



श्री राम मन्दिर, खरड का निर्माण कार्य



रविवार 15 अक्टूबर 2023

को सुबह 10 बजे प्रारम्भ होने जा रहा है।
इस पावन अवसर पर आप सभी आमंत्रित हैं।

निवेदक

श्री राम मन्दिर अज्ज सरोवर
विकास समिति (रजि.) खरड

एवं

शशि पाल जैन, संपादक युगमार्ग

SHORT TALKS

Miri Piri Khalsa Academy Shines in school level GAMES

KULWINDER KARWAL

SARDULGARH, OCT 14: Playing sports is very important in today's era, because today's era is a mechanical era, there is very little physical activity in this era. While giving information, Chairman of Miri Piri Khalsa Academy, Inderjit Singh said that in a healthy body there is a healthy mind, hence the importance of sports increases in the life of students.

Keeping these things in mind, the school children participated in the school level games at Khaira Khurd. First position Lovepreet Singh under 17-400 meter hurdle race, second position under 17-110 meter hurdle race, first position Lakhvir Kaur cross country, 4 km, 2nd position Taranpreet Kaur, Cross Country 4 km Under 17, 1st position Lakhveer Kaur 400m Hurdles, 2nd position Taranpreet Kaur 400m Hurdles Jashandeep Singh 2nd position 110m Hurdles Under 17, Simarjot Singh 3rd Position 110m Hurdle Race, Harmandeep Singh 3rd Position 400m Hurdle Race Under 19, Sukhmanpreet Kaur 3rd Position 110m Hurdle Race Under 14 performed well. These children brought glory to their school, teachers and parents by getting entry in district level competitions. Principal of the school Mr. Navdeep Bhardwaj and senior teacher Birbal along with the entire staff honored these children and encouraged the rest of the children to move forward.

Randeep Hooda announces sequel of Haryanvi Blockbuster Akhada

CHANDIGARH :

Following the resounding success of the original Haryanvi series "Akhada," STAGE is thrilled to announce the commencement of shooting for "Akhada Phir Se," the much-anticipated Season 2. This momentous revelation coincides with the birthday of Sanjay Sanju Saini, the brilliant creator behind this groundbreaking series. The launch of "Akhada Phir Se" is a momentous occasion in the world of Indian entertainment. The first season of "Akhada" captivated audiences with its gripping storyline and strong performances. Now, under the visionary guidance of Sanjay Sanju Saini, the series is set to return with renewed vigour and a promise of even more thrilling storytelling. The original "Akhada" series gained immense popularity due to its authentic depiction of Haryanvi culture and its ability to strike a chord with a diverse audience. Its unique blend of tradition and modernity, combined with an engaging narrative, contributed to its tremendous success. It took a nationwide limelight when showcased by the Founders of STAGE in the renowned national broadcasted show "Shark Tank." "Akhada" is a Haryanvi series that explores the world of wrestling, combining intense sports action with compelling human stories. The series resonated with viewers not only for its thrilling wrestling sequences but also for the profound characters and their journeys.

Marathon on World Students Day

PARVEEN BHAGTA BHAI, OCTOBER 14

- A marathon is being organized on the occasion of World Students Day at Sant Mahesh Muni Girls College of the city. Giving information, College Controller Indrapal Kaur Deol said that on this day, the residents of the area have been invited and requested to participate in the marathon. She told that this race will start from Grain Market of the city at 8:45 am and end at Sant Mahesh Muni Girls College. She said this marathon was divided into two categories in which boys and girls of 12 to 18 years of age and women and men of 19 to 60 years of age can participate. She told that about 500 candidates have registered their names to participate in the marathon and this is sponsored by Chairman Keshav Garg. She said that this is the first marathon of the area. To boost the enthusiasm of the candidates, motivational speaker Ronnie Raman, Haryana and Chairman Inderjit Singh Mann is also specially arriving. She informed that the winners of the marathon will be given first prize of Rs 5500 and second prize of Rs 3500 in both the categories. Medals will be given to all the candidates participating in this marathon. Special arrangements have been made for medical aid and refreshments at this time.

NEWS

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 15, 2023

40 new schemes will revolutionize cooperative sector in Himachal Pradesh

DINESH AGARWAL SHIMLA:

The Department of Cooperation has commissioned various new initiatives for Primary Agriculture Credit Societies (PACS) of the state. About 40 new schemes in the cooperative sector have been initiated in collaboration with the Ministry of Cooperation, Government of India, which aims to revolutionize the cooperative sector of the state, stated Secretary (Cooperation) C. Palrasu here today.

He said that these schemes aim to amend the overall structure of cooperative society's right from its bye laws to business diversification. The major initiatives include primary agricultural credit societies as Jan Aushadhi Kendras, wherein generic medicines will be made available to the rural population at cheap rates. Almost 50 PACS have applied to get Jan Aushadhi Kendra in the state. In PACS as a common service centre scheme, the cooperative societies will function as Lok Mitra kendras, that will help the rural population in getting various kinds of certificates timely and cheaply at their doorstep. Various services such as tele-law and tele-medicine are also available through PACS as CSC. More than 80 societies are now functioning as common service centres in the state.

Recently LPG and petrol pump retail licenses have also been opened for PACS. One society from Palampur has also applied in this scheme and many more are expected to file applications within the next 10 days, he said. Model bye laws have also been adopted by the majority of societies in the state. The department is also working to computerize the day to day affairs of PACS and within the next 2 months supply of hardware will be started and all identified societies will be provided with online software to carry out their day to day business. Under the grain storage program one society from district Una has been identified and the transfer of land is under process, he added.

He said that about 1300 societies were working as Pradhan Mantri Kisan Samridhi Kendra in the state. In addition to this meetings of the District Cooperative Development Committee have taken place in all districts of the state wherein several departments come together to sort out various issues pertaining to the cooperative sector.

C. Palrasu has appealed to all primary societies of the state to come forward to get membership of the National Cooperative Export Ltd, National Cooperative Organic Ltd. and Bharati Beej Sahkari Samiti to get maximum benefits from these national level cooperatives and participate actively in all the schemes of the department.

Dr. SS Ahluwalia seeks blessings from CM Mann to strengthen Chandigarh AAP wing

SHASHI PALJAIN CHANDIGARH:

After the dissolution of the Aam Aadmi Party organization in Chandigarh for the past few months, Dr. SS Ahluwalia has been appointed as joint in-charge of Chandigarh, he met Punjab Chief Minister Bhagwant Mann on the occasion Congratulated Dr.Ahluwalia on being appointed as the joint in-charge of Chandigarh, he said that the fight for the rights of the people of Chandigarh will be fought with full force in association of the Aam Aadmi Party. Punjab CM Mann said that the main objective of the party is to work for the people. Just as the people in Punjab have formed a strong organization of the Aam Aadmi Party, in the same way a strong organization will be formed in Chandigarh for the welfare of the residents. On the occasion Dr. SS Ahluwalia, while thanking Chief Minister Bhagwant Mann for being appointed as joint in-charge of

maximum facilities to the people.

Dr. Ahluwalia further said that a blood donation camp is being organized in Chandigarh on October 17 on the occasion of Chief Minister Bhagwant Mann's birthday with an aim to help people who all are in need of blood.

iThink Logistics and India Post unite to boost e-commerce deliveries across the deepest parts of the country

RAJIV JAIN CHANDIGARH:

iThink Logistics, a top name in advanced logistics technology and one of India's leading shipping platforms has joined hands with India Post, the country's premier postal network. The alliance will result in a landmark tech integration that promises to reshape the landscape of last-mile delivery. This strategic partnership is to bring immense benefits to Direct-to-Consumer (D2C) startups and small and medium businesses (SMBs) across India. With this alliance, we are not only bridging geographical gaps but also empowering businesses of all sizes to embrace the full potential of E-commerce, transforming the way products reach customers and redefining customer experiences." - "Ms. Zaiba Sarang, Co-Founder of iThink Logistics". India Post is immensely proud to join hands with iThink Logistics in this transformative endeavor. Our legacy of service, built over decades, combined with iThink Logistics' forward-thinking technological prowess, heralds a new era in the logistics industry. This collaboration is a fusion of tradition and innovation, and it opens up exciting new opportunities to reach every touchpoint in India. Our nationwide network, spanning the length and breadth of the nation, is the ideal complement to iThink Logistics' state-of-the-art solutions." - "Shri Amitabh Singh, PMG, Mails and BD, Maharashtra Postal Circle at India Post"

Sardar Bhagwant Singh Memorial Basketball Trophy starts

C S JOLLY CHANDIGARH:

A 7-day inter-school basketball tournament 'Sardar Bhagwant Singh Memorial Basketball Trophy (BSMBT)-2023' kicked off at Sports Complex, Sector 42, Chandigarh here on Saturday. The tournament was inaugurated by lighting the lamp by the Chief Guest Prabhjot Singh, International Hockey Player, who was accompanied by HS Mamik, Chairman, Vivek High School and Harbina Randhawa, Principal, Vivek High School, Mohali. During the occasion students also performed 'Saraswati Vandana', which enlivened the event.

As many as 72 teams from 25 schools from the tricity, in the categories of both Boys and Girls are competing in the basketball tourney. The students are participating in the age brackets of Under-12, Under-14 and Under-17

Boys and Girls, and the tournament is being played under the rules and regulations of the Basketball Federation of India (BFI) on a knock out basis.

In the opening match of the tournament of Girls (U-14) category; Saupin's School, Sector 32, Chandigarh defeated St. Peters School, Sector 37, Chandigarh by a narrow margin of 19-16. In another close match, Learning Paths School, Mohali registered a 19-16

win over Delhi Public School, Chandigarh.

Guru Nanak Public School, Sector 36, Chandigarh humbled Yadavindra Public School, Mohali, 34-15. In the Girls (U- 17) category, Vivek High School, Sector 38, Chandigarh drubbed Gurukul World School, Mohali with a huge margin, 24-4. With 12 points, Kashvi from Vivek High School was the top scorer for her team.

In the Boys (U-12) category, St.

Kabir School, Sector 26, Chandigarh defeated Saupin's School 32, Chandigarh, 22-10. While in the Boys (U-14) category, Shishu Niketan Chandigarh drubbed Amity International School, Mohali by a huge margin of 24-8.

In the Boys (U-17) category – Strawberry Fields High School, Sector 26 Chandigarh drubbed St. Joseph's School, Sector 44 Chandigarh, 49-28. Uday from Strawberry Fields scored the maximum points 33 and was the top scorer for his team.

Vishal Sharma, HOD, Sports Department, Vivek High School, Mohali briefed, "A total of 8 matches were played on the first day. The quarter finals are slated for Oct 18 and Semi-finals for Oct 19. The finals will be 6 in number 2 each –boys and girls for each of the three age brackets and shall be held over Oct 19 and 20."

Lung Care Foundation and United Media Club Drive Awareness Efforts

BUNNY SODHI JALANDHAR :

In a bold initiative tackling the pervasive problem of air pollution, the Lung Care Foundation, in collaboration with the United Media Club, launched a crucial awareness campaign at the Punjab Press Club. Named the "Workshop for Journalists on Pollution and Health," this pioneering effort brought together independent journalists, young individuals, medical professionals, and diverse stakeholders. The primary goal was to instigate positive change and ignite a sense of collective action within the community. Dr. Carmine Uppal, Deputy Director of the Lung Care Foundation, set the tone with a comprehensive presentation on the fundamental aspects of air pollution. Following this, Dr. P.S. Bakshi, a National Core Committee Member from Doctors for Clean Air and Climate Action, delivered an insightful lecture, illuminating the intricate dimensions of air pollution and its detrimental health effects. The session delved into brainstorming innovative solutions, focusing on regional and city-level priorities, legislative strategies, and the roles of government, media, and other key players. The event fostered a lively exchange of ideas, urging attendees to craft inventive narratives. A diverse panel of experts shared invaluable insights into the health ramifications of air pollution. The evening culminated in a fellowship, during which participants pledged tangible actions and personal commitments. The initiative to unearth and promote compelling stories garnered substantial enthusiasm from the audience. Jalandhar's Police Commissioner, Mr. Kuldeep Singh Chahal, stressed the urgency of the situation, emphasizing that the insidious poison of pollution, permeating the air, poses a grave threat to human life. He underscored the imperative need for widespread awareness to mitigate the suffering caused by severe diseases, emphasizing the shared responsibility in combating this menace.

Grand Media Launch of Mrs india universe 2023 Season 5

VICKY BHABAT ZIRAKPUR:

After successful 4 season in Udaipur, Pune, Mauritius, Goa and Now in ur city zirakpur at Hotel Ramada Plaza by Wyndham Along with Founder Tusshar Dhalliwal, State Director of Punjab Alisha Jain, Official Stylist Director Ruby Singh, Associate Partner Sanwali Gupta, Isha Jain and Hoverrobotix Chairman Mr. Munish Jindal our Official Press Conference

Venue Partner :- Jaguar Cafe & Club Akash Deep Kaur special Guest :- Rakesh Pahwa, Gayatri, Anju Rani MOU, Gurlal, anju Sharma and Sanjeev Jain We have contestants from all over the world who is going to participate in Mrs. India Universe 2023 And the top 6 winners going to represent india in international pageants Also we have 4 more auditions left in Zirakpur, Chandigarh Jalandhar and Ludhiana. For more details call or whatsapp at +919326705819 For registration:- www.mrsindiauniverse.com.

Free dental cancer screening camp organised

RAJIV JAIN CHANDIGARH:

Prayog Foundation and Society for Divine Reiki Meditation (NGO) organized a free dental cancer screening camp at the community center of Dhanas. This camp was supported by the Fire & Security Association of India Chandigarh Chapter.

Dr. S.S. Ahluwalia, Chairman of Punjab Water Supply and Sewerage Board while addressing the residents of the area on the closing occasion of the camp expressed that social organizations should expand the scope of their services so that more and more people can benefit from it. Congratulating the organizers, he said that awareness about dental diseases is the main basis of prevention from dental cancer.

Mehak Singh, Secretary, Society for Divine Reiki Meditation (NGO) stated that oral cancer is increasing in India and worldwide. Due to delay in diagnosis maximum patients are detected when the disease is in an advanced stage. Today's camp is aimed to aid early detection. President of Prayog Foundation, Sanjeev Sharma announced the appointment of social worker Nitesh Mahajan as the President of Chandigarh Unit. Mahajan pledged to serve the society with full zeal and endeavour.

Earlier, while inaugurating the camp, former Chandigarh Mayor Daves Moudgil said that due to our eating habits and changing lifestyle, dental diseases are continuously increasing. This disease can happen to a person of any age group. Moudgil shared that 162 patients were examined for free in the community center of Dhanas Chandigarh. A team of doctors under the leadership of Dr. Saikat Chakraborty, oral cancer screening expert and MDS oral and maxillofacial pathologist, examined 162 men and women during the camp. The participants of the camp were also given free toothbrushes and paste by the organization.

Local Municipal Councilor Ram Chandra Yadav while appreciating the step taken by the organizations stated that he will help in arranging future camps regularly so that maximum benefit can be extended to the people

During the camp, Nidhi Gupta, representative of Prayog Foundation, Project Incharge Shivangi Bansal, Social Activist Umesh Mahajan, Advocate Ujjwal Mittal, Jatin Nagpal, Daisy Mahajan and members of Shiv Charcha Group were present.

ਗਰੇਟਰ ਮੋਹਾਲੀ ਏਰੀਆ ਡਿਵੈਲਪਮੈਂਟ ਅਥਾਰਿਟੀ

ਪ੍ਰਤੀਕਾ ਬਦਨ, ਸੈਕਟਰ 62, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਨਗਰ।

ਨਿਲਖ ਅਰਾਭ (ਹਾਊਸਿੰਗ)

(ਜਨਤਕ ਸੁਚਾਰਨ)

SCF 114, Sector-65, Phase-11, S.A.S. Nagar (Share 15%) ਦੇ ਅਲਾਟੀ ਦਿਲਜੋਤ ਸਿੰਘ ਜਟਾਰਾ ਪੁੱਤਰ ਸ੍ਰੀ ਕਰਮਜੀਤ ਸਿੰਘ ਜਟਾਰਾ, ਵਾਸੀ 404, ਫੇਜ਼-1, ਅਰਬਨ ਅਸਟੇਟ ਪਟਿਆਲਾ (ਸ਼ੇਅਰ 40 ਪ੍ਰਤੀਸ਼ਤ) ਲਈ ਸ੍ਰੀ ਅਤੁਲ ਸੋਭੀਆ ਪੁੱਤਰ ਸ੍ਰੀ ਅਨਿਲ ਕੁਮਾਰ, ਵਾਸੀ 2104, ਫੇਜ਼-10, ਐਸ ਏ ਐਸ. ਨਗਰ ਨੂੰ ਜੀ ਪੀ ਏ. ਨਿਯੁਕਤ ਕੀਤਾ ਗਿਆ ਹੈ, ਇਸ ਸਬ ਰਜਿਸਟਰਾਰ, ਐਸ ਏ ਐਸ. ਨਗਰ ਦੇ ਦਫਤਰ ਵਿਖੇ ਵਸੋਕਾ ਨੰ: 1492 ਮਿਤੀ 27-09-2023 ਦੇ ਦਫਤਰ ਵਿਖੇ ਰਜਿਸਟਰਡ ਹੈ। ਉਕਤ ਜੀ ਪੀ ਏ. ਦੇ ਅਧਾਰ ਤੇ SCF 114, Sector-65, Phase-11, S.A.S. Nagar (Share 15%) ਸਬੋਪੀ ਵੱਲੋਂ ਬੰਦਰ ਜੀ ਪੀ ਏ ਸ੍ਰੀ ਅਤੁਲ ਸੋਭੀਆ ਪੁੱਤਰ ਸ੍ਰੀ ਅਨਿਲ ਕੁਮਾਰ, ਵਾਸੀ 2104, ਫੇਜ਼-10, ਐਸ ਏ ਐਸ. ਨਗਰ ਵੱਲੋਂ ਸੁਭਾਸ਼ ਬਾਸਲ ਪੁੱਤਰ ਸ੍ਰੀ ਬੀਰਬਾਟ ਬਾਸਲ, ਵਾਸੀ 3017, ਸੈਕਟਰ-21 ਡੀ, ਚੰਡੀਗੜ ਪਾਸ ਵੇਚਣ ਹਿੱਤ ਐਨ.ਓ.ਸੀ. ਦਾ ਕੇਸ ਅਪਲਾਈ ਕੀਤਾ ਹੈ। ਇਸ ਕੇਸ ਤੇ ਅਗਲੀ ਕਾਰਵਾਈ ਕਰਨ ਤੋਂ ਪਹਿਲਾਂ ਆਮ ਅਤੇ ਖਾਸ ਨੂੰ ਸੂਚਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਜੇਕਰ ਉਕਤ GPA ਸਬੋਪੀ ਕਿਸੇ ਨੂੰ ਕੋਈ ਇਤਰਾਜ਼ ਹੋਵੇ ਤਾਂ ਉਹ ਇਸ ਨੋਟਿਸ ਦੇ ਛੱਪਣ ਦੀ ਮਿਤੀ ਤੋਂ 15 ਦਿਨਾਂ ਦੇ ਅੰਦਰ-ਅੰਦਰ ਨਿਮਨ ਹਸਤਾਖਰ ਦੇ ਦਫਤਰ ਵਿਖੇ ਲਿਖਤੀ ਤੌਰ ਤੇ ਇਤਰਾਜ਼ ਪੇਸ਼ ਕਰ ਸਕਦਾ ਹੈ। ਨਿਸ਼ਚਿਤ ਮਿਤੀ ਤੋਂ ਬਾਅਦ ਪ੍ਰਾਪਤ ਇਤਰਾਜ਼ ਤੇ ਕੋਈ ਵਿਵਾਹ ਨਹੀਂ ਕੀਤਾ ਜਾਵੇਗਾ ਅਤੇ ਉਕਤ ਜੀ ਪੀ ਏ. ਦੇ ਅਧਾਰ ਤੇ ਸੁਭਾਸ਼ ਬਾਸਲ ਪੁੱਤਰ ਸ੍ਰੀ ਬੀਰਬਾਟ ਬਾਸਲ, ਵਾਸੀ 3017, ਸੈਕਟਰ-21 ਡੀ, ਚੰਡੀਗੜ SCF 114, Sector-65, Phase-11, S.A.S. Nagar (Share 15%) ਵੇਚਣ ਹਿੱਤ ਐਨ.ਓ.ਸੀ. ਜੀ ਪੀ ਏ. ਸ੍ਰੀ ਅਤੁਲ ਸੋਭੀਆ ਪੁੱਤਰ ਸ੍ਰੀ ਅਨਿਲ ਕੁਮਾਰ, ਵਾਸੀ 2104, ਫੇਜ਼-10, ਐਸ ਏ ਐਸ. ਨਗਰ ਦੇ ਨਾਮ ਤੇ ਜਾਰੀ ਕਰ ਦਿੱਤੀ ਜਾਵੇਗੀ।

ਸੁਪਰਡੈਂਟ-2 (ਹ), ਗਮਾਡਾ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।

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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K

India 8 Pakistan 0: Bowlers set it up, Rohit finishes off one-sided contest

AGENCY
AHMEDABAD, OCTOBER 14

India fired on all cylinders in what was supposed to be war minus the shooting, blowing away arch-rivals Pakistan by seven wickets in a World Cup face-off that ended in a damp squib after causing unbridled hysteria and logistical hassles.

In what is seen as the pinnacle of cricket by fans in the subcontinent, Indian captain Rohit Sharma emerged as the undisputed star of the match, scoring a 63-ball 86 to power his team to the modest target of 192 with as many as 19.3 overs to spare here on Saturday.

Jasprit Bumrah was a tiger on the prowl and Mohammed Siraj displayed wolf-like aggression before skipper Rohit completed the annihilation as India produced a near-perfect performance in one of the most lopsided World Cup games between the arch-rivals.

Rohit just casually flaunted his repertoire of strokes, which included a pull shot behind square of Shaheen Shah Afridi and a square driven six off Haris Rauf, as India were home by 8.05 pm



local time.

The win was India's eighth in the 50 over global event, where Pakistan had never been able to match their neigh-

bours in terms of skill, strategy or execution since 1992.

Just like he brushes his teeth, drinks water, pulling and hooking is a part of Rohit's daily chores. The 1150 gram willow is an extension of his arm and those strong but supple wrists does its job at his beck and call. On the day, it responded to his call 12 times - six of which went over the ropes.

People love to err on side of caution but Rohit is ready to err on side of risk - whether its spin of coin or dismissing a fast bouncer from his presence.

There will be days when he might fail and look silly but on days he succeeds, he would look regal, like he did on Saturday.

It is very difficult to better perfection but if anything was synonymous with perfection, then decimating Pakistan for 192 in 42.5 overs would come closest.

Five bowlers, showing different facets of bowling and sharing equal spoils is rarity but there couldn't have been a more opportune setting to tick all boxes like Rohit's men did on the day.

The first day of Navratri to bring a significant gift for Ambala residents

Chief Minister to lay foundation stone for Ambala Airport today

SHIV KUMAR SHARMA

CHANDIGARH- Haryana Chief Minister, Sh. Manohar Lal is consistently giving a series of developmental gifts to the state. Taking this a step further, the Chief Minister will lay the foundation stone for Ambala Airport on the auspicious first day of Navratri, October 15. With this foundation laying ceremony, a new feather will be added to Ambala's development cap as the said airport will connect Haryana with other states in India.

The "Ude Desh ka Aam Nagrik" (UDAN) scheme initiated by the Indian government in 2016 aims to enhance regional connectivity. Under this scheme, Ambala Airport will help realise PM Modi's vision of enabling common citizens to take affordable flights.

Ambala Civil Enclave is



being developed under the RCS-UDAN scheme. Haryana government and the Ministry of Civil Aviation signed an agreement on July 7, 2017, to provide financial support to airlines and viability gap funding (VGF) for flights on RCS routes. The state government has already allocated 20 percent VGF for RCS-UDAN flights operated from Hisar Airport.

Civil enclave to be built in Ambala on 20 acres

The Chief Minister informed that the Indian Air Force base in Ambala was shortlisted in UDAN 3.0 in

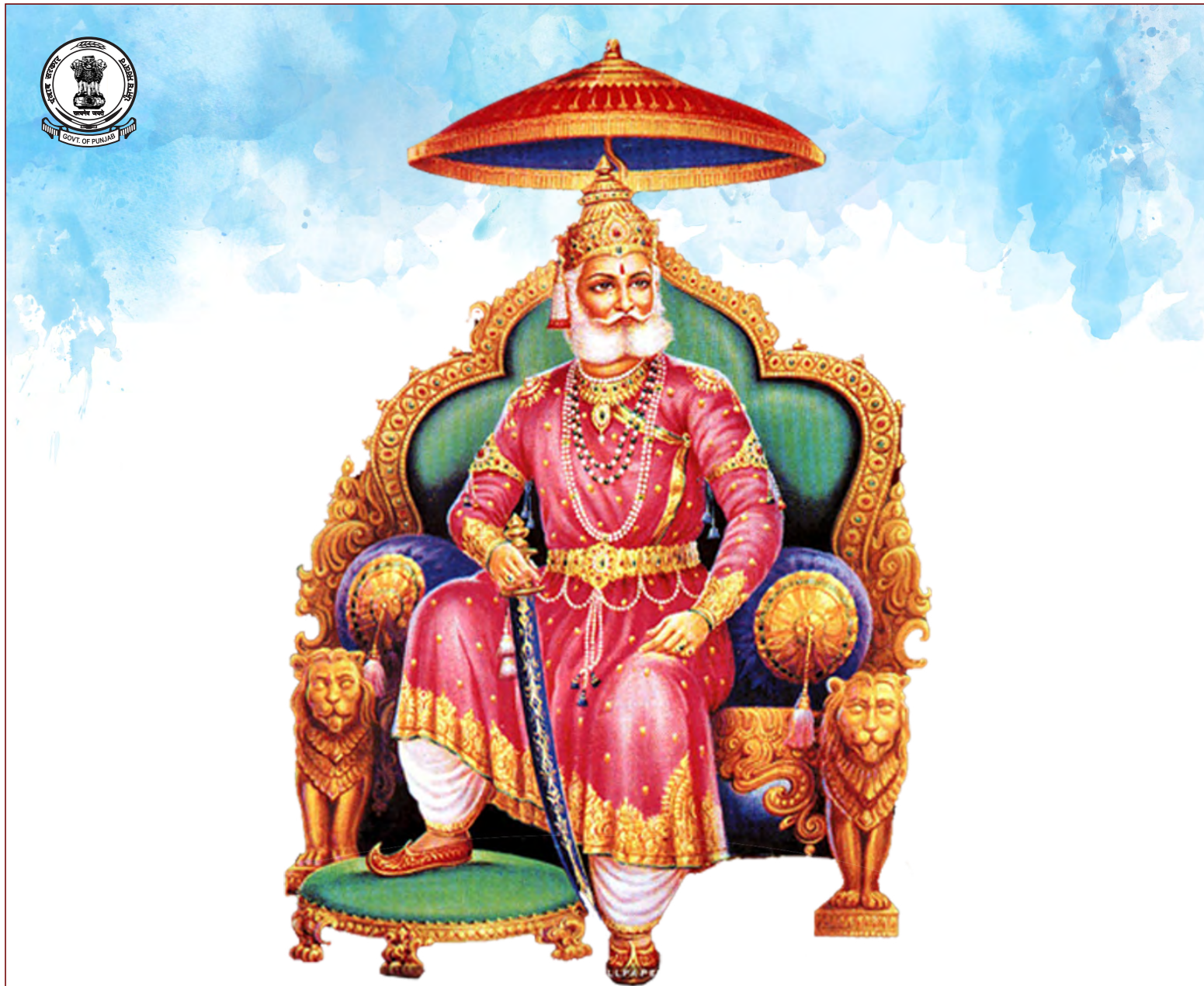
2019 for CRJ-200 (50-seater) for RCS operations, but the bids were later cancelled and the work was awarded to M/s Big Charters under Flight 4.2 for a 19-seater aircraft with two routes connecting Lucknow and Srinagar to Ambala. He informed that the civil enclave will be established on 20 acres near Air Force Station Ambala, this land has been taken through transfer from Defense and Rs 133 crore has been paid by the government in September. An amount of Rs 25 crore has also been allocated in the Project Evaluation Committee (PEC) meeting to develop the civil enclave. The Chief Minister further informed that the State Government has already requested the Ministry of Civil Aviation to consider adding the Ambala-Srinagar route as well as the Ambala-Varanasi and Ambala-Kedarnath routes to RCS flight.

Amit Shah cheers India team from Ahmedabad Stadium, lauds victory in WC clash against Pakistan

AHMEDABAD : Home Minister Amit Shah on Saturday joined the spectators at the Narendra Modi Stadium here to witness the World Cup clash between India and Pakistan and cheered the Indian team as it scored a magnificent victory. There was an electric atmosphere in the stadium as India dominated both with the bat and ball. As soon as Indian batters scored the winning runs chasing Pakistan's total of 191, Amit Shah and the spectators stood up to celebrate the team's victory and laud their performance. The Union Home Minister was in the stadium, the world's largest cricket stadium, when India captain Rohit Sharma was displaying his range of strokes against Pakistan's bowling attack. Earlier, Jasprit Bumrah, Mohammed Siraj and Hardik Pandya cracked open Pakistan's batting lineup and Kuldeep Yadav dazzled with his spin. Pakistan could conjure up only 191 in about 42 overs and lost the last eight wickets for 36 runs. Captain Babar Azam scored the highest for Pakistan at 50 and Mohammad Rizwan scored 49. Indian fans painted the Narendra Modi Stadium blue and cheered every shot struck by Indian batsmen. India have won all the previous seven ODI World Cup encounters against Pakistan.

Cyber helpline becomes more effective, sets new records

CHANDIGARH: Director General of Police Shatrueet Kapur said that the dedicated efforts of the Cyber Helpline team of Haryana Police have started to show concrete results. By promptly redressing 6247 complaints received through the cyber helpline number in September, an amount of more than Rs 4 crore 14 lakh, 15 thousand 82 was saved from fraud, which is a record figure for this year. Giving information about this, the government spokesperson said that to address complaints related to cyber fraud, manpower has been increased on the helpline number -1930 being operated by the Union Home Ministry so that the 'Golden Hour', i.e. the time period during which the chances of recovering the money are high, can be utilized effectively. By taking prompt action, people's savings can be protected from cyber fraud. Apart from this, an action plan was prepared in a meeting with private bank officials under the chairmanship of the Director General of Police so that the bank employees and the cyber helpline team could make united efforts and take prompt action. He told that earlier in the month of August, 6064 complaints were received on the cyber helpline, by taking action on which the team saved the fraud of Rs 3 crore 78 lakh 98 thousand 420. Similarly, an additional amount of Rs 35 lakh was held in the month of September as compared to the month of August. The Director General of Police said that to stop cyber crime, it is necessary to take immediate action on the complaint received on the helpline number and send it to the nodal officers of the bank.



BHAGWANT SINGH MANN

Chief Minister, Punjab

greet people of State

on the

BIRTH ANNIVERSARY

of

MAHARAJA AGRASEN JI

The legendary king of Agroha, who stood firmly by the ideals of non-violence, peace and compassion for the welfare of mankind



Bhagwant Singh Mann

Chief Minister, Punjab

Department of Information & Public Relations, Punjab

Operation Ajay: Second flight carrying 235 Indian nationals from Israel lands in Delhi

NEW DELHI: A second flight carrying 235 Indian nationals from Tel Aviv in Israel, under Operation Ajay, landed at Indira Gandhi International Airport in New Delhi on Saturday morning. The evacuated Indian nationals were welcomed by Union Minister of State (MoS) for External Affairs, Rajkumar Ranjan Singh, at the airport. He welcomed Indian nationals with a handshake and folded hands.

People were seen hugging and embracing their families and relatives as they arrived back in New Delhi with a feeling of relief but minds full of ordeal.

As many as 447 Indian nationals, who were stranded amid the raging Israel-Hamas war have been brought back to India under 'Operation Ajay'.

Mumbai: Anti-Narcotics Cell seizes drugs worth Rs 1.18 crore; four held

MUMBAI : The Bandra Unit of Mumbai's Anti Narcotics Cell arrested four drug peddlers from the Santa Cruz area and recovered drugs worth Rs 1.18 crore from them, said Mumbai police in a press release on Saturday.

As per the release, the value of seized drugs in the international market is Rs 1.18 crore.

According to the press release, the police registered a case under the Narcotic Drugs and Psychotropic Substances (NDPS) Act against the accused and they were produced in the court where the court sent the accused to police custody. The press release mentioned that the police had received information that some people were going to come to smuggle drugs near Trumpet Sky Lounge and Club Bombay located in the Santa Cruz area, after which the police laid a trap and seized a total of 2.65 kg of drugs from the accused. Further investigation, to reveal the source from where the drugs came and the target destination of the drugs, is underway, said the official statement. Earlier this month, Mumbai police in an operation, seized drugs worth Rs 31 lakh from Mumbai's Mankhurd area.

Punjab police in joint operation with central agencies avert possible terrorist attack ahead of festive season

SHASHI PAL JAIN

CHANDIGARH: Amidst the ongoing special drive against anti-social elements in the wake of the upcoming festive season launched on the directions of Chief Minister Bhagwant Singh Mann, Punjab Police in joint operation with Central Agencies have thwarted a possible terrorist attack in the border state by busting a terrorist module backed by militant outfit Lashkar-e-Toiba (LeT) with the arrest of two operatives, said Director General of Police (DGP) Punjab Gaurav Yadav. The Terror module is being handled by Firdaus Ahmed Bhat, an active member of the Lashkar-e-Toiba. Those arrested have been identified as Uzair Ul Haq of Rahpura Khudwani in Jammu & Kashmir and Raj Mohammad Andleeb of Kherwan in Jammu & Kashmir. The Police have also recovered two Improvised Explosive Devices (IEDs), two hand grenades, one .30 bore pistol along with two magazines and 24 cartridges, eight detonators, one timer switch and four batteries from their possession.



DGP Gaurav Yadav said that following intel inputs that the Punjab border is being used by Lashkar-e-Toiba for smuggling of huge consignments of arms and explosives, and their two members are expected to retrieve the consignment in the area of Kathu Nangal, Punjab Police's SSOC wing of Amritsar in coordination with Central Agencies launched a special operation in the area and apprehended both the accused persons with the weapon consignment.

Editorial

Hamas must be eradicated, but protect Gaza's civilians

The Israeli defence forces seem all set to invade the Gaza Strip and take over Gaza City for its operation against Hamas on its deepest home turf. The biggest humanitarian crisis since Biblical times may be in the offing as around at least 1.1 million Palestinians have been asked to move south of Wadi Gaza, vacating parts of Gaza City where the Israelis will obviously go for the tunnels and the underground city that the Hamas network has built, besides taking on the terrorists of Hamas.

Already starved of water, electricity, food supplies, medicines, healthcare as well as access to cemeteries rendered unsafe by the Israeli bombing campaign running into dropping tons of heavy explosives numbering in thousands of bombs, the Palestinians are being rendered homeless in their own land.

Do they deserve to be punished in this manner — literally dehumanised — is a moral question that an Israel, stung by an attack of unprecedented ferocity and barbarity on their soil by Hamas, has no time for now. It may have been nearly universally agreed that Hamas may warrant punishment for inviting these reprisals after carrying out the daring attacks that set Israel on this path of revenge.

The exigencies of trying to extinguish the Hamas terror threat might be so compelling as to take everyone's sight off the larger question of there being no real peace for Israel or its nearest neighbours unless and until the Palestinians get a homeland much as the Jews did after the British left the territory in the wake of World War-II 75 years ago.

The calls for a ceasefire that are being heard are themselves being drowned out by the support for Israeli action despite the huge scope being created for collateral damage in terms of innocent Palestinians dying during reoccupation through an invasion and possible street fighting between the Israeli forces and Hamas. That the Palestinian Authority has not been forgotten at such a time was stressed when the US Secretary of State Antony R. Blinken met Mahmoud Abbas on his visits around Tel Aviv. The Indian response to the events beginning last weekend, was understandably heavily empathetic for the human losses, including the murder of babies shown in graphic photographs to a sceptical world by Israel, but was later expanded to say that the just cause of a homeland for the Palestinians has not been lost sight of.

Ukraine fast losing friends as no end to war is visible

Over 19 months into the war with Russia, Ukraine for the first time is sensing a weakening in support from its staunchest friends: the United States and Europe.

The unexpected war in Israel is an added complications that could distract the Western powers. The waning Western resolve could be a momentary sigh of fatigue, but if it signals a turning point then not just Ukraine but the rest of the world should be prepared for profound geopolitical repercussions.

A distinct dip in pro-Ukraine sentiments has been visible recently. A couple of weeks ago, in an unprecedented move, Republican Congressmen ousted House of Representatives Speaker Kevin McCarthy. A major issue in his removal was the funding for the Ukraine war, which is dragging on indefinitely and consuming billions of American taxpayer dollars.

The New York Times reports there has been a "sharp decline" in congressional support for continuing military aid to Ukraine: "Hard-line Republican critics have long espoused isolationist views about Ukraine's war effort, arguing that sending tens of billions of dollars to Kyiv risks dragging the United States into a head-on conflict with Russia and siphons money away from domestic challenges." It wrote that this "right-wing message is gaining momentum among Republicans".

A week earlier, a majority of Republicans had voted against a



bill seeking \$300 million to train and equip Ukrainian fighters. This was eventually passed, but the message was clear. The Republican representative from Georgia, Marjorie Taylor Greene, quoting a recent CNN poll that showed most Americans opposed continued financial support for Ukraine's war effort, told NYT this "is a very unpopular issue: not with just Republican voters, but also with Americans". Stephen Wertheim, senior fellow at the Carnegie Endowment for International Peace, wrote recently: "The Republican revolt comes as Ukraine's counter-offensive, launched this summer, has garnered lacklustre results. Russia actually gained more territory in this calendar year than Ukraine

has, despite the immense quantity of weaponry the US and Europe have supplied to Ukrainian forces. Together, these two developments mark a new phase of the war that calls for new thinking."

Mr Wertheim feels Kyiv's objective of restoring Ukraine's 1991 borders is not feasible, as this would not only require it to retake large swathes of territory under Russian control but would also require the capture of Crimea, which is critical for Russia's military strategy as it houses a key naval base.

A growing minority within the American strategic community seems to believe it's time for President Joe Biden to push for a negotiated settlement of the Ukraine

war and to press Europe to bear more of the financial burden of the war effort.

In Europe too, for the first time, there is discord over support for the Ukraine war. The most dismaying was Slovakia's move to stop military aid to Ukraine after last week's victory of an anti-Ukrainian far-right party. Slovakia's President Zuzana Caputova turned down the caretaker government's proposal for further military aid to Ukraine, saying it doesn't have the authority to do so. Another report suggests in Germany too, a far-right party, Alternative for Germany (AfD), which opposes aid to Ukraine, has seen its support growing.

Meanwhile, Poland's dispute

with Ukraine over grain exports is another complication. "We no longer transfer weapons to Ukraine because we are now arming Poland," Polish PM Mateusz Morawiecki recently declared, shocking Western leaders. This is a serious setback as Poland is Ukraine's sixth largest military aid donor. Russian leaders are of course delighted. Dmitry Peskov, the Kremlin's spokesman, commenting on the turmoil after Mr McCarthy's ouster, said it was a sign of things to come: "Fatigue over this conflict -- fatigue from the completely absurd sponsorship of the Kyiv regime -- will grow."

Russia hopes the West will eventually give up on Ukraine, especially because of the damage to their economies caused by high fuel prices, shrinking markets, ballooning Chinese imports and inflation.

But the real significance of the Ukraine war is that it's the first time since World War II that a European country was attacked. In all these decades, it's the West that has taken conflict to other nations like Afghanistan, Iraq, Libya, Syria, etc. The destruction of recalcitrant Middle East powers was one task among many; other Western objectives include the neutering of nuclear Russia and the containment of China.

Since the Soviet Union's collapse, the Western powers have been on the ascendance and have kept enlarging their sphere of military-political influence.

Literature & Health

Prolonged antacid use linked to higher dementia risk: Study

Prolonged use of antacid medicines meant to treat gastroesophageal reflux disease (GERD) and peptic ulcers is associated with a higher risk of dementia, according to a new study published in "Neurology".

The study led by Kamakshi Laxminarayan, professor of neurology at the University of Minnesota School of Public Health, studied data from over 5,700 people with the average age of 75 and found that those who consumed proton pump inhibitors (PPIs) for more than four and a half years were at 33% higher risk of developing dementia than those who did not use the medications.

Chronic PPI use has been linked to stroke, cardiovascular disease and chronic kidney disease but previous studies on the link between the PPI use and dementia have reported mixed results.

The most commonly prescribed PPIs are Prevacid, Nexium, Psilosec and Protonix. The study, however, does not name the PPIs the participants used.

It evaluated associations between the current and cumulative PPI use and the risk of incident dementia in the Atherosclerosis Risk in Communities (ARIC) Study data (data from a US population-based cohort that attended clinics over time) gathered from enrolment from 1987-89 to 2017.

The average follow-up of participants was 5.5 years. A total of 585 (10.2%) participants developed dementia during the follow-up. The authors found that the current PPI use by participants was not associated with heightened dementia risk but its prolonged use was. "In the community-based cohort we studied, participants with the long-term cumulative (>4.4 years) use of PPIs from mid-to-late life had a modestly higher risk of dementia in late life compared to nonuse. Shorter-term use in midlife, and current use in late life, were not associated with increased risk of dementia in late life," authors concluded. Experts, however, say people must guard

against anxiety. Senior gastroenterologist Rajeev Jayadevan says the "Neurology" study found that among those who took PPI, 11.6% (58 out of 497) got dementia, and among those who did not use PPIs, 9.8% (415 out of 4,222) got dementia. "The actual difference between the two groups is 1.8%. Previously, a large US study looked at 3,484 older people for 7.5 years.



Researchers develop most accurate test yet to measure biological ageing

A team of European researchers has developed a new test that can accurately measure biological ageing in a clinical setting. The new test is an epigenetic clock -- a type of biochemical assessment that looks at DNA to understand how well the body is ageing in contrast to its chronological age -- and is the first of these cutting-edge tests to be proven to perform accurately in a clinical setting, in both healthy and unhealthy tissue.

A team of European researchers has developed a new test that can accurately measure biological ageing in a clinical setting. The new test is an epigenetic clock -- a type of biochemical assessment that looks at DNA to understand how well the body is ageing in contrast to its chronological age -- and is the first of these cutting-edge tests to be proven to perform accurately in a clinical setting, in both healthy and unhealthy tissue. Epigenetic clocks have



been proposed as a 'gold standard' for measuring age accurately, beyond a person's biological age, as they are able to measure methylation tags on DNA.

The clock -- named the Glasgow-Karolinska Clock - developed by teams from University of Glasgow in the UK and the Karolinska Institutet in Sweden, while studying patients for the ageing effects of chronic kidney disease and related treatments.

"This study is the first time in a clinical setting that we can accurately report on

the extent of biological as opposed to chronological ageing in chronic kidney disease patients," said lead author Professor Paul Shiels, from the University of Glasgow.

"Our findings, using the new Glasgow-Karolinska Clock -- show that not only are these patients ageing faster than people in the general population, their accelerated ageing only slows down once they have had a transplant. Treatment with dialysis does not appear to impact this process," he added.

As Hamas goes to war with Israel, civilians in Gaza paying the price

They come in all shapes, the jelly-fish and dinosaur A trillion variant species? -- maybe more And believers say, O Bachchoo, that God made them all But only made us humans to suffer Adam's fall?"

From Kahe Ko Kiskey Waastey, by Bachchoo

Thousands die in an earthquake in north-west Afghanistan. The Taliban government are a nasty piece of work, but when they call for humanitarian aid, we hope that the world responds.

Earthquakes are "an act of God", as the insurance companies put it. My humble opinion is that it's hot lava and not God's retaliation for human sins.

After the Turkey earthquake, it was alleged that President Recep Tayyip Erdogan, through corrupt deals, allowed cronies to build houses without earthquake-protecting structures which caused hundreds of deaths. So, "act of corruption and not God?" I mean the



deaths, not the quakes... The deaths in Israel and Gaza are so, so, insanely contemporary human. Yes, the divisions that gave historical rise to them have a religious or religio-interpretive origin. The Zionist State of Israel was formed by the forcible eviction of Palestinians from their land. Today 45 per cent of the

world's Jews live in the State of Israel. The UN estimates that 4.4 million Palestinians live in the territories of the West Bank and Gaza, most of them displaced by forcible eviction from their land to give way to Zionist settlements.

Though none can dispute those facts, a few might resort to insisting that God

promised the "chosen people" that land and it is their right to drive the Philistines ("Filastene") who lived there out of it and hand it over to the Russian, German, Polish and other Jewish "settlers".

The resentment against the settlements and against the continuing policy of the governments of Benjamin Netanyahu goes deep and is indeed international, despite the governments of the United States, Britain and other countries in Europe saying they support Israel unquestioningly.

Their present statements of unquestioning support for Israel -- and Joe Biden, Rishi Sunak, Emmanuel Macron and Olaf Scholz were quick off the mark -- come in the wake of Hamas' unprecedented, surprise rocket attacks on Israel and its invasion on the ground which took the supposedly invincible Israeli defence forces by surprise.

Hamas launched its rocket attacks on Israel on Saturday, October 7. At the same time their ground fighters and, Is-

rael claims, sea-borne guerillas, crossed into Israeli territory and began slaughtering soldiers and civilians. Across the border from the Gaza Strip a music festival was being held and the Hamas troops attacked it and killed hundreds of, mostly young, festival-goers and took perhaps a hundred or more of them hostage into the Gaza Strip. In the same assault, they attacked a kibbutz near the Gaza border and slaughtered its inhabitants. The Israeli soldiers who came after the event to the kibbutz claim that the Hamas invasion left headless bodies of infants next to their cots and dozens of corpses in the houses of the settlement.

Prime Minister Benjamin Netanyahu, whose intelligence and defence forces had failed to prevent the attack, now declared that he considered this an act of war by terrorists and launched air attacks to bomb anything and everything in the Gaza Strip. Gentle reader, I am writing this on the fifth day of the "war" between Hamas and Israel. Reports of

casualties say that more than 1,200 people have died on each side and undoubtedly more will follow, with the greater number being slaughtered by bombing and a mass invasion by Israeli ground and sea forces in Gaza.

Worse still for the Strip, Israel has cordoned it off and no food, water or medical supplies can reach it, and they have bombed the electricity and water supplies already there.

All over the world demonstrations have been held on the streets of cities, supporting Israel on the one hand and Palestine (in most cases, rather than Hamas) on the other.

In Britain, Cruella, the home secretary, has declared that under the existing law Hamas has been declared a terrorist organisation and any support for it will be a crime. She has ordered the police forces of the UK to clamp down on support for Hamas and threatened protesters with fines of £5,000 and jail sentences of six months.

Chhota Chashmah, Bada dose of entertainment: Get ready for a dose of #FunKaRishta with Tapu and Daya



CHANDIGARH : Festive time is not just about lights, it's about the light-hearted moments that make the festivals truly special. So, what better way to double the fun than with 'Taaarak Mehta Kka Chhota Chashmah' tiny tales on your screens. Its time you get ready to immerse yourself in the festive spirit with the quirky and endearing characters of Gokuldham Society. From Jethalal's quick wit and hilarious escapades, to the ever – dramatic Daya Ben's iconic 'Goli Maar Bheje Mein' moments, from Tapu's mischievous antics there is going to be no shortage of laughter and love in this show. So, gather your loved ones and join us for a Diwali filled with rib-tickling humour and heartwarming connections. Let's make this festival season extra special with 'Taaarak Mehta Kka Chhota Chashmah', only on Sony YAY!. ~Experience the magic all over again starting today with Taaarak Mehta Kka Chhota Chashmah, Mondays to Fridays 5PM, only on Sony YAY!~



CHANDIGARH : In the annals of Indian history, several Prime Ministers have emerged as transformative leaders, steering their nation through pivotal moments with great vision and resolve. Their tenures were marked by a series of monumental decisions that shaped the country's destiny and propelled it to the forefront of global influence. Through strategic vision and decisive actions, these leaders etched their names in the history, leaving an indelible legacy that defined an era of unprecedented success and progress. One such prominent leader was late Atal Bihari Vajpayee. Atal Bihari Vajpayee was an influential statesman and Indians hold his legacy in high regard. &TV is set to explore the untold aspects of his childhood through its new show, 'Atal'. Produced by Euphoria Productions, the show will deep dive into the formative years of a leader who played a pivotal role in shaping India's destiny. Set against the backdrop of British colonial rule in India, the show will delve into the intricacies of Atal Bihari Vajpayee's childhood, shedding light on the incidents, beliefs, and challenges that moulded him into the leader that he was. The storyline will highlight his relationship with his mother, who deeply influenced his beliefs, values and thinking. On one hand India was facing slavery under the British rule and on the other, it was facing internal strife and division of wealth, caste, and discrimination. A dream envisioned by Atal's mother of a united India was a dream he deeply cherished. This storyline unfolds the inspiring story of Atal Bihari Vajpayee, a boy from humble beginnings who became one of India's most prominent leaders. 'Atal' coming soon only on &TV!

Shakti Pumps Transforms Aanadata into Urja data

JALANDHAR: Shakti Pumps is delighted to announce the receipt of its inaugural commercial order under the PM-KUSUM scheme Component-C from Ajmer Viduyt Vitran Nigam Limited for the total worth of Rs 149.71 Crs. This significant achievement underscores India's commitment to harnessing solar energy and fostering sustainable agricultural practices creating Aatm Nirbhar Bharat. The project involves replacing inefficient electric pump sets with BLDC Solar Pump sets, where the Pump set will run on Power Generated via Solar & surplus electricity can be sent to Grid. This benefits farmers across India by enhancing irrigation capabilities, reducing reliance on traditional energy, and providing the opportunity to earn from surplus power sales to Discoms. Shakti Pumps Chairman Dinesh Patidar said that this revolutionary action changes 'Annadata' (food providers) into 'Urja data' (energy providers). Discom would cover its pump set cost of 10 lac in 5 years by saving up to INR 2 lac in yearly energy bills, while farmers may earn up to INR 50,000 per year and up to INR 2.5 lac in 5 years by selling excess power to Discom.



NEWS

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 15, 2023

Visions Unbound: Seven day painting exhibition starts at RKG ART Gallery

AGENCY NEW DELHI: An art exhibition has been started at RKG ART Gallery, New friends colony. With the title 'Visions Unbound' this exhibition will showcase twenty paintings of the artist Navita Kaushik Wadhwa for a week. The artist has showcased different colours of various emotions such as relationship, mutual understanding, respect for each other, trust, love and attachment through her paintings. This seven days long exhibition will be held daily from 11am till 6pm. This young self taught artist is based in Delhi-NCR and started her artistic journey when she was just a ten year old girl. Navita's creations consist of a wide range of digital art, painting, photography and installation and each painting tells an interesting story. For example her painting with the title 'Peace' is all about compassion and kindness whereas another title 'Aspire to be a woman' is about celebrating financial freedom and friendship of women. Similarly some of her other titles like 'Me time' and 'Be different Live Free' also reflect self love, hope, positivity and independence. Her inspiration is a canvas of Shally Bombshell and she calls her paintings 'the celebration of colors, shapes and textures'.

Wadhwa expressed her views



about this exhibition that, " 'Visions Unbound' is all about a women's beauty in details. This exhibition will help them to understand how to look confident and comfortable with the correct outlook and accessories."

Director of Art Junction Naresh Kapuria inaugurated the exhibition as chief guest of the event. Art critic and director Qazi M Ragib along with Other eminent personalities from the art fraternity were also present at the event. Naresh Kapuria said that, " this exhibition is very important and useful for all art enthusiasts, art collectors, students of art and people who have keen interest in good art."

Celebrate Navratri by making these healthy almond based recipes

CHANDIGARH / LUDHIANA :

Navratri one of the most awaited festivals in India as its an amalgamation of dance, devotion, and vibrant colours. It is not just a festival in India but a celebration of faith, community, and tradition. Spanning nine days, the festival is marked by vibrant dances, colourful dresses, and the collective reverence of Goddess Durga. Amid the joyous celebrations, fasting remains a distinct tradition. With celebrations, come forth our sweet tooth desires that no one can deny. Don't get carried away and indulge in unhealthy sweets. Read on more to understand the interesting tactic and the healthy ingredients that we can use to treat out sweet tooth unapologetically. Almonds are quick to flavor, and pair very well with all sorts of food items. The many health benefits of almonds have been highlighted



in several Ayurveda, Unani and Siddha texts. Consuming almonds daily may help in improving hearth health and also in managing weight and type-2 diabetes. Besides that, Almonds are rich in Vitamin B2, Vitamin E, magnesium, and phosphorus. Go on and try these 2 healthy almond based recipes- ALMOND CHANNA MASALA, BAD-AMI NANKHATAI for Navratri!

Better eye health could boost Indian economy by US\$27bn (2.2trn) this World Sight Day

CHANDIGARH - Avoidable sight loss would add US\$27 billion (₹2.2 trillion) per year to India's economy, according to new research released this World Sight Day. The Love Your Eyes campaign is releasing the figures to highlight how improved eye health boosts productivity, urging business leaders to put eye health on the workplace wellbeing agenda this World Sight Day. The study, conducted by the International Agency for the Prevention of Blindness (IAPB) and Prof. Kevin Frick from Johns Hopkins, calculated the costs of avoidable sight loss among people over 50. India had the third-highest potential savings of all countries in the study.

As technology transforms the world of work, the future economy will be dominated by service industries and office-based jobs involving the prolonged use of screens. Without proper precautions, this can

lead to eye strain and negatively impact eye health. Sight loss costs the global economy US\$411 billion every year, according to the Lancet Global Health Commission on Global Eye Health. An estimated 30% of people with sight loss experience a reduction in employment, with women, people in rural communities and ethnic minority groups among the groups most affected. However, 90% of sight loss is avoidable with early detection and treatment. In India, there are currently 70 million people with visual impairment. Preventing sight loss with early detection and treatment for eye conditions like cataracts and myopia is vital to protect livelihoods and allow businesses to thrive.



Vinod Daniel, CEO of India Vision Institute says: "People from disadvantaged and rural communities lack adequate access to eye care, and are thus denied vision screenings and a pair of corrective glasses.

Favourable decision for Phonographic Performance Limited (PPL)

FEROZPUR : In a suit filed by Swaran Kumar Singla proprietor of Redsun Entertainers, the Chandigarh District court was pleased to dismiss the suit filed. Redsun Entertainers raised doubts about PPL's authority to issue licenses for the use of copyrighted sound recordings as PPL was not a registered copyright society and sought to take a blanket order to halt PPL's licensing. Redsun Entertainers, a local event management playing music in its commercial activity, took its grievances to the Chandigarh District Court. Redsun entertainers admitted using PPL's sound recording as well as acknowledged PPL's ownership to the but sought an injunction against PPL from recovering fees for usage of the copyrighted sound recordings owned by PPL, contending that it should be prevented from issuing licenses due to its lack of registration as a copyright society.

World Spine Day: Is your sleeping posture affecting your spine? Know from the expert

PATIALA : If a person is asked, more often than not, they confess that they have experienced some degree of back pain in their lives. Back pain is considered common in old age, the joints get weaker and gravity takes an effect on the spine. Surprisingly nowadays, it is common to witness young adults experiencing back aches as well as early as in their 20s.

Why does this happen? And how does sleep has an effect on it? Dr. Jaskaran Singh, Senior Consultant - Neurosurgery, Manipal Hospital, Patiala explains the reason and why it is important to know about the basic functions of the spine. The Spine has three main functions-

- 1) To protect the spinal cord, and internal organs of the body,
- 2) To provide structural support and,
- 3) To enable balance and motion in the human body.

There are 33 vertebrae joints in the human spine that are connected by cartilage. These joints help in walking, sitting, and moving. With improper exercising, improper posture, stress injuries, and negligence towards exercising, the spinal joints start to experience degeneration and pain. To roll back the effect of spinal damage- proper posture, nutrition, stretching, exercising, and rest are required. Sleeping in itself is not good enough for resting. How a person sleeps can prominently impact spine health.

There are three most common ways people sleep and this is how it affects their spine-

- 1) On their backs: The body weight falls

directly on the spine while sleeping on the back. Long-term sleeping in this way makes the spine stiff and strained. Most of the back pain experienced in the morning is caused by this pressure. To elevate excess weight off the spine, the individual can place pillows under their knees to maintain a straight posture and equally balance weight distribution. 2) On the front side: Sleeping on the stomach creates uneven pressure on the front organs of the body. Using pillows to distribute the weight while keeping the spine relatively straight is a good method to sleep comfortably. One pillow under the leg and another in front of the stomach give surface area to the body to relax completely.

3) On the sides: It is difficult to keep a straight back while sleeping on the sides. The bent knees stuck together also create an uneven sleeping posture. To help with this, place pillows between the knees. It is also recommended to put the head on one to two pillows to align the head and neck properly. This also helps to avoid any neck/ shoulder strain.

According to a study by the National Library of Medicine in 2020, sleep disturbance is associated with the risk of back pain. Improving sleep can be a deterrent against back pain. Therefore, interventions to reduce sleep disturbances can help to improve health. Apart from sleep, short-term spinal pain can be self-treated at home with exercise and therapies. If the pain is severe, sharp, or long term then it is advised to seek a doctor's help immediately.

Mundakayam hosted the first edition of the global 'Walk for Freedom' to raise awareness about human trafficking

MUNDAKAYAM: The Walk was declared open by Mrs. Shylaja Narayan, Vice President AMAMS. Speaking on the occasion, she said, " We need to raise awareness on Human Trafficking and she also explained the actions that need to be taken to render justice to the rescued victims " Certificates were distributed by Mr. V.G Harish kumar and Vice Principal Swathy K.Sivan.

At the start of the Walk participants in Mundakayam and across the nation took a pledge to do everything possible within their means to help end trafficking in their lifetimes. They then walked single file holding placards with information and statistics about human trafficking starting from and returning to Sree Sabareesa college, Murukumvayam via public roads in the vicinity. The Walk was a completely silent Walk in solidarity with voiceless victims of human trafficking. This was Mundakayam's first year participating in the Walk for Freedom, and is led by Sree Sabareesa College students in partnership with The Movement India and Kerala Association of Professional Social Workers (KAPS) 49.6 million people are caught in various



forms of modern-day slavery globally, including exploitation for sex, labour, organs, baby selling, forced marriages and domestic servitude, reports the International Labour Organisation (2022). This means that 1 in every 150 people globally are enslaved. Here in India, 8 children were trafficked every day in 2021 according to the Crime in India Report, National Crime Records Bureau (2021). In Kerala, as recently as April 2023, a baby born in Thiruvananthapuram, was sold for Rs. 3 lakh to another woman in Karamana. The baby was rescued by Childline, the Child Welfare Committee and the city police. (Deccan Herald, Kerala Kaudu)

It is in this context that the Walk for Freedom is being hosted in Mundakayam, Kerala. 4 other locations in Kerala - Kozhikode, Kottayam, Wayanad & Ettumanoor - also hosted the Walk for Freedom this morning.

About Walk for Freedom The Walk for Freedom is hosted globally by A21, an international NGO in the fight against modern-day slavery. The national organiser for the India Walks is The Movement India, a social-impact team based in Mumbai, focusing on large-scale public advocacy to prevent human trafficking. This year the Walk for Freedom was conducted in over 100 locations, across 14 States in India, on 14th October, 2023, bringing together over 25,000 participants nationwide. Quotes from the organising bodies: "We are convinced that if we do this together, if we keep showing up, if we continue to be tenacious, if we continue to have grit, if we continue to turn down to discouragement, but we turn up with strength, and numbers, and with courage, and with faith, then we can see slavery eradicated in our lifetime." – CHRISTINE CAINE Co-Founder - A21

Miraculous Tribute to Motherhood: Kartik Krishnamurthy's 'Maa Meri Maa' Brings Judge Neeti Mohan to Tears!

CHANDIGARH : After the raging success of its previous season, Zee TV's iconic singing reality show, Sa Re Ga Ma Pa has returned with a bang, featuring Himesh Reshammiya, Neeti Mohan, and Anu Malik as judges, and Aditya Narayan as the host. In the upcoming 'Family Special' episode, the audience will get to watch the talented Mohan sisters- Shakti and Mukti Mohan gracing the show as guests! In this memorable episode, Kartik Kumar Krishnamurthy, an exceptionally talented contestant hailing from Chennai who lives with autism, struggles with communication and understanding people. Simple everyday tasks can be daunting for him. However, on the stage of Sa Re Ga Ma Pa, something truly magical happened. Kartik who hadn't spoken to his mother in 27 years due to his inability to speak, found a way to express his love and emotions to her through his first original song, 'Maa Meri Maa.' It's a moment that will leave you with tears in your eyes and a song in your heart! This touching composition is a tribute to his unwavering source of strength—his mother. Crafted by the talented composer Rathijit Bhattacharjee and beautifully penned by Ravikesh Vatsa, 'Maa Meri Maa' transcends mere music; it's a profound message from Kartik to his mother, conveyed through the power of song.



Tom Hiddleston shares what excites him about Loki, watch the all-new season of the Marvel Studios series on Disney+ Hotstar on October 6

CHANDIGARH : New adventures await Marvel Studios fans with the upcoming new season of Loki. After the stellar success of season 1, the God of Mischief is back with an all-new quest to uncover new secrets of the TVA and those that control it. Giving fans a glimpse of the journey so far, Disney+ Hotstar shared two new featurettes with beloved star Tom Hiddleston and executive producers Kevin R. Wright and Kevin Feige, highlighting how the Original live-action series has taken over fans. Loki Season 2 premieres exclusively on Disney+ Hotstar on October 6 in Hindi, English, Tamil and Telugu, with new episodes each week. Sharing what excites him the most about Loki, Tom Hiddleston said, "What I like about playing Loki is he plays all the keys on the piano. He could be fun comedic but also volatile and angry." In the second featurette, Disney+ Hotstar provides a Season 1 refresher to viewers as it recaps how Loki and Agent Mobius locked horns with the TVA to go on a journey of suspense and secrets regarding variants and the flow of time in the Multiverse. Excited to take the story further, Tom Hiddleston added, "I am excited to be back. Back at the TVA, back with this amazing team. We get to go further and take bigger risks to create this endlessly fascinating box of tricks.



Riding the growth wave: BMW Group India records best-ever year to date performance for all brands – BMW, MINI and BMW Motorrad

CHANDIGARH . After posting the best-ever half-year in 2023, BMW Group India continues the success story by posting the best-ever year to date sales (January – September) – for all three brands – BMW, MINI and BMW Motorrad. In the first nine months, 9,580 cars (BMW and MINI) and 6,778 motorcycles (BMW Motorrad) have been delivered. BMW sold 8,998 units and MINI 582 units. Mr. Vikram Pawah, President, BMW Group India said, "BMW Group India is on an unstoppable record-breaking path. We posted the highest growth in a decade last year and this trend continues in 2023 by first posting the best-ever half-year and now the best-ever January - September sales as well. Our business strategy is playing out well and there are many important factors driving success for us. Most importantly, we are achieving growth across segments in a healthy, balanced and profitable manner. Whether it is the top-end or entry-level, BEV dominance or SAV popularity, our segment-specific strategies and tremendous customer connect are yielding excellent results. We will keep the excitement up with powerful launches from our stable and are dedicatedly focused on ending 2023 on a high note."



NEWS AT A GLANCE

Ashish Mittal Foundation organised free camp of physiotherapy



MOHALI: Ashish Mittal Foundation organised a free camp of physiotherapy for residents of Village Mubarakpur and other local villages. The camp was organized in association with Chitkara University. Ashish Mittal, Chairman, AMF said that we keep organizing such health camps from time to time, it benefits people a lot. With this they can keep their health better. Our organization also provides ration to widows every month.

2 arrested in two separate cases of dowry harassment

RAMAN GUPTA KAITHAL: Victim's husband Kalayat resident Balkar was arrested by Lady Head Constable Seema of Mahila Police Station on charges of assaulting and torturing the daughter of a village under Rajound police station for dowry. Was arrested. According to the complaint given by the victim to the police, the victim was married to the above mentioned Balkar on March 15, 2020. The complainant's family members had given dowry as per her status in her marriage, but her in-laws were not happy with the dowry and after her marriage, her in-laws started torturing her physically and mentally, demanding dowry. On the complaint of the victim, a case was registered under various sections in the women's police station. In the second case, the victim's husband, Sanjeev Kumar, resident of Sikandar Khedi village, was arrested by ASI Randeep Singh of Pundri police station on the charges of torturing and assaulting a daughter of a village under police station Pundri for dowry. According to the complaint given by the victim to the police, the victim was married to Sanjeev above on 23 September 2017. The complainant's family members had donated dowry as per her status in her marriage but her in-laws were not happy with that donated dowry and And after marriage, her in-laws started torturing her physically and mentally, demanding dowry. On the complaint of the victim, a case was registered under various sections in Pundri police station. Further action is being taken against both the accused as per rules.

Pawanpreet Singh Muggowal becomes judge



DALJEET AJNOHA HOSHIARPUR: In the results declared by Punjab Judicial Service, Pawanpreet Singh resident of village Muggowal has brought glory to the area Mahipur and district Hoshiarpur by passing the judge's examination. His father Nirmal Singh Muggowal and mother Paramjeet Kaur are proud of him for this achievement. Pawanpreet Singh Muggowal told that he has achieved this success in the very first attempt. He said that his parents, relatives, teachers, friends and respected colleagues who gave their blessings have a special contribution in his success. He said that every person can reach any destination with his determination and concentration of mind.

Anything is achievable with persistent effort, determination: Yogi

AGENCY
LUCKNOW, OCT 14

Uttar Pradesh Chief Minister Yogi Adityanath on Saturday said that In Indian tradition three significant aspects of the Goddess, representing truth, knowledge, and happiness, are revered out of her nine forms.

Addressing a felicitation function organised at Lok Bhawan as a part of Mission Shakti campaign, the CM said, "In today's event, held a day before Navratri, special guests Padma Shri Hema Prabha Sotia, Indian Space Research Organisation (ISRO) scientist Ritu Karidhal Srivastava and HCL chairperson Roshni Nadar Malhotra are being felicitated, symbolising these three goddess-like qualities." He said, "Their presence in the event epitomises women's empowerment and



underscores the belief that with persistent effort, anything is achievable." Women who have made extraordinary contributions in diverse fields were felicitated during the event. The CM commenced the event by presenting mementos to the three distinguished women guests on the stage. He emphasised the inspiring presence of ISRO scientist

Karidhal Srivastava, a daughter of Lucknow, during the event. He highlighted that her success underscores the notion that nothing is unattainable and it's just a matter of effort and determination. Yogi pointed out that Padma Shri Hema Prabha Sotia, dedicated to connecting the North and the South, communicated her message in Assamese, demonstrating that

language should not be a barrier to expressing our feelings. "Her dedication to handicrafts showcased empowerment," he said. Lauding HCL Chairperson Roshni Nadar Malhotra for her significant contributions to the industry and through social work, he said, "Her success shows abundant possibilities across various fields, emphasising the importance of timely choices and dedicated pursuits," he said.

The CM highlighted the government's initiative, Mission Shakti, which commenced in 2020, to ensure safety, dignity, and self-reliance of women. He pointed towards substantial increase in recruitment of women in the UP police, reaching 40,000 from the initial 10,000 women personnel between 1947 to 2017.

Don't become part of petty political exercise staged by AAP to cover its failures in defending Pb's interests on SYL in SC: Majithia tells MLAs



BUREAU
MAJITHIA, OCT 14

Senior Shiromani Akali Dal (SAD) leader Bikram Singh Majithia today said the forthcoming two day assembly session called by the Aam Aadmi Party (AAP) government to discuss the Sutlej Yamuna Link (SYL) canal issue had been rendered infructuous with it being declared illegal by the State Governor and appealed to legislators not to become part of a petty political exercise being staged by AAP to cover its failure in defending Punjab's interests on SYL in the Supreme Court. Talking to newsmen here, the

former minister said "the forthcoming assembly session will not achieve anything. Even if any resolution or any other business is conducted vis a vis the SYL canal it will not have any legal sanctity. It is clear that the session is only being called to utilize AAP's brute majority to defame and vilify the Shiromani Akali Dal which is committed to safeguarding the river water interests of Punjab at all cost". Mr Bikram Majithia pointed out that bills passed in the last Vidhan Sabha had also not been signed by the Governor due to procedural lapses in summoning the House as well as conduct of business.

Threat to Hindu civilians is grave: Panun Kashmir

JAMMU, OCT 14

Panun Kashmir on Saturday said that the threat to Hindu civilians particularly in Kashmir and terrorist infested areas of Jammu is grave. "It is our considered view that GoI should brace itself up to possible escalation in Pan Islamic Terrorism in Jammu and Kashmir in the near future," Dr Ajay Chungoo, Chairman, Panun Kashmir flanked by other members told reporters here at a press conference at Press Club of Jammu on Saturday.

He said that Hamas Attack on Israel has the potential of galvanizing genocidal Jihadist terrorism in Jammu and Kashmir. "The recent terrorist attacks in Kashmir and Jammu have demonstrated that Jihadist terrorism is far from having been vanquished and has actually become far more sophisticated in its military expertise," he added.

The Panun Kashmir leader stated that underplaying or undermining the terror threat will lead to grave implications. "Having keenly observed the ideological and strategic content of Jihad terrorism in the region of India and Pakistan we want to emphatically state that terrorists operating in this region have time and again shown no mercy for targeting civilians. In fact civilians have been the frontal target of terrorist blackmail," said the leader.

Hevsaid that this fact makes the Hindus in Kashmir including the tourists from rest of India going there most vulnerable.

Saving young generation from drugs need of hour: Romesh Mahajan

VERMA
GURDASPUR, OCT 14

Advocate K. K Malhi , District Court Gurdaspur in compliance with the direction of Sh Rajinder Aggarwal, Honourable District and Session Judge Gurdaspur and Sh. Sumit Bhalla, DLSA cum CJM Gurdaspur delivered very impressive lecture on drug addiction while addressing the youngsters getting treatment at Red Cross Drug De Addiction Centre Gurdaspur, he stressed the need to curb fast growing addiction amongst the youngsters . As per UNSEF report published in the tribune 6.07Lac children aged 10-17 years in Punjab are indulged in addiction which is quite alarming . He also advised them to leave addiction and serve the humanity after becoming



drug free they should persuade other colleagues involved either in drug peddling or taking addiction to make themselves drug free by getting free treatment in this Centre where there is a homely atmosphere and every facilities for their comfortable stay like multipurpose gym, well stocked library , cinema hall , computer training Centre and free food, free medicines and indoor games .Romesh Mahajan , Project

Director also addressed the gathering and took a pledge from them not to touch any kind of addiction in their lives as it spoils not only their health but also their reputation. He stressed that if we really want Punjab State to be drug free we have all to unitedly fight against addiction as we did during terrorism. I am thankful to team judiciary especially Honourable District and Session Judge to fight against drug addiction.

Blood donation camp will be organized on Oct 17th on the occasion of CM Mann's birthday

VERMA
GURDASPUR, OCT 14

On the occasion of the birthday of Punjab Chief Minister S. Bhagwant Singh Mann, a special blood donation camp will be organized by the Aam Aadmi Party on Tuesday, 17th October at Civil Hospital Pathankot. Today, Aam Aadmi Party District Head Amit Singh Mantu, AAP leader Sameer Sharda State Awardee visited Civil Hospital Pathankot along with the team regarding the preparations for the blood donation camp. On this occasion SMO accompanied him. Dr. Sunil Chand, AAP leader Surindra Rahi, Deep Mehra, Deepak Sharma, Rajesh Sharma specially participated. Giving information regarding the camp, District Head Amit Mantu said that the birthday of Harman Pyare Chief Minister of Punjab, S. Bhagwant Singh Mann is coming on 17th October and on the occasion of the birthday of their beloved leader, volunteers of all the three assemblies in Pathankot district are donating blood on that day. The Chief



Minister will congratulate Mann and wish him a long life. He said that Aam Aadmi Party is organizing this blood donation camp in Civil Hospital Pathankot in collaboration with the hospital management, hence today our team took stock of the preparations of the camp. He said that hundreds of volunteers will donate blood voluntarily in this blood donation camp. There is immense enthusiasm among the volunteers of Pathankot district regarding this camp. At the same time, AAP leader Sameer Sharda appealed to the people, especially the youth, to come forward and make their valuable contribution in this noble cause by donating blood because due to the dengue outbreak.

Musical tribute to Dr. Saryu Kalekar by Pracheen Kala Kendra

CHANDIGARH: Pracheen Kala Kendra organised a special musical evening on the occasion of the 90th birth anniversary of Dr. Saryu Kalekar, a renowned guru of the Rampur Sadarang Sangeet tradition and a well known classical Vocalist. In which a heartfelt tribute was given by her disciple Mrs. Vinita Gupta. The program was held in the M.L. Koser auditorium of the Kendra from 6:30 pm onwards. In this program, first of all Prof. Saubhagya Vardhan gave his emotional tribute on the musical journey of Guru Saryu Kalekar ji. After this, Registrar of the Kendra Guru Shobha Koser also shared some moments from the life of Dr. Saryu Kalekar. Mrs. Vinita started the program with Raga Kedar with traditional Aalap followed by a beautiful Bandish set to vilambit taal with bols "Gaaye Bajaye Kahungi Sanchi". After this, Drut Taal Ek Taal Bandish "Payan Ki Dhuri Jani Rakhiye Gusain Mohe" which was also based on Raag Kedar was presented by her . With her melodious and melodic voice, Dr.Vinita presented the next rendering with specialty of her singing style with teen taal rhythmic composition "Mile Din Raien Hari Naam Lijiye" in Raga Puriya Dhanashree. After this she presented Tarana followed by a beautiful composition set to Raga Mishra Khamaj. Its lyrics were 'Gajanan thumki nirat karat, manjeer khin khin baje run jhun' which was well received by the audience. At the end of the program, she concluded with an invocatory piece , a divine bhajan written by Swami Ramtirtha ji and composed by Guru Saryu Kalekar. The lyrics of this bhajan were "ye sehar kya hai ajab anokha". She was finely accompanied by prominent harmonium exponent Mrs. Paromita Mukherjee on harmonium and city based tabla player Mahmood Khan on tabla . At the end of the program,Kendra's Registrar Guru Shobha Koser and Secretary Mr. Sajal Koser honored the artists.

Cabinet Minister echoes CM Mann's strong stance against drugs



RAWEL BHINDER
PATIALA, OCT 14

To create a drug-free Punjab, Patiala's Civil and Police Administration, in a unique initiative, organized a Drug-Free Punjab Rally with the support of the Young Progressive Sikh Forum. Chetan Singh Jouramajra, Minister of Information and Public Relations, Punjab, along with MLA Ajitpal Singh Kohli, ADGP Mukhwinder Singh Chhina, Deputy Commissioner Sakshi Sawhney, S.S.P. Varun Sharma, and Dr. Prabhleen Singh, jointly flagged off this bustling rally from the polo ground. During this event, Cabinet Minister Chetan Singh Jouramajra conveyed Chief Minister Bhagwant Singh Mann's resolute stance against drugs, emphasizing that action will be taken against those who support drug traffickers or facilitate bail for those involved in the illicit drug trade. He affirmed the Punjab government's unwavering commitment to safeguarding the state's youth from the clutches of drugs, and vowed that individuals linked to political figures who support drug traffickers will not be spared.

Beware of fraud being done on social media and in the name of Chief Minister Child Service Scheme, be alert: DC

KARANPREET KARAN
BARNALA, OCT 14

'Deputy Commissioner Barnala Poonamdeep Kaur said that for several days the message in the name of Mukhmantri Bal Seva Yojana is being viral on social media and groups, which is wrong. Giving more information, he said that it is written in this message that if one of the parents of the child has died and the age of the children is less than 18 years, then two children of such families will be given shelter under the Chief Minister Child Service Scheme. Rs 2500/- will be given per month. Also, it is written about informing as



many people as possible about its benefits and filling the form and submitting it to the office of the District Child Protection Unit/District Probation Officer, which is a completely false rumor. He said that the said scheme is related to the state of Uttar Pradesh. The message which was viral in English language in Uttar Pradesh, has

been translated by someone in Punjabi and has made it viral in Punjab due to which the people of Punjab are becoming victims of fraud. He told that under Mission Vatsalya Scheme, District Child Protection Unit, Barnala, children aged 0 to 18 years are given financial benefit of Rs 4000 per month under sponsorship scheme, which has different conditions. Sponsorship and foster care under the chairmanship of Deputy Commissioner, Barnala. In the district, children aged 0 to 18 years, whose mother is widowed/divorced or children who have been abandoned by the family, whose parents are suffering

from a life-threatening/ dangerous disease, whose parents are financially and physically incapable, are approved by the Approval Committee. Are unable to take care of children, children in need of care and protection as per JJ Act, 2015 such as homeless, victim of natural disaster, child labour, victim of child marriage, affected by trafficking, disabled, or those children Those living on the streets, children who are victims of abuse or exploitation, children affected by HIV/AIDS, P.M. Children covered under Care for Children Scheme can avail the benefits of this scheme.

AMRIK SINGH
AMRITSAR, OCT 14

Sri Guru Ram Das University of Health Sciences, Sri Amritsar hosted 11th International Live Surgical Conference "Laryngology Summit 2023" with great enthusiasm and hospitality. Dr. Guri Sandhu, Consultant Otolaryngologist, Adult and Pediatric ENT Specialist in London was the Chief Guest on this occasion. This Summit had 300 ENT doctors from all over India who gathered at SGRD to visualize live surgeries demonstrated by the renowned Otolaryngologists from across the World and had one-to-one interaction



with the operating faculty. The conference emphasised on the study of diseases of the ear, nose and throat and the latest advancement in Otorhinolaryngology. The conference also aims to gather the most elegant Societies and Industries along with the renowned and honourable persons form top

Universities across the globe.

While talking about the feat, Dr Guri Sandhu said, it was matter of honour and privilege to be part of this International Summit. He said the live surgeries are exciting and real-time way of training where the surgeons can witness the masters at work. He said the field of

Otolaryngology is evolving every year and therefore it is important to be updated with the advances, so that the best quality care can be given to patients and such platforms are essential to train the next generation surgeons. He said that the best of the Otolaryngologists participated in this event and the expertise and lessons given by them will prove to be invaluable to masses. He applauded Dr. A P Singh, Dean, SGRD University of Health Sciences for his efforts in being a great leader and providing the latest technology for the patients, program and encouraging medical education.

Navneet cracks, PCS Judicial Exam in 1st attempt

SUMER GARG
CHANDIGARH: Patiala born, Navneet Kaur, daughter of Gurmeet Singh Bagri has secured the post of Judicial officer as per the results announced by the Punjab Public Service Commission. She did her primary schooling from Sri Dashmesh Public School Model Town, Patiala, 12th from DAV, School, Patiala, cleared her CLAT test, completed her LLB and LLM from Rajiv Gandhi National Law University, Patiala. After doing this, she has cracked the PCS Judicial Exam, in the first attempt by working hard. Navneet Kaur's father is working as SDO, Punjab State Power Corporation Limited and mother is a housewife.

Workshop on 'IAPT RC-02' conducted at RR Bawa DAV College for Girls



VERMA
BATALA: Under the stewardship of Dr.Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala and under the guidance of Mrs. EktaBhandari (Program Coordinator), a workshop on Indian Association of Physics Teachers (IAPT RC-02) was organized in the college premises. At this juncture, Dr.Jaswinder Singh (PresidentIAPT, Punjab, J & K and Ladakh) graced the occasion as the Keynote Speaker,Mr. Gurvinder Singh (DM Science)was the Guest of Honour and National Executive member of IAPTRC-02,Dr.MeenakshiSoyaljoined as resource person. On this occasion, Principal Dr.EktaKhosla formally welcomed the guests with green planters and souvenirs. The ceremony started withJyotiPrajvalan. While addressing the students on this occasion, Principal, Dr.Ekta Khosla stated that the Physics, being the basis of Modern Technology, is used in all types of Modern Research and Development, so the experience of this workshop will be beneficial for all participants. Dr.MeenakshiSoyalalso shared her views on Time Management as it helps to prioritise and increase the productivity.

Ahmadiyya Muslim Community extends its deepest sympathies and prayers to all bereaved

VERMA
GURDASPUR: "Over the past few days, hundreds of Israelis and Palestinians, including women, children and the elderly, have been killed or injured as a result of senseless violence and bloodshed. The killing or harming of innocent civilians is a direct violation of the teachings of the Holy Prophet of Islam (peace and blessings be upon him), who taught that even in a state of warfare, no woman, child or elder should be targeted or harmed in any way. Nor should any religious leader or place of worship be attacked. The Ahmadiyya Muslim Community extends its deepest sympathies and prayers to all those who have been left bereaved or affected in any way. Our hearts go out to them all. We pray and urge for an immediate end to hostilities and for peace to prevail so that no more lives are lost. For that, it is necessary that the channels of communication between relevant parties and nations remain open. Until a ceasefire occurs, any military action taken must ensure that civilians do not come to any harm. Furthermore, Muslim countries within the region should unite in an effort to establish peace and to ensure that the rights of those innocent Palestinian people, who have no link with extremists, are protected. We urge the United States and other influential nations to abstain from any actions or statements that may further inflame the volatile situation. Instead, alongside the relevant international organisations, they should make every possible effort to urgently de-escalate the conflict and secure peace as soon as possible.

PUNJAB

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 15, 2023

State to increase renewable energy share to 30% by 2030 : Arora

SUMER GARG
CHANDIGARH, OCT 14

With an aim to discuss potential of investment in Industries & MSMEs related to Energy Efficiency projects, Punjab new & renewable energy sources minister, Mr. Aman Arora yesterday inaugurated a one-day conference-cum-exhibition 'Investment Bazaar for Energy Efficiency' organized by Punjab Energy Development Agency(PEDA). Representatives from Industries, Financial Institutions, Banks, Designated Consumers, MSMEs, Equipment Manufacturers(EMs) and Energy Auditors attended the workshop.

While addressing the conference, Mr. Aman Arora said that the state has been working proactively to increase the renewable energy share to 30% by 2030 through the Punjab Vision Document 2030 strategy. Currently, the share stand-



ing at 15%. The vision not only focuses on the energy generation side, but also stresses the need for demand side interventions across various sectors. He also emphasized upon the importance of energy efficiency & implementation of new and innovative energy efficient technologies in Industries & MSME in the State.

While focusing on the investment potential in Industries & MSMEs which can enhance the infrastructure at the state level, the Cabinet Minister said that energy is slowly transitioning to demand driven rather than supply driven. He underlined the need to bridge the communication and knowledge gap between project implementers

and funding agencies for the implementation of energy efficient activities in Industries & MSMEs. He also stressed upon the dynamics of industry, transport, buildings and agriculture sectors, which are bringing new opportunities. CEO, PEDA, Dr. Amarpal Singh said that Punjab is now being considered to play a leading role in the energy transition in India by deployment of clean and low-carbon solutions and also to fulfill renewable purchase obligations.

The shifting patterns would push the state to redefine the way the energy sector operates on a day-to-day basis through utilizing higher cleaner and low-carbon power generation, providing low-carbon heating and cooling for domestic and commercial demand sectors, clean cooking fuels, increasing energy access to rural areas, modernizing agriculture practices amongst others.

Dr Sharma conferred with Global Ambassador of Education Excellence Award



NABHA (RAKESH JINDAL): In a function "Education & Socio-Economic Development & Presentation of Awards2023" organised at the Indian Society of International Law, New Delhi. Headmaster Dr DC Sharma was given "Global Ambassador of Education Excellence Award" and a Certificate of Excellence by Indian Solidarity Council, New Delh

Arvind Singh resident of Dashmesh Nagar Kharar, becomes Civil Judge



SHASHI PAL JAIN
KHARAR, OCT 14

Arvind Singh, who lives in Dashmesh Nagar of Kharar, has become a Civil Judge after passing the PCS Judicial Examination. His father Jar-nail Singh retired as Superintendent from Chandigarh Administration and mother also retired from Chandigarh Administration as Junior Assistant.

They have been living here since 2012. With Arvind Singh becoming a judge, his relatives and Mohalla residents went to his residence to congratulate him. He received his primary education from Sishu Niketan Public School, Sector 43, Chandigarh and +2 from Model Senior School, Sector 35. He holds a B.Com LLB degree from Panjab University, Chandigarh. He got the guidance from Anil Khanna IPS retired for this examination. Talking to journalists today, he said that he had a wish from the beginning that he would become a judge by working hard. He said that education has a lot of importance in its place in today's time and by working hard, a person can achieve a great position.

CRPF women motor bikers expedition's facilitation at Lamrin Tech Skills University turned into festival



HOSHIARPUR (DALJEET AJNOHA): In the series of events, It was another memorable day for the fraternity of Lamrin Tech Skills University, Punjab when felicitation ceremony of the "Yashasvini" all women motorcycle Expedition 2023 turned into a festival. All participants of CRPF and their officers under the theme "Bet Bachao, Beti Padhao" reached at university campus in SBS Nagar of Punjab which was flagged off from Srinagar (J & K) under the Government of India's Initiative to celebrate birth anniversary of Sardar Vallabh Bhai Patel.

Dr. Sandeep Singh Kaura Chancellor and Adviser NSDC Govt. of India in his presidential remarks stated that "Yashasvini" All Bikers Women Expedition symbolizes the unity and strength of the women of India and spread awareness on treasuring the girl child. These women bikers carry the important social message of "Bet Bachao - Beti Padhao" for creating a brand identity and ownership of the campaign across the nation. Dr Kaura further said that LTSU is also on the mission to empowering the girls students /women by skilling them in lines with campaign initiated by Govt of India. He also felicitated the all women bikers and other officials of the CRPF. Sh. Jasbir Singh Sandhu , IGP North West Sector Chandigarh, and Mrs. Kamal Sisodia, Commandant 13th Battalion CRPF, were present as a guest of honour during the event.

RamLeela starts in Kharar at two places



SHASHI PAL JAIN
KHARAR, OCT 14

Ramlila has started at two places last night at Kharar. The Ram Leela started by the Sri Ram Leela Dramatic Club near the police station was inaugurated by Cabinet Minister Anmol Gagan's father Jodha Singh Mann.

He lauded the club on this occasion and announced a grant of Rs 1 lakh from the discretionary fund of Cabinet Minister Anmol Gagan Mann. On this occasion Club President Shiv Charan Pinky, Chairman Advocate Tara Chand Gupta talked in detail about the activities of, this club and said that the club has been organizing Ram Leela in Kharar for



the last many decades. On this occasion, Jodha Singh Mann and Market Committee Chairman Hakam Singh were specially honoured.

Among others Varinder Bhama, Hargopal Verma, Praveen Karwal, Pankaj Chadha and Sham Sundar Lamba, Rajveer Singh Raji, Navdeep Singh Babbu, Amandeep Singh Aman were also present. Similarly, Ramlila was inaugurated by Akali Dal Constituency In-

charge Ranjit Singh Gill at Dueshara Ground Kharar which has been organized by Sri Ramlila Club Dussehara Ground. He announced a donation of 1 lakh 1000 rupees for this club. On this occasion, apart from others, Jitendra Gupta Rinku, Natarajan Kaushal Advocate, Kamal Kishore Sharma Counselor, Bhupinder Singh Kala and other members of the club were present.

'Ma Boli Lehar, Pind Pind Shahr' starts from Mangwal : DC

SUMER GARG
SANGRUR, OCT 13



Government high school Mangwal today has organized a function, under the banner 'a special campaign 'Ma Boli Lehar, Pind Pind Shahr', Deputy Commissioner(DC), Sangrur, Jitendra Jorwal joined this function as a chief guest.

On the occasion, DC said, "There should be no hesitation or shame in reading, speaking and writing our mother tongue Punjabi, but we should be proud of being Punjabi and contribute actively to its spread and promotion while developing a popular movement in favor of the Punjabi language". The DC further said that under the leader-

ship of Chief Minister, Bhagwant Singh Mann, the Punjab government is taking continuous concrete steps to ensure the spread of the mother tongue in the state, in which the students as well as all the citizens should actively contribute, DC, while urging to the parents of the students said that it is the duty of all of us

to provide such a constructive environment to the children at home that though they obtain the knowledge of other languages ??as well as yet not to forget to respect their mother tongue Punjabi and at homes, offices. Punjabi is the spoken language in commercial institutions as well should be given priority. Beside the others, Additional Deputy Commissioner(D), Varjit Walia; AAP senior leader, Mandeep Singh Lakheval; Head Teacher Mangwal, Jagtar Singh Sandhu; DSP, Manoj Gors; Immigration Advisor, Pankaj Sethi; Sanjeev Bansal MD Koppel Group; Dr. Iqbal Singh along with the heads of various schools.

People can get fards through home delivery with very easy process: Jimpa

SHASHI PAL JAIN
CHANDIGARH, OCT 14

In another remarkable decision to bring far more efficiency and check the pilferage of state revenue, Chief Minister Bhagwant Singh Maan gave his nod to start online services of Revenue Department to facilitate the general public.

Some of the services for which people had to visit government offices earlier, can now be availed online at home. Revenue Minister Bram Shanker Jimpa said that the Punjab government led by Chief Minister Bhagwant Singh Mann is implementing anti-corruption policies from day one.

He said that in the past, the common people were very unhappy with the working of the revenue department, but from last one and a half years, people are getting smooth and good services. He said that earlier people had to go to the government office to get Fard, but now people can get the Fard at door step/on email. By clicking "ONLINE REQUEST FOR



FARD" on website <https://jamabandi.punjab.gov.in>, the copy of fard is being delivered to public across the country/on email.

The government fee for this work is Rs. 20 per page and a Facilitation Fee of Rs. 5 per page would be charged. Apart from this, a fee of Rs. 100 would be charged if the Fard is to be delivered within state and Rs. 200 for outside state. If a person wants to get copy of fard by email,

then Rs. 50 would be charged separately. The fee can be deposited online. Maximum time of delivery of Fard by courier service only is 7 days and by Email only is 3 days, Jimpa said that most of the people who come to the registrar/sub registrar offices are either taking fards or buying stamp papers worth Rs. 100-200 only. He said that Chief Minister Bhagwant Singh Maan gave his nod for abolishing the physical stamp papers.

The stamp paper of any denomination can now be obtained via e-stamp. The citizens can generate the e-stamp paper of denomination below Rs. 500/- themselves through online portal i.e. www.shcile-stamp.com. He further said that it will help in avoiding harassment of general public in getting the stamp paper adding that this step will also help in curbing the stamp paper-linked frauds.

Jimpa said that many citizens are still hesitating to take the online services of the Revenue Department, but now a large-scale campaign is being started to make people aware of it.

International Day of Older Persons celebrated at MCM



CHANDIGARH: The Sustainable Practices Committee of Mehr Chand Mahajan DAV College for Women, Sector 36-A, Chandigarh organized HAMARE APNE - a visit to Senior Citizen Home, Sector 15-D, Chandigarh, on the occasion of "International Day of Older Persons" which is celebrated worldwide on 1st October. Around 20 students along with teachers visited the old age home. All the students enthusiastically initiated interactions with the elderly. The elderly shared fascinating stories and experiences with the students.

An activity involving taking hand prints of the elderly on a canvas as memorabilia was also arranged. Fun and engaging activities were planned by the Committee including dance, singing, and poetry. Alumnae of the college also participated in the activity and expressed their commitment to be associated with such activities in the future. Co-convenor of the Committee Dr Gurvinder Kaur facilitated an understanding of the value of 'caring for the elders as an essential and natural component of social sustainability'.

Ludhiana rural police conducts meeting with families of martyrs

SUKH NAHAR
JAGRAON, OCT 14

District Ludhiana rural police led by SSP Navneet Singh Bains conducted a meeting with family members of martyr police cops in order to listen to their problems and concerns. SP Manwinderbir Singh himself approached individual families and had heartfelt conversations with them.

He issued immediate instructions to concerned authorities to solve the problems faced by the families of martyrs. On the behalf of martyr families Kulwant Singh Sahota demanded toll plaza to be made free for them, to increase cash amount given to them as Di-



wali gift and to provide equal financial help to all the families of cops who lost their lives during "black days".

SP Manwinderbir Singh assured that they shall let higher authorities know about their demands.

He also promised that the entire police department is present in their service

and all their grievances shall be addressed at preference. He also instructed all police station incharges to ensure that due respect is given to families of martyrs in case they approach police officials. The families of martyrs thanked officials for listening to their problems and making genuine efforts in eliminating the issues.

Saving young generation from drugs need of hour: Romesh Mahajan

VERMA
GURDASPUR, OCT 14

Advocate K. K Malhi , District Court Gurdaspur in compliance with the direction of Sh Rajinder Aggarwal, Honourable District and Session Judge Gurdaspur and Sh. Sumit Bhalla, DLSA com CJM Gurdaspur delivered very impressive lecture on drug addiction while addressing the youngsters getting treatment at Red Cross Drug De Addiction Centre Gurdaspur, he stressed the need to curb fast growing addiction amongst the youngsters . As per UNSEF report published in the tribune 6.07Lac children aged 10-17 years in Punjab are indulged in addiction which is quite alarming .



He also advised them to leave addiction and serve the humanity after becoming drug free they should persuade other colleagues involved either in drug peddling or taking addiction to make themselves drug free by getting free treatment in this Centre where there is a homely atmosphere and every facilities for their comfortable stay like multipurpose gym, well stocked library, cinema hall and computer training Centre and

free food, free medicines and indoor games. Romesh Mahajan , Project Director also addressed the gathering and took a pledge from them not to touch any kind of addiction in their lives as it spoils not only their health but also their reputation.

He stressed that if we really want Punjab State to be drug free we have all to unitedly fight against addiction as we did during terrorism.

Shakti Pumps receives another Patent

CHANDIGARH: Shakti Pumps (India) has received a patent for inventing “ADA CONVERSION BASED CONTACTOR LESS SOFT STARTER”. The Patent Office, Government of India, has awarded Shakti Pumps this patent, fully adhering to the provisions set forth in the Patents Act of 1970. This patent is set to maintain its validity for duration of 20 years, commencing from the date of filing. This is the 5TH Patent that the company has secured, while also having submitted 25 Patent applications, spanning both domestic and international jurisdictions. Motor Starter, a cutting-edge IOT device that uses a special technology to provide an incredibly smooth motor start and stop. With the ability to lengthen the starting time up to one minute, this technology offers a soft start together with the advantages of improved starting torque, a jerk-free start, the elimination of inrush current and precise control. Due to its adaptability, it is a smart choice for applications in the any motor, industrial installations, and conveyor belt systems sectors. Due to its jerk-free starting and stopping qualities, which increase mechanical durability and extend motor insulation life, this starter is also a top contender for line start Permanent Magnet Synchronous Motors (PMSMs). This is a retrofit solution for induction machine. Starters, with their motor protection features, inrush current management, and safety provisions, are indispensable for maintaining the reliability of electric motors. Sharing his views on this vital development, Mr. Dinesh Patidar, Chairman, said that customers can use this system remotely via Mobile which can reduce the need for physical presence. For Discom the soft starter would not only reduce stress on the motor and extend its life but also prolong the life of the entire system, including cables, transformers, and other electrical and mechanical components in the transmission system.

Government completely failed in providing equipment to farmers: Inderjit Goraya



SHIV KUMAR SHARMA KARNAL: State Congress Committee representative Inderjit Singh Goraya accused the government of unnecessarily harassing the farmers in the name of stubble burning. Goraya said that immediately after the harvesting of cummin seeds, the next crop is harvested in a very short time. sowing has to be done At present, farmers do not have enough resources and machinery to immediately collect the stubble and vacate their fields, hence they are forced to burn crop residues. The government is giving equipment only to selected people in the name of subsidy, which is not sufficient. Instead of understanding the seriousness of this problem, the government is bent on a dictatorial attitude. Farmers are being intimidated by citing huge challans and fines, which is not the solution to the problem. Inderjit Goraya said that the solution to this problem is not in fines or heavy fines, rather the government should provide the farmers with the scientific method and low cost equipment to dispose of the stubble in the field and should give more incentives to the farmers for not burning the stubble.

Krishnajit and Trilochan Singh honours Shandilya

SHIV KUMAR SHARMA AMBALA: Freedom fighter and resident of Ambala city Baba Jodh Singh, who was a witness to the Jallianwala Bagh massacre, Krishna Jeet Singh, retired chief engineer from PWD from Chandigarh, and elder son Trilochan Singh met Veeresh, international head of Vishwa Hindu Takht and national president of Anti Terrorist Front India. After meeting Shandilya, he praised him for serving the nation and the campaign launched for strengthening Sanatan Dharma and Baba Jodh Singh's son Krishnajit Singh said that Veeresh Shandilya is fighting against the anti-national forces, it is a matter of great courage. And nothing is bigger than the nation. On this occasion, retired Chief Engineer Krishnajit Singh and his elder brother and social worker Trilochan Singh presented a grand form of the sacred gold plated Sri Darbar Sahib to Veeresh Shandilya. The same Shandilya has once again demanded from the Chief Minister of Haryana to make a square by installing the statue of the witness of Jallianwala Bagh and the freedom fighter who is from Abala city. He has demanded from the Chief Minister and Home Minister of the state Anil Vij. He said that if the government itself cannot make the statue of Jodh Singh, then his organization should give 50 yards space to Vishwa Hindu Takht near the Jagadhri Gate of Ambala city, where the residence of freedom fighter Baba Jodh Singh is located, then his organization will get his statue made at the expense of the Takht and make a square. Are ready for. Veeresh Shandilya said that today he and his campaign to strengthen the defense of the nation got a boost when Baba Jodh Singh family came to his residence and blessed him and gave him respect and gave him the form of Holy Darbar Sahib. Shandilya told reporters that he recently went to Patna Sahib, the birthplace of tenth Guru Guru Gobind Singh, to bow down and he always strengthened the Hindu Sikh brotherhood. Vishwa Hindu Takht chief Veeresh Shandilya said that he is a Brahmin and Brahmin gives direction and condition to the society and gives knowledge of weapons along with the scriptures.

HARYANA

YUGMARG, CHANDIGARH, SUNDAY, OCTOBER 15, 2023

Social Media Group representatives express gratitude to Hry CM

Haryana Launches New Policy to Support Social Media News Channels

BUREAU CHANDIGARH OCTOBER 14

Social Media Group representatives gathered today to express their gratitude to Haryana Chief Minister, Sh. Manohar Lal for spearheading the formulation of the Haryana Digital Media Advertisement Policy, 2023, which is specifically tailored for social media news channels. During the occasion, Chief Minister, Sh. Manohar Lal underscored the essential role played by Social Media Group representatives in our society. He emphasized the state government's active commitment to formulating and executing innovative welfare policies to strengthen the future of media professionals and empower them to be champions of truth in our modern era. In an engaging session with Social Media Group representatives, Chief Minister commended their

significant contributions in guiding our society towards the right path. Notably, Chief Minister, Sh. Manohar Lal recently introduced Haryana Digital Media Advertisement Policy, 2023 policy that officially acknowledges the pivotal role of social media personalities and endows them with the status of journalists. This represents a momentous transformation in their recognition and influence within the media landscape. Under the Policy, five distinct categories have been outlined for the empanelment of social media news channels, based on factors such as sub-

scribers, followers, and post volume. Chief Principal Secretary to Chief Minister, Sh. Rajesh Khullar, Media Advisor to Chief Minister, Sh. Rajeev Jaitley, Media Secretary, Sh. Praveen Atrey and Publicity Advisor, Information, Public Relations Languages and Culture Department, Sh. Tarun Bhandari, Chief Media Coordinator, Sh. Sudesh Kataria, Media Coordinators, Sh. Mukesh Vashisht, Sh. Jagmohan Anand, Sh. Ashok Chhabra, Social Media Group Representative, Sh. Rajbir Rohilla and other social media personalities were present during this occasion.

Haryana CM Announces Rs. 1 Lakh Financial Support for Faridabad Resident, Ranjit Kumar to Expand His Business

CHANDIGARH: Haryana Chief Minister Sh. Manohar Lal said that he will provide Rs. 1,00,000 to Ranjit Kumar of Faridabad to enhance his social standard of living. The Chief Minister made this announcement during a special episode of his weekly program, "Vishesh Charcha," held here today. During the occasion, the Chief Minister engaged in conversations with beneficiaries from different districts over the phone. Ranjit Kumar, a resident of Faridabad, outlined his family's situation and requested assistance from the Chief Minister. Kumar explained that he had initiated a small business with a Rs. 2,00,000 bank loan, but required additional financial support to expand his business.

By the end of this year, all government-model Sanskriti primary schools in the state will have smart classrooms: Chief Minister

BUREAU CHANDIGARH, OCT 14

Haryana, Chief Minister, Sh. Manohar Lal said that out of 7,400 of the state's Government Model Culture Primary Schools, 4,035 smart classrooms have already been made, and the remaining classrooms will be converted into smart classrooms by the end of this year. This was stated by the Chief Minister while interacting with the parents of students studying in government-model Sanskriti primary schools during the CM ki Vishesh Charcha Programme held through audio conferencing here today. He stated that the education system in these schools is being transformed using

new technologies, keeping in mind the learning capacity of each student. The walls of these schools have been adorned in a way that educational material is painted on the walls, creating an enriching learning environment where students can visually and practically learn. The entire building has been revamped with essential learning aids. The Chief Minister emphasised the state's commitment to preparing educational institutions as per the New Education Policy. These institutions will provide education from KG to PG levels under one roof, ensuring holistic learning. Admissions have been done under KG to PG scheme in four universities of the state

– Bhagat Phool Singh Mahila Vishwavidyalaya, Khanpur Kalan, Kurukshetra University, Kurukshetra, Chaudhary Charan Singh Haryana Agricultural University, Hisar, and Maharshi Dayanand University, Rohtak. The process of opening model Sanskriti schools began in 2017, with one school in every of the 119 blocks in the state. Due to their success and demand, the number of these schools has increased, and the current count stands at 1,419 schools. Over 3 lakh students are benefiting from these schools, proving their competitiveness against private schools.



Government of Haryana





The nation remembers
pioneer of socialism & sculptor
of a unique society who blessed
humanity with the mantra of
‘ एक रुपया, एक ईंट ’
Maharaja Agrasen Ji
on his Birth Anniversary

October 15, 2023

“ महाराज अग्रसेन सामाजिक समरसता के प्रणेता और सच्चे कर्मयोगी थे। मानव कल्याण, परोपकार और गरीबों के उत्थान के लिए महाराज अग्रसेन के कार्य हमेशा देशवासियों को प्रेरित करेंगे। ”

- नरेन्द्र मोदी



Information, Public Relations, Languages and Culture Department, Haryana

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