



NEWS BRIEFS

Sunita Kejriwal reaches ED office to meet arrested husband Arvind Kejriwal

NEW DELHI : Delhi Chief Minister's wife Sunita Kejriwal reached the Enforcement Directorate's (ED) office to meet her husband on Saturday. Visuals from the spot showed Sunita Kejriwal crossing the road and entering the gates of the ED office along with a person. Earlier in the day, the Delhi Chief Minister's wife read out a message by her husband in which he said that no prison can keep him inside and he will come out "very soon" and fulfil his promises. "Your son and brother Delhi CM Arvind Kejriwal has sent a message from the jail," Sunita Kejriwal said citing her husband.

Telangana: DCA seizes drugs worth Rs 2.33 cr in Sangareddy, Ranga Reddy districts, 2 held

HYDERABAD : The Drugs Control Administration (DCA) in Telangana seized drugs worth Rs 2.33 crore along with the arrest of two persons during raids in illegal manufacturing units across Sangareddy and Ranga Reddy districts, officials said on Saturday.

According to an official statement, the raids were carried out jointly by the Telangana DCA and the Prohibition and Excise Department on Friday and Saturday, following a major bust of an illicit drug manufacturing unit, other manufacturing sites of the drugs '3-Methylmethcathinone (3-MMC)' and psychotropic substances 'Al-pha-PiHP'. Prohibition and Excise Department officers arrested Peddolla Sreenivas, Managing Partner of Medchem Labs and KV Rajagopal, Production Manager of Vanamali Organics Pvt. Ltd., during the raids, the officials said.

BSF, police recover drone in Punjab's Tarn Taran

TARN TARAN : The Border Security Force (BSF) and Punjab police recovered a drone in a joint operation from Tarn Taran district on Saturday morning, the BSF said in a press release on Saturday. On the night of March 22, vigilant BSF troops intercepted the movement of a drone in the border area of the Tarn Taran district. Following protocol, BSF troops promptly cordoned off the anticipated dropping area. "Additionally, at first light, an extensive joint search operation by BSF and Punjab Police was conducted in the area.

"This must be ModiKaGuarantee phenomenon": PM Tobgay on PM Modi's visit to Bhutan despite busy schedule

AGENCY
THIMPHU, MARCH 23

Bhutan Prime Minister Tshering Tobgay has thanked Prime Minister Narendra Modi for visiting Bhutan despite his busy schedule. He called it "Modi Ka Guarantee" as PM Modi fulfilled his promise to visit Bhutan.

In a post on X, Tobgay stated, "A big thank you to my brother, PM @narendramodi Ji, for visiting us. Neither his busy schedule nor inclement weather could prevent him from fulfilling his promise to visit us. This must be the #ModiKaGuarantee phenomenon!"

Tobgay's remarks came as PM Modi concluded his two-day state visit to Bhutan on Saturday.

During the visit, PM Modi was conferred with the 'Order of the Druk Gyalpo', Bhutan's highest civilian honour, which he dedicated it to the 140 crore people of India. He affirmed hope that the relationship between New Delhi and Thimphu will keep growing, thus benefitting the citizens of the two nations.

"It is with great humility that I accept the Order of the Druk Gyalpo. I am grateful to HM the King of Bhutan for presenting the Award. I dedicate it to the 140 crore people of India. I am also confident that India-Bhutan relations will keep growing and benefit our citizens," PM Modi posted on X.

PM Modi became the first foreign dignitary and only the fourth person overall to receive the honour. As per ranking and precedence established, the Order of the Druk Gyalpo was instituted as the decoration for lifetime achievement and is the pinnacle of the honour system in Bhutan, taking precedence over all orders, decorations and medals.



PM Modi and medals.

PM Modi explained for New Delhi on Saturday morning. In a special gesture, the King of Bhutan, Jigme Khesar Namgyel Wangchuck and Bhutanese PM Tshering Tobgay came to see off PM Modi at the airport.

Prime Minister Narendra Modi thanked Bhutan King Jigme Khesar Namgyel Wangchuck for the special gesture. In a post on X, PM Modi stated, "I am honoured by the special gesture by His Majesty the King of Bhutan, Jigme Khesar Namgyel Wangchuck of coming to the airport as I leave for Delhi. This has been a very special Bhutan visit. I had the opportunity to meet His Majesty the King, PM @tsheringtobgay and other distinguished people of Bhutan."

"Our talks will add even more vigour to the India-Bhutan friendship. I am also grateful to have been conferred the Order of the Druk Gyalpo. I am very thankful to the wonderful people of Bhutan for their

warmth and hospitality. India will always be a reliable friend and partner for Bhutan," he added.

PM Modi on Saturday inaugurated Gyaltsuen Jetsun Pema Wangchuck Mother and Child Hospital along with his Bhutanese counterpart Tshering Tobgay. Tobgay expressed his gratitude towards the Indian government for fully funding the construction of the state-of-the-art hospital. During his visit, PM Modi called on Bhutan King Jigme Khesar Namgyel Wangchuck at the Tashichho Dzong Palace in Thimphu. During the meeting, the two sides renewed their commitment to the special and unique ties shared by India and Bhutan. PM Modi and Bhutan PM Tobgay reviewed all aspects of bilateral energy co-operation and, welcomed the expert-level discussions on the 1200 MW Punatsangchu-II Hydro-electric Project, adding that they look forward to the commissioning of the 1020 MW Punatsangchu-II Hydro-electric Project later this year.

Delhi Excise policy case: No relief for Arvind Kejriwal as HC denies urgent listing

AGENCY
NEW DELHI, MAR 23

The Delhi High Court on Saturday denied an urgent listing of the plea by Delhi Chief Minister Arvind Kejriwal challenging his arrest and custody in the Delhi Excise policy case.

Arvind Kejriwal, on Saturday moved the Delhi High Court, challenging his arrest and the order of remand granted by the trial court on March 22.

However, the Delhi High Court denied the same. The matter will be listed on the court's reopening on Wednesday, the Registrar General of the Delhi High Court con-



firmed.

CM Kejriwal was arrested on March 21 by the Directorate of Enforcement (ED) in connection with the now-scrapped excise policy case.

His legal team said that his plea in Delhi HC stated that both the arrest and the

remand order are 'illegal' and he is entitled to be released from custody immediately.

An immediate hearing has been sought from the Acting Chief Justice, preferably on Sunday, March 24.

The ED, which was given the custody of Delhi CM till March 28 by the court, has alleged that the Aam Adami Party (AAP) is the major beneficiary of the proceeds of crime generated in the alleged liquor scam.

The Rouse Avenue Court on Friday remanded Kejriwal to six days of ED custody in the money laundering case related to the alleged liquor policy scam case till March 28.

AAP lambasts BJP for stopping them from entering their own office

SHASHI PAL JAIN
NEW DELHI/CHANDIGARH, MARCH 23

The Aam Aadmi Party (AAP) once again lambasted the Bharatiya Janata Party (BJP) for their dictatorial attitude. The AAP said that the Lok Sabha elections are just around the corner, the code of conduct has been imposed, but look at the extent of the dictatorship of the Modi government, who is still not giving up their unconstitutional tricks to stop opposition parties.

In a statement released from the Chandigarh party office, AAP Punjab chief spokesperson Malvinder Singh Kang said in Delhi, the Aam Aadmi Party, a national party, has its office but the BJP government won't let any AAP MLA, leader or worker to get in their own

party office. For the last two days, AAP people are being stopped outside their own office and being harassed. Kang questioned what kind of democracy is this that the workers of a political party cannot go to their party office? How will we run our campaign for the Lok Sabha election? Kang added, I appeal to the Election Commission, an independent institution, to interfere in this matter and prove their independence to the people before the general election. Kang further said that Modi is destroying democracy in this country, taking the country towards dictatorship and crushing the opposition parties. The Election Commission should take notice and needed action about this. People from opposition parties are being stopped from going to their political offices and are being harassed.

Pb police constitute four-member SIT to probe Sangrur spurious liquor case Eight main accused persons already in custody of Punjab police

SHASHI PAL JAIN
CHANDIGARH, MARCH 23:

In order to unearth the entire nexus behind Sangrur Spurious Liquor Case, Punjab Police on Saturday constituted a four-member Special Investigation Team (SIT) to supervise the uncovering of the backward and forward linkages in a professional and scientific manner in this case. A four-member SIT is headed by ADGP Law and Order Gurinder Singh Dhillon, while, DIG Patiala Range Harcharan Singh Bhullar, SSP Sangrur Sartaj Chahal and Additional Commissioner (Excise) Naresh Dubey are its members. Notably, the Sangrur district Police have already arrested eight accused persons involved in selling Spurious liquor in the area of Police Station Dirba and recovered huge spurious liquor and other equipments used for manufacturing and labelling spurious liquor from their possession.

Those arrested have been identified as Soma Kaur, Rahul alias Sanju and Pardeep Singh alias Babi, all residents of Chauwas in Cheema; Gurlal Singh of village Ubhawal in Sangrur, Harmanpreet Singh of village Taipur in Patiala, Arshdeep Singh alias Arsh of village Rogla; and Manpreet Singh alias Mani and Sukhwinder Singh alias Sukhi, both residents of village Gujiran in Dirba. The SIT will thoroughly investigate the forward and backward linkages in this case to unearth the modus operandi and nexus to trace the source of spurious liquor which found its way to the villages and all the culprits involved in this case will be arrested.

Accused persons were selling fatal "methanol" in bottles labeled with liquor brand 'shahi'



CHANDIGARH.: The spurious liquor, which claimed the lives of 20 individuals in Sangrur district was found to be Methanol - a fatal chemical used in industrial products, which was procured by the accused persons from a Noida-based factory meant for factory use, said Additional Director General of Police (ADGP) Law and Order Gurinder Singh Dhillon, who is heading the Special Investigation Team (SIT) to probe this case. The ADGP accompanied by SSP Sangrur cum SIT member Sartaj Singh Chahal was addressing a press conference at Punjab Police Headquarters (PPHQ) here on Saturday. As per the information, the Sangrur Police have arrested two masterminds—identified as Gurlal Singh of village Ubhawal in Sangrur and Harmanpreet Singh of village Taipur in Patiala - among eight accused persons out of total 10 accused nominated in this case so far after registering three separate FIRs at Police Stations Dirba, City Sunam and Cheema. Both the masterminds have criminal history.

Don't get trapped by fraudsters



Beware of fake requests for money

- Always verify genuineness of fund requests
- Do not share personal and confidential information with anyone
- Do not make payments to unknown persons



For more details, visit <https://rbikehtahai.rbi.org.in/dp>
For feedback on this message, write to rbikehtahai@rbi.org.in



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Paytm app, QR, Soundbox, card machines remain functional beyond March

CHANDIGARH : Paytm, India's leading payments and financial services company, remains committed to providing its users and merchants with a seamless payment experience. In light of the recent development, users may have questions regarding the functionality of Paytm app. Users and merchants must note that the Paytm app is working and will continue to do so even after March 2024. Paytm spokesperson said, "We are expanding our financial services distribution platform in partnership with leading institutions. Paytm is committed to creating an inclusive next-generation financial ecosystem for our users across the country." Users can continue using services on the Paytm app without any interruption.

Paytm QR codes, Soundbox, and card machines also remain fully operational. This ensures continued convenience for millions of users and merchants who rely on these services for their daily transactions. All other services on the Paytm app, including movies, events, travel (metro, flight, train, bus) ticket bookings, and more, remain fully operational.

Users can continue to recharge their mobile phone, DTH or OTT subscriptions, and pay all utility bills (electricity, water, gas, internet) with ease directly through the Paytm app.

Paytm Deals will continue to work uninterrupted even after March, as before. Users can continue to enjoy all the offers and discounts without any disruption.

Users can continue to buy new insurance policies for bike, car, health, and more, or pay premiums using Paytm app. It's already offering HDFC Bank FASTags and also offer the FASTag recharge of other partnered banks on the Paytm app. However, you can not purchase Paytm Payments Bank FASTags though you can recharge it before March and use the balance until it's exhausted. Customers' investments in Equity, Mutual Funds, or NPS with Paytm Money are working. Paytm Money Limited is SEBI-regulated and fully compliant. Users can continue to buy or sell digital gold on the app. Also, your Paytm Gold Investments are working and are protected with MMTC-PAMP.

UPI services on Paytm app will continue to work, as the company has received approval from the National Payment Corporation of India (NPCI) to participate in UPI, as a Third Party App Provider (TPAP) under Multi-Bank model. This ensures uninterrupted Unified Payments Interface (UPI) services to Paytm users. For the merchants using Paytm for payments, their customers will have a smooth and easy payment experience. The UPI (Unified Payments Interface) Autopay feature on Paytm app will continue working seamlessly for the users.

The settlement in your existing Paytm Payments Bank Ltd. account will proceed without any issue until March 2024. The balance in the account can be withdrawn even beyond March 2024. However, we recommend that you change your settlement account in the Paytm for Business app from Paytm Payments Bank Ltd. to any of your other savings or current accounts held with other banks to ensure seamless settlements.



PATIALA : Several market experts are of the view that interest rates in India will decline over the next few months from the current levels of approx. 7% giving customers an opportunity to now lock-in their investment in an annuity product at the current interest rate. So how does investing in an annuity product now benefit customers?

Pension or annuity products which are only offered by life insurance companies provide a guaranteed regular lifelong income. The rate of interest is locked-in at the time of purchase. Retirees prefer a steady income not affected by interest rate movements, annuity or pension products are the best option, which offer regular income enabling them to be financially independent.

Since the interest rate is expected to fall going forward, customers buying an annuity product will be able to lock-in their investment at the current interest rate. Let's take the example of Mr. Prajapati, who initially invested his savings of Rs. 1 crore in deposits at 8% interest, earning him Rs. 67,000 monthly, which supported a comfortable lifestyle. However, when he tried to renew his deposits after a few years the interest rate dropped to 6%, his monthly income reduced to Rs. 50,000, affecting his standard of living.

Let's see what would have happened if Mr. Prajapati had invested his money in an annuity product. Assuming the interest rate of 7%, he will receive approx. Rs. 58,000 per month for the rest of his life. This will remain constant irrespective of the any movement in interest rates.

The ICICI Pru Guaranteed Pension Plan Flexi stands out among annuity products as it helps customers build a retirement fund by making systematic investments. This ensures a sure and stable income after retirement, which is particularly beneficial in a market like India where interest rates are predicted to decline.

CHANDIGARH, SUNDAY, MARCH 24, 2024

NIFA organises Blood donation camp

SHIV KUMAR SHARMA
KARNAL, MAR 23

Today, on the martyrdom day of Shaheed-e-Azam Bhagat Singh, Rajguru and Sukhdev, 81 youth paid tribute by donating their blood and paid tribute to their great role in the independence of the country. In the huge blood donation camp organized by National Integrated Forum of Artists and Activists (NIFA) in collaboration with Haryana Roadways Driving School and Golden Moments, there was huge enthusiasm among the youth for blood donation as soon as the camp started at 10 am and at the conclusion of the camp at 2 pm A total of 81 units were collected by the team of Civil Hospital Karnal. Before this, all the guests and youth offered flowers on the portrait of Shaheed Bhagat Singh and expressed gratitude towards his great martyrdom. Founder President of NIFA, Preetpal Singh Pannu said that when these martyrs were hanged on 23 March 2031, it would be All



were young, but with the dream of liberating the country and the hope of changing the system, they kissed the noose laughingly. Today, when it has been 93 years since their martyrdom, all of us, especially the youth, will have to introspect whether we are following the path shown by the martyrs. NIFA Convenor Advocate Naresh Barana also addressed the young blood donors and praised them for remembering the martyrs by donating blood. He said that blood donation is called a great donation because there can be no greater virtue than saving the lives of others and one unit of blood saves the lives of three people. State President Shravan Sharma

said that NIFA has always remembered the patriots and has tried to convey to the young generation the life values of the heroes who sacrificed their lives for the identity, freedom, unity and integrity of the country. Today's program is also a part of this series. Pandit Ayodhyanath Bans, who came from Mauritius, Patron of NIFA Dr. Lajpat Rai Choudhary, Satinder Mohan Kumar, Dr. Krishna Arora, social worker Mahesh Sharma, Rajneesh Sharma, famous drama director Krishna Malik, social worker Rajneesh Sharma, Professor Pradeep Bharti, Kurukshetra University were present in the program. Dr. Abid, film actor and producer Rahul Sharma,

Officer Vinod Kumar from Haryana Roadways Driving School, Foreman Davindra Kumar, Director of Haryana International Film Festival Dhamveer Singh Dangi, Secretary Vikas Sharma, Patron of Women's Wing and Head of CGC Anju Sharma, Women's Wing NIFA President Veena Khetarpal, Secretary Dr. Bharti Bhardwaj, social workers Arvind Mann, Namna Ahlawat, Anju Sharma, NIFA District Secretary Hitesh Gupta etc. honored the blood donors by organizing a batch and giving them certificates. Many eminent personalities of the society were present in the program, including Satinder Gandhi from the District Executive of NIFA, Deputy Head Arvind Sandhu, Urban Head Maninder Singh, Mukul Gupta from the District Executive, Jagtar Singh, Arun, Karanjit Singh, driver Ashok Kumar from Haryana Roadways, Anand Kumar, Krishna Gopal, Naresh, Krishna, Amarjeet, Baljeet Singh were included.

Commemorative programme held in Yamuna Nagar in memory of Bhagat Singh, Rajguru, Sukhdev

RAJNI SONI
YAMUNANAGAR, MAR 23

To commemorate the martyrdom day of Bhagat Singh, Rajguru and Sukhdev a programme was organized in Tilak Raj Chadda Institute of Management and Technology, Yamuna Nagar by alumni of M. L. N. College and Intellectual class of the city. Renowned academicians and famous Punjabi Poet Dr Ramesh Kumar presided over the function. Dr K. L. Johar, Founder Vice-Chancellor of Guru Jambheshwar University of Science and Technology, Hissar, was the Chief Guest on the occasion. In his key note address Dr Johar narrated many anecdotes from the life of Bhagat Singh and related them with his ideology and illuminated that his philosophy and thoughts are more relevant now when we witness the dominance of the forces of fundamentalism, hatred and obscurantism. He stressed that the same voices of people who believe that all is not lost must not be drowned out by the incessant din. Speaking on the occasion Advocate Balbir Singh emphasized that Bhagat Singh was a symbol of resilience against challenging circumstances. He is being venerated for his intel-



lectual legacy encompassing an egalitarian society, free from communal and caste bias. In his presidential address Dr Ramesh Kumar recited his poems stressing that today we stand on the shoulders of great leaders like Bhagat Singh, who have shown us the path of courage

and determination. It is our responsibility to uphold their legacy by working diligently and propelling our nation forward. Dr Nirmal Komal sang the 'Ghori' of Bhagat Singh and made everybody emotional. Noted trade unionist Hari Naryan Sharma presented vote of thanks. Dr B Madan Mohan, Sh. Rakesh Kumar, Sh Pardeep Aggarwal, Prof Sanjeev Gandhi, Advocate Sandhu, prominent members from various organizations, intellectuals and students were present in the function.

Microdonation should be done to connect people with ideology of party – Yogendra Rana

DR. ASHOK KUMAR
KARNAL 23 MARCH

BJP District President Yogendra Rana today held a meeting of workers regarding organizational issues through video conferencing.

State Executive Member, District Incharge, District Officer, District Executive Member, District Morcha President and General Secretary, Divisional President and General Secretary were present in this meeting. On this occasion, District President Yogendra Rana instructed everyone present in the meeting that all of you should make maximum number of microdonations to connect the common people with the ideology of the party.

The purpose of microdonation is not just to collect funds but to connect more and more people with the ideology of the party.

While giving information

about the upcoming programs to be organized by the party in this organizational meeting, he said that the election bugle has been sounded



in the country and to strengthen the party till the booth level, all the workers who are on duty at the Shakti Kendras are coming out in their respective capacities. Visit the Center and meet the people there and inform them about the public welfare schemes of the Central and State Government so that

people can take advantage of it.

Apart from this, he requested all the workers to go to their respective booths and meet the beneficiaries taking advantage of the government schemes.

Outgoing Chief Minister will stay in Karnal district

Giving information about the upcoming programs, District President Yogendra Rana said that on 29th, former Chief Minister Manohar Lal will be in Indri and Nilokheri and on 31st March, he will be in Assandh, Gharonda and Karnal.

In the meeting, District In-charge Bharat Bhushan gave instructions to everyone present and said that they should take all the upcoming programs of the organization seriously and work to connect more people with the party.

Dish TV rolls out dynamic AV Vans to unveil 'Zing Super Offer' across the Hindi Speaking Market

CHANDIGARH: Dish TV, a prominent DTH service provider, has launched a strategic outreach initiative targeting Hindi Speaking Market (HSM) regions across Rajasthan, Uttar Pradesh East & West, Madhya Pradesh, and Bihar to popularise its Zing Super offering through on-ground activities, tailored for Tier-2, Tier-3 towns, and deep rural areas. The company is using all decked up dynamic interactive Audio-Video (AV) vans to promote its special 'Zing Super offer' and provide entertainment avenues to the HSM market, with the aim to attract potential customers towards the evolved entertainment experience of the pay television. Dish TV provides both pay-TV channels and free channels on its platform to offer customers a choice between



pay-TV and Free TV viewing. The Dish TV van activity has been instrumental in directly connecting with customers by demonstrating both pay-TV and FTA through live programming demos and on-the-spot resolution of complaints of existing subscribers. The vans will also showcase educational channels and distribute stationery to children to build an emotional connection with families. Manoj Dobhal, CEO of Dish TV India Limited, said, "At Dish TV, we're committed to delivering top-notch entertainment to our valued customers.



Tapping into Nutritional Richness: Tocotrienols and Antioxidants of Palm Oil

CHANDIGARH: Tocotrienols, a form of vitamin E, are renowned for their powerful antioxidant properties. Antioxidants are substances capable of preventing or slowing down cell damage caused by oxidation, harmful molecules produced in the body due to environmental factors such as pollution and radiation. Research suggests that tocotrienols found in palm oil may offer various health advantages. They have been associated with protecting the heart, reducing inflammation, and potentially preventing cancer. Tocotrienols function by halting damage caused by oxidation.

Malaysian Palm Oil, renowned for its versatility and widespread use across diverse industries, stands out as a comprehensive source of tocotrienols and tocopherols. As consumers increasingly prioritize their health, Ma-

laysian palm oil represents a practical choice for those seeking to incorporate tocotrienols into their daily nutritional intake.

Dr. Meena Mehta, an Associate professor who is currently working as a visiting Faculty in Department of Post Graduate Studies and

Research in Home Science & Department of Food Science and Nutrition, S.N.D.T Women's University emphasizes the remarkable health benefits

of tocotrienols and antioxidants found in palm oil. These natural wonders not only safeguard well-being by combating oxidative stress but also underscore the nutritional prowess of sustainable palm oil. By promoting awareness and responsible consumption, individuals are empowered to make choices that prioritize personal health.



inDrive rewards & recognises driver partners in Chandigarh

CHANDIGARH: inDrive, a super mobility app, organised a multi-city campaign called "Driver of the Month" to inspire and motivate our driver community to go the extra mile, and set new standards of excellence in ride-hailing service. Today, the inDrive team recognised and facilitated winners of the "Driver of the Month" campaign in Chandigarh.

Over 1.5 lakh drivers across the Car, Auto Rickshaw & Moto category participated in the contest. The campaign was conducted across five cities in India, to encourage drivers to take more rides and earn the prestige of being crowned the Best Performing Driver. To win, the participants had to register themselves on the contest landing page, complete eligibility criteria and take the most rides during the month.

"We have selected 376 winners in total across five cities for the campaign. Today we have rewarded 56 winners in Chandigarh. We presented 4 televisions, 4 refrigerators, 6 smartphones, 12 microwaves and 30 fuel vouchers worth 5000 to our winners in Chandigarh. This is



a recognition of the dedication and hard work of our driver partners. We will be distributing prizes worth around 35 lakhs to all the winners across all five cities." said Mohan Pradhan, Business Development Manager for India, inDrive

"With the 'Driver of the Month' campaign, we aimed to inspire and motivate our driver community to exceed expectations and set new standards of excellence in ride-hailing service. We received a phenomenal response from our driver partners: 50% increase in driver registration and a fourfold surge in rides completed during the campaign period!

Hero Cycles' Aditya Munjal Appointed as AICMA Prez

LUDHIANA: All India Cycle Manufacturers' Association (AICMA), the apex body representing India's cycle manufacturing industry, today announced the appointment of Mr. Aditya Munjal, CEO, Hero Cycles as its President for 2024 to 2026. During the course of his presidency, Mr. Munjal will work closely with both industry and policy stakeholders with the aim to establish India as a major export hub for cycles and e-cycles. Hero Cycles is the largest manufacturer of cycles in India and is the market leader in cycles in India

As AICMA's president and a visionary business leader, Mr. Aditya Munjal aims to raise the production standard of cycles manufactured in India to be at par with global standards. This improvement in the quality of cycles will unlock export opportunities for Indian manufacturers and its ancillary industries to compete with other Asian countries.

Speaking on his new responsibility, Mr. Aditya Mun-



jal said, "Being appointed as the president of AICMA, India's apex cycle manufacturers industry body is a matter of great honour. Our cycle manufacturing industry has an opportunity to transform itself and seize global opportunities in the time to come. AICMA has a critical role to play in this transformation, to effectively represent the industry's thought process while driving change through the entire value chain. I am confident that this, coupled with the forward-thinking government policies, will enable us to establish India as a formidable cycle manufacturer in global markets."

SAIC Motor and JSW Group finalise automotive JV: 'JSW MG Motor India Pvt Ltd' Outline business roadmap for the new entity

CHANDIGARH : SAIC Motor, a global Fortune 500 company with annual revenues of around US\$110 billion and a presence in over 100 countries and the US\$23 billion JSW Group, (India's leading conglomerate with interests across B2B and B2C sectors) have announced the business roadmap for their new strategic Joint Venture - JSW MG Motor India Pvt. Ltd (JSWMG Motor India), ushering in a new era of mobility in the time to come.

The new joint venture will capitalise on the significant opportunities emerging in the fast-evolving Indian automotive sector. JSW MG Motor India is committed to bringing in the best of innovation across its business operations, introducing world-class technology, strengthening the manufacturing landscape, generating sig-

nificant employment opportunities and offering smart and sustainable products focused on customer-centricity. The business roadmap for the company focuses on extensive localisation and development of a robust automotive ecosystem



across the country. The joint venture's potential resides in the fusion of SAIC Motor's automotive experience and technical expertise with JSW Group's extensive knowledge and expertise in manufacturing at scale in India. JSW MG Motor India will also leverage synergies across JSW Group's ecosystem.

SUNDAY Hotel Makes Grand Chandigarh Debut with Majestic AI-Mural Ode to the Himalayas

CHANDIGARH: SUNDAY Hotel, the premium hotel chain by LuxAde Hotels, a joint venture between Oravel Stays and SoftBank, marked its grand debut in Zirakpur, Chandigarh. This marks the third hotel by the brand, bringing its fresh perspective on luxury to Chandigarh.

The immersive launch perfectly embodied the SUNDAY experience – a fusion of technological innovation and unparalleled comfort. Guests were captivated by a one-of-a-kind mural art imagined by AI, a majestic creation by Delhi Street Art, paying homage to the mighty Himalayas. This artwork serves as a constant reminder of Chandigarh's well-deserved title as the "Gateway to the Himalayas." The evening continued with a set of performances by artists like, TECH PANDA X KENZANI, Saranya, and Czetan, setting the stage for a memorable experience. Pranav Bhardwaj, an independent award-winning artist, facilitated a unique experience where attendees spoke into a microphone, expressing their thoughts on "Mountains" and "Travel." Their voices were then visualised onto the hotel's mural design and printed on various brand merchandise. Kama K M, a seasoned mixologist, held an enthralling DIY cocktails session, where the audience crafted their own signature SUNDAY cocktails and delved into the art of mixology.



Airtel Payments Bank collaborates with Noise and Mastercard to unveil A New Way To Pay

CHANDIGARH : Airtel Payments Bank collaborated with Noise, India's leading smartwatch brand, and Mastercard, a global technology company in the payments space, to unveil A New Way to Pay. The entities have come together to launch the Bank's Airtel Payments Bank Smart Watch aimed at revolutionizing contactless payments, to redefine and make contactless payments accessible to a larger consumer base. Bringing the power of, Tap and Pay to every wrist, the initiative will empower users to unlock the full potential of smart wearables and democratize convenient financial solutions, enabling users to stay ahead of the curve and enjoy the benefits of the future of payments.

These smart watches, developed by Noise and enabled

by Airtel Payments Bank will boost Tap and Pay capabilities, and enhance the experience for users by bringing the convenience of contactless payments through the smart wearables. The smart watch will empower Airtel Payments Bank's customers to do more with their wearable, making it a one-stop solution for their daily lifestyle needs. The new smart watch is now available to be purchased at INR 2,999.

Customers who have a savings account with Airtel Payments Bank can purchase this smart watch from the Airtel Thanks App. Customers who are new to the bank can order the smart watch immediately by opening a bank account digitally on Airtel Thanks App. They can then activate the watch by linking it to their savings bank account via the Thanks App in just one minute.



Unity Bank Builds Presence in Punjab. Opens seven new branches

AMRITSAR: Unity Small Finance Bank Limited (Unity Bank), a new age, digital first bank, has established its presence in the land of five rivers – Punjab with the launch of seven new branches. Unity Bank's foray will leverage the growing business opportunities in the city, provide customers with attractive interest rates on deposits, offer business loans to MSMEs and more importantly offer the citizens of Punjab an opportunity to Bank with a Smarter, Faster and more Convenient Bank.

To mark a strong presence, Unity Bank has opened State-of-the-art branches in Sectors 7, 22, 27 & Mani Majra in Chandigarh, Mall Road in Amritsar and Model Town and Perero Gandhi Market in Ludhiana. Going forward branches will also be opened in Ambala and Jalandhar.



Shri. Ram Raj Badyal, Former DGM, NABARD inaugurated Unity Bank's branch at Sector 27 in Chandigarh, whereas Shri. Nikhil Aggarwal, CEO, Ernst Pharmacia inaugurated the branch at Sector 7 in Chandigarh. Unity Bank offers Fixed Deposits to senior citizens an attractive rate of 9.50% p.a.* whereas retail investors will earn 9.00% p.a.*. For Savings Accounts, Unity Bank offers an interest of 7.50% p.a. for deposits greater than Rs. 20 lakhs and upto Rs. 5 crores and 7.25% p.a. for deposits greater than Rs. 5 lakhs and upto Rs. 20 lakhs.

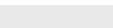
Warner Music Expands Deal With Jetsynthesys' Global Music Junction

SHIV KUMAR SHARMA ROHTAK: Warner Music India has expanded its partnership with Global Music Junction (GMJ), the music and entertainment subsidiary of Jet-Synthesys. The companies struck a distribution deal in 2021, but this new agreement sees Warner Music make a strategic investment in GMJ, giving it a seat on the board. The move will establish Warner Music India to become the largest player in the central Indian music market.

GMJ is the dominant force in the Bhojpuri, Haryanvi, Oriya, Kannada, and Gujarati language markets and has recently achieved exponential growth in the latter two. Bhojpuri is the fastest-growing language in India, and this move makes War-



ner Music the largest player in its music market. GMJ is committed to empower artists and labels through services including content creation, events management, innovative distribution, marketing solutions, technical analytics, and legal expertise. The company has built an ecosystem that involves more than 100 partners, over 250 million subscribers, serving up more than 100 billion minutes of entertainment annually in more than 130,000 pieces of audio-visual music content.



Editorial

Kejriwal's arrest on eve of LS election looks ill-timed

The arrest of Arvind Kejriwal by the Enforcement Directorate is historic in that he is the first sitting chief minister to suffer this fate at the hands of a Central agency. There is no knowing if, in this kind of uncharted territory, any constitutional provisions have been breached though the arrest itself carries the message that no one is above the law.

J. Jayalalithaa was arrested more than once when she was the sitting chief minister of Tamil Nadu and suffered great indignities in the process. Lalu Prasad Yadav had resigned the CM's post in Bihar in 1997, moved his wife into the gaddi and awaited his conviction in the case of an elected representative putting his hand in the till. It is less clear in the case of Mr Kejriwal if it can be proved beyond doubt that he did something similar in fund raising for his party for fighting elections.

His arrest comes on top of five months of continuing drama as the Enforcement Directorate, strong arm of the Centre known to do its master's bidding, served him summons after summons and the Delhi CM kept ignoring them on the premise that they were illegal because they were politically inspired and that he had reason to feel apprehensive about being arrested.

Studious ignoring of an official summons to appear for questioning is not an option for any ordinary citizen of the country. However, it does not always appear as if politicians live by the same laws that apply to all Indians. The implications of his arrest are, however, far graver than the granular details of the policy-fixing in excise on liquor, which anyway is the fount of much evil in terms of being a money spinner for politicians and their parties.

The politics surrounding the hunt for a top elected representative was of the kind that could influence the far wider electoral scene as the polls to the 18th Lok Sabha are almost upon us. The Opposition, naturally enough, sees this as witch-hunting brought to a convenient climax in the poll season whereas two other AAP honchos have been in jail for considerable periods of time in the same excise policy case.

Doubts arise in the concerted action against the AAP if only because the investigating agency's record so far does not speak very highly of its gathering of evidence standing up in the highest courts though the CBI and ED had brought to book the likes of Ms Jayalalithaa's confidante and aide Sasikala, besides Lalu Yadav and kin. Also, conspiracies hatched to defraud the exchequer are very hard to prove forensically in court.

Dream Man CJI, Lottery King and missing royal

Confession: I have the biggest senior citizen crush on our CJI. What is there not to love about a man who provides daily inspo to millions each time he opens his mouth. In court. During interviews. And, most of all, when he delivers tight public thappads and puts the pompous in their place.

Like Hema Malini is India's forever Dream Girl, D.Y. Chandrachud is our hame-shawala Dream Man. Suave, cerebral, sharp, sensitive -- sub kuch! I have started taking an exaggerated interest in all things law ever since our CJI took over and captured my weary heart. Last week, he put Mukul Rohatgi on the mat so smoothly, it's a wonder that Rohatgi didn't go into hiding! A friend commented: "These high-profile lawyers remind me of Disraeli's wonderful put down of his rival, Gladstone, whom he described as being 'inebriated by the exuberance of his own verbosity'." I watched the clip with glee -- nothing personal. But it's good to see a few bigwigs squirm and eat crow.

No case is too small for the highest court, declared the CJI, and he meant it.

Our mission is to stand by the common people. These are not empty words going by the CJI's track record. Sure, the knives are out for the outspoken man, and Dilliwalas love whispering behind his back, pointing out how arrogant and aloof he is. Why not? Why should he waste precious time on fools and flatterers -- Delhi is full of them. Why should he hobnob with dodgy netas and dodgier moneybags -- Delhi is infested with both. He has candidly stated that his best friend is his wife Kalpana. I am so jealous of Kalpana. They share so much in common, being vegan and followers of a strict ayurvedic diet. For a man whose day begins with yoga at 3.30 am, 64-year-old Dhananjaya Yeshwant Chandrachud is India's Superhero No. 1. We have till December to fawn over him as he presides over India's



complex and convoluted justice system. He retires at the year-end. Sighhhh! A lot of heavy-duty stuff is scheduled to happen before that momentous retirement day. But let's not spoil this moment by bringing in the national elections. Jo hoga, who hoga!

The electoral bonds ka monumental joke is actually on us tax-paying citizens/bakras. A clever meme featuring Ratna Pathak had the last word on the perplexing subject: "Monisha Beta, Electoral bond bolo, hafta vasooli is so middle class." Still haven't quite wrapped my head around all the luminaries featured. But one particular name intrigued me no end

Santiago. How many Indian parents would name their son Santiago, after a capital city in South America? Unless the child was born in Chile, which is not the case with Santiago Martin, who was born in the Andamans (1961), was a daily wage worker in Myanmar and came back to India to start working in a tea shop. The lottery craze was taking off big time and Santiago soon figured where the money was! Another smart chaiwalla! Today, Santiago's name is known across the country for a dodgy reason. As the founder of Future Gaming Pvt Ltd, Santiago heads the list of donors to political parties, released by the Election Commission, with a whopping

donation of Rs 1,368 crores. Chances are, till Santiago popped up prominently across media platforms as a generous donor, nobody outside the shadowy world of gaming had much of an idea about the mysterious man's existence. Admission: I still don't know what gaming involves, apart from placing bets.

I promptly Googled him, captivated by his antecedents and exotic name. Santiago sounds like an incredibly smooth operator, capable of tackling the most formidable political opponents and swiftly changing sides. As it happened in 2003 when then Tamil Nadu chief minister J. Jayalalithaa banned the lottery trade in the state, believing it was destroying the lives of countless underprivileged people addicted to lotteries. At the time, Santiago's lottery fortunes were riding high, after he successfully launched his own lottery business with multiple brands and attractive prizes. Santiago moved his operations to Nepal, Bhutan, the Northeast states and Kerala. By this time, the glib talker was on a roll, hanging out with top politicians, along with his wife Leena Rose, who joined politics after Santiago's arrest in 2011, when he was charged in 14 cases of land grabbing, illegal lottery sales and cheating. There's a picture of Leena Rose on the dais with Narendra Modi when he visited TN back then. Just saying.

The I-T guys raided his Coimbatore home last year, leading his loyal wife to claim: "Maybe the searches were meant to intimidate him. But we conduct our business legally. Of course you do, honey!"

The electoral bond disclosure has put the spotlight on a man, whose life reads better than any masala film script. More so, since Santiago's modus operandi is so unique. India is familiar with several self-made business tycoons, who rise from obscurity and succeed spectacularly. But Santiago is in a league of his own.

Literature & Health

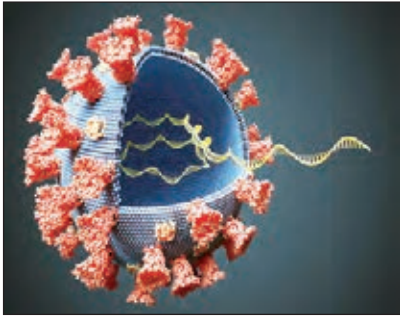
Longer genes are associated with ageing

What causes our bodies to age? Four complementary research, including one from Northwestern Medicine, reached the same conclusion, long genes. In a recent study, the scientists describe their results and how they contribute to existing information about ageing. Long genes that become less active with age may be the central cause of ageing in our bodies, said co-corresponding author Thomas Stoeger, assistant professor of medicine in pulmonary and critical care at Northwestern University Feinberg School of Medicine and a member of the Potocsnak Longevity Institute.

Our finding advances the field by identifying a single phenomenon that connects most existing knowledge about ageing and makes this underlying phenomenon measurable.

The paper, which highlighted the shared findings of four international research groups, was published in Trends in Genetics on March 21. The groups are the first to conclude that most aspects of biological ageing relate to gene length.

Conditions known to accelerate ageing decrease the activity of long genes. This includes oxidative stress and UV irradiation.



Conditions known to slow ageing increase the activity of long genes such as caloric restriction. Also, genes that are very short or very long encode for cellular processes known to change in aging such as the formation of cellular energy, protein synthesis and transmission of neural signals.

The regulation of genes is one of the most central processes of life, and our four studies explain why the activity of long genes in particular change in ageing, Stoeger said.

In addition to ageing, we show that the same finding occurs in patients with Alzheimer's disease, an age-associated disease.

Misconceptions about frozen food debunked

At a supermarket, the frozen food aisle is the most visually appealing and appetising, but it remains one of the most ignored sections during grocery shopping. Misconceptions about frozen food persist, with many believing it to be heavily processed and lacking in nutrition.

A recent report by Deloitte indicates that 90 per cent of consumers still prefer fresh food over frozen options. Freezing food, one of the oldest preservation methods, has evolved from basic techniques to the modern practice of refrigeration for fruits, vegetables, snacks and meals.

Despite its long history and widespread use, frozen food continues to face unwarranted criticism, due to concerns about taste and nutrition. Mohit Marwaha, assistant vice-president at Godrej Tyson Foods, debunks some



myths below: Frozen food has preservatives: Frozen foods are enjoyed worldwide, but a persistent myth challenges the industry.

The belief is that freezing requires preservatives to extend shelf life. In reality, frozen foods have undergone individual quick freezing (IQF) since the 1960s. This rapid freezing at -30 degrees Celsius to -40 degrees Celsius halts microorganism activity,

preserving nutrients and eliminating the need for preservatives.

Frozen food is not healthy: When fruits and vegetables are frozen at their freshest, they lock in their nutrients. Enzyme activity is paused, keeping all those vitamins and minerals intact.

Frozen Food is expensive: Frozen foods are often criticised for being bland and expensive.

Haiti is the face of total anarchy: Why West Indies did not federate

Condemned to stand for life -- na jeet na haar The wind flaps my kameez and torn salwar The black topee upon my stiff backbone Means I was born under an evil star Assigned to the task of scaring the crows Who keep away. And yet this sparrow knows That I'm a harmless puppet and alights On my head, striking a defiant pose!

From The Rubaiyat of Behseekh Ali, Tr by Bachchoo

In the 1960s hippie era, some anarchists I knew said they wanted a world without laws in which humans would be good to each other without the regulation of a nation state. Lenin defined the state as a body of people who controlled one class on behalf of



another. So anarchy in his terms must mean having no one in charge of anyone on behalf of no one.

And now in Haiti, we see anarchy in brutal action. There are armed gangs piling up dead bodies on the streets of Port-au-Prince even as I write and you read these words.

Haiti is today, in the past and coming weeks, the only place in our sad and sorry world to face the absolute anarchy of perhaps a thousand jail-break prisoners terrorising the streets of every town and slum of the island. The PM has fled. There is no government, no police force. The escaped prisoners, with allegiance to different gangs are shooting each other and anyone they associate with the elite that has ruled

Haiti --including the judges who convicted these jail-breaking criminals for their proven crimes, and the politicians who ruled the island.

Let me then tell you, gentle reader, that this was specifically predicted. No, not by Nostradamus, but by my late friend and guru, the Trinidad-born philosopher, Marxist and cricket commentator (he was always most proud of that description!) CLR James. Nello as we used to call him -- that being a shortening of his middle name Lionel -- would in political discussions about the Caribbean say that Haiti was the archetype of anarchic degradation, its volcanic violence suppressed by the dictatorial, fascistic regime of Papa Doc Duvalier. His contention was that

the repression may outlast Papa Doc, but would eventually crack and give way to anarchy.

And so, it came to pass. CLR was born in Trinidad and was one of its literary pioneers, writing novels and stories a generation before V.S. Naipaul, including The Black Jacobins, an account of the eighteenth-century slave revolt in Haiti.

In the early 1960s when the Caribbean spawned a movement for independence from British colonial rule, CLR advocated a confederation of the West Indian islands. His vision encompassed Cuba and the French islands of Martinique and Guadeloupe. This was the only way, he argued, for the islands to survive in the modern world.

Industrial visit by RBU engg students



LK BANSAL
MOHALI: Department of Electrical and Electronic Engineering of Rayat Bahra University organized an industrial visit to Ardisons Associates Focal Point Chanan, Punjab. Students of Electronic and Electrical Engineering went there to understand the process of manufacturing and assembling of distribution and power transformers for electric utility, along with the faculty members Er Vivek Gupta and Er Syed Faizan. Er DP Singh, Plant Head, shared knowledge about designing and manufacturing processes of Power Transformers.

Mahatma Hans Raj technical fair at Mehr Chand Polytechnic College



HARPREET SINGH LEHAL
JALANDHAR: Harpreet Singh Lehal Mahatma Hans Raj Technical Mela Festival was organized by students at Mehr Chand Polytechnic College, Jalandhar, in which the final year students exhibited their models and projects. It was inaugurated by Prof. Kuldeep Singh Nagla, NIT Jalandhar. Mr. Nishant Gangwani, Mr. Sukhjinder Chhatwal, Mr. Balbir Tandia participated as special guests. Honorable Principal Dr. Jagroop Singh welcomed the guests by presenting bouquet of flowers.

Bicycle rally organized to make voters awareness



KULJIT SINGH
JANDIALA GURU: A sweep cycle rally was conducted at DAV College Hathi Gate Amritsar under the direction of District Election Officer Amritsar and Mr. Nikas Kumar Electoral Registration Officer 017 Amritsar Central. Mrs. Surinder Kaur Amritsar Kendriya flagged off this sweep cycle rally. He said that on this occasion the students were also made aware of their right to vote for the strengthening of democracy. Barinderjit Singh Nodal Officer Sweep 017 Amritsar Central said that the students of 9 colleges and institutes under the central government have been downloaded the voter helpline app and +18 students have cast their vote without caste discrimination, greed, religion, secrecy.

Current governing body of Mohali Press Club dissolved, election on Mar 30



TILAK RAJ
MOHALI: The annual general body meeting of the Mohali Press Club was held in mohali press club phase 4 mohali under the chairmanship of club president Gurneet Singh Shahi. In which about 61 regular members attended. Meanwhile, the house was informed about the annual activities of the club. On this occasion, it was unanimously announced to dissolve the current executive and conduct club elections on March 30. In this meeting first of all, tributes were paid to national martyrs Bhagat Singh, Rajguru and Sukhdev by keeping a minute's silence on the occasion of Martyrdom Day. In this regard, the general secretary of the club Sukhdev Singh Patwari gave detailed information about the annual activities of the club and cashier Rajiv Taneja presented the club's 2023-24 financial year port. Considering this, the General Body passed both the reports without any amendment.

12 kilograms of opium seized, two arrested



SUJANPUR
SHWETA SHARMA: During a police operation, 12 kilograms of opium were seized from two individuals. Lavpreet Singh, the station in-charge, stated that a police team led by ASI Sushil Kumar was stationed at the Madhopur checkpoint in Sujjanpur. Vehicles passing through were being checked. During the operation, a Tata Sumo vehicle from the Jammu side was signaled to stop. The vehicle was driven by a man with a woman seated beside him. The police conducted routine checks on the vehicle and found 12 kilograms of opium.

Woman dies after being hit by train

SHWETA SHARMA
SUJANPUR, MAR 22
Woman dies after being hit by train. A senior citizen woman, identified as Chandrakanta, aged 78, wife of Dharampal Arora, resident of Sujjanpur Road, Pathankot, died after being hit by a train at the railway crossing near Sujjanpur Road, Pathankot. The elderly woman, like every day, was walking in the city in the morning when suddenly she was hit by the train. The GRP Police has registered a case under section 174 and initiated an investigation.

Department of hepatology introduces innovative procedure for mgt of gastric varices, hepatic encephalopathy

SHASHI PAL JAIN
CHANDIGARH, MAR 23

The Department of Hepatology at PGIMER, Chandigarh is proud to announce the introduction of a groundbreaking procedure aimed at revolutionizing the management of complications associated with cirrhosis - gastric varices and hepatic encephalopathy. Developed by Dr. Sahaj Rath and his team, this innovative technique called Endoscopic Ultrasound-Guided Transgastric Shunt Obliteration (ETSO) offers a promising therapeutic option.

Cirrhosis patients often have shunts which can lead to brain fog and blood vomiting from dilated veins in the stomach. Until now, these shunts were typically treated through interventional radiology procedures known as BTRO. However, due to financial or technical constraints, this method may not be suitable for all patients. Building upon their extensive



experience in using endoscopic ultrasound (EUS) to manage bleeding stomach veins (gastric varices), Dr. Rath and his team have pioneered a new EUS guided technique that effectively obliterates these shunts.

The procedure involves identifying the vessel supplying the shunt and occluding it using cyanoacrylate glue and platinum coils. To show-

To showcase the potential of this technique, it was first introduced at the prestigious Digestive Disease Week congress in San Diego, USA in 2022. Subsequently, the team published their experience with seven cases in a recent scientific paper in the American Journal of Gastroenterology.

case the potential of this technique, it was first introduced at the prestigious Digestive Disease Week congress in San Diego, USA in 2022. Subsequently, the team published their experience with seven cases in a recent scientific paper in the American Journal of Gastroenterology. To date, the team has successfully performed shunt obliterations in over 12 cases of hepatic encephalopathy

and over 20 cases of gastric varices.

One of the notable advantages of this technique is its significantly reduced cost and shorter procedure time. Additionally, this procedure can be performed in stages, which is particularly advantageous for patients with compromised liver function.

While ETSO represents a potentially significant advancement in shunt obliteration, it is still a novel technique that requires further data before it can be widely adopted. As the Department of Hepatology continues to explore the potential of ETSO, larger studies are planned to examine its role in managing gastric varices and hepatic encephalopathy compared to standard techniques.

This groundbreaking procedure exemplifies the Department of Hepatology's commitment to advancing patient care and pioneering innovative solutions for complex liver conditions.

Advocates sought to help spurious liquor victim's families

SUMER GARG
SUNAM, MAR 23

The number of deaths due to consumption of poisonous liquor in the Sunam assembly constituency and Dirba assembly constituency of Lok Sabha constituency Sangrur is increasing day by day. The majority of victims belong to the working class and who were the bread winners of



the family. The screams of the family members crying in their homes. In every government, the opposition parties shout and demand action on such unfortunate incidents, but it is

surprising that their those demands disappear as soon as they are in power. While talking to the press, Advocate Ravneet Jot Singh said that the complaint of the said matter has been registered in the National Human Rights Commission (NHRC) and apart from this, we also strongly support the demand for financial help from the Punjab government to the families of the victims.

Arvind Kejriwal is dearer than lives of Punjabis for Bhagwant Mann government: Tarun Chugh

VERMA
GURDASPUR, MAR 23

National General Secretary of Bharatiya Janata Party Tarun Chugh expressed deep sorrow over the 21 deaths due to spurious poisonous illicit liquor in Sangrur district of Punjab. Chugh strongly reprimanded the Bhagwant Mann government of Aam Aadmi Party Punjab and said that Chief Minister Bhagwant Mann, Harpal Cheema and other leaders of Aam Aadmi Party are concerned about the lives of Punjabis.

These Aam Aadmi Party leaders are busy protesting on the streets of Delhi in support of corruption kingpin Arvind Kejriwal. Whereas in Punjab the number of deaths due to poisonous liquor is



continuously increasing. He said that the number of deaths due to spurious poisonous illicit liquor is increasing day by day in San-

grur district, the constituency of Punjab Chief Minister Bhagwant Mann and Finance and Excise Minister Harpa Singh Cheema.

Till now the number of deaths due to poisonous liquor has crossed 21. He said that this incident is extremely sad and worrying. BJP stands with him in this hour of grief. Chugh said that Chief Minister Bhagwant Mann and leaders of his government have time to go to Delhi, but do not have time to meet the suffering people of their area.

He said that Chief Minister Bhagwant Mann or Harpal Cheema has not yet announced any relief for the families of the deceased, which is extremely unfortunate.

Blood donation camp organized dedicated to martyrdom day of Shaheed- e- Azam Bhagat Singh, Rajguru, and Sukhdev

KOTKAPURA (SURINDER DAMDAMI): P.B.G. Welfare Club Kotkapura organized a blood donation camp dedicated to the martyrdom day of Bhagat Singh, Rajguru, and Sukhdev, under the leadership of Baljit



Youth Congress leader Ishar Singh Ghuman meet state Congress president Raja Wading



AJAY MALHOTRA
FATEHGARH SAHIB, MAR 23

To strengthen the party in the Vidhan Sabha Constituency Bassi Pathana during the upcoming Lok Sabha Elections, Youth Congress leader Ishar Singh Ghuman today held a special meeting with Congress Party's state President Raja Wading. After the meeting, Ishar Singh Ghuman (Mairan) said that during this meeting Amarjit Singh

Bhangu, Upinder Hundal, Raman Mann, Harman Bajwa, and Raman Bhangu of Youth Congress were also present. Ishar Singh Ghuman said that during the meeting Honorable Raja Wading encouraged them and said that the youth is being given due respect in the party and the future belongs to the youth.

He said that the Panchayat and Zilla Parishad elections were also discussed during the meeting.

Two-day annual athletic meet concludes at Desh Bhagat University



KHUSHAV SINGLA
MANDI GOBINDGARH, MAR 23

The two-day Annual Athletic Meet currently underway at Desh Bhagat University concluded today.

The Faculty of Social Sciences emerged as the overall sports championship winner for the session 2023-24, with the Faculty of Social Pharmacy securing the runner-up position. The team from the Faculty of Social Sciences clinched victory in the athletic meet.

The chief guest at the closing ceremony was Patiala

Range DIG Harcharan Singh Bhullar. In his address, he emphasized the importance of sports in life, stating that sports not only bring people of all age groups together on one platform to get to know each other but also help eliminate mutual animosity. Keeping oneself healthy through sports is the easiest means in the hustle and bustle of life. Along with academically meritorious students, the university has also groomed excellent athletes who have brought laurels to the university and the family on national.

Two-day Hola Mahalla Nihang Olympics Heritage Games culminates at Charan Ganga stadium

KULWINDER BHATIA
SRI ANANDPUR SAHIB, MAR 23

District administration in collaboration with the tourism department organised the two day Hola Mahalla Nihang Olympics at Charan Ganga which has been successfully completed here today. Punjab and Haryana High Court Justice Harpreet Kaur Jeewan attended closing ceremony as a Chief guest.

Tent Pegging, Archery, Gatka, Kweshri, Dhadi waar, turban tying competitions become the center of attraction for audiences. Adventure sports such as hot air balloon, water body and paddle boating also remained attraction at the Olympic. Punjab's heritage craft fair which depicting the rich heritage and culture of Punjab also appreciated by public. The paramount arrangements for first of its kind initiative was made under



der the leadership of Deputy Commissioner Dr. Preeti Yadav and SSP Gulneet Singh Khurana. Hola Mahalla Nihang Olympics 2024 was inaugurated on March 21 by Deputy Commissioner Dr. Preeti Yadav.

Winning participants of Gatka, turban tying and tent pegging were honoured by Punjab and Haryana High Court Justice Harpreet Kaur Jeewan. Considering the upcoming MP election, SVEEP activists were also done to motivate the voter to ensure to cast their votes and cultural activities were presented by students of Government College Ropar and various schools as well. On this occasion

Additional Deputy Commissioner Pooja Sial Grewal, Additional Deputy Commissioner Sanjeev Kumar, SP Rajpal Singh Hundal, DSP Ajay Singh, SDM Rajpal Singh Sekhon, CMFO Sukhpal Singh, SDM Nangal Anamjot Kaur, RTA Gurvinder Singh Johal, Protocol Superintendent Davinder Singh Jugni, Tourism and Cultural Affairs SE BS Channa, Tehsildar Sandeep Kumar, Naib Tehsildar Aradhana Khosla, Exen Harjitpal Singh, DSO Rupesh Kumar, DSO Kuldeep Singh, DDPO Amarinderpal Singh, BDPO Amit Kumar, Working Officer Harbaksh Singh, Secretary Market Committee Surinderpal.

Modi Harvard Heart Institute, Research Center of MD Dr. Rohit Modi appreciation for organizing heritage fair



KULDEEP SOOD
BARNALA, MAR 23

Modi Harvard Heart Institute and Research Center Bathinda doctor and cardiologist Dr. Rohit Modi appreciated the 8th heritage fair and cultural program being organized at Barnala on March 30.

Dr. Rohit Modi will reach the heritage fair on March 30 and inform people about heart diseases in this heritage fair. Punjab's famous singer Harbhajan Mann is arriving to celebrate this heritage fair. He will entertain the audience

with his cultural songs. At this time Dr. While congratulating this heritage fair, Rohit Modi said that in this heritage preservation heritage fair, especially Gatka, Ghol competition, Giddha, Bhangra and Dastar competition, Kabaddi matches create new enthusiasm in our youth and our The youth of Punjab can be kept away from drugs. He said that it is our primary duty to motivate our children towards sports as much as possible so that children can escape from the mire of drugs.

DC holds meeting with kiln, sheller owners



SUMER GARG
SANGRUR, MAR 23

Deputy Commissioner (DC), Sangrur, Jitendra Jorwal held a meeting with all the associations kiln owners and sheller owners of district Sangrur at the meeting hall of the district administrative complex here today. DC apprised the owners of both the establishments to educate their workers & laborers about the deadly harm of adulterated liquor.

The Deputy Commissioner said that there is an important need to be alert and refrain from putting their lives at risk by being caught in the

temptation of giving cheap liquor by anti-social elements. He said that the tragic incidents that happened in some places in the last few days have hurt his mind a lot and now the administration is reaching every house in these affected villages to make them aware to avoid adulterated liquor. During the meeting, he asked the kiln owners and sheller owners to prevent the workers and laborers working under them from consuming substandard and cheap liquor and if any person is in possession of such liquor bought from any unauthorized place, he should inform

the Police about it. The Deputy Commissioner directed all Sub Divisional Magistrates to continuously monitor the awareness campaign. He said that people should be in constant contact and feedback should be shared and in order to wipe out the drug traffickers, full response and co-operation from all sections is required, so reach to all sections should be ensured. Besides others, ADC(D), Varjit Walia; SDM Sangrur, Charanjot Singh Walia; SDM Dhuri, Amit Gupta; SDM Lehra, Suba Singh and SDM Bhawani-garh, Vineet Kumar were also present on the occasion.

MLA Dev Mann participates in demonstration in favor of Arvind Kejriwal by Aam Aadmi Party



RAKESH JINDAL
NABHA, MAR 23

Last day Aam Aadmi Party convenor and Delhi Chief Minister Arvind Kejriwal was arrested by the ED in favor of which Aam Aadmi Party along with the entire leadership protested against Narendra Modi and BJP in Mohali including Gurdev Singh. MLA Nabha joined his workers on this occasion and said that the Modi government is deliberately implicating Aam Aadmi Party convenor Arvind Kejriwal in false cases for which he

will have to bear the consequences in the upcoming Lok Sabha elections because The people of all India know that Arvind Kejriwal was arrested by framing him in a false case. He said that every volunteer of Aam Aadmi Party is Arvind Kejriwal. Who will the central government arrest? Gurdeep Singh came with them. Deepa Ramgarh Chairman Market Committee Bhadson, Secretary Singh Tejinder Singh Chaudhary Majra, Gurdeep Tiwana, Simranjit Singh Arak Chauhan, Daljit Singh Sarpanch.

Elections in country are festival of democracy in this country: Rajiv

SHWETA SHARMA
SUJANPUR, MAR 22

Looking at the Lok Sabha elections, Rajiv Awasthi said that the elections in this country are the festival of democracy in this country.

To celebrate, every citizen especially the youth should participate enthusiastically and celebrate this festival. Therefore, in the upcoming Lok Sabha elections, every youth, every region and citizen of the country should take part in it and exercise their right to vote.



Employee's bike stolen from downtown parking lot

SHWETA SHARMA,
SUJANPUR, MAR 23

An employee's bike was stolen from downtown parking near Malikipur on National Highway on March 23. The victim, Manish, reported that his shift was from 2 to 11:00 PM. When he went to the parking lot at 11:00 PM on March 19 to retrieve his motorcycle after finishing his duty, it was missing.

CCTV footage revealed two boys stealing the bike. A complaint has been filed with the Sujjanpur police station, and the CCTV footage has been provided. However, no action has been taken yet by the police or the downtown authority. Lavpreet Singh, SHO of Sujjanpur police station, confirmed receiving the complaint and stated that an investigation is underway. He



also mentioned that security is maintained in the downtown parking, and the incident will be thoroughly investigated, including inquiries with Shyampur police and their security measures.

Modi starts many welfare schemes for middle class: Gill

GURDASPUR (VERMA): Senior leader of Gurdaspur Lok Sabha constituency and National Vice President of Himalaya Pari-

var Organization, Paramjeet Singh Gill said that Prime Minister Modi has broken the shackles of the problems of crores of middle class people and has raised the standard of living by implementing many welfare schemes for them. He said that for the middle class, income up to Rs 2 lakh was taxed by the previous governments, whereas now income up to Rs 7 lakh is tax free, along with this, GST will provide a huge relief of up to Rs 45 thousand crore to small shopkeepers and employers. Got benefits. He said that the interest on home loan and personal loan has also been reduced, along with this, lakhs of middle class people investing under PM Sukanya Samridhi Yojana have got a big benefit. He said that in the 10 years of Modi government, thousands of new colleges, universities, IITs, IIMs and medical colleges have been opened for the education of middle class children.

Till 2014, there were only 400 medical colleges in the country, whereas in 10 years of Modi government, the number of medical colleges has increased to 700.

He said that similarly till 2014, the number of MBBS seats related to medical profession was 50000, whereas in ten years this number has increased to 700. It has increased to more than one lakh. Along with this, students have got a big benefit by starting medical and engineering studies in the language of the local states and the seats for post graduation in medical have also doubled from before.



54200 litre lahan recovered, destroyed on spot



DALJEET AJNOHA
HOSHARPUR: Continuing with our drive to curb the ill effects of illicit liquor and in wake of upcoming Lok Sabha elections a joint raid was conducted today dated 23-03-24 by the team of Excise Hoshiarpur headed by EO Sukhwinder Singh and Navjot Bharti along with Narinder Walia EO Pathankot and Preetpal Singh, DCST Nrupur, Himachal Pardesh in the villages Shanni, Beli along the border Punjab and Himachal and huge quantity of lahan amounting to 54200 litre was recovered and destroyed on the spot.

Visaal Jagran to be held on April 7 in grain market of Mahal Kalan



BALWINDER AZAD
BARNALA: The important and emergency meeting of Maa Saraswati Club (Rij) Mahal Kalan, the renowned and religious social service organizations of the area, was held today in the local town. In which prominent social workers and dignitaries of the area participated, in which all the office bearers of the club discussed the activities done by the club in the past. After this, a new election of Maa Saraswati Club (Reg) was also conducted. In which Rajinder Kumar Jindal as Chairman, Lucky Singla (Johia Wale) as President, Vinod Kumar as Vice President, Pankaj Kumar and Mandjeet Council as Treasurer, Rahul Kausal as Chief Advisor, Gurpreet Singh as Press Secretary, Goliye Verma and Pawan Kumar Nihlwalu as Secretary. Apart from the selection, Honey Pasi and Raman Kumar were appointed as advisors and given new responsibilities. On this occasion, the newly elected committee decided that the 10th Vishal Jagran will be held at Anaj Mandi Mahal Kalan on April 7.

'Shaheed Diwas' observed at RR Bawa DAV College for Girls



VERMA
BATALA: Under the stewardship of Dr. Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala and under the able guidance of Dr. Lucky Sharma (Dean Student Welfare) and Dr. Meenakshi Duggal (Coordinator of Social Sciences), 'Shaheed Diwas' dedicated to the martyrdom day of Shaheed Bhagat Singh was organized in the college premises. On this occasion, the students and faculty members paid tribute to the foremost revolutionaries of Indian freedom struggle. While sharing her views on this occasion, Principal, Dr. Ekta Khosla emphasized that the phenomenal freedom fighter Shaheed Bhagat Singh provided directions to our freedom struggle through supreme self-sacrifice and strategic planning that eventually made him one of the greatest hero amongst the millions of Indians. On this occasion, Dr. Poonam Rani, Mrs. Mandeep Kaur and Mrs. Rupali Aggarwal were also present.

Apeejay College paid tribute to Shaheed-e-Azam Bhagat Singh



HARPREET SINGH LEHAL
JALANDHAR: The NSS Wing and Department of Social Sciences of Apeejay College of Fine Arts, Jalandhar organized various activities on the Martyrdom Day of Shaheed-e-Azam Bhagat Singh to acquaint students with important aspects of his life. Principal Dr. Neerja Dhingra expressing her views on this subject. On this occasion, students of various departments of the college made posters based on the life of Shaheed Bhagat Singh. Students - Sandeep and Deeksha introduced the students to the various achievements of the life of Bhagat Singh and the student- Gursimran recited a poem.

Welfare of public is paramount for me: Dr. Raj

DALJEET AJNOHA
HOSHARPUR: "My constituents have once again come together in this event to extend their affection and support, rising above party politics, for which I will be eternally grateful to all of them. Dr. Raj Kumar said while addressing the huge crowd of his supporters and the residents of the Chhabewal gathered in a program held at JNU Palace Chhabewal Constituency. He said that he has put in his heart and relentless efforts in development of Chhabewal constituency and will always continue to work with dedicated spirit. Dr. Raj said that his work is supported by the people of the constituency as he goes among them as a servant of the people. Dr. Raj said that my mission is to work and do it better.

Punjab CEO office organises SVEEP program to encourage voters during IPL match: Sabin C

SHASHI PAL JAIN
CHANDIGARH, MAR 23

As part of encouraging people to be involved in the electoral process and achieve the goal of the 'Iss Vaar 70 Paar' campaign, the Chief Electoral Office (CEO) on Saturday organised a SVEEP (Systematic Voters' Education and Electoral Participation) program during IPL match at Maharaja Yadavindra Singh International Cricket Stadium in Mullanpur, District Shahibzada Ajit Singh Nagar.

Divulging the further information about the event, the Chief Electoral Officer (CEO) Sabin C said that SVEEP is a flagship programme of the Election Commission of India to promote voter education and participation in elections.

He said that considering the craze of Cricket, the office of CEO Punjab appointed sensational cricketer Shubman Gill as the State Icon and they are confident that his mass appeal would help them achieve the target of taking the voting turnout above 70 percent. The Chief Electoral Officer said that during the SVEEP event,



a myriad of activities were organised in the stadium to motivate voters to exercise their right to vote. He said that over 400 members of the Electoral Literacy Club present at the venue encouraged everyone who has reached the age of 18 to register as a voter and actively participate in the forthcoming elections.

Apart from it, folk orchestra version of ECI song "Main Bharat Hun" was played before the start of the match. Sabin C said that giving spe-

cial attention to native audience, Punjabi adaptation of Main Bharat Hun song was also played on the big screen. Likewise, voter awareness messages and vote appeal by State Icons Shubman Gill and Tarsem Jassar were displayed during the match.

The CEO further said that huge hoardings, banners, canopies, standies were also put up outside the stadium, apart from several cutouts of Election Mascot Shera 2.0. Canopies were also put up

outside the stadium and merchandise with election awareness slogans like mugs and keychains were distributed to the visitors to encourage them for voting.

Meanwhile, addressing media persons before the start of the match, District Election Officer-cum-DC of Shahibzada Ajit Singh Nagar Aashika Jain said that there couldn't have been a better platform than Cricket to raise voter awareness especially among youth.

Blood donation camp organized by Manav Seva Uttam Seva

RAKESH JINDAL
NABHA, MAR 23

Shaheed Azam S. On the occasion of Bhagat Singh Ji's Martyrdom Day, Manav Seva Uttam Seva (Reg.) Nabha organized a massive blood donation camp at Blood Bank, Civil Hospital Nabha. In the camp, blood was collected from about 35 blood donors by the team of Dr. Madam



Heena Singla of Government Hospital. On this occasion, the chief guest of the camp, SMO Dr. Sanjay Goyal specially attended. He said that every person should donate

blood on his birthday. Because one drop of your blood can save another person's life. SMO Dr. Vinu Goyal, Dr. Anumeha Bhalla, Dhir Singh, Gamdur Singh, Vikramjit Singh, Rajinder Singh Chopra etc. were present on this occasion. On this occasion, the Chief Officer of the organization Vikas Mittal and all the members honored the chief guest Dr. Sanjay Goyal.

VC shines India's name globally in the world: Garg



SUMER GARG
HISAR, MAR 23

The necessary meeting of the working committee of Agroha Dham Agroha Development Trust was held under the chairmanship of Bajrang Garg, National President of Agroha Dham Vaishya Samaj. In this meeting, consideration was given to bringing forward the youth of the Vaishya community (VC) in the country and the state. Mr. Garg said that Agroha Dham Vaishya Samaj will work to bring maximum youth forward at the national and state level. The younger generation is the future of the country. The young generation has a huge contribution in the

progress and development of the country and will work to bring India forward at the world level by getting higher education.

He said that the Vaishya community has worked to make the name of India shine globally in the world of trade and industry. The government should also make a special plan to provide employment to the youth and bring them forward, should take effective steps to make the youth self-reliant and should give interest-free loans to the youth to run business and industry, so that the youth can do their work through business and industry as well as provide employment to the unemployed. This will reduce

unemployment to a great extent in the country and state and young men and women at the village level will get opportunities to do their own business. Bajrang Garg said that Maharaja Agrasen Ji has always worked to uplift every person by helping the needy.

Today, following the ideals of Maharaja Agrasen Ji, the Vaishya community is engaged in social and religious work day and night and is working for the bright future of the country. Garg said that a grand Holi Milan ceremony will be organized at Agroha Dham on 24 March 2024. In which there will be a grand program on Lord Shri Radha Krishna Ji and other religious songs.

Yuva Samwad at Sri Guru Granth Sahib World University: Fostering youth engagement, enlightenment

AJAY MALHOTRA
FATEHGARH SAHIB, MAR 23

Sri Guru Granth Sahib World University witnessed an inspiring convergence of around three hundred NSS volunteers at the Yuva Samwad event. Organized with great fervor and enthusiasm, the event served as a platform for youth engagement, enlightenment, and empowerment.

Prof. Sukhwinder Singh, Dean Academic Affairs of the University greeted the guests and participants. Prof. Billing, in his address, expressed his concerns regarding the contemporary challenges faced by today's youth. He highlighted the prevalent issue of aimlessness among the youth, emphasizing the importance of cultivating a sense of purpose and direction in life. Dr. Harneet Billing, the program coordinator, sha-



ree the objectives of Yuva Samwad, and the essence of 'Panch Pran' and the vision of 'India@2047'. The event also celebrated the remarkable achievements of NSS volunteers, exemplified by the outstanding contribution of Sharandeep Singh. Dr. Sarabjeet Singh Renuka, an eminent visionary and social worker, and Professor at Punjab Agriculture University provided invaluable insights on the purpose of life, ways of learning, and drawing inspi-

ration from Guru Granth Sahib. Prof. (Dr.) Pritpal Singh, the Vice-Chancellor of the University in his address urged the attendees to embrace the virtues of righteousness, truthfulness, peace, love, and non-violence in their personal and professional lives. He praised their commitment to social welfare and encouraged them to continue their noble efforts, serving as beacons of hope and catalysts for positive change.

IDS InfoTech Mohali conducts Placement Drive at Sri Guru Granth Sahib World University



AJAY MALHOTRA
FATEHGARH SAHIB, MAR 20

A leading global outsourcing and technology services company IDS Infotech Mohali, conducted a successful On-Campus Placement Drive at Sri Guru Granth Sahib World University, Fatehgarh Sahib. The Placement Drive offered university students with a unique opportunity to start their careers as Medical Scribe Trainees with IDS Infotech Mohali. The event received an overwhelming response from the University

students.

Training and Placements officer of the University Dr. Kamaljit Kaur informed that IDS Infotech Mohali, a 33-year-old organization based in Chandigarh / Mohali, works in different business verticals catering to different geographies and market segments. Serving some of the most coveted Hospitals and Clinics in the US, IDS Infotech Mohali operates with an 800-member strong team across four different offices in Mohali, Chandigarh, and Noida.

Apart from EPIC, voters can present 12 additional documents to cast vote : DC

VERMA
GURDASPUR, MAR 23

To facilitate voters in Punjab during the Lok Sabha Elections 2024, the Election Commission of India (ECI) has recognized 12 additional documents as proof of identity, in addition to the Election Photo Identity Card (EPIC), for casting votes on June 1, 2024. Any of these documents can be presented by the voter as proof of identity at the polling. The ECI has issued directives stating that voters who do not possess an EPIC can utilize 12 alternative documents to establish their identity. Quoting the directives of the Election Commission of India, Deputy Commissioner Gurdaspur, Mr. Vishesh Sarangal, informed that voters without an EPIC can still cast their votes if they



possess any of the following alternative documents: Aadhaar card, MGNREGA job card, Bank or Post office passbooks with photographs, Health insurance smart card issued under the scheme of Ministry of Labour, Driving License, PAN card, Smart card issued by RGI under NPR, Indian Passport, Pension documents with photograph, service ID cards (with photograph) issued by Central or State governments or Public Sector Undertakings/Public limited Companies.

There is dire need for young generation to adopt good constructive, revolutionary mindset, be aware of life of national leaders like Bhagat Singh: Saholi

RAKESH JINDAL
NABHA, MAR 23

Office under the leadership of National President of Akali Dal Sutanter Paramjit Singh Saholi At Moti Bagh, Shaheed Azam Sardar Bhagat Singh, Rajguru, Sukhdev and many brave warriors who were martyred in the struggle for the freedom of the country, to pay respect and respect to their great sacrifice, with the support of all the members of the party.

After praying at the feet of the Blessed Sri Guru Granth Sahib, the langar was installed by the Guru. Mr. Paramjit Singh Saholi said that today's young generation needs to learn from the life of national leaders like Mr. Bhagat Singh to adopt a good constructive, revolutionary thinking and be aware because even today the



ruling national leaders of the time of corrupt governments. People are being misled by dressing up and putting necklaces on their idols, but the starving people are still living in huts like beggars. Some governments want to collect votes by distributing flour and pulses.

They said that someone has been distributing wheat. Laughing on the pretext of rhyris are creating the conditions of the past emergency by pushing the Punjab into debt, Sahauli said that the country's Prime Minister Narendra

Modi and the state governments like Bhagwan Mann's government of Punjab are on the side of making the people feel the slavery. It has been almost 77 years since the country became independent, but the chair-hungry leaders have not freed us from corruption and have been unable to provide administration. On this occasion, Harbans Singh Khatra, Surjit Singh Babarpur, Jarnail Singh Hiana, Amrik Singh, Darshan Singh Lubana, Jathedar Mukhtiar Singh Khari, Raghveer Singh Nauhra etc.

Dr. Ranu presents himself as better Sikh face for BJP from Ludhiana



SUKH NAHAR
JAGRAON, MAR 23

Dr PS Ranu claims his ticket in election for LS constituency Ludhiana from BJP. Ranu is a social worker cum doctor turned politician, resident of Tehsil Raikot, district Ludhiana who has been a supporter of Captain Amarinder Singh can be of choice for BJP from Ludhiana. Since Dr. Ranu has been a Rashtriya Swayamsevak, he is also close to the RSS and is a former member of the Na-

tional Executive of Bharatiya Janata Party's Yuva Morcha. He has been the State General Secretary of BJP's Punjab Pradesh Kisan Morcha under Narendra Modi, the then incharge of Punjab affairs in 1999.

One of his supporters, educationist Sarbjeet Singh said that being from farmers family Dr. Ranu has a great influence in rural areas and farmers as he stood openly in the interest of the farmers during the Kisan Andolan.

Martyrdom Day of Shaheed Bhagat Singh, Rajguru and Sukhdev celebrated by holding anti-imperialist conferences

BALWINDER AZAD
BARNALA DEHATI, MAR 23

The Martyrdom Day of Shaheed Bhagat Singh, Rajguru and Sukhdev was celebrated by Bharatiya Kisan Union Ekta (Dakonda) District Barnala on March 23 under the leadership of District President Kulwant Singh Bhadour in anti-imperialist Martyrdom Conferences at Mahalkalan, Khuddi Kalan and Bhadaur. Hundreds of men and women caravans participated in these martyr conferences with full revolutionary zeal.

Giving information to the press, District General Secretary Sahib Singh Badbar said that the slogan of 'Revolution - Long Live', 'Imperialism -



Murdabad' raised by the martyrs is still as important as it was then. The empire and the Indian brokers through the ruling classes, the World Trade Organization and other imperial institutions want to hand over the agricultural / rural sector of India to the imperialist multinationals. Sharing their views, Jagraj Singh Hardaspura, Gurdev

Singh Mangewal, Nanak Singh Amala Singh Wala, Babu Singh Khudikalan, Bhola Singh Chhannan, Amarjit Kaur, Dr. Rajinder Pal, Gurmail Singh Thuliwal said that the farmers-labourers and other laborers were robbed of their ghoults.

There is a need to direct against imperialist institutions.

Night of stars, striking performances inside grand premiere of 'Majnoo'



TILAK RAJ
MOHALI, MAR 23

The Punjabi film industry witnessed a star-studded extravaganza at the grand premiere of "Majnoo" at CP 67 Mohali. The event was held in the presence of esteemed actors including the film's leading stars Kiran Shergill, Preet Baath and Sabby Suri and Producer Tilok Kothari, and director Suzad Iqbal Khan, setting a new benchmark in cinematic celebrations.

The premiere was a glittering affair, with celebrities and

film enthusiasts gracing the red carpet. Kiran Shergill, renowned for her versatility on-screen, expressed her excitement: "Being part of 'Majnoo' has been an enriching experience. The film beautifully encapsulates the essence of Punjab, and I am eager for audiences to immerse themselves in its magic." Preet Baath, who plays a pivotal role in the film, shared, "The premiere of 'Majnoo' signifies a culmination of hard work and dedication. It's a moment of pride for all associated with this project."

Athletic meet held in DAV College Jagraon



SUKH NAHAR
JAGRAON, MAR 23

On March 22, 2024 athletic meet was held at Lajpat Rai DAV College Jagraon by the Physical education Department under the leadership of college principal Dr. Anuj Sharma. On this occasion, Mr. Rajkumar Bhalla was present as the chief guest. The program started by greeting the chief guest with a bouquet. After this, athletic meet started by hoisting the flag by the chief guest. Students participated enthusiastically in this sports competition and on this occasion 100 meter race, 200 meter race, 400 meter race, long jump, shot put, three-leg race, 800 meter race, holding weight on one leg, tug of war competitions were organized. In his speech, Dr. Anuj Sharma told the students about the importance of sports and motivated them to participate in as many sports as possible and also announced that the college will always be with them for such efforts and they will be given all kinds of support.

“Bura Na Maano Holi Hai” says Neeharika Roy during their recent Holi shoot on Zee TV’s Radha Mohan

CHANDIGARH: Zee TV's *Pyaar Ka Pehla Naam* Radha Mohan has embarked on an exciting new journey with a recent leap of seven years, guiding the storyline into uncharted territories for the cherished characters, Radha and Mohan, portrayed by Neeharika Roy and Shabir Ahluwalia respectively. The viewers are now following the journey of Radha in an all-new avatar as Radhika Kohli, residing in South Delhi alongside her husband, Yug Kohli, portrayed by Manit Joura while Mohan is living with his daughter, Gungun, unaware of the fact that Radha is in the same city.

In the recent promo of the show, amidst the Holi celebrations, the viewers will get to watch some high-octane drama as Radha and Gungun come face to face after 7 long years. While the atmosphere on-screen will be tense, off-screen Neeharika took it upon herself to lighten the mood and play pranks on her team with

colors. Her infectious laughter and energy added a layer of excitement, leaving everyone on set thoroughly entertained and uplifted during the shoot. Neeharika Roy said, "Holi holds a special place in my heart, reminding me of the vibrant colors and laughter of my childhood. Celebrating it with my extended family on the sets of *Pyaar Ka Pehla Naam* Radha Mohan brings back cherished memories of playing Holi with my loved ones. It's these moments of togetherness that make our journey together truly magical. I enjoyed thoroughly playing with colors and water balloons and pranking the team. Whenever they weren't looking, I would go and spray water with a pickkaari and scream *bura na maano holi hai*." With some untold secrets, interesting twists as well as exciting revelations in the coming weeks, you cannot miss watching *Pyaar Ka Pehla Naam* Radha Mohan, every day at 8 pm, only on Zee TV!



**Rani Mukerji's Mrs. Chatterjee vs Norway
is set to make its world television
premiere on Zee Cinema on March 24**

CHANDIGARH: Nothing comes close to the love and the pain of a mother whose kids have been taken away from her: Zee Cinema brings the emotions and journey of one such mother to screens this weekend - witness an incredible journey of love, resilience and justice as Zee Cinema presents the World Television Premiere of *Mrs. Chatterjee vs Norway* on Sunday, 24th March at 12 pm. Starring Bollywood icon Rani Mukerji in the lead, *Mrs. Chatterjee vs Norway* is directed by Ashima Chibber. The film also stars Jim Sarbh, Neena Gupta, Anirban Bhattacharya in pivotal roles, this movie is inspired by the real-life story of a mother and her unwavering determination to get back her children who were taken away by the Norwegian authorities.

When you think Rani Mukerji, you think versatile, powerful and genuine and yes, she delivers these exact emotions with this film. Her portrayal of Debika Chatterjee is captivating, evoking empathy and admiration in equal measure. And it is this powerful narrative and the stellar performances that have garnered the film widespread acclaim, earning it recognition at the prestigious Zee Cine Awards and Filmfare. Rani Mukerji won the Zee Cine Awards' Best Actor – Female and the Filmfare Awards' Best Actress in Critics for her role in Mrs. Chatterjee vs Norway.

On the World Television Premiere, Rani Mukerji said, "For me, *Mrs. Chatterjee vs Norway* is not just a film; it's an emotional journey that reflects the resilience of a mother's love. The aim was to bring Sagarika's story on cellu-

loid through Debika's character and to make the audience experience the pain that a mother went through when she was separated from her children. And I am extremely proud of this film, the journey and the impact it had on the audiences which eventually led to the film's huge success. Now, I am excited to see Zee Cinema take this film to homes across the country."

Ashima Chibber adds, "How can separating a child from her mother be an option? How can anyone think of it as an option? This was this first thing that came to my mind when I heard



of the case. We wanted to make this film universal and it will definitely connect with audiences because at the end of the day were all born to mothers, no matter what relationship you have now. Rani Mukerji is really compassionate, sympathetic and supportive as a person so I couldn't think of anyone else when I was prepping for the film. As a director, 'Mrs. Chatterjee vs Norway' has been a labor of love, a story close to my heart that celebrates the impossible spirit of a mother. I am excited for viewers to experience this journey on the television"

Find out which of your favourite toon would be your perfect Holi companion

CHANDIGARH : Ever wondered how you can celebrate the festival of colours with your favourite toons? Dodge those pic-kar-is like Naruto and prank your friends with guala! just like Honey Bunny. Grab your water guns, fill your buckets with colours and let's find out how you can celebrate Holi with the crazi-est bunch in town - the Sony YAY! toons.

Unleash your inner OG Jholers

This Holi, team up with the OG Jholers as you plot who should be the target of your colour filled buckets. Can you imagine what pranks would they pull? Honey and Bunny would definitely outsmart others with water balloons filled with mud. Popat is sure to 'accidentally' spill gulaal on you, turning you into a walking rainbow. This Holi, get ready for even more goofy pranks, surprises and laughter that erupts like fireworks!

Play water tag with Naruto

Holi just got way cooler with ninja-themed water tag. Imagine your backyard transformed into an obstacle course. With this Naruto Shippuden-inspired game of water tag, you and your friends will dodge, duck, and dive like real ninjas, soaking each other with those pickkaris. Let Naruto's ninja way lead your celebrations and find out who will be the last ninja standing.



H&M reawakens Spring 2024 with modern tailoring and refined romance



CHANDIGARH : For Spring 2024, H&M celebrates the season of rebirth with soft tailoring and an effortless ease. There's sculptural volume and clean lines of refined suits, sophisticated shirts and shirt dresses. Workwear-inspired pieces give a utilitarian edge, while embroidered details, pleats and textures convey a delicate touch. A minimal colour palette of silver, light blue denim, white and ecru keeps the tone sharp. The collection launches 21 March and will be available in selected stores worldwide and online at hm.com.

The womenswear collection is a love letter to wardrobe treasures and modern femininity. Timeless suiting that's both tailored and relaxed includes not only the blazer and trousers, but also waistcoats and hot pants. Blouses, dresses and skirts with romantic volume, pintucks and flounces. Power denim in the guise of 90s shapes and soft, washed-out blues add some toughness. A shiny sil-



ver A-line dress brings a final pop of energy.

Key pieces include a white mini-dress with balloon sleeves, ruching and drawstring details, a silver pencil skirt, a light denim shirt with body-skimming seams, and a white voluminous embroidered collarless blouse with wide cuffs. Feminine accessories like slingback kitten heels and pointy

ballerinas are set against chunky, bold jewellery in silver tones.

"This season, we were really inspired by the idea of rebirth, like the first flowers blooming. So while there's a romantic side to the collection, we also wanted to channel a strong, tailored vibe and workwear touches that could breathe life into the fashion wardrobe," says Eliana Masgalos, Concept Designer at H&M.

For menswear, modern tailoring and utilitarian elements are also key – a chore jacket, overshirts, blousons and pull-overs. With the addition of navy and chestnut to the colour palette, the result is minimalist and easy-going. In kidswear, the first signs of Spring show up in floral prints, voluminous silhouettes, soft suiting and workwear-inspired pieces. Textures, embroidery on twills and satins, and both shiny and matte surfaces create a modern twist on charming classics.

Sony SAB's limited series 'Pashminna - Dhaage Mohabbat Ke' aired last episode

CHANDIGARH : Sony SAB's show 'Pashminna - Dhaage Mohobbat Ke', which narrates the story of two love birds, Pashminna (Isha Sharma) and Raghav (Nishant Malkani), is coming to an end this week. Set against the backdrop of Kashmir, the audience not only fell in love with the landscape but also with the lead couple, whose chemistry kept them hooked to the



screens for months. Launched as a finite series, the show has reached its conclusion and will air the finale episode on March 23. Ahead of the finale, the actors express their heartfelt gratitude to the audience.

Isha Sharma, who plays the role of Pashmina, said, "Being a part of this show has been amazing, something I'll always treasure. Working alongside Nishant Malkani, Hiten Tejwani, and Gauri Pradhan in Kashmir has been fantastic. Throughout this journey, I've been inspired by the dedication and energy of our team. A big thank you to all. I'm looking forward to keeping in touch with my fellow actors and directors and celebrating our successes together in the future. I would also like to thank the audience for accepting me."

Nishant Malkani, who plays the role of Raghav, "I want to say a big thank you to the channel and producers for giving me the chance to play the lead. Shooting in Kashmir was incredible – it's the first TV show to be filmed in a breathtaking place, surrounded by mountains. It got freezing, which made shooting a bit tough, but I'm so proud of our team for pulling through. Working with such amazing co-actors has been a joy. Sending lots of love and thanks to everyone involved and a big thank you to the audience for showering us with love."

Hiten Tejwani who is playing the role of Avinash says, “When we started, we knew that this was going to be a limited series, however, you do feel a sense of sadness when a show ends. It has been an amazing journey and experience. I want to thank Sony SAB, Siddharth Malhotra, and all my co-artists, directors, and crew members. During the show, we became like a family. I cherish all the wonderful memories. Wishing everyone the best and thank you all so much.”

Hoga dher sara manoranjn!

CHANDIGARH: In &TV show Atal, Hattu Ki Ultan Paltan and Bhabiji Ghar Par Hai the viewers will get to see their favourite characters in interesting situations. About &TV's Atal upcoming track, Krishan Bihari shares, "After Alok leaves from his forced Haldi ceremony, he arrives at Mohalla to meet his wife



Vimala (Prachithee Ahirao) and informs her he won't go back home until his parents accept her. Next day, everyone plays Holi in Mohalla. During the celebrations, we see an emotional moment between son Krishan Bihari (Ashutosh Kulkarni) and his father Shyamlal Vajpayee (Milind Dastane). Here Krishan reveals his love and respect towards his father. Awadh (Rahul Jethwa) also steps in and apologizes to his father for behaving rudely at the house. On one side, we see celebrations in full swing, Atal is missing from the scene. Later, it is revealed that Atal goes to other Mohalla to celebrate the festival with everyone as it is his Holi ritual. Upon returning, Atal initiates and applies gulaal to Tomar along with Mohalla people. However, Tomar is not interested in the celebrations. Shyamal (my father and Atal's Dadaji) expresses his wish to host Kavi-Sammelan. His son Krishan Bihari (Ashutosh Kulkarni), who has made him proud by performing poetry at the Raj Darbar, encourages his father to recite a poem at the event. Amidst all these, will an agitated Tomar let this be a successful event?" About &TV's Happu Ki Ultan Paltan upcoming track Rajesh shares, "Rajesh (Geetanjali Mishra) plans with Birmesh (Sapna Sikarwar) to give a surprise to Katori Amma (Himani Shivpuri) on her birthday. Rajesh advises Amma ji to stop spending money on shopping due to capital constraint. Meanwhile, at the police station, a man named Tinku lodges a complaint against his neighbour Jung-Bahadur for beating him. Upon Jung-Bahadur's appearance at the station, everyone is shocked to see that he is frail and reliant on medical assistance. Happu (Yogesh Tripathi) and Manohar (Nitin Jadhav) dismiss Tinku's claims of assault. However, Tinku keeps coming back to the police station to file complaints against Jung Bhadur's aggression, prompting Malaika (Sonali Panwar) to take on the challenge of resolving the situation.

Pyaar Ka Pehla Adhyaya ShivShakti's Nikki Sharma aces a high-octane stunt sequence for the show

CHANDIGARH: Zee TV's *Pyaar Ka Pehla Adhyaya* ShivShakti has always kept its audience glued to their screens with its interesting storyline. The show revolves around Shiv and Shakti, played by Arjun Bijlani and Nikki Sharma, navigating their life through the challenges thrown at them. In the recent episodes, viewers got to watch how Shiv gets poisoned by Mandira (Parvathy Jhumma Mitra) and is admitted to a hospital. Shiv's family believes that it was Shakti who did not allow her to meet him. Being suspicious of Mandira's intention to poison Shiv and reach Shiv's room so that she can get close to him, Shiv's family for this particular challenging scene. Interestingly, she has been performing very well. Nevertheless, she had to maintain her composure and face the sequence effortlessly on screen.



Nikki said, "Portraying the character of Shakti has actually made me overcome my fears. The stunt sequences I performed in the show used to be very challenging in the first instances. But now, I think I have become 'Khilladi' doing these stunt scenes. I ensure to do it with full determination, regardless of it being not so difficult anymore. I have actually started enjoying these sequences. This time too, I was very excited to climb the pipe under the guidance of experts and with precautions. I hope my fans enjoy watching me perform these stunts in the show and continue to shower their love."

Sony SAB artists share skincare secrets for a safe and colorful Holi celebration



CHANDIGARH : Holi, celebrated nationwide as a festival of colours, is a time of immense joy and happiness. However, amidst the excitement, it is vital to remember the importance of skincare to protect your skin from the potential harm that can be caused by synthetic colours. With this in mind, the artists of Sony SAB graciously reveal their skincare routines, encouraging everyone to enjoy the festivities with radiant and healthy skin, while also adding a layer of protection to their skins.

Aditi Rathore, essaying the role of Tanvi Sharma in Aangan Apno Kaa, says, "It's important to safeguard your skin while embracing the vibrant colours of Holi. As an actor, I rely on a simple yet powerful ritual: a generous layer of moisturiser and sunscreen. Let's celebrate Holi while also protecting our skin, ensuring every performance shines as brightly as our spirits."

Samar Vermani, essaying the role of Akash Awasthi, says, "Holi is just around the corner, and like everyone else, I'm eagerly anticipating the festivities filled with colours. As an actor, I have to extra care of my skin. Pre-holi, I apply lots of moisturiser and sunscreen. I take special care of my beard by applying olive oil or beard oil to it. It is also important to wear full-sleeve clothes while playing holi in the sun to avoid tanning. After playing with colours, I use a mild cleanser mild soap and lukewarm water to remove colour and then moisturise it further. However, the best precaution while playing holi is to use only organic colours." Garima Panhar, essaying the role of Dipiti in Pushpa Impossible says, "I always start my Holi festivities by applying coconut oil on my face. It's my secret weapon against colour stains, making it easier to cleanse after a fun-filled celebration."