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## LS Speaker accepts no-confidence motion against union government

AGENCY  
NEW DELHI, JULY 26

Lok Sabha Speaker Om Birla on Wednesday accepted the no-confidence motion moved by Congress MP Gaurav Gogoi on behalf of opposition parties of I.N.D.I.A alliance.

After Gogoi moved the motion, the Speaker asked about the number of members supporting the motion. He admitted the motion and said the time of the debate will be decided later.

The House resumed its normal functioning after the Speaker accepted the demand for no-confidence motion. Opposition members expressed their opinion on the bills being introduced by the government.

The two Houses have seen repeated adjournments since the commencement of monsoon session of Parliament on July 20.

Gogoi represents Kalibor constituency in Assam and is an MP from the north-east region.

Bharat Rashtia Samithi, which has nine members in Lok Sabha, also gave no-confidence motion notice against



## 29,295 vacancies filled in J-K after abrogation of Article 370: Govt

**NEW DELHI:** A total of 29,295 vacancies were filled in Jammu and Kashmir since the abrogation of Article 370 in the erstwhile state, the Central told the Rajya Sabha on Wednesday. Union Minister of State for Home Nityanand Rai shared the input in a written reply to a member. "The Government of Jammu and Kashmir has carried out several governance reforms, including in the area of recruitment in Government. After the abrogation of Article 370, a large-scale recruitment drive has been carried out and the Government of Jammu and Kashmir has filled 29,295 vacancies," said Rai, adding that recruiting agencies have advertised 7,924 vacancies and examinations in respect of 2,504 vacancies have been conducted.

the government.

Union Minister Arjun Ram Meghwal said the government is "ready" for every

situation.

"Let the No Confidence Motion come, Government is ready for every situation. We

do want a discussion on Manipur...Before the commencement of the session, they wanted a discussion. When we agreed, they brought up the issue of Rules. When we reached an agreement on Rules, they brought in the new issue that the PM come and initiate discussion. I think these are all excuses..." Meghwal told.

Gaurav Gogoi had earlier in the day submitted a notice for no-confidence motion against the government in the Lok Sabha.

The decision to bring a no-confidence motion was taken at a meeting of opposition I.N.D.I.A alliance parties held on Tuesday. As many as 26 Opposition had earlier come together naming their alliance as I.N.D.I.A.

Opposition MPs said that they know the numbers are in favour of the government in Lok Sabha but no-confidence motion is a way to seek reply from Prime Minister Narendra Modi on various issues including the violence in Manipur.

"This No Confidence Motion is a political move with a political purpose - a political move which will bring results..."

## RS passes Bill for inclusion of Hattee community of Himachal in ST list

AGENCY  
NEW DELHI, JULY 26

The Rajya Sabha on Wednesday passed a Bill with a voice vote to include the Hattee community of the Trans Gira area of Sirmour district in Himachal Pradesh in the list of Scheduled Tribes.

Speaking on the Constitution (Scheduled Tribes) Order (Third Amendment) Bill, 2022, Tribal Affairs Minister Arjun Munda said the Bill seeks to amend the Constitution (Scheduled Tribes) Order, 1950 which lists the tribal communities deemed to be Scheduled Tribes in States and Union Territories.

The Minister said demands for inclusion of Hatti tribe in the Trans-Giri area of



Sirmour district in Himachal Pradesh have been pending for a long time, and their inclusion to the Scheduled Tribes list will help them in providing long pending justice.

The Minister mentioned that the border sharing people from four blocks of Tran Gira of Himachal Pradesh have

their relatives identified as Scheduled Tribes in Uttarakhand.

Responding to the members, Munda said it is the responsibility of respective Governments to ensure no tribal land alienation takes place in their states.

He also listed the number of initiatives taken up by the Tribal Affairs Ministry in the field of health and education in tribal dominant areas.

The Bill was passed by the Lok Sabha in December last year.

On September 14, 2022, the Union Cabinet under the chairmanship of Prime Minister Narendra Modi had approved the addition of some Tribes in the list of Himachal Pradesh.

## HC stays ASI survey of Gyanvapi mosque till July 27

**PRAYAGRAJ:** The Allahabad High Court has temporarily stayed the survey ordered by a Varanasi court of the Gyanvapi mosque complex and listed the matter for hearing at 3.30 pm on Thursday. The Anjuman Intezamia Masjid Committee, which is the caretaker for the Gyanvapi mosque in Varanasi, had filed a plea in the Allahabad High Court on Tuesday, challenging a Varanasi court order last week directing the Archaeological Survey of India to conduct a scientific survey of the mosque to ascertain.



## Liver and kidney transplant centre to be set up at PGIMS, Rohtak

BUREAU  
CHANDIGARH, JULY 26

Haryana Chief Minister, Sh. Manohar Lal has approved the proposal of the Medical Education and Research Department to set up a liver and kidney transplant centre at post graduate institute of medical sciences (PGIMS), Rohtak. The people of Haryana can get the facility of liver and kidney transplant at the centre. Giving more information regarding this an official spokesperson stated that the state government is continuously providing better health facilities to the people of the state. In this series, approval has been given to set up a transplant centre as well as manpower at PGIMS Rohtak. 3 posts of Liver Transplant Surgeon, 2 posts of Renal Transplant Surgeon and 2 posts of Nephrologist have also been sanctioned for the centre.

SHASHI PAL JAIN  
AMRITSAR, JULY 26-

As a mark of respect to the brave soldiers of the country, the Punjab Chief Minister Bhagwant Mann on Wednesday announced to start ex-gratia grant for the Armed forces personnel in cases of physical casualty during service along with doubling the ex-gratia of physically disabled soldiers and hiking the financial assistance of non pensioner ex-servicemen of World War I and II. The Chief Minister led the state in

paying homage to Kargil Martyrs, who laid down their lives for safeguarding the borders of the country, in a function to mark Kargil Vijay Diwas here at Punjab State War Heroes Memorial and museum. Addressing the gathering after paying homage to the war heroes, the Chief Minister said that recognizing the immense contribution of soldiers, the state government has now decided to start ex-gratia worth Rs 25 lakh to Physical Casualty cases in the Armed forces. He said that, earlier, there was no such provi-



sion but his government has taken this initiative as these valiant warriors also sacrifice their lives during call of duty. Likewise, Bhagwant Mann said that ex-gratia for the physically disabled soldiers have also been enhanced by the state government. The Chief Minister said that soldiers with 76% to 100% disability will now get Rs 40 lakh ex-gratia instead of Rs 20 lakh, soldiers with 51%-75% disability will now get Rs 20 lakh instead of existing Rs 10 lakh and those with 25% -50% disability will now get Rs 10 lakh ex-gratia.

## Tourist footfall crosses record one crore mark in Himachal

AGENCY  
SHIMLA, JULY 26

Himachal Pradesh, the picturesque northern Indian State, has once again emerged as a favored destination for both domestic and foreign tourists. In a remarkable milestone, the number of tourists visiting the State has crossed the one-crore mark in the first six months of 2023, marking the highest footfall in the last six years.

Chief Minister Thakur Sukhvinder Singh Sukhu attributed this achievement to the State Government's relentless efforts in bolstering the tourism infrastructure.



From the outset, the state government has focused on promoting tourism in Himachal, leading to an impressive influx of tourists. As of June 2023, the total number of vis-

itors has reached one crore six thousand, including 99,78,504 domestic tourists and 28,239 foreign tourists.

He said that Himachal Pradesh's attraction as an all-season destination has garnered international attention, attracting travelers from across the globe to experience its enchanting landscapes. The numbers tell a compelling story of tourism growth, with approximately 87 lakh domestic and 2 lakh foreign tourists visiting in the year 2018, 88.57 lakh domestic and around 2 lakh foreign tourists in 2019, 21.63 lakh domestic and 41,803 foreign tourists

in 2020, 19.73 lakh domestic and 2843 foreign tourists in 2021, and 86.35 lakh domestic tourists and 7032 foreign tourists in 2022.

Looking ahead, the State Government has set an ambitious target of welcoming five crore tourists annually. The Chief Minister said that in pursuit of this goal, Himachal Pradesh is actively developing Kangra as the tourism capital of the State, with a proposed investment of Rs. 3000 crore dedicated to this project in the coming times. Improving road and air connectivity remains a priority, with a focus on expanding the Kangra Airport and establishing heliports across all districts, he said.

## PM inaugurates new ITPO complex 'Bharat Mandapam' in Delhi

**NEW DELHI:** Prime Minister Narendra Modi on Wednesday inaugurated newly constructed the International Exhibition-cum-Convention Centre (IECC) complex 'Bharat Mandapam' in New Delhi.

Union Ministers Piyush Goyal, Rajnath Singh, Dr Jitendra Singh, actor Aamir Khan and several other dignitaries were also present at the inauguration ceremony of the new ITPO complex 'Bharat Mandapam' in Delhi. Prior to the inauguration, PM Modi earlier in the morning participated in a Havan and Puja ceremony. Visuals showed Prime Minister Narendra Modi taking part in the havan-puja ceremony in the India Trade Promotion Organisation (ITPO) complex to mark the inaugural of the IECC complex at New Delhi's Pragati Maidan today.



## Four killed, 2 injured in road accident

**BAHADURGARH:** Four people were killed and two seriously injured in a road accident near Baha-durgarh in the early hours of Wednesday. According to the police, the incident took place near the Mandothi toll plaza on the Kundli Manesar Palwal Expressway in Haryana. The police said that the driver had parked the car on the side by running the indicator. Meanwhile, the car coming from behind hit the car. The police have taken the dead bodies into their custody and started further investigation.

## Gangotri-Yamunotri Highway blocked due to falling debris

**UTTARKASHI:** Traffic has been suspended with debris continuing to fall at many places on the Gangotri-Yamunotri National Highway, as persistent rains continue to wreak havoc in the Uttarakashi district of Uttarakhand, officials said on Wednesday. According to the Uttarakashi District Administration, the Gangotri-Yamunotri National Highway was closed to traffic as boulders continue to fall at many places following persistent downpours in the region.

## Veteran punjabi singer Surinder Shinda dies

**LUDHIANA:** Popular Punjabi singer Surinder Shinda, known for hit songs Putt Jattan De, Jatt Deona Morh and Truck Balliya, died on Wednesday after a prolonged illness at a private hospital in Ludhiana. Surinder Shinda, who was in his 60s, breathed his last at the Dayanand Medical College and Hospital. During his singing career, he sung many famous songs and also appeared in several Punjabi films such as Putt Jattan De, Ucha Dar Babe Nanak Da and Badla Jatti Da. Many people, including singers and politicians, expressed grief over Shinda's death. Punjab Chief Minister Bhagwant Mann tweeted, "Very sad to hear the news of the death of famous singer Surinder Shinda ji..."



I, hitherto known as RAJINDER KAUR W/o MANJIT SINGH residing at Ward Number-1A/122, Janta Nagar, Tehsil Dhuri, Sangrur, Punjab-148024 have changed my name and I shall hereafter be known as HARJINDER KAUR.

98726 I, Munish Bansal s/o Mahavir Bansal, r/o 576/26 Rajni Colony, Patti Choudhry Kaithal, District Kaithal (Haryana), have changed my name from Munish Bansal to Manish Bansal. Concerned please note.

84451
<b>LOST &amp; FOUND</b>
Certified that it is brought to Notice of General Public that Original Sale deed No. 9809 Dated 09-12-2005 in favor of Darshan Singh S/o Baltej Singh R/o Bhagu Road Bathinda has been lost and if anybody find the original sale deed No. 989 dated 09-12-2005 in favor of Darshan Singh S/o Baltej Singh R/o Bhagu Road Bathinda then contact to Adv R.P. Singh, Mobile No. 94634-19781.
63372

PUBLIC NOTICES

We, Nirmal Singh S/o Late Sh. Karam Singh & Santosh Kumari W/o Sh. Nirmal Singh, R/o H.No.-1420, Pushpac Society, Sector 49-B, Chandigarh declare that our son Gurjeet Singh @ Raja & daughter in law Rajinder Kaur @ Raji & grandson Arman are out of our control. So, we disown them from our all movable & immovable property. If anybody deal with them in future he/she/they/them himself responsible for the same

60017 I, Krishan Pal S/o Sh. Kailash Chand R/o H.No-724/8, Bori Wali Glai, Daria, U.T, Chandigarh declare that my son namely Adesh Kumar and his wife Manish are out of my control. So, I disown them from my all movable & immovable property. If anybody deal with them in future he/she/they/them himself responsible for the same

60017 I, Naseem Ahmed S/o Badlu R/o H.No-1762, New Indira Colony, Manimajra, U.T, Chandigarh declare that my son namely Wasim Ahamed is out of my control. So, I disown him from my all movable & immovable property. If anybody deal with him in future he/she/they/them himself responsible for the same

60017 I, Jamil Khan S/o Dyata Khan R/o House No. 37, Behlana, Chandigarh declare that My Daughter Seema is out of my control. I Disown her from my m o v a b l e / i m m o v e a b l e properties. If anybody deals with her will do so at their own risk. I shall not be responsible for her acts.

100010 I Sukhwinder Singh s/o Mehanga Singh VPO Padrana, Tehsil Garhshankar District Hoshiarpur declare that my son Harpreet Singh is not in my order. So, I disown him from my all movable and immovable property. Anybody deal with them at their own risk. I or my family members are not responsible for his any illact. Concern not please.

900017 I, Nirmla Devi widow of Balram Sharma resident of ward no.06 shakti Nagar Cheeka, Tehsil Guhla District Kaithal (Haryana) declare that my son Deepak Sharma is out of our control So i disown him from my all moveable/immovable properties, if anybody would deals with him then it will be on their own risk.

335454 I, Chamel Singh s/o Ami Lal r/o Village Chora Khalsa Distt. Karnal declare that my son Sandeep & his wife Komal is out of control so i disown them from my all movable and immovable properties. any body dealing with them will be self responsible.

100046 I, Lachman Das son of Pappu Ram resident of Patti Road, Street No. 05, Barnala Tehsil and District Barnala declare on oath that my son Ankush who is married is now under my control. I withdraw the affidavit of disownment given by me. Now my son Ankush is an equal sharer in my property.

78521

I, Anita Devi, w/o Rajesh Kumar r/o Gali No. 2, Jakholi Adda, Near M D K N School, Sargodha Colony Kaithal, District Kaithal (Haryana), have changed my name from Anita Devi to Anita. Concerned please note.

84451 I, Jyoti wife of Sandeep Kumar r/o House Number 522, KOTLA Mohalla, Near Hanuman Mandir, Ward No-4 Barwala, District Hisar (Haryana), have changed my name from Jyoti to Jyoti Rani. Concerned please note.

84451

PUBLIC NOTICES

ਮੈਂ, ਭਜਨਪ੍ਰੀਤ ਸਿੰਘ ਪੁੱਤਰ ਮਾਨ ਸਿੰਘ ਵਾਸੀ ਮਕਾਨ ਨੰ 84, ਗਲੀ ਨੰ 7, ਫਿਰੋਜ਼ਪੁਰ ਕੈਂਟ ਸੂਚਿਤ ਕਰਦਾ ਹਾਂ ਕੇ ਮੇਰਾ ਲੜਕਾ ਗੁਰਸਿਮਰਨ ਸਿੰਘ ਜੋ ਕੇ ਮੇਰੇ ਅਤੇ ਮੇਰੇ ਪਰਿਵਾਰਿਕ ਮੈਂਬਰਾਂ ਦੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹੈ ਇਸ ਲਈ ਮੈਂ ਉਸਨੂੰ ਆਪਣੀ ਚੱਲ-ਅਚਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖ਼ਲ ਕਰਦਾ ਹਾਂ ਭਵਿੱਖ ਵਿਚ ਉਸ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਆਪ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ ਮੇਰੇ ਜਾਂ ਮੇਰੇ ਕਿਸੇ ਵੀ ਪਰਿਵਾਰਕ ਮੈਂਬਰ ਦੀ ਕੋਈ ਜਿੰਮੇਵਾਰੀ ਨਹੀਂ ਹੋਵੇਗੀ, ਸਬੰਧਤ ਨੋਟ ਕਰਨ

900011

ਮੈਂ ਦੇਵ ਕੁਮਾਰ ਪੁੱਤਰ ਸ਼੍ਰੀ ਜਵਾਲਾ ਪ੍ਰਸਾਦ ਵਾਸੀ ਮ. ਨੰ. 5432 ਗਲੀ ਨੰ. 12 ਬੰਸਤ ਨਗਰ ਨਿਊ ਸਿਮਲਾਪੁਰੀ ਮਿਲਰ ਗੇਜ਼ ਲੁਧਿਆਣਾ ਬਿਅਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰਾ ਲੜਕਾ ਵਿਕਰੇਸ਼ ਕੁਮਾਰ ਅਤੇ ਉਸਦੀ ਪਤਨੀ ਸੋਨੀਆ ਅਤੇ ਇਨ੍ਹਾਂ ਦੇ ਬੱਚੇ ਕਿਸ਼ੂ ਅਤੇ ਗਗਨ ਉਰਫ ਗੱਗੂ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ। ਮੈਂ ਇਨ੍ਹਾਂ ਨੂੰ ਆਪਣੀ ਚੱਲ-ਅਚੱਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਇਨ੍ਹਾਂ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਮੇਰਾ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦਾ ਕੋਈ ਵੀ ਤਾਲੁਕ ਵਾ ਵਾਸਤਾ ਨਹੀਂ ਹੋਵੇਗਾ।

63372

PUBLIC NOTICES

I Ranbir Singh S/o Kahan Singh R/o H.No.-1868 Gali No. 02 Near CMC Hospital Khund Mohalla Ludhiana declare that My son Gurmeet Singh & daughter in law Satinder Kaur and my Grandson Vansveer Singh are out of our control. So, I disown them from our all movable & immovable property. If anybody deal with them in future he/she/they/them himself responsible for the same.

63372 I Malkit Singh S/o Jagtar Singh R/o Village Algon Kothi Tehsil Patti District Tarn Taran declare that my two son Baljinder Singh and Harvinder Singh are totally out of my control. I disinherit them from all my movable and immovable properties. Anybody dealing with them shall be self responsible.

63372 I Jaspinder Pal Singh Panaich father of Sahijpreet Kaur Panaich resident of Vill Kot Panaich, PO Barmalipur, Teh Khanna, Distt Ludhiana and presently residing at 104-832 Allegheny Drive Winnipeg Manitoba Canada R3T4X2 do hereby change the name of my daughter from Sahijpreet Kaur to Sahijpreet Kaur Panaich with immediate effect.

63372 I, Neeru Garg D/o Gopal Chand Garg R/o H.No. 265 Ajit Nagar Rampura (Bathinda) declare that my father was known by two names Gopal Chand and Gopal Chand Garg.

63372 I, M o h a m m a d A r s h a d R/OMohalla Jattpura, Malerkotla declared that my wife died on dtd. 18 March 2023 and her Adhar card no is 9816 2599 2947 and Voter card no is FFC2522472. She was known Kauser Parveen @ Kesar Rani with two names but Kauser Parveen @ Kesar Rani one and the same Person. Please note it.

63372 I, Amit Narula S/o Mohinder Pal R/o H.No. 2954, Sector-32-A, Chandigarh Road, Near Bcm School Focal Point, Ludhiana I have changed my Son's name from Talin to Talin Narula, I.E. Talin and Talin Narula is one and same person.

63372

I, Sandeep S/o Madan Gopal r/o House Number 522, Near Hanuman Mandir, Ward No-5 Barwala District Hisar (Haryana) have changed my name from Sandeep to Sandeep Kumar. Concerned please note.

84451 I, Dinesh S/o Om Parkash r/o House Number 29, Village Chochra (Haryana), have changed my name from Dinesh to Dinesh Kumar. Concerned please note.

84451 I, Hardev Singh S/o Gurdylal Singh R/o Village Chak Padla Chot , Tehsil & Distt. Kaithal Have Changed My Minor Son's Name From Harpreet To Harpreet Singh. Concerned Please Note.

84451 I Dharmpreet singh s/o Makhan singh r/o village Fatehgshr nau abad Tehsil Talwandi sabo Distt.Bathinda Have changed my name Dharmpreet singh to Dharmpreet singh sidhu. Please note.

60018 I No. 15341487Y Rank L/Hav Name Bidyut Kumar Maity of Unit 54 Engr Regt C/o 56 APO R/o Vill Shyampur, PO Parshyampur, Teh Arambagh, Distt Hooghly, State West Bengal, Pin 712401 have changed my father name from Haradha Maity to Haradhan Maity vide affidavit dt. 26.07.23 before Notary Public Bathinda

100078 I No. 15341487Y Rank L/Hav Name Bidyut Kumar Maity of Unit 54 Engr Regt C/o 56 APO R/o Vill Shyampur, PO Parshyampur, Teh Arambagh, Distt Hooghly, State West Bengal, Pin 712401 have changed my mother name from Tufan Maity to Tufan Maity vide affidavit dt. 26.07.23 before Notary Public Bathinda

100078 I, Gurjeet Kaur W/o Sh. Sukhdev Singh R/o Village Haveli, Tehsil Sadhoura, Distt Yamunanagar have changed my name from Gurjeet Kaur Multani to Gurjeet Kaur. In future i may be known as Gurjeet Kaur.

78645 I, Rajesh Kumar s/o Satpal R/o H.N 210, R-02, Ward no.08 Cheeka Tehsil Guhla District Kaithal Haryana have changed my name to Rajesh Goel.

335454 I Preeti D/O Vijay Kumar R/O Near Rishi kutia Mandir, Railway crossing Goraya, Tehsil Phillaur District Jalandhar Punjab Declare that Preeti and Preeti Suri both are my Names.All concerned known me with above said both Names.

168095 I, Karmjeet Kaur W/o Harinder Singh R/o A-151, Shah Satnampura, Distt. Sirsa (Hry) hereby declares that I have changed my name from Karamjeet Kaur to Karmjeet Kaur. Please note all.

100069 I Sukhjinder Singh S/o Bakhtor Singh R/o Waring Khera Tehsil Malout (sri Muktsar Sahib) Have Declare that My Minor Son's Name Bhupinder Is Mentioned In School Records, But As Per Aadhar Card His Actual Name Is Bhupinder Singh. All Concerned Kindly Changed His Name Bhupinder To Bhupinder Singh.

50008 I, Davinder Singh Walia S/o Sh. Gumam Singh R/o # 10, Vill. Bassian Brahmana (S.A.S. Nagar) have changed my name to Davinder Singh.

50008 I, Harjinder Pal Singh S/o Balkar Singh R/o Village Waring Khera Tehsil Malout ( Sri Muktsar Sahib ) Have Changed My Name To Harjinder Pal Singh Saharan For All Purposes In Future.

50008 I, Mamta D/o Gurmukh Singh R/o Vill Begowal, Po. Phambra, Teh. Nawanshahr, Distt. Shahid Bhagat Singh Nagar, Punjab Have Changed My Name Mamta To Mamta Rani,

50008 I Raj Wanti W/o Sh. Baldev Singh Village Dhayangla, Tehsil Ladwa, District Kurukshetra have declared that in my Passport No. G1040772, issuing date 27/12/2006 my name wrongly mentioned Rajwanti Devi. But in my Aadhar card and Pan card my correct name is Raj Wanti. I want to mention in passport my correct name is Raj Wanti.

100074 I, Harshdeep S/o Dalbir Kumar R/o Vill. Mattfalu, Teh. Phillaur Distt. Jalandhar have changed my name to Harshdeep Leel as surname.

42778

I, Vinod Kumar S/O Prem Pal R/O Patti Lallu ki, V.P.O. Bara Pind, Tehsil Phillaur, Distt. Jalandhar, Punjab have changed my minor son 's name from Paras to Paras Kaushik. All please note.

42778 I, Vinod Kumar S/O Prem Pal R/O Patti Lallu ki, V.P.O. Bara Pind, Tehsil Phillaur, Distt. Jalandhar, Punjab have changed my minor son 's name from Gitesh to Gitesh Kaushik. All please note.

42778 I, Charanjit Kaur D/o Jaswant Singh W/o Harpreet Singh R/o VPO Khurula Kingra, Near Gurdwara Singh Sabha, Jalandhar Punjab-144003 have change my minor Daughter name from BHAVNEET KAUR to KAUR BHAVNEET. All concerned please note.

42778 I, Baldev Singh S/o Harbans Singh R/o VPO Khurula Kingra, Jalandhar, Punjab-144003 have changed my name from BALDEV SINGH to SINGH BALDEV. All concerned please note.

42778 I, Surinder Kaur D/o Kabul Singh W/o Baldev Singh R/o VPO Khurula Kingra, Jalandhar, Punjab-144003 have changed my name from SURINDER KAUR to KAUR SURINDER. All concerned please note.

42778 I Kamlesh Kumari W/o Ex Sub Ramesh Kumar Sharma R/o 9A/11,Jalbera Road,DWS Colony ,Jalbera Road,Ambala City.have changed my Name from Kamlesh Kumari To Kamlesh & my Correct DOB is 03.07.1954.

100042 I.No. 15349215N Rank Hav Ghuge Ganesh Punjaba S/o Ghuge Punjaba of Unit 65 Engr BR (PMS) Regt C/o 56 APO have changed my Wife Name from Sonwane Lata To Lata Ganesh Ghuge.

100042 I, Suriseti Ramalaxmi is mother of 949020-H Cpl Suriseti Kiran Kumar Eltro Fit of 7 Wg. presently residing at SMQ No. 21/6 Tempest Enclave Air Force Station Ambala Cantt- 133001, have changed my name from Suriseti Ramalaxmi to Ramalaxmi Surisetty vide affidavit dated 24 Jul 23 July 2023 before notary Ambala cantt.

100042 I, Suri Setti Laxmi Narayana is father of 949020-H Cpl Suriseti Kiran Kumar Eltro Fit of 7 Wg. presently residing at SMQ No. 21/6 Tempest Enclave Air Force Station Ambala Cantt- 133001, have changed my name from Suri Setti Laxmi Narayana to Suriseti Laxminarayana vide affidavit dated 24 Jul 23 before notary Ambala cantt.

100042 I Jasmeet Kaur D/o S. No. 14431472F,Rank BHM Jasbir Singh of Unit 1872,Rkt Regt C/o 56 APO & R/o Vill Kalyana,PO Arnia,Tehsil R.S. pura,Distt. Jammu.have changed my Name from Jasmeet kour To Jasmeet Kaur.

100042 I No. 15347827M Rank Hav Arvind Kumar Daundiyal S/o Ramcharan of Unit 65 ENGR (PMS) C/o 56 APO i want correction my Father Name in my Service Record from Ram Charan Daundiyal To Ramcharan.

100042 I Preeti W/o Meharban Singh R/o Hinotiya Jagir,Bhopal,Madhya Pradesh.Have changed my Name from Peritibai rajput To Preeti

100042 I, Nilam is legally wedded spouse of No. 14645277Y Rank Hav Name Mahandule M N of Unit 198 FD REGT (LRW) C/O 56 APO & permanent residing at Village Sarola Adwai, P.O. Jamgaon, Tehsil Parner, Distt. Ahmadnagar, State Maharashtra Pin-414103 do hereby changed my name from Nilam to Nilam Madhav Mahandule vide Affidavit No. 47AA 947696 dated 22 July 2023 at Ambala Cantt

100042 I, Service No. 14683865W Rank Hav Name Vikram Singh son of Jairaj Singh of Unit 198 FD REGT (LRW) C/O 56 APO do hereby changed the name of my wife from Dholma Singh to Dholma Lama vide Affidavit No. 53AA 368290 dated 17 July 2023 at Pune

100042 I, Inderjit Singh son of Sukhwinder Singh, resident of Village Makowal Tehsil Sri Chamkaur Sahib District Rupnagar declare that I used to sign in Punjabi language, & in my passport no.U7545438 also has my signature in Punjabi. now I sign in English language. Related notes

50008

I Kanwaljeet Singh Sidhu S/o Raghuvveer Singh R/o Village Husnar Tehsil Gidderbaha , Distt Sri Muktsar Sahib have changed my name to Kanwaljeet Singh

62647 I, Sanchita D/o Sh Deepak Arora R/O. Ward No 3 Ajnala Distt Amritsar Have Changed My Name To Sanchita Arora

72737 I baljit Kaur W/o kanwaljit Singh R/o Near C.M.S. High school, Majitha Amritsar have changed my name to baljeet Kaur.

72737 I, Anupam Bhanot W/o Dinesh Kumar Vijj R/o.1534/7, Gali Kotu Mai Near Kanahya Sweets Katra Charat Singh have Changed my name to Anupam Vij

72737 I Pardip Singh Randhawa S/O Tarsem Singh R/O Vill.Nandianwali Po.Veela Teja Tehsil Batala Gurdaspur Have Changed My Name To Pardip Singh

72737 I Pushpinder Kaur Chahal W/O Jaspal Singh Chahal R/O Vpo. Rajatal Amritsar Have Changed My Nane To Pushpinder Kaur

72737 I, Jaspal Singh Chahal S/O Ranjit Singh R/O Vpo. Raja Tal Amritsar Have Changed My Name To Jaspal Singh

72737 I, hitherto Known as PINKI RANI W/O BALJINDER R/O V I L L A G E P A N D O R I R A J P U T T A N , T E H S I L N A K O D A R , D I S T T . J A L A N D H A R - 1 4 4 0 3 2 , P U N J A B , have changed my name and Shall hereafter be known as PINKY

72737 I, hitherto Known as JASKARN SINGH S/O DALBIR SINGH R/O HNO. 207, OPP. MOHNI PARK, S A T G U R U R A M S I N G H C O L O N Y , D I S T T A M R I T S A R , P U N J A B , have changed my name and Shall hereafter be known as JASKARAN SINGH

72737 I, hitherto Known as JASPREET KAUR JOSAN W/O AVINASH SINGH THIND R/O PLOT NO. 274-275, NATIONAL CITY HOMES, AMRITSAR have changed my name and Shall hereafter be known as JASPREET KAUR

72737 I, Gaganjot Singh S/o Jaspal Singh Cheema R/O V.p.o. Jangpur (Ludhiana) Have Changed My Name to Gaganjot Singh Cheema.

63372 I, Gurmit Kaur W/o Harpreet Singh (D/o Bhan Singh) R/o Samrala (Ludhiana) have changed my name to Gurmeet Kaur.

63372 I Barinder Singh Sandhu S/o Bikkar Singh R/o Vill-Sudhia Teh-Zira Po Makhu Distt Ferozepur Punjab, I have changed my name Barinder Singh Sandhu to Barinder Singh.

63372 I Vishal S/o Sandeep Kumar R/o Street No.3, Uttam Nagar, Khalsa School Road Khanna (Ludhiana) Change My Name To Vishal Kumar.

63372 I, Manpreet Kaur W/o Gurpreet Singh R/o H.No. 289 W.No. 12 Near Atta Chakki Doraha (Ludhiana) Punjab-141421 have changed my first name to Manpreet and Kaur as a surname.

63372 I, Tarlok Singh S/o Dalip Singh R/o Mandvi Teh-Moonak (Sangrur) have changed my name from Tarlok Singh to Tarlok Singh.

63372 I, Parshotam Lal S/o Prem Chand, R/o H.No-B-2/341 Mohalla Shanri Nagar Nawanshahr Distt S.B.S Nagar, Punjab, India, have changed my mynorr son name Gagan to Gagan Kumar.

63372 I, Pahalpreet Kaur D/o Sardool Singh R/o Ghuman Khurd (Bathinda) Ghuman Kalan Punjab-151509 have changed my name to Pehalpreet Kaur.

63372 I, Parminder Kaur W/o Surjeet Singh R/o Vpo. Panjawa (Sri Muktsar Sahib) have changed my name to Parvinder Kaur.

63372 I, Raksha Devi W/o Madan Lal R/o Ibrahim Basti Nawanshahr have changed my name has Harmesh Kaur.

63372

I, Balbir Kaur W/o No. 2487862M Ex Hav Karnail Singh R/o Vill: Moujipur Po. Saroya Teh- Garhshankar (Hoshiarpur) Pb, have changed my name to Balvir Kaur.

63372 I, Jagraj Singh S/o Gurmail Singh R/o Talwandi Bhai (Ferozepur) have changed my name to Jugraj Singh.

63372 I Gurjinder Singh Sarao S/o Raj Singh R/o Vill-Lehal Khurd, Teh-Lehra Dist Sangrur (PB) have changed my name from Gurjinder Singh Sarao to Gurjinder Singh.

63372 I, Harpinder Kaur Sidhu W/O Sital Singh R/O Vill. Talwandi Bootian Tehsil Shahkot Distt. Jalandhar Have Changed My Name To Harpinder Kaur Dhillon.

63372 I, Harpal Kaur W/o Gurinder Singh R/o Vill: Ghudani Kalan Teh-Payal (Ludhiana) have changed my name to Jaspal Kaur.

63372 I, Shivani Pfeifer W/o Amit Kumar R/o Vill: Achalpur Po. Bhawanipur Teh-Garhshankar (Hoshiarpur) Punjab, have changed my name from Shivani Pfeifer to Shivani Rani.

63372 I Shnder Pal Kaur W/o Sukhdev Singh R/o Dharamkot (Moga) have Changed My Name To Shinderpal Kaur.

63372 I Sarbjit Kaur W/o Jagraj Singh R/o Zira (Zira) have changed my name to Sarabjit Kaur.

63372 I, Surinder Kumar S/o Phool Chand R/o Malerkotla Teh & Distt. Malerkotla have changed my name to Surinder Kumar Jain.

63372 I,Bakshshish Singh Son Of Joginder Singh R/o Vill. Chupkiti Distt Moga have changed my name to Wasakha Singh.

63372 I, Parmjit Kaur Wife Of Wasakha Singh R/o Vill. Chupkiti Distt Moga have changed my name to Charanjit Kaur.

63372 I Kamalpreet Kaur W/o Jatinder Pal Singh Rai R/o Vpo Dhurkot Kalan, Distt. Moga have changed my name to Kamalpreet Kaur Rai.

63372 I Kamaljeet Kaur W/o Karan Dhiman Virdi R/o B-1/75 Garhshankar Road Nawanshahr Teh Nawanshahr District SBS Nagar have changed my name Kamaljeet Kaur to Kaur Kamaljeet.

63372 I, Surinderpal S/o Tej Ram R/o Vpo. Doda (Sri Muktsar Sahib) have changed my name to Surinder Kumar.

63372 I, Rahul S/o Surinder Kumar R/o Vpo. Doda (Sri Muktsar Sahib) have changed my name to Rahul Mittal.

63372 I, Pawan Kumar Goyal S/O Tarsem Lal R/o W.No.11, TVS Wali Line Nurpur Bedi Road, Garhshankar, Distt. Hoshiarpur, Punjab, have changed the name of my minor daughter Rabia to Rabia Aggarwal.

63372 I, Harmeet Kaur Badohal W/o Karamjit Singh R/o Abbuwal Teh-Raikot (Ludhiana) have changed my name from Harmeet Kaur to Harmeet Kaur Badohal.

63372 I, Karamjit Singh S/o Gurmukh Singh R/o Vill: Bhagatmajra Sub Teh-Majri Teh-Kharar (SAS Nagar) i have known by both names Karamjit Singh and Karamjeet Singh one and the same person.

63372 I, Sarabjit Kaur W/o Karamjit Singh R/o Vill: Bhagatmajra Sub Teh-Majri Teh-Kharar (SAS Nagar) i have known by both names Sarabjit Kaur and Sarabjeet one and the same person.

63372 I Jasandeep Kaur Sandhu W/O Gurinder Singh Otal R/O Ghungrali Sikhana (Ludhiana) Changed My Name After Marriage Jasandeep Kaur Otal.

63372 I Ranjit Kaur W/O Jalwinder Singh R/O Dhindsa (Ludhiana) Changed My Name Ranvir Kaur.

63372 I Kulwant Kaur W/o Gursewak Singh Dhaliwal R/o Patti Kaku, Rasulpur Road, VPO Lopon, Tehsil Nihal Singh Wala, Distt.Moga 140237 have changed my name to Kulwant Kaur Dhaliwal.

63372

I Bhupinder Singh Bhullar S/O Iqbal Singh R/O Vill Pitho, Distt-Bathinda Changed My Name Bhupinder Singh Bhullar To Bhupinder Singh.

63372 I Amit Kumar Aggarwal S/O Jagdish Parshad R/O Rampura Phul Distt Bathinda Have Changed My Name To Amit Kumar.

63372 I Harshit S/o Gurmit Singh R/o Vpo Saloh Teh-Nawanshahr Dist Shahid Bhagat Singh Nagar, Pb Have Changed My Name From Harshit To Harshit Singh.

63372 I Charandeep S/o Bhagwan Dass R/o Vill- Bhaderpur Tehsil Nawanshahr (SBS Nagar) have changed my name Charandeep to Charandeep Singh Bargaota.

63372 I Jaswinder W/o Gurdial Ram R/o Vill- Jasso Wal Teh- Garhshankar (Hoshiarpur) have changed my name to Jaswinder Kaur.

63372 I Lokpal S/o Pawan Kumar R/o Rampura Phul Distt Bathinda have changed my name to Lok Paul.

63372 I Avtar Singh Sidhu S/o Gurcharan Singh R/O Dayalpura Mirza, Teh. Phul, Distt. Bathinda have changed my name Avtar Singh Sidhu to Avtar Singh.

63372 I, Rajeev Kumar Manrow S/o Sh Tarsem Chand Manrow R/o House No 1279 Krishna Nagar, Ludhiana have changed my name from Rajeev Kumar Manrow to Rajeev Manrow. All concerned please note

63372 I, Aseen Muhamad S/O Dilvar Khan R/O Village Kishangarh (Sangali), Tehsil Malerkotla have changed my name to Aseen Mohammad.

63372 I, Sajida W/O Aseen Mohammad R/O Village Kishangarh (Sangali), Tehsil Malerkotla have changed my name to Sajda Begam.

63372 I, Neetu W/o Rajiv Kumar R/o #16786, St. No. 03, Basant Vihar, Bathinda have change my name to Neetu Gupta.

63372 I, Ramesh Kumar S/o Labhu Ram R/o #16786, St. No. 03, Basant Vihar, Bathinda have change my name to Ramesh Kumar Gupta.

63372 I, Riya Bansal W/o Bindraban Motilal Bansal R/o #15884,St.No-5 Near Stella Hotel,Guru Gobind Singh Nagar, Bathinda have changed my name to Riya Bindraban Bansal.

63372 I Gurpreet Singh Chhabra S/O Avtar Singh, R/O House Number 400, Shah Wala Road, Gali Chanchal Singh Wali, Near Gurdwara Harnam Sar, Zira, Tehsil Zira, (Ferozepur), Have Changed My Name Gurpreet Singh.

63372 I Avtar Singh Chhabra S/O Kirpal Singh, R/O House Number 400, Shah Wala Road, Gali Chanchal Singh Wali, Near Gurdwara Harnam Sar, Zira, Tehsil Zira, (Ferozepur), Have Changed My Name Avtar Singh.

63372 I Simarjit Kaur W/o Kulwinder Singh R/o Khiwa Street W. No. 06 Mansa Teh & Distt Mansa have changed my name to Simarjeet Kaur.

63372 I Sumanpreet Chopra S/o Krishan Kumar R/o VPO Dholewala Teh- Dharamkot (Moga) PB have changed my name to Sumanpreet.

63372 I Gurprit Singh Turna S/o Balkar Singh R/o V Sangla Teh Dharamkot (Moga) Pb have changed my name to Gurpreet Singh.

63372 I Harmanjot Kaur Dhaliwal D/o Jagtar Singh dhaliwal R/o Bilaspur (Moga) have changed my name to Harmanjot Kaur.

63372 I, Suresh Kumar S/o Parkash Chand R/o H.No.602-B Aggar Nagar, Rajguru Nagar Ludhiana Changed Name Suresh Jain.

63372 I Sukhminder Singh S/o Guralp Singh R/o Bhundri Tehsil jagraon Distt Ludhiana have changed my name to Sukhwinder Singh.

63372

I hitherto known as Amandeep S/o Darshan Kumar, residing at Vill. Pandwa, PO Mouli, Tehsil Phagwara, Distt. Kapurthala-144632, Punjab, India have changed my name and shall hereafter be known as Amandeep Bhutta.

63372 I hitherto known as Krishna Devi W/o Shinder Pal, residing at VPO Rawal Pindi, Teh. Phagwara, Distt. Kapurthala-144407, Punjab, India have changed my name and shall hereafter be known as Krishna.

6



## 2 miscreants loot Rs 50,000 from bank

**SHIV KUMAR SHARMA HISAR:** Two miscreants looted cash worth Rs 50,000 at gunpoint at Satrod Khurd village in Hisar at 1 pm on Wednesday. The entire incident was captured in the CCTV camera installed inside the bank. The team of CIA and Sadar police station reached the spot to find out about the incident. The police have obtained the footage of the CCTV camera. The police claim that the accused will be nabbed soon. According to the information, two youth, riding a bike, reached UCO Bank around one o'clock with a cloth tied on their face. As soon as they entered the bank, a young man put a pistol on the temple of the manager and the other miscreant went to the cash counter and looted cash worth about Rs 50 thousand by showing a knife to the cashier.

## Manipur violence has shown real face of BJP: Chopra

**YAMUNANAGAR (RAJNI SONI) :** Congress state spokesperson Pawan Chopra said that BJP government has completely failed to stop violence in Manipur. Women are being brutalized there. Murders are happening. Government property is being set on fire. But the government has failed to stop this violence. Manipur violence has exposed the real face of BJP. BJP leaders comparing it with the East India Company after the opposition united and



named the organization India is deplorable. Rahul Gandhi's yatra from Kanyakumari to Kashmir received huge public support, it is clear that people do not believe in tempting promises.. It is raining continuously in Haryana, the banks of canals and rivers are breaking. Due to this the crops of the farmers are getting ruined. Farmers are suffering because of this. He says that Congress general secretary and former minister Selja is raising the issues of the poor and the afflicted by becoming their voice.

## Kargil Victory Day celebrated at Inquilab Mandir

**RADAUR (NIRMAL) :** Kargil Vijay Diwas was celebrated at Gumthala Rao's Inquilab Mandir. Temple founder advocate Varyam Singh



along with the villagers offered flowers on the statues of the martyrs and bowed down to them. Waryam Singh said that the open air we are breathing today is the gift of our immortal martyrs who had given freedom to mother earth with his blood. Every martyr and soldier who sacrifices his life for the country is the pride of the country. Today our country is safe, so it is because of the brave soldiers and who got freedom for the country by sacrificing their lives for country. Our existence is due to those martyrs. That's why it becomes our duty to honor the martyrs.

## Shandilya distributes ration to 100 flood affected families

**SHIV KUMAR SHARMA AMBALA:** International Head of Vishwa Hindu Takht and National President of Anti Terrorist Front India Viresh Shandilya today distributed ration to 100 flood affected families in Palika Vihar. Shandilya gave kits of flour, rice, lentils, sugar, turmeric, tea leaves, salt, oil in the ration. On this occasion, members of Vishwa Hindu Takht Pankaj Shandilya, Reena Sharma, Harsh Sharma, Neha, Ram Kali, Rajendra Vashisht, Advocate Vasu Ranjan, Dinesh Gaur, Shiv Ranjan, Rita etc were present. After distributing ration to the women, Shandilya said that natural calamity does not see the poor, rich, small or big, therefore the rich people of Ambala district should be given all possible help to the flood affected families, not just ration but every capable person should be adopted as a family and brought to his house. Necessary items in which beds, mattresses, clothes, chairs, tables etc. should come forward to help. That's why it will be seen when the government's help will come, before that the rich people should open their funds. Because today they need people who are able to help them. He said that those who do not consider it as charity, but become each other's support. Shandilya said that when Lord Rama was building a bridge to reach Lanka, the squirrel had also served, so the one who is worthy should come forward to help the flood victims. Vishwa Hindu Takht said drop by drop fills the pot. If we apply ointment on someone's wound, then God keeps those people away from wounds.



# HARYANA

YUGMARG, CHANDIGARH, THURSDAY, JULY 27, 2023

## CM meets people's representatives and eminent citizens in Faridabad

BUREAU CHANDIGARH, JULY 26

Haryana Chief Minister, Sh. Manohar Lal said that in order to speed up the functioning of government departments and to make the benefits of schemes available to the public without visiting government offices, an online system has been started, which is proving very effective.

"Recently, the state government has provided financial aid of Rs 4 lakh each to the families of 35 people who lost their lives due to heavy rains and floods. It is only because of the IT reforms brought by the state government, that the relief amount has been given in a quick and speedy manner," said Sh. Manohar Lal while holding a meeting with people's representatives and eminent citizens of Faridabad Lok Sabha constituency at his residence Sant Kabir Kutir today.



During the meeting, he took assembly-wise feedback and suggestions about the government schemes.

Sh. Manohar Lal said that Congress tag us as 'Portal ki Sarkar'. We accept this tag with pride that our government has made more than 100 portals, due to which people do not have to make rounds to Chandigarh to get their work done; rather now they can simply raise any concern or avail the

benefits of any scheme while sitting at their homes only. "Our portals have not only saved the time of our citizens but have also ensured no extra financial burden is put on them," said Sh. Manohar Lal. He said that in a bid to further bridge the gap between the government and the citizens, a special initiative of constituency-wise direct Samvad with the people's representatives and eminent citizens has been started since April 2023. "So far public representatives, eminent citizens of 63 assemblies of 7 Lok Sabha constituencies and various administrative secretaries have held several round-table meetings discussing government schemes, development works and their concerns. Apart from this, till now more than 14,000 issues and suggestions shared in this meeting in writing, have also been shared with me, which I have studied and now a record of everything has been kept," shared Sh. Manohar Lal.

## Do Masters in Psychology from IGNOU: Dr. Dharam Pal

**SHIV KUMAR SHARMA**

**KARNAL:** Dr. Dharam Pal, Regional Director In-charge of IGNOU said that due to increasing stress day by day in our lives, the demand of psychologists is increasing nowadays. Now going to psychologists is not considered a taboo, while in the past few years people did not like to go to psychologists. Now-a-days in some schools and colleges regular arrangement of psychologist or counselor is made. This arrangement has proved to be important for both the students and the teachers. Apart from the most popular branches, job opportunities have also increased in areas like industrial and sports psychology. Both these branches are still in the initial or basic stage in India, but the possibilities of its development are visible. He said that the demand for psychologists is also increasing at the same



rate as the average rate of other professions. Health care related employment opportunities are on the rise. Similarly, clinics for the treatment of mental disorders and behavioral disorders are also being opened. A myriad of jobs have opened up in schools, social service government agencies and management consulting services as well. Companies are leveraging the expertise of psychologists in the fields of survey, design, analysis and research to conduct market assessment and statistical analysis.

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## Haryana govt failed on every front in 9 years: Sumita Singh

SHIV KUMAR SHARMA KARNAL, JULY 26

Sumita Singh, former MLA, Karnal invited the people for the public meeting programme of former Chief Minister Bhupinder Singh Hooda on August 6 at New Sabzi Mandi. Sumita Singh said that Hooda and Congress State President Uday Bhan will attend Karnal's SBS School on August 6 at 4:00 pm. On this occasion, she said that the Haryana government has increased the problems of the people for 9 years. This government has failed on every front. To raise the voice of the people, former Chief Minister Bhupinder Singh Hooda is organising public meetings in all the districts. He is determined to solve the problems and grievances of the people by raising them in the Vidhan Sabha.



On this occasion, she said that today the youth of Haryana is facing the maximum unemployment in the country, the confirmed government jobs are being converted into raw ones through Skill Corporation, all the

the Haryanvi youths, the recruitments are getting cancelled even before the recruitments are done and even if there are few recruitments, the people of other states are getting it. In such a situation, the capable youths of Haryana are being forced to look abroad to find their future.

On this occasion, the vegetable market people demanded to waive the market fee by two per cent. On this, Sumita Singh said that a solution to your demand will be found when the Congress government comes. Dimpy, Sunny Sehgal, Anshul Sachdeva, Mukesh Girdhar, Tari ji, Soma, Krishna Sachdeva, Rinku, Minku, Taran, Semi, Rahul Dodeja, Shyamal Kukreja, Jitendra Malik etc were present on this occasion.

recruitments are pending, which are not being completed, about 11 lakh at the central level. 2 lakh government posts are lying vacant in Haryana. The jobs of Haryana are being given to the people of other states instead of

and also does it.

Santokh Kaur, a resident of 577, Sector 6, is an MA Economics. She gives the credit of MA in Economics to Dr. Sarika Chowdhary, currently Head of Department of Economics, Dyal Singh College, says that she became MA Economics just

poor, a bank manager by profession, sings Rafi Sahab's songs very well, I have also sung many songs with him, I like Swar Kokila Lata Mangeshkar's songs. Such songs like Mausam Hai Aashikana, Jaane Kyun Log Mohabbat Kiya Karte Hain, Saman, Saman Hai Yeh Pyaar Ka, Kisi Ke Intezaar Ka, many songs like these are very close to her heart.



human being must do some such good deeds every day which inspire others so that someone's life can be improved, we can be of use to someone.

Santokh Kaur, who sings the songs of Lata Mangeshkar, Rafi Sahab, says that her husband Sardar Gurmeet Singh Kaur, who has achieved heights in the field of song, music, dancing, religious and motivational videos, can be seen helping the needy people along with some of her good hearted friends. This is her routine, she says that it is due to the blessings of Waheguru that we do good work, she says that every

Jaane Kyun Log Mohabbat Kiya Karte Hain, Saman, Saman Hai Yeh Pyaar Ka, Kisi Ke Intezaar Ka, many songs like these are very close to her heart.

## Versatile Santokh Kaur increasing pride of housewives

SHIV KUMAR SHARMA KARNAL, JULY 26

There is no dearth of talents on the earth, but if the talents get a strong and right platform on time, then it becomes icing on the cake. Be it songs, music or dancing or motivational religious and social videos, nowadays you will get to see and hear Santokh Kaur, rich in versatility, everywhere in Karnal. Through her motivational and religious videos, where she inspires others to help and serve, Santokh Kaur, through a YouTube channel called Proud to be a Housewife, boosts the spirits and pride of housewives and all the housewives know about this. Makes them realise that they are proud of being a housewife because no one does what a housewife does, only the housewife can take care, care, affection and time for the family and loved ones, so they make every housewife proud of herself. She tells you to be proud

## Clerks celebrate Kargil Vijay Divas at protest site

**PARI BAJAJ**

**KARNAL:** Kargil Vijay Divas was celebrated today at the protest site as per the instructions of State President of Clerical Association Welfare Society, Haryana, Vikrant Tanwar under which tribute was paid to the brave sons of Mother India who sacrificed their lives for Mother India in the Kargil War. The country will always be indebted to those martyrs who laid down their lives for their motherland and brought victory to the country. In the second round of talks between the clerical class delegation and the state government on Wednesday last week, no consensus could be reached regarding the demand of the clerks. In the same episode, even today the matter regarding salary hike has



not been made between the state government and the clerical class delegation. According to the instructions of Vikrant Tanwar, the state head of that association, five revolutionary companions of the Clerical Association Welfare Society will continuously sit on symbolic hunger strikes in each district of the state.

As per the instructions of State President Vikrant Tanwar, today our respected revolutionary comrades Rakesh Burman, Dinesh Tanwar, Vikas Sharma, Nitin Munjal and Jaipal Singh, and all the strikers of Public Health Engineering Department are on a symbolic hunger strike in continuation from the Haryana Karnal unit of the Clerical Association Welfare Society.

## Be careful, not afraid of I-flu: Civil surgeon

**PARI BAJAJ**

**KARNAL:** Karnal's Civil Surgeon Dr. Vinod Kamal said that there is no need to panic with I-flu but there is a need to be careful in this disease. As soon as symptoms of eye-flu appear, see an ophthalmologist. He said that the health department is fully alert and OPD is being done continuously in the hospital. On the other hand, Dr. Ashutosh Mittal, Ophthalmologist of Civil Hospital Karnal said that the number of patients of I-flu has increased since last few days. These are common eye-flu symptoms. There is absolutely no need to panic. No serious patient has come so far. He said that as soon as the eyes become red, watery and itchy, then immediately get treatment from an eye specialist. Do not take any medicine on your own. Ophthalmologist Dr. Ashutosh Mittal told that in these days due to heat and humidity, patients of eye-flu often come for treatment. We should pay special attention to cleanliness. Avoid shaking hands when you have the flu. Wash your hands after coming from outdoor. Drink sufficient amount of water. Eat green vegetables. Along with this, eat fruits and vegetables containing vitamin-C. He said that keep your handkerchief and towel separately. Take the medicines prescribed by the ophthalmologist regularly.



## AAP lashes out at poor power supply

**PREETI RANI**

**SADHAURA:** A press conference was held at the Aam Aadmi Party District Office Yamuna Nagar. Sushil Jain said that electricity remains missing for many hours in Haryana. In the urban areas, colonies and villages of Yamuna Nagar district, electricity remains missing for many hours, every human being, animals are facing a lot of trouble in this scorching heat. People of many villages say that since many months there has been no electricity for 8 to 10 hours at night. Children have to go to school in the morning. We have to sleep inside, and sleeping outside on the verandahs and terraces get bitten by poisonous mosquitoes, Dalip Dadwa, Senior Joint Secretary, Yamuna Nagar said that villages Dadwa, Teji, Gadhauli, Mundamajra, Laipat Nagar Colony near Yamuna Nagar Bus Stand, also on Sasauli Road. There is a big problem of drainage, due to lack of cleaning of drains, water remains standing in the drains and the dirt in the streets roams outside in the streets, due to which serious diseases like fever, cough, cold, and malaria, typhoid, dengue are spreading. The government and administration should not allow dirty water to accumulate in the streets and drains and clean the streets and drains. It should be done on time, diseases are spread by poisonous mosquitoes, fogging should be done on time so that mosquitoes do not flourish and the common man can get rid of diseases. Sushil Jain Lok Sabha Ambala Vice President, Dalip Dadwa Senior Joint Secretary Yamunanagar, Karamchand former Sarpanch Budhedi, Sardar Jagmal Singh former District Vice President, Deepak Rana, Jasmer Kamboj, Vishal Atri, Kulwinder Rana were present on the occasion.



## Meeting on decreasing sex ratio held

**SHIV KUMAR SHARMA**

**KARNAL:** An important meeting of Karnal Radiologist Association was organized with Civil Surgeon Dr. Vinod Kamal and Nodal Officer Dr. Sheenu Chowdhary, and Child Welfare Chairman Umesh Channa today. It was addressed by Karnal's Senior Radiologist Dr. Arun Goyal who congratulated the new Civil Surgeon of Karnal, Dr. Vinod Kamal. The forum was moderated by Dr. Davinder Kaur Thami. In today's meeting, President of Indian Medical Association Dr. Naveen Gupta and General Secretary Dr. Poonam Sodhi Bhai also participated in the meeting. All the guests were welcomed with bouquets of flowers. The main purpose of today's meeting is that the sex ratio is decreasing in Karnal, for that this important meeting was held, in which Dr. Sheenu, the nodal officer of Karnal, gave detailed information to all the radiologists and explained how we can increase this sex ratio and no radiologist will check the sex ratio in any way. Senior Radiologists Dr. DS Josan and Dr. Iqbal Singh, Dr. GS Arora all assured that no radiologist in Karnal neither checks sex ratio nor will ever do so in future. Chairman Umesh told that if you need the Child Welfare Department in any way, then you can contact them. In the end, the civil surgeon thanked all the radiologists for the assurance that they are with the government's policy.



## Hindi language competition organised in Shamford School

**RAMAN WADHWA**

**BARARA:** A competition, based on Hindi language 'Emperor of Hindi,' was organized in School Barara on Wednesday. The objective of this competition was to inculcate positive thoughts among children towards mother tongue Hindi. This competition was between the students of Classes III to V. Participants were selected through dictation test and Hindi grammar work magazine. The competition had four stages in which the participants were divided into three groups- Sultans, Badshahs and Shahenshahs.





NEWS AT A GLANCE

International Conference on Posthumanism, Cybernetics and Human Rights at JGND PSOU



**RAWEL BHINDER**  
**PATIALA:** School of Languages and Public Relations Cell, Jagat Guru NanakDev Punjab State Open University (JGND PSOU), Patiala organized a two-day International Conference on "Posthumanism, Cybernetics and Human Rights". The conference commenced with the Inaugural Session at the university's administrative block. The inaugural session was presided over by Prof. Karamjeet Singh, Vice-Chancellor, JGND PSOU, Patiala. In his Presidential Address, Prof. Karamjeet Singh talked about the connection between rationality and morality in the technologically advanced times. "The convergence of new technologies and cognitive sciences blurs boundaries between man and machine."

**Gurpreet Singh Toor hands over cheque of Rs 1 Lakh to DC as contribution towards CM Flood Relief Fund**



**SACHIN MOUDGILL**  
**LUDHIANA:** In a noble gesture, the Former IPS Officer Gurpreet Singh Toor today handed over a cheque of Rs one lakh to Deputy Commissioner Surabhi Malik as his contribution in the massive efforts being made by the Bhagwant Mann-led Punjab government to bail out people in flood ravaged areas of the district. Handing over the cheque to Deputy Commissioner, Toor said that it was a proud privilege to get a chance for making a contribution in this humanitarian act from his pension amount. He also appealed other pensioners to come forward and donate generously towards CM flood relief fund. He said that the floods had caused large level destruction and affected people in the entire state of Punjab and it was duty to stand with the flood affected people. Deputy Commissioner lauded the contribution made by Toor and said that such contributions go a long way in helping the needy during the hour of distress. ADC (General) Gautam Jain, SDM Jasleen Kaur Bhullar and others were also present.

**"Pehal foundation" offers to co-operate with pollution board**



**KULWINDER KARWAL**  
**SARDULGARH:** Recently, a large part of Punjab has come under the grip of flood, due to this flood, where people's lives have been affected, people have also suffered economic losses. Reflecting on what are the reasons for these floods and what can be done to stop them, representatives of a social service organization called "Pehal Foundation" gave a memorandum to the chairman of the Punjab Pollution Control Board during a recent meeting. In this memorandum, efforts were requested to reduce the pollution of the Ghaggar and other natural rivers so that the damage caused by the flood in the Malwa region of Punjab can be reduced. On this occasion a discussion was held in Patiala with Dr. Adarsh Pal (Environmental Scientist) Chairman of the Board and Member Secretary of the Board Mr GS Majithia regarding the flood in some districts of Malwa part of Punjab due to tampering with the natural nature of rivers and also pollution in Ghaggar. On this occasion, Mr. Arun Garg and Sumeet Gupta Sardulgarh, founders of Pehal Foundation, offered special support to Punjab Pollution Control Board for environment protection, green drive to plant more and more trees around Ghaggar and other rivers. Board Chairman Dr. Adarsh Pal ji expressed confidence that the board will soon take more and faster important steps in this direction.

# Two hotspot areas of Sri Muktsar Sahib vow to shun drugs

SHASHI PAL JAIN  
CHANDIGARH, JULY 26

The ongoing fight against drugs launched by the Punjab Police on the directions of Chief Minister Bhagwant Mann has started yielding results as residents of two notorious areas in district Sri Muktsar Sahib including village Midda and Mohalla Chhahajhar of Malout took a pledge to stay away from drugs. Both areas were infamous for smuggling and use of various types of narcotics including heroin, intoxicant tablets, etc.

The development came amidst the series of Cordon and Search Operations (CASO) focused on drug trafficking, anti-social elements and criminals being conducted by the Punjab Police to make Punjab a drug-free and crime-free state.

On Day-3, the CASO was conducted in all three districts of Faridkot Range including Faridkot, Sri Muktsar Sahib and Moga on the directions of Director General of Po-



lice (DGP) Punjab Gaurav Yadav. The Muktsar Police conducted the CASO early in the morning from 5 am to 12 noon, on the other side, Faridkot and Moga Police carried out raids in the daytime. The entire operation was conducted under the overall supervision of DIG Faridkot

**State govt committed to restoring glory of Sainik School: Jauramajra**  
**KAPURTHALA (ASHISHPURI):** Cabinet Minister for Public Relations, Defense Services Welfare, freedom Fighters and Horticulture Mr. Chetan Singh Jauramajra said that Punjab government is fully committed to restoring the glory of Sainik School Kapurthala. He asked the officials of Defence services welfare department , Sainik School Administration and district administration to submit a comprehensive report on renovation of school building. During his visit to the Sainik school , Cabinet Minister took stock of maintenance of this historic building besides visiting the class rooms and museum. Meanwhile, he asked the Defence Services Welfare Department, district administration and the management of the Sainik school to send a report regarding the maintenance of the school building, high end training equipment required for training the students for their recruitment as commissioned officers in the army.



## Two more fake SC certificates cancelled: Dr. Baljit Kaur

GAURAV GOEL  
CHANDIGARH, JULY 26

The Punjab Government, led by Chief Minister Bhagwant Mann, is continuously working to protect the interests of the Scheduled Castes in the state. Social Justice, Empowerment and Minorities Minister Dr. Baljit Kaur stated that the fake Scheduled Caste certificates of Mr. Balwinder Kumar, son of Mr. Chaman Lal, resident of Mamdot, District Ferozepur and Mrs. Jasvir Kaur daughter of Mr. Kehar Singh, Hindi Mistress, Government Middle School Jandpur District SAS Nagar had been rejected by the State Level Scrutiny Committee constituted by the Government level.

Social Justice, Empowerment and Minorities Minister Dr. Baljit Kaur said that Mr. Jasbir Singh Pamali Member Core Committee of Sri Guru Ravidass Federa-

tion, Village Pamali, District Ludhiana had lodged a complaint with the Punjab State Scheduled Caste Commission, alleging that Balwinder Kumar a resident of District Ferozepur Mamdot had forged a fake Scheduled Caste certificate. Based on this, he secured a B.Sc (Agriculture) degree and secured job at Guru Angad Dev University of Veterinary Sciences, Ludhiana. Additionally, Balvir Singh, son of Mr. Nirmal Singh, Village Alampur, PO Kauli, Tehsil and District Patiala, had lodged a complaint with the Punjab State Scheduled Castes Commission. The complaint stated that Mrs. Jasvir Kaur, the Hindi Mistress of Government Middle School, Village Jandpur, District SAS Nagar, had obtained a Scheduled Caste certificate despite belonging to the Jat Sikh caste.



## Accidents happening every day on Sant Namdev, Guga Maadi, jail roads

AJAY MALHOTRA  
FATEHGARH SAHIB, JULY 26

SDO PWD of Bassi Pathanas area Gagandeep Singh, through a press note on June 27, claimed that Sant Namdev Road, Guga Maadi, and Jail Road in the urban areas of Bassi Pathana should be repaired quickly.

Showing the dilapidated condition of the Sant Naamdev Mandir road social workers Manoj Banda Sanjeev Kumar Sanjay, Feroze Kumar, Harsh Sharma, Golu Yadav, and Jassi Yadav said that even after the passing of almost one and a half years of Bhagwant Mann government, even patchwork has not been done on these roads and the passers-by



are being victims of accidents every day and school buses pass through these roads every day due to which any major accident can ever happen.

Manoj Banda and Sanjeev Kumar Sanjay said that the local MLA also made big claims about the special repair of these roads but nothing happened in reality. When spoke to the SDO P.W.D. Gagandeep Singh said that he has written to the high-

## Police holds meeting with journalists

**MORINDA (RADHE SHYAM SHARMA):** The first meeting with the journalist community was held today at City Police Station Morinda after Inspector Sunil Kumar, Head of Police Station City Morinda and Inspector Simranjit Singh, Head of Police Station Sadar Morinda assumed their positions. On this occasion, Inspector Sunil Kumar and Inspector Simranjit Singh, Chief Officers of Thana City and Sadar Morinda, said that no anti-social element



will be spared in Morinda area. He asked for the cooperation of the citizens and journalist community and said that the police needs your cooperation to maintain peace and law and order in the area. He said that by giving information about any anti-social mischief to the police administration, you can contribute to the country's service. He mentioned that the name and address of the informer will be kept confidential. On this occasion, City Police Station Chief Inspector Sunil Kumar, in response to a question regarding traffic, said that by implementing traffic rules in the city, people will be freed from traffic problems. While Inspector Simranjit Singh said that he will go to the villages lies under Sadar police station and will make people aware and mobilize people against drugs with the support of panchayats.

## Cheque of grant of one lakh, fifty thousand distributed to 85 poor families



**CHAMKAUR SAHIB (KULWINDER RASULPUR):** At the office of the local municipal council, about 85 poor families of different villages of Chamkaur Sahib block were distributed cheque of grants of 1 lakh 50 thousand for unmade houses under Pradhan Mantri Awas Yojana under a simple program by MLA Dr. Charanjit Singh. He said in his address on this occasion that the Punjab government has issued these grants to help poor families financially. He said that where there was damage due to floods in Punjab, many people have become homeless. Whose help will be done by the government with every possible means. After that, they distributed ration kits to flood-affected rickshaw pullers in Dana Mandi. On this occasion, President SDM Amrik Singh Sidhu, President Shamsher Singh Bhangu, Vice President Paramjit Kaur, Councilor Bhupinder Bhura, Councilor Sukhveer Singh, Jujhar. Singh, Darshan Verma, Mani Kumar Mantu, Rajinder Singh, Shamsher Singh Mangi, etc. were present.

## Punjab Youth has to take lead for clean air



ANKUSH  
LUDHIANA, JULY 26

Taking a firm stand on the rising air pollution and to safeguard their future, the youth from across Ludhiana met with experts and civil society members to discuss and chart out a citizen-level plan, aimed at improving the air quality of Ludhiana on Wednesday. The conclave was held at Khem Singh Gill Farmers' Service Centre, PAU here today. Under this first-of-its-kind youth conclave in the city, the young people will take the action plan to their schools and neighbourhoods in a bid to combat air pollution. One of the major focuses for the group will be to build a strong awareness about the health impacts of air pollution among the residents of Ludhiana. Organised by EcoSikh and Clean Air Punjab - a citizen's collective working on the issue of air pollution, over hundred students from ten schools across Ludhiana attended the youth conclave. The conclave was inaugurated by the Sanjay Kanwar, Senior Engineer, Head NCAP, Municipal Corporation Ludhiana, Dr Prabhjyot Kaur, Senior Scientist and Agronomist, Climate Department of Punjab Agricultural University was also present.

## Vicky brother Ajaypal Middukhera announces setting up of 'Vicky Middukhera Foundation'



**CHANDIGARH:** In a touching gesture, the Students Organization of India (SOI) held a blood donation camp in remembrance of student leader late Vicky Middukhera, on his birth anniversary today. The camp took place at the Student Centre, Panjab University, Chandigarh. 103 units of blood were donated by the participants, mostly students, on the occasion.

During the event, Ajaypal Singh Middukhera, Vicky's brother and Akali Dal leader, announced the establishment of the 'Vicky Middukhera Foundation' in memory of Vicky. "The foundation aims to carry forward Vicky's legacy through various social activities," he said. The blood donation camp was conducted under the guidance of Dr Ratiram Sharma, Head of Department of Transfusion Medicine at PGIMER, Chandigarh. Dr. Puneet, a Senior Resident, was also present at the camp. A team comprising of 10 members from PGIMER collected blood from donors. Under the aegis of the Vicky Middukhera Foundation, several social initiatives are planned. One such project is to identify and provide financial aid to 8-10 students needy students belonging to the economically weaker sections for their higher education.

## Jimpa pays tribute to martyred soldiers on Kargil Day

DALJEET AJNOHA  
HOSHIAHPUR, JULY 26

Cabinet Minister Punjab Bram Shankar Jimpa paying homage to the martyrs at the local 'War Memorial' today on the occasion of Kargil Vijay Diwas said that the martyrs are the pride of the country and the community, whose bravery the whole country will always salute .

Paying respects at the war memorial, paying obeisance to the bravery of the group of martyrs who laid down their lives during the Kargil war, Cabinet Minister jimpa said that during the Kargil war, 13 soldiers from Hoshiarpur laid down their lives protecting the unity and integrity of the country. He said that the Punjab Government headed by Chief Minister Bhagwant Mann is standing shoulder to shoulder with the families of the martyred soldiers and is ensuring



that the facilities are provided to these families by the government. He called upon the youth to dedicate themselves to the spirit of nationalism and spirit shown by the brave soldiers to protect the country so that the dreams of the martyrs could be fully realized.

Lt Gen (Retd) J.S. Dhillon VSM said that 527 Indian officers, JCOs and soldiers were martyred in the Kargil war, out of which 54 soldiers were from Punjab and 13 soldiers were from Hoshiarpur district. Mayor Surinder Kumar, Senior Deputy Mayor Praveen Saini,

Deputy Mayor Ranjit Chowdhary, Vice President District Sainik Board Hoshiarpur Brigadier (Retd) Amrik Singh, Additional Deputy Commissioner (General) Rahul Chaba, Assistant Commissioner Vyom Bhardwaj, Assistant Commissioner Municipal Corporation Sandeep Tiwari were present on the occasion. , Councilor Jaspal Chechi, Superintendent Baljit Kaur, Veer Nari Raj Kumari, Satish Singh Bagga, Capt. Baldev Singh, Professor Parminder Kaur Saini and other dignitaries also paid tributes to the martyrs.

## Arya Mahila College organises welcome ceremony



**PATHANKOT ( SHARANJEET):** On the auspicious occasion of the beginning of the new session, Arya Mahila College organized a welcome ceremony for the admission of new students in the college under the chairmanship of Principal Dr. Gurmeet Kaur. In which BA first semester new students participated. On this occasion, the heads of all departments Dr. Narinder Kaur, Dr. Suruchi Sharma, Prof. Kamini Kalia, Prof. Kanchan Sharma, Prof. Shivani Pathania, Dr. Tarun Mahajan, Dr. Pankaj Mala, Prof. Ramita, Prof. Kusum, Dr. Shweta Thakur, Prof. Neha Rani, Dr. Arti Palata along with Jyoti Rana, Prof. Rozi, Prof. Shifali, Dr. Anju, Dr. Pallavi Mahajan, Prof. Sania Saini, Prof. Jaskaran, Prof. Amit Mahajan, Prof. Shilpa Bhagat, Prof. Sanju, speaker Ritu, Kavita etc were present. They introduced the girl students and also gave them departmental information, so that they can become good students and build a good future. Principal Dr. Gurmeet Kaur gave good wishes and inspired that life is successful only by achieving goals in life.

## State govt making every effort to promote industrial growth: DC

PULKIT YADAV  
JALANDHAR, JULY 26

District Administration Jalandhar led by Deputy Commissioner Vishesh Sarangal today approved the exemption of External Development charges (EDC) worth Rs. 1.28 crore to an upcoming hospital firm under the state government's industry and business development policy.

Chairing a meeting of the district-level committee of different departments here at the district administrative complex, the DC said that Chief Minister Bhagwant Mann led state government was making concerted efforts to further promote industrial growth in the state wherein several unique initiatives have been launched by the government. He further stated



that there was a provision for incentives for setting up and expanding new/existing industries under the industry and business development policy of the state government.

He said that under this policy the firm namely Shree Ram Neuro Centre had applied for 100 percent EDC exemptions for setting up a new hospital as Municipal Corporation had calculated a sum of Rs. 1,28,41,038 EDC for this firm. Mr. Sarangal said that during a meeting with all the departments concerned it was decided to issue an eligibility certificate to the firm concerning the exemption of above said EDC as per the guidelines of the policy. In another case, the committee approved issuing a wood-based industry namely M/s Wintek Praelam Vpo Dhogri, Pathankot Road, Jalandhar to set up its unit in the district.

The Deputy Commissioner said that the administration was duty-bound to facilitate the business community concerning setting up new units and expanding the existing ones.

## 90 % families of state getting free electricity: S. Rai



**SIRHIND (BIKRAMJEET SAHOTA):** By paying attention to the needs of the people, the Bhagwant Singh Maan government of Punjab is providing them with comforts. This revelation was made by Fatehgarh Sahib MLA Advocate Lakhbir Singh Rai while inaugurating the new feeder at the office of Sirhind Power Com.

Bassi Pathana MLA Rupinder Singh Happy was also with him on this occasion. He said that the demand of Punjab government to provide free electricity was fulfilled in the first year itself. Today, 90 percent of the families in the state are getting free electricity. The state government will live up to the expectations of the people. Honorable Chief Minister Bhagwant Maan is taking some or the other decision every day. Under this, a new feeder has been started today by the office of Sirhind Power Corporation. Which is named Mandhore Feeder. This feeder is divided from Saundha feeder. Due to the length of the line, there were more faults, which the farmers had to bear.



Former MLAs Council  
donates towards CMRF



**SHIMLA:** A delegation of former MLAs Parishad led by its President, Dr. Babu Ram Gautam and General Secretary, Govind Sharma called on Chief Minister Thakur Sukhvinder Singh Sukhu and presented a cheque of Rs. 31 lakh towards Chief Minister Relief Fund here today. Chief Minister thanked for this noble gesture and said that this contribution will go a long way in providing succor to the affected families.

**India-England Test match to be held in Dharamshala from March 7 to 11**

**SANJAY AGGARWAL DHARAMSHALA:** After five matches of the World Cup, Dharamshala has also got a chance to host the Test match next year. There will be a Test match between India and England from 7 to 11 March at Dharamshala Stadium. The BCCI on Tuesday announced the International Domestic Season 2023-24. In this, Cricket Stadium Dharamshala has got a test match. The five-Test series between India and England will begin on January 25. The last match has come in the account of Dharamshala. Before this, the England team will play a match with Bangladesh on October 10 in the ICC ODI World Cup. Seven years ago in March 2017, a Test match took place at Dharamshala Stadium.

**Silver medalist Nishad Kumar calls on Chief Minister**

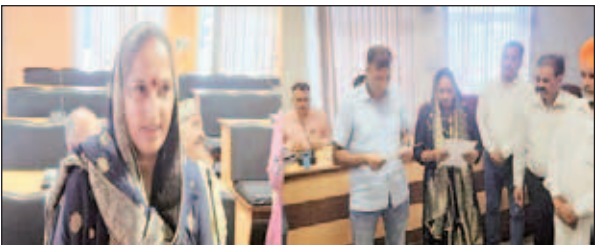


**DINESH AGARWAL SHIMLA:** Nishad Kumar, who bagged silver medal in high jump in the Para-Athletics World Championship-2023, called on Chief Minister, Thakur Sukhvinder Singh Sukhu on Tuesday late evening. The Chief Minister congratulated Nishad Kumar for his remarkable achievement and praised him for being a true source of inspiration, particularly for the youth of Himachal. Sukhu lauded Nishad's exceptional talent and unyielding spirit, which has brought laurels to the State. He said that his extraordinary determination and strong willpower was an ideal example for the specially-abled youth, thereby inspiring them to participate in such events. Nishad Kumar has also claimed the silver medal at the Tokyo Paralympics in 2020. The Chief Minister wished him continued success in such future events and expressed confidence in his ability to shine up to the mark globally. MLAs Chaitanya Sharma and Sudarshan Singh Bablu were also present on the occasion.



A delegation led by Sh SP Bansal Vice Chancellor of HPU presented a cheque of Thirty Three Lakh Fifty Five Thousand Two Hundred Forty Nine to Chief Minister Thakur Sukhvinder Singh Sukhu towards Aapda Rahat Kosh today at Shimla.

**Bimla Devi becomes Chairperson of Bilaspur Zilla Parishad**



**BILASPUR, JULY 26**

Bimla Devi of the BJP has become chairperson of Bilaspur Zilla parishad, for which an election was held on Tuesday. She replaced Muskan of the BJP, who resigned recently. The polling was conducted under the supervision of the Presiding Officer and Deputy Commissioner Bilaspur. In which Bimla Devi, a member of Kuthera ward, was declared the Zilla Parishad president. During the election of Zilla Parishad chairman held on Tuesday, three members initially filed nominations, including Bimla Devi, Promila Basu, and Shalu Ranawat. Shortly after the nomination, Promila withdrew the nomination. After which, there was a direct fight between Bimla Devi and Shalu. All 14 members took part in the voting. After the voting, the presiding officer announced the result, in which both Shalu and Bimla got 7-7 votes. After the voting was inconclusive, the Presiding Officer declared Bimla Devi as Zilla Parishad chairperson through a slip as per rules. Later on, Bimla Devi was also administered the oath as chairperson by the Deputy Commissioner.

YUGMARG, CHANDIGARH, THURSDAY, JULY 27, 2023

# Cloud burst near Rampur: Many houses, livestock washed away

**AGENCY SHIMLA, JULY 26**

Two cloud bursts have caused heavy loss of property and livestock and disrupted vehicular traffic movement in the Shimla district of Himachal Pradesh, officials said on Wednesday.

The cloudbursts occurred at Kandahar village of Sarpara Panchayat of Rampur sub-division, about 200 kms from this capital town on Tuesday night.

According to the Sub-divisional Magistrate, Rampur, the cloudburst happened around 11 PM,

The flash flood disrupted NH-5 between Jeouri and Bernoi area near Shimla and Kinnaur border, which has now been restored. The Gram Panchayat Sarpara Pardhan (head) Mohan Kapatia said due



to natural calamities the road communication of Sarpara village has been cut off. He demanded immediate relief to the affected people.

The cloudburst buried and washed away the fruits, gardens, and fertile lands, damaging

many houses. The flood also washed away domestic animals like cows, bulls, sheep and goats. According to the administration, the NDRF team has been requisitioned.

Reports arriving here said an NDRF team is also deployed at

**Tributes paid to martyrs of Kargil War at Shaheed Smarak**

**KISHORI LAL BAINS**

**UNA:** Tributes were paid to the martyrs of the Kargil War at the Shaheed Smarak established at City Council Park Una. Military salute was first given to the martyrs in the program jointly organized by Sainik Welfare Center Una and District Administration Una. Thereafter all those present took the oath issued by the Himachal Pradesh Sainik Welfare Centre. After this, all the police and administrative officers and ex-servicemen present along with the present people paid tribute to the martyrs at the martyr's memorial. Giving brief information regarding the event, Deputy Director of Sainik Welfare Center Una, Lieutenant Colonel SK Kalia said that in the year 1999 Kargil war is celebrated as Kargil Vijay Diwas on July 26 every year in memory and honor of the martyred soldiers. In this war, 527 soldiers of the country got martyred in which 52 soldiers were from Himachal Pradesh and two soldiers were related to Una district. Apart from this, oath was also administered in various offices of District Una on Kargil Vijay Diwas.

## Delegation of Malana Power Project and AD Hydro Project meets CM



**DINESH AGARWAL SHIMLA, JULY 26**

A delegation of Malana Power Project and AD Hydro Project led by its Chairman cum Managing Director Ravi Jhunjhunwala and Chief Executive Officer O.P. Ajmera called on Chief Minister Thakur Sukhvinder Singh Sukhu here last evening.

The Chief Minister thanked them for contributing Rs. five

crore towards Chief Minister Relief Fund recently and said that such contributions go a long way in helping the needy during the hour of distress.

Chairman-cum Managing Director Malana Power Project and AD Hydro Project Ravi Jhunjhunwala said that the Project Management is with the State Government in this hour of disaster and will extend all possible help to the Government.

**Rs. 3 crore donation towards CM Relief Fund**



**DINESH AGARWAL SHIMLA, JULY 26**

General Manager, Greenko Foundation, Anup Banyal presented a cheque of Rs. Three crore on behalf of Greenko Foundation to Chief Minister Thakur Sukhvinder Singh Sukhu towards the Chief Minister Relief Fund here last evening. The Chief Minister thanked for this noble gesture and said that such contributions go a long way in helping the needy during the hour of distress. Chief Parliamentary Secretary Sunder Singh Thakur was also present on the occasion.

## On Kargil Vijay Diwas, tears flow from eyes again in memory of martyrs

**SANJAY AGGARWAL DHARAMSHALA, JUL 26**

On the occasion of Kargil Vijay Diwas, the brave soldiers of the country who won the India-Pakistan Kargil war were remembered at the Shaheed Samar in Dharamshala. He also paid homage to 52 heroes of Himachal including all the 527 martyrs who were martyred while fighting for the country at Dharamshala, the only martyr memorial of Virbhoomi Himachal. On Vijay Diwas, Brigadier KYP Singh Sambayal participated and paid homage to the martyrs, as well as lit the Amar Jyoti. On this occasion, the officers of the district administration and



police administration along with other ex-servicemen and families of soldiers paid true tributes. In the Kargil war that started on May 25, 1999, 52 soldiers from Himachal had sacrificed their lives. In the Kargil War that lasted for more than two months, the Indian Army made Operation Vijay successful by

sacrificing their lives and driving the enemies out of the country's borders. A total of four Paramveer Chakra medals were declared in the highest honor of the army across the country on the Kargil victory, in which two Himachal heroes are named. In this, Captain Vikram Batra posthumously and Subedar

Sanjay Kumar Jivit were awarded Paramveer Chakra. Kargil Vijay Diwas is celebrated every year on 26 July to commemorate the victory in the Kargil war. A total of 527 warriors were martyred across the country, out of which 52 were from Veer Bhoomi Himachal. In the Indo-Pakistan war that took place from May 25 to July 26, 1999, 52 Ranbankurs of Himachal had attained martyrdom. In this, maximum 15 soldiers of Kangra district were martyred. Eleven soldiers were killed in Mandi district, seven in Hamirpur, seven in Bilaspur, four in Shimla, two in Una, two each in Solan and Sirmour while one each in Chamba and Kullu districts.

## IIT Mandi revises undergraduate curriculum in tune with NEP2020

**MANDI, JULY 26**

Indian Institute of Technology, Mandi, has revised its undergraduate course curriculum for holistic development and stress-free learning as per guidelines of National Education Policy 2020.

Prof. Laxmidhar Behera, Director, IIT Mandi, said, "We at IIT Mandi are making sure that our students have a flexible curriculum that allows them to change their branch based on their interests after their first year. One key aspect of NEP2020 is the promotion of cultural heritage. Our curriculum makes sure students are getting exposure to holistic development."

Behera mentioned that The Centre for Quantum Science and Technologies at IIT Mandi will build a quantum computer dedicated to advancing the field of quantum computing and educating future generations.

Key initiatives and features of NEP2020 incorporated by IIT Mandi in its curriculum

include: Holistic Development under the NEP2020 guidelines.

IIT Mandi has been focusing on holistic development of its students and faculty members, including physical fitness, mental well-being, and soft skill development, for their overall growth, the institute said in a media release here.

The institute has established multiple facilities such as Guidance and Counseling services, Sports facilities, and Career and Placement Centre for its students to make sure their personal, academic and professional life is stress-free.

As a result, the Institute has had three new Interdisciplinary programs in the last two years, namely, MBA (AI & DS), B. Tech in General Engineering, B. Tech in Mathematics and Computing, and the IKSMHA Centre, which is focusing on research on topics concerning Indian Knowledge Systems, which has several benefits for the human body, mental health, and wellbeing.

**Nine scouts selected to participate in 'World Scout Jamboree' at South Korea**

**DINESH AGARWAL**

**SHIMLA:** Nine scouts from Himachal Pradesh have been selected to participate in the prestigious World Scout Jamboree at South Korea, which includes seven from Kangra District, viz: Satyam Dhiman, Ketav Sodhi, Anitya Dhiman, Nipun Sharma, Harshit, Ansh Pradhan and Vanik Pandit of Rainbow Public School, Nagrota Bagwan, and Karan Thakur, serving as Arts Teacher in Senior Secondary School Rajiyana. Rover Balveer Singh from Mandi and Ranger Ankita Thakur are the remaining participants who will take part as International Services Team, State Chief Commissioner, BS&GHP -cum-Director of Higher Education Dr. Amarjeet Kumar Sharma stated here today. A total of 384 Indian nationals, categorized in eight units, will participate in the International jamboree event under the banner of Indian Scouts and Guides. This year the theme of the mega event is 'Draw Your Dream' and over 50,000 scouts from 172 countries will take part in the mega event. The event is one of the biggest outdoor educational programmes organised for the youth and includes adventure activities, achieving sustainable development targets, and mental as well physical strengthening activities. Anitya Dhiman of Himachal has been selected as media coordinator head of the seventh unit. In 1920, after years-long efforts of Founder of Scouting Lord Robert Baden Powell, the first World Scout Jamboree was organised in London in which 8,000 scouts from 34 countries participated.

**Case registered for working more than six years by tampering with documents**

**SANJAY AGGARWAL DHARAMSHALA, JUL 26**

A case of tampering with the date of birth in the documents has come to the fore on behalf of an employee holding a Class IV post in the Irrigation and Public Health Department. While giving information, SP Balbir Singh of Vigilance Department, North Zone said that a case has been registered by the employee for working more than six years by tampering with the date of birth. The accused has been identified as Avtar Singh, resident of Jaisinghpur, district Kangra. In this context, a case has been registered against the accused. SP Balbir Singh told that a secret information was received about this in the police station. In the complaint, it was alleged that Avtar Singh had



worked for six years more in the Irrigation and Public Health Department by tampering with the documents by stating his date of birth as November 25, 1960 instead of May 25, 1954. On the basis of these allegations, when the vigilance investigation of the case was done, all the allegations were found correct in the preliminary investigation. On the basis of these allegations, a case was registered against the accused in Vigilance police station on Tuesday and further action is being implemented.

**National Education Policy is wonderful for learners: Lakhnupal**



**JOGINDER DEV ARYA**

**BANGANA:** Under the aegis of Kendriya Vidyalaya Sangathan, a district level press conference program was organized on Wednesday on the successful completion of 3 years of National Education Policy in KV schools. SD Lakhnupal, Principal of KV School Nadaun, Raj Singh, Principal of Jawahar Navodaya Vidyalaya Pekhabela, Yudhveer Singh, Principal of KV School Saloh, Kirpal Singh, Principal of Bangana KV School, former Zilla Parishad member Indu Wala and others were present in this program. Chairing the press conference, S Lakhnupal said that NEP 2020 aims to provide students with a holistic and flexible learning experience by reducing school curriculum content and focusing on 21st century skills such as analytical and critical thinking, experiential learning and creativity have to provide. Importance of foundational literacy and numeracy will be increased. The model of 10+2 will be changed to 5+3+3+4 model. There will be no requirement for the students to study in the official language of the state. Students will be allowed to take board exams twice. Under the foundation stage, children will have to take pre-schooling education in Anganwadi for the first three years.

**Tributes paid to martyrs of the Kargil war at Nanabi**



**JOGINDER DEV ARYA**

**BANGANA:** Sub-Divisional Officer Bangana Manoj Kumar and BDO Bangana paid homage to the martyrs of Kargil War at the Martyr Brijesh Kumar entrance established in Nanabi under Sub-Division Bangana. After this, the people present including all the ex-servicemen present paid tribute to the martyrs at the martyr's memorial. Giving brief information about the event, Martyr Brijesh Sharma's uncle Retired Captain Gurdas Sharma said that in the memory and honor of the soldiers who were martyred in the Kargil war in the year 1999, every year July 26 is celebrated as Kargil Vijay Diwas. In this war, 527 soldiers of the country got Veergati, in which 52 soldiers were from Himachal Pradesh and two soldiers were related to Una district. BDO Bangana Arun Jaitley Congress Block President Ram Asra, Congress Block General Secretary Parveen Sharma, President Ex-serviceman Kutehar Subedar Cable Krishna, Congress worker and kutlehar Deshraj Modgil, many ex-servicemen and dignitaries are also present.



**NABHA (RAKESH JINDAL):** Today Aam Aadmi Party Nabha MLA Gurdev Singh Dev Mann gave a check of 13,800 rupees from his salary to ITI Nabha for 10 electric fans. Ask a generous gentleman to give us 10 electric fans. So Dev Maan immediately said that I should take out title of electric fan from my salary and donate it to everyone and help the needy. On this occasion, the Principal thanked MLA Dev Maan and said that I and the students of ITI Nabha will always be indebted to you. On this occasion, the teachers of ITI Nabha were present.



YUGMARG, CHANDIGARH, THURSDAY, JULY 27, 2023

## Arora distributes grants over Rs. 2 cr for dev of villages

**SUMER GARG SUNAM, JULY 26**

Under the campaign launched by Punjab Cabinet Minister, Aman Arora for the multifaceted development of villages, towns and cities of Sunam Assembly Constituency(SAC) grants are being distributed in a phased manner. Recently, Cabinet Minister Aman Arora released grants of over Rs. 2.02 Cr for the development works in 10 villages of the constituency.

During his visit, the Cabinet Minister gave Rs 4.60 lakh for volleyball ground at village Chhathe Sekhawan, Rs 0.53 lakh for drinking water, Rs 2 lakh for boundary wall of government school; Rs 3.50 lakh for Muslim Dharamshala at



village Upali, Rs. 2.50 lakh for streets, Rs 7.25 lakh for Govt secondary school fencing, Rs 0.28 lakh for drinking water; Rs. 4.60 lakh for volleyball ground at village Ubhawal, Rs. 3 lakh for the construction of gate, Rs. 10 lakh for boundary wall of government school; Rs 6 lakhs for gym room and volleyball ground at village Bhammanbandi; Kalu Patti

Dharamshala at Village Duggan Rs. 5 lakhs for drinking water, Rs.0.35 lakhs for drinking water; 4 lakhs for volleyball ground-wood at Kunnar village, 1.16 lakhs for drinking water; 5 lakhs for a Dharamshala with door and door at village Kilhan Bharia and for construction of Sath near Gurdwara Sahib at village Patti Bharia; 5.80 lakhs for streets

at Village Namol 5.40 lakh for Drains Singhpura Road; 2 lakh rupees for Ramana Patti Dharamshala, 2 lakh rupees for Guzar Mall Majbi Sikh Dharamshala, 2 lakh rupees for the common works, Rs. 9 lakhs Govt Sr. Sec.school' fencing; An amount of Rs. 4 lakh was released for the Journal Dharamshala at village Mirja Patti.

## JTPL city residents cry for basic amenities

**SHASHI PAL JAIN KHARAR, JULY 26**

Residents of JTPL City located at Sector 115 here met Punjab Cabinet Minister and Kharar MLA Anmol Gagan Mann's father Jodha Singh Mann and Municipal Council Executive Officer regarding their demands.

Giving a memorandum Harjit Singh Sodhi said that the residents of JTPL society, one of the largest societies of Kharar, are lacking for basic facilities. Due to lack of sewerage, rainwater drain system and no STP plant, people's lives are becoming miserable. With just a little rain, the entire society is submerged in water. The water from the first rain has not yet come out. Stagnant water always invites diseases due to lack of sewage system. In this regard, the Punjab Pollution Control Board also issued a notice to the new JTPL



and banned the work of the builders and banned the registries, but no one cares, the construction work is going on in full swing.

On this occasion, Yogesh Singh and Rakesh Sharma said that there is a problem of electricity in the colony day and night. Builders are erecting flats and flats but there is no solution for the increased electricity load. Due to which transformer cracks are common here. Because of this, many people's electrical equipment has also been burnt. Due

to frequent cuts, families are in a very bad situation. Deepak Sharma said that the situation is that even the viral underground of electricity is not in a proper way. Due to which many cases of electrocution in water have come to light. Last evening, two cows died due to current in standing water. This accident could have happened to any human being. Arvinder Walia said that we were sold flats and plots by showing big dreams but in reality even basic facilities are not available here.

## Former YPS Mohali teacher appointed Lawrence School Deputy Headmaster

**LK BANSAL**

**MOHALI:** Ravi Kumar has been appointed as the new Deputy Headmaster of The Lawrence School, Sanawar. He commenced his teaching career at The Yadavindra Public School, Mohali in the year

1996. He has also worked at the Yadavindra Public School, Patiala, where he taught Mathematics to the senior classes.

Besides teaching Mathematics, he was a Housemaster as well as Coordinator of the day-to-day working of the boarding houses.

While serving at The Lawrence School, Sanawar, he pursued his first passion i.e. the teaching of Mathematics. At Sanawar, he worked as a Tutor, Housemaster, Trekking-in-Charge, and In-Charge of the Trooping of the School Flag during the School's Founder's Day celebrations, before being given the charge of Senior Master where he very ably looked after the Boy's Department. Mr. Kumar is a keen sports and adventure activities enthusiast and he has a strong inclination for Cricket, Trekking & Athletics etc.

## "Aapda Mitra and Sakhis" complete Training in MGSIPA Institute

**R N KHERA**

**CHANDIGARH:** The Mahatma Gandhi State Institute of Public Administration (MGSIPA) and SDMA Chandigarh culminated its comprehensive training programme of Aapda Mitra Volunteers under Upscaling of Aapda Mitra Scheme National Disaster Management Authority (NDMA), Ministry of Home Affairs, Government of India with a grand valedictory ceremony today. The event was a celebration to bid farewell to a remarkable group of 309 Aapda Mitras and Sakhis who successfully completed a very rigorous training programme under the Aapda Mitra Scheme. The event was graced by Shri Kunal Satyarthi IFS, Joint Secretary, NDMA; Shri Nitin Kumar Yadav IAS, Home Secretary, Chandigarh; Shri Vinay Pratap Singh IAS, DC, Chandigarh; Shri Gulshan, CGM, MGSIPA and Shri Amit Kumar DANICS, ADC; faculty members; instructor and Aapda Mitras. The Aapda Mitra Scheme, Chandigarh was launched by SDMA, Chandigarh, MGSIPA and Chandigarh Administration and this programme was conducted in 7 batches of 12 days each at MGSIPA campus located at Sector 26, Chandigarh. The programme served as a platform for the volunteers who came together from varying and diverse backgrounds to exchange ideas and learn together from a panel of expert faculty and instructors.

## Singer Chhina's song Patase Wargi getting huge response

**KULJIT SINGH DHINGRA**

**RAMPURA PHUL:** Renowned singer Chhina's song Patase Wargi is getting overwhelming response. Lyricist Gurtej Ugoke penned this song under the direction of Devinder Raj. While the musical touches have been given by composer Baman

Chand. Video director Ankur Chowdhury has shot the song like Patase at different locations. Laddi Sandhu Canada is the producer of Patase Wargi song. Dubbed by Ravi Shankar at Real Studio, the song was released under the brand Makerz (Yaar Canadian) label. Singer Chhina said that the earlier songs 88 Village, Popular, Fake Photos were well received by the audience and now the newly released song like Patase Wargi has been seen by millions of listeners/viewers on YouTube. He said that he will continue to release such songs from now on which will be liked by all sections.

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## Nasha Mukht Bharat's Brand Ambassador: Samaira Sandhu interacts with youth at Elante Mall



**CHANDIGARH:**The Department of Social Welfare, Women & Child Development, Chandigarh Administration, in collaboration with Big FM, successfully organized an impactful awareness program under the esteemed guidance of Nasha Mukht Bharat Abhiyaan at Elante Mall, Chandigarh today. The event commenced at 6:00 PM and witnessed enthusiastic participation from the community. The program was gracefully hosted by RJ Vandita from 92.7 Big FM, who skillfully engaged the audience throughout the event. The highlight of the evening was the presence of the esteemed brand ambassador of Nasha Mukht Bharat Abhiyaan, Ms. Samaira Sandhu. With her inspiring presence, Ms. Sandhu delivered a compelling address on the subject of drugs, emphasizing the importance of

## Tributes paid to Kargil Martyrs



**MORINDA (RADHESHYAM SHARMA):** Saluting the brave soldiers who laid down their lives for the country during the Kargil War. Their courage and dedication remain an inspiration for every Indian. "The students of #seniorwing-at #Cambridge conducted a #SpecialAssembly on 26 July 2023, to pay their heartfelt homage to the martyrs of #IndianArmedForces who #sacrificed their lives and won the war at Kargil.

The assembly was done with the view to #salute the #realheroes of the nation and #inspire the students for a patriotic cause. Cambridge strongly believes that the feeling of #patriotism is to be inculcated at school level to make sure that student becomes the responsible citizen of the Nation.

The assembly presentations saluted our real heroes, who put their lives on the front line to make sure the rest of the nation stay safe and sound, 'remembered' our #martyrs, by revisiting their #sacrifices, 'rejoiced' by celebrating the #victory in Kargil and 'renewed' our resolve to safeguard the honour of the #tricolour.

## GAMADA demolishes 7 under-construction labour quarters near Mohali



**SHASHI PAL JAIN KHARAR, JULY 26**

A total of 7 under-construction labor quarters were demolished today at village Koru Majra in district Mohali by the regulatory branch of GAMADA.

As per information received in this connection apart from this, action was also taken in a Benami

colony during which the foundations of under-construction houses and many foundations were also broken. Apart from this many roads were also cut.

Apart from this, the building office of Reta Bajri at village Manak Majra along Sector 87 and other related structures were also demolished. Apart from this an illegal shed to be used as a paint

store was also demolished. This action of GAMADA appeals to the general public not to invest their hard earned money in illegal constructions / projects. Invest only in approved projects by GAMADA and do not respond to illegitimate projects. If a person wants to do any construction, then he should do so after getting permission from the department.

## New song " Highway" released by Singer & lyricist Bhupinder Sidhu : Highway

**MOHALI (TILAK RAJ):** Music is a peice of art that goes in the ears and straight to the heart. And, by following this lead, Singer & lyricist Bhupinder Sidhu is back again with amazing song. Likewise his previous songs Don't joke on sardar, Bullet, Foujian di rum, Kala maal, Yaar truckan te, iltaan di jarh and the list goes on and on. Lyricist of these songs is Bhupinder sidhu himself, Pirti silon and music is given by DJ Duster.



T a l k i n g about his new track Highway which is released on YouTube on his c h a n n e l Bhupinder Sidhu Music few days back by him. And, all audio digital

platforms are handled by KB music. Singer sidhu receives so many compliments from our country and abroad as well. We wish he comes up with ultimate tracks in future also.

## PIB organises 'Vaartalap' Event in Jalandhar to explore brain gain, brain drain, New Education Policy



**BUNNY SODHI JALANDHAR, JULY 26**

The Press Information Bureau (PIB) organized a significant 'Vaartalap' event in Jalandhar, focusing on the crucial topics of "Brain Gain and Brain Drain" and the "New Education Policy." Eminent personalities from various sectors participated in the discussions, providing valuable insights into empowering the youth and fostering a brighter future for India. The event commenced with an insightful presentation by Shri Rajinder Chaudhry, Additional Director General, Chandigarh, who shed light on the nine years of governance

and welfare initiatives under the title "Nine Years of Seva Sushasan and Garib Kalyan." Shri Chaudhry underscored the government's commitment to inclusive development, showcasing the progress made during this period.

In his address, Shri Chaudhry emphasized the significance of skill development for the youth, stating, "Empowering our youth with the right skills is imperative for their holistic development and the nation's growth. Skill development is the key to unlocking their true potential and ensuring a prosperous future." The panel discussions focused on two pivotal subjects.

**RAMESH KASHYAP FEROZEPUR, JULY 26**

Like every year, the district level Independence Day event is organized on August 15 this time in front of the Cantonment Board Stadium . It will be celebrated at the front of the DC office. Deputy Commissioner Mr. Rajesh Dhiman IAS, with the aim of celebrating this event with enthusiasm in traditional pomp and making necessary arrangements keeping in mind the guidelines issued by the Government.

A meeting was held at the district administrative complex under the chairmanship of On this occasion Additional Deputy Commissioner (Development) Mr. Arun Kumar and SDM. S. Gagandeep Singh, Assistant Commissioner Mr. Suraj were also present. Deputy Commissioner Mr. Rajesh Dhiman told all the officials present in the meeting

## Instruction issued to perform assigned responsibilities with service spirit, dedication



that there should be a combination of patriotism and socio-cultural heritage on the occasion of Independence Day event and all the departments should fulfill their responsibilities with full sincerity to carry out this event successfully. He said that due to the sacrifices of the patriots, we are enjoying Azad Fiza today, so on this day dedicated to them, it is our duty to the officers/employees of all departments to do their duty with dedicated service and spirit.

He has worked in various departments including Municipal Council, Education Department, Health Department, PWD. Department, Police Department, Forest Department, Horticulture Department, Dairy Department, Sports De-

partment, Water Supply and Sanitation Department, DDPO, Youth Services Department and Food Supply Department, Information and Public Relations Department etc. officials started the preparations for the district level program. Gave necessary guidelines to do. Those concerned departmental officials were VIPs. Cleaning of stage and ground, parking of vehicles, preparation of saluting base at saluting place and arrangement of national flag, arrangement at Shaheedee Memorial at Husainiwalla, installation of flags on both sides of roads, decoration of squares, transport, refreshments Ordered to provide clean water, medical aid, uninterrupted power supply, fire brigades etc.

## 3rd anniversary of NEP 2020 held at Kendriya Vidyala, K Area Zirakpur



**ZIRAKPUR (VICKY BHABAT):** 3rd Anniversary of NEP 2020 was held at Kendriya Vidyalaya K-Area, Zirakpur on the 26th of July 2023. The programme commenced with the auspicious "Lighting of the Lamp" ceremony. Eminent representatives from the Ministry of Education, Capt. Tina, Deputy Commissioner, Navodaya Vidyalaya Samiti, Regional Office, Chandigarh, Dr. Shweta Arora, Regional Officer, CBSE, Chandigarh and Smt. Deepika Sandhu, Principal KV K-Area, Zirakpur delineated the steps undertaken to implement the guidelines of NEP 2020. The host Principal and Moderator, Smt Deepika Sandhu showcased the activities undertaken under NEP 2020 with the help of an effective PowerPoint Presentation. Capt. Tina, DC NVS, RO, Chandigarh talked about the initiatives undertaken by NVS to implement 3-Language formula, Skill India and to promote "learning by doing". The emphasis is to promote critical thinking rather than rote-learning, focus on learning instead of studying and encourage scientific temperament. She proclaimed that NEP 2020 emphasised the integration of vocational education into general education to provide students with both academic and practical skills.

## Eminent educationist holds interactive session with GKU faculty

**ANIL VERMA BATHINDA, JULY 26**

Guru Kashi University has always endeavored to achieve excellence in academics and sports. Moving a step forward, an interactive session was held in the University between an eminent educationist Prof. (Dr.) Baldev Raj and faculty of GKU, to integrate technology and encourage robust implementation of NEP 2020.

Prof. (Dr.) Jagtar Singh Dhiman, officiating Vice-Chancellor commended the efforts of the University Management, officers and Faculty in achieving the highest- NAAC A++ grade and introduced the expert Dr. Raj, who has a served as an academician and has proficiency in grooming and providing required guidance to the faculty members to hone their talent and maintain this level of achievement. Dr.



Raj focused and iterated that relationship with student relationship should be built on trust.

Dr. Pushpinder Singh Aulakh, Pro Vice Chancellor, Dr. Varinder Singh Pahil, Advisor to Chancellor, S. Sardool Singh Sidhu, Director Student Welfare, Directors, Officers, Deans and fac-

ulty members and staff participated in this interactive session. Dr. Ashwani Sethi, Director IQAC expressed words of gratitude to the distinguished speaker and said that university is committed to incorporated to include measures suggested by the expert to achieve excellence.

## Festival of Teej celebrated with pomp, fanfare in ward 32

**LUDHIANA (SACHIN MOUDGILL):** Women's festival 'Teej' celebrated in the month of Sawan was held at Golden Palace Daba in Ward No. 32 . Under the supervision of President Aam Aadmi party Jagdev Singh Dhunna, it was celebrated with much fanfare under the banner of 'Let's celebrate Teej, decorate the yard with your laughter and art'. Rajinderpal Kaur Chhina, MLA of Constituency South participated as the chief guest on this occasion.



On this occasion, women warmly welcomed MLA Chhina and honored her by putting flowers. On this occasion, Jagdev Singh Dhunna welcomed Chhina on her arrival in this program. He said that even though Chhina has many engagements, she increases the pride of all our ward residents by participating in every program conducted in Ward No. 32. Speaking on this occasion, Chhina said that this festival of Teej, celebrated in the month of Sawan, is a special festival for women. This festival is celebrated by newly married girls with great fanfare. He said that today, seeing this program in which all kinds of cultural colors were filled and the way in which ancient objects were displayed and the play 'Sandhara' presented by small children, my mind has been blown away. She added that next year an even bigger program will be held in South Constituency. In which invitation letter will be given to all the women of constituency South.





**SHANTI GAUTAM**  
**BADDI:** On the occasion of the birth anniversary of Premchand Singla, a statue was installed in the premises of Curetech Group of Companies in the presence of dignitaries of BBN. Sumit Singla while offering tribute said that a book dedicated to Shri Premchand Singla is soon being prepared on his life. The book "Reality of Life" will be released on 21st November. The said book of 42 pages will be published in Hindi, Punjabi and English. Recently, a grand blood donation camp was also organized in the memory of Prem Chand Singla, in which around 200 people reached, but the Rotary Club team could collect blood of only 101 people.

**Lions Club Chandigarh Nitingale organized tree plantation drive**



**CHANDIGARH:** Lions Club Chandigarh Nitingale organized a tree planting drive to celebrate the special day in Chandigarh. On this Around 25 shady, flowering, medical and fruit bearing plants were planted by the club members in sector 9 park Chandigarh. Club president Sandeep Sidhu said that the members are always ready to do social service and make the city cleaner and greener. On this occasion club member Lion Pritpal Benipal, zone Chairperson MJF Lion Sudarshan Kaur Bawa, Lion Sushma Malhotra, Club Secretary Lion Kamal Kaur, Lion Neelam Sharma, Lion Paramjeet Puri, Lion Bala Vij, Lion Kulwant Kaur and other club member were present in this project.

**New song 'Highway' released by singer, lyricist Bhupinder Sidhu**

**TILAK RAJ**  
**MOHAL:** Music is a peice of art that goes in the ears and straight to the heart. And, by following this lead, Singer & lyricist Bhupinder Sidhu is back again with

an amazing song. Likewise his previous songs Don't joke on sardar, Bullet, Foujian di rum, Kala maal, Yaar truckan te, itaan di jarh and the list goes on and on. Lyricist Bhupinder sidhu himself, Pirti silon and music is given by DJ Duster. Talking about his new track Highway which is released on YouTube on his channel Bhupinder Sidhu Music few days back by him. And, all audio digital platforms are handled by KB music. Singer sidhu receives so many compliments from our country and abroad as well. We wish he comes up with ultimate tracks in future also.

NATION

YUGMARG, CHANDIGARH, THURSDAY, JULY 27, 2023

Indian Army can cross LoC for honour of Nation: Rajnath Singh

AGENCY  
DRASS, JULY 26

On Vijay Diwas, Defence Minister Rajnath Singh said the Indian Army can cross the Line of Control (LoC) for the honour of the country. Addressing soldiers after laying a wreath at the Kargil War Memorial in Drass and paying tribute to soldiers who lost their lives in the 1999 Kargil War, the Defence Minister on Wednesday said the Indian Army can cross the LoC to safeguard and honour the country. "At the time of the Kargil War, if we did not cross the LoC, it did not mean that we could not cross the LoC. We can cross the LoC and will cross the LoC in the future if need be", he added. "As long as you (soldiers) are protecting us on the borders, no one can even have the courage



to raise their eyes towards India," the Defence Minister said. Singh arrived in Drass, in the Kargil district of Ladakh, on Wednesday for the 24th anniversary of Kargil Vijay Diwas. The day is marked every year to pay homage to the fallen soldiers of the Kargil War. "I salute those brave sons, who

sacrificed everything for the protection of the motherland. I salute those brave sons who put the nation first and did not hesitate to sacrifice their lives for it", the Defence Minister said while paying homage at the Kargil War memorial. "Not only in Kargil, but many times since

17 lakh street constructed through e-tendering

**MAINPAL KASHYAP**  
**INDRI:** A street has been constructed in Saravan Majra village at a cost of about Rs 17 lakh through e-tendering where the wheel of development works has turned due to the construction of a street in the village. At the same time, transparency has also maintained through e-tendering. Sarpanch, Anju Bala says that through e-tendering, development works will be done soon in the village without any discrimination.



District Committees formed to look into relief and rehabilitation requirements

SHIMLA, JULY 26

Revenue Minister Jagat Singh Negi will visit Jubbal, Nawar, Kotkhai, Rampur and other places of Theog constituency on Thursday and Friday in order to assess the situation following the disaster and the necessary steps required to mitigate the losses. The visit by the Minister will be undertaken as a Chairman of a committee formed by the state government with an objective to assess and take necessary steps to mitigate losses due to the recent spate of excessive rains, flash floods, landslides and cloudbursts. Education Minister Rohit Thakur will accompany Jagat Singh Negi during his visit. Apart from the Revenue Minister, the committee constitutes of Education Minister, Public Works Minister Vikramaditya Singh, Chief Parliamentary Secretary Sunder Singh Thakur, Chief



Parliamentary Secretary Sanjay Awasthi as members, and Director-cum-Special Secretary (Revenue - Disaster Management Committee) Duni Chand Rana as Member Secretary. Additionally, the State Government has decided to constitute a District Relief and Rehabilitation Committee in each district with the objective to assess, provide relief aid, rehabilitate and take necessary actions to mitigate losses due to the recent spate of excessive rains, flash floods, landslides and cloudbursts in Himachal Pradesh.

Tribute paid to Kargil Martyr Pravesh Rana

**MAINPAL KASHYAP**  
**INDRI:** Staff and school children of Doon Public School Mukhala paid homage to Kargil martyr Pravesh Rana on Kargil Vijay Diwas today. On this occasion, everyone offered flowers to the statue of the martyr. Principal of the school, Annu Kamboj said that the martyrs are not of any particular class but are shared by all. We all must observe the birth and martyrdom day of the martyrs so that our future generations can get information about the martyrs who sacrificed their lives for the freedom of the country. He said that in the Kargil war, a young man from our own village Mukhala, Pravesh Rana, had sacrificed his life while protecting the country. His sacrifice can never be forgotten. A large number of school children including teachers Sukhdev Sharma, Ramratan, Sandeep were present on this occasion.



Nestle India sends relief material to flood affected families

**KISHORI LAL BAINS**  
**UNA:** Nestle India Ltd. Tahlilwal, as part of its Corporate Social Responsibility initiative, sent relief material worth Rs.35 lakh to 3,500 families affected by natural calamity in Kullu, Mandi and Chamba in Himachal Pradesh. Relief material vehicle was flagged off by Additional Deputy Commissioner Una Mahendra Pal Gurjar from Tahlilwal. ADC expressed gratitude to Nestle India Limited Tahlilwal for this pious work and said that the help provided by Nestle India company in this hour of disaster will bring relief to the affected families. He said that Nestle India Limited Company Tahlilwal is continuously working for welfare of society on various projects under social responsibility initiative in Himachal Pradesh. Jaideep Yadav, senior manager of corporate affairs, informed that grocery kits are being sent to 3,500 families affected by the disaster by Nestle India Limited in flood-affected Kullu, Mandi and Chamba districts. He informed that these kits contain 16.5 kg dry ration for each family. He said that in the first phase relief material vehicles have been sent to the flood affected families of Kullu district. Relief material will also be sent to Mandi and Chamba districts.



Two teachers each from govt schools to be selected for training

DR ASHOK KUMAR  
KARNAL, JULY 26

In series of School Health and Wellness Programme under Ayushman Bharat, two teachers (one male and one female) from all government schools from classes VI to XII, with joint efforts of Health Department and Education Department, Haryana, have been appointed as District Education and Training was imparted at Training Institute, Shahpur Karnal. Around 500 teachers got trained in this training. Master Trainer Dr. Ishwar, Dr. Pankaj and Dr. Teachers were given training by Devendra. This training was conducted from 17th July to 21st July. The teachers who have received the training will be able to strengthen the physical



and mental health and knowledge of the students of the said class and according to the guidelines of the Health Wellness Ambassador (SHWP) program, on every Saturday of the week, the students of the class will be taught according to this curriculum. Will educate and contribute to strengthening the mental and physical health of children through activities. The training program trained on 11 main

topics of the curriculum which are Healthy Growing, Emotional Well-Being and Mental Health, Interpersonal Relationships, Values and Citizenship, Gender Equality, Nutrition, Health and Hygiene, Substance Abuse Prevention and Management, Healthy Promoting lifestyle, reproductive health and HIV prevention, protection against violence and injuries, promoting safe use of internet and social media.

Illegal mining threatens bridge built at cost of crores on Dehar Khad in Kotla

DAULAT CHAUHAN  
JAWALI, JULY 26

On the Pathankot-Mandi National Highway, near the bridge built at a cost of crores at Dehar Khad in Kotla, there is a threat to the bridge due to open mining. Mining is being done indiscriminately by the mining mafia around this bridge of Kotla. Dumps of stones including sand and gravel have been installed in the pit itself and the mining mafia is earning huge money by selling them. While there is police post Kotla about 50 meters away from the bridge, due to continuous mining near the newly constructed bridge, the bridge has become a threat, while the rampart to protect the community building Kotla from the water of Dehar Khadad has also been broken. Anytime water



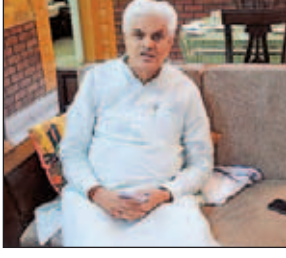
can damage the community building. Path of Mata Baglamukhi has also been washed away in water. People say that the police are informed about the mining but still the police do not take any action. This clearly shows that somewhere the mining mafia is protected by the government or the ministers. Because of which the police shy away from taking action against them. That's why

sand-gravel and stones are lifted daily in tonnes, but the police and mining department remain asleep. People have demanded from the Chief Minister Sukhwinder Singh Sukhu that strict action should be taken against the miners. Mining Inspector JK Puri said that mining department regularly inspects pits and action is taken against the miners from time to time.

Flood preventing measures only on papers: Majra

RANVIR PARASHAR  
KAITHAL, JULY 26

Former Chief Parliamentary Secretary Rampal Majra said that it is the result of the mismanagement of the Haryana government that today many districts of the state are facing the ravages of floods. There is no one to take care of the people suffering due to flood. The government should conduct a vigilance inquiry to check the amount of more than two thousand crore spent on flood relief in the last seven years. Talking to the media here today, the former Chief Parliamentary Secretary said that the Haryana government could not do any work for flood relief. Works worth Rs 1100 crore were definitely approved in the meeting, out of which few works were completed, how much money was spent and where? The government



does not have the answer to all these. Even now the budget of flood relief, the budget of MNREGA and the budget of more than two hundred crores received from the center is being spent. In which many people are looking for opportunity in disaster. The government should spend this budget under supervision. Don't read this as a gift of corruption. Today, even after 57 years of formation of Haryana, the embankments of two rivers Ghaggar and Yamuna are weak in

Haryana. This proves that every year a bill for laying stones is filed in the name of flood relief. Reports are made of the flow of these stones in floods and all the money goes to corruption in the name of floods. The government should fix the responsibility of such leaders and officers, who lick the cream by distributing it. Majra said that 12 districts have been submerged, 1500 villages have been badly inundated. Leave the rivers, the government did not get even the drains cleaned. Due to which people are suffering today. It is only the government's mismanagement that our neighbouring states have also suffered losses. The government has announced four lakhs to the family of the deceased in the flood, which is very less. It should be 20 lakhs. Per acre

Voluntary blood donation camp organized on occasion of Kargil Vijay Diwas



**SHIV KUMAR SHARMA**  
**KURUKSHETRA:** 464th Voluntary Blood Donation Camp was organized by Dr. Ashok Kumar Verma, National Gold Medalist, Diamond Blood Donor and Environmental Watcher who has donated blood 159 times and donated platelets 74 times, awarded with the President's Police Medal on Kargil Victory Day. Star blood donor Subhash Chand reached the camp as the chief guest and also donated blood. While donating blood, the chief guest said that he has donated blood 49 times today and is absolutely healthy. He has considered camp coordinator Dr. Ashok Kumar Verma as his source of inspiration. Prashant Sharma, who has donated blood 25 times, presided over the camp. Following donated blood in the camp - Praveen Kumar, Subhash Chand, Sunil Dhiman, Sushil Kumar, Pankaj Singla, Sewa Singh, Vikram Singh, Mahesh Sharma, Rajkumar, Sanjeev Kumar, Sudhir Kumar, Ajay, Jaibir Singh donated blood 21 times.

Padma Shri Rajinder Gupta Chairman Trident Group bereaved

KARANPREET KARAN  
BARNALA:

Maya Devi, mother of Founder and Chairman of trident Group, Padma Shri Rajinder Gupta died today. Maya Devi's wife late Shri Nauhar Chand Gupta ji passed away suddenly. Mata Maya Devi ji was ill for some time. Those who were undergoing treatment at CMC Ludhiana, where they went to the Lord's feet after completing 90 years of life. Padma Shri Rajinder Gupta and Chairman of IOL Varinder Gupta performed the last rites of their mother Maya Devi at Civil Lines cremation ground Ludhiana and thousands bid farewell with eyes to Maya Devi. During this, the entire family including Rajinder Gupta's wife Madhu Gupta, Varinder Gupta family and Trident MD Abhishek Gupta were present. Punjab Chief Minister Bhagwant Singh Mann expressed grief over the death. Prime Minister Narendra Modi, Home Minister Amit Shah, BJP National President JP Nadda, Delhi Chief Minister Arvind Kejriwal, Member of Parliament Raghav Chadha, Cabinet Minister Gurmeet Singh Meet Hare, Finance Minister Harpal Cheema, Cabinet Minister Aman at the death of Maya Devi Arora, BJP Punjab President Sunil Jakhar, BJP President Kewal Dhillon, Akali Dal Punjab President Sukhbir Badal, senior BJP leaders Captain Amarinder Singh, Sukhdev Singh Dhindsa and other politicians expressed condolences to the family of Shri Rajinder Gupta.



All the staff at SDH Talwandi Sabo protested by wearing black badges against the atrocities on women in Manipur. Photo by: Ishwer Garg)

Ahmadiyya Muslim Community thanks Union Govt

VERMA  
GURDASPUR, JULY 26

Ahmadiyya Muslim Community India is grateful to India's Ministry of Minority Affairs for denouncing the resolution that declared Ahmadis as non-Muslims. The ministry immediately responded to our request and stated that the concerned resolution is against the law and unconstitutional. Based on a ruling (Fatwa) issued by a Muslim organisation, the Ahmadiyya Muslim Community had been declared as non-Muslims by a State Waqf Board in India. The Ministry of Minority Affairs intervened in the matter and stated that the resolution is against the law and unconstitutional, for which the Ahmadiyya Muslim Community India expresses its gratitude to the Ministry. India is a democratic country. It is home to different ideologies,



where people of different faiths and religions live together with love and brotherhood. According to the Indian Constitution, every citizen of this country has the right to identify with any religion of their choice. Despite this, some Muslim organisations and Waqf Boards seek to undermine the religious rights of the Ahmadiyya Muslim Community. This is nothing but an attempt to create disorder in the peaceful atmosphere of the country and to incite people against the Ahmadiyya Muslim

Community. As far as the definition of a Muslim is concerned, the Ahmadiyya Muslim Community accepts only such a definition that has a strong basis in the Holy Quran, conforms to the sayings of the Holy Prophetsaw, and have been practised during the time of the four Rightly Guided Caliphs (Rashidun Khilafat). The Holy Founder of Islam, Prophet Muhammadsaw says: "Islam has been built on five [pillars]: testifying that there is none worthy of worship except Allah and that Muhammadsaw is the Messenger of Allah, the establishing the Salat (five daily prayers), paying the Zakat (obligatory charity), making the Hajj (pilgrimage) to the House, and fasting in Ramadan." The Ahmadiyya Muslim Community accepts and practises upon these foundations of the Islamic faith with all heart and utmost sincerity.



Editorial

Against art

Have the artists of the Western world united? Hollywood’s scriptwriters and actors are on strike; in Silicon Valley, artists, fan-fiction writers and those at the helm of venerable news organisations as well as social media companies have their arms locked in unity too — against the potentially regressive powers of Artificial Intelligence. The Writers Guild of America is demanding that generative AI not be used to create new — unpaid — content out of works conceived by its members; the WGA has been joined by the Screen Actors Guild - American Federation of Television and Radio Artists, which fears that studios may use digital avatars of movie stars without their express approval. The grievances are beginning to assume eclectic, global dimensions. As the AI revolution spreads, it is likely to encounter similar resistance from all those whose creative labour it seeks to replicate and then, eventually, supplant. The rumblings also lay bare a formidable policy challenge: negotiating the evolving, complex and, hence, grey relationship among creative labour, new technology, the question of consent and intellectual property rights. Unsurprisingly, the thrust of the agitators lies on the need of regulating AI. This demand has global echoes. China’s internet regulator, for instance, has outlined a proposal to rein in rogue avatars of generative AI such as chatbots. Europe is a step ahead in the race though. The European Union has already framed a set of regulations that stipulates, among other things, a ban on facial recognition technology along with appraisals of AI products before their commercial release.

The scrutiny of AI by artists as well as the noises being made in support of AI’s endorsement seems to mirror an older clash of principles and, possibly, class. On the one hand are the advocates of the laissez-faire spirit — this time, a cartel comprising technology titans and pliable, complicit governments — who stand against any form of restraint in spite of AI’s discernible plagiaristic potential and its ability to upend large segments of the labour market. Confronting them is a versatile constituency of workers, conscientious legislators and, in the case of China and Europe, a concerned State. The outcome of this battle could be decisive for the future of both capital and labour. The contestants would do well to remember an unchanging truth: technology’s evolution is to be welcomed, but not its misapplication.

Most alternatives lack nutritional value of cow’s milk

More people are consuming plant-based milk substitutes such as oats, soy, and almonds, but do plant-based products provide the same nutrition as cow’s milk? According to the findings of a new survey, the majority do not.

Cow’s milk is an important source of calcium and vitamin D, both of which are identified in the 2020-2025 Dietary Guidelines for Americans as nutrients of public health concern for underconsumption. Cow’s milk is also a major source of protein in the American diet. To assess how the nutritional content of plant-based milk alternatives compares to that of cow’s milk, researchers examined more than 200 plant-based milk alternative products being sold in the U.S. in 2023 — many more products than were included in previous studies. Compared to cow’s milk, only 12% of the milk alternative products contained comparable or greater amounts of all three nutrients studied: calcium, vitamin D, and protein.

Abigail Johnson, assistant professor and associate director of the University of Minnesota School of Public Health Nutrition Coordinating Center, will present the findings at NUTRITION 2023, the annual flagship meeting of the American Society for Nutrition held July 22-25 in Boston. “Our results provide evidence that many plant-based milk alternatives are not nutritionally equivalent to cow’s milk,” said



Johnson. “Based on these findings, consumers should look for plant-based milk alternative products that list calcium and vitamin D as ingredients. They may also want to consider adding other sources of calcium and vitamin D to their diets.”

The University of Minnesota’s Nutrition Coordinating Center maintains a database of approximately 19,000 foods for assessing dietary intake in human research. “We know from our dietary assess-

ments for nutrition studies that consumers are choosing more plant-based milk alternatives,” said Johnson. “This project aimed to increase the number of these milk alternatives available in the Nutrition Coordinating Center’s database of foods.”

The study included nutrition information from nutrition facts labels and ingredient information for 233 plant-based milk alternative products from 23 different manufactur-

ers. For each product, the researchers applied a nutrient calculation program to estimate full nutrient information.

They then compared the nutritional content of different products within a category — for example, almond milk, oat milk, and soy milk — to each other and to cow’s milk. Compared to dairy milk, just 28 of the plant-based alternatives had similar or more calcium, vitamin D and protein.

Almost two-thirds of the products included in the study were made from almonds, oats, or soy. The researchers found that 170 of the plant-based milk alternatives were fortified with both calcium and vitamin D and that the level of fortification tended to be similar to dairy milk. Specifically, 76% of the oat-based products, 69% of soy-based, and 66% of almond-based alternatives were fortified with both calcium and vitamin D. The median protein content was 2.0 grams (g) of protein per 240 milliliters (ml) of liquid, with a large variability that ranged from 0 to 12 g. Only 38 (16%) of the milk alternatives studied had a protein level greater than or equal to the 8 g per 240 ml found in cow’s milk. Soy- and pea-based alternatives were more likely to have higher protein.

“Our findings point to a need to ensure that consumers are aware that many plant-based milk alternative products in the marketplace today are not nutritionally equivalent to cow’s milk,” said Johnson. “Product labeling requirements and dietary guidance to the public are among the approaches that may be helpful in alerting and educating consumers.”

Next, the researchers plan to explore other nutrients in plant-based milk alternatives that make them different from cow’s milk. For example, many of these products contain fiber, suggesting that they may help meet some nutritional needs that cow’s milk doesn’t.

Literature & Health

Afghanistan: Ban on Women's beauty salons comes into effect

Amid public protests and UN concern, the ban on women’s beauty salons in Afghanistan came into effect on Tuesday following the deadline given by the Ministry of Vice and Virtue on July 4, reported TOLO News.

Taliban, in a new verbal decree, banned women’s beauty salons in Kabul and other provinces across the country.

According to the order, women’s beauty parlours in Afghanistan were no longer allowed to operate after July 23, according to Khaama Press.

The United Nations said that the forced closure of women’s beauty salons could have a negative impact on the economy of women. The Deputy Spokesperson for the Secretary-General Farhan Haq also asked the Taliban authorities to halt the mandate of closing beauty salons, TOLO News reported. “The Secretary-General supports the efforts by the UN Assistance Mis-



sion in Afghanistan (UNAMA), which has called on the de facto authorities to halt the edict closing beauty salons. UNAMA has said that this restriction on women’s rights will impact negatively on the economy and contradicts support for women’s entrepreneurship, and we’re seeking a reversal of the bans,” Haq added.

Meanwhile, beauty salon owners said that some of the women are the breadwinners for their families. Following the ban, they would not be able to support their families, TOLO News reported. Mastora, a beauty sa-

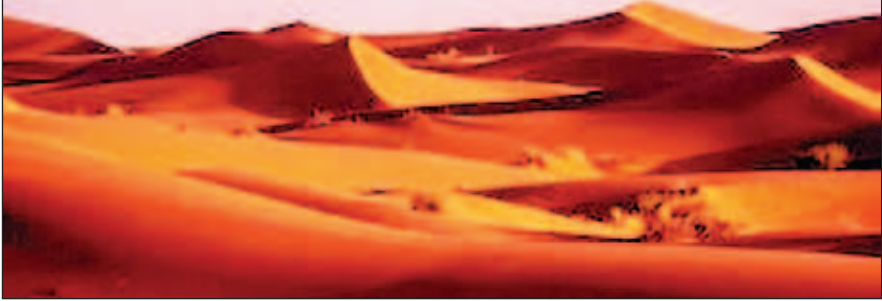
lon owner said that over ten other women in her salon financially support their families.

“This shop is the sole means through which ten people support their families and are breadwinners of their families. They all come here because of problems,” said Mastora.

Huma, another beauty salon owner said, “Today they took our bread and our work from us. We are very upset.”

Days after the Taliban issued the decree, several women makeup artists protested against the move, urging that the order be rescinded, Tolo News reported.

Sahara dust enhances removal of methane



A study found a newly proposed mechanism in which blowing mineral dust combines with sea spray to create Mineral Dust-Sea Spray Aerosol (MDSA).

According to the findings, sunlight activates MDSA to produce a large number of chlorine atoms, which then use photocatalysis to oxidise atmospheric methane and tropospheric ozone. The study finds that MDSA is the main source of atmospheric chlorine over the North Atlantic. MDSA is primarily made up of blowing dust from the Sahara Desert mixed with sea salt aerosol from the ocean.

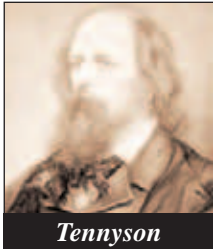
A portion of the money used to conduct Maarten van Herpen et al.’s study, “Photocatalytic Chlorine Atom Production on Mineral Dust-Sea Spray Aerosols over North Atlantic,” came from the nonprofit group Spark Climate Solutions. It contains a recently proposed mechanism by which sea spray and mineral dust are combined to form Mineral Dust-Sea Spray Aerosol (MDSA).

The results show that sunlight activates MDSA, releasing a significant amount of chlorine atoms that then use photocatalysis to oxidise atmospheric methane and tropospheric ozone. According to the study, MDSA is the primary contributor to atmospheric chlorine over the North Atlantic. MDSA is primarily composed of sea salt aerosol combined with blowing dust from the Sahara Desert. A portion of the money used to conduct Maarten van Herpen et al.’s study, “Photocatalytic Chlorine Atom Production on Mineral Dust-Sea Spray Aerosols over North Atlantic”, came from the nonprofit group Spark Climate Solutions. It contains a recently proposed mechanism by which sea spray and mineral dust are combined to form Mineral Dust-Sea Spray Aerosol (MDSA). The results show that sunlight activates MDSA, releasing a significant amount of chlorine atoms that then use photocatalysis to oxidise atmospheric methane and tropospheric ozone.

POEM

Crossing the Bar

Sunset and evening star,  
And one clear call for me!  
And may there be no moaning  
of the bar, When I put out  
to sea, But such a tide as  
moving seems asleep, Too  
full for sound and foam,  
When that which drew from  
out the boundless deep  
Turns again home. Twilight  
and evening bell, And after  
that the dark! And may there  
be no sadness of farewell,  
When I embark; For tho' from  
out our bourne of Time and  
Place The flood may bear me  
far, I hope to see my Pilot  
face to face When I have crost  
the bar.



Alfred, Lord Tennyson

Food allergy in infancy linked to childhood asthma

According to a world-first study, having a food allergy as a baby is connected to asthma and impaired lung function later in childhood.

The research, led by Murdoch Children’s Research Institute and published in the Lancet Child & Adolescent Health, found that early life food allergy was associated with an increased risk of both asthma and reduced lung growth at six years of age. Murdoch Children’s Associate Professor Rachel Peters said this was the first study to examine the relationship between challenge-confirmed food allergy in infancy and asthma and poorer lung health later in childhood.

The Melbourne research involved 5276 infants from the HealthNuts study, who underwent skin prick testing to common food allergens, including peanut and egg and oral food challenges to test for food allergy. At six years, children were followed up with further food allergy and lung function tests.

The study found by six years of age, 13.7 per cent reported a diagnosis of asthma. Babies with a food allergy were almost four times more likely to develop asthma at six years of age, compared to children without a food allergy. The impact was greatest in children whose food allergy persisted to age six as opposed to those who had outgrown their allergy. Children with a food allergy were



also more likely to have reduced lung function. Associate Professor Peters said food allergy in infancy, whether it resolved or not, was linked to poorer respiratory outcomes in children.

“This association is concerning given reduced lung growth in childhood is associated with health problems in adulthood including respiratory and heart conditions,” she said.

“Lung development is related to a child’s height and weight and children with a food allergy can be shorter and lighter com-

pared to their peers without an allergy. This could explain the link between food allergy and lung function. There are also similar immune responses involved in the development of both food allergy and asthma.”

“The growth of infants with food allergy should be monitored. We encourage children who are avoiding foods because of their allergy to be under the care of a dietician so that nutrition can be catered for to ensure healthy growth.”

Food allergy affects 10 per cent of babies and 5 per cent of children and adolescents.

Suba Slater’s, son Zane, 15, is allergic to eggs, sesame and peanuts and has asthma.

“As a newborn he developed eczema on his back and I thought because I was breastfeeding, there was something in my diet causing the rash,” she said. “We took him into hospital for tests, which confirmed the multiple food allergies.”

Suba said she wasn’t well informed of the link between food allergy and asthma prior to Zane’s diagnosis.

“We were very focused and vigilant around the food allergy aspect given our eldest child also has allergies,” she said.

Having this link shown through this research and making parents and medical professionals aware of it is extremely important.

After we discovered Zane had food allergies we didn’t know to lookout for asthma and it wasn’t on our radar.

“Looking back, he most likely had asthma long before we could hear that he was struggling with his breathing. If we had been aware of the association we would have sought medical help much sooner.”

Suba said Zane had participated in several food challenges at the Murdoch Children’s but his asthma had complicated his participation at times.

“By taking part in the food challenges we have found out that Zane is now able to tolerate egg in baked goods and certain nuts much more and has learnt how to include these foods in his diet,” she said.

“But before he does a challenge he is required to take a spirometry test to make sure his lung function is at its best in case the allergenic food triggers his asthma. There are times where he has missed appointments because his lungs haven’t been strong enough.”

Murdoch Children’s and University of Melbourne Professor Shyamali Dharmage said the findings would help clinicians tailor patient care and encourage greater vigilance around monitoring respiratory health.



SHORT TALKS

"Dildariyan's Unforeseen Twist: Ambar Plots Revenge Against Dhruv!!

Chandigarh: After both Avni and Atisha come to the house, Maya holds a Shudikaran pooja, where she comes up with an original plan to kill Avni by burning her with acid, but Maya fails to fulfill their evil intentions. In the story, Maya's failed plans lead her to manipulate Atisha, convincing him that Avni's distant behavior towards them is due to Angad being Maya's stepson. Today, something big will happen in the story and Ambar will take a huge step to take revenge from Dhruv. What will Ambar do to take revenge on Dhruv? Will Avni be able to stop Ambar from doing this? Watch today's episode and know what will happen next in their lives at 7:30 PM only on Zee Punjab.

# NEWS/BUSINESS

YUGMARG, CHANDIGARH, THURSDAY, JULY 27, 2023

## Don't let the monsoon rain on your immunity

During the monsoon season, while the rains bring relief and freshness, it is important to pay attention to our health and boost our immunity to stay protected from seasonal illnesses. A healthy and well-balanced diet plays a significant role in strengthening our immune system and keeping us resilient. Here are some valuable dietary tips to fortify your immunity and stay healthy throughout the monsoon season. Incorporate Seasonal Fruits And Vegetables Opt for locally-grown fruits and vegetables that are abundant during the monsoon. Include nutrient-rich options such as citrus fruits, guavas, papayas, bell peppers, spinach and broccoli. These foods are packed with vitamins, antioxidants and fibre that can enhance your immune system. Prioritise Probiotics Probiotics are beneficial bacteria that promote a healthy gut, which is a key component of a robust immune system. Yoghurt, buttermilk, and fermented foods such as kimchi and sauerkraut are excellent sources of probiotics. Including them in your diet can help improve digestion and strengthen your body's defences. Stay Hydrated Adequate hydration is essential for maintaining optimal immune function. During the monsoon, it is crucial to drink plenty of purified water, herbal teas, and homemade soups. These liquids help flush out toxins, support cellular functions, and keep your immune system functioning at its best. Boost Vitamin C Intake Vitamin C is a potent antioxidant that helps combat free radicals and strengthen immune cells. Include

foods rich in vitamin C, such as oranges, lemons, strawberries, kiwis and bell peppers. These fruits and vegetables not only provide vitamin C but also offer



other vital nutrients. Choose Immunity-Boosting Herbs and Spices

Incorporate immunity-boosting herbs and spices into your meals. Turmeric, ginger, garlic, cinnamon, and holy basil are known for their antimicrobial and anti-inflammatory properties. They can help enhance your immune response and protect against infections. Reduce Processed Foods and Sugar Processed foods, sugary snacks, and beverages can weaken the immune system. These items offer little to no nutritional value and might lead to inflammation and increased susceptibility to infections. Opt for whole, unprocessed foods to provide your body with essential nutrients and support overall health. Remember, a healthy diet should be complemented by adequate rest, regular exercise, and good hygiene practices. Wash your hands frequently, avoid street food, and consume freshly

### Magic Moments Vodka Cocktails introduces in J&K

Jammu/Srinagar, RadicoKhaitan announced the launch of its highly acclaimed Magic Moments Vodka Cocktails in Jammu and Kashmir followed by their an overwhelmingly positive response from consumers in Karnataka. Crafted to perfection, Magic Moments Vodka Cocktails offer an impeccable blend of flavors with a hint of vodka, promising an enjoyable and refreshing drinking experience. The expertly curated pre-mixed cocktails are available in three tantalizing variants - Cosmopolitan, Cola, and Mojito, providing consumers the opportunity to relish their favorite cocktails without the hassle of complex preparation or multiple ingredients. With a low alcohol content of just 4.8%, these delightful low-alcoholic beverages deliver a harmonious blend of ingredients that tantalize taste buds and create memorable moments. Commenting on the expansion, Amar Sinha, COO, RadicoKhaitan, expressed his delight, stating, "We are thrilled to introduce Magic Moments Vodka Cocktails in J&K, aiming to elevate the versatility of vodka as a key component in cocktails to new heights. Our RTDs are the only cocktails available in the market that retain vodka as the base alcohol content. This launch exemplifies RadicoKhaitan's commitment to innovation and offering top-notch products to our valued consumers."



### 50 yrs female undergoes rare, complicated spine surgery at IVY Hospital Mohali

Chandigarh: A rare and complicated spine surgery was performed at Ivy Hospital, Mohali recently. Giving details, Dr Vineet Sagar head of Head neuro and complex spine surgeries at Ivy Hospital said that Faridkot resident 50 years old Reema ( name changed ) had been experiencing neck pain for the past several months. To relieve her neck pain she went to a massage therapist who



Dr. Sagar further informed that in this condition 1st cervical vertebra slips over 2nd cervical vertebrae and 2nd cervical vertebrae starts compressing the sensitive area of brainstem causing weakness in arms and legs. Little did she know that she had this condition. Neck manipulation is hazardous in such conditions and can not only increase pain but also causes weakness and even sudden death in such conditions, asserted Dr. Sagar. C1-C2 spine surgeries are one of the most complex spine surgeries and require the highest level of skill and experience, he said. She was successfully operated on by Dr. Sagar and discharged within 4 days of surgery. She is recovering well and she is able to sit and stand with support. Meanwhile Dr. Sagar has performed more than 1000 such complex spine procedures in past 13 years at Ivy Hospital Mohali

manipulated her neck. Soon after the massage session her pain increased and she developed weakness in both arms and legs. She went to her local doctor who got her CT scan of neck and was diagnosed. She was diagnosed with a rare congenital condition basilar invagination.

### Fortis Mohali saves life of 26-year-old who suffered critical abdominal injuries

Chandigarh( R N Khera) : Swift, decisive and comprehensive medical treatment by the General Laparoscopic & Robotics Surgery Department at Fortis Hospital Mohali saved the life of a 26-year-old Goa-based man, who had sustained fatal injuries to his duodenum (First part of the small intestine) in a car crash in Himachal Pradesh recently. Patient Nathan John Menezes was presented to Fortis Mohali in a collapsed state. He had suffered multiple injuries with severe blunt trauma to his abdomen, which caused excruciating and unrelenting abdominal pain along with



leaking of the gastric juices. Isolated Duodenal trauma is a rare and life-threatening injury as its diagnosis and management poses therapeutic challenges. Shedding light on duodenal injuries, Dr Joshi, said, "Due to the critical location of the duodenum, these injuries can be challenging to identify and require an abdominal CT. Blunt duodenal injury are very uncommon, occurring in about 0.1% of cases and are caused by a blow to the epigastrium (upper middle part of the abdomen) by a narrow object. The line of treatment depends on the location of injury and the amount of tissue destruction. Timely treatment is critical in saving the patient"

## Seven initiatives have been launched to transform Panchkula, the pride of Haryana: Gyan Chand Gupta

Panchkula: Panchkula is now the pride of Haryana. Due to progress in education, sports, tourism, and industry, the district has made a mark both nationally and even globally. This has become possible because of the progressive policies of the Haryana government. Haryana Assembly Speaker and local MLA Gyan Chand Gupta said this at The Super Class Show, where he was speaking as the special guest. The Haryana Assembly Speaker was surprised when he learned that the show was being conducted by the country's youngest host, 12-year-old Ipsita. Gupta humbly answered all the questions raised by the little host. Despite his busy schedule Gupta loved the programme so much that he stayed there for almost two hours. He further said that to make Panchkula better, he has started seven initiatives namely drug-free Panchkula, plastic-free Panchkula, polythene-free Panchkula, encroachment-free Panchkula, slum-free Panchkula, and dogs and cattle free Panchkula. The aim of the initiatives is to make Panchkula the best in every way. Due to growing awareness, public participation is increasing in the seven initiatives. Gupta added that Panchkula is being developed in such a way that it can become a role model for other cities in the country. Features like the entry gates, roundabouts, roads, and greenery of Panchkula make it grand. The famous pilgrimage site of Mata Mansa Devi temple here has been renovated. The city is being developed from the point of view of tourism. Along with Morri and Pinjore, other tourist places of the district have started getting attention. In the education sector, the National Institute of Fashion Technology has also come up in Panchkula.

The leader said that PM Narendra Modi used to stay in Chandigarh and Panchkula when he was the incharge of the northern region in the past. Working with the disciplined Prime Minister only enhanced Gupta's understanding of getting work done promptly and connecting with the people. Under the leadership of Chief Minister Manohar Lal, the Haryana government has been doing excellent work in the field of industrial development. Now investors from India and abroad are coming to Panchkula.

## Reversal of kidney failure, liver failure, cancer and heart problems is possible: Acharya Manish



Mohali: A mega conference of North India - 'Evidence of cure for the incurable' was held recently. The conference was organised under the aegis of Hospital and Institute of Integrated Medical Sciences(HIMS) Group, which has its flagship hospital in Mohali district near Chandigarh. Founders of HIMS- Ayurveda and Meditation Guru Acharya Manish and Dr. Biswaroop Roy Chowdhury spoke about how many Ayurveda based scientific treatment protocols used in combination with other systems like Naturopathy, Homeopathy, Allopathy etc had been put into place to cure diseases of the liver, kidney , heart and even cancer by experts at HIMS. The conference was attended by medical professionals, researchers and patients. The event witnessed the presentation of astonishing medical recoveries of patients, who were suffering from incurable ailments like kidney and liver failure. During the event, dozens of patients shared their survival stories with the audience, who have successfully come out of their severe ailments and also presented their medical reports as evidence. One such patient, Pathan Abdul Gaffur, who received treatment at a private Hospital in Baroda, recounted his experience of enduring 2-3 dialysis sessions every week due to his condition. However, through the innovative approach adopted by Acharya Manish and Dr. Biswaroop Roy Chowdhury, Gaffur's health took an unexpected turn for the better, defying the odds of his initial prognosis.

## Ashish Mittal Foundation supported children and their families who are victims of the recent flood in Punjab

Zirakpur: Ashish Mittal Foundation supported children and their families who are victims of the recent flood in Punjab. Reaching out to several village areas including Mubarakpur, Sanauli and Peermuchala. They provided cooked meals and snacks for the families who are not able to generate any income and have lost shelter due to floods. Ashish Mittal, AMF, Chairman says that the aim is to not let any child go hungry. This is however only a small effort. It can only grow with support of kind-hearted donors.

PAGE 9

## LEAD targets 1 lakh+ low-fee schools, to transform education in India's small towns

LEAD, India's largest School Edtech company, today announced its plans to foray into the low-fee school segment in India, propelling a new era of educational excellence in underserved schools across Bharat. LEAD's decision to expand into the low-fee school segment in India is underpinned by deep understanding and insights gained from over a decade of operations as India's leading School Edtech, and its mission to serve 25 million+ students and 60k+ schools by 2028. With this strategic move, LEAD is now India's fastest growing School Edtech company, and is well-positioned to serve all segments of schools, ranging from low-fee schools in Tier 3 - 4 towns and villages, to medium-fee and premier schools in its metros and large cities. Earlier in 2023, LEAD completed its acquisition of the local K-12 learning business of Pearson India. With this acquisition, LEAD now has the largest portfolio of School Edtech products and services to better serve the learning needs of the entire spectrum of 5 lakh+ private schools in India. Sunmeet Mehta, Co-founder and CEO, LEAD, said, "Survey after survey has said that Indian schools

are mostly low-fee schools who can't afford expensive, innovative solutions. So, we've got to design solutions for the low-fee schools so that every child can access an excellent education. With this latest innovation, LEAD now has a solution that will save the needs of over 1 lakh schools in India." Comprising more than 100,000 institutions, India's low-fee school segment is concentrated in its small towns and villages, and represents a key opportunity to shape its future educational outcomes. Recent analysis of India's School Edtech sector indicates that schools across segments are poised for rapid transformation and digitization, underpinned by the National Education Policy (NEP) 2020 guidelines that mandate multimodal teaching-learning in schools; rising data penetration; and accelerated digital adoption due to Covid. LEAD's Integrated School Edtech system is aligned with NEP 2020 and includes customized, AI-enabled offerings for all segments of schools. LEAD's holistic approach to education includes a Teacher Capability System to empower every teacher with internationally benchmarked tools and resources.

## Airtel Business becomes India's first enterprise to power over 20 million connected devices

Bharti Airtel (Airtel), one of India's leading telecommunications service providers, today, announced that Airtel Business, its B2B division, has achieved yet another industry milestone by becoming the first ICT service provider in the country to connect over 20 million devices through its IoT solutions. Airtel IoT enables enterprises across industries such as automobile, energy, utilities, logistics, financial services, manufacturing and many more with a secure and dedicated private network for the safe transmission of all customer data across connected devices. Some of the key wins for Airtel IoT deployment in the recent times include - a partnership with Secure Meters for the deployment of 1.3 million smart meters in Bihar on NB-IoT, a partnership with TP Western Odisha Distribution Limited (TPWODL) - a joint venture between Government of Odisha and Tata Power for the deployment of 200,000 Smart Meters in Odisha and a partnership with Matter Motor Works to power 300,000 bikes through cellular

IoT. Ganesh Lakshminarayanan -- CEO, Airtel Business (India) said, "IoT is a key pillar in India's digital growth journey and, as a brand powering this journey with our future ready technology solutions for connected devices, we are delighted to achieve this significant milestone of 20 million connected devices on our platform. With efficient and cost-effective automated IoT solutions, we are at the forefront of empowering enterprises to extend their reach to the remotest parts of the country on our secure platform as they scale their businesses. We will continue to partner with enterprises to enable their digital transformation journey with our innovative IoT solutions". Powered with an extensive suite of innovative solutions such as asset tracking, vehicle telematics, industrial asset monitoring, smart metering, amongst many others, Airtel Business's integrated IoT platform offers customized solutions for each unique IoT requirement of enterprises across 5G, 4G, NB-IoT, 2G and satellite.

## Vi enables access to over 10,000 international job opportunities for the Bharat youth

SHIMLA: In line with its endeavor to help Bharat's aspiring and ambitious youth move ahead in life for a better tomorrow, India's leading telecom operator, Vi in partnership with Apna, India's largest job search platform, is offering access to over 10,000 international job opportunities for its customers exclusively on Vi Jobs & Education platform on Vi App. Vi users can now apply for lucrative international job openings in the field of Manufacturing, Sales, Business Development, Customer Support, Logistics etc. across countries such as United Arab Emirates (UAE), Japan, Malaysia, Russia, Germany, South Africa, Australia, Canada, and United Kingdom (UK). Candidates applying for these opportunities are required to have an educational qualification of a Graduate degree, ITI certification, or a Specialized Diploma. Additionally, candidates must possess the relevant skill set and a prior work experience in the same field within the Indian job market. The unique proposition from Vi and Apna is in line with the Govt's vision to make India the skill capital of the world taking advantage of the demographic dividend. Several countries prefer Indian talent as the Indian youth are considered to have problem-solving mindset, are digitally literate, have the ability to adapt to new technologies, and an innate commitment to hard work.

## Trident Stallions register second win over Falcons

Mohali: In the Sher-e-Punjab T20 Cup, Trident Stallions continued their winning streak to strengthen their contention for the knockouts. In the cup, Team Trident defeated Hampton Stallions for the second time in a row. On 20 July Trident beat Falcons by 7 wickets and now Team Trident registered a 6 wicket win. Nehal Wadhwa was the star of the victory. He hit a half-century and sealed the victory by hitting a six off the last ball. In the match played at the IS Bindra Stadium, Hampton Falcons won the toss and elected to bat first. Trident proved this decision wrong and did not give them a chance to score runs. Despite Anmolpreet Singh's half-century, the team could only manage 138 runs for 3 wickets in 20 overs. Anmolpreet returned after scoring an unbeaten 76 off 54 balls and Prabjot added 30 runs. For Trident, Sahil Khan took two wickets and Gourav Choudhary got an important breakthrough. In reply, Trident Stallions did not get off to a good start. Shinevin was dismissed for 6 runs and Shahbaz was dismissed for 1 run. Vinaan made good shots, but he also returned after scoring 27 runs. Uday Pratap supported captain Nehal Wadhwa. Uday scored 36 off 33 balls and Nehal stood on the other side.

## IBM Report: Average cost of a data breach in India touched INR 179 million in 2023

CHANDIGARH:IBM (NYSE: IBM) Security today released its annual Cost of a Data Breach Report,[1] showing the average cost of a data breach in India reached INR 179 million in 2023 -- an all-time high for the report and almost a 28% increase since 2020. Detection and escalation costs jumped 45% over this same time frame, representing the highest proportion of breach costs, and indicating a shift towards more complex breach investigations. At nearly 22%, the most common attack type in India was phishing, followed by stolen or compromised credentials (16%). Social engineering was the costliest root cause of breaches at INR 191 million, followed by malicious insider threats, which amounted to approximately INR 188 million. According to the 2023 IBM report, globally businesses are divided in how they plan to handle the increasing cost and frequency of data breaches. The report found that while 95% of organizations studied globally have experienced more than one breach, these breached organizations were more likely to pass incident costs onto customers (57%) than to increase security investments (51%). "With cyberattacks growing in pace and cost in India, businesses must invest in modern security strategies and solutions to stay resilient.

## Thomas Cook India bullish on overseas education segment

Amritsar: Thomas Cook (India) Limited, India's leading omnichannel forex services company has earmarked the overseas education segment as a significant and growing opportunity. Foreign Exchange is a noteworthy driver of Company's business and the overseas education segment having witnessed a strong YoY increase of over 162% for FY23, is displaying accelerated growth. This is reiterated in data from the Reserve Bank of India (RBI), which reveals that the education segment with spends of USD 3.43Bn in FY23, represents approximately 13% of total overseas spends from India. With a strategic intent to expand its market share and address the needs of this high potential segment, Thomas Cook has launched a pioneering Study Buddy Card in association with Mastercard and Visa. Mr. Deepesh Varma, Executive Vice President, Foreign Exchange, Thomas Cook (India) Limited said, "Our overseas education segment is power driving our growth story and we have witnessed a strong 162% YoY growth for FY23. We are bullish about this segment and the launch of our Study Buddy Card in collaboration with Mastercard and Visa, signals our strategic intent to expand this business. The Study Buddy Card forms a valuable addition to our unique Study Buddy program - conceptualised to address the needs of the student segment and their parents. The Study Buddy Card has been imbued with a range of invaluable advantages including free International Student Identity Card (ISIC), free global sim card, zero mark up on transactions in base currency.

## Varanasi Hosts World's first International Temples Convention and Expo



Amritsar : The World's first-of-its-kind International Temples Convention and Expo 2023 (ITCX) held from July 22-24 rounded up last evening at the Rudraksh Convention Centre in Varanasi with a soulful and fitting celebratory end. The event was inaugurated by Rashtriya Swayamsevak Sangh (RSS) chief Mohan Bhagwat along with ITCX founders Prasad Lad and Giresh Kulkarni . Over three days, 1098 delegates from 32 countries converged on equal footing to participate and present on the knowledge-sharing and networking platform that featured talks, sessions and case studies on organization, management and administration of temple ecosystems. The three-day event paved the way for a new era of best practices for temple management with a new-age and modernised approach. GIRESH KULKARNI, FOUNDER OF ITCX 2023 & TEMPLE CONNECT:"ITCX 2023, at its core, is disruptive, for it shatters the perception that temple ecosystems belong to a bygone era. To keep the value of traditions and devotion alive, temple administrations are ready to embrace the change. They have all the means and inclination to match the footsteps of technology and modernisation, and reboot their processes to suit the times."PRASAD LAD, CHAIRMAN OF INTERNATIONAL TEMPLES CONVENTION & EXPO 2023 AND MEMBER OF MAHARASHTRA LEGISLATIVE COUNCIL:"We have achieved the gigantic feat of hosting 1098 delegates from 16 countries and even more participated in the live online streams.

## Renault launches “Renault Experience Days” In India



GURUGRAM : --Renault India Private Limited (RIPL), the Number one European car brand in India, is proud to announce the launch of its trailblazing campaign, "Renault Experience Days." This ?nnovative and immersive initiative promises to redefine the way Indians experience and engage with the brand. Renault will be introducing two exceptional initiatives: the 'Showroom on Wheels' and the 'Workshop on Wheels,' as part of this nationwide campaign, spanning at 625 locations spread across 26 states, 3 Union Territories. This historic campaign marks the first-ever introduction of such a global activity in the Indian market and signifies the beginning of a remarkable transformation for Renault in the country. The "Renault Experience Days" campaign is a testament to Renault's commitment to innovation and customer-centricity. By bringing the showroom experience directly to the

customers' doorsteps through the "Showroom on Wheels" and providing convenient and efficient vehicle servicing with the "Workshop on Wheels," Renault aims to create an unparalleled and delightful experience for Indian consumers. Along with these, Renault Experience Days will also provide the on spot test drive, booking and car finance options in all 625 locations, which will make one stop solution for the customers. McSudhir Malhotra, Vice President Sales Marketing at Renault India Private Limited (RIPL), shared his excitement about the initiative, stating,, "We are thrilled to introduce the 'Renault Experience Days' campaign in India, a country that holds immense importance in Renault's global strategy. This unique initiative underlines our dedication to crafting customer-centric experiences that exceed expectations. With the 'Showroom on Wheels' and 'Workshop on Wheels' initiatives, we aim to break barriers and reach out to customers in every corner of the nation, strengthening our connection with the people of India." Renault's exemplary performance in its home country, France, where it currently holds the top position in terms of sales volume, and securing the second spot in Europe, are testaments to the brand's commitment to excellence and constant innovation.

## NeuWorld Spirits launches Downing Street & Royal Tribe whiskies in Chandigarh

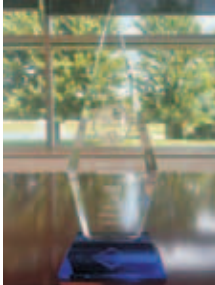
CHANDIGARH: NeuWorld Spirits announced the launch of its whisky brands Downing Street and Royal Tribe in Chandigarh. Downing Street and Royal Tribe whiskies cater to the premium and semi premium segments respectively and has been made from selected grains and blended with Scotch. Downing Street is priced at of



Rs. 735 for 750 ml, while Royal Tribe is priced at Rs. 505 for 750 ml. Both the brands will be available in Quart, Pint and Nil. The price-points of Downing Street and Royal Tribe are as follows: Announcing the launch of NeuWorld Spirit, Poonam Chandel -- Managing Director, said that for any alco-bev brand, Chandigarh has always been a key city because of cosmopolitan consumers. The city has always appreciated and continues to appreciate premium and semi premium whiskies that have international taste and feel. Both Downing Street and Royal Tribe will appeal to consumers across age groups for their rich taste." She further added, "Since our launch in January 2023, we have in a phased manner

## Jindal Stainless receives prestigious Expand Global Markets Award

HISAR: Jindal Stainless honoured with Expand Global Markets Award by US-based DANA Incorporated. The award recognized Jindal Stainless for its multi-faceted customer-centric approach from among 1,800 nominations spanning 29 countries. DANA, an Ohio-based company specializing in energy-management solutions for various mobility markets, announced the winners of its 2022 Supplier Awards in a virtual ceremony held in Maumee under several categories. These included Leveraging the Core Award, Deliver Innovative Solutions Award, Indirect Supplier of the Year, Sustainability Supplier of the Year. While most of the categories had multiple winners, the Expand Global Markets Award had a clear winner in Jindal Stainless. Managing Director, Jindal Stainless, Mr Abhyuday Jindal, expressed his enthusiasm on the accolade, saying that Jindal Stainless is committed to prioritizing customer interests by delivering tailored solutions powered by cutting-edge technologies. Our efficient supply chain management system and Just-In-Time delivery approach have played pivotal roles in driving our market expansion growth. Our relationship with DANA is a long-standing one. For more than 15 years, we have successfully supplied stainless steel solutions to DANA in several countries, including Germany, the US, Canada, Mexico, Spain, Brazil and India.





## NEWS AT A GLANCE

**Kargil Vijay Diwas celebrated in Early Stop Pre School**



**NARESH GARG LADWA:** Kargil Vijay Diwas was celebrated at Early Stop Pre School, Ladwa on Wednesday. On the occasion, tribute was paid to the martyrs by the small children of the school and silence was also observed by the children for two minutes. School Principal Sonia Goyal said that the happiness we were breathing today was because the brave soldiers of our country were guarding the borders day and night to protect us. For them there is no rain, no heat, no winter except to protect us day and night by staying away from their families, she says. We should never forget such soldiers. Shee said that we were proud that many brave sons of Haryana got martyrdom in the Kargil war while protecting the country. The sacrifice, courage and dedication of our soldiers in the Kargil war could never be forgotten. The soldiers who were martyred in Kargil were always alive in our hearts and would remain alive. Earlier, the school children paid homage to the martyrs and observed two minutes silence for the peace of their souls. School staff was present on the spot.

**SDM conducts meeting with representatives of political parties in Jagraon**



**SUKH NAHAR JAGRAON:** As per the instructions of election commission, SDM Jagraon Manjit Kaur conducted a meeting with representatives of various political parties of the area in order to talk about summary revision 01-01-2024. The representatives of political parties shared their concerns and gave advises regarding the same. The meeting was held in the presence of MLA Sarjit Kaur Manuke, Harpreet Singh Dhaliwal, Ravinder Kumar Sabharwal, Satinderjeet Singh Tatta, Shivraj Singh, Sadhu Singh, Kulwinder Singh and others. While addressing the meeting, MLA talked about the process has been initiated to remove defaults in voter cards of voters and to issue fresh voter cards to those above 18 years of age and in the area, 198 booths have been set up to carry out the campaign smoothly. "198 B.L.Os and 18 supervisors have been allotted duties to ensure that the civilians do not face any difficulty and the concerned officials are supposed to be present at their respective headquarters," she stated. She also instructed to the officials that they need to make sure that people face minimum inconvenience and all of their works are done as quickly as possible.

**Theft attempt at mobile shop**

**VICKY BHABAT ZIRAKPUR:** A failed attempt was made to break the locks of a mobile shop near the railway gate in Dhakoli area on Tuesday night. But the alternator of the generator standing outside the Agam pizza shop adjacent to the mobile shop was stolen. Which is also worth thousands. On the other hand, mobile shop owner Tarsem Garg and his son Sandeep Gupta said that the locks of their shop were broken by thieves last night. But as the lock of the center was not broken, the theft attempt of the thieves failed. He said that if the lock of the center was broken, they would have suffered a loss of lakhs of rupees. Because thousands of mobiles bought from his sale were lying in the shop. Amarjit Singh Agam, the owner of Pizza Hut, said that a few days ago, the alternator of the generator lying outside his shop was stolen. On the other hand, Sukhbir Singh, husband of the councilor of the ward along with the shopkeepers, said that the police patrol should be increased here and there are many slums in Dhakoli area, the police should also do their police verification.

**CPI(M) Anganwadi and Farm Labor Union burns PM's effigy over Manipur incident**



**AMRITPAL SINGH PHILLAUR:** A joint meeting of CPI(M) Anganwadi Workers Union and Total Hind Khet Mazdoor Union was held at Phillaur today under the chairmanship of Comrade Sukhjinder Kumar Kala. In this regard, Comrade Kamaljit Singh told the media that the Anganwadi Workers Union (CITU) of District Jalandhar Tehsil Phillaur protested against the sad events that happened in Manipur today. The effigy of Prime Minister Modi was blown up. The employees protested and protested. Led by District President Anganwadi Union Bibi Nirlep Kaur, Niranjan Kaur, Harbhajan Lasara, Neelam Bada Pind, Nimrata, Kull Hind Khet Mazdoor Union leader Master Parshotam Bilga, Sodhi Lal Upar and other leaders, the protestors were demanding that strict action should be taken against the culprits of the Manipur incident. So that such incidents do not happen in Kathua, Sangar, Brij Bhushan. The law and order situation in the country is worse than ever. The law and order situation should be restored in the state. After reaching Nawanshahr Chowk of Phillaur, the protestors blocked the traffic and blew up the effigy of Modi and the Modi government.

# 1548 crore loss to Jal Shakti department during rainy season: Mukesh Agnihotri

**SANJEEV MAHAJAN NURPUR, JULY 26**

In Nurpur, Deputy Chief Minister Mukesh Agnihotri said that due to the deluge and natural calamity Jal Shakti Department has Rs. 1548 crore. Out of which there has been a loss of Rs 190 crore in Kangra district. He gave this information during his stay at Public Works Rest House Nurpur while going to Chamba on Wednesday.

He informed that according to preliminary estimates, the state has suffered a loss of about Rs 8,000 crore due to heavy rains in the state in the past. Heavy rains and floods have caused massive damage to power, water and road projects in the state. He told that most of the projects have been restored expeditiously but it would take some time to restore them permanently. He informed that the projects of Jal Shakti Department which were damaged in Kangra district were



functioning smoothly. Apart from this, HRTC buses were operating normally on all routes in the district. Mr. Mukesh Agnihotri told that during the disaster, more than 70,000 tourists and people were stranded in Kullu and Lahaul-Spiti and other places, who have been returned home safely. He

said that the state government has worked with all due diligence to make life normal.

Mukesh Agnihotri told that this was the biggest disaster the state has experienced. Despite this, the people of the state were facing it boldly and the state government was standing with the people of the state. The

**Various activities conducted on occasion of Kargil Vijay Divas at Baba Gandha Singh Public School**



**KULDEEP SOOD BARNALA:** A function was organized at Baba Gandha Singh Public School Barnala on the occasion of Kargil Vijay Divas under the leadership of Principal Dr. Sandeep Kumar Lathji. Addressing the students after offering floral tributes in front of the pictures of Kargil martyrs, Principal Dr. Sandeep Kumar Lathji said that During the Kargil war, hundreds of our brave soldiers sacrificed their lives for the sake of the country and the soldiers of the enemy country were defeated from the peaks of Kargil. He said that today we are sleeping peacefully in our homes only because of such brave soldiers. Vice Principal Madam Suman encouraged the students to contribute to the progress of the country and said that contributing to the progress of the country in any way is patriotism and we all should come forward in this work. On this occasion, various types of student competitions were conducted and the winning students were awarded.

**Kargil Vijay Diwas celebrated at Jatindera Greenfield School**

**HARPREET LADDI SIDHU**

**RAIKOT:** Jatindera Greenfield School, Gurusar Sudhar ( district Ludhiana) is a famous educational institution in the area, which is gaining reputation in various activities along with education. Under this series, Kargil Vijay Diwas was celebrated on July 26, 2023. The programme started with a power point presentation in which information was given that 'Kargil Vijay Diwas' is celebrated in the memory of those martyrs, who sacrificed their lives while fighting for their country in the Kargil war and attained Veergati. For this purpose 'Operation Vijay' was started by the Indian Army and after the success of 'Operation Vijay' it was named as 'Kargil Vijay Diwas'. After this, Kargil Vijay Diwas was depicted by the students through a dramatic transformation. School President Dr. H.S Dhaliwal, Managing Director Dr. Manpreet Kaur Dhaliwal and Principal Mr. Chander Shekhar encouraged the students to get remarkable position in awakening the feeling of patriotism in the students.



## Contact of 40 families cut off due to flood



**RAMAN WADHWA BARARA, JULY 26**

About 40 families living in camps on the Sohana Gheldi road was cut off from all the villages for the last 16 days due to flood in the area. On July 10, the Sohana- Gheldi road was washed away by the strong current of water from both sides of the Markanda River. About 200 people of 40 families living in the middle were cut off from all the villages and cities. Because of which the people of the camp are unable to even go anywhere. Praveen Sain, Balwinder Sain, Sukhwinder Singh, Daljit, Jasbir, Naresh, Rajbir, Padam Singh and others living in the camps said that on July 10, the road from Gheldi and Sohana on both sides of their camps got washed away in

the flood in the area. There were about 40 families in the camps. Due to which now the families were unable to go to both the camps. About 30-35 children were made to cross the road by their parents sitting on their shoulders. He told that only a few people from the camps cross the road to bring ration and other essential items. Even people's vehicles imprisoned in their homes. There were also some elderly and disabled people in the camps who were not able to come and go anywhere. Due to which they were facing a lot of trouble. The villagers told that this road fell under the Market Committee Board. They had contacted the officials of the concerned department but the road was not rectified by the officials.

## Drainage being cleaned in Barnala: Meet Hayer

**KULDEEP SOOD BARNALA, JULY 26**

In order to give the best of civic amenities to the people of Barnala, the Minister for Environment and Water Resources Mr. Gurmeet Singh Meet Hayer, has got storm water drain cleaned for the first time ever in past more than three decades. Passing 4.5 kms across the city the storm water carries rain water from parts of city and empties into Lasara drain thereby solving the problem of rain water stagnation in the city. Once the work is completed, city will get huge respite from water stagnation issues. The work is being conducted at a cost of Rs 50 lakhs. Minister Gurmeet Singh Meet Hayer said that the storm water has not been cleaned for the past more than 35 years. The clogged pipes had been drowning city as there was no



place for the rain water to drain out, he said. He added that the storm water had existed as an open drain before 1987. In the early 1988, municipal council Barnala got it covered and since then the drain had been collecting rain water from the city and draining it into Lasara drain. Arising from the Bajakhana T-point, the drain runs across various areas of city including Nehru Chowk,

Jaura Pump (near Pakka College Road), Krishna Wali gali (near HDFC Bank) and falls into the Lasara drain. The work is being done at a cost of Rs 50 lakhs and entails usage of super sucker machines to clean the drain. Drain has different dimensions at different places varying from 36 inches to 56 inches. The drain has been constructed using time tested technology of brick lining 56 inches holes in the form of dome (dak sewer) and is a very strong structure. Super sucker machines are working to de-silt the drain, while plastic and other non-biodegradable wastage is also being removed. Machines have removed tonnes of plastic, dead animals, flex PVC sheets, rotten vegetables and fruits from the sewer. He appealed people not to throw waste fruits and vegetables, especially at the points near sabji mandi.

**Civil Surgeon releases awareness poster on hepatitis**



**GURDEEP SINGH GREWAL KHAMANO:** As per the guidelines of Director, Health and Family Welfare Department, Punjab and under the leadership of Civil Surgeon Dr. Davinderjit Kaur, "World Hepatitis Day" will be celebrated on July 28. From July 24 to July 29 to create awareness among people week is being celebrated. In this regard, an awareness poster was released by Civil Surgeon Dr. Davinderjit Kaur at District Hospital, Fatehgarh Sahib. Releasing the poster, she said it was important for the pregnant women to be tested for hepatitis. She further stated that Hepatitis B could be transmitted from a hepatitis B positive mother to the unborn baby. Therefore, if hepatitis B immune globulin was given to the newborn within 12 hours from a hepatitis B-positive mother, the child can be protected from hepatitis B from the mother. In addition, hepatitis vaccination within 24 hours of the birth of the newborn should also be ensured on an intra-priority basis.

**MP Arora calls on Defence Minister Rajnath Singh**

**SHARMA LUDHIANA:** MP Rajya Sabha from Ludhiana Sanjeev Arora who is presently in Delhi attending the ongoing Monsoon Session of Rajya Sabha today met Defence Minister Rajnath Singh. Giving this information, Arora said, "This was a courtesy call during which many issues related to Punjab were discussed in detail", adding that the Defence Minister gave a very positive response and hoped that the meeting would prove to be a very beneficial for Punjab in the times to come. He added all the issues were discussed in a very cordial manner. Arora also discussed about restrictions on construction around defence establishments under The Works of Defence Act 1903 in Baddowal area of Ludhiana. He also submitted a representation in this regard to Defence Minister stating that he would like to bring to his attention the plight of the farmers and landowners who are affected by restrictions in Baddowal area of Ludhiana. Arora said the Defence Minister Rajnath Singh heard him very patiently and assured that the government is in the pipeline to make a nationwide policy to resolve these issues.



**District development and monitoring committee meeting held**



**SD SHARMA PANCHKULA:** The Haryana Minister of State for Social Justice, Empowerment, Scheduled Castes, and Backward Classes Welfare, Om Parkash Yadav today chaired a meeting of the District Development and Monitoring Committee meeting at Panchkula. Mayor Kulbhushan Goyal and Additional Deputy Commissioner Varsha Khangwal were also present in the meeting. During the meeting, Minister of State Om Parkash Yadav directed that all the works be executed as per specification and payment be made on time. He diligently reviewed the ongoing and proposed development projects in Panchkula district under the District Development Plan. The Minister instructed the officers to ensure timely completion of these projects so that the public can avail the government's facilities promptly. Additionally, he stressed the need for maintaining high-quality standards throughout the execution of these works. The concerned officer provided updates on the development works accomplished during the years 2021-22 and 2022-23. Furthermore, plans for various development projects slated for the year 2023-24 were also presented.

**550 saplings planted on the premises of Cooperative Sugar Mill**

**SHIV KUMAR SHARMA KARNAL:** Managing Director of Cooperative Sugar Mill Mr. Hitendra Kumar said that the sugar mill has achieved leading position many times in India in terms of quality of sugar as well as crushing capacity. From time to time saplings were planted on the premises of this mill by the mill management during the rainy season. Karnal Cooperative Sugar Mill was not a leader in its sugar quality but also in greenery. Every year green saplings were planted around the mill. In this series, saplings were planted on the premises of the mill on Wednesday by Managing Director Hitendra Kumar and Chief Accountant Jatindra Kumar. Officers/employees of the mill were also present on the occasion. The Managing Director addressed the mill officials that every officer and employee of the mill must take personal responsibility and planted a sapling in the mill and till the retirement of the said officer/employee, the said officer would have to take care of the planted sapling. He told that 550 saplings were planted today in Karnal Cooperative Sugar Mill under 'Plant Trees, Save Environment'. On this occasion, Deputy Chief Accountant of the Mill Anil Kumar Verma, Chief Engineer Bhajan Lal, and Mill Employees Director Rajpal, Rakesh Kumar, Satendra Kandola Employees Union President were present.



**DC inspects at Civil Hospital Barnala**



**KULDEEP SOOD BARNALA:** Deputy Commissioner Barnala Mrs. Poonamdeep Kaur visited Civil Hospital Barnala today with the aim of increasing the facilities available to patients. She said that as per government instructions, the operation theater has to be upgraded in the hospital as per the standards of the health department so that the patients can be saved from infection or other types of problems. Similarly, she asked the health authorities to expand the emergency ward and establish a trauma center (a health facility for people seriously injured in road accidents) in it. She instructed that a separate ward should also be made for prisoners coming from Barnala Jail. Similarly, she directed that separate toilets and toilets should be constructed in each block of the hospital for disabled patients so that they do not have to face problems in this regard. She said that according to the proposal given by the health department, an estimate for the new construction will be prepared and sent to the government.







# GLAMOUR

## Kajol on parenthood on the occasion of Parents' Day

**P**roduced by Banijay Asia, with Director and Showrunner Suparn S Varma, Kajol's web series debut - The Trial - Pyaar, Kaanoon, Dhokha is now streaming on Disney+ Hotstar in which she plays the role of a mother, facing the challenges of building a career from scratch or being with her family in tough times Parents' Day is a special occasion to honor and cherish the love and sacrifices of our beloved parents and everything they go through to build the lives of their children. In her latest project, The Trial: Pyaar, Kaanoon, Dhokha, Kajol too, who is a mother in real life, faces the hardships of being a parent in a challenging situation. The journey of Noyonika (played by Kajol) as she embarks on a journey that truly makes her stand the test of time after her husband's betrayal also reflects on the tough decisions a parent has to make for the betterment of their children. On the occasion of Parents' Day, speaking about parenthood and how similar is she as a parent to her character of Noyonika in Disney+ Hotstar's The Trial: Pyaar, Kaanoon, Dhokha, Kajol said, "I have always believed that everyone should have the freedom to make their own decisions. With my kids, I believe it is important to let them be at times as it would help them to become responsible adults. As a mother, I have guided them on what is right and wrong. While I am always there to back them up in any case, they should make their own mistakes and learn from them as well. In The Trial, my character Noyonika is also quite similar. She is extremely protective of her daughters, but she also knows that her kids deserve to know the truth."

Disney+ Hotstar's gritty courtroom drama, The Trial - Pyaar, Kaanoon, Dhokha showcases the gripping trial of Noyonika's life as navigates through the curveballs life throws at her.

## Rajveer Singh joins 'Neerja...Ek Nayi Pehchaan'

**G**ear up for an emotional ride as COLORS presents 'Neerja...Ek Nayi Pehchaan.' This endearing family drama portrays the tale of a mother's unwavering devotion to her daughter "Neerja," despite the fact that they reside in Kolkata's infamous (Sonagachi) red-light neighborhood. Rajveer Singh's portrayal of Abeer Bagchi is from a privileged background. It is exciting to bring this tale of love and the triumph of the human spirit in the face of adversity to viewers and hope it inspires them.

### 1. Tell us something about the show?

A. 'Neerja...Ek Nayi Pehchaan', a social drama on COLORS, tells a heart-warming story of a mother's unwavering love for her daughter -Neerja. Despite being born and raised in Kolkata's red-light district of Sonagachi, Neerja is protected from the dangers and prejudice of society by her mother. The show touches upon the struggles and sacrifices of a mother who will stop at nothing to secure her daughter's future and fight the challenges that arise from living in an ill-famed place. On the other hand, residing in an affluent neighborhood, Abeer has the advantage of a healthy upbringing, but a blow of destiny awaits him. Neerja is innocent, and lovable, while Abeer is righteous, and hardworking. The captivating tale will unfold how Neerja and Abeer's paths converge.

### 2. Tell us about your character in the show.

A. I'm excited to be seen playing the part of Abeer Bagchi. He is a righteous and hardworking boy who grew up in a rich Brahmin Zamindar family. Blessed with an eidetic memory, he excels both in studies and sports. Initially fueled by ambitions of pursuing a career in civil services, he eventually abandons his aspirations to lend a hand in reviving his father's business. While he remains the pride of his loved ones, he secretly grapples with the emotional turmoil of letting go of his past.

### 3. Why did you say yes to this character?

A. I have a strong desire to explore a range of characters and push my creative boundaries, and this show presented a chance for me to exhibit my versatility. Furthermore, the narrative of the series prompted profound contemplation about the individuals residing in Sonagachi, yearning for societal acceptance. It is precisely the kind of show that resonates with my personal preferences as an audience.

### 4. What preparations did you make as you choose to play this character?

A. I recognized the significance of acquainting myself with the vibrant culture of Kolkata. Extensive research became the cornerstone of my preparations, allowing me to mould my portrayal of Abeer authentically. Given my inherent empathetic nature, I found a seamless transition from being Rajveer to embodying the essence of Abeer.

### 5. What kind of a bond do you share with your co-actors?

A. The camaraderie I share with my co-actors is great. Working with great actors always is always an opportunity to learn from their immense talent and knowledge. We bond over our love for the food. I believe that our work chemistry will beautifully translate onto the screen, captivating the audience with our collective energy and synergy.

### 6. What are your thoughts on being associated with COLORS?

A. I'm thrilled about associating with COLORS for this heartfelt tale. The channel is loved across the length and breadth of India and to have such a reputed platform to showcase my talent is an honour for me. I'm looking forward to being part of the channel's legacy.

### 7. What is your message to the viewers?

A. My message to the viewers of Neerja...Ek Nayi Pehchaan is that everyone deserves love, respect, and a chance to build a better future, regardless of their background or circumstances. Through Neerja's story, we aim to make people think about stereotypes and showcase the importance of acceptance, empathy, and self-belief.

## THERE WERE MANY THINGS THAT I HAVE NEVER EXPERIENCED IN MY LIFE: DAISY SHAH

**A**ctor Daisy Shah, who can be seen in the stunt-based reality show 'Khatron Ke Khiladi 13', has shared her experience from the show.

Speaking exclusively to ANI, Daisy shared that she didn't experience these things she experienced in the show. She said, "I experienced many things there which I didn't experienced in my life. We all were thinking about fears but the biggest fear was cold and cold water.

She also told about her biggest fears and said, "I wasn't afraid of heights and currents, but I was scared of insects like cockroaches.

The 12th season of the adventure show gathered positive responses from the audience. Shot in Cape Town, South Africa the show featured some breathtaking stunts.

Aishwarya Sharma, Anjali Anand, Anjum Fakhri, Archana Gautam, Arijit Taneja, Daisy Shah, Dino James, Nyra Banerjee, Rashmeet Kaur, Rohit Roy, Ruhi Chaturvedi, Sheezan Khan, Shiv Thakare and Soundous Mofaki are part of this KKK's 13th season.

The show hosted by Rohit Shetty is based on the format of the American show 'Fear Factor'.

Daisy also spilled beans about her upcoming murder mystery, "Mystery Of Tattoo". She stated, "Everything is lined up and will be released at the end of the year."

'Mystery of Tattoo' will also feature Arjun Rampal and Ameesha Patel in the lead roles. The makers have not announced any official release date yet.



## Vicky Kaushal gets nostalgic as 'Masaan' clocks 8 years



**A**ctor Vicky Kaushal got nostalgic as 'Masaan' turned eight today, and shared a picture from the Neeraj Ghaywan directorial. Vicky took to his Instagram handle and shared a picture of himself from the movie. He captioned the post, "8 years!" Vicky Kaushal made his debut 8 years ago with Masaan. As soon as the post was shared, Vicky's fans flooded the comment section with heart and fire emojis.

One of the users wrote, "Congratulations! Many many more. Thanks for all the gems." Another commented, "Best Actor." A fan wrote, "My All time fav."

'Masaan' premiered at the Cannes Film Festival in 2015, where it received standing ovations and won two prestigious awards.

The movie tells two parallel stories set in the Indian city of Varanasi. One storyline follows Devi, played by Richa Chadda, a young woman from a lower-caste family who faces social stigma and struggles to overcome a tragic incident in her life.

The other story revolves around Deepak, played by Vicky Kaushal, a low-caste man who works at the cremation ghats and dreams of a better life. 'Masaan' explores themes of love, loss, social discrimination, and the complexities of human relationships.

## Actress Anita Hassanandani returns to acting with Hum Rahe Na Rahe Hum

**S**ony Entertainment Television's epic royal saga, Hum Rahe Na Rahe Hum, has captivated viewers with its larger-than-life portrayal of the Barots and the relatable Ahluwalias. Shivendra (Jay Bhanushali) and Surilii (Tina Datta) have braved the storm brought by Samar (Karanvir Bohra), as he entered the Barot mansion with malicious intentions to destroy the family. And despite the shocking revelations and unexpected turns, Shiv and Surilii are now about to embark on a new chapter in their lives, but life brings them face to face with an old acquaintance – Roshni, who is Shiv's former girlfriend.

Stepping into the skin of this pivotal character is renowned television personality, Anita Hassanandani – who returns to television after a three-and-a-half-year hiatus. Elated to be a part of the show, Anita shares, "Television has always been my first love and despite having stayed away from acting for the last few years, I have followed some shows that have launched in the recent past. Hum Rahe Na Rahe Hum is one of those shows that I have found compelling, and I am so excited to

return to television with this show and a character like Roshni."

Feeling overwhelmed and unsure about how to navigate the dynamics of his family, especially the expectations of his mother, Damayanti - Shiv chose to sacrifice his love and ended the relationship with Roshni. But what will be interesting to see is the impact of Shivendra's past on his present. Speaking about the narrative and her character, Anita added saying, "Roshni is a blast from the past for Shivendra. The fact that Shivendra sacrificed his love for Roshni but has now married an 'outsider' like her, overwhelms her. My character Roshni is a very levelheaded character who believes in having an open and honest conversation with Shiv about her feelings and concerns about being jilted in the past, rather than making assumptions or accusations. There are a lot of layers to this character, and I am sure people are going to love Roshni."

