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GOVT COMMITTED TO ENSURE COMPLETE FLOOD PROTECTION **BEFORE MONSOON**

PAGE 7



TRAILER OF ABHISHEK **BACHCHAN-STARRER 'KAALIDHAR LAAPATA' UNVEILED**

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NEWS BRIEFS

NIA chargesheets key aide of Khalistani terrorists

NEW DELHI: The National Investigation Agency (NIA) has chargesheeted Jatinder Singh alias Joti, a key aide of Babbar Khalsa International terrorist Lakhbir Singh alias Landa and dreaded gangster Pavittar Batala in a Punjab terror conspiracy case, officials said on Sunday.

The chargesheet was filed before a special NIA court in Mohali on Friday,. Jatinder Singh, hailing from Gurdaspur district of Punjab, was arrested by the NIA from Mumbai on December 23, last year in the case, according to an official statement.

Ludhiana West bypolls: Counting to begin at 8 AM today

CHANDIGARH: Counting of votes for Ludhiana West assembly constituency would begin at 0800 hrs instead of 0700 hrs on Monday, Chief Electoral Officer, Punjab said on

Sunday. The CÉO has written to Deputy Commissioner-cum-Electoral Officer Ludhiana in this regard. Approximately 51.33 per cent voting was recorded for bypolls, held on June 19. A total of 14 contestants were in the ring, whereas the constituency comprised 1.74 lakh registered voters.

The bypolls, necessitated by the untimely demise of AAP MLA Gurpreet Gogi in January this year, saw a multi-cornered contest.

Delhi Police arrests man wanted in armed robbery, extortion case

NEW DELHI: A man wanted in an armed extortion and robbery case in Harvana's Jind has been arrested by the Special Cell of the Delhi Police, officials said on Sunday. The accused, Naseeb (32), a resident of Sultanpuri in northwest Delhi, was apprehended from the Vikaspuri area on Satur day around 5 pm, they said. He was wanted in connection with an attack on June 13 at a grocery store in Choupda Patti, Narwana, where a gang of four allegedly shot the shopkeepe and looted Rs 2.5 lakh.

Monsoon advances in parts of Punjab



CHANDIGARH: The southwest monsoon advanced in parts of Punjab on Sunday, while conditions are favourable for its further advancement in parts of Haryana and Chandigarh over the next two days, a senior Met department official said. According to Chandigarh Meteorological Department Director Surinder Pal. the

monsoon has advanced in parts of Punjab. "Conditions are favourable for its further advancement in parts of Haryana, including Chandigarh, over the

next two days," he said.

US enters active war, attacks three nuclear sites in Iran

Iran responds with biggest missile strike on Israel

AGENCY WASHINGTON, JUNE 22

President Donald Trump has said that the US military struck three sites in Iran, directly joining Israel's effort to decapitate the country's nuclear programme in a risky gambit to weaken a longtime foe amid Tehran's threat of reprisals that could spark a wider regional conflict. The decision to directly involve the US comes after more than a week of strikes by Israel on Iran that have moved to systematically eradicate the country's air defences and offensive missile capabilities, while damaging its nuclear enrichment facilities. But US and Israeli officials have said that American stealth bombers and a 30,000-lb bunker buster bomb they alone can carry offered the best chance of destroying heavily-fortified sites connected to the Iranian nuclear programme buried deep underground.

"We have completed our very successful attack on the three Nuclear sites in Iran, including Fordow, Natanz, and Esfahan," Trump said in a post on social media on Saturday.

U.S. President Donald Trump has said that Iran will face more military strikes if peace does not come quickly.

Addressing the nation on Saturday evening, Trump said that Iran's key nuclear facilities had been "completely and totally obliterated," and that future



attacks will be "far greater and a lot eas-

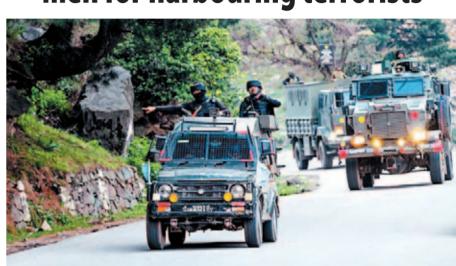
"If peace does not come quickly, we will go after those other targets with precision, speed and skill. Most of them can be taken out in a matter of minutes," he said. "Our objective was the destruction of Iran's nuclear capacity," he said, calling the bombing a "spectac-

PM Modi talks to President Pezeshkian, calls for de-escalation

NEW DELHI: Prime Minister Narendra Modi on Sunday conveyed to Iranian President Masoud Pezeshkian India's "deep concern" over Iran's conflict with Israel and called for immediate de-escalation of the situation through "dialogue and diplomacy". The phone conversation between Modi and Pezeshkian came hours after the US bombed three major nuclear sites -- Fordow, Natanz and Isfahan -- in Iran, bringing itself into the Israel-Iran conflict.

In a social media post, Modi said he expressed "deep concern" at the recent escalations and that dialogue and diplomacy are the way forward for early restoration of regional peace.

Pahalgam attack: NIA arrests two men for harbouring terrorists



AGENCY SRINAGAR, JUNE 22

In a major breakthrough, the National Investigation Agency (NIA) has arrested two men for harbouring the terrorists who had carried out the Pahalgam terror attack that left 26 people dead, the agency said on Sunday.

According to the NIA, the two men -- Parvaiz Ahmad Jothar from Batkote and Bashir Ahmad Jothar of Hill Park in Pahalgam -- have disclosed the identities of the three armed terrorists involved in the attack.

They have also confirmed that the assailants were Pakistani nationals affiliated to the proscribed terrorist outfit Lashkar-e-Taiba

"Parvaiz and Bashir had knowingly harboured the three armed terrorists at a seasonal dhok (hut) at Hill Park before the attack, as per NIA investigations. The two men had provided food, shelter and logistical support to the terrorists, who had, on the fateful afternoon, selectively killed the tourists on the basis of their religious identity, making it one of the most gruesome terrorist attacks ever," it

The two accused have been arrested under Section 19 of the Unlawful Activities (Prevention) Act, which relates to punishment for harboring a terrorist. The NIA has said further investigation into the case is on.

In an attack that shocked the nation, armed terrorists shot dead 25 tourists and a Kashmiri pony ride operator in cold blood at Pahalgam's Baisaran Valley. According to eyewitnesses and the victims' family members, the killers asked their religion before shooting them at close range.

The Pahalgam attack, which crossed several red lines, sparked nationwide outrage. A fortnight later, India launched Operation Sindoor to avenge the killings and targeted terror infrastructure in Pakistan and Pakistan-Occupied Kashmir. New Delhi clarified that it had targeted only terror bases. Pakistan, however, responded by firing a barrage of missiles and drones along India's western border.

Air India Flight from Birmingham to Delhi receives hoax bomb threat



NEW DELHI: An Air India flight from Birmingham to Delhi was diverted to Riyadh on Friday after receiving a bomb threat mid-air. All passengers onboard flight Al114 are safe, the airline confirmed in a statement today. The aircraft made an emergency landing at Riyadh airport, where security agencies conducted a full sweep of the plane. No explosive material was found during the inspection. "The aircraft has landed safely, all passengers have been deplaned, and security checks have been completed," an Air India spokesperson said in a statement. Passengers are being accommodated in hotels while the airline is arranging their travel to Delhi.

Riyadh was chosen as the diversion point due to its proximity and availability of emergency handling facilities Passengers of the flight are expected to depart from Riyadh for Delhi within the next 24 hours. The incident comes at a time when Air India and Air India

Express are already facing operational headwinds. The two carriers together operate over 1,100 flights daily, transporting more than 1.5 lakh passengers The aviation regulator, the Directorate General of Civil Aviation (DGCA) has directed Air India to implement enhanced pre-flight safety checks and temporarily reduce some services to improve operational stability and minimize last-minute flight disruptions.

Door-to-door electoral roll verification likely before Bihar poll AGENCY NEW DELHI, JUNE 22 Election Commission of India (ECI) is

contemplating an intensive house-tohouse verification during the upcoming electoral roll revision before Bihar Assembly Polls in order to make the Electoral Rolls completely robust and free of any kind of errors, according to ECI sources. Such intensive and rigorous revision of the electoral rolls has been done in the past as well. The last such exercise was undertaken in the year 2004, ECI sources said.Over the past, persistent concerns have often been raised by various civil society organisations, political parties and agencies regarding the inclusion or deletion of names of the electors in



the Electoral Rolls. Sanguine about its responsibility, the Election Commission of India has repeatedly emphasised that it is committed to ensuring that only genuine and eligible citizens are enrolled in the electoral rolls. Regular exercise of revision of the Electoral Rolls is undertaken annually throughout the country by the ECI and also before the holding of Elec-

tions/Bye-polls by the ECI.Constitutional and legal frameworks are also quite clear and robust in this regard. The provisions regarding eligibility to be registered as a voter and disqualifications for registration in an electoral roll are clearly laid down in Article 326 of the Constitution of India and Section 16 of the Representation of the People Act, 1950 respectively. The need for constant updation of the electoral rolls arises due to various reasons, such as migration/shifting of electors. "The country continuously witnesses inter-state, intra-state, inter-district and intra-district migration due to reasons such as marriage, job opportunities, education, family requirements etc. For instance, during the year 2024 as per forms received by the ECI, 46.26 lakh

persons shifted their residence, 2.32 crore applied for corrections and 33.16 lakh requested for replacement. Thus, in a single year, nearly 3.15 crore changes were required to be made across the country," ÉCI sources said. Deletion of names of dead electors: Generally, number of deletions of dead voters is much lesser than the registered deaths as the families do not approach the ECI for deletion of names of their kin. The other reason for constant updating is addition of names of young electors attaining the age of 18 years and corrections in the elector details such as names photographs/address.Rationalisation of Polling stations for various reasons, especially in view of the new limit set by the ECI of 1200 electors per polling station from the earlier 1500.

EPFO adds 19.14 lakh net members in April

AGENCY NEW DELHI, JUNE 22

Retirement fund body EPFO added 19.14 lakh members on a net basis in April 2025, according to the payroll data released by the Labour

This figure depicts a significant increase of 31.31 per cent over March 2025 and 1.17 per cent growth over April 2024, the ministry said in a statement.

The Employees' Provident Fund Organization (EPFO) enrolled around 8.49 lakh new subscribers in April 2025, representing a 12.49



per cent increase over March 2025.

Housing sales set to fall 19pc in Apr-Jun across top 9 cities

AGENCY NEW DELHI, JUNE 22

Housing sales are estimated to fall 19 per cent in April-June across nine major cities to 94,864 units on lower launches and subdued demand, according to PropEquity.

In its report released on Sunday,

real estate data analytics firm PropEquity mentioned that housing sales are expected to dip by 19 per cent to 94,864 units in the second quarter of this calendar year from 1,16,432 units in the year-ago period.

Samir Jasuja, Founder and CEO of PropEquity said, "This is for the first time since Q3, 2021 (July-September) that housing sales have fallen below 1 lakh unit mark. Supply, too, has stayed below 1 lakh unit mark for the fourth consecutive quarter.



New supply is estimated to fall 30 per cent to 82,027 units from 1,17,208 units during the period under review.

As per the data, housing sales in Bengaluru are estimated to fall 6 per cent to 14,676 units in April-June this year from 15,582 units in the year-ago period. Sales of residential properties in Hyderabad are likely to fall 20 per cent to 11,815 units from 14,704 units.

Housing sales in Mumbai might fall 34 per cent to 8006 units from 12,114 units. Navi Mumbai is likely to witness 17 per cent decline in sales to 6,833 units from 8,224 units. Housing sales in Thane are expected to decline 34 per cent to 14,832 units from 22,512 units. Pune is likely to witness a 27 per cent fall in sales to 17,196 units from 23,429 units. Housing sales in Kolkata are likely to decrease by 8 per cent to 4,449 units from 4,826 units.

Southwest monsoons likely to reach Delhi, Chandigarh in next two days: IMD



AGENCY NEW DELHI, JUNE 22

The India Meteorological Department (IMD) on Sunday said that the southwest monsoon is likely to reach Delhi, Chandigarh and parts of Haryana, western Uttar Pradesh, Punjab, and Jammu and Kashmir in the next two days, i.e. by June 24, adding that the conditions are favourable for further advancement of southwest monsoons. The weather department added that the southwest monsoon has advanced over most parts of Himachal Pradesh, the entire Ladakh and Kashmir, most parts of Jammu, and some parts of Punjab. As per the IMD, "The southwest monsoon has advanced further over most parts of Himachal

Pradesh, the entire Lada-kh and Kashmir, most parts of Jammu, and some parts of Punjab.""Conditions are favourable for the Southwest monsoon to advance further over the remaining parts of the North Arabian Sea, some more parts of Rajasthan and Punjab, some parts of Haryana, Chandigarh, and Delhi, and the remaining parts of West Uttar Pradesh, Himachal Pradesh, and Jammu during the next two days," it added. The weather department has predicted heavy

to very heavy rainfall likely over northwest India, Madhya Pradesh, Gujarat and Konkan and Goa during June 22 - 26 with isolated extremely heavy rainfall over Gujarat on June 22.

NEWS BRIEF

International Yoga Day 2025 campaign became the biggest and most effective yoga movement this year: Arti Singh CHANDIGARH: Under the visionary leadership of Chief Minister Sh. Nayab Singh Saini, Haryana concluded the final event of the International Day of Yoga (IDY) 2025 on Saturday with an overwhelming response from citizens across all districts. The grand celebration culminated with a remarkable total participation of over 37.56 lakh people, making this year's event one of the largest and most impactful yoga movements in the state's history and reinforcing the message of 'yoga yukt, nasha muki Haryana'. State Health and AYUSH Minister Arti Singh Rao said in a concerted effort led by the Departmen of AYUSH and the Department of Sports and Youth Affairs, a total of

7,11,246 individuals participated in

commitment, with 1,90,065 saplings

Yoga' initiative.

planted statewide as part of the 'Harit

yoga sessions held across Haryana on

June 21 alone. The day also witnessed



Every citizen should become a partner in making Palwal clean and green: Gaurav Gautam

CHANDIGARH: On the occasion of the closing ceremony of Swachhata Pakhwada being run by the state government and the district administration, programme 'Milkar Raho, Khulkar Jiyo' was organized with public participation in the Shraddhanand Park of New Colony in Palwal city today, in which State Minister of Sports, Youth Empowerment and Entrepreneurship, Sh. Gaurav Gautam participated as the chief guest. On this occasion, Sh. Gaurav Gautam launched the logo of MC Palwal. Reiterating his commitment towards realizing the vision of 'Clean Palwal', he said the main objective of the government and the district administration is to make Palwal number one in the country by making it clean, beautiful and green, and for this, every possible effort is being made by the government and the district administration. He also gave necessary guidelines to the officers of the Municipal Council. He said we should not hesitate or fee ashamed in adopting cleanliness, rather we should actively participate in such cleanliness campaigns.

Union Minister Manohar Lal inaugurates office of Baba Banda Singh Bahadur Lohgarh Foundation Trust in Yamunanagar

Housing, Urban Affairs and Power Minister Sh. Manohar Lal inaugurated the office of Baba Banda Singh Bahadur Lohgarh Foundation Trust built at PWD Rest House Vyaspur, Yamunanagar on Sunday.

On this occasion, a meeting was organized with the members of Baba Banda Singh Bahadur Lohgarh Foundation Trust under the chairmanship of the Union Power Minister. During the meeting, a detailed discussion was held regarding starting the construction process of the Lohgarh



committee and expert committee shall monitor the

Verma R/o House No.

65/10, Gobind Colony Tehsil

& District Kaithal (Haryana)-

136027 have changed my

name from Minakshi to

Minakshi Verma.

I, Prem Chand S/o Jiwan

Dass Gera R/o Hno. 232,

Sector 19, Part 1, Huda,

Kaithal (haryana) Have

Changed My Name From

Prem Chand To Prem Chand

Gera. Concerned Please

I, Poonam Deep Kaur W/o

Vikramjeet Singh R/o Village

Jagdishpura PO Kultaran

Distt Kaithal (Haryana) Have

Changed My name From

Poonam Deep Kaur To

Poonamdeep (Given Name)

Kaur (Surname). Concerned

PUBLIC NOTICE

INTHE COURT OF SH.PUNNAYDEEP SHARMA, ASSISTAN'
COLLECTOR, IST GRADE, U.T. CHANDIGARH

Suraj Farms near kansal Enclave, Part-b Society on Khuda Alish road, Chandigarh U.T. Pin-160103.

Applicant/PetitionerRajinder singh son of Baldev singh R/o VPO Lehal kalan, Tehsil- Lehra, District- Sangrur, Punjab, Pin-148033. and Others

oplicable to the Punjab and Chandigarh) praying for the partition of e Land comprised in Khewat No. 447, Khatoni No. 458, Khasra No.

6//21/4 (1-0), 28/11 (3-16), 29/5/3 (0-19) Total land measu

....Opposite Party/Respondents section 111 of the Punjab Land Revenue Act 1887 (as

Please Note.

84451

84451

Concerned Please Note.

construction process of the memorial and the issue of organization of cultural

Former Cabinet Minister Sh. Kanwar Pal Gujjar was nominated as the Chairman of the Monitoring Committee. The objective of the monitoring committee will be to periodically inspect the construction process of the memorial reflecting Sikh heritage and give necessary suggestions. The Expert Committee will be responsible for identifying key historical facts and significant events related to the monument, as well as contributing to its preservationandenhancement

I Reena w/o Darshan Lal

Mattu R/o H.No. 37. Green

Avenue, Basti Peer Dad

Khan, Jalandhar-144021,

Punjab, have changed my

name from Reena to Reena

Mattu in which given name

Reena and surname as

Mattu. All concerned please

I Victor Masih S/o Johan Masih

R/o H.No. 230/4, Gulab Devi

Road, Rattan Nagar,

have changed my name from

Victor Masih to Victor . All

I Gurpreet Singh Arora S/o

Gurdial Singh R/o H.No. 25,

Guru Gobind Singh Colony,

Opp. Saggu Marble, Tarn

Taran Road, Amritsar declare

that I have changed my name

from Gurpreet Singh Arora to

Gurpreet Singh concerned

please note.

Punjab,

900026

Jalandhar-144013,

concerned please note.

Sh. Manohar Lal said the Trust and other subcommittees will play an important role in preserving the rich heritage of Baba Banda Singh Bahadur and developing museums, monuments and literature on Lohgarh and Baba Banda Singh Bahadur.

During the meeting, the provision of giving income tax exemption to the person/ institution donating in the name of Baba Banda Singh Bahadur Lohgarh Foundation Trust was also considered. Detailed discussions were held

Free medical camp organized by Rotary Club Banga Green

MANJINDERSINGH

BANGA: Today, at the annual Jorh Mela (religious gathering) of Baba Palah Wale Ji held in the village of Sall Khurd-Kalan. a free medical camp was organized by the Rotary Club Banga Green in collaboration with Raja Hospital Nawanshahr. The camp was led by Dr. Arjun Sehgal and his team, where various patients were examined and provided with free medicines. ECG and blood sugar tests were also conducted. President of Rotary Club Banga Green, Dilbag Singh Baghi, explained the benefits of the camp and said, "Just like a small container of water is enough to extinguish a fire in its early stage, similarly,

any illness should be addressed and treated as early as possible." He emphasized the importance of early diagnosis and treatment.He further mentioned that this camp was organized with the special support of Shaminder Singh Garcha, an NRI and Vice President from Sall village who not only supports his own village but also organizes similar camps in other villages. He provides free medicines, free juices, and free educational material for children.He added that if any patient is diagnosed with a serious illness during the camp tests, the Rotary Club will also arrange for their treatment.

Classified

I Bharat S/o Lakhwinder Singh, aged 19 (nineteen) years, resident of Sheikhupur, Post Office Sheikhupur S.O. District Kapurthala, Punjab 144620 have changed my name from Bharat to Pawandeep Singh.

PUBLIC NOTICES

I, Karamjit Singh, son of late Bhajan Singh, Resident of village Umarpura, Tehsil Ahmedgarh, District - Malerkotla (Punjab), state that I have disenfranchised my son Lovepreet Singh and daughter-inlaw Ramandeep Kaur from all my lmovable and immovable properties as they are beyond my control. Anyone who has dealings with them will be responsible for their actions.

633372

Hitherto Known As Jiwan Jyoti Sharma S/O Chuni Lal R/O Vpo. Bulhowal, Distt Hoshiarpur, Punjab- 146113, Have Changed My Name And Shall Hereafter Be Known As Jeevan Joyti. It Is Certified That I Have Complied With Other Legal Requirements In This Connection.

Karamdeep Singh S/O Sher Singh, R/O Village Birmi, P/O Malakpur Bet, Ayali Khurd, Ludhiana (Punjab), Do hereby solemnly affirm and declare that my some document my name mentioned as Karamdeep Singh and my some document my name mentioned as Karamdeep Singh

Srishti Paul D/O Rajinder Kumar Paul, R/o H.No 701 Block-A, Ravindra Apartment, Baltana, Zirakpur, SAS Nagar (Mohali), Punjab-140604 Declare that Name of My Father and My Mother has been wrongly written as Rajinder Kumar and Sunita Kumari in my 10th, 12th Class and all Education & Birth Certificate Documents. The actual name of My Father and My Mother are Rajinder Kumar Paul and Sunita Kumari Paul, which may be amended accordingly.

I Army No :15348758N Rank: Nk Name: Sikander singh. S/O Satnam Singh, Residence at Vill: Dalla(ware) P.o: Qadian Teh: Batala Dist: Gurdaspur State: Punjab Pin code: 143516. Have changed my Mother/Father's Date of birth for

all future purposes and in my service record, Date of birth of my mother is wrongly mentioned as 11/07/1960 and Father's Date of birth is wrongly mentioned as 28/01/1957. The correct date of birth of my Mother is 01/01/1952 and Father's date of birth is 01/01/1963.

as Harish Singla, son of Late Khanjachi Lal, resident 28/12 , Near Kheda mohala Motan Gali, Pehowa, Kurukshetra, hereby declare that the names "Harish Kumar" and "Harish Singla" refer to the 989666 same person – myself.

I, Harish Kumar, also known

ਬਾ-ਅਦਾਲਤ ਜਨਾਬ ਕੁਲੈਕਟਰ ਸਬ ਛਵੀਜਨ-ਕਮ-ਉਪ ਮੰਡਲ ਸੰਜਿਸਟਰੇਟ, ਮਲੋਟ। ਨੋਟਿਸ ਇਸ ਨੋਟਿਸ ਰਾਜੀ ਹਰ ਆਅ ਅਤੇ ਖਾਸ ਨੂੰ ਸੁਚਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਸ੍ਰੀ ਰੁਪਿੰਦਰ ਸਿੰਘ ਪੁੱਤਰ ਸੁਰਿੰਦਰਪਾਲ ਸਿੰਘ ਪੁੱਤਰ ਹਰਗੋਬਿੰਦ ਸਿੰਘ ਵਾਸੀ ਪਿੰਡ ਫਤੂਹੀਵਾਲਾ ਤਹਿਸੀਲ ਮਲੋਟ ਜਿਲ੍ਹਾ ਸ੍ਰੀ ਮੁਕਤਸ਼ਨ ਸਾਹਿਬ ਵੱਲੋਂ ਦਰਖਾਸਤ ਜੇਰ ਦਵਾ 4 ਦੀ ਰੀਡੋਮਸ਼ਨ ਆ ਸਾਰਡਗੇਸ (ਪੰਜਾਬ ਐਕਟ) ਬਾਬਤ ਕੰਡ ਕੀਤੇ ਜਾਨੇ ਅਰਾਜੀ ਭਟਾਵੰ 05 ਕਨਾਲਾ 03 ਮਰਲੇ ਮੌਜੂਦਾ ਖੇਵਟ ਨੰ. 206/182 ਖਤੌਨੀ ਨੰ 279 ਮੁਸਤੀਲ ਨੰ. 108 ਕਿੱਲਾ ਨੰ. 6/1/16-3) ਮੁਤਾਬਰ ਸਾਖਬੰਦੀ ਸਾਲ 2021-2022 ਵਾਂਗਿਆ ਰਰਬਾ ਪਿੰਡ ਫਤਰੀਵਾਲ ਜਮਾਬੰਦੀ ਸਾਲ 2021-2022 ਵਾਕਿਆ ਰਕਬਾ ਪਿੰਡ ਫਤੂਹੀਜ਼ਾਲ ਤਹਿਸੀਲ ਮਲੋਟ ਜਿਲ੍ਹਾ ਸ੍ਰੀ ਮੁਕਤਸਰ ਸਾਹਿਬ ਬਾ ਅਦਾਏ ਮੁਬਲਿਲ 1433-00 ਰੁਪੇ ਜੇਰ ਰਹਿਨ ਜਾਂ ਜਿਸ ਕਦਰ ਜਰੇ ਰਹਿਨ ਅਦਾਲ ਹਜ਼ਰ ਬਾਦ ਦਰਿਆਫਤ ਮੁਕਰਰ ਕਰੇ, ਕੇਸ ਬਾਬਤ ਫੱਕ ਉਲ ਰਹਿਨ ਤਹਿਤ ਇਸ ਅਦਾਲਤ ਵਿਖੇ ਲਗਾਇਆ ਗਿਆ ਹੈ। ਇਸ ਕੇਸ ਵਿੱ ਅਗਲੀ ਤਾਰੀਖ ਪੇਸ਼ੀ ਮਿਤੀ 17-07-2025 ਨਿਸਚਿਤ ਕੀਤੀ ਗਏ ਹੈ। ਉਕਤ ਕੇਸ ਵਿੱਚ ਸ੍ਰੀ ਰੁਪਿੰਦਰ ਸਿੰਘ ਵੱਲੋਂ ਸ੍ਰੀਮਤੀ ਤੇਜ ਕੌਰ ਪੁੱਤਰ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਨਸੀਬ ਕੌਰ ਪੁੱਤਰੀ ਕਾਕੂ ਮਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਤਸਵੀਰ ਕੌਰ ਪੁੱਤਰੀ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਤਸਵੀਰ ਕੌਰ ਪੁੱਤਰੀ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਹਰਬੰਸ ਕੌਰ ਪੁੱਤਰੀ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਹਰਬੰਸ ਕੌਰ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਚੰ ਕੌਰ ਵਿਧਵਾ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਚੰ ਕੌਰ ਵਿਧਵਾ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸ੍ਰੀਮਤੀ ਚੰ ਕੌਰ ਫਿਧਵਾ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ, ਸੁੰਮਤੀ ਚੰ ਕੱਰ ਫਿਧਵਾ ਕਾਕੂ ਸਿੰਘ ਪੁੱਤਰ ਜੀਵਨ ਸਿੰਘ ਵਾਸੀਆਨ ਪਿੰਡ ਫਤੂਹੀਵਾਲਾ ਤਹਿਸੀਲ ਮਲੇਟ ਜ਼ਿਲ੍ਹਾ ਸ੍ਰੀ ਮੁਕਤਸਰ ਸਾਹਿਬ (ਫ ਬੰਦੀ ਸਾਲ 2021-2022 ਵਾਕਿਆ ਰਕਬਾ ਪਿੰਡ ਫਤਹੀਵ ਪਾਰਟੀ ਬਣਾਇਆਂ ਗਿਆ ਹੈ। ਜਿਕਰ ਕਿਸ ਉਤਰਵਾਈ ਧਰ ਜ ਕਿਸੇ ਵਿਅਕਤੀ ਨੂੰ ਉਕਤ ਸਬੰਧੀ ਕੋਈ ਇਤਰਾਜ ਹੋਵੇ ਤਾਂ ਉ ਆਪਣਾ ਇਤਰਾਜ ਜਾਂ ਪੱਖ ਅਸਾਲਤਨ ਜਾਂ ਫਕਾਲਤਨ ਮਿਤੀ ਮਿਤ 17-07-2025 ਤੱਕ ਇਸ ਅਦਾਲਤ ਵਿੱਚ ਹਾਜਰ ਹੈ ਕੇ ਪੇਸ਼ ਨਾ ਸਕਦਾ ਹੈ। ਬਾਅਦ ਗੁਜਰਨੇ ਮਿਆਦ ਕੋਈ ਅਮਲ ਕਾਬਲ ਸਮਾਇ ਨਹੀਂ ਹੋਵੇਗਾ ਅਤੇ ਉਕਤ ਅਨੁਵਾਨ ਕੇਸ ਰੁਪਿੰਦਰ ਸਿੰਘ ਬਨਾਮ ਤੋਂ ਨਹੀਂ ਹੋਵੇਗਾ ਅਤੇ ਉਕਤ ਅਨੁਵਾਨ ਕੇਸ ਰੁਪਿੰਦਰ ਸਿੰਘ ਬਨਾਮ ਤੋਂ ਕੌਰ ਵਗੈਰਾ, ਪਿੰਡ ਫਤੂਹੀਵਾਲਾ (ਫੱਕ ਉੱਲ ਰਹਿਨ) ਵਿੱਚ ਨਿਯਮ ਅਨਸਾਰ ਲੋੜੀਂਦੀ ਕਾਰਵਾਈ ਅਮਲ ਵਿੱਚ ਲਿਆਂਦੀ ਜਾਵੇਗੀ । ਮਿਤ .2-06-2025 ਨੂੰ ਮੇਰੇ ਹਸਤਾਖਰ ਅਤੇ ਮੋਹਰ ਅਦਾਲਤੀ ਇਹ ਨੋਟਿਸ ਜਾਰੀ ਹੋਇਆ ਹੈ। ਕੁਲੈਕਟਰ ਸਬ ਡਵੀਜਨ ਮਲੋਟ।

PUBLIC NOTICE
BEFORE MS. SHASHI VASUNDHRA. HCS JOINT COMMISSIONER-III, MUNI



2002(14) (1-10), 2011 (1-5), 2013 (1-5) (1-5) (2013 (1-5) (1-5) (2013 (1-5) (1-5) (2013 (1-5) NOTICE TO RESPONDENTS THROUGH PUBLICATION H. Rajinder singh son of Baldev singh R/o VPO Lehal kalan, Tehsil-Lehra, District- Sangrur, Punjab, Pin-148033.
 2. Harminder Kaur (@alias Mahender kaur wife of Lakhvir singh Rio VPO Dhurali, Tensil 6 district Mohali, Punjab, Pin-140306.
 3. Jamai kaur wife of Sher Singh Rio House no. 28, VPO Khuda Alisher, Tehsil & District Confession, Dis 601007. singin Kon Houser no. V. PV - Nuusa kiisiret, Ierisia a Usisiri.
Chandigarh, Pin-160103. 4. Gurder singh son of Naratasingh Rio VPO Kansal bains Mohalla Near PNB bank, Tehsil-kharar, Punjab, Pin-160103. 5. Almer singh son of Naratasingh Ro VPO Kansal bains Mohalla Near PNB bank, Tehsil-kharar, Punjab, Pin-160103. 6. Maniji singh son of Naratasingh Rio VPO Kansal bains Mahallakear PNB bank, Tehsil-kharar, Punjab, Pin-160103. 7. Harminder Singh son of Naratasingh Rio VPO Kansal bains Mahallakear PNB bank, Tehsil-kharar, Punjab, Pin-160103. 7. Harminder Singh son of Naratasingh Rio VPO Kansal bains Mahallakear PNB bank, Tehsil-kharar, Punjab, Pin-160103. 7. Harminder Singh son of Naratasingh Rio VPO Kansal bain Mekalla Mana PNB bank, Tehsil-kharar, Punjab, Politika Mahalla Mana PNB bank, Tehsil-kharar, Punjab, Politika Mahalla Ma aratasingh R/o VPO Kansal bains Mohalla Near PNB bank, Tehs narar, Punjab, Pin-160103 Whereas it has been proved to the sistfaction of his horble Court that the above mentioned respondents cannot be served in an ordinary manner. Hence, this prodamation under Order 5 Rule 2010 the Code of CVII Procadure, 1908 as amended is hereby issued against them. Whereas plaintiff has instituted a Partition Petition

MS. SHASHI VASUNDHRA, HCS JOIN' COMMISSIONER-III MUNICIPAL CORPORATION, CHANDIGARH

RESIDENTIAL Site No. 3251, Sector 15-D

he basis of Intestate Death of Late Mchinder Pal Singh. t is notified for the information of general public and all concerned that as per record of this office Sh.

Mohinder Pal Singh is the owner/lessee or RESIDENTIAL Site No. 3251, Sector 15-D.

animent Incl. Side 10. 3251, Section 19-0, andigant to the extent of 50% Share. It has been remed by Gurdoep Kaur, Harpreet Singh that Sh. hinder Pall Singh expired on 16/01/2024 and have also intimated the following legal heirs of deceased ownerflessee: (1) Harpreet Singh

on) (2) Gurdeep Kaur (Wife). Now, Gurdeep ur, Harpreet Singh have applied for the Transfer

ody has any information about any other legal

initis) of the deceased other than mentioned bove, the same may be intimated to the Estate filter, U.T., Chandigath, immediately, if anybody as any objection upon the mutation of the said are in the said property, in favour of the above armed applicants, heighterthey may furnish the property of proper

same in whiting supported with amount and authorized statested by Magistrate/Notary) in the office of the undersigned within 30 days from the date of the said property will be mutated accordingly in the name of above said beneficiaries and no further claim same of above said beneficiaries and no further claim.

whatsoever shall be entertained at any later stage. Sh. Naveen, DANICS, Assistant Estate Officer

Exercising the powers of Estate Officer, U.T., Chandigarh

writing (supported with affidavit duly

pect of RESIDENTIAL Site No

BEFORE SH. ASSTT. ESTATE OFFICER, U.T., CHANDIGARH.





gainst you for partition of land described as above. You are here

moned to cause appearance on 03-07-2025 at 3.30 PM, in the re mentioned case in person or through duly Authorized agent sel failing which ex-parte proceedings will be taken in ordance with Law Given under my hand and seal of the Court this

are on the basis of Intestate Death of Late Smt

It is notified for the information of general public and all concerned that as per record of this office Smt. Satwart Kaur is the ownerlessee of RESIDENTIAL, Site No. 2273, Sector 35-C Chandigant to the extent of SFS Shane. It has been informed by Rupinder Kaur. Revinder Pal Singh Bhurjee that Smt. Saturant Kaur txpired on 14/03/2020 and they have also informated for following legal heirs of the deceased owner essen: (1) Ravinder Pal Singh Bhurjee (Son) (2) Rupinder Kaur (Daughter) (3) Jagit Singh Bhurjee Son) Now. Rupinder Kaur, Ravinder Pal Singh Bhurjee have applied for the Transfer of Ownership in espect of RESIDENTIAL Site No. 2273, Sector 35-C, Chardiganh, to the extent of 16.66 % Shane held by andigarh, to the extent of 16.66 % Share held by a Smt. Satwant Kaur in their favour, on the basis of ate Smt. Satwant Kaur in their favour, on the basis of restate Death. If anybody has any information about try other legal heir(s) of the deceased other than rentioned above, the same may be intimated to the state Officer, U.T., Chandigarh, immediately, if nybody has any objection upon the mutation of the aid share in the said property, in favour of the above amed applicants, heighelihey may furnish the same a writing (supported with afficiary day strested by agistrate/Notary) in the office of the undersigned tice, failing which the said share in the said proper

Sh. Naveen, DANICS, Assistant Estate Office Exercising the powers of Estate Officer, U.1

I. Minakshi W/o Sachin I , Sangeeta Rani W/o Parveen Kumar R/o 461. Jind Road, Model Town, Kaithal (haryana) Have Changed My Name From Sangeeta Rani To Sangeeta Rani Garg. Concerned Please Note.

> I, Gopal Dass S/o Desraj R/o Street No. 1 , Chandana Gate, Kaithal (haryana) Have Changed My Name From Gopal Dass To Gopal Das. Concerned Please Note.

84451 I, Shruti Bansal W/o Nitin Gupta R/o H.No. B-22/221, Circular Road, Opp. Masjid Kapurthala have changed my name after marriage to Shruti Gupta.

I, M Asif s/o Younus r/o #22 Comfort Homes, LIC Colony, Kharar 140301 have changed my name from M Asif to Mohammad Asif

60013 I Parveen D/o Inderjit R/o Vill. Mulewal Araian PO Lasuri, Teh. shahkot, Distt. Jalandhar-144702, have changed my name from Parveen to Parveen Kaur. All concerned please note.

900026 I Darshan Lal s/o Piara lal R/o H.No. 37, Green Avenue, Basti Peer Dad Khan, Jalandhar-144021, Punjab, have changed my name from Darshan Lal to Darshan Lal Mattu in which given name Darshan Lal and surname as Mattu. All concerned please note.

LOST & FOUND

I, Neelam Devi W/o Vijay Gumber R/o Nea Main Bazar Near Gurudwara VPO Pai. Tehsil-Pundri, Distt, Kaithal (Harvana declares that my Previous Origina Conveyance Deed No 1164/1 Dated 29.08.2008, Allotment Letter No 3264 Date 29.09.2000, Re-Allotment Letter No 102 Dated 07.01.2009 And 3703 Date 06.07.2009, Original Site Plan (Map).Have peen lost on 15.01.2025 at Pundri A Complaint no 132280362500932 has bee also registered in Police Station, Pundri. I any body found please contact Mobile No

BEFORE SH



RESIDENTIAL Site No. 49, Sector 20-A andigarh (RP 9510) to the extent of 20% share or basis of intestate Death of Late Sh. Mohinder Pa

It is notified for the information of general public and all concerned that as per record of this office Sh. Michinder Pal Singh is the ownerflessee of RESIDENTIAL Site No. 49, Sector 20-A. Chandigath of the extent of 20% Share. It has been informed by Harpreet Singh, Gurdsep Kaur that Sh. Mohinder Pal Singh expired on 18/01/2024 and they have also intimated the following legal heirs of the deceased intimated the following legal heirs of the deceased midmated the following. enfessee:- (1) Gurdeep Kaur (Wife) (2) Harpree www.fessee--(1) Gurdeep Kaur (Wite) (2) Harpried Imph (Son), Now, Harpreet Singh, Gurdeep Kaur ave applied for the Transfer of Ownership in respect / RESIDENTIAL Site No. 49, Sector 20-4, Handisgarh, to the extent of 20% Share held by Late it. Mohinder Pail Singh in their favour, on the basis of testate Death. If anybody has any information abourty other legal heir(s) of the deceased other than intioned above, the same may be intrinated to the tate. Officer, U.T., Chandigath, immediately, If ybody has any objection upon the mutation of the id share in the said property, in favour of the above. med applicants, he/she/they may furnish the same writing (supported with affidavit duly attested by gistrate/Notary) in the office of the undersign thin 30 days from the date of publication of this otice, falling which the said share in the said property ill be mutated accordingly in the name of above said one ficiaries and no further claim what soever shall be

Sh. Naveen, DANICS, Assistant Estate Officer

I, Mohan Gupta S/o Sharda Gupta R/o vill Prem Na O-Asron, Tehsil-Balachaur, District-S.B.S. Na

its application number:858542. I am the owner of t roperty Measuring 6 Marla comprising under Kha No.842/960, bearing Khasra No. 165//24 Min (2-1) wakya rakba Pind Prem Nagar/419, Tehsil Balachau Distt-S.B.S. Nagar as per Jamabandi for when 1 rears situated at Village Prem Nagar. Hadbast N 419, (Being Mortgage) by vitue of Sale Deed No. 3 Dated 05-04-2018 executed by Rajinder Sharma Son of Kewal Chand R/o H.No. 1688/A, Gandhi Naga Ward No. 10, District- Ropar, Punjab who is the ov arough wide DDR No. LR No.603372/2025 Dated 2 06-2025. All person/s having any claim against or respect the said property more particularly describ in the schedule heritance, possession, lease, lie charge, pledge, easement or otherwise hows are hereby requested to notify the same in writing me with supporting documentary evidence at the address mentioned herein below with 7 days from the date hereof, failing which the claim, if any of suc of mortgage in respect thereof. If any have grievances. Pls contact below

ate ANKUR RISHI, SCO No.87, 1st Floor, Ro Estate, Chandigarh Ambala Highway, Zirakpı I,Kulveer kaur W/o Davinder Singh, VPO Jassi bag wali (Bathinda) have changed my name to Kulveer Kaur 524479

I, Piare Lal R/O House No.

06 Golden Avenue Colony

Road Jodhewal Basti Ludhiana (Punjab), Have Changed my name from Piare Lal To Paira Ram. All

I, Gursharan Singh Jagdev S/o Tarlochan Singh R/o Flat No. 233C Block-D Second Floor Canal View Enclave Jaspal Bangar Distt. Ludhiana have changed my name to Gursharan Singh.

I, Gursharan Singh S/o Tarlochan Singh R/o Flat No. 233C Block-D Second Floor Canal View Enclave Jaspal Bangar Distt. Ludhiana have changed my minor daughter name from Arshveer Kaur Jagdev to Arshveer Kaur.

I Sweeti Bala W/o Lalit Kumar R/o Hno 127,abadi Sandhu Colony Batala Road, behind I, Gursharan Singh S/o Sareen Hospital Amritsar Tarlochan Singh R/o Flat Punjab I Have Changed My No. 233C Block-D Second Floor Canal View Enclave Jaspal Bangar Distt. Ludhiana have changed my minor daughter name from

I Sunil (Army No. 4207500H NK 20 Kumaon 56 APO.) S/o Sh. Jeevan Shrivas R/o 274 Simarpreet Kaur Jagdev to Highway Glory, Barodia Simarpreet Kaur. Ema, Solsida, Indore, (M.P. 453551) have declared I, Jasbir Kaur Jagdev W/o that my son's name Gursharan Singh R/o Flat No. Shivansh is wrongly 233C Block-D Second Floor recorded in my military Canal View Enclave Jaspal Bangar Distt. Ludhiana have documents, it should be changed to Shivansh Sunil changed my name to Jasbir Shrivas.

100074 I. HOSURKAR SANKALP BAPU resident of H.No.37(1), Talewada, P.O. Mardol, Ponda, Goa have changed my son's name from RUTVA to RUTVA SANKALP HOSURKAR vide Affidavit dated 13/05/2025 before District Court, Bathinda.

> 524479 PUBLIC NOTICE

63372 I Parmjit Kaur W/o Jaswinder Singh R/o Vill-Punnu Mazara, Po Saloh Teh-Nawanshahr, S.B.S Nagar Pb 144514 I have changed my name from Parmjit Kaur to Paramjit Kaur. I Mehnga Mohmad S/O

> Dulla , V.P.O. Phalpota, Tehsil Phillaur District Jalandhar-144020 have changed my name to Mahinga Mohammad.

Jaijon Doaba Teh-Garhshankar Distt Hoshiarpur have changed my minor daughter's name from Nishu to Nishu Kalis. I Ranjeet Singh S/O Jagtar Singh Vpo Wazidke Kalan Teh. Te. Dist. Barnala Chej My

I Kasham Mohammad S/o

Rehmat Ali R/o Lasara Po

I, Meena @ Meena Rani D/o Sham Lal now wife of Ramesh Kumar R/o 9644, St.No.9, Mini Sectriate Road Bathinda (Punjab). I am one and the same person and known with both names i.e. Meena and Meena Rani.

Name Ranjeet Singh Kaler.

I, Madhu W/o Sarabjit Singh R/o W.No.11, St.No.5, Gulmohar Nagar, Khanna (Ludhiana) have changed my name to Madhu Navak.

I, Rupinderdeep Singh S/o Darshan Singh R/o Vpo. Maloudh Teh-Payal Distt. Ludhiana have changed my name to Rupinder Deep Singh.

I Shaweta Goval W/o Raman Singla R/o House No -113-114, I, Pooja Salotra, D/O Balbir Bazar No -3, Ferozepur Cantt Distt Ferozepur Have Changed My Shaweta Goyal To Shweta

I Sumeetran Rani W/o Raj Kumar R/o Jansua, P.o Shamdoo Distt. Patiala have changed my Name Sumitra Bai.

63372

63372

I, Gurjit Kaur D/o S. Pritam

Singh, R/o VPO Boparai Kalan

Distt. Ludhiana ,changed my

minor son's name from

Harshaanjeet Singh Dhanoa

to Harshaanjeet Singh Deol.

I Prem Singh S/o Kartar Singh

R/o Chanalon, Ward No. 8,

Kurali, Distt, SAS Nagar,

Punjab have changed my

name to Capt Prem Singh for

all future purposes.

I, Gurvinder Singh R/o H.No.515 Block-E B.R.S Nagar Rajguru Nagar Ludhiana Changed My Minor Son's Name Hirdayveer Singh To Hriday Veer Singh.

I, Sandeep Kumar S/o Harbans Lal R/o B-5/268, Street No. 6, Sanjay Gandhi Nagar, Jalandhar, Punjab-144004 have changed my name from Sanjeev Kumar to Sandeep Kumar.

I, Radha Rani W/o Sh. Paramjit Resident of Mohalla Ashok Vihar, Jinda Pind, Distt. Jalandhar, Punjab declare that Radha Rani & Radha Sharma both names are one and the

I, Neelam Kumari Handa W/o Dev Handa H.No. B 31/98, Amrit Bazar Kapurthala, (Pb.) 144601 have changed my name to Neelu Handa.

I, Anju W/o Sarabjit Singh R/o Vill: Drawan P.O. Salala Distt: Jalandhar (Pb.) India have Changed my name Anju to Anju Chahal. Anju is my given name and chahal is my surname.

I, Sukhwant Kaur W/O Ajaib Singh, R/o Barana, SAS Nagar, (Mohali), Punjab-140501. have changed my name and shall hereafter be Known as Harbans Kaur.

I, Babli Suman W/O Paramjit

Singh, D/O Laxman Dass R/o 123/27 A, Salem Tabri, Peeru Banda, Ludhiana, Central Post, Ludhiana, Punjab-141008. have changed my

name and shall hereafter be Known as Balwinder Kaur. I, Dalbari Lal S/O Sagli Ram, R/o Vill- Fattan Chak, Sagran, Dasuya, Hosiharpur,

Punjab- 144205, have changed my name and shall hereafter be Known as Darbari Lal.

I, P S Sagar alias Parshotam Singh S/O Mangal Singh Sagar, R/o 814, SST Nagar, Rajpura Road, Patiala. Punjab-147003, have changed my name and shall hereafter be Known as Parshotam

Singh Sagar. Singh R/o Vpo Lehroon Tehsil, Dhar Kalan Dist Pathankot, Lohrun, Lehroon, Pathankot, Punjab- 145022. have changed my name and

shall hereafter be Known

as Pooja Sharma.

63372 I, Karamjit Kaur Sandhu W/o Sukhdeep Singh R/o Vpo. Kapure Patti Dayala Teh & Distt. Moga have changed my name to Karamjit Kaur.

I, Mukhtiar Singh S/o Rounak Singh R/o Vill: Karail Teh-Moonak Sangrur, Pb, have known by both names Mukhtir Singh & Mukhtiar Singh one and the same person.

DISCLAIMER

not take responsibility for the contents (Display/classified) carried in this newspaper. The paper does not endorse the same readers are requested to verify the contents on their own before acting upon"

YUGMARG PUBLICATIONS does

CHANDIGARH

MONDAY, JUNE 23, 2025

Tricity

SML van flagged off to spread legal awareness in Rural Patiala

PATIALA (RAWEL BHINDER): Under the supervision of Justice Deepak Sibal, Executive Chairman, Punjab State Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority, Mohali and the able guidance of Ms. Rupinderjit Chahal, Learned District & Sessions Judge-cum-Chairman, District Legal Services Authority (Mohali and the Authority) (M vices Authority, Patiala, legal awareness programmes are being organized in various villages through SML Van in District Patiala by District Legal Services Authority, Patiala. In this occasion, Ms. Damandeep Kamal Heera, In-



charge, District Legal Services Authority, Patiala has flagged out SML Van. Awareness pro grammes were organized in Villages Bhedpura, Seserwal, Lalochi, Lalochi Khurd and Gaju majra and during this outreach programme, the local villagers were made aware and sensitised about (various legal services and schemes by Sh. Paramjit Singh, Sh. Gurkirat Singh, Sh. Hem Rishi, Sh. Kulwant Dhiman (PLV) about NALSA (Child Friendly Legal Services to Children and their protection) Scheme, 2015, Free Legal Aid, Permanent Lok Adalat (PUS), Mediation and Conciliation Centre, National ASHA (Awareness ,Sport, Help and Action) Scheme 2025.

NEWS BRIEF

Protest on July 9 across country against power privatisation in UP BAHADURJEET SINGH

RUPNAGAR: A one day strike on July 9 will be held across the country against privatisation of the power sector in UP with the active participation of farmers and consumer forums, said Shailendra Dubey Chairman All India Power Engineers Federation (AIPEF) Bijli Maha Panchayat was held today in Lucknow, in which various trade union leaders, farmer leaders and consumer organizations from across the state employees of Uttar Pradesh and their families protested against privatization The Mahapanchavat also decided that In UP the electricity employees will protest on July 2, and start work boycotts on the day tender notice fo privatisation issued by UPPCL. All the 27 lakh electricity employees will resort to token strike on the same day. The farmers organisations and consumers will also participate in the protest along

GBIS promotes healthy living through practice of Yoga



NABHA: On Saturday, June 21, 2025 GB International School, Nabha celebrated International Yoga Day with great enthusiasm and energy under the guidance of the School Chairman, Mr. Sandeep Bansal. A formal program was organized on the school campus for both students and parents. Bansal, while addressing the gathering emphasized that the objective of this global celebration is to raise awarenes

about the holistic benefits of yoga and to encourage people of all ages and backgrounds to adopt its practice for a healthier and more balanced lifestyle The event was supported by various activities conducted by the school teachers, including discussions on the benefits of yoga, aerobics, and meditation sessions. The program began with light physical exercises and breathing techniques such as Anulom followed by the demonstration of multiple yoga asanas including Vrikshasana, Tadasana, Trikonasana Vajrasana, Shavasana, Surya Namaskar, Sukhasana, Bhujangasana These activities aimed to inspire both

students and parents to embrace the Dr. Inderjit Pal Kaur Garewal, the school principal, encouraged everyone to

incorporate yoga into their daily routines as a step toward a healthier and happie also addressed the students highlighting how academic life often brings stress due to studies, exams, and time constraints. She emphasized that regular yoga practice helps reduce stress, improves mental peace, and boosts physical energy levels. The program concluded with a collective pledge by all attendees to make yoga a part of their everyday lives.

Liquor shops open as soon as dawn breaks in princely cities and reserve constituencies

RAKESH JINDAL government's campaign against drugs is being given momentum. On the other hand, the Punjab government has fixed the opening hours of liquor shops, which are from 9 am to 11 pm. But on the contrary, in the state city of Nabha, liquor shops are seen open. Which are openly violating the government's orders by the contractors

When I snoke to Excise Inspector Harjinder Singh regarding this, he said that we will get it checked and if so, legal action will be taken. But from their words, it seemed as if they were becoming ignorant despite knowing everything. It remains to be seen how seriously the administration takes this and how long government orders will be enforced

What do excise inspectors say?

Opposition parties spreading rumours to mislead Public: ETO

SHASHI PAL JAIN CHANDIGARH, JUNE 22

The Punjab government's decision, under the leadership of Chief Minister Bhagwant Singh Mann, regarding development authorities will significantly contribute to the overall development of the state. This was stated on Sunday by Cabinet Minister

The Cabinet Minister said that appointing the Chief Secretary as the Chairman of all Local Development Authorities in Punjab will accelerate the approval process for development-related matters and directly benefit the common people. The Minister added that, following the

Harbhajan Singh ETO in a press release.

Chief Minister's directives, state officials studied the reforms introduced by the Gujarat government in institutions like Ahmedabad Urban Development Authority, as well as the models adopted by the Uttar Pradesh government in Noida, Meerut, Kanpur and Lucknow.

After a detailed analysis of the impact

of these models, the officials submitted their findings to the government. Based on



al and Urban Planning and Development (PRTPD) Act.

He further stated that this decision will facilitate swift action on development matters involving key institutions such as the Greater Mohali Area Development Authority (GMADA), Greater Ludhiana Area Development Authority (GLADA), and Puniab Urban Development Authority (PUDA), thereby benefitting the people of the state. This change will streamline the functioning of development authorities and ensure timely decision-making. It

The Minister added that, following the Chief Minister's directives, state officials studied the reforms introduced by the Gujarat government in institutions like **Ahmedabad Urban Development** Authority, as well as the models adopted by the Uttar Pradesh government in Noida, Meerut, Kanpur and Lucknow.

also marks a major step toward decen-

tralization of powers.
The Cabinet Minister also highlighted that including departments such as Revenue, Industries, Water Supply and Sanitation and others in the decision-making process of development authorities will strengthen inter-departmental coordination. Harbhajan Singh ETO strongly criticized the opposition parties for making baseless and misleading statements on this issue, accusing them of attempting to confuse the public for political gain.

151 drug smugglers held with 533-gms heroin, 2.8kg opium, Rs 5.3 l drug money

CHANDIGARH, JUNE 22

With the war against drugs "Yudh Nashian Virudh" waged on the directions of Chief Minister Bhagwant Singh Mann to eradicate drug menace from state completed 113 days, Punjab Police on Sunday arrested 151 drug smugglers and recovered 533 grams heroin, 2.8 kg opium and Rs 5.32 lakh drug money from their possession. With this, the number of total drug smugglers arrested has reached to 18,719 in just 113

days.

The operation was conducted on the directions of Director General of Police (DGP) Punjab Gaurav Yadav simultaneously in all 28 Police districts of the state.

Notably, CM Bhagwant Singh Mann has asked the Commissioners of Police. Deputy Commissioners and Senior Superintendent of Police to make Punjab drug free state. The Punjab government has also constituted a 5-mem-



ber Cabinet Sub Committee by Finance Minister Harpal Singh Cheema to monitor the war against drugs. Divulging details, Special DGP Law and Order Arpit Shukla informed that over 200 Police teams, comprising over 1500 police personnel, under the supervision of 99 gazetted officers have conducted raids at as many as 523 locations across the state leading to the registration of 98 first information reports (FIRs) across

also checked as many as 502 suspicious persons during the day-long operation, he added. The Special DGP said that with the state government has enforced a three-pronged Enforcement Deaddiction and Prevention (EDP)— to eradicate drugs from the state, the Puniab Po lice as part of 'De-addiction has convinced 54 persons to undergo de-addiction and re habilitation treatment today.

International Day of Yoga: "Yoga for One Earth, One Health"



ANIL VERMA BATHINDA, JUNE 22

As part of the Ministry of Ayush's initiative, AIIMS Week from 16th to 21st June 2025, under the guidance of Executive Director Prof. Dr. Meenu Singh. The Yoga and Meditation Committee organized various activities culminating in the Interna tional Day of Yoga on 21st June 2025 The ceremony be gan with a lamp lighting ceremony, followed by an orientation program and addressed by Dean Academics,

He emphasized the signifi cance of yoga in promoting mental and emotional wellbeing, as well as a healthy environment. His motivationa words encouraged students nursing staff, security per sonnel, sanitation staff, resi dents, and faculty members to incorporate yoga into their

Prof. Dr. Akhilesh Pathak

Throughout the week the Yoga and Meditation Committee organized diverse activities for the entire AI IMS Bathinda community, promoting the benefits of

these conclusions, a decision was taken to amend Section 29(3) of the Punjab Region-**Congress constituency coordinator Rajwinder**

KULJIT SINGH DHINGRA RAMPURA PHUL, JUNE 22

The newly appointed coordinator of the Rampura Phul assembly constituency, jwinder Singh Shital, held the first meeting in the constituency under the leadership of the constituency servant and district vice president Advocate Jaswinder Singh Jass Bajjoana

at Bhai Rupa.

On this occasion, Rajwinder Shital said during his address that a 21-member committee will be formed at every booth. In which youth, elders and women will be included and the work of every party worker at the booth level will be taken to the Congress high command. On this occasion, Advocate Jass Bajjoana welcomed them to the constituency and while talking about the Punjab government, he said that there is no such thing as a government in Punjab and every section is unhappy with the government. He



said about the self-made leaders who came from outside his Congress party that many are very proud of their money and that they will win in the 2027 elections, but the people of the constituency will remove all the illusions of the said leaders and elect the candidate who will be useful in their happiness and sorrow and is committed to the development of the constituency. Congress leaders and workers were present on this occasion. On this occasion, District President of Kisan Wing Gurpreet Singh, President of SC Wing Sardul Singh, Satnam Singh Kotha Guru, Jagsir Dhanoa Kotha Guru, Narinder

St Kabir Convent School holds special programme to celebrate International Yoga Day



ANANTDEEP KAUR BATHINDA, JUNE 22

St Kabir Convent School organized a special yoga program to celebrate International Yoga Day. The purpose was to raise awareness about yoga among students and promote a healthy lifestyle. Students from classes 1 to 12 and teachers participated enthusiasti-The program began with yoga instructors Sandeep Singh and Gurpreet Singh, who demonstrated various yoga poses to prevent diseases. They highlighted the benefits of yoga and encouraged everyone to practice it regularly with their families. Students created posters showcasing

the importance of yoga. The School's MD, Professor M.L. Arora, Principal Madam Kanchan, Headmistress Sonia Dhawan, Rachna Jindal, and Vice Principal Kulwant Kaur emphasized that yoga is a practice with numerous physical and mental health benefits, improving flexibility, strength, and balance.

Central team reviews water conservation projects in Jalandhar district



JALANDHAR, JUNE 22

A two-member team of Jal Shakti Abhiyan visited the district and reviewed water conservation projects and other activities. During their visit, the central team, which included Vivek Gupta, Director, Financial Services Department and Central Nodal Officer for Jal Shakti Abhiyan, and Sanjeev Kumar, Deputy Director and Technical Officer, Central Water Commission, visited various villages and towns of the district and reviewed the efforts being made for water conservation. The central team carefully studied the projects related to

cluding linking the village pond with the canal at Beas village, check dams at Shakarpur and Kadiana, rainwater harvesting system at the community center of village Alawalpur, Thapar model pond at Sikanderpur and department

Jandu Singha, nursery of the Suranusi, irrigation project of sewage treatment plant at village Udesiyan, canal recharge scheme at village Nangal Jeevan, drip irrigation system at village Nuhamhil and other projects related to the proper use of water. After the visit, the central team held a meeting with the officials of the district administration.

NDRF conducts life-saving disaster management session for NCC Naval **Cadets at Partap World School**

GURDASPUR, JUNE 22

As part of the ongoing 10-day Camp for NCC Naval Cadets, Partap World School, Pathankot hosted a highly informative and action-oriented expert session conducted by the National Disaster Response Force (NDRF).

Mr. Dungar Lal Jakhar, Assistant Commandant of the 7th Battalion, NDRF, Bathinda (Punjab), led the session, focusing on crucial topics such as Disaster Management, First Aid, Emergency Response, Earthquake Preparedness, and the Role and Functions of the NDRF. Through live demonstrations and interactive discussions, cadets were trained in life-saving techniques and response protocols essential during natural and man-made disasters. The session aimed to sensitize young cadets towards disaster



readiness, emphasizing practical skills and mental preparedness. paredness. Cadets also learned about NDRF's operational strategies and how coordination during crises can save countless lives. Commanding Officer Cdr. N. Nishant praised the NDRF team's dedication and said, "Sessions like these provide cadets with real-world insights.

and enhance their ability to serve the nation beyond uniformed duties." Director of Partap World School, Mr. Sunny Mahajan, remarked, "It is our privilege to host the NDRF and equip our students with knowledge that empowers and educates them for life."

Mogia is new chief of Laghu Udyog Bharti, Punjab

SUMER GARG CHANDIGARH, JUNE 22

Pradeep Menon, state executive member, Laghu Udyog Bharati (LUB), while addressing to the media persons today, said that a meeting of LUB was held at hotel Stella Sparrow, at Gorava, in which the executive member of LUB, Punjab unit discussed the various problems being faced by the Industrial sector, including micro & small scale of Punjab, in the meeting it was also discussed that how these problems can be redressed from the concerned governments.

Arvind Dhumal, national vice president of Laghu Udyog Bharati (small scale industrialists), after hearing the problems of the Industrialists said that to find the solutions of these problems, a team of concerned officials from the central government under the leadership of LUB's National President, Mr Ghanshyam Ojha and Mr Om Prakash would visit at



coming 2 years.

The presentee said that Mr. Pradeep Mongia has been working hard and it is hoped that under his leadership the Laghu Udyog would touch the sky as his dynamic & efficient working style would help to solve the problem of the Punjab industrialists from the government.

and by an announcement Mr

Pradeep Mongia was de-

clared as the new President

of LUB, Punjab unit for the

While addressing the gathering, Mr. Menon said, viding their services in Laghu Udyog Bharati for a long time, previously Mr Arvind Dhumal's father Late Thakur Roop Singh Dhumal has also done a lot of work for the Laghu Udyog of Punjab. Mr. Arvind Dhumal's family & associates including, Mr. Prem Dhumal has served as the Chief Minister of Himachal Pradesh and Anurag Thakur is serving as union minister to GoI. With the inspiration of the Dhumal family, Mr vinod Jain the past national president of the LUB has enrolled me as a state executive member of the institution.

500 NCC Naval Cadets celebrate International Day of Yoga at Scenic Thein Lake, Ranjit Sagar Dam



VERMA GURDASPUR, JUNE 22

The International Day of Yoga was celebrated with great zeal and spirit by the NCC Naval Cadets attending the 10-day Residential Camp being held at World School, Pathankot. The early morning celebration took place on the serene banks of Thein Lake, nestled in the picturesque surroundings of Ranjit Sagar

Dam, Dhar Kalan. Amidst the calm and natural beauty of the site, the cadets participated in a guided voga session, embracing the age-old Indian tradition that promotes



mind. The session began with a collective prayer, followed by various yoga asanas, pranaya ma, and a short meditation, led by trained instructors.

Yoga, a symbol of India's rich heritage, plays a significant role in building physical stamina, mental resilience, and inner peace—all qualities vital to the life and discipline of an NCC cadet. This year's theme of promoting health and wellbeing was aptly demonstrated through the cadets' enthusiastic participation and disciplined performance. Speaking on the occasion, Commanding

Officer Cdr. N. Nishant said,

"Yoga enhances not only physical fitness but also spiritual awareness. It aligns perfectly with the values instilled through NCC training." Sunny Mahajan, Director of Partap World School, added, "We are proud to host such meaningful activities as part of our commitment to holistic education. Watching the cadets perform yoga in nature's lap was truly inspiring." Principal Ms. Subhra Rani expressed her joy and said, "This event highlighted the importance of integrating wellness practices like

voga into the lives of our young

cadets, ensuring a balanced

Sohan Singh Thandal expresses views on Ludhiana By-Election

HOSHIARPUR (DALJEET AJNOHA): Former Punjab Cabinet Minister and senior Shiromani Akali Dal (Badal) leader, Sardar Sohan Singh Thandal, has expressed his views on the upcoming Ludhiana West by-election, stating that while the result can go either way, the love and support of the people for the Shiromani Akali Dal (Badal) remains unwavering.

Thandal emphasized that the people of Ludhiana, especial-

ly in the West constituency, are now more politically aware than ever. "They clearly see how leadership from outside Punjab, particularly from Delhi, is occupying top positions that should belong to Punjabis. The people

will no longer tolerate such interference." he said. He also took a strong stand on the issue of drug abuse in the state. "The

Punjab government may make tall claims about curbing drugs, but the ground reality tells a different story. Drugs are still widespread in our villages, and our youth are dying due to overdoses. Nothing substantial has been done," Thandal remarked. Appealing to Punjabis across the state, he urged unity in strengthening Punjab and rallying behind the Shiro-

mani Akali Dal (Badal). He praised the efforts of party president Sardar Sukhbir Singh Badal, stating, "Sukhbir Singh Badal is working tirelessly, day and night, to revive and reinforce the party for the betterment of Punjab." The by-election in Ludhiana West is being seen as a crucial indicator of the current political mood in Punjab, and leaders from all parties are actively campaigning



Central Bank of India, Zonal Office Sector 17 B, Chandigarh celebrated 11th International Day of Yoga 2025 under the guidance of Yogacharya Monika Gupta.Sh. T.c. Meena, Deputy General Manager of Bank was also present in the event.

CHANDIGARH

MONDAY, JUNE 23, 2025

NEWS BRIEF

People urged to practice yoga everyday

VERMA GURDASPUR: First salute to Maharishi Patanjali Ji, the father of Yoga Sutra, second salute to the current Maharishi Pataniali, most salute to our successful Prime Minister, respected Shri Narendra Bhai Modi Ji, who has spread yoga throughout the world*. *At present, the whole world is going through a phase of depression and infection, the entire humanity is suffering from many fear and stress about life everywhere "Yoga is not just a group of asanas, but a complete way of life" When to get up, when to sleep, what to do and how to do it in daily life - all this is a part of yogic life, In Shri Geeta Ji, Yogeshwar Shri Krishna says to Arjun Tasmad Yogi Bhavarjun and Yogasth Kuru Kamarni" i.e. if you do all the you will definitely get success, the meaning of yoga is discipline, if there is discipline in life, then no kind of

Qadian hosts Sikh religious education camp

problem will bother you, there will also

be no stress, it takes us to spiritual

heights and teaches us to live a



VERMA
QADIAN: Gurdwara Dukh Nivaran
Sahib in Qadian recently hosted a
Sikh religious education camp aimed
at instilling foundational knowledge
and historical awareness in young
attendees. The initiative, spearheade
by Gurdwara President Lovepreet
Singh, featured Jathedar Gurinderpal
Singh Gora of the Shiromi Gurdwara
Management Committee Qadian as
the chief guest. Jathedar Gora
interacted with the participating
children, quizzing them on the names
of the Sikh Gurus and core Sikh
principles, to which the children
capably responded. Their efforts wer
acknowledged with medals and
certificates. In his address, Jathedar
Gora underscored a pressing issue:

11th International Day of Yoga 2025

as the only true Guru.

the diminishing connection of today's youth with Sikh history.

He observed a shift towards visiting

diverse places of worship, diverting

from the singular reverence for Sri



Day of Yoga 2025 was celebrated with full enthusiasm and joy from 6:30 am to 8:00 am in front of Student Activity Centre in SLIET Longowal. The program began with live streaming of Prime Minister Narendra Modi's address to the nation on the eve of International Yoga Day, from Vishakhapatnam, Andhra Pradesh. Thereafter, the yoga session was conducted by yoga instructors Ms. Nisha and Mr. Gurdeep as per the common yoga protocol prescribed for

The session ended with laughter yoga and heartfulness relaxation. A large number of students, faculty, staff along with their family members attended the yoga session. Also the school children from Kendriya Vidyalaya joined the event. In the end, participants took resolve to make yoga as regular part

this year.

Ludhiana rural police carries out



JAGRAON: Under its anti-drug "Yudh Nasheyan Virudh" campaign, District Ludhiana Rural Police carried out a campaign under the guidance of SSP Dr. Ankur Gupta. The police force carried out a detailed check in the vulnerable areas under the CASO Operation supervised by SP Harkamal Kaur, DSP Jagraon Jasjyot Singh and DSP (D). Giving more information about this, SSP Dr. Ankur Gupta said that today's operation was conducted at Mai Jeena area of Jagraon as it is a drug hotspot.

at Mai Jeena area of Jagraon as it is a drug hotspot.

"Thorough check was conducted in order to ensure that no illegal activity takes place in the area. More such operations are set to be conducted all over the district with an aim to eradicate the menace of drug trafficking completely from the area," he added. SSP further said that police shall leave no stone unturned to make the campaign successful. He also asked people for their cooperation and support in making the campaign

PUID DE PAGE 4

146 units of blood collected during camp HOSHIARPUR (DALJEET AJNOHA): A voluntary blood donation camp was organized at the premises of Sheetla Mandir



in Adda Jhungian, , by Voice of the People and the Blood Donors Club Area Beas (Punjab & Himachal). The camp was held under the leadership of Ajaib Singh Boparai, Convener of Voice of the People, and Co-convener Rakesh Prajapati, with the cooperation of the Blood Donors Club. The camp witnessed enthusiastic participation from the youth of the region, with a total of 146 donors voluntarily donating blood. During the camp, a team from PGI Chandigarh, led by Dr. Ekta, collected the donated blood. Speaking on the occasion, Ajaib Singh Boparai, Rakesh Prajapati, and SDO Satvinder Singh expressed their gratitude to all donors and supporters. They emphasized that due to the increasing number of patients at PGI Chandigarh, there is a significant shortage of blood. In response, this initiative is a humble effort to address the need.

Vulgarity on social media will not be tolerated: Dr. Baljit Kaur

GAURAV GOEL CHANDIGARH, JUNE 22

Expressing deep concern over the increasing trend of vulgar and obscene content being circulated on social media platforms, Punjab Social Security, Women and Child Development Minister Dr. Baljit Kaur today said such material poses a direct threat to the psychological and social well-being of chil-

Welcoming the orders issued by the Punjab State Commission for Protection of Child Rights to the ADGP (Cyber Crime) for strict action against those posting such content, Dr. Baljit Kaur reiterated the Punjab Government's firm commitment to safeguarding children and protecting their rights.

The Minister has directed all District Social Security, Women and Child Development Officers to keep a strict watch on the circulation of such objectionable content at their level. She instructed that any complaint or information received regarding such content



must be immediately shared with the police and the Child Rights Commission. Additionally, awareness campaigns must be organized at the local level to sensitize parents, teachers, and youth about the responsible use of social media. Reaffirming the government's resolve to ensure a safe and nur-

turing environment for children's overall development, Dr. Baljit Kaur stated that any elements adversely affecting the mental health of children will not be tolerated under any circumstances

The culprits will face the strictest legal action and be made examples of, to deter others from posting obscene content online. The Minister also instructed the Police Department to intensify surveillance of such content on social media and take immediate action against individuals involved in creating or uploading it, under relevant sections of the Bharatiya Nyaya Sanhita (BNS) 2023, IT Act 2000, and POCSO Act 2012.

Dr. Baljit Kaur further appealed to parents, teachers, social organizations, and the public to promptly report any such content or individuals involved in circulating it to the police or the Child Rights Commission without delay.

"Creating a safe, healthy, and positive digital environment for children is a shared responsibility of all of us," she emphasized.

Arora lays foundation stones for development projects



SUMER GARG SUNAM, JUNE 22

While giving the big infrastructural boost, Cabinet Minister to GoP, Mr. Aman Arora laid the foundation stones for development projects worth Rs 5.39 Cr in Longowal, including a water supply project and street lighting project. The water supply project, worth Rs 3.91 Cr, will benefit over 600 households in Longowal. The project includes the installation of a tube well, water tank, and 3 Km-long pipeline. The minister also laid the foundation stone for a street lighting

project worth Rs 1.48 crore, which will cover 800 street lights in Longowal.

During the foundation stone-laying ceremony, Minister Arora said that the Punjab government is committed to solving the problems of the people and is working tire-

lessly to develop the state.

He said that the government has brought about significant changes in the state and has set an example for others to follow. The minister urged the people to monitor the construction work and report any discrepancies to the authorities. He assured that the projects would be

completed within the stipulated time frame and to be handed over to the people.

He said that the Punjab government has done exemplary work during its tenure and is accelerating development work.

"The government will soon initiate development projects in villages as well",

he added.

The event was attended by Paraminder Kaur Brar, President; Jaspreet Kaur, Senior Vice President; Sushma Rani; Vice President, Mela Singh, Gurmeet Fauji, Reena Rani, Balwinder Singh all MC and other officials.

Kendriya Vidyalaya Khanpur, Ropar celebrates 11th International Yoga Day with Zeal

DEVINDER SHARMA ROPAR, JUNE 22 Kendriya Vidyalaya Khanpur, Ropar, celebrated the 11th International Yoga Day with great enthusiasm and energy under the global theme "Yoga for One Earth, One Health."

The school, registered under the Ministry of AYUSH for yoga education, marked the occasion as part of the nationwide Yoga Sangam initiative. The event commenced with a warm welcome and address by Principal Vibha Rani, who reaffirmed the school's institutional commitment to promoting yoga education.

The celebration received special support from Murari Desai Yoga Institute under the Ministry of AYUSH, through which yoga mats and commemorative T-shirts were distributed to participants. Under the expert guidance of Yoga Instructor Shyam Sunder

Dahiya, students and staff performed Brahma Yoga Asanas, earth-based postures, pranayama, and meditation sessions. The school community also synchronised their practice with the live broadcast of Prime Minister Narendra Modi's Yoga session from Visakhapatnam, showcasing national solidarity in the celebration.

At the conclusion of the

programme, Principal Vibha Rani expressed heartfelt thanks to the Ministry of AYUSH and Murari Desai Yoga Institute for their material support. She also extended her gratitude to school counsellor Jaswinder Singh for his efforts in organising the event. Applauding the participants' enthusiasm, she called for yoga to be embraced as a national movement. The event witnessed active participation from the entire teaching staff and student body of the

3 sports coaches appointed in FM's constituency

SUMER GARG DIRBA, JUNE 22

The Punjab government, with the intervention of Punjab's finance minister, Mr. Harpal Singh Cheema has appointed three sports coaches in Dirba assembly constituency (DAC). These coaches will train young people in various sports and provide guidance on healthy living. The coaches were introduced to the players in the presence, Mr. Cheema, who said that the Punjab government is establishing sports nurseries in villages to improve sports standards in the state. Under this initiative, three sports coaches have been appointed in Dirba constituency, specifically in villages Kohrian, Chhaharh, and Dirba.

Sukhwinder Kaur has been appointed as Kabaddi coach in Dirba, Satjinder Kaur as Volleyball coach in Kohrian and Suraj Kumar as Football coach in Chhaharh. Harpal Singh Cheema while congratulating the coaches,



directed them to engage more youth in sports and improve the sports standards in Punjab. He said that the time is not far when young people from Punjab's villages will lead the country at the international level and bring laurels. He added that the Punjab government is committed to promoting sports and providing

opportunities to young people to excel in their chosen fields. Besides others, the event was attended by Nagar Sudhar Trust Sangrur, Chairman Harpreet Singh Pitu; OSD Tapinder Singh Sohi; District Sports Officer, Mr Navdeep Singh and a large number of local residents and players were present on the occasion.

International Yoga Day celebrated at Sudesh Vatika Convent School Bhagiwander



TALWANDI SABO, JUNE 22

Today, Sudesh Vatika Convent School, Bhagiwander joyfully celebrated the 11th International Yoga Day with great enthusiasm and spirit. This year's theme was "One Earth, One Health", highlighting the unity between spiritual well-being and the health of the planet. The yoga session began at 7:00 AM.

Students and teachers collectively practiced the Common Yoga Protocol. Under the guidance of D.P.E. teacher Parmjeet Kaur, various yoga postures such as

Vrikshasana, and Anulom-Vilom were performed. Teachers also delivered motivational lectures on the theme "One Earth, One Health." School Chairman Mr. Vinod Khurana and Principal Mrs. Meenu Garg stated that

yoga is not just a form of exercise, but a way of life. It leads us toward physical, mental, and spiritual well-being. On this occasion, Senior Coordinator Beant Kaur, I.T. Coordinator Vivek Bansal, Mr. Lovepreet Singh, and Ms. Sukhveer Kaur, among other staff members, were present.

Sri Guru Granth Sahib World University hosts school finishing program to prepare future educators

AJAY MALHOTRA FATEHGARH SAHIB, JUNE 22

The Centre of Internship and Social Outreach, Department of Education at Sri Guru Granth Sahib World University, Fatehgarh Sahib, successfully conducted a five-day School Finishing Program titled "From Campus to Career: Transitioning into the Teaching Profession" for final-year

B.A.-B.Ed. students.

This program was envisioned as a bridge between academic learning and professional practice, aiming to equip aspiring teachers with the skills, confidence, and ethical grounding essential for a smooth transition into the classroom. The initiative was led by Dr. Harneet Billing, Head of the Department, and coordinated by Dr. Gagandeep Tiwana.



Over the course of five days, students were immersed in sessions that addressed real-time classroom demands and professional expectations through a blend of expert talks, experiential learning, and interactive activities. S. Amritpal Singh, Principal, Government High School, Sadhugar, engaged the participants with an insightful session on "The Art of Classroom Presence". He emphasized how body language, voice modulation, and the ability to build rapport with students are just as crucial as

content knowledge. Dr. Kuldeep Singh, Lecturer at DIET, Fatehgarh Sahib, explored the interconnectedness of communication, confidence, and collaboration. Dr. Jagdeep Kaur, Principal of Government Senior Secondary School, Allipur Sodhian, brought into focus the often-overlooked dimensions of ethics and professionalism in the teaching vocation.

Ms. Simarjeet Kaur, Prin-

cipal of Punjab National School, Behrampur, led a compelling workshop on conflict resolution.

Rs 20 lakh lottery prize still



RADHE SHYAM SHARMA MORINDA, JUNE 22

A lottery ticket sold by the well-known Mehta Lottery Agency in Morinda has won a ?20 lakh prize, but the winner is yet to claim it. The winning Summer Special ticket number B945885 was sold by agent Deepak Mishra.

Speaking on the matter, Parul Mehta of Mehta Lottery congratulated Deepak Mishra and offered him sweets to celebrate the significant win. However, she expressed concern that the lucky winner has not yet come forward.

She appealed to the public, stating, "Whoever holds the winning ticket with number B945885 is welcome to contact us at any time to claim their prize." With such a life-changing amount at stake, Mehta urged everyone who purchased a lottery ticket recently to check their numbers.

International Yoga Day observed in DAV School



KULWINDER KARWAL SARDULGARH, JUNE 21

International Yoga Day observed with great enthusiasm and energy at SDKL, DAV Public School, Mansa. During this, teachers and students of the school participated. On this occasion, the school's yoga instructor Harman Singh conducted asanas under the Common Yoga Protocol and made everyone aware of the benefits of doing yoga. 'Yoga' is an invaluable

gift to the world from the ancient Indian tradition. It not only keeps us physically healthy but also mentally

healthy.
International Yoga Day is celebrated every year on June 21st to honor the practice of yoga and raise awareness about its benefits around the world.

Yoga helps in developing strength, endurance, patience, and high energy at the physical level and in growing towards self-discipline.

Bharat Vikas Parishad celebrates World Yoga Day in Agrawal Bhawan



SURINDER DAMDAMI KOTKAPURA, JUNE 22

Both the branches of Bharat Vikas Parishad Kotkapura celebrated World Yoga Day at the local Agrawal Bhawan. On this occasion, the function was organized under the chairmanship of Kapil Goyal, head of the main branch of the organization and Naresh Goyal, head of Swami Vivekanand branch. Apart from the provincial advisor of the organization Nareshpal Kansal and Subhash Goyal, convener of both the branches Ram Kumar Garg, patron TR Arora and

Ved Arora were specially present. In this program, senior member and yoga expert Dr. Gagan Arora got the officials and members of the organization, including the students of the sewing center run by Bharat Vikas Parishad, to practice yoga and gave detailed information about the importance of voga to stay healthy in life and inspired them to make yoga a part of their daily routine. On this occasion, head of the main branch Kapil Goyal said that his organization tries to keep the society aware by organizing such events from time

Yoga Day celebrated at DAV Centenary Public School



JAGRAON (SUKH NAHAR): Yoga Day celebrated at D.A.V. Centenary Public School, Jagraon, under the guidance of Principal Mr. Ved Vrat Plaha and D.P. Mr. Hardeep Singh. On this occasion, the present teachers, students, and supporting staff participated in a yoga session. While addressing everyone, Principal Ved Vrat Plaha shared that the main purpose of celebrating Yoga Day in the school today was to spread awareness among the staff about the importance of yoga. He emphasized that yoga strengthens both the body and the mind. A person who practices yoga stays physically and mentally healthy. Yoga enhances one's physical and mental capabilities. In today's fast-paced and hectic life, if a person wants to take care of their body, it is essential to make yoga a part of their lifestyle. So, for a healthy mind and a successful life, making yoga an integral part of one's routine has become a crucial necessity today. On the occasion of Yoga Day, Principal Mr. Ved Vart Pala-

ha, D.P.E. Mr. Hardeep Singh, Dinesh Kumar, Shubham Dhir,

Shilpa Kapoor, Sukhjeevan Sharma, Anu Gupta.

Army personnel, his accomplice arrested for leaking sensitive military data to Pak ISI

AMRIK SINGH AMRITSAR, JUNE 22

In a major counter-espionage operation amidst the ongoing drive to make Punjab a safe and secure state as per directions of Chief Minister Bhagwant Singh Mann, Amritsar Rural Police has arrested an Indian Army personnel and his aide suspected of espionage activities linked to Pakistan's Inter-Services Intelligence (ISI), said Director General of Police (DGP) Punjab Gaurav Yadav here on Sunday.

The arrested accused have been identified as Gurpreet Singh alias Gopy Foji, a resident of Dhariwal in Amritsar—presently, serving in the Indian Army and posted in Jammu; and his associate Sahil Masih alias Shali, a resident of Dhariwal in Amrit-



sar. DGP Gaurav Yadav stated that preliminary investigation revealed that Gurpreet Singh was in direct contact with operatives of the Pakistan ISI and is suspected of sharing sensitive and confidential information via pen drives. The key ISI handler involved in the case has been identified as Rana Javed, he added. The DGP said that two

mobile phones containing virtual numbers, reportedly used to communicate with ISI operatives, have been recovered from the possession of both the arrested accused persons. Further investigations are underway to dismantle the broader espionage-terror network and identify all collaborators in this case, he said.

Seven instructors of Nalagarh ITI not transferred, only adjusted

ANWAR HUSSAIN

BADDI: Last month, a female instructor in Nalagarh ITI had complained of sexual harassment against ITI Principal Ajesh Kumar and other instructors also supported the woman and sent a complaint to the Directorate of Technical Education, making serious allegations against the Principal. In response,

the Principal also complained of indiscipline against the instructors. It had been three years since the Principal had joined Nalagarh ITI, but he noticed the indiscipline of the instructors when the instructors sent a complaint against him to the Directorate of Technical Education. The Directorate had sent a special investigation committee to Nalagarh.

NEWS BRIEF

BJP MLA urges administration to repair Sinyur bridge



BALKRISHAN PRASHAR BHARMOUR: Bharmour BJP MLA Dr Janak Raj has urged the administration to repair the Sinyur bridge in Bharmour tribal area of Chamba district as early as possible so that the people of the area could not face any difficulty. Disclosing this to media persons through a WhatsApp chat, MLA Dr Janak Raj told that the vehicular movement had come to was damaged by a falling stone As a consequence, It had become difficult for the pedestrians to cross over the Sinyur bridge, MLA stated.

Massive irregularities in police recruitment, demands for high-level probe: Ajay Rana

DINESH AGARWAL SHIMLA: BJP state spokesperson Ajay Rana has alleged large-scale corruption in the recent police recruitment process in Himachal Pradesh, accusing the Congressled state government of shielding those involved. He demanded a high-level independent probe into the matter, asserting that the silence of the state government indicated complicity of its corrupt associates. Rana claimed that reports of crores of rupees being exchanged for selection and



"In Chamba, several police exam aspirants, especially girls, have come forward with serious allegations. They said candidates sat together solving papers without any invigilation, and some were allowed entry without valid admit cards," he said. Further, he alleged the use of mobile devices inside examination centres and questioned why the government had not acted despite available CCTV footage that could verify

CS stresses need for legal solutions to

improve court case management DINESH AGARWAL SHIMLA, JUNE 22

Chief Secretary Prabodh Saxena emphasized the need for legal solutions to enhance management of court cases within the Himachal Pradesh Public Works Department (HPPWD). He urged the department's officials to take personal responsibility for the cases they are handling until these are fully resolved. While the State Government has already constituted a Cabinet Sub-Committee to address this issue, the Chief Secretary stressed that proactive engagement by the concerned officers was equally important. He also advised them to stay alert to cases that are reported in the media. The Chief Secretary was presiding over a day-long workshop organized by the HPPWD here today, which aimed at capacity building and improving court

management. He encouraged the officials to exchange best practices and



insights with their counterparts in other states to explore effective strategies. "Arbitration alone should not be our only focus. Each case must be handled with seriousness and accountability.' he said. He further added that the workshop must conclude with concrete, actionable outcomes, which should be monitored for their effectiveness over time.

Saxena also called for minimizing delays and the procedural simplifying channels involved in case resolution. He highlighted that legislative measures could be a potential long-term solution to resolve longstanding cases. Due to public awareness the more number of court cases has risen significantly. "People today have a deeper understanding of their constitutional rights, which has led to an increase in litigation cases. This calls for better preparedness and systemic improvements," he concluded.

While the welcoming dignitaries and participants,

Department, Dr. Abhishek Jain stated that the objective of today's workshop was to deliberate on ways to reduce discrepancies in the handling of court cases within the PWD. He emphasized that the workshop focuses on knowledge and skill up-gradation, along with practical support for the officials involved in legal matters. Dr. Jain highlighted that the total financial liability arising from already decided and ongoing land acquisition cases has been tentatively estimated at Rs. 300 crore. The liability may rise to approximately Rs.1,000 crore once all pending cases are considered. He stressed the importance of avoiding importance avoiding duplication of files in order to meet time-sensitive deadlines and emphasized reducing financial, compliance, and administrative costs. During his address, Principal Secretary (Law), Sharad Kumar Lagwal, spoke about the nature of court cases being faced by the department.

Efforts of government drives progress in women and child development



DINESH AGARWAL SHIMLA, JUNE 22

The state government is making consistent and determined efforts to create a more equitable and compassionate society empowering women and children through several welfare schemes. With a strong focus on health, education, safety and financial stability, the government is working to ensure that every woman and child receives an opportunity to thrive. One of the most remarkable achievements in recent times has been the significant improvement in the sex ratio, which rose from 947 in 2023 to 964 in 2024. This positive change reflects a growing societal shift towards valuing the girl child, reinforced by various schemes launched to support their well-being. The financial support for the marriage of girls from

economically weaker sections continues to be a key focus area. Under the Mukhyamantri Kanyadan Yojana, Rs. 1,989.31 lakh has been provided as to help 3,956 girls at the time of their marriage. Similarly, Mukhyamantri Shagun Yojana has extended support to 12,192 girls, with financial assistance amounting to Rs. 3,779.52 lakh as shagun. These initiatives reflect the state's commitment to ensuring dignity and support for young women as they enter a new phase of life. Recognizing the right of widows to remarry and lead a respectful life, the government has also extended financial assistance through the Widow Remarriage Scheme. Under this scheme, 239 women have been supported with a total assistance of Rs. 291.15 lakh, encouraging their reintegration into society with dignity and support.

AIIMS Bilaspur pioneers statewide emergency response training with national life support course

AJAY KUMAR UPADHYAY BILASPUR, JUNE 22

All India Institute of Medical Science (AIIMS) Bilaspur has taken a transformative leap in strengthening Himachal Pradesh's emergency healthcare infrastructure by successfully conducting the prestigious National Emergency Life Support (NELS) – Training of Trainers (ToT) Course for paramedics from June 19 to 21. Organized under the aegis of the Department of Emergency Medicine, JPN Apex Trauma Centre, AIIMS New Delhi — a WHO Collaborating Centre for Emergency and Trauma Care the initiative was coordinated through Disaster Management Cell, Ministry of Health and Family Welfare, Government of India.



AIIMS Registrar Rakesh Singh in a release told that the training course was inaugurated by AIIMS Bilaspur Director Dr. D.N. Sharma and Medical Superintendent Dr. Dinesh Verma. In his address, Dr. Sharma emphasized the importance of empowering paramedics with critical lifesaving competencies and encouraged the participants to further train colleagues across

the state, creating a ripple effect of emergency preparedness. Supported by the Directorate of Medical Education Directorate of Health Services, Government of Himachal Pradesh, the course drew 24 enthusiastic participants including doctors and nurses from AIIMS Bilaspur and key government medical colleges in Hamirpur, Chamba, Mandi, Tanda, and Shimla.

Governor honours meritorious students of Vidya Mandir

DINESH AGARWAL SHIMLA, JUNE 22

Governor Shiv Pratap Shukla inaugurated two days Student Meritorious Programme Felicitation organized by Himachal Shiksha Samiti at Saraswati Vidya Mandir School at Shimla today. A total of 154 students from 48 schools across the State participated in 'Samman Varg', including meritorious students from Class 10 and 12 of the Himachal Pradesh Board of School Education. On the occasion, the Governor felicitated both current and former outstanding students their academic achievements.

his address, the



Governor said that this recognition ceremony not only serves to encourage talented students but also sends a strong message to society that true education lies in hard work, discipline, values, culture and a spirit of service. He said that these awards are a testament of perseverance, discipline and self-confidence of students.

Highlighting the need for socially conscious youth, the Governor said, "Today, the nation needs a generation that not only reaches personal heights but also takes society along on the path of progress. Students must always think in terms of the nation, culture and community." He urged students not to limit their ambitions to securing jobs but

"Success is meaningful only when it carries the spirit of service to society. Knowledge is truly valuable when accompanied by humility and education is complete only when it makes an individual self-reliant, dignified and devoted to the nation." The Governor expressed satisfaction over the work being done by Vidya Bharati, which is running 190 Saraswati Vidya Mandirs across Himachal Pradesh, including in remote areas like Killar and Dodra Kwar. These institutions are supported by 2,000 teachers and serve nearly 26,000

to understand their greater

role and responsibilities in

nation-building. He added,

Governor inaugurates international boxing championship at Ridge Shimla

DINESH AGARWAL SHIMLA, JUNE 22

Governor Shiv Pratap Shukla inaugurated the International Boxing Championship at the historic Ridge Ground here today. The event was organized by the Himachal Pradesh Professional Boxing Association under the theme "Say No to Drugs – Say Yes to Sports."

Congratulating the organizers, the Governor said that the championship is a great way to honour the memory of six-time Chief Minister late Raja Virbhadra Singh. He was not only a great leader but also someone who worked hard for the development of the state. His life and work still inspire people across the state. He said that the participation of athletes from India and other countries



sends a strong message of respect for the past and also promotes friendship and understanding through sports among people.

He encouraged the youth to make sports a regular part of their lives. He said that sports not only make the body strong but also help the mind. "A healthy youth means a strong nation. He

said that playing sports keeps young people away from bad habits like drug use. "When youth take part in sports, they stay on the right path and live meaningful lives. Sports bring discipline, fitness, and mental strength," he added. The Governor expressed a concern over rising problem of drug abuse

Advocate General calls for robust mechanism to manage court cases effectively

DINESH AGARWAL SHIMLA, JUNE 22

Advocate General Anup Rattan, while presiding over the valedictory session of a day-long workshop organised by the Public workshop Works department here on Saturday evening, stressed on establishing a more structured and efficient system for managing court cases. He said that court replies and legal submissions should ideally be prepared at the headquarter level to ensure consistency, accuracy and effectiveness in legal representation. This would not only strengthen the position of the department in legal matters but also ensure timely and proper defence of government actions in courts.

Anup Rattan said that departmental decisions must be rooted in a strong legal



foundation so that they hold up during judicial review. He said that the departmental decisions should be taken after due legal scrutiny and should be capable of withstanding challenges.

Addressing the growing number of court cases, particularly those relating to acquisition, Advocate General said that the officers and engineers needed to be well-versed with relevant laws. He

recommended that PWD engineers should familiarize themselves with arbitration and conciliation Act to better handle legal complexities arising in land and compensation matters.

He further said that a proactive and coordinated approach between legal and technical wings of the department is necessary. With increasing legal awareness among citizens, the number of court cases has gone up substantially.

DC directs officers to upload the data after analysis



BALKRISHAN PRASHAR

CHAMBA: Deputy Commissioner Mukesh Repaswal today reviewed the progress in the standard points related to health, education, agriculture, child development, infrastructure, financial inclusion and skill development in the Aspirational Chamba district under the Aspirational District Program. Presiding over a meeting of district officers here, DC reviewed the indicators related to various departments under the Aspirational District Program in detail and asked the concerned officers to upload the data online after completing the analysis.

Mukesh Repaswal also directed the officers of the agriculture department to provide national and state data of barley cultivation under Rabi crop. He directed the concerned departmental officers to take necessary steps for effective publicity of the scheme including linking MGNREGA workers, ASHA and Anganwadi workers under the Pradhan Mantri Jeevan Jyoti Bima Yojana and Pradhan Mantri Suraksha Bima Yojana.

Jasoor market is number one in the arrival of vegetables and fruits: Nishu Mongra

SANAJY AGGARWAL DHARAMSHALA, JUNE 22

Nishu Mongra, District President of APMC and State President of Himachal Congress OBC Department, has said that from the year 2022-23 to 24-25, APMC has earned more than two crore 61 lakhs in Kangra district. During this period, APMC earned seven crore ninety five lakh seventy four thousand three hundred eight rupees, while four crore eighty eight lakh forty thousand six hundred twenty five rupees were spent. In such a situation, the total income was more than two crore sixty one lakhs. Nishu Mongra was addressing the

public while listening to the



problems Zamanabad Road Ichhi Office on Saturday. Mongra APMC is said that continuously moving forward under the leadership of Honorable Chief Minister Sukhwinder Singh Sukhu. He said that the Congress government is fully prepared to deal with the rains. During

this, he kept the data of arrival of fruits and vegetables in the vegetable markets of the district. It was said that 23407 quintals of fruits reached Kangra Sabzi Mandi in the year 2024-25, while the figure of vegetables was 58190 quintals. Jasoor Mandi is number one in the district in terms of arrivals. 43207 quintals of fruits and 78558 quintals of vegetables reached Jasoor during this period. 8378 quintals of fruits, 23999 quintals of vegetables reached Nagarota Bagwan. 5340 quintals of fruits and 26055 quintals of vegetables reached Baijnath. 21279 quintals of fruits and 56762 quintals of vegetables arrived in Palampur.

35-day beauty practitioner training program concludes



AVINASH CHAUHAN

AMB: The 35-day Junior Beauty Practitioner Training Program in Small Scale Industries being run at Punjab National Bank Rural Self-Employment Training Institute Una office was concluded. On this occasion, written and oral examination of 35 participants was conducted. This examination was taken by Harmesh Rajput and Sumit, in which all the participants passed. Sudhir Šĥarma, Director of Punjab National Bank Rciti Una, said that unemployed youth between the ages of 18 and 45 are provided free training by Punjab National Bank so that they can become self-reliant. Akash Bhardwaj, Program Director and Member of Punjab National Bank RCiti, said that in this 35-day training program, the participants learned about beauty parlor and they are also being provided bank loan facility so that they can become self-reliant.

Yoga session conducted in ITI Naihariya under theme "Yoga for one earth, one health"

AVINASH CHAUHAN AMB, JUNE 22

On the occasion of the 11th International Yoga Day, a yoga practice program was organized at the Government Industrial Training Institute, Naihariyan under the theme "Yoga for one earth, one health". The institute's principal Pravesh Sharma, The institute's instructors Sanil Kumar, Sunil Dutt and Suman Kumari and trainees participated in this program organized on Saturday. Pankaj Sharma, Surendra Kumari and Sulendra Kumar of Ayush Ayurvedic Health Center Kuthera Khairla were also present on this occasion. On this occasion, Ayurvedic Health Officer of Ayush Ayurvedic Health



Center Kuthera Khairla, Dr. Naresh Sharma said that the main purpose of this yoga is for us to be healthy.

We should physically and mentally healthy and our health should also be good. Along with this, our life should also be long. He said that nowadays, due to the use of all the products

coming in the market, various types of diseases are occurring in our body, the only main way to prevent which is yoga. Ayurvedic Health Officer of Ayush Ayurvedic Health Center Maidi, Dr. Shavi Thakur said, "The body is the most sacred temple - keeping it healthy is our most important duty." **CHANDIGARH MONDAY, JUNE 23, 2025** YUGMARG

Rotary District Governor visits Ladwa Club, applauds social initiatives

LADWA: The Rotary Club of Ladwa hosted District Governor Rajpal Singh of Rotary District 3080 for his official club visit, marking a significant day in the club's annual calendar. Accompanied by Assistant Governor Dr. Vivek Lalit as the guest of honour, the event began with a traditional lamp-lighting ceremony by dignitaries and club officials. Club President Naresh Garg



extended a warm welcome to the guests, while Club Secretary Rakesh Khurana highlighted the club's year-round initiatives and achievements. New member Sangam

Arora was formally inducted into the Rotary family as the governor pinned him with the Rotary badge. Dr. Amrit Garg, former club president, introduced the chief guest. In his address, Governor Rajpal Singh praised Rotary International as a 120year-old organization that has played a key role in eradicating polio from the world—a feat he credited to the commitment and passion of every Rotarian.

NEWS BRIEF

PM Shri celebrates Yoga Day at Kendriya Vidyalaya Air Force



BARNALA: PM Shri celebrated Yoga Day at Kendriya Vidyalaya Air Force Station Barnala. On this occasion, Mr. Som Kataria, Mr. Kamal Sharma and Mr. Sangeet Sharma from Patanjali Yoga Peeth Barnala were present. You were welcomed and greeted by Principal Mrs. Jasdeep Kaur. All three of you made the children and teachers of the school family practice yoga. On this occasion. Principal Mrs. Jasdeep Kaur highlighted the importance and utility of yoga. She said that we

Dam repair done at Rs. 1 crore



PREETI SAINI SADHAURA: Irrigation department has to get dam repaired at a cost of about Rs one crore in village Naandi under Chanchak Panchavat. For this, a tender was placed in the irrigation department and the work

was also started by agency, but when the rainy season came, the broken wall of dam was left in limbo believing that this work would not be completed on time when the rainy season came, so now this work will be done only after the rains, but after the dam wall was broken, the villagers are scared because the rainwater will no longer be able to stay in the dam and the same water will now wreak havoc in the houses and fields of the villagers Giving information, the villagers said that one and a half months ago the irrigation department started the repair work of this dam, in which they came to know that in this work the dam will be cleaned and the pipeline will be buried. But the department broke dam wall and stopped the work midway. Last Friday morning, the rain water in the hilly area, instead of stopping in the dam, started

floating into the farmers' fields

through the broken wall.

Station Barnala



Chief of Army Staff (COAS) General Upendra Dwivedi reviewed the security grid in the Kashmir region and assessed the preparedness for the upcoming Shri Amarnath Yatra 2025.In a post on X, the Additional Directorate General of Public Information (ADG-PI) shared that General Upendra Dwivedi was briefed on the current operational dynamics and the broader strategic landscape. The briefing included a demonstration on the integration of advanced technologies into operations, which enhances decision-making, surveillance, and should make yoga practice a part response mechanisms. "General of our life, because a healthy #COAS, Upendra Dwivedi, mind resides in a healthy body. reviewed the security grid in the Kashmir region and assessed preparedness for the upcoming



COAS Gen Upendra Dwivedi reviews

preparedness for Amarnath Yatra

dynamics and the broader strategic landscape, including demonstration on integration of technologies advanced operations, leading to smarter decisions, enhanced surveillance and response mechanisms," the post stated.

The Chief of Army Staff also praised the Chinar Corps soldiers for their relentless efforts in

fighting terrorism, maintaining peace, and improving the lives of the local population in the region. "The #COAS lauded All Ranks of #ChinarCorps for unwavering commitment in ensuring peace and stability through decisive counter-terror operations and initiatives aimed at development of the region & upliftment of local population,"

Friday, the Jammu and Kashmir Disaster Management Department conducted a mock drill in Pahalgam, simulating a Glacial Lake Outburst Flood (GLOF) scenario. The exercise was held in coordination with the Anantnag District Management Authority, and participation was seen from the State Disaster Response Force (SDRF), National Disaster Response Force (NDRF), Indian Army, and other emergency support and line departments. The drill aimed to enhance preparedness for the Amarnath Yatra, testing the region's response mechanisms for disasters such as floods and accidents. This is critical for ensuring the safety of the over 4.5 lakh pilgrims who visited the Amarnath cave shrine last year. The Deputy Secretary of the J-K Disaster Management Department, Snober Jameel, while speaking to an news agency, stated.

Complaints resolved in on the spot programme



SHIV KUMAR SHARMA KARNAL, JUNE 22

The discussion program on tea released by Karnal MLA Jagmohan Anand continues. This discussion released on every Sunday reached its 17th episode MLA Jagmohan Anand reached the Nehru Palace in the morning. Even before his arrival, people gathered there. A large number of people who arrived in large numbers placed separate demands

related to the city in front of MLA

Jagmohan Anand, which were

resolved on the spot and assured to resolve some pending complaints as soon as possible.

MLA Jagmohan Anand said that a small beginning of discussion on tea has started its results as people were constantly getting relief. A large number of people are reaching here with problems related to their area. Discussion on tea is a platform related to the progress of the city, where everyone can speak. Some people have demanded a speed breaker in the city which is valid demand

District President Bhangu honoured by Manish Garg's Team

BALWINDER AZAD BARNALA DEHATI, JUNE 22

Shri Amarnath Yatra 2025. He was

briefed on the current operational

SRINAGAR, JUNE 22

The newly appointed District President of Barnala from the Aam Aadmi Party, Parminder Singh Bhangu, was specially honored by the team of Manish Garg, Chairman of the Nagar Council. On this occasion, District President Bhangu, who also serves as the Chairman of the Market Committee Barnala, warmly welcomed Manish Garg, President of Bhadaur Nagar Council, along with AAP leaders and workers. While expressing gratitude for the honor bestowed upon him, Bhangu stated that, as always, he will continue to uphold the dignity and respect of AAP leaders and workers across all three assembly constituencies. He further shared that in the



coming days, the Aam Aadmi Party will expand its presence in the Barnala district, and deserving leaders and workers dedicated to the party will be assigned appropriate roles. Bhangu mentioned that from the beginning, he has worked as a common party worker and has never sought any position for himself. Instead, he has taken on significant responsibilities to ensure the victory of party candidates in

every election. Recognizing his hard work, the party's high command first appointed him as the Chairman of the Market Committee Barnala and later entrusted him with a greater organizational responsibility by appointing him as the District President. He expressed heartfelt thanks to Member of Parliament Gurmeet Singh Meet Hayer, as well as to the National President of the party and the Chief Minister of Punjab.

International Yoga Day celebrated as per protocol in DAV Girls College



RAHUL KOHLI

YAMUNANAGAR: On the occasion of the 11th International Yoga Day, the Yoga Department celebrated International Yoga Day on the theme of One Earth One Health at DAV Girls College. The program was organized under the instructions of Acting Principal Dr. Surinder Kaur, Psychology Department Head Shalini Chhabda. Hindi Department Head Dr. Kiran Sharma was the program convener. Dr. Kiran Sharma told the students how yoga was a means of self-improvement. The college students as well as the staff members performed yoga Asanas and Pranayama as per the yoga protocol. Stage director Dr. Pradeep Kumar gave detailed information to everyone about the benefits of yoga Asanas and Pranayama. He told that along with physical health, mental health can also be achieved by practicing yoga. Yoga department head Dr. Ranjana Kamboj inspired the students to always follow the path of yoga and advised them to practice yoga daily to improve their health in a busy lifestyle. Yoga played an effective role in reducing anxiety and stress. Dr. Deepika Ghai, Dr. Smriti Sharma, Neelam Kamboj, Naina and more than 50 students participated in the program.

Yoga programme at Brahma Sarovar on International Yoga Day



KURUKSHETRA: On the occasion of International Yoga Day a huge yoga program was organized on the holy land of the holy Brahmasarovar, in which thousands of yoga practitioners participated. The purpose of the program was to encourage healthy lifestyle and spread the ancient yoga tradition of India to the people. On this special occasion, NSS Program Officer of PM Shri Government Senior Secondary School, Jathlana, Yamunanagar was actively participated by Mr. Prashant Sharma and inspired the youth for regular yoga practice. He said: "Yoga is not just a medium to keep the body healthy, it is a scientific process of restraining the soul, mind and thoughts.'

Also, the staff members of GSSS (Kurukshetra) also actively attended and students and participants practice various yogasanas. His participation further enhanced the dignity of the program. When yoga was practiced collectively in the spiritual and calm environment of Brahmasarovar, every person present there experienced energy, unity and balance.

Container stuck in underpass, traffic jam led to problems to people



JAIBEER RANA THAMBER

BARARA: A container passing through the underpass near the railway station got stuck due to which people had to face problem while passing through here for several hours. Actually, at around 11.30 in the morning, a container had come to deliver goods in the market. Thick iron garters have been installed on both sides of the underpass so that heavy vehicles cannot pass through here. The height for vehicles to pass through these garters has also been fixed so that high vehicles do not pass through here. But still this container driver tried to pass through the underpass. But when container entered in the underpass from the side of Barad Main Market, the container got stuck in the garter installed above. Because the height of the container was more than the height of garter and it could not pass through the garter. But still the driver kept trying hard and the container did get stuck. It was neither moving forward nor backward. Due to which the people coming and going were facing problems due to jam. At the same time, people advised the driver to let air out of the tyres so that the height of the container could be reduced and the container can pass through.

Problem of water logging in Barara shatters claims of administration

JAIBEER RANA THAMBER

On one side the rain in Barara on Sunday brought relief from the heat to the people on the other this first rain of the season turned out to be a disaster. Barada was flooded with water in the first rain itself and the claims of the administration were shattered. However, the administration started preparations for dealing with floods and water logging by cleaning drains on a large scale before the monsoon. Claims were made of clean drains and sewers so that there was no water logging during rain. But in contrast to this, various areas of Barara were flooded with water due to the rain on Sunday. Various areas including Barara's Adhoya Anaaj Mandi.



Railway Underpass, Main Road in front of BDPO Office, the road going towards Barara village near Bansal Palace Chowk were flooded with water. People say that this is just the beginning rainy season if this situation continues it will become difficult for people to even come out of their homes at the onset of rainy season. Due to the lack of cleaning of drains in the market by municipality, water filled on both sides of the road. The

underpass built near Barara railway station gets closed every year due to water logging during rainy season. During the rain on Sunday, fountains of water were gushing out from the wall of the underpass and within no time several feet of water accumulated in underpass. No arrangement for drainage of water from this underpass was made by the department, due to which the connectivity between both sides gets cut off every year due to waterlogging.

Yoga camp by DLSA Barnala

Chief Judicial Magistrate, Shri

One Earth, Healthy World: International **Day of Yoga by Sant Nirmankari Mission**

Yog Bharat It is one of the most ancient sciences, which not only strengthens the body but also strengthens the mind. It also has the ability to calm and awaken the soul. By practicing it regularly, one can attain spiritual peace and harmony while avoiding stress, imbalance and diseases. Moves towards social harmony. This year the theme of 'International Yoga Day' declared by the United Nations is - 'For One Earth, One Health' 'Yoga' which gives the message to the entire humanity that the real health of a person is considered complete only then. When he is physically, mentally, socially and spiritually balanced and aware. Keeping this objective at the center, Sant

First

prisoners and detainees.



Nirankari Mission continues its spiritual and social endeavors. Constantly striving to consider health as a means of complete health. Barnala Branch Coordinator Jeevan Goyal said that Sant Mission is Nirnkari celebrating the occasion of 'International Yoga Day'. On the spot 'on June 21, 2025 at 6:00 am, K.C. of Barnala. 'Yoga Day' was organized at Sant Nirnk?r? Satsang Bhawan situated on the road This camp was organized under the leadership of yoga

instructor, devotees, Sevadal volunteers and Local participated enthusiastically. He further informed that since the year 2015, Sant Nirnkari Charitable Foundation has been regularly organizing 'Yog' programs across the country. Is organizing the day. This initiative is continuing with the blessings of Satguru Mata Sudiksha Ji Maharaj, under whose guidance It has been "Healthy mind, easy

Retired woman employee awaits justice in Haryana, pension denied even after HC verdict

HANS RAJ KURUKSHETRA, JUNE 22

While the Haryana Government speaks of women empowerment and dignity, ground realities often present a contrasting picture. A case in point is that of Daya Rani, a retired Craft Teacher from the Panchayat Samiti, Thanesar, who has been awaiting her pension and arrears since her retirement in 2014. Over the past several years, Daya Rani has approached every possible authority — from the BDPO and Deputy Commissioner to the Director of Panchayati Raj, the Chief Minister's Office. and even the President of India seeking her rightful dues. After a prolonged legal battle, she won her case in the Puniab and Haryana High Court in March 2024, with the court

directing the department to immediately release her arrears. and Shockingly, the department did not secure any stay on the High Court's decision, meaning the ruling is final and enforceable. However, the concerned officials have deliberately delayed compliance, resulting in continued mental and financial distress for the retired teacher. Earlier too, it was only after a contempt of court petition was filed that the department reluctantly released her gratuity and encashment benefits that should have been paid long ago. This highlights how department acts only under legal compulsion and not out administrative responsibility or empathy. "I

served the department with full dedication, yet even after retirement, I am forced to fight for what is lawfully mine," says Daya Rani. "This isn't just injustice to me but also reflects the larger insensitivity in the system towards senior citizens and especially women retirees.' The situation casts a dark shadow over government's slogans like "Beti Bachao, Beti Padhao" and its public commitments to women's welfare. When a former teacher is denied her most basic post-retirement rights, such slogans begin to ring hollow. This case does not only represent a violation of an individual's rights but also exposes the glaring gap between the

government's promises and

administrative reality.

KULDEEP SOOD **BARNALA, JUNE 22**

District Legal Services Authority Barnala organized yoga camp in District Court Complex Barnala on the occasion of World Yoga Day. Gone. This yoga camp is organized by Shri B.B.S. Teji, Honorable District and Sessions Judge-cum-Chairman, District Legal Services Authority, Barnala. Put under leadership. While giving information in this yoga camp, yoga instructor Shri Ravinder Singh said that yoga is only It is not only necessary for physical or mental development but also for spiritual peace, stability, concentration and joy. It is mandatory. Today, yoga has been adopted for health in many countries of the world, it was originated in India

thousands of years ago. It was



Abhishek Pathak, brought into existence by the sages and sages with their Magistrate Barnala, Shri Sudhir Kumar, amazing knowledge. Yoga originated in India during the Judicial Magistrate First early Vedic period. It can be Class, Barnala and Advocates and Panel-Advocates, Staff of described as a combination of knowledge and devotion. District Legal Services Authority, Barnala and court After the yoga session, Mr. Maninder Singh, Assistant staff were present. Apart from this, World Yoga Day was celebrated in District Jail Legal Aid Defense Counsel, Barnala, National Legal Gave Barnala. On this occasion, information about various schemes being run by Services Simranjit Singh, yoga Authority, New Delhi. During instructor, taught yoga to the this camp, Shri Bikramjit prisoners and detainees. On Singh, Honorable Additional this occasion, after the yoga District and Sessions Judge, session, free legal aid and Shri Manish Garg, Honorable assistance was provided to the

'In-house training' conducted at **Doon International School, Kurali**



PREETI SAINI SADHAURA: "In-house training" was conducted at Doon International School, Kurali on June 20, 2025. Resource Person (RP) Kapil Batra explained the importance of 'Value education' very well what was value based education' and why was it important? He said that it not only provided knowledge and skills to the students but it also developed morality and social values in them. In today's time, students are getting educated but their moral values are declining, says he and said that therefore keeping in mind the problems arising from CBSE, a commendable initiative has been taken to train teachers. So that teachers will not only provide bookish but also value based education. So that they can develop the qualities of respect, trust, time management. non-violence, honesty, discipline and responsibility and they can become good human beings and build a better society. Resource Person Kapil Batra told the teachers about the importance of 'value education' in a very wonderful way by giving many examples.

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NEWS BRIEFS

Body of disabled Amar **Chand found in Bhakra Canal** on 5th day

MEGHRAJ LUTHRA KACHWA: The body of 65-year-old disabled Amar Chand, a resident of Kachhwa who was missing since June 18 has been found in the Bhakra Canal. He suddenly disappeared from home five days ago in the morning. After a lot of searching, his tricycle was found near the bridge of Jat Pura Bhakra Canal. Since that day, a continuous search operation was carried out in the Bhakra Canal. Divers and SDRF teams were also involved in the search operation. This afternoon, the body of Amar Chand was found near Chamar Kheda Head. After the post-mortem, the body was handed over to the family by the police. His last rites were performed in the vil-

Govt committed to ensure complete flood protection before monsoon: Shruti

CHANDIGARH, JUNE 22

Irrigation and Water Resources Minister Smt. Shruti Choudhry said the department is making active preparations for flood control before the monsoon season.

Out of a total of 846 drains across the state, the cleaning of 671 drains—covering a cumulative length of 4,040.23 km was planned. So far, 3,751.40 km, account ing for 92.85% of the targeted length, has already been cleaned through MGNRE GA, departmental machinery, and the e-tendering process. The remaining work is progressing rapidly and is ex pected to be completed shortly. She said in the 56th meeting of the Haryana State Drought Relief and Flood Control Board which was held under the chairmanship of the Chief Minister, a total of 209 short term flood control works were approved Out of these, 12 works have been completed, 175 works are in progress and the target is to complete them by June 30.

Eight works are stalled due to farm ers' protest and coming in the eco-sensitive zone. The remaining 14 works are related to water conservation and material purchase, whose purchase process is in progress. Temporary arrangements have been made at these sites, which will not have any impact on the flood situation. These works will also be completed

Along with this, it is estimated to remove 39.22 lakh cubic meters of silt in the Tangri river. In the work divided into three parts, contracts for two parts have been signed and the work is in progress. Apart from this, cleaning is also going on in the municipal limits of Kardan, Bab-



yal and Chandpura villages. So far, about 5.75 lakh cubic meters of silt has been removed, and the remaining work will be completed by the prescribed time limit i.e. June 30, 2025.

At the same time, a total of 65.47 lakh cubic meters of silt is estimated to be re-

were invited twice, but no bids were received. After this, tenders were again issued for the primary categories of 58,000 cubic meters. About 60% of the work has been completed in Jhaansa, Kalsana, Gumti and Jalbera villages and the remaining work will be completed by the stipulated time. The removed soil is being used to strengthen the embankments and other development works in Ambala and Kurukshetra districts. Repair and strengthening work of all the breakage sites in the Tangri and Markanda rivers has also been completed, which has reduced the possibility of floods in future to a great extent.

The minister informed that the Saraswati river, which flows from Adi Badri (Yamunanagar) to its confluence with the Ghaggar river, is about 190 km long and passes through Yamunanagar, Kurukshetra and Kaithal districts. It has 8 tributaries whose total length is about 101 km. Internal cleaning work in the Saraswati river and its tributaries is in progress at a rapid pace, in which about 85% of the work has been completed and the remaining work will be completed by June 25, 2025. She said we are committed to ensure complete flood protection before the monsoon. Reports of this work are being taken from the department ev-

60th blood donation camp organised on Divyanshu Buddhiraja's birthday

SHIV KUMAR SHARMA KARNAL, JUNE 22

The 60th massive blood donation camp was organised with great enthusiasm and public participation on the Virk Hospital campus in Karnal today. This blood donation camp was organized by former Youth Congress President Pankaj Gaba, in which a total of 53 units of blood were collected. On this occasion,

Pankaj Gaba specially attended and inspired the youth to donate blood. The special thing about this camp was that more than 10 youths took their first step towards social service by donating blood for the first time, which is an inspiration for the coming generation. The programme was organised solely for social purpose, in which dozens of youth, social workers and local citizens participated enthusiastically.

The names of the youth who were specially present on this occasion were as follows: Piyush Sharma, Sumit Valmiki, Neeraj Hooda

Anuj Thakral, Ayush Gaba, Sonu Sumit Rana, Hamraj, Ladi, Jasbir Pannu, Sikandar Sandhu, Saurabh Sharma, Pradeep Kashyap, Punyam Manchanda. Pushkar Manchanda, Saurabh, Rohit Sharma, Ankit, Navneet Singh, Puneet Bathla, Deepak, Pankaj Sharma, Lavneet Singh, Praveen Kumar Deepak, Sandeep, Himanshu, Dalbir Singh Shubham Budhain, Janpal Singh, Kamal Raj, Kapil. Pankaj Gaba thanked all the blood donors, the organisations that supported the event and the hospital adminis-

Dr. Shyam Nath Jha honoured with Pandit Vishnukant Jha Smriti Samman

SHIV KUMAR SHARMA AMBALA, JUNE 22

For his remarkable contribution in the field of astrology, Dr. Shyam Nath Jha, Head of the Department of Astrology, Adarsh SD Sanskrit College Ambala was honoured with the Pandit Vishnukant Jha Smriti Samman 2025. Dr. Shyam Nath Jha has been working as the Head of the Department of Astrology in the college for the last several years and has played an important role in the reservation and promotion of this traditional knowledge.

This award has been e stablished in the memory of Pan-



dit Vishnukant Jha, who worked in the Department of Astrology for a long time in Adarsh SD Sanskrit College and had been the Acting Principal. The award ceremony was

organised by Pandit Vishnukant Jha's son Dr. Kamdev Jha, former Principal, DAV (PG) College, Pehowa at his residence Dayal Bagh, Ambala

Shandilya pays homage to Parmeshwari Devi, mother of Capt Abhumanyu in Rohtak

lage late on Sunday

AMBALA: On the demise of Parmeshwari Devi, mother of former Finance Minister of Harvana and senior BJP leader Captain Abhimanyu and Rudra Sen Sindhu National President of Anti Terrorist Front India and

head of Vishwa Hindu Takht Veeresh Shandilya reached Sindhu Bhawan in Rohtak and met the bereaved family and consoled them and offered flowers on the picture of Mata ji and also paid tribute to her in written form. On this occasion, Supreme Court and Punjab Harvana High Court advocates Vasu Ranjan Shandilya, Gulshan Sharma, Lovely Sharma, Prem Sagar Sharma, Ashish Sharma, Anish Sharma, Shiv Ranjan were also present.



Expressing condolences, Veeresh Shandilya said that Mata Parmeshwari Devi was a religious and cultured woman, whose values are clearly reflected in the Sindhu family. He said that the contribution of Captain Abhimanyu and his family in social and national life is the result of their family roots and values. Shandilya said that in such a difficult time, his entire organisation stands with the Sindhu family and we all pray to God that the departed soul may rest in peace and the family may get the strength to

Anti Corruption Foundation to organise Vikas Bharat 2047 conference

SHIV KUMAR SHARMA **KARNAL, JUNE 22**

A National level Vikas Bharat 2047 conference will be organised by Anti Corruption Foundation of India on 27th July under which Rashtra Ratna Award ceremony will also be held. Giving more information about the program, National Supremo Narendra Arora said in a meeting that India is moving towards becoming a developed country in which participation of common people is very important. He said that before making India a developed country, it is very important to make the country corruption free for which special efforts are being made by Anti Corruption Foundation of India. The fight is long but not impossible. He said that the Foundation will organise a national function of the national level Vikas Bharat 2047 conference on Sunday, 27th July, titled Participation of common people and youth in developed India. On this occasion, personalities who have made a special contribution in the awareness of Vision Vikas Bharat 2047 will be honored with



Rashtra Ratna Award. He said that the vision of developed India will be realised only on the foundation of corruption free India. He said that the goal of Vikasit Bharat 2047 is to make India a developed nation by 2047, the 100th year of its independence. This vision includes various aspects of development, including economic de-

velopment, social progress, environmental sustainability and good governance. Intellectuals from various states across India will participate in this special event. National President Political Cell Gaurav Gaba, International Director Sandeep Kumar and other dignitaries were mainly present on this occa-

Modi govt strengthened India's credibility on poor welfare, social justice, women empowerment: Chandra

NILOKHERI/KARNAL: A conference was organised in Karsa Dod village of Nigdu Mandal under the special public relations campaign being run to mark the completion of 11 years of the central government led by Prime Minister Narendra Modi. The conference was chaired by Subhash Chandra, Executive Vice Chairman of Swachh Bharat Mission Haryana, while the board chairman Rajpal conduct-

ed it. The public welfare achievements of the central government in 11 years were discussed in detail in the conference. Addressing the programme, Vice Chairman Subhash Chandra said that in the last decade. the Modi government has worked to strengthen India's credibility on poor welfare, social justice, women empowerment, self-reliant India, digital India, national



security and global forums. He said that after the BJP government came to power at the Center in 2014, the first attack was on corruption. Whereas earlier scams had become the identity of governments, today transparency and accountability are the identity of BJP. Subhash Chandra said that the Modi government has adopted a no-compromise policy towards terrorism. Now India not only opposes terrorist attacks, but also answers them in their own language.

Everything is possible in BJP government- Krishan Sain

KARNAL (NISSING), JUNE 22

Sankalp se siddhi tak program is being celebrated in every village and locality

of Nilokheri area. Krishna Sain incharge Yamunanagar BJP Kisan Morcha leader Sankalp se siddhi tak program reached village Sambhli and was warmly welcomed by the villagers and BJP workers. Krishan Sain BJP leader said that everything is possible if Modi ji is there, all your work which is pending will be done. People raised strong slogans for BJP government. Ravindra Rana, Baruram Sharma, Dharm Singh Rana, Dhanpat Prajapat, Rulda Ram, Balram Kashyap, Balwan Kashyap, Pawan, Balveer Prem Kheda, Satpal Prajapat, Rajkumar Sharma, Jagmal Rana, Shyam Singh, Om Prakash, Hoshivar Singh, Budhrai, Geiu Ram Sardar, Sanjay Sharma, Meva Prajapat, Ramjuwari, Prajapat, Saudapur, Rajesh Prajapat, Ramkaran Sharma, villagers and BJP workers were present on the occasion.



My first priority is to provide facilities to common people: Kabirpanthi

KAMAL SHARMA TARAORI, JUNE 22

MLA Bhagwandas Kabirpanthi said that no shortage of any kind will be allowed in the develop-

ment works of subdivision Nilokheri. Providing all kinds of facilities to the common people is our priority. He also sought suggestions from the people of the constituency to implement new policies for development works. MLA Bhagwandas Kabirpanthi was meeting workers in village Barana of the constituency. He said that Nilokheri

constituency is my family. Everyone is a member of my family. If anyone has any problem, my doors are open for 24 hours. He said that no citizen will be allowed to face any problem. MLA Kabirpanthi said that no shortage will be allowed in the develop-

Officials have been specially instructed to solve the problems of the area within a fixed period. MLA Bhagwan-

ment work in the constituency. Big projects will be brought in the constituency so that the people of the constituency can get relief. Many people were



das Kabirpanthi also heard the problems in the village. Taking cognisance of all the problems that came before MLA Kabirpanthi, he also gave strict instructions to the officials to get them resolved immediately. MLA Kabirpanthi said that there will be all-round develop-

present on this occasion. Many people including Nilokheri Mandal President Mukesh Bharti, Tarawadi President Shivam Bansal, Rajiv Narang, Rajneesh Chaudhary, Balbir Maratha, Jai Bhagwan Sikri, former Sarpanch Anil were

Hindi professor Dr. Vijay Chawla gives presentation in national level article writing workshop

SANJAY SHARMA

KAITHAL: Hindi professor Dr. Vijay Chawla working in Aarohi Adarsh Senior Secondary School Gyong in Kaithal district said that the National Council of Educational Research and Training (NCERT), New Delhi is try ing to create new textbooks according to the National Education Policy 2020 and the National Curriculum Framework for School

Education 2023. Class 4 Hindi textbook 'Veena' has been published by the National Council of Educational Research and Training (NCERT), New



Delhi. Dr. Chawla said that with the aim of writing effective articles on the chapters of the Hindi textbook 'Veena', the Central Institute of Educational Technology (CIET), New Delhi organized a five-day workshop from 16 June 2025 to 20 June 2025. Under the leadership of Joint Director, Central Institute of Educational Technology (CIET), New Delhi and under the chairmanship of Prof. Rajendra Pal, Head of Media Production Department and under the guidance of Dr. Ravindra Kumar, Workshop Coordinator, various subject experts prepared effective articles on various chapters of Class 4 Hindi textbook 'Veena' and then gave their presentations. Dr. Chawla informed that the article written by him was also presented in this workshop.

Swadeshi Jagran Manch holds seminar on Swadeshi and self-reliance

YAMUNANAGAR, JUNE 22

A seminar on the subject of Swadeshi and self-reliance was organised by Swadeshi Jagran Manch during the annual training camp of 14 Haryana Battal ion NCC being organised at Saraswati Vidya Mandir Jagadhri. In which the youth who came to participate in the NCC camp were inspired to adopt indigenous goods and walk on the path of self-reliance. Senior Dimension Head Sushil Gulati participated as the keynote speaker in the programme. Sushil Gulati said in his address that today the world trade war initiated by America and China is a big threat to the world and India. In such a situation, the only way to protect our India and take it on the path of economic progress is Śwadeshi. If all of us use the goods manufactured in our country as much as possible, then we will not only be able to give a strong challenge to America and China in the world trade war but will also be able to make a big contribution to the economic prosperity of the country. He said that Swadeshi Jagran Manch has been working on this subject for a long time and has been making the people of the country aware to adopt indigenous goods. Today, its positive efforts have also started coming to the



Now the Prime Minister Modi has also started raising the topic of Swadeshi in his speeches publicly. He said that along with Swadeshi, Swadeshi Jagran Manch is also taking forward the plan of self-reliance. The objective of which is to make the youth aware to establish their own employment instead of running after jobs. Under this, many types of awareness programs are also being organized among the youth by the forum on this subject in which the youth are being told that getting a government job should not be their only goal. Rather, the youth should understand the de-

mand of the time and move forward on the axis of becoming a job provider for others. There are many such examples in the country in which the youth have proved this to be true with their skills and hard work. In them, the youth made a great start with their small business. Now they have not only become self-reliant by setting up their own business on a large scale but are also giving jobs to unemployed youth. Swadeshi Jagran Manch is working to inspire the youth to improve their talent. Through which we will be able to contribute directly and indirectly in the campaign to develop the country.

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Whereas, The undersigned being the Authorised Officer of AAVAS FINANCIERS LIMITED under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and in exercise of powers conferred upon me under section 13(12) read with Rule 9 of the Security Interest (Enforcement) Rules 2002, issued a Demand Notice calling upon the borrowers mentioned herein below to repay the amount mentioned in the respective notice within 60 days from the date of receipt of the said notice. The borrowers having failed to repay the amount, undersigned has taken possession of the properties described herein below in exercise of powers conferred on me under Section 13(4) of the said Act read with Rule 9 of the said rules on the dates mentioned as below. The borrower and Guarantor in particular and the public in general is hereby cautioned not to deal with the properties and any dealings with the property will be subject to the charge of the AAVAS FINANCIERS LIMITED for an amount mentioned as

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Date: 23-06-2025 Authorised Officer Aavas Financiers Limited

Khalil Gibran

CHANDIGARH

MONDAY, JUNE 23, 2025



Editorial

Complementary union

In 1990, Federico Faggin, the inventor of the microprocessor, was lying in bed near Lake Tahoe on a family vacation. A successful businessman and a scientist by all conventional metrics, Fagini nonetheless felt like he was "dying inside", unhappy and discontent. Unable to fall asleep, without warning, his chest exploded with a beam of energy. A "white, scintillating energy... fifty thousand times stronger than anything", he felt, flowed from somewhere within him, an energy that was filled with "love, joy and peace". This energy and his own consciousness expanded to "everything" and Fagini proclaimed: "I am that."

Three decades of research later, in 2024, he expounded upon his mystical vacation in Irreducible: Consciousness, Life, Computers, and Human Nature. In it, Fagini answers the age-old, 'hard problem of consciousness' query: how does first-person conscious experience arise in a world made up of insentient and inert matter? Does consciousness emerge from the world or create it? Going against the grain of scientific consensus, Fagini argues that life cannot be reduced to the biochemical processes of the brain. Rather, the true nature of reality is a "quantum phenomenon", namely consciousness, and the world described by classical physics is an evocative "symbolic representation" of this deeper reality. This alignment of science and spirituality is striking. One could be forgiven for mistaking Fagini's conclusions for the famous mahavakyas of the Upanishadic seers — aham brahmasmi (I am that) and prajnanam brahma (brahman is consciousness) claimed a deeper, abiding, spiritual reality behind the world of physical appearances. But Fagini's work is not yet another tiresome attempt to coerce a friendship between science and spirituality. Something deeper is

afoot that deserves our attention.

We are in the nascent stages of what Thomas Kuhn famously called a "paradigm shift" in The Structure of Scientific Revolutions: when "normal science" is thrown into a state of crisis and calls for "extraordinary research" to debate fundamentals. Fagini's work represents an emerging trend — exhibited, for example, in the works of David Chalmers, Christof Koch, Giulio Tononi and Swami Medhananda, to name a few scholars—that is placing pressure on both mainstream science and popular faith to justify their claims to truth. The paradigm of physicalism in science—that electrical and biochemical signals in the brain are the foundations of our sense of self—is now increasingly criticised as reductive. Conversely, the paradigm of faith in non-material states of existence that characterises popular religion—that entities like the immortal soul and god are real—has long been characterised as pseudoscientific and superstitious for its inability to provide hard evidence in support of its claims.

India's next phase of growth must focus on per capita GDP

India has overtaken several economies in terms of GDP over the past decade, but its citizens' per capita income remains poor. In that context, a report by Llama Research suggested that the next phase of India's growth must translate into individual prosperity.

Manufacturing scale-up, digital formalisation, and rising income tiers are some of the reasons that are at India's advantage. Noting that India ranks the lowest on per capita income among the top 10 economies, Llama Research asserted, "This isn't a flaw, it's a window of compounding potential."Tech savvy population, solid policy, room for long-term capital formation, and macro stability are some other positives for India, according to the report."India is not just rising in rank, it's building the foundations to lead from the ground up," Llama Research said in the report 'India's growth: Journey from size to strength'.

To realise the vision of 'Viksit Bharat', a developed nation dream by 2047, India will need to achieve a growth rate of around 8 per cent at constant prices, on average, for about a decade or two, the Economic Survey document for 2024-25 tabled on January 31 asserted. India has made quite a turnaround, climbing the lad-



der of economic growth.

This can be gauged from the 11th in 2013-14, India has positioned itself to become the fourth largest economy. Even as India has overtaken many countries in terms of the size of the economy over the past decade, the per capita income in India remains very low.In 2013, India was placed in the league of 'Fragile 5' economies. The term 'Fragile 5' was

coined by a Morgan Stanley analyst and refers to a set of five emerging countries, including India, whose economies were not doing well.

The other four countries were Brazil, Indonesia, South Africa, and Turkey. Currently, India is the fifth largest economy, and among the fastest-growing major economies. It is projected to remain so over the next few years, as many global agen-

cies have anticipated.In the current financial year, India is set to overtake Japan to become the world's 4th largest economy, as projected by IMF.As was widely expected, the Indian economy grew by 6.5 per cent in real terms in the recently concluded financial year 2024-25. In 2023-24, India's GDP grew by an impressive 9.2 per cent.According to official data, the Indian economy grew 8.7 per cent and 7.2 percent, respectively, in 2021-22 and 2022-23.

India's foreign exchange reserves (forex) also extended their gains, jumping USD 2.294 billion to USD 698.950 billion in the week ending June 13, official data released by the Reserve Bank of India showed. At the latest monetary policy meet, RBI Governor Sanjay Malhotra said the foreign exchange kitty was sufficient to meet 11 months of the country's imports and about 96 per cent of external debt.

With this weekly jump, the forex kitty is close to its all-time high of USD 704.89 billion in September 2024. The latest RBI data showed that India's foreign currency assets (FCA), the largest component of foreign exchange reserves, stood at USD 589.426 billion. According to RBI data, the gold reserves currently amount to USD 86.316 billion.

Literature & Health

Eight killed after hot-air balloon catches fire and crashes in Southern Brazil

At least eight people were killed on Saturday (local time) after a hot-air balloon caught fire mid-air and crashed in a tourist region of southern Brazil, the New York Times (NYT) reported, citing local authorities.

the rural area of Praia Grande, located in the state of Santa Catarina, a region well known for its scenic balloon rides over stunning canyon landscapes. According to the state's military fire brigade, the balloon caught fire in the air and went down shortly after 8 am (local time). Of the 21 people on board, including the pilot, 13 survived the crash and were taken to nearby hospitals for treatment, as reported by the



NYT. Rescue teams, including some 20 firefighters and seven emergency vehicles, were dispatched to the scene to assist with recovery efforts.

The cause of the crash is still under investigation, the NYT reported, citing a statement from the Santa Catarina Governor Jorginho Mello. Mello described the event as a tragedy, as per a video posted to his social media. 'We are in mourning... It is a tragedy that has happened. We will watch how it unfolds, what happened, why it happened," he stated, as quoted by the NYT. Inacio Lula da Silva expressed his condolences to the victims' families and confirmed that both federal and state agencies are supporting the ongoing rescue and response operations."I would like to express my solidarity with the families of the victims of the balloon accident that occurred this Saturday morning in Santa Catarina. I would like to place the Federal Government at the disposal of the victims and the state

Nepal thanks India for evacuating nationals from Iran

Tepal's Foreign Minister Arzu Rana Deuba on Saturday thanked External Affairs Minister S Jaishankar for assisting in the evacuation of Nepali students from conflict-hit Iran, calling it a reflection of the strong Nepal-India ties. In a post on X, Deuba wrote, "Thank you External Affairs Minister of India S Jaishankar for India's swift assistance in helping to evacuate Nepali nationals from Iran. India's support in Nepal's evacuation efforts is a reflection of strength of Nepal-India ties."

Nepal- India ties."
Earlier, the Sri Lankan
Government also extended
its heartfelt gratitude to the
Government of India for its
timely assistance in evacuating Sri Lankan nationals
from Iran amidst the Islam-



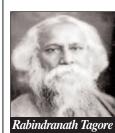
ic Republic's ongoing conflict with Israel. The gesture, part of India's Operation Sindhu, underscores the robust and enduring partnership between the two nations, as the Foreign Ministry of Sri Lanka stated in a post on X on Saturday. "Sri Lanka extends its sincere gratitude to the Government of India for the timely assistance to evacuate Sri

Lankan nationals from Iran alongside Indian citizens," the post read."This act of solidarity exemplifies the strong and enduring partnership between Sri Lanka and India and is deeply appreciated by the people of Sri Lanka," it added. Earlier on Saturday, the Indian Embassy in Iran said that it had made efforts to evacuate citizens of Nepal.

POEM

On the Nature of Love

he night is black and the forest has no end; a million people thread it in a million ways. We have trysts to keep in



the darkness, but where or with whom - of that we are unaware.

But we have this faith - that a lifetime's bliss will ap-

pear any minute, with a smile upon its lips.

Scents, touches, sounds, snatches of songs brush us, pass us, give us delightful shocks.

Rabindranath Tagore

India's agrochemical exports set for moderate rebound in FY25

India's agrochemical exports are expected to moderately rebound in the Financial Year 2025, with improving demand and inventory normalisation, according to an industry report by Rubix, which analyses industry data and trends. India's agrochemical exports declined sharply in FY2024, by nearly 22 per cent compared to the previous year, primarily due to global inventory destocking, heightened price competition from China, and subdued demand in key export markets.

The report says that distributors worldwide reduced procurement to manage excess stock amid falling prices. At the same time, Chinese suppliers reentered the market with aggressively priced products, making Indian exports less competitive. Additionally, erratic weather patterns impacted agricultural activity in importing countries, further dampening demand. However, exports



are expected to recover in the coming years as global inventories stabilise, demand picks up with improved agricul-

tural cycles, and Indian manufacturers adapt with cost-efficient production and diversified portfolios.

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As a result, the trade surplus (difference between exports and imports) came down from USD 3.6 billion in FY2023

and USD 2.8 billion in FY2024 to USD 2.3 billion in FY2025 (April 2024- February 2025). Highlighting the factors that support exports, the report added that herbicides have emerged as the leading export segment, experiencing the fastest growth at 20 per cent CAGR from FY2020 to FY2025. The share of herbicides in total agrochemical exports increased from 31 per cent to 37 per cent during the same timeframe. As per the report, this growth is driven by India's cost-effective manufacturing, rising global demand for affordable herbicides, and the increasing scarcity and cost of agricultural labour, making herbicidebased weed control a more viable choice for farmers. The export landscape reveals a growing concentration in key markets, as the top five export destinations account for more than 50 per cent share for insecticides and fungicides and nearly 71 per cent for herbicides.

Dr. Manoj Kumar honored by PRSI

YAMUNA NAGAR: An national symposium was organized on topic of Operation Sindoor Shaurya Ke Glorious Voices under aegis of Public Relations Society of India (PRSI). DIPR, Yamuna Nagar Dr. Manoj Kumar presented a poem called

Gusse Ko Palo and some other poems. Chief guest of the symposium was Lieutenant General PVSM, AVSM (Retd.) Rakesh Kumar Lumba and symposium was presided over by National President PRSI Dr. Ajit Pathak.Dr. Manoj Kumar was honored by sending a letter of appreciation and a shield by

President of PRSI Dr. Ajit Pathak. Dr. Ajit Pathak said that dear I am very happy to present you this memento of Operation Sindoor poetry symposium, you paid tribute to untiring efforts and sacrifices of the Indian Army through your voice, which commendable.



NEWS BRIEF

2kg 800 grams of opium seized by Moga City Police, two arrested



JAGRAJ SINGH SANGHA MOGA: Under the campaign launched by DGP Punjab against drug smuggling, under the direction of Mr. Ajay Gandhi SSP Moga, Mr. Bal Krishan Singla, SP (I) Moga, Mr. **Gurpreet Singh Deputy** Superintendent of Police S.D. Moga, Moga, Moga Police got a big success when Inspector SHO Guljinder Singh, Chief Officer, Police Station City Moga. arrested Angrej Singh son of Balvir Singh, resident of Faithal, district Patiala, and Ramaniit Singh son of Balwant Singh, resident of Habri, district Kaithal (Haryana) with 02 kg 800 grams of opium. DSP Gurpreet Singh, giving more information, said that during the patrol, ASI Sukhwinder Singh was informed by a special informant that Angrej Singh son of Balvir Singh, resident of Dhaithal, district Patiala, and Ramanjit Singh son of Balwant

Singh, resident of Habri, district

Kaithal (Haryana), who are

addicted to selling opium.

CM Dhami attends closing ceremony of 'Swarnim 70 Years' in Haridwar

HARIDWAR, JUNE 22

Uttarakhand Chief Minister Pushkar Singh Dhami on Sunday attended the closing ceremony of "Swarnim 70 Years" organised by Bharatiya Mazdoor Sangh Uttarakhand in Haridwar.

The officials and youth of the Mazdoor Sangh welcomed the Chief Minister.

Dhami inaugurated the program by lighting the lamp. A large number of youth were also present in the program. He has also participated in the youth worker conference. Yesterday, Uttarakhand

made history by becoming the first state in India to implement a dedicated Yoga Policy, following pioneering efforts introducing the Uniform Civil Code.

The Pushkar Singh Dhami-led cabinet approved this landmark initiative.

establish Uttarakhand as a global hub

for yoga and wellness.

The Yoga Policy has been prepared with the aim of establishing Uttarakhand as the global capital of yoga and wellness, under which a subsidy of up to Rs 20 lakh is provided for developing yoga and meditation centres in the

A provision of grants up to Rs 10 lakh has also been made to promote research in the field of yoga, meditation

and naturopathy in the state. With the inspiration of the Prime Minister, the state government has implemented the country's first Yoga Policy 2025 in the state.

The Chief Minister further stated that the state government is determined to

in the state by 2030 and by March 2026, the availability of yoga services will also be ensured in all AYUSH Health and Wellness Centers in the

The CM also planted an apple tree in the Vidhan Sabha premises under the 'Ek Vriksha Yoga ke Naam' program.

During this, the Chief Minister announced that the state government would soon establish one Spiritual Economic Zone each in Garhwal and Kumaon divisions to promote Ayurvedic and Naturopathy, Yoga and Spiritual Tourism in the state.

He further stated that two new towns would be established in the hilly areas of the state, which would establish the special identity of the state on the global map by becoming the center of Ayurveda Spirituality.

Haryana to emerge as logistics powerhouse: CM Saini



DALBIR MALIK **KURUKSHETRA, JUNE 22**

Chief Minister Nayab Singh Saini on Saturday inaugurated the PM Gati Shakti Cargo Terminal at the newly developed Inland Container Depot (ICD) in Dhirpur, Kurukshetra, declaring it a milestone in building developed Haryana and India. He affirmed that the day is not far when Haryana will rise as a new force in the logistics and supply chain sector, boosting prosperity for farmers, entrepreneurs, and traders, while opening new avenues of employment for the youth. The terminal has been developed by Saraf Group of Dubai, whose

said, investment. Saini reflects a strong confidence in Haryana's economic policies and business-friendly environment, and signals the deepening economic ties between India and the UAE. The CM stated, "This is

not merely the inauguration of a modern facility; it's a step toward empowering Haryana's capabilities and its youth. It is a bold and visionary move that will script a new chapter in the state's economic journey."

The state-of-the-art logistics hub, spread over 18 acres, offers custom clearance, warehousing, and cold storage services under one roof, previously accessible only in metro cities. The reduction in

and time savings, he said, enhance competitiveness of Haryana's products in international markets. Saini added that Saraf Group is also operating 115-acre multimodal logistics park in Palwal, with another 30-acre transshipment hub in Rewari. He credited former Chief

Minister Manohar Lal for approving this project during his Dubai visit, which underscored the 'Ease of Doing Business' philosophy that Haryana is pushing beyond boundaries by actively reducing business costs and promoting skilled human resource exports through the Department of Foreign Cooperation.

Admin should pay attention to shortage of DAP and other fertilisers in district



JAGRAJ SINGH SANGHA

MOGA: Today, in a special interaction held by farmers at the district office of Bharatiya Kisan Union Lakhowal, District President Bhupinder Singh Daulatpura and Member Punjab Harnek Singh Fatehgarh Korotana and District Media Incharge Balkaran and people from different blocks of Moga district have demanded from the district administration that there is a severe shortage of DAP fertilizer and other fertilizers in the district. Wherever DAP fertilizer or urea fertilizer is being obtained, corporate houses and private firms are looting the farmers blindly. Along with DAP fertilizer and urea fertilizer, nano bottles or any other material like feed etc. are being given, which is a complete blow to the farmer. In this way, the farmer is being looted. The farmer is already struggling with economic recession. On top of this, the farmers are very upset with the loot being done due to the negligence of the government officials. On this occasion, Prem Lal Puri, District Vice President Gurmail Singh Droli Bhai, District Leader Balkaran Singh Dhillon, Parkash Singh Office Incharge etc. were present with him.

Adopt Yoga in daily life to stay diseasefree: MLA Kabirpanthi



KAMAL SHARMA

TARAORI: A three-day yoga camp organised by the Bharat Vikas Parishad, Taraori branch, concluded with great enthusiasm at a private park on Anjanthali Road. On the final day, local MLA Bhagwan Das Kabirpanthi, Municipal Chairman Virender Bansal, and several dignitaries graced the occasion. The camp, led by Parishad President Yogesh Midda, saw active participation from over 100 individuals in its daily morning sessions. Yoga instructors Dinesh Gulati and Manoj Kamra conducted the sessions, teaching various asanas, pranayama techniques, meditation practices, and aspects of a healthy lifestyle. The instructors highlighted the physical, mental, and spiritual benefits of regular yoga, calling for more such initiatives to spread awareness. Speaking on the occasion, MLA Bhagwan Das Kabirpanthi said, "Every citizen should incorporate yoga into their routine and live a joyful life. Even our Prime Minister Narendra Modi practices yoga and has taken it to a global platform." He emphasised that making yoga a part of daily life can help eliminate many diseases and encouraged citizens to stay consistent with the practices taught during the camp.

DAV Qadian NCC Cadets mark International Yoga Day with enthusiasm



QADIAN: In compliance with directives from Colonel Vichar Mago, 22 P.B NCC Bn Batala, the NCC Cadets of DAV, Qadian, enthusiastically celebrated International Yoga Day at their school campus. The program featured practical sessions on Pranayama and various Yoga Asanas, guided by Lt. Shri Manga Ram, who additionally shed light on the overall importance of yoga. School Principal Shri Satish Kumar Gupta delivered an inspiring address, emphasizing the crucial role of yoga for students and encouraging its regular practice. Lt. Shri Ravinder Sharma Ji further elaborated on key facts concerning International Yoga Day. Notable attendees included Lt. Shri Gurinder Singh, Lt. Shri Shatvinder Singh, PI Staff C.H.M. Shri Parminder Singh, and a host of dedicated school teachers: Mr. Sanjeev Balghan, Mr. Sanjeev Vig, Mrs. Aarti, Mr. Ritesh Sharma, Mr. Jaswinder Singh, Mr. Harpal Singh, Mr. Harnoor Singh, Mrs. Rajna, Mrs. Anita Rani, and Mrs. Raj Kumari.

DAV Police Public School students give message of staying healthy through yoga

RAHUL KOHLI

YAMUNA NAGAR: Yoga is most powerful medium to keep body healthy. Yoga is associated with our ancient culture. Rishis, sages and yogis also used to resort to yogasanas to keep body healthy. Explaining importance of yoga, students of DAV Police Public School celebrated Yoga and learned

various yoga postures. Sports teacher Lalit taught various yogasanas all students and also explained their importance. Students also shared their photos and videos doing yoga through online medium and gave message of staying healthy through yoga. Principal Anoop



Kumar Chopra said that a healthy mind resides in a healthy body, so keeping our body disease-free is our first duty, for which yoga is the most powerful medium. Nutritious food, clean environment, physical exercise, sports and yoga should be a part of our daily routine, only then our body can remain healthy and we can enjoy our life because a sick and diseased body never allows us to be happy in life and neither can we do our work properly. On International Yoga Day, Principal explained the importance of yoga to everyone and suggested to make it a part of our daily routine.

Mahakavi Surdas Javanti and Saksham's Foundation Day celebrated at Divyang Seva Kendra Kila Bazar



MANMOHAN SHARMA

HANSI: A special program was organized in front of Union Bank located in local Divyang Seva Kendra Kila Bazar to celebrate Mahakavi Surdas Jayanti and Saksham's 17th Foundation Day. Saksham district coordinator Ved Prakash, who has been working in Saksham area from Fatehabad, said Saksham is a national organization established by Rashtriya Swayamsevak Sangh since 20 June 2008 which is under the Disabled Persons Rights Act 2016. It was presided over by Hansi District RS Co. Sangh Chalak Krishna Yadav. Flowers were offered to pictures of Mahakavi Surdas and Bharat Mata.He said that organization is working in field of 21 types of disabilities. Today's program has been organized by Saksham Center, Hisar District Hansi. Hansi Centre provides free computers, library and medical camps to the disabled from time to time. Earlier, Central Government used to give 3% reservation in jobs to the disabled.

Punjab woman sold for Rs. 4 lakh, roamed streets of Oman for two months

ARVIND PATHAK

SULTANPUR LODHI: A young woman from Jalandhar district, Punjab, fell victim to human trafficking after she traveled to Oman in search of a job due to her family's dire financial condition. Shockingly, it was her own sister-inlaw who colluded with an agent and sold her for ?4 lakh. Once in Oman, the woman faced severe physical abuse, inhumane treatment, and constant threats to her life. Her eventual return to India became possible through the timely intervention of Rajya Sabha MP Sant Balbir Singh

Seechewal. Sharing her harrowing ordeal upon returning home, survivor said she endured a great deal out of helplessness. However, things became unbearable when she was assaulted without reason. She



revealed that she was forced to work long hours without rest, was denied her salary, and barely given food to eat. When she resisted the abuse, she was threatened with death and coerced into activities against her will. After somehow escaping the grip of exploiting family, she wandered the streets of Oman for nearly two months with no support or shelter. She also disclosed that around 20 other girls—mostly from Uttar Pradesh, Bihar, and Punjab—are still living in similar hellish conditions in a park in Oman, their lives constantly

Haryana govt should take strict steps to eliminate criminals: Garg

SUMER GARG HISAR, JUNE 22

urgent meeting of business representatives was held under the chairmanship of Bajrang Garg, Provincial President of Haryana Pradesh Trade Board and former chairman of Haryana Confed. While expressing serious concern over the increasing crime in Haryana, Mr. Garg said that traders, industry and general public in Haryana are living in the shadow of fear as the incidents of ransom, monthly, looting and murders



are happening in routine and the government has proved to be a complete failure to stop crime in Haryana. He said Sonepat, that Jind, Kurukshetra, Hansi, Palwal, Rohtak. Gurugram, Faridabad, Panipat, Narwana, Karnal, Sirsa are becoming common places of killing traders, looting and the demand of ransom has increased. The contractors of alcohol, mining, sand and

builders are afraid of taking contracts of their respective work. Whenever a notice of tender was published, contractors started to receive calls from criminals for the ransom. Garg said that the government has proved to be a complete failure in Haryana to maintain law and order situations. The gangs of criminals are being operated from jails and they were asking for ransom and monthly on mobile, from which, it clears that the jail administration is with the criminals.



PREETI SAINI

SADHAURA: International Yoga Day was celebrated with great pomp at block level in Hindu Senior Secondary School of Sadhaura in town of Sadhaura, where hundreds of common people including government officials, employees participated, where various yoga activities were performed by all yoga practitioners under leadership of yoga practitioner Satpal Sharma. CTM Piyush Gupta arrived as chief guest in program, he started program by lighting lamp. Gupta said that yoga is our ancient tradition, he said that we should do yoga regularly in morning and evening, with this we can keep our body healthy, while we can also stay away from diseases, he said that we should include yoga in our daily routine. Kanta Devi, Bharat, many volunteers were present.

Country has become self-reliant in 11 years rule of PM Modi: Ashok Kanaujia

MANMOHAN SHARMA

HANSI: On the completion of 11 years of Prime Minister Narendra Modi, program "Sankalp se Siddhi" was organized at Shakti Center level. In which works done by Prime Minister Narendra Modi were described in detail. Organizer of program, member of state executive of Backward Class Front and Shakti Center



Chief Ashok Kanaujia said in his address that in 11 years of Prime Minister Narendra Modi's rule, country has become completely self-reliant, due to which every citizen of the country feels proud, Kanaujia said that present India does not only defend itself, but also kills enemy by entering his house. Today India has left its indelible mark in water, land, air and space sector.BJP Mandal President and Key Speaker Tanuj Khurana said that today in tenure of Narendra Modi, the poor, labourers, farmers, employed, Dalit and backward class people are living their lives peacefully and with respect.

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Name of Borrowers/ Co-Borrowers/ Guarantors/Mortagors	Dues As on	Date & Amount of 13(2)Demand Notice	Date of Poss- ession	Description of Property	Reserve Price For Property	Earnest Money For Property	Time of	Place of Tender Submission, Tender Open & Auction at Aavas Financiers Ltd.
KIRAN, MR. DHARMVEER SINGH (AC NO.) LNRDP00319- 200119298	Rs. 10,64,280.00/- DUES AS ON 18 JUNE 2025	30 NOV 21 Rs. 1222753/- DUES AS ON 25 NOV 21	30 MAY 25	EWS 216 AND EWS 217, WARD NO 6, AWAS VIKAS COLONY, GADARPUR, UDHAM SINGH NAGAR, UTTARAKHAND ADMEASURING 38.70 SQ. MTRS & 38.70 SQ. MTRS	Rs. 3219315/-	Rs. 321932/-	AM TO 01.00 PM 25 JULY 2025	1ST FLOOR, ABOVE SBI BANK, PLOT NO.42& 44, VIVEKANAND NAGAR, OPP. LIC BUILDING, RING ROAD, AVAS VIKAS COLONY, NH-87, NANITAL ROAD, RUDRAPUR-

Terms & Conditions: 1). The person, taking part in the tender, will have to deposit his offer in the tender form provided by the AFL which is to be collected from the above branch office during working hours of any working day, super scribing "Tender Offer for name of the property "on the sealed envelope along with the Cheque/DD/pay order of 10% of the Reserve Price as Earnest Money Deposit (EMD) in favour of AAVAS FINANCIERS LIMITED payable at Jaipur on/before time of auction during office hours at the above mentioned offices. The sealed envelopes will be opened in the presence of the available interested parties at above mentioned office of AAVAS FINANCIERS LIMITED The Inter-se bidding, if necessary will also take place among the available bidders. The EMD is refundable if the bid is not successful. 2). The successful bidder will deposit 25% of the bidding amount adjusting the EMD amount as initial deposit mmediately or within 24hrs after the fall of the hammer towards the purchase of the asset. The successful bidder failing to deposit the said 25% towards initial payment, the entire EMD deposited will be forfeited & balance amount of the sale price will have to be deposited within 15 days after the confirmation of the sale by the secured creditor; otherwise his initial payment deposited amount will be forfeited. 3). The Authorised officer has absolute right to accept or reject any bid or adjourn/postpone the sale process without assigning any reason therefore. If the date of tender depositing or the date of tender opening is declared as holiday by Government, then the auction will be held on next working day. 4). For inspection and Interested parties who want to know about the procedure of tender may contact AAVAS FINANCIERS LIMITED 201,202, IInd Floor, South End Square, Mansarovar Industrial Area, jaipur-302020 or Pushpendra Meena - 9875896876 or respective branch during office hours. Note: This is also a 15/30 days notice under Rule 9(1)/8(6) to the Borrowers/Guarantors/Mortgagor of the above said loan accounts about tender inter se bidding sale on the above mentioned date. The property will be sold, if their out standing duesare not repaid in full. Place : Jaipur Date : 23-06-2025 **Authorised Officer Aavas Financiers Limited**

Building Solutions for Bharat: Samsung Solve for Tomorrow Sparks Change

NEWS BRIEF

HANDIGARH/LUDHIANA: In classrooms across Punjab and Haryana, something powerful is happening. Students are no longer just preparing for exams—they're preparing to change the world. Through the Samsung Solve for Tomorrow programme, workshops and open houses recently swept through towns and cities like Ludhiana, Patiala Jalandhar, Talwandi, Dhuri, and Gurgaon igniting a spark of innovation among hundreds of young minds. From governme schools to premier universities, students are now dreaming of solving India's most pressing problems—armed with empathy purpose, and the courage to act. Launched on April 29, 2025, this latest season of Samsung Solve for Tomorrow is a national innovation challenge that equips students with design thinking tools to identify real-world problems and build tech-based solutions that

International Olympic Committee (IOC) unites with Abhinav Bindra Foundation and Reliance Foundation

HANDIGARH: The International Olympic Committee (IOC)'s global movement campaign "Let's Move" returns to India this Olympic Day (23 June) with its new edition, "Let's Move +1", in partnership with the Abhinay Bindra Foundation and the Reliance Foundation. This year's theme focuses on the joy and motivation of moving together—inviting people across India to experience the power of sport to boost both physical and mental wellbeing. Olympic gold medallist in shooting at Beijing 2008 and IOC Athletes' Commis Abhinav Bindra said: "Through the Olympic Assam and Odisha, and the inaugural 'Let's how sport can inspire, uplift, and empower the

Nexus Amritsar Announces Mega Weekend Sale from June 20 to 22

mritsar. Nexus Amritsar. Amritsar's most preferred shopping destination, is thrilled to announce its exciting Mega 22. Shoppers can avail the best discounts on making it the ultimate shopping opportunity for exclusive offers and incredible deals across over 50 brands in key categories including Fashion, Jewellery, Electronics, Beauty, and F&B, ensuring there's something for everyone Adding to the excitement is the Dinoverse Summer Experience Setup, a fun and immersive attraction for families and kids to enjoy during their visit. Shoppers can also participate in the special Shop & Win offer with rewarding slabs, making every purchase even more exciting. The Mega Weekend Sale is part of Nexus Select Malls' continued efforts to provide customers with exceptional value and a memorable shopping experience. With vibrant mall decorations, engaging activities and unmatched deals.

Bajaj Allianz Unveils AapKeLiye-Health Insurance Tailored for the People of Himachal Pradesh

DHARAMSHALA: Bajaj Allianz General Insurance, one of India's leading private general insurers, has introduced 'AapKeLive'—a pioneering health insurance product meticulously designed to meet the specific healthcare needs of the residents of Himachal Pradesh. More than just a health plan, AapKeLiye is a commitment to the people of Himachal Pradesh, ensuring access to quality healthcare with coverage tailored to the state's unique medical landscape. Understanding that healthcare challenges costs, and treatment availability vary across regions, Baiai Allianz has developed AapKeLiye to offer personalised coverage rather than a generic, one-size-fits-all solution. The policy is available in both individual and floater variants, making it an ideal solution for individuals and families alike With flexible sum insured options ranging from INR 5 lakh to INR 20 lakh, AapKeLiye ensures that everyone—from young professionals to elderly citizens—can find a coverage option suited to their unique

Asian Paints launches Socha Bhi Nahi Hoga - corporate films exploring unexpected design possibilities

URUGRAM, :- Asian Paints, India's leading name in home aesthetics, has launched its latest corporate film 'Socha Bhi Nahi Hoga' - showcasing the creativity and possibilities that come with designing a beautiful home. The video series gives a new meaning to colour, décor, and the tell simple stories about a young couple launched Asian Paints app. home transformation can be joyful, easy to follow and full of new and surprising ideas. The video series shows how Asian Paints supports homeowners at every step, offering hyper-personalised solutions whenever they feel stuck. It is based on the brand's aim to bring joy to people's lives through home visits online help, or expert advice in stores, so every home can share its own story The four-part video series shows simple

Arsalan Khan's 74 went in vain as Rose Zone clinches first-innings win

effective home improvement solutions

nandigarh, Rock Zone captain Moho Arsalan Khan's valiant knock of 74 went in vain as his team fell short of Rose Zone's first-innings total of 338 in the ongoing UTCA Men's Senior Multi-Day Tournament being played at GMSSS-26 on winner on the basis of a first-innings lead After winning the toss, Rock Zone elected to bowl first. Rose Zone posted a solid total of 338 with Nikhil Thakur (69) as the top

In response, Rock Zone managed 279 runs with skipper Khan leading from the front. His hrisk 74 off 88 deliveries was studded with ten boundaries and a six which kept hopes alive. However, his dismissal triggered a collapse and the rest of the batting lineup failed to build partnerships Ramanjeet Singh also added a useful 58 but it wasn't enough to avoid conceding the



AGI to Host Open Swimming Championship from June 25 in Jalandhar

JALANDHAR: AGI Sports Institute of India, a subsidiary of AGI Infra Ltd, is set to organize the AGI Open Swimming Championship from June 25 to 30, 2025. The six-day event will be held at the premier pools of Jalandhar Heights 1 and 2 on 66 Foot Road. Highlighting the importance of youth participation in sports, AGI Infra MD Mr. Sukhdev Singh said, "Sports steer youth towards fitness and away from social evils like drug abuse." As per Retd. Major General Arun Khanna, Chief Administrator of AGI, there will be no entry fee, and residents of Jalandhar Heights 1 & 2 can register with pool coaches by June 23. AGI Sports Institute MD Mr. Surinder Bhambri informed that the championship will feature four age categories—Under 10, Under 15, Under 19, and Senior—for both boys and girls, men and women. All participants will receive certificates, while winners will be awarded medals and attractive prizes. The initiative reflects AGI's strong commitment to community development and sports excellence. For more details, participants can contact coaches at JH1 & JH2 or visit the AGI Sports Institute office.

Punjab Industries Minister Tarunpreet Singh Sond inaugurates industrial unit Ortech Textiles

MOHALI: In a major push towards 'Make in India' and 'Viksit Bharat.' Tynor Orthotics, India's biggest manufacturer of orthopaedic aids, has set up a state-of-theart textile manufacturing unit - Ortech Textiles - in Mohali,

The facility, built under a backward integration model, will cater to all raw material needs of Tynor Orthotics, and is spread over six acres and established with a ₹300 crore investment including land, infrastructure, and advanced machinery. The state-of-the-art

facility was inaugurated by Chief Guest Tarunpreet Singh Sond, Punjab's Minister for Industries, IT and Labour. MLA Kulwant Singh also graced the occasion as the Guest of Honour. Dr P J Singh, Managing Director (MD), Tynor Orthotics and AJ Singh, Executive Director, Typor Orthotics were also present.

Earlier while interacting with media Dr P J Singh, Managing Director (MD) Tynor Orthotics informed that Tynor Group currently operates with a robust production capacity of ₹ 600



facilities.

planned expansion through the integration of Ortech Textiles, this capacity is projected to scale up to ₹2,000

"This significant growth will not only strengthen our manufacturing footprint but will also create employment opportunities for an estimated 1,000 to 1,500 individuals, further contributing to regional economic development," said Dr PJ Singh.

Dr Singh added: "The launch of Ortech Textiles marks a significant step towards complete self-reliance as this unit will eliminate

materials, particularly from China. In this high end plant, we will produce top-quality technical textiles for captive use in Tynor's orthopaedic aids' manufacturing

"The new plant is expected to enhance product quality by 25 per cent and reduce raw material costs also by 25 per cent, enabling the company to offer more competitive, affordable and premium-quality medical aid products both in India and globally," Dr Singh said

Talking to the media about growth and employment, AJ Singh,

Executive Director, Typor Orthotics, said: "With the start of manufacturing at Ortech Textiles, plans are to increase employment at Tynor Group from 2,500 to 5,000, with 1,000 jobs created through Ortech Textiles

A J Singh credited the liberal industrial policies and reforms introduced by the Puniah Government for catalyzing this large-scale investment. "We aim to bring cutting-edge technology, establish a robust R&D ecosystem, and become one of the top three orthopaedic aid manufacturers globally," he

HCMCT Manipal Hospital Delhi starts special OPD in Karnal to treat patients with kidney issues

KARNAL : Delhi-based HCMCT Manipal Hospital, in an initiative to bring healthcare specialized OPD in association with Global Cradle Hospital, Karnal. This dedicated OPD will offer residents of Karnal access to the best consultation from renowned Nephrologist and Kidney Transplant Physician, Dr Suman Lata, HOD at HCMCT Manipal Hospital, New Delhi. She will be visiting for regular OPDs in Karnal on every 3rd Saturday of the month from 12PM-2PM to offer consultation to people suffering from kidney disorders

Dr Suman Lata, HOD, Nephrology and Kidney Transplant, HCMCT Manipal Hospital Delhi, said, "Chronic Kidney Disease (CKD) is an emerging health concern in India, mainly occurring due to lifestyle issues such as uncontrolled diabetes and hypertension. In

failure are diagnosed each year. For patients with advanced-stage kidney failure, kidney transplant remains the most effective and long-term solution. Rajat, a patient from Karnal, underwent a

patients in a timely manner and spread awareness around treatment options such as kidney transplant that can transform the lives of patients with kidney failure." On the commencement of these OPDs. Dr Nitin Bansal, Director, Global Cradle Hospital, Karnal, said, "Many patients lose time due to delayed diagnosis or lack of awareness Manipal Hospital coming together

'I Am No JRD': Tata Chairman's Humble Response to Al171 Tragedy

successful kidney transplant, with his

mother as the donor. Today, he is doing

well, living a near-normal life, and has

many examples of how it can transform

owned airline and I feel very sorry," he

CHANDIGARH: In an era of carefully scripted corporate communications.

Tata Sons Chairman N. Chandrasekaran's deeply personal response to the Air India Flight Al171 tragedy has emerged as a masterclass in crisis leadership, marked by unusual humility and radical transparency. Speaking about the June 12 crash that claimed 275 lives. Chandrasekaran made no attempt to deflect or minimise the tragedy. "I just deeply regret that this said, his voice heavy with emotion. What followed was perhaps the most striking admission from a corporate leader of his stature. "I am no JRD, I am no RNT (Ratan Naval Tata)," Chandrasekaran said, invoking his legendary predecessors, "But we all are driven by these values and hope we will conduct ourselves with the character and determination so that everyone can be proud of us." The reference to JRD Tata, who founded Air India before its

nationalisation, and Ratan Tata, carried particular weight. Rather than hiding behind legal advisors, Chandrasekaran chose complete transparency about the crashed aircraft's maintenance history. "The right engine was a new engine put in March 2025, the left engine was last serviced in 2023 and due for its next maintenance check in December 2025. Both engine histories are clean," he revealed, while cautioning against speculation before the investigation

Volkswagen India inaugurates its first Performance Centre in Chennai, Tamil Nadu



CHANDIGARH: Volkswagen India has inaugurated the country's first Performance Centre in Chennai, Tamil Nadu, catering to an enhanced retail experience for customers interested in purchasing the Golf GTI and Tiguan R-Line. The new Performance Centre inaugurated at Mount Road, Chennai is the first amongst multiple new touchpoints that will be launched across India. The brand also inaugurated Volkswagen Chennai as its second Performance Centre in the state. With these two new inaugurations the brand's network strength in Tamil Nadu now stands at 27 sales and 19 service touchpoints. This also marks the beginning of the brand's strategic focus for an enhanced retail experience across markets in India. With the recent introduction of the globally acclaimed Tiguan R-Line and the iconic Golf GTI. Volkswagen has delivered on its vision of 'Progressive Performance' by offering Indian customers an opportunity to own these world-class cars. Mr. Nitin Kohli, Brand Director, Volkswagen India, said, "The recent launch of global icons like the Tiguan Re Line and Golf GTI, are now serving to the elevated Indian customer aspirations

Kejriwal taking over Punjab through bureaucratic backdoor: Tarun Chugh

Secretary Tarun Chugh called out the unconstitutional overreach by the AAP government in Punjab, slamming the decision to appoint the Chief Secretary as Chairman of all urban planning and development authorities-including PUDA, GMADA GLADA, JDA, BDA, ADA, PDA and others—as a "blatant bureaucratic coup executed to hand Punjab's assets over to Chugh said the move is an open assault on democratic governance and an insult to

Punjab's elected leadership. "Will Chief Minister Bhagwant Mann and his cabinet now report to a bureaucrat? Has Punjab's cabinet Keiriwal's inner circle?" he questioned He warned that the timing of this move is deeply suspicious. "It comes just before the AAP government's plan to acquire thousands of acres of Puniab's land-including 24,000 governance—it is daylight robbery wrapped in a bureaucratic order.'

Chugh said that the people of Punjab must see through this dangerous pattern—where unelected members of Kejriwal's coterie now exercise control over the state's institutions. "This isn't federalism. This is political colonization where Puniab's wealth is being siphoned off by Kejriwal's trusted few," he said.

Lenovo Launches its First-Ever Store in Solan to Serve Growing Tech Enthusiasts



SOLAN: Lenovo, the global technology powerhouse, strengthens its retail presence in North India with the opening of 15 new and refreshed stores, further solidifying its position as a market leader in the region. Strategically located across Rewa, Indore, Gwalior, New Delhi, Mathura, Bijnor, Sri Ganga Nagar, and Bulandshahr, these stores aim to provide an engaging experience to customers The new stores are designed to deliver a modern and immersive shopping

experience, featuring interactive displays, innovative product showcases, and knowledgeable staff offering personalized assistance, product demos, and technica support. With this expansion, Lenovo now boasts over 190+ stores across North India and over 550+ stores across India, underscoring its commitment to driving regional growth and enhancing accessibility for customers across urban and semi-

Among the newly launched outlets, Solan stands out as it welcomes its first-ever Lenovo Exclusive Store, strategically located to serve the region's dynamic tech ecosystem and cater to the growing community of tech enthusiasts and gamers. Each store presents a dynamic showcase of Lenovo's latest portfolio, offering a truly immersive retail experience. Shoppers can explore the newest devices launched in India, including the LOQ, Legion, IdeaPad, Yoga Aura Edition, ThinkPad Aura Edition, ThinkBook, and the Tablet series—designed to meet the evolving needs of

108 Ambulance Team Facilitates Emergency Delivery During Critical Transfer

PATIALA: Operated by Zenplus Private Limted, 108 Ambulance service once again demonstrated its life-saving capabilities by successfully facilitating a childbirth during ar emergency transport. A 30-year-old pregnant woman Paro from village Saifdipur, experiencing severe labour pains and fluid leakage, went into labour while being transported to Mata Kaushalya Hospital, Patiala.

As the situation escalated, with the baby's head already emerging, Emergency Medical Technician (EMT) Pavitrjeet Singh and Pilot Gurwinder Singh acted swiftly and skilfully to manage the



expertise and prompt response gave birth to a healthy baby en route. Both the mother and her newborn were safely dropped a Mata Kaushalya Hospital, Patiala after the delivery. The mother and child are reported

delivery inside

the ambulance

Thanks to their

to be in good health 108 Ambulance Project Head, Manish Batra expressed gratitude for the team's readiness and expertise, stating, ""In this critical situation, our ambulance service

remains successful in ensuring safe transport and care during this emergency situation The credit for the positive outcomes goes to the professionalism of our EMTs who are extensively trained to handle such emergency situations". The 108 Ambulance service continues to be a trusted partner for emergency

healthcare, providing essential services across the region and ensuring that critical

Yoga for All: Honda India Foundation's CSR Drive **Unites Communities on International Yoga Day**

GURUGRAM: Bringing this year's International Yoga Day theme 'Yoga for One Earth, One Health' to action, Honda India Foundation (HIF), the CSR arm of Honda Group Companies operating in India, organized a community-centric celebration at the Honda Samajik Vikas Kendra (HSVK) in Naurangpur, Manesar, Gurgaon (Haryana). As part of the celebration, over 200 participants from nearby villages joined for guided yoga sessions that encouraged harmony between individual well-



being and collective The event was graced by Mr. Vinay Dhingra and Mr. Katsuyuki Ozawa, Trustees, and Mr. Ajit Yadav, District President Bharatiya Janata Party Gurugram along with the Sarpanches of

nearby villages. The esteemed guests engaged with the community, highlighting the importance of adopting Yoga as a way of life. The session was designed to be inclusive and accessible, helping the participants integrate simple breathing and movement techniques into their daily lives. The celebration is a part of HIF's continued commitment to foster preventive healthcare among rural communities. Through the HSVK Yoga Centre, the initiative has already reached and positively influenced over 20,000 individuals - a reflection of consistent community engagement and the growing relevance of yoga in our daily lifestyle.

Road Safety Organization (RSO), under the leadership of its chairman, Navdeep Bedi organized a Langar Sewa



PANCHKULA: The Road Safety Organization (RSO), under the leadership of its chairman, Sh. Navdeep Bedi, organized a langar sewa today at Sector 2 Market, Panchkula, in remembrance of his father, Late Sh. Naunihal Singh Bedi. Ankur Kapoor, President, RSO said that the initiative was held to honor

and cherish the cherished memories of Late Sh. Naunihal Singh Bedi, a man who embodied values of service, compassion, and integrity. The langar witnessed active participation from RSO members, volunteers, and members of the public, reinforcing the spirit of communal harmony and service to society.

Airtel Haryana Partners with STAGE to Offer Premium Haryanvi Content Free on Xstream Play App



HARYANA: Bharti Airtel Haryana has announced an exclusive collaboration with STAGE to offer premium Harvany content free of cost to all users through the Airtel Xstream Play app This offer is available with Airtel's Wi-Fi and Prepaid/Postpaid (PP) plans.In addition to STAGE's regional content, subscribers will also get access to 24+ popular global and Indian OTT platforms, including Netflix, Disney+

Hotstar, ZEE5, SonyLIV, and more all under one seamless entertainment experience. To enjoy this offer, users simply need to download the Airtel Xstream Play app and start streaming. The partnership was formally launched at an event graced by Mr. Anupam Arora, CEO - Upper North, Bharti Airtel, and Ms. Sapna Choudhury, renowned Haryanvi artist

Bankers protest against bank's privatization, Raised alarm over foreign interest and public asset sale

CHANDIGARH: All India IDBI Officers Association under the aegis of United Forum of IDBI Officers & Employees expressed their resentment over the proposed privatization of IDBI Bank during a meeting held at Chandigarh on Sunday. The meeting was presided by Saurav Kumar, National President, AIIDBIOA along with General Secretary Vithal Koteshwar Rao and other senior leaders Karminder Singh. Deepak Batra and other who focused on building an agitation strategy to oppose what they termed as a "disturbing sale of a national

The association expressed serious concern ove the Reserve Bank of India's principle approval on May 19, 2025 to National Bank of Dubai PJSC, a UAE based entity to establish a wholly owned subsidiary in India. This bank had expressed interest in acquiring a majority stake in IDBI Bank under the strategic disinvestment program of the Department of Investment and Public Asset Management (DIPAM). The protest gains gravity considering IDBI Bank's unique position, the first public sector bank in Indian history slated for privatization. While RBI reclassified IDBI Bank as a private bank in 2019 for regulatory purposes, the Govt of India continues to hold a significant 30.48% stake, along with LIC's 30.24%

International Yoga Day: Transforming rural health with yoga; Roundglass Foundation organizes a 3-Day Yoga Camp across 300 Punjab Villages



CHANDIGARH: Over 3,000 people from 300 villages in districts like Ludhiana, Ropar Patiala, and Mohali participated on day 1 of a 3-day yoga camp, organized by the Roundglass Foundation to celebrate International Yoga Day 2025 and to promote this 5,000-year-old wellness practice among village communities. This initiative is part of the Foundation's Yoga Program, an on-theground program active in 172 villages and transforming the health of more than 4,000 women and children. The Yoga Program is

appointing local women as yoga teachers, or Yoga Changemakers, who teach and promote yoga among the women in their community, enabling their physical, mental, and emotional health. Simran Kaur, a Yoga Changemaker from Fatehpur village, personifies the program's positive outcomes for rural women. Her journey from a homemaker to being unanimously elected as the Sarpanch of her village in 2024 began with yoga. "It has transformed me as a person, given meconfidence, financial agency and respect focused on engaging, training and then from my family and community.

Star Union Dai-ichi Life Insurance Company Limited has partnered with Policybazaarto offer SUD Life NIFTY Alpha 50 Index Pension Fund

NOIDA - Star Union Dai-ichi Life Insurance Co. Ltd. (SUD Life) has partnered with Policybazaar to offerSUD Life NIFTY Alpha 50 Index Pension Fund, a new, high-potential equity fund designed for its ULIP Pension product, SUD Life Pension Plus. This innovative fund is set to empower customers by offering a strategic avenue for long-term wealth creation, aiming to deliver superior returns that can significantly bolster their retirement savings and help build a more resilient financial future SUD Life NIFTY Alpha 50 Index Pension Fund brings a focused approach to long-term wealth creation by investing in 50 high-performing stocks selected from the Top 300 companies. The fund strategically diversifies across a spectrum of vital and high-growth sectors, including Financial Services,



Consumer Goods, Capital Goods & Infrastructure, Healthcare, Technology, Oil Metals & Mining, Automobiles & Ancillaries, and Construction & Realty. To stay aligned with dynamic market opportunities, the portfolio undergoes a strategic refresh every quarter, formance. SUD Life's Fund tracks the benchmark "NIFTY Alpha 50 Index" which boasts a proven track record, having demonstrated strong performance over its 12-year market presence. Notably, a benchmark has achieved a

5-year CAGR return of ~ 33.29% (as on 30/04/2025) showcasing its ability to generate substantial value.By combining strategic sector allocation with rigorous stock selection, SUD Life's fund offers investors a powerful channel to build arobust retirement corpus while actively participating in India's market growth story. Commenting on the launch, Abhay Tewari, MD & CEO of Star Union Dai-ichi Life Insurance Company Limited, said, "With the SUD Life NIFTY Alpha 50 Index Pension Fund, we are introducing a strategic asset for our customers. This fund is a direct reflection of our commitment to providing high-performance investment pathways specifically designed for long-term retirement planning. We are confident it will serve as a powerful tool, empowering our customers to forge a resilient financial future.

Yoga Session Held At Sukhna Lake



CHANDIGARH: To coincide with World Yoga Day celebrations, a vibrant yoga session was held at Sukhna Lake, drawing the participation of around 250 voga enthusiasts. The serene morning event was graced by Chief Guest Sanjay Tandon, along with Guests' of Honor Acharya Manish and Tripat Singh, renowned as the Fitness Icon of India. Mr. Amit from Yogshala and Neeta Sharma, Co-founder, The Catalysts PR & Productions were the special guests . This impactful event was organized by the Tushar Foundation, a dedicated NGO working towards health and wellness. The event was professionally managed by Sports-13. The session was led by a professional yoga expert, Mr. Amit, from Yogshala, who guided participants through a series of yoga postures and breathing exercises. The attendees thoroughly enjoyed the refreshing and energizing experience amidst the tranquil surroundings of Sukhna Lake.

Kiran Kaur, Director of Tushar Foundation, s ared her vision: "We will continue to promote fitness in all forms on a regular basis." Yadvinder Singh, Founder and Director of the foundation, added: "To build and maintain a consistent fitness regime, such events must be organized regularly." Notably, Yadvinder Singh is himself an International Athlete, and he is also the Strength and Conditioning coach with PCA.

Participants were also given custom event T-shirts, and refreshments and water were served following the session.

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Fit India Sundays on Cycle Pandharpur

would miss Kohli's energy, positivity, and aggression on the field, but also said "India are lucky" that they have lots of young talent. Kohli announced his retirement from Test cricke on May 12, marking an end to an illustrious 14conditions, regions, and opponents, both as a will have on the Indian team, not only his (Kohli's) runs, but his energy, positivity, and aggression. It is always nice having those individuals that are super aggressive like he night miss that." "This is the reality of these ations when great players move on, is that lucky in that they have lots of young talent

FIH Pro League: Fighting Indian Women's

am suffered its sixth defeat in the Sunday. Goals by Ambre Ballenghien (40') and Lien Hillewaert (43') saw Belgium regis a win against the Indian Women's Hockey

This win ensured Belgium remained in third place, behind the Netherlands and Argentina, who are in first and second place, res After Saturday's 1-5 debacle against Belgium India began the first quarter showcasing loss. They tried to find space backed by good pace as India built on a good momentu

the quarter, but could not convert hooter, a defensive error gave Belgium their first PC of the match. A slow attempt by the hosts eventually led to the umpire awarding a ndia showed that it was Jyoti's stick, and the leo umpire ruled it as a long corne

Rishabh Pant becomes third Indian to take 150 Test catches as wicketkeeper

making him the third from his team to do day of the first Test against England at Leeds on Sunday. After Prasidh Krishna struck early, removing Ollie Pope after an edge off his bat a milestone only touched previously by Syed among Indians. Now, Pant has a total of 151 catches and 15 stumpings (166 dismis making him the third most successful keeper for India in history. Dhoni is the most successful one with 256 catches and 38 stumpings, totalling to 294 dismissals. At the end of the first sess England was 327/5, with Brook (57*) and Smith (29*) unbeaten. They trail by 144 runs. England started the first session of the day on 209/3, with Ollie Pope (100*) and Harry Brook (0*) unbeater Pope and Brook started off on an attacking note with the latter getting a four and six against Prasidh Krishna in the first over and Pope smacking a length delivery from Jasprit Bumrah

England cricketer and club president of ershire David 'Svd' Lawrence, who passed away at the age of 61 on Sunday. In a post on X, BCCI said, "Both teams are Lawrence, who has sadly passed away. There was a moment's applause before start of play saddened to announce the passing of our Club President, David 'Syd' Lawrence MBE, a the age of 61. In his final year, Syd faced Motor Neurone Disease with the same courage and determination that defined his cricketing life. The cricket world rallied behind him, with fundraising efforts led by the Motor Neurone Disease Association (MNDA), a charity endorsed by both Syd and his family,

NEWS BRIEF

Edition 2025 sees over 5000 cyclists

ishikesh: Royal Challengers Bengaluru (RCB) head coach Andy Flower reflected on Indian veteran batter Virat Kohli's ime moves on and teams move on and India are

Hockey Team lose 0-2 to hosts Belgium

Hockey India.

eeds: Indian star Rishabh Pant completed 150 catches as a designated wicketkeepe anded into Pant's hands, the 27-year-old reached

India, England players wear black armbands to pay tribute to David 'Syd' Lawrence

black armbands on Day 3 of the first test 19367281 40652675126 A statement from the and supported by the wider cricketing



Jasprit Bumrah's five wicket haul ends England innings on 465 at Tea; India lead by 6 runs

LEEDS: A brilliant five-wicket haul from Jasprit Bumrah, the backbone of India's bowling line-up, bowled out England on 465 in their first innings at tea, giving India a lead of six runs on Day 3 in the first test at Headingley,

The duo of Chris Woakes and Brydon Carse's counter-attacking partnership has helped England stop India from taking a big lead after Harry Brook fell on 99

England started the second session

at 327-5, Harry Brook 57 (77) and Jamie Smith 29 (45). England batters took the charge on Indian bowlers, scoring 16 off the first two overs post lunch.

Prasidh Krishna, after being smashed for a six by Jamie Smith, was removed for 40 in the following over. Chris Woakes joined Brook in the mid-

Yashasvi Jaiswal dropped an easy catch of Harry Brook in the 85th over off Jasprit Bumrah. This was the fourth catch going down to Bumrah's bowling. Brook, after the drop catch,

took on Mohammed Sirai in the following over, smashing him for 18 runs.

Krishna removed Brook on 99 in the 88th over. He missed a welldeserved 100 as Brook tried to pull the ball for a six but was caught on deep square leg. Brydon Carse joined Woakes in the middle.

In the same over, England crossed the 400 runs mark, trailing behind by 68 runs. The duo of Carse and Woakes took on the Indian bowlers following Brook's wicket-smashing 31 runs in iust four overs

Carse and Woakes brought up their 50-run partnership in the 94th over off just 36 balls. Siraj cleaned up Carse for 22, his innings included four fours, and Josh Tongue joined Woakes in the middle. England crossed the 450 runs mark in the same. Bumrah cleaned up Woakes in the 99th over for 38. His innings included three fours and two sixes. Shoaib Bashir joined Tongue in

Earlier, a half-century by Harry Brook and his vital partnerships with skipper Ben Stokes and Jamie Smith

helped England have a slight edge over India at the end of a balanced first ses-

At the end of first session, England was 327/5, with Brook (57*) and Smith (29*) unbeaten. They trail by 144 runs. England started the first session of the day on 209/3, with Ollie Pope (100*) and Harry Brook (0*) unbeaten.

Brief score: England: 465 (Ollie Pope: 106, Harry Brook 99, Jasprit Bumrah 5/83) vs India: 471 (Shubman Gill 147, Rishabh Pant 134, Ben Stokes

Karnataka, Kerala, Maharashtra, Haryana register victories on Day 5 of Hockey India Masters Cup

AGENCY

CHENNAI: On Day 5 of the inaugural edition of the Hockey India Masters Cup 2025, Hockey Karnataka and Kerala Hockey won their respective matches in the women's category whereas in the men's category, Hockey Maharashtra and Hockey Harvana also didn't let any stone unturned to have a successful outing here at the Mayor Radhakrishnan Hockey Stadium in Chennai, Tamil Nadu, as per the $Hockey India \, press \, release.$ The first match today was

played between Hockey Himachal and Hockey Karnataka in the women's category. Both teams played with equal intensity in the first half, resulting in a goalless draw by then. In the



second half, Manasa KP (36') managed to take the ball past Hockey Himachal's defence and scored the first goal of the match for Hockey Karnataka. Rohini MR (42') also joined the feast, result-

ing in Hockey Karnataka's 2-0 victory over Hockey Himachal. In the next match, Kerala Hockey defeated Hockey Maharashtra 5-1 in the women's category.

Anahat Singh, Abhay Singh to lead India at **Asian Squash Doubles Championship 2025**

NEW DELHI: Anahat Singh and Abhay Singh will lead the Indian challenge at the Asian Squash Doubles Championship 2025, which will take place at the Arena Emas in Johor, Malaysia on Monday, according to Olympics.com.

Six pairs will represent India in the men's, women's, and mixed doubles draws.

The duo of Abhay Singh and Anahat Singh are India's leading single squash players and are the top seeds in the mixed doubles. The duo clinched the bronze medal at the Asian Games in 2023.

In the inaugural Asian Squash Doubles Championship, Abhay Singh partnered with seasoned Joshna Chinappa to win the



mixed doubles championship the previous year. Velavan Senthil kumar and Joshana Chinappa are ranked third in the second iteration of their partner-

Anahat Singh, who just won the PSA Awards' Women's Challenger Player of the Season, will partner with Joshna Chinappa in the women's doubles. They are also planted third.

Top seeds Abhay Singh and Velavan Senthilkumar will be in action simultaneously as they seek to retain their men's doubles championship, which they won together last year.

Won't be easy for Virat and Rohit to play 2027 WC: Ganguly

KOLKATA: It won't be easy for Virat Kohli and Rohit Sharma to remain fit and find a place in India's ODI World Cup squad in 2027, former captain Sourav Ganguly says.

"All of us must understand, just like everyone, the game will go away from them and they will go away from the game," Ganguly told PTI in a lengthy interview at his residence.

The next ODI World Cup is scheduled in South Africa, Zimbabwe and Namibia and by the time the prestigious ICC event is played Kohli will be 38 years old and Rohit will touch 40.

Till then India have 27 ODIs to play spread across nine bilateral series. That means Kohli and Rohit will hardly get 15 international games a year.

"It won't be easy, with 15 games a year," Ganguly said.

With 25,000 runs and 83 international hundreds between them, both Kohli and Rohit have expressed

their desire to play the 50-



over global event after recently retiring from Test cricket.

Name of the Borrower

MANOJ KUMAR, REENU REENU

& LNKAS17623-240328317

Place : Jaipur

AAVAS FINANCIERS LIMITED

Date: 23-06-2025

(CIN:L65922RJ2011PLCO34297) Regd. & Corp. Office: 201-202, 2nd Floor, South End Square, Mansarovar Industrial Area, Jaipur. 302020

8 DEC 24

5 DEC 24

Ganguly, an exceptional ODI batter during his career, was asked if he had

POSSESSION NOTICE

Whereas, The undersigned being the Authorised Officer of AAVAS FINANCIERS LIMITED under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and in exercise of powers conferred upon me under section 13(12) read with Rule 9 of the Security Interest (Enforcement) Rules 2002, issued a Demand Notice calling upon the

The borrower andGuarantor in particular and the public in general is hereby cautioned not to deal with the properties and an dealings with the property will be subject to the charge of the AAVAS FINANCIERS LIMITED for an amount mentioned a below and further interest thereon.

ers mentioned herein below to repay the amount mentioned in the respective notice within 60 days from the date of receipt of the said notice. The borrowers having failed to repay the amount, undersigned has taken possession of the properties described herein below in exercise of powers conferred on me under Section 13(4) of the said Act read with Rule 9 of the said rules on the dates mentioned as below.

Description of Property

NAGAR NIGAM HOUSE NO.277/28/2, NEAR NAG NATH MANDIR , MOHALLA PAKKAKOT, WARD NO 18, KASHIPUR UDHAM SINGH NAGAR,UTTARAKHAND, 244713

NAGAR, UTTARAKHAND, 244713 ADMEASURING 325 SQ.FT.

any word of advice for

'I have got no advice. I think they know the game as much I do. They will take

Ganguly acknowledged that finding a player of the caliber of Kohli to replace him won't be easy, though he is not worried about Indian cricket after the retirement of the two stal-

"I was not concerned at all. Virat is a class player. Finding his replacement

wasn't surprised." Talking about Yuvraj Singh, Ganguly said he was

will take time. But the rest, I ished in white-hall formats but did not get enough chances to touch his real potential in traditional fora special player who flour-

"I remember seeing He was 2007 World T20 Yuvraj for the first tine in Nairobi and saw that he is special. What he went on to do for India after that in one-day cricket is unreal.

player player of the series, 2011 World Cup, player of the series, runs, wickets fielding, he was special.

AAVAS FINANCIERS LIMITED

CIN:L65922RJ2011PLCO34297) Regd. & Corp. Office: 201-202, 2nd Floor, South End Square

Mansarovar Industrial Area, Jaipur. 302020

AUCTION NOTICE Auction Sale Notice for Sale of Immovable Assets under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read wit proviso to Rule 8(6) of the Security Interest (Enforcement) rules, 2002
Notice is hereby given to the public in general and in particular to the Borrower (s) and Guarantor (s) that the below described immovable property mortgaged/charged to the Secured Creditor, the physical possession of which has been taken by the Authorised Officer of AAVAS FINANCIERS LIMITED Secured Creditor, will be sold on "As is where is";" As is what is ", and 'Whatever there is" basis. The details of the cases are as under.

where is , Asis what is , and whatever there is basis. The details of the cases are as under.								
Name of Borrowers/ Co-Borrowers/ Guarantors/Mortagors	Dues As on	Date & Amount of 13(2)Demand Notice	Date of Poss- ession	Description of Property	Price For	Earnest Money For Property	Time of	Place of Tender Submission, Tender Open & Auction at Aavas Financiers Ltd.
VIR SINGH, BHOORI BHOORI, JAYVINDRA JAYVINDRA GUARANTOR : RAJINDAR RAJINDAR (AC NO.) LNHRD00321- 220199262	Rs. 18,49,841.00/- DUES AS ON 18 JUNE 2025	7 OCT 24 Rs. 1626417/- DUES AS ON 4 OCT 24	21 MAY 25	PLOT NO 18, KHASRA NO 67, GRAM BAHADRABAD, NEAR RAGHUNATH RESIDENCY, PARGNA- JWALLAPUR, TEHSIL & DISTIC- HARIDWAR, UTTARAKHAND (INDIA)- 249402 / ADMEASURING 63.19. SQ. MTR	Rs. 2482000/-	Rs. 248200/-	AM TO 01.00 PM 25 JULY 2025	1ST OPP. ARVIND YOG MANDIR, NEAR VAN PRASTH ASHRAM, ARYA NAGAR, JAWALAPUR, HARIDWAR- 249407,UTTARAKH

Ierms & Conditions: 1). The person, taking part in the tender, will have to deposit his offer in the tender form provided by the AFL which is to be collected from the above branch office during working hours of any working day, super scribing "Tender Offer for name of the property "on the sealed envelope along with the Cheque/DD/pay order of 10% of the Reserve Price a Earnest Money Deposit (EMD) in favour of AAVAS FINANCIERS LIMITED payable at Jaipur on/before time of auction during office hours at the above mentioned offices. The seale nvelopes will be opened in the presence of the available interested parties at above mentioned office of AAVAS FINANCIERS LIMITED The Inter-se bidding, if necessary will also take plac among the available bidders. The EMD is refundable if the bid is not successful. 2). The successful bidder will deposit 25% of the bidding amount adjusting the EMD amount as initial depos nmediately or within 24hrs after the fall of the hammer towards the purchase of the asset. The successful bidder failing to deposit the said 25% towards initial payment, the entire EMI osited will be forfeited & balance amount of the sale price will have to be deposited within 15 days after the confirmation of the sale by the secured creditor; otherwise his initial paymer leposited amount will be forfeited. 3). The Authorised officer has absolute right to accept or reject any bid or adjourn/postpone the sale process without assigning any reason therefore. I the date of tender depositing or the date of tender opening is declared as holiday by Government, then the auction will be held on next working day. 4). For inspection and Interested parties who want to know about the procedure of tender may contact AAVAS FINANCIERS LIMITED 201,202, IInd Floor, South End Square, Mansarovar Industrial Area, jaipur-302020 or Pushpendra Meena – 9875896876 or respective branch during office hours. Note: This is also a 15/30 days notice under Rule 9(1)/8(6) to the Borrowers/Guarantors/Mortgagor of the above aid loan accounts about tender inter se bidding sale on the above mentioned date. The property will be sold, if their out standing duesare not repaid in full

Date: 23-06-2025

Authorised Officer Aavas Financiers Limited

PHYSICAL

20 JUN 25

POSSESSION

Authorised Officer Aavas Financiers Limited

MONDAY, JUNE 23 , 2025

Ananya Panday pens sweet note for mom Bhavana





Ananya Panday and her mother Bhavana Pandey was on full display today as the actress marked her "mama's" birthday with a touching post. To celebrate the occasion, the Call Me Bae' actress took to Instagram to share a series of throwback pictures and videos that captured cute and funny moments from her childhood with her mother. In one of the videos, a young Ananya is seen making silly faces with Bhavana, possibly recorded by her father, actor Chunky Panday. She captioned the post, "Happy Birthday, Mama. Thanks for passing on all the fun (and crazy)." video, little Ananya answers her dad's question, "Who do you love the most in the world?" Without hesitation, she says, "Mumma."

Trailer of Abhishek Bachchan-starrer 'Kaalidhar Laapata' unveiled



fter entertaining audiences with 'Housefull 5', actor Abhishek Bachchan will soon be seen in a new film titled 'Kaalidhar Laapata'. Directed by Madhumita, 'Kaalidhar Laapata' stars Abhishek as Kaalidhar--a middle-aged man grappling with memory loss, abandonment and a lifetime of quiet betrayals. When he overhears his siblings' cruel plan to abandon him at the crowded Maha Kumbh Mela, Kaalidhar decides to disappear on his own terms. Fate intervenes in the form of Ballu (Daivik Bhagela), an outspoken, street-smart 8-year-old who's been surviving solo on India's chaotic streets. What begins as a chance meeting becomes the beginning of something far more profound.

Sharing his experience working in the film, Abhishek in a press note said, "As actors, we often hope for stories that move us before they move anyone else--and Kaalidhar Laapata did exactly that. Playing

Kaalidhar was not just a role, it was a reve lation. He's fragile, childlike and deeply human--and through him, I got to explore parts of myself I hadn't visited in a while. His bond with Ballu--this fierce, fearless child--reminded me that the most unexpected friendships can sometimes teach us the most profound lessons."He added, "More than anything, it made me reflect on how we measure life--not in years, but in moments of connection, courage, and truth. Kaaldihar Laapata is another film in my journey that I feel incredibly proud of. Over the past few years, I've been consciously seeking stories that offer emotional depth, honesty, and something meaningful to say--and this one ticked every box. It's a story that touched my soul, and I hope it touches yours too."Director Madhumita also opened up about directing 'Kaalidhar Laapata'."With Kaalidhar Laapata, I wanted to tell a story that feels both intimate and universal. It gave me a canvas to explore

themes like abandonment, dignity, and the redemptive power of human connection. Kaalidhar is someone many of us have encountered or perhaps even been at some point--a person sidelined by life yet still glowing with a quiet resilience. Ballu becomes his mirror, his spark, his unexpected anchor. One of the most beautiful surprises of this film was witnessing the onscreen chemistry between Abhishek and Daivik--tender, unfiltered, and deeply moving. Their dynamic brings a refreshing honesty that stays with you long after the film ends. Through their journey, we've tried to reflect the idea that even in the most fractured chapters of life, beauty, meaning, and belonging can still be found. For me, this isn't just a film--it's a gentle meditation on what it means to be truly seen and truly accepted," Madhumita said. 'Kaalidhar Laapata' will be out on

Priyanka Chopra reveals losing a chunk of her eyebrow during shoot of 'Heads Of State'



Performing action scenes isn't easy. Despite proper safety protocols, action stunts in films and shows carry a risk of injury to actors. Actress Priyanka Chopra, who recently appeared on Jimmy Fallon's talk show, recalled an incident from the sets of her Hollywood film 'Heads Of State', where she lost a part of her eyebrow while performing an action sequence.

"The camera has a matte box, and I was supposed to roll on the floor and fall,

and it was raining. And the camera was supposed to come in close to me. So the camera operator came in a little bit closer-I came in a little bit closer, and it took out a chunk of my eyebrow. Could have been my eye, so I was very grateful that it wasn't. I just put surgical glue on there, stuck it. Finished my day, because I did not want to come back and shoot in the rain again," she shared. Helmed by Ilya Naishuller, 'Heads of State' is an action-packed comedy about the U.S. Presi-

dent (played by John Cena) and the UK Prime Minister (played by Idris Elba), who must set aside their rivalry to thwart a global conspiracy and save the world -- if they can work together Ultimately allied with the brilliant MI6 agent Noel Bisset (Priyanka Chopra Jonas), they must go on the run and find a way to work together long enough to thwart a global conspiracy that threatens the entire free world."Heads of State will be released on Prime Video on July 2.

Thalapathy Vijay's 'First Roar' from Jana Nayagan Unleashed on His Birthday



In what is being hailed as a landmark cinematic moment, the makers of Jana Nayagan have unveiled the much-anticipated First Roar — a commanding first glimpse of Thalapathy Vijay from what will be his final film. Dropped on the occasion of the superstar's birthday, the video is already creating waves across the internet, setting the tone for what promises to be a legendary swansong.

The 65-second teaser opens with Vijay's voice saying, "You guys will live in my heart", followed by a striking visual of him walking in a police uniform, lathi in hand, through what resembles a war-torn battlefield. It's a shot that blends power, calm, and consequence — a signal that this farewell will be anything but ordinary.

The First Roar https://youtu.be/MKUDHKf pkg Complementing the video is a newly released birthday poster that features Thalapathy Vijay seated regally on a leather throne, gripping a sword against a smoky, intense backdrop. The imagery speaks volumes — a king, a warrior, a leader — all rolled into one commanding presence. https://x.com/kvnproductions/sta-

tus/1936491833393340663?s=48&t=td36fd1VqvQ20yDy-wt6 9Q

Jana Nayagan carries immense emotional significance as Vijay's final on-screen appearance. More than just a film, it marks the culmination of a career that redefined stardom a tribute to the man who became a movement.

Directed by H. Vinoth, known for his compelling narratives and nuanced storytelling, the film also boasts music by Anirudh Ravichander, whose association with Vijay has consistently delivered blockbuster tracks.

Backed by Venkat K. Narayana under KVN Productions, Jana Nayagan is set for a grand worldwide release on January 9, 2026, perfectly timed for the festive Pongal weekend. With anticipation already at fever pitch, the film promises to be a spectacular send-off — a cinematic celebration of a legacy three decades in the making.

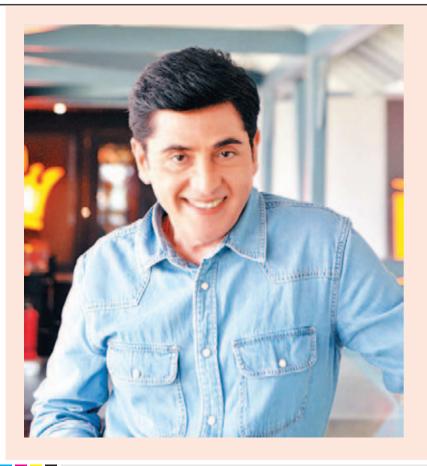
As the First Roar echoes across platforms, fans are uniting for one final journey with their beloved Thalapathy — a farewell soaked in power, pride, and unparalleled emotion.

Raveena Tandon celebrates International Day of Yoga



Yoga is an extremely important part of actor Raveena Tandon's fitness routine. Marking the International Day of Yoga on Saturday, Raveena also hit her yoga mat, motivating her fans to practice this form of exercise. Here are some visuals from Raveena's yoga session-

See how cutely a dog accompanied her. Meanwhile, on the work front, Raveena was last seen in 'Patna Shukla'. The film, produced by Arbaaz Khan and directed by Vivek Budakoti, featured Raveena alongside renowned actors Satish Kaushik and Manav Vij. 'Patna Shukla' was praised for its emotional storytelling and poignant social commentary. Raveena is also set to star in the upcoming comedy-drama 'Welcome 3', a part of the popular 'Welcome' franchise. The film, which is currently in production, boasts a star-studded cast, including Akshay Kumar, Sanjay Dutt, Arshad Warsi, Disha Patani, Lara Dutta, and Paresh Rawal.



How Actors Are Powering Up Their Immunity This Rainy Season!

CHANDIGARH: The monsoon may bring a welcome break from the summer heat, but it also ushers in a season of fluctuating temperatures, waterborne illnesses, and weakened immunity. For television actors who juggle demanding shoot schedules, staying fit and infection-free is a top priority. To combat seasonal health risks, they turn to mindful eating habits that support immunity, focusing on warm, home-cooked meals, herbal concoctions, and nutrient-rich foods. &TV actors Sapna Sikarwar (Billock Happy Ki Ultan Sikarwar (Bimlesh, Happu Ki Ultan Paltan) and Aasif Sheikh (Vibhuti Mishra, Bhabiji Ghar Par Hai) share how they are boosting their immunity to stay healthy and active during the rains. Sapna Sikarwar, aka Bimlesh from Happu Ki Ultan Paltan, shares, "During the monsoon, my fo-cus is on strengthening my immuni-ty through simple, home-based remedies. I avoid anything too oily or spicy, as it just doesn't sit well during this season. Instead, I rely on warm soups, steamed veggies, and lots of herbal teas. I have made it a habit to start my mornings with warm water infused with tulsi and

ginger—it helps with digestion and keeps me feeling energised. I also stock up on fruits like papaya and pomegranate; they are great for the skin and immunity. These small changes make a big difference in how I feel during the season."

Aasif Sheikh, aka Vibhuti Narayan Mishra from Bhabiji Ghar Par Hai, shares, "Monsoons are beautiful, but they also mean a higher risk of infections. That's why I never compromise on foods that help keep my immunity strong. I make it a point to include light, warm meals, things like moong dal, rice, and sautéed vegetables

sautéed vegetables.

My go-to immunity booster is a cup of herbal tea every evening; it's soothing and effective. I stay away from street food during this time and drink plenty of warm water to stay hydrated. I have noticed that sticking to a clean, nutritious diet helps me stay mentally sharp and physically fit for long shoots. For me, the key to enjoying the monsoon season lies in simple, consistent efforts to eat right, as I believe wellness starts right from the kitchen."

Watch Happu Ki Ultan Paltan at 10:00 PM and Bhabiji Ghar Par Hai at 10:30 PM, every Monday to Friday, only on &TV!





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