sheemaar R/O Vpo Apra, Teh. Phillaur, Distt. Jalandhar, Pin Code- 144416 (Punjab) Have Changed My Name And Shall Hereafter Be Known As Jasbir Kaur Sheemaar.

I, Ashwani Kumar S/o Bihari Lal R/o H.No. C-390 Near Cremica Saifabad Phillaur (Jalandhar) have changed my name to Ashwani Kumar Sharma.

I, Anju Bala D/o Satnam Lal R/o H.No. B-1/524 Moh Shekhan Phillaur (Jalandhar) have changed my name to Ankita Bashal.

I, Deepak S/o Tarsem Lal R/o Vill: Ganna Pind Po. Haripur Khalsa Teh-Phillaur (Jalandhar) have changed my name to Deepak Kumar.

I, Bhupendra Singh S/o Chamkaur Singh R/o H.No. 12/33 Disposal Road Mullanpur (Ludhiana) have changed my name to Bhupender Singh.

I, Jagjit Kaur Dhalwal W/O Jagtar Singh Gill R/O Agwar Himmatpura Patti Mehar, VPO Ghal Kalan (Moga) Changed Name Jagjit Kaur Gill (After Marriage).

I, Ramwati W/O Ram Kumar R/O H.No.539/93, St.No.3 New Vishnu Puri, Ludhiana I, Ramwati, Ramrati & Ramvati Both names Are mine And same Person.

I Jatinder Singh Ubhi S/O Ravinder Singh R/O Vpo Majri , Distt Ludhiana , Punjab Have Changed My Name As Jatinder Singh.

I Hitherto Known As Amarpreet Kaur Alias Amanpreet Kaur W/O Rajinder Singh R/O House No.1984 Jagraon Road Mandi Mullanpur Distt Ludhiana , Punjab Have Changed My Name And Shall Hereafter Be Known As Amanpreet Kaur.

I Hitherto Known As Harbhajan Kaur Alias Bhajan Kaur W/O Gurnam Singh R/O Vpo Mandiani , Distt Ludhiana , Punjab Have Changed My Name And Shall Hereafter Be Known As Harbhajan Kaur.

I Jagtar Singh S/o Hardial Singh Vpo Kalho, Distt. Mansa, I have Changed my name to Jagtar Singh.

I Taehil Singh Malhi S/O Gurjant Singh R/O Village Mahamadpur, Tehsil Dhuri (Sangrur) have Changed my name to Taehil Singh.

I Kiranjeet Kaur Malhi W/O Taehil Singh R/O Village Mahamadpur , Tehsil Dhuri (Sangrur) have Changed my name to Kiranjeet Kaur.

I Taehil Singh S/O Gurjant Singh R/O Village Mahamadpur, Tehsil Dhuri (Sangrur) have Changed my son's name Bavanpreet Singh Malhi to Bavanpreet Singh.

I Harjit Kaur W/O Gurcharan Singh R/O Hno.77, Karan Enclave, Ward No.01, Model Town, Rahoun Road Khanna (Ludhiana) Changed My Name To Mandeep Kaur.

I Ramaljeet Kaur W/O Baldev Singh Otaal R/O Bondli, Tehsil Samrala (Ludhiana) Have Changed My Name To Ramaljeet Kaur Otaal.

I Harvinder Kaur W/O Paramjit Singh R/o village mojomazara , Thakkarwal Garhshankar , Hoshiarpur Have Changed My Name From Harvinder kaur to Balwinder Kaur . All concerned please Note .

I Dajeet Kaur W/o Jasvir Singh R/o H.no. 244-A , New Railway Colony No. 3, Jalandhar-144021 have changed my name from Daljeet Kaur to Daljit Kaur (same person).

I Daljit Kaur W/o Jasvir Singh R/o H.no. 244-A , New Railway Colony No. 3, Jalandhar-144021 certified my husband true and correct name is Jasvir Singh instead of Jasveer Singh .(same person).

I, No 1443538, Ex-Spr, Manjit Singh R/o VPO Gulabgarh, Teh & Distt Bathinda, PB Inform all that Ranjit Kaur is my real and legally wedded wife and her DOB is 17.05.1961, Adhar No. 963889952902

I, No 1443538, Ex-Spr, Manjit Singh R/o VPO Gulabgarh, Teh & Distt Bathinda, PB Inform all that Ranjit Kaur is my real and legally wedded wife and her DOB is 17.05.1961, Adhar No. 963889952902

I, Parminder Jeet Kaur Randhawa W/o Jagpreet Singh Randhawa R/o 1-G.F., HIG Flats, Rajguru Nagar, Ferozepur Road, Ludhiana, have changed my name to Parminderjeet Kaur Randhawa.

I Salig Ram S/o Budh Ram R/o Aggarwal Street, Partap Colony Samana declares that Salag Ram, Salig Ram Dutt and Salig Ram all names are mine. I am one and Single person.

I Raj Rani W/o Kanwal nain Dutt R/o Aggarwal Street, Partap Colony Samana Distt Patiala declares that Raj Rani and Raj Rani Sharma both names are mine. I am one and Single person.

I hither to known as Mandeep Kaur Dhillon Daughter of Gurdev Singh and wife of Sarbjit Singh Dhillon resident of VPO Bopa Rai Kalan, Tehsil Nakodar, Distt. Jalandhar, Punjab, India have changed my name and shall hereafter be known as Mandeep Kaur.

I, Pooja W/o Gurpal Singh VPO. Kishanpur, Distt Jalandhar have changed my name Pooja to Pooja Kaur. Please All Concerned Note.

I, Neetu W/o Vishal Verma, R/o Avtar Nagar, Jalandhar, (Punjab), have changed my name to Neetu Kanda. All concerned please note.

I, Tarunjeet Singh S/o Gurbachan Singh, R/o H.No. 14, Vivek Vihar, New Guru Teg Bahadur Nagar, Jalandhar-144003 (Punjab) have changed my name from Tarunjeet to Tarunjeet Singh. All concerned please note.

I, Sunita W/o Philisian Masih VPO. Madar, Distt. Jalandhar have changed my name Sun ita to Sun ita Masih. Please all concerned note.

I, Philisian S/o Peter VPO. Madar Distt. Jalandhar have changed my name Philisian to Philisian Masih. Please all concerned note.

I, Poonam Rani W/o Tilak Raj R/o Rampur Lallian , Jalandhar Punjab have changed my name from Poonam to Poonam Rani. All. Concerned please note.

I, Vanita Sharma W/o Vinod Kumar R/o #40, Modern Enclave Baltana, MC & Sub Tehsil Zirakpur, Tehsil Derabassi, Distt SAS Nagar Mohali (Adhaar No. 83694772285) declare that Vanita Sharma and Anita Sharma is the same person. In future, i will use my name as Vanita Sharma in all documents.

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Government of Haryana



“The schemes which earlier remained only in files, have been implemented on ground. Projects pending from decades have been speeded up.”

- Narendra Modi

Sh. Manohar Lal, Chief Minister, Haryana
will Launch (through video conferencing)

347
New Projects
worth
Rs.2741
crore

Inauguration

Cost
Rs.1279
crore
Projects
157

**Laying of
Foundation Stone**

Cost
Rs.1462
crore
Projects
190



Scan QR code
to join
the programme



Date - Tuesday, July 18, 2023 | Time - 11 am
Venue - Ferozepur Jhirka, Nuh

Scan the QR code
for information of
all 347 new projects



You are cordially invited

Social workers
distribute ration to
flood affected people



VICKY BHABAT ZIRAKPUR: Whenever nature shows its beauty and social workers always attend the service of the people with their body, mind and money who reach before the help of the government and also increase the courage of the people and also serve. Similarly, social worker Charan Das Dhiman distributed ration and other necessities to dozens of flood victims at Vrindavan Society, Pir Muchhalla. Speaking, Charan Das Dhiman said that on this occasion, every ordinary person should help those people who have lost everything in the floods and are in need of bread.

Shopkeepers, businessmen
seek compensation



RADHESHYAM SHARMA MORINDA: Many shopkeepers of the city have suffered heavy loss due to the flood situation created after heavy rains in the city for the past few days. Regarding which a meeting was organized by all the shopkeepers and businessmen of the city in the Shri Sanatan Dharma Mandir of the city. In the meeting, a demand has been made to the Aam Aadmi Party government that the compensation should be given to the shopkeepers and traders who have suffered losses due to the floods. So that shopkeepers could run their shops again and took care of his family.

Tree Plantation
programme organised



AVTAR SINGH BHANWARA CHANDIGARH: Himachal Mahasabha organized a tree planting program to keep the environment free from pollution in Sector 48 Chandigarh in which 200 saplings of mango, neem, hard and different types were planted. Aam Aadmi Party leader and Sector 48-49 RW President Mr. JJ Singh was honored on this occasion. Mr JJ expressed his gratitude to the Himachal Maha Sabha and said that humans cut trees for their own benefit, but this has very dire consequences, like now Punjab, Haryana, Himachal, also said the reason for the fences is the cutting of trees and urged everyone that we Everyone has to save the country together.

Veer Meera organized
at Tagore Theatre

CHANDIGARH: The vibrant and mystic life of Meera Bai came alive at the Tagore Auditorium with the soulful rendition conceptualised and composed by Padma Shri and Sangeet Natak Akademi awardee - Indian classical vocalist

Vidushi Sumitra Guha and her senior disciple Dr Samia Mahub Ahmad. Organized by Sumadhur Hansadhwani Trust, a non-profit organization promoting Indian music and art form, the musical titled "Veer Meera - A Musical on Empowering Women" captured the message of women awakening and liberation by showcasing the ideology of brave Meera Bai and her warrior spirit. The event was sponsored by the Ministry of Culture. The show is a musical production that brings together an amalgamation of songs celebrating Meera Bai and her bhajans. The musical is scripted by Pt. Pandit Vijay Shankar Mishra and narrates Meera Bai's empowering story.

Kashyap Rajput Sabha
organises langar on

Maharishi Kashyap jayanti CHANDIGARH: The Chandigarh Kashyap Rajput Sabha has organized Langar of Kadhi Chawal and Ladoos on the occasion of Maharish Kashyap Jayanti on 24.05.2023 at Kashyap Rajput Bhawan, Sector 37-C, Chandigarh. Almost all the members of Managing Committee and Executive Committee including Sarvshri N.R Mehra, Shyam Lal Kashyap, Tarlok Kumar, Vinod Kumar Blau, Jeet Singh Gada, Krishan Kumar, Rajinder Kumar, Hira Lal, Pishori Lal, Prince Mehra, Om Parkash Kashyap were present on the occasion and served langar to the general public and passersby who came at the langar stall.

PUNJAB

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

Balkar Singh felicitates 25 youth of deprived section

SHASHI PAL JAIN
CHANDIGARH, JULY 16

Local Bodies Minister Balkar Singh on Sunday said Punjab Government led by Chief Minister Bhagwant Mann was giving foremost priority to the education sector asserting that it is the basis of development of any society.

Presiding over an event organized by Satguru Ravidass Education Welfare Society in local police lines, the Minister said that education was the most powerful agent for bringing the reforms in society on the principles of equality and social justice. He said that the father of the Constitution Dr BR Ambedkar had described education as the only weapon to bring changes in society. Singh said that dream of the architect of the Constitution B.R. Ambedkar would come true only if everybody receives education as Ambedkar had laid much stress on education. He said that despite all odds in his educational life, Dr. Ambedkar had faced several difficulties bravely and completed



his education. Later, he drafted the Constitution which has now become one of the best Constitutions in the world. He added that today's students should follow the path shown by Dr. Ambedkar and achieve their aims and bring in changes to build a powerful nation.

The Local Bodies Minister said that the Punjab government was working everything to fulfil Babasaheb's dreams by revamping

the education system in the state to benefit students especially from the needy and underprivileged sections of the society. He further said the state government is committed to transforming the government schools of the state into Schools of Eminence.

Singh lauded the efforts of the organization and felicitated 25 youth who got government jobs after taking coaching from the insti-

tution. Earlier, the Minister was also given guard of honour by District Administration Ludhiana. MLAs Sarvjit Kaur Manuke, Ashok Parashar Pappi, Daljit Singh Bhola Grewal, Gurpreet Bassi Gogi, Kulwant Singh Sidhu, Madan Lal Bagga, Rajinder Pal Kaur Chinna, Jeevan Singh Sangowal, Manvinder Singh Giaspura, DC Surabhi Malik and others were also present on the occasion.

MLA Dev Mann sends trolley of green fodder for cattle in
flood affected villages

NABHA (RAKESH JINDAL): People are coming forward to help the flood victims from all over. Following this, Nabha MLA Gurdev Singh Devman sent a trolley of green fodder for the cattle with the support of the farmer brothers of Rajpura village of Nabha district. On this occa-



sion, MLA Devman said that we all should stand together in trouble with ourselves. On this occasion Gurdhian Singh, Mandeep Singh, Deepa Ramgarh Chairman Marketing Committee Bhadson, Tejinder Singh Khaira, Balwinder Singh, Gurpreet Singh, Didar Singh, Dharmapal Singh, Harjinder Singh, Gurnam Singh Sarpanch, DC Singh, Dharminder Singh Sukhewal, Gurjit Singh.

Mohali administration stays on its toes to return normalcy in district

LK BANSAL
MOHALI, JULY 16

Now, there are no ringing of distress calls on flood control rooms set up at district and Sub Division level, but we are performing our duty to bring normalcy back , says DC Mohali Aashika Jain on Sunday. " We are not in a re-laxing mode, yet, there are so many responsibilities we have to fulfil to ease the flood related problems of the residents such as connectivity of roads, to protect them from Waterborne diseases, to take care of their animals from diseases like hypothermia and off feed", added Ashika Jain.

The district administration teams today i.e. on Sunday worked even more diligently to make the schools functional to welcome the students from Monday onwards.Department of Rural Development and Panchayats, led by ADC (Rural Development) Amit Bamby remained active to dewater and

clean the school premises so that students and teachers would not face any difficulty tomorrow. At Village, Bahera in Derabassi, a JCB was engaged to clear the water besides laying the pipeline.

The deputy commissioner further said that to protect the residents from the Water-borne diseases, drinking water samples collected from Rurka, Bakarpur, Kurari, Kambala, Sohana, Balongi and budmajra, today by the team of Water Supply and Sanitation department in the supervision of Executive Engineer Ramanpreet Singh. The department has a mobile water testing lab also to analyse the samples on the spot, she added.

Besides, all the water supplies being run by the departments also made functional and regular chlorination is being done at all the water supply schemes. The water supply of Balongi has been temporarily discontinued in wake of the Diarrhoea problem, she further added.

Sukhbir Badal offers help to farmers facing floods

RAM SINGH DHALIWAL
MANSA, JULY 16

Shiromani Akali Dal (SAD) president Sukhbir Singh Badal today offered help to villagers fighting to plug the breach near the Chandpura dam in Budhlada constituency in this district, even as he urged chief minister Bhagwant Mann to direct the civil administration to work in tandem with farmers instead of leaving them to their fate.

Talking to newsmen while interacting with villagers of Kulrian village near the breach site, the SAD president said "farmers have told me that after the Haryana government broke the bandh to provide relief to



its areas and flood waters entered their villages the Mansa administration fled the spot.

They have also told me the civil administration has neither provided them any JCB machine or diesel for more than 100 tractors which are engaged in the flood protection work. Farmers from neighbouring villages of Haryana also met me and disclosed how the Haryana government had deputed five JCBs as well

as other equipment and manpower to strengthen the embankments of the Ghaggar river in their area but the Punjab government has done nothing".Talking to affected farmers, Mr Sukhbir Badal assured to send two JCBs on behalf of the SAD to the spot. He also offered to send diesel drums which were delivered immediately besides sand bags so that the bandh strengthening work can continue unabated".

Flood waters leave behind trail of destruction

SRI CHAMKAUR SAHIB (KULWINDER RASULPUR): Due to the heavy rains of the past few days, the flood water in Siswan and Budhki rivers passing through the area has left behind traces of destruction which are not going to be filled soon. As the flood water is receding, the list of damage to the people in their fields is increasing, where the flood water destroyed the link roads of the villages and cracked the houses of many. Many houses have collapsed, valuables have been damaged by water, more than that has been wasted in the fields of farmers, where hard-earned paddy has been destroyed, there is also farmers' corn, fodder, popular, farmers' motors, engines are full of water. At the place where the Siswan river dam broke, four to five feet of sand filled the fields of Jeet Singh Asarpur and other farmers of the village Similarly, in the fields of Manpreet Singh son of Jagat Singh Surtapur, the solar motor of two and a half hundred and three years old popular plants were watered. They were devastated In the sudden flood, a lot of goods were washed away and the farmers' lands were flooded. Likewise, two acres of Dhanwant Singh Jatana and Bahadur Singh Jatana's two and a half acres of mangrove crops were completely destroyed.



Om Parkash Verma, Free eye surgery and check-up camp organized by O.P. Jewelers Sirhind



FATEHGARH SAHIB (AJAY MALHOTRA): A free eye operation and check-up camp was organized today by the Verma family in the sweet memory of the late Om Prakash Verma, the founder of O.P. Jewelers, Sirhind Mandi, at Guru Krupa Seva Sansthan Sirhind Mandi. The camp was inaugurated by Baba Paramjit Singh ji Hansali waley and Sant Dharam Aradhma Nand of Sri Nangli Ashram Sirhind. The main organizer of the camp, Sunil Verma, said that in this camp, eye specialist Dr. Saindeep Dhand and children's expert Dr. Neha and his team examined about 800 patients and gave them free medicines. Two hundred patients were given free spectacles and 75 children were checked up. In the camp, 143 patients were selected for cataract surgery and free eye operations will be done soon. During the camp, Sunil Verma, Kamal Verma, Sahiba Verma and Prezi Verma thanked all the guests.During the camp former Minister Punjab Dr.Harbans Lal, Bimala Verma, Madan Lal Verma, Ravinder Verma, Krishna Lal Verma, Jagdish Verma, Ashwani Garg, Dr. Hitendra Suri, Dr. Mahesh, Dr. Pramod Mittal, Satpal Puri, Vinay Gupta, M.C. Pawan Kalra, Jagjit Koki etc.

Govt hospitals to open again from 8 am

MOHALI (SHASHI PAL JAIN): All the offices under the District Health Department will open at 9 am and close at 5 pm from July 17 onwards. Sharing the details, Civil Surgeon Dr. Mahesh Kumar said that as per the government instructions, the said schedule is applicable only to the offices. He clarified that there has been no change in the timings of government hospitals in the district. He added that government hospitals will open at 8 am and close at 2 pm as before. These hospitals include District Hospital Mohali, Sub-Divisional Hospital Kharar and Derabassi, Primary Health Centers, Community Health Centers, Sub Centers, Health and Wellness centers, Aam Aadmi Clinics, ESI Hospitals etc. across the district.



The district health department head said that all the offices of the district health department like the civil surgeon office in Mohali and the offices inside the hospitals will now remain operational from 9 am to 5 pm. He also clarified that emergency services in hospitals will continue 24 hours as before. It may also be mentioned here that due to the summer season, the Punjab government had changed the office hours from 2nd May to 15th July from 7-30 am to 2 pm. Notably, the government hospitals' summer timings (April 15 to October 15) are from 8 am to 2 pm while winter timings (October 15 to April 15) are from 9 am to 3 pm every year.

Gurpreet Ghuggi inaugurates new showroom of Matushree Dastar

VERMA
GURDASPUR, JULY 16

Matu Matushree Dastar Company in collaboration with Mr. Abhey Kumar Jain, owner of Matushree Dastar, has opened its 31st premium store of Ladies Suit No. 1 of Matushree Dastar at Hariyali Butter Road, which was specially inaugurated by Gurpreet Singh Ghuggi, Brand Ambassador of Matushree Dastar. and Sales head India Incharge Gaurav Khurana and Company's Area Manager Deepak Sharma.

On this occasion Gaurav Khurana while talking to the journalists said that in collaboration with the owner of Matushree Dastar Mr. Abhey Kumar Jain, his new brand Uncle Om which is the heart of ladies suits is being launched. On this occasion, Gaurav Khurana said that the



company Matushree Dastar, which has been manufacturing fine quality turban fabric since 1970, is supplying it all over India. Fabric is prepared from fine cotton yarn and it is dyed in more than 550 colors. Gaurav told that the complete information of the customer who buys Dastar from Matushree Dastar's store is kept, so that they do not have to face guarantee or any kind of problem.

He said that from time to time the company is also providing offers for the cus-

tomers which are available only at all Matushree stores. Former cabinet ministers Tript Rajinder Singh Bajwa, Gurikbal Singh Mahal incharge Shiromani Akali Dal constituency qadian, Gurinder Pal Singh Gora, Dr. Kamal Jyoti, Ashwani Verma,

Lovely Bajwa, Chairman Market Committee Kahanuwan Jaspal Singh Pandher, Shamsher Singh Randhawa, Ajay Kumar Ramandeep Singh, circle Incharge Sukhdev Singh Dhandhal, Dr. Bikramjit Singh Bajwa, Vijay Kumar, Ashok Kumar Councillor, Gagandeep Singh Ginni Bhatia, SHO Sukhraj Singh, State President of Jagat Punjab Sabha Canada Mukesh Verma Pradhan Jasbir Singh Sargara General Secretary Pawan Bhardwaj were also present.

Teej festival under Teeyan Ghar Diya Raunkan held



GURDASPUR (VERMA): Today, Teej festival was celebrated with great fanfare by Eizen Edutronics at Hotel Opulance in the presence of Abhinav Mahajan and Natasha Mahajan, President and Director of Pathankot Academic Association. In which around 100 children participated and showed their talents. On this occasion, dance, singing, modelling, Gid-dha-Bhangra, Punjabi drama 'Tiya Ghar Diyan Raunkan' were presented by the children.

Which was greatly appreciated by the attendees. The main objective of this program was to make the coming generation aware of their culture. While addressing, Director Abhinav Mahajan said that the way today's young generation is slowly running away from their civilization and running after western culture, it is a matter of deep concern.

CSC Society to make 50,000 citizens digitally literate with help from Dell Technology, learning links foundation: Anuj Sharma

SHARANJEET
PATHANKOT, JULY 16

CSC Society Pathankot Punjab by District Education Officer Secondary Rajesh Kumar in Pathankot Learning Links Foundation and Dell Technology and CSC.

The Digital Literacy Program to be launched by e-Governance, information course on cyber security and coding to the students were briefed.

Society president Anuj Sharma said that about 50,000 students and citizens in Pathankot will be educated about financial literacy and cyber security so that they can get information about things related to cybercrime coming into their lives. This program will be taken to the people by Hasrat Ali, trainer



of Learning Links. Hasrat Ali said that in the last 3 years, he has been educating people across India on the topics of financial literacy, digital literacy, cyber security and coding.

Society President Anuj Sharma said that this program in Pathankot will prove to be very beneficial for all people and the people of our district will get information

about important topics and the digital literacy rate in Pathankot district will be 100 percent.

Deputy DEO Rajeshwar Salaria Appreciated the efforts of the CSC society. On this occasion, DICE Head Manish Kumar, DEO Secondary Rajesh Kumar, Deputy DEO Rajeshwar Salaria, Hasrat Ali from Learning Links were present.

Police arrest person with five grams of heroin



KULJIT SINGH DHINGRA
RAMPURA PHUL, JULY 16

On the orders of senior police captain Bathinda Guljit Singh Khurana and under the direction of DSP Ashwant Singh Dhalival, the police arrested a person with heroin as part of the anti-drug operation. is Gobind Singh, in-charge of Chowke Police Station, informed that during the patrolling, when they reached Dana Mandi, Gurpreet Singh alias Tidda son of Gurtej Singh, a resident of Chowke, was making a transparent envelope. On checking, 5 grams of heroin was recovered from it. A case has been registered under various sections against the alleged accused at Sadar Rampura police station and further proceedings have been initiated.

Dist suffers loss of
Rs 126 crore due to
monsoon rains: DC



KISHORI LAL BAINS
UNA: District Disaster Management Committee Chairman and Deputy Commissioner Una Raghav Sharma while giving information said that due to heavy rains in district during monsoon, a loss of about Rs 126 crore has been estimated so far. He told that there has been a loss of about Rs 3 crores in agriculture sector and about Rs 80,000 in horticulture sector. He informed that pucca and kutcha houses worth about Rs 2.30 crore have been completely/partially damaged, in which eight pucca houses and 34 kutcha houses were completely damaged and 65 pucca houses and 53 kutcha houses were partially damaged. Apart from this, one shop and 95 cowsheds have been completely damaged. He informed that schemes worth Rs 42 crore to the Public Works Department, Rs 52.50 crore to the Jal Shakti Department, Rs 2.90 crore to the Swan River Flood Management Project and Rs 22.30 crore to the Electricity Department have been affected. He told that the Animal Husbandry Department has suffered a loss of about 8.17 lakhs. The loss to the Education Department has been estimated to be around Rs 8.25 lakh, the Health Department to be around Rs 8.10 lakh, and the Soil Conservation Department to the tune of Rs 15 lakh. DC said that there has been a loss of Rs 28 lakh in Nagar Parishad Una, Rs 3.60 lakh in Nagar Panchayat Daulatpur Chowk and Rs 50 lakh in Amb. Apart from this, 5,70 lakh due to arson incidents, Rs 6.20 lakh due to water logging and damage to retaining walls of about Rs 1.01 crore.

Unfortunately, we are
witnessing divisions in religious
traditions: Dalai Lama

SANJAY AGGARWAL
DHARAMSHALA, JUL 16

The Dalai Lama, the spiritual leader of the Tibetans, has said that unfortunately in today's world, we often see prejudice and division arising between our religious traditions. Our different religions may take different philosophical approaches, but they all exhort us to be kind and helpful to each other. The Dalai Lama was speaking in Leh. He said that at present there are many people who have little personal interest in religion. Still he takes interest in the Tibetan tradition. Even in places where Buddhism spread and declined, it is appreciated. Because its foundation is compassion. It is praised even by people who have no real interest in religion. The Dalai Lama mentioned that there are many religious traditions in the world. He recalled that there was a community of Muslims in Lhasa who were not only recognized by the Tibetan government, but were also invited to government events. He said that the Buddha removes the impurities of his mind and attains the knowledge-truth body. And the basic element to get it is also within us. This is the fundamental nature in all of us on the basis of which we can attain enlightenment. The Dalai Lama said that when we finally succeed in removing the impurities that cloud the mind, we too can attain the true body that the Buddha attained.

HIMACHAL

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

Govt introduces Biofloc Technology as new 'blue revolution'

DINESH AGARWAL
SHIMLA, JULY 17

In a remarkable endeavour to transform the state's economy, the Himachal Pradesh government is orchestrating the blue revolution, a movement propelled by the visionary efforts of Chief Minister Thakur Sukhvinder Singh Sukhu. At the heart of this revolution, lie the bountiful rivers of Himachal, teeming with an invaluable water wealth. Recognizing the untapped potential, the government is spearheading a blue revolution, harnessing the streams of these rivers to invigorate the state's fortunes.

A key aspect of this transformative movement is the promotion of fisheries on a commercial scale, aiming to fortify the rural economy with a fresh wave of prosperity. With a strategic focus on reservoirs viz: Govind Sagar, Pong, Chamera, Ranjit Sagar, and Koldam, the government is generously extending incentives to



fishermen, paving the way for their economic well being.

To propel trout production to new heights, the government has embarked on an ambitious plan to construct 120 trout units. Fueling this vision, at present a significant amount of Rs. 202.838 lakh has been allocated under the Pradhan Mantri Matsya Sampada Yojana, empowering various circles to establish 106 trout units. Currently, the selection process for beneficiaries and the distribution of gratuity amount

are underway at the district and divisional levels, ensuring a seamless implementation of this transformative initiative. These endeavours have kindled tremendous possibilities for trout fish production in the high-altitude regions of the state. The government's commitment to revolutionize the fisheries sector doesn't stop there. It has dedicated Rs. 60 lakh for the construction of two 'state-of-the-art' trout hatcheries, heralding a new era of advanced aquaculture

practices. Embracing modern fish farming techniques, the state is enthusiastically promoting the adoption of Biofloc, a cutting-edge methodology. Biofloc Technology (BFT) is considered as new "blue revolution" since nutrients can be continuously recycled and reused in the culture medium, benefited by the minimum or zero-water exchange. BFT is an environment friendly aquaculture technique based on in-situ microorganism production. In pursuit of this, the government plans to establish five small-scale bio floc units across the state, empowering and uplifting individuals associated with the fisheries industry. To this end, an allocation of Rs. 19.50 lakh has been disbursed to various circles. Recognizing the vital role of fish feed in ensuring the sustenance of this sector the government has allocated Rs. 42 lakh to establish three fish feed plants within the state.

CM justifies VAT hike on diesel

DINESH AGARWAL
SHIMLA, JULY 16

Himachal Pradesh Chief minister Sukhvinder Singh Sukhu on Saturday justified hike in Value Added Tax by Rs three on diesel, claiming that it was still lower than neighbouring states of Punjab, Haryana and Uttarakhand. Interacting with media persons here, he attributed hike in VAT on diesel to variation in the prices of diesel between the state and the surrounding states. He further said that states like Punjab, Haryana and Uttarakhand have levied much higher VAT on diesel than Himachal Pradesh. The Chief Minister said that it is essential to keep the prices of diesel and petrol at par with other states and the state could not be lone exception. Criticising former BJP government, he said that during the 2022 electioneering, it had promised to reduce VAT on fuel prices by Rs seven per litre, which was far less than other states, he pointed. He said that the state has received Rs 150 crore as advance instalment to



Clamity Relief Funds, however, the Centre has not yet announced any package or additional relief to the state to assist in relief operations. Sukhu also said that he had called Union Home Minister Amit Shah seeking the central assistance and he has assured to announced it soon. He expressed happiness that there was not a single reported death of tourist in the torrential rain and flashfloods that affected the state from July 7 to 10, and about 70,000 stranded tourists were evacuated from the state till this morning, he added.

Negi denies claims of Anurag Thakur, Jai Ram Thakur over financial assistance

DINESH AGARWAL
SHIMLA, JULY 16

Revenue Minister Jagat Singh Negi has rebuffed the Union Minister Anurag Singh Thakur and leader of opposition Jai Ram Thakur's claims regarding the financial assistance of Rs. 400 crore by the Central government to the state during the present disaster.

In a statement issued here today, Revenue Minister Jagat Singh Negi said that till now no help has been received from the Central Government for the current disaster in Himachal Pradesh. He said that an amount of Rs. 360 crore was released annually by the Central Government to the State Disaster Relief Fund (SDRF), which was the quarterly share received by the State from the



Central Budget. He said that every year Himachal Pradesh gets its share of Rs. 360 crore in SDRF in the ratio of 90:10 in two installments in the months of June and December. The Central Government has given both these installments to the State Government in the month of July this year. The second installment was released to the state in lieu of the

damages caused during snowfall in December, which has been released earlier by the central government this time. He said that Himachal Pradesh's outstanding funds of Rs. 315 crore under the National Disaster Relief Fund (NDRF) were lying with the Central Government, which should be released at the earliest.

The Revenue Minister made it clear that no funds have been released by the Central Government to Himachal for the situation arising out of the disaster during this monsoon season. He said that Anurag Thakur as a Union Minister and Jai Ram Thakur as a former Chief Minister must know the facts and should not lie to the people of the state.

Jagat Singh Negi said that there has been a huge loss of

government and private property in the state during this tragedy. Along with power and water projects, roads have also suffered heavy damage, which would likely to take more than a year to restore. He said that the state government has written a letter to the Central Government to release an interim relief of Rs. 2000 crore. He said that the Central Government should have to release this amount as soon as possible.

He said that Himachal has witnessed a terrible tragedy, in such a situation, Union Minister Anurag Singh Thakur and former Chief Minister Jai Ram Thakur must leave aside their political motives and should help the state government to get this amount from the Government of India.

Instructions issued for wheat procurement on Flour Millers M-Junction portal

SANJAY AGGARWAL
DHARAMSHALA, JUL 16

Food Corporation of India, Flour Millers for procurement of Rice Grade-A, Fortified Rice and Wheat on weekly basis under Open Market Sale Scheme under Himachal Pradesh Region with the objective of stabilizing the price of food grains by making adequate quantity of food grains available in the market, Flour mill and processor owners can empanel themselves with the m-junction portal to participate in the e-auction of rice and wheat. Giving this information, Food Corporation of India Manager Amit Gaurav said that listing of buyers is a continuous process. As per Tatkaal instructions e-auction notice is being issued every Friday and e-auction is conducted every Wednesday. The reserve price for sale of rice (Grade A) is Rs. 3100 per quintal, for rice (fortified) Rs. 3173 per quintal with other applicable taxes and Wheat Rs. 2150 - per quintal, wheat Rs. 2125 - per quintal along with other applicable taxes is fixed. Tenders for the remaining period of the month of July, 2023 will be issued on July 14, July 21 and July 28 and e-tender will be held on July 19, July 26 and August 2. The auction window will be kept open from 11.00 AM to 2.00 PM on the day of e-Auction. Indenting buyers can bid for a minimum quantity of 10 MT and wheat will be done in a single e-auction for all the depots simultaneously and not more than 100 MT per bidder. While up to 1000 metric tonnes can be bid for rice.B

Industries raise demand for proposed master plan of 2 decades

SHANTI GAUTAM
BADDI, JULY 16

Various industrial organizations of Himachal Pradesh explained the problems faced during the disaster, while requesting the governments to prepare a blueprint for development and infrastructure keeping the coming two decades in front. The way Asia's largest industrial area Baddi Barotiwala became an island due to collapse of bridges and roads from all sides, where the industry had to bear the loss of crores of rupees, the weak infrastructure was also exposed. This joint press conference was organized under the banner of International Industry Organization Federation of Indian Industry, in which Laghu Udyog Bharti, Himachal Drug Manufacturers Industry Association, BBN Packagers Association, Pradesh Aggarwal Sabha, Nalagarh Industries Association, Baddi Industries Association, FIL, Joint Trade Board And representatives of Him Industrial Welfare Association participated. HDMA Chairman Satish Singla said that this disaster has taught



us a lot. Governments should draw a 20-year blueprint for the development of BBN that what we want and what we need. The area should be developed here like Greater Noida and Mohali GMADA. 50 percent production of factories in the state is closed, while the government gets 27 percent revenue of the entire state from here. State President of Aggarwal Sabha Sumit Singla said that when the governments in BBN have not provided the facilities which are necessary for the development of industries and human beings, then there is no justification left to stay here and people commute from Chandigarh.

Blood donation camp organized by HPCL on 49th Foundation Day

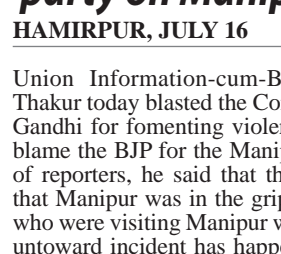


ANWAR HUSSAIN
NALAGARH: HPCL Depot located at Dadi Kania celebrated the 49th foundation day of the company with pomp and various programs were organized. A blood donation camp was organized with the help of Jan Kalyan Samiti in the depot premises located at Nalagarh, in which Guru Kripa located at Ropar Blood was collected by the team of Blood Center during blood donation camp. In this camp, 42 people earned merit by donating blood. Depot in-charge Sanjay P Kumbhare said that blood donation is a great donation that can save many precious lives. Everyone should donate blood to give life to the people suffering from it. Apart from this, plantation programme was done and 30 saplings were planted in the depot premises. Apart from Nalagarh depot location in-charge Sanjay P Kumbhare, senior manager Neeraj and other staff officers were present, apart from Jan Kalyan Samiti President Vishal Parmar, all the staff and security supervisor Mohanlal were present.

DINESH AGARWAL
SHIMLA, JULY 16

The State Taxes and Excise Department has intensified the campaign in the entire state to prevent the illegal selling of liquor. Under this campaign, teams formed from different areas are taking action at different places, while a special team of the department has also cracked down on illegal liquor traders in the entire state. Excise Commissioner Yunus informed here today that in this special campaign, the team raided different places in district Bilaspur on the basis of secret information and seized around 408 cases of English and country liquor. He said that in this action, 20 cases were registered under section 43 and one case under section

750 boxes of illegal liquor seized



illegal liquor have been seized by the teams of all the districts in different 196 cases. Apart from this, 47087 liters of Lahan were also seized and destroyed after taking action under the Excise Act. Strict instructions have been given to all the districts to take stringent action against the sale and transportation of illegal liquor, said the Commissioner. He also requested the general public to bring any issue related to illegal liquor to the attention of the department as soon as it comes to the notice. He also informed that the work of the Excise Department has been made online, under which all types of licenses, permits and passes are being issued online. This will ensure more transparency in the work of the department, he added.

'Hamirpur suffered loss of loss of 359 cr and eleven deaths due to heavy monsoon rains'

HAMIRPUR, JULY 16

Union Information-cum-Broadcasting Minister, Anurag Thakur said today in Bilaspur that there was a need for helping those who had lost their lives and properties during the current monsoon rains and a loss of 359 crore rupees had been incurred by the people of Hamirpur Lok sabha seat consisting of the districts of Hamirpur, Una and Bilaspur. While addressing a meeting of DISHA (The District Development Coordination and Monitoring Committee) here today, he said that besides eleven people had also lost their lives due to flash floods in the constituency. Notably, the main objective of the District Development Coordination and Monitoring Committees (DISHAs) is to ensure better coordination among all the elected representatives in Parliament, State Legislatures and Local



he had directed all the ministries to extend adequate help to the states where monsoon rains had caused havoc" he told the meeting.

He said that the funds given by the MP's under MP development funds were fully utilized in time and no laxity in this respect would be tolerated as these funds were for the wellbeing and welfare of the common people.

The minister said that the central government had introduced crop insurance schemes for all crops and now dates for the insurance of Kharif crops had been extended by July 31st for the benefits of the farmers.

Kanwariyas perform Jalabhishek of Shivling with Gangajal

JOGINDER DEV ARYA

BANGANA: In district Una's famous and historical Sada Shiv Dhaumeshwar Mahadev Temple, Talmehda Bahi, every year the Kabadis perform Jalabhishek of Shivling with Ganges water. This year too, the Kawanriyas carried Ganga water from Haridwar to Sada Shiv Dhaumeshwar Mahadev Temple, Talmehda Bahi and traveled from Haridwar to Kabad for 13 days. in Puri. On Sunday morning, they performed Jalabhishek of Shivling with Gangajal. They told that on 3rd July they had started the journey after taking blessings from Sada Shiv Dhaumeshwar Mahadev Temple, Talmehda Bahi and on 5th July Haridwar started their journey on foot by filling Gangajal from Harki Paidi. On the other hand, Sada Shiv had reached Dhaumeshwar Mahadev temple on Saturday late evening. After resting overnight, on Sunday morning, after taking bath, the priest of the Shiva temple, Pandit Rakesh Sharma, after duly worshipping, performed



Jalabhishek on Shiva Pindi by chanting mantras with Gangajal. All the members of Kanwad Committee Bangana have expressed their gratitude for the cooperation of all the Kawandiyas by the Sada Shiv Dhaumeshwar Mahadev Temple Committee Trust for their full cooperation in this program. Pandit Rakesh Sharma, the priest of the temple committee, told that after duly worshipping all the Kawandis, Jalabhishek was done on the Shivling with the water of the Ganges.

Anurag Thakur blasts Congress party on Manipur violence issue

HAMIRPUR, JULY 16

Union Information-cum-Broadcasting Minister, Anurag Thakur today blasted the Congress party and its leader Rahul Gandhi for fomenting violence in the country and trying to blame the BJP for the Manipur violence. Talking to a group of reporters, he said that the Congress party was claiming that Manipur was in the grip of violence through its leaders who were visiting Manipur without any work. He said that no untoward incident has happened in Manipur for the last ten days, but Congress wanted to spread unrest by sending its leaders to Manipur, it will not be acceptable to anyone. He said that there were some people and parties who did not want to see peace in the country and the Congress party was one of them. He said that the work of laying down arms in the North East has happened under PM Modi's rule and peace agreements have also been signed. Anurag Thakur said that it is wrong on part of the Congress party to create unrest in India through its leader and such things would not be tolerated. Thakur who is on a four days tour of the Hamirpur parliamentary constituency to supervise the relief and rescue operations and to know about the causes of the heavy rains and floods said that even in the calamity, the state Congress government showed no mercy to the people.

Dhakoli police arrest one with 3 boxes of liquor

VICKY BHABAT ZIRAKPUR: During the blockade by Dhakoli police, a person has been arrested with 3 boxes of illegal liquor. Investigating officer Amit Kumar said that the accused has been identified as Sanjay son of Ram Kesh resident of Pirmuchhalla Dhakoli slum. A case has been registered against the accused in Dhakoli police station and the seized liquor has been taken into possession. Investigating officer Amit Kumar said that his police party was present at Pirmuchhalla barrier, then an informant told that the said person is used to selling illegal liquor, who brings cheap liquor from Haryana and sells it at expensive price in Punjab and even today he Bringing illicit liquor from Haryana. He said that if the raid is done now, he can be caught red-handed. The police raided and seized three boxes of juicy orange liquor. This liquor was sellable only in Haryana, for which the said accused could not produce any license. Former councilor and BJP leader Bhupinder Singh suffered for his mother's sake

Tributes paid by political and social organizations

VICKY BHABAT ZIRAKPUR: Today, funerals for former councilor and BJP leader Bhupinder Singh's mother Pritam Kaur were held at Gurdwara Shri Bauli Sahib Dhakoli, in which a large number of political and social organizations reached the Gurdwara Sahib to pay their respects and cheer the family. On this occasion, former Constituency MLA AN K Sharma, BJP Leader Harjit Singh Grewal, BJP Leader Mukesh Gandhi, Mukesh Rana Ex-President District Mohali BJP, Sukhwinder Goldi Ex-President BJP District Mohali and other party leaders were present. Bhupinder Singh's mother passed away on July 10 after a long illness. Earlier, Maharani Parmeet Kaur (MP) and senior BJP leader Sanjeev Khanna visited his house and expressed their regret.

Jagraon police arrests 1 person with illicit liquor

SUKH NAHAR JAGRAON: Jagraon city police has arrested 1 person with 30 liters of illicit liquor, 35 liters Lahan and other commodities used to produce illicit liquor. Police has filed FIR against the accused under excise act. The accused has been identified as Jagtar Singh alias Pappu son of Jangir Singh resident of Kothe Baggu. ASI Balraj Singh giving more information about this said that accused carries out a business of peddling illicit liquor. "Police arrested the accused while he was present near new grain market of Jagraon waiting for his customers. Further investigation in this case has been initiated.

Basketball matches conducted for children of special, observation homes



DALJEET AJNOHA HOSHIAHPUR: On the guidelines of the Director Social Security, Women and Child Development Department, basketball matches were conducted for co-resident children at Special Home and Observation Home, Hoshiarpur. On this occasion Assistant Commissioner (General) Vyom Bhardwaj and Executive Director and State Head Indian Oil Corporation Jatinder Kumar launched the program 'Transform Prison to Pride' and 'New Direction Smile for Juvenile'. done Jatinder Kumar said that such programs by the Indian Oil Corporation are helping in raising the children's behavior and building self-confidence. On this occasion, Assistant Commissioner Vyom Bhardwaj congratulated the resident children of the Juvenile Home by telling them about the importance of sports and said that sports instill discipline, competitive spirit, respect for time and sense of progress.

St. Peter's Convent School celebrates Van Mahautsav by planting saplings in Rakhra

RAKESH JINDAL NABHA: The drive to plant fruit trees by Surinder Pal Sharma Chairman Improvement Trust Nabha at St. Peter's Convent School, Rakhra was started by planting a mango tree. At this time, Surinder Pal Sharma said that it is his intention that every child of Punjab and people of every class can eat fruits easily, under this aim, mango, jamon, dhew, amla, guava, papaya, in schools and public places. Bill etc. saplings are being planted. He said that planting fruit trees is very important for the bright future of Punjab, because by planting fruit trees in schools, the children will not only get a balanced diet, but also learn how to maintain these trees.



YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

Three arrested with 33 stolen ATM cards, two cars, two LEDs

VICKY BHABAT ZIRAKPUR, JULY 16

In the drive to curb the incidents of frauds, SAS Nagar Police got a major breakthrough when a team of Zirakpur Police , under the supervision of Sh. Manpreet Singh , SP(R), SAS Nagar and guidance of Sh. Bikramjit Singh Brar, PPS, DSP SD Zirakpur, led by Insp. Simarjit Singh, SHO PS Zirakpur & SI Jashan Preet Singh busted an inter-state ATM fraud gang, that was active in Punjab & Haryana and arrested all three of its members, following which several stolen Atm cards were recovered, said Dr. Sandeep Garg IPS, SSP SAS Nagar. Further briefing the media, the SSP said that acting on



a tip off, a police check barrier / nakka was laid at Big Bazar Baltana, during which one of the gang members namely Nikhil Thakur s/o Bachitar Singh r/o District Hamirpur, HP now r/o Jaipuria society VIP road, Zirakpur was arrested along with a Cruise Car, from which 23 ATM

cards were recovered that were stolen by the accused from different locations of tricity.

During the preliminary interrogation, accused Nikhil Thakur disclosed that a person named *Sonu Mehta* s/o Manager Prasad r/o Value Homes society, Dhakoli and his wife

Diksha were also involved with him. Acting on the information, the police also arrested Sonu Mehta and Diksha and further recovered 10 stolen Atm cards, one Ertiga Car and two LEDs from their possession.

Modus Operandi:- The investigation has revealed that accused Nikhil Thakur used to roam in Zirakpur and Panchkula areas to conduct recce of the ATMs located in secluded areas and to find vulnerable targets in order to commit frauds, whereas his associates Sonu and Diksha used to guard the ATMs from outside. On the pretext of helping people, they would swap their ATM cards with the victims and withdraw the amount from ATMs.

Simar Pratap Singh bags silver medal in state shotgun championship

JAGRAON (SUKH NAHAR): State level Shotgun championship was conducted at village Bhucho. Players from several districts of Punjab participated in the championship. 25 players in the age group of 21 to 40 participated in the championship. In the competition, Yuvraj Singh stood first and obtained a gold medal while Simran Pratap Singh of Ludhiana bagged a silver medal and Aditya Pratap Rana of Patiala claimed a bronze medal. DC Shaukt Ahmed and Punjab rifle shooting association general secretary Pavanpreet Singh Dhillion gave prizes to the winners and encouraged them.



Pregnant flood victim lady ferried to hospital safely: DC

SUMER GARG MOONAK, JULY 16

Deputy Commissioner(DC), Sangrur, Jatindra Jorwal today visited Khanauri and nearby flood-affected areas along with Additional Deputy Commissioner, Vikas Varjit Walia; Assistant Commissioner, Nitesh Jain; EO, Khanauri and took the stock of the ongoing arrangements to protect against flood water. He said that the district administration(DA), NDRF with help of the jawans of army day and night is trying to bridge the gaps in the Ghaggar river.

He said that a breach near village Banarasi RD 122 has been successfully bridged, tireless efforts are on to complete other breaches and to give the necessary relief to the people of flood-hit areas. DC reviewed the work of filling up the gaps on the banks



of Ghaggar river in Khanauri area. He said that the flood water level has started to decrease and the DA is ready to deal with the potential challenges that may arise after this. He said that the DA received a call from Bhundar Bhaini about a high risk pregnant woman needing emergency medical assistance, while taking immediate action, the emergency medical team was dispatched by boat to her house, surrounded by

flood waters and with the support of NDRF the woman was sent to civil hospital, Sangrur by an ambulance.

The Deputy Commissioner said that in three relief centers, the administration has made complete arrangements to deliver food items, green fodder and feed to the affected people. He said that all necessary facilities are being provided to the people brought to the relief centers located at Moonak.

Prompt action taken to protect people from deadly diseases during severe flood situation: Health min

RAM SINGH DHALIWAL MANSA, JULY 16

Punjab government led by Chief Minister Mr. Bhagwant Singh Maan is continuously organizing medical camps in the affected areas of the state with the support of government and non-government organizations to protect the people from deadly diseases during the severe flood conditions.

These views were expressed by Health and Medical Education Dr. Balbir Singh during a meeting held with officials of the District Administration, IMA, Chemist Association at the local Bachat Bhawan. Presiding over the meeting Health Minister appealed to the Indian Medical Association that your medical staff should be



deployed in the flood-affected areas with ambulances along with medicine. He said that and free medicines are also being provided to the patients at medical camps and there is need to enhance more such services in flood affected area. Replying to health Minister, President of Indian Medical Association Mansa Dr. Janak Raj Singla said that 1 ambulance has been provided to the Health Department and Rs. 51 thousand has been sent to the Chief Minister's Relief Fund for

the flood victims. Apart from this, a list of 13 private hospitals will be sent to Civil Surgeon Mansa where free treatment will be provided to flood affected people. Health Minister expressed satisfaction with the arrangements made by the Deputy Commissioner Mr. Rishipal Singh and the MLAs for the flood-affected villages in the district and other necessary arrangements including food, drink and accommodation at relief camps.

DM reviews Aadhaar progress, newly launched Document Update Services

CHANDIGARH (RAJIV JAIN): Chairing the District Level Aadhaar Monitoring Committee, District Magistrate Vinay Pratap Singh Urged people to update documents in their Aadhaar in case they have not updated them during the last 8 to 10 years, i.e., prior to 2015.

The DM was appraised by the representative of UIDAI that a new exercise has been initiated to strengthen citizens' Aadhaar by updating latest Proof of Identity (POI) and Proof of Address (POI) documents. Under the initiative, the residents have to upload latest documents in Aadhaar in cases their details have not changed in last 8-10 years.

The feature is accessible online through 'my Aadhaar' portal or at all Aadhaar enrollment centers, thereby the citizens must use these options to update their details to avoid any inconvenience. Residents have to pay only Rs 50 for updating the Aadhaar at enrolment centers. However, for online updation, the fee has been waived of till 14th September 2023. The DM has instructed to organize Document Update Camps in all 35 wards of UT Chandigarh in next 2 weeks in association with Municipal Corporation and RWAs.

He also appealed to parents to get their children enrolled for Aadhaar if they have not enrolled yet. He further added that Biometrics of children who have attained the age of 5 and 15 years respectively should be updated at nearby Aadhaar Enrolment Centers. This facility has been provided in selected Govt. Schools of Chandigarh as well. The list of Aadhaar Enrolment Centers can be seen at www.uidai.gov.in.

Floods may cause destruction again: Baljit Singh Bhutta



FATEHGARH SAHIB (AJAY MALHOTRA): If the arrangements for the drainage of heavy rain water are not fixed, then in the near future the flood may cause heavy destruction in Fatehgarh Sahib. These views were expressed by the former chairman of Zila Parishad Fatehgarh Sahib Baljit Singh Bhutta while talking after taking stock of the damage caused to the shopkeepers near Jyoti Sarup Chowk. Bhutta said that due to the negligence of the governments and administration, there have been obstructions in the waterways.

He said that the water from heavy rains overflowed from Sirhind Chow and entered the colonies, houses and shops of Sri Fatehgarh Sahib because of illegal encroachment on this chow. He said that due to the lack of proper management of bridges and culverts in village roads, the roads have collapsed and crops have been damaged. Baljit Singh Bhutta demanded immediate compensation from the Punjab government for the flood-affected people and said that considering the drainage of water, the Hansla River (Sirhind Chow), which according to records is 60 feet wide from Mahadhian village to DC complex, but at present the water comes out only from 20 feet.

PGI Hematology faculty and scientists to receive advanced training by American Society of Hematology

CHANDIGARH, JULY 16

Three doctors from the PGIMER's Department of Hematology, namely Dr. Sreejesh Sreedharanunni (Associate Professor), Dr. Pulkit Rastogi (Assistant Professor), and Dr. Manu Jamwal (Research Associate), have been granted the prestigious opportunity to participate in the American Society of Hematology's (ASH) Visitor Training Program (VTP) for 2023.

The ASH VTP offers funding for a comprehensive up to 12-week advanced training program to healthcare professionals hailing from low and middle-income countries. This initiative aims to enhance their capacity to combat prevalent and critical blood diseases. Throughout the program, participants are mentored by experienced senior hematologists from the United States and Europe, while working in clinics or laboratories. After the training concludes, the awardees bring their newly acquired knowledge and skills back to India to implement them in patient care. These three doctors will be undergoing specialized training in various aspects of blood diseases. Dr. Sreedharanunni will receive training in Texas, USA, while Dr. Rastogi will be trained in Munich, Germany. Both will focus on advanced genetic techniques for diagnosing life-threatening blood cancers.



RCED takes Tech Mahindra Foundation SMART students on World Youth Skills Day with Hop-On Hop-Off Bus Tour



CHANDIGARH, JULY 16

On World Youth Skills Day, the Regional Center for Entrepreneurship Development (RCED) organized a special event in Chandigarh for the Tech Mahindra SMART Students. The aim was to promote skill development and encourage community engagement. To achieve this, RCED arranged a day-long trip on a Hop-On Hop-Off bus, giving the students an opportunity to explore the city's main attractions while highlighting the importance of skills. The Tech Mahindra

SMART Students embarked on an exciting journey, boarding the Hop-On Hop-Off bus, which provided a convenient and immersive way for them to experience the essence of Chandigarh. The tour began with a visit to a well-known art museum in sector 10, where the students had the chance to appreciate the city's rich artistic heritage.

The next stop on the itinerary was Sukhna Lake, a serene and picturesque destination that offered the perfect setting for the students to relax and connect with nature.



SUKH NAHAR JAGRAON, JULY 16

District Ludhiana rural police is carrying out a campaign against bad elements under the guidance of SSP Navneet Singh Bains. In continuation to this campaign, police arrested 4 persons and recovered illegal arms from them.

Giving more information about this, DSP Dalbir Singh alongwith CIA staff incharge inspector Hira Singh said that police has arrested 4 persons

and recovered illegal weapons including 1 pistol 32 bore, 1 country made 12 bore pistol and 2 cartridges in different cases.

"In the first case, on the basis of information, police arrested Ajay son of Kaka Singh and Rajinder Kumar alias Ricky son of Ashok Kumar while they were present at Raikot Road, Jagraon and recovered illicit arms from them and filed FIR 138 against them under section 25/54/59 of Arms act," he stated. Singh further

said that in the second case, police arrested Jagdeesh Singh alias Fenta son of Harjinder Singh and Jaspreet Singh alias Jassa son of Paramjeet Singh and recovered 1 .32 bore country made pistol, 2 live cartridges and a motorcycle. "Police has filed FIR 98 against them under section 25/54/59 of arms act at police station Sadar Raikot," he said. Police has obtained remand of the accused as there is high possibility of recovery of more ammunition.

16 schools in flood affected villages to remain closed till July 22

ASHISHPURI KAPURTHALA, JULY 16

District Magistrate cum Deputy Commissioner Kapurthala Captain Karnail Singh has ordered that 16 schools in flood affected 11 villages of sultanpur Lodhi Sub Division to remain closed till July 22. According to the orders issued by DM, it was found necessary as per the reports submitted by DEO Secondary and DEO Primary to close these schools due to water logging during the flood.



and Govt Primary and secondary school Jabowal. He also made it clear that all other government / aided / Private schools will open from today .

It includes Govt. primary school chananwindi , Govt Primary and Secondary school Sheikh Manga , Govt Primary schools Takia , Govt Primary and secondary school wattan wali , Govt Primary school Bharowana , Sherpur Sadha and Bhagho Ariyan , Govt Primary and secondary school Mand Inderpur , Govt Primary school saroopwal, Govt Primary and secondary school shahwala

Balkar Sidhu announces one month salary, other relief materials for flood victims

KULJIT SINGH DHINGRA RAMPURA PHUL, JULY 16

Constituency Rampura Phul MLA Balkar Sidhu has come forward to help the flood victims. He announced that he will deposit his one month's salary in the Chief Minister's Relief Fund to help the flood victims of Punjab. Similarly, help has been announced for animals in the form of green fodder.

He said that with the help of Aam Aadmi Party constituency workers, leaders and well-minded people of the area, they are sending 10 trucks from Rampura Phul constituency by preparing green fodder for cattle. Out of which 2 trucks of pickles will be sent. The MLA said that even though no one is pushing for natural crops, but still for the help of the farmers of the flood-affected areas, they



have sown 2 acres of late type of paddy, which will be sent to the concerned areas on time. In the same way, he said that a proposal has also been made by Gurcharan Singh Karawala, a forward-thinking farmer of the area. About 25 villages of Paneeri are being prepared. Balkar Sidhu also said that it has been a tradition of Punjabis to come to work in pain. Therefore, they hope that even now Punjabis people will become the dhoi of their own Punjab people. The MLA said that Chief Minister

Bhagwant Singh Mann himself is going to the flood-affected areas to take stock of the victims. He has released grants of crores of rupees for the farmers and all the affected sections so that the affected people can get back on their feet and move forward together for the creation of a colorful Punjab. On this occasion, AAP leaders Robby Brar, Sukhi Maluana, Seera Maluana, Sukhpreet Mehraj, Nimma Mehraj, Inderjit Bawa, Gurjit Bhundar, Sher Bahadur Dhaliwal etc.

Munde Ahmedgarh de Welfare Club presents oxygen cylinders to Amarnath pilgrims



AHMEDGARH (MAHAVIR GOYAL): The 23rd Vishal Langar has been installed at Baltal by the Langar Committee of Sri Hanuman Mandir Malerkotla under the patronage of Sri Sanatan Dharma Sabha registered Punjab for the pilgrims participating in Sri Amarnath Yatra. In which oxygen cylinders were serviced by Munde Ahmedgarh de welfare club under the leadership of President Rakesh Garg. Mr. Mahavir Goyal, press secretary of the club, said that many Amarnath pilgrims had difficulty in breathing Considering all these difficulties, our club has arranged mini oxygen cylinders so that devotees can visit Bholenath comfortably and with devotion.

Under this series, President Rakesh Garg ji presented these cylinders to the Amarnath Langar Committee along with dignitaries of Ahmedgarh. The officials of the Hanuman Temple Langar Committee Malerkotla have said that many devotees used to be deprived of seeing Bholenath for fear of suffocation. But now they will visit with the courage of cylinders. They expressed his sincere gratitude to the Welfare Club of Munde Ahmedgarh.

Inspector Balwant Singh
takes charge of police
station City-2 as SHO

KULDEEP SOOD
BARNALA: At Police Station City-2, Inspector Balwant Singh has taken charge of City Police Station-2 as an SHO. While talking, Inspector Balwant Singh said that



when he was a sub-inspector, Barnala city used to come under a single police station, but due to the increasing size of the city day by day and to crack down on crime, it has been divided into two parts. He laughed and said that when I was a sub-inspector, I used to serve the entire city, now that I have become an inspector, now half the city has come to serve under me. He said that before this I have also performed duty in the crime branch. I am very thankful to the SSP of the district Mr. Sandeep Malik who made me in charge of SHO City-2. I will follow the guidelines issued by them, control drugs, and crack down on anti-social elements.

Paddy seedlings planted on
six acre land of Baba
Gandha Singh Public School
for flood Effected farmers

KULDEEP SOOD
BARNALA: Millions of acres of paddy crops have been destroyed due to heavy rains in many areas of Punjab where there has been a lot of financial loss. Nirmala Bhekh Panchayati Akhara Haridwar under the leadership of Mr. Mahant Resham Singh ji sowed six acres of PR 126 paddy seedling in the land of Baba Gandha Singh Public School Barnala. MD of the school Manpreet Singh Roy and Principal Dr. Sandeep Kumar Lath told that this seedling will be sent to the farmers wherever they need it. Shri Mahant Resham Singh Ji, Jagtar Singh Ji Secretary, Sant Hakam Singh Ji Gandewal, Mahant Chamkaur Singh Ji Lohgarh, Mahant Amandeep Singh Ji, Mahant Chamkaur Singh Panj Gurai, Trustee Baba Kewal Krishna Ji were present. School MD Manpreet Singh Roy and Principal Dr. Sandeep Kumar Lath told that this paddy will be sent to farmers wherever they need it. Shri Mahant Resham Singh Ji, Jagtar Singh Ji Secretary, Sant Hakam Singh Ji Gandewal, Mahant Chamkaur Singh Ji Lohgarh, Mahant Amandeep Singh Ji, Mahant Chamkaur Singh Panj Gurai, Trustee Baba Kewal Krishna Ji were present.

Admn fails to remove
dead cow from road



PREETI RANI
SADHAURA: In Sadhaura town, the roads are full of stray cows. Because of these cows roaming on the road, possibility of mishap can happen every day. Last night, a cow died after being hit by an unknown vehicle. The dead cattle took to the side of the road by the vehicle drivers. The dead cattle remained lying on the side of the road from night till the whole day and no one bothered to remove the dead cattle. Since last night, foul smell has started emanating from the dead cows lying on the road side, which has become a cause of worry for the masons. Stray dogs and birds are scratching near the dead cattle. The commuters have requested the administration that arrangements should be made to pick up the dead animal lying on the roadside soon.

Health department teams providing
various types of services after
reaching flood affected area

RAMAN GUPTA
KAITHAL: DC Jagdish Sharma said that the Health Department is providing necessary health services to the people in the flood-affected areas. Health Department teams are distributing essential medicines and ORS packets in all areas. Rapid fever mass survey is being done for awareness of control of all types of vector borne diseases. In which all the multipurpose health workers men, women and Asha workers are working. People are being made aware about prevention and prevention of diseases like Malaria, Dengue, Japanese fever, Chikungunya etc. During the house visits, coolers, tanks, water tanks and empty tires lying on the roofs are being checked. Along with this, pregnant women whose delivery is near are being sent to government hospitals well in time.

ASHISHPURI PAWANKALIA
KAPURTHALA, JULY 16

Rajya Sabha MP Sant Baba Balbir Singh Seechewal advocates for comprehensive planning to reserve rain water as it will not only maintain the ground water level but also to be helpful to avoid devastating floods. Addressing the Sangat here on the 23rd anniversary of kar sewa of holy Kali Bein , in which Cabinet Minister Mr. Balkar Singh also took part , Rajya Sabha MP said that “ the present society was paying the price for their acts against the nature. Talking about the climate change across the globe , MP said that it has made ill effects on our weather , resulting in natures fury. Sant Balbir Singh also termed the cleanness of rivers a regular feature besides removing illegal encroachments from rivers catchment areas to avoid floods in future. Thanking the Chief Minister Mr. Bhagwant Mann for working towards the cleanness of satluj and Budha Nalah in Ludhiana , Sant Sechewal said that after the completion of Rainy season it was the dire need to clean the rivers. Urging the

NATION

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

Baramulla Police launches major
crackdown on Narco terror, 318 held

AGENCY
BARAMULLA, JULY 16

Baramulla police on Sunday said it conducted a massive crackdown on narco terror at various locations from Uri along the Line of Control (LoC) to other parts of Baramulla district over the last few days, arresting 318 drug peddlers while recovering huge consignments of drugs. Pakistan-based handlers, as part of a conspiracy, are using smugglers to push narcotics into Jammu and Kashmir get the younger generation addicted to drugs, as per police. Senior Superintendent of Police, Baramulla, Amod Ashok Nagpuri said, "Baramulla is a border district and cross-border drugs and weapons smuggling is big challenge for us. Over the last six



months, Baramulla police registered 187 FIRs under the Narcotic Drugs and Psychotropic Substances (NDPS) Act." "Around 284 drug peddlers were arrested and another 34 notorious peddlers booked under PIT NDPS/PSA. In total, 318 drug peddlers have been arrested, so far, and the law is taking its own course. The focus of this drive is to crack down on the drug culture in Baramulla district and our

endeavour is to make Baramulla a drug-free district," the SSP said. The SSP said Pakistan's aim to push drugs all over the Kashmir Valley, adding that "we will not allow nefarious designs of Pakistan t succeed. Recently, Baramulla police froze the properties, including a house and a car, of notorious drug dealers". The SSP Baramulla informed further that dedicated teams have been deployed to gather crucial

intelligence on the drug mafia operating in the region. Acknowledging the urgent need to address rising drug-related crimes in the region, the SSP outlined the proactive measures being taken by the Baramulla Police to combat the drug trade in the district. "We encourage citizens to come forward with any information they have with regard to drug peddlers or suspicious activities related to the peddling of narcotics. Together, we can build a safer and drug-free environment for our residents," the SSP said. "The dedicated teams deployed by the Baramulla Police comprise experienced officers and undercover agents, whose job is to discreetly gather intelligence on the drug mafia's operations, networks, and supply chains.

Journalist Club's
fifth plantation
drive from today

BHIWANI, JULY 16

The fifth plantation drive of Journalist Club Bhiwani will be inaugurated tomorrow on July 17 by Additional Deputy Commissioner Anupama Anjali by planting the first sapling. Giving information about this, club president Ishwar Dhamu said that DSP Bhiwani Manisha Devi and General Secretary of Adarsh College Management Committee Ashok Buwaniwala would be the special guests on this occasion. He told that the club has been planting saplings every year for the last five years. So far about four thousand saplings have been planted by the club. Most of these plants have taken the form of trees. This time the plantation campaign-2023 will be conducted from the premises of prestigious educational institution Adarsh College of the city. Dhamu told that plants have more importance in the current increasing pollution. Today, as much as oxygen is needed for life, plants also need it equally. It is the responsibility of all of us to plant saplings on the memorable day of life and make it a day of inspiration for the coming generations. He also told that this time the plantation campaign of the club will be completed in three phases. Under this campaign, the club members will plant more than five hundred saplings.

Work of strengthening Yamuna
embankment in progress



ASHOK GUPTA
PANIPAT, JULY 16

After filling the cracks in the embankment of Yamuna, the work of strengthening it is in progress. As per the directions of Deputy Commissioner Virendra Kumar Dahiya, the officers of the district administration are constantly monitoring the work of strengthening the embankment. SDM Samalkha Amit Kumar was present on the spot. Due to the rains on Saturday night, there was some problem in the work of bringing soil on Sunday morning, but soon the work of bringing soil from dumpers was started by repairing the road. After filling the crack, hundreds of dumpers have been deployed to strengthen the embankment so that the embankment is strengthened as soon as possible. The officers of the Irrigation Department, who are carrying out earth filling work on the embankment, are doing the work at a fast pace. Irrigation Department's XEN Suresh Kumar Saini and SDO Sarvjeet are monitoring the work of filling the soil and strengthening the embankment.

Tubewell water supply starts in 28 villages of Indri
constituency, 17 villages of Gharaunda constituency

MAINPAL KASHYAP
INDRI, JULY 16

After the flood in some villages of Indri and Gharaunda Halke now water level of Yamuna River receded, water supply has been started from tubewells in all the villages. On the instruction of DC Anish Yadav, the Public Health Engineering Department repaired the tubewells submerged during floods started water supply to the affected villages. When drinking water reaching the houses of people, they heaved a sigh of relief. Giving information in this regard, Public Health Engineering Department's SDO Gaurav Saini said that due to flood in 28 villages of Indri Halke, water supply from tubewells had been affected to a great extent. Now water supply has been restored in these



villages by repairing tube wells. These includes Chowgaon, Chandrao, Labkari, Garhpur Tapu, Musepur, Kalsaura, Nabiabad, Dera Halwana, Japati Chhapra, Sayed Chhapra, Dera Sigligar, Nangal Model, Randauli, Badarpur, Garhi Birbal, Chand Samand, Indra Awas Colony, Dabakoli Kalan, Dabakoli Khurd, Chorpura, Gheed, Bargaon, Mainmat, Shergarh Tapu, Modipur, Mughal Majra, Jadauli and Naval. Now all the villages is getting tube wells water

supply, said the official. Earlier, water was transported through tanker and camper when tubewell supply was disrupted. Public Health Engineering Department's SDO Gaurav Saini said that wherever the water supply from tubewells was disrupted due to floods, on the instructions of DC Anish Yadav, the department had supplied water with the help of tankers and campers. SE Shivraj Singh and XEN Vikas Balyan were keeping an eye on this whole process.

Youth duped of Rs 5.68 lakh cheat
promised to send to Canada

SATISH SETH
KALAYAT, JULY 16

In village Balu, of Kalayat subdivision an agent has cheated a young man of Rs 5.68 lacs in the name of sending him abroad. In this case, on the complaint of youth Manbir, the police have registered a case of cheating and started investigation. In the complaint given in Kalayat police station, Balu resident Manbir told that he is an unemployed youth. His maternal uncle's daughter Jyoti is now living in Canada. His sister tells Manbir that Sudhir has an agent in Chandigarh. who is known to him. He runs his company in Sector 13. He works to send abroad and get work abroad. Then he spoke to Sudhir. The accused said that he would get her a Canadian work permit. For this he will have to pay Rs 25 lakh. He came to his words and deposited one lakh rupees through Google Pay. While sister Jyoti gave two lakhs to the agent. The accused took a total of three lakh rupees. After this, on August 28, 2022, the agent got a flight to Thailand and said that the paperwork for Canada would be completed from here. He will have to stay in Thailand for 10 days. Stayed there for 49 days. He was told that by October 10 he would be deported to Canada. After this he returned to India from Thailand on 14 October 2022. The agent cheated Rs 5 lakh 68 thousand from him. Now he is not returning her money. SI Rampal Singh told that by registering a case of fraud against Agent Sudhir, investigation has been started.

'Pehla Insaniyat' social organization takes relief
operation in big way in flood affected areas

RADHESHYAM SHARMA
MORINDA, JULY 16

Punjab's renowned social service organization 'Pehla Insaniyat' has started a massive relief work to help the flood victims across the district. The head of the organization and BJP district president Ajayveer Singh Lalpura distributed ration kits to hundreds of affected people at the local Chunni Road Rest House on Sunday. On this occasion, his entire team, especially his sister Mrs. Jasmine Kaur Nijjar, arrived from the USA to help the flood affected people. Disclosing this here on Sunday, Mr. Lalpura said that his organization has been serving water tankers for domestic use including distribution of ration kits, pure water bottles, tarpaulins from day one. He said that he had received instructions from Sardar Iqbal Singh Lalpura, patron of the Organisation and chairman of the National Commission for Minorities, to continue this service in the district. He said that so far thousands of kits have been distributed. At the same time, Lalpura said that three buses equipped with modern machines have arrived in the entire district with doctors and paramedical teams on Sunday and the



medical teams were going to every village and examining the people. Along with this, free medicines were also being distributed. While questioning the performance of the present government, Sardar Lalpura said that this government has completely failed when the entire Punjab was suffering due to the monsoon period and mismanagement on its part. He said that now Punjab AAP MLAs were limited to making announcements or assurances by taking Selfies while the package of Rs 218 crore to Punjab as relief assistance has been given to the Punjab government with immediate effect by prime minister Narendra Modi whom they have always condemned.

Concerned department should restore basic
facilities in areas affected by rain water: Shantanu

DALBIR MALIK
KURUKSHETRA:

Deputy Commissioner Shantanu Sharma also district magistrate-cum-chairman of District Disaster Management Authority said that for the last few days many places in the urban and rural areas of district Kurukshetra were facing a lot of problems due to water logging. There has also been damage to government and private property due to rain water logging. Keeping in mind the heavy rains and water-logging, orders have been issued appealing to all the citizens, private institutions, government and semi-government offices of the district to help flood affected people. He said in the orders issued that due to rain and strong wind, trees and plants were felling on the roads and various traffic routes were disrupted by breaking and bending at many places, Municipal Council, Municipality, Forest Department and HSPV Department would remove fallen trees from roads, streets and public places in their respective areas immediately. Municipal Council, Public Works Department, HSAMB will ensure to repair and fix the roads and streets damaged due to rain with immediate effect. The Municipal Council and XEN, Public Health Department will ensure that all manholes on the road were fully covered so that pedestrians, cyclists and motorists were protected from any accident. He said that the Kurukshetra Police would ensure that the water-logged underpasses and subways were restored, while traffic would be diverted to alternate routes by putting up nakas.



Sant Seechewal calls for comprehensive
planning to avoid floods

ASHISHPURI PAWANKALIA
KAPURTHALA, JULY 16

Rajya Sabha MP Sant Baba Balbir Singh Seechewal advocates for comprehensive planning to reserve rain water as it will not only maintain the ground water level but also to be helpful to avoid devastating floods. Addressing the Sangat here on the 23rd anniversary of kar sewa of holy Kali Bein , in which Cabinet Minister Mr. Balkar Singh also took part , Rajya Sabha MP said that “ the present society was paying the price for their acts against the nature. Talking about the climate change across the globe , MP said that it has made ill effects on our weather , resulting in natures fury. Sant Balbir Singh also termed the cleanness of rivers a regular feature besides removing illegal encroachments from rivers catchment areas to avoid floods in future. Thanking the Chief Minister Mr. Bhagwant Mann for working towards the cleanness of satluj and Budha Nalah in Ludhiana , Sant Sechewal said that after the completion of Rainy season it was the dire need to clean the rivers. Urging the



people to save the ground water , Rajya Sabha MP mentioned the report of central ground water board , which suggests the depletion of water in speedy manner till 2039. Local bodies Minister Mr. Balkar Singh said that it was the matter of pride that 23 years ago with the efforts of sant Balbir Singh Seechewal that holy been cleaned. He also said that the cleanness of rivers and natural water sources was on the priority list of Punjab Government led by Chief Minister Mr Bhagwant Mann. Prominent amongst present on the occasion included Sant Sukhjit Singh , Assa Singh , advocates Gurbhej Singh , Gurdeep Singh , Satnam Singh and Amrik Singh.

No action taken
against erring ASI

PREETI RANI
SADHAURA: Vishal, an ASI of Sadhaura police station, has been accused of barging into the house, beating and thrashing and using abusive language. Kuldeep, a resident of Valmiki Mohalla of Sadhaura told that he had gone to Haridwar to collect Kavad. When he came home with Kavad, in the morning ASI in civil dress and a policeman in uniform came and without any reason started beating and using abusive language with him. The policeman warned him that he would implicate him in a false case. Even after my refusal, ASI Vishal kept beating him and also kept saying caste related words to his mother. He told the ASI that his brother was addicted to smack and the police have caught him many times and he have nothing to do with him nor he knew his whereabouts. After that ASI Vishal said if he didn't tell, he would implicate him in a false case and when he went to the police station to complain about this after getting medical done, no action was taken in the police station against the erring ASI. The station in-charge was discussed about this, then the station in-charge told that till now this matter has not come to his notice, if there was such an incident then action would be taken against the guilty.



Where government fails, the social
organizations take command

GURDEEP SINGH GREWAL
KHAMANO, JULY 16

Punjab is passing through a very difficult situation at this time the Punjab government was continuously criticizing Mann apart from just clicking pictures or giving false consolation and artificial sympathy, the same organization finally came and helped the people. Common people have become sympathizers of common people and helping each other in difficult times. The biggest example of this is Khalsa Aid and SAP Bhalwan Group. With the help of Khalsa Aid of SAP Bhalwan Group, all the youths are helping all the people affected by the flood in the villages of Shatrana Assembly Constituency with great enthusiasm.

On this occasion, Khalsa Aid volunteer Gurjit Singh said that wherever there was a disaster in the whole world, Khalsa Aid reached out to serve humanity. From where this principle of service to humanity was found that state came under the grip of flood disaster so the volunteers of Khalsa Aid



reached without any delay to serve the Punjabis. Khalsa Aid team was helping the flood affected people in every possible way. Meanwhile, Bhalwan Mannu Buttar, CEO and founder of SAP Bhalwan Group, said that his organization was helping every needy in collaboration with Khalsa Aid. He also said that he appealed to as many people as possible to help in this difficult time. All Punjabis should support each other and reach out to every needy person.

Editorial
Sound of Silence

The gentle art of reading is precisely that: both gentle and an art. The sense of this beauty was revived by the silent reading movement that began with the vision of two friends in Cubbon Park in Bengaluru and has now spread through many cities in India and even in the West, including London and Boston. Communities united by the love of reading in peace take over public parks for a few hours every week, with members bringing their own rugs or sheets or mats and their own books. The combination of quietness in the intimate act of reading with a sense of togetherness borne of a shared love is a unique feeling in the modern urban space. There is no pressure to exchange niceties or interact; only the silence is not optional. This is different from the book club, where members gather on fixed dates to discuss a predetermined book or theme or author. Their reading has been done — the job is to analyse it and exchange opinions. But silent reading is an experience of the deeply personal aspect of reading, strengthened by the presence of others immersed in the same pleasure.

The sense of community that exists without pleasantries could develop into bonds among book lovers from different regions, cultures and strata of society. The rugs or mats would become expanding areas of an interchange of interests — among genres, say, or languages. That no funds are needed to read in peace is not the only advantage of taking over public greens. Reading on the grass in the shade of trees creates a connection with nature that can replenish the mind and body. It is a brilliant way of returning to nature within the city and associating reading with the outdoors. The only drawback here is the climate. The communities' pleasures would be interrupted in times of rain, extreme heat and snow; the south of the country and hilly towns can provide more unbroken stretches of silent reading.

The dominance of the screen nowadays suggests to many that books are on their way out. The popularity of silent reading together does not support that; rather, it points to a hunger for peaceful reading that was perhaps not being fulfilled by the routine demands of modern urban life. It is a small irony that venues and times are announced through social media — which is banished from the reading scene. The movement also means a silent transformation of the city landscape, a reclaiming of its spaces for an enactment of civilisation, humanity, brotherhood, equality and an acknowledgement of nature's presence. The transformational magic endows spaces with new meaning. In that sense, the silent reading movement holds the key to other forms of reclamation for the sake of beauty and inner enrichment that could even produce an unconscious substratum of resistance to ugliness, coercion and violence.

Hong Kong's weak commercial property market is squeezing out coworking space operators as firms take advantage of the downturn to have better deals on leases for conventional office space, Nikkei Asia reported.

In July, flexible working space office operator The Great Room closed its flagship space in CK Hutchison's Cheung Kong Centre. A spokesperson from the company said, "This decision was not taken lightly, but [was] a necessary one so that we can better redeploy our resources," Nikkei Asia reported.

The company further said, "We remain committed to Hong Kong and we look forward to continuing growing our network of locations here." Australia's Servcorp, which had two flexible working spaces in the Grade A premium office towers IFC and One Peking stopped operations in Hong Kong in June, Nikkei Asia reported citing sources.

Flexible working space operations expanded in Hong Kong throughout the COVID-19 pandemic as they took advantage of changing work habits and demand for shorter lease terms. However, the apartments and public transportation have encouraged employees to get back



into the office as the COVID-pandemic has ended, according to Nikkei Asia report.

Flexible office operator The Executive Centre announced that it has no plans for additional space in Hong Kong this year., according to the report. As the employees are getting back into offices, the concerned companies have started seeking spaces with sophisticated designs that offer technology and wellness amenities.

Real estate agency JLL said that companies are more

likely to take conventional office arrangements to address their needs. Paul Yien, executive director of office leasing advisory at JLL, said, "Tenants are more willing to make real estate decisions, as office rents are around 30 per cent lower than the market peak in 2019 and landlords are more flexible with leasing terms."

As the market sentiment has improved and leasing inquiries for Grade A offices have witnessed a rise, the share of empty offices is pro-

jected to increase further as new projects are completed, according to Nikkei Asia report.

The CBRE said that negative absorption or more space being added than is leased out in the second quarter of 2023 has resulted in total vacant space reaching a record high of 13.5 million square feet across the city. As per the news report, the leasing volume for the first six months of the year was half of the total in 2022. Ada Fung, head of advisory and

transaction services for offices at CBRE Hong Kong, said, "Global economic uncertainties and higher financing costs ensured office leasing momentum slowed marginally compared with the first half of 2022." The development follows years of headwinds for the commercial property market.

Vacancy in Hong Kong's premium office space reached record high as multinational firms retreated during a COVID-19 pandemic and a security crackdown by

Beijing resulting in an exodus of residents, according to Nikkei Asia report. Western financial companies have particularly reduced their footprint.

Commercial real estate agency Cushman & Wakefield expects office rental prices to reduce further between 5 per cent and 7 per cent for the 12 months of 2023, the report said. Meanwhile, the Hong Kong government has been making efforts to attract talent back to the financial centre.

Literature & Health

Study reveals successful cooperation depends on good mindreading abilities

Even with strangers, a person's mindreading ability' can predict how successfully they will be able to work together.

Researchers at the University of Birmingham found that people with strong mind reading abilities — the ability to understand and take the perspective of another person's feelings and intentions—are more successful in cooperating to complete tasks than people with weaker mind reading abilities.

These qualities, also called 'theory of mind', are not necessarily related to intelligence and could be improved through training programmes to foster improved cooperation, for example in the workplace or in schools and colleges.

Lead researcher Roksana Markiewicz explained: "As a psychology researcher, I often get asked if I can read minds and while this is often said to me as a joke, humans do



have mindreading abilities. Our study shows that these qualities are clearly important in activities that require cooperation."

In the study published in the Journal of Experimental Psychology: LMC, the team measured theory of mind in over 400 participants. Participants were then sorted into pairs and joined a researcher on a zoom call where they played a series of communication games. Each player had a set of visual clues on their screen, which could not be viewed

by their partner. They had to communicate about the different sets of clues and use them together to solve a puzzle. Players who had high theory of mind (ToM) abilities and who were matched with people who had similarly high ToM scores cooperated more effectively than players matched with low ToM abilities. The researchers suggest that this is because of a heightened ability to align in the same mental space and to recover rapidly when misalignment occurs.

Drought grips Afghanistan's Bamyan



Livestock farmers said that due to drought in Bamyan province of Afghanistan, animal fodder has decreased which has made agriculture, especially feeding livestock, very challenging, TOLOnews reported.

Lamenting over the challenges faced by Livestock farmers on a daily basis in the province, they said that the lack of fodder is not the only problem but the occurrence of various animal diseases has also had a bad effect on livestock farming and has reduced their income, TOLOnews said.

One of the Bamiyan livestock farmers is Mohammad Kazem. He claimed that while he once kept close to 60 sheep, he is now only able to feed 10 sheep.

"The drought affected me so much that I was keeping fifty or sixty sheep at that time and that was easy for me. Now that I keep ten sheep, we are in trouble. Now our chil-

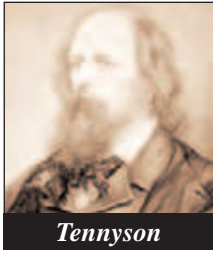
dren are shepherding them. I give them water from the well," Mohammad Kazem said, according to TOLOnews.

Livestock farmers claimed that in the past, their livelihoods were supported by raising livestock, but that this is no longer possible for them. According to livestock farmer Mohammad Alim, "Drought and persistent pests have presented people with challenges, which has reduced the number of people's livestock year by year." "Eighty per cent of the people have sold their livestock because of both disease and drought," said Mohammad Baqir, another livestock farmer, as the situation remains grim in the province. Given that the majority of Afghans live in great poverty, it is the humanitarian organisations that have navigated the way for Afghan families to get basic amenities and have provided essential relief and services to the people.

POEM

The Deserted House

Life and Thought have gone away
Side by side, Leaving door and windows wide.
Careless tenants they!
All within is dark as night:
In the windows is no light;



And no murmur at the door,
So frequent on its hinge before.
Close the door;
the shutters close;

Or through the windows we shall see
The nakedness and vacancy
Of the dark deserted house.
Come away: no more of mirth
Is here or merry-making sound.
The house was builded of the earth,
And shall fall again to ground.

Alfred, Lord Tennyson

Hypertension that is resistant to therapy

Many individuals use medicine to control their hypertension, which is excessive blood pressure that can lead to a heart attack or stroke. This form of high blood pressure, known as apparent resistant hypertension (aRH), demands extra medication and medical care.

Researchers at Cedars-Sinai's Smidt Heart Institute discovered that, while aRH prevalence was lower in a real-world sample than previously assumed, it was still very frequent, impacting roughly one in every ten hypertension patients. The findings were published today in the peer-reviewed journal Hypertension.

Researchers observed that those with well-controlled aRH were more likely to be treated with a common medicine known as mineralocorticoid receptor antagonist, or MRA.

"Apparent resistant hypertension is more common than many would anticipate," said Joseph Ebinger, MD, assistant professor of Cardiology in the Smidt Heart Institute and corresponding author of the study. "We also learned that within this high-risk population, there are large differences in how providers treat high blood pressure, exemplifying a need to standardize care." Study findings were based on a unique design, which used clinically generated data from the electron-



ic health records of three large, geographically diverse healthcare organizations.

According to Ebinger, treating aRH can be just as tricky as diagnosing it.

In fact, the "apparent" in apparent resistant hypertension stems from the fact that before diagnosis, medical professionals must first rule out other potential reasons for a patient's blood pressure to be high.

These reasons might include medication non-adherence, inappropriate medication selection, or artificially elevated blood pressure in the doctor's office -- known as "white coat hypertension."

"Large amounts of data tell us that patients with aRH, compared to those with non-resistant forms of hypertension, are at greatest risk for adverse cardiovascular events," said Ebinger, director of Clinical Analytics in the Smidt Heart Institute. "Identifying these patients and possible causes for their elevated blood pressure is increasingly important."

The takeaway, Ebinger says, is awareness -- for both medical professionals and patients. He says providers should be mindful that if it's taking four or more antihypertensive medications to control a patient's blood pressure, they should consider evaluation for alternative causes of hypertension, or refer patients to a specialist.

Similarly, patients should lean on their medical providers to help them navigate the complex disease, including having a conversation around strategies for remembering to take their medication and addressing possible treatment side effects.

Treating patients with complex cardiac issues like aRH is at the heart of Cedars-Sinai's expertise.

The Smidt Heart Institute was recently awarded the American Heart Association's Comprehensive Hypertension Center Certification, recognizing the institute's commitment to following proven, research-based treatment guidelines to care for people with complex or difficult-to-treat hypertension.

"This accreditation, coupled with our clinical and research expertise in hypertensive diseases, serves as a mark of excellence," said Christine M. Albert, MD, MPH, chair of the Department of Cardiology and the Lee and Harold Kapelovitz Distinguished Chair in Cardiology.

"These efforts signal to patients, healthcare providers, and the community that the Smidt Heart Institute is committed to delivering evidence-based, comprehensive care for hypertension."

Sudha Dipak's poetry collection 'Hiraeth' released with the screening of a film based on her poems



Chandigarh: 'Hiraeth', a collection of poems penned by Sudha Dipak, was formally released at a special event held at the Mini Auditorium of Tagore Theatre here. The programme was organized by Kalakshetra, a part of The Narrators Performing Arts Society. 'The Seghal House', a film based on Sudha's poetry, and directed by the Founder and Director of The Narrators, Mrs. Nisha Luthra, was also screened prior to the book launch. The programme also witnessed a conversation between poet Sudha and Nisha Luthra. Sudha said during the interaction, "Hiraeth means an unsatiated and deep longing for something. Each and every poem in the book justifies the title and has a very deep meaning. The book has 61 poems that are experiences I had at different stages of my life. Nisha Luthra who picked up 8 poems and weaved around these the characters and screenplay of the film said, "The essence of the poetic collection left a deep impact on my mind and this motivated me to further carve a story- 'The Seghal House' around her poems. The story of the film revolves around human emotions interwoven with basic human relationships." The book which has illustrations by famous artist Anubhav Sun was unveiled by the guests of honour Mr. Balkar Sidhu, former Vice Chairman of Chandigarh Sangeet Natak Academy and Prof. Archana R Singh, author, poet and former Head of the School of Communication Studies, Panjab University. A massive theatrical set depicting the real setting and ambience of the film was erected for the book release. The characters of the film also gave a live stage performance of a part of the film which mesmerized the audience. The main actors in the film included Divya Sharma, Divyot Gulati, Anuraag Verma, Mugdha Arora, Shivani Kashyap, Surjeet Singh and Puneet. The other crew members were SS Sidhu (Director of Photography), Anuj Birwan (Assistant Cinematographer), Rajan K Batheja (Assistant Director), and Neena Bhatnagar (Makeup Artist). The music of the film was given by Gagneet Singh and Hitesh Giri, while it was edited by Krishna Rodge.

Spoiler Alert!! There will be a big revelation on Mamta Maa's birthday!



Chandigarh: Nayan performs puja at home to save Rita from attacks, while the other hand, Nayan ties a Raksha Dhaga around Drishiti's wrist to protect her from danger. Today, viewers will witness Nayan in a problematic situation as she discovers her missing daughter on Mamta Maa's birthday, while the threat hovering over Rita makes her feel worried. On the other hand, Devansh would announce a big party on Mamta Maa's birthday in front of the entire family. As a result, Rita's risk of death has increased. Will Nayan and Devansh really find out about their missing daughter? Is this happiness just for a moment? What will happen to Rita during the party? Watch today's exciting episode of Nayan-Jo Vekhe Unvekha at 8:30 PM only on Zee Punjabi.

Bhandara organized on auspicious occasion of Sawan Shivratni



Panchkula: Shree Shyam Karuna Foundation, a Non-Governmental Organisation (NGO) organized a Bhandara (Community Kitchen) on the auspicious occasion of the Sawan month also known as Shravan month at Industrial Area Phase-1, Panchkula here. Working class people and needy families from the surrounding areas came in large numbers, for food at the bhandara. Amitabh Rungta, Founder of Shree Shyam Karuna Foundation, said, "On the auspicious occasion of Sawan month we have organised the bhandara for people. As per hindu religious belief, consumption of onion-garlic is not considered appropriate on these auspicious days, so we distributed only pure Satvik food under the Bhandara." Volunteers Anusona Rungta, Chaitanya Rungta, Pragati Rungta, Deepali Rungta, Sukpal Singh, Suresh Jangra paid their special contribution at Bhandara.

Sanjeev Khanna visits flood affected areas in Aerocity, assures all possible help



Zirakpur: BJP leader of Derabassi, state secretary and member of finance committee Sanjeev Khanna arrived on Saturday to take stock of the flood affected areas of the local Aerocity. He met flood victims in different blocks of Aerocity and listened to their problems. Commenting on the government he said that it is learned that the MLA's and minister's also started visiting. He said that the work that the government should have done earlier, instead of working, is limited to claims. The Meteorological Department had already issued an alert for rain, yet the government did not make any concrete arrangements to deal with the water. He said roads in various blocks of Aerocity are in bad shape, property has been damaged with water entering plots and people's basements and houses. Sanjeev Khanna said that on one hand Gamada is charging Rs 2 lakh per year from the people for vacant plots and on the other hand it is not taking care of the people in such a difficult situation. Sewerage lines have been uprooted in the area and due to lack of electricity, people are also having trouble getting water. Sanjeev Khanna said that the central government led by Prime Minister Narendra Modi would play a leading role in providing all possible assistance to the state in respect of the damage caused. He said that his state president Sunil Jakhar is taking reports from across the state. In this hour of grief, BJP stands with the people of Punjab. Our sympathies are with the public, as well as the national leadership is repairing the damage through relief operations. BJP Mandal 1 Vice President Rajinder Kaushik, H Block President Bhupinder Singh and I Block President Verma Ji were present with him on this occasion.

NEWS/BUSINESS

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

You need these: Monday reset rules after your weekend of indulgence

When the weekends are busy and food is happy, the fact that Monday morning will need a twist in routine is always at the back of our minds. Each of us probably intends well but ends up implementing ineffective hacks.

So let's first explore what we must not do to reset our diets on a Monday...

Don't Punish Yourself – It Will Serve No Purpose

If you've had a late Sunday night and have not had enough sleep, sleep in. Your body needs rest. A groggy morning run at the cost of an extra hour of sleep will set you off on the wrong foot right at the start of the week.

Don't Skip Lunch And Eat Dessert Instead

This is a common occurrence. Well intentioned, you might go really light at breakfast and lunch and then, by 3 pm, when the hunger and cravings strike, you will land up telling yourself that it's okay to eat the leftover dessert in the refrigerator as you haven't really eaten anything in the day. It's not.

Here's What To Do Instead To Reset Yourself After An Indulgent Weekend

On Monday, get back to your food routine with discipline. No dessert, no leftovers from the ordering in of the weekend (even if it is protein), no tetra pack juices. In short, no remaining gorgeous food from the weekend must make its way onto

your Monday plate.

Check your weight on Tuesday morning. If the scale has almost reset itself, continue the Monday routine on Tuesday. By Wednesday, the body would have reset itself. This is the best solution and



scenario to have happened. Without dropping your metabolism and by eating nutritious food, you would have reset your body.

On Tuesday, if you feel like the scales have not dropped and that you need to do something about it, choose to do one or two of the following for the next two days, but, mind you, not all.

For any one main meal (breakfast, lunch or dinner) for the next two days, have only fruit (300 g)

with ½ cup salad (no salt).

Have a slice of authentic whole wheat bread, a cup of veg soup (below) and salad at dinner instead of your usual meal.

Reduce the meal size at every meal by about 30% of your usual quantity.

One day of the week, have 4 cups of fruit and 4 cups of organic milk only – representative of a "fasting" day.

For exercise, do only cardio for the rest of the week – which includes running, brisk walking, playing sports, swimming or dancing. Refrain from doing functional training, lifting weights, or yoga – just for the week. You can restart from the next week.

Two days of the week (with a gap between the two days), conduct a 16 hour intermittent fast.

If you work these hacks right (without overdoing them), by Wednesday or Thursday at the latest, you will like your old self in terms of your gut and in terms of your inches.

Never forget one thing about your body: it knows how to reset itself; you help your body only and only if needed. Let it learn to work by itself; you support your system by getting back to a healthy food and exercise routine. And, then, if you think that you need to push your body a little, use one or two of the mild hacks above – you won't be disappointed!!

Skill India project successfully revives the dying Namda Art

CHANDIGARH: The Namda craft of Kashmir is being successfully revived under a Skill India's Pilot Project as part of the Pradhan Mantri Kaushal Vikas Yojana (PMKVY), with nearly 2,200 candidates from across six districts of the state, receiving training in the dying art form. Union Minister of State for Skill Development and Entrepreneurship and Electronics and IT, Shri Rajeev Chandrasekhar today flagged off the first batch of Namda Art products for export to the United Kingdom (UK). The project sets a great example of the public-private partnership (PPP) model in the field of skill development, as it is being implemented in collaboration with local industry partners. Under this initiative, nearly 2,200 candidates have been



trained in the art of Namda craft, representing a significant milestone in preserving this traditional craft and empowering the local weavers and artisans. The project has successfully trained individuals across six districts of Kashmir, namely Srinagar, Baramulla, Ganderbal, Bandipora, Budgam, and Anantnag. The government's commitment to skilling, reskilling, and upskilling India's youth remains steadfast under the visionary leadership of our Hon'ble Prime Minister Shri Narendra Modi. The successful implementation of this pilot project in J&K, with the support of local industry partners such as Mir Handicrafts and Srinagar Carpet Training and Market Centre, exemplifies the power of public-private partnerships in driving skill development.

Trident Stallions ready to make a comeback



Chandigarh / Mohali : Trident Stallions did not start well in the Sher-e-Punjab T20 Cup, losing their first two matches. Captain Gurkeerat Mann is not disappointed with the defeat and says that the team has learned a lot from the defeat. They will now go out to play with full force in the coming matches. Gurkeerat said that we have not been able to start the tournament the way we wanted. We have definitely faced defeat, but we have also learned many positive things from it. This is definitely going to be useful for us. It is a long tournament and our team will look to perform well on time. I hope that now me and my team will give our best in the coming match. Gurkeerat said that when Punjab announced this tournament, we all were very happy, but when we were included in the team of Trident Stallions, this happiness was doubled. We want to give our best for the team. We are fully prepared for the upcoming match. Mann said that all the players had joined together as soon as the team was announced. Indoors we trained and tested ourselves. The coaches have done a lot of work with the team. The colour of Trident's jersey is yellow and the whole country likes this colour along with us. It is a matter of pride for us to represent Trident.

115 examined in knee, joint problems camp at Ambala City

AMBALA(SHIV KUMAR SHARMA): As many as 115 people were examined during a free knee and joint problems camp at Bala Jee Hospital, Ambala City on Sunday. The camp was organized by Ivy Hospital, Mohali in Association with Rotary Club Ambala Diamond, Ambala City. During the camp, Dr. Bhanu Pratap Singh Saluja, director of orthopaedics & joint replacement at Ivy Institute of Orthopaedics and Joint Replacement consulted people for their various ortho related problems.



During the occasion, Rtn Arun Mongia district governor, Rtn Manoj Goyal president Rotary Club Ambala Diamond and Rtn Deepak Goyal, Secretary of Rotary Club Ambala Diamond were also present. The people also availed the facilities of free tests of blood pressure and sugar and x-ray during the camp. Speaking during the occasion, Dr. Bhanu said, "Knee related problems are on rise with more and more people falling prey to various diseases related to knees. The bad eating habits and faulty lifestyles are the main reasons behind rising cases of knee problem in Punjab." Dr. Bhanu further said that one can avoid knee problems by simply adhering to a healthy lifestyle

and doing some physical exercises. "The incidence of knee arthritis among Indians is 15 times higher than that in Western nations. This is because of the genetic predisposition of Indians towards knee arthritis, and a lifestyle that results in overuse of the knee joints," he said. The incidence of knee arthritis in the Indian population is believed to be as much as 15 times higher than what is found in western nations, added Dr. Bhanu.

HDFC Bank today celebrated the World Youth Skills Day in SAS Nagar, Punjab

CHANDIGARH/MOHALI: HDFC Bank, under its CSR brand Parivartan, today celebrated the World Youth Skills Day in SAS Nagar, Punjab. Navdeep Sandhu, Deputy Director Corporate Relations, Punjab Technical University and in-charge of Punjab Government's Startup Cell



graced the occasion with his presence. As part of the Future Skill Project, Parivartan has partnered with Friends Union for Energising Lives and Punjab Technical University to train 1,800 disadvantaged youths of Punjab in futuristic skills such as Core Java, Artificial

Intelligence and Digital Marketing. This will help improve the aptitude and employability skills of the local youths. HDFC Bank was among the top CSR spenders in the country for the financial year ended March 2022. As on 31st March, 2022, the Bank spent Rs 736.01 crore on CSR initiatives. The Bank also expanded its impact by reaching more than 9.8 crore beneficiaries. The Bank's five pillars under Parivartan are Rural Development, Promotion of Education, Skill Training &

Livelihood Enhancement, Healthcare & Hygiene, and Financial Literacy & Inclusion. As of 31st March, 2023, HDFC Bank's extensive network comprised 7,821 branches and 19,727 ATMs / Cash Deposit & Withdrawal Machines (CDMs) across 3,811 cities / towns.

Sonakshi Sinha unveils Kalyan Jewellers' new showroom in Patiala



PATIALA: The town of Patiala came to a standstill as crowds jostled to catch a glimpse of Bollywood actor Sonakshi Sinha at the inauguration of Kalyan Jewellers' showroom in Patiala. With this launch, Kalyan Jewellers solidifies its presence in Punjab, marking its presence across 7 key markets in the state. The brand new showroom, inaugurated by Bollywood diva Sonakshi Sinha, promises a luxurious shopping experience with an extensive array of exquisite jewellery designs. The company has been consistently expanding its brand footprint and operations in the region to support its growth and provide easier access to patrons. Addressing the enthralled crowd, Bollywood star Sonakshi Sinha said, "I am delighted to be part of the launch celebrations in Patiala, a city known for its rich heritage and timeless charm. It gives me immense pride to stand here today as a representative of Kalyan Jewellers – a brand that has consistently revolutionized the jewellery industry in India. The brilliance of the brand's exquisite jewellery designs lies in their intricate craftsmanship and graceful aesthetics, paying homage to the diverse cultural heritage of India.

KeyBoard is the lifeline of modern music: Sourav Dahiya

The keyboard is one such instrument that has become the lifeline of modern music. No music event is complete without him. Sourav Dahiya, a young keyboard player

from Himachal Pradesh, who has been active in the world of music for the last five years, believes so. In a meeting, this young Keyboard Player Born in May 1998, the young artist revealed that he was fond of music since childhood and used to often go out for concerts. After graduating from the Government Degree College of the district, he entered the world of music with the support of his parents. Staying in the company of renowned musicians for two to three years, got formal training in playing the Keyboard, which increased his talent. Sourav Dahiya of humble nature said that he has attended more than 100 concerts in the last few years. The audience has always appreciated his art. According to Sourav Dahiya, he has done accompaniment with many famous singers of Punjab like Balraj, Neha Sharma, Gurjan, Buta Mohammad etc. as a Keyboard player.



Elon Musk's xAI Will Use Public Tweets for AI Model Training, to Work With Twitter and Tesla

Elon Musk on Friday said the purpose of his new artificial intelligence company, xAI, will be to "understand the universe." In an often meandering 90-minute long Twitter Spaces audio chat, the billionaire discussed his vision for xAI for the first time while veering into topics such as the Earth's evolution and the fragility of civilisation. In seeking to deepen the understanding of the universe, Musk joked that xAI's mission statement would be "what the hell is really going on?" Musk announced the formation of xAI on Wednesday after accusing companies like OpenAI and Google of developing the technology without considering risks to humans. OpenAI and Google did not respond to request for comment. He said xAI would seek to build a "good AGI," as an alternative to Microsoft, Google and OpenAI. AGI stands for artificial general intelligence and refers to AI that can solve problems like a human.

NEWS AT A GLANCE

Nagar Panchayat Executive Officer Vijan Jindal inspects the wards



GURDEEP SINGH GREWAL KHAMANO: Keeping in mind the rainy season, Nagar Sadhak Adhikari of Khamano Nagar Panchayat Vijan Jindal along with the employees of Nagar Panchayat inspected various wards on Sunday. He specially instructed the cleaning staff of Nagar Panchayat, that there should not be any problem whatsoever. So that diseases could be prevented and he added that spray of insecticide would be done in all the wards in the coming days. Balbir Singh Sidhu, Nodal Officer Harpreet Singh, Clerk Jaskirat Singh etc were present on this occasion.

Social worker Deepak Panjeta donates cycle to 11 needy girl students in Duda village



NARESH GARG LADWA: In village Duda of Ladwa, 11 needy girl students studying in class VI in the village were presented one cycle each by Deepak Panjeta, a social worker of village. He told that last year also one cycle was distributed to 11 needy girl students and this year also one cycle has been presented to 11 needy girl students of village. He said that his brother Amit has been living in Australia for the last seven-eight years.

CM will lay foundation stone of development works worth about Rs 40.5 cr through VC on July 18: DC



RANVIR PARASHAR KAITHAL: DC Jagdish Sharma said that on July 18, Chief Minister Manohar Lal would inaugurate and lay the foundation stone of developmental schemes worth crores of rupees across the state through video conference. On the other hand, the district will be gifted projects worth Rs 40 crore 68 lakh 40 thousand. The district level program will be organized in the auditorium of the small secretariat. DC Jagdish Sharma said that in the developmental projects, Chief Minister Manohar Lal will inaugurate sewerage treatment plant and sewerage pipe line system built with Rs 15 crore 73 lakh 16 thousand in village Kyodak of the district. Similarly, he will inaugurate the STP and sewerage pipe line system in village Pai constructed with Rs 19 crore 42 lakh 53 thousand under the Mahagran Yojana. He will also lay the foundation stone of sewerage system works in Kaithal city worth Rs 5 crore 88 lakh 77 thousand.

'Environment lover' honored by Cycle Swar Kafla



MANJINDER SINGH BANGA: 'Cycle Swar Kafla' continued today even in heavy rain. This caravan, which traveled from Banga, reached Blakipur today, where Eng. Gopal Krishna was honored. This honor ceremony jointly performed by Kashmir Singh. Manjit Singh Blakipur, Kirpal Singh. They said that Eng. Gopal Krishna grows plants, looks after them and distributes plants to people free of cost. The planners of the caravan, Surjit Majari and Ranveer Rana, said that the mission of the caravan is to convey the message of health and safety and to honor those who perform services in the common work of the society. Accordingly, they walk every Sunday morning from Banga at five in the morning and so far they have visited the villages of Ladoa, Kahama, Nora, Dhahan. Meanwhile, Surinder Singh Khalsa and Rajinder Jassal said that from next Sunday, wherever the caravan will go, it will provide different types of fruit and shadow plants.

Health Deptt fully prepared to deal with diseases after floods: HM

SUMER GARG SANGRUR, JULY 16

Health and Family Welfare (H&FW), minister of Punjab, Dr. Balbir Singh discussed with the officials of health department, representatives of non-political organizations, office bearers of Indian medical association (IMA) and members of chemist associations at the district administrative complex today about the preparations being made at the government level to deal with diseases arising after floods.

Dr. Balbir Singh, health minister(HM), said that under the leadership of Chief Minister, Bhagwant Mann, he is visiting various flood-affected districts of the state to take feedback and take stock of the preparations of the health department.

He said that in this hour of crisis, where all the ministers, MLAs, administrative officials under the leadership of the Chief Minister have left no stone unturned to help the flood



victims, all the social workers, donors, IMA and the chemists have generously come forward and extended their hand for help, which he appreciates.

The HM said that due to the joint venture, the life of the flood-affected areas will soon be back on track and after the fall of water level in all the areas, if any kind of vector and water-borne diseases arise, they will be dealt with at an early stage. Health department teams are working with full speed to prevent this. He also emphasized the need to create maximum awareness among the

people while instructing the health officials to follow the advisory.

The HM said that 24x7 medical staff and medical services are available and ambulances are also arranged as per requirement and no shortage of medical care will be allowed in the flood affected areas. The HM said that in the flood affected areas of District Sangrur, Deputy Commissioner, Sangrur, Jitendera Jorwal & SSP Surendra Lamba are actively leading the teams and the entire medical staff is diligently engaged in public service. He

Vanmahotsav held by planting trees

NIRMAL

RADAUR: Plantation drive was conducted at Star Way Senior Secondary School, Fatehgarh. School managers Narendra Saini and Sanjay Saini planted fruitful, shady and ornamental plants in the school and took a pledge to keep nature green. Narendra Saini and Sanjay Saini said that today man is blindly felling trees to fulfill his needs. Due to the decreasing number of trees, the problems of global warming are increasing. The serious consequences of which our future generations will also have to bear. We have to improve on this. More and more trees have to be planted. He appealed to people to plant at least one tree on special occasions of their life and make others aware about it.



AAP workers distribute relief material in flood affected area



KULBHUSHAN SHARMA GUHLA CHEEKA, JULY 16

While visiting the flood affected area in Guhla Cheeka, Aam Aadmi Party workers met District President Gajjan Singh, District Secretary Kulbhushan Sharma, Farmers Wing District President Karmjit Singh, Farmers Wing Secretary Mahavir Singh, Jaipal Sharma, S.C. dozens of activists including Wing Secretary Ramkumar, District Councillor Rakesh Khanpur, State Co-Secretary of Legal Cell Ramesh Kumar, Ramdas, Harjinder Singh, Shamsher Singh Mann, Dr. Vasudev Sharma visited the flood affected area on Sunday. During this, he cooperated with other social organizations by distributing ration, pulses,

flour, rice, milk and other materials to the flood victims, including Gurudwara Shri 9th Patshahi, situated at Shri Mahavir Dal Guhla Cheeka Chowk. On the other hand, in Dera Bhawalpur near Tatiana, provided relief to the flood affected people by serving bread, biscuits, milk, water. During this, he also cooperated with the Aam Aadmi Party by distributing some medicines to the people in the form of first aid. Speaking on the occasion, Aam Aadmi Party's District President Gajjan Singh, Secretary Kulbhushan Sharma said that Aam Aadmi Party was always standing with the people in their sorrow and happiness and helping people in the flood affected areas by reaching everywhere in this time of disaster.

Rs. 40000 per acre sought as compensation to farmers



NARESH GARG LADWA, JULY 16

Social worker Sandeep Garg met the villagers and told them that all the villagers should work unitedly to deal with the calamity that has come in village Bakali at this time and he himself is standing shoulder to shoulder with them. Whatever the villagers need, they will try to fulfill it. He told the villagers that he is always with them and will always be with them. He said that today the villagers of Bakali had to lose their hundreds of acres of standing paddy crop due to the lack of concrete arrangements by the government.

Special Girdawari should be held for compensation to farmers: Satish



NIRMAL

RADAUR: Senior Congress leader Satish Dattana visited the villages affected by rain and flood water like Tapu Kamalpur, Gumthala, Nagli and Sandhala. Satish Dattana took stock of damages caused to farmers and villagers due to rain water and talked about solving problems of farmers by apprising concerned officials about problems. Satish Dattana said that farmers and villagers have suffered huge losses due to the rains. Never before had there been so much damage due to rain. Somewhere administrative negligence has also dominated the losses caused to the farmers and villagers. Although government and administration are claiming to have completed flood relief works, but the heavy rains have exposed all the claims of the administration and the government. Neither the culverts nor the rain drains built for the drainage of rain water anywhere in the rural areas were cleaned by the administration due to which the rain water got accumulated in the fields and farmers had to suffer huge losses.



During the fury of the flood in Punjab, where the Shiromani Gurdwara Parbandhak Committee is helping these flood victims in all places, the Shiromani Gurdwara Parbandhak Committee Takht Shri Damdama Sahib Talwandi Sabo sent food for the young animals. This information was given by Bhai Ranjit Singh manager of Takht Shri Damdama Sahib. A large number of committee employees and servants were present on this occasion. Photo by: Ishwer Garg

Sardar Iqbal Singh appointed Vice President of District Rural Congress Committee

ISHWAR GARG TALWANDI SABO, JULY 16

Sardar Iqbal Singh a traditional Congressman and hardworking leader of the area, was appointed as the Vice President of the District Rural Congress Committee. Giving this information to the press the newly appointed district Rural vice president sardar Iqbal Singh said that he will fulfill the responsibility given by the Congress party with full dedication and hard work. He thanked Punjab Pradesh Congress Committee president Amarinder Singh Raja Waring former minister and district Rural president Khushbaj Singh Jatana constituency in-charge Talwandi Sabo for this appointment. Congress leaders and workers of the area expressed happiness on the appointment of Iqbal Singh as district rural vice president. Expressed.



MLA Dev Mann thanks those who contributed to langar service



RAKESH JINDAL

NABHA: Langar service was going on for the last five days with the support of Sangat at Gurdwara Sahib Bhagat Naam Devji Bhados. Gurdev Singh Dev Maan MLA Nabha participated in the prayer ceremony today and MLA Dev Maan thanked all the donors who participated in the service of this langar. Maan thanked Bhagat Naam Dev Seva Committee Bhados for giving him the honor. On this occasion he was accompanied by Dharam Singh Pradhan, Deepa Ramgarh Chairman Marketing Committee Bhadosn, Tejinder Singh Khaira, Rupinder Singh Bhadosn, Randhir Singh Dhidsa, Satpal Singh, Bobby Singh, Bhopinder Singh. Kallar Majri, Dr. Sukhwinder Singh Kalyan and group committee members were present.

Jiwan Rakshak Dal team plants saplings in Jat College on annual plantation programme



RAMAN GUPTA

KAITHAL: On behalf of the team, Nauhariya Ram Sharma, ex-principal of Jat School, started the plantation program. He said that only plants can give us relief from increasing pollution. Planting trees is like planting oxygen plants because plants give us plenty of oxygen. Plants prevent soil erosion and provide coolness. Plants also provide shelter to birds and help in keeping the environment pure. Team head Raju Sharma Dohar told that today he has planted 200 saplings in Jat College, his target is to plant 1100 saplings. He said that it is the responsibility of all of us to plant trees. We should plant saplings in our house on every happy occasion. Expressing concern over the indiscriminate felling of forests, Raju Sharma said that if there are no trees, future generations will have to face huge problems.

All Haryana Roadways Workers Union Sub Depot workers meeting held regarding their demands



SANJAY AGARWAL

PEHOWA: A meeting of All Haryana Roadways Workers Union Sub Depot workers was held in the union office under the chairmanship of President Vinod Sharma here on Sunday. State Spokesperson of the union, Baldev Singh Mamu Majra said that a memorandum regarding demands was submitted by the employees to the General Manager. But no action has been taken on the memorandum as yet. The General Manager has not invited the employees for talks so far. Pradhan Vinod Sharma, Secretary Ramphal, Deputy Pradhan Sohanlal and Cashier Amarjit Singh said that a reminder letter was also given to the General Manager. Despite this no hearing was held. The employees said that if the GM did not call the union and hold talks by July 18, a one-day protest would be held against the General Manager in front of his office on July 19. Employees like Gurvindra Singh, Ravindra Begpur, Navdeep Singh, Gurbaksh Nalvi, Baldev Nalvi, Gurdev Nalvi, Sandeep Kumar, Sher Singh, Kashmir Singh, Rajendra Ahlawat were present on this occasion.



Cardiff City sign Aaron Ramsey on two-year deal

CARDIFF: Wales football club Cardiff City signed former Arsenal star Aaron Ramsey on a two-year contract. The website of Cardiff City stated, "Cardiff City FC are delighted to announce that Wales captain Aaron Ramsey has returned to the Welsh capital, signing a two-year contract with the Bluebirds." A three-time Emirates FA Cup winner, the 32-year-old re-joined City for a third spell. After coming through the ranks with the Cardiff City Academy, Ramsey became our youngest-ever player in April 2007, making his first team debut aged just 16 years and 123 days – a record that stands to this day. The midfielder broke into the Bluebirds' side during the 2007/08 campaign and came off the bench to replace City legend Peter Whittingham in the 2008 FA Cup Final, before moving to Arsenal. Ramsey returned to South Wales on loan in February 2011, making six unbeaten appearances during a one-month spell, and assisting Craig Bellamy's famous winning goal in the South Wales derby. With over 500 career appearances under his belt, Aaron now returns to his boyhood club on a two-year deal, after competing at the highest levels of world football for over a decade. The playmaker lifted the Emirates FA Cup on three occasions during his time with Arsenal, scoring the winning goals in the 2014 Final against Hull City and the 2017 Final against Chelsea. Aaron also tasted success in Italy with Juventus, becoming a Serie A champion in 2019/20 and a Coppa Italia winner in 2021. He has also finished as runner-up in the UEFA Europa League on two occasions. On the international stage, Ramsey has made 83 appearances for the Wales national team, scoring 20 goals. Aaron was a key member of the team which reached the Semi-Finals of UEFA EURO 2016 and also scored the crucial goals against Hungary which secured Wales' qualification for UEFA EURO 2020.

Parul Chaudhary wins her second medal with silver in 5000m in Asian Athletics C'ships

BANGKOK: Ace Indian long distance runner Parul Chaudhary on Sunday won her second medal of the Asian Athletics Championships with a silver in 5000m on the final day of competitions here. Chaudhary, who had won gold in 3000m steeplechase on Friday, clocked 15 minute 52.35 seconds to finish second behind Yuma Yamamoto (15:51.16) of Japan in the 5000m final. The 28-year-old Chaudhary holds the 5000m national record of 15:10.35.

Asian Championship Trophy: Pass the Ball Trophy Tour reaches iconic Kalinga Stadium

BHUBANESWAR : Ahead of the eagerly anticipated Asian Champions Trophy Chennai 2023, the 'Pass The Ball Trophy Tour' arrived at the iconic Kalinga Stadium on Sunday. Sports Minister Tusharkanti Behera, President Hockey India, Dilip Tirkey and Director of Sports, Odisha Siddhartha Das graced the event and unveiled the trophy in the presence of Odisha Naval Tata Hockey High Performance cadets and officials of Sports and Youth Services Department. The Union Sports Minister Anurag Thakur launched the "Pass the Ball Trophy Tour" campaign at the Asian Champions 2023 highly anticipated trophy launch in Chennai. The goal of the campaign was to inspire young athletes from all around India to see and touch the trophy and one day dream to play for the national team. Sports Minister Tusharkanti Behera shares, "Hockey as a sport would benefit greatly from the upcoming Asian Champions Trophy in Chennai 2023. Sundargarh has a history of producing exceptional athletes, including Olympians, for the national team. We look forward to playing a significant role in the upcoming years." President of Hockey India Dilip Tirkey shares, "It should go without saying that Odisha is incredibly happy to host the Asian Champions Pass the Ball Trophy Tour at Kalinga Stadium today. India has a long history of hosting major hockey tournaments, and I am confident that the Asian Champions Trophy in Chennai in 2023 will be a success." Adding last word to the notable event today Sports Director Siddhartha Das shares, "It is a wonderful occasion for us as the Pass the Ball Trophy arrives in Odisha and we get to host the campaign for the first time.

SPORTS

YUGMARG, CHANDIGARH, MONDAY, JULY 17, 2023

Ferrari chief Frederic Vasseur lashes out on new suggestion to enter F1

LONDON : Ferrari chief Frederic Vasseur, who sat alongside Mercedes chief Toto Wolff at the team principal's press conference at Silverstone, pushed back against the suggestion that F1 needs more American teams, as per the Formula 1 website. This comes after Andretti, an American, collaborated with General Motors brand Cadillac on their entry bid. Vasseur believes that it is drivers, as opposed to teams, who grow the sport's popularity. "Very often we are speaking about the nationality of the team but for me, it's absolutely not an argument," Vasseur said. "F1 is not just a UK championship because we have 70 per cent of the teams based in the UK. "The attractiveness of the F1 is much more based on the nationality of the drivers and so it's nothing to do with the nationality of the team.

Duleep Trophy: Kaverappa, Vihari help South Zone end title drought



AGENCY BENGALURU, JULY 16

Top bowling spells by Vidwath Kaverappa, Sai Kishore and classy knocks from skipper Hanuma Vihari proved to be the difference as South Zone clinched the Duleep Trophy title by defeating West Zone in the final by 75 runs on Sunday. This is South Zone's first title win since the 2010/11 season. They shared the title with North Zone in the 2013/14 season.

In the chase of 298 runs,

West Zone lost two quick wickets, including Prithvi Shaw for just seven. WZ was at 19/2. Then, Cheteshwar Pujara and Priyank Panchal rebuild the innings with a half-century partnership. Vasuki Koushik broke the partnership at 57 runs, dismissing Pujara for 15. WZ was at 75/3.

Suryakumar Yadav was next to fall for just four and WZ was struggling at 79/4. Another valuable partnership followed between Sarfaraz Khan and Priyank, with the duo bringing the target below to nearly 120 runs.

That is when Sai Kishore started weaving his spin web, dismissing Sarfaraz for 48 in 76 balls. WZ was at 177/5.

Panchal, who had brought up his half-century, continued to fight a largely lone battle, but fell for a valiant 95 in 211 balls, consisting of 11 fours to Kaverappa. WZ was 189/6.

From that point, the contest became largely one-sided and Kishore cleared the tailenders, bundling out WZ for 222, winning the game by 75 runs.

Kishore (4/57) and Koushik (4/36) were the picks of the

bowlers for South Zone. Kev-arappa and Vijakumar Vyshak got one wicket each.

Earlier, South Zone was bundled out for 230 runs in their second innings. They secured a 297-run lead over West Zone, who trailed South by 67 runs at the end of their first innings.

In South's second innings, Hanuma Vihari (42 in 89 balls), Washington Sundar (37 in 75 balls), Washington Sundar (35 in 68 balls) and Ricky Bhui (37 in 69 balls) were among the major contributors with the bat. Dharmendrasinh Jadeja

took a five-wicket haul, ending with figures of 5/40 for South. Atit Sheth and Arzan Nagwaswalla also got two wickets.

South Zone gained a sizeable 67-run first-innings lead after skittling out West Zone for just 146 in their first innings.

Prithvi Shaw (65 in 101) fought a largely lone battle for West Zone as stars like Pujara (9), Suryakumar (8), Sarfaraz (0) and skipper Priyank (11) were left helpless by medium-pace of Kaverappa, who clinched the figures of 7/53. Being put to bat first by

West, South bundled out for 213 runs in their first innings. Skipper Vihari (63 in 130 balls), Tilak Varma (40 in 87 balls) and Mayank (28 in 47 balls) offered key contributions at the top.

Shams Mulani (3/29) was the pick of the bowlers for West Zone. Nagwaswalla, Jadeja, Chintan Gaja also took two wickets each.

Kaverappa earned the 'Player of the Match' award for taking eight wickets in the match. He also took home the 'Player of the Series' award for taking 15 wickets in the tournament.

Messi completes Inter Miami move

AGENCY WASHINGTON, JULY 16

Inter Miami have completed the signing of Lionel Messi and will unveil the Argentine great to fans and the media on Sunday.

A video of the 36-year-old wearing the club's No. 10 shirt was posted on Inter's social media accounts on Saturday.

The club later confirmed that his arrival on a free transfer had been ratified by Major League Soccer officials.

The Argentina captain agreed to a contract that runs until December 2025 with an option for another season.

His official presentation will take place at the DRV PNK stadium in Fort Lauderdale, Florida, in an event starting at 8 p.m. local time on Sunday.

"I'm very excited to start this next step in my career with Inter Miami and in the United States," Messi said.

"This is a fantastic opportunity and together we will continue to build this beautiful project. The idea is to



work together to achieve the objectives we set, and I'm very eager to start helping here in my new home."

The former Barcelona and Paris Saint-Germain star will make his debut for Inter Miami in a Leagues Cup match against Mexico's Cruz Azul on July 21.

In June, Messi announced he was

leaving PSG to join the Florida outfit, which is partly owned by former England captain David Beckham.

The forward has since said that he is looking forward to enjoying the last stage of his career, having achieved his ultimate goal of winning the FIFA World Cup for Argentina in Qatar last December.

Lakshya Sen bows out of US Open after loss in semifinal

AGENCY WASHINGTON, JULY 16

Indian shuttler Lakshya Sen bowed out of the ongoing US Open tournament after a loss in the semifinal on Saturday.

Sen, the Commonwealth Games champion lost to the world number seven and All-England Champion Li Shifeng by 17-21, 24-22, 17-21 in a hard-fought match that lasted an hour and 16 minutes.

Sen did not have a very good start as he lost a very close first game by just four points. He maintained his composure to bounce back in the second game that went down the wire. These two games paved the way for an exciting decider, which was won by Shifeng despite the fight put up by the CWG champion from



India. "A terrific run at #USOpen2023 comes to an end for Lakshya Sen. Lots of positives to take from this week. Keep at it champ: @badmintonphoto #Badminton #IndiaontheRise," tweeted Badminton Association of India (BAI) Media. — BAI Media (@BAI_

Media) July 15, 2023 Notably, it was Shifeng that Sen had defeated in the final of the men's singles competition at the Canada Open recently on July 9 by 21-18, 22-20 within two straight games to win his fourth BWF World Tour title after Dutch Open, SaarLorLux Open (2019).

'When I bowl, I constantly think like a batter': Ashwin

AGENCY ROSEAU, JULY 16

Ravichandran Ashwin explained his thought process and the thinking that lies behind his deliveries after he capped off an impressive display with the ball in the first Test against West Indies at Windsor Park.

Ashwin utilised every bit of the extra bounce and spin that was on offer, making it difficult for the entire middle-order batters to read his variations, as well as line and length, and really a hard task to stay on the crease.

He ended the Test with figures of 12/131 which is his best away from home. During a chat with commentators Ian Bishop and Samuel Badree after the match, Ashwin explained his thought process while bowling.

"I'm thinking constantly like a batter when I'm bowling. [During]



the first few overs, I'm settling into a nice rhythm. I'm looking for different angles, trying to see whether

my round-arm ball spins, or the up-and-over spins, or the flatter trajectory spins. I try and gauge the pitch, I try and gauge the right pace to be bowling with, and then I'm looking at the batter," Ashwin said as quoted by ESPNcricinfo.

He further went on to specifically explain his thinking while he dismissed West Indies skipper Kraigg Brathwaite on Day 3.

"That's the next phase for me - where is the head moving, where is he looking to score those runs, is he falling over, is his front leg coming over? - those are the things I'm looking at. Today, when I was bowling at Kraigg Brathwaite - it was something I was working on in the first innings as well - I felt like when the round-arm action was coming in, he was losing his head," Ashwin added.

By saying "losing his head" Ashwin meant that on Brathwaite's dismissal delivery, his head was

falling a long way to the off side of the ball, which had landed on a middle-stumps line. This left the batter with a limited number of options.

Ashwin didn't go into the specifics of his release point during his post-match chat, but he told the effect that natural variation has on batters' minds.

"The moment a batter walks in, you know what he wants to do, and Jermaine Blackwood was a clear example of how [after] Kraigg Brathwaite nicked it off to slip, he was [worried about] the outside edge, wanting to protect it. It's pretty much [about gauging] very quickly when a batsman walks in - whether he wants to drive, whether he wants to sit back - so when you make that early gauging of a situation or a batter, you've got a better chance of attacking him up front," Ashwin signed off.

BJP govt not concerned about problems of people: Sumita Singh



SHIV KUMAR SHARMA KARNAL: Sumita Singh, former MLA, Karnal, participated as the chief guest in Bhandara on the occasion of Shivratri in the month of Shravan at Vishwakarma temple in Ratangarh village. On reaching the temple, the villagers welcomed her with garlands. Sumita Singh said that everyone should worship Lord Shiva. The devotee who worships Lord Shiva with a true heart, God definitely listens to him, so everyone should worship Lord Shiva. On this occasion, the villagers discussed their problems. Sumita Singh said that the BJP government is not concerned with the problems of the people, they only know how to develop themselves. She said that the Congress party takes everyone along. Support the Congress, all the problems will be solved when the government comes. The villagers also complained of water-logging due to heavy rains, which has damaged their crops. On this, Sumita Singh appealed to the government to assess the loss of people and farmers and also demanded proper compensation. Mitrapal, Praveen Panchal, Brijendra, Shivkumar, Dharamveer, Rajesh, Rohtas, Vinod, Rampal, Rinku, Kulwant, Kuldeep etc were present on this occasion.

Help needed for people trapped in Yamuna floods



MAINPAL KASHYAP INDRI: In natural disaster, help is needed to trapped people in disaster. At time of natural calamity, it becomes an important responsibility of administration that how to protect the lives of people. Flood-like situation had arisen due to water of Yamuna river in various villages of district, but administration united day and night to control situation caused by flood. Introduction of human service by administration as well as NDRF teams along with army personnel and religious institutions by arranging food and water for people trapped in flood is commendable in itself. SDM Ashok Kumar was entrusted with responsibility of providing relief and protection to people trapped in flood in various villages of sub-division Indri. SDM Ashok Kumar, facing flood with help of sarpanches, numberdars and officers and employees of administration, delivered all necessary things on time to people trapped in flood and did not allow loss of life and property in any way. SDM Ashok Kumar sat in a boat on first day of flood and distributed food, water and relief materials to people in Dera Japati Chhapra, a village adjacent to banks of the Yamuna river, and after that continuously worked day and night in the flood-affected areas. Keep helping the people trapped in the flood affected areas by staying among people. He also gave strict instructions to officers to reach flood affected areas and keep distributing relief materials to people. He ordered officials of Health Department to bring out sick and injured men and women trapped in flood-affected areas from flood and treat them immediately.

Selja consoles Batra on his mother's death



RK KASHYAP CHHACHHRAULI: National General Secretary and former Union Minister Selja reached to console the sudden demise of the mother of Coordinator District Congress Committee and former Chairman Zilla Parishad Shyam Sundar Batra. Selja said that the blessings of elders inspire us to move forward. National General Secretary Kumari Selja, State Congress Working President Ramkishan Gurjar, MLA Renu Bala, former minister Akram Khan paid collective tributes among family members along with leading workers present on the occasion. Coordinator District Congress Committee and former Chairman Zilla Parishad District Yamunanagar Shyam Sundar Batra's mother late Yashoda Devi's prayer meeting will be held at Ambience Resort Agrasen Chowk Jagadhri on Friday, July 21 from 2 pm to 3 pm.

HARYANA

YUGMARG, CHANDIGARH, MONDAY, JULY 17 , 2023

Bhupinder Singh Hooda will hold public dialogue program on August 6

SHIV KUMAR SHARMA KARNAL, JULY 16

Former Haryana Chief Minister and Leader of Opposition Bhupinder Singh Hooda will hold a public dialogue with the people of Karnal on August 6. Haryana Pradesh Congress Committee President Udaybhan and Rajya Sabha MP Deepender Hooda will also interact with the people. The program will be organized at SBS Senior Secondary School, Railway Road. A meeting of Karnal Congress workers was held at the Manav Seva Sangh on Sunday to decide the outline of the public dialogue programme. It was presided over by former Assembly Speaker Kuldeep Sharma. Karnal in-charge and former MLA Lahari Singh were present. The stage was operated by Ashok Khurana. On this occasion, Kuldeep Sharma told the workers that former Chief Minister Bhupinder Singh Hooda was conducting public dialogue programs in the entire state to listen to the problems and complaints of the people. Mr Hooda will



come to Karnal on August 6 to interact with the people of Karnal. Participation of people from all the assembly constituencies of the district has to be ensured in this programme. The representatives of social and religious organizations will also be invited for this program. He said that the Haryana government has worked to increase the problems of the people for the past nine years. This government has failed on every front. To raise the voice of the public, former Chief Minister Bhupinder Singh Hooda was holding public talks in all the districts. He was determined to raise the problems and grievances of the people in the Vidhansabha and got them resolved. On this occasion, former minister

Bhim Mehta, former MLA Sumita Singh, former MLA Raj Kumar Valmiki, former MLA Rakesh Kamboj, district convener Trilochan Singh, Congress leader Raghubir Sandhu, PCC member Rajesh Vaidh, Anil Rana from Gharaunda, advocate Chanakya Sharma, women head Usha Tuli, Youth District President Manindra Shanti, Krishna Sharma Bastada, Councilor Pappu Lathar, Hariram Saba, Ramesh Saini, Dharmapal Kaushik, Rani Kamboj, Gurvinder Kaur, Parag Gaba, Ranpal Sandhu, Amarjeet Dhiman, Sanjay Chandel, Karm Singh Khanpur, Ramphal Kalampura Lalit Arora, Surjit Saini, Jogindra Chauhan Sevalad, Jaswant Singh Nilokhedhi, Gagan Mehta, Karan Pal Singh, Hoshiar Singh, Satpal Singh Jani, Soni Kutel, Surendra Kalkha, Dayal Singh Sirohi, Anil Rana, Jagir Saini, Meenu Dua, Prithvi Bhat, Prakashveer, Jilaram Valmiki, Ramesh Jogi, Rameshwar Valmiki, Surendra Gaur, Sultan Singh Sohlo and Sukhwinder Singh Beed Majra were present.

Plant trees to avoid nature's wrath: Gupta

PARI BAJAJ

KARNAL: Today, in the first phase of this year, the 'Mera Plant Mera Maan' programme was held between Sai Mandir and Nurmahal Chowk under the Plant Trees Save Earth programme by Manav Care Sansthan. In this programme, medicinal and shady plants of Neem, Gulmohar, Arjun etc. were planted. Jai Bhagwan Verma, general secretary of the organisation said that Manav Care Sansthan has been working continuously for environmental protection since 2010. Like every year, this year is also for environmental protection. Plantation campaign will be conducted on a large scale in 6 phases from July 16 to August 27 under the Mera Podha Mera Maan programme. In the first phase of plantation, saplings have been planted from Sai Mandir to Nurmahal Chowk today. President of the organisation Sanjay Gupta said that plants are important for human life. They are very useful for life, without them even the imagination of life cannot be imagined, today nature is very angry. Mankind should take a lesson from this anger of nature and take a vow not to play with nature in future. Small children including Pooja Arora, Kapil Grover played an important role.



BJP organises tiffin meeting

RAJNI SONI YAMUNANAGAR, JULY 16

BJP District President Rajesh Sapra said that a tiffin meeting was organised by the Bharatiya Janata Party under the Jagadhari assembly constituency, in which Kanwarpal Gurjar, the school education minister in the Haryana BJP government, participated as the chief guest. School Education Minister Kanwarpal Gurjar had brought his tiffin from his home in the Tiffin meeting of BJP Jagadhri Vidhan Sabha, Chief Guest School Education Minister Kanwar Pal Gurjar said that in this tiffin meeting, the workers of BJP's Jagadhri Vidhan Sabha area brought tiffins from their homes. Group dinner was done and along with it organisational discussion was held about the achievements of Prime Minister Narendra Modi BJP government's 9 years tenure at the cen-



tre. The purpose of the Tiffin meeting is to strengthen mutual brotherhood.

It is because of everyone's efforts that there is a BJP government at the centre. The achievements of the nine years of the

other in the election, School Education Minister Kanwarpal Gurjar said that PM Narendra Modi's BJP government has taken major steps to ensure food security for 80 crore Indians of the country. More than 1121 lakh metric tonnes Free food grains have been distributed under the Pradhan Mantri Yojana and people are getting easy ration across the country with one nation one ration card, 14 crore people got the benefit of Mudra loan, more than 60 percent of the beneficiaries are women. He claimed that the poor section of the society got the benefit of Mudra Yojana, School Education Minister Chaudhary Kanwarpal said that the whole world believes that only PM Modi can solve the dispute between Russia and Ukraine.

government are in front of all of you. Our Prime Minister has raised the prestige of the country by creating a distinct identity in the world. The BJP organisation stands as a strong pillar. Lok Sabha elections are near. You have to fully cooperate with each

gramme. Gharaunda MLA Harvinder Kalyan will also be present. Apart from these, Mayor Renu Bala Gupta, Industrialist Brij Gupta, Chief Minister's Media Advisor Jagmohan Anand, Chief Min-



card only. Office bearers and members of all respected institutions of Karnal will participate in this programme.

Convener of Nav Chetna Manch SP Chauhan said that, MP Sanjay Bhatia has given his consent to come as the chief guest in this pro-

ister's representative Sanjay Bathla, BJP District President Yogendra Rana will also be present in the programme. Local administrative chief officers and top officials of Panipat have been specially invited to attend the programme.

Dozens of youth join BJP

CHHACHHRAULI - RK KASHYAP: Dozens of youths from Baloli village joined the BJP under the leadership of social worker and education minister Chaudhary Kanwar Pal's brother Ashok Gurjar. Social worker Ashok Chaudhary included all youths in the party by wearing BJP's patka. Assured everyone to be respected in the party. Chowdhary told dozens of youths while getting them included in the BJP that they will be given full respect in the BJP. His doors are always open to the general public for any work at any time and for this he does not need any recommendation. They can come and contact him at any time and tell their problems. Dozens of youths joined the BJP and demanded a grant to social worker Ashok Chaudhary for the boundary wall of a religious place in his village.

Diamond of India Award ceremony on Aug 6

SHIV KUMAR SHARMA KARNAL, JULY 16

A meeting of the Anti Corruption Foundation of India was organised under the chairmanship of National Chief Narendra Arora. The meeting was mainly attended by International Chief Director Munish Kumar, District Director Sangrur Gulshan Joshi and Executive Members Satish Sharma and Dharminder. Addressing the meeting on this occasion, Narendra Arora said that the office bearers and members of Anti Corruption Foundation of India are working for eradication of corruption awareness in all the states of India. The Foundation honours the works of the top leaders of its team and trains them to work for the eradication of corruption awareness, in this series, the Foundation organised a grand

Leadership Seminar and Diamond of India Award ceremony in Karnal on 6 August. The event will be presided

India Simran Ahuja, film actress will participate as the celebrity guest. International Chief Director Munish Kumar and National Director Dr.



over by Dr. Ranjodh Singh, the National President of the Foundation and Kiran Kumar, the great actor of the film world, will participate as the celebrity chief guest and former Miss

Satish Garg will be present as very special guests. Narendra Arora said that on this occasion the top leaders of the foundation will be honoured with the Diamond of India Award.

AAP's Pooja Nagra assures people of help during floods

PRITI SAINI

SADHAURA: AAP's Town Sadhaura Advocate Pooja Nagra, Secretary Lok Sabha Ambala, said that at the time of this disaster, human rights are being violated, no proper arrangements have



been made by political leaders and administration in 5 years. A flood-like situation prevailed. Rivers and drains were broken, roads were destroyed, and there was panic among the people. Water started flowing in the village after the dam broke from Nayagaon and Paharpur side, the water flow started coming towards the village very fast. People were afraid of danger and relief work was not carried out by any MLA. The villagers themselves left the village in their own tractors and trolleys like migrants and took shelter elsewhere. Fearing for their lives, people did not even go to work. There was an atmosphere of panic among the people due to the arrival of water, proper use of drainage, and that arrangement was not done. All this should have been taken care of by the administration and the present government, due to which the people of Sadora are facing trouble.

SC Bar Association President Dr. Adish welcomed by Ad Shandilya

SHIV KUMAR SHARMA

AMBALA: Senior Advocate Dr. Adish Chandra Agarwala, the newly elected President of the Supreme Court Bar Association of the Supreme Court of India and Chairman of the International Council of Jurists and All India Bar Association, was accorded a grand welcome at the Punjab and Haryana High Court Bar Association, Panchkula Bar Association and Ambala. On this occasion, Vasu Ranjan Shandilya, Young Advocate, Punjab and Haryana



High Court and Youth Wing President, International Council of Jurists honoured Dr. Adish Chandra Agrawala by presenting a memento of Goddess of Law on behalf of International Council of Jurists (Youth Wing). Recently, Dr. Adish Agarwala, Senior Advocate of the Supreme Court had appointed Advocate Vasu Ranjan Shandilya as the President of the Youth Wing in the International Council of Jurists and during his arrival, Senior Advocate Dr. Aggarwala honoured Advocate Shandilya by wearing ICJ's flag. On this occasion Dr. Anmol Rattan Sidhu, Senior Advocate, High Court, High Court Bar Association President GBS Dhillon, Punjab Haryana Bar Council Chairman Suvir Sidhu, Senior Advocate SK Garg Narwana, Bar Council of India Members Pratap Singh, GC Dhuriwala, Advocate Advocate Vishal were present. Including Garg Narwana, Advocate Lekhranj Sharma Advocate Sumit Jain Ratia, Neeraj Dutt Gaur, Sagar Sharma etc.

SHIV KUMAR SHARMA KARNAL, JULY 16

After successfully organising Rafi Nite for the last 22 years, this time also the 23rd Rafi Nite is being organised at the local Mangelsen Auditorium from 5 pm. This event will be a joint presentation of Voice of India and Nav Chetan Manch in which Padma Shri Mohammad Rafi's son Bollywood celebrity Shahid Rafi and playback singer Usha Timothy are coming. This programme has been dedicated to Padma Vibhushan Sangeet Samrat Pandit Jasraj ji, in which apart from local artists, artists from different cities of Haryana will also perform.

Giving this information, Chairman of Voice of India, Dr. Krishna Arora told that it is a joint event of Voice of India and Navchetna Manch! Mr. SP Chauhan, the coordinator of Nav Chetna Manch, will handle the management and Dr. Krish-

Rafi Nite in Karnal on July 23

na Arora and his team will handle the whole arrangement of music. The core team and all the members of Voice of India Trust will perform their respective roles in the programme. Admission will be given by invitation



card only. Office bearers and members of all respected institutions of Karnal will participate in this programme.

Convener of Nav Chetna Manch SP Chauhan said that, MP Sanjay Bhatia has given his consent to come as the chief guest in this pro-

gramme. Gharaunda MLA Harvinder Kalyan will also be present. Apart from these, Mayor Renu Bala Gupta, Industrialist Brij Gupta, Chief Minister's Media Advisor Jagmohan Anand, Chief Min-

Foundation Day celebrated at Convent School



PARI BAJAJ

KARNAL: St. Theresa's Convent School celebrated its 102nd foundation day with great pomp. On this occasion, IAS Manasvi Sharma, who was a student of St. Theresa School attended the programme as the chief guest. On this occasion, he inspired the students to achieve success in life. He said that no goal is too big. With hard work every goal can be achieved. Various programmes were also presented by the school children in the programme. The guests were welcomed by the Principal of the school, Sister Priya Theresa. She highlighted the achievements being made by the students of the school. In his address, he called upon the children to bring laurels not only to their parents but also to their district, state and country by being educated. She also presented a memento to the chief guest.

Free eye check-up camp held

MANDEEP KUMAR

SONEPAT: Lions Club Ganaur and Bharat Vikas Parishad Branch Ganaur on the death anniversary of Lala Shripal Jain organised a blood donation camp and free eye check-up and operation camp at Gupti Dham Gannaur. Chief organiser Amit Jain said that on this occasion, free helmets were also distributed to all blood donors in view of road safety. He informed that around 332 units were collected in the blood donation camp. Blood donation camp was organised by Lions Blood Bank Kundli Branch under the direction of Dr. Sumit and under the leadership of his experienced team. There were 367 OPDs in the same eye check-up. In which about 16 patients suffering from Cataract will be operated by the organisation. On the same occasion spectacles were distributed to 117 needy. Manuja Jain said that youth and women participated enthusiastically in the camp. There were 16 youth who donated blood for the first time in the camp and 32 women also played a special role in the event by donating blood. Expressing gratitude to Lions Club Ganaur and Bharat Vikas Parishad branch Ganaur, he said that both the organisations are doing good service work in various fields with dedication. Due to which many people are getting benefited. He said that today these institutions are working to benefit the common people through various projects across the country.



BJP govt should compensate damages caused by floods: Balla

SHIV KUMAR SHARMA

KARNAL: Member of Haryana Pradesh Congress Committee and former member of Haryana Police Recruitment Board, Rajendra Balla said that today half of Haryana is in the grip of floods due to the negligence of the government. Had the studs been made on the Yamuna well in time, the tenders for which had also been floated, perhaps today such a huge waste would not have happened and if the water was released from the Hathnikund barrage, if the people were informed on time, then people would have been able to save their animals and food. Had they removed the drinking material, today such a big problem would not have arisen for the general public. He further said that it is the responsibility of the government to provide food, medicines and other essential items to the people and to evacuate the people trapped in the flood to safe places as soon as possible. Rajendra Balla said that all the workers and leaders of the Congress party are currently working in the flood affected areas. Just 2 days ago Congress Party's National General Secretary in charge of Chhattisgarh Selja visited the flood affected villages of Ambala, Panchkula, Yamunanagar etc. Day and night he is engaged in the service of the people. Selja has written a letter to the Chief Minister demanding that the government should provide compensation for the damaged crops of the farmers and make arrangements for relief material and food and drink in the flood affected areas as soon as possible.



Vij does politics on principle of Nar Seva Narayan Seva: Shandilya

SHIV KUMAR SHARMA

AMBALA: International Head of Vishwa Hindu Takht and National President of Anti-Terrorist Front India Viresh Shandilya congratulated Home Minister Anil Vij on Shivratri in the month of Shravan and presented him a grand statue of Lord Shiva and prayed for his long life and healthy body. Shandilya said that all the politicians of the country will have to make their thinking like the thinking of Anil Vij, then the respect of politicians in the country will increase among the public. Vishwa Hindu Takht chief Shandilya said that Anil Vij works on the principle of public service, Nar Seva Narayan Seva and dedicates 365 days to the public. Shandilya said that Anil Vij is a living example of humanity in the politics of the country. Viresh Shandilya honoured Anil Vij by giving a statue of Lord Shiva on behalf of the Vishwa Hindu Takht on Shiva Ratri of Savan and said that whether it is the Corona period or now the floods, Anil Vij has proved that for him God is the public and his Without caring about life and property, Anil Vij and his entire family dedicate themselves to the service of the public. Home Minister Anil Vij's own house is also in the grip of flood. But he only sees the public. The Vishwa Hindu Takht president said that all the politicians will have to make their thinking like Anil Vij, then the public will worship the politicians, otherwise the public will abuse and slap the leaders.

