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CHANDIGARH

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Dense fog continues to blanket parts of North



AGENCY
NEW DELHI, JAN 5

Dense fog continues to blanket most parts of North India as the region battles cold conditions.

In Uttar Pradesh, people woke up to a chilly morning as a dense layer of fog blanketed cities, towns and villages.

The minimum temperature recorded in Kanpur was 9 degrees Celsius, according to the India Meteorological Department (IMD).

Visuals showed people layered in woollen clothes sitting near bonfires to keep themselves warm.

Sanjay Kumar Rathore, a local said that he was unable to work properly in the harsh weather.

"It is very cold.. it is getting very difficult for us. We are not able to work as well.. we are poor and we don't have any option except to work in this harsh weather," Rathore said speaking to ANI. Ayodhya also saw a thick layer of fog and the minimum

temperature recorded was 12.6 degrees Celsius, as per IMD.

The low visibility due to the fog reduced the visibility in the city to 50 metres and has also disrupted the traffic.

Meanwhile, in Prayagraj, the temperature dropped down to 11 degrees Celsius as per IMD.

A local said that there was barely any visibility in the city. "It has gotten very cold right now. There has been a lot of fog right now and there is barely any visibility,".

Over 160 flights impacted, train ops hit

NEW DELHI: A blanket of fog continued to cover parts of the Delhi-National Capital Region (NCR) this morning, reducing visibility and affecting flight and train operations for the third straight day. Over 160 flight operations at the Indira Gandhi International Airport (IGIA) were hit, with more than 155 delays reported for aircraft not equipped with advanced CAT III navigation systems. At least eight flights have been cancelled so far, officials said. The Delhi International Airport Limited (DIAL), in an update issued around 7 am, reassured travellers that landings and takeoffs were ongoing, but cautioned that non-CAT III-compliant flights might face delays.

4 dead In multi-vehicle collision in Haryana

CHANDIGARH: A multi-vehicle collision on the Hissar-Chandigarh National Highway resulted in the death of four people who came to rescue them in Haryana this morning. The accident took place early morning when a car crashed into a divider on the highway due to reduced visibility because of fog. A car coming from behind crashed into the vehicle at the Surewala Chowk in Uklana. People rushed to rescue the injured and were standing in the middle of the road when a truck ran over them and four people died.

Four killed in Kishtwar road accident

NEW DELHI: Four passengers died in a road accident in Paddar, Kishtwar district, Jammu and Kashmir, on Sunday. Two other people, including the driver, have been reported missing. Rescue operations were launched immediately upon receiving the information. Union Minister Jitendra Singh took to social media X and said that he was in touch with the Kishtwar District Commissioner Rajesh Kumar Shavan and was receiving updates about the accident.

PM Modi inaugurates first section of Delhi Metro's Phase IV



AGENCY
NEW DELHI, JAN 5

Prime Minister Narendra Modi on Sunday inaugurated the Janakpuri West-Krishna Park Extension section of the Delhi Metro's Phase IV and laid the foundation stone of the Rithala-Narela-Kundli corridor. The Janakpuri West-Krishna Park Extension section is the first stretch of the Delhi Metro's Phase IV to be inaugurated.

Passenger services on the section will commence from 3 pm. With the addition of Krishna Park Extension station, the Delhi Metro network now comprises 289 stations spanning 394.448 km. This new section is an extension of the already

operational Botanical Garden-Janakpuri West on the Magenta Line. With the addition of this section, the Magenta Line now covers a distance of approximately 40 km. The Magenta Line will be further extended from Krishna Park Extension to R K Ashram Marg in phases by 2026. Modi also laid the foundation stone of the 26.5-km Rithala-Kundli corridor of the Delhi Metro. The corridor will have 21 stations which will benefit people living in Rohini, Bawana and Kundli areas. It will enhance connectivity between Delhi, Haryana and Uttar Pradesh, improving access to residential, commercial and industrial zones.

Coast Guard chopper crashes in Porbandar, 3 dead



AGENCY
NEW DELHI, JAN 5

An Advanced Light Helicopter (ALH) of the Indian Coast Guard crashed in Gujarat's Porbandar, killing three people, sources told NDTV. Three crew members onboard the chopper died in the crash after it was up in flames.

The ALH Dhruv, which is operated by the armed forces, crashed in an open field and was up in flames, visuals showed. The reason behind the crash is still not known and an inquiry has been launched. The Dhruv chopper was on a routine sortie when it crashed. The crash took place at the Air Enclave of the Indian Coast Guard and a few people were also injured in the crash. They are being treated at the civil hospital, sources said.

The Indian Coast Guard is a maritime law enforcement and search and rescue agency, with jurisdiction in India's territorial waters. The identity of the victims is unknown and more details are awaited.

Delhi LG approves relaxation in recruitment criteria for 1984 anti-sikh riot victims

AGENCY
NEW DELHI, JAN 5

Delhi Lieutenant Governor Vinai Kumar Saxena has approved full relaxation in required educational qualification and age relaxation upto 55 years for 88 applications for employment from victims of the 1984 anti-sikh riots, officials said on Sunday. According to a release from the Delhi LG office, this relaxation has been approved for their appointment in Government Service to the post of Multi-Tasking Staff (MTS). Repeated representations had been made by the Delhi Sikh Gurdwara Management Committee, public representatives and groups of victims, who had met LG recently, in this regard.

The Delhi LG had earlier granted a full relaxation in educational qualification requirements to 50 applicants, and obtaining an age relaxation for 22 other applicants. A total of 72 applicants were appointed after a special drive by the Revenue Department in 2006. "A rehabilitation package, including provision of jobs was sanctioned by MHA, GoI on Jan 16, 2006, for victims of anti-Sikh riots. The revenue department in a subsequent special drive got 72 applicants out of appointment was given to 22 applicants by obtaining age relaxation from then LG," read the note.





Takht Sri Patna Sahib
(Birth place of Sri Guru Gobind Singh Ji)

Punjab Government
led by
Chief Minister
Bhagwant Singh Mann
greet one and all
on the

358th Prakash Purb
of
Dasmesh Pita
SRI GURU GOBIND SINGH JI
A divine messenger and a warrior
who initiated the Khalsa Panth



Join Chief Minister
Bhagwant Singh Mann's
official WhatsApp channel

Department of Information and Public Relations, Punjab

Bhagwant Singh Mann
Chief Minister, Punjab



lower from the peak.

The reserves have been declining likely due to RBI intervention, aimed at aggressively preventing a sharp depreciation of the Rupee. The latest RBI data showed that India's foreign currency assets (FCA), the largest component of forex reserves, stood at USD 551.921 billion. Gold reserves currently amount to USD 66.268 billion, according to RBI data.

Estimates suggest that India's foreign exchange reserves are sufficient to cover approximately one year or nearabout of projected imports. In 2023, India added around USD 58 billion to its foreign exchange reserves, contrasting with a cumulative decline of USD 71 billion in 2022. In 2024, the reserves rose by a little over USD 20 billion. Without the latest decline, the reserves would have been much higher. Foreign exchange reserves, or FX reserves, are assets held by a nation's central bank or monetary authority, primarily in reserve currencies such as the US Dollar, with smaller portions in the Euro.

India's forex reserves continue to fall, kitty now stands 10% below peak

AGENCY
NEW DELHI, JAN 5

India's foreign exchange reserves continue to decline, extending downhill journey for three months now. In the week that ended December 27, the country's foreign exchange kitty declined by USD 4.112 billion to USD 640.279 billion, data from the Reserve Bank of India (RBI) showed. India's forex reserves have slumped twelve out of the past 13 weeks, hitting a fresh multi-month low. The reserves had been falling ever since it touched an all-time high of USD 704.89 billion in September. Effectively, they are now about 10 per cent

NEWS BRIEF

Vi strengthens its annual recharge portfolio with SuperHero

GURUGRAM / HISAR : Leading Telecom operator Vi recently launched an industry first proposition “SuperHero” that offers unlimited access to data between 12 AM to 12 PM, designed keeping in mind the ever-increasing need for more high-speed data. To further sweeten the deal for customers looking for yearly packs or value for money offers, Vi has three Best in Value Annual Recharge options which not only deliver upto 25% savings compared to monthly plans, but also cater to the entertainment & uninterrupted mobile data requirements throughout the year.

Vi’s Annual Recharge plans offer Half day Unlimited Data from 12 AM to 12 PM in addition to 2GB daily data quota for the remaining 12 hours of the day. Not just that, Vi SuperHero packs also offer Weekend Data Rollover, which allows users to carry forward unused weekday data and use it during the weekend. Add to it, these plans also offer emergency data top-up with the Data Delight feature, which provides an unconditional additional 1GB data, twice a month. With all this, Vi’s Annual Super Hero packs are designed to deliver unmatched value. In addition to these benefits, users can also enjoy OTT subscriptions like Disney+ Hotstar & Amazon Prime Life for a full year.

RAJIV JAIN
CHANDIGARH: PEDA, Punjab Energy Development Agency (PEDA) organised a one-day awareness training for representatives of government departments and other institutions hailing from municipal corporations, administration, real estate sectors and entrepreneurs at their office premises in Sector 33. Organisers made them aware of various aspects of energy conservation and efficiency. While presiding over the program, PEDA Manager Money Khanna said that PEDA is doing its best possible efforts towards the solar revolution across the state. Through such platforms,

PEDA organised training on energy conservation for the benefiting Govt departments



PEDA tries to empower the employees of Govt and non-Govt organisations so that they can also bring energy efficiency measures in their functioning and can

save their revenue by curbing electricity consumption. Present on the occasion, former Joint Director, PEDA and Chairman, ASHRAE

Chandigarh, Balkar Singh emphasized that due to population pressure, urbanization, industrialization and inadequate infrastructure,

we all have to move towards solar and alternative energy resources. This will prove helpful in the progress of the country and in curbing climate change. Another energy expert, PS Saini, former Superintending Hospital Engineering, PGI, Chandigarh, while citing the example of PGI said that green building with the latest technology is proving to be economical in energy conservation.

The organizers expressed hope that the beneficiaries participating in the session will continue to spread these electricity saving tips further, which will also bring economic benefits to the city, state and country. In the same series, PEDA will continue to organize such programs in other cities of the state.

Vice-President launches 50th Mobile Medical Clinic by Aster Volunteers, expanding reach in North India



NEW DELHI : Aster Volunteers, the global CSR (Corporate Social Responsibility) arm of Aster DM Healthcare, launched two 10-Tenanced Mobile Medical Clinics with Tele-Medicine Services to provide free medical care to underserved populations in Srinagar, Jammu & Kashmir, and Kalaburagi in Karnataka, which will take the total number of Mobile Clinics by Aster Volunteers to 50. The units were flagged off by the Hon'ble Vice President of India, Shri Jagdeep Dhankhar, in the presence of Ms. Alisha Moopen, Managing Director and Group CEO of Aster DM Healthcare, Mr. Anoop Moopen, Director of Aster DM Healthcare Ltd and Mr TJ Wilson, Executive Director & Group Head –

Corporate Governance, Aster DM Healthcare Ltd. Prabal Pratap Singh Tomar, Vice President of the Indian Lawn Tennis Association & Delhi President of Mixed Martial Arts, who has agreed to volunteer, will extend his support to further help this initiative reach the rural areas across the country. The launch is an important step in an ongoing initiative by Aster Volunteers, aimed at improving access to medical care for marginalized communities across the North India region and beyond. On this momentous occasion, Hon'ble Vice-President, Shri Jagdeep Dhankhar said, “The launch of these Mobile Medical Clinics is a notable initiative towards enhancing healthcare access for underserved populations.

Classified

PUBLIC NOTICE

In my army pension documents, my mother's name is GURMEET KAUR and date of birth is 03.07.1966 which is wrong, whereas my mother's correct name is GURMIT KAUR and date of birth is 12.11.1968. This should be considered in future. Tejinder Singh son of Shri Iqbal Singh resident of Roni Ludhiana Punjab Pin Code- 141415

846213

I, SUKHBIR KAUR SANDHU D/O JARNAIL SINGH W/O EX MALWINDER SINGH SANDHU R/O VPO DAULO NANGAL, TEHSIL BABA BAKALA SAHIB, DISTT AMRITSAR- declare that I got divorce my husband MALWINDER SINGH vide Court decree Case No. HMA-166/2023 and change name to SUKHBIR KAUR

72737

I, Jaykishore Chourasiya is Father of Army No.14440860A, Rank: Hav. Name Suneel Chaurasiya and Resident of (Address) Vill. Yadav Nagar, Po/Tehsil/Distt. Bhind, State - Madhya Pradesh 477001, Hereby declare That I have Changed My Name from Jaykishore Chourasiya to Jaykishor and Also Changed My DOB from 01-07-1956 to 01-01-1961 due to Wrongly entered in the Service Record of My Son ,Vide Affidavit Attested by Notary Public (GOVT. OF INDIA) Kindly Correct it

63372

I, Rajkumari is Mother Of Army No. 14440860A, Rank: Hav. Name: Suneel Chaurasiya and Resident of (Address) Vill. Yadav Nagar, Po./Tehsil/Distt. Bhind, State Madhya Pradesh-477001, Hereby declare That I have Changed My DOB from 01/07/1961 to 01/01/1962 due to Wrongly entered in the Service Record of My Son, Vide Affidavit Attested by Notary Public (GOVT.OF INDIA) Kindly Correct it

63372

I No.3009248N Hav Saumitra Kumar Singh of (unit) 21 Rajput, Mamun Cantt permanent resident of v.p.o. Avajapur, Chandauli, Uttar Pradesh-232108, Hereby declare that I have changed my name from Saumitra Singh to Saumitra Kumar Singh due to wrongly entered in the school Record of my son who's name is Manas Singh studying in 4th (B) at Army public school Mamun Cantt. Pathankot. Both names pertain to one and the same person. Vide Affidavit Attested by Notary Public (GOVT OF INDIA) Kindly Correct it

63372

I, Jarnail Singh s/o Jai Singh r/o Village Khanpur, Tehsil Indri, Distt. Karnal inform that my son Manish & his wife Manpreet are out of my control. Therefore, I disown them from my movable and immovable properties. My family will not be responsible for their good or bad deeds and transactions in future.

52724

PUBLIC NOTICE

I, Sunita Rathore W/o Late Sh. Jaideep Singh R/o 1049, Sector 29-B, Chandigarh solemnly affirm and declare that my unmarried daughter Vaishnavi Singh Rathore is out of my control. That I Disown her from my all immovable and movable properties. Anyone deals at his own risk.

63372

I, Manju Bala W/o Satish Kumar S/o Mangat Ram R/o Ekta Nagar, Street No. 1, Malout, District Sri Muktsar Sahib, do hereby solemnly affirm and declare that my husband Satish Kumar is out of my control. He is addicted to drugs and gambling. Therefore, I hereby disinherit above said Satish Kumar from my movable and immovable property. If any person will deals with above said Satish Kumar, he will be himself responsible, I will not have any concern/relation with that.

63372

I Army No JC-709236H Rank Nb/SUB name Subrata Sinha Permanent Resident of Vill Ikrah PS Jamuria M Toposi, Distt Barddhaman State West Bengal 713362 Declare that I Have changed my father Name from Chandramoy Sinha to Chandra Moy Singh and his DOB from 11.03.1950 To 04.02.1950. Due to wrongly entered in my service Record. Pertains to one and the same Person. Vide affidavit NO IN-PB 78861208583910W Dated 12 NOV 2024 and Affidavit NO IN-PB 78860205137411W Dated 12 Nov 2024 attested by notary public (GOVT OF INDIA) kindly correct it.

63372

I Army No JC-709236H Rank Nb/SUB name Subrata Sinha Permanent Resident of Vill Balanpur, PS Jamuria M, Distt Barddhaman, State West Bengal-713362 Declare that I have changed my Mother name from Meera Sinha to Mira Singha and her DOB From 21-08-1959 to 01-01-1961 as per Aadhar Card. Due to wrongly entered in my Service Record. Pertains to one and the Same Person. Vide Affidavit NO IN - PB78857906537554W Dated 12 Nov 2024, and Affidavit NO IN-PB 78859017636044W Dated 12 Nov 2024 Attested By Notary Public (GOVT OF INDIA) Kindly Correct it.

63372

I, Gurwinder Kaur W/o Baljit Singh R/o VPO Kishanpura kalan Tehsil Dharamkot Distt Moga declare that In my daughter Pravjot Kaur 10th class certificate her father name entered wrongly Baljit Singh But her father correct name is Baljit Singh Maan. So amended her father's name Baljit Singh to Baljit Singh Maan in my daughter 10th class certificate.

63372

I, Manjit Singh son of GURMEJ SINGH resident of Patti Mansoor Di, Sultanwind Pind, Tehsil & Dist - Amritsar, Punjab – 143001 has changed the name of my wife from SARABJIT KAUR to SARBJEET KAUR in Army Records vide Affidavit at Amritsar on 04/01/2025

72737

I, Gurdip Singh son of Bishan Singh resident of VPO - Bagga, Tehsil - Baba Bakala, Dist - Amritsar, Punjab - 143119 has changed the name of my wife from KAWALJIT KOUR to KAWALJEET KAUR in Army Records vide Affidavit at Amritsar on 04/01/2025.

72737

I, Gurdip Singh son of Bishan Singh resident of VPO - Bagga, Tehsil - Baba Bakala, Dist - Amritsar, Punjab - 143119 has changed the name of my mother from SUWINDER KAUR to SAVINDER KAUR in Army Records vide Affidavit at Amritsar on 04/01/2025.

72737

I, Jatinder Pal Singh S/o Balwinder Singh R/o MIG Flat 2047-A, Sector 66, Mohali, Sas Nagar Have Changed My Name To Jatinder Pal (Singh) As A Surname

666554

I Sandeep Kaur W/o Jatinder Pal Singh R/o MIG Flat 2047-A, Sector 66, Mohali, Sas Nagar Have Changed My Name To Sandeep (Kaur) As A Surname

666554

I Harsimarpreet Singh S/o Sukhpal Singh R/o Village Charhheri, Tehsil Chamkaur Sahib, Dis Ropar Have Changed My Name To Harsimarpreet (Singh) As A Surname,

666554

I, Paramjit Kaur D/o Surinder Singh W/o Sukhbir Singh Kalsi R/o House Number 226, Ward No. 09, Nanak Nagri Moga have changed my name to Paramjit Kaur Kalsi

90007

I, Yamin son of late. Mohd. Safi R/O H.No 449, Mashad Mohalla, Sonipat and I declare on oath that my father has made an unregistered will in my favor. My father late. Mother. Safi died on 14/6/1997-3- Other legal heirs have no objection to this. I want to transfer this property in my name get registered.

100046

I Mohit kumar S/o Sh. Dharminder kumar R/o Pal Bhawan, H. No. 814, Vishwakarma Mohalla, Yamanunagar Tehsil Jagadhri, Distt Yamanunagar . that our Passport No 74948685 and other Documents has been lost near Dimple Cinema, Jagadhri Road Yamanunagar. An FIR no logged 132400502500039. At Yamanunagar police station. If anybody found it please contact at above mentioned address.

100060

I, Vijay Chopra S/o Om Parkash R/o Bombay Nagar, Jalandhar, Punjab declare that three documents of my property Sale Deed No. 3, Dated 02-03-1983, Sale Deed No. 2555, Dated 16-07-1986 & General Power of Attorney No. 4, Dated 22-05-1983 have been lost somewhere. If anyone found this or has any objection, they should contact Sh. Vikas Sood Advocate (Mobile No. 98140-94356) & Sammaan Capital Ltd. Phone - 0181-5070124 at Contact within 7 Days.

524473

I Gurpreet Singh s/o Paramjit Singh R/o Village chaudhriwala VPO Naushera pannuan Tarn Taran declares that Gurpreet is my given name and Singh is my surname.

72737

I, Guneet Singh Baweja S/o Supinder Singh R/o. H.no. 14, Imperial City, loharka Road Amritsar have change my name to guneet singh.

72737

I, Monika Dhawan s/o Rajesh Dhawan R/o H.no. 284 Tungbala Abadi Greenfield Amritsar Punjab have change my name to New Monica Dhawan

72737

I Seema Devi W/o Nitin Chowdhary H.no. 73, Globe Colony, Near Gujja Peer, Industrial Area, Jalandhar -144004, have changed my name from Seema Devi to Seema Chowdhary .All concerned noted.

900026

I Jatinder Pal Singh S/o Balwinder Singh R/o MIG Flat 2047-A, Sector 66, Mohali, Sas Nagar Have Changed My Name To Jatinder Pal (Singh) As A Surname

666554

I Sandeep Kaur W/o Jatinder Pal Singh R/o MIG Flat 2047-A, Sector 66, Mohali, Sas Nagar Have Changed My Name To Sandeep (Kaur) As A Surname

666554

I Ravinder Singh S/o KASIM SINGH R/O VILL MIRKA CHAHANA, PO WADALA BANGER TEH BATALA, Distt Gurdaspur Punjab I have Changed my Name from RAVINDER SINGH to SINGH RAVINDER MY Given Name is "RAVINDER and Surname" SINGH" please note all concern

72737

I MANJOBANDEEP SINGH S/O SATNAM SINGH R/O VPO SHAHZADA KALAN TEH DERA BABA NANAK Distt Gurdaspur Punjab I Have Changed my Name from MANJOBANDEEP SINGH to SINGH MANJOBANDEEP My Given Nameis "MANJOBANDEEP and Surname is "SINGH" please note all concern

72737

I RAJIVIR KAUR W/O CHARANJIT SINGH , R/O VILL PATTI RAM DIWALI, PO SINGHPURA, TEH DERA BABA NANAK Distt Gurdaspur Punjab have Changed my name from RAJIVIR KAUR to RAJBIR KAUR. please note all concern

72737

I, Lalit S/O Sh. Buta Ram resident of Mohalla Thathi, VPO Alawalpur, Tehsil Adampur, District Jalandhar have changed my name from Lalit to Lalit Kumar . Kumar as a surname. Please note.

461257

I, Parmali Devi W/o Lt. Ami Lal S/o Lete Sh. Surju Ram R/o village Mirzapur, tehsil Thanesar, district Kurukshetra, declare that both Parmali Devi and Pali Devi names belong to me i.e. the same woman. In future, I should be known and recognized by the same woman by both names.

100070

I, Prajкта Sanjay Karpe spouse of No 15423183N HAV Karpe Sanjay Madhukar of Unit 48 FHO C/o 56 APO permanent residing at VPO Daranasangavi, Darna Sangvi Nashik, Maharashtra, Pin code- 422003 have changed my name from Prajakta to Prajкта Sanjay Karpe Vide Affidavit Dated 04-01-2025 before Notary Public Bathinda

100078

I, NISCHAL SHARMA S/O SH. RAJ KUMAR SHARMA, R/O Durga Colony behind Durga Mandir, Hansi, Hisar, Haryana, (125033) i hereby changed the name of my minor son ANJANEYA aged 3 years and he shall hereafter be known as VAYASK VASISTHA.

40008

I Sham Lal S/O Late Sh. Bihari Lal Gandhi R/O Gandhi Niwas, College Road, Opp. Petrol Pump, Abohar (PB) do hereby solemnly affirm and declare that from today I have changed my name from Sham Lal to Sham Gandhi from today.

400015

I, Santro Devi wife of Chand Ram, resident of Ward No.6, Safidon, Tehsil Safidon, Distt. Jind have changed my name from Santra to Santro Devi.

98732

I RAVINDER SINGH S/O KASIM SINGH R/O VILL MIRKA CHAHANA, PO WADALA BANGER TEH BATALA, Distt Gurdaspur Punjab I have Changed my Name from RAVINDER SINGH to SINGH RAVINDER MY Given Name is "RAVINDER and Surname" SINGH" please note all concern

72737

I, Manjinder Kaur Panjeta, wife of Mr. Jasvinder Panjeta, resident of village Bakali, Tehsil Ladwa, District Kurukshetra. I have changed my name from Maninder Kaur Panjeta to Kulveer Kaur of my own free will.

989666

I, hitherto known as MOHIT 5372 HOSHIYAR SIGH R/o 141, Ward No 12, Ladwa (Rural)(Part)(76), Kurukshetra, Haryana-136132, have changed my name MOHIT KHAKAT.

989666

I, Jeet Singh S/o Karnail Singh R/o Vill: Malekan (Sirs) Haryana-125055 have known by both names Jeet Singh and Ranjit Singh one and the same person.

63372

I, Kuldeep Kumar S/o Vijay Kumar R/o Cheema, Tehsil Sunam (Sangrur) have changed my minor daughter's name from Kashmeen to Kashmeen Singla.

63372

I, Dheeraj Shrivastava S/o Jai Parkash Shrivastva R/o H.No. 220-37 W.No. 4 Durga Colony Phase-2 Paonta Sahib Sirmour, HP- 173025 have changed my name to Dheeraj Shrivastva.

63372

I, Arun Kumar S/O Rameeshwar Dass R/O house no 02, Street no 04, Goyal Market Kabari Bazar Ferozepur Cantt have changed my name from ARUN KUMAR to ARUN GOYAL Concerned Note.

900011

I, Sukhwinder Singh S/o Santokh Singh R/o Village Budho Punder. P.O. Ibban, Tehsil & District Kapurthala, declare that in my Passport No. S8254217 my name is mentioned as Sukhwinder Singh. That now I want to change my name Singh as Surname and Sukhwinder as given name. Please note.

98748

I, Priyanka spouse of No. 6947373A Hav Nagappa Patil presently residing at Post Kasba Nandgad, Tal. Khanapur, District Belagavi, Karnataka-591120 have changed my name from Priyanka to Priyanka Patil Vide Affidavit No. IN-PB94567868328692X.

524473

I, K. Bharathi Spouse of No. 6945894P Rank - Hav , Name - Kaliseti Someswara Rao R/o Post & Vill. PM. Puram Via Pundi (RS) District Srikakulam State (A.P) Pin-532218 have changed my name from K. Bharathi to Kaliseti Bharathi Vide Affidavit Dated 03-01-2025 Before Notary Public.

524473

I Mohinder Kaur W/o Amarjeet Singh R/O Lehra gaga District Sangrur (Punjab) I have changed my name from Mohinder Kaur to Mahinder Kaur.

63372

I, Komal Rouilly W/o Raman Kumar R/o 1015/CDA St.No. 2 Geeta Colony Jagraon (Ludhiana) have changed my name to Komal.

63372

I, Amritpal Singh Mann R/o Gurdeep Singh R/o Vpo Khetla Distt Sangrur I have changed my minor daughter name Japneet Kaur to Japneet kaur Mann.

63372

I, Avtar Simngh S/o Kulwant Singh R/o 225, Lahor Road, Ward No.12, Patti District Tarn Taran have changed my name from Avtar Simngh to Avtar Singh.

63372

I, Jeet Singh S/o Karnail Singh R/o Vill: Malekan (Sirs) Haryana-125055 have known by both names Jeet Singh and Ranjit Singh one and the same person.

63372

I, Kuldeep Kumar Singla S/o Vijay Kumar R/o Cheema, Tehsil Sunam (Sangrur) have changed my name from Rachna Arora to Rachna.

50008

I, Siddharth S/o Munna Lal, Jogi nagar ,ward number 42, gali number 5/8, Bathinda have changed my name Siddharth to Siddharth Kashyap

50008

I, Kulwinder Lal S/o Nanak Ram R/o Vill: Garha Phillaur (Jalandhar) have changed my name to Kulwinder Lagah.

63372

I, Lovejit S/o Jaswinder Pal R/o Vill: Saifabad Po. Tehang Teh-Phillaur (Jalandhar) have changed my name to Lovejit Kumar.

63372

I, Rajni Bala W/o Ravinder Kumar R/o Laksian, Malsian, Jalandhar, Punjab have changed my name from Rajni Balato Sangeeta Rani.

63372

I, Amarjit Kaur W/o Amrit Bindu R/O W.No. 6, Bhattan Mohalla, Garhshankar Tehsil Garhshankar, Distt. Hoshiarpur, Punjab India, I have change my name from Amarjit Kaur to Surjit Kaur.

63372

I, Neelam Kumari W/O Gurnam Abrol R/O VPO: Klna, Tehsil Garhshankar, District Hoshiarpur, Punjab, have changed my minor daughter name from Riyato Riya Abrol.

63372

I, Sonia Bhandari W/o Sunny Bhandari R/o H.No. 34 Improvement Trust Kotkapura Road (Moga) have changed my name from Sonia Bhandari to Sonia.

63372

I, Kritika D/o Sanjeev Kumar R/o Chauke Street Patiala Mandi Rampura Phul (Bathinda) have known by both names Kritika and Asima one and the same person.

63372

I, Jasvir Kaur W/o Harnek Singh R/o H.No. 1688/27/14B St.No. 28 Preet Nagar New Shimlapuri (Ludhiana) have changed my name to Jasveer Kaur.

63372

I Hardeep Kaur Dhaliwal W/o Manpreet Singh Gill R/o Vpo Chuhar Chak, Distt. Moga Have Changed My Name To Hardeep Kaur After Marriage.

63372

I, hitherto known as MOHIT 5372 HOSHIYAR SIGH R/o 141, Ward No 12, Ladwa (Rural)(Part)(76), Kurukshetra, Haryana-136132, have changed my name MOHIT KHAKAT.

989666

I Maninder Kaur Panjeta, wife of Mr. Jasvinder Panjeta, resident of village Bakali, Tehsil Ladwa, District Kurukshetra. I have changed my name from Maninder Kaur Panjeta to Kulveer Kaur of my own free will.

989666

I Harkamal Singh s/o Manjit Singh R/o village Kotla Shamshpur, Tehsil Samrala, District Ludhiana have changed my name from Harkamal Singh to Harkamal Singh Kang.

50008

I Rachna Arora W/o Darpan Arora R/o 3783 Bazar Kashmirian, near Sheikhfattah gate Amritsar 1, Jandiala Guru Amritsar Punjab have changed my name from Rachna Arora to Rachna.

50008

I, Siddharth S/o Munna Lal, Jogi nagar ,ward number 42, gali number 5/8, Bathinda have changed my name Siddharth to Siddharth Kashyap

50008

I, Gurmeet Kaur W/o Sadhu Singh R/o Vill. Goniana Khurd, Distt. Bathinda Have changed my name Gurmit Kaur to Gurmeet Kaur

50008

I am Joginder Singh Dhaliwal son of Pashaura Singh resident of village Dahliz Khurd Teh Ahmedgarh District Malerkotla. In my passport No. J9976667 my wife name is Baljit Kaur. But now my wife has changed her name from Baljit Kaur to Baljit Kaur Dhaliwal. To make related notes.

50008

I, MISS-SUDHA legally wedded spouse of No. 6494092M Rank Hav Name Gadakari Devanand presently residing at #133, Maruti Galli, Rajhansgad, VTC- Nandihalli, PO-Nandihalli, Sub District-Hukkeri, District-Belgaum, (Karnataka), Pin-590014 have changed my name from MISS-SUDHA to SUDHA DEVANAND GADAKARI vide affidavit dated 04-01-2025 from Notary Public at Ferozepur.

900023

I, NARAYAN legally father of No. 6494092M Rank Hav Name Gadakari Devanand presently residing at #133, Maruti Galli, Rajhansgad, VTC-Nandihalli, PO-Nandihalli, Sub District-Hukkeri, District-Belgaum, (Karnataka), Pin-590014 have changed my name from NARAYAN to NARAYAN YALLAPPA GADAKARI vide affidavit dated 04-01-2025 from Notary Public at Ferozepur.

900023

I, CHANDRAPRABHA legally wedded spouse of Anil Kumar Yadav presently residing at Jalalpur, Niazipur, Buxar, Simari, (Bihar), 802131 have changed my name from CHANDRAPRABHA to CHANDRAPRABHA DEVI vide affidavit dated 04-01-2025 before Notary Public at Ferozepur.

900023

I, AMARJEET KAUR legally mother of No. 2500440H Rank Hav Name Gurdev Singh presently residing at B-102-B Janta Flats Shivaji Enclave, Raghubir Nagar, Tagore Garden S.O. West Delhi, (Delhi) 110027 have changed my name from AMARJEET KAUR to AMARJIT KAUR and my correct Dob 16-10-1965 and incorrect Dob 01-07-1966 vide affidavit dated 04-01-2025 from Notary Public at Ferozepur.

900023

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NEWS BRIEF

Kiranjit Kaur's book released by SDM
Ismat Vijay Singh



RAKESH JINDAL
NABHA: Nabha resident Kiranjit Kaur's book Drug Abuse is Scathful was released by Nabha SDM Ismat Vijay Singh. On this occasion, Kiranjit Kaur said that this is her second book to be published, before that she had published a book named Kiran Poetry in English. He said that the book Drug Abuse is Scathful focuses on drug abuse and its harmful effects. It covers all the facts related to today's drug abuse landscape, including that drugs cause harmful effects under many circumstances. He said that various types of drugs, their chemical structure and their toxic effects on the human body have also been discussed in the book. This book can serve as an introductory book on drug abuse, problems, management and prevention in universities, colleges and training institutes. He said that public and private drug counseling can also serve as a handbook for those working in rehabilitation centers and de-addiction centers. After releasing the book, SDM Ismat Vijay Singh praised Kiranjit Kaur's book and said that it will benefit the people especially the young generation because these young generations are the backbone of our country.

Mukesh Ranjan presents book on Shri Ram Mandir to LPU
Chancellor and Rajya Sabha Member Ashok Mittal



DALJEET AJNOHA
HOSHIAHPUR: Author Mukesh Ranjan MD MRC Group, accompanied by senior journalist Sanjiv Kumar and Sh. Vijay Sharma, MD of Vijay Mall Dasuya, presented a copy of his book Shri Ram Mandir Nav Nirman Vivechna to Sh. Ashok Mittal, Chancellor of Lovely Professional University and Member of Rajya Sabha. The book, which explores the historical, cultural, and spiritual significance of the Shri Ram Mandir and its reconstruction, was warmly received by Sh. Ashok Mittal. During the interaction, Mukesh Ranjan shared the inspiration behind his work and its importance in documenting India's cultural heritage. Ashok Mittal lauded the efforts of Mukesh Ranjan for contributing to the understanding of India's rich legacy and commended the team's dedication to promoting meaningful literature. The meeting served as a platform for intellectual exchange and highlighted the role of literature in preserving national heritage. The event stands as a testament to collaborative efforts in fostering cultural awareness and knowledge-sharing in contemporary society.

Accused caught on spot while making theft at Nehru Stadium store



SURINDER DAMDAMI
FARIDKOT: The thief caught from Nehru Stadium broke the lock of the door and entered the store. The guard caught him and handed him over to the police. In Nehru Stadium of Faridkot, a young man was caught stealing goods from the store due to the watchman of the sports department. The identity of the accused youth is Akashdeep Singh, a resident of Faridkot. As has happened, and the handball store he entered had goods worth lakhs of rupees. According to the information, the watchman Satpal, who was on duty at the sports stadium on Sunday morning, saw some movement near the handball store, after which he reached the spot and found that a part of the store's door panel was broken, and a young man entered the store. He immediately reported the matter to coach Michael, who, along with other employees, reached the spot, and the police were also called. He was taken out by opening the gate and handed over to the police. Giving information in this matter, Satpal, watchman of the sports department, said that in the morning when he heard some noise, he immediately reached near the store and saw that the said youth had broken the lock of the door and entered inside. On this occasion, Michael, the coach of the sports department, said that there are goods worth lakhs of rupees in the store. Apart from the players' equipment related to handball, the handball field also had gym equipment and lights. The loss of the sports department due to the promptness of the watchman avoided being. In this case, the Thana City police are interrogating the young man who was arrested while committing the theft incident and due legal action will be taken against him.

OBC, EBC and DNT students can apply for Post-Matric Scholarship: Dr. Baljit Kaur

GAURAV GOEL
CHANDIGARH, JAN 5

Students from Other Backward Classes (OBC), Economically Backward Classes (EBC) and Denotified and Nomadic Tribes (DNT) can now apply for the Post-Matric Scholarship. This was expressed by Dr. Baljit Kaur, Minister of Social Justice, Empowerment and Minorities. Cabinet Minister Dr. Baljit Kaur stated that under the Prime Minister YASASVI Scheme for the academic year 2024-25, the Dr. Ambedkar Scholarship Portal has been opened for OBC, EBC and DNT students to apply for the Post-Matric Scholarship as per the guidelines. She highlighted that this is the first time a portal has been specifically opened for these categories of students. She further explained that the portal has been launched to streamline the scholarship process by enabling eligible students to apply, ensuring accurate verification by institutions, obtaining approvals from authorities and timely disbursement of financial assistance. Minister stated that the last date for students to apply for free ship cards under the 2024-25 scholarship process is February 15, 2025. Institutions must submit complete cases for approval by February 25, 2025. Additionally, the deadline



for line departments/approval authorities to send online proposals for scholarships is March 5, 2025, while the final date for the Department of Social Justice, Empowerment and Minorities to receive these online proposals is March 10, 2025. The Minister emphasized the importance of ensuring that eligible students complete their applications on time. She also instructed nodal officers and implement-

Cabinet Minister Dr. Baljit Kaur stated that under the Prime Minister YASASVI Scheme for the academic year 2024-25, the Dr. Ambedkar Scholarship Portal has been opened for OBC, EBC and DNT students to apply for the Post-Matric Scholarship as per the guidelines. She highlighted that this is the first time a portal has been specifically opened for these categories of students.

ing departments to take proactive steps to guide institutions in assisting students with their applications and to ensure eligible students apply for the scholarship in a timely manner. Dr. Baljit Kaur also directed district-level officials from the Department of Social Justice, Empowerment and Minorities to implement the scholarship scheme smoothly and ensure timely follow-ups.

Hard work of workers made BJP world's largest political party : Shwet Malik

PARAMJIT SINGH
JALANDHAR, JAN 5

Today in Jalandhar, former MP and former Punjab BJP President Engineer Shwet Malik said on the occasion of BJP Organisation Festival Membership Campaign that the Bharatiya Janata Party is a nationalist political party which is determined to establish India on the world stage as a strong, prosperous and powerful nation.

With the aim of making India a capable nation, the BJP was formed on 6 April 1980 in a workers' convention held at Kotla Ground in New Delhi, whose first president was elected Shri Atal Bihari Vajpayee.

With its establishment, the BJP registered its strong participation in Indian democracy by being vocal on international, national and public interest issues and gave new dimensions to Indian politics. Malik said that the Bharatiya Janata Party has played a leading role in ushering in a coalition era by making Indian politics, which was known as a one-party democratic system with the monopoly of familyism of the Congress, bipolar. The foundation of develop-



ment based politics in the country was laid by BJP after coming to power in various states and during the BJP led NDA rule in the entire country. Malik said that today after six decades, under the leadership of Prime Minister Shri Narendra Modi, the people of the country have given the BJP party the opportunity to form the government for the third consecutive time and the BJP led NDA government is in power at the Centre. On this occasion, BJP District Jalandhar President Sushil Sharma, former Union Minister and National Executive Member Manoranjan Kalia, BJP Punjab Vice President and former Parliamentary Secretary Krishna Dev Bhandari, former Jalandhar MP Sushil Rinku, former MLA of West Assembly Sheetal Angural, Anil Sachchar, Ravi Mohindru, Diwan Amit Arora, District General Secretary Rajesh Kapoor, Amarjit Singh Goldy, District Secretary Amit Bhatia were mainly present. Shwet Malik said that the Bharatiya Janata Party is continuously active in building a strong, powerful, prosperous, capable and self-reliant India. The party envisions a nation that represents a progressive and enlightened society with a modern outlook and taking inspiration from the ancient Indian civilization and culture and its values, the BJP resolves to establish India as a great 'Vishwashakti' and 'Vishwa Guru', the world's largest economic power and supreme glory on the world stage. Along with this, it should have the ability to influence the nations of the world to establish world peace and a just international system.

Body of unidentified youth found in closed factory



KOTKAPURA (SURINDER DAMDAMI): The body of an unidentified youth of about 25 years has been recovered from a closed factory on the local Jalaleyana Road. It is suspected that he died due to drug overdose. After receiving information about this matter, Police Station City Kotkapura reached the spot and took possession of the body and kept it in the civil hospital mortuary and the entire matter is being investigated. According to the information received on Sunday afternoon, people saw the dead body of a young man lying in a deserted factory in front of the church on Jalaleyana Road, which was reported to the City Kotkapura police station. On receiving the information, the police party led by ASI Iqbal Singh reached the spot and took possession of the body and took it to the Civil Hospital. Regarding this matter, the area councillor Mahaveer Kumar says that many deaths have already occurred in this deserted factory because drug addicts often come here and this young man has also died due to drug overdose.

Barinder Goyal lays foundation stone of dev works to be built at cost of 7.46 crores

GURMAIL SINGH SANGATPURA
LEHARAGAGA, JAN 5

The government led by Punjab Chief Minister Bhagwant Singh Mann is making important efforts to raise the standard of living of the people living in the rural and urban areas of the Legislative Assembly constituency Lehra, and Projects costing Crores of rupees are being implemented in a phased manner to fulfill every need of the people of the constituency on a priority basis on the government.

The government led by Punjab Chief Minister Bhagwant Singh Mann is making important efforts to raise the standard of living of the people of the rural and urban areas of the Vidhan Sabha constituency Lehra So that all the needs of the people of the constituency can be met. This



was expressed by Punjab Cabinet Minister Barinder Goyal today after laying the foundation stone of the multi-Crore project of modernization of internal roads and link roads of various villages of Lehra Constituency.

Cabinet Minister Barinder Goyal laid the foundation stone of the Makrod Sahib-Moonak-Guru Teg Bahadur Road modernization project to be constructed at a cost of Rs 2.04 crore. Along with this, the construction stone of Phirni village Bal-laran to Dera Indrapuri, Gurdwara Sahib and Maula Patti

BJP forever committed to Dr Ambedkar from Panchteerath dev to designating Nov 26 as National Constitution Day, Tarun Chugh

DALJEET AJNOHA
HOSHIAHPUR, JAN 5

The Prime Minister Narendra Modi-led BJP government in the country has always been committed to bringing dignified recognition to Dr BR Ambedkar through its projects, from Panchteerath development to designating November 26 as National Constitution Day.

Tarun Chugh, the National general secretary of BJP, said while addressing a gathering at a program titled 'Ambedkar ko Samarjit Modi' organized by Sampla Foundation today. Sh Chugh said that giving a befitting tribute to the noble soul, the Modi government developed five key sites related to Baba Ambedkar. Dr Ambedkar's Janma Bhoomi in Mhow,



his cremation place Chaitya Bhoomi in Mumbai, Shiksha Bhoomi - place in London where he studied while staying in the UK, Deeksha Bhoomi - the place in Nagpur where he embraced Buddhism and Mahaparibirvan Bhoomi - the place in Delhi where he passed away. All five places have been developed besides observing Nov 26 as the National Constitution Day by highlighting Dr

Ambedkar's role in drafting the Indian constitution. Apart from this several other measures have been taken to honor Dr Ambedkar - who has largely remained ignored during Congress rule in a country spanning more than six decades. Coming down heavily on the Congress government for ignoring Dr Ambedkar and pushing his iconic contributions to margins.

Thakur Healthcare Hospital holds free check-up camp on Shri Paramhansa Yogananda's birthday



VERMA
GURDASPUR, JAN 5

On the occasion of Shri Paramhansa Yogananda Ji's birthday, Thakur Healthcare Hospital in Pathankot organized a free checkup camp today. A large number of people attended the camp and underwent tests for blood sugar, hemoglobin, and blood pressure.

Dr. Mandeep Thakur, the director of the hospital, informed that it is crucial to detect diseases such as diabetes and high blood pressure at an early stage, as neglecting them can lead to serious

health issues. He explained that the aim of this checkup camp was to raise awareness about health and identify common health problems in a timely manner. The camp was held from 12:00 PM to 3:00 PM, and a significant number of people availed the benefits of this service. He further stated that this camp was organized for the welfare of the community, urging people to pay attention to their health and seek treatment at the earliest if any issues are identified. At the end of the event, Dr. Mandeep Thakur expressed his gratitude to all the attendees.

Recitation of Sri Sukhmani Sahib for arrival of new year 2025 held



RADHE SHYAM SHARMA
MORINDA, JAN 5

Staff members of tehsil offered bhog of recitation of Sri Sukhmani Sahib for arrival of new year 2025 and welfare of all. At this time, Sub-Divisional Magistrate Morinda and all employees of Tehsil Morinda, Panch, Sarpanch, Councilor, dignitaries and many people participated.

Giving information, Madam Gurpreet Kaur, in-charge of Fard Center, said that like every year, this year too, on the arrival of the new year, Sri Sukhmani was recited and Gururji's blessings were received. Constituency MLA

Dr. Charanjit Singh, who arrived at this time, said that it is a very commendable step for all the employees of the tehsil premises to receive the blessings of Sri Guru Granth Sahib on occasion of new year. He congratulated and wished senior officers and all staff members of tehsil and all residents of area who attended this religious event for the new year. He said that AAP government is at your service. He has appealed to all the residents for cooperation. During this, organizers honored dignitaries present in the program including area MLA Dr. Charanjit Singh by giving them Siropes and souvenirs.

Theft continues in Dhuri, CM should pay attention : Shubham Sharma



VIKAS VERMA
DHURI, JAN 5

Sanjeev Garg, Naresh Attri, Sohan Lal) There is an atmosphere of fear among the people in Dhuri city due to the threat of thieves. The continuous thefts in the city show that there is no fear of the administration in the city. While the thieves targeted the common people, they also entered the house and hospital of famous doctor KN Sharma of Dhuri and along with the theft they also beat up the doctor. Today Punjab Youth Con-

gress General Secretary Shubham Sharma Shubhi met Dr. Sharma Hospital and the people of the city who were targeted by the thieves. Talking to journalists on this occasion, Shubham Sharma Shubhi said that despite being Chief Minister Bhagwant Mann's own constituency the security situation is so bad that the people of the constituency are living their lives in terror. He said. That the thief has created terror in the city but the Chief Minister is not paying any attention to his constituency.

Injured in accident near Handiaya treated free of cost under CM 'Farishte Scheme': DC

BALWINDER AZAD
BARNALA DEHATI, JAN 5

The injured in the road accident near Handiaya have been admitted to the Civil Hospital Barnala, who are being treated free of cost under the 'Farishte Scheme' launched by the Chief Minister of Punjab, Mr. Bhagwant Singh Mann.

Deputy Commissioner Barnala Poonamdeep Kaur gave this information while meeting the injured people and their families at the Civil Hospital Barnala. District Police Chief Mr. Sandeep Malik was also present with her.

It is worth mentioning that 3 people died in this accident, while 34 people were injured. Out of these, 8 people have been referred to AIIMS Bathinda. The Deputy Commissioner said that all the patients are being given the best treatment and



their families are being helped in every way. He said that the injured in the road accident were Sarabjit Kaur, 54 years old, Kuljit Kaur, 60, Basant Singh, 50, Satpal Singh, 70, Jaspreet Kaur, 46, Gurtej Singh, 70, Gurpreet Singh, 60, Kulwinder Kaur, 60, Nirmal Singh, 50, Karamjit Singh, 30, Ajmer Singh, 70, Darshan Singh, 68, Dharam Singh, 60, Jagraj Singh, 65, Rajdeep Singh, 36, Kulwinder Kaur, 60, Ranjit Singh, 65, Sukhpal Singh, 60, Bahadur Singh, 60, Jagdev Singh, 34, Jeet Singh, 70, Satpal Singh, 70,

Mahinder Singh, 70, Kuldeep Kaur, 42, Baltej Singh, 57, Gurdev Kaur, 72, Gurpreet Singh, 35, Armaan Singh, 17, Karamjit Singh, 46, Tarsem Singh, 56, Charanjit Kaur, 40, Balkaur Singh 42, Jasvir Singh 70 and Dhanwant Kaur age 65 are under treatment at Civil Hospital Barnala. He said that Rajdeep Kaur age 36, Ajmer Singh 70, Kuljit Kaur 60, Basant Singh 50, Jaspreet Kaur 46, Karamjit Singh 32, Baltej Singh 57 and Gurdev Kaur 72 have been referred to Bathinda AIIMS due to their serious condition.

Baru Sahib to establish Dr. Manmohan Singh chair at Akal University Talwandi Sabo



ISHWER GARG
TALWANDI SABO, JAN 5

With the sudden passing of Dr. Manmohan Singh, former Prime Minister of India, the nation has lost a remarkable son. Renowned for his unwavering integrity, humility, and profound understanding of public policy, Dr. Singh steered the country out of economic turmoil and set it on a path of high growth and development through his liberalization policies. In recognition

of Dr. Singh's immense contributions to academia and his service to society and the nation, The Kalgidhar Society - Baru Sahib has decided to establish the 'Dr. Manmohan Singh Chair in Development Economics' at Akal University, Talwandi Sabo (Punjab).

This chair will undertake advanced research on his visionary ideas, fostering a deeper understanding of economic development and inspiring future generations to follow in his footsteps.

NEWS BRIEF

Employment fair to be held in Bangana, Una District on January 12

ARYA BANGANA

BANGANA: An employment fair, organized by the Small-Scale Industries Association and Himalaya Jan Kalyan Samiti, will be held in Una district's Bangana on January 12. Unlike previous fairs held in Baddi-Barotiawala-Nalagarh (BBN), this time the event will take place at the Panchayat Samiti Hall in Bangana. The registration for unemployed youth will be conducted from 10 AM to 1 PM. The fair will be inaugurated by Kulehar MLA Vivek Sharma, with Block Development Committee (BDC) member Joginder Dev Arya and NUJ India's state president Dr. Ramesh Rana attending as special guests. Ashok Kumar Rana, State President of the Small-Scale Industries Association, and Dimple Panwar, Vice President of the Himalaya Jan Kalyan Samiti, stated that job placement agencies and select industries from Baddi's industrial areas will set up their stalls. There will be no registration fee for attendees. Joginder Dev Arya, the local BDC member, will oversee all arrangements. According to Ashok Rana, after registration, unemployed individuals will be placed in industries based on their qualifications. The organizers have urged the unemployed youth of Una district to take full advantage of this opportunity.

Two Megawatt Solar Power Plant installed in Kaza: CM

DINESH AGARWAL

SHIMLA: Chief Minister Thakur Sukhvinder Singh Sukhu today here said that a 2 Megawatt solar power plant has been installed to ensure and improve the power supply in the tribal region of Kaza. He appreciated the efforts of the officers and employees of the Electricity Board, who worked diligently to complete this project. He said that within a few months, the plant would be fully operational with the addition of a 1 MWh battery storage system. The Chief Minister stated that the state government was focusing on maximizing the use of solar energy to make Himachal Pradesh a 'Green State'. To support this EV charging stations were being set up in various areas based on demand. He said that the government has also



approved the installation of 18 Megawatt ground-mounted and rooftop solar plants on vacant land near Electricity Board offices. Apart from this, the state government was also working to install rooftop solar systems on 50,000 houses across the state by 2026-27. As of now, 4,444 applications have been received for this scheme. Thakur Sukhvinder Singh Sukhu said that the state government was taking measures to make Himachal Pradesh self-reliant by proper utilization of resources of the state. These measures include rationalizing electricity subsidies and the staff. He said that the power project agreements signed by the Electricity Board were under review and loans



taken at high-interest rates would be reassessed. This would help the Board repay loans at lower interest rates and reduce its debt burden. It would play an important role in making the Himachal Pradesh State Electricity Board Limited self-reliant. He further said that the state government was committed to safeguarding the interests of employees and for their betterment and the government was regularly providing them the financial benefits.

BJP restructures organisation in 16 districts : Dr. Bindal



DINESH AGARWAL SHIMLA: Dr. Rajeev Bindal, President of the Himachal Pradesh BJP, announced that the party's organizational restructuring in the state has entered its final phase. Under the leadership of dedicated workers, the BJP's membership drive achieved unprecedented success, with 18 lakh ordinary members and 27,000 active members enrolled. Dr. Bindal stated that out of 7,990 polling booths in the state, 7,750 have established 12-member committees. These committees, comprising booth presidents, booth coordinators, "Mann Ki Baat" coordinators, youth leaders, women leaders, senior citizens' representatives, and others, aim to strengthen the BJP's grassroots structure. Expanding the organizational framework, the BJP increased its mandals from 74 to 171, of which 143 have been fully constituted. Among the 17 organizational districts, 16 have been formed, and the process will conclude by January 6, 2025. This restructuring, completed in just 90 days, energizes the party to work toward its expansion goals. Dr. Bindal emphasized that the BJP stands apart for its principles and commitment to development. By prioritizing the nation and society over individual interests, the BJP seeks to restore Indian traditions and values while contributing to the state's and nation's progress.

Annual seven-day NSS Camp concludes at Government Arya College, Nurpur



SANJEEV MAHAJAN NURPUR: The annual seven-day National Service Scheme (NSS) camp at Government Arya College, Nurpur, concluded with a vibrant closing ceremony. The event began with a Saraswati Vandana performed by NSS volunteers, followed by the

lighting of the ceremonial lamp by the chief guest, Narottam Dhiman, Principal of Government Senior Secondary School, Ladori. The program featured colorful performances, and NSS volunteers shared their experiences from the week-long camp. NSS Coordinator Prof.

Surjit Singh presented a detailed report highlighting the main activities undertaken during the camp. These included cleaning the college premises, a rally against drug abuse in Nyazpur, collecting plastic waste, maintaining the college library, and constructing a garden on the campus. Volunteers also visited Nurpur Police Station and distributed notebooks and pen to students at Baral School, which they had adopted during the camp.

The chief guest commended the volunteers for their dedication and contribution. Professors Manjit Singh and Superintendent Inder Singh Thakur also attended the event and appreciated the efforts of the participants.

Prem Kaushal asks Satti to question BJP leaders on Himachal's losses and pending relief

RAJNEESH SHARMA HAMIRPUR: Reacting to BJP leader Satpal Satti's statement regarding Congress MP Priyanka Gandhi, former Pradesh Congress spokesperson Prem Kaushal challenged Satti to question his party leaders about the lack of support for Himachal Pradesh in times of crisis. Kaushal emphasized that Satti should demand answers from Prime Minister Narendra Modi about why no relief package was provided to the state to cover damages amounting to approximately 10,000 crores caused during recent natural disasters.

Kaushal also criticized former CM Jai Ram Thakur, questioning why Himachal Pradesh was pushed to the brink of financial collapse



during the BJP's tenure despite the claims of a "double-engine government." He further urged Satti to confront BJP leaders on why the central government has failed to pay 9,000 crores of employees' pensions owed to the state, why it hasn't

facilitated the recovery of 4,000 crores in arrears from the Baddi-Barotiawala-Nalagarh (BBN) industrial area, and why it remains silent on transferring the Shanan Hydropower Project back to the state despite the expiry of its lease. Kaushal praised Priyanka Gandhi for raising Himachal Pradesh's concerns in her very first speech in Parliament, stating that her leadership has given the people of the state a strong voice to advocate for their interests. He claimed this is why BJP leaders in Himachal are unsettled, as they lack the courage to present the state's issues to their central leadership and remain confined to sycophantic politics.

Nine BJP District Presidents elected unopposed in Himachal Pradesh



SHIMLA: Dr. Rajeev Bhardwaj, BJP's state election officer, MP, and state vice president, announced that the process of electing district presidents for 16 out of 17 organizational districts in Himachal Pradesh is underway. So far, nine district presidents have been elected unopposed. The newly elected district presidents include Dheeraj Naryal (Chamba), Ragini Rakwal (Palampur), Ajay Khatta (Dehra), Amit Sood (Kullu), Heera Lal (Sundernagar), Nihal Chand Sharma (Mandi), Ratan Pal Singh (Solani), Dheeraj Gupta (Sirmaur), and Ringzing Hariyappa (Lahaul-Spiti). Dr. Bhardwaj stated that elections for the remaining seven districts will be held tomorrow, January 6, 2025. This information was shared in an official communiqué by Sanjeev Katwal, BJP's co-election officer and state vice president.

Massive fire destroys three shops near timber depot in Baddi

SHANTI GAUTAM BADDI: A devastating fire broke out late at night near the timber depot in the industrial area of Baddi, Jhagmazi, engulfing three shops and causing losses worth over ₹6.5 lakh. The blaze erupted after shopkeepers had closed their establishments and gone home. Around 2 AM, they received frantic calls about the fire and immediately alerted the fire department. Firefighters from Baddi Fire Department battled the flames for hours before finally bringing the situation under control. However, the fire completely destroyed the contents of the three shops, leaving nothing but ashes. While no casualties have been reported, the loss has left the shopkeepers, primarily migrant workers, in tears and appealing to the government for compensation to rebuild their livelihoods. Shop owners Lokendra Singh and Mandeep expressed their grief, saying they had worked hard to set up their businesses, only to see them destroyed in a single night. They have urged the administration to provide adequate relief so they can start afresh and support their families. The cause of the fire remains unknown, but authorities estimate the financial damage to exceed ₹6.5 lakh. Further investigations are underway.

Deputy CM attends New Year Cultural Evening in Una

KISHORILAL UNA: Deputy Chief Minister Mukesh Agnihotri graced the New Year Snehan Milan ceremony and cultural evening as the chief guest on Saturday night. The event, organized by the district administration Una, aimed to foster camaraderie, cultural enrichment, and entertainment among officials and staff. It was held at the Lata Mangeshkar Kala Kendra in Samur Kalan. Extending his New Year greetings, the Deputy CM praised the district administration for this initiative. The cultural evening featured mesmerizing performances, including Tarannum-e-Ghazal, Thirkandance presentations, and Shaam-



e-Mausiki. Renowned ghazal singer Sunil Dogra captivated the audience with his soulful voice, while

Sa Re Ga Ma Pa fame Anmol enthralled everyone with his melodious singing. Children from Dance Kingdom Studio Una and

JS Wisdom World School received widespread applause for their stunning dance performances.

Himachal Handicraft Excellence Awards 2025: Celebrating craftsmanship and innovation

SHIMLA: The Himachal Handicraft Excellence Awards 2025 celebrated the artistry and resilience of Himachali artisans, honouring those who blend traditional skills with contemporary design, a release said. Indra Devi of Kullvi Whims emerged as a beacon of excellence, winning First Prize for her pioneering work on the Kullvi Nati Panel. The Kullvi Nati Panel is a remarkable creation, woven on the loom using handspun indigenous wool and natural dyes. This innovative textile debuted at the awards, capturing hearts with its seamless blend of tradition and modernity, the official release said. Indra Devi, a master craftswoman from V P O Naggar, reflected on her 32-year journey with heartfelt pride, saying, "After decades of dedication to handloom weaving, this award is a dream come true. It is not just my achievement but a tribute to our heritage." Kullvi Whims, a dedicated collective, has been instrumental in breathing new life into Himachal Pradesh's wool-based crafts. By working hand-in-hand with the Gaddi community and artisan groups, the collective has revived the craft of Desi Oon, which was once at risk of being lost, it said. The award-winning Kullvi Nati Panel represents more than just craftsmanship—it is a symbol of resilience, creativity, and the enduring relevance of heritage textiles in contemporary design. This milestone underscores the commitment of Kullvi Whims to preserve the region's cultural identity while creating sustainable livelihoods for artisans. The recognition also highlights the potential of traditional crafts to evolve and thrive in modern contexts, bridging the gap between the past and the future.

Sukh-Aashray Yojana transforms lives of 6,000 Orphans

DINESH AGARWAL SHIMLA: The present Congress-led government in Himachal Pradesh, under the visionary leadership of Chief Minister Thakur Sukhvinder Singh Sukhu, has become a pillar of support for orphaned children deprived of basic amenities, care and financial security. The State government driven by a sensitive and visionary approach ensured these children were not left behind by adopting them as "Children of the State." This progressive initiative was launched soon after he assumed office which exemplifies the commitment of the government to inclusivity and welfare. Immediately after

assuming the office Thakur Sukhvinder Singh Sukhu demonstrated his dedication by visiting the Bal-Ashram at Tutikandi, Shimla, where he engaged with the children and pledged to uplift their lives. The result was the introduction of the Chief Minister Sukh-Aashray Yojana, a welfare initiative due to which 6,000 orphan children in the state were now getting improved access to education, healthcare and essential amenities. This initiative has positioned Himachal Pradesh as the first state in India to adopt a legislative framework for supporting orphans comprehensively. A Mukhyamantri Sukh-



Aashray Kosh of Rs. 101 crore has been created under this scheme, with an expanded

scope to include abandoned children. In a remarkable gesture of equality, the state

government arranged an enriching 13-day national tour for these children. The

first group of 22 children, including 16 girls and six boys, were visiting prominent destinations such as Chandigarh, Delhi and Goa. Their travel arrangements including Shatabdi train ride and air travel ensure a comfortable journey. Additionally, they were accommodated in high-ranking government guesthouses and premier hotels, reflects the resolve of the present state government to treat these children as a part of its extended family. The tour commenced in Chandigarh from 2 to 4 January, where the children stayed at Himachal Bhawan and explored the city. On 5

January, they travelled to Delhi by Shatabdi train, where they will spend three days visiting iconic historical sites. From Delhi, the group will fly to Goa on 9 January for a four-day stay in a three-star hotel and enjoy visits to popular tourist and cultural locations. On 14 January, the group is scheduled to return to Chandigarh. These efforts aim to provide the children with cherished memories and it will broaden their horizons besides enhance their knowledge through travel. Under the Mukhyamantri Sukh-Aashray Yojana, Rs. 4,000 per month was being

allocated to each child as pocket money. Additionally, Rs. 1,000 was deposited monthly into accounts for children up to the age of 14 in Bal-Balika institutions, while children aged 15 to 18 and single women receive Rs. 2,500 each month. The scheme also provides Rs. 2 lakh in start-up financial support for young adults, alongside 3 biswa land and Rs. 3 lakh for constructing a house. Moreover, Rs. 2 lakh marriage grant has been instituted for these children. Apart from this beneficiaries also receive Rs. 10,000 annually to purchase clothing and footwear, while the age limit for remaining in orphanages has been extended from 26 to 27 years.

NEWS BRIEFS

PM Vishwakarma Scheme to improve artisans' livelihoods: DC

SHIV KUMAR SHARMA KARNAL: The government has launched the PM Vishwakarma Scheme to enhance the living standards of workers, incorporating 18 traditional crafts into the initiative. Deputy Commissioner Uttam Singh emphasized maximizing outreach and benefits to citizens under the scheme to achieve the government's vision of Antyodaya (uplifting the last person). He directed officials to promote the scheme at the village level and provide immediate benefits to eligible individuals to uplift their living conditions. This scheme includes crafts such as boat-making, blacksmithing, toolmaking, jewelry, pottery, sculpting, tailoring, and many others. Artisans will receive training, toolkits, and access to bank loans. Registration is required on the PM Vishwakarma portal. Beneficiaries will also receive identity and certification under this scheme.

Robust road network will lay the foundation for Gurugram's prosperous future: Rao Narbir Singh

BUREAU CHANDIGARH, JAN 5

Haryana's Industries and Commerce, Environment, Forest and Wildlife Minister, Rao Narbir Singh, stated that over the next five years, the foundation for Gurugram's prosperous future will be established through improved connectivity and a robust road network. He said that as part of ongoing efforts to develop infrastructure, an elevated road will be constructed from the Gurugram-Jaipur National Highway to Vatika Chowk, along with four flyovers from Vatika Chowk to Ghata, at a cost of Rs 800 crore.

The Cabinet Minister mentioned that the Detailed Project Report (DPR) for this crucial project, which will be executed by the Gurugram Metropolitan Development Authority (GMDA), is currently being prepared, and



work on the ground will begin soon.

He was addressing the citizens during his visit to thank the people at Vatika City in Sector 49 and South Close in Sector 50, Gurugram.

Rao Narbir Singh emphasized that it is our collective responsibility to make Gurugram a beautiful and clean city. He stated that in the next five years, the opinions of the common people will be prioritized in all development projects in Gurugram. He also af-

firmed that the present government does not merely make promises in the Sankalp Patra, but ensures their fulfillment. While addressing public concerns, the Cabinet Minister directed the officers to ensure that every government scheme is effectively implemented at the ground level, with citizens receiving the full benefit of each facility. He emphasized that when planning development projects, officials must ensure that all criteria for complet-

ing the scheme are met. Development works should be completed within the stipulated time frame so that the public can receive their benefits on time. He added that his priority is to ensure that citizens receive the benefits of public welfare schemes and various government services.

Acknowledging the demand for a community center in South Close, Rao Narbir Singh stated that work on the project will begin within the next two months.

Empowered women honoured with National Pride Women Awards

SHIV KUMAR SHARMA KARNAL, JAN 4

On the occasion of Savitribai Phule's birth anniversary, the Anti-Corruption Foundation of India and Human Rights International Federation organized a grand celebration and award ceremony under the leadership of National Supremo Narendra Arora. The event saw participation from film and TV actress Supriya Karnik, actress Maruga Umrana, and Mrs. Universe Arab Asia Anupama Dandora as celebrity chief guests. Dr. Nisha Gupta, the International Women's Chairperson, presided over the event.

Several notable dignitaries, including Dr. Ranajodh Singh, Sandeep Kumar, Brij Bhushan Goyal, Poonam Goyal, Sanjay Dalmia, Najakat Chaudhary, Dr. Anil Sethi, Waghlela Dhruvraj Singh, Gaurav Gaba, and Vijay Jain,



graced the occasion.

Prominent women from various states were honored with the National Pride Women Awards, dedicated to Savitribai Phule. Recipients included Dr. Dimple Chauhan, Patel Sonal, Kalpana Ranga, Poonam Goyal, Ritu Kashyap, Dr. Swarnlata Kathpal, Deepa Khanna, Sunita Gupta, Preeti Narang Chaudhary, Dr. Suman Madan, Ranjita Pegu, Mandeep Kaur, Romeo

Mokhal, Rita Madan, Sonia Mehta, Geeta Khera, Rakhi Garg, Anita Rahi, Tulika Seth, Bhavna Tiwari, Aman-deep Rakker, Dr. Harsh Sethi, Dr. Urvashi Raj, Isha Chaudhary, Rajni Beniwal Annu, Mrinalini Rawat, Manikarnika Rawat, Kavita Malhotra, Manisha Barsana, Rama Tiwari, Balwinder Kaur Sidhu, Sushma Pruthi Lavanya Sharma, Perna Gupta Agarwal, Mahak Chaudhary, and Palak Goyal.

Letter to ensure teaching of NCERT Books in private schools- Advocate Kailash Chand

SHIV KUMAR SHARMA KARNAL, JAN 5

On Sunday Kailash Chand Advocate met the Secondary Education Department of Haryana State Education Department, Panchkula, Director Basic Education Department Panchkula, Secretary CBSE, Director SCERT Gurugram, Secretary Haryana School Education Board Bhilwani, and Deputy Commissioners of all the districts of

the state. He wrote a letter to the District Education Officers and all the Elementary Education Officers of all the districts of the state in which he stated that in the state of Haryana, Haryana Education Rules 2003 amended rule 10 which was implemented by the government in the year 2021 that in all the private schools of the state, children from class 1 to class 12 will be given books approved by NCERT, /SCERT or the concerned board. Hence, books of

private publishers cannot be taught. Even after three years have passed since the law was made, books of private publishers were being taught by private schools in the schools of the state against the rules and regulations. The government officials of the state are also becoming accomplices in flouting this law by the private schools, because it is the responsibility of the officials to enforce the law and stop them from teaching the books of private publishers.

Programme organized in memory of late social worker Tarun Kaushal

JAIBEER THAMBER BARARA, JAN 5

Seva Trust UK (India) organized a program in village Sarkpur, district Ambala, paying tribute to Presidential Youth Awardee Late Tarun Kaushal on his third death anniversary and taking a step towards women empowerment. Famous social worker of Barara was the chief guest in the program. Shyam Lal and Chairman of Seva Trust UK (India) Naresh Mittal were especially present. The Chairman of the Trust described the various works done by Tarun Kaushal during his lifetime and also told that Seva Dham was being built in Saha of Ambala. A multi-facility home was being built in the name of 'Duchenne Muscular Dystrophy' in which many types of social facilities will be started at a cost of crores of rupees. In which the construction of Seva Dham being built in 6655 square yards to help children suffering from the rare disease Duchenne Muscular Dystrophy was progressing rapidly.



He also said that various skill courses would also be conducted in Seva Dham so that women can set up their own employment.

Informing about the program, senior member of the trust Baljinder Kumar said that on the death anniversary of late Tarun Kaushal ji, programs were being organized at various places

in Barada area for seven consecutive days. In which women, girl students, families of newly born girls were honored. This will be done because late Tarun Kaushal always worked in the field of women empowerment. All these programs will be dedicated to Tarun Kaushal. In the program, Haryana State President of the Trust, Pawan Parashar said that Seva Trust UK has always been at the forefront of social work.

Fourth day of university level NSS camp concludes

RAHUL KOHLI YAMUNANAGAR, JAN 5

On the fourth day of the university level camp of Gurjar Kanya Gurukul Mahavidyalaya started with yoga and exercise. After which the children were taken to the ground where some sports activities were conducted. The first session of the camp was started by Professor Hemant Mishra, Associate Professor, Khalsa College. Yamuna Nagar lectured on the role of NSS in understanding the society in which he told that when the NSS volunteers went to society after organizing a camp what was their attitude towards the society? He got the students to clap and also highlighted the importance of NSS song. Dr. Hemant Mishra was welcomed, congratulated and thanked by Professor Neha Rai, Program Officer, NAAS.

The second session of the program was started by the chief guest, Dr. Karuna K. Tilak. After formally welcoming him, she told the students how they should develop their mental abilities. What were they supposed to do and what measures should they adopt to increase their level of education while living in the society and what kind of daily



lifestyle should they adopt to keep their mental state healthy. Also today's many problems were highlighted in the program and how every woman should play her role for women empowerment. At the end a discussion session was held in which the chief guest, program officers and NSS volunteers from all the colleges discussed many important problems and the problems of the girl students were solved very well by Dr. Karuna.

The second session ended with Shanti Patha and the third session of the program began with Dr

Amandeep Lecture by Arya Girls College, Ambala Cantt. She made the students aware about cyber crime. After this, the students did running and many physical activities on the ground. In the fourth session of the program, a colourful program was organized and Deputy Director Dr. Ajit Singh presented a lecture to boost the morale of the students and explained the duties of a volunteer. After that, Professor Dinesh informed the students about the camp. Talked to them and motivated them to play their role in the camp with determination.

Sukanya Samridhi Yojana is effective for golden future of daughters: DC

SHIV KUMAR SHARMA

KARNAL: Deputy Commissioner Uttam Singh said that daughters are pride of society and government is vigilantly fulfilling its responsibility in providing better educational and safe environment to daughters. Many ambitious schemes have been implemented by central and state government under Beti Bachao-Beti Padhao National Program. DC said that Sukanya Samridhi Yojana is a boon for safe future of daughters. Amount deposited in this scheme is proving to be financially helpful in providing higher education to daughters in future and in their marriage. In such a situation, all eligible persons should open their daughter's account under this scheme. Sukanya Samridhi Account Scheme is a part of Beti Bachao-Beti Padhao campaign. This is also a good initiative of government for domestic savings. He said that Sukanya Samridhi Account can be transferred from one post office to another free of cost. Interest on deposit amount is completely tax free and is also exempted under Section 80C of Income Tax Act. DC said that under Sukanya Samridhi Yojana, parents or legal guardians can open this account for two girls. Sukanya Samridhi Account can be opened from the birth of the daughter till the age of 10 years. This account can be opened only in the name of the girl. The depositor will be one of the parents (guardian) who will deposit the money on behalf of the minor girl. He said that an account can be opened with just Rs 250 but at least Rs 1,000 should be deposited in every account in a year, a maximum of Rs 1,50,000 can be deposited in a year. Money can be deposited any number of times in a financial year through cash, cheque or draft. He said that interest on deposit amount in Sukanya Samridhi Account Yojana is calculated annually. Parents can deposit money in this account only for 14 years and this account will mature in 21 years.

After making about 30 lakh members, BJP engaged in making active members: Mohan Lal Badauli

DALBIR MALIK KURUKSHETRA, DEC 6

State president of Bharatiya Janata Party, Pandit Mohan Lal Badauli, who is moving ahead with the target of making 50 lakh members, has given five more days to make active members to those workers who have not yet been able to make 50 members at their booths at their own level. State president Mohanlal Badauli has extended time for such workers by five days till December 10. After this, a report will be taken from all divisional presidents in this regard. Along with this, campaign to make active members has also been started. On Friday, in Kurukshetra, state president Mohanlal Badauli said that by Thursday evening number of BJP members had reached 28, 21, 128 and process of making members is continuously moving forward rapidly.



ly. State president said that all workers are engaged in achieving target of making 50 lakh members and party will soon cross this magical figure. To give more momentum to membership campaign and to connect every section with party, state president has given special instructions to district presidents to get 20 to 25 senior and enlightened citizens enrolled in BJP in every Mandal and also asked to make 3 active members at every booth as

only those workers will become active members who have added 50 members. State president has asked all district presidents to submit report of their respective districts by evening of 10 December. In meeting held in Kurukshetra regarding the membership campaign, state president Baroli said that we have 13 thousand active members right now. By 10 December, three active members have to be made at every booth in the entire

state. He also said that those workers who have not added more than 50 people to the party should also complete their target by 10 December. Baroli said that 20 to 25 senior citizens also have to be made active members in districts, for this district president will visit homes of senior citizens and make them active. BJP state president said that Kurukshetra is home district of Chief Minister Nayab Singh Saini, so workers have to be more active. He said that BJP is a party of workers and we are continuously winning elections on basis of the hard work of the workers.

He said that to ensure that this victory continues in the future, we have to work tirelessly and without stopping. BJP state president appealed to the workers to reach Panipat on 9 December with as many people as possible.

To avoid cold wave, residents should take special precautions, follow advisory issued by district administration: DC

RANVIR PARASHAR

KAITHAL: DC Preeti said that district administration has issued special advisory as per instructions of government to prevent cold stroke due to cold wave. DC has also appealed to general public to take special precautions to protect themselves from cold wave and cold. Cold wave is going on these days. In view of this, we can avoid cold stroke by taking precautions. To protect ourselves from cold wave, follow these things. She said that to avoid cold stroke, keep taking weather related information from radio/TV/newspapers for weather forecast. Stock up on adequate clothes for winter. Keep doors and windows properly closed to prevent cold air from entering the house. Various diseases like flu, cold are usually caused due to prolonged exposure to cold. Therefore, consult local health workers or doctor. Stay indoors as much as possible and avoid exposure to cold air, rain, snow. Wear warm clothes. Tight clothes restrict blood flow, avoid them. To maintain body heat, keep your head, neck, hands and toes covered adequately. Keep gloves on hands. Wear a cap or muffler on head, eat healthy food. According to Health Department, to maintain adequate immunity, eat fruits and vegetables rich in Vitamin C. Drink hot liquids regularly, this will maintain body heat to fight the cold. She advised to take special care of elderly people, newborns and children and said that keep asking about the well-being of neighbors who live alone, especially elderly people. Use room heaters only as per need, but make arrangements for adequate ventilation while using room heaters. Burning coal in closed rooms can be dangerous. Because it produces poisonous gas like carbon monoxide.

Come forward to help the deprived children: Assembly Speaker Harvinder Kalyan

SHIV KUMAR SHARMA KARNAL, JAN 5

Haryana Assembly Speaker Mr. Harvinder Kalyan said that every child has the right to study and move forward in life. Some children in the society are deprived of their rights due to some reason. Governments support such children at their level, but it is also the responsibility of the society to come forward to help such children. The Assembly Speaker was speaking as the chief guest in the Silver Jubilee program organized on the 25th foundation year of the institution at MDD Bal Bhawan located on the local Phusgarh Road on Sunday. Earlier, he formally started the program by lighting the lamp and wished the Managing Committee and children of MDD Bal Bhawan on this auspicious occasion.

Assembly Speaker Mr. Har-



vinder Kalyan said that serving humanity is the true service of God. Some social organizations are carrying forward social work even in adverse circumstances and lack of resources with the resolve of truth and service. Such a resolution of service definitely gets the support of the society. The entire team of MDD Bal Bhawan has also been working with this resolution for

the last 25 years, keeping the interests of children paramount. He said that the present government is also working with the spirit of Antyodaya to uplift the deprived section of the society. Wishing a bright future for the children, he also talked about giving full support to the institution from the government. He called upon the affluent people of the society to come forward to

support the institutions doing such social work so that the deprived section of the society can move forward in life. The chief guest was also honored by the organizing committee by giving a memento.

In the program, the children of the institute also gave a presentation full of religious and patriotic sentiments and welcomed the guests with a welcome song. In the program, MDD Bal Bhawan director PR Nath told about the glorious history of 25 years of the institute through a power point presentation and said that all the facilities are available for children today in this institute started in 1999. At present 95 children are staying here and getting education in various educational institutions of the city. Not only this, the institution is also making better efforts to develop their skills.

'Chai Pe Charcha' program organized at Nehru Palace with MLA Jagmohan Anand

SHIV KUMAR SHARMA KARNAL, JAN 5

Large number of people gathered at Nehru Palace in the city on Sunday for the Chai Pe Charcha program started by the MLA of Karnal every Sunday. MLA Jagmohan Anand met everyone. During this, he made several suggestions for the betterment of the city. He also asked for suggestions from the public. Along with this, he said that he was a servant of the public and as their representative and he would raise the voice for their rights in the Vidhan Sabha.

The program of Chai Pe Charcha started with Bhajan. After this, MLA Jagmohan Anand asked everyone to give suggestions for the betterment of the city. He said that every Sunday suggestions would be



taken from the common people and the better suggestion would be considered according to their suggestions development works will be done. He said that the Chai Pe Charcha program was not a platform of any one person but of the entire city residents. Anyone can come here and give their suggestions. If the suggestion was good then work will

definitely be done.

MLA Jagmohan Anand said that the people of Karnal have given him a huge majority and sent him to the Haryana Assembly. He was a servant of the people and as their representative he will raise the voice for their rights in the Haryana Assembly. He has a special attachment with the people of

Karnal. He was working as their representative. Efforts will be made to immediately fulfill the important demands of the people of Karnal.

People should form double to triple engine government in corporation elections

MLA Jagmohan Anand said that there was a double engine government of Prime Minister Narendra Modi at the center and Naib Singh Saini in the state. The public should work to form a triple engine government by making the BJP candidates win in the corporation elections so that the municipal corporation area can be improved rapidly. On the question of candidates, he said that all loyal party workers were equal for him. The BJP organization will decide who will be made the candidate.

NEWS BRIEF

Baba Lal Dayal temple holds annual function day



YAGYA DUTT SHASTRI PEHOWA: Annual function day was celebrated in Baba Lal Dayal temple. Baba Lal Dayal Sabha Executive President Tirth Ram Kapoor said that Shri 1008 Mahant Ramesh Das from Rampur Datarpur participated in the programme. Mahant Ramesh Das said that all religions give the message of serving humanity with love and brotherhood. The ways of worshipping God may be different. But the path leads to this God. Councillor Mahant Deepak Prakash from Ward No. 13 of Nagar Palika participated as a special guest in the programme. Mahant Deepak Prakash said that man should take out some time from his busy life and remember God. He said that the saint community has a special role in showing the path to the lost people in the society. Satguru Baba Lal Dayal Maharaj always gave the message of mutual love and brotherhood to the society. Following the path shown by him, all his followers are engaged in works for the welfare of humanity.

Seven-day NCC camp concludes



VJAY KAUSHIK LADWA: A seven-day N.S.S. camp concluded in Government Senior Secondary School of village Mehra in Ladwa block. On the last day of the camp, the camp was started with Saraswati Vandana and N.S.S. song. On the last day, the programme was presided over by Rajendra Sharma, N.S.S. officer. The closing ceremony was done by the Principal of the school, Shri Arjunlal. He shared the experience of national service and seven days with the volunteers. On this occasion, Mrs. Anuradha and IT lab in-charge Nisha emphasized on the volunteers to achieve life goals and shape their future. N.S.S. officer Rajendra Sharma expressed his gratitude to all the teachers and children on the successful completion of the camp. Surendra Saini (Haryana School Teachers Association), Block Pradhan Ladwa, Shiv Gupta, Head Teacher Sachin, Sandeep, Anuradha and Nisha Tiskraj, Block Pradhan Hasla Ladwa participated.

Shri Ram Swaroop Sangeet Sadan spreads the magic of music in Sufiana Kalam



KULDEEP SOOD BARNALA: A programme called Sufiana Kalam was organised at Shri Ram Swaroop Sangeet Sadan on the auspicious arrival of New Year. Giving information, Dr. K.C. Sidana, President of Shri Ram Swaroop Sangeet Sadan (Regd.) Barnala and General Secretary Kamal Prakash Sharma said that their organisation organised a musical evening on the arrival of New Year like every year, in the same series, a programme called 'Sufiana Kalam' was organised on Wednesday evening. On this occasion, Ustad Ujagar Antal and Prof. Manisha arrived specially with their team for the art presentation. They first presented the Bada and Chota Khayal of Raag Pooriya Dhanashree, after which they enthralled the music lovers by singing songs like Tumhe Dillagi Bhool Jani Padhegi, Nit Khair Manga, etc. At the end of the program, Prof Manisha made the atmosphere devotional by singing the bhajan 'Meri Jhopdi Ke Bhag Aaj Khul Jayenge'. The chief guest of the program was Lions Club Supreme Barnala's President Ashok Kumar Garg (KV Gas Agency) and Dr. Jagmohan Sharma Patiala was the guest of honor.

Kaithal Police making people aware against drugs

SANJAY SHARMA
KAITHAL, JAN 5

Under the Drug Free Haryana plan, a campaign is being run as per the instructions of SP Rajesh Kalia with the aim of making the society drug free, under which the police team is continuously making their common people including the students aware about the ill effects of drugs in Kaithal district.

Under this campaign, on Sunday, the team of PSI Ramlal, ASI Omprakash, HC Sunil Kumar and Home Guard Shamsher Singh, who were part of the awareness team, made the students and prominent people aware about drugs during the

ongoing NSS camp in MDN School Kalayat and other schools, and appealed to the general public for cooperation in making this campaign successful. Giving information, DSP Kuldeep Beniwal said that Kaithal Police is continuously making the people of the district aware about not taking drugs and its bad consequences. Along with this, Kaithal police are identifying drug

addicts and getting them counselled. Police will make every possible effort to make them quit drugs. Public cooperation is necessary to make this campaign successful. To spread this awareness message of police to every household, the public should also make their family and neighbours aware about drugs. A drug addict ruins his family as well as himself.



Minister Rajesh Dharmani honours excellence at Achiever Samman Ceremony 2025 in Ghumarwin

AJAY KUMAR UPADHYAY
BILASPUR, JAN 5

In a grand celebration of talent and perseverance, Urban Planning, Housing, Technical Education, Vocational, and Industrial Training Minister Rajesh Dharmani graced the Achiever Samman Ceremony 2025 at Minerva Institute, Ghumarwin, as the chief guest. The ceremony honored students who excelled in prestigious competitive exams, including UPSC, Army, MBBS, and JEE Mains, bringing pride to their families, the institute, and the state.

Commending the achievements of the students, Minister Dharmani emphasized the importance of recognizing talent and inspiring others through such events. He urged the achievers to continue striving



for excellence in their respective fields and contribute meaningfully to the development of the nation and the world. Praising Minerva Institute for its outstanding performance, he highlighted that 52 students from a single batch were selected for MBBS, while 29 secured admissions in engineering programs. He described this as a significant accomplishment for the institute and the state.

Pravesh Chandel, Founder and Convener of Minerva Educational Institute, extended heartfelt

congratulations to the students, parents, and teachers for their relentless efforts and dedication. He acknowledged the critical role played by educators and families in shaping the success of these talented individuals.

The ceremony also witnessed the presence of prominent dignitaries, including Himanshu Monga, Director and Principal of Bandla Hydro Engineering College, along with Vinay Sharma, Anu Chandel, Aarti Chandel, Swadesh Chandel, Kartavya Chandel, and Abhivandan Chandel.

Indian cycling team was selected by the Indian Cycling Federation on Katra Delhi Express Highway for the Asian Road Cycling Championship to be held from 6 to 16 February in Bangkok, Thailand. Selection was done under the supervision of Indian Cycling Federation Joint Secretary and Haryana State Cycling Association General Secretary Neeraj Tanwar. Haryana State Cycling Association General Secretary Neeraj Tawar expressed his gratitude to Indian Cycling Federation General Secretary Maninder Pal Singh and said that Haryana was selected for the trial due to which cycling in Haryana is reaching new heights today. For the Asian Road Cycling



Championship, 40 km individual time trial for men's category Akshay Tyagi from Delhi, Ashirvad Saxena from Telangana, Manav Sharda from Rajasthan, 30 km individual time trial for women's category Jasmeet Kaur Sekho from Punjab, Himanshi Singh from Haryana, Pooja Lega from Rajasthan, 30 km individual time trial for junior boys Ram Avatar from Rajasthan, Mahavir Sharan from Rajasthan, Ashok Rao

from Rajasthan and 20 km individual time trial for junior women's category Harshita Jakhar from Rajasthan, Juhi Narkar from Maharashtra, Bhumika Haryana's Indian cycling team was selected on the basis of trials. Players were selected in the team. Assistant Secretary of Indian Cycling Federation said that in this trial, more than 60 players from different states displayed their talent.

Cold wave in Srinagar continues, temperature drops to minus one degree

AGENCY
SRINAGAR, JAN 5

The cold wave in Srinagar continued on Sunday, creating difficulties for residents. The temperature recorded in Srinagar was minus one degree, as per the India Meteorological Department (IMD). A local complained that there was no visibility in the city which was causing a problem for them.

"The temperature is currently minus one or two degrees. There is zero visibility... we cannot even drive... we have to keep ourselves layered with clothes to protect ourselves from the harsh weather," said a local. Another local said that there was no sunlight in



the city. "We haven't seen sunlight in several days. It has been very cold... however, I feel it is an experience for a lifetime.." said another local.

Additionally, IMD has also predicted rainfall in parts of Jammu and Kashmir and Himachal Pradesh on Sunday. Meanwhile, other

parts of North India continue to battle cold conditions and dense fog.

In Uttar Pradesh, people woke up to a chilly morning as a dense layer of fog blanketed cities, towns and villages. The minimum temperature recorded in Kanpur was 9 degrees Celsius, according to the

India Meteorological Department (IMD).

Visuals showed people layered in woollen clothes sitting near bonfires to keep themselves warm. Sanjay Kumar Rathore, a local said that he could not work properly in the harsh weather.

"It is very cold.. it is getting very difficult for us. We are not able to work as well.. we are poor and we don't have any option except to work in this harsh weather," Rathore said speaking to ANI.

Ayodhya also saw a thick layer of fog and the minimum temperature recorded was 12.6 degrees Celsius, as per IMD. The low visibility due to the fog reduced the visibility in the city to 50 metres and has also disrupted

the traffic. Meanwhile, in Prayagraj, the temperature dropped down to 11 degrees Celsius as per IMD.

A local said that there was barely any visibility in the city.

"It has gotten very cold right now. There has been a lot of fog right now and there is barely any visibility," said a local speaking to ANI.

In Rajasthan, Jaipur recorded a minimum temperature of 10 degrees Celsius as per IMD. Earlier on January 3, the IMD had issued an alert regarding a fresh active western disturbance in Northwest India from January 10 to 12.

Under the influence of this western disturbance, light rainfall is expected in the north western states.

Barnala Police launches anti-sabotage drive to ensure public safety

KULDEEP SOOD
BARNALA, JAN 5



The Anti-Sabotage Team of Barnala Police, under the leadership of District Police Superintendent Sandeep Malik, conducted a checking campaign in bus stands, railway stations and other congested areas to ensure the safety of the people. This campaign was launched with the aim of preventing potential threats and promoting a sense of security among the people. District Police Chief Sandeep Malik said that the aim of this campaign is to prevent any untoward incident in the district and ensure high levels of security. Especially during festivals and New Year, the crowd increases in public places, in such a situation, it is necessary to ensure that no suspicious

activity can disturb the peace of the district. During this operation, the anti-sabotage team thoroughly checked the bus stand Tepal with the help of metal detectors and other modern equipment. Apart from this, vehicles parked in public places, suspicious bags and other items were thoroughly checked. Moreover, the team also spoke to the shopkeepers, passers-by and people present around and motivated them to be alert and inform the police about suspicious activities.

Haryana's waste management plan has collapsed: Kumari Selja

SHIV KUMAR SHARMA
SIRSA, JAN 5

The General Secretary of the All India Congress Committee, former Union Minister, and Member of Parliament from Sirsa, Kumari Selja said that the waste management plan in Haryana has completely collapsed. Existing waste management plants are on the verge of closure, with garbage piles forming at the sites. Neither compost has been produced nor electricity generated from waste. Now, the BJP government is once again adding insult to injury by announcing electricity production from waste. Whether it's the BJP-led state or central government, they excel at misleading the public through false promises. The



government must take concrete and effective steps toward waste management first. In a statement released to the media Kumari Selja said that a waste management plant was established in the village of Bakrianwali in Sirsa in 2006. Over the past 14 years, hundreds of thousands of tons of garbage have accumulated at the site. Though machinery was

installed at the plant in 2006 to process waste and produce compost, the plant itself has now turned into a garbage dump. Similarly, a waste management plant in Ambala failed to produce compost or electricity, despite the BJP government's promise to generate electricity from waste. Kumari Selja has said that Union Power Minister and former Chief Minister of

Haryana, Manohar Lal Khattar, announced that electricity would be generated from waste in Haryana, starting with waste-to-energy plants in Gurugram and Faridabad. While electricity generation is a good initiative, attention must also be paid to the existing waste management plants, which are now surrounded by massive garbage heaps. Residents of Bakrianwali village have repeatedly protested and gone on hunger strikes because the unprocessed waste has led to foul odors, diseases, and non-fertile fields in the surrounding areas. Kumari Selja said that even the announcement to generate electricity from the Sirsa district plant remains confined to papers.

Recognising potential of daughters, Modi has given opportunities: Dr. Arvind

SHIV KUMAR SHARMA
GOHANA, JAN 5

Cooperative, Prison, Heritage and Tourism Minister Dr. Arvind Sharma said that today, thanks to the opportunities provided by Prime Minister Narendra Modi to provide equal opportunities to daughters like sons and to take them forward in creative fields according to their talent, daughters are bringing glory to their areas and parents in the country and the world. He said that in the state, Chief Minister Nayab Singh Saini is fulfilling the resolution of Prime Minister Narendra Modi and it is our responsibility to strengthen him together, so that the uplift of every community can be ensured. On Sunday afternoon, Cooperative Minister Dr. Arvind Sharma felicitated 15-year-old Sania



Panchal, daughter of village Rukhi, in a program organized at Shaheed Sukhbir Government Senior Secondary School campus of village Rukhi. Congratulating Sania Panchal, who set out to spread awareness about crimes against daughters through a marathon from Lal Chowk of Kashmir to Kanyakumari, Cooperative Minister Dr. Arvind Sharma said that today women empowerment is being

strengthened fundamentally in the country and the state.

The campaign of 'Beti Bachao-Beti Padhao' started by Prime Minister Narendra Modi in Panipat against female foeticide has changed the attitude of the society towards daughters. Today our society is not only focusing on the good education of daughters, but is also giving respect to daughters working in the self-employment sector as well as the government sector. He said that the awareness campaign started by Sania Panchal, daughter of Gohana from Kashmir, is getting public support. He said that today the discrimination between son and daughter is ending, due to which the feeling of equality has increased in the society and the participation of women in the upliftment of society and nation has increased.

BJP policies discussed at Shivalik Vidya Mandir High School



RAHUL KOHLI
YAMUNANAGAR:

BJP's District Secretary Jangsher Singh and member Sakshi Singh met the principal and teachers of Shivalik Vidya Mandir High School. They informed the staff about the policies of the BJP. And made them aware of the welfare policies of the BJP's Modi government at the center and the Haryana government. Jangsher Singh said that under the leadership of Chief Minister Nayab Singh Saini, work will be done to take Haryana forward by taking all sections along. Schemes like Ayushman Bharat Ujjwala Yojana have given relief to the general public. School principal Rahul Soni, Master Brahmapal, Praveen Pahuja, Saroj Rani, Ranjana Gupta, Kulwinder Kaur, Preeti Saini, Ashutosh Singh were present on the occasion.

Editorial

Crucial message

With its diversity and complexity, a population of over 1.4 billion, and a fast-growing economy, India stands at the forefront of climate-related challenges and solutions. Over the years, India has faced increasingly visible and frequent climate impacts. What were once isolated incidents of droughts, flooding, heat waves, and erratic snowfall are now becoming a regular pattern. India faces the enormous challenge of balancing its ambitious growth vision with its commitment to achieving net-zero emissions by 2070. Managing this complex but critical journey requires not only enabling policies, financial and other resources but also active and committed participation by all actors of society. Here, climate communication comes in as a critical enabler to bridge the gap among awareness, alignment and action, fostering a shared understanding, commitment and collective progress toward a sustainable future.

The centrality of climate science in crafting solutions cannot be overstated, but the challenge lies in its accessibility. It often seems daunting because it is too technical and, therefore, irrelevant because it is not relatable to our everyday contexts. This gap between scientific knowledge and actionable insights can greatly deter progress. This is where climate communication serves as a pathway in translating complex data and technical jargon into relatable messages that inform policy decisions and encourage public engagement. For policymakers, communicators can frame climate action as a way of achieving broader goals. For example, rising temperatures, erratic monsoons, and extreme weather events directly affect agriculture, public health, and economic stability — issues central to India's development agenda that resonate with national priorities. Simplifying these connections empowers decision-makers to design evidence-based policies and interventions while advancing public understanding, support and accountability. Moving from awareness to action demands a paradigm shift in how climate change is perceived. One of the biggest challenges for a country as vast as India is the enormous task of shifting public perception towards climate change and making it relatable or personal enough for people to want to care about it. Despite increasing awareness, many Indians still perceive climate change as a distant threat, disconnected from their daily lives. This perception gap undermines the urgency of action. Prime Minister Narendra Modi made a critical call to action through a public movement initiative — Mission LIFE — to mobilise individuals to become "Pro-Planet People" and for the journey towards sustainability to start with themselves.

Shaping India’s digital future: A citizen-centric approach to data protection

BY SHRI ASHWINI VAISHNAW

When we talk about the global future, then human-centric approaches should be foremost." These words from our Hon'ble Prime Minister Shri Narendra Modi at the recent United Nations' Summit of the Future' reflect India's vision of putting people first. This philosophy has guided our efforts in shaping the Draft Digital Personal Data Protection (DPDP) Rules, 2025. The rules, after being finalized, would operationalize the Digital Personal Data Protection Act, 2023, bringing to life our commitment to safeguarding citizens' right to personal data protection.

A New Era of Empowerment

The Indian citizen lies at the heart of the DPDP Rules, 2025. In a world increasingly dominated by data, we believe it is imperative to place individuals at the heart of the governance framework. These rules empower citizens with rights such as informed consent, data erasure, and the ability to appoint digital nominees. Citizens will no longer feel helpless in the face of breaches or unauthorized data usage. They will have tools to protect and manage their digital identities effectively.

The rules are designed with simplicity and clarity, ensuring that every Indian, regardless of their technical knowhow, can understand and exercise their rights. From ensuring consent is sought in clear terms to mandating that information be provided to the citizens in English or any of the 22 Indian languages listed in the Constitution, the framework reflects our commitment to inclusivity.

Safeguarding children

Children requires special care in the digital age. Recognizing this, the rules mandate verifiable parental or guardian consent for processing the personal data of minors. Additional safe-



guards ensure that children are shielded from exploitation, unauthorized profiling, and other digital harms. These provisions reflect our dedication to creating a safer digital space for the future generation.

Balancing Growth with Regulation

India's digital economy has been a global success story, and we are determined to keep this momentum alive. Our framework ensures personal data protection for the citizens while enabling innovation in the digital economy. Unlike some international models that lean heavily towards regulation, our approach is pragmatic and growth-oriented. This balance ensures that citizens are protected without stifling the innovative spirit that drives our startups and businesses.

Small businesses and startups will face lower compliance burdens. The rules are designed with graded responsibilities, taking into account

the varying capacities of stakeholders. Larger companies, based on assessment of data fiduciaries, will have higher obligations, ensuring accountability without disrupting growth.

A Digital-First Philosophy

At the core of these rules is a "digital by design" philosophy. The Data Protection Board, tasked with resolving grievances and enforcing compliance, will function predominantly as a digital office. By leveraging technology, we ensure efficiency, transparency, and speed. Citizens can file complaints, track progress, and seek resolutions without unnecessary physical interactions.

This digital-first approach extends to consent mechanisms and data management workflows. By streamlining processes, we make it easier for fiduciaries to comply, and for citizens to engage, fostering trust in the system.

Inclusive Approach

The journey to these rules has been as inclusive as their intent. Grounded in the principles of the Digital Personal Data Protection Act, 2023, the draft rules are a product of wide ranging inputs gathered from various stakeholders and study of global best practices.

We have opened a 45-day public consultation period, inviting feedback and suggestions from citizens, businesses, and civil society. This engagement is a testament to our belief in collective wisdom and the importance of participatory policymaking, while ensuring that the framework is not only robust but also adaptable to the unique challenges of our socio-economic landscape.

To ensure citizens are aware of their rights and responsibilities, widespread awareness initiatives will be undertaken to educate the citizens about their rights on their personal data.

A Vision for the Future

As we unveil these rules, we are not merely addressing present challenges but laying the groundwork for a secure and innovative digital future. The Draft Digital Personal Data Protection Rules, 2025, reflect India's leadership in shaping global data governance norms. By placing citizens at the center and fostering a conducive environment for innovation, we are setting a precedent for the world to follow.

Our commitment is clear: to protect, empower, and enable every Indian in this digital age. I encourage every citizen, business, and civil society group to participate in this dialogue by sharing comments and suggestions during the consultation period. Together, let us refine these rules to create a framework that truly represents the aspirations of a secure, inclusive, and thriving digital India.

The Author is the Hon'ble Minister for Electronics and Information Technology, Information & Broadcasting, and Railways.

Literature & Health

Study links coffee, tea consumption to lower risk of head, neck cancer

Recent research has suggested that drinking coffee and tea may lower the risk of developing head and neck cancer, a group of cancers that includes cancers of the mouth, throat, and larynx.

The findings, published in the peer-reviewed journal *CANCER* by the American Cancer Society, offer new insights into the potential protective effects of these popular beverages.

A new pooled analysis combining data from 14 studies has revealed promising results for coffee and tea drinkers.

The research, conducted by the International Head and Neck Cancer Epidemiology Consortium, examined over 9,500 patients with head and neck cancer and more than 15,700 cancer-free controls.

The findings suggest that individuals who consume coffee and tea regularly may experience a reduced risk of developing head and neck cancers.

The study found that individuals who drank more than four cups of caffeinated coffee daily had 17 per cent lower odds of



developing head and neck cancer compared to non-coffee drinkers.

Furthermore, regular coffee drinkers showed a 30 per cent reduced risk of oral cavity cancer and a 22 per cent lower risk of throat cancer.

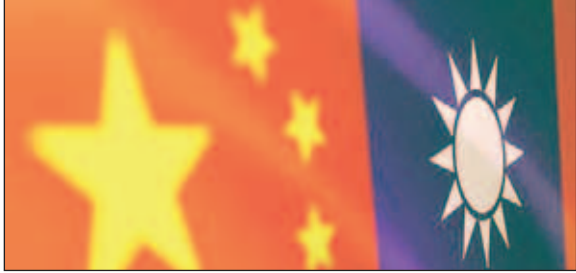
Specifically, consuming 3-4 cups of caffeinated coffee daily was associated with a significant 41 per cent reduction in the risk of hypopharyngeal cancer, a type of cancer located at the bottom of the throat.

Taiwan bars Chinese newspaper from stationing reporters

Mainland Affairs Council (MAC) said that the Chinese newspaper *Strait Herald* would be indefinitely barred from stationing reporters in Taiwan due to its involvement in "united front work" activities and said that it no longer consider the outlet as a "legitimate media platform," according to a report by Focus Taiwan.

"The media outlet has a clear nature of engaging in united front work targeting Taiwan... We believe the *Strait Herald* is no longer a legitimate media platform," Liang Wen-chieh, deputy head and spokesperson of the MAC said on Thursday.

Liang Wen-chieh, did-



n't provide any detailed explanations for the timing of the decision. Liang also noted that Lin Jingdong, a member of the *Strait Herald* management committee, had been found by the Taichung District Court in August to have fabricated public opinion polls about Taiwan's 2024 presidential election. The polls were allegedly intended to manipulate public opinion and in-

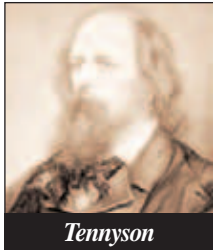
terfere in the election.

In addition to the ban on *Strait Herald* reporters, Taiwanese authorities will also prohibit the newspaper's parent organisation, Fujian Daily Newspaper Group, from assigning reporters to Taiwan, Liang added. Currently, the *Strait Herald* has one reporter stationed in Taiwan whose permit is valid until January 23.

POEM

The Day-Dream

LADY FLORA, let me speak: A pleasant hour has passed away While, dreaming on your damask cheek, The dewy sister-eyelids lay. As by the lattice you reclined, I went thro' many wayward moods To see you dreaming—and, behind, A summer crisp with shining woods. And I too dream'd, until at last Across my fancy, brooding warm, The reflex of a legend past,



Tennyson

And loosely settled into form.

And would you have the thought I had,

And see the vision that I saw,

Then take the broidery-frame, and add A crimson to the quaint

Macaw,

And I will tell it. Turn your face,

Nor look with that too-earnest eye—

The rhymes are dazzled from their place

And order'd words asunder fly. By Alfred, Lord Tennyson

The Lasting Legacy of Paramahansa Yogananda (132nd Birth Anniversary Special)

Our world is a dream within a dream; you must realize that to find God is the only goal, the only purpose for which you are here."— Sri Sri Paramahansa Yogananda.

The beloved Guru, Sri Sri Paramhansa Yogananda, often expressed that the highest purpose of human life is to seek God. Everything else can wait but one's search for God.

Yoganandaji was born Mukund Lal Ghosh to devout Bengali parents, Gyan Prabha, and Bhagbati Charan Ghosh, on 5th January 1893 in Gorakhpur. When Gyan Prabha visited her Guru, Lahiri Mahasaya, with baby Mukunda in her arms, the great saint had blessed her, saying, "Little mother thy son will be a yogi. As a spiritual engine, he will carry many souls to God's kingdom." "The sacred prophecy was to come true in times to come.

As a child, Mukund would pray



deeply to Ma Kaali and meditate. On one such occasion, he fell into a deep reverie and saw an immense flash of light in his inner vision. As he marvelled at the supernal light, he queried, "What is this wondrous glow?" to which he received a heavenly response, "I am Ishwar, I am

Yoganandaji was born Mukund Lal Ghosh to devout Bengali parents, Gyan Prabha, and Bhagbati Charan Ghosh, on 5th January 1893 in Gorakhpur. When Gyan Prabha visited her Guru, Lahiri Mahasaya, with baby Mukunda in her arms, the great saint had blessed her, saying, "Little mother thy son will be a yogi. As a spiritual engine, he will carry many souls to God's kingdom." "The sacred prophecy was to come true in times to come.

Light." On this other-worldly experience, Yoganandaji wrote in his autobiography, "Out of the slow dwindling of my divine ecstasy, I salvaged a permanent legacy of inspiration to seek God."

In 1910, at seventeen, he embarked on a spiritual journey in

search of God. This quest led him to his revered guru, Swami Yukteswarji. Under his guru's loving yet strict guidance, he embraced the sacred monkhood of the Swami order, adopting the name Paramahansa Yogananda, which signifies the attainment of the highest bliss through

union with God.

In 1917, he founded the Yogoda Satsanga Society of India (YSS) in Ranchi and the Self-Realization Fellowship (SRF) in Los Angeles in 1920.

The primary aim of these two organizations is to disseminate the ancient spiritual science of 'Kriya Yoga' meditation techniques, to realize life's ultimate purpose - the union of the soul with God. Aspirants can receive these sacred teachings, written by the great master himself, as home-study lessons upon request from the YSS Ashrams.

While in the USA, Yoganandaji worked tirelessly to spread the wisdom of the above Indian spiritual practices, which were very well received and appreciated. Driven by a longing to share his quest for God, he undertook to write the highly acclaimed spiritual masterpiece, 'Autobiography of a Yogi' a book that has had a deep impact on countless indi-

viduals around the globe and has been translated into over 50 languages. His extensive teachings have profoundly influenced millions of people, and cover a wide range of subjects, focusing especially on: 1) The science of 'Kriya Yoga' meditation, which is an advanced Raja Yoga technique, drawing human consciousness to higher levels of perception. 2) The deep-rooted unity present in all true religions. 3) Ways to achieve a balanced life encompassing physical, mental, and spiritual well-being.

The respected Jagadguru is now recognized as one of the most impactful ambassadors of India's ancient teachings worldwide. His life and teachings serve as an everlasting wellspring of inspiration and motivation for people from all walks of life, regardless of their race, culture, or beliefs. For further info.: yssi.org

Writer: Renu Singh Parmar

SANJAY SHARMA
KAITHAL: Hindi professor Dr. Vijay Chawla working in Aarohi School Gyong while giving information said that in the light of the National Curriculum Framework for school education, the National Council

of Educational Research and Training (NCERT), New Delhi was preparing a report on the syllabus and textbooks. The process of production was progressing smoothly. In this context, the NCERT has been making efforts to familiarise

children with new text books through various exercises in the process of reading-writing and teaching-learning. In order to provide an opportunity to connect together, it has been decided to create 'Setu-Material'-bridge course for Class 5.



NEWS BRIEF

Winter sports camp organized in Sant Singh Sukha Singh Khalsa School



AMRIK SINGH AMRITSAR: A winter sports camp was organized in Sant Singh Sukha Singh Khalsa Senior Secondary School under the leadership of Principal Dr Gurrattan Singh. In the camp various games such as badminton, kho-kho, chess, carom and tug of war were organized. Everyone's cooperation will be involved in the successful organization of International Saraswati Mahotsav. While talking to journalists and photographers at Kisan Rest House Pehowa on Sunday, he also sought their suggestions to celebrate International Saraswati Mahotsav in a more grand manner. He said that

Annual Jor Mela at Dhanaula at Gurdwara Shaheed Baba Natha Singh Ji begins from Jan 7
BALWINDER AZAD BARNALA DEHATI: Remembering the memory of Baba Rajwant Singh, a resident of Sachkhand, the famous religious site of Malwa, Gurdwara Shaheed Baba Natha Singh Ji, the penance place, and dedicated to the arrival of the blessed Sri Guru Gobind Singh Ji, the son of a martyred father, the father of martyred sons, the giver of Sahib-e-Kamal Amrit, this year too, like every year, is being celebrated with full devotion and spirit with the support of the Sangats from home and abroad and the residents of the area.

International Saraswati Mahotsav will be celebrated with grandeur: Kirmach

YAGYA DUTT SHASHTRI PEHOWA, JAN 5

Vice President of Haryana Saraswati Heritage Development Board Dhuman Singh Kirmach said that International Saraswati Mahotsav will be celebrated with full grandeur in subdivision Pehowa. Everyone's cooperation will be involved in the successful organization of International Saraswati Mahotsav. While talking to journalists and photographers at Kisan Rest House Pehowa on Sunday, he also sought their suggestions to celebrate International Saraswati Mahotsav in a more grand manner. He said that



International Saraswati Mahotsav will be celebrated on the lines of International Gita Mahotsav in subdivision Pehowa. This festival will start from 29th January, which will be inaugurated by Chief Minister Haryana Nayab Singh Saini from Adi Badri. He said that International Saraswati Mahotsav will be celebrated with great pomp at Maa Saraswati Tirtha through

Saraswati Vikas Board. While discussing with all the journalists and photographers, he told that this year Saras Mela will also be organized at Maa Saraswati Tirtha. Along with this, cleanliness and decoration will also be done from Saraswati Prachi Tirtha to Saraswati Tirtha in the festival. Dhuman Singh Kirmach said that International Saraswati

Mahotsav will be started from Adi Badri from 29th January and will conclude at Pehowa Saraswati Tirtha. He requested all the journalists and photographers and said that their cooperation will be very much needed in taking Maa Saraswati Mahotsav to international level. He discussed various aspects with the journalists and also sought their suggestions to make the festival more successful. He said that all the journalists should promote Saraswati Mahotsav to the international level by doing maximum publicity so that the name of subdivision Pehowa becomes famous all over the world.

Serving needy and helpless is virtuous act: Yogendra Rana

SHIV KUMAR SHARMA KARNAL, JAN 5

On behalf of Shri Krishna Kripa Parivar, ration and blankets were distributed to poor families at Sanatan Dharma Mandir Assandh. On this occasion, Assandh MLA Yogendra Rana was present as the chief guest. He congratulated the Krishna Kripa Parivar for this virtuous act and said that the service being done by them is highly commendable.

He said that distributing blankets to the poor and giving food to the hungry in the harsh winter season is a virtuous act and



doing such work brings happiness and prosperity in the society.

He said that helping the needy, poor and helpless person is a virtuous act. Along with this, a blanket acts as a bridge in the harsh winter. There is no greater act of charity than helping the poor by becoming their

support in the harsh winter. On this occasion, he inspired other social organizations to come forward for such charitable work. Jagdish Chhabda, Ram Niwas, Deepak Chhabda, Vicky Gulati, Virendra Chugh, Sanjeev Khanna, Ramesh Madan, Ramesh Batra, Sonu Batra were present.

Sikh community in Sadhaura holds Nagar Kirtan on occasion of Guru Govind Singh's Prakash Utsav



PREETI SAINI SADHAURA: Giving information, Inderjit Singh Dhillon said that 6 January is celebrated as the Prakash Utsav of Guru Govind Singh, in which the Sikh community also organizes langars for the common people at various places and Guru Govind Singh is remembered in various ways. Sikh community also took out a Nagar Kirtan in Sadhaura in which the Gatka Party also played an important role, where Gatka Party showed various types of skills at the Sadhaura police station square, which hundreds of people gathered to see.

Accused arrested for cheating in name of sending abroad

VIJAY KAUSHIK LADWA, JAN 5

District police have arrested an accused of cheating of lakhs of rupees in the name of sending people to Australia. Under the able leadership of Superintendent of Police Varun Singla, the team of Economic Offences Wing has succeeded in arresting Rupinder Ojla son Suresh Kumar resident Halalpur Ladwa district Kurukshetra on the charge of cheating of lakhs of rupees in the name of sending abroad. Giving information, police station in-charge Inspector Kuldeep Singh said that in his complaint to the police on December 4, Surendra Pal resident Bakali district Kurukshetra told that he works in agriculture. He wanted to send his son abroad. For this, he contacted Ojla Immigration Ladwa. The owner of Ojla Immigration said that he would send



his son abroad to Australia on a work visa. For this, an agreement was made between them for Rs 28 lakh in which Rs 5 lakh would be paid in advance and the rest after going abroad. Later in November 2023, he gave Rs 5 lakh and documents to the accused at Ojala Immigration Center Ladwa.

Goods worth Rs 85 thousand stolen from Shera Govt Committee Limited



RAJIV SHARMA PANIPAT: A case of theft by breaking the lock of The Shera Cooperative Committee Limited located in village Shera of the block has come to light. Rajkumar, a resident of village Shera, told in a complaint to the Matalouda police station that he is working as a manager in The Shera Government Committee Limited, Shera. On Friday evening at around 5:00 pm, after finishing his duty, he locked the committee and went home. When he came back on Saturday morning, the lock of the main gate of the committee was broken.



सूरा सो पहचानिए जु लरे दीन के हेत ॥
मुरजा पुरजा कटि भरे कबहु न छाडे खेतु ॥

'Deg Teg Fateh'

Heartiest Greetings on the Prakash Parv of Sahib-E-Kamal Sri Guru Gobind Singh Ji

6 January, 2025

“मैं श्री गुरु गोबिन्द सिंह जी को उनके प्रकाश पर्व के पावन अवसर पर शीश नवाता हूं तथा मानवता की सेवा में उनके योगदान का स्मरण करता हूं। उनका अद्वितीय साहस सदैव लोगों को प्रेरित करता रहेगा।”
- नरेन्द्र मोदी





Information, Public Relations & Languages Department, Haryana



www.prharyana.gov.in



Future of Kohli, Rohit up to them: Gambhir



Sydney, Jan 5 (UNI) India Head Coach Gautam Gambhir has refrained from speculating on the future of veteran cricketers Virat Kohli and Rohit Sharma but lauded their commitment and passion for the game.

Speaking to reporters, Gambhir said, "I can't talk about the future of any player. It's up to them. But, yes, what I can say is they still have the hunger, they still have the passion. They are tough people. I hope they will do everything they can to take Indian cricket forward. But, like I said, whatever they do, they will plan for the best interests of Indian cricket."

The comments come amidst their dismal batting show in the just-concluded five-Test series against Australia Down Under, and speculations surrounding their roles in future. Rohit Sharma managed just 31 runs in five innings, with a highest score of 10, before opting to sit out the final Test.

Virat Kohli fared slightly better, scoring 190 runs in nine innings, though 100 of those came in a single knock in Perth. The duo also endured a disappointing series against New Zealand, where Rohit scored 91 runs

and Kohli 93 across six innings each. However, Gambhir commended Rohit Sharma for his decision to step down as captain following a disappointing performance in the series.

Gambhir described Rohit's move to hand over the captaincy to Jasprit Bumrah as a selfless and team-first decision, though it did not ultimately change the series' outcome.

Despite the failures, Gambhir lauded Rohit's prioritisation of team interests over personal ambitions. "It takes immense courage to admit when things aren't working and step aside for the greater good of the team," Gambhir said, while also urging the media to exercise restraint in their criticism of the beleaguered cricketer.

India's fortunes in the series, however, did not improve under new leadership. The team lost the final Test in Sydney by six wickets, culminating in a 1-3 series defeat. Gambhir, while addressing Rohit's future in the playing XI, refused to confirm his inclusion for the Sydney Test, citing pitch conditions as the decisive factor.

BGT returns to Australia after 10 years following win against India at SCG

AGENCY SYDNEY : Australia broke the 10-year-long hiatus and successfully reclaimed the Border-Gavaskar Trophy after conquering India at the Sydney Cricket Ground and thumping its authority in the fierce rivalry with a 3-1 series win.

Rohit Sharma, who decided to sit out in the final Test, saw his side with downcast eyes. Head coach Gautam Gambhir looked dejected as he saw India's growing misery on the field. The emotions of the two stalwarts summed up the SCG Test.

For India, the three days were a mix of seeing dreams and then watching them crumble right in front of their eyes. The six-wicket defeat ended India's hopes of reaching the World Test Championship final for the third successive time.

On the other hand, the triumph in Sydney booked Australia's date with South Africa in the WTC final at the iconic Lord's. The Baggy Greens will step into the venue with the ambition of successfully defending the WTC mace.

The victory in Perth became a distant memory when India crumbled in the opening hour of Day 3. Australia captain Pat Cummins forced out an edge from Ravindra Jadeja, who tried to cover his line but failed miserably. The Australian skipper nipped one back in to clean up



Washington Sundar for 12(43).

Jasprit Bumrah, who left the field to go for scans and later returned to the dressing room on Day 2, stepped up on the crease to lead his side with the bat. He straightaway cleared his intentions by going after the bowlers. He went for a wild swing on the first ball but was eventually outdone by Scott Boland.

Before wrapping up India's innings, Boland con-

tinued to haunt the visitors with his fiery spells. He lured Mohammed Siraj to give away an outside edge to Usman Khawaja.

Just a ball later, he clicked 133.1 kph and got enough moment to see the ball crash into the top of the leg stump. Bumrah went for a wild swing but missed the line of the ball completely. His dismissal saw India bundle out on 157, setting a target of 162 runs for Australia to chase down.

Australia had a paltry 162-run target to chase down, and Sam Konstas went straight after a Bumrah-less Indian bowling attack. The stand-in skipper Jasprit Bumrah's involvement with the ball was a concern after he suffered from back spasms on Day 2.

There were initial hopes about the prospect of seeing him deliver with the new ball after he came out to bat. However, the hopeful

eyes were soon filled with disappointment when Bumrah was nowhere to be seen on the field.

In Bumrah's absence, Mohammed Siraj spearheaded the attack and bowled in tandem with Prasidh Krishna. With a shining kookaburra in his hand, the dream start by the Indian team faded away.

The pressure played tricks on Siraj's mind and eventually got the better of him.

Boland secures best bowling average in Tests since World War 1 following bumper Border-Gavaskar Trophy



of 162 runs, which they chased down. His match figures of 10/76 are fourth-best at the venue, with Australia's Charlie Turner (12-87 in 1888-89) having the best figures.

Boland made his Test debut for Australia in 2021 and has not made a lot of international appearances due to the presence of the much-accomplished trio of Pat Cummins, Mitchell Starc and Josh Hazlewood. In 13 Tests, he has taken 56 wickets at an average of 17.66 and best figures of 6/7. He has also played 14 ODIs and three T20Is, having taken 19 wickets in these formats combined. Boland made his international debut in 2016 against India.

Boland's Test average is the eighth-best overall in Test history and the best since the first WW (1914-18) among bowlers with a minimum of 50 wickets to his name in the format.

times in the series.

He emerged as the biggest thorn in the eyes of the Indian team during this series. He took 21 scalps in three matches at an average of 13.19, with best figures of 6/45. He took a ten-wicket haul in the fifth Test. He was the third-highest wicket-taker in the series.

In the first innings of the Test, Boland took 4/31 while in the second innings, he lowered it up with even better figures of 6/45 to bundle out India for just 157 runs and give Australia an easy target

"Both of us should have been there": Sunil Gavaskar on being snubbed at presentation ceremony

Sydney: Legendary former Indian cricketer Sunil Gavaskar has expressed his disappointment after being snubbed from the presentation ceremony of the Border-Gavaskar Trophy despite his name being associated with the coveted trophy. The historic series, which saw Australia break a 10-year hiatus and reclaim the trophy with a 3-1 victory, was marked by fierce competition and memorable moments. Gavaskar, who was left out of the presentation ceremony, shared his thoughts on the situation, saying, "I was told just before the Test started that was going to be the situation. If India didn't win or draw the series I wouldn't be required... I'm not feeling sad, but I'm just feeling a little perplexed. It's the Border-Gavaskar Trophy, both of us should have been there," as quoted by ABC SPORT.

AGENCY

SYDNEY : "Frustrated" after his recent injury setback, India's stand-in captain Jasprit Bumrah rued the chance to bowl on the "spiciest wicket" of Sydney in the series.

India faced a massive setback after Bumrah suffered from back spasms during Day 2 of the final Test of the Border-Gavaskar Trophy. After going for scans, Bumrah returned to the dressing room as expectations built around Bumrah's involvement on Day 3.

The stadium erupted in jubilation when Bumrah came out to bat. When India folded on 157, everyone's gaze was fixed on the SCG to see if Bumrah turned up to bowl in the second innings.

When the players formed a team huddle, Bumrah was nowhere to be found, which confirmed his absence with the ball as India failed to defend 161 and conceded a 6-wicket defeat.

Bumrah addressed his recent setback and admitted



he had to accept that his body couldn't fight back.

"A little frustrating, but sometimes you have to respect your body, and you

comfort after the first innings," Bumrah said in the post-match presentation.

The 295-run victory in Perth in the series opener became a distant memory when India fell to a 3-1 series defeat. There were moments when India had the window of opportunity to turn the situation around, but the lack of capitalisation affected India.

For Bumrah, India's failed BGT defence came in a "well-fought" series and a tour that came with a lot of learnings and experiences.

"The chatter was about belief. The other bowlers stepped up in the first innings as well. This morning, the chat was also about belief. Lots of ifs and buts. The whole series was well-fought. Today also, we were there. It was a well-fought series," he said.

"A lot of experience and learnings. A lot of the younger players have come in, and the learnings will help us in future. They have gained a lot of experience, and they will go from strength to strength.

Best individual performance that I've seen": Travis Head's ultimate praise for Bumrah



6/76. In doing so, he surpassed Bishan Singh Bedi's record of

31 wickets from the 1977-78 tour of Australia.

With his searing form and scorching pace, Bumrah's

momentous effort was recognised after being recognised with the Player of the Series award.

Head was one of the closest spectators to Bumrah's prowess and felt he witnessed the best individual performance since he started playing in the Test format.

"I think there were 15 people that were pleased that he has not been involved today. But yeah, that's the way it plays out. I think everyone would've loved to see him bowl," Head said after the match, as quoted from ESPNcricinfo.

Bumrah was rendered unavailable to bowl after suffering from back spasms on Day 2. He was fit enough to bat but was unavailable to take up his duties with the ball.

"He's had a hell of a series. It's probably the best individual performance that I've seen since I've been, I guess playing

Test cricket. I thought he had an exceptional tour," he added.

Head himself enjoyed a rich vein of form with the bat. He ended the series as the leading run-getter with a whopping tally of 448 runs, averaging 56.00 while striking at 92.56.

He has been India's biggest headache across all formats. The southpaw once again turned up to deal the vital blow in the final Test of the series in the chase of a 162-run target.

"The same as always, and if it was to be, it's to be, and I felt like I'm moving well. I've been disappointed in the last couple of innings to find ways to get out, but knew that if I could just build a little partnership with Uzzie (Usman Khawaja) and just take a little bit of momentum out, the same with Beau (Webster)," Head said.

Kho-Kho World Cup 2025 Trophy Design: A Tribute to Sport's Rich Heritage

New Delhi, January 5, 2025: The Kho-Kho Federation of India unveiled the stunning design of the World Cup trophies on Friday, January 3, marking a historic milestone in the sport's journey toward global recognition. These world-class trophies symbolize the pinnacle of achievement in international Kho-Kho, blending the sport's rich heritage with its dynamic vision for the future. The masterfully crafted trophies feature flowing curves and bold structures that reflect the dynamic movement and strategy integral to Kho-Kho. Golden figures atop each trophy capture the essence of players in motion, celebrating the speed, precision and teamwork that define this ancient sport.

"These trophies represent not just victory, but the transformation of Kho-Kho into a global phenomenon," said Shri Sudhanshu Mittal, President of the Kho-Kho Federation of India. "They will inspire generations of players to push their boundaries and showcase our sport's unique appeal to the world." The World Cup will feature two distinct trophies: A blue trophy for the men's championship, symbolizing trust, determination and universal appeal. A green trophy for the women's event, representing growth and vitality.

Both trophies are adorned with intricate crystal detailing, creating a mesmerizing play of light that symbolizes the countless hours of dedication required to achieve sporting excellence. These elegant elements not only reflect the precision and excellence demanded at the highest level of competition but also serve as a poignant reminder that the path to victory is paved with unwavering commitment and perseverance.

"The unveiling of these trophies marks a defining moment for Kho-Kho," remarked Shri M.S. Tyagi, General Secretary of the Kho-Kho Federation of India. "Their exquisite design and symbolism perfectly capture our vision of taking this indigenous sport to new heights while preserving its core spirit."



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