



BJP will win all 10 Lok Sabha seats: Banto Kataria

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CM Sukhu assures strict action in Palampur incident

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Rajnath hails Siachen as capital of valour and courage

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“My heart is full of love, gratitude,” Vidya Balan on audience’s response to ‘Do Aur Do Pyaar’



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NEWS BRIEFS

Israeli Military Intelligence Chief resigns over Hamas attack

JERUSALEM: Israel's Military Intelligence chief Major General Aharon Haliva resigned on Monday, taking responsibility for his unit's failures during the unprecedented October 7 Hamas attacks on the Jewish state. Haliva is the first General of the Israeli army's general staff to leave his position due to the failures that led to the massive attack by the Palestinian militant organisation Hamas and the subsequent war in Gaza. In his resignation letter written in Hebrew, Haliva said, "The Intelligence Division did not live up to the task we were entrusted with. Throughout my duties, I knew that alongside authority comes heavy responsibility."

Mohinder Singh Kaypee joins SAD

CHANDIGARH: Former Punjab Congress chief and ex-MP Mohinder Singh Kaypee on Monday joined the Shiromani Akali Dal. SAD chief Sukhbir Singh Badal visited Kaypee's residence in Jalandhar to bring him into the party fold. Badal also announced Kaypee as the party candidate from the Jalandhar reserve parliamentary constituency.

Junior Engineer fined Rs 20000 for service delay

CHANDIGARH: Taking cognizance of a complaint/appeal regarding electricity meter shifting, Haryana Right to Service Commission has imposed a fine of Rs 20,000 on a Junior Engineer of Dakshin Haryana Bijli Vitran Nigam (DHBVN). A spokesperson for the Haryana Right to Service Commission said that under the chairmanship of Chief Commissioner Sh TC Gupta, a hearing was conducted on April 5, 2024, regarding the case involving Kuldeep Singh Nehra, the XEN of Rewari Division under the DHBVN. Jatin Kumar, the SDO of Rewari Sub Division, and Junior Engineer (JE) Surender Sharma of Rewari Sub Division. JE Surender Sharma failed to attend the hearing, and the appellant, Saroj Yadav, also did not participate.

Cong workers protest nomination of BJP turncoat from North West Delhi seat

NEW DELHI: A few Delhi Congress workers on Monday staged a protest here against the party selecting BJP turncoat Udit Raj as the Lok Sabha candidate for North West Delhi. The protesters gathered outside the party office at the Deen Dayal Upadhyaya Marg and raised slogans against the "outsiders" fielded by the Congress in the ongoing Lok Sabha elections. Raj won the North West Delhi seat in the 2014 Lok Sabha polls as a BJP candidate. He joined the Congress after the saffron party denied him a ticket from the constituency in the 2019 elections.

Delhi High Court dismisses PIL seeking extraordinary interim bail to Kejriwal

Court also imposes Rs 75k cost on petitioner

AGENCY
NEW DELHI, APRIL 22

The Delhi High Court on Monday dismissed a Public Interest Litigation (PIL) seeking direction to grant extraordinary interim bail to Delhi Chief Minister Arvind Kejriwal in all criminal cases. While dismissing the plea, the bench led by the Acting Chief Justice said this court writ jurisdiction cannot grant extraordinary interim bail in a pending criminal case initiated against a person holding high office. The court said Kejriwal is in custody by virtue of the judicial order of the court. He has already challenged his arrest before the Supreme Court. He (Kejriwal) is taking steps and using remedies. Law is equal for anyone, the court said.

The bench also imposed cost of Rs 75,000 on the petitioner and ordered that the amount to be deposited with AIIMS-related funds. The court held the view that the petitioner's claims are fancy and devoid of any



basis. The plea stated that, to fulfill the responsibilities of the Chief Minister of NCT of Delhi, the physical presence of Arvind Kejriwal is required in his office and home 24 Hours, 7 days a week to take quick decisions for the welfare of the public at large. A Chief Minister is also required to pass so many orders/directions on different issues/problems daily, which is not possible from Jail and/or from Judicial Custody. The plea moved by a law student further stated that a Chief Minister is also required to make inspections of

various government schools/government Hospitals/government offices/Colonies of the State etc., on a daily basis just to see the actual situation of all of them, so he/she can pass proper and required orders/directions, if required, which is also not possible from Jail and/or from Judicial Custody. It also stated that there is no allegation till today that Arvind Kejriwal, Chief Minister of the NCT of Delhi and/or his family members and/or associates, etc., has threatened any witness in any manner, hence there is no possibility for the same in near fu-

ture too. Recently one more Public Interest Litigation (PIL) was moved in the Delhi High Court seeking direction from the Director General (Prisons), Prisons to provide arrangements for efficient governance of Delhi by allowing Chief Minister Arvind Kejriwal for video conferencing interaction with assembly members and cabinet ministers.

The plea also sought direction from the Union Ministry of Information and Broadcasting to restrain the media from airing alleged misleading, sensational headings related to imposing presidential rule in Delhi.

Recently, the Delhi High Court dismissed three public interest litigation seeking direction to remove Arvind Kejriwal from holding the post of Chief Minister. While dismissing the third petition, which was filed by the former Cabinet Minister of Delhi, the court also imposed a Rs 50,000 fine on the petitioner and warned them to stop mocking the system. Costs are the only way to curb such petitions.

Big blow to TMC, 25,000 Bengal teachers fired, told to return salary

AGENCY
KOLKATA, APRIL 22

In a big setback to the Mamata Banerjee government, the Calcutta High Court has cancelled the 2016 recruitment process for government-sponsored and aided schools. As many as 25,753 appointees are set to lose their jobs and return the salaries they have withdrawn since joining with a 12% interest, according to the order.

A division bench of Justices Debansu Basak and Md Shabbar Rashidi said the school teachers recruited illegally after submitting blank OMR sheets must return their salaries within four weeks. District magistrates have been tasked with collecting the money from these teachers.

The court has made an exception in its order, ensuring that one of the appointees, Soma Das who is undergoing cancer treatment, retains her job on humanitarian grounds.

The bench, formed on a Supreme Court direction, has also ordered the CBI to further probe the appointment process and submit a report within three months. It has also asked the West Bengal School Service Commission (WBSSC) to begin a fresh appointment process.

The state government is likely to challenge the order in the Supreme Court. Several Trinamool leaders, including former education minister Partha Chatterjee, and former officials are in jail in connection with the teacher recruitment case.

Reacting to the order, Chief Minister Ma-

mata Banerjee said BJP leaders are influencing the judiciary and the judgments.

BJP Bengal targeted the Trinamool government and said Ms Banerjee and her no. 2 in the party, her nephew Abhishek Banerjee, are set to face defeat.

"The High Court has cancelled about 24,000 SSC recruitments from 2016. CBI can take anyone into custody. A smile has appeared on the faces of the worthy. This time, the nephew and his aunt will be defeated.



#TMCEXPOSED," said BJP Bengal.

Over 23 lakh candidates had appeared for the State Level Selection Test-2016 for 24,640 vacant posts while 25,753 appointment letters were issued against the vacancies, according to the lawyer for some of the petitioners. This included posts of teachers of classes 9, 10, 11 and 12 and group-C and D staffers.

The Calcutta High Court last year dismissed panels set up by the WBSSC in 2016 and cancelled the appointment of 36,000 untrained primary teachers. The figure was later modified to 32,000.

'Congress, SP have done nothing for economic upliftment of Muslims'

AGENCY
ALIGARH, APR 22

Slamming Congress and Samajwadi Party, Prime Minister Narendra Modi alleged that these political parties have always done "politics of appeasement" and have never done anything for the social and economic upliftment of Muslims.

Addressing an election rally for the Lok Sabha Elections at Aligarh, Uttar Pradesh Prime Minister Modi said "The people at the top reaped the benefits and the Pasmanda Muslims were forced to live in their conditions". "Riots, murders, gang wars, extortion, etc. were the trademark of the SP government, this was their identity and their politics also ran on this".

He said, "Now in Yogi Ji's government, criminals do not dare to disturb the peace of the citizens".

The Prime Minister said, "The lives of so many daughters were ruined due to triple talaq. Now Modi has made their lives safe by making a law against triple talaq".

"Today not only has In-

dia's Haj quota increased but visa rules have also been made easier. The government has also allowed women to go to Haj without a Mahram" he further added.

Prime Minister Narendra Modi also lashed out at the Congress, accusing it of trying to Amend a law to



'snatch' assets of the citizens. "Congress and its allies have an eye on your income and assets. The Congress's "Shehzada" said that if his government is formed, they will find out what all you have. It will be probed and all these assets will be taken under government control and distributed," the Prime Minister said at a rally in Aligarh". Prime Minister Narendra Modi on Monday hit out at INDIA alliance members Samajwadi Party and Congress and took a veiled 'shahzada' (prince) jibe at their leaders Akhilesh Yadav and Rahul Gandhi.

SC directs ending 30-week pregnancy of 14-year-old rape survivor

AGENCY
NEW DELHI, APRIL 22

The Supreme Court on Monday directed immediate termination of a 30-week pregnancy of a 14-year-old rape survivor, saying every hour was crucial for her.

A bench comprising Chief Justice D Y Chandrachud and Justice JB Pardiwala ordered Sion Hospital in Mumbai to constitute a team to conduct the medical termination of the pregnancy.

The bench ordered the hospital to ensure that the minor was safely taken to the medical facility and that the Maharashtra government has agreed to bear the expenses of the

procedure.

On April 19, in a special late evening hearing, the Supreme Court bench of CJI Chandrachud and Justice JB Pardiwala ordered an immediate medical examination of the teen survivor who had sought to terminate her 28-week pregnancy.

Earlier on April 4, the Bombay High Court declined the request for the termination of the pregnancy. Immediately the girl's mother rushed to the Supreme Court.

The SC bench directed Sion Hospital to immediately determine whether continuing the pregnancy could endanger the physical or men-



tal health of the girl or the foetus.

The Bench directed the hospital to submit the health conditions of the 14-year-old and what effect it will have if the pregnancy is terminated.

"These are very, very exceptional cases where we have to protect the children...every passing hour is very crucial for her," the bench said while directing the hospital for the safe abortion of the minor.

Four killed as car falls into gorge in Pithoragarh

AGENCY
PITHORAGARH, APRIL 22

Four people were killed after their vehicle fell into a gorge in Uttarakhand's Pithoragarh district on Monday, an official said.

As per the official on Monday (April 22), the District Control Room, Pithoragarh, informed the State Disaster Response Force (SDRF) that a vehicle had met with an accident in the Pithoragarh district, near Andoli in the Ancholi region.

The vehicle was carrying a total of eight people who were returning home after attending a wedding ceremony. The vehicle lost control and fell into a gorge approximately 200 meters deep, the official said. Upon receiving



this information, an SDRF team, led by ASI Sundar Singh Bora, immediately departed for the accident site, the official added. Local people rescued 4 injured individuals and sent them to the hospital.

Terror conspiracy case: NIA raids 9 locations in Srinagar



AGENCY
SRINAGAR, APR 22

National Investigation Agency (NIA) was carrying out raids at nine locations in Srinagar on Monday as part of its probe into an alleged conspiracy involving newly-floated terror outfits to destabilise Jammu and Kashmir, agency said on Monday.

The agency said searches are going on at nine locations in Srinagar in RC 5/22. "Details shall follow,"

they said. The case relates to the hatching of a conspiracy, both physical and in cyberspace, and plans by proscribed terrorist organisations to execute violent terrorist attacks in J&K with sticky bombs, IEDs, and small arms.

The plans are part of a larger conspiracy by the terrorist groups to commit terror acts in association with local youths and underground workers in order to create communal disharmony in J&K.

Investors' wealth climbs Rs 4.97 lakh cr in two days of market rally

NEW DELHI: A two-day rally in the stock market made investors richer by Rs 4.97 lakh crore during this period. Rebound in global markets and absence of any fresh eruption of conflict between Israel and Iran soothed investors' sentiment. Extending its previous day's rebound, the 30-share BSE Sensex climbed 560.29 points or 0.77 per cent to settle at 73,648.62. During the day, it advanced 679.47 points or 0.92 per cent to 73,767.80.

LS Polls: BJP candidate Mukesh Dalal elected unopposed from Surat

AGENCY
NEW DELHI, APRIL 22

Gujarat Bharatiya Janata Party (BJP) President CR Paatil on Monday congratulated his party's candidate Mukesh Dalal for winning the Surat Lok Sabha seat after all other candidates in fray withdrew their nominations.

Paatil took to social media platform X to post, "Congratulations and best wishes to Mukesh Dalal, candidate for Surat Lok Sabha seat, for being elected unopposed." "Surat offered first lotus



to Prime Minister Shri Narendra Modi!!," he said.

Surat District Collector and Election Officer Saurabh

Pardhi today handed over Mukesh Dalal the certificate of the Member of Parliament (MP).

Gujarat Chief Minister Bhupendra Patel also in a post on X congratulated Dalal.

Yesterday, the nomination papers of the Congress party's candidate Nilesh Kumbhani were rejected after his three proposers claimed in an affidavit to the district election officer that they had not signed his nomination form. The nomination form of Suresh Padsala, the Congress' substitute candidate from Surat, was also invalidated, pushing Gujarat's principal opposition party out of the poll fray in the city.

PUBLIC NOTICES

I, Karamjeet Kaur is legally mother of service no - 15576316P Rank NK(L) name Birbal singh of unit 111 Engineer Regiment c/o 99 APO, RO-vpo poohli sub teh NATHANA DIST bathinda pin -151102, state Punjab, declare that in my son army service record my date of birth 23/03/1964 is mentioned erroneously, my correct date of birth 01/01/1957 as per my aadhar card.

63372 I, Anprej Singh legally father of Army service no - 15576316P Rank NK(L) name Birbal Singh of unit 111 Engineer Regiment c/o 99 APO,RO-vpo poohli sub teh NATHANA DIST bathinda pin -151102, state Punjab, declare that in my son army service record my date of birth 23/03/1959 is mentioned erroneously, my correct date of birth 05/05/1955 as per my aadhar card.

63372 I, Jagjit Singh s/o Bakhtaur Singh R/o Vpo. Dala (Moga) Pb-142001, declare that in my Passport my wife name wrongly entered Sukhdeep Kaur. But my wife correct name is Sukhdeep Kaur. So amended my wife name from Sukhpid Kaur to Sukhdeep Kaur in my Passport.

63372 I Hitherto Known As Jaswinder Kaur Sidhu Wife Of Sukhdarshan Singh Residing At Lohgarh Basti, Dharmkot, Distt. Moga, Punjab, 142042 Have Changed My Name And Shall Hereafter Be Known As Jaswinder Kaur. It Is Certified That I Have Complied With Other Legal Requirements In This Connection.

63372 I Hitherto Known As Waheguru Singh Sallan Son Of Malket Singh Residing At H. No. 7711, Mohalla Sarang Pura, Near Khalsa Sen. Sec. School, Sri Muktsar Sahib, Distt. Sri Muktsar Sahib, Punjab, 152026 Have Changed My Name And Shall Hereafter Be Known As Waheguru Singh. It Is Certified That I Have Complied With Other Legal Requirements In This Connection.

63372 I, Neha Rana D/O Dharmveer Singh Rana R/O Opp Hoshiarpur Road Near Dharamkot Mohalla Doctor Satish Nagar Phagwara (Kapurthala) Now Wife Of Amandeep Singh Bisht R/O House No. 650, W/No 5 Tange Wali Gali Gobindgarh Basti Moga (Punjab) I, Have Changed My Name From Neha Rana To Neha Rana Bisht. All Note.

63372 I, Dharamveer S/O Malkhan Singh, Residing At Vpo Kalahar, Tehsil And District Ludhiana, Punjab, India,Have Changed The Name Of My Minor Son Sameer, Aged16 Years And He Shall Hereafter Be Known As Gautam Kumar. It Is Certified That I Have Complied With Other Legal Requirements In This Connection.

63372 I, Tejinder Singh Grewal (Aadhar no.2719 4270 7982) S/O Dalbara Singh Grewal R/o 90, near post office, noorwala village, Nurewal, Ludhiana, Punjab - 141007 Declare that in my Passport (Passport No. P4316745) my Father name is Darbara Singh but my Father actualy name is Dalbara Singh Grewal, Darbara Singh and Dalbara Singh Grewal both are one and Same Person.

63372 I Jaspal Kumar S/o Harbilas Rai, Kusam Rani W/o Jaspal Kumar, Ajay Kumar S/o Jaspal Kumar Residents of Ward No. 8, Bariwala Teh & Distt Sri Muktsar Sahib declare that our boy Vijay Kumar is beyond the will of us and our family. We therefore evict our son Vijay Kumar from our movable and immovable property. With this, the lender himself will be responsible.

63372 I Nachhatar Singh S/o Harbans Singh R/o Samagah, Teh. Gidderbaha (Sri Muktsar Sahib) do hereby solemnly affirm and declare that my Daughter Parmjeet Kaur W/o Sachwant Singh R/o Rorikapura was out of my control. So i evicted above said Parmjeet Kaur from all my moveable and immovable property. If any person will deals with above said Parmjeet Kaur, he will be himself responsible, I will not have any concern/relation with that.

63372 I Kamlesh Rani W/o Late Jagdish Rai S/o Ram Chand R/o W.No.12, Thakur Mohalla, Gidderbaha (Sri Muktsar Sahib) do hereby solemnly affirm and declare that my Daughter Rani was fallen in bad company and out of my control. So i evicted above said Rani from all my moveable and immovable property. If any person will deals with above said Rani, he will be himself responsible, I will not have any concern/relation with that.

63372 We Rakesh Sharma S/o Om Parkash and Anita Sharma w/o Rakesh Sharma both R/o House no.1902/47/3, Street no.35, Preet Nagar, Shimlapuri, Distt. Ludhiana declares that our son Ravi Sharma and his wife Sunaina Sharma are out of our control. So we disown both of them and their legal heirs from all our moveable and immoveable properties. We shall not be responsible if anybody deals with them.

63372

I Amit Kumar S/o Pawan Kumar R/o H.No. 1842 B, Mandi Road Kharar, SAS Nagar (Mohali) have changed name of my minor son Ekaansh Mandkan to Ekaansh Rai Mandkan.

100071

I Ashwana Rani alias Ashwana Mandkan W/o Amit Kumar R/o H.No. 1842 B, Mandi Road Kharar, SAS Nagar (Mohali) declare that I am known by both names ie Ashwana Rani and Ashwana Mandkan. Both names are of the same person that is mine.

100071

PUBLIC NOTICES

I Baldev Singh S/O Ram Rakha Village Nikuwal,post office And tehsil Anandpur Sahib, District Ropar Punjab and Harbhajan Kaur W/O Sh Baldev Singh we declare that we disown/Debarred Our son Parwinder Singh and his wife Amarpreet Kaur from my moveable and immovable property because both are out of our control if anybody deal with them he/She will be responsible him self/her self

60013

We Kiranjit Singh S/o Prem Singh and Manjit Kaur w/o Sh. Kiranjit Singh House No. 244, Phase 1, Ram Darbar Colony Chandigarh, declare that our daughter Harpreet Kaur is out of our control. we disown her from my moveable and immoveable property.

100014

I, Geeta Rani W/o Late. Sh. Ramdhari R/O H.no-28, Ghel Road, Near Kheda, Naresh Vihar, Devi Nagar, Ambala City, Distt Ambala declare that my daughter Sonia is out of my control. I disown her from my movable and immovable properties. Anybody deals with her will do so at their own risk. I and my family members have no relationship with sonia and me and my family members are not responsible for any types of acts done by her.

78645

I, Vijay Kuma S/o Bhagat Ram R/o Dhand Road , Near Shiva Garden , Kaithal (haryana) Declares That My Son Harshit & His Wife Tamanna Are Out Of My & My Family's Control. I Disown Them From My Movable - Immoveable Properties. I Willn't Responsible For Any Work & Any Dealing Of Them In Future.

84451

I Paramjit Kaur Legal Spouse of Service No. 4487519W Rank L/NK Gurpreet Singh, Village Takapur, P.O. Khabbe Rajputan,Tehsil Baba Bakala, Distt. Amritsar,have changed my DOB 01-05-1989 to 15-11-1993. Concerned Note

900026

It is for general information that I, MAHABIR SINGH S/O BAWA SINGH R/O ShamsherPur Gurdaspur Fatehgarh Churian Road Punjab declare that name of my father has been wrongly written as SAHIB SINGH in my Aadhar Card no.2373 5578 7781 The actual name of my father is BAWA SINGH which may be amended accordingly.

72737

PUBLIC NOTICES

ਮੇਰਾ ਪੁੱਤਰ ਜਸਪ੍ਰੀਤ ਸਿੰਘ (ਆਧਾਰ ਕਾਰਡ ਨੰ. 7644 1327 3248) ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹੋ ਅਤੇ ਮੇਰੇ ਕਿਸੇ ਵੀ ਫੈਸਲੇ ਨੂੰ ਨਹੀਂ ਮੰਨਦਾ। ਮੈਂ ਉਸਨੂੰ ਆਪਣੀ ਸਾਰੀ ਚੱਲ ਅਚੱਲ ਜਾਇਦਾਦ/ਮਾਲ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਮੈਂ ਅਤੇ ਮੇਰਾ ਪਰਿਵਾਰ ਉਸਦੇ ਕਿਸੇ ਵੀ ਲੈਣ-ਦੇਣ/ਸ਼ਾਨੀ ਮਾਲੀ ਨੁਕਸਾਨ/ਕਾਰਵਾਈ ਸਬੰਧੀ ਜ਼ਿੰਮੇਵਾਰ ਨਹੀਂ ਹੋਵਾਂਗੇ। ਉਹ ਖੁਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਸ਼ਮਸ਼ੇਰ ਸਿੰਘ (ਆਧਾਰ ਕਾਰਡ ਨੰ. 2188 1677 0543) ਜਸਪੁੱਤਰ ਧੌਲਾ ਸਿੰਘ ਵਾਸੀ ਪਿੰਡ ਝੋਜੋੜੀ, ਤਹਿਸੀਲ ਖਰੜ (ਮੁਕਤਸਰ)।

100071

ਮੈਂ ਜਗਤਾਰ ਸਿੰਘ ਪੁੱਤਰ ਗੋਰਾ ਸਿੰਘ ਵਾਸੀ ਬਿਬਨਪੁਰਾ ਬੇਰਤ ਤਹਿ: ਮੁਣਕ (ਸ਼ਿਹਰੂਰ) ਬਿਆਨ ਕਰਦਾ ਹਾਂ ਕਿ ਮੇਰਾ ਲੜਕਾ ਕੁਲਵਿੰਦਰ ਸਿੰਘ ਜੋ ਕਿ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹੈ। ਮੈਂ ਇਸ ਨੂੰ ਆਪਣੀ ਚੱਲ-ਅਚੱਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦਾ ਹਾਂ। ਇਨਸਾ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਮੇਰਾ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦਾ ਕੋਈ ਵੀ ਤਾਲੁਕ ਵਾ ਵਾਸਤਾ ਨਹੀਂ ਹੋਵੇਗਾ।

63372

ਮੈਂ ਨਾਜਮਾ ਖਾਤੂਨ ਪਤਨੀ ਮੌਲੂ ਵਾਸੀ ਵੀਲ ਬਨਧਾਪੁਰਾ ਕਰਤਾ ਸੁਰਵਰਪੁਰਾ ਬਿਹਾਰ-843321 ਬਿਆਨ ਕਰਦੀ ਹਾਂ ਕਿ ਮੇਰਾ ਪੁੱਤਰ ਸੋਮੇਂਦਰ ਜਾਕਿਰ ਅਤੇ ਇਸਦੀ ਕੋਈ ਸਬਨਮ ਖਾਤੂਨ ਉਰਫ (ਪੁਜਾ) ਜੋ ਕਿ ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ। ਮੈਂ ਇਨਸਾ ਨੂੰ ਆਪਣੀ ਚੱਲ-ਅਚੱਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦੀ ਹਾਂ। ਇਨਸਾ ਨਾਲ ਲੈਣ ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ। ਮੇਰਾ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦਾ ਕੋਈ ਵੀ ਤਾਲੁਕ ਵਾ ਵਾਸਤਾ ਨਹੀਂ ਹੋਵੇਗਾ।

63372

ਮੈਂ, ਬਲਵਿੰਦਰ ਕੌਰ ਪਤਨੀ ਸਵ: ਅਮਰੀਕ ਸਿੰਘ ਵਾਸੀ ਪਿੰਡ ਰਤਨਗੜਾ (ਰੱਤੋ), ਤਹਿਸੀਲ ਖਮਾਣੇ (ਫ਼ਤਹਿਗੜਾ ਸਾਹਿਬ) ਬਿਆਨ ਕਰਦੀ ਹਾਂ ਕਿ ਮੇਰਾ ਲੜਕਾ ਗੁਰਿੰਦਰ ਸਿੰਘ, ਉਸਦੀ ਪਤਨੀ ਪਰਵੀਨ ਕੁਮਾਰੀ ਵਾ ਉਸਦੀ ਲੜਕੀ ਅਵਨੀਤ ਕੌਰ, ਮੇਰੇ ਕਹਿਣੇ ਤੋਂ ਬਾਹਰ ਹਨ ਜੋ ਮੇਰੀ ਦੇਖਭਾਲ ਨਹੀਂ ਕਰਦੇ। ਮੈਂ ਇਨਸਾ ਨੂੰ ਆਪਣੀ ਸਾਰੀ ਚੱਲ-ਅਚੱਲ ਜਾਇਦਾਦ ਤੋਂ ਬੇਦਖਲ ਕਰਦੀ ਹਾਂ। ਇਨਸਾ ਨਾਲ ਲੈਣ-ਦੇਣ ਕਰਨ ਵਾਲਾ ਖੁਦ ਜ਼ਿੰਮੇਵਾਰ ਹੋਵੇਗਾ, ਮੇਰੀ ਜਾਂ ਮੇਰੇ ਪਰਿਵਾਰ ਦੇ ਕਿਸੇ ਹੋਰ ਮੈਂਬਰ ਦੀ ਕੋਈ ਜ਼ਿੰਮੇਵਾਰੀ ਨਹੀਂ।

63372

I Amit Kumar alias Amit Mandkan S/o Pawan Kumar R/o H.No. 1842 B, Mandi Road Kharar, SAS Nagar (Mohali) declare that I am known by both names ie Amit Kumar alias Amit Mandkan. Both names are of the same person that is mine.

100071

I Ashwani Kumar s/o Karam Dass r/o # 2161 Pepsu Co. Op. society, sector 50 Chandigarh have changed my name from Ashwani Kumar to Ashwani Kumar Bhuraita.

60013

I Raksha Rawat w/o Army No 1436093SY Rank EX. HAV Name Ashwani Kumar Bhuraita unit 130 Army Air Defence Regt c/o 56 APO R/o Village Thana Tehsil Jubbal District Shimla (H.P) 171214, here by corrected my Name , from Raksha Rawat to Raksha Bhuraita

60013

I, Jasmine Kaur Sidhu W/o Varinder Singh Dhindsa Vpo Bardwal Tehsil Dhuri Distt Sangrur 148024, Punjab Change My Name And Shall Hereafter Be Known As Jasmine Kaur

98726

I No 17033071A CFN Satya Priya Mantry S/o Bhimasena Mantri R/o Village Raghurampur,Tehsil Tigiria, District Cuttack (Odisha).Pin-754030.Declare that in My Army Service Record My Mother Name Mentioned BANITA MANTRY which is incorrect Her Correct Name is BANITA MANTRI.Vide Affidavit QE0001925078.

9000A

I No 17033071A CFN Satya Priya Mantry S/o Bhimasena Mantri R/o Village Raghurampur,Tehsil Tigiria, District Cuttack (Odisha).Pin-754030.Declare that in My Army Service Record My Father Name Mentioned BHIMASEN MANTRY which is incorrect His Correct Name is BHIMASENA MANTRI.Vide Affidavit QE0001925081.

9000A

I No 15626783L NK Teerath Singh S/o Ghanshyam Keer R/O Village Panagar,Tehsil Gadgarwara, District Narsinghpur (M.P),Pin-487881.Declare that in My Army Service Record My Mother Name Mentioned RAMETI BAI which is incorrect Her Correct Name is RAMETI.Vide Affidavit QE0004838016.

9000A

I No 15626783L NK Teerath Singh S/o Ghanshyam Keer R/O Village Panagar,Tehsil Gadgarwara, District Narsinghpur (M.P),Pin-487881.Declare that in My Army Service Record My Father Name Mentioned GHANSHYAM which is incorrect His Correct Name is GHANSHYAM KEER.Vide Affidavit QE0004838013.

9000A

I, Rajat Mittal son of Prem Chand Mittal , resident of H.No. 235B, Jind Road, Housing Board Colony, Kaithal, Haryana, India, and presently residing at LPH 07, 600 Rexdale Blvd, Etobicoke, ON do hereby change my name from Rajat to Rajat Mittal, with immediate effect.

84451

I, Preeti Dhariwal D/o Gurnam R/o Jalandhar Road Enclave Colony Near Civil Hospital Jandiala Tehsil Phillaur (Jal). From Preeti Dhariwal To Gharu Preeti (Surname As Gharu & Preeti As Given Name) All Please Note.

777886

I Ramanjeet Kaur W/o Sharanjit Singh R/o VPO Pamal Distt. Ludhiana have changed my name Ramanjeet Kaur to Ramanjit Kaur. Concern may Note.

98731

I, Seemu Sharma wife of Sumit Sharma R/o H. No. 1136, Sector 19 Part 2, HUDA Kaithal, District Kaithal (Haryana), have changed my name from Seemu Sharma to Seemu Kumari. Concerned please note.

84451

I Parmjeet Kaur W/o Krishan Singh R/o House No-b-v-247, Janda Wala Road, Barnala. I Have Changed My Name To Paramjeet Kaur.

50008

I Kirandeep Kaur W/o Saun Singh R/o Village Phapre Bhakei, Male Ki Patti, Distt Mansa Have Changed my Name From Kirandeep Kaur Sidhu To Kirandeep Kaur

50008

I Rajwinder Singh Sidhu S/o Gurbaksh Singh R/o Village Bigarwal Tehsil Sunam Distt Sangrur Have Have Changed My Name To Rajwinder Singh.

50008

I Akashdeep Singh S/o Jasvir Singh Sanipur Road Ram Dass Nagar Sirhind (r) Fatehgarh Sahib Punjab Have Change My Name To Akashdeep Singh Dhindsa

50008

I Shipra W/o Amit Chhabra (d/o Om Parkash) R/o H.no. 2675-a, Near Durga Mandir, Rajpura, Distt. Patiala Have Changed My Name To Shipra Chhabra

50008

I Harjaap Singh S/o Surjit Singh R/o Village Shahzadpur, Haralpur Distt Fatehgarh Sahib Have Changed My Name From Harjaap Singh To Harjap Singh

50008

I, Usha Bansal W/o Amrit Pal ward no 15 Sangrur, Tehsil & district Sangrur, Punjab, declare that I have changed my name from Usha Rani Garg to Usha Bansal since after my marriage. Now I shall be known as Usha Bansal and Usha Rani as well.

50008

I charanjit Singh (Aadhar card no .5198 9112 1790)/S/O Khemraj Singh R/O Bhutal Kalan Teh.Lehra, Distt. Sangrur declare that the father known as Khemraj Singh alias Hemraj Singh. So Khemraj Singh and Hemraj Singh is single person. concerned note.

50008

I, Ravinder Kaur, wife of Baljit Singh Gahunia, resident of village Bela Tehsil Sri Chamkaur Sahib, District Rupnagar, have changed my name from Ravinder Kaur to Ravinder Kaur Gahunia

50008

I Baljit Singh son of Gurdalay Singh resident of village Bela Tehsil Sri Chamkaur Sahib District Rupnagar have changed my name from Baljit Singh to Baljit Singh Gahunia.

50008

I Smt Kamaljeet Kaur Spouse of No. 15168616N Hav Narinder Singh R/o MCB-Z-5-2638, St No. 13/14, Maheshwari Colony, Bathinda Inform all that I have changed my name from Kamaljeet Kaur to Kamaljit Kaur, my DOB wrongly given in my husband's army records as 30.06.1987, my correct DOB is 21.02.1987 vide affidavit dt. 18.04.2024 before Notary Public Bathinda

100078

I, Arti Singh spouse of No. 15791912H Hav Aditya Singh of Unit 3221/322 AD Regt, Pin 926322, C/o 56 APO, R/o Vill Vijapura, P.O & Teh Lahar, Distt Bhind, State MP, Pin-477445 have changed my DOB from 28.01.1991 to 18.01.1991 vide affidavit dt. 22.04.24 before Notary Public Bathinda

100078

I Sarbjit Singh S/o Kartar Singh R/O Village Mala, P.O. Talwandi Madho, Tehsil Shahkot, Distt. Jalandhar popular with the name spelling Sarbjit Singh and Sarabjit Singh. Sarbjit Singh and Sarabjit Singh is one and the same person. note please.

461257

I Minakshi W/o Kamaljit Singh R/o Vpo Lakhpur Teh Phagwara Distt Kapurthala I Have Changed The Name Of My Minor Son Nakul To Nakul Bangar And Bangar Is His Surname.

461257

I, Ranjeet Kaur W/o Mohinder Singh R/o V. G a d d o w a l i P o. S a m m i p u r, Distt.Jalandhar, Punjab have changed my name from Ranjit Kaur to Ranjeet Kaur. All note.

461257

I, Sonia (Aadhar No. 3456 6091 4677) D/o Vir Jodh Singh R/O Village and Post Office- Beas Pingd, Tehsil & District - Jalandhar, Punjab have changed my name from Sonia to Sonia Banger. Please note.

461257

I Lakhbir Singh S/o Joginder Singh R/o V.po. Aur Distt S.b.s Nagar, Punjab 144417 I Have Changed My Name Spelling Lakhbir Singh To Lakhvir Singh. All Note.

461257

I, Manoj Kumar S/O Mainpal Singh, R/o Samar Gopalpur (90), Rohtak, Samargopalpur, Haryana- 124514, I have changed the name of my minor daughter Sakshi aged about 12 Years and She shall hereafter be known as Ishitta Raj.

461257

I, Parveen Kumar S/O Jagdish Duhan, R/o House No-2314/9, Gohana Road, Near Telephone Exchange, Surya Nagar, Rohtak, Haryana- 124001, have changed my name and shall hereafter be Known as Praveen Kumar.

461257

I, Bhawana Saraswat W/O Nirmal Sharma, R/o House No-120, Anandgarh (199), Sirsa, Anandgarh, Haryana- 125078, Declare that name of Mine and My Minor Son has been wrongly written as Bhawana Sharma and Jatin in my minor Son Jayant, aged about 7 Years, In His Birth Certificate. The actual name of Mine and My Minor Son are Bhawana Saraswat and Jayant Saraswat, which may be amended accordingly.

461257

I, Jagjit Singh S/O Jasvir Singh, R/o Village and Post Office, Mehtiana, Hoshiarpur Punjab- 146001, have changed my name and shall hereafter be Known as Jagjit Singh Gill.

461257

I, Surinder Pal S/O Bour Chand, R/o Lehra Wali Khuhu, Ward Number 11, Larma Gaga, Sangrur, Punjab- 148031, have changed my name and shall hereafter be Known as Sinder Pal.

461257

I, Rampal Singh s/o Bhim Singh r/o Village Ugalan Tehsil Baas Distt Hisar wants to change my name from Rampal Singh to Rampal for all future purposes.

786786

I, Krishana Devi w/o Rampal r/o Vill Ugalan Tehsil Baas Distt Hisar wants to change my name from Krishana Devi to Krishana for all future purposes.

786786

I, HARMINDER SINGH JAURA S/O HARJIT SINGH R/o L-12/1100 GALI NO 3 SARWARPURA, SULTAN WIND ROAD, Amritsar, 143001, Punjab, have Changed my name to HARMINDER SINGH

72737

I, HARJIT SINGH JAURA S/O HARJIT SINGH R/o L-12/1100 GALI NO 3 SARWARPURA, SULTAN WIND ROAD, Amritsar, 143001, Punjab have Changed my name to HARJIT SINGH

72737

I, Jotinder Singh Karwal S/o Ajit Singh R/o H no. 332/1 G. T Road Putlighar Amritsar have changed my name to Jotinder Singh

72737

I, Gauri Kakar W/o Sunil Kakkar R/o 36 C Block Lane No. 5 Guru Amar Dass Avenue Have Changed My Name From Gauri Kakar To Gauri Kakkar

72737

I Davinder Singh S/o Gurdial Singh R/o Vpo Ramdewali Musalmana Distt Amritsar Have Changed My Name To Singh Is My Surname And Davinder Is My Given Name

72737

I, Jagroop Singh Kaliyan S/o Chet Singh R/o VPO Fatehgarh Panjtoor Distt Moga have Changed my name to Jagroop Singh

72737

I Arishma Arora W/o. Navish Nanda previously called Arishma Arora, resident Sanan Mohala, Near B/VN College Fatehgarh Churian, Teh. Batala, Distt. Gurdaspur have changed my name from Arishma Arora to Arishma. Concerned please note.

72737

I Jagdeep Singh S/o. Sh. Nirmal Singh resident of Abadi Dashmesh Nagar, Fatehgarh Churian, Teh. Batala, Distt. Gurdaspur have changed my name from Jagdeep Singh to Jagdip Singh . Concerned please note.

72737

I, Dimple @ Dimple Arora W/o Mohit Arora, R/O/H.No.160, Opposite Khurana Park Green Avenue Amritsar have Changed my name to Dimple Arora after my marriage

72737

I Rajni Bhella w/o Balkar Singh R/o Vill. Ghurala Gurdaspur have changed my name to Rajneet Kaur

72737

I Satnaam Singh S/o Balbir Singh Residing Vpo Chohla Sahib Tehsil Tarn Taran, District Tarn Taran Pin 143408 Punjab India Have Changed My Name From Satnaam Singh To Satnam Singh

72737

I Balbeer Singh S/o Hari Singh Residing Vpo Chohla Sahib Tehsil Tarn Taran, District Tarn Taran Pin 143408 Punjab India Have Changed My Name From Balbeer Singh To Balbir Singh.

72737

I hitherto known as RATI BHAN S/O HIRA SINGH R/O H.NO. 730, STREET NO. 14, RAJ NAGAR PART-2, PALAM COLONY, BAGDOLA, DELHI CANTONMENT SOUTH WEST DELHI AT PRESENT VILLAGE KAKROLI HUKMI, PO KAKROLI SARDARA, DISTT CHARAKHI DADRI, STATE HARYANA have changed my name and shall hereafter be known as RATIBHAN SHEORANARYA

72737

I, Bhwar Devi M/o the name Fateh Singh Rathore presently residing at village Bawari, Post-Sekhala, Shekhala, Shekhala Jodhpur Shergarh, Rajasthan pin code-342025 India declare that as per army record my name is wrongly written as Bhwar Devi but my correct name is Bhanwari Kanwar vide affidavit NO. IN- Pb08056233534310W dated 22-04-2024 best before Notary Public Amritsar

72737

I, Bina Jini Spouse of No. 17004561N rank NK name Madhava Pradhan presently residing at Dakeringia, Gresingia, Kandhamal Odisha 762100, have Changed my name from Bina Jini To BinaJini Pradhan vide affidavit NO. IN- Pb08183086397313W dated 22-04-2024 best before Notary Public Amritsar

72737

I, Santosh Kumar S/o Dwarika Prasad R/o Kaligar, Tehsil & Distt bagewar, (Uttarakhand), at Present: 183 Bn. BSF Hq. Ajnala, Distt Amritsar have Changed my daughter name from Shradda Trikotit to Shraddha

72737

I Binu s/o Rajender Kumar r/o village Bhuna tehsil Guhla distt. Kaithal Haryana inform that I have changed my name from Binu to Binu Rana

335454

I.Dharminder Brar S/o Ram Rakha Singh, Resident Kothe Natha Singh Wale, Mehma Sawai (Bathinda), Have Changed my Name Dharminder Brar to Dharminder Singh.

90004

I, Priyanka Bharti, spouse of Suman Kumar resident of H.No.153, Jarnail Enclave Phase-I, Zirakpur, Punjab have changed my name from Priyanka Bharti to Priyanka Kumari vide Affidavit dated 21 Apr 24 before Notary Dera Bassi, Punjab.

989666

I Parkash Devi W/o Amrit Lal R/o Vpo Mehma Bhagwana Distt Bathinda Have Changed My Name From Parkash Devi To Parkasho Devi

50008

I Om Parkash S/o Tara Singh Vpo Kirtowal Kalan Tehsil Patti Distt Tarn Taran Have Changed My Name Of Om Parkash to Om Parkash Singh All Concerned not please.

50008

I, Vishal S/O Jasbir R/O Village Ban Tehsil Ladwa Distt Kurukshetra Have Changed My Name From Vishal To Vishal Laller.

989666

I Sushama W/O Sh. Ramesh Kumar/R/o H.No 1136 Ward No 08 Ladwa Tehsil Ladwa Distt. Kurukshetra Haryana- 136132 Have Changed My Name From Sushama To Sushma.

989666

I Amanjeet Kaur W/O Bhupinder Singh Dhalawal R/O VPO Dhalawal Bet tehsil Dhillwan district Kapurthala declare that have changed my name from Amanjeet Kaur to Dhalawal Amanjeet Kaur. Please note.

98748

I hither to known as Kulwinder Singh Son of Joginder Pal resident of Peengha Wala Chowk VPO Goraya, Tehsil Phillaur, Distt Jalandhar, Punjab India have changed my name and shall hereafter be known as KULWINDER KUMAR.

42778

I hither to known as Kulwinder Kaur Wife Gurdeep Singh Bhandal resident of Village Akalpur, Tehsil Phillaur, Distt. Jalandhar, Punjab India have changed my name and shall hereafter be known as Kulwinder Kaur (After Marriage).

42778

I Hithero Known as Harbans Lal S/o Ram Lal R/o Mohalla Kotla VPO Nurmehal ,Teh. Phillaur (Jalandhar) Pincode - 144039 Punjab have Changed my name and Shall hereafter be known as Lal Harbans.

42778

I hitherto known as SHERRY D/o SUBASH CHANDER R/o VILLAGE CHOGAWAN, PO CHOGAWAN, TEHSIL LOPOKE, DISTT AMRITSAR, PUNJAB, have changed my name and shall hereafter be known as SHERRY BAJWA

72737

I PARMJEET Kaur W/o KRISHAN SINGH R/O HOUSE NO-B-V-247, JANDA WALA ROAD, BARNALA. I HAVE CHANGED MY NAME TO PARAMJEET Kaur.

90006

I Ena D/o Harish Chauhan R/o H No 1 Anand Complex,Subathu,Distt Solan Changed My Name To Ena Kumari Chauhan

666554

I, Dharamveer Singh S/O Dev Raj R/O Ward no 1, Purani Abadi, district Jalandhar, Have Changed the name of my son LAKSHVEER to LAKSHVEER SINGH Concerned Note.

900011

I, Komal Kaur W/o Harjeet Singh R/o H.No. B-31-6019 St.No. 3 Gambhir Niwas Guru Arjun Dev Nagar Samrala Chowk (Ludhiana) have known by both names Komal Kaur and Komal Kaur Gabri one and the same person.

63372

I, Maanvir Singh S/o Balbahadur Singh R/o Mehraj Patti Sandli (Bathinda) have changed my name to Maanvir Singh Sidhu.

63372

I, Amandeep Kaur Sidhu W/O Angrej Singh Gill R/O V.P.O. Mansoor Deva, Tehsil Zira, (Ferozepur), Have Changed My Name Amandeep Kaur.

63372

I, Harmandeep Kaur Dhalawal W/o Heera Singh R/o Chugawan (Moga) have changed my name to Harmandeep Kaur.

63372

I Jaswir Kaur w/o Mohinder Singh R/o Vpo Alachaur Tehsil Nawanshahr Distt. Sheheed Bhagat Singh Nagar have changed my name Jaswir Kaur to Jasvir Kaur.

63372

I, Geja Singh Mattu S/o Hardeep Singh R/o Wazidke Kalan (Barnala) have changed my name to Geja Singh.

63372

I Randhir Singh S/o Gurdev Singh, Vill Baggeana Distt Faridkot have changed my name to Randheer Singh.

63372

I, Kuljeet Singh Sidhu Bhaika S/O Parkash Singh Address Near Gurudwara, Vpo Chak Ram Singh Wala Distt Bathinda Have Changed My Name Kuljeet Singh Sidhu Bhaika To Kuljeet Singh.

63372

I, Jatinder Singh Sidhu S/O Mohan Singh Vpo Chak Ram Singh Wala Distt Bathinda Have Changed My Name Jatinder Singh Sidhu To Jatinder Singh.

63372

I, Anjna Nagpal W/O Dinesh Kumar Wadhwa, R/O Bathinda Have Changed My Name From Anjna Nagpal To Anjana.

63372

I, Suman Lata W/o Rattan Kumar Bhatti R/o Vill: Ladhana Ucha Po. Ladhana Jhikka Teh-Banga (SBS Nagar) have changed my name from Suman Lata to Suman Lata Bhatti.

63372

I, Haravtar Singh Sond S/o Nahar Singh R/o Vpo. Sherpur Kalan Teh-Jagraon (Ludhiana) have changed my name to Haravtar Singh.

63372

I Rubiana w/o Nasir Khan R/o Village Uppal khari Teh and district Malerkotla i have changed my name from Rubiana to Rubina.

63372

I, Jaswant Singh Panju S/o Jeet Singh R/o Vill: Kaila Teh-Dharmkot (Moga) have changed my name to Jaswant Singh.

63372

I Pooja Sharma W/o Surinder Kumar Vill- Paddi Sura Singh Teh-Garshankar (Hoshiarpur) have changed my name to Pooja Rani.

63372

I Sumanpreet Kaur Sidhu W/o Gagandeep Singh Brar, R/o Gumti Kalan (Bathinda) have changed my Name to Sumanpreet Kaur.

63372

I, Mohammad Yaqub S/O Habib Mohammad R/O Village Mehbbupura(Takhar Khurd), PO Malerkotla, Teh. & Distt. Malerkotla have changed my name to Mohd Yaqoob.

63372

I Dildar Singh Alias Didar Singh S/O Kewal Singh R/O Gatti Peer Baksh Tehsil Shahkot Distt. Jalandhar Have Changed My Name To Didar Singh.

63372

I, Surjit Kaur W/o Shaminder Singh Sangha R/o Vill: Daroli Bhai (Moga) have changed my name to Kuljit Kaur Sangh.

63372

I, Harjinder Singh Gill S/o Baljit Singh R/o Vill: Daroli Bhai (Moga) have changed my name to Harjinder Singh.

63372

I, Mahinder Pal S/o Hans Raj Joshi R/o Vill: Daroli Bhai (Moga) have changed my name to Mohinder Pal Joshi.

63372

I, Rajwinder Kaur Mahay W/o Harbans Singh Mahay R/o Takhtpura (Moga) have changed my name to Rajwinder Kaur.

63372

I, Harbans Singh Mahay S/o Lal Singh R/o Takhtpura (Moga) have changed my name to Harbans Singh.

63372

I, Balwinder Kaur W/o Bhag Singh, R/o Bareta, District Mansa, have changed my name from Balwinder Kaur to Verinder Kaur.

63372

I Inderjit S/o Kabul Chand, Vpo Birpind Teh Nakodar, Jalandhar, Punjab have changed my name from Inderjit to Inderjit Dadhria.

63372

I Karamjit Kaur W/O Avtar Singh R/O Baghour (Ludhiana) declare that my name is Karamjit and my surname is Kaur.

63372

I Jeet Singh S/o Dalip Singh R/o Village Dholan Tehsil Patti District Tarn Taran have changed my name from Jeet Singh to Ajit Alias Jeet Singh Dhillon.

63372

I Hitherto Known As Manjinder Singh Sidhu S/O Jaswinder Singh Residing House No 328 Vpo Jalalabad East District Moga Pin 142042 Punjab India, Have Changed My Name And Shall Hereafter Be Known As Manjinder Singh.

63372

I, Monika Rani W/o Jatinder Kumar R/o H.No. 24914 St.No. 4 Baba Deep Singh Nagar (Bathinda) have changed my name to Monika.

63372

I Dilawar Singh S/o Joginder Singh R/o Ward No 10 Banga-Nawansahr Link Road Garhshankar (Hoshiarpur) have changed my name to Dilawer Singh.

63372

I, Mubeen chaudary D/o Shamsah Ahmed R/o Mohalla Berian Road Malerkotla Distt. Malerkotla, have change my name from Mubeen to Mubeen chaudary.

63372

I, Mohammed Asgar s/o Mohammad Arshad R/o Mohalla Jattpura Inside Sirhandi Gate Malerkotla Tehsil & Distt. Malerkotla, have change my name from Mohammed Asgar to Mohammad Asghar.

63372

I, Mohammed Arshad S/o Saraj Mohammad R/o Mohalla Jattpura Inside Sirhandi Gate Malerkotla Tehsil & Distt. Malerkotla, have change my name from Mohammed Arshad to Mohammad Arshad.

63372

I, Nirmal Singh Sangha R/o VPO Dosanjh (Moga) Changed My Minor Son's Name Gurmukh Singh To Gurmukh Singh Sangha.

63372

I Baljinder Singh Koldhar S/O Basakhi Singh Village Mahorana Teh.Malerkotla District Malerkotla Have Changed My Name To Baljinder Singh.

63372

I Karamjeet Kaur Koldhar W/O Baljinder Singh Village Mahorana Teh.Malerkotla District Malerkotla Have Changed My Name To Karamjeet Kaur.

63372

I, Sarbjeet Kaur Nijjar W/o Gurpreet Singh H.No.451, Shaheed Bhagat Singh Nagar, Doraha (Ludhiana) have changed my name to Sarbjeet Kaur.

63372

I, Jaswinder Kaur w/o Major Singh R/o Rode (Moga) have changed my name to Shinder Pal Kaur.

63372

I Maninder Singh S/O Pavittar Singh Village Gazipur, Po Chakohi, Teh Khanna (Ludhiana) Have Changed My Name To Singh Maninder.

63372

I, Anjna Nagpal W/O Dinesh Kumar Wadhwa, R/O Bathinda Have Changed My Name From Anjna Nagpal To Anjana.

63372

I, Suman Lata W/o Rattan Kumar Bhatti R/o Vill: Ladhana Ucha Po. Ladhana Jhikka Teh-Banga (SBS Nagar) have changed my name from Suman Lata to Suman Lata Bhatti.

63372

I, Haravtar Singh Sond S/o Nahar Singh R/o Vpo. Sherpur Kalan Teh-Jagraon (Ludhiana) have changed my name to Haravtar Singh.

63372

I Rubiana w/o Nasir Khan R/o Village Uppal khari Teh and district Malerkotla i have changed my name from Rubiana to Rubina.

63372

I, Jaswant Singh Panju S/o Jeet Singh R/o Vill: Kaila Teh-Dharmkot (Moga) have changed my name to Jaswant Singh.

63372

I Pooja Sharma W/o Surinder Kumar Vill- Paddi Sura Singh Teh-Garshankar (Hoshiarpur) have changed my name to Pooja Rani.

63372

I Sumanpreet Kaur Sidhu W/o Gagandeep Singh Brar, R/o Gumti Kalan (Bathinda) have changed my Name to Sumanpreet Kaur.

63372

I, Mohammad Yaqub S/O Habib Mohammad R/O Village Mehbbupura(Takhar Khurd), PO Malerkotla, Teh. & Distt. Malerkotla have changed my name to Mohd Yaqoob.

63372

I Arshdeep Singh S/o Jasvir Singh Grewal R/o Village Abupura Distt Ludhiana have changed my name to Arshdeep Singh Grewal.

63372

I Jasvir Singh S/o Jeet Singh R/o Village Abupura Distt Ludhiana have changed my name to Jasvir Singh Grewal.

63372

I Sunita Rani Knore D/o Karamjeet Singh R/o H.No 98/1, Dashmesh Nagar Jagraon Distt Ludhiana have changed my name to Sunita Rani Knoke.

63372

I shivinder pal Johar S/o Girdhari Lal R/O H. No. 2331 St. No 4 Near Basti Jodhewal Basti Money Singh Ludhiana Declare That shivinder pal Johar And Surinder Kumar Are One And The Same Person.

63372

I, hitherto known as Surinder Singh Sekhon S/o Kapoor Singh Sekhon, R/o H.No. B-III-373, City Enclave, G.T.Road Jagraon, Ludhiana, Punjab- 142026, have changed my name and shall hereafter be Known as Shalinder Singh Sekhon.

63372

I Kamal Kumar S/o Harnam Dass R/o Vpo Nussi, Jalandhar-144004, Punjab, have changed name of my minor son from Gurnoor to Gurnoor Singh Janagal.

63372

I Kamal Kumar S/o Harnam Dass R/o Vpo Nussi, Jalandhar-144004, Punjab, have changed name of my minor daughter from Harveen to Harveen Kaur Janagal.

63372

I Rajni W/o Kamal Kumar R/o VPO Nussi, Jalandhar-144004, Punjab, have changed my name from Rajni to Rajni Kaur Janagal.

63372

I Anmol D/o Balraj Bhagirath R/o House.No. 42 Adarsh Nagar Jalandhar 144001 Punjab, India. Have Changed My Name From Anmol To Anmol Bhagirath, Anmol Is A Given Name And Bhagirath Is A Surname.

63372

I Sandeep Kaur D/o Harwinder Singh R/o Vpo. Sarhala Ranuan, SBS Nagar 144501 Punjab, India. Have Changed My Name From Sandeep Kaur To Kaur Sandeep, Sandeep Is A Given Name And Kaur Is A Surname.


63372

I Tarandeep S/o Tirath Ram R/O Village Bajra P.O. Sammpur Distt. Jalandhar have changed my name from Tarandeep to Tarandeep Chander.

63372

NEWS BRIEFS

Brahma Kumaris organize monthly tribute meeting to Krishna Didi



AMBALA (MANISH KUMAR): On behalf of Brahma Kumaris Panna Cottage Ambala Cantonment, a monthly tribute meeting was organized for Ambala Zone In charge Krishna Didi. In this meeting, many sisters from places like Rairpurani, Shahbad, Sadaura, Shahzadpur, Mulana, Bhandida, Jaggi Colony, Barada, Narayangarh offered their support. In this, Rajyogini Kailash Didi, Director of Bathinda Circle, while narrating her other experiences with Krishna Didi, said that Didi was the embodiment of sacrifice and penance and used to enhance the qualities of everyone. Panna Cottage Center In charge Rani Didi said that Didi taught them to do every work like a mother and gave them motherly love.

CHANDIGARH, TUESDAY, APRIL 23, 2024

Youth should vote enthusiastically in the grand festival of democracy: CEO

BUREAU
CHANDIGARH, APRIL 22

Haryana Chief Electoral Officer, Sh Anurag Agarwal said that the Election Commission of India has initiated a unique campaign through social media by giving slogans such as "Turning 18" and "You are the One" to inspire the youth to participate in the electoral process enthusiastically during this significant celebration of democracy.

He said that turning 18 symbolizes a new responsibility for the youth to engage actively in the democratic process. They should exercise their right to vote responsibly and select their preferred public representative. This time, the Election Commission is not only active on the ground but also on social media platforms to enhance voter awareness. There's a significant focus on encouraging new vot-



VC releases Mathematics Department Newsletter

CHANDIGARH: Department of Mathematics of J. C. Bose University of Science and Technology, YMCA, Faridabad, released the second edition of its departmental newsletter 'Infinity for Thought' today. Vice-Chancellor Prof. Sushil Kumar Tomar unveiled the publication during a programme organised in the university board room. On the occasion, the Head of the Department Prof. Nitu Gupta presented a brief report on the department's achievements and events organised in the last two years to the Vice-Chancellor Prof. Tomar. She also highlighted the remarkable performance of students in competitive examinations like UGC/NET, JAM, GATE, and placement records. On this occasion, the Vice-Chancellor also released the admission flyer prepared for the upcoming academic session 2024-25.

ers to participate. For the youth who are in the age group of 18 to 30 years, the Commission has introduced a new slogan, "You Are the One," urging them to exercise their franchise in the upcoming 18th Lok Sabha general elections. These young voters are encouraged to share their participation by uploading a photo on social media with the caption 'You are the one' along with the ink mark on their finger.

Rapid efforts needed to secure resources like groundwater: Rajiv

MAINPAL KASHYAP
INDRI, APRIL 22

Rapid efforts will have to be made to secure natural wealth like groundwater for the future. The above words were written by Rajeev Kumar Sharma, Information, Education and Communication Expert of Atal Groundwater Scheme, Karnal, on the occasion of World Land Day, in the official address of village Darad. Expressed in the awareness program organised in Senior Secondary School. He said that we have to intensify efforts to save groundwater, otherwise we may have to face a water crisis in future. In this direction, Atal Jal Saheli and school children can also play an excellent role as youth ambassadors at the rural level. Today, in time, we all will have to play a meaning-

ful and positive role in this direction and understand the value of each and every drop of groundwater. He emphasized the need to spread maximum awareness about groundwater. He said that we will have



to make efforts at the grassroots level to save groundwater, for this small efforts will have to be made at the household level also. Especially in the agricultural sector, farmer brothers will have to adopt new technologies and new methods. Farmers can

achieve good crops by adopting improved seeds and micro irrigation methods along with efforts to save groundwater. Farmers can also earn more profits by adopting low water cost crops in the agriculture sector. In the programme, Rajeev Kumar Sharma stressed on the youth to play their role. With positive thinking and energy, youth should inspire people in rural areas to keep their traditional water resources clean and also to harvest rainwater. On this occasion the Principal of the school Sanjeev Kumar, stressed upon the children to spend some of their precious time in the interest of the nation and to spread awareness in their surroundings about saving natural resources.

Giving country's resources to corporates BJP's achievement: Goraya

SHIV KUMAR SHARMA
KARNAL, APRIL 22

Congress Party leader and national spokesperson of All India Kisan Congress Inderjit Singh Goraya said that the Modi government has not done anything for the people of the country in the last ten years. He said that in the name of achievements, this government has nothing except pleasing a few close industrialists. The BJP government has made policies only in favour of industrialists by pushing the common man and the poor of the country into the pit of taxes and inflation. Goraya said that after handing over the country's properties to his corporate friends at throwaway prices, he took donations worth thousands of crores for BJP in the form of electoral bonds. Which is the biggest loot in the history of the country. Inderjit Singh Goraya said that all the

corrupt people of the country have been gathered in one party. He said that when a corrupt person joins BJP, then how does he become clean?

The proceedings against

alliance is expected to get 80 percent of the seats in the elections. He said that there is a lot of anger among the people regarding the wrong policies of the BJP. This time peo-



ple have decided to unite themselves and oust the BJP from power. He said that after the first phase of voting, the BJP leaders have become distraught as there is no option available. He will also try his last weapon to give communal colour to the elections. But the people of the country now have to remain alert. He said that justice has been guaranteed for every section of the society in the manifesto of Congress. Advocate and General Secretary of Bar Association Karnal Vikas Sandhu, Gurtej Singh Advocate and Advocate Pradeep Kamboj were also present on this occasion.

BJP will win all 10 Lok Sabha seats: Banto Kataria

SHIV KUMAR SHARMA
AMBALA, APRIL 22

Banto Kataria, the Bharatiya Janata Party (BJP) candidate from Haryana's Ambala seat and wife of former Union Minister Ratan Lal Kataria, may be in her first Lok Sabha election but she is confident that the work done by the party's 'double engine' government and Her husband's legacy will ensure her victory in the elections. Regarding BJP's target of winning more than 400 seats in the Lok Sabha elections, Banto Kataria said this time it will cross 400. People have made up their mind to make Narendra Modi the Prime Minister for the third time. Banto said that she is telling the voters of her constituency that out of these 400 seats, one seat should be from Ambala. The BJP candidate claimed that

Haryana has benefited a lot from the 'double engine' government. He said that the pace of implementation of development projects and schemes in the state has increased. Banto said that during the last 10 years, un-



der the leadership of Prime Minister Narendra Modi, the country has made rapid progress in agriculture and other sectors including infrastructure. Banto Kataria, citing the passage of Nari Shakti Vandan Act in Parliament and various government

schemes, said, Modi government has also taken many steps towards women empowerment and the central government has mainly paid attention to it.

Banto Kataria said that a lot of development took place in Ambala under the leadership of former Chief Minister Manohar Lal Khattar. He said that now the government led by Chief Minister Nayab Saini will take Haryana to new heights. The BJP candidate said, it is a matter of happiness for the people of Ambala region that for the first time after Haryana became a separate state, we got a Chief Minister from this district. He said, only in BJP can a common worker reach the top position. Banto Kataria claimed that like the 2019 general elections, BJP will win all the 10 Lok Sabha seats in Haryana.

Farewell ceremony organised for Arts, Science students

MAINPAL KASHYAP
INDRI, APRIL 22

A farewell ceremony was organized for the final year students of Arts and Science Faculty of Shaheed Udham Singh Government College, Mataji Majri. The programme started with the good wishes of the college principal Dr. Vikas Attri. The final year graduate students of the college expressed their gratitude and feelings towards all their teachers in which they said that progress and development is possible only under the guidance of the college teachers. He said that the college has played an important role in the development of his overall personality. Various programs and presentations were organized in the function, in which songs were sung, plays were presented and experiences of the students were shared. Apart from this, the school head and teachers wished the

students all the best for their future. The students shared their mutual experiences. The spectacular performances of wonderful music and dance were full of enthusiasm and joy and entertained everyone. The farewell ceremony was an opportunity to share an interesting and memorable experience. It was a last platform for



students to share their experiences and say goodbye to their classmates. The function added great excitement to the unique and picturesque atmosphere of the college. The event proved to be a memorable and inspiring experience for the students, inspiring them to move forward towards new heights in their upcoming lives.

Blessings of people of Karnal with Manohar Lal and Saini: Kalyan

SHIV KUMAR SHARMA
KARNAL, APRIL 22

Gharaunda MLA and Karnal Lok Sabha convener Harvinder Kalyan said that the blessings of the people of Karnal Lok Sabha are with BJP candidate Manohar Lal and BJP candidate Nayab Singh Saini in Karnal Assembly by-election. The people of Karnal will give a big and record victory to Manohar Lal and Nayab Singh Saini. MLA Kalyan said that May 25 is the great festival of democracy and everyone should be a part of it. BJP is the only party under whose rule the country has become safe and powerful. Today, under the leadership of Prime Minister Narendra Modi, the name of India is resonating all over the world. MLA Kalyan said that the way Manohar Lal has made Haryana state shine in the last 10 years, today other states are also influenced by the policies of Manohar Lal. And adopting the

policies of Manohar Lal. He said that Manohar Lal has served the state for the last 9 and a half years and has solved the problems of the people considering them as his own. Now the Chief Minister of the state Nayab Singh



Saini is also serving the people of the state. The people of Karnal Lok Sabha will send Manohar Lal to the Parliament by electing him with a record number of votes and will also elect Nayab Singh Saini as MLA in the Karnal Assembly by-election.

Pooja Nagra visits house of famous singer Amar Singh Chamkila



PREETI RANI
SADHAURA, APRIL 22

Pooja Nagra went to the house of Punjab's famous singer Amar Singh Chamkila in Ludhiana who has raised the name of India in the country and abroad and congratulated his son Jaiman Chamkila for the picture of Amar Singh Chamkila. She met and talked about Amar Singh Chamkila, all the old memories refreshed. From his rise to fame, people talked about whether the songs of his were still alive. His son Jaiman

Chamkila told that he was recording the songs written by his father and he also recorded his singing. His wife Riya also helped in singing with him. Advocate Pooja Nagra went to the house of lyricist Chamkila and remembered Amar Chamkila and respected all the artists wholeheartedly. Because of which today they are counted among the top class artists in the country and abroad and emerging model Gaurav also congratulated the singer for his new songs.

Every BJP worker works with the spirit of nation first: Chandra

SHIV KUMAR SHARMA
KARNAL, APRIL 22

For every worker of Bharatiya Janata Party, nation comes first while family comes second. This was said by Subhash Chandra, Executive Vice Chairman of Swachh Bharat Mission Haryana and Special Contact Head of Karnal Lok Sabha, in the meeting of workers of Shakti Kendra Panna Samiti of Nilokheri Mandal. He told the workers that we all are lucky to have capable leaders, leadership and policies. Prime Minister Narendra Modi has given India a glorious identity in the world. Today India has become the fifth largest economy in the world and his resolve is to make it the third largest economy. The Indian Army is also among the most powerful armies in the world today. Apart from this, whether it is the rail system, road transport system or air transport, all have undergone historical changes and all of them have become world class.

Subhash Chandra said that in Haryana, Manohar Lal always worked considering power as a powerful medium of service and worked with the feeling of Haryana being one Haryanvi. Arrangements were made such that every area and section of the state gets the benefits of gov-



ernment schemes directly. Be it 24 hours electricity under Jagmag Yojana or significant increase in old age and widow pension, public interest was kept paramount. Before this, Subhash Chandra, arriving as the chief guest, appealed to all the workers to take the party's schemes to the masses and extend the benefits of these policies to the common people.

2600 JBT teachers of the district to take FLN expert training



PARI BAJAJ
KARNAL, APRIL 22

Haryana School Education Department started training programmes in all the blocks of Karnal district under the guidance of District Education Officer Sudesh Thukral and leadership of District FLN Coordinator Vipin Kumar in District Karnal for expansion of NIPUN Haryana Mission Program for primary teachers till class 4th and 5th. Happened. District FLN Coordinator Vipin Kumar said that ABRC, BRP who have received training from all the blocks have been appointed as master trainers. A total of 2600 JBT teachers from

Karnal district will participate in this training program. Four batches have been made in the first phase. 40 teachers will take training in each batch. In the first phase, 160 teachers are participating in the FLN Nipun four-day training programme at PM Shri Government Senior Secondary School in Block Karnal. Block Education Officer Seema Madan, while addressing all the teachers who came for the training, said that all the teachers should work hard and help in making the children proficient. Master trainers of mathematics Baljit Singh and Reena told how we can easily make mathematics subject simple and interesting by using TLM.

Biggest God on earth is our heart: Yogaratna Desraj

DALBIR MALIK
KURUKSHETRA, APR 22

Under the aegis of Indian Yoga Institute (Registered), Headquarters Rohini, Delhi, a two-day provincial yoga training camp was organised at Yogashram of the Institute, Mirzapur (Kurukshetra) for the regional officers and centre heads of Delhi Yoga Province 1 and 2 and Haryana Province of the Institute. On arriving at Yogashram on the first day, the All India Head of the Institute, Yogaratna Desraj, was given a grand welcome with a shower of flowers. All India President Desraj, Delhi Province 1 President Jaiprakash Aggarwal and Minister Hotilal Sharma, Delhi Province 2 President Yogesh Sharma and Minister Vinod Sharma, Haryana Province President Omprakash and provincial press spokesperson Gulshan Kumar Grover lit lamps in front of the



statue of Mother Saraswati. Inaugurated the camp by lighting the lamp. Saraswati Vandana was presented by the sadhikas of the institute.

Haryana State President Om Prakash heartily greeted all the guests and camp trainees including Desraj. In the morning, all the participants were made to undergo physical purification exercises through yoga.

After this, beautiful exercises of subtle kriyas, yoga asanas and pranayama were conducted by the skilled senior officers of the institute, area and district magistrates and centre heads. In the two-day camp, meaningful, informative, extremely useful and beautiful talks were presented by Desraj on the topics of healthy daily routine and yoga, importance of sadhana im-

provement and silent sadhana, heart disease and yoga etc. Along with providing excellent practice of Yoga Nidra, he explained the correct method, benefits and precautions of doing some asanas, pranayama and yoga postures and also demonstrated some of them excellently. He also solved the yoga curiosities of the seekers. Speaking on heart disease and yoga, he said that the heart is the only organ of the body which works day and night but never rests. Therefore it is important to take care of it. If there really is a God on earth, it is our heart, who works day and night to protect us. Jaiprakash Aggarwal expressed his views and experiences on the topics like benefits of yoga asanas, Yogesh Sharma on efficient running of yoga centres etc. Haryana State President Om Prakash said that diabetes has affected a large section of the society.

Women become empowered under BJP rule: Suman Saini

SHIV KUMAR SHARMA
KARNAL, APRIL 22

Suman Saini, wife of the Chief Minister of the state and BJP candidate from Karnal Assembly, Nayab Saini, said that in the last 10 years, BJP has done excellent work to empower women and has launched many schemes to make women self-reliant, which today is helping the entire country. Women are standing shoulder to shoulder with men, this is only the result of Modi's policies. Suman Saini reached the residence of Amit Jain in Sector-4, Ranju and Alka Choudhary in Sector-6 and informed about the public welfare policies of BJP. During this, he called upon to vote in favour of Manohar Lal from Karnal Lok Sabha and Naib Saini from



Karnal Assembly. All the people and women present in the public meeting unitedly said that they will send Chief Minister Nayab Saini from Karnal Assembly by-election and Manohar Lal from Lok Sabha by winning with huge votes.

Suman Saini said that today women are moving forward in setting up small industries and for this they are required to take loans for which

they have to give guarantee. To provide relief from this, this time in the budget, the government has made a provision of providing only a guarantee of Rs 200 crore in the form of Venture Capital Fund, so that women do not have to give guarantee for the loan. Not only this, interest free loans up to Rs 5 lakh are also being provided to self-help groups. Prime Minister Narendra

Modi has done this work for the welfare of women. Now women will also support Narendra Modi and make him Prime Minister for the third time. People will support Manohar Lal from Karnal Lok Sabha and Naib Saini in the Assembly by-election and will make him victorious with a huge majority. On this occasion, a large number of women including from Backward Classes Welfare Corporation Chairperson Nirmala Bairagi, Mahila Morcha District President Meena Kamboj, outgoing Mayor Renubala Gupta, former councillor Megha Bhandari, Rama Choudhary, Meena Chauhan Raison, Rekha Anand, Priyanka Kathpal and Meenakshi Bhinder, were present.

Lecturer Paramjit Singh donates Rs 51 thousand to school on retirement



SURINDER DAMDAMI KOTKAPURA: Lecturer Paramjit Singh, after 27 years of impeccable service in the education department, has retired as Lecturer (English) from Dr Chanda Singh Marwah Government Girls Senior Secondary School Kotkapura. Lecturer Paramjit Singh has worked in various projects in the education department at the block, district and state level, but he has also made valuable contributions in the field of social service. On this occasion, Principal Prabhjot Singh said that Paramjit Singh gave his valuable contribution to the betterment of the school along with the education of the children. On the occasion, the principal thanked Paramjit Singh for providing financial assistance of 51 thousand rupees to boost the school's development activities and wished him a happy life. Secretary Mahinder Kumar Agarwal praised Paramjit Singh for his service, humility, hardworking, and cheerful nature, and Tehsildar Sukhdev Kumar Bangar congratulated him on his retirement. Kulwinder Singh Jatana played the role of stage secretary. On this occasion Sarabjit Singh Ghulyani President Lions Club, Kewal Chawla Retired Superintendent, Naresh Kumar Sukhija, Vipin Kumar President Merchant Association, Harish Batra General Secretary Bharat Vikas Parishad etc.

Farmers to get compensation for damaged crops: Neena Mittal



BHUPINDER KAPOOR RAJPURA: Heavy rains and hailstorms have caused heavy damage to crops and vegetables in the past. In which vegetable growers have to bear the double blow of watermelon, melon, okra, pepper etc. crops and expensive seeds and hailstorms. Rajpura MLA Madam Neena Mittal visited the villages of Khijargarh Kanur and Rampur Kalan to take stock of the damaged crops due to heavy rains and hailstorms yesterday. Mittal said that following the guidelines given by Chief Minister Bhagwant Mann, the work of Girdavari should be completed soon and no negligence in this work will be tolerated. That the Hon'ble government and he as a Constituency MLA is standing with the people. And due compensation will be provided by conducting a timely audit of the entire damage with a transparent system. On this occasion, Block President Lucky Sandhu, Block President Jaswinder Singh Lala Khalaur, Block President Gurjit Singh, Block President Amaninder Singh, Sandeep Bawa, Pankaj Luthra, Harinder Singh Sarpanch Rampur Clan, Harminder Singh Honey, Naninder Singh, Hakam Singh, Malik Singh, Avtar Singh Khijargarh, Balveer Singh, Gurmaj Singh Lambardar, Ranjit Singh and Happy were present.

Pharmacy College Bela organises yoga camp



BAHADURJEET SINGH RUPNAGAR: Amar Shaheed Baba Ajit Singh Juihar Singh Memorial College of Pharmacy,Bela near Rupnagar hosted a two-day yoga camp in collaboration with Vivekananda Kendra, Needam Gwalior. The event, organized with the assistance of the Phramanic club and Rotaract club, aimed to promote holistic well-being among participants. Dr. Shailesh Sharma, the college director, emphasized the significance of yoga in relieving stress, enhancing concentration, and fostering physical and mental health. Yogacharya Shri Anil Sarode Ji elucidated the multifaceted benefits of yoga, asserting its role in personality development and overall well-being. The camp featured demonstrations by shri Asharam Prajapati Ji and shri Ajay Jajjo Ji on stress-relieving yoga techniques and methods to enhance concentration. Smt. Sunita Palherkar conducted sessions on the importance of diet for health improvement, including a dedicated session for women on health and hygiene. Dr. Ajay Singh Kushwaw and Dr. Rahul Kumar Sharma, the coordinator, expressed gratitude to all experts and participants for their involvement.

PD Jain charitable trust celebrates Mahavir Jayanti



SUKH NAHAR JAGRAON: Social activist Rajinder Kumar Jain son of freedom fighter Dayanand Jain alongwith PD Jain Charitable trust (Regd.) Jagraon celebrated Shri Mahavir Jayanti reverently. They organized langar of Laddu and Chai to celebrate the day at Purani Dana Mandi of Jagraon. The dignitaries present during the celebration offered flowers of reverence to portrait of Mahavir Swami. In his address, Rajinder Kumar Jain said that nearly 2600 years back, Bhagwan Mahavir had already talked about solutions to problems we face today in Kaliyug.

AAP gets strengthened in Faridkot and Khadoor Sahib, big jolt to SAD, Congress and BJP

SHASHI PAL JAIN
CHANDIGARH, APR 22

The Aam Aadmi Party (AAP) Punjab got a big boost on Monday when a number of Akali, Congress and BJP leaders left their old parties to join the AAP ahead of Lok Sabha elections.

Randhir Singh Tharaj, who is District President SC Wing Moga and Chairman of all India Majhabhi Sikh welfare association, joined the Aam Aadmi Party. Along with him Paramjit Kaur Dhaliwal, Sarpanch and Vice president of Women Wing Moga, Harinder Singh Bhatia (MC candidate), MC Paramjit Singh Kainth (Congress) and Balwinder Singh also joined the party.

When Bhagwant Mann officially inducted all the leaders to the party, AAP MLA (Bagha Purana) Amritsar Singh Sukhanand and MLA (Rampura Phool) Balkar Singh were also present to welcome them to the party. Apart from Akali and Congress leaders, many prominent BJP leaders also joined the AAP. Santokh Singh Gumtala National Secretary BJP SC morchha, Swinder Singh Chhajalwaddi member core committee and state secretary



Punjab BJP SC morchha, Manga Singh Mahila Adjective member BJP SC Morchha Punjab, Ranjit Singh Nathuchakk Vice President BJP SC Morchha Tarntaran, Kuldeep Singh Pi-lowal Adjective member BJP SC Morchha Punjab and Randhir Singh Uppal (Retd. Assistant Inspector General of Police) joined the AAP. In another joining, Nagar Council president of Jandiala Guru Sanjeev Kumar Lovely, Vice president Randir Singh Dhira and Councilor Ashu Vinayak left Con-

gress to join the Aam Aadmi Party under the leadership of AAP cabinet minister Harbhajan Singh ETO. Bhagwant Mann welcomed all the leaders to the party and said that he appreciates the support of all these leaders to the AAP. Speaking on the occasion, AAP minister Harbhajan Singh ETO said that the support of Jandiala Guru Nagar council will strengthen the party in Khadoor Sahib Lok Sabha constituency. He said that the Mann government haa done

unparalleled work in the two years and people are joining the AAP in numbers ahead of Lok Sabha, it means that the party will take the lok sabha elections in the storm too like we did in 2022 Punjab Assembly elections. He said that the AAP government is getting support from every community and the section of society because we worked for the common people without any discrimination. In the AAP government every common person gets the equal facilities and opportunities.

Deputy High Commissioner of Canada visits Mehar Baba Charitable Trust

AJAY MALHOTRA
FATEHGARH SAHIB, APR 22

Deputy High Commissioner of Canada in New Delhi Stewart Wheeler, along with Brian Amrstrong visited MBCT's Community Development Centre, Bassi Pathana. They were given a warm traditional Punjabi welcome by the students and welcomed by Trustees Alfred Singh Mejie, Maj Gen Surat Singh Sandhu, Dr Kavita Marriya and Advisor Harkiran Mejie.

They also welcomed Rommel Al Bazi and Tejinder Sethi from Ottawa, Canada. Hema Panesar gave a digital presentation on MBCT's mission vision, which covered the 4 different avenues of public service, its achievements and success stories. Trustee Dr. Kavita Marriya, brought up the stellar



role played by Prof. Mejie in mobilising village girls to be skilled to become economically independent.

Managing Trustee Hassan Mejie informed the guests of the key role played by Late Prof. Hardarshan Singh Mejie in establishing the Trust and navigating it for 10 years till 2014. He informed the guests of the history of the building which served as a mint cum treasury of the Mughal Gov-

ernor of Sirhind, circa late 1600s, with its secrets of hidden treasures buried beneath.

Hassan Mejie said that Prof. Mejie had entrusted Mannohan Singh Viridi, a renowned Architect, with the design and construction of MBCT Community Development Centre in October 2004, the 3 storeyed 20 thousands flat building was completed in flat 5 months on 31 March 2005.

The Unirise World school holds Earth Day activities to inspire one and all



SUKH NAHAR
JAGRAON, APR 22

The Earth Day was celebrated in The Unirise World School to inculcate the understanding of the natural world, and what's in it is not just a source of curiosity but great fulfillment.

A special assembly was conducted to call attention to some of our most, pressing environmental and social problems, including climate change, biodiversity loss and dwindling resources. Stu-

dents took a pledge to preserve and conserve the self sustaining planet Earth. A role play, a PPT, a poem and a song on water accentuated the special assembly. The Chairmanship, Sh. Rakesh Aggarwal ji, the Director Dr. Pallavi Aggarwal and the Managing Director Mr. Shifu Aggarwal were all praise for such a moving and insightful message. The Principal Neha Rattan, in her address suggested the students to invest their time and efforts in protecting the earth.

Booking Sikh in Italy for wearing Kirpan is against religious freedom of Sikhs: Dhami

CHARANJIT SINGH ARORA
AMRITSAR, APR 22

The Shiromani Gurdwara Parbandhak Committee (SGPC) President Advocate Harjinder Singh Dhami has strongly condemned the action of booking an initiated Sikh Gurbachan Singh for wearing Kirpan (sword) in Milan city of Italy in the recent past.

Harjinder Singh Dhami said that the Kirpan is one of the five Kakaars (symbols of faith) of Sikhs, which as per Sikh code of conduct an Amritdhari (initiated) Sikh always keeps on his body. He said that separating the Kirpan from the body of an initiated Sikh is against the religious freedom of Sikhs. The SGPC President said that the Constitution of their country

India also gives freedom to Sikhs to wear Kirpan, therefore the Italian government should also consider Sikh concerns and give freedom to Sikhs to wear Kirpan in their country. He said that today Sikhs live in many countries of the world where they have made great achievements with their hard work and honesty. He said that even in developed countries like the United States of America, Canada and the United Kingdom, Sikhs are allowed to wear Kirpan. He also appealed to the Sikh community of Italy to strongly oppose the case registered against Gurbachan Singh and to communicate the entire information of his case to the SGPC.



SAD declares Harsimrat Badal as candidate from Bathinda, wave of happiness among workers

KULWINDER KARWAL
SARDULGARH, APR 22

In the second list of Lok Sabha candidates released by the Shiromani Akali Dal, Harsimrat Kaur Badal has been nominated as a Lok Sabha candidate for the fourth time. From this announcement, a lot of enthusiasm is being seen among the entire Akali office bearers and workers.

Shiromani Akali Dal will be stronger with the announcement of this ticket. All leaders, office bearers and workers of Shiromani Akali Dal will contribute to the victory of Biba Badal, who is spotless, honest, hardworking and always ready to work for the party. Expressing these things, Jatinder Singh Sodhi District President of Shiromani Akali Dal Mansa (Ur-



mother earth by planting saplings at each polling station (location) in the district, today. He said that today, a total of 483 locations being used as Polling Stations contributed to World Health Day by planting saplings aiming at achieving a sustainable and equitable future for all. With the ultimate goal of building a plastic-free future for generations to come as per the theme of this year's World Erath Day: Planet vs. Plastics, the efforts would sincerely be

made to keep minimal use of plastic, he further added.

Renowned Artist Gurpreet Singh presented a portrait dedicated to the protection of the environment on planet Earth to the ADC Viraj S Tidke.

The others who were present on the occasion, included, District Nodal Officer (SVEEP) Prof. Gurbakhsh Singh Antal, Tehsildar Election, Sanjay Kumar and Good Governance Fellow Vijay Lakshmi.

DC orders procurement agencies to speed up wheat lifting

SUKH NAHAR
JAGRAON, APR 22

Deputy Commissioner Sakshi Sawhney said on Monday that wheat procurement during the current Rabi season was going smoothly in all mandis of Ludhiana. However, she emphasized the need to speed up the lifting work to avoid a glut in the markets.



During the review of the wheat procurement status in the grain

markets, Deputy Commissioner Sakshi Sawhney said that farmers should not face any difficulties in selling their produce. She said that crops should be lifted from the mandi within prescribed timeline. She ordered the procurement agencies to take immediate action to clear the procured stock from the grain markets by putting all resources on lifting process.

ADC, SSP make surprise visit to Dhuri Anaj Mandi



SUMER GARG
SANGRUR, APR 22

Additional Deputy Commissioner (ADC), Varjit Walia along with SSP Sangrur, Sartaj Singh Chahal while conducting a surprise visit to review the procurement arrangements of wheat at anaj mandi Dhuri said "The government procurement process of wheat in the grain markets of the district is going well and the farmers are not facing any kind of problem regarding the sale of their crop during the entire season". He said that under the leadership of Deputy Com-

missioner, Sangrur, Jitendra Jorwal, the administration and police officers are reviewing the total arrival, purchase, lifting, payment of wheat in all the markets of the district on a daily basis and strict instructions have been given to the officials of the concerned departments.

Any class who deals in the procurement process including farmers should not be allowed to face any problem in the markets. The ADC said that the procurement work is going on smoothly and the concerned Sub-Divisional Magistrates and DSPs in the sub-divisions are regularly

monitoring the procurement work. ADC further said that from time to time, the available facilities are being assessed by taking the feedback of farmers and other related persons.

He said that the district administration is fully committed to buy every grain of the cultivated crop from the farmers. He further said that the process related to crop and payment of farmers is being implemented within the specified time limit. Besides others, SDM Dhuri, Amit Gupta, DSP, Talwinder Singh and other officials were also present on the occasion.

AAP government has not fulfilled even single promise: Pahada



VERMA
GURDASPUR, APR 22

Even though the candidate from Gurdaspur Lok Sabha constituency has not been announced yet, Congress has sounded the election bugle from Gurdaspur Assembly constituency. On Monday, a meeting of Sarpanches and Panches of various villages of the area was called at the residence of Sarpanch Kulbir Singh in village Chaud Sidhwan. In which Labourcell Punjab Chairman Gurmeet Singh Pahda and

State Vice President of Youth Congress KP Singh Pahda specially participated. KP Singh Pahda said that the Aam Aadmi Party government, which came to power by making false promises, has become bankrupt. He said that Punjab Police employees are not being paid salaries even after 22 days. Due to which the condition of the employees has become miserable. He said that the AAP government is not paying salaries to the employees, while going to other states and looting money in election campaign.

First Vishal Maa Bhagwati Jagran held at Radha Raman Temple, Shivpuri Colony



RAKESH JINDAL
NABHA, APR 22

The first Vishal Maa Bhagwati Jagran was organized at Radha Raman Temple, Shivpuri Colony, Nabha under the leadership of Principal Manu Sharma, the praise of Mata Raniji was sung by the team of Baba Balak Nath Jagran family, on this occasion the former President Gursevak Singh Golu current MC and Blood Donor Stent Awardee Bhuvnesh Bansal Bhashi President Harsh Blood

Donor Society attended a special event and received the blessings of Mata Raniji and praised the Mohalla residents who are always engaged in religious activities Principal Manu Sharma And also congratulated all his team on Jagran and Baba Balak Nath Jagran family's offering of Mata Rani's song Rang Barse Darbar Mata Ji Tere Rang Barse made all the devotees and guests to dance, Bhajan Samrat Manu Bhajans of Baba Balak Nath Ji were recited by Sharma in his melodious voice.

World Earth Day celebrated at Desh Bhagat University



AJAY MALHOTRA
FATEHGARH SAHIB, APR 22

Desh Bhagat University, through its Placebo Club in collaboration with the Faculty of Pharmacy and Faculty of Agriculture and Life Sciences, marked World Earth Day with a series of impactful events aimed at fostering environmental consciousness and encouraging proactive measures to safeguard our planet. The highlight of the day was a thought-provoking guest lecture organized by the Placebo Club, where students from the

School of Pharmacy, Sardar Lal Singh Memorial College of Pharmacy, and Mata Jarnail Kaur College of Pharmacy gathered to delve into discussions on environmental challenges and solutions. The guest speaker at the event, Executive Director of NGO Kheti Virasat Mission, Umendra Dutt, emphasized the urgency of addressing environmental issues and commended the enthusiastic participation of students in competitions like Rangoli making and Slogan Writing, revolving around the theme "Planet vs Plastic."

Conservation of environment is first duty of all of us, Dr. Karamjit Singh

CHETRAM RATTAN
NAWANSHAHAH, APR 22

Recently, by Kirpal Sagar College of Education, environment conservation is our first duty, a seminar was organized in Kirpal Sagar Complex for this purpose. This event was organized by the management of Kirpal Sagar College of Education, Principal Dr. Baltinder Kaur and staff.

In the press note issued by Professor Mandeep Kaur Chhina to the press club, the details of the entire program were recorded. Dr. Karamjit Singh, chairman of Kirpal Sagar, speaking on the global environment, said, due to global warming, all the creatures living on our earth are constantly facing serious conditions. This earth has become very sick. Man's use of destructive weapons has



made it suffocating. The use of chemical fertilizers has made it toxic. There is a need for special awareness in this regard. Indian society is not aware of this. Indiscriminate use of plastic has become the cause of Shah's diseases and especially cancer.

A poster making competition was organized by the students of Kirpal Sagar College of Education. Information about environment conservation was given through power point system. A march was organized by the students and

teachers of Kirpal Sagar College of Education to make the people of the area aware. Students went through the villages of the entire area carrying the slogans of conservation of earth, conservation of water. At Kirpal Sagar Campus, students took a pledge of loyalty towards environmental protection. The winners of various competitions were felicitated. Baljinder Singh, Rasmi Kumari and Virinder Singh were declared the winners of the power point competition.

BJP exerts pressure to halt regularization of contract employees

DINESH AGARWAL
SHIMLA: Anurag Sharma, the Chief of the Himachal Pradesh Congress Service Corps, has alleged that the Election Commission has halted the regularization of contract employees under pressure from the BJP. He stated that the regularization of employees is a routine process for which the state government had sought permission from the Election Commission, but under BJP pressure, the Election Commission has stopped the process. He pointed out that during previous elections, the regularization of employees was allowed to continue. Sharma stated that the BJP has always been anti-employee. He mentioned that the BJP government had denied old-age pensions to government employees, whereas the current state government reinstated the Old Pension Scheme (OPS) for employees in its very first cabinet meeting. He criticized the BJP for consistently creating obstacles in the process of providing pensions of Rs. 1500 to women. Regarding the Indra Gandhi Priyadarshini Sukh Samman Nidhi Scheme, Sharma highlighted that the state government, under Chief Minister Sukhvinder Singh Sukhu, has increased the monthly social security pension from Rs. 1000 or Rs. 1150 to Rs. 1500 for 2.42 lakh women in the state, and the distribution has already commenced. He emphasized that the anti-Himachal face of the BJP is becoming evident to the public, and they will have to pay the price for these anti-people actions in the elections.

Vallabh College Mandi launches Lab Assistant Training Program in HP

MANDI: The two-week training programme for Laboratory Assistants was started on April 22, 2024, at Vallabh College Mandi by Principal Surina Sharma. The programme will continue till May 04, 2024. Principal Surina Sharma said that it is a matter of pride for us that for the first time in Himachal Pradesh, such a training program is being organized by a college. In this training programme, about 25 laboratory staff of various schools and colleges of Mandi district will be trained in various equipment of Physics, Chemistry, Botany, Zoology and Geography laboratories, which will improve their professional skills and knowledge. During the welcome address, Prof. Devika Vaidya, Convener of the program appreciated the efforts of Dr. Sanjay Kumar, Assistant Professor of Chemistry, Dr. Jitender and Dr. Surender (Assistant Professors of Physics) in preparing this program. Dr. Jitender informed that during this training, training will be imparted on computer basics during the first three days, followed by training on procurement of laboratory equipment and chemicals, and how to make entries in the stock register in the next two days. After this, for the next six days, the trainees will learn about working in different laboratories. Principal Surina Sharma while addressing the trainees said that this programme will definitely enhance the skills and work efficiency of the laboratory staff thereby improving the quality of education in the institutions.

CM's visit to Sujanpur boosts morale among workers



RAJNEESH SHARMA
HAMIRPUR: Having successfully saved the government from the challenges posed by rebels, CM Sukhu arrived in Sujanpur after a long time. The strong contenders for tickets from the Congress party, including Arun Thakur, Rakesh Thakur, Naresh Thakur, Kuldeep Pathania, and Rajendra Verma, were warmly welcomed by their supporters. During the welcome, neither did the CM exhibit tight security nor did he show any haste. The CM walked among the people for nearly five hundred meters and personally greeted every worker. This indicates how seriously CM Sukhu is taking the Sujanpur by-elections, and in the coming days, he himself will lead the election campaign in Sujanpur. On the other hand, Sujanpur election in-charge MLA Chandrashekhar Pal is reporting every moment to the CM. In such a scenario, strong contenders for the ticket like Arun, Rakesh, Jitendra, Kuldeep, Naresh Thakur, Rajendra Verma, Manoj Thakur, Dr. Suresh, and others are not saying anything that could harm the Congress.

State govt protecting interests of youth, farmers: Harsh Vardhan

DINESH AGARWAL
SHIMLA, APRIL 22

Harsh Vardhan Chauhan, the industry minister, took a swipe at the BJP, stating that under the leadership of Chief Minister Thakur Sukhvinder Singh Sukhu, the current state government is committed to safeguarding the interests of farmers and youth. He remarked that BJP leaders, while claiming to be well-wishers of farmers, are forgetting that the previous BJP government pushed farmers and youth to the margins.

Chauhan emphasized that the current Congress government understands that strengthening the rural economy is essential for realizing the dream of a self-reliant Himachal. To fulfill this commitment, Chief Minister Sukhu aims to connect approximately 36,000 farmers to organic farming under the Rajiv Gandhi Natural



Farming Startup Scheme. He highlighted that the decision to purchase wheat and maize at minimum support prices of Rs. 40 and Rs. 30 per kilogram respectively is the highest support price given in the country, aimed at benefiting farmers across the nation.

In a historic move, the state government increased the support price for apples, mangoes, and lemons by Rs. 1.50 per kilogram, raising it from Rs. 10.50 to Rs. 12 per kilogram. Additionally, for the first time in history, apples from Himachal Pradesh were sold per kilogram, benefiting apple growers.

Moreover, the state government has decided to implement universal carton packaging in Himachal Pradesh from the next season. Chauhan asserted that these decisions reflect the state government's prioritization of farmers and horticulturists' welfare and development.

He criticized BJP leaders for their inconsistent stance on farmers' and horticulturists' interests and remarked that their bewildered statements are not resonating with the immense public support Congress is receiving.

CM Sukhu assures strict action in Palampur incident



SANJAY AGGARWAL
DHARAMSHALA, APR 22

While there is huge anger among the public after the attack on a college student with a sword in Palampur of Kangra district, the Chief Minister of the state Sukhvinder Singh Sukhu has also strongly condemned this incident and expressed grief. While formally talking to journalists in Dharamshala on Monday, he said that he himself is saddened by this incident. He said that the young man committed this incident after

getting acquainted and the police has arrested the young man. He said that arresting the youth is not the only objective, we have to find out why such incidents are happening. The Chief Minister said that whatever expenses will be incurred for the treatment of the girl, it will be borne by the government. On the comments being made against MLAs who left Congress and joined BJP, he said that I have nothing to say about this. Those who stay in the party and hold talks are party members, but those who leave the party and sell

Meets victim's family members

PALAMPUR: Chief Minister Thakur Sukhvinder Singh Sukhu met with the family members of the heart-wrenching incident that occurred in Palampur in recent days on Monday. While traveling from Dharamshala to Sujanpur, the Chief Minister met with gathered people near Nalti Da Pul and listened to their concerns. Since the parents of the victimized daughter are with her in PGIMER Chandigarh, other family members briefed the Chief Minister about the entire



incident. They demanded strict action against the perpetrator. After listening to their concerns, the Chief Minister expressed his sorrow over the tragic incident in Palampur. He assured that the Himachal Pradesh government will bear the entire cost of the treatment of the injured daughter.

themselves are called sold MLAs. The Chief Minister said that no one has done as much work as the government has done in the last 14 months. I myself have seen all the work. Attacking Sudhir Sharma, he said that he rarely

came to the Legislative Assembly, whereas there is a Legislative Assembly just a short distance from his house. He said that we used to do whatever work he asked on phone, but never talked about development.

Special camps to include youth in voter list, registration open until May 4

KISHORI LAL BAINS
UNA, APRIL 22

Special camps will be organized in Una district to include eligible youth in the voter list. A detailed plan has been formulated for this initiative. ADC Una Mahendra Pal Gurjar chaired a meeting with all college principals, ITI principals, and school headmasters at the DRDA Hall on Monday to discuss this special campaign. He directed the principals to encourage and educate eligible youth to register in the voter list through special camps in their institutions, ensuring that no eligible youth is deprived of their voting rights. The ADC revealed that there are a total of 18,074 eligible youths aged between 18 to 19 years in the district, out of which 10,200 have registered their names in the electoral roll until April 22, 2024. The



remaining eligible youths will be motivated and educated through special camps to be added to the voter list. He instructed the principals to ensure the registration of eligible youths who turn 18 by May 1, 2024, by May 4, 2024, to ensure their participation in strengthening democracy.

The ADC stated that youths can also register online through the Voter Helpline app. To register their names in the voter list, eligible voters can submit their colourful passport-sized photo, Aadhaar number, age,

and proof of residence along with the eligible voter form number 6. Mahendra Pal Gurjar mentioned that continuous efforts are being made by the administration to increase voter turnout in the district. Various programs like slogan writing, signature campaigns, wall painting, election workshops, election literacy clubs, and street plays are being conducted in schools and gram panchayats under the Swachh Bharat Abhiyan to educate and inspire the general public about the importance of voting.

Crime rates soaring in Sukhu's rule, girls not safe: Rajendra Rana

RAJNEESH SHARMA
HAMIRPUR, APRIL 22

Former MLA and BJP candidate in the upcoming by-election in Sujanpur, Rajendra Rana, stated that neither is the state being governed properly under the Sukhvinder Singh Sukhu's government nor is law and order being maintained. The situation has deteriorated to the extent that criminals are openly terrorizing markets, indicating a jungle raj prevailing in the state. Addressing corner meetings at various locations in the Sujanpur constituency, Rajendra Rana remarked that the brutal and heinous attack on a college student in Palampur, carried out by criminal elements in broad daylight, has brought shame to humanity. People have lost



trust in law enforcement, and women and girls are not safe in this government. He questioned who is providing protection to such criminal elements. Rajendra Rana highlighted a previous incident where a woman was murdered in Palampur sub-division, and the culprits have not been identified yet. He criticized the Sukhvinder Singh Sukhu's government for its failures across various fronts. Development works are not progressing, and the promises made to the people

remain unfulfilled. The people of the state feel cheated under this government. He predicted the downfall of the Sukhu's government when the election results are announced on June 4. During his visit to villages in the Sujanpur constituency, rural residents informed BJP candidate Rajendra Rana about the supply of substandard ration by the state government through ration depots. They provided information about the poor quality of rice samples distributed to them. Rajendra Rana accused the state government of jeopardizing people's health by supplying substandard ration through depots. He criticized the government for failing to ensure the quality of ration supplied through depots across the state.

Excise Department seizes 6805 litres of illicit liquor

SHIMLA: The Excise Department cracked down on illegal liquor activities, seizing 6805 litres across various districts like Chamba, Kangra, Hamirpur, Shimla, Kullu, and Baddi, ahead of the Lok Sabha elections. Excise Commissioner Yunus stated that since the Model Code of Conduct came into effect, 59 teams



constituted by the department was actively working to seize those engaged in illegal liquor trade, both within the state and along the border areas. He said that in Chamba district alone, the departmental team has confiscated 2550 litres of liquor from like Kuddi and Tarela areas in the Teesa region and destroyed it.

BJP has hurt culture and dignity of Himachal: Dr. Rajesh Sharma

SANJAY AGGARWAL
DHARAMSHALA, APR 22

Senior Congress leader and treasurer Dr. Rajesh Sharma said during a press conference in Dharamshala that BJP has taken over the politics of Himachal through the politics of horse-trading of MLAs. Congress is going among the public regarding four Lok Sabha and six Assembly elections, the successful 15-month tenure of Chief Minister Sukhvinder Singh Sukhu and the unemployment and corruption of the BJP. He said that whatever guarantees the Congress government gave to the public are being fulfilled. OPS has been restored by Congress, BJP could not implement it anywhere in the country. If BJP comes to power by mistake then it will take away our rights. When



the Sukhu government started giving Rs 1500 to women, BJP went to the Election Commission. BJP had to face defeat here also. Rajesh Sharma said that whatever the Congress party does, it shows it by doing it. Despite the disaster, the government provided relief to the victims with the help of its resources, whereas the BJP misled the public in the name of a relief package. He said that Chief Minister Sukhvinder Singh Sukhu has a special attachment to

Kangra district. Kangra has been declared the tourism capital. The Central Government could not broadgrade the Pathankot-Joginder Nagar railway line in 10 years. He said that the MLAs who joined the BJP were not rebels, they were sold-out MLAs. The Chief Minister has also clarified this. He alleged that the BJP has hurt the culture of Himachal and its dignity. All issues are now in the public court. The public is ready to take revenge on the BJP.

India will become a superpower, vote for Modi again: DR Chandel

SHANTI GAUTAM
BADDI, APRIL 22

Gurmel Chaudhary, BJP District Secretary, and Senior Leaders of Doon Vis Kshetra, Ram Chandel, and Shanti Gautam from Baddi, stated in a joint press conference that the BJP should strengthen the hands of Prime Minister Modi by ensuring a heavy victory for the BJP candidate against the incumbent MP Suresh Kashyap in the Shimla parliamentary constituency. These leaders recounted the achievements of the central government, mentioning Modi's crucial role even in ceasefire agreements during the Ukraine conflict, which is commendable. They also highlighted Modi's inauguration of the Ram Temple in Abu Dhabi, which has garnered global attention. Expressing gratitude for



providing free medical facilities to senior citizens, they asserted that India will one day become a superpower. Criticizing the Congress, they accused the party of plundering the country over the past 70 years. They alleged that CP Singh, the MLA from Doon, and Ram Kumar, the senior citizen coordinator in Solan,

are involved in authoritarianism and have become part of the mining mafia. They emphasized that the ongoing destruction of nature is a testament to this. They demanded accountability from CP Singh and Ram Kumar regarding the assistance provided during disasters, including factual information. They

accused CP Singh of distributing millions of rupees personally to the victims during disasters and labeled him as a liar. They also claimed that the BJP had implemented a water supply scheme worth 40 million rupees in Thana of Doon. They criticized CP Singh for his dual policy and involvement in scrap dealings, commission malpractices in industries, and declared Ram Kumar as the most unsuccessful legislator. They claimed that the pace of development has slowed down and asserted that they will secure a lead of thousands of votes from Doon in the Lok Sabha elections. They urged the administration and the Election Commission to immediately stop the betting market in the Doon Vis area during elections.

Encouragement to remember Earth Day like a birthday in Touni Devi

RAJNEESH SHARMA
HAMIRPUR, APRIL 22

Maintaining life on Earth requires the availability of adequate natural resources along with a conducive environment. To understand this importance, countries around the world have been observing World Earth Day on April 22 every year since 1970. Without sufficient natural resources and a favourable environment, life on Earth would be impossible. Concerns have been escalating over the past few decades due to insufficient natural resources and adverse environmental conditions, raising the question of how to sustain life on Earth. Increasing population, unbalanced development, and indiscriminate exploitation of nature and the environment have led to air, water, and soil pollution. World Earth Day is an opportunity for us to pledge to sustain life on Earth. In this vein, the Eco Club of Swarn Jayanti Government Senior Secondary School (Excellent), Touni Devi, celebrated Earth Day this year with the theme "Planet vs. Plastic," aimed not only at



raising awareness about the serious consequences of plastic pollution on our planet and its inhabitants but also at inspiring a global movement to significantly reduce the use and production of plastic. Speaker Hem Lal addressed the students in the assembly, emphasizing the importance of Earth as the source of nature and all life. Therefore, it is necessary for us to contribute to the conservation of Earth. On this occasion, along with taking an oath to keep Earth safe, the members of the Eco Club, along with all the students, also organized a cleanliness drive in the school premises.

World Earth Day: Importance of environmental conservation stressed

JOGINDER DEV ARYA
BANGANA, APRIL 22

On the occasion of Earth Day, various programs were organized at Arya Public School, Bangana, on Monday with the aim of raising awareness about the environment. School manager Joginder Dev Arya said that we should not destroy nature but contribute to its conservation. Arya, while sensitizing children, said that pollution should not be spread, and people should be educated about it. Understand the importance of water, conserve water, and raise awareness among people. He said that it is only through the protection of the environment that the security of the world is possible. He elaborated on saving the soil, explaining in detail how soil can be preserved. On this occasion, competitions like poster making, fancy dress, and quiz competitions were organized on the subject of how to protect the Earth in the school. Children



enthusiastically participated in these events. In the fancy dress competition, Dhruvika from Nursery class secured first place, Sundaram second, Arav Sharma from Class LKG secured first, Yashvi, Saarvi Sharma, and Khushi secured first place in UKG. Anvi, Pratishtha, Nayra Sharma, Arush Kumar, and Garima secured second place, Yashika, Vihan Sokhla, Arush, Rabhya Soni secured third place, Shayna, Bhuvik, Gunjan,

Shivay Soni, Harshal, Avni, and Tanish secured first place in Class 1, Samaira, Sanvi, Sarthak, Shivay Thakur secured second place, Khushi, Advik Soni secured third place in Class 2, Prial Singh and Arul Sahgal secured first place, Ishita secured second place, Navkaran Sandhu, Naksh Kasiv secured third place in Class 3. Tanvi received the consolation prize. In the poster making competition, Divyanshi from Class 3 secured first place, Riyanish Dheeman secured second place, and Prajwal, Aditya Sharma secured third place, Ishita Sharma secured first place in Class 4, Ishan Sharma secured second place, Arohi Soni, Divyansh Thakur secured third place, Akshit Sokhla secured first place, Sneha Thakur and Divyam Indoria secured second place, Kartik Kaundal and Naitik Rana secured third place in Class 5. School staff and competition coordinators Naresh Kumar, Neha Rani, and Pankaj were present at the event.

Manna joins BJP along with dozens of colleagues



KULWINDER KARWAL
SARDULGARH: Akali senior worker Paramjit Singh Manna from Fatta Maloka village in Sardulgarh constituency has joined the BJP along with a dozen of his colleagues. They joined BJP in the presence of BJP candidate Parampal Kaur. Parampal Kaur thanked Manna and his colleagues who joined the BJP and said that whoever joins the party will be given due respect. On this occasion, Parampal Kaur Sidhu said that the Akali Dal and Congress are putting their development in front of the people, they have no role in it, behind all this development is the Modi government at the Centre. She said that Aata dai scheme for poor and needy class, various benefits to farmers, gas cylinders to women and lakhs of houses to other needy class have been built by modi Govt, due to which the opponents have no more matters. On this occasion, she asked the workers to vote for BJP this time so that Punjab can progress like other states. District President Rakesh Jain, District Vice President Pawan Jain, Mandal President Raju Fatta etc. were present on this occasion.

Medical practitioners Association Punjab Block Kotkapura meeting held



SURINDER DAMDAMI
KOTKAPURA: Medical Practitioners Association Regd: 295 Block Kotkapura of District Faridkot held its monthly meeting at local Seth Kedar Nath Dhamamshala under the chairmanship of Block President Dr. Ranjit Singh. The meeting was specially attended by Dr. Baljit Kaur MD Gynecologist, Baljit Nursing Home Jaito Road Kotkapura, who after rendering her services for a long time at Civil Hospitals Jaito and Kotkapura, has started his own private hospital. She reached the meeting and gave information about the facilities provided in the hospital and the treatment of female patients while explaining the features of his hospital. The questions raised by the members were answered with precise language and clarity. After that, she appealed to all colleagues for cooperation. On this occasion, Dr. Karam Singh welcomed the guests and members. Meanwhile, Dr. Jasbir Singh and former SMO Dr. Ghazi Uzair also shared his views with the members. Dr. Jagjit Singh Arora informed about his issues. Dr. Sukhchain Singh Sandhu while speaking requested all the members to attend every meeting on time. Dr. Jagbir Singh District Treasurer appealed to the members to give a demand letter to the candidates for Lok Sabha elections, on how to solve their problems. Dr. Ranjit Singh, Block Kotkapura and Dr. Balwinder Kataria, Block General Secretary also addressed the members. Dr. Vikram Chauhan requested all members to keep their clinics clean and practice clean.

Welfare seminar organized by Sanjh Kendra Jandiala in Elementary School



KULJIT SINGH
JANDIYALA GURU: As per the directions of DCPO Amritsar Rural Incharge District Sanjh Kendra Inspector Rakesh Kumar, a welfare seminar was organized by Sanjh Kendra Jandiala Guru in Government Elementary School, Village Dhar, falling under Jandiala Block. In this seminar, copies, pencils and other stationery items were distributed to small children. Incharge Ranjit Singh, Jaspal Singh, Sarabjit Kaur and Kawaldeep Singh were present on this occasion.

MCM VADA Club holds felicitation ceremony



CHANDIGARH: The Victory against Drug Abuse (VADA) Club of Mehr Chand Mahajan DAV College for Women, Chandigarh, organised a felicitation ceremony to honour the efforts of the faculty members and students for promoting awareness about the menace of substance abuse. The event was graced by Principal Dr. Nisha Bhargava as the Chief Guest. Speaking at the occasion, Dr. Bhargava lauded the proactive role of VADA Club in the fight against drug abuse by raising awareness and fostering a supportive environment. Highlighting the transformative power of unity, compassion, and proactive engagement in addressing pressing societal issues, she motivated the students to be the ambassadors of Nasha Mukht Bharat and raise awareness about the detrimental effects of drug abuse on an individual, family and the nation. The faculty members and students were felicitated for their exceptional contributions to the club's endeavours, ranging from organising awareness campaigns to providing peer support and counselling. The event concluded with a reaffirmation of collective commitment towards fostering a safe, healthy, and drug-free environment.

Jail ka jawab vote se - now voice in favour of Arvind Kejriwal from IPL match



GAURAV GOEL CHANDIGARH, APRIL 22

In an IPL match in Maharaja Yadavindra Singh Cricket Stadium, on Sunday, the Aam Aadmi Party (AAP) supporters raised slogans of 'Mai bhi Kejriwal' and 'Jail ka Jawab vote se' to protest against the arrest of the AAP national

convener Arvind Kejriwal. The AAP supporters demanded Arvind Kejriwal's release and said that he was wrongfully arrested and kept in jail without any proof of any scam.

The protestors wore yellow t-shirts with Arvind Kejriwal's picture on them, where he was shown behind

the bars and shouted 'Mai bhi Kejriwal' and 'Jail ka Jawab vote se' slogans. They were also supported and joined by some crowd.

It was a unique campaign by the AAP supporters in favour of Arvind Kejriwal and they definitely caught the eye of the spectators of widely loved IPL. Young children also

joined the protest wearing yellow t-shirts to register their object against those who are threatening the democracy in our country.

Arvind Kejriwal is getting support nationally and internationally against his arrest and now new voices are joining from every corner of the country asking for his release.

Police arrest three youths in Innova car, eight kg 30 gms of heroin, five lakh cash recovered

BUREAU PATHANKOT, APR 22

According to the directions of Director General Police Punjab Chandigarh Deputy Inspector General Police Border Range Amritsar under the leadership of Senior Captain Pathankot Police Suhail Kasim Mir the police succeeded in arresting three youths today.

During the operation, vehicles coming from the Jammu and Kashmir side were being checked by the CIA under the leadership of senior police officials in Interstate Naka Madhopur. Meanwhile, the Innova vehicle number PB 09 V 2824 was stopped by the police party for checking, and during the checking, 15 grams of heroin and 5 lakh rupees were recovered from the vehicle. While giving information,



DIG Rakesh Kaushal said that eight kg 300 grams of heroin was recovered from the secret compartment made in the oil tank of the Innova vehicle during police interrogation.

The accused were identified as Harpal Singh alias Bittu Goindwal of District Tarn Taran, Gurjant Singh alias

Ravi of Fatehabad District Tarn Taran, Simarjit Singh alias Nikka of Fatehabad District Tarn Taran, Jaspreet Singh of Tarn Taran. A case has been registered against the accused under the NDPS Act at Sujampur police station and further action has been started.

1st AmiLex National Moot Court competition 2024 concludes on High Note at Amity University Punjab



L.K BANSAL MOHALI, APR 22

The curtains have drawn on yet another exhilarating chapter of legal advocacy as the 1st Amilex National Moot Court Competition 2024, organized by Amity Law School, reached a triumphant close at Amity University Punjab. Over two intense days, from April 20th to April 21st, 2024, aspiring legal minds from across the nation converged to engage in rigorous legal debates, showcasing their prowess in argumentation, research, and advocacy. The competition was honored to have the benign presence of

Justice G.S. Sandhawali, Acting Chief Justice, Punjab and Haryana High Court, Chandigarh, as the Chief Guest for the Inaugural Session, and Justice Aman Chaudhary, Judge Punjab and Haryana High Court, Chandigarh, as Chief Guest for the Valedictory Session.

The rounds of the competition were benched by esteemed former judges of Punjab and Haryana High Court, distinguished lawyers, and seasoned academicians.

Out of the 32 teams that registered for the competition, 18 teams finally qualified for the rounds based on the submitted memorials.

All India Punjab National Bank Officers' Association celebrates 130th Foundation Day

PATIALA, APR 22

The Patiala Circle unit of All India Punjab National Bank Officers' Association (AIPNBOA), yesterday organised a CSR activity on the occasion of 130th Foundation Day of Punjab National Bank at SDKS YadavindraPuran Bal Niketan,Lahori Gate, Patialain the presence of Chairman of Trust Smt. UrmilPuri and newly joined D.G.M., Circle Office: Patiala, Sh. Rajesh Arora along with other Office Bearers of AIPNBOA Patiala Unit.

In a Press Briefing by Circle Secretary of AIPNBOA, Com. Puneet Verma, told that the AllIndiaPunjab National Bank Officers Association is committed towards welfare of its employees as well as the Society and they organize various CSR activities every year.



He also informed that a special Lunch was arranged for all the children of the Bal Niketan and also donated a large size Double Door Refrigerator to facilitate these students. Speaking on the occasion, Sh. Rajesh Arora, DGM, Circle Office, Patiala appreciated the good gesture of AIPN-



towards the government. He said that those who were talking about changes in the Lok Sabha election had to face defeat in Sangrur.

Therefore, this time also the people of Sangrur Lok Sabha constituency will not have to face Aam Aadmi Party and other candidates because people were liked the policies of the Congress Party towards the people, due to which the Congress Party will get a big victory in Punjab.

Earth Day celebrated in Angels World School

RADHE-SHYAM SHARMA MORINDA, APR 22

Earth Day was celebrated at Angels World School Morinda to create awareness about the increasing effects of global warming and to conserve Mother Earth.

The main theme of celebrating this day was to stop pollution, recycling



things, creating a pollution free en-

vironment and banning plastic. On the occasion of Earth Day, a special assembly was organized in the school under Go Green campaign, in which children were systematically explained to the importance and significance of plants, soil, air, water in our lives. Awareness was raised towards protecting the earth in daily life.

Hundreds participate in recitation of Sri Hanuman Chalisa at site of Sri Ram Mandir



SHASHI PAL JAIN KHARAR, APR 22

The Press and Social Media Cell of Sri Ram Mandir Aji Sarovar Vikas Samiti Kharar recited mass Sri Hanuman Chalisa at Sri Ram Mandir site Kharar.

As per information received from Press Secretary Rohit Misra the convener of this program was Bhuvanes Sethi and co-convener Divakar Ratan and this programme was conducted by Sri Hanuman Sankirtan Mandal Kharar Sunny Enclave Kharar.

All the residents of Kharar participated with great enthusiasm and recited Sri Hanuman Chalisa 7 times and chanted Sri Hanuman Bij Mantra 101 times. They prayed to Shri Hanuman ji that his Lord Shri Ram ji would help the residents of Kharar in the construction of a huge temple in Kharar so that all the residents of Kharar could see their Lord Ram ji established in Visaal Sri Ram Mandir Kharar.

The official website of Sri Ram Mandir Aji Sarovar Vikas Samiti was also launched, which was created

by Mr. Gurinder Tamana, member of the press and social media cell of the committee.

On this occasion, besides others, Anand Bansal, Mukhtiar Singh Sandhu, Jitinder Arora, Kulwant Singh Chaudhary, Subhas Arya, Vijay Dhawan, Nitin Garg, Haris Sidana, Jitinder Gupta, Amandeep Garg, Gurinder, Subhas Agarwal, Dr. Rana, Sarmila Thakur, Praves Sarma, Dr Pratibha Misra, Nares Sarma, Raman Chaurasia, Vikas Sarma and committee members were present.

Two booked for stealing data of CGC Jhanjeri

SHASHI PAL JAIN KHARAR, APRIL 22

On the complaint of Dr. Neeraj Sharma, camps Director CGC Jhanjeri, a case has been registered under section 379, 384, 408 IPC against Vishwadeep Singh Chauhan and Hansraj by Kharar Sadar Police on the charge of stealing college data.

In this regard, the complainant told the police that the college had employed Viswadeep Singh Chauhan as General Manager Admin. He used to keep college data, NPF password, college mobile phone and laptop which contained very valuable admin data. About 1 week ago he allegedly stole the data of the college. Then he called a senior manager of the college and asked him to pay Rs 1 crore and if not, he would sell all the data of the college to someone else for Rs 5 crore.

Similarly, another employee of the college Hansraj Ghamur Wali stole the data of College. The complainant has alleged that both of them have cheated the college and ruined the future of thousands of students.

Booth conference organized by BJP

SUJANPUR (SHWETA SHARMA): The Bharatiya Janata Party organized a booth conference in Pathankot. During the rally, party members received strong support from booth committees in the Pathankot district. Dinesh Singh Babu, Lok Sabha candidate from Gurdaspur, also participated. Ashwani Sharma distributed prasad to booth leaders and members, and women welcomed him with tilak, echoing Prime Minister Narendra Modi's commitment to fulfill promises.

Vasant Valley Public School celebrates ATL community Day 2024 on B R Ambedkar's Birthday



VIKAS VERMA DHURI, APR 22

In celebration of B R Ambedkar's birthday,Vasant Valley Public School organized the ATL (Atal Tinkering Lab) Community Day 2024, drawing students from in and around Sangrur to explore science and innovation.

The event, held on April 20th, showcased a variety of innovative projects and experiments designed by the students. From robotics to sustainable energy solutions, the ATL Community Day provided a platform for young minds to showcase their creativity and problem-

solving skills.Students enthusiastically participated in hands-on workshops, interactive sessions, and demonstrations, allowing them to gain practical experience in various scientific concepts. Chairman of the School,Mr Sanjay Gupta, commended the students for their exemplary participation, encouraging them to continue exploring the realms of innovation and technology.

Speaking at the event, the school principal Mrs. Anitha Rajagopalan emphasized the importance of fostering a spirit of innovation and entrepreneurship among students.

Meet Hayer, Arora visit 11 mandis of SAC

SUMER GARG SANGRUR, APR 22

Lok Sabha candidate from Sangrur and Cabinet Minister, Gurmeet Singh Meet Hayer along with Cabinet Minister, Aman Arora today visited 11 grain mandis of Sunam assembly constituency(SAC), including Sunam, Cheema, Longowal, Mander Khurd, Dhadrian, Tolawal, Sahpur Kalan, Duggan, Badrukh Khan Upali, Nagra. While reviewing the wheat procurement arrangements on the occasion, Meet Hayer also interacted with the farmers, who seemed satisfied with the arrangements.

Meet Hayer said that protecting the interests of farmers is the main priority of the Aam Aadmi Party government. During the last two years, the government has made contin-



uous provision of electricity to the farms and smooth arrangements for procurement in markets. Water was supplied to the tails through improved arrangements of canal irrigation.

He further said that this time also the state government is committed to purchase every grain of wheat from the markets and to pay within 48 hours. Cabinet Minister Aman Arora said that the state government led by Chief Minister, Bhagwant Singh Maan is committed to protect the interests

of farmers. He said that the farmers will not be allowed to face any problem in the markets. Besides others, Mukesh Juneja, Chairman of Market Committee Sunam; Geeti Mann, Chairman of Market Committee Cheema; Avtar Elwal, Chairman of Market Committee Sangrur; Sukh Sahoke, Block President; Deep KanoI, Parminder Kaur Brar, Gurinderpal Kheri, Kala Badrukhan, Davinder Badrukhan, Mela Subedar were also present on the occasion.

Guru Amar Dass Public School celebrates Earth Day



HARPREET SINGH LEHAL JALANDHAR: Under the able guidance of School President S. Mohinderjit Singh and All Committee members Guru Amar Dass Public School Model Town, Jalandhar celebrated Earth Day, in both its junior and senior wing. Special assembly was organized in which different activities like speech and poem recitation, enactment on saving mother earth was presented by the students. Poster, collage making and slogan writing competition was also held to make people aware about the importance of Mother Earth. The winners were awarded certificates. Rally was also organised in the school campus in which students held placards on earth day, and saplings were planted by the students in the school campus. On this occasion Principal S. Mohinderjit Singh, Principal Dr. Aparana Mehta, Vice Principal Dr. Sonika Singh encouraged the students to save Mother Earth for the future and plant more trees.

Earth Day celebrated at Raja Sahib School Jhangar



SHAKUNTILA SARYOA MUKANDPUR: Earth Day was celebrated with much fanfare at Raja Sahib School Jhangar. Principal S. Tarjevan Singh Garacha told the children that Earth Day is celebrated with the aim of spreading awareness towards nature. Amidst new challenges with time, there is an urgent need to save nature and earth. Along with this, the children were told about the causes of damage to our earth and how it can be reduced. Through teacher Diksha, the students were told that we should plant more plants by using less water. So that we can make the earth happy. Children are told about Earth Day through activities by Gurnoor and Harry, Ameet. Manager Kamaljit Garacha told the children that how we can keep the earth happy, along with this he gave the message to the children to make the earth happy by planting plants.

Earth Day celebrated in DAV Patran



BHUPINDERJEET PATRAN: Earth Day was celebrated with great enthusiasm in DAV Public School Patran, a renowned institution of Patran area. Speaking on this subject, officiating school head Hemant Bhardwaj said that this informative program was conducted under the supervision of the science department of the school. The program was started by Namandeep Kaur, a student of class 8th, in her speech related to Earth Day by giving information on the topic of saving the earth.

SSP Gurdaspur celebrates daughter's 2nd Birthday with slum Children



VERMA GURDASPUR: On the occasion of the birthday of his two years old sweetest daughter Tara the slum Children were invited by SSP Gurdaspur at their residence for celebration. All children were very much excited to visit this place because it has become an inspirational place for them. They gave warm wishes to Tara and prayed to God to shower his blessings upon her. At this moment the Family members of small two year old sweet girl Tara distributed branded shoes to all Children. Previously also he and his family gave warm red carpet welcome to these children and hosted a lunch and made them the round of his residence. He inspired them that if they study hard they can also occupy this residence by competing in the examinations. Then they were also provided with branded school bags, lunch boxes and water bottles. On their second visit he distributed beautiful school uniforms to all of them. Now this is the 3rd visit to his residence. He also visited this centre twice with his wife Amrit Singh, IAS, and after that he started bestowing his blessings and inspiration by frequently inviting them at his residence with sole aim to change their destiny.

Farewell ceremony organized in honour of judges by District Bar Association

RAMAN GUPTA KAITHAL: After the transfer of four judges from here, a farewell ceremony was organized in their honor by the District Bar Association. On reaching the bar room, he was first welcomed by Bar Association President Baljinder Singh Malik, Deputy President Vinay Garg, Secretary Gaurav Wadhwa, Joint Secretary Suman Thakur and Treasurer Surjit Mata.

Let us tell you that three additional district and sessions judges of Kaithal have been transferred to different districts while one judge has got promotion. ADJ Dr. Gagandeep Kaur Singh has been appointed as

Rajnath hails Siachen as capital of valour and courage

AGENCY SRINAGAR, APRIL 22

Defence Minister Rajnath Singh on Monday termed Siachen as "the capital of valour and courage" while addressing the soldiers on the highest battlefield in the world. Singh called the soldiers serving the nation as "no less than 'devtas' (gods) for the people of India". "I congratulate you for the way you protect the country at the world's highest battlefield, the Siachen glacier," he said. The Defence Minister who was accompanied by Army Chief Gen Manoj Pande, reviewed the military preparedness in Ladakh and said Siachen is no ordinary land and is a symbol of the country's sovereignty and perseverance. "Siachen represents our national determination. Our national capital is Delhi, Mumbai is



our economic capital, our technological capital is Bengaluru, but Siachen is our capital of valour and courage..." he said. The Indian Army last week commemorated its 40th year on the Siachen Glacier. The operation Meghdoot was launched on April 13 1984, when the Indian Army and Indian Air Force (IAF) advanced to the Siachen glacier to secure the heights dominating the Northern Ladakh region. "40 years of

Operation Meghdoot were completed last week. On April 13, 1984, the Indian Army carried out such a military operation which is cited as an example in the world today. Operation Meghdoot is such a golden chapter in Indian military history that has been thrilling every Indian for the last four decades," the Defence Minister said. He said the success of 'Operation Meghdoot' in Siachen is a matter of pride for all

Akal University student selected for DST Inspire Scholarship

PRINCE GARG TALWANDI SABO: Akal University is proud to announce the remarkable achievement of one of its students, Ms Pinky, who has been selected for the prestigious DST Inspire Scholarship. This esteemed scholarship represents Ms. Pinky's academic excellence and dedication to scientific pursuits. Ms. Pinky, a former gold medalist in her master's degree program during the 2021-2023 session, has been recognized for her exceptional potential in the field of research. The



DST Inspire (Innovation in Science Pursuit for Inspired Research) fellowship program, sponsored by the Department of Science and Technology (DST), Government of India, selects 1,000 bright students annually to pursue their PhD in basic and applied sciences. The program aims to invest in the nation's youth, harnessing their talents and fostering innovation in research and development. Ms. Pinky's selection is a testament to her academic prowess and promises a bright future in the scientific community.

Each vote of public is crucial for better future of country: Suman Saini

SHIV KUMAR SHARMA KARNAL, APRIL 22

Suman Saini, wife of Chief Minister of the state and BJP candidate from Karnal Assembly Naib Saini, said that one of the pearls of the rosary of Modi ji is Manohar Lal of Karnal. The people of Karnal Lok Sabha have given their blessings to Manohar Lal. With the blessings of the public, Manohar Lal will serve the country by becoming the MP of Karnal. In the Karnal Assembly by-election, the people of Karnal will also shower their affection on Naib Saini ji and make him their MLA. She reached the residence of former vice president of Mahila Morcha, Rama Chaudhary. After this, she also participated in the program organized by Shweta Mehta in Ward-5 Santoor City and Deepak Bareja in Ansal Town. At many places she was warmly welcomed by the



local residents and women. Suman Saini appealed to vote in favor of BJP in the Lok Sabha elections and Karnal Assembly by-election. Addressing the public meeting, Suman Saini said that the pace of development in the country and the state will not stop and hence the people have chosen BJP. Narendra Modi will become the Prime Minister of the country for third time and will give new dimensions to the development of the country. He said that every vote of

the public will be important for the development and better future of the country. The development that Manohar Lal has done in the state in the last 10 years had not happened in the last several decades. Today the roads of every village, city and town have been made shiny and strong. Vikas has reached the last person in the queue. The benefits of government schemes have reached every person. In the last 10 years, public problems have been solved by listening.

BJP medical cell, Karnal will organize blood donation camp on April 28



SHIV KUMAR SHARMA KARNAL: BJP medical Cell District Karnal will be organizing a blood donation camp on April 28l at 9 am at Gajraj Hospital, Jamaili Colony, Karnal. Regarding this a meeting of BJP Medical Cell District Karnal was held under the chairmanship of District Convenor of the cell, Dr. Amit Kumar, in the presence of State Executive Member of the Medical Cell, Dr. Rajesh Anand and Dr. Ashok Kumar at Hotel Angan on Railway Road. In the meeting the newly appointed District Coordinator Dr. Amit Kumar was honored with a memento. The District Convener Dr. Amit Kumar told that Dr. Vijay Dahiya, State Convenor of BJP Medical Cell, Haryana, has been invited as a special guest in this blood donation camp being organized courtesy of Gajraj Hospital. He told that in the camp, blood donors would be honored with medals and certificates in addition to refreshments. State Executive Member of BJP Medical Cell, Dr. Ashok Kumar, present in this meeting, said that the objective of BJP Medical Cell was to serve the suffering humanity and the role of doctors has always been leading in human service. He said that Corona virus has brought the developed countries of the world to their knees. In that situation BJP has joined its medical cell to serve the needy.

345 patients examined in health camp

KAPIL ARORA SHAHABAD MARKANDA: A free medical camp was organized by Adesh Hospital and Medical College at Maadi Kheda temple of Babain. Team of experienced doctors of Adesh Hospital examined 345 patients of General Medicine, Surgery, Eye-Ear Disease, Orthopedics, Chest and TB and also distributed medicines free of cost. The camp was started by Dr. Guntas Singh Gill, MD and cardiologist of Adesh Hospital and Sarpanch Sanjeev Singla. Sarpanch Sanjeev Singla said that it is a matter of joy for the people of district Kurukshetra and Ambala that necessary and powerful medical services are being provided by Multi Super Specialist Order Hospital by organizing free medical camps from village to village. . MD of



the hospital Dr. Guntas Singh Gill motivated more and more people to take advantage of these camps and said that the doctors of Adesh Hospital are always providing treatment with the latest technology. Dr. Gill said that Adesh Hospital will always be ready to provide the best facilities and treatment. He said that Adesh located in Mohri in the surrounding

districts is one such hospital where treatment of serious diseases is being provided under one roof. He said that 24x7 trauma center and emergency services are available in Adesh Hospital. He said that any Gram Panchayat that wants to organize a free health camp in its village can contact the hospital for the related contact order.

Senior BJP leader Harjeet Singh Grewal honored on reaching residence of Raj Kumar Naukwal

RAKESH JINDAL NABHA: When senior BJP leader Harjeet Singh Grewal reached the residence of Nabha OBC Morcha Mandal President Raj Kumar Naukwal, Raj Kumar honored him by welcoming him by



presenting him a bouquet of flowers. On this occasion, Gurpreet Singh Shahpur BJP Halka Nabha in-charge was also present with him. While talking to the journalists on this occasion, Harjeet Singh Grewal made a sharp comment on the Aam Aadmi Party and said that Aam Aadmi Party chief Arvind Kejriwal and Bhagwant Mann betrayed the party volunteers who had risked everything for the party. He said what happened to Ravagh Chadda, he stole the money of Jal Board, he was its chairman and now he has opened a five star hotel in London. Grewal, who is married to a film actress, said that I do not call marriage bad but it is wrong to sit there after looting the public money. Harjeet Grewal said that earlier Akali Dal was good but now it has become family based. He said that the alliance we had with Akali Dal during the time of Prakash Singh Badal was for the interest of Punjab, for the fraternal evening of Punjab and for the development of Punjab. He said that there is no need for us to unite with Akali Dal now.

Uma Rana Public School Sanghol celebrates Earth Day with enthusiasm and purpose

SANJEEV TEJPAL MORINDA, APRIL 22

Uma Rana Public School Sanghol proudly commemorated Earth Day under the guidance of a global Indian organisation with a plethora of engaging activities aimed at fostering environmental consciousness and sustainable practices among its students and staff. Principal, Mrs. Shallu Sharma said that the day commenced with a vibrant speech competition during the special morning assembly, where students eloquently expressed their thoughts on the significance of preserving our precious planet. Embracing the theme of nurturing nature, students enthusiastically undertook the responsibility of caring for indoor plants, meticulously scheduling watering routines under the



guidance of their dedicated teachers. In a spirited display of eco-consciousness, students actively participated in planting various seeds, including Frizzle Sizzle, Aloe Vera, Nana Juniper, Money Plant, and Indian Basil, symbolizing their commitment to nurturing and protecting our Green Planet Earth. Additionally, students penned heartfelt poems and shared personal reflections on the importance of environmental stewardship,

emphasizing the collective responsibility to safeguard our home. A highlight of the celebrations was the Eco-Competition, where students showcased innovative creations crafted from reused materials, showcasing their ingenuity and commitment to environmental sustainability. Furthermore, students from Class 3 and above adorned their respective classrooms with microplants, adding a touch of greenery and vitality to their learning environment.

Voter awareness rally organized

MAINPAL KASHYAP INDRI, APRIL 22

Voting is an integral part of democracy and it is important for people to express their views. By creating awareness about voting, we can bring about a change in the electoral nature of the nation. In view of the upcoming elections, "Voter Awareness Rally" was organized as a sweep activity under the joint aegis of Voter ID Club, National Service Scheme and Women's Cell of Shaheed Uddham Singh Government College. The main objective of this program was to enlighten, enable and empower every citizen to register as a voter and cast his/her vote in an informed and ethical manner in the upcoming elections. In the beginning, the Principal of the college, Mr. Vikas Attri ji inspired the students and discussed about the importance of voting. He inspired the students to form a



human chain. This is a form of social awareness in which the top leadership of the college, professors and students make the people of the society aware about voting. Finally, the eligible voters were administered the oath to vote. After this, the students created awareness about voting by raising banners and various slogans like leave all the work, vote first, vote has to be done, it is the duty of the people, this is the call of the people, vote this time. All the students appealed to the public to vote with full enthusiasm on 25th May and the public showed

positive attitude towards it. Finally the students were instructed to download the application which is known as cVIGIL i.e. Vigilant Citizen. CVigil is an innovative mobile application for citizens to report model code of conduct and expenditure violations during elections and emphasizes the active and responsible role of citizens in conduct of free and fair elections. Women Cell Officer Prof. Meenakshi appreciated the efforts of the students and encouraged them to vote and spread the message of importance of voting in the society.

Lakshya Janhit Society removes the trees stuck in the tree guard

MEGHRAJ LUTHRA

KACHHWA: Lakshya Janhit Society Karnal, under the aegis of Media Club Kachhwa, has done a noble work by removing 14 trees stuck in the tree guard in Kachhwa. Earlier also twelve trees were freed in the earlier campaign. Two big trees have been freed on Monday. Society's founder Dinesh Bakshi had arrived this morning with his team carrying cutter batteries etc. in their van. Two trees were left on the Phirni of the village in the last campaign. These were cut today with the help of a cutter. Similarly, on the connecting road leading from Kumharan locality of the village to the State Highway some iron bars were sticking out in the middle of the road, they could also have caused a major accident.

They were also removed by the members of the society. The society has freed several dozen trees in Tarawadi, Nilokheri, Indri, Bhiwani, Kurukshetra and Karnal. On getting



information about trees getting stuck in the grip of tree guards anywhere in the area, the team members make a plan and reach there. On this occasion, Sanjay Bhatia of Media Club, Sevadar Rajesh Kumar, Amit Sachdeva, Manoj Taneja, Sachin Dhawan were present.

World Earth Day celebrated in auditorium building of Jat College Kaithal

RAMAN GUPTA

KAITHAL: Today, World Earth Day was celebrated in the auditorium building of Jat College, Kaithal. The program was inaugurated by College Principal Dr. Rajkala Sihag Poonia by planting a Jamun sapling. After that, different speakers gave their lectures on the topic of environmental awareness in the auditorium building. Professor Sukhbir gave his lecture. Gave detailed information about the currently changing climate, Professor Sushil Malik, while speaking on World Earth Day, told all the students that this year the theme of Earth Day 2024 is planet vs plastic, this theme The aim is to make people aware about the increasing plastic pollution on the earth and also to take action against it. College Principal Dr. Rajkala Sihag Poonia told in his lecture that Earth Day was first organized on 22 April 1970. The first duty of the students is to keep the earth clean and neat, do not destroy the natural things due to their personal interest, otherwise man will have to suffer very bad consequences, on this occasion all the students took an oath to keep the environment clean and did their best.



Editorial

The truth teller

The YouTuber, Dhruv Rathee, might seem like an unlikely saviour of democracy but he does not think so. He thinks that he can inspire India's people to overthrow this government and save India from becoming a dictatorship. By doing what exactly? Producing videos on YouTube. The one titled "Is India Becoming a DICTATORSHIP?" got over 24 million views and Rathee's math tells him that if he can motivate each of his viewers to convince 100 people of all that is wrong with this government, even 10 million viewers can motivate 1,000 million right-thinking citizens to vote this government out. He does not look the part of a saviour either. A slim, pleasant-looking 29-year-old in a tee shirt with a chatty "doston" approach, Rathee has built his reputation on a tirelessly prolific video output, which keeps up with controversies as they break.

Rathee's career as a political YouTuber began around 2016 when he started to think that the first Narendra Modi government was already looking like bad news. Before that he was making educational videos, getting sponsors for them, and he had a tidy business going here while living in Germany with his German partner. Now he excels in stating bald truths about Modi in matters of governance, free speech and secularism, ones that the country is not used to hearing. Recently, his cheesy Ram Navami tweet said "All sensible Hindus need to unite and save Ram from Nathuram..." You cannot hold Rathee to journalistic standards of behaviour because, as he says, he sees himself as a YouTuber and an artist — "Can't call myself a journalist." He has a dim view of journalism as it is practised today, even as news journalism provides him with all the grist for his mill. The documentation for every damning video unfolds in a series of news clips. But after Modi, it is the media that he blames the most for what is transpiring in the country today.

In 2019, he did a two-part assessment of the government's track-record over five years, giving it a range of scores for different portfolios with a few zeros but some higher scores too. The dictatorship video — posted in February this year — is far more damning. It brings together several incidents and trends to suggest that India is about to become 'One Nation, One Party.' "If you care about this country, it is very important for you to watch this video," he exhorts. It is a long listing of many sins of commission: media manipulation to silence the Opposition, horse trading of members of the legislative assemblies through unethical deals, undermining the authority of elected governments, taking away the right of citizens to protest, using tear gas on protestors, weaponising investigative agencies for political gain, pressurising and imprisoning Opposition politicians, interfering in the working of state governments through governors, and withholding funds from state governments.

First ever Hindi radio broadcast starts in Kuwait



The first-ever Hindi radio broadcast has started in Kuwait, the Indian Embassy in Kuwait said on Monday. The Indian Embassy in Kuwait lauded Kuwait's Ministry of Information for starting a Hindi programme on Kuwait Radio on FM 93.3 and AM 96.3 every Sunday.

The Indian Embassy in Kuwait noted that this step taken will further strengthen the ties between the two nations.

In a post on X, the Indian Embassy in Kuwait stated, "Start of first ever Hindi Radio broadcast in Kuwait! Embassy of India expresses appreciation to @MOI information for starting a Hindi programme on Kuwait Radio on FM 93.3 and AM 96.3 on every Sunday (8.30-9 pm) starting 21 April 2024, a step that will further strengthen India-Kuwait."

The Indian community with a strength of around 1 million is the largest expatriate community in Kuwait and is regarded as the community of first preference among the expatriate communities, according to Indian Embassy in Kuwait.

Professionals like engineers, doctors, chartered accountants, scientists, software experts, management consultants, architects; technicians and nurses; retail traders and businessmen reside in Kuwait.

The Indian Business Community in Kuwait has carved a niche in the Kuwaiti market in retail and distributorship. Notably, India and Kuwait enjoy traditionally friendly relations, which are rooted in history and have stood the test of time, according to the Ministry of External Affairs (MEA).



India has been a natural trading partner of Kuwait, and until 1961, the Indian rupee was the legal tender in Kuwait. The year 2021-22 marked the 60th anniversary of the establishment of diplomatic relations between the two countries.

On April 17, the Indian ambassador to Kuwait, Adarsh Swaika, called on the Kuwait Deputy Prime Minister, Sheikh Fahad Yousef Saud Al-Sabah, and lauded his expatriate-friendly measures institut-

ed during his tenure and apprised him of developments in the Indian community.

"Amb @AdarshSwaika1 called on the Dy PM & Minister of Defence and Acting Minister of Interior H.E Sheikh Fahad Yousef Saud Al-Sabah. Amb thanked the Dy PM for the expatriate-friendly measures instituted during his tenure & apprised him of developments related to the Indian community," the Indian Embassy in Kuwait posted on X.

Literature & Health

Russia warns Pakistan it might ban rice imports over safety concerns

Russia has warned Pakistan it might ban rice imports if their phytosanitary concerns are not addressed in future consignments, Dawn reported on Sunday.

The Federal Service for Veterinary and Phytosanitary Surveillance (FSVPS) of the Russian Federation issued a notification regarding violations of international and Russian phytosanitary requirements over a shipment of rice imported from Pakistan.

The notification, numbered FS-SA-3/6592 and dated April 2, 2024, highlights the presence of a quarantine organism, "Megaselia scalaris (Loew)," in the rice consignment, Dawn reported.

The FSVPS has asked the plenipotentiary and trade representative at the Pakistani embassy in Russia for an immediate investigation into the matter.

A copy of the notice issued by the Russian authorities shows that the FSVPS has asked the relevant official in the Pakistani embassy to prevent such violations in the future and emphasised the importance of adhering to phytosanitary standards to ensure the safety of agricultural products traded between countries, Dawn reported.

Meanwhile, the trade wing of Pakistani embassy in Moscow has forwarded the English translation of the Russian authority's letter to the Department of Plant Protection (DPP) in the Ministry of Food Security and other relevant government offices.



The letter by the embassy to the DPP states, "In view of the above, it is requested that an investigation may be conducted immediately and the results of the investigation may please be shared with FSVPS in order to avoid any possible ban on rice exports in the future."

Meanwhile, the FSVPS has also sent an official communication to the director of DPP, seeking a higher degree of cooperation in the field of plant quarantine, Dawn reported.

Russia had previously imposed a ban on similar grounds in 2019, which remained in place for around two years. It was lifted after a series of negotiations between officials of both sides. Earlier, in December 2006, Russia also stopped the import of rice from Pakistan for not meeting food safety standards.

Chinese ambassador departs from Canada amid strained relations



The departure of China's ambassador to Canada has been confirmed by Global Affairs Canada, marking a pivotal moment as efforts to thaw the frosty relations between the two nations continue, Canadian Broadcasting Corporation (CBC) reported. Cong Peiwu, who served as China's ambassador to Canada since 2019, left his posting last Thursday.

Throughout Cong's tenure, the relationship between Canada and China grew increasingly strained, with a series of contentious events casting a shadow over diplomatic ties. Notably, the detention of Canadian citizens Michael Spavor and Michael Kovrig by Beijing from late 2018 until fall 2021 stirred international uproar, widely perceived as retaliation for the arrest of Huawei's CFO, Meng Wanzhou, in Vancouver on a US extradition warrant, CBC also reported. In October 2023, Global Affairs Canada publicly implicated the Chinese government in a propaganda campaign tar-

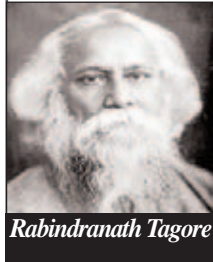
getting Prime Minister Justin Trudeau and Conservative Party Leader Pierre Poilievre. Additionally, Canada's intelligence agency raised concerns over Chinese interference in both the 2019 and 2021 federal elections.

The Chinese embassy in Ottawa has refrained from officially confirming the departure of their ambassador, leaving the announcement in the hands of Canadian authorities. Meanwhile, Deputy Minister David Morrison of Foreign Affairs Minister Melanie Joly's office embarked on a visit to China, with the specific purpose of bolstering bilateral ties. However, the detailed itinerary of Morrison's trip has not been disclosed by Global Affairs Canada. Canada's diplomatic standoff with China has set it apart from its Western allies and other G7 nations, all of which maintain regular high-level exchanges with Beijing. Despite the diplomatic tension, both Canada and China have recently expressed commitments to engage in dialogue and cooperation.

POEM

Fairyland

If people came to know where my king's palace is, it would vanish into the air. The walls are of white silver and the roof of shining gold. The queen lives in a palace with seven courtyards, and she wears a jewel that cost all the wealth of seven kingdoms. But let me tell you, mother, in a whisper, where my king's palace is. It is at the corner of our terrace where the pot of the tulsi plant stands. The princess lies sleeping on the far-away shore of the seven impassable seas.



Rabindranath Tagore

Rabindranath Tagore

Study finds common complication of atrial fibrillation

The lifetime risk of atrial fibrillation (a heart disorder that produces an irregular and often excessively fast pulse rate) has risen from one in four to one in three during the last two decades, according to a Danish study.

The findings of the study were published in The BMJ.

And, among those with the problem, two in five are likely to develop heart failure over their lifetime, and one in five will have a stroke, with little or no change in risk observed during the 20-year study period.

As such, the researchers say stroke and heart failure prevention strategies are needed for people with atrial fibrillation. Atrial fibrillation is estimated to affect 18 million people in Europe by



2060 and 16 million people in the US by 2050. In the English NHS alone, more new cases of atrial fibrillation are diag-

nosed each year than the four most common causes of cancer combined, and direct expenditure on atrial fibril-

lation has reached Pound 2.5 billion.

Once atrial fibrillation develops, patient care has primarily focused on the risk of stroke, but other complications such as heart failure and heart attack have yet to be fully explored.

To address this knowledge gap, researchers analysed national data for 3.5 million Danish adults with no history of atrial fibrillation at age 45 or older to see whether they developed atrial fibrillation over a 23 year period (2000-22).

All 362,721 individuals with a new diagnosis of atrial fibrillation during this time (46 per cent women and 54 per cent men) but with no complications, were subsequently followed until a diagnosis of heart failure, stroke or heart attack. Potentially influential factors such as history of high blood pres-

sure, diabetes, high cholesterol, heart failure, chronic lung and kidney disease, family income and educational attainment, were also taken into account.

The results show that the lifetime risk of atrial fibrillation increased from 24 per cent in 2000-10 to 31 per cent in 2011-22. The increase was larger among men and individuals with a history of heart failure, heart attack, stroke, diabetes, and chronic kidney disease.

Among those with atrial fibrillation, the most common complication was heart failure (lifetime risk 41 per cent). This was twice as large as the lifetime risk of any stroke (21 per cent) and four times greater than the lifetime risk of heart attack (12 per cent).

Men showed a higher lifetime risk of complications after atrial fibrillation

compared with women for heart failure (44 per cent vs 33 per cent) and heart attack (12 per cent vs 10 per cent), while the lifetime risk of stroke after atrial fibrillation was slightly lower in men than women (21 per cent vs 23 per cent).

Over the 23-year study period, there was virtually no improvement in the lifetime risk of heart failure after atrial fibrillation (43 per cent in 2000-10 vs 42 per cent in 2011-22) and only slight (4.5 per cent) decreases in the lifetime risks of any stroke, ischaemic stroke, and heart attack after atrial fibrillation, which were similar among men and women.

This is an observational study, so no firm conclusions can be drawn about cause and effect.

Diamond Industry's CSR Efforts
Are Creating a Positive Impact



CHANDIGARH: The modern natural diamond industry has committed to a sustainable environment for a better tomorrow by undertaking accountable actions which will have a direct impact. Billion year old creations of nature, real diamonds tell an incredible story of rarity, uniqueness, and a commitment to being responsible champions of Mother Earth. This Earth day, leading diamond manufacturers and industry partners of Natural Diamond Council Rosy Blue, Shivam Jewels, JeweleX, Dianco and Diarough bring to light the effect of their conservation efforts. While their initiatives span community development, easy access to education and healthcare as well as animal welfare, contributing to economies and the society at large, on the occasion of World Earth Day, we celebrate a few key environmental endeavours from these industry stalwarts -

Rosy Blue has developed a powerful strategy called 'Rosy Blue Going Green' which focuses on energy management and cutting on their overall carbon footprint and they are working to reduce their GHG emissions in line with the 1.5°C pathway by 2030. Shivam Jewels reduces CO2 emissions by 1,100 tonnes annually, equivalent to saving 12,876 trees, demonstrating a strong commitment to natural resource conservation.

Fatty liver can lead to end-stage liver disease - Dr. Punit Singla

CHANDIGARH : Marengo Asia Hospitals commemorated World Liver Day to spread awareness about various liver diseases. Every year, this occasion unites communities, healthcare experts, and policymakers to tackle the increasing prevalence of liver diseases globally and advocate for preventive measures against them. The theme this year is "Be vigilant, get regular liver check-ups, prevent fatty liver diseases."

Dr Punit Singla, Director & HOD, Liver Transplant and HPB Surgery says, "World Liver Day is a reminder to us to pause and contemplate our liver's well-being. Taking proactive measures to enhance liver health and avert

liver diseases is a step that is advised by doctors and surgeons. Adopting healthier lifestyle habits, including liver-friendly foods in one's diet, and scheduling regular health assessments with a healthcare provider, will help proactively in maintaining liver health, detect any potential issues early, and prevent the escalation of liver diseases. Prevention of liver diseases will empower individuals and safeguard the health of the organ for an optimized quality of life." The liver, a critical organ in the body, carries out essential physiological functions such as detoxification, regulating metabolism, and producing vital proteins. It holds the distinction of being the body's largest organ and plays a crucial role in purifying blood before circulating it throughout the body.

Despite its pivotal role, liver health is often neglected, resulting in around 1.5 billion individuals worldwide suffering from various liver diseases annually, including fatty liver disease. Chronic liver diseases claim the lives of nearly 2 billion people each year. These statistics underscore the importance of adopting healthy liver practices to safeguard our liver health.

Indian Pickleball contingent achieve 10 medal haul at the prestigious US Open Pickleball Championships

Umbai: Indian pickleball athletes have showcased their prowess at the recently concluded US Pickleball Championships with a combined haul of 3 golds, 3 silvers and 4 bronze medals in various categories. This \$150,000+ event was held in Naples, Florida from the 14th of April 2024 till the 20th of April 2024 and over 11 athletes from India were sponsored by Global Sports to be a part of this US Open Pickleball Championships.

The three golds were won by Stavva Bhasin, Dhiren Patel and Hemal Jain in the Junior Singles, Men's Singles 5.0 and Men's Singles 3.5 respectively. Stavva Bhasin, the most prolific player of the tournament bagged a total of 4 medals with a silver in Men's Doubles 5.0 and a pair of bronze in the Junior Men's Doubles and Junior Mixed Doubles. Ronav Motiani, a Next Gen player sponsored by Global Sports also took home a total of 3 medals, a pair of silvers in the Men's Doubles 5.0 and Junior Singles and a bronze in the Junior Men's Doubles Category. The last bronze was won by Himanshu Dewaskar in the Men's Singles 5.0 category bringing the final Indian medal tally to a 10. Other notable performances from the Indian contingent are Harsh Mehta and Arman Bhatia who came 5th in the Men's Pro Doubles.

MG Motor Jalandhar Introduces Comet EV and ZS EV Models for Urban Commuters

JALANDHAR (BUNNY SODHI) MG Motor Jalandhar unveiled the Comet EV and ZS EV models at its Morris Garage showroom . Addressing the Media during a press conference , Amit Sharma, Group General Manager Sales at MG Motor Jalandhar, emphasized the role of these models in providing practical, eco-friendly, and affordable electric vehicle (EV) options for urban commuters in cities like Jalandhar. Amit Sharma highlighted that the Comet EV is now offered in five variants: Executive, Exclusive, Excite, and Excite FC, with the added option of fast charging. The Comet EV boasts over 55 features, including remote vehicle functions and voice commands, enhancing convenience and connectivity for users. With a range of 231 km on a full charge for the Comet EV and 461 km for the ZS EV, these models offer substantial mileage making them suitable for daily commuting needs. The Comet EV is priced at Rs 6.98 lakh (ex-showroom price), while the ZS EV Excite Pro variant comes at Rs 19.98 lakh (ex-showroom price).

Guru Nanak Khalsa College Yamunanagar pays tribute to late Professor Balkrishan

Jagadhri- April 22 (Rahul Kohli)–Guru Nanak Khalsa College, Yamunanagar paid heartfelt tribute to the late Prof. Balkrishan, Department of Physics who passed away on April 9. In remembrance Sri Sukhmani Sahib was recited at the College Gurdwara Sahib, followed by soulful Kiran and then served tea langar in the college premises.

Vice President Major Rajinder Singh Bhatti while remembering Professor Balkrishan expressed deep condolences and emphasizing the invaluable contribution of Professor Balkrishan to the academic community.

The college Principal Dr. Harinder Singh Kang expressed grief over the loss and he highlighted Balkrishan's dedication to education and his exemplary character. Dr. Kamalpreet Kaur, Vice Principal, along with Dr. Ranjit Singh, Dr. Bodhraj Singh, Dr. Amarjeet Singh, Dr. Kiranpal Singh Virk, Dr. Anurag and other staff members present to pay tributes to the departed soul.

Business

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Yoga For Self-Care: Prioritizing Wellbeing In A Hectic World



Amidst the whirlwind of modern life that is nothing but a never-ending loop of deadlines and commitments, yoga emerges as an oasis of tranquillity. It invites us to slow down, tune in and truly connect with our innermost selves. A holistic practice that unifies the mind, body and spirit, yoga goes beyond the realms of exercise and relaxation and can actually be used as a tool for self-care and acceptance.

On the occasion of International Day of Yoga, we sat down with expert Pragya Bhatt to understand how yoga can be tailored to individual needs and preferences when incorporating it into your self-care routine.

“Yoga is a means to connect

with yourself and to understand that at the core we are all complete. Our asana practice enables us to uncover this whole, complete part of ourselves so that we can live more fully and peacefully,” she says when quizzed about the essence of yoga. “The best way to start is to incorporate simple pranayama into your daily routine. Breathing consciously helps to relax the nervous system, improve breathing patterns and refresh the mind.”

According to Pragya, there are 3 yoga asanas that hold great significance for modern women:

Warrior Poses, or the different versions of Virabhadrasana because being strong is essential.

Headstand, the ‘king of

asanas’ to see things from a different perspective.

Marichyasana, a pose dedicated to the Sage Marichi to remove all the toxins.

With yoga helping individuals to listen to their bodies, honour their limitations and treat it with kindness, both on and off the mat, here's how you can incorporate it into your self-care routine:

It's low maintenance - The best part about yoga is that you

don't need to invest in fancy pieces of equipment or a high-end class. With so many videos available online, all you need is the desire and dedication to learn.

Whether indoors or outdoors, practising yoga leaves no room for excuses to skip it.

A single yoga session allows you to engage both your mind and body, making it an incredibly significant practice.

Vibrant Earth Day Celebration to Promote Environmental Awareness

Jagadhri (Rahul Kohli): On the occasion of Earth Day, New Happy Public School in Yamuna Nagar organized engaging activities to raise awareness and educate students about the significance of Earth. The objective was to instill a sense of responsibility towards the environment among students. The school premises were adorned with attractive posters and banners conveying messages such as "Save Earth, Save Life" and "Reduce, Reuse, Recycle". Young students presented poems on Earth Day, while students from classes one and two were enlightened about environmental conservation through a globe demonstration. Students from classes three to five showcased their creativity and resourcefulness by preparing documents from recyclable paper, emphasizing the importance of reducing plastic usage and protecting the planet.



Students from classes six and seven mesmerized everyone with innovative wall hangings made from recyclable materials, showcasing their artistic skills. Meanwhile, students from class eight designed posters with impactful messages, and those from class ten wrote captivating slogans. The enthusiasm and dedication of students towards various activities were evident, promoting sustainable living and enhancing awareness about Earth's conservation. Dr. Bindu Sharma, the principal of New Happy Public School, commended the students' efforts and highlighted the importance of Earth Day celebrations worldwide. She emphasized the need to adopt sustainable practices and encouraged students to contribute towards protecting the environment. Acknowledging the use of renewable and biodegradable materials, she inspired students to adopt a more environmentally conscious approach. The Earth Day celebration at New Happy Public School was a resounding success, filled with enthusiasm and vigor. It fostered a deep sense of responsibility towards the environment among students and reinforced their commitment to sustainable lifestyles.

AIPL DreamCity NxT: A Paradigm of Sustainable Living and Modern Convenience

Amritsar: AIPL DreamCity NxT is a visionary residential township located in Amritsar. With a focus on



sustainability and modern living, AIPL DreamCity NxT offers a harmonious blend of green spaces, luxurious amenities, and convenient access to key landmarks. From open gyms to themed parks and

state-of-the-art clubhouse, AIPL DreamCity NxT redefines urban living. AIPL DreamCity NxT, nestled along the main GT Road, emerges as a beacon of innovation and sustainability in residential township design. Located a mere 300 meters from the prestigious IIM Amritsar, this visionary development seamlessly integrates verdant green spaces, communal areas, and essential infrastructure, setting a new standard for environmentally conscious living. At the heart of AIPL DreamCity NxT lies its ingenious layout, orchestrating residential units into clusters interconnected by private roads. Every plot is cocooned within lush greenery, fostering a serene and eco-friendly ambiance that residents can relish. Notably, Central Park, spanning an impressive 650 meters, stands as a testament to the township's commitment to nature-centric urban planning. Conveniently positioned on NH-1, the Delhi-Amritsar Highway, AIPL DreamCity NxT offers unparalleled accessibility.

Nestlé India's 'Biodigester Project' paves way for a sustainable future for dairy farmers

Chandigarh/ Ludhiana: Nestlé India is demonstrating its unwavering commitment towards responsible sourcing and reducing emissions from the dairy farms with the 'Biodigester Project'. The biodigester technology transforms cattle manure into clean

biogas, reducing the carbon footprint of dairy farms. The remaining slurry is utilized as natural fertilizer, contributing to regenerative agriculture practices. As a part of this initiative, Nestlé India is in the process of installing almost 70 large biodigesters and more than 3,000

small biodigesters in 24 districts across Punjab and Haryana. Commenting on this initiative, Mr. Sanjay Khajuria, Director, Corporate Affairs and Sustainability, Nestlé India said, “Nestlé India's Biodigester Project is an example of how our efforts are aligned with India's strategic

Motherhood Chaitanya Hospital, Sec 44, Chandigarh Hosted Informative Baby Shower Activity for Antenatal Patients

Chandigarh: Motherhood Chaitanya Hospitals, Chandigarh Sec 44 pleased to announce the successful completion of its educational baby shower activity held on April 21st. Aimed at providing crucial awareness and educational talks for antenatal patients, the event focused on guiding expecting mothers through their pregnancy journey while emphasizing essential care practices for both mother and baby.

Led by esteemed medical experts, including Dr. Poonam Garg, Senior Consultant in Obstetrician and Gynaecologist, Dr. Geetika Thakur, Consultant in Obstetrics and Gynaecologist, Dr.



Poonam Rudingwa, Consultant in Obstetrician and Gynaecologist, Dr. Neelu Malhotra, Consultant - Dietician, and Dr. Arvin Kaur, Consultant - Physiotherapist, the event covered a wide array of topics essential for expectant mothers. Dr. Poonam Garg, Senior Consultant in Obstetrician and Gynaecologist, Motherhood

Chaitanya Hospitals, Chandigarh Sec 44 shared insights on the significance of baby showers, emphasized, "Baby showers serve as a wonderful opportunity to celebrate and support expectant mothers as they embark on this beautiful journey of motherhood. Baby shower offers a unique setting.

MakeMyTrip Report Reveals Where, How, When and With Whom India Travels

Chandigarh/ Amritsar : From Backpackers to Bon-Vivants – and everything in between – Indian travellers are not just reshaping the realm of domestic tourism but also commanding an increasingly important role in the ambit of international travel, leaving no corner of the globe too out of reach. Taking insights from travel searches by its 100M+ annual active users, MakeMyTrip has put together some of the top behaviours of Indian travellers it the first edition of its India Travel Trends Report. Insights include where, when and how India travels, top trends from millions of journeys – both from a national and a region-wise perspective. Rajesh Magow, Co-founder and Group CEO, MakeMyTrip said, "Understanding the evolving travel behaviours of Indian travellers is essential to help shape the future of tourism, both domestically and globally. MakeMyTrip's India Travel Trends Report highlights some the latest essential trends. As India emerges as a formidable force in the tourism sector, these insights can help bridge the demand and supply gaps in the travel and hospitality space.



Walkathon Marks World Parkinson's Day



Mohali: April is celebrated as Parkinson's awareness month all over the world and to raise awareness on the same, a Parkinson's Awareness Walkathon was organised at Leisure Valley, Mohali. Giving the details, Organiser of the Walkathon, Dr Jaslovleen Sidhu, who is a neurologist and Punjab's first Parkinson's disease & Movement Disorder Specialist, said, "Parkinson's disease is world's 2nd most common neurodegenerative disease after Alzheimer's dementia. The most important symptom of Parkinson's is slowness of activities, hand or leg tremors, and loss of balance while walking. Few other symptoms are small handwriting, loss of smell, mood changes, sleep disturbances and constipation." This was the second time that this event

was held by Dr Jaslovleen Sidhu, as she promised last year to make it an annual event. Dr Sidhu has been working on raising awareness and bringing advanced treatment options available to patients in Punjab and adjoining areas. In the last one year, she has performed over 10 Deep Brain Stimulation surgeries for patients of Parkinson's disease and given them a new lease of life. The event was attended by Parkinson's disease patients and their families, students of YPS School Mohali and many doctors from the tricity – supporting the cause. The event commenced successfully at 9 am and it definitely left a great impact on everyone who attended it, and will go in long run to raise awareness on Parkinson's disease.

Toyota Kirloskar Motor Announces Launch of Fortuner LEADER EDITION

Chandigarh/ Ludhiana: The Toyota Fortuner needs no introduction, and to celebrate the success of this most admired SUV, Toyota Kirloskar Motor (TKM) today launched the LEADER EDITION of the Fortuner in the India market. Building upon its renowned features, Fortuner LEADER EDITION brings distinctive design with many add-on features. Commenting on the launch of Fortuner LEADER EDITION, Mr. Sabari Manohar – Vice President, Sales-Service-Used Car Business, Toyota Kirloskar Motor said, "Our customers are at the heart of everything we do. Their evolving preferences and desires for enhanced features and driving experiences motivates our relentless pursuit of excellence. The Fortuner LEADER EDITION is crafted to elevate its bold style statement with more add-on features, while imparting an unparalleled sense of power and distinction. The Fortuner LEADER EDITION is a testament to Toyota's resolute commitment in providing best-in-class offerings, leading the way with power & style.

Pearson PTE's successful Partner Meet in Amritsar; unveils plans for growth



Amritsar : Pearson (FTSE: PSON.L), the world's leading learning company conducted an exclusive partner meet in Amritsar and unveiled its growth plans for the Pearson Test of English (PTE) in the state. Attended by 130+ partners, the event, brought together key partners, stakeholders, and industry leaders to discuss strategic collaborations. The focus was on expanding the partner ecosystem through exceptional customer service, comprehensive training programs, and raising

awareness about market trends and opportunities. This gathering aimed at a significant stride toward empowering partners to achieve greater growth and success. "At Pearson, while we continue to innovate and build new synergies to strengthen the value proposition of PTE for test takers, we also understand that our partners in Punjab have a pivotal role in strengthening the preference and popularity of the test. We are committed to fostering and strengthening our collaboration with our partners.

Airtel unveils affordable International Roaming packs for customers travelling across the world

Bharti Airtel ('Airtel'), one of India's leading telecommunications service providers, today, unveiled affordable international roaming packs for customers travelling abroad. The new packs include access to 184 countries and the tariffs start at as low as Rs. 133/day, making them an affordable option even when compared to local sims. In addition, they offer enhanced data benefits, in-flight connectivity and 24x7 contact centre support. To make things as convenient as possible, Airtel has also ensured that customers travelling to these 184 countries no longer need subscribe to multiple packs for various travel destinations and have the convenience to simply choose the duration of travel and enjoy seamless connectivity anywhere in the world through one single pack; and do this in the most customer friendly manner. Amit Tripathi – Director – Customer Experience and Marketing, Bharti Airtel, said, "At Airtel, our mission is to solve customer problems and offer greater convenience. We are happy to launch affordable and simplified international roaming packs that will enable seamless roaming access to customers travelling anywhere in the world. The packs offer greater value with enhanced benefits that are economical when compared to local in-country sims across many countries. The new pack truly redefines our value proposition for customers and gives them the freedom to use data and voice at an affordable tariff."

"Zee Punjabi's 'Dilan De Rishtey' Star Hasanpreet Advocates Earth Conservation on World Earth Day"

Hasanpreet kaur, the talented actor portraying the lead character Keerat in Zee Punjabi's beloved show "Dilan De Rishtey," is stepping up beyond the screen to champion environmental conservation this World Earth Day. With a deep-rooted commitment to sustainability, Hasanpreet shares insightful ideas on how individuals can contribute to preserving our planet.

In her compelling statement, Hasanpreet Kaur who is playing the lead role of Keerat, asserts, "Earth is not just our home; it's our responsibility. On this World Earth Day, let's pledge to take concrete actions

towards safeguarding our environment. Simple practices



like reducing plastic usage, conserving water and energy,

and opting for eco-friendly alternatives can collectively make a significant impact. Planting trees, supporting local biodiversity, and advocating for sustainable practices are vital steps in nurturing a greener, healthier planet for future generations." Beyond her captivating performances on-screen, Hasanpreet's dedication to environmental advocacy underscores her role as a responsible citizen and influencer in promoting positive change.

Watch Hasanpreet Kaur as Keerat in the "Dilan De Rishtey" show Mon-Sat. At 7:30pm only on zee punjabi.

Transformative Partnership between IIT Mandi, NSDC and Masai School to Launch Joint AI and ML Program



Mandi- IIT Mandi, NSDC, and Masai School are excited to announce a groundbreaking collaboration to introduce a jointly certified Credit-linked Micro-Specialization in Artificial Intelligence and Machine Learning. This strategic partnership brings together the expertise of three esteemed institutions to deliver a transformative educational experience designed for ambitious professionals seeking to excel in the tech industry. The program covers various modules, including Mathematics for Data

Science, Programming for Data Engineering, Machine Learning Fundamentals, Deep Learning and Neural Networks, and Specialized Topics in AI and ML. The program culminates with Capstone Projects, offering a practical application of acquired skills and insights. Being one of the most extensive AI/ML courses, the curriculum comprises foundational courses in mathematics and programming fundamentals, making it equivalent to a minor degree in AI/ML.

Shri Ved Mani Tiwari, CEO, NSDC and MD, NSDC

International emphasised on the collaboration, stating, "Our vision has always focused on addressing the challenge of empowering individuals with the skills vital for a prosperous economy. This collaboration is crafted to bolster tech enthusiasts, providing them with a rich reservoir of knowledge and practical competencies crucial for thriving in the technological age." Commenting on the course launch, Dr. Tushar Jain, Head Centre for Continuing Education, IIT Mandi, added "This initiative is a pivotal milestone for IIT Mandi and CCE, signifying our dedication to up skilling. The program, which is the first such extensive online program from CCE, IIT Mandi, offers candidates a unique chance to immerse themselves in the IT ecosystem. With live classes by IIT faculties and opportunities to interact with students and professors, it ensures a truly immersive learning experience.

Tata Motors celebrates 4 lakh happy customers of the Magic

Chandigarh/ Ludhiana: Tata Motors, India's largest commercial vehicle manufacturer, celebrates the remarkable milestone of 4 lakh happy customers of the Tata Magic – India's most preferred van. On the momentous occasion, the company has introduced a new variant, the Magic Bi-Fuel, to further increase the convenience of its customers. Renowned for its reliability, efficiency and affordability in the last-mile transportation, the 10-seater Tata Magic has been the ideal choice of commuters and operators. The sleek design, safety and passenger comfort of the Tata Magic have been pivotal to its continued successes over the years. Commenting on the milestone, Mr. Anand S, Vice President & Head – Passenger Business, Tata Motors Commercial Vehicles said, "We are elated to achieve the milestone of 4 lakh happy customers for the versatile Magic brand. Celebrating 4 lakh journeys of trust, efficiency and comfort, the Magic continues to be the heartbeat of India's bustling mass mobility. To commemorate this milestone, we are happy to introduce the first-in-segment Magic Bi-Fuel that couples the benefits of CNG with an extended range of petrol. The new variant is engineered to address the evolving transportation needs and further improve the profitability and convenience for our customers. We are thankful for the support and loyalty of our customers.

Four car-borne miscreants attempt robbery at Medical Shop on Namdev Marg



ASHOK DHINGRA
TAPA MANDI: Four car born miscreants try to loot a medical shop on namdev marg on interning night. According to shop owner Robin Goyal, two of the four persons came to his shop and asked for some medicine. When they were handling over the medicine to the person, they asked for the money. Applying his mind the shop owner took the scissor laying there. Seeing this, the looter fled in a car parked in front of the shop. The local police was informed immediately, before this these person also looted a petrol pump at jethuke village near Tapa.

BKU (Ugrahan) protests against BJP leader Khanna

KULDEEP SOOD
BARNALA: Bharatiya Kisan Union Ekta Ugrahan of District Barnala BJP leader Arvinder Khanna came to meet with BJP workers at Aganwal Dharamshala Barnala regarding election campaigning, then the Bharatiya Kisan Union Ekta Ugrahan district unit of Barnala gathered in Kachhari Chowk and marched to Jode Petrol Pump. And slogans were raised against BJP. Seeing the anger of the farmers, he had to leave his meeting in the middle. The farmers were stopped there by the administration. On this occasion State Vice President Roop Singh Chhina, District President Chamkaur Singh Nainewal, Block President Balor Singh Chhina, Krishan Singh Chhina, Vice President Darshan Singh Bhaini, Bikan Singh Saidowal, Nirpjit Singh Badbar, Kuljit Singh Wajidke, Ram Singh Sanghera, Bindal Pal Kaur Bhadour, Sandeep Kaur Patti Sekhwan, Lakhveer Kaur Dhanola, Amarjit Kaur Badbar and other leaders were present.

Women voters encouraged to vote under SVEEP at Handiyaya

KULDEEP SOOD
BARNALA: The girl students of Government Senior Secondary School Handiyaya organized an awareness rally to motivate women voters to vote with the support of National Service Planning Unit. Baljit Singh Akila, in-charge of school sweep activity said that as per the directions of Deputy Commissioner cum District Election Officer Barnala Poonamdeep Kaur under the sweep activity Arun Kumar Assistant Director Youth Services Department took out an awareness rally to motivate women voters to vote. Head of the school Madam Swali explained the importance of voting while sending off the rally. Gurjit Singh, Rupinder Singh, Rajul Sharma, Gurmeet Singh etc. were present on this occasion.

'World Earth Day' celebrated by Eco club of RR Bawa DAV College for Girls, Batala



VERMA
BATALA: RR Bawa DAV College for Girls, Batala. Under the under able guidance of Principal Dr. Ekta Khosla and with the support of Mrs. Ekta Bhandari, Head Department of Science celebrated 'World Earth Day' under the aegis of Eco Club. The theme of the program was 'Planet versus Plastic'. On this occasion, The students planted plants and took a pledge to take care of the plants and stop using single use plastic. Poster Making competition and slogan writing competition related to the theme were also organized. Kumari Japji stood first and Kumari Rubal and Prameet stood second and third respectively in the poster making competition. Kumari Jasleen bagged First prize and Kumari Sukhmanjeet and Kumari Amrita stood second and third prize respectively in the slogan writing competition. Principal, Dr. Ekta Khosla while addressing the students said that collective community efforts are needed to make the earth single use plastic free.

Poster making competition organized on Earth Day



KAPIL ARORA
SHAHABAD MARKANDA: Earth Day was celebrated at Satluj Senior Secondary School on Monday. Poster making competition was organized on this occasion. School Principal Dr. RS Ghuman said that about 280 students from class VI to XII participated. He said that the way nature is being exploited today, it is natural to be concerned about our future at the global level. He made the students aware about the protection of earth and said that Earth Day is celebrated all over world on 22nd April to show support for environmental protection. In this competition, Jaspreet of class VI stood first, Deeksha second, Simran third, Chahak and Sanjana of class seventh stood first, Sanpreet Kaur second, Navya Kajal third, Khushpreet of class VIII, Priyansha first, Geet second, Vandita III, Khushpreet Kaur and Pawandeep stood first. Consolation prizes were given to Aishwarya first, Shagun second, Deepika third in class X, Priyanka first, Geetika second, Lucky third in class X and Rishabhjot first, Shweta second, Bhoomi third and Zainab Khatun in class XI. to be done. Principal Dr. Ghuman congratulated and honored the winning students.

Himachal Governor stresses need to ensure clean drinking water

DINESH AGARWAL
SHIMLA, APRIL 22

Governor Shiv Pratap Shukla today chaired a meeting at circuit house Parwanoo in Solan district, and held discussion with district administration, and various concerned departments to address the recent surge in diarrhoea cases in the area. Emphasizing the increased risk of water-borne diseases during summer, he stressed the need of ensuring clean drinking water to the people of the area. The Governor reviewed the measures taken by concerned departments in response to the reported diarrhoea cases and urged swift identification of causes leading to the drinking water pollution. He advocated for the formation of a combined team for this purpose and commended the diligence shown by the administration.



Governor Shukla also sought updates on the treatment of diarrhoea patients and expressed satisfaction with the efforts made for both treatment and prevention. He emphasized the need for extensive public awareness regarding preventive measures against water-borne diseases. He urged the regular cleaning and chlorination of water storage tanks and boiling water before consumption. Deputy Commissioner

Solan, Manmohan Sharma provided detailed insights into the ongoing intensive campaign to combat diarrhoea and other water-borne diseases in Parwanoo. He highlighted the swift formation of a specialized task force, comprising representatives from the Health Department, HIMUDA, Jal Shakti Vibhag, and various other relevant departments immediately upon detection of the issue. The task force is

PO and APO training from today



PARI BAJAJ
KARNAL: In view of the Lok Sabha elections and Karnal Assembly by-election, training for presiding and assistant presiding officers will be organized in Dr. Mangalsen Auditorium from 23rd to 27th April. Vivek Chaudhary, Nodal Officer for Training and Chief Executive Officer of Zilla Parishad, held a meeting with officials of various departments in the auditorium today and took stock of the preparations and gave necessary instructions. He informed that in view of the elections, training of Presiding Officers (PO) and Assistant Presiding Officers (APO) will be organized from 23rd to 27th April. Training timings will be from 9.30 to 12.30 in the morning and 2 to 5 in the afternoon. In each batch, 250 officers will be trained by ten master trainers. Vivek Chaudhary instructed the concerned officers to make proper arrangements for projector, electricity, water etc. as well as to ensure the attendance of every officer coming for training.

Congress Secretary Chetan Chauhan launches 'Mera Jhanda, Mera Gaurav' campaign

MANISH KUMAR

AMBALA: Congress National Secretary Chetan Chauhan has started the Mera Jhanda Mera Gaurav campaign. The campaign was started from Singhawala area of the city and Congress flags were installed on the roofs of many houses here. Under this campaign, now party flags will be installed on the rooftops of the houses of Congress workers and people associated with the party in Ambala City Assembly and the Mera Jhanda Mera Gaurav campaign will be taken forward. In fact, amidst the Lok Sabha elections, Congress National Secretary Chetan Chauhan has started this campaign with aim of infusing new energy among the party workers in Ambala City Assembly. According to the Congress Secretary, under this campaign, every ward of the city will be covered and it will also be run in rural areas, which will rapidly strengthen the growing atmosphere among the people towards Congress. He said that today there is a wave against Prime Minister Modi everywhere in the country and the state. BJP candidates are being opposed in every Lok Sabha specially in Haryana, people are disillusioned with the Center as well as the state



government. He said that this time change is certain and for this we will have to go door to door in which this campaign will play a big role. While talking to the people here, Congress Secretary Chetan Chauhan told that the Congress party is not making promises but this time it has given a guarantee card to the public in which every section of the society including farmers, farmers, youth, women, businessmen etc. has been guaranteed work in their interests.

Launch of new workshop on 'Soft Skills' at Maharaja Agrasen College, Jagadhri

RAHUL KOHLI

JAGADHRI: The final day of the seven-day web development workshop at Maharaja Agrasen College, Jagadhri, concluded with the utilization of Bootstrap 5. The main focus of this special day was to delve into various web development projects and



present them. College Principal Dr. Karuna, while explaining the importance of workshops,

motivated the participants to engage in such activities. Participants showcased their developed projects, incorporating the latest features of Bootstrap 5 with beautiful and cohesive designs, ensuring a user-friendly experience. In sessions conducted by experts, participants received feedback

on their projects and enhanced their latest knowledge. At the end of this day, all attendees shared their experiences and knowledge with fellow participants and teachers. This workshop provided a platform for all participants to become leaders in the world of web development.

District Administrative Secretary Vikas Gupta visits Guhla grain market to take stock of wheat procurement

KULBHUSHAN SHARMA
GUHLA-CHIKA, APRIL 22

Vikas Gupta, IAS and district administrative secretary visited Guhla grain market on Monday and took stock of wheat procurement process. DC Prashant Panwar was also present with him on this occasion. While giving instructions to the officers involved in the procurement process to speed up the lifting of the produce, he said that the officers concerned should work in mutual coordination to ensure that the purchased crop was lifted within the stipulated time so that the procurement process continued properly. He said that there should be proper arrangements for basic facilities like electricity, water, toilets in all the mandis, so that farmers did



not face any problem in selling their crops during the summer season. The concerned agencies and transporters should do the lifting work expeditiously so that other farmers coming to the market with their crops did not have to face situations like shortage of space and jam. On this occasion, he interacted with farmers and commission agents and learned about their problems. He told the concerned officials that if farmers and commission

agents have any kind of problems then they should be resolved on priority basis. He also called upon the farmers to bring the produce as per the prescribed criteria and as per the given schedule, so that there was no problem. On this occasion, DC Prashant Panwar, SDM Krishna Kumar, DFSC Nishant Rathi, Market Committee Secretary Satbir Ravish and officers and employees of the concerned procurement agencies were present.

Earth Day celebrated in Dhulagarh Guldehra School by planting saplings

DALBIR MALIK

KURUKSHETRA: On Monday, the Earth Day was celebrated by planting saplings in Government Adarsh Sanskriti Primary School, Dhulgarh Guldehra. The program was conducted by school teacher Neeraj Verma. First of all, saplings were planted in the school and also the children and villagers present were given a lot of appreciation. She called for planting more trees to protect the environment. She said that the earth has provided them with all the resources and facilities which were necessary for a healthy life. They have received countless valuable gifts from the earth for nothing. Therefore, it was their duty to plant trees to make the earth clean and green. School Headmaster and District Coordinator of Seva Trust UK India, Pawan Mittal inspired the students to be aware of the environment and make it clean and also inspired the children to take care of the environment. He termed unnecessary tampering with nature as fatal. He explained in detail about the activities of Seva Trust UK (India) and with the help of its co-sponsor Dabur India, Dabur Real Juice was distributed to all the children of the school and all the children was motivated to plant as many trees as possible so that Earth's existence may remain intact.



CM Sukhu violated the model code of conduct: Sudhir Sharma

SANJAY AGGARWAL
DHARAMSHALA: State Chief Minister Sukhwinder Singh Sukhu has violated the model code of conduct. Following the code of conduct applicable in the state, the Chief Minister held a political meeting at the perimeter house of the Public Works Department during his recent visit to Dharamshala. During this time, he also held a meeting with the contenders for Congress ticket in Dharamshala by-election and while addressing the press, he also mentioned about his political meeting. In which he said that a meeting has been organized with officials and workers regarding the by-elections and Lok Sabha elections and the candidates will be announced soon. BJP candidate from Dharamshala Sudhir Sharma has termed this as a violation of the model code of conduct. In his complaint letter sent to the Chief Election Commissioner and Chief Election Officer, Sudhir Sharma has mentioned the above and raised the demand for action. He said that during the Model Code of Conduct, government property cannot be used for political activities or general meetings, but the Chief Minister has violated the Model Code of Conduct by organizing the said meeting. He has further written in the complaint letter that District Magistrate Kangra and SDM Dharamshala were also present in the meeting held at the Chief Minister's Paridhi Griha. The officers who are responsible for enforcing the model code of conduct have themselves been found violating the code of conduct.



Earth Day celebrated by planting saplings in Kidzie, Kids Planet

DALBIR MALIK

KURUKSHETRA: Earth Day was celebrated at Kidzee Kids Planet Prem Public School Sector- 3 Kurukshetra. On this occasion, various competitions were organised in the school, in which slogan competition was organised for classes IV and V and poster making competition for classes VI to VIII. Children of classes V to VIII showed through skits how much the earth has been affected due to pollution and is calling for its protection. Children of classes Nursery to Senior also gave a presentation for earth conservation. In this program School's Academic Incharge Megha Bathla, Coordinator Sunita Arora, Jyoti Khaneja and HR Pooja and other teachers also participated. School manager Parminder Singh Bath said that the way nature is being exploited today, it is natural to be worried about the future at the global level. He said that Earth Day is organised across the world on April 22 to show support for environmental protection. The purpose of celebrating this day is to spread awareness among people about the environment and the efforts being made to save the earth. Efforts are to be encouraged. On this occasion, saplings were also planted by the students under the leadership of school manager Parminder Singh Bath.



Earth Day celebrated in Unique Shiksha Niketan



NARESH GARG

LADWA: Earth Day was celebrated with great pomp at Unique Shiksha Niketan, Ladwa. School Principal Brijmohan Sharma said that Earth Day is celebrated every year on 22nd April and this day is also known as International Mother Earth Day. The purpose of celebrating this day is to make people aware of the threats to the environment and to encourage people to protect environment. Landslides, global warming and pollution cause immense damage to the environment. In such situation, if a person promotes environmental protection at his own level and takes a pledge to keep the environment safe, then our earth will continue to flourish. This year's theme is -Planet vs Plastic. Objective of this theme is to eliminate use of single use plastic and to emphasize on search for its alternatives. Children were explained how earth and environment are interconnected and that we should plant trees on the earth, keep the environment clean, avoid the use of plastic, and conserve water.

Memo submitted to SDM regarding compensation for crop damaged due to hailstorm



MAINPAL KASHYAP
INDRI, APRIL 22

Due to heavy hailstorm in Indri area, crops of hundreds of acres of wheat, vegetables etc. of farmers have been damaged due to which there is despair among the farmers. Dr. Sunil Pawar, State President of Rajiv Gandhi Panchayati Raj Organization, on Monday demanded compensation for the loss by doing Girdawari of the crops destroyed due to hailstorm due to unseasonal rain and hailstorm. They submitted memorandum to Indri SDM along with his workers. He said that government should compensate the farmers for their losses as soon as possible by getting girdawari of damaged crops done so that the farmers can be compensated. SDM Ashok Kumar said that farmers should directly lodge reports of losses caused by unseasonal rains and hailstorms on the compensation portal. Guidelines have been given to all the Patwaris and all the Patwaris are going to the spot and preparing the report so that farmers whose crops have been damaged can be given appropriate compensation.

We have to plant more and more trees to prevent pollution: Goyal



NARESH GARG

LADWA: Earth Day was celebrated with great pomp at Early Stop Pre School, Ladwa. Regarding this, an awareness rally was also taken out by school children on Earth Day. School Principal Sonia Goyal said that Earth Day is celebrated with great pomp across the country on 22 April. He said that we need to be aware of the way pollution is spreading these days to save the earth. He said that to prevent pollution, we have to plant more and more trees and our responsibility does not end just by planting trees. Those plants should be taken care of till then. As long as it becomes a tree, he said that this is why we all are having trouble breathing these days. Because we are living our lives carelessly, we should stay away from such things. Which affects our health. Earlier, school children had also held placards with slogans written on Earth Day and carried out an awareness rally. The children studying in the school also planted saplings in pots and took a pledge that they will plant saplings in their respective homes and take care of them until they become trees.

Joginder Singh Salaria founder of PCT Humanity honored



SHWETA SHARMA

SUJANPUR: Joginder Singh Salaria, the founder of the global social service organization PCT Humanity, advocated for blood donation over shedding blood in violence. He participated in a blood donation camp organized by the Pathankot Donor (Registered) as the chief guest, where he donated blood himself. Speaking to journalists after the donation, he remarked on the frustration and directionlessness among educated but unemployed youth, who often resort to violence over trivial matters, emphasizing the importance of contributing meaningfully by donating blood. The Chairman Kavalpreet Singh Anand and President Krishna Mohan, while providing details about the blood donation camp, thanked the team at Civil Hospital Pathankot, led by Dr. Maidan Mattu, for successfully organizing the event. They informed that 51 units of blood were donated during the camp. Chairman Anand and President Mohan expressed their gratitude to renowned social worker Joginder Singh Salaria and all the blood donors.

