



# Modi, Quad leaders announce MoUs, schemes to prioritise Indo-Pacific dev

AGENCY WILMINGTON, SEPT 22

Terming the Quad as a “force of Global Good” the Quad leaders made a number of announcements to address the development priorities of the Indo-Pacific region and of the global community as a whole.

US President Joe Biden on September 21 hosted Prime Minister Anthony Albanese of Australia, Prime Minister Kishida Fumio of Japan and Prime Minister Narendra Modi in Wilmington, Delaware, for the fourth Quad Leaders’ Summit. To take the Quad agenda forward, the Quad Leaders adopted the Quad Wilmington Declaration.

This year, the Quad announced executing tangible projects that benefit partner countries across the Indo-Pacific-including in the

Pacific, Southeast Asia, and the Indian Ocean Region.

These include ‘Quad Cancer Moonshot’, a groundbreaking partnership to save lives in the Indo-Pacific region by combating cervical cancer.

Another initiative announced was the ‘Maritime Initiative for Training in the Indo-Pacific’ (MAITRI) to enable Indo-Pacific partners to maximise tools provided through IPMDA (Indo-Pacific Partnership for Maritime Domain Awareness). It aims to support the concept of open science for space-based monitoring of extreme weather events and climate impact. The leaders pledged a collective Quad effort to boost energy efficiency, including the deployment and manufac-



turing of high-efficiency, affordable cooling systems in the Indo-Pacific region. An announcement was made for the first ‘Quad-at-Sea Ship Observer Mission’ in 2025 to improve interoperability and advance maritime safety and the ‘Quad Ports of the Future Partnership,’ which will harness the Quad’s collective expertise to support sustainable and resilient port infrastructure development across the Indo-Pacific.

# No dialogue with Pakistan till terrorism is eliminated : Shah

AGENCY RAJOURI, SEPT 22

Union Home Minister Amit Shah said on Sunday that the central government will not hold any conversation with Pakistan until terrorism is eliminated.

Addressing an election rally in Nowshera in the run-up to the Jammu and Kashmir Assembly elections, Shah stressed against revoking Article 370 in the valley as demanded by the opposition, including the National Conference and Congress.

“Farooq Abdullah says that they will bring back Article 370. Farooq Sahab, nobody can bring back Article 370. Now, bunkers are not needed because no one can dare to fire bullets. ‘Agar wahan see goli aayi to goli ka jawab gole se diya jayega’. They want to bring back Shiekh Abdullah’s flag. Only



our tricolour will wave in Jammu and Kashmir. Terrorism continued in Jammu and Kashmir for 30 years, curfew was imposed in Jammu and Kashmir for 3000 days in 30 years, 40,000 people were killed. Farooq Sahab, where were you during those days? Let me tell you, when Kashmir was burning, Farooq Sahib was comfortably holidaying in London,” Shah said.

## Talks with President Biden were extremely fruitful: PM

WILMINGTON/NEW DELHI: Prime Minister Narendra Modi said his talks with US President Joe Biden were extremely fruitful and thanked Biden for hosting him at his residence in Greenville, Delaware.

In a post on X on Saturday, PM Modi said: “I thank President Biden for hosting me at his residence in Greenville, Delaware. Our talks were extremely fruitful. We had the opportunity to discuss regional and global issues during the meeting.”

## Subhash Barala injured in road accident in Bhiwani

AGENCY HISAR, SEPT 22

BJP Rajya Sabha MP Subhash Barala was injured in a road accident near Sherapur village in the Siwani area of Haryana’s Bhiwani district on Saturday.

He is currently undergoing treatment at a private hospital in Hisar where Haryana Health Minister Kamal Gupta met Barala. After the meeting, Gupta said that Barala had not suffered serious injuries. “According to the medical reports, he is almost fine. He has not suffered serious injuries. There are injuries in the neck and back,” the minister said.

## India swamps Bangladesh by 280 runs, takes 1-0 lead



AGENCY CHENNAI, SEP 22

Following it up with a classic century in the first innings, off spinner R Ashwin claimed six wickets to help India swamp Bangladesh by 280 runs on the fourth day of the first cricket test here on Sunday.

Set a daunting target of 515 for an improbable win, Bangladesh, resuming at 158 for four, were all out for 234 runs in 62.1 overs, leaving India a comfortable winner with more than a day to spare and take a 1-0 lead in the two test series. Once the overnight pair of skipper Najmul Hossain Shanto, who top scored with 82 (127 balls, 8x4, 3x6) and Shakib Al Hasan (225, 3x4) were separated an hour into the day’s play, Ashwin and left arm sinner Ravindra Jadeja, who struck in tandem claiming three wickets, ran through the Bangladesh batting order as none of the remaining batsmen reached double figures.

## Kejriwal attacks PM Modi, poses 5 questions to RSS chief Bhagwat

AGENCY NEW DELHI, SEPT 22

In a new political strategy, AAP chief Arvind Kejriwal on Sunday demanded answers from the RSS for Prime Minister Narendra Modi’s actions, in an apparent bid to diminish his stature by implying that the parent Hindutva organisation was the master which should keep its child in control.

“Has the son become so big now that it is showing attitude to his mother?” Mr Kejriwal said at a rally where he demanded five answers from Rashtriya Swayamsevak Sangh (RSS) chief Mohan Bhagwat.

The questions he asked were political softballs but the implication of bringing Bhagwat into his new political narrative is new and unusual.

Mr Kejriwal wanted to know if the RSS agreed with the BJP’s politics of using central agencies to break up parties and topple opposition governments, and inducting “corrupt” leaders into its fold.

HEALTHCARE AND BEYOND

EVER EXPANDING FOOTPRINT OF

AYUSHMAN BHARAT

Massive saving of ₹1.25 lakh crore out-of-pocket expenditure for the poor

Costly high-frequency life-saving procedures like dialysis **within reach of the poor now**

Families saved from falling into debt trap; Significant reduction in NPA rates in microfinance loans enhancing economic stability

Timely primary healthcare strengthened through **a strong network of lakhs of Ayushman Arogya Mandirs**, preventing many primary and secondary diseases

35 crore Ayushman cards

7.8 crore treatments worth ₹1.07 lakh crore

30 thousand empanelled hospitals

1.7 lakh Ayushman Arogya Mandirs

“Ayushman Bharat is not only playing an important role in saving the lives of the poor, but it is also a symbol of the collective resolve and strength of 140 crore Indians.”

Narendra Modi, Prime Minister

cbc 17180/13/0001/2425







# Hry has emerged as model of development under BJP: Yogi

SHIV KUMAR SHARMA ASSANDH, SEPT 22

Uttar Pradesh Chief Minister Yogi Adityanath said that before 2014, India was full of fear, corruption, hooliganism and anarchy and the faith of the country was played with and security was breached and today there is a new India in which 140 crore people are getting the benefit of many public welfare schemes without any discrimination under the leadership of Prime Minister Narendra Modi. Villages, women, poor, farmers, youth, and every section of the society have benefited from these schemes. Daughters and sisters were tortured during the Congress government, this was evident from the sex ratio of Haryana. Before 2014, Haryana was considered to be in the worst condition in the country. He said that today I am happy to tell you that now the sex ratio is 900 women per thousand men. Yogi Adityanath was addressing a huge rally organised in Assandh today. During this,



Yogi Adityanath appealed for votes for BJP candidate Yogendra Rana from Assandh and said that make your son victorious by giving maximum blessings from Assandh assembly so that once again a double engine government can be formed in Haryana under the leadership of Naib Singh Saini. With the belief that there should be a new spring of development and Nayab Singh Saini's government, BJP has made Yogendra Rana its candidate from Assandh.

While saying 'Ram-Ram' to the people of Assandh in Haryana, he said that I have come with a special message from the holy land of Lord Shri Ram, Uttar Pradesh and this message is of Prime Minister Modi's Ek Bharat-Shreshtha Bharat. We have seen a changing India. Our generation is fortunate that in the last ten years we have seen a changing India. We have seen the dream of Ek Bharat-Shreshtha Bharat coming true. He said that in a society where women are worshipped and

their dignity is protected, no power can stop that country and that society from progressing and our Haryana has done this in ten years. What was impossible during the Congress and BSP government, Prime Minister Narendra Modi has made it possible. Today, Haryana's first medical university has opened in Karnal. All the medical colleges that will be built in Haryana will be affiliated from here, due to which Haryana is going to get a new identity.

Today, Haryana has emerged as a new model of development, not anarchy, nepotism and corruption. This is the power of the double engine government. Yogi Adityanath said that Maharana Kumbha, Maharana Sangha, Maharana Pratap and Prithviraj Chauhan, these great warriors had contributed to India, so we all should also contribute to the country. Targeting the Congress, he said that this is the same Congress which had imposed Article 370 in Kashmir.

## Cong will win all 5 assembly seats of Karnal: Tarlochan Singh

SHIV KUMAR SHARMA KARNAL, SEPTEMBER 22

Karnal District Coordinator of Congress Tarlochan Singh has claimed that Congress candidates will win all five assembly seats of Karnal district with majority. Sumita Singh will become MLA for the third time by winning with record breaking votes in Karnal. He said that in 10 years, BJP has trapped the people of Haryana in the quagmire of inflation, corruption and unemployment. Criminals were given protection to commit crimes. Government agencies were misused. Trilochan Singh said that first Manohar Lal and then Naib Singh Saini broke promises to the people of Karnal. When the time came to answer, both the former Chief Ministers stopped appearing. During door to door campaigning with Congress candidate Sumita Singh, Trilochan Singh said



that Kalpana Chawla Medical College is trapped in the clutches of brokers. A scam of thousand crores was done in the name of Smart City.

Tarlochan Singh claimed that the law and order had collapsed in Karnal. Farmers, employees, labourers and businessmen are all unhappy with the BJP. They feel cheated. He appealed to

the people to form a Congress government for the prosperity of their family society and the state. If the Congress government is formed, a pension of Rs. 6000 will be given. The old pension scheme will be implemented. LPG cylinder will be available for Rs. 500. 300 units of electricity will be given free.

## Only Congress respects all sections of society: Pankaj Gaba



SHIV MUMAR SHARMA KARNAL, SEPT 22

Today, under the leadership of Pankaj Gaba, a door-to-door campaigning for Congress candidate from Karnal, Sumita Singh, was done in Shyam Nagar on the sixth consecutive day, appealing for votes. Pawan Kashyap was also present. On this occasion, former Youth Congress President Pankaj Gaba said that Congress govern-

ment is going to be formed in Haryana and development works will be done without any discrimination. Gaba said that the future belongs to the Congress party and the policies of BJP are causing trouble to the people. Sumita Singh will win from Karnal with a huge margin. He said that Sumita Singh will develop Karnal and the door to door campaign will continue till October 3. Efforts will be made to reach

out to all the voters and take the policies of Congress to every home. On this occasion Pawan Kashyap, Parveen Kashyap, Pankaj Kaushik, Piyush Sharma, Jagdeep Mattoo, Sumit Rana, Kulbir Virk, Hamraz Ladi, Deepak Sharma, Abhishek Kumar, Sonu Sharma, Puneet Kumar, Akash, Parveen, Aditya, Monu and other young friends were present with him.

## Seminar held in DAV College on New Education Policy and National Assessment and Accreditation Council

YAGYA DUTT SHASTRI PEHOWA, SEPT 22

Seminar was held on New Education Policy and NAAC assessment by Internal Quality Assessment Committee in DAV College. Principal Dr. Surendra Sharma said that DAV Management Committee's cashier Dr. MC Sharma attended as chief guest. Senior advocate SD Murar and Alumni Committee's vice-president Vikas Rana were also present. Dr. MC Sharma said that DAV College Lahore has made important contribution in formulation of mod-

ern education policy. DAV College Management Committee is committed to spread of quality in higher

education. Principal shared achievements of various aspects of accreditation and assessment.



education. College Internal Quality Assessment Committee in-charge and program coordinator Dr. Ashwini Sharma as keynote speaker made everyone

aware of various aspects of accreditation and assessment. Principal shared achievements and upcoming plans of college. Stage was conducted by Dr. Parveen Kumar. All academic and non-academic staff members were present.

## Strict action will be taken against those printing promotional material against rules: DC

MANISH KUMAR

AMBALA: District Election Officer and DC Parth Gupta said that strict action will be taken against those who distribute promotional material not as per rules prescribed for assembly elections. Guidelines have been issued to all printing press operators of district on printing and publication of election pamphlets, posters and related promotional material. DC issued necessary guidelines to all printers and publishers and said that printing and publication of election pamphlets, posters etc. is being controlled by the provisions of Section 127-A of Representation of the Nation Act. District Election Officer has instructed printing press owners not to publish any election campaign material without investigation and against rules. Printing election related pamphlets and posters without name of printer and publisher during election is violation of Section 127A of Representation of People Act, 1951 and action will be taken against printer doing so under Section 163 of Indian Civil Security Code,



2023. There is provision of 6 months' imprisonment to cancellation of license of printing press. He said that name and address of printer and publisher must be printed on every election related material. DEO said that Election Commission has fixed limit of expenditure of candidates for assembly elections, so it is necessary that there should be complete accounting of expenditure on their pamphlets and posters.

## Traders and women lived in shadow of fear under BJP rule: Sumita Singh

SHIV KUMAR SHARMA KARNAL, SEPTEMBER 22

Congress candidate from Karnal assembly seat Sumita Singh on Sunday appealed to the people to vote by doing a door-to-door campaign, and in various public meetings, she made people aware of the policies of Congress and appealed to form a Congress government in Haryana. Meanwhile, a large number of youth including Devi Dayal Sharma Yuva Morcha Pradhan Ramnagar, Ramni was former Sarpanch, Sukhwinder Devi and Kavita expressed faith in Congress at the Congress election office. These youth had reached the election office under the leadership of Youth District President of Congress Maninder Singh Shanti. Sha-



heed Bhagat Singh Nagar Society also extended support. On the other hand, Sumita Singh reached Anandpur Kutiba Gandhi Nagar and participated in the programme

organised on the occasion of Maharaj Ji's birthday. She bowed down in Baba Ji's court and took blessings. In a programme organised in Sector 13, trader leader Deepak

Dhawan promised to support Sumita Singh.

In the public meeting organised in Premnagar, Sumita Singh fiercely targeted the BJP government. She said that the businessmen and women of Haryana have spent 10 years of BJP rule in fear. BJP openly protected criminals. Ransom was demanded from doctors who are considered to be God's incarnation. Firing was carried out outside hospitals. Many businessmen were murdered. The number of crimes against women increased a lot. Women were most oppressed during the rule of BJP which gave the slogan of 'Beti Bachao Beti Padhao'. Sumita Singh said that now the people of the state have got an opportunity to get rid of the misrule of BJP.

## 800 MW thermal power station will be set up under BJP govt: Arora

RAHUL KOHLI YAMUNANAGAR, SEP 22

Yamunanagar. BJP candidate and MLA Ghanshyam Das Arora said that after BJP government is formed in the state, a new thermal power station of 800 MW will be established in Yamunanagar. Karnal-Yamunanagar new railway line will be constructed. A master plan will be presented to revive the metal industry of Jagadhri city by providing subsidy on industrial infrastructure. A Vishwakarma College will be established which will be affiliated to Shri Vishwakarma Skill University. A maternal and child health center will be built. An I.C.U. will be built in the civil hospital. 100-bed civil hospitals will be upgraded to 200 beds, 200-bed civil hospitals to 300-bed hospitals. City scan,



MRI and cardiology services will be expanded. A Mahila Chaupal will be built in every village. A service center will be built for very senior citizens. An Olympic sports nursery will be built. We will build a state-of-the-art auditorium according to the population and establish a command control center called 'Drishti Kendra' which will ensure better coordination and delivery of government services. MLA Arora was addressing the crowd gathered in programmes organised at Bhukhari, Kharwan, Fatehgarh, Arya Samaj Mandir, Rampur Majra, Ratanpura, Jammu Colony, Shastri Colony, Professor Colony, Tirth Nagar, Gandhi Park, Valmiki Basti Purana Hamida, Mahavir Colony, Sarani

dination and delivery of government services. MLA Arora was addressing the crowd gathered in programmes organised at Bhukhari, Kharwan, Fatehgarh, Arya Samaj Mandir, Rampur Majra, Ratanpura, Jammu Colony, Shastri Colony, Professor Colony, Tirth Nagar, Gandhi Park, Valmiki Basti Purana Hamida, Mahavir Colony, Sarani

Chowk etc. on Sunday.

The people welcomed him enthusiastically. People were asked to give their support and cooperation to BJP candidate Ghanshyam Das Arora. BJP candidate Ghanshyam Das Arora said that to develop India, BJP's double engine government has done non-stop development work in the country and the state in the last ten years. These development works will continue till India develops. He said that while Congress is doing division politics, BJP is working in public interest and national interest. Neither leaders nor workers are respected in Congress. Congress leader Shailaja is a recent example of this. How will the common people get respect in a party where their leaders are not respected? BJP is a party that takes along 36 communities.

## Cinema reached the digital age with the advent of OTT: Dr. Meenu Jain

RAHUL KOHLI YAMUNANAGAR, SEP 22

Cinema is a mirror of society. Whatever happens in society, we get to see it through films, said Dr. Meenu Jain, Principal of DAV Girls College, while addressing the students. A quiz and news reading competition was organized on World Cinema Day by the Department of Journalism and Mass Communication of the college. The winning participants were felicitated by college principal Dr. Meenu Jain. The program was held under the supervision of department head Parmesh Kumar. Dr. Meenu Jain said that Indian cinema is recognized worldwide. Indian films are in great demand abroad. The effect of graphics and 3D has completely changed films. The rapid changes that



have been seen in Indian cinema in the last ten years have not been seen in any decade in the last 100 years of cinema. With the advent of OTT, cinema has reached the new era of digital.

Parmesh Kumar said that wideness and grandeur of

world cinema can be seen in Indian cinema as well. In the era of globalisation, cinema reaches even those who neither know the country nor its language well. Due to excellent content, films like Andhadhun, Dangal, Bajrangi Bhaijaan, Three Idiots and Hindi

Medium were well liked in China, America and United Arab Emirates. For the first time, two Indian films have set a new record by winning the Oscar Award. This includes the South Indian film RRR for the song Natu-Natu and the documentary Elephant Whispers. Department professors Himani Jangda and Neha Thakur helped in the successful organisation of the programme.

In the quiz competition, the team of Neha, Aastha and Sneha secured the first place. The team of Sneha, Sunanda and Shine secured the second place and the team of Himani, Chalsi and Nidhi secured the third place. In the news reading competition, Shine secured first place, Kamna secured second place and Deepakshi secured third place.



Long term investment in market gives solid results: Paramjit



**DALJEET AJNOHA HOSHIARPUR:** It is a matter of great concern that after the Corona crisis, people in the country started trading in the stock market and 90 percent of them lost their money, so especially the young generation needs to avoid this trend, said Paramjit Singh Sachdeva, MD of Sachdeva Stocks Hoshiarpur, while addressing the students at CT Group of Colleges Jalandhar. He said that if you want to earn money, first of all you have to prepare yourself mentally and then leave the thinking of trading and focus on mutual funds or long term investment, which will give good results. Paramjit Sachdeva said that today the youth are investing their or their parents' money in the stock market through trading in order to earn money very quickly, but instead of earning money, a large number of people have lost or are losing their money. He said that there is never a shortcut to success, so you need to move forward in life with patience and make small efforts as an investment, which will yield good results one day.

Issue of removing Shiva temple goes hot



**KULJIT SINGH DHINGRA RAMPURA PHUL:** The canal department on Friday morning took up the matter of removing the illegal ditches on the banks of the Raiwaha on the local Mehraj Bypass Road and removing a Shiva temple there. has been Angered by the removal of the Shiva temple, Shiv devotees accused the administration of allegedly desecrating the Shivalinga and the Shivalinga was re-installed at the same place on Saturday evening under the leadership of the group Kavar Sangh. On the other hand, Neeraj Chowdhury, president of Rampura Phul, said that the Kavadar Sangh and the residents of the city are not against development, but under the guise of development, no one will be allowed to hurt the religious sentiments of Shiva devotees. Chowdhury said that the group Kawad Sangh is a religious organization and has nothing to do with politics.

Malwinder Singh Mali, political analyst imprisoned in Patiala jail, accuses jail admn of misbehaving



**RAWEL BHINDER PATIALA:** Recently, former student leader and thinker Malwinder Singh Mali, who was arrested by the Mohali police, accused the prison administration of misbehaving with him. Malwinder Singh Mali, who is under judicial custody in the Central Jail Patiala here today, talking to his younger brother Ranjit Singh Grewal on meeting, told that he was to have an eye operation, regarding which the reports received in the jail three days ago were not given to him. He said that now the prison administration is making plans to send him to a far-off prison, so that he can be harassed as much as possible. He said that if there is any physical harm to him due to treatment, then the jail administration will be responsible. He thanked the voices raised by various organizations, institutions and intellectuals and said that despite the bullying of the administration and the government, they will continue to raise their voices. On the other hand, the officials of the Patiala Jail administration have denied all the allegations of Malwinder Singh Mali. According to Officials, Mali's allegations are baseless, there is no wrongdoing in the behavior.

ETO continues distributing gift packets in villages for second consecutive day



**KULJIT SINGH JANDIALA GURU:** Cabinet Minister Harbhajan Singh ETO remained in his constituency Jandiala Guru villages for the second consecutive day. On this occasion, after listening to the problems of the people, the officials took steps to solve the problems on the spot. Gave instructions to and fixed time limit for each task to complete all the tasks did it. For the second day today, he distributed grants worth Rs 1 crore 72 lakh to ten villages. In which 9.10 lakhs were given to village Malowal, 5 lakhs to Talwandi, 13.44 lakhs to Jabbowalwal, 14 lakhs to Muchhal, 11 lakhs to Jodhangari, 8 lakhs to Kot Khaira, 60 lakhs to Dehriwal, 9 lakhs to Rumana Chak, 4 lakhs to Kot Hayat. And gave a grant of Rs 9 lakh to Saidpur. Apart from this, he also constructed the market of Gram Panchayat Taragari which is to be constructed at a cost of Rs 13 lakh. Started the work and gave a grant of Rs. 2.25 lakh for installing lights in the market. Addressing the villagers, Cabinet Minister Sardar Harbhajan Singh said that the village of Jandiala Guru constituency Inviting the residents to elect their Panchayat unanimously.

## Mehlan - Khadial road to be widened with Rs 5.04 crore: FM

SUMER GARG SANGRUR, SEPT 22

The Finance Minister (FM) to the GoP, Harpal Singh Cheema today while formally inaugurating the work of road widening from Mehlan chowk to village Khadial said that the dilapidated condition of this 5.10 Km long road will be improved soon and the up-grading of this road will provide relief to villagers. Mr. Cheema reiterated that under the leadership of Punjab Chief Minister, Bhagwant Singh Mann, great efforts are being made from all the corners to transform the state and the development work is being carried out with full enthusiasm in Dirba assembly constituency(DAC).

He said that under the Pradhan Mantri Gram Sadak Yojana, this road will be upgraded at a cost of Rs 5.04 Cr and instructions have been given to the officials of the Public Works Department(PWD) to complete construction work within the next two months. He further said that at present



the width of this road is about 10 feet which is now being increased to 18 feet, so that the pedestrians & passing vehicles from both sides do not have to face any kind of problems. Cheema said that he is working day and night to solve the problems being faced by the people in the vil-

lages and urban areas under the DAC and in the last three and a half year's tenure the Punjab Government led by the Aam Aadmi Party has given the DAC big pro-people projects and many important projects are going to be completed soon. On this occasion, Harpal Singh Cheema, while

talking to the residents of the villages, took stock of the other difficulties faced by them and assured them to solve them soon. Besides others, OSD to Cabinet Minister, Tapinder Singh Sohi; SDO, PWD, Daljit Singh and other officials were also present on this occasion.

## Mehar Baba charitable trust launches Rotary Bosch Skill Centre in District Fatehgarh Sahib

AJAY MALHOTRA FATEHGARH SAHIB, SEPT 22

Mehar Baba Charitable Trust, Bassi Pathana in an inspiring collaboration with Rotary Club of Chandigarh and Bosch India, proudly announces the grand inauguration of the Rotary BOSCH Skill Centre by Rtn KP Nagesh, Rotary international Director (Elect) and handed over certificates to BOSCH certified trainers Hema Panesar and Ekta Gupta.

The Bosch BRIDGE (Bosch's Response to India's Development and Growth through Employability Enhancement) program is a flagship endeavor aimed at revolutionizing employability. It provides specialized training, career mentoring, and capacity-building experiences, all designed to foster sustainable economic growth and unlock new career pathways for



those from marginalized communities. At the inauguration, Rtn KP Nagesh - Rotary International Director, expressed his excitement for the initiative, stating, "The launch of the Rotary BOSCH Skill Centre is a landmark moment in our quest to create equitable opportunities for everyone. By equipping individuals with cutting-edge, industry-relevant skills, we are not just driving economic advancement but also championing a more inclusive society.

We are immensely grateful to Bosch India for their unwavering support and partnership in turning this vision into reality." MBCT Trustee Thakur Singh Mejeje added, "This centre epitomizes our commitment to catalyzing social change. Through the BRIDGE program, we are determined to uplift marginalized communities by nurturing their talents and arming them with the skills essential for success in today's competitive environment.

## Preneet Kaur hosts gratitude program in Patiala for support in her 2024 MP Elections

RAWEL BHINDER PATIALA, SEPT 22

Preneet Kaur, a former Patiala MP and senior BJP leader, hosted a gratitude program in Patiala today, to thank party workers for their unwavering support during the previous Parliament elections. The event was attended by enthusiastic workers, senior leaders, and well-wishers. Preneet Kaur expressed her heartfelt gratitude to each and every worker and citizen who voted for her. "You people gave me a big lead from the city, and I'm completely indebted to you all," she said, acknowledging the overwhelming support. She also praised the Mahila Morcha for their hard work and dedication. Jai Inder Kaur, Preneet's daughter, emphasized the importance of working hard for the membership drive and



strengthening the party. Preneet Kaur also acknowledged the support of her family, saying, "Through thick and thin, family always stands together. When we joined the BJP, you all came with us and gave us full support." She assured the workers that she will always be available for them and the party. Addressing the media, Preneet Kaur expressed concerns about the deteriorating law and order situation in Punjab. She emphasized the party's commitment to strengthening its presence in the state, particularly in Malwa.

## Young Badminton stars shine at PNB MetLife championship finals

J S SODHI JALANDHAR, SEPT 22

The PNB MetLife Punjab Open Badminton Championship 2024 concluded today with an exhilarating final at Raizada Hansraj Badminton Stadium, where over 750 young athletes showcased their badminton skills across 10 events. Winners in the Boys and Girls categories, ranging from Under 9 to Under 17, were rewarded with trophies and cash prizes totaling Rs 3 lakhs. Vansh Sharma and Nayra Sharma triumphed in the Under 9 Boys and Girls Singles categories, while Yuvvan Bansal and Aadya Singh Meena emerged victorious in the Under 11 categories. Hrithik Dhaka and Aradhya Singh won the Under 13 events, with Viren Seth and Dishika Suri excelling in Under 15, and Danish Bhanot and Sania claiming the Under 17



titles. Esteemed dignitaries, including Shri Gajendra Kumar Negi, Shri Deepak Kumar Banka, Deputy Director Public Relation Department S. Manvinder Singh, and Ritin Khanna Secretary of Punjab Badminton Association, graced the ceremony and presented awards to the winners. Mr. Sameer Bansal, MD and CEO of PNB MetLife, commended the players' dedication and noted the transformative power of sports. The championship, recognized by the World Records Certification Agency (WRCA) as the world's largest junior badminton tournament

for two consecutive years, will continue its next phase in Hyderabad starting from September 24. Ritin Khanna expressed optimism that the top performers would go on to represent the state and country at the international level. Deputy Director of Public Relations Department, Manvinder Singh, while addressing the gathering at the PNB MetLife Punjab Open Badminton Championship stated, "These medals have been won due to the hard work of the children, but the parents deserve equal congratulations for guiding them on the right path."

## Dr. Balbir Singh continues village outreach in Patiala Rural

RAKESH JINDAL PATIALA, SEPT 22

Punjab Health and Family Welfare Minister Dr. Balbir Singh, along with the district administration, continued his village outreach in Patiala rural for the second day in a row. During the visits, he listened to residents' concerns and provided immediate directives to officials for their resolution, with specific time-frames set for task completion. The outreach was conducted under the 'Tuhada M.L.A., Tuhade Vichkar' program, with Additional Deputy Commissioner Navreet Kaur Sekhon, SDM Patiala Arvind Kumar, and various departmental officials accompanying the Minister. Addressing the villagers, Dr. Balbir Singh urged them to unanimously



elect their panchayats, highlighting that this would promote communal harmony, eliminate factionalism, and accelerate village development. He announced that any village in the Patiala rural constituency that elects its panchayat unanimously would receive a Rs. 5 lakh grant from the Punjab government, along with additional amenities such as a stadium, school, or hospital. Dr. Balbir Singh also committed an additional Rs. 5 lakh from his discretionary funds for such villages, resulting in a total grant of Rs. 10 lakh for development projects.

Dr. Balbir Singh visited the villages of Mandoor, Hirdapur, Bakhshiwal, Sidhuwal, Jassowal, Seouna, Lang, and Challela, engaging with residents and addressing their issues.

## By 2030, India will become third-largest economy: Gill

GURDASPUR (VERMA): Under the leadership of Prime Minister Narendra Modi, India is soon going to become the third-largest economy, a goal that will be achieved by 2032, said Paramjit Singh Gill, National Vice President of the Himalaya Family Organization and senior leader of the Gurdaspur Lok Sabha constituency. Speaking about a recent report from IDBI Capital, he said that according to the report, over the next six years, every 18 months, \$1 trillion will be added to India's economy. As a result, by 2030, India will emerge as the third-largest economy in the world, and by 2032, it will become a \$10 trillion economy.

He further added that by the end of 2024, India will achieve the milestone of a \$4 trillion economy, and this will only be possible due to the growth-oriented policies and strong will of Prime Minister Modi, who is determined to make India the number one country. Gill also noted that for the first time, Foreign Direct Investment (FDI) has seen a 23% increase in just four months. Likewise, with a strong focus on manufacturing for GDP growth, the country's economy is getting stronger day by day. He concluded by saying that globally, the time is now in India's favor, and the day is not far when India will become the number one country internationally, reclaiming its former glory.



## 14th blood donation and 2nd free medical check-up camp

NABHA (RAKESH JINDAL): In memory of Gaurav Gaba ji will be held on 29th September at Nabha - Vikas Mittal, S.D.M Tarsem Chand in Ankur Singla camp, social worker Ramesh Gaba and BJP leader Rajesh Bansal Babbu will attend Nabha on September 22 as chief guests Performs every duty. These things were expressed by Vikas Mittal, the Chief Service Officer of Manav Seva Uttam Seva (Reg.) Institution Nabha while talking to the journalists. He said that public welfare works are always done by the organization. Under this series, the 14th blood donation and second free medical check-up camp is being organized in sweet memory of late Gaurav Gaba's son Shri Ramesh Gaba social worker. This camp will be organized with the support of Samwad Group Chief Rajesh Dhingra Nabha. He said that Dr. Anumeha Bhalia (Sugar, B.P.) is reaching this camp and cardiologist, Dr. Ekta (gynecologist), Dr. Raj Pal Singh (Operations Specialist), Sr. Hardeep Singh Randhawa (ophthalmologist), Dr. Amandeep Kaur (Ayurvedic medicine expert) etc.



## Lal Chand Kataruchak inaugurates oxygen plant at White Medical College



BUREAU PATHANKOT, SEP 22

Cabinet Minister Punjab Lal Chand Kataruchak inaugurated the newly constructed oxygen plant during a function at White Medical College Pathankot as the chief guest. Swaran Singh Salaria, Chairman of White Medical College was also present on this occasion. Chairman White Medical College Pathankot Swaran Singh Salaria welcomed the Chief Guest Lal Chand Kataruchak Cabinet Minister Punjab by presenting a bouquet of flowers. Pawan Kumar Foji Block President, Khusbir Katal,

Nares Saini District President BC Wing and other party workers were also present on this occasion.

Addressing on this occasion Lal Chand Kataruchak Cabinet Minister Punjab said that oxygen plant has been inaugurated at White Medical College Pathankot today. This is the third fourth oxygen plant in Punjab. He said that this is a very good work which was the need of the hour, they have installed an oxygen plant and he said that around 1200 oxygen gas cylinders will be available. On this occasion, Swaran Singh Salaria, Chairman, White Medical College,

Pathankot, said that White Medical College will always be at the forefront to serve the public. All types of treatment are provided in the medical college at a low rate and the card holders are treated completely free of cost. He said that White Medical College Pathankot had promised the public that a big project would be given to the area and today they have fulfilled their promise to District Pathankot. At the end of the ceremony, the chief guest, Lal Chand Kataruchak, was honored by the college by presenting a biennial and a memento to Cabinet Minister Punjab.

## DC orders Magistrate enquiry into gas leakage incident at ice factory

PARAMJIT SINGH JALANDHAR, SEPT 22

Deputy Commissioner Jalandhar Dr. Himanshu Aggarwal has ordered a Magistrate Enquiry into the gas leakage incident at an ice factory near Domoria Bridge. He directed Sub divisional Magistrate Jalandhar-1 to submit a detailed report within 15 days about cause of this incident and responsible persons besides directing the Factories Department and PPCB to inspect similar units to prevent future incidents. The DC directed the enquiry Officer to ascertain cause of ammonia gas leak, to identify and fix responsibility of individuals, parties, entities responsible for the incident including any lapse in safety protocol or negligence on the part of factory management, to suggest preventive measures to curtail recurrence of such events in future. He also asked the departments concerned to cord off the affected area to ensure public safety.



## Stolen tractor recovered from Mughalabad village of Tarn Taran district



DALJEET AJNOHA HOSHIARPUR, SEPT 22

A new Sonalika DI 250 blue tractor was stolen from the road outside Bhagatpur village of Hoshiarpur district. According to the information received Kot Fatuhi police post in charge ASI Sukhwinder Singh with the help of his police party and the victim's family has recovered it from a house in Mughalabad village of district Tarn Taran and brought it back. Giving information in this regard, ASI Sukhwinder Singh said that the tractor was stolen on

2-3 September The local police party led by post in charge Sukhwinder Singh and Sanjeev Kumar Pachnangal reached the house of Gujar Ali and Mehame Gujar in Jagron at midnight while searching for these thieves, who had stolen and hidden this tractor. Seeing the increasing pressure of the police, Gujar Khan sent the tractor from Jagraon to his friend's house in village Mughalabad of Tarn Taran area, where the police recovered the tractor and brought it to the police station along with an accused and started legal proceedings.

## Punjab's MRSAFPFI outstanding in NDA-II results

SUMER GARG CHANDIGARH, SEPT 22

Punjab Government's Maharaja Ranjit Singh Armed Forces Preparatory Institute (MRSAFPFI) in SAS Nagar (Mohali) brought laurels to the state, as many as 47 cadets have successfully cleared the written examination of the National Defence Academy (NDA-II) conducted by the Union Public Service Commission (UPSC). The results were announced yesterday, showcasing the institute's impressive 74.6 percent success rate, one of the highest in the country. Aman Arora, the minister of employment generation, skill development and training in Punjab, praised the esteemed reputation of the Indian Defence Forces as among the best globally. He extended his heartiest con-



gratulations to the cadets and conveyed his best wishes for their future endeavors, encouraging them to be the honour to both the state and the nation. Major General, Ajay H Chauhan, VSM (Retd.), the Director of MRSAFPFI, while congratulating the cadets, emphasised the importance of taking the SSB training seriously to overcome the next challenge towards NDA.



Himachal Cong Govt is taking revenge from people: Bindal



**DINESH AGARWAL SHIMLA:** Dr. Rajeev Bindal, President of the Himachal Pradesh BJP, has accused the state's Congress government of selectively targeting the people of Himachal Pradesh. He stated that the Sukhvinder Singh Sukhu-led Congress government has recently issued a notification increasing water tariffs across the state, affecting every resident of Himachal Pradesh. Dr. Bindal highlighted that the previous BJP government had provided free drinking water in rural areas, which remained free until now. However, the Congress government has now imposed a significant burden on the poor. For households with three taps, a monthly bill of Rs. 300 will now be charged, and if a meter is installed, the new water rates will result in monthly bills amounting to hundreds of rupees. In cases where the meter is faulty, residents may have to pay anywhere between Rs. 300 and Rs. 8,000 per month. Similarly, water rates in urban and industrial areas have been increased multiple times, placing a heavy burden on the people. Dr. Bindal criticized the government, saying that the same administration that promised to provide free services to garner votes is now extracting money from the people with both hands. He pointed out that since coming to power, the Sukhu government first raised the price of diesel by Rs. 7 per liter, then increased stamp duties several-fold, followed by four hikes in electricity prices within 20 months. Additionally, bus fares and ration prices from government depots have also seen significant increases. These taxes and price hikes have made life difficult for the common man in Himachal Pradesh, Bindal added.

**Agriculture Minister gifts projects worth Rs 86 lakh to public**  
**AGENCY KANGRA:** Agriculture and Animal Husbandry Minister Prof. Chandra Kumar inaugurated projects worth about Rs 86 lakh in Jwari assembly constituency. He dedicated the animal dispensary built at a cost of Rs 23 lakh in Kulthar and the Ayurvedic Health Center built at a cost of Rs 63 lakh in Dol Padar to the public. While addressing the public meeting, the Agriculture Minister said that the state government is taking many important decisions to encourage people towards animal husbandry business. The purchase price of buffalo and cow milk has been increased to Rs 55 and Rs 45 per liter so that more and more people join this business. He said that this will further strengthen the milk-based economy. He said that animal dispensaries are being opened at many places in the assembly constituency as per the need so that animal keepers can get their livestock treated near their homes.

## Land selected for fair ground; next year's Piplu Fair to be held here: Vikku

JOGINDER DEV ARYA BANGANA, SEPT 22

Kutlehar MLA Vivek Sharma (Vikku) visited the villages of Piplu and Jandiayana in the Piplu Panchayat of Kutlehar Assembly on Sunday to listen to public grievances. Addressing the villagers, Vikku expressed his gratitude for the opportunity to serve and assured them that their issues would be resolved in a phased manner. He highlighted that although the BJP has ruled Kutlehar since 1993, residents continue to face basic problems related to roads, electricity, and water. Many families are still deprived of proper road access and paved pathways. Vivek Sharma pointed out that the BJP has focused more on vote-bank politics in the region rather than resolving the people's issues. He recalled that his late father, Ramnath

## Governor emphasizes on preserving ayurveda and cultural heritage of India

DINESH AGARWAL SHIMLA, SEPT 22

Governor Shiv Pratap Shukla, stressed the importance of preserving the ancient knowledge of Ayurveda and urged for deeper research into the concept of 'Prakriti Parikshan', a diagnostic method focused on understanding the constitution of the human body. He emphasized that this traditional wisdom should be promoted more widely to treat various ailments. The Governor was speaking during the 8th Annual Sammaan Samaroh of Bhartiya Dharohar, held in New Delhi on Saturday evening. He highlighted that India is a land of immense cultural heritage, which must be safeguarded. He further emphasized that our heritage assigns the status of 'Mother' to the country and added that foreign scholars, including Max Muller, studied the Vedas and recognized their immense value. "We must not only take pride in our heritage but



also raise awareness about it among the youth and children," he said. He said that India has a unique position and was a global center for spiritual knowledge and people from all over the world comes here to learn from scholars of our country. The Governor applauded Bhartiya Dharohar's dedicated efforts in preserving ancient traditions and serving society. He also released the September issue of the organization's annual

magazine and honoured individuals who made significant contributions to various fields. Ranjeet Kaur was recognized for her late husband's contributions, while renowned writer and director Chandra Prakash Dwivedi, and Lakshmi Narayan Goel, a social worker engaged in education and cultural preservation in rural and tribal areas, were also honored. Patrons and members of Bhartiya Dharohar who made notable

contributions to the organization were acknowledged during the event. The ceremony was presided over by Rajya Sabha Member of Parliament Sangeeta Yadav, who also shared her valuable insights. Vijay Shankar Tiwari, Mahamantri of Bhartiya Dharohar, welcomed the Chief Guest and provided an overview of the organization's initiatives. Chairman Ramesh Kapoor and other distinguished members of Bhartiya Dharohar were present at the event.

## Training camp for new Anganwadi workers held

KISHORI LAL BAINS UNA, SEPT 22

A training camp on "Anganwadi Center Management" was organized on Saturday at Kalyan Bhavan for new Anganwadi workers under the Integrated Child Development Project (ICDS) in Una and Haroli. The camp was presided over by ICDS District Program Officer (DPO) Narendra Kumar. During the camp, the DPO educated the workers about financial literacy, emphasizing the growing threat of online fraud. He advised them not to share bank-related information with anyone. Additionally, he provided an overview of various welfare schemes run



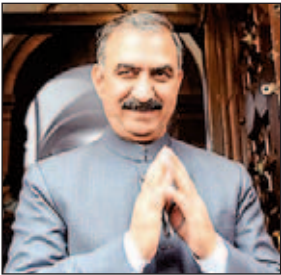
by the department and shared essential tips for managing Anganwadi centers. Neelam Kumari, a supervisor from the Haroli project, educated the workers on Anganwadi center management, while Nanki Devi, a supervisor from the Una project, guided them on reporting processes. The camp also included training on the Nutrition Tracker by district coordinator Manzoor Ahmed Khan and block coordinator Gurmukh

Singh. District coordinator of Mission Shakti, Isha Chaudhary, provided insights into various schemes under the Mission Shakti initiative, which has two components—Samarthya and Sambal. Samarthya includes schemes like the Pradhan Mantri Matru Vandana Yojana, Palna, Shakti Sadan, and working women hostels, while Sambal focuses on initiatives like One-Stop Centers and Beti Bachao Beti Padhao.

## State govt expands Dr. YS Parmar Vidyarthi Rin Yojna to support overseas education

DINESH AGARWAL SHIMLA, SEPT 22

In a landmark decision aimed at empowering meritorious students from economically weaker sections, the State Government has expanded the scope of the Dr. Y.S. Parmar Vidyarthi Rin Yojna to include overseas education. This initiative will benefit students aspiring to pursue higher studies in foreign institutions, ensuring that financial limitations do not stand in the way of their educational aspirations. A detailed SOP will be issued in this regard by the education department shortly. Chief Minister Thakur Sukhvinder Singh Sukhu said that the State Government has



launched the Dr. Y.S. Parmar Vidyarthi Rin Yojna from the financial year 2023-24 to support the eligible meritorious students of economically weaker sections. The scheme provides educational loans at an interest rate of just one percent to eligible bona-fide Himachali students. "Our government is committed to

provide quality education to all youth and with the launch of this scheme, no deserving student in the State will be deprived of higher or professional education due to financial constraints. This decision reflects the State Government's unwavering commitment to making quality education accessible to all, regardless of economic background. The Government has allocated Rs. 200 crore to support such students under this scheme," said the Chief Minister. Students from families with an annual income below Rs. four lakh are eligible for the loan, which will cover educational expenses such as tuition fees, boarding, lodging,

books and other related costs. Students can avail loans upto Rs. 20 lakh from any scheduled bank in the state. To address delays in disbursement, the government will maintain a corpus at the district level, overseen by the Deputy Commissioner, to release the first installment of the loan when immediate payment is needed. The scheme will cover students pursuing diploma and degree courses in professional and technical education, such as engineering, medicine, management, nursing, pharmacy, law, and more, as well as students from ITIs, Polytechnics, and those pursuing Ph.D. programmes.

## Chinese Communist Party's interference discussed in Tibetan Buddhist meet

SANJAY AGGARWAL DHARAMSHALA, SEP 22

A delegation led by the Friedrich Naumann Foundation met Sikyong Penpa Tsering of the Central Tibetan Administration at the Kashag (Cabinet) Meeting Hall. During the meeting, Sikyong Penpa Tsering briefed the visitors on the political situation in Tibet, particularly the important issues inside Tibet, and advocacy efforts for Tibet in the international community. Sikyong discussed the Chinese government's efforts to eradicate Tibetan identity, culture and language. He explained how privately run Tibetan schools have been closed and Tibetan children are forced to attend government-run colonial boarding schools where they are taught primarily in Chinese with a highly politicized curriculum aimed at assimilating young Tibetans



into Chinese culture. He also explained how the atheist Chinese Communist government interferes in Tibetan Buddhist monasteries by curtailing religious practices, changing curriculum in monastic schools, regulating admissions to monasteries and limiting the number of monks. Sikyong Penpa Tsering also spoke on the Chinese Communist Party's interference in the traditional Tibetan Buddhist system of recognising reincarnate lamas. He referred to Order No. 5 of 2007, which requires government approval to recognise reincarnate lamas

and mandates the use of the Golden Urn method. He pointed out that the Chinese government is preparing to intervene in the future reincarnation of His Holiness the Dalai Lama. The delegation comprised Members of the German Bundestag (FDP Germany) Frank Müller-Rosentritt and Member of Parliament from Maldives Fayyaz Ismail, Regional Head of FNF South Asia Dr. Carsten Klein as well as Regional Project Manager Frank Hoffmann and Senior Programme Manager Nupur Hasija of FNF.

## Energetic youth strengthen and empower nation: Khanna



**DINESH AGARWAL SHIMLA:** Former BJP State Incharge and former Rajya Sabha MP Avinash Rai Khanna recently met with Governor Shiv Pratap Shukla at Raj Bhavan. During their discussion, Khanna and the Governor talked about the national program "Ek Ped Maa Ke Naam" initiated by Prime Minister Narendra Modi and the significant role that youth play in strengthening the nation. They also discussed various social issues. Khanna emphasized that the role of youth in a democracy is not just limited to becoming politicians; it also involves becoming active citizens who hold their elected representatives accountable. He highlighted the role of youth in various social and political movements, such as the Young Bengal Movement of the 1820s and 1830s in Bengal, which was inspired by Raja Ram Mohan Roy's ideas and stood for modern reforms. He noted that addressing the challenges faced by young people in Indian politics requires a multi-dimensional approach. Khanna stated that India is on the brink of significant political transformation, and the role of youth in this transformation cannot be underestimated.

## Under-19 district-level Football Championship: Rose Public School, Sulyali wins again



**SANJEEV MAHAJAN NURPUR:** The district-level sports competition was held at Rehan Government High School, where 16 teams from across Kangra district participated. Rose Public School, Sulyali, made their mark once again by winning the football competition, bringing pride to both their school and village. In the final match, Rose Public School faced Government Senior Secondary School, Rehan. The match ended in a 1-1 draw during regular time, leading to a penalty shootout. Rose Public School emerged victorious by scoring 3 goals against 2 in the shootout. Chairman of Rose Public School, Sanjay Sauguni, congratulated the team members and their coach for the win. The school extended heartfelt congratulations to all players, coaches, and parents for the team's outstanding performance.

## Thieves taken away donation box installed in temple

AVINASH CHAUHAN AMB, SEPT 22

Thieves on Thursday night climbed over the wall of the ancient Shri Ram temple located in the Panchayat Lower Andaura of sub-division Amb and committed the theft and stole cash worth thousands. The incident of theft has been captured in the CCTV camera installed in the temple premises, but due to the poor quality and clarity of the CCTV camera at night, the thief is not being identified properly. However, the police, expressing suspicion, are interrogating many people. As per the information, late at night the thief stole the cash and offerings made by the devotees in the donation boxes located in front of Shri Laxmi Narayan temple and Shiv temple located in the temple premises. It is being told that at night the priest of the temple, Sitaram ji Maharaj and another devotee were sleeping after closing the gate of the temple. During this time the thief also stole Maharaj's mobile. When he woke up



on Friday morning, neither the mobile was there nor the donation boxes in front of the temples. Pradhan Pankaj of Gram Panchayat Lower Andaura told that on getting the information, he reached the spot and found the donation boxes stolen from the temples by the thieves in a broken state in the bushes behind the premises. He said that a large number of people visit the temple daily and the donation box had not been opened for a long time.

## Dy Chief Whip congratulates HP Vidhan Sabha Speaker on appointment as Coordinator of CPA India Region-II

DINESH AGARWAL SHIMLA, SEPT 22

Deputy Chief Whip Kewal Singh Pathania today here congratulated HP Legislative Assembly Speaker Kuldeep Singh Pathania, on his prestigious appointment as the Coordinator of the Commonwealth Parliamentary Association India Region-II. Kewal Singh Pathania lauded Speaker Kuldeep Singh Pathania for his distinguished leadership and tireless efforts towards upholding democratic values, both within the state and across the nation. He said that his appointment was a testament to the longstanding dedication to public service and significant contributions to parliamentary affairs.



He said that throughout his career, Kuldeep Singh Pathania has been a staunch advocate for the rights of farmers and labourers, promoting social harmony and offering free legal aid to the underprivileged. His legal career spans several years, with extensive practice in various parts of the State. He was a dedicated member of the Congress

party since his college days, and held various key positions within the party, including President of the Block Youth Congress, Senior Vice-President of the District Congress Committee and Chief Spokesperson of the Himachal Pradesh Congress Committee. He has also served as Chairman of the HP Congress Committee's Legal Cell. He was elected to the HP Legislative Assembly five times, has been an influential voice in state governance, serving in multiple capacities such as Chairman of the Committee on Public Undertakings, Chairman of the State Finance Commission, and Chairman of the HP Pollution Control Board.



Statues to be made from waste plastic bottles on lines of Rock Garden

**KULJIT SINGH DHINGRA**  
**RAMPURA PHUL:** Larit Welfare Foundation, taking a unique initiative on plastic waste management of Municipal Corporation, has set a target to collect plastic envelopes, wrappers and waste plastic bottles (water, juice, oil, cold drink etc.) with the help of school, college students. For this, volunteers of Larit

Foundation have been motivating students in various schools and colleges for the last two-three months. Larit Foundation Director Lata Shrivastava says that statues, huts, selfie points etc. will be made from the said waste bottles on the lines of Rock Garden of Chandigarh at Rose Garden, Dadi Poti Park, Jagar Park etc. places where Municipal Corporation will allow. This will increase the beauty of the city and will present a unique example of waste plastic disposal. Lata Shrivastava told that when envelopes, wrappers etc. are stuffed in waste bottles with the help of a stick, their weight increases up to two to two and a half kilos.

GGSPPS Jogewala student secures 3rd rank in moral education exam

**ISHWER GARG**  
**TALWANDI SABO:** For the purpose of building the personality of the students, moral education test was conducted like every year by

**talwandi Sabo of**  
**Guru Gobind Singh Study Circle.** In which more than 3000 students from 36 schools participated. The result of this examination was released by the Regional Secretary Inspector Mr. Shamsheer Singh. Out of the results obtained in the third grade (ninth to twelfth) of this examination, the student of Guru Gobind Singh Public Sr. Sec. School Jogewala Sukhman Kaur daughter of Mohan Singh village Singhpura. Got 3rd position out of 3000 students taking to Gurpreet Singh Jogewala, he said that the books that the students prepare for the moral education exam, every lesson of the related books is full of information to build the personality of the students from every aspect. As a social being, Marg Moti, etc. should be read by every human being once. All the members associated with Guru Gobind Singh Study Circle are doing a tithe of their time and labor in vain service. For the betterment and development of the students and the society, many salutary works are going on smoothly by the Guru Gobind Singh Study Circle.

examination was released by the Regional Secretary Inspector Mr. Shamsheer Singh. Out of the results obtained in the third grade (ninth to twelfth) of this examination, the student of Guru Gobind Singh Public Sr. Sec. School Jogewala Sukhman Kaur daughter of Mohan Singh village Singhpura. Got 3rd position out of 3000 students taking to Gurpreet Singh Jogewala, he said that the books that the students prepare for the moral education exam, every lesson of the related books is full of information to build the personality of the students from every aspect. As a social being, Marg Moti, etc. should be read by every human being once. All the members associated with Guru Gobind Singh Study Circle are doing a tithe of their time and labor in vain service. For the betterment and development of the students and the society, many salutary works are going on smoothly by the Guru Gobind Singh Study Circle.

Aged man dies of swine flu in Rampura Phul

**KULJIT SINGH DHINGRA**  
**RAMPURA PHUL:** A 70-year-old man has died of swine flu at the local Shaheed Bhagat Singh Colony. Civil Surgeon Bathinda and Dr. Under the leadership of Gurmali Singh Senior Medical Officer Balianwali and with the support of Jagtar Singh Block Educator, the patient of area Shaheed Bhagat Singh Colony Rampura Phul under Block Balianwali was positive for swine flu and died. After that the health department team as per the instructions of the department. Arriving at the spot, cremation was done. In which the people present were cremated by providing gloves, masks and kits to the family members. On this occasion, health supervisor Gurpreet Singh and health worker Satish Kumar Garg told the people present in Shivpuri that swine flu spreads from one person to another person through breathing through the virus called H1N1. Symptoms include high fever, cough and runny nose, sore throat, sneezing and runny nose, body aches, shortness of breath and diarrhea. He said that we should keep a handkerchief over the mouth when coughing or sneezing or going to crowded places, keep a distance of one meter from the patient with cough and runny nose, stay stress-free, get enough sleep, drink plenty of water and eat nutritious food.

Aged man dies of swine flu in Rampura Phul

**KULJIT SINGH DHINGRA**  
**RAMPURA PHUL:** A 70-year-old man has died of swine flu at the local Shaheed Bhagat Singh Colony. Civil Surgeon Bathinda and Dr. Under the leadership of Gurmali Singh Senior Medical Officer Balianwali and with the support of Jagtar Singh Block Educator, the patient of area Shaheed Bhagat Singh Colony Rampura Phul under Block Balianwali was positive for swine flu and died. After that the health department team as per the instructions of the department. Arriving at the spot, cremation was done. In which the people present were cremated by providing gloves, masks and kits to the family members. On this occasion, health supervisor Gurpreet Singh and health worker Satish Kumar Garg told the people present in Shivpuri that swine flu spreads from one person to another person through breathing through the virus called H1N1. Symptoms include high fever, cough and runny nose, sore throat, sneezing and runny nose, body aches, shortness of breath and diarrhea. He said that we should keep a handkerchief over the mouth when coughing or sneezing or going to crowded places, keep a distance of one meter from the patient with cough and runny nose, stay stress-free, get enough sleep, drink plenty of water and eat nutritious food.

**KULJIT SINGH DHINGRA**  
**RAMPURA PHUL:** A 70-year-old man has died of swine flu at the local Shaheed Bhagat Singh Colony. Civil Surgeon Bathinda and Dr. Under the leadership of Gurmali Singh Senior Medical Officer Balianwali and with the support of Jagtar Singh Block Educator, the patient of area Shaheed Bhagat Singh Colony Rampura Phul under Block Balianwali was positive for swine flu and died. After that the health department team as per the instructions of the department. Arriving at the spot, cremation was done. In which the people present were cremated by providing gloves, masks and kits to the family members. On this occasion, health supervisor Gurpreet Singh and health worker Satish Kumar Garg told the people present in Shivpuri that swine flu spreads from one person to another person through breathing through the virus called H1N1. Symptoms include high fever, cough and runny nose, sore throat, sneezing and runny nose, body aches, shortness of breath and diarrhea. He said that we should keep a handkerchief over the mouth when coughing or sneezing or going to crowded places, keep a distance of one meter from the patient with cough and runny nose, stay stress-free, get enough sleep, drink plenty of water and eat nutritious food.

Shiv Sena Hindustan president expresses views

**TILAK RAJ**  
**MOHALI:** Shiv Sena Hindustan (Youth) state president Arvind Gautam issued a press note alleging that Kurali city is filled with vagabond shops on Diwali days. But on the other hand, firecrackers are sold in hundreds of shops on the occasion of Diwali without a license. Gautam said that the proliferation of firecracker shops is a threat to the city. Gautam said that in this regard, based on secret information, he has received information through some videography, in which it is clear that the prohibited shops of the city are being sold in a frenzy. There are no cameras in firecracker shops and fire extinguishers are also kept outside the shops. Firecrackers pollute so much that the health of a good healthy person is also in danger and some of these big shopkeepers have GST number and some don't even have GST number and have such huge stock of firecrackers that Transactions of crores of rupees are happening. Gautam said that due to these carelessness, any accident or major damage can happen in the city, causing loss of life and property. He said that the administration is sleeping in this matter and a delegation of Shiv Sena Hindustan will soon inform the concerned Deputy Commissioner, concerned officials and if necessary, they will also knock on the door of the honorable High Court.

Shiv Sena Hindustan president expresses views

**TILAK RAJ**  
**MOHALI:** Shiv Sena Hindustan (Youth) state president Arvind Gautam issued a press note alleging that Kurali city is filled with vagabond shops on Diwali days. But on the other hand, firecrackers are sold in hundreds of shops on the occasion of Diwali without a license. Gautam said that the proliferation of firecracker shops is a threat to the city. Gautam said that in this regard, based on secret information, he has received information through some videography, in which it is clear that the prohibited shops of the city are being sold in a frenzy. There are no cameras in firecracker shops and fire extinguishers are also kept outside the shops. Firecrackers pollute so much that the health of a good healthy person is also in danger and some of these big shopkeepers have GST number and some don't even have GST number and have such huge stock of firecrackers that Transactions of crores of rupees are happening. Gautam said that due to these carelessness, any accident or major damage can happen in the city, causing loss of life and property. He said that the administration is sleeping in this matter and a delegation of Shiv Sena Hindustan will soon inform the concerned Deputy Commissioner, concerned officials and if necessary, they will also knock on the door of the honorable High Court.

Shiv Sena Hindustan president expresses views

**TILAK RAJ**  
**MOHALI:** Shiv Sena Hindustan (Youth) state president Arvind Gautam issued a press note alleging that Kurali city is filled with vagabond shops on Diwali days. But on the other hand, firecrackers are sold in hundreds of shops on the occasion of Diwali without a license. Gautam said that the proliferation of firecracker shops is a threat to the city. Gautam said that in this regard, based on secret information, he has received information through some videography, in which it is clear that the prohibited shops of the city are being sold in a frenzy. There are no cameras in firecracker shops and fire extinguishers are also kept outside the shops. Firecrackers pollute so much that the health of a good healthy person is also in danger and some of these big shopkeepers have GST number and some don't even have GST number and have such huge stock of firecrackers that Transactions of crores of rupees are happening. Gautam said that due to these carelessness, any accident or major damage can happen in the city, causing loss of life and property. He said that the administration is sleeping in this matter and a delegation of Shiv Sena Hindustan will soon inform the concerned Deputy Commissioner, concerned officials and if necessary, they will also knock on the door of the honorable High Court.

Shiv Sena Hindustan president expresses views

**TILAK RAJ**  
**MOHALI:** Shiv Sena Hindustan (Youth) state president Arvind Gautam issued a press note alleging that Kurali city is filled with vagabond shops on Diwali days. But on the other hand, firecrackers are sold in hundreds of shops on the occasion of Diwali without a license. Gautam said that the proliferation of firecracker shops is a threat to the city. Gautam said that in this regard, based on secret information, he has received information through some videography, in which it is clear that the prohibited shops of the city are being sold in a frenzy. There are no cameras in firecracker shops and fire extinguishers are also kept outside the shops. Firecrackers pollute so much that the health of a good healthy person is also in danger and some of these big shopkeepers have GST number and some don't even have GST number and have such huge stock of firecrackers that Transactions of crores of rupees are happening. Gautam said that due to these carelessness, any accident or major damage can happen in the city, causing loss of life and property. He said that the administration is sleeping in this matter and a delegation of Shiv Sena Hindustan will soon inform the concerned Deputy Commissioner, concerned officials and if necessary, they will also knock on the door of the honorable High Court.

PGI announces first ever city-branch of ophthalmic anaesthesia in Chandigarh



SHASHI PAL JAIN  
CHANDIGARH, SEPT 22

Department of Anaesthesia & Intensive Care, PGIMER Chandigarh organized three days National Conference on Ophthalmic Anaesthesia (AIOACON 2024). Prof Vivek Lal, Director PGIMER, Chandigarh inaugurated the scientific proceedings. Talking

about perioperative care of small babies, he emphasized that these patients require expertise and there is no scope for any error. Organizing Secretary, Dr Tanvir Samra shared that 160 anaesthesiologists came from all over India to participate in this event. Prof Vikas Saini, told that scientific programme was crafted to cover various challenges faced by

anaesthesiologists and eye surgeons. Three workshops were also conducted where participants learned about basic anatomy, intricacies of ophthalmic anaesthesia and management of challenging cases. Prof Indu Sen, President of Association of Indian Ophthalmic Anaesthesiologists, Dr Jai Chandran, Secretary of the association

shared that number of AIOA members has increased from 98 to 164 in the year 2024. Hence, first ever City Branch of the association will be started from Chandigarh City. Other highlights were a talk by Dr Venkat Raja, President World Congress of Ophthalmic Anaesthesia and by the experts from Birmingham, Philadelphia and Switzerland.

"Little Brave Warrior" premature delivery awareness seminar held at IMA

R N KHERA  
CHANDIGARH, SEPT 22

An awareness seminar on premature delivery was held at the Indian Medical Association (IMA), Sector 35. The event was organized by Dr. Neeraj Kumar, former president of IMA and Director of Motherhood, who highlighted that the rate of premature deliveries in India is 20% higher than the global average.

Thanks to advancements in neonatal ICUs and ventilators, it is now possible to save premature babies weighing as little as 500 grams. However, the purpose of today's seminar was to inspire prematurely born children and their parents to share their success stories and raise awareness among young and future parents. Chief Guest Dr. Sadbhavna Pandit praised the efforts of Dr. Neeraj, Dr. Ashish,



Dr. Vimlesh Soni, Dr. Navdeep Dhalwail, and Dr. Neelu Malhotra, honoring their dedication to this cause. Dr. Neeraj Kumar shared that in 2020, India recorded 3.02 million premature births, the highest in the world, accounting for more than 20% of global premature births during this period.

According to a study published in The Lancet, researchers from the World

Health Organization (WHO), UNICEF, and the London School of Hygiene & Tropical Medicine found that over 50% of the world's premature births in 2020 occurred in just eight countries.

Following India, the countries with the highest number of premature births were Pakistan, Nigeria, China, Ethiopia, Bangladesh, the Democratic Republic of Congo, and the United States.

BVP will organize anti-drug seminar



VERMA  
BATALA, SEPT 22

On the occasion of Shaheed Azam Bhagat Singh's birth anniversary, Bharat Vikas Parishad Branch Qadian is organizing an anti-drug awareness seminar on 28 September in Government Senior Secondary School of village Wadala Granthiyan with the cooperation of Principal Sumita Sharma. Giving information in this regard, President of Bharat Vikas Parishad and Convener of Anti-Drug Awareness

Mukesh Verma and Co-Convener Pawan Bhardwaj informed that SSP of Police District Batala Suhail Qasim Mir will be present as the chief guest in this seminar. Master trainer Gurmeet Singh Bajwa, Parminder Singh Saini, Mukesh Kumar, specially trained at MEGSIPA, will be specially present to address the students. Mukesh Verma said that the aim of this seminar is to make students aware about the ill effects of drugs and also to organize motivational sessions for the better future of the students.

Sukhjinder Singh Gill plants saplings at Alpenstock World School

VERMA  
GURDASPUR, SEPT 22

Today trees were planted at Alpenstock World School by the Jagriti Foundation Trust. On this occasion Chairman Sukhjinder Singh Gill, Director Gursimranjeet Singh Gill, CEO Dr. Rashimnoor Gill and Colonel Ashok from Jagriti Foundation Trust were present. Addressing the gathering, Chairman Sukhjinder Singh Gill and Colonel Ashok emphasized that the trees planted today would eventually grow into large trees and provide us with a clean environment in the future. They urged every citizen to plant as many trees as possible to ensure a prosperous life ahead. Director Gursimranjeet Singh Gill highlighted the vital role of trees in our lives,



stating that it is the primary duty of every individual to plant trees, as they provide us with fresh air and help maintain the groundwater level. The more trees we plant today, the greater the benefit for future generations. He remarked on the extreme heat experienced this year, which made life difficult for many, and said that if everyone plants trees and avoids tampering with nature, such harsh conditions may be avoided in the future. However, some people still disrupt

Goods worth lakhs stolen from house

**ZIRAKPUR (VICKY BHABAT):** Unidentified thieves broke the locks of the closed house of 214 Yamuna Enclave Colony and stole goods worth lakhs of rupees. The owner of the house has gone to Australia to meet his mother. When his relative came to check the house last evening, he came to know about the theft. Giving information about the case, Rahul Buta, a resident of House No. 214, Yamuna Enclave, Zirakpur, said that he has come to Australia for the past one and a half months, while last evening at around 5 o'clock when his relative came to check the house, the locks of the house were broken. And the household goods were scattered. He said that the thieves stole three LEDs, an oven, ancient coins and two cylinders, apart from food items in the house. He said that the value of the stolen goods is around 2 lakh rupees. He said that they had not kept any cash and jewelry in the house, otherwise there would have been more damage.

Unused for over 15 years, village Rakhra's sports stadium to receive 60 lakh for upgrade: Jouramajra

RAWEL BHINDER  
PATIALA, SEPT 22

Punjab's Information and Public Relations Minister, Chetan Singh Jouramajra, today inaugurated significant development projects in the villages of Rakhra and Langroi, located in the Samana constituency. These initiatives, with a total investment of 1.15 crore rupees, represent a substantial step toward improving local infrastructure.

Speaking at the event, Minister Jouramajra emphasized that under the visionary leadership of Chief Minister Bhagwant Singh Mann, the Punjab government remains committed to the state's progress, ensuring development without political bias.

Among the key projects, the foundation stone for a state-of-the-art sports stadium in Rakhra was laid, with an investment of 60 lakh rupees. Additional works include the installation of sewage pipelines worth 10 lakh rupees and street improvements costing 5 lakh rupees. In Langroi, roads will be upgraded at a cost of



40 lakh rupees to enhance connectivity. Jouramajra expressed regret over the sports stadium in Rakhra being unused for the past 15 years, despite the village's connection to a previous government minister. He reassured the public that the revamped facility would be the best in Patiala district, featuring fields for volleyball, cricket, football, and a walking track for village residents.

He highlighted the government's efforts to engage youth in sports as part of a broader initiative to combat drug abuse. "Sports stadiums in villages are a priority under Chief Minister Mann's vision to promote

healthy lifestyles. Our youth are not only excelling in sports but are also preparing for careers in the police and army," he said. Jouramajra also noted that police recruitment is now held annually through a transparent, merit-based process.

In a call to action, Minister Jouramajra urged villagers to plant saplings to maintain environmental purity and stressed the importance of electing capable panchas and sarpanches in the upcoming panchayat elections. He also encouraged farmers to use canal water to help conserve groundwater, as the government continues to ensure water supply to every farm.

PUCA moves application in Supreme Court for extension in cutoff dates of admission in India

RAJIV JAIN  
CHANDIGARH, SEPT 22

Punjab Unaided Colleges Association (PUCA), an association of Technical Colleges of Punjab, has knocked at the door of the Supreme Court and has filed civil appeal for extension of cutoff dates of admission in the county. It is to be mentioned that as per All India Council of Technical Education (AICTE), New Delhi, the admission in the entire country has been closed on September 15.

Dr. Anshu Kataria, President, PUCA; Chairman, Aryans Group of Colleges, Rajpura, Near Chandigarh said that around 23.3 Lac students were stuck because of the ongoing court case of NEET in the Supreme Court. Due to this court case, not only 23.3 lac but other students were also kept on waiting for the final judgment. Also, due to various other

reasons, including late counseling in various states, disturbance in the northeast region, students were not able to secure seats. Adv. Amit Sharma Senior Vice President PUCA urged the government to extend the cutoff dates of admission to 30th Oct. As Pharmacy Council of India (PCI) & Indian Nursing Council (INC), New Delhi have also extended cut of dates of admission to 30th Nov & 30th Oct respectively, on the same term the AICTE should extend cut of dates to 30th Oct, requested Sharma.

It is to be mentioned that on 15th September, the admission process of approx 8000 Technical Colleges of India is stopped as per AICTE notification, but lakhs of seats are lying vacant in technical colleges of country. Lakhs of applicants are there who are seeking admission but are helpless as admission has been stopped.

Problems of journalists discussed in meeting of Punjab-Chandigarh Journalist Union



VERMA  
GURDASPUR, SEPT 22

The meeting of Gurdaspur unit of Punjab-Chandigarh Journalist Union was held under the chairmanship of KP Singh, in which State President Balbir Singh Jandu and Secretary General of Indian Journalist Union Balwinder Singh Jammu specially attended.

In addition to different stations of Gurdaspur, journalists from Pathankot and Amritsar districts also participated in the meeting. District Public relations officer Harjinder Singh Kalsi, who specially arrived in the meeting, was also informed

about the problems discussed by the journalists during the meeting. In their address, Balwinder Jammu and Balbir Singh Jandu explained in detail about the struggle being carried out to solve the problems of journalists at the state and national level. He said that for the last 10-12 years, the governments have kept a distance with the journalists. The direct dialogue of the governments with the journalists is decreasing. During the meeting, besides wage board, yellow card, toll tax, bus-railway facility related to journalists, the excesses that happened from time to time were discussed.

MCM pays tribute to Founder Principal, holds 5th Shakuntala Roy Memorial Lecture



CHANDIGARH, SEPT 22

In a befitting tribute to its Founder Principal and her resilient spirit, Mehr Chand Mahajan DAV College for Women, Chandigarh, organized the annual Mrs. Shakuntala Roy Memorial Lecture (5th in series) on Embracing Life's Challenges: A Journey of Generosity, Patience and Inner Strength.

The keynote speaker for this insightful and inspiring lecture was Lama Yeshe Rabgye, Academician and Life Coach from UK. Prof. Arun K Grover, Professor Emeritus, PEC, Chandigarh, Dr. Gurdip Sharma, General Secretary, SD Pratinidhi

Sabha, New Delhi, Mrs. Manju Gosain and Maj. Gen. Prem Gosain, daughter and son-in-law of Mrs. Shakuntala Roy, Col. Radhakrishnan Sharma and Mrs. Jeevan Sharma were the Special Guests on this occasion. Inaugurating the lecture, Principal Dr. Nisha Bhargava eulogized the Founder Principal's contribution as she stated that Mrs. Shakuntala Roy gave the golden period of her life to the institution. Dr. Bhargava traced the journey of the college from 4 rooms in 1968 to that of a sprawling campus today, and said that the sapling that Mrs. Roy planted has grown into a big banyan tree today.



Police arrest youth for stealing machinery from Cattle Shed

**VLJAY KAUSHIK**  
**LADWA:** The police successfully arrested a youth accused of stealing a machine from a cattle shed. The accused, identified as Shahrukh, son of Zahid, from Badachpur, Ladwa district Kurukshetra, was apprehended following an investigation led by Inspector Kuldeep Singh. According to Gurmeet, the complainant, the motor of his fodder machine was stolen from his cattle shed on September 12. After lodging the complaint, Sub-Inspector Ramchandra and his team conducted an investigation and arrested the accused on September 20. The police recovered Rs. 1,000 from the accused, and he has been sent to jail after being presented in court.

Grounds of schools and colleges cannot be used for election rallies: DEO



**RAMAN GUPTA**  
**KATHAL:** District Election Officer and DC Dr. Vivek Bhatti said that political parties and candidates contesting elections will not get permission from the Election Commission to use the playgrounds of schools and colleges for election rallies. He has clarified that there has been a ban on this issue by the Punjab and Haryana High Court. He said that during the election campaign, the sentiments of the voters will not be influenced on the basis of caste, religion, community and high standards will have to be maintained during the election campaign. He said that the citizens of India have the right to freedom of expression under Article 19 (1) (a) of the Constitution, but the objective of the Model Code of Conduct is contained in its various provisions and it should be followed. Dr. Vivek Bhatti said that during the election campaign, no temple, mosque, church, gurudwara or other religious place can be used for election campaign. Apart from this, speeches, posters, music, election related material cannot be used in these. He said that photographs of defense personnel or programs of defense personnel will not be used in advertisements during the election campaign.

Tapa Police arrest two youths for copper theft



**BALWINDER AZAD**  
**BARNALA DEHATI:** Under the direction of Barnala Police District Head Sandeep Malik and as part of the ongoing campaign against criminal activities, Tapa police successfully arrested two individuals involved in copper theft. The operation was led by Sub-Division Tapa DSP Gurbinder Singh, along with Police Station Head Inspector Sandeep Singh and Holder Gurpreet Singh. During a press conference, DSP Gurbinder Singh revealed that Holder Gurpreet Singh received a tip-off about two suspects, Gurpreet Singh alias Bhagu, son of Kulwinder Singh, and Jagjit Singh alias Jassi, son of Baldev Singh, both residents of Mehraj district, Bathinda.

MP Meet Hayer lays foundation stone of various development projects

**KULDEEP SOOD**  
**BARNALA, SEPT 22**

MP Gurmeet Singh Meet Hayer laid the foundation stone of various development projects here. He laid the foundation stone for the renovation of Harigarh-Bhattal-Kattu link road and Firni of village Harigarh, which will cost Rs 71.58 lakh. On this occasion, MP Meet Hayer said that the Punjab government led by Chief Minister S. Bhagwant Singh Mann is renovating various roads in Barnala district at a cost of about Rs 35 crore, which will renovate the roads which have been in bad condition for the last 10 years and will provide great convenience to the people of Barnala. Earlier, he gave approval letters to 46 people for construction of permanent houses under

Tirupati prasad row: Sri Sri calls for committee of spiritual leaders for temple management

**AGENCY**  
**GENEVA, SEPT 22**

Spiritual leader and founder of the Art of Living, Sri Sri Ravi Shankar, urged for the constitution of a committee of spiritual leaders to oversee matters related to temples. In a self-made video, Sri Sri Ravi Shankar called for action against those who indulge in food adulteration. "We have read in history books how in 1857, the sepy mutiny happened. And now we see how the sentiments of Hindus are deeply wounded by this laddoo. This is something which cannot be pardoned, it cannot be forgiven. It's malicious and it is the height of greed of people who are involved in this process. So, they need to be punished severely. All their assets should be seized



and they should be put in jail, whoever is remotely involved in this process. We need to check not just the laddoo but every food product. What about the ghee that is available in the market? Is anyone checking what they are putting in it? All those who adulterate food and put the mark that it is vegetarian and put any sort of non-veg stuff in it should be very strictly punished," Sri Sri Ravi Shankar said.

Stressing the constitution of the committee of spiritual leaders, Sri Sri Ravi Shankar said that the temples should also have boards similar to the Shiromani Gurdwara Parbandhak Committee, Muslim body or Christian body. "For the temple management, we need to see that it is under the supervision of saints, swamis and spiritual leaders. We need to have a committee of spiritual leaders - both north

Kashmir Singh seeks appointment with Rail Minister for discussing misconduct of RPF with business community

**VERMA**  
**GURDASPUR, SEPT 22**

Kashmir Singh Rajput the National President of the All India Swarnkar Association, wrote a letter to Ashwini Vaishnav the Railway Minister of India,

seeking justice and an appointment with the Railway Minister to address the unfair treatment of the business community by the RPF (Railway Protection Force) on



trains. In the letter Kashmir Singh Rajput mentioned that the RPF is mistreating the business community every day on trains. He said that small

traders and artisans from the Swarnkar community regularly transport small goods from one city to another, with a significant amount of goods being transported from Amritsar, Punjab, to other states and cities.

Promote nationalism in battle of two ideologies: Komal



**SHIV KUMAR SHARMA**  
**KARNAL, SEPT 22**

A voter awareness campaign is underway in Karnal, aiming to encourage maximum voter turnout in the upcoming elections. As part of this initiative, a program was organized at the Satiya Wala Temple in Model Town by the Women's Association. The event was graced by BJP leader Jagmohan Anand as the chief guest. Prominent attendees included former minister Shashpal Mehta, Trade Association President Krishna Lal Taneja, former Senior Deputy Mayor

Krishna Garg, Rakesh Madan, and Raju Madan. During the event, chief guest Jagmohan Anand emphasized that the nation is facing a threat to nationalism. He described the election as a battle between two ideologies, stating that the outcome would determine the country's future direction. Former minister Shashpal Mehta echoed this sentiment, urging everyone to unite in support of nationalism. The event organizer, Komal Renu Chaudhary, highlighted the crucial role women play in shaping the nation's progress.

Procession in city on Maharaja Agrasen Jayanti on Oct 6



**VIJAY KAUSHIK**  
**LADWA:** The social organization Shri Aggarwal Sabha, along with its youth and women's units, will organize a grand celebration for Maharaja Agrasen Jayanti on October 6. General Secretary Vikas Singhal shared details after a meeting held at Lala Jamna Das Aggarwal Park, where it was unanimously decided to conduct the celebration. The event will begin at 8 AM with an 18-Kund Mahayagya at Lala Jamna Das Aggarwal Park, followed by a grand procession starting at 10 AM. The procession will pass through Nagar Khede and Bajaja Bazar, culminating at Maharaja Agrasen Chowk, where tributes will be paid to the statues of Kuldevi Mahalakshmi and Maharaja Agrasen. The procession will conclude at Baba Bansi Wala Old Age Home. In the evening session at 7 PM, a grand ceremony will be held in the park with cultural performances by school children and an honor ceremony. Addressing the attendees, President Durgesh Goyal extended an invitation to the entire community. Other key figures present included event coordinator Sunil Garg, youth president Neeraj Goyal, and several other office bearers.

Ram Janam scene staged on the third day of Ramleela



**VIJAY KAUSHIK**  
**LADWA:** On the third day of the Ramleela organized by Shri Ram Hanuman Ramleela Committee, the scene of Lord Ram's birth was staged. The event was inaugurated with aarti of the Ramcharitmanas by the head of Baba Bansi Wala Old Age Home, Vikas Singhal, alongside other dignitaries. The audience was highly enthusiastic, with many attendees from neighboring villages. Chief guest Vikas Singhal addressed the gathering, urging everyone to learn from Lord Ram's ideal character and implement those lessons in their lives. He emphasized the importance of caring for the elderly, drawing parallels to Lord Ram's 14-year exile to fulfill his parents' wishes. In a touching gesture, the committee honored the elderly by draping them with shawls. The stage performances included King Dashrath's desire for a son, the birth of Ram and his brothers, their battle against demons like Tadaka, and Ram and Lakshman's departure with sage Vishwamitra. Characters were skillfully portrayed by the actors, with notable performances by Kush Garg as Dashrath and Paras Saini as Ram.

BJP candidate Harvinder Kalyan visits many villages under public relations campaign

**SHIV KUMAR SHARMA**  
**GHARAUNDA, SEPT 22**

BJP candidate from Gharaunda Harvinder Kalyan said that the BJP government has done unprecedented development work in Haryana in the last ten years people were getting direct benefit of these. He said that for the third time under the leadership of Prime Minister Narendra Modi government has been formed, similarly in Haryana too, the government will be formed for the third time under the leadership of Chief Minister Naib Singh Sain. Harvinder Kalyan had come on Sunday to do public relations in village Chhapra Kheda, Kalvahedi Colony, Kalvahedi, Sarfabad Majra, Dabarki Khurd, Dabarki Kalan, Subhari and Kambopura, Where people gave a warm welcome to



Harvinder Kalyan. While addressing the villagers, Harvinder Kalyan targeted the Congress. He said that the Congress has always done the politics of vote bank and appeasement, while the Bharatiya Janata Party government has strengthened the society. He said that the love and support of the people of Gharaunda Vidhansabha was of utmost importance to him. He was ready for whatever

responsibility they gave him. He said that many projects were yet to be started in Gharaunda. He has worked to take forward every subject. Many works have been completed. There are many works which were yet to be completed. Many projects were under construction. Many schemes were in the pipeline. Their aim is that their area should progress so that the youth can get more employment opportunities.

Sports staff, coach and management committee always encouraged me: Paras Kumar



**KULDEEP SOOD**  
**BARNALA:** Baba Gandha Singh Public School Barnala's promising player Paras Kumar son of Nirmal Kumar has been setting records in table tennis competitions for the past several years. He also performed well in the recently held CBSE Cluster Table Tennis Championship 2024 and brought laurels to the institution by securing second place in the Under-17 boys category. Paras Kumar credited his success to the school's MD Ranpreet Singh Rae, Principal Dr. Sandeep Kumar, DM Sports Simarjit Singh, DP Avtar Singh, coach Balwinder Kaur and said that he will work hard in the same way in the future and bring laurels to his school and parents. It is worth mentioning here that Paras Kumar has been interested in table tennis since childhood and has won many state level, district level medals. With his increasing maturity with age, Paras Kumar's game is improving and he wishes that one day he will bring glory to Barnala by playing at the national level. In which he also gets the blessings and support of his parents.

MC Barnala conducts special cleaning campaign



**KULDEEP SOOD**  
**BARNALA:** As per the instructions of Deputy Commissioner Barnala, a cleaning campaign was conducted today from Kachihri Chowk to Handiaya Chowk under Swachhta Hi Seva in which Latif Ahmed, Additional Deputy Commissioner (J), Barnala and Vishaldeep Bansal Karja Sadhaka Officer, Municipal Council Barnala, Ankush Singla Sanitary Inspector, group met and cleaning staff of Municipal Council Barnala participated. On this occasion, refreshments were arranged for the cleaning workers and the cleaning workers were encouraged to celebrate the cleaning fortnight in the same way. On this occasion, Additional Deputy Commissioner (J) Barnala asked the sanitation workers about the upcoming problems and assured them to solve the problems at the earliest.

Jagmohan Anand visits many villages as part of election campaign

**SHIV KUMAR SHARMA**  
**KARNAL, SEPT 22**

BJP candidate from Karnal, Jagmohan Anand said that if he kept getting the love, affection and support of the people of Karnal, then he would work not as your MLA but as your servant. Now the people of Karnal and all the God-like workers have taken over the command of this election. The people of Karnal have resolved to make the lotus bloom again in Karnal. BJP candidate Jagmohan Anand on Sunday visited Brahmakumari Ashram Sector-9, Shri Krishna Kripa Dham Sector-9, Radha Swami Satsang Vyas, Brahmin Dharamshala Sector-8, Punjabi Dharamshala Sector-8, Satiya Wala Mandir Model Town, Nirankari Satsang Bhawan located on Railway Road, Gandhinagar Anandpur Satsang Ashram reached Ramnagar, Ramnagar, Baghpati, Sadar Bazaar, Sector-7 Main Market, Rampura Katabagh, Nirmal Enclave, RK Puram, Karna Vihar Notna Niwas, GBB Society, Krishna Mandir Sector-14 and



Sector-7 to interact with the people. The social organizations and dignitaries of the city welcomed him with flowers and garlands. First of all, Jagmohan Anand reached the program organized by Pravesh Shama in Brahman Dharamshala Sector 8 and worshiped Lord Parshuram. On this occasion, all the companions met with and discussed about the upcoming assembly elections. All the comrades unitedly resolved to carry forward the policies and ideology of the BJP and work together for the all-round development of the region.

Chess: An intellectual and entertaining game loved worldwide, says Sahil Sukheja

**SHIV KUMAR SHARMA**  
**KARNAL, SEPT 22**

The 53rd Junior Open Chess Championship and the 38th Junior Women's Chess Championship kicked off today in Karnal. The event is being hosted at the magnificent Royal Taste Banquet Hall in Sector 8, Karnal. The tournament is organized by the Karna Nagri Chess Association in collaboration with the Haryana Chess Association, under the aegis of the All India Chess Federation, which is recognized by the Ministry of Sports, Government of India. The organizing secretary and president of the Karna Nagri Chess Association, Sahil



Sukheja, provided details of the event, revealing that 178 players are competing in the open category, while 129 players are participating in the women's category. Sukheja emphasized that chess is often viewed as a "boring" game because it involves only two players and does not require physical exertion. However, it is an intellectual and entertaining sport that is loved by people all over the world.

The nine-day event was inaugurated by the office bearers of the Karna Nagri Chess Association. Sahil Sukheja made the first move in the open category against the top-seeded Soham Bhattacharya from West Bengal, while in the women's category, Mrs. Deepti Sukheja made the opening move against the top-seeded Saryu Velpula from Telangana.



Editorial

Darkness Visible

The remarkable feature of the protest against the rape and murder of the junior doctor in R.G. Kar Medical College and Hospital was its unified nature in its initial stages. People from all walks of life joined, from manual workers and domestic assistants to their employers and their families. The sexual assault and death of a doctor in her workplace seemed to symbolise the vulnerability of all women. There was something glaring about the tragedy: even a doctor on duty in her workplace was not spared what all women try to escape much of the time. It was as if the half-hidden face of a misogynistic society was suddenly exposed. The social and educational status of the doctor made the event outstanding. That is clear from the fact that the National Crime Records Bureau shows over 31,000 rapes in the 2022 annual report; no similar protest took place for these.

What is as remarkable, however, is that among these, the increase in rapes of Dalits and tribal people by men from higher castes is not always visible. Without recognising that a major source of rape is located within the way society is structured — in the violent effort to retain caste hierarchies and the exercise of power on hitherto deprived population groups finding access to social advantages — the crime will never be fittingly addressed. Between 2015 and 2021 rapes of Dalit women by upper-caste men increased by 45%. In 2022, such incidents numbered 2,839, and tribal survivors numbered 820. Ten rapes of Dalit women and girls are reported every day — just a tiny fraction of actual incidents. One report on 13 states shows that in 62% of the cases men from dominant castes targeted Dalit girls below 18. These are not as shockingly visible as they should be because, in spite of laws, discrimination is common in the administration: a double bias against gender and caste may make registering a first information report an ordeal in itself.

It is easy to make the crime disappear. Even if an FIR is registered from a Dalit girl's complaint, that the perpetrators are of the upper caste may be omitted. Complaints may be registered without naming rape. Such tricks to render the crime invisible add to the fear of complaining, because there is always the possibility of angering powerful caste groups. It may lead to repeated rapes, as happened to a 13-year-old Dalit girl in Uttar Pradesh in 2022; she was raped again by the same four upper-caste men after the police refused her FIR. Although local committees in each district are supposed to protect women in the unorganised sector by law, only 30% of districts had such committees in 2020.

Kamala Harris accepts invitation for another debate

US Vice President and Democratic presidential candidate Kamala Harris has accepted the invitation for a presidential debate hosted by CNN against her Republican rival Donald Trump and challenged the former president to accept the same. "I will gladly accept a second presidential debate on October 23. I hope @realDonaldTrump will join me," Harris posted on X.

Notably, Harris and Trump debated earlier this month in a debate moderated by ABC News, in which the Vice President appeared to dominate against the former president with targeted barbs.

"Vice President Harris is ready for another opportunity to share a stage with Donald Trump," campaign chair Jen O'Malley Dillon said in a statement. "Donald Trump should have no problem agreeing to this debate."

The first presidential debate took place between Trump and President Joe Biden, in which the latter's poor show mounted concerns over his age leading him to bow out of the campaign. The President then endorsed Kamala Harris for the race, who soon got the party's official nomination.

For the October debate, CNN has



offered both campaigns a format similar to the June debate, in which Trump and Harris would field moderators' questions for 90 minutes without a live studio audience.

Following the debate with Harris, Trump has taken contrasting stands on having a third debate. Initially, he posted on Truth Social, "THERE WILL BE NO THIRD DEBATE!"

But last week, he suggested that

he might be open to participating in a third presidential debate following his September 10 face-off with Harris hosted by ABC in Philadelphia.

"Maybe if I got in the right mood," he told reporters during a stop in California.

Harris' campaign last week dismissed Trump's announcement that there would not be another debate, with one senior adviser saying the

former president "changes his position every day." The vice president, meanwhile, immediately called for another debate, saying, "I believe we owe it to the voters," CNN reported.

The US presidential elections are scheduled to be held on November 5. The CNN debate accepted by Harris on October 23, if happens, will come right in the climax of the presidential campaign.

Literature & Health

Researchers discover molecular mechanism for bacterial infection

Researchers at Virginia Tech have discovered how bacteria change molecules in order to infect their host.

The mechanism by which the bacterial pathogen *Shigella flexneri*, the cause of dysentery, modulates molecular activity to ensure its survival despite its host's natural defences has been uncovered by Daniel Capelluto and his research team. Their research was just published in the open access journal *Structure* published by Cell Press.

"This infection strategy may be employed by other bacteria, making this research a potential foundation for understanding the molecular mechanisms underlying various bacterial infections," said Capelluto, associate professor of biological sciences.

By understanding the specific manner in which a typical bacterium progresses, researchers can more precisely target preventive measures that will interrupt that process. To survive, bacteria infect a host by replicating themselves, infecting cells, and then exiting those infected cells. A



typical example of this process is seen in *Shigella flexneri*, a bacterium transmitted through contaminated water or food and that targets the intestinal lining. According to Capelluto, dysentery is prevalent in low- and middle-income countries, especially among children under 5 years old, and is responsible for 160,000 deaths worldwide each year. "Pathogens such as bacteria infect cells and they change the metabolism or the behavior of the cell they are infecting to prepare for their invasion," said Capelluto, an affiliate with the Fralin Life Sciences Institute.

Myanmar flood deaths reach 384



The death toll from Myanmar's floods has risen to 384, with 89 people still missing as of Saturday morning, the Information Team of Myanmar's State Administration Council reported on Saturday.

The deaths included 164 from Nay Pyi Taw Union Territory, 134 from Mandalay Region, 78 from Shan State, five from Kayah State, two from Bago Region and one from Ayeyarwady Region, the report said. The floods have affected dozens of townships across nine regions and states, covering about 16 percent of the country, it said.

It also said that 2,149 buildings were completely destroyed, 3,455 were partially

damaged, and 546 schools were submerged and damaged.

Additionally, 533 roads and bridges, 2,489 power poles, and 99 communication towers were also destroyed, it said.

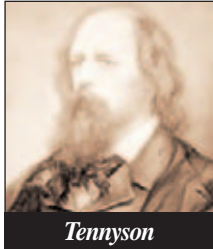
A total of 148,643 people were affected by the floods, which have devastated 735,461 acres of paddy fields and killed 144,998 animals, the report added.

Triggered by Typhoon Yagi and a deep depression in the Bay of Bengal, the floods were the most devastating in the last 50 years, it said. Heavy rains in the nighttime combined with mountain runoff have contributed to the rising casualties.

POEM

Idylls of the King

That story which the bold Sir Bedivere, First made and latest left of all the knights, Told, when the man was no more than a voice In the white winter of his age, to those With whom he dwelt, new faces, other minds. For on their march to westward, Bedivere, Who slowly paced among the slumbering host.



Alfred, Lord Tennyson

New type of blood test could identify children at risk of diabetes

Scientists have developed a novel blood test that uses lipids to identify children who are more susceptible to obesity-related problems, such as type 2 diabetes, liver, and heart disease.

A novel link between lipids and disorders affecting children's metabolism has been discovered by King's College London researchers, and this finding may provide an early warning system for ailments including liver disease. The study was published in *Nature Medicine*.

The researchers propose that this could assist medical professionals in identifying early disease indicators in children more quickly and facilitating their access to the appropriate treatment by using blood plasma testing machines already in use in hospitals.

The findings also contest the common idea that cholesterol is a leading cause of complications around obesity in children, identifying new lipid molecules which contribute to health risks like blood pressure but are not only correlated with a child's



weight.

Lipids have traditionally been thought to be fatty acids in the body, either good or bad types of cholesterol or triglycerides, fats found in the bloodstream that is the most common in the human body. Recent

studies from the same group of scientists have suggested that the picture is more complex.

Using a technique associated with chemistry called mass spectrometry, current evidence puts the types of different lipid pres-

ent in the body in the thousands, each with separate functions.

Taking a control sample of 1,300 children with obesity, the team assessed their lipids in blood. Afterwards 200 of them were put on the HOLBAEK-model for a year, a lifestyle intervention for people with obesity popular in Denmark.

Subsequent readings showed that amongst the intervention group, counts of lipids tied to diabetes risk, insulin resistance and blood pressure decreased, despite limited improvements in some children's BMI. Dr Cristina Legido-Quigley, a group leader in Systems Medicine at King's College London, Head of Systems Medicine at the Steno Diabetes Centre Copenhagen (SDCC) and principal author, said: "For decades, scientists have relied on a classification system for lipids that have split them into good and bad cholesterol, but now with a simple blood test we can assess a much broader range of lipid molecules that could serve as vital early warning signs for illness. In the future, this has the potential to

be an entirely new way to evaluate someone's personal risk of disease and by studying how to change lipid molecules in the body, we could even prevent metabolic diseases like diabetes altogether."

Obesity continues to be a risk factor for conditions like fatty liver disease, but the team hope that doctors can use these measurements to treat children when they are at risk and not just a little larger than their peers.

Dr Karolina Sulek, who was part of the study and performed analysis at the SDCC, said: "Early recognition of children at risk for these life-threatening diseases is crucial. The study provides strong evidence of the great need for obesity management and gives parents confidence to intervene in their children's life more compassionately, helping them to lose weight."

The next step for the researchers is to help understand how genetics affects lipids and what this means for metabolic diseases, as well as how these lipids can be changed to improve health.



Responsive Industries Ltd. Looks to Leverage Government of India's Major Infrastructure Initiative

**C**HANDIGARH: Responsive Industries Ltd., one of the largest suppliers of PVC membranes and synthetic products to Government of India projects, is set to witness significant business growth as the Ministry of Road Transport & Highways (MoRTH) announces the development of 75 tunnel projects across India. The government has committed to invest ₹1 lakh crore for these initiatives, which are aimed at enhancing national infrastructure and connectivity. The newly announced tunnel projects are part of the government's ambitious infrastructure development plan, and the demand for high-quality, durable materials is expected to surge. Responsive Industries Ltd., with its extensive experience and product excellence, is well-positioned to supply PVC membranes for these projects, a critical component in ensuring the tunnels' structural integrity and longevity.

Vodafone Idea concludes mega \$3.6 bn deal with three global network partners

**G**URUGRAM / HISAR : Vodafone Idea (VIL or "Company") has concluded a mega -USD 3.6 billion (~Rs. 300 billion) deal with Nokia, Ericsson and Samsung, for supply of network equipment over a period of three years. The deal marks the first step towards the rollout of the company's transformative three-year capex plan of ~USD 6.6 billion (Rs. 550 billion). The capex programme is directed towards expanding the 4G population coverage from 1.03 billion to 1.2 billion, launching 5G in key markets and capacity expansion in line with data growth. The Company has continued with its existing long-term partners Nokia and Ericsson and also onboarded Samsung as a new partner. Akshaya Moondra, CEO, Vodafone Idea Limited, said "We are committed to invest in emerging network technologies to provide a best-in-class experience to our customers. We have kickstarted the investment cycle. We are on our journey of VIL 2.0 and from hereon, VIL will stage a smart turnaround to effectively participate in the industry growth opportunities. Nokia and Ericsson have been our partners since our inception and this marks another milestone in that continuing partnership."

Get access to new launches, Exciting Deals, Offers and more during The Great Indian Festival 2024

**S**HIMLA, : The biggest festive celebration in India, Amazon Great Indian Festival 2024, will start from September 27th, 2024, with 24 hours early access for Prime members. Celebrate this festive season with great deals, big savings, blockbuster entertainment, and more than 25,000 new product launches across categories on Amazon.in. Customers can look forward to exciting offers from brands, including, Samsung, realme MARZO, OnePlus, QOO, Intel, Sony PlayStation, Hindustan Unilever, P&G, Loreal, TCL, Acer, Xiaomi, IFB Appliances, Ferrero, Ariel, Kuber industries and Eureka Forbes, among others. Further, this festive season, Amazon is making it easier for customers to support India's small businesses with exclusive deals and up to 70% off on a specially curated selection. Customers can avail 10% instant discount with SBI Debit and Credit Cards(T&C apply; visit here for details) Avail flat INR 100 cashback on minimum order of INR 1,000 using Amazon Pay UPI and enjoy INR 100 back when they add INR 1,000 to their Amazon Pay Balance\* Prime customers who apply for the Amazon Pay ICICI Bank credit card during the festive season can enjoy welcome rewards up to INR 2,500 and earn 5% unlimited cashback when they use the card to shop on Amazon.

Utkarsh Small Finance Bank Inaugurates 18 New Banking Outlets Celebrating 15th Foundation Day

**L**udhiana: Utkarsh Small Finance Bank Limited today proudly inaugurated 18 new banking outlets across India to commemorate its 15th Foundation Day. With this expansion, the total number of banking outlets has increased to 966. The new banking outlets have been strategically set up to expand the Bank's reach across various states. These include four in Bihar, one in Himachal Pradesh, two in Jharkhand, two in Kerala, three in Madhya Pradesh, one in Maharashtra, two in Odisha, two in Uttar Pradesh and one in Uttarakhand. Speaking on the occasion, Parveen Kumar Gupta, Chairman, Utkarsh Small Finance Bank Limited said, "The inauguration of these new banking outlets on our Foundation Day is a significant step towards our vision of financial inclusion. We are committed to expanding our reach and providing innovative and customer-centric banking solutions that empower every individual and community. Reflecting on the Bank's journey, Mr. Govind Singh, Managing Director & CEO, Utkarsh Small Finance Bank Limited said, "From the formation of Utkarsh CoreInvest Limited to becoming Utkarsh Small Finance Bank, the past years have been a wonderful journey of growth, learning and commitment. Our journey from the time of our parent company to today has consistently focused on providing value to customers and fulfilling our mission of financial inclusion."

KBS Dev Samaj Cricket Academy won the first Devansh Sharma Memorial Under 14 T20 Cricket Tournament

**C**handigarh, KBS Dev Samaj Cricket Academy 45 defeated Himachal Cricket Academy DAV 39 by four wickets in the final of the first Devansh Sharma Memorial Under 14 T20 Cricket Tournament concluded at Stepping Stones School, Sector 37 on Sunday. Himachal Cricket Academy while batting first scored 78/9 in the stipulated twenty overs as Shivaang Goyal was the top scorer with 16. Jishant took three wickets. In reply, Dev Samaj Cricket Academy achieved the target in the 16th over at the loss of six wickets. Unbeaten Shivansh Chaudhary smashed 44 runs. This tournament was organized in the memory of Devansh Sharma, the late son of UTCA's Secretary Devender Sharma. UTCA's President Sanjay Tandon awarded the winner and runner-up teams. The members of UTGA along with representatives from various academies also marked the occasion.

Alarming Rise in Smoking Among Women Linked to Increased Cardiovascular Disease Risk: Dr. Arun Kochhar

**M**OHALI: Smoking had been predominantly associated with men for several decades. However, the number of women smokers has been rising constantly at an alarming rate. This paradigm shift has been quite worrisome and has extreme potential drastic consequences for their health. The sudden trend of smoking among women has further significantly contributed to an increase in cardiovascular diseases, says Dr Arun Kochhar, Additional Director of Cardiology at Fortis Hospital Mohali. "Smoking impacts the health of a woman in a number of ways. In fact, it has greater influence on cardiovascular health than in comparison to men, in whom it is one of the prime causes for high mortality and morbidity. There are many explanations for this increased association," added Dr Kochhar. Dr Kochhar further elaborated that women were protected from heart diseases due to high estrogen levels. "Smoking causes this protective effect to be lost. Younger women who smoke and those who smoke heavily are at a higher risk. The risk increases with the number of cigarettes smoked daily," he added. Smoking, particularly in combination with oral contraceptives, significantly increases the risk of heart attacks, and strokes. Women who smoke are more likely to develop atherosclerosis (the build-up of plaque in arteries) more rapidly, which can lead to a heart attack.

# The 5 good fats for weight loss every Indian woman needs to know

**I**ncrease your intake of healthy fats to lose weight. Here are five good fats every Indian woman must add to her kitchen shelf and use regularly.

**Coconut Oil:** Coconut oil is a medium-chain triglyceride (MCT), which metabolises very differently from long-chain fats. It is directly absorbed into the bloodstream.

**Ghee :** This clarified butter is another worthy source of MCTs. It includes butyrate – a short-chain fatty acid that supports growth in beneficial gut bacteria. The gut and weight loss are related – the gut helps to process food's digestion and assimilation. Ghee is also a powerhouse of fat-soluble vitamins A, D, E, and K, all important for overall health.

**Avocados :** Though not an original addition to the Indian diet, over the past few years, the avocado has found great favour with health-conscious Indians due to the countless benefits it offers. Avocados are packed with monounsaturated fats, which prevent belly fat, hence helping the heart.

**Nuts And Seeds:** Nuts and seeds are full of good fats, proteins and fibre – all so valuable in any weight-loss diet. Two particularly nutritious nuts are almonds and walnuts. Rich in omega-3, these help the body reduce inflammation and support one on a weight-loss journey.

It's not the fat; it's the type of fat and the accompanying combination of protein and fibre found in nuts and seeds that can be so satiating, and so kill cravings. A



handful of nuts as a mid-morning snack or a sprinkle of seeds on your salad can make a big difference when it comes to managing weight.

**Olive Oil:** Olive oil, particularly extra virgin olive oil, is a healthy fat for the body, and it can aid in losing weight. It is a

powerhouse of monounsaturated fats and antioxidants, which, combined, are anti-inflammatory and good for overall health. It also boosts the flavour of food, so a healthy meal need not be boring.

The judicious use of olive oil, such as in a salad dressing or for light cooking, will go a long way toward helping you reach and stay at your healthy weight.

These fats, if incorporated in your diet, will help you to meet the goals of weight loss by maintaining satiety and the pleasure of eating. Adding these good fats will help not just in weight loss but also improve the general state of your health.

## Paras Health Panchkula Wins Smart & Future-Ready Cancer Hospital Award

**P**anchkula : Paras Health Panchkula has been awarded the prestigious Smart & Future-Ready Cancer Hospital Award at the IHW Smart Hospitals & Diagnostics Summit & Awards 2024, held at the Taj City Centre, Gurugram. This recognition celebrates Paras Health Panchkula's pioneering efforts in integrating advanced technology into cancer care, highlighting the hospital's commitment to improving patient outcomes through innovative treatment approaches and quality healthcare solutions.



Paras Health, Panchkula from Paras Health Panchkula expressed pride in being recognized for the approach to cancer treatment. "While technology is central to modern cancer treatment, our true priority remains the well-being of our patients. Utilizing the best possible tools for cancer treatment can optimize patient care, streamline processes, and ensure real-time monitoring—ultimately leading to improved cancer outcomes.

The IHW Smart Hospitals & Diagnostics Summit 2024 brought together key leaders and innovators from the healthcare sector to discuss the growing role of technology in enhancing hospital operations and patient care. Central themes included the application of artificial intelligence (AI), machine learning, and digital health platforms in diagnostics, cancer care, and personalized treatments. The discussions also highlighted the role of Health 4.0 technologies—such as telemedicine, robotic surgeries, and precision medicine—in transforming cancer care by providing more tailored, efficient, and effective treatment plans. Receiving the award, Dr Pankaj Mittal, Facility Director

## Myntra's Big Fashion Festival kicks off on 26th Sept with approximately 3.4 million trend-first festive fashion styles

**A**mritsar/Ludhiana, 22 September:-- Myntra unveiled the highly anticipated dates of its Big Fashion Festival (BFF). Set to commence on 26th September 2024, this edition sees BoAt as its title sponsor. The festival will feature a whopping approx 3.4 million styles, marking



a 47% increase from its previous edition. The event will see participation from more than 9700+ leading brands across domestic, international and homegrown; customers will be spoilt for choices with an array of products across categories. Myntra Insiders, members of Myntra's loyalty program will get Early Access to the Big Fashion festival 24 hours in advance, on the 25th of September.

Speaking on the BFF, Neha Wali, Senior Director, Revenue and Growth, Myntra said, "This edition of Big Fashion Festival is not just about shopping; it's about redefining the festive fashion experience for our customers. With an unparalleled array of styles and value-driven propositions, we are committed to offering trend-first fashion, beauty and lifestyle to millions of Indians celebrating the diverse range of festivals all over the country. Myntra's cutting-edge tech and differentiated ser-

## Hindware Home Innovation Limited Unveils New Kitchen Appliance Range at Ludhiana Partners Meet



**L**udhiana : Hindware Home Innovation Limited, one of the leading players in the kitchen and home appliances segment, expanded its product line-up under the brand Hindware Smart Appliances. With an aim to further strengthen the portfolio and its foothold in the retail market, the company launched 14 new products across two key categories – Kitchen Chimneys and Built-in ovens, while showcasing a wide range of kitchen sinks, built-in hobs, and water heaters.

At the launch, Mahesh Kumar Choudhary, President - Sales & Product, Hindware Home Innovation Limited respectively

said: "Innovation is at the core of everything we do. Our latest product lineup is a reflection of our commitment to understanding and anticipating the evolving needs of our customers. We have focused on integrating cutting-edge technology with thoughtful design to create products that offer exceptional performance and value. We are excited to continue pushing the boundaries of innovation and bringing innovative solutions to market."

"Himachal Pradesh, Jammu, and Punjab are important markets for us in Northern India. In anticipation of the festive season, we strategically introduced this new product range in Ludhiana, Punjab.

## Samsung India's AI-Powered 'Big TV Festival' Gets Bigger Than Ever This Festive Season

**C**HANDIGARH: Samsung, India's largest consumer electronics brand, is set to make this festive season more delightful with the launch of its 'Big TV Festival' promotion. Offering unparalleled deals on premium AI-powered big-screen televisions like Neo QLED 8K, Neo QLED 4K, OLED and Crystal 4K UHD TVs, the limited period offers runs from September 14 till November 10, 2024, bringing exciting freebies, cashback, and a 3-year warranty and special EMI offers. Samsung Big TV Festival is about to set a new standard in visual immersion and sound quality with AI-enabled features. The offers are available across the Neo QLED, OLED and Crystal 4K UHD TV range on select models.

## Utkarsh Small Finance Bank Limited Expands its Network, Launches New Outlet in Baddi

**B**ADDI: Utkarsh Small Finance Bank Limited today announced the inauguration of its new outlet in Baddi, Himachal Pradesh. With this launch, the Bank has reached 4 banking outlets in Himachal Pradesh and 966 banking outlets across the country. Govind Singh, MD & CEO, Utkarsh Small Finance Bank Limited, said, "We are excited to establish our presence in the industrial hub of Baddi, known for its rapid industrial growth and economic potential. This new banking outlet will provide the residents and businesses of Baddi with access to our wide range of banking services, contributing to the financial empowerment and economic development of the region. Our continued expansion is a testament to our commitment to enhancing financial inclusion



across the country. The Bank is in a position to provide an array of financial products and services to its customers, which includes savings and current accounts, fixed deposits and recurring deposits. To cater to the aspirations of its customers, the Bank offers various loan products such as housing loans, business loans and loan

against property. With its banking outlet infrastructure, digital banking capabilities and ATM network, the Bank offers integrated customer service. Apart from this, the Bank offers multiple channels such as Internet banking, Mobile banking, Unified Payment Interface (UPI) and Call Centre.

## One of a Kind Event 'Touch: Tweens & Teens' Held, Empowers Young Women

**C**handigarh: In a vibrant initiative to empower young girls, The Touch Clinic, as part of its Corporate Social Responsibility (CSR) in collaboration with the Vascular Society for Limb Salvage (VLSL), hosted a social event titled 'Touch: Tweens & Teens' at the Hyatt Regency in Chandigarh. This event was aimed to foster awareness and spark meaningful conversations around health and well-being for the next generation of women.

"The idea was to equip participants who were mainly a group of 100 mother-daughter duos with valuable knowledge for their journeys ahead. What's interesting is that the 'daughters' in the group aged 8-24 were delivered by gynaecologists of The Touch Clinic and were present with their mothers. This made the activity very special and emotional for us," said Dr. (Prof.) Preeti Jindal, MD, DNB, MRCOG (U.K.), FICOG, and Director of The Touch Clinic, Mohali. It is to be noted that Dr Preeti is also General Secretary of Indian Society of Aesthetic & Reconstructive Gynaecology (INSARG) and a Professor in the Department of Clinical Embryology & Reproductive Genetics at RayatBahra University,



Punjab. She is the Past President of Mohali Obstetrics & Gynaecology Society (MOHOGS).

Dr Preeti addressed the media on the side-lines of the event and was joined by The Touch Clinic's Dr Ridhi Kalra, Dr Sumitu Shahdev, Dr Pragati, Dr Muskan & Ms. Aanchal Vashisht.

Dr Preeti informed that a Mother-Daughter Ramp Walk Competition was held. She said that a charitable ramp-walk also took place that showcased fashion for a social cause. Nitika Singla, Nisha Chugh, Vinita Grover, Ishika & Mr. Sarabjit Singh supported the noble cause. Notably, the owner of Jaypee Publishing House Jitender P. Vij also graced the occasion.

"The funds collected at the charity ramp walk will be donated for helping underprivileged girls, who are in need of medical help due to different health conditions," said Dr Preeti.

Aprajita Sharma a Miss India Finalist trained and also choreographed the ladies who took part in the charity walk. Shriya Singla from Shevone provided the dresses for the ramp walk. Meanwhile, the event featured a sessions covering topics like cancer prevention, menstrual hygiene, sexual health, reproductive health, career counselling etc. A self-defence workshop was held to make girls aware about the need to protect themselves from sexual or other assaults.

## Lakshita Expands Footprint in Punjab with New Store Launch in Amritsar

**A**mritsar:- Lakshita, a leading ethnic and Indo-western wear brand, proudly announces the launch of its new store in Amritsar, further strengthening its presence in Punjab. The new store at Ranjit Avenue will add to already operational 3 stores in the city, located at Nexus Mall of Amritsar, VR Amritsar, and Lawrence Road. Occupying 1325 sq. ft., the new store reflects Lakshita's distinctive design ethos, harmonizing traditional elements with a modern flair. "Our expansion into Punjab is not simply about increasing our footprint; it's about cultivating a meaningful bond with a region that beautifully merges heritage with contemporary trends," says Sachin Kharbanda, Co-founder and Managing Director of Lakshita. He further emphasizes, "Our stores go beyond being mere retail outlets—they represent Lakshita's dedication to excellence, creativity, and cultural significance."

The spacious layout, thoughtfully designed with warm, earthy tones, puts the customer experience at the forefront. Every detail is crafted to ensure that the time spent in the store is enjoyable and seamless, allowing customers to comfortably explore Lakshita's range of collections at their own pace. Punjab's dynamic market and discerning customer base makes it an ideal location for Lakshita's expansion. With a strong loyal customer base, high-value clientele, and a steadily growing economy, the region offers significant growth opportunities. "We've been traditionally strong in this region, where Kurta Sets have been the dominating categories in women's wear," says Mr. Sachin Kharbanda. The new store will feature collections, including contemporary designs, catering to a wide range of age groups. Lakshita plans to add more stores in Punjab with the objective of deepening its reach while maintaining its commitment to quality and craftsmanship.

## Turkish Airlines Takes Off to Santiago, Chile

**C**HANDIGARH: Turkish Airlines, the flag carrier of Türkiye, has announced it will soon connect its global network to the vibrant culture and captivating landscapes of Santiago, Chile. This new route marks the airline's 10th country served in the Americas. Starting 18 December 2024, Turkish Airlines will launch four weekly flights from Istanbul to Santiago, with a stopover in Sao Paulo in both directions. This new route brings the total number of destinations served in the Americas to 26, further solidifying Turkish Airlines' presence in the region. Passengers eager to experience Santiago can book their flights now through the airline's website, mobile app, sales offices, and authorised agencies.

## Utkarsh Small Finance Bank Celebrates 15th Foundation Day with 18 New Banking Outlets Nationwide!

**C**handigarh : Utkarsh Small Finance Bank Limited (Utkarsh SFBL) today proudly announces the inauguration of 18 new banking outlets across India in celebration of its 15th Foundation Day. This expansion brings the total number of (Utkarsh SFBL) banking outlets to 966, across the country. The new banking outlets are strategically located to enhance the bank's reach across various states:-Bihar: 4 outlets, Himachal Pradesh: 1 outlet, Jharkhand: 2 outlets, Kerala: 2 outlets, Madhya Pradesh: 3 outlets, Maharashtra: 1 outlet, Odisha: 2 outlets, Uttar Pradesh:

2 outlets and Uttarakhand: 1 outlet. Commenting on the expansion, Mr. Parveen Kumar Gupta, Chairman, Utkarsh Small Finance Bank Limited, said, "The inauguration of these new banking outlets on our Foundation Day is a significant step towards our vision of financial inclusion. We remain committed to expanding our footprint and providing innovative and customer-centric banking solutions that empower every individual and community we serve." Reflecting on the Bank's journey, Mr. Govind Singh, MD & CEO, Utkarsh Small Finance Bank Limited, remarked, "From our inception of Utkarsh

CoreInvest Limited, to becoming Utkarsh Small Finance Bank, the past years have been a great journey of growth, learning, and commitment. Our evolution from our times with the parent company to this day has been marked by a relentless focus on delivering value to our customers and fulfilling our mission of financial inclusion. As we celebrate our 15th Foundation Day, the opening of these 18 new banking outlets demonstrates our ongoing commitment to bringing accessible and inclusive banking services to every corner of India. This milestone reflects our sustained efforts to empower communities.

## Pioneering Progress: Zeba Shajahan's Impactful Engineering Journey at Amazon

**A**mbala/Karnal/Hisar : Engineers play a crucial role in driving innovation, shaping the future of companies and entire industries through technological advancements. At Amazon, thousands of engineers are dedicated to bringing clarity to complexity and finding smart solutions to intricate business challenges. They work with the latest technology and are always developing ways to improve processes and crafting solutions to continuously improve the experience for millions of customers worldwide. Engineers like Zeba Shajahan play a crucial role in making this happen. As a Senior Software Development Engineer, Zeba is part of a team that builds, tests, and implements technology solutions that transform the way Amazon operates. Her



journey from a small town in Tamil Nadu to a key player in Amazon's tech ecosystem showcases resilience, determination, and a deep passion for coding.

Hailing from the bustling city of Madurai and part of a family of seven, Zeba's path into technology began in her school days.

Reflecting on her earliest inspiration, she recalls a pivotal moment during her Computer Programming class in grade 10, "I vividly remember sitting in class, and my teacher was explaining what a program is. The sheer possibilities that technology held struck me then and there. The rush I felt when I ran my first program made me realize that I had found my calling." Inspired by her love for technology, she decided to pursue engineering and earned a degree in Information Technology.

Her academic foundation, combined with a hunger to explore the world of programming, led Zeba to an internship opportunity at Amazon in 2014. From day one, she knew that this was the place where she could combine her technical skills.

## Meeta Rajivlochan to Attend Swachhata Hi Seva 2024 Campaign at Khalsa College



**M**ohali: Meeta Rajivlochan, IAS, Secretary (Youth Affairs), Ministry of Youth Affairs and Sports, Government of India will be present at Khalsa College of Technology and Business Studies, Phase 3 A, Mohali on September 23, from 10:30 AM to 1:30 PM, where she will grace the main event of Swachhata Hi Seva (SHS)-2024 Campaign.

Giving the information, the Khalsa College of Technology and Business Studies, Phase 3 A, Mohali Principal Dr. Harish Kumari said that Meeta Rajivlochan is visiting Chandigarh and Mohali, SAS Nagar, Punjab on September 23 and 24, 2024, to par-

ticipate in the Swachhata Hi Seva (SHS)-2024 Campaign, organized under the My Bharat initiative. The SHS-2024 Programmes will take place across various colleges and institutions in the region on these dates, aiming to promote awareness and activities surrounding cleanliness and sanitation.

All activities related to the Swachhata Hi Seva campaign will be documented and shared on the My Bharat portal, as mandated for the concerned National Service Scheme (NSS) Program Officers. This initiative aims to engage youth and local communities in cleanliness drives and to foster a culture of sanitation and hygiene.

## Vibrant Buildcon 2025 Set to Revolutionize India's Building Materials Industry

**Y**amuna nagar: In a grand prelude to India's largest and most anticipated building materials expo, Vibrant Buildcon 2025, a successful roadshow was organized in Rajkot, gathering more than 1,000 renowned architects, interior designers, builders, and industrialists. The expo is set to be a transformative event for the nation's building materials sector, with the main exhibition scheduled to take place from April 13-16, 2025 at Yashobhoomi, New Delhi. With Bollywood icon Suniel Shetty serving as the brand ambassador, Vibrant Buildcon 2025 aims to align with the Government of India's focus on sustainability, promoting local manufacturing, advancing affordable housing, and embracing digitalization in the fast-evolving building materials market, valued at USD 240 billion. The event is expected to propel India's global footprint in the sector, highlighting the strength of the country's manufacturing ecosystem. The Rajkot roadshow marked a significant milestone in the lead-up to the event, attracting key members from various industry associations, including the Indian Laminate Manufacturers Association, Indian Small Scale Paint Association, Gujarat Paint Association, and Rajkot Hardware Manufacturers Association. The enthusiastic participation of these associations reflects the event's pivotal role in fostering innovation and growth across India's building materials industry. The Rajkot roadshow was the first in a series of over 70 planned roadshows across India and 20 international destinations. Each roadshow will showcase the vast opportunities that Vibrant Buildcon 2025 offers to both domestic and global markets. The expo itself will span over 50,000 square meters, accommodating more than 600 exhibitors, 150,000 domestic visitors, and 2,000+ international buyers from over 100 countries. With 12 sectors and 18 product categories ranging from hardware, bath fittings, sinks, plywood, ceramic tiles, and more, the event will offer a comprehensive overview of India's building materials landscape.

## Tata Motors signs MoU with ESAF Small Finance Bank for commercial vehicle financing

**C**HANDIGARH/LUDHIANA: Tata Motors, India's largest commercial vehicle manufacturer, has signed a Memorandum of Understanding (MoU) with ESAF Small Finance Bank, to offer attractive financing solutions to its commercial vehicle customers. Initially focused on Small Commercial Vehicles (SCVs) and Light Commercial Vehicles (LCVs), the partnership will expand to include financing for Tata Motors' entire commercial vehicle portfolio. Mr. Vinay Pathak, Vice President & Business Head – SCV&PU, Tata Motors, said, "Our partnership with ESAF Small Finance Bank enhances access to seamless financing solutions for our customers in deeper pockets of the country. It reiterates our commitment to support our customers with tailored and efficient solutions, empowering them to meet their business goals. This collaboration further strengthens our endeavour to boost entrepreneurship and job creation, particularly in first- and last-mile logistics."

## KFC pioneers QSR industry-first sign language training for all employees



**A**mritsar/Ludhiana, September 21:- Sometimes, all it takes is a sign to understand each other. In celebration of International Day of Sign Languages, KFC is taking a monumental step in the hospitality industry, as it becomes the first QSR in India to launch a Sign Language training program for 100% of its employees. The first-of-its-kind training is required to be undertaken by all 17,000+ KFC employees, who are spread across 240+ cities in 1200+ restaurants, as well as those working in the brand's corporate offices. Speaking about the initia-

tive, Moksh Chopra, General Manager, KFC India & Partner Countries, said, "Through our KFC Kshamata program, one of the areas of focus has been to help unlock the potential and opportunities for the Hearing-impaired community. One of the most important steps towards this is spreading the usage of Sign Language and since 2021, our annual #SpeakSign campaign focuses on enabling this goal. This year, we are proud to announce that 100% of our teams will be trained in basic Indian Sign Language, making our restaurants across the country more inclusive."



Man arrested in theft case

**MANISH KUMAR**  
**AMBALA:** As per the instructions of Superintendent of Police Ambala Surendra Singh Bhorla, during special campaign launched by Ambala Police to curb incidents of theft/robbery /snatching, in a theft case from Police Station Mahesh Nagar area, on 22 September 2024, under leadership of Police Station Manager Inspector Ajaib Singh, Ambala Police took action and arrested accused Shyam Lal alias Vishal resident Mohan Nagar Babyal Police Station Mahesh Nagar Ambala Cantt District Ambala and sent him to judicial custody as per order of Court. Arun Jain resident Kabir Agar Ambala Cantonment had lodged a complaint in Police Station Mahesh Nagar on September 13 that some unknown person from Sonia Colony Ambala Cantt had stolen wire, holder and other items from his house and neighborhood. Police registered a case and took action and arrested the accused.

Saurabh Bhardwaj assumes charge of Health, Urban Development, and six other departments

**AGENCY**  
**NEW DELHI:** AAP MLA Saurabh Bhardwaj took charge after taking oath as a minister in the Delhi government. Bhardwaj took oath as minister in the cabinet of the Atishled Delhi government, Bhardwaj assumed charge in the office on Saturday. Saurabh Bhardwaj has been given the responsibility of eight departments including with Health, Urban Development, and Social Welfare.

# There is no respect for women in Cong: Vij

SHIV KUMAR SHARMA  
AMBALA, SEPT 22

Former Home Minister of Haryana, Sh. Anil Vij said that, "There is no respect for women in Congress, and there is no respect for Dalits either. If someone can use casteist words about such a prominent leader (Kumari Selja), then what must the situation in Congress be? Everyone should be aware of this." Vij was responding to questions asked by the media persons today. Taking a jibe at the Congress party's mindset, he said, "I read long ago about a former Congress Prime Minister who wrote about women."

He said, "As far as Bhupinder Singh Hooda raising the Punjabi issue, I



want to ask him, where was he when the partition of India happened, and people wandered homeless? Where was Congress then?" Additionally, he said, "I want to point out that those people came from India to India itself, but Congress did not treat them the way they

should have been treated." When asked about the welcome extended by Central Minister Manohar Lal Khattar regarding the possibility of Kumari Selja joining, Vij said, "One does not respond to mere possibilities, but if Manohar Lal Ji is saying something,

## Water level declines in Ganga leaving behind silt on Varanasi ghats

**AGENCY**  
**VARANASI:** After continuous rise in water levels of Ganga for past few days due to heavy rainfall, finally the water level has begun to decline leaving silt on Varanasi ghats, causing significant difficulties for tourist in Varanasi. The gradual decline in the water levels has led to accu-

mulation of mud, dirt and silt. The cleaning efforts are underway, however, the slow decline is hindering proper sanitation of the ghats. Jai Kumar Sahni, a local, speaking with ANI, said, "The water level of Maa Ganga is declining and the silt has accumulated on the ghats. The tourist are coming but they are

unable to go on the ghats because of the mud, causing a lot of trouble." Another local Sudhir Singh requested to the municipal corporation to clean the ghats. "The water level of river Ganga has declined leaving mud behind. I request the municipal corporation to immediately take action and maintain the cleanli-

ness at the ghats," Singh said. Similarly, the water level in Ganga and Yamuna in Prayagraj has also come down, resulting in silt and mud filling in the areas once submerged. Water level in Ganga had surged due to continuous rainfall in the mountains and active monsoon showers in the plains.

# Union Minister Manohar Lal lashes out at Congress

RAJNI SONI  
YAMUNA NAGAR, SEPT 22

As the chief guest in the enlightened conference organized by the BJP in support of the BJP candidate Kanwarpal Gurjar at Agrasen College of Jagadhari on Sunday BJP's former Chief Minister and star campaigner Union Minister Manohar Lal Khattar claimed that Haryana state BJP was going to form the government for the third time in a row. Congress has been misleading the people. He further said that Haryana has a history of forming government in the state which was in power at the Centre. BJP government will be formed in Haryana for the third time. During this, he appealed for votes for BJP candidate Kanwarpal Gurjar from Jagadhari assembly constituency. He said that for the last 10 years, there has been BJP government and due to this there was frustration in Congress. On the question of



Congress leader Kumari Selja joining BJP, Union Minister Manohar Lal said that this was a strategy and strategy was not disclosed. He said that the desperation of the Congress can be gauged from the fact that they were not even able to announce their CM face. The people of Haryana have made up their mind that there was no place where they were safe and at peace with the Bharatiya Janata Party. Therefore, BJP government will be formed in the state for the third time.

The condition of Congress is the same as the proverb goes that Congress does not have grains but is out to cash them

in. Congress has already started distributing. BJP candidate Kanwar Pal Gurjar thanked all the prominent people of the society and said that all of you should give your support and blessings.

In this program, BJP candidate Kanwarpal Gurjar, former cabinet minister of Uttar Pradesh Suresh Rana, former chairman Bhopal Singh Khadri, BJP district president Rajesh Sapra, MLA from Ponta Sahib of Himachal Sukhram Chaudhary, MLA from Chaupal assembly of Himachal Balbir Verma, former mayor Madan Chauhan.

## Climate change, food nutritional security biggest challenges faced by world: Dr. Suresh

SHIV KUMAR SHARMA  
KARNAL, SEPT 22

An international conference on "Climate Smart Horticulture for Sustainable Development" was organized at Maharana Pratap Horticultural University, Karnal, under the joint auspices of Prerna Foundation, HTHS Meerut, and MHU Karnal. The two-day event, which began on Saturday, saw scientists from India and abroad deliberating on the subject. In his presidential address, MHU Vice-Chancellor Dr. Suresh Malhotra highlighted that climate change and food nutritional security are the most significant developmental challenges facing the world. With the



rising population, ensuring food and nutritional security has become crucial, and increasing production is a pressing concern, especially in the face of clear evidence of climate change. He emphasized the importance of promoting climate-smart agriculture, which uses modern information and communication technologies to manage farming efficiently. This approach optimizes resource use, increasing both the quantity and quality of

crops. Dr. Malhotra stressed that adopting climate-friendly methods of crop production is essential to protect crops from erratic weather patterns, including untimely rains, hailstorms, and extreme temperatures.

Dr. Malhotra shared that during the two-day conference, scientists will engage in discussions on global warming and climate-smart farming techniques, aiming to develop a roadmap for the future.

## Challenges to farming and human life due to global warming: Suresh Malhotra

SHIV KUMAR SHARMA  
KARNAL, SEPT 22

A two-day international conference on climate-smart agriculture and horticulture for sustainable development concluded on Sunday at Maharana Pratap Horticultural University (MHU), Karnal. The conference was chaired by MHU Vice-Chancellor, Honorable Suresh Malhotra.

During the conference, Dr. Suresh Malhotra highlighted that the global challenges posed by climate change, including its impact on agriculture and human life, were discussed in detail by both national and international scientists. The experts worked together to devise a roadmap to address



these pressing issues and direct future research efforts.

Malhotra stressed that global warming has led to significant changes in farming practices and human life, which are now increasingly noticeable. He remarked that tackling the consequences of global warming has become a monumental challenge for scientists worldwide. As agriculture continues to be

adversely affected and human life faces growing threats, scientists convened at the conference to collaboratively develop solutions. A comprehensive roadmap was created to collectively address the challenges posed by climate change. He further emphasized the need for new food products, such as mushrooms, which can offer health benefits.

## KVA DAV Women's College hosts workshop on common dietary mistakes in Indian diets



SHIV KUMAR SHARMA

**KARNAL:** The Department of Home Science at KVA DAV College for Women organized a one-day workshop on the occasion of National Nutrition Month. The workshop, titled "Common Dietary Mistakes in the Indian Diet," was conducted by renowned dietitian and nutrition advisor, Mani. The event began with an inaugural session led by Principal Meenu Sharma and Head of the Home Science Department, Lakhvinder Kaur, who formally welcomed the resource person. The workshop focused on enhancing cooking skills through interactive sessions such as "Chai Pe Charcha," "Tel Ka Khel," and "Random Cooking Patterns." It also highlighted key factors for digestion, referred to as "Panchal" (Water, Fruit, Yesterday's Food, Movement, and Mud). The session demonstrated nutritious recipes, offering insights into common mistakes in daily food consumption and how to correct them for better health and fitness. The event was designed for the benefit of students and provided the right inspiration to cultivate healthy habits.

## Divisional Commissioner urges youth to uphold legacy of Indian Classical Music



JS SODHI

**JALANDHAR:** Jalandhar Divisional Commissioner Pardeep Sabharwal today called upon youngsters to become torchbearers of Indian classical music. Speaking at a musical event organized by Pandit Surinder Kumar Dutta Musical Circle Jalandhar in memory of Bharat Ratna Sitar Maestro Late Pandit Ravi Shankar Ji, Sabharwal emphasized the importance of preserving traditional music.

He lauded the efforts of Pandit Surinder Kumar Dutta and Tilak Raj for holding this event annually to honor their guru, saying it plays a vital role in keeping the flame of classical music alive. Sabharwal further stressed the need to introduce younger generations to the rich cultural heritage of India. He encouraged the organizers to host more events dedicated to Indian classical music and offered his full support for the cause. The event saw renowned artists from across the country paying their musical tribute to the legendary sitarist.

## Jalandhar Commissionerate police busts interstate gun running in long 2-week operation



PARAMJIT SINGH

**JALANDHAR:** In a major operation spanning over two weeks, the Jalandhar Commissionerate Police led by Commissioner of Police Mr Swapan Sharma has busted an interstate cartel involved in trade of weapon.

Divulging the details, the Commissioner of Police said that during two week long operation the Police has nabbed 17 dreaded criminals involved in heinous crimes. These include criminals like Kannu Gujjar, a notorious gangster and close associate of Jaggu Bhagwanpuriya and others. More than 38 criminal cases have been registered against the arrested these criminals who were posing serious danger to the society. The Commissioner of Police said that the Police has recovered a huge cache of drugs and weapons from these hardcore criminals. He said that the recovery includes 18 Weapons, 66 cartridges and 1.1 kg of heroin adding that it was result of concerted efforts of the Commissionerate Police. Mr Swapan Sharma said that the single point agenda is to break the backbone of the criminals and anti-social elements.

## Legal Literacy Program at Guru Nanak Girls College



RAJNI SONI

**YAMUNANAGAR:** On September 21, Guru Nanak Girls College organized a series of activities including a speech competition, PPT presentations, poster making, slogan writing, and poetic recitation under the Legal Literacy Cell. The main topics of focus were the POCSO Act, child marriage, sexual harassment, the Right to Information, cybercrime, and domestic violence, aimed at educating students about these critical issues. The event was conducted under the guidance of College Director Dr. Varinder Gandhi and Principal Dr. Harvinder Kaur. Approximately 55 students participated in the program. Students not only learned preventive measures against cybercrime but also understood the importance of securing their accounts with strong passwords and changing them regularly.

## Ex-Serviceman Welfare Organization successfully holds free medical health check-up camp



DALBIR MALIK

**Kurukshetra:** Today Ex-Serviceman Welfare Organization Kurukshetra successfully organized medical health checkup camp under supervision of Colonel Rajkumar Malik. It was held successfully for soldiers and common citizens at Ved Stock Market Expert SCO 47, Sector-5. Colonel Rajkumar Malik said that the team of doctors of the famous Indan Hospital of Chandigarh provided cardiac checkup and general medical checkup services to 62 people and also conducted ECG, BP, blood sugar and other necessary lab tests. Medicines were also given free of cost to needy people. 62 needy soldiers and other dignitaries of society also participated in free medical checkup camp and took advantage of free medical services. Stock expert Vedprakash Kajal and his staff extended full cooperation in free medical health checkup camp. Team of doctors of Eden Hospital assured officials of Ex-Serviceman Welfare Organization that such free health checkup camps will be organized in future as well.

## Accused held in cheating of Rs 9 lakh

**RAMAN GUPTA**  
**KAITHAL:** While investigating the case of cheating of Rs 9 lakh in the name of sending it to England, the accused Neeraj, resident of Sambhali village of Karnal district, was arrested by the team of ASI Rampal of Economic Offenses Wing.

Police spokesperson said that according to the complaint of Rajindra Singh, resident of village Badsui, his son Hitesh was interested in going abroad.

For this, he did PTE in the academy of Ajay, resident of village Mirzapur, district Kurukshetra. Ajay's friends Neeraj and Ravi had set up their office in Kurukshetra and used to send children abroad. Accused Ajay introduced him to Neeraj, Surendra and Ravi, who told that they would send the boy to England and would also be responsible for getting him work there. Believing the words of the accused, he gave them all the related documents of his son and deposited Rs 9 lakh in Neeraj's account on November 5, 2020.

The deal to send the boy abroad was fixed for Rs 11 lakh. After taking the money, the accused kept refusing to give the visa. When, after a long wait, he asked to send the boy abroad or return the money, the accused started demanding Rs 9 lakh more. The accused said that the nine lakh rupees they had taken earlier would be returned after sending Hitesh abroad.





Marquez admits FC Goa was not at its best in draw against Mohammedan Sporting Club

Kolkata: FC Goa (FCG) head coach Manolo Marquez acknowledged in the post-match press conference that his team was not at its best after they played a draw against Mohammedan Sporting Club (MSC) in the Indian Super League (ISL) in Kolkata. Alexis Gomez opened the scoring for Mohammedan SC with a penalty, putting the home side in a strong position to secure three points at the Kishore Bharati Kirirangan on Saturday. However, Armando Sadiku's late equaliser dashed those hopes, leaving the spoils shared. Both teams earned their first points of the league season, but FC Goa may feel fortunate to have escaped with a draw, as Mohammedan SC created numerous chances and troubled them for much of the game. Reflecting on the performance, Marquez expressed uncertainty about whether his team truly deserved the draw given their lacklustre display. "We are not in a good moment, especially mentally. It's not a problem physically or technically because we know the kind of players that we have.

Australia make it 14 in a row with thumping win over England

Leeds: The ICC Men's Cricket World Cup 2023 champions Australia defeated hosts, England by 68 runs in the second match of the series at Headingley in Leeds on Saturday and continued the winning streak in ODI cricket, making it their 14th successive victory in the format. This is the second-longest winning streak in men's ODI history, with Australia also holding the record for the longest streak (21 games) in 2003. In all ODIs, Australia Women hold the record with 26 back-to-back wins between 2018 and 2021, as per the ICC. Australia's men's team's recent series of wins extends back to the Cricket World Cup in India, when they scripted a remarkable turnaround after losing their first two matches of the tournament. After losses to India and South Africa, Australia were unstoppable in the tournament, winning nine matches on the trot and cruising to their sixth men's Cricket World Cup title. A 3-0 whitewash at home against the West Indies further extended the streak to 12 matches. With wins in the first two ODIs of the ongoing series against England, Australia have made it 14 victories in a row in men's ODIs, surpassing the second-best of 13 held by Sri Lanka in 2023. At Headingley on Saturday, England seemed to be on top after reducing Australia to 89/3, but skipper Mitchell Marsh and Alex Carey smashed vital half-centuries for the team.

Team India shines in Chess Olympiad, wins historic double gold in men's, women's competition

Budapest: India displayed a stupendous performance at the ongoing International Chess Federation (FIDE) Chess Olympiad in Budapest to claim two gold medals in both men's and women's events on Sunday. In the final round of the tournament, India's men team of D Gukesh, R Praggnanandhaa, Arjun Erigaisi, Vidit Gujrathi and Pentala Harikrishna shined over Slovenia to clinch the gold medal. It was the wins from D Gukesh and Arjun Erigaisi which gave India to a 2-0 lead and confirmed the gold medal. Later in the final round, Praggnandhaa also won his game and Vidit ended her bout with a draw. India defeated Slovenia 3.5-0.5 to seal the gold medal. "India wins the 45th FIDE #ChessOlympiad! Congratulations to Gukesh D, Praggnanandhaa R, Arjun Erigaisi, Vidit Gujrathi, Pentala Harikrishna and Srinath Narayanan (Captain)! Gukesh D beats Vladimir Fedoseev, and Arjun Erigaisi prevails against Jan Subelj! India secures at least a tie in their match against Slovenia, and clinches the gold," the International Chess Federation wrote on X.

"Rohit, Virat will have to be guiding light for young batters during Australia tour": Chappell

Mumbai: Former Australian cricketer Ian Chappell has stated that senior batters, skipper Rohit Sharma and Virat Kohli, will need to be the "guiding lights" for younger players during the upcoming Border-Gavaskar Trophy against Australia, to be held away from home in November. The Border-Gavaskar series between India and Australia is set to commence on November 22, with the first Test scheduled at Perth. In his column for ESPNcricinfo, Chappell expressed that while young opener Yashasvi Jaiswal shows great promise, he must prove his mettle with a strong performance in Australia. "Yashasvi Jaiswal appears to be a very talented young batter, but he needs to demonstrate good form in Australia. Both Rohit Sharma and Virat Kohli should act as guiding lights for the younger players on the tour," Chappell wrote. In the 10 Tests he has played so far, Jaiswal has scored 1,084 runs at an average of 67.75, with three centuries and five fifties in 17 innings. His highest score is 214\*.

After drinks, off-



Sangram Singh makes history, becomes first Indian male wrestler to win MMA fight

Tbilisi: International wrestler Sangram Singh made his mark in the Mixed Martial Arts (MMA) world by winning his debut fight at the Garna International Fighting Championship in Tbilisi. Singh won in a mere minute and thirty seconds against Pakistani fighter Ali Raza Nasir, who is seventeen years younger than him. Fit India icon and Commonwealth Heavyweight wrestling champion, Among the eleven competing nations, this incredible accomplishment represents the fastest win ever registered by an Indian fighter in the 93 kg division. Anticipating a smooth transition from wrestling to mixed martial arts, Commonwealth heavyweight wrestling champion Sangram Singh's performance



Chennai Test: Ashwin, Jadeja lead India to 280-run victory over Bangladesh

AGENCY CHENNAI: Indian spinning duo Ravichandran Ashwin and Ravindra Jadeja took India to a comfortable victory of 280 runs over Bangladesh in the first Test at the M.A. Chidambaram Stadium here on Sunday.

Day 4 of the ongoing Chennai Test began with India needing six wickets and Bangladesh needing 357 runs more to win the first match of the two-match series.

For India, Ashwin snapped six wickets in his spell of 21 overs, where he conceded 88 runs. Three wickets were bagged by Jadeja in his spell of 5.1 overs where he conceded 58 runs and bowled two maiden overs. One wicket was taken by Jasprit Bumrah where he conceded just 24 runs and bowled two maiden overs in his 10 overs.

At the time of drinks, Bangladesh were 194/4, with Najmul Hossain Shanto (64\*) and Shakib Al Hasan (25\*) unbeaten on the crease.

After drinks, off-

spinner Ravichandran Ashwin provided the first breakthrough for the hosts as he sent back left-hand batter Shakib Al Hasan back to the pavillion. The southpaw was dismissed after scoring 25 runs.

Following the left-hand batter's departure, the team's wicketkeeper, Litton Das, came out to bat in the middle along with captain Shanto.

Bangladesh touched the 200 run mark in 53.5 overs as Shanto slammed a boundary on the bowling of Ashwin.

In the next over, Das went back to the dressing room on the bowling of Jadeja after scoring just one run when the team score was 205 runs in the 55th over.

From there on, Bangladesh started to falter and got bowled out for just 234 runs in the 62.1 overs the side faced in their second inning.

Shanto played a magnificent innings of 82 runs off 127 balls which was laced with eight boundaries and three maximums.

At the end of day three,

Hopefully I did better": Rishabh Pant after his return to Test Cricket



Chennai: Rishabh Pant, the dynamic Indian wicketkeeper-batter, reflected on his remarkable return to Test cricket after a challenging period of recovery.

Pant expressed his unique sentiments after the match in an interview, saying, "Definitely a lot special, first I love playing in Chennai and secondly after injury I was looking to play all three formats, this was my first match in this format and hopefully I did better. Definitely it was emotional, I was looking to score runs in each and every game."

Pant made his return to Test cricket in the two-match long-format series after

his life-threatening road accident back in 2022-end. Pant's emotional journey back to the field highlighted his deep connection with Test cricket.

"Coming back to Test cricket where I belong the most, being on the field gives me pleasure more than anything else," he shared, emphasizing the joy he derives from the longest format of the game.

Addressing the match situation, Pant revealed his mindset during critical moments.

"I don't know what people say outside, I tried to read the situation in my own way, when you are 30-3 you need to stitch a partnership and that's what I did

with Gill. To do it with a guy who I have a great relationship with is special," he added.

Pant's return and his ability to deliver under pressure underlines his invaluable presence in the Indian Test team.

Indian spinning duo Ravichandran Ashwin and Ravindra Jadeja took India to a comfortable victory of 280 runs over Bangladesh in the first Test at the M.A. Chidambaram Stadium here on Sunday. Day 4 of the ongoing Chennai Test began with India needing six wickets and Bangladesh needing 357 runs more to win the first match of the two-match series.

For India, Ashwin snapped six

wickets in his spell of 21 overs, where he conceded 88 runs. Three wickets were bagged by Jadeja in his spell of 5.1 overs where he conceded 58 runs and bowled two maiden overs. One wicket was taken by Jasprit Bumrah where he conceded just 24 runs and bowled two maiden overs in his 10 overs.

At the time of drinks, Bangladesh were 194/4, with Najmul Hossain Shanto (64\*) and Shakib Al Hasan (25\*) unbeaten on the crease. After drinks, off-spinner Ravichandran Ashwin provided the first breakthrough for the hosts as he sent back left-hand batter Shakib Al Hasan back to the pavillion.

Bangladesh were 158/4, with skipper Najmul Hossain Shanto (51\*) and Shakib Al Hasan (5\*) unbeaten. Bangladesh started the post-Tea session at 56/0 with Shadman Islam (21) and Zakir Hasan (32) unbeaten on the crease.

Jasprit Bumrah struck early for India in the session, removing Zakir for 33 (47 balls). The rest three

wickets were picked by Ravichandran Ashwin as he dismissed Shadman Islam (35), Mominul Haque (13), and Mushfiqur Rahim (13).

The second session of Day three of the Chennai Test resumed with India at 205/3 with Rishabh Pant (82\*) and Shubman Gill (86\*) unbeaten on the crease. India now have a lead of 432

runs. Gill played an unbeaten knock of 119 runs from 176 balls, which was laced with 10 boundaries and four maximums.

Middle-order batter KL Rahul also played a valuable knock of unbeaten 22 runs in 19 balls, which included four boundaries. India declared their innings when the

team score was 287 runs for the loss of four wickets. They set a target of 515 runs for the visitors in order to win the first match of the series.

Brief Score: India: 376 and 287/4 d (Shubman Gill

119\*, Rishabh Pant 109, Nahid Rana 1/21) lead Bangladesh: 149 & 234 all out (Najmul Hossain Shanto 82, Zakir Hasan 32, Ravichandran Ashwin 6/88).

**Citizens Bank**

**THE CITIZENS URBAN CO-OP. BANK LTD.**  
KIRTI NAGAR,LADOWALI ROAD,JALANDHAR CITY. PHONE-01812244555

**PUBLIC AUCTIONS/SALE NOTICE**  
Date and Time: 02 Inspection Of Property: 12PM To 4PM Working Days  
02 Govt. Quets If Any: Not Known.


Whereas the undersigned being the Authorized Officer of The Citizens Urban Coop. Bank Ltd., Besides exercising other rights of the Bank available under the law, the bank is intending to exercise any or all of the powers provided under section 13(2) of the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest, Act 2002. Hereinafter referred to as the Act issued a demand notice for recovery of sums from the borrower(s)/guarantor(s)/mortgagor (herein referred as borrower) in per details given below against each borrower. Under SARFAESI ACT 2002 read with rules 8 and 9 of security interest (Enforcement) Rule 2002 Pursuant to the possession taken of the mortgage property(ies) secured assets, detail given below. Whereas the sale of secured assets is to be made through Public Auction for the recovery of secured debts due to THE CITIZENS URBAN CO-OP. BANK LTD. From the borrowers as per Demand Notice to future interest, cost and charges incurred by the bank thereon, less recovery if any, thereafter. The general public is invited to bid either through personally or by duly authorized person. Bank will be free to bid for eligible properties.

**SCHEDULE OF SALE OF THE SECURED ASSETS**

PROPERTY	SCHEDULE OF MORTGAGED	PROPERTIES IN LOAN A/C NO-TL-3898						
Sr. No.	Name of Borrower/Guarantor	Date of Demand Notice	Description of Property alongwith Name of Mortgagor's	Reserve Price	Earnest Money Deposit	Last Date to Deposit Earnest money	Date & Time of Auction	Increment at Bid Amount
I.	1.Mrs Chand Ran W/o Sh. Anril Lal E.I. 221, Chahar Bagh, Jalandhar, 2. Deepak Kumar S/o Sh. Anril Lal E.I. 221, Chahar Bagh, Jalandhar.	20/12/2023	<b>SCHEDULE OF MORTGAGED PROPERTIES IN LOAN A/C NO-TL-3898</b> 1. All That Part and Parcel of property measuring 05 Marla is shares of 30 Marla owned by Smt Chand Ran W/o Sh. Anril Lal E.I. 221, Chahar Bagh, Jalandhar. 2. All That Part and Parcel of property measuring 05 Marla is shares of 30 Marla owned by Sh. Anril Lal S/O Sh. Sant Ram situated at chahar Bagh vide document no 53384 dated 04/01/1991 3. Sant Ram S/O Sh. Sanjay 684 J P Nagar, Jalandhar. 4. All That Part and Parcel of property measuring 05 Marla is shares of 30 Marla owned by Sh. Anril Lal S/O Sh. Sant Ram situated at chahar Bagh vide document no 7457 dated 17/02/1989	Rs.235,000/- 000-00	21,50,000/- 00-00	25/12/2024 Before Start Of Auction	25/12/2024 At 12 PM at The Citizens Urban Co Op Bank Ltd. S56-NEW JAWAHAR NAGAR, JALANDHAR CITY.	Rs. 50,000/-

**BRIEF TERMS & CONDITIONS OF AUCTION**  
The sale shall be subject to the terms & conditions prescribed in the Security Interest (Enforcement) rules 2002 and to the following conditions :  
I. The properties are being sold on "AS IS WHERE IS BASIS" and "AS IS WHAT IS BASIS" and whatever there is.  
II. The particulars of Secured Assets Specified in the Schedule herinafow have been stated to the best of the information of the Authorised Officer, but the Authorised Officer shall not be answerable for any error, misstatement or omission in this proclamation. Age 18 years and above KYC documents as per bank norms  
III. The secured asset will not be sold below the reserve price.  
IV. The amount so deposited as earnest money will not carry any interest.  
V. Offer without Earnest Money and below Reserve Price will be rejected.  
VI. The successful Bidder will immediately be required to deposit 25% of the sale price by way of cash/pay order after adjusting the earnest money paid. Upon failure of the highest bidder to deposit immediately 25% of the sale price the property will be re-auctioned and sold to the next highest bidder or cancelled and the earnest money of the previous highest bidder shall be forfeited.  
VII. The balance amount (75%) of the sale price to be paid within 15 days of the date of auction or such extended period as permitted upon in writing by the Authorised Officer. In case of failure of deposit of the balance amount within the prescribed period, the amount earlier deposited shall be forfeited  
VIII. Sale shall be confirmed in favour of highest bidder subject to the confirmation of the same by secured creditor.  
IX. All the charges include registration, stamp duty/ taxes etc. shall be exclusively borne by the successful bidder.  
X. The secured creditor does not in any way warrant the fitness, quality or suitability of the properties being sold.  
XI. The Authorised Officer reserve the right to accept or reject any bid or postpone or cancel the auction without any reason and also to modify the terms and conditions of the sale without any prior notice.  
STATUTORY SALE NOTICE UNDER RULE(8) OF THE SARFAESI ACT 2002  
The Borrower/Guarantors are hereby notified to pay the sum as mentioned above along with upto date interest and ancillary expenses before the date of auction failing which the property will be auctioned/sold and balance dues, if any, will be recovered with interest and cost.

Date: 20/09/2024  
PLACE: Jalandhar  
Sd/ Authorised Officer

 <b>DIRECTORATE OF PUNJAB STATE LOTTERIES</b>										DRAW DATE:22/09/2024																			
DRAW TIME: 06:00 PM ONWARDS																													
RESULT OF PUNJAB STATE DEAR 10 IRON SUNDAY WEEKLY LOTTERY																													
MRP Rs 10/- Per Ticket																													
1st Prize Amount (10)Rs.10,000/-,Common to all series (On last 4 digits )																													
(Seller Prize Amount Rs.500/-, Total Prize Amount Rs.10500/- each)																													
8145																													
2nd Prize Amount (10)Rs.2000/-, Common to all series (On last 4 digits )																													
(Seller Prize Amount Rs.200/-, Total Prize Amount Rs.2200/- each)																													
4952																													
3rd Prize Amount (100)Rs.500/-, Common to all series (On last 4 digits )																													
(Seller Prize Amount Rs.50/-, Total Prize Amount Rs.550/- each)																													
0214	0843	1932	3182	3454	5793	6075	8018	9356	9737																				
4th Prize Amount (100)Rs.200/-, Common to all series (On last 4 digits )																													
(Seller Prize Amount Rs.20/-, Total Prize Amount Rs.220/- each)																													
1360	1433	1555	2069	6187	6250	6554	7075	8749	9589																				
5th Prize Amount (2000)Rs.100/-, Common to all series (On last 4 digits )																													
(Seller Prize Amount Rs.10/-, Total Prize Amount Rs.110/- each)																													
0090	0126	0195	0225	0229	0250	0279	0394	0418	0477																				
0562	0585	0620	0734	0888	0889	1032	1078	1094	1153																				
1230	1273	1314	1396	1398	1520	1699	1714	1785	1815																				
1834	1874	1884	1921	2014	2039	2146	2391	2433	2454																				
2464	2505	2511	2669	2670	2689	2840	2885	3024	3053																				
3138	3148	3152	3168	3179	3202	3262	3274	3276	3278																				
3288	3350	3416	3438	3442	3584	3683	3694	3696	3729																				
3731	3806	3850	3920	3955	4082	4215	4297	4330	4459																				
4466	4491	4500	4702	4761	4820	4915	4955	5058	5107																				
5187	5207	5217	5225	5226	5310	5341	5357	5399	5427																				
5476	5507	5514	5580	5629	5689	5722	5768	5780	5797																				
5817	5848	5864	5865	5935	5966	5969	6000	6030	6054																				
6108	6121	6168	6220	6261	6288	6293	6319	6596	6620																				
6632	6669	6727	6739	6805	6806	6811	6872	6906	6961																				
6972	7007	7108	7125	7132	7167	7188	7218	7219	7299																				
7354	7371	7412	7425	7456	7579	7581	7591	7665	7668																				
7753	7768	7786	7906	7923	7929	7962	8025	8027	8028																				
8185	8245	8315	8394	8526	8640	8672	8686	8861	8873																				
8882	9055	9081	9084	9108	9122	9165	9173	9259	9304																				
9362	9480	9572	9640	9663	9671	9684	9862	9934	9939																				
Issued by Directorate of PUNJAB STATE LOTTERIES																													
Kindly Check The Final Result With Official Gazette Notification																													

RO NO PR-Advt. No :- 26/11/1502023/37760

RO No PR-Adv. No :- 26/11/150/2023/37760







www.yugmarg.com

REGD NO. CHD/0061/2006-08 | RNI NO.

# YUGMARG

■ PUNJAB ■ HARYANA ■ HIMACHAL ■ CHANDIGARH ■ DELHI ■ J&K

Leading English Newspaper Of North India

**FOLLOW US ON OUR**



like us in facebook  
**@yugmarg.news**

**CLICK HERE** 



**CLICK HERE** 

follow us in Instagram  
**@yugmarg**



Subscribe us in youtube  
**@yugmargtv**

**CLICK HERE** 



**CLICK HERE** 

follow us in Linked  
**@yugmarg**



follow us in twitter  
**@yugmarg**

**CLICK HERE** 



**CLICK HERE** 

follow us in telegram  
**@yugmarg**

**FOR ADVERTISEMENT AT  
NEWSPAPER & WEB CHANNEL  
CONTACT: 0172-5002721, 97801-84869**